

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 19
3-7-2026

Dames, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
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Onder 18

1.	Jade van der Schrier	AZC	200800692	17:13.77	+0,87	705		
	50m: 30.61	30.61	450m: 5:03.65	34.43	850m: 9:41.01	34.96	1250m: 14:21.63	35.21
	100m: 1:03.97	33.36	500m: 5:38.43	34.78	900m: 10:16.04	35.03	1300m: 14:56.83	35.20
	150m: 1:37.86	33.89	550m: 6:12.98	34.55	950m: 10:51.01	34.97	1350m: 15:31.94	35.11
	200m: 2:11.97	34.11	600m: 6:47.66	34.68	1000m: 11:26.15	35.14	1400m: 16:07.25	35.31
	250m: 2:46.35	34.38	650m: 7:22.17	34.51	1050m: 12:01.27	35.12	1450m: 16:41.85	34.60
	300m: 3:20.59	34.24	700m: 7:56.82	34.65	1100m: 12:36.22	34.95	1500m: 17:13.77	31.92
	350m: 3:54.85	34.26	750m: 8:31.29	34.47	1150m: 13:11.23	35.01		
	400m: 4:29.22	34.37	800m: 9:06.05	34.76	1200m: 13:46.42	35.19		
2.	Bregje Dekkers	PSV	200900746	17:49.56	+0,59	637		
	50m: 31.58	31.58	450m: 5:13.38	35.92	850m: 10:00.62	36.23	1250m: 14:50.26	36.67
	100m: 1:05.60	34.02	500m: 5:49.10	35.72	900m: 10:36.66	36.04	1300m: 15:26.90	36.64
	150m: 1:40.56	34.96	550m: 6:25.11	36.01	950m: 11:12.91	36.25	1350m: 16:03.24	36.34
	200m: 2:15.76	35.20	600m: 7:00.95	35.84	1000m: 11:48.85	35.94	1400m: 16:39.56	36.32
	250m: 2:51.04	35.28	650m: 7:36.61	35.66	1050m: 12:25.13	36.28	1450m: 17:15.38	35.82
	300m: 3:26.30	35.26	700m: 8:12.41	35.80	1100m: 13:01.14	36.01	1500m: 17:49.56	34.18
	350m: 4:01.85	35.55	750m: 8:48.60	36.19	1150m: 13:37.46	36.32		
	400m: 4:37.46	35.61	800m: 9:24.39	35.79	1200m: 14:13.59	36.13		
3.	Laura van Etten	HZ&PC Heerenveen	200800264	18:07.13	+0,80	607		
	50m: 30.82	30.82	450m: 5:14.87	36.24	850m: 10:09.69	37.08	1250m: 15:06.70	37.21
	100m: 1:05.00	34.18	500m: 5:51.55	36.68	900m: 10:46.59	36.90	1300m: 15:43.86	37.16
	150m: 1:40.04	35.04	550m: 6:28.04	36.49	950m: 11:24.02	37.43	1350m: 16:19.89	36.03
	200m: 2:15.32	35.28	600m: 7:04.88	36.84	1000m: 12:01.08	37.06	1400m: 16:56.63	36.74
	250m: 2:50.98	35.66	650m: 7:41.79	36.91	1050m: 12:37.98	36.90	1450m: 17:33.02	36.39
	300m: 3:26.47	35.49	700m: 8:18.75	36.96	1100m: 13:15.21	37.23	1500m: 18:07.13	34.11
	350m: 4:02.51	36.04	750m: 8:55.85	37.10	1150m: 13:52.54	37.33		
	400m: 4:38.63	36.12	800m: 9:32.61	36.76	1200m: 14:29.49	36.95		
4.	Esmee Ykema	HZ&PC Heerenveen	200801710	19:17.00	+0,57	503		
	50m: 32.73	32.73	450m: 5:39.98	38.48	850m: 10:51.37	38.70	1250m: 16:05.71	39.06
	100m: 1:10.60	37.87	500m: 6:19.13	39.15	900m: 11:30.50	39.13	1300m: 16:45.68	39.97
	150m: 1:48.40	37.80	550m: 6:57.98	38.85	950m: 12:09.92	39.42	1350m: 17:24.49	38.81
	200m: 2:26.91	38.51	600m: 7:36.97	38.99	1000m: 12:49.14	39.22	1400m: 18:03.55	39.06
	250m: 3:05.10	38.19	650m: 8:15.64	38.67	1050m: 13:28.05	38.91	1450m: 18:41.35	37.80
	300m: 3:43.93	38.83	700m: 8:54.82	39.18	1100m: 14:07.56	39.51	1500m: 19:17.00	35.65
	350m: 4:22.69	38.76	750m: 9:33.59	38.77	1150m: 14:46.84	39.28		
	400m: 5:01.50	38.81	800m: 10:12.67	39.08	1200m: 15:26.65	39.81		

