

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 20
3-7-2026 - 13:00

Meisjes, 1500m vrije slag

Onder 16
Resultaten

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
1.	Nina Tetteroo	De Columbian		201000048		18:18.75					587	
	50m:	31.32	31.32	450m:	5:21.82	36.62	850m:	10:17.28	37.05	1250m:	15:14.65	37.47
	100m:	1:06.27	34.95	500m:	5:58.52	36.70	900m:	10:54.22	36.94	1300m:	15:52.18	37.53
	150m:	1:42.53	36.26	550m:	6:35.58	37.06	950m:	11:31.29	37.07	1350m:	16:29.28	37.10
	200m:	2:18.71	36.18	600m:	7:12.30	36.72	1000m:	12:08.38	37.09	1400m:	17:06.42	37.14
	250m:	2:54.98	36.27	650m:	7:49.22	36.92	1050m:	12:45.15	36.77	1450m:	17:43.12	36.70
	300m:	3:31.93	36.95	700m:	8:26.34	37.12	1100m:	13:22.54	37.39	1500m:	18:18.75	35.63
	350m:	4:08.48	36.55	750m:	9:03.33	36.99	1150m:	13:59.65	37.11			
	400m:	4:45.20	36.72	800m:	9:40.23	36.90	1200m:	14:37.18	37.53			
2.	Kyara Balt	De Vikings		201100306		18:33.57					564	
	50m:	33.16	33.16	450m:	5:29.82	37.04	850m:	10:30.01	37.51	1250m:	15:29.39	37.13
	100m:	1:09.29	36.13	500m:	6:07.31	37.49	900m:	11:07.32	37.31	1300m:	16:06.56	37.17
	150m:	1:46.19	36.90	550m:	6:44.85	37.54	950m:	11:44.79	37.47	1350m:	16:43.56	37.00
	200m:	2:23.01	36.82	600m:	7:22.56	37.71	1000m:	12:22.17	37.38	1400m:	17:20.48	36.92
	250m:	3:00.33	37.32	650m:	8:00.20	37.64	1050m:	12:59.50	37.33	1450m:	17:57.22	36.74
	300m:	3:37.51	37.18	700m:	8:37.86	37.66	1100m:	13:37.35	37.85	1500m:	18:33.57	36.35
	350m:	4:14.92	37.41	750m:	9:15.20	37.34	1150m:	14:14.93	37.58			
	400m:	4:52.78	37.86	800m:	9:52.50	37.30	1200m:	14:52.26	37.33			
3.	Yanique Bax	ZPC AMERSFOORT		201001428		18:40.71				+0,60	554	
	50m:	31.93	31.93	450m:	5:25.87	37.74	850m:	10:28.23	37.83	1250m:	15:32.03	38.07
	100m:	1:06.99	35.06	500m:	6:03.39	37.52	900m:	11:05.88	37.65	1300m:	16:10.44	38.41
	150m:	1:42.73	35.74	550m:	6:41.22	37.83	950m:	11:43.33	37.45	1350m:	16:48.68	38.24
	200m:	2:19.55	36.82	600m:	7:18.64	37.42	1000m:	12:21.46	38.13	1400m:	17:26.47	37.79
	250m:	2:56.53	36.98	650m:	7:56.74	38.10	1050m:	12:59.26	37.80	1450m:	18:04.35	37.88
	300m:	3:33.44	36.91	700m:	8:34.52	37.78	1100m:	13:37.48	38.22	1500m:	18:40.71	36.36
	350m:	4:10.95	37.51	750m:	9:12.38	37.86	1150m:	14:15.74	38.26			
	400m:	4:48.13	37.18	800m:	9:50.40	38.02	1200m:	14:53.96	38.22			
4.	Dana Bulters	De Dolfijn		201104138		18:45.85				+0,54	546	
	50m:	32.30	32.30	450m:	5:35.15	38.05	850m:	10:38.81	37.59	1250m:	15:40.43	37.43
