

7 - sessie 7 finales

4-7-2026 - 17:00

Programmanr. 29
4-7-2026

Dames, 150m wisselslag

PARA open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
1.	Wiktorja Sobota	Poland Paraswimming						SM3	4:14.73			
	50m:	1:10.77	1:10.77	100m:	2:53.48	1:42.71	150m:	4:14.73	1:21.25			

Programmanr. 31
4-7-2026

Heren, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
Onder 18						

1.	Diede Veld	HZ&PC Heerenveen				200800011		16:05.24		+0,78	733	
	50m:	29.18	29.18	450m:	4:50.64	33.13	850m:	9:12.32	32.79	1250m:	13:30.54	32.05
	100m:	1:01.06	31.88	500m:	5:22.50	31.86	900m:	9:44.98	32.66	1300m:	14:02.57	32.03
	150m:	1:33.73	32.67	550m:	5:55.64	33.14	950m:	10:17.40	32.42	1350m:	14:34.11	31.54
	200m:	2:06.31	32.58	600m:	6:28.54	32.90	1000m:	10:50.09	32.69	1400m:	15:05.60	31.49
	250m:	2:38.76	32.45	650m:	7:01.01	32.47	1050m:	11:22.51	32.42	1450m:	15:36.10	30.50
	300m:	3:11.53	32.77	700m:	7:33.68	32.67	1100m:	11:54.94	32.43	1500m:	16:05.24	29.14
	350m:	3:44.72	33.19	750m:	8:06.56	32.88	1150m:	12:26.62	31.68			
	400m:	4:17.51	32.79	800m:	8:39.53	32.97	1200m:	12:58.49	31.87			
2.	Jelte de Jong	ZPCH				200900975		16:48.03		+0,51	644	
	50m:	30.17	30.17	450m:	4:59.25	33.62	850m:	9:30.78	33.81	1250m:	14:02.11	33.98
	100m:	1:03.04	32.87	500m:	5:33.42	34.17	900m:	10:04.72	33.94	1300m:	14:36.10	33.99
	150m:	1:36.62	33.58	550m:	6:06.93	33.51	950m:	10:38.51	33.79	1350m:	15:09.67	33.57
	200m:	2:10.07	33.45	600m:	6:41.06	34.13	1000m:	11:12.60	34.09	1400m:	15:43.37	33.70
	250m:	2:43.71	33.64	650m:	7:15.01	33.95	1050m:	11:46.30	33.70	1450m:	16:16.35	32.98
	300m:	3:17.56	33.85	700m:	7:48.89	33.88	1100m:	12:20.34	34.04	1500m:	16:48.03	31.68
	350m:	3:51.49	33.93	750m:	8:22.81	33.92	1150m:	12:54.16	33.82			
	400m:	4:25.63	34.14	800m:	8:56.97	34.16	1200m:	13:28.13	33.97			
3.	Joey Pop	ZVVS				200800277		17:15.70		+0,71	594	
	50m:	29.62	29.62	450m:	5:03.49	34.98	850m:	9:41.93	34.65	1250m:	14:24.85	35.80
	100m:	1:02.95	33.33	500m:	5:38.10	34.61	900m:	10:17.04	35.11	1300m:	15:00.03	35.18
	150m:	1:36.51	33.56	550m:	6:13.15	35.05	950m:	10:52.24	35.20	1350m:	15:34.92	34.89
	200m:	2:10.42	33.91	600m:	6:47.63	34.48	1000m:	11:27.46	35.22	1400m:	16:09.81	34.89
	250m:	2:45.10	34.68	650m:	7:22.44	34.81	1050m:	12:03.43	35.97	1450m:	16:44.41	34.60
	300m:	3:19.13	34.03	700m:	7:57.18	34.74	1100m:	12:38.41	34.98	1500m:	17:15.70	31.29
	350m:	3:54.03	34.90	750m:	8:32.30	35.12	1150m:	13:13.90	35.49			
	400m:	4:28.51	34.48	800m:	9:07.28	34.98	1200m:	13:49.05	35.15			
4.	Xander Kragting	ZPC AMERSFOORT				200900077		17:25.33		+0,72	577	
	50m:	30.23	30.23	450m:	5:03.50	34.75	850m:	9:46.78	35.62	1250m:	14:30.90	35.43
	100m:	1:03.34	33.11	500m:	5:38.63	35.13	900m:	10:22.44	35.66	1300m:	15:06.49	35.59
	150m:	1:36.81	33.47	550m:	6:13.67	35.04	950m:	10:58.10	35.66	1350m:	15:42.24	35.75
	200m:	2:10.89	34.08	600m:	6:49.11	35.44	1000m:	11:33.70	35.60	1400m:	16:17.35	35.11
	250m:	2:45.33	34.44	650m:	7:24.41	35.30	1050m:	12:09.34	35.64	1450m:	16:51.98	34.63
	300m:	3:19.46	34.13	700m:	8:00.07	35.66	1100m:	12:44.61	35.27	1500m:	17:25.33	33.35
	350m:	3:53.96	34.50	750m:	8:35.73	35.66	1150m:	13:19.97	35.36			
	400m:	4:28.75	34.79	800m:	9:11.16	35.43	1200m:	13:55.47	35.50			