Onder 20

1.	Hedwig Bolt	HZ&PC Heerenveen			200602660		16:41.64		+0,63	776		
	50m:	30.05	30.05	450m:	4:57.43	33.40	850m:	9:26.60	33.51	1250m:	13:55.48	33.61
	100m:	1:02.72	32.67	500m:	5:31.19	33.76	900m:	10:00.34	33.74	1300m:	14:29.11	33.63
	150m:	1:35.93	33.21	550m:	6:04.67	33.48	950m:	10:33.68	33.34	1350m:	15:02.81	33.70
	200m:	2:09.53	33.60	600m:	6:38.60	33.93	1000m:	11:07.37	33.69	1400m:	15:36.63	33.82
	250m:	2:42.97	33.44	650m:	7:12.14	33.54	1050m:	11:40.86	33.49	1450m:	16:10.12	33.49
	300m:	3:16.83	33.86	700m:	7:45.79	33.65	1100m:	12:14.59	33.73	1500m:	16:41.64	31.52
	350m:	3:50.26	33.43	750m:	8:19.33	33.54	1150m:	12:48.14	33.55			
	400m:	4:24.03	33.77	800m:	8:53.09	33.76	1200m:	13:21.87	33.73			
2.	Veerle de Ridder	HZ&PC Heerenveen			200700778		17:54.45		+0,49	628		
	50m:	30.49	30.49	450m:	5:14.81	36.05	850m:	10:05.28	36.54	1250m:	14:55.29	36.08
	100m:	1:04.95	34.46	500m:	5:50.81	36.00	900m:	10:41.55	36.27	1300m:	15:31.55	36.26
	150m:	1:40.35	35.40	550m:	6:27.23	36.42	950m:	11:18.03	36.48	1350m:	16:07.60	36.05
	200m:	2:15.95	35.60	600m:	7:03.48	36.25	1000m:	11:54.18	36.15	1400m:	16:43.38	35.78
	250m:	2:51.26	35.31	650m:	7:39.81	36.33	1050m:	12:30.63	36.45	1450m:	17:19.31	35.93
	300m:	3:26.89	35.63	700m:	8:15.95	36.14	1100m:	13:06.96	36.33	1500m:	17:54.45	35.14
	350m:	4:02.76	35.87	750m:	8:52.52	36.57	1150m:	13:43.05	36.09			
	400m:	4:38.76	36.00	800m:	9:28.74	36.22	1200m:	14:19.21	36.16			
3.	Imre Bouwland	ZPC Hoozeveen			200700388		19:15.73		+0,65	505		
	50m:	33.06	33.06	450m:	5:38.77	38.79	850m:	10:52.26	39.05	1250m:	16:04.83	39.25
	100m:	1:09.92	36.86	500m:	6:17.90	39.13	900m:	11:31.35	39.09	1300m:	16:44.17	39.34
	150m:	1:47.41	37.49	550m:	6:57.22	39.32	950m:	12:10.14	38.79	1350m:	17:21.62	37.45
	200m:	2:25.47	38.06	600m:	7:36.45	39.23	1000m:	12:49.39	39.25	1400m:	18:00.23	38.61
	250m:	3:03.42	37.95	650m:	8:15.41	38.96	1050m:	13:28.17	38.78	1450m:	18:38.83	38.60
	300m:	3:41.78	38.36	700m:	8:54.61	39.20	1100m:	14:07.21	39.04	1500m:	19:15.73	36.90
	350m:	4:20.76	38.98	750m:	9:33.70	39.09	1150m:	14:46.17	38.96			
	400m:	4:59.98	39.22	800m:	10:13.21	39.51	1200m:	15:25.58	39.41			