	100m:	1:09.01	36.71	500m:	6:13.34	38.19	900m:	11:16.81	38.00	1300m:	16:18.23	37.80
	150m:	1:46.39	37.38	550m:	6:51.07	37.73	950m:	11:54.38	37.57	1350m:	16:55.90	37.67
	200m:	2:24.57	38.18	600m:	7:29.34	38.27	1000m:	12:32.58	38.20	1400m:	17:33.72	37.82
	250m:	3:02.83	38.26	650m:	8:07.11	37.77	1050m:	13:10.00	37.42	1450m:	18:10.65	36.93
	300m:	3:40.91	38.08	700m:	8:45.14	38.03	1100m:	13:47.60	37.60	1500m:	18:45.85	35.20
	350m:	4:18.83	37.92	750m:	9:23.13	37.99	1150m:	14:25.28	37.68			
	400m:	4:57.10	38.27	800m:	10:01.22	38.09	1200m:	15:03.00	37.72			
5.	Rozalia Diederiks	ZVL-1886		201100904		18:58.92				+0,49	527	
	50m:	33.47	33.47	450m:	5:36.94	38.29	850m:	10:44.45	38.74	1250m:	15:51.62	38.45
	100m:	1:10.13	36.66	500m:	6:15.33	38.39	900m:	11:22.97	38.52	1300m:	16:29.90	38.28
	150m:	1:47.32	37.19	550m:	6:53.83	38.50	950m:	12:01.10	38.13	1350m:	17:07.84	37.94
	200m:	2:25.61	38.29	600m:	7:32.15	38.32	1000m:	12:39.55	38.45	1400m:	17:45.02	37.18
	250m:	3:03.57	37.96	650m:	8:10.78	38.63	1050m:	13:17.64	38.09	1450m:	18:21.72	36.70
	300m:	3:42.06	38.49	700m:	8:49.00	38.22	1100m:	13:55.57	37.93	1500m:	18:58.92	37.20
	350m:	4:20.29	38.23	750m:	9:26.94	37.94	1150m:	14:34.17	38.60			
	400m:	4:58.65	38.36	800m:	10:05.71	38.77	1200m:	15:13.17	39.00			
6.	Sophie Hoogervorst	AZC		201100252		19:04.72					519	
	50m:	33.70	33.70	450m:	5:35.99	38.27	850m:	10:42.72	38.52	1250m:	15:53.08	38.89
	100m:	1:10.17	36.47	500m:	6:14.07	38.08	900m:	11:21.54	38.82	1300m:	16:32.00	38.92
	150m:	1:47.62	37.45	550m:	6:52.34	38.27	950m:	12:00.26	38.72	1350m:	17:10.58	38.58
	200m:	2:25.21	37.59	600m:	7:30.74	38.40	1000m:	12:38.98	38.72	1400m:	17:49.19	38.61
	250m:	3:03.34	38.13	650m:	8:08.93	38.19	1050m:	13:17.58	38.60	1450m:	18:27.57	38.38
	300m:	3:41.51	38.17	700m:	8:47.24	38.31	1100m:	13:56.90	39.32	1500m:	19:04.72	37.15
	350m:	4:19.57	38.06	750m:	9:25.54	38.30	1150m:	14:35.13	38.23			
	400m:	4:57.72	38.15	800m:	10:04.20	38.66	1200m:	15:14.19	39.06			
7.	Florien Pot	OZ&PC		201000768		19:23.34				+0,83	495	
	50m:	34.21	34.21	450m:	5:46.18	39.83	850m:	11:00.48	39.08	1250m:	16:11.79	38.57
	100m:	1:11.85	37.64	500m:	6:25.35	39.17	900m:	11:39.71	39.23	1300m:	16:50.49	38.70
	150m:	1:50.78	38.93	550m:	7:05.15	39.80	950m:	12:19.13	39.42	1350m:	17:29.07	38.58
	200m:	2:29.83	39.05	600m:	7:44.61	39.46	1000m:	12:58.17	39.04	1400m:	18:07.74	38.67
	250m:	3:08.98	39.15	650m:	8:23.90	39.29	1050m:	13:37.19	39.02	1450m:	18:46.24	38.50