Onder 20

1.	Bram Loots		Team NL - Team Noord Holland			200700197		16:06.84		+0,67		730
	50m:	28.93	28.93	450m:	4:47.25	32.24	850m:	9:06.79	32.41	1250m:	13:27.64	32.17
	100m:	1:00.98	32.05	500m:	5:19.68	32.43	900m:	9:39.56	32.77	1300m:	14:00.24	32.60
	150m:	1:32.84	31.86	550m:	5:51.80	32.12	950m:	10:12.16	32.60	1350m:	14:32.31	32.07
	200m:	2:05.39	32.55	600m:	6:24.52	32.72	1000m:	10:44.94	32.78	1400m:	15:04.84	32.53
	250m:	2:37.51	32.12	650m:	6:56.90	32.38	1050m:	11:17.10	32.16	1450m:	15:36.70	31.86
	300m:	3:10.05	32.54	700m:	7:29.52	32.62	1100m:	11:50.02	32.92	1500m:	16:06.84	30.14
	350m:	3:42.37	32.32	750m:	8:01.83	32.31	1150m:	12:22.46	32.44			
	400m:	4:15.01	32.64	800m:	8:34.38	32.55	1200m:	12:55.47	33.01			

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 31, Heren, 1500m vrije slag, Onder 20

rang	naam	vereniging				tijd		RT	FINA	para
2.	Olivier Wilbers	De Dolfijn		200600181		16:21.03		+0,71	699	
	50m: 30.28	30.28	450m: 4:53.51	32.78	850m: 9:16.90	33.00	1250m: 13:40.83		33.10	
	100m: 1:03.41	33.13	500m: 5:26.48	32.97	900m: 9:49.83	32.93	1300m: 14:13.97		33.14	
	150m: 1:36.41	33.00	550m: 5:59.29	32.81	950m: 10:22.77	32.94	1350m: 14:46.84		32.87	
	200m: 2:09.19	32.78	600m: 6:32.23	32.94	1000m: 10:55.70	32.93	1400m: 15:19.53		32.69	
	250m: 2:41.97	32.78	650m: 7:05.07	32.84	1050m: 11:28.78	33.08	1450m: 15:51.49		31.96	
	300m: 3:14.86	32.89	700m: 7:38.07	33.00	1100m: 12:01.81	33.03	1500m: 16:21.03		29.54	
	350m: 3:47.70	32.84	750m: 8:10.96	32.89	1150m: 12:34.73	32.92				
	400m: 4:20.73	33.03	800m: 8:43.90	32.94	1200m: 13:07.73	33.00				
3.	Tieme Wiersma	DZ&PC		200701031		16:21.71		+0,75	697	
	50m: 28.94	28.94	450m: 4:49.42	32.81	850m: 9:11.89	32.80	1250m: 13:37.13		33.70	
	100m: 1:00.59	31.65	500m: 5:22.09	32.67	900m: 9:44.79	32.90	1300m: 14:10.75		33.62	
	150m: 1:33.02	32.43	550m: 5:54.92	32.83	950m: 10:17.68	32.89	1350m: 14:44.51		33.76	
	200m: 2:05.63	32.61	600m: 6:27.76	32.84	1000m: 10:50.51	32.83	1400m: 15:18.13		33.62	
	250m: 2:38.08	32.45	650m: 7:00.17	32.41	1050m: 11:23.20	32.69	1450m: 15:51.70		33.57	
	300m: 3:10.90	32.82	700m: 7:33.05	32.88	1100m: 11:56.28	33.08	1500m: 16:21.71		30.01	
	350m: 3:43.83	32.93	750m: 8:06.07	33.02	1150m: 12:29.73	33.45				
	400m: 4:16.61	32.78	800m: 8:39.09	33.02	1200m: 13:03.43	33.70				
4.	Jasper Thijert	WS Twente		200700321		17:01.10		+0,67	619	
	50m: 30.40	30.40	450m: 5:04.37	34.93	850m: 9:40.63	34.56	1250m: 14:14.94		33.91	
	100m: 1:04.01	33.61	500m: 5:38.98	34.61	900m: 10:15.52	34.89	1300m: 14:49.29		34.35	
	150m: 1:38.16	34.15	550m: 6:13.64	34.66	950m: 10:49.77	34.25	1350m: 15:23.12		33.83	
	200m: 2:11.95	33.79	600m: 6:48.09	34.45	1000m: 11:24.36	34.59	1400m: 15:57.04		33.92	
	250m: 2:45.90	33.95	650m: 7:22.46	34.37	1050m: 11:58.59	34.23	1450m: 16:29.88		32.84	
	300m: 3:20.08	34.18	700m: 7:56.78	34.32	1100m: 12:33.05	34.46	1500m: 17:01.10		31.22	
	350m: 3:54.87	34.79	750m: 8:31.15	34.37	1150m: 13:06.90	33.85				
	400m: 4:29.44	34.57	800m: 9:06.07	34.92	1200m: 13:41.03	34.13				
5.	Lou van Leeuwen	De Dolfijn		200702779		17:41.48		+0,75	551	
	50m: 31.90	31.90	450m: 5:16.28	35.29	850m: 10:00.36	35.37	1250m: 14:44.40		35.49	
	100m: 1:06.67	34.77	500m: 5:51.75	35.47	900m: 10:35.47	35.11	1300m: 15:19.81		35.41	
	150m: 1:41.98	35.31	550m: 6:27.35	35.60	950m: 11:11.13	35.66	1350m: 15:55.59		35.78	
	200m: 2:17.69	35.71	600m: 7:02.77	35.42	1000m: 11:47.02	35.89	1400m: 16:31.22		35.63	
	250m: 2:53.39	35.70	650m: 7:38.52	35.75	1050m: 12:22.68	35.66	1450m: 17:06.86		35.64	
	300m: 3:29.45	36.06	700m: 8:14.13	35.61	1100m: 12:57.82	35.14	1500m: 17:41.48		34.62	
	350m: 4:04.99	35.54	750m: 8:49.76	35.63	1150m: 13:33.09	35.27				
	400m: 4:40.99	36.00	800m: 9:24.99	35.23	1200m: 14:08.91	35.82				
6.	Emiel de Bruijn	DZ&PC		200700953		17:49.68		+0,59	539	
	50m: 31.54	31.54	450m: 5:21.11	36.50	850m: 10:10.59	36.07	1250m: 14:58.02		35.44	
	100m: 1:06.44	34.90	500m: 5:57.78	36.67	900m: 10:47.28	36.69	1300m: 15:32.96		34.94	
	150m: 1:42.01	35.57	550m: 6:34.41	36.63	950m: 11:23.30	36.02	1350m: 16:08.01		35.05	
	200m: 2:17.85	35.84	600m: 7:10.58	36.17	1000m: 11:59.17	35.87	1400m: 16:42.59		34.58	
	250m: 2:54.46	36.61	650m: 7:46.82	36.24	1050m: 12:35.44	36.27	1450m: 17:17.20		34.61	
	300m: 3:31.12	36.66	700m: 8:22.67	35.85	1100m: 13:11.81	36.37	1500m: 17:49.68		32.48	
	350m: 4:07.84	36.72	750m: 8:58.73	36.06	1150m: 13:47.34	35.53				
	400m: 4:44.61	36.77	800m: 9:34.52	35.79	1200m: 14:22.58	35.24				