B = Bonus inschrijving

Programmanr. 19, Dames, 1500m vrije slag

Senioren Open

1. Marte Hieke van der Kamp	HZ&PC Heerenveen		200500218		16:26.30				812		
50m:	29.55	29.55	450m:	4:52.31	33.10	850m:	9:16.93	33.13	1250m:	13:41.96	33.47
100m:	1:01.72	32.17	500m:	5:25.47	33.16	900m:	9:49.99	33.06	1300m:	14:15.17	33.21
150m:	1:34.32	32.60	550m:	5:58.61	33.14	950m:	10:23.05	33.06	1350m:	14:48.66	33.49
200m:	2:07.01	32.69	600m:	6:31.60	32.99	1000m:	10:56.08	33.03	1400m:	15:22.07	33.41
250m:	2:39.92	32.91	650m:	7:04.64	33.04	1050m:	11:29.27	33.19	1450m:	15:55.36	33.29
300m:	3:12.92	33.00	700m:	7:37.62	32.98	1100m:	12:02.18	32.91	1500m:	16:26.30	30.94
350m:	3:46.04	33.12	750m:	8:10.73	33.11	1150m:	12:35.43	33.25			
400m:	4:19.21	33.17	800m:	8:43.80	33.07	1200m:	13:08.49	33.06			
2. Hedwig Bolt	HZ&PC Heerenveen		200602660		16:41.64		+0,63		776		
50m:	30.05	30.05	450m:	4:57.43	33.40	850m:	9:26.60	33.51	1250m:	13:55.48	33.61
100m:	1:02.72	32.67	500m:	5:31.19	33.76	900m:	10:00.34	33.74	1300m:	14:29.11	33.63
150m:	1:35.93	33.21	550m:	6:04.67	33.48	950m:	10:33.68	33.34	1350m:	15:02.81	33.70
200m:	2:09.53	33.60	600m:	6:38.60	33.93	1000m:	11:07.37	33.69	1400m:	15:36.63	33.82
250m:	2:42.97	33.44	650m:	7:12.14	33.54	1050m:	11:40.86	33.49	1450m:	16:10.12	33.49
300m:	3:16.83	33.86	700m:	7:45.79	33.65	1100m:	12:14.59	33.73	1500m:	16:41.64	31.52
350m:	3:50.26	33.43	750m:	8:19.33	33.54	1150m:	12:48.14	33.55			
400m:	4:24.03	33.77	800m:	8:53.09	33.76	1200m:	13:21.87	33.73			
3. Fabienne Wenske	SV Nikar Heidelberg		287819		16:52.31				751		
50m:	31.00	31.00	450m:	4:55.57	33.68	850m:	9:25.94	33.98	1250m:	14:00.83	34.39
100m:	1:03.25	32.25	500m:	5:29.17	33.60	900m:	10:00.03	34.09	1300m:	14:35.32	34.49
150m:	1:36.31	33.06	550m:	6:02.74	33.57	950m:	10:34.22	34.19	1350m:	15:09.81	34.49
200m:	2:09.21	32.90	600m:	6:36.40	33.66	1000m:	11:08.64	34.42	1400m:	15:44.41	34.60
250m:	2:42.23	33.02	650m:	7:10.23	33.83	1050m:	11:42.86	34.22	1450m:	16:18.78	34.37
300m:	3:15.17	32.94	700m:	7:44.17	33.94	1100m:	12:17.50	34.64	1500m:	16:52.31	33.53
350m:	3:48.55	33.38	750m:	8:18.05	33.88	1150m:	12:51.86	34.36			
400m:	4:21.89	33.34	800m:	8:51.96	33.91	1200m:	13:26.44	34.58			
4. Luisa Rumler	SG Stadtwerke München		350378		16:59.93				735		
50m:	30.13	30.13	450m:	5:03.70	34.68	850m:	9:37.24	34.08	1250m:	14:11.08	34.14
100m:	1:03.49	33.36	500m:	5:38.39	34.69	900m:	10:11.43	34.19	1300m:	14:45.38	34.30
150m:	1:37.33	33.84	550m:	6:12.56	34.17	950m:	10:45.78	34.35	1350m:	15:19.71	34.33
200m:	2:11.34	34.01	600m:	6:46.62	34.06	1000m:	11:20.14	34.36	1400m:	15:53.70	33.99
250m:	2:45.80	34.46	650m:	7:20.85	34.23	1050m:	11:54.35	34.21	1450m:	16:27.62	33.92
300m:	3:20.06	34.26	700m:	7:54.98	34.13	1100m:	12:28.28	33.93	1500m:	16:59.93	32.31
350m:	3:54.71	34.65	750m:	8:29.20	34.22	1150m:	13:02.85	34.57			