	300m:	3:47.93	38.95	700m:	9:03.14	39.24	1100m:	14:16.32	39.13	1500m:	19:23.34	37.10
	350m:	4:27.58	39.65	750m:	9:42.28	39.14	1150m:	14:54.85	38.53			
	400m:	5:06.35	38.77	800m:	10:21.40	39.12	1200m:	15:33.22	38.37			

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 20, Meisjes, 1500m vrije slag, Onder 16

rang	naam	vereniging				tijd		RT	FINA	para
8.	Odenza Soselisa	Blue Marlins		201101780		19:39.81		+0,55	474	
	50m: 32.42	32.42	450m: 5:37.30	39.03	850m: 10:56.94	40.69	1250m: 16:22.16		40.12	
	100m: 1:08.82	36.40	500m: 6:16.22	38.92	900m: 11:37.46	40.52	1300m: 17:02.72		40.56	
	150m: 1:46.10	37.28	550m: 6:55.64	39.42	950m: 12:18.19	40.73	1350m: 17:43.32		40.60	
	200m: 2:24.03	37.93	600m: 7:35.39	39.75	1000m: 12:58.87	40.68	1400m: 18:23.94		40.62	
	250m: 3:02.64	38.61	650m: 8:15.68	40.29	1050m: 13:39.77	40.90	1450m: 19:03.43		39.49	
	300m: 3:41.33	38.69	700m: 8:55.78	40.10	1100m: 14:20.50	40.73	1500m: 19:39.81		36.38	
	350m: 4:19.66	38.33	750m: 9:35.86	40.08	1150m: 15:01.23	40.73				
	400m: 4:58.27	38.61	800m: 10:16.25	40.39	1200m: 15:42.04	40.81				
9.	Boukje de Baedts	Het Y		201300756		19:49.30			463	
	50m: 34.74	34.74	450m: 5:52.19	40.07	850m: 11:12.40	40.32	1250m: 16:32.96		40.02	
	100m: 1:13.09	38.35	500m: 6:32.09	39.90	900m: 11:52.75	40.35	1300m: 17:12.48		39.52	
	150m: 1:52.63	39.54	550m: 7:12.32	40.23	950m: 12:32.95	40.20	1350m: 17:52.64		40.16	
	200m: 2:32.50	39.87	600m: 7:52.34	40.02	1000m: 13:12.97	40.02	1400m: 18:32.31		39.67	
	250m: 3:12.58	40.08	650m: 8:32.45	40.11	1050m: 13:53.03	40.06	1450m: 19:11.32		39.01	
	300m: 3:52.46	39.88	700m: 9:12.34	39.89	1100m: 14:32.89	39.86	1500m: 19:49.30		37.98	
	350m: 4:32.26	39.80	750m: 9:52.47	40.13	1150m: 15:13.17	40.28				
	400m: 5:12.12	39.86	800m: 10:32.08	39.61	1200m: 15:52.94	39.77				
10.	Renske van den Bosch	VZV Njord		201001828		19:51.25			461	
	50m: 34.04	34.04	450m: 5:53.12	40.49	850m: 11:14.80	39.75	1250m: 16:34.57		39.90	
	100m: 1:12.67	38.63	500m: 6:33.31	40.19	900m: 11:54.82	40.02	1300m: 17:14.56		39.99	
	150m: 1:52.44	39.77	550m: 7:13.86	40.55	950m: 12:34.60	39.78	1350m: 17:54.69		40.13	
	200m: 2:32.07	39.63	600m: 7:54.25	40.39	1000m: 13:14.38	39.78	1400m: 18:34.52		39.83	
	250m: 3:12.12	40.05	650m: 8:34.73	40.48	1050m: 13:54.09	39.71	1450m: 19:13.89		39.37	
	300m: 3:52.34	40.22	700m: 9:15.30	40.57	1100m: 14:34.09	40.00	1500m: 19:51.25		37.36	
	350m: 4:32.42	40.08	750m: 9:55.29	39.99	1150m: 15:14.22	40.13				