Senioren Open

1.	Moritz Bockes	SG Stadtwerke München		279879		15:03.05		+0,70	896	
	50m: 27.86	27.86	450m: 4:30.61	30.28	850m: 8:32.79	30.02	1250m: 12:34.80		29.97	
	100m: 58.29	30.43	500m: 5:00.83	30.22	900m: 9:03.13	30.34	1300m: 13:05.34		30.54	
	150m: 1:28.72	30.43	550m: 5:30.99	30.16	950m: 9:33.02	29.89	1350m: 13:35.57		30.23	
	200m: 1:59.14	30.42	600m: 6:01.54	30.55	1000m: 10:03.60	30.58	1400m: 14:06.11		30.54	
	250m: 2:29.47	30.33	650m: 6:31.74	30.20	1050m: 10:33.66	30.06	1450m: 14:35.89		29.78	
	300m: 2:59.73	30.26	700m: 7:02.17	30.43	1100m: 11:04.07	30.41	1500m: 15:03.05		27.16	
	350m: 3:30.01	30.28	750m: 7:32.41	30.24	1150m: 11:34.15	30.08				
	400m: 4:00.33	30.32	800m: 8:02.77	30.36	1200m: 12:04.83	30.68				
2.	Arne Schubert	Germany				15:07.81		+0,68	882	
	50m: 27.72	27.72	450m: 4:31.30	30.23	850m: 8:36.65	30.54	1250m: 12:38.07		30.02	
	100m: 58.29	30.57	500m: 5:02.14	30.84	900m: 9:06.98	30.33	1300m: 13:08.43		30.36	
	150m: 1:28.80	30.51	550m: 5:33.04	30.90	950m: 9:37.16	30.18	1350m: 13:38.59		30.16	
	200m: 1:59.28	30.48	600m: 6:03.79	30.75	1000m: 10:07.29	30.13	1400m: 14:09.71		31.12	
	250m: 2:29.80	30.52	650m: 6:34.26	30.47	1050m: 10:37.52	30.23	1450m: 14:39.97		30.26	
	300m: 3:00.15	30.35	700m: 7:04.89	30.63	1100m: 11:07.67	30.15	1500m: 15:07.81		27.84	
	350m: 3:30.36	30.21	750m: 7:35.54	30.65	1150m: 11:37.70	30.03				
	400m: 4:01.07	30.71	800m: 8:06.11	30.57	1200m: 12:08.05	30.35				