400m:	4:29.02	34.31	800m:	9:03.16	33.96	1200m:	13:36.94	34.09			
5. Fenne Metten	ZPC AMERSFOORT		201000102		17:06.18		+0,71		721		
50m:	30.78	30.78	450m:	5:04.12	34.24	850m:	9:38.96	34.43	1250m:	14:15.18	34.63
100m:	1:04.43	33.65	500m:	5:38.57	34.45	900m:	10:13.51	34.55	1300m:	14:50.03	34.85
150m:	1:38.31	33.88	550m:	6:12.94	34.37	950m:	10:47.81	34.30	1350m:	15:24.73	34.70
200m:	2:12.51	34.20	600m:	6:47.40	34.46	1000m:	11:22.19	34.38	1400m:	15:59.55	34.82
250m:	2:46.92	34.41	650m:	7:21.69	34.29	1050m:	11:56.80	34.61	1450m:	16:33.77	34.22
300m:	3:21.27	34.35	700m:	7:56.03	34.34	1100m:	12:31.30	34.50	1500m:	17:06.18	32.41
350m:	3:55.65	34.38	750m:	8:30.27	34.24	1150m:	13:05.89	34.59			
400m:	4:29.88	34.23	800m:	9:04.53	34.26	1200m:	13:40.55	34.66			
6. Jade van der Schrier	AZC		200800692		17:13.77		+0,87		705		
50m:	30.61	30.61	450m:	5:03.65	34.43	850m:	9:41.01	34.96	1250m:	14:21.63	35.21
100m:	1:03.97	33.36	500m:	5:38.43	34.78	900m:	10:16.04	35.03	1300m:	14:56.83	35.20
150m:	1:37.86	33.89	550m:	6:12.98	34.55	950m:	10:51.01	34.97	1350m:	15:31.94	35.11
200m:	2:11.97	34.11	600m:	6:47.66	34.68	1000m:	11:26.15	35.14	1400m:	16:07.25	35.31
250m:	2:46.35	34.38	650m:	7:22.17	34.51	1050m:	12:01.27	35.12	1450m:	16:41.85	34.60
300m:	3:20.59	34.24	700m:	7:56.82	34.65	1100m:	12:36.22	34.95	1500m:	17:13.77	31.92
350m:	3:54.85	34.26	750m:	8:31.29	34.47	1150m:	13:11.23	35.01			
400m:	4:29.22	34.37	800m:	9:06.05	34.76	1200m:	13:46.42	35.19			
7. Bregje Dekkers	PSV		200900746		17:49.56		+0,59		637		
50m:	31.58	31.58	450m:	5:13.38	35.92	850m:	10:00.62	36.23	1250m:	14:50.26	36.67
100m:	1:05.60	34.02	500m:	5:49.10	35.72	900m:	10:36.66	36.04	1300m:	15:26.90	36.64
150m:	1:40.56	34.96	550m:	6:25.11	36.01	950m:	11:12.91	36.25	1350m:	16:03.24	36.34
200m:	2:15.76	35.20	600m:	7:00.95	35.84	1000m:	11:48.85	35.94	1400m:	16:39.56	36.32
250m:	2:51.04	35.28	650m:	7:36.61	35.66	1050m:	12:25.13	36.28	1450m:	17:15.38	35.82
300m:	3:26.30	35.26	700m:	8:12.41	35.80	1100m:	13:01.14	36.01	1500m:	17:49.56	34.18
350m:	4:01.85	35.55	750m:	8:48.60	36.19	1150m:	13:37.46	36.32			
400m:	4:37.46	35.61	800m:	9:24.39	35.79	1200m:	14:13.59	36.13			
8. Veerle de Ridder	HZ&PC Heerenveen		200700778		17:54.45		+0,49		628		
50m:	30.49	30.49	450m:	5:14.81	36.05	850m:	10:05.28	36.54	1250m:	14:55.29	36.08
100m:	1:04.95	34.46	500m:	5:50.81	36.00	900m:	10:41.55	36.27	1300m:	15:31.55	36.26
150m:	1:40.35	35.40	550m:	6:27.23	36.42	950m:	11:18.03	36.48	1350m:	16:07.60	36.05
200m:	2:15.95	35.60	600m:	7:03.48	36.25	1000m:	11:54.18	36.15	1400m:	16:43.38	35.78
250m:	2:51.26	35.31	650m:	7:39.81	36.33	1050m:	12:30.63	36.45	1450m:	17:19.31	35.93
300m:	3:26.89	35.63	700m:	8:15.95	36.14	1100m:	13:06.96	36.33	1500m:	17:54.45	35.14
350m:	4:02.76	35.87	750m:	8:52.52	36.57	1150m:	13:43.05	36.09			
400m:	4:38.76	36.00	800m:	9:28.74	36.22	1200m:	14:19.21	36.16			