	400m: 5:12.63	40.21	800m: 10:35.05	39.76	1200m: 15:54.67	40.45				
11.	Alaine Lomans	Hellas-Glana		201000420		19:57.58		+0,66	454	
	50m: 33.13	33.13	450m: 5:45.33	39.98	850m: 11:08.38	40.59	1250m: 16:36.14		41.09	
	100m: 1:10.21	37.08	500m: 6:25.19	39.86	900m: 11:49.22	40.84	1300m: 17:17.00		40.86	
	150m: 1:48.67	38.46	550m: 7:05.45	40.26	950m: 12:30.14	40.92	1350m: 17:57.48		40.48	
	200m: 2:27.10	38.43	600m: 7:46.07	40.62	1000m: 13:11.10	40.96	1400m: 18:37.98		40.50	
	250m: 3:06.45	39.35	650m: 8:26.01	39.94	1050m: 13:51.81	40.71	1450m: 19:18.14		40.16	
	300m: 3:45.84	39.39	700m: 9:06.84	40.83	1100m: 14:33.11	41.30	1500m: 19:57.58		39.44	
	350m: 4:25.39	39.55	750m: 9:46.94	40.10	1150m: 15:13.84	40.73				
	400m: 5:05.35	39.96	800m: 10:27.79	40.85	1200m: 15:55.05	41.21				
12.	Lisa Boogaard	Deltasteur		201100990		20:07.11			443	
	50m: 34.10	34.10	450m: 5:50.72	40.19	850m: 11:13.43	40.15	1250m: 16:39.38		41.21	
	100m: 1:12.08	37.98	500m: 6:31.02	40.30	900m: 11:53.97	40.54	1300m: 17:20.47		41.09	
	150m: 1:51.28	39.20	550m: 7:11.21	40.19	950m: 12:34.64	40.67	1350m: 18:01.95		41.48	
	200m: 2:30.46	39.18	600m: 7:51.48	40.27	1000m: 13:14.92	40.28	1400m: 18:43.63		41.68	
	250m: 3:09.86	39.40	650m: 8:31.94	40.46	1050m: 13:55.34	40.42	1450m: 19:25.38		41.75	
	300m: 3:50.31	40.45	700m: 9:12.35	40.41	1100m: 14:36.19	40.85	1500m: 20:07.11		41.73	
	350m: 4:30.06	39.75	750m: 9:52.55	40.20	1150m: 15:16.91	40.72				
	400m: 5:10.53	40.47	800m: 10:33.28	40.73	1200m: 15:58.17	41.26				
13.	Brecht van Ravensteijn	Arethusa		201100738		20:08.09		+0,57	442	
	50m: 34.54	34.54	450m: 5:55.85	40.80	850m: 11:21.54	39.70	1250m: 16:49.40		40.38	
	100m: 1:13.58	39.04	500m: 6:36.83	40.98	900m: 12:02.50	40.96	1300m: 17:30.53		41.13	
	150m: 1:53.13	39.55	550m: 7:17.34	40.51	950m: 12:43.30	40.80	1350m: 18:11.29		40.76	
	200m: 2:33.56	40.43	600m: 7:58.03	40.69	1000m: 13:24.79	41.49	1400m: 18:51.96		40.67	
	250m: 3:13.56	40.00	650m: 8:39.12	41.09	1050m: 14:05.57	40.78	1450m: 19:31.21		39.25	
	300m: 3:53.98	40.42	700m: 9:20.09	40.97	1100m: 14:46.80	41.23	1500m: 20:08.09		36.88	
	350m: 4:34.31	40.33	750m: 10:00.29	40.20	1150m: 15:27.75	40.95				
	400m: 5:15.05	40.74	800m: 10:41.84	41.55	1200m: 16:09.02	41.27				
14.	Myron Dekker	ZPC Hoogeveen		201000512		20:10.17		+0,85	440	
	50m: 35.07	35.07	450m: 5:55.31	40.89	850m: 11:21.23	40.92	1250m: 16:48.52		40.69	
	100m: 1:14.03	38.96	500m: 6:35.85	40.54	900m: 12:01.95	40.72	1300m: 17:29.44		40.92	