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 31, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging		tijd		RT	FINA	para
3.	Reece Grady	Aquatics GB		15:08.86		+0,62	879	
	50m: 28.13	28.13	450m: 4:31.14	30.19	850m: 8:33.72	30.21	1250m: 12:37.68	30.55
	100m: 58.45	30.32	500m: 5:01.51	30.37	900m: 9:04.12	30.40	1300m: 13:08.51	30.83
	150m: 1:28.99	30.54	550m: 5:31.61	30.10	950m: 9:34.33	30.21	1350m: 13:38.71	30.20
	200m: 1:59.42	30.43	600m: 6:02.17	30.56	1000m: 10:04.70	30.37	1400m: 14:09.70	30.99
	250m: 2:29.94	30.52	650m: 6:32.43	30.26	1050m: 10:35.19	30.49	1450m: 14:39.87	30.17
	300m: 3:00.31	30.37	700m: 7:02.87	30.44	1100m: 11:05.81	30.62	1500m: 15:08.86	28.99
	350m: 3:30.48	30.17	750m: 7:33.16	30.29	1150m: 11:36.23	30.42		
	400m: 4:00.95	30.47	800m: 8:03.51	30.35	1200m: 12:07.13	30.90		
4.	Paulo Strehlke Delgado	SG Stadtwerke München		482213		15:18.99	+0,68	850
	50m: 27.68	27.68	450m: 4:33.32	30.72	850m: 8:39.37	31.02	1250m: 12:46.72	30.94
	100m: 57.60	29.92	500m: 5:03.97	30.65	900m: 9:10.37	31.00	1300m: 13:17.76	31.04
	150m: 1:28.25	30.65	550m: 5:34.52	30.55	950m: 9:41.42	31.05	1350m: 13:48.75	30.99
	200m: 1:58.94	30.69	600m: 6:04.93	30.41	1000m: 10:12.36	30.94	1400m: 14:19.71	30.96
	250m: 2:29.94	31.00	650m: 6:35.85	30.92	1050m: 10:43.43	31.07	1450m: 14:50.31	30.60
	300m: 3:00.93	30.99	700m: 7:06.44	30.59	1100m: 11:14.15	30.72	1500m: 15:18.99	28.68
	350m: 3:31.82	30.89	750m: 7:37.51	31.07	1150m: 11:45.20	31.05		
	400m: 4:02.60	30.78	800m: 8:08.35	30.84	1200m: 12:15.78	30.58		
5.	Simon Reinke	Germany		15:32.71		+0,62	813	
	50m: 27.75	27.75	450m: 4:34.24	31.03	850m: 8:44.73	30.93	1250m: 12:57.35	31.42
	100m: 58.26	30.51	500m: 5:05.55	31.31	900m: 9:16.56	31.83	1300m: 13:29.10	31.75
	150m: 1:28.96	30.70	550m: 5:36.57	31.02	950m: 9:47.88	31.32	1350m: 14:00.46	31.36
	200m: 1:59.82	30.86	600m: 6:08.05	31.48	1000m: 10:19.70	31.82	1400m: 14:32.26	31.80
	250m: 2:30.53	30.71	650m: 6:39.31	31.26	1050m: 10:51.04	31.34	1450m: 15:03.35	31.09
	300m: 3:01.47	30.94	700m: 7:10.96	31.65	1100m: 11:22.80	31.76	1500m: 15:32.71	29.36
	350m: 3:32.04	30.57	750m: 7:42.16	31.20	1150m: 11:54.06	31.26		
	400m: 4:03.21	31.17	800m: 8:13.80	31.64	1200m: 12:25.93	31.87		
6.	Jaen Pasko	SG Stadtwerke München		351396		16:02.69	+0,70	739
	50m: 28.70	28.70	450m: 4:44.61	32.12	850m: 9:03.91	32.48	1250m: 13:25.04	32.66
	100m: 59.89	31.19	500m: 5:17.01	32.40	900m: 9:36.31	32.40	1300m: 13:57.44	32.40
	150m: 1:31.75	31.86	550m: 5:49.34	32.33	950m: 10:08.90	32.59	1350m: 14:30.08	32.64
	200m: 2:03.67	31.92	600m: 6:21.78	32.44	1000m: 10:41.46	32.56	1400m: 15:02.47	32.39
	250m: 2:35.79	32.12	650m: 6:54.21	32.43	1050m: 11:14.25	32.79	1450m: 15:33.07	30.60
	300m: 3:08.01	32.22	700m: 7:26.57	32.36	1100m: 11:46.98	32.73	1500m: 16:02.69	29.62
	350m: 3:40.28	32.27	750m: 7:59.03	32.46	1150m: 12:19.57	32.59		
	400m: 4:12.49	32.21	800m: 8:31.43	32.40	1200m: 12:52.38	32.81		
7.	Diede Veld	HZ&PC Heerenveen		200800011		16:05.24	+0,78	733
	50m: 29.18	29.18	450m: 4:50.64	33.13	850m: 9:12.32	32.79	1250m: 13:30.54	32.05
	100m: 1:01.06	31.88	500m: 5:22.50	31.86	900m: 9:44.98	32.66	1300m: 14:02.57	32.03
	150m: 1:33.73	32.67	550m: 5:55.64	33.14	950m: 10:17.40	32.42	1350m: 14:34.11	31.54
	200m: 2:06.31	32.58	600m: 6:28.54	32.90	1000m: 10:50.09	32.69	1400m: 15:05.60	31.49
	250m: 2:38.76	32.45	650m: 7:01.01	32.47	1050m: 11:22.51	32.42	1450m: 15:36.10	30.50
	300m: 3:11.53	32.77	700m: 7:33.68	32.67	1100m: 11:54.94	32.43	1500m: 16:05.24	29.14
	350m: 3:44.72	33.19	750m: 8:06.56	32.88	1150m: 12:26.62	31.68		
	400m: 4:17.51	32.79	800m: 8:39.53	32.97	1200m: 12:58.49	31.87		
8.	Bram Loots	Team NL - Team Noord Holland		200700197		16:06.84	+0,67	730
	50m: 28.93	28.93	450m: 4:47.25	32.24	850m: 9:06.79	32.41	1250m: 13:27.64	32.17
	100m: 1:00.98	32.05	500m: 5:19.68	32.43	900m: 9:39.56	32.77	1300m: 14:00.24	32.60
	150m: 1:32.84	31.86	550m: 5:51.80	32.12	950m: 10:12.16	32.60	1350m: 14:32.31	32.07
	200m: 2:05.39	32.55	600m: 6:24.52	32.72	1000m: 10:44.94	32.78	1400m: 15:04.84	32.53
	250m: 2:37.51	32.12	650m: 6:56.90	32.38	1050m: 11:17.10	32.16	1450m: 15:36.70	31.86
	300m: 3:10.05	32.54	700m: 7:29.52	32.62	1100m: 11:50.02	32.92	1500m: 16:06.84	30.14
	350m: 3:42.37	32.32	750m: 8:01.83	32.31	1150m: 12:22.46	32.44		
	400m: 4:15.01	32.64	800m: 8:34.38	32.55	1200m: 12:55.47	33.01		
9.	Max Dieckmann	SG Stadtwerke München		414121		16:11.05	+0,61	720
	50m: 30.07	30.07	450m: 4:48.87	32.48	850m: 9:08.27	32.41	1250m: 13:28.92	32.76
	100m: 1:02.39	32.32	500m: 5:21.50	32.63	900m: 9:40.61	32.34	1300m: 14:01.63	32.71
	150m: 1:34.49	32.10	550m: 5:53.79	32.29	950m: 10:13.02	32.41	1350m: 14:34.33	32.70
	200m: 2:06.75	32.26	600m: 6:26.04	32.25	1000m: 10:45.57	32.55	1400m: 15:07.28	32.95
	250m: 2:39.11	32.36	650m: 6:58.46	32.42	1050m: 11:18.17	32.60	1450m: 15:39.90	32.62
	300m: 3:11.61	32.50	700m: 7:30.88	32.42	1100m: 11:51.01	32.84	1500m: 16:11.05	31.15
	350m: 3:43.85	32.24	750m: 8:03.35	32.47	1150m: 12:23.45	32.44		
	400m: 4:16.39	32.54	800m: 8:35.86	32.51	1200m: 12:56.16	32.71		
10.	Akira Mauri	Limmat Sharks Zürich		107016		16:14.70	+0,53	712
	50m: 29.47	29.47	450m: 4:52.98	33.32	850m: 9:12.77	32.81	1250m: 13:34.34	33.31
	100m: 1:01.84	32.37	500m: 5:25.72	32.74	900m: 9:45.31	32.54	1300m: 14:06.93	32.59
	150m: 1:34.89	33.05	550m: 5:58.23	32.51	950m: 10:18.10	32.79	1350m: 14:39.43	32.50
	200m: 2:07.71	32.82	600m: 6:30.60	32.37	1000m: 10:51.59	33.49	1400m: 15:11.89	32.46
	250m: 2:40.71	33.00	650m: 7:02.91	32.31	1050m: 11:24.56	32.97	1450m: 15:44.13	32.24
	300m: 3:13.80	33.09	700m: 7:34.82	31.91	1100m: 11:56.63	32.07	1500m: 16:14.70	30.57
	350m: 3:46.87	33.07	750m: 8:07.33	32.51	1150m: 12:28.67	32.04		
	400m: 4:19.66	32.79	800m: 8:39.96	32.63	1200m: 13:01.03	32.36		