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 19, Dames, 1500m vrije slag, Senioren Open

rang	naam	vereniging		tijd		RT	FINA	para
9.	Laura van Etten	HZ&PC Heerenveen		200800264		18:07.13	+0,80	607
	50m: 30.82	30.82	450m: 5:14.87	36.24	850m: 10:09.69	37.08	1250m: 15:06.70	37.21
	100m: 1:05.00	34.18	500m: 5:51.55	36.68	900m: 10:46.59	36.90	1300m: 15:43.86	37.16
	150m: 1:40.04	35.04	550m: 6:28.04	36.49	950m: 11:24.02	37.43	1350m: 16:19.89	36.03
	200m: 2:15.32	35.28	600m: 7:04.88	36.84	1000m: 12:01.08	37.06	1400m: 16:56.63	36.74
	250m: 2:50.98	35.66	650m: 7:41.79	36.91	1050m: 12:37.98	36.90	1450m: 17:33.02	36.39
	300m: 3:26.47	35.49	700m: 8:18.75	36.96	1100m: 13:15.21	37.23	1500m: 18:07.13	34.11
	350m: 4:02.51	36.04	750m: 8:55.85	37.10	1150m: 13:52.54	37.33		
	400m: 4:38.63	36.12	800m: 9:32.61	36.76	1200m: 14:29.49	36.95		
10.	Mara Bosman	De Dolfijn		200303048		18:23.50		580
	50m: 31.87	31.87	450m: 5:20.26	36.20	850m: 10:15.60	36.97	1250m: 15:15.82	37.91
	100m: 1:06.71	34.84	500m: 5:56.76	36.50	900m: 10:52.98	37.38	1300m: 15:53.69	37.87
	150m: 1:42.06	35.35	550m: 6:33.35	36.59	950m: 11:30.39	37.41	1350m: 16:31.30	37.61
	200m: 2:18.09	36.03	600m: 7:10.40	37.05	1000m: 12:07.96	37.57	1400m: 17:08.96	37.66
	250m: 2:54.33	36.24	650m: 7:47.19	36.79	1050m: 12:45.23	37.27	1450m: 17:46.27	37.31
	300m: 3:31.07	36.74	700m: 8:24.33	37.14	1100m: 13:22.77	37.54	1500m: 18:23.50	37.23
	350m: 4:07.46	36.39	750m: 9:01.47	37.14	1150m: 13:59.95	37.18		
	400m: 4:44.06	36.60	800m: 9:38.63	37.16	1200m: 14:37.91	37.96		
11.	Ismay Lichtendonk	HZ&PC Heerenveen		200400622		18:52.61	+0,73	536
	50m: 30.67	30.67	450m: 5:20.85	37.87	850m: 10:32.56	39.25	1250m: 15:43.73	37.81
	100m: 1:05.04	34.37	500m: 5:59.29	38.44	900m: 11:10.75	38.19	1300m: 16:21.91	38.18
	150m: 1:40.22	35.18	550m: 6:38.02	38.73	950m: 11:50.24	39.49	1350m: 17:00.22	38.31