	150m: 1:53.81	39.78	550m: 7:16.92	41.07	950m: 12:43.05	41.10	1350m: 18:10.25		40.81	
	200m: 2:33.77	39.96	600m: 7:57.30	40.38	1000m: 13:23.88	40.83	1400m: 18:50.87		40.62	
	250m: 3:14.04	40.27	650m: 8:38.24	40.94	1050m: 14:05.07	41.19	1450m: 19:31.38		40.51	
	300m: 3:53.90	39.86	700m: 9:18.57	40.33	1100m: 14:45.83	40.76	1500m: 20:10.17		38.79	
	350m: 4:34.56	40.66	750m: 9:59.84	41.27	1150m: 15:26.85	41.02				
	400m: 5:14.42	39.86	800m: 10:40.31	40.47	1200m: 16:07.83	40.98				
15.	Kayleigh van Doeselaar	WS Twente		201000478		20:34.48			414	
	50m: 34.65	34.65	450m: 5:57.93	41.39	850m: 11:31.46	42.44	1250m: 17:09.28		42.87	
	100m: 1:12.59	37.94	500m: 6:39.13	41.20	900m: 12:13.35	41.89	1300m: 17:52.53		43.25	
	150m: 1:52.24	39.65	550m: 7:20.12	40.99	950m: 12:55.23	41.88	1350m: 18:34.42		41.89	
	200m: 2:32.15	39.91	600m: 8:01.00	40.88	1000m: 13:37.02	41.79	1400m: 19:15.71		41.29	
	250m: 3:12.70	40.55	650m: 8:41.85	40.85	1050m: 14:18.95	41.93	1450m: 19:56.09		40.38	
	300m: 3:54.34	41.64	700m: 9:24.03	42.18	1100m: 15:01.16	42.21	1500m: 20:34.48		38.39	
	350m: 4:34.89	40.55	750m: 10:05.97	41.94	1150m: 15:43.06	41.90				
	400m: 5:16.54	41.65	800m: 10:49.02	43.05	1200m: 16:26.41	43.35				

B = Bonus inschrijving

Programmanr. 20, Meisjes, 1500m vrije slag, Onder 16

rang	naam	vereniging				tijd				RT	FINA	para
16.	Elise Dorlandt	HZ&PC Heerenveen				201000232				20:36.15	+0,85	412
	50m:	34.53	34.53	450m:	6:01.76	41.48	850m:	11:34.91	41.85	1250m:	17:10.20	41.96
	100m:	1:13.99	39.46	500m:	6:43.31	41.55	900m:	12:16.92	42.01	1300m:	17:52.36	42.16
	150m:	1:54.42	40.43	550m:	7:24.69	41.38	950m:	12:58.67	41.75	1350m:	18:34.20	41.84
	200m:	2:35.20	40.78	600m:	8:06.43	41.74	1000m:	13:40.73	42.06	1400m:	19:15.91	41.71
	250m:	3:16.11	40.91	650m:	8:48.21	41.78	1050m:	14:22.99	42.26	1450m:	19:57.15	41.24
	300m:	3:57.51	41.40	700m:	9:29.65	41.44	1100m:	15:05.08	42.09	1500m:	20:36.15	39.00
	350m:	4:38.70	41.19	750m:	10:11.25	41.60	1150m:	15:46.45	41.37			
	400m:	5:20.28	41.58	800m:	10:53.06	41.81	1200m:	16:28.24	41.79			
17.	Fenne Hardeman	Hellas-Glana				201100244				20:43.73	+0,82	405
	50m:	36.47	36.47	450m:	6:03.10	40.56	850m:	11:38.04	41.79	1250m:	17:14.72	42.28
	100m:	1:15.88	39.41	500m:	6:45.40	42.30	900m:	12:20.33	42.29	1300m:	17:57.25	42.53
	150m:	1:56.08	40.20	550m:	7:26.86	41.46	950m:	13:01.83	41.50	1350m:	18:39.29	42.04
	200m:	2:36.74	40.66	600m:	8:09.15	42.29	1000m:	13:43.91	42.08	1400m:	19:22.08	42.79