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 31, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
11.	Olivier Wilbers	De Dolfijn				200600181				16:21.03	+0,71	699
	50m:	30.28	450m:	4:53.51	32.78	850m:	9:16.90	33.00	1250m:	13:40.83		33.10
	100m:	1:03.41	500m:	5:26.48	32.97	900m:	9:49.83	32.93	1300m:	14:13.97		33.14
	150m:	1:36.41	550m:	5:59.29	32.81	950m:	10:22.77	32.94	1350m:	14:46.84		32.87
	200m:	2:09.19	600m:	6:32.23	32.94	1000m:	10:55.70	32.93	1400m:	15:19.53		32.69
	250m:	2:41.97	650m:	7:05.07	32.84	1050m:	11:28.78	33.08	1450m:	15:51.49		31.96
	300m:	3:14.86	700m:	7:38.07	33.00	1100m:	12:01.81	33.03	1500m:	16:21.03		29.54
	350m:	3:47.70	750m:	8:10.96	32.89	1150m:	12:34.73	32.92				
	400m:	4:20.73	800m:	8:43.90	32.94	1200m:	13:07.73	33.00				
12.	Tieme Wiersma	DZ&PC				200701031				16:21.71	+0,75	697
	50m:	28.94	450m:	4:49.42	32.81	850m:	9:11.89	32.80	1250m:	13:37.13		33.70
	100m:	1:00.59	500m:	5:22.09	32.67	900m:	9:44.79	32.90	1300m:	14:10.75		33.62
	150m:	1:33.02	550m:	5:54.92	32.83	950m:	10:17.68	32.89	1350m:	14:44.51		33.76
	200m:	2:05.63	600m:	6:27.76	32.84	1000m:	10:50.51	32.83	1400m:	15:18.13		33.62
	250m:	2:38.08	650m:	7:00.17	32.41	1050m:	11:23.20	32.69	1450m:	15:51.70		33.57
	300m:	3:10.90	700m:	7:33.05	32.88	1100m:	11:56.28	33.08	1500m:	16:21.71		30.01
	350m:	3:43.83	750m:	8:06.07	33.02	1150m:	12:29.73	33.45				
	400m:	4:16.61	800m:	8:39.09	33.02	1200m:	13:03.43	33.70				
13.	Jelte de Jong	ZPCH				200900975				16:48.03	+0,51	644
	50m:	30.17	450m:	4:59.25	33.62	850m:	9:30.78	33.81	1250m:	14:02.11		33.98
	100m:	1:03.04	500m:	5:33.42	34.17	900m:	10:04.72	33.94	1300m:	14:36.10		33.99
	150m:	1:36.62	550m:	6:06.93	33.51	950m:	10:38.51	33.79	1350m:	15:09.67		33.57
	200m:	2:10.07	600m:	6:41.06	34.13	1000m:	11:12.60	34.09	1400m:	15:43.37		33.70
	250m:	2:43.71	650m:	7:15.01	33.95	1050m:	11:46.30	33.70	1450m:	16:16.35		32.98
	300m:	3:17.56	700m:	7:48.89	33.88	1100m:	12:20.34	34.04	1500m:	16:48.03		31.68
	350m:	3:51.49	750m:	8:22.81	33.92	1150m:	12:54.16	33.82				
	400m:	4:25.63	800m:	8:56.97	34.16	1200m:	13:28.13	33.97				
14.	Jasper Thijert	WS Twente				200700321				17:01.10	+0,67	619
	50m:	30.40	450m:	5:04.37	34.93	850m:	9:40.63	34.56	1250m:	14:14.94		33.91
	100m:	1:04.01	500m:	5:38.98	34.61	900m:	10:15.52	34.89	1300m:	14:49.29		34.35
	150m:	1:38.16	550m:	6:13.64	34.66	950m:	10:49.77	34.25	1350m:	15:23.12		33.83
	200m:	2:11.95	600m:	6:48.09	34.45	1000m:	11:24.36	34.59	1400m:	15:57.04		33.92
	250m:	2:45.90	650m:	7:22.46	34.37	1050m:	11:58.59	34.23	1450m:	16:29.88		32.84
	300m:	3:20.08	700m:	7:56.78	34.32	1100m:	12:33.05	34.46	1500m:	17:01.10		31.22
	350m:	3:54.87	750m:	8:31.15	34.37	1150m:	13:06.90	33.85				
	400m:	4:29.44	800m:	9:06.07	34.92	1200m:	13:41.03	34.13				
15.	Joey Pop	ZVVS				200800277				17:15.70	+0,71	594
	50m:	29.62	450m:	5:03.49	34.98	850m:	9:41.93	34.65	1250m:	14:24.85		35.80
	100m:	1:02.95	500m:	5:38.10	34.61	900m:	10:17.04	35.11	1300m:	15:00.03		35.18
	150m:	1:36.51	550m:	6:13.15	35.05	950m:	10:52.24	35.20	1350m:	15:34.92		34.89
	200m:	2:10.42	600m:	6:47.63	34.48	1000m:	11:27.46	35.22	1400m:	16:09.81		34.89
	250m:	2:45.10	650m:	7:22.44	34.81	1050m:	12:03.43	35.97	1450m:	16:44.41		34.60
	300m:	3:19.13	700m:	7:57.18	34.74	1100m:	12:38.41	34.98	1500m:	17:15.70		31.29
	350m:	3:54.03	750m:	8:32.30	35.12	1150m:	13:13.90	35.49				
	400m:	4:28.51	800m:	9:07.28	34.98	1200m:	13:49.05	35.15				
16.	Xander Kragting	ZPC AMERSFOORT				200900077				17:25.33	+0,72	577
	50m:	30.23	450m:	5:03.50	34.75	850m:	9:46.78	35.62	1250m:	14:30.90		35.43
	100m:	1:03.34	500m:	5:38.63	35.13	900m:	10:22.44	35.66	1300m:	15:06.49		35.59
	150m:	1:36.81	550m:	6:13.67	35.04	950m:	10:58.10	35.66	1350m:	15:42.24		35.75
	200m:	2:10.89	600m:	6:49.11	35.44	1000m:	11:33.70	35.60	1400m:	16:17.35		35.11
	250m:	2:45.33	650m:	7:24.41	35.30	1050m:	12:09.34	35.64	1450m:	16:51.98		34.63
	300m:	3:19.46	700m:	8:00.07	35.66	1100m:	12:44.61	35.27	1500m:	17:25.33		33.35
	350m:	3:53.96	750m:	8:35.73	35.66	1150m:	13:19.97	35.36				
	400m:	4:28.75	800m:	9:11.16	35.43	1200m:	13:55.47	35.50				
17.	Lou van Leeuwen	De Dolfijn				200702779				17:41.48	+0,75	551
	50m:	31.90	450m:	5:16.28	35.29	850m:	10:00.36	35.37	1250m:	14:44.40		35.49
	100m:	1:06.67	500m:	5:51.75	35.47	900m:	10:35.47	35.11	1300m:	15:19.81		35.41
	150m:	1:41.98	550m:	6:27.35	35.60	950m:	11:11.13	35.66	1350m:	15:55.59		35.78
	200m:	2:17.69	600m:	7:02.77	35.42	1000m:	11:47.02	35.89	1400m:	16:31.22		35.63
	250m:	2:53.39	650m:	7:38.52	35.75	1050m:	12:22.68	35.66	1450m:	17:06.86		35.64
	300m:	3:29.45	700m:	8:14.13	35.61	1100m:	12:57.82	35.14	1500m:	17:41.48		34.62
	350m:	4:04.99	750m:	8:49.76	35.63	1150m:	13:33.09	35.27				
	400m:	4:40.99	800m:	9:24.99	35.23	1200m:	14:08.91	35.82				
18.	Jorian Tanis	Albion				199900327				17:45.29	+0,82	545
	50m:	30.01	450m:	5:09.43	35.76	850m:	9:57.58	36.54	1250m:	14:47.82		36.29
	100m:	1:03.03	500m:	5:45.20	35.77	900m:	10:33.65	36.07	1300m:	15:23.91		36.09
	150m:	1:37.58	550m:	6:21.51	36.31	950m:	11:10.04	36.39	1350m:	16:00.34		36.43
	200m:	2:12.30	600m:	6:57.20	35.69	1000m:	11:45.82	35.78	1400m:	16:36.67		36.33
	250m:	2:47.85	650m:	7:33.43	36.23	1050m:	12:22.21	36.39	1450m:	17:12.11		35.44
	300m:	3:23.05	700m:	8:09.03	35.60	1100m:	12:58.42	36.21	1500m:	17:45.29		33.18
	350m:	3:58.57	750m:	8:45.26	36.23	1150m:	13:35.18	36.76				
	400m:	4:33.67	800m:	9:21.04	35.78	1200m:	14:11.53	36.35				