	200m: 2:15.40	35.18	600m: 7:16.77	38.75	1000m: 12:29.35	39.11	1400m: 17:38.54	38.32
	250m: 2:51.42	36.02	650m: 7:56.21	39.44	1050m: 13:09.50	40.15	1450m: 18:16.12	37.58
	300m: 3:27.75	36.33	700m: 8:35.69	39.48	1100m: 13:48.21	38.71	1500m: 18:52.61	36.49
	350m: 4:05.02	37.27	750m: 9:14.71	39.02	1150m: 14:28.35	40.14		
	400m: 4:42.98	37.96	800m: 9:53.31	38.60	1200m: 15:05.92	37.57		
12.	Imre Bouwland	ZPC Hoogetveen		200700388		19:15.73	+0,65	505
	50m: 33.06	33.06	450m: 5:38.77	38.79	850m: 10:52.26	39.05	1250m: 16:04.83	39.25
	100m: 1:09.92	36.86	500m: 6:17.90	39.13	900m: 11:31.35	39.09	1300m: 16:44.17	39.34
	150m: 1:47.41	37.49	550m: 6:57.22	39.32	950m: 12:10.14	38.79	1350m: 17:21.62	37.45
	200m: 2:25.47	38.06	600m: 7:36.45	39.23	1000m: 12:49.39	39.25	1400m: 18:00.23	38.61
	250m: 3:03.42	37.95	650m: 8:15.41	38.96	1050m: 13:28.17	38.78	1450m: 18:38.83	38.60
	300m: 3:41.78	38.36	700m: 8:54.61	39.20	1100m: 14:07.21	39.04	1500m: 19:15.73	36.90
	350m: 4:20.76	38.98	750m: 9:33.70	39.09	1150m: 14:46.17	38.96		
	400m: 4:59.98	39.22	800m: 10:13.21	39.51	1200m: 15:25.58	39.41		
13.	Esmee Ykema	HZ&PC Heerenveen		200801710		19:17.00	+0,57	503
	50m: 32.73	32.73	450m: 5:39.98	38.48	850m: 10:51.37	38.70	1250m: 16:05.71	39.06
	100m: 1:10.60	37.87	500m: 6:19.13	39.15	900m: 11:30.50	39.13	1300m: 16:45.68	39.97
	150m: 1:48.40	37.80	550m: 6:57.98	38.85	950m: 12:09.92	39.42	1350m: 17:24.49	38.81
	200m: 2:26.91	38.51	600m: 7:36.97	38.99	1000m: 12:49.14	39.22	1400m: 18:03.55	39.06
	250m: 3:05.10	38.19	650m: 8:15.64	38.67	1050m: 13:28.05	38.91	1450m: 18:41.35	37.80
	300m: 3:43.93	38.83	700m: 8:54.82	39.18	1100m: 14:07.56	39.51	1500m: 19:17.00	35.65
	350m: 4:22.69	38.76	750m: 9:33.59	38.77	1150m: 14:46.84	39.28		
	400m: 5:01.50	38.81	800m: 10:12.67	39.08	1200m: 15:26.65	39.81		

B = Bonus inschrijving