	250m:	3:18.16	41.42	650m:	8:50.55	41.40	1050m:	14:25.72	41.81	1450m:	20:03.70	41.62
	300m:	3:59.58	41.42	700m:	9:32.89	42.34	1100m:	15:07.60	41.88	1500m:	20:43.73	40.03
	350m:	4:40.65	41.07	750m:	10:14.44	41.55	1150m:	15:49.74	42.14			
	400m:	5:22.54	41.89	800m:	10:56.25	41.81	1200m:	16:32.44	42.70			
18.	Lotte Euverman	KSN (SG)				201101228				20:48.28	+0,62	400
	50m:	35.33	35.33	450m:	6:03.59	42.49	850m:	11:43.16	42.55	1250m:	17:22.69	42.29
	100m:	1:14.26	38.93	500m:	6:45.80	42.21	900m:	12:25.72	42.56	1300m:	18:05.06	42.37
	150m:	1:54.19	39.93	550m:	7:28.21	42.41	950m:	13:07.99	42.27	1350m:	18:46.97	41.91
	200m:	2:34.93	40.74	600m:	8:10.31	42.10	1000m:	13:50.69	42.70	1400m:	19:28.17	41.20
	250m:	3:15.91	40.98	650m:	8:52.79	42.48	1050m:	14:32.76	42.07	1450m:	20:09.25	41.08
	300m:	3:57.35	41.44	700m:	9:35.21	42.42	1100m:	15:15.26	42.50	1500m:	20:48.28	39.03
	350m:	4:39.11	41.76	750m:	10:17.99	42.78	1150m:	15:57.74	42.48			
	400m:	5:21.10	41.99	800m:	11:00.61	42.62	1200m:	16:40.40	42.66			
19.	Fenna Hölsgens	Hellas-Glana				201000276				21:01.32	+0,82	388
	50m:	37.17	37.17	450m:	6:08.79	41.89	850m:	11:47.53	42.43	1250m:	17:30.40	43.34
	100m:	1:17.15	39.98	500m:	6:51.48	42.69	900m:	12:30.02	42.49	1300m:	18:13.62	43.22
	150m:	1:57.96	40.81	550m:	7:33.62	42.14	950m:	13:12.34	42.32	1350m:	18:55.86	42.24
	200m:	2:38.97	41.01	600m:	8:15.67	42.05	1000m:	13:54.84	42.50	1400m:	19:38.23	42.37
	250m:	3:20.60	41.63	650m:	8:58.03	42.36	1050m:	14:37.74	42.90	1450m:	20:20.94	42.71
	300m:	4:02.42	41.82	700m:	9:40.38	42.35	1100m:	15:20.51	42.77	1500m:	21:01.32	40.38
	350m:	4:44.65	42.23	750m:	10:22.79	42.41	1150m:	16:03.45	42.94			
	400m:	5:26.90	42.25	800m:	11:05.10	42.31	1200m:	16:47.06	43.61			
20.	Maurieke Frijstein	Deltasteur				201100198				21:07.14	+0,51	383
	50m:	35.14	35.14	450m:	6:04.15	42.41	850m:	11:46.59	43.40	1250m:	17:34.92	44.20
	100m:	1:14.14	39.00	500m:	6:47.41	43.26	900m:	12:30.20	43.61	1300m:	18:19.36	44.44
	150m:	1:54.99	40.85	550m:	7:30.19	42.78	950m:	13:14.13	43.93	1350m:	19:01.96	42.60
	200m:	2:36.40	41.41	600m:	8:13.64	43.45	1000m:	13:58.03	43.90	1400m:	19:44.34	42.38
	250m:	3:16.81	40.41	650m:	8:55.63	41.99	1050m:	14:40.36	42.33	1450m:	20:26.14	41.80
	300m:	3:58.19	41.38	700m:	9:37.66	42.03	1100m:	15:23.49	43.13	1500m:	21:07.14	41.00
	350m:	4:39.75	41.56	750m:	10:20.22	42.56	1150m:	16:06.87	43.38			
	400m:	5:21.74	41.99	800m:	11:03.19	42.97	1200m:	16:50.72	43.85			

B = Bonus inschrijving