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 31, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
19.	Emiel de Bruijn	DZ&PC				200700953				17:49.68	+0,59	539
	50m:	31.54	31.54	450m:	5:21.11	36.50	850m:	10:10.59	36.07	1250m:	14:58.02	35.44
	100m:	1:06.44	34.90	500m:	5:57.78	36.67	900m:	10:47.28	36.69	1300m:	15:32.96	34.94
	150m:	1:42.01	35.57	550m:	6:34.41	36.63	950m:	11:23.30	36.02	1350m:	16:08.01	35.05
	200m:	2:17.85	35.84	600m:	7:10.58	36.17	1000m:	11:59.17	35.87	1400m:	16:42.59	34.58
	250m:	2:54.46	36.61	650m:	7:46.82	36.24	1050m:	12:35.44	36.27	1450m:	17:17.20	34.61
	300m:	3:31.12	36.66	700m:	8:22.67	35.85	1100m:	13:11.81	36.37	1500m:	17:49.68	32.48
	350m:	4:07.84	36.72	750m:	8:58.73	36.06	1150m:	13:47.34	35.53			
	400m:	4:44.61	36.77	800m:	9:34.52	35.79	1200m:	14:22.58	35.24			
20.	Julian Prummel	De Gooische (SG)				200501731				17:56.22	+0,79	529
	50m:	30.81	30.81	450m:	5:12.86	35.76	850m:	10:03.63	36.17	1250m:	14:55.50	36.01
	100m:	1:04.84	34.03	500m:	5:49.07	36.21	900m:	10:40.58	36.95	1300m:	15:32.27	36.77
	150m:	1:39.65	34.81	550m:	6:25.18	36.11	950m:	11:16.88	36.30	1350m:	16:08.54	36.27
	200m:	2:14.29	34.64	600m:	7:01.70	36.52	1000m:	11:53.42	36.54	1400m:	16:44.76	36.22
	250m:	2:49.66	35.37	650m:	7:38.06	36.36	1050m:	12:29.67	36.25	1450m:	17:20.96	36.20
	300m:	3:25.34	35.68	700m:	8:14.81	36.75	1100m:	13:06.47	36.80	1500m:	17:56.22	35.26
	350m:	4:00.72	35.38	750m:	8:51.12	36.31	1150m:	13:43.05	36.58			
	400m:	4:37.10	36.38	800m:	9:27.46	36.34	1200m:	14:19.49	36.44			

AFGEM Julio Bernardon Limmat Sharks Zürich 104437

Programmanr. 22 Heren, 200m schoolslag Senioren Open
4-7-2026 Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
Finale A												
1.	Caspar Corbeau	Team Zwemfed				VZF/10022/01				2:08.75	+0,66	925
	50m: 28.68	28.68	100m: 1:01.44	32.76	150m: 1:35.07	33.63	200m: 2:08.75	33.68				
2.	Kenneth Bock	Germany								2:11.89	+0,62	861
	50m: 29.71	29.71	100m: 1:03.29	33.58	150m: 1:37.26	33.97	200m: 2:11.89	34.63				
3.	Arno Kamminga	De Dolfijn				199502403				2:12.08	+0,70	857
	50m: 29.80	29.80	100m: 1:03.42	33.62	150m: 1:37.56	34.14	200m: 2:12.08	34.52				
4.	Christian Ryan	Aquatics GB								2:12.10	+0,64	857
	50m: 29.79	29.79	100m: 1:03.40	33.61	150m: 1:37.54	34.14	200m: 2:12.10	34.56				
5.	Ivo Kroes	Team NL - Azuro				200300079				2:12.29	+0,50	853
	50m: 29.71	29.71	100m: 1:03.49	33.78	150m: 1:37.86	34.37	200m: 2:12.29	34.43				
6.	Luca Janssen	Team NL - PSV				200403237				2:14.18	+0,71	817
	50m: 29.83	29.83	100m: 1:03.34	33.51	150m: 1:38.30	34.96	200m: 2:14.18	35.88				
7.	Noah De Schryver	Team Zwemfed				VZF/10004/01				2:14.71	+0,67	808
	50m: 30.58	30.58	100m: 1:04.75	34.17	150m: 1:39.67	34.92	200m: 2:14.71	35.04				
8.	Olivier Vedrenne	University of Stirling								2:14.93	+0,59	804
	50m: 30.65	30.65	100m: 1:04.50	33.85	150m: 1:39.23	34.73	200m: 2:14.93	35.70				
9.	Wytse Broekstra	De Vikings				200800121				2:16.17	+0,68	782
	50m: 30.58	30.58	100m: 1:05.19	34.61	150m: 1:40.57	35.38	200m: 2:16.17	35.60				
10.	Cas Verstegen	HZPC				200500891				2:16.41	+0,69	778
	50m: 30.45	30.45	100m: 1:04.96	34.51	150m: 1:40.17	35.21	200m: 2:16.41	36.24				
Finale B												
11.	Alexander Kühling	Team Bochum				194594				2:14.21	+0,72	817
	50m: 30.46	30.46	100m: 1:05.10	34.64	150m: 1:39.64	34.54	200m: 2:14.21	34.57				
12.	David Kyzymenko	Team Bochum				504515				2:16.01	+0,66	785
	50m: 30.38	30.38	100m: 1:04.39	34.01	150m: 1:39.11	34.72	200m: 2:16.01	36.90				
13.	Collin van der Hoff	Team NL - WVZ				200604357				2:16.44	+0,67	777
	50m: 30.76	30.76	100m: 1:05.36	34.60	150m: 1:40.61	35.25	200m: 2:16.44	35.83				
14.	Fabio Berendes	Germany								2:16.49	+0,54	777
	50m: 30.61	30.61	100m: 1:05.18	34.57	150m: 1:40.55	35.37	200m: 2:16.49	35.94				
15.	Fatih Mert Tasbasi	ZPC AMERSFOORT				200904065 TUR				2:17.60	+0,56	758
	50m: 30.65	30.65	100m: 1:05.53	34.88	150m: 1:40.86	35.33	200m: 2:17.60	36.74				
16.	Maxim Wunderlin	Limmat Sharks Zürich								2:18.35	+0,71	746
	50m: 30.92	30.92	100m: 1:06.94	36.02	150m: 1:42.27	35.33	200m: 2:18.35	36.08				

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 22, Heren, 200m schoolslag, Finale, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
17.	Joost de Roij van Zuidewijn	Albion				200000255				2:19.36	+0,64	729
	50m:	30.85	30.85	100m:	1:06.25	35.40	150m:	1:42.42	36.17	200m:	2:19.36	36.94
18.	Storm Boxum	Team NL - DZ&PC				200700421				2:20.60	+0,68	710
	50m:	30.93	30.93	100m:	1:06.47	35.54	150m:	1:43.40	36.93	200m:	2:20.60	37.20
19.	Jasper Thijert	WS Twente				200700321				2:24.51	+0,59	654
	50m:	32.16	32.16	100m:	1:08.70	36.54	150m:	1:46.44	37.74	200m:	2:24.51	38.07
20.	Jesse van der Meij	De Dolfijn				200600841				2:25.56	+0,68	640
	50m:	32.27	32.27	100m:	1:09.19	36.92	150m:	1:47.52	38.33	200m:	2:25.56	38.04
Finale C												
21.	Job Sportel	De Dinkel				200800429				2:23.61	+0,64	667
	50m:	32.55	32.55	100m:	1:08.83	36.28	150m:	1:45.71	36.88	200m:	2:23.61	37.90
22.	Martijn Velders	Aqua-Novio'94				199502619				2:24.37	+0,67	656
	50m:	32.54	32.54	100m:	1:09.58	37.04	150m:	1:47.12	37.54	200m:	2:24.37	37.25
23.	Lucas Douwma	ZPCH				200401337				2:25.72	+0,66	638
	50m:	32.76	32.76	100m:	1:10.31	37.55	150m:	1:48.29	37.98	200m:	2:25.72	37.43
24.	Pieter van Oosten	Blue Marlins				200903977				2:26.16	+0,67	632
	50m:	32.98	32.98	100m:	1:10.78	37.80	150m:	1:48.26	37.48	200m:	2:26.16	37.90
25.	Lars Diesch	Nuenen				200103189				2:27.61	+0,70	614
	50m:	32.90	32.90	100m:	1:10.87	37.97	150m:	1:49.30	38.43	200m:	2:27.61	38.31
26.	Elias Soens	Blue Marlins				200604327				2:28.11	+0,62	608
	50m:	33.04	33.04	100m:	1:10.69	37.65	150m:	1:48.95	38.26	200m:	2:28.11	39.16
27.	Joshua Agussalim	WVZ				200600153				2:30.83	+0,61	575
	50m:	33.40	33.40	100m:	1:11.54	38.14	150m:	1:50.72	39.18	200m:	2:30.83	40.11
28.	Rijk Leenders	VZC				200800627				2:31.07	+0,53	573
	50m:	34.05	34.05	100m:	1:12.35	38.30	150m:	1:51.34	38.99	200m:	2:31.07	39.73
29.	Jesse Marijn Thimister	ZEPS				200602893				2:32.00	+0,62	562
	50m:	33.73	33.73	100m:	1:12.97	39.24	150m:	1:52.41	39.44	200m:	2:32.00	39.59
30.	Frits Hoeflaken	PSV				200804101				2:33.77	+0,66	543
	50m:	34.56	34.56	100m:	1:12.35	37.79	150m:	1:53.28	40.93	200m:	2:33.77	40.49

Programmanr. 23
4-7-2026

Dames, 200m schoolslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
Finale A												
1.	Tes Schouten	Team Zwemfed				VZF/20022/00		2:21.71		+0,68	914	
	50m: 32.12	32.12	100m: 1:07.74	35.62	150m: 1:44.20	36.46	200m: 2:21.71	37.51				
2.	Rafaëla Mulders	Team Noord Holland (SG)				200701398		2:29.47		+0,72	779	
	50m: 33.29	33.29	100m: 1:11.23	37.94	150m: 1:49.82	38.59	200m: 2:29.47	39.65				
3.	Zinke Delcommune	Team Zwemfed				VZF/20003/05		2:31.00		+0,68	755	
	50m: 34.31	34.31	100m: 1:12.93	38.62	150m: 1:51.72	38.79	200m: 2:31.00	39.28				
4.	Nina Zusterzeel	PSV				200800656		2:32.84		+0,55	728	
	50m: 33.77	33.77	100m: 1:12.22	38.45	150m: 1:52.05	39.83	200m: 2:32.84	40.79				
5.	Roos Vanotterdijk	Team Zwemfed				VZF/20015/05		2:33.14		+0,66	724	
	50m: 34.64	34.64	100m: 1:13.63	38.99	150m: 1:53.34	39.71	200m: 2:33.14	39.80				
6.	Leni Wendrich <i>backup time</i>	Potsdamer SV				381061		2:33.53		+0,52	719	
	50m: 34.79	34.79	100m: 1:13.43	38.64	150m: 1:52.89	39.46	200m: 2:33.53	40.64				
7.	Jade Geurts	WVZ				200402278		2:34.04		+0,65	712	
	50m: 34.53	34.53	100m: 1:13.58	39.05	150m: 1:53.22	39.64	200m: 2:34.04	40.82				
8.	Jill Nai Chung Tong	WVZ				200404272		2:40.94		+0,70	624	
	50m: 35.81	35.81	100m: 1:16.84	41.03	150m: 1:58.70	41.86	200m: 2:40.94	42.24				
9.	Robin Goossens	Nuenen				200003128		2:42.05		+0,84	611	
	50m: 36.73	36.73	100m: 1:17.83	41.10	150m: 1:59.73	41.90	200m: 2:42.05	42.32				

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 23, Dames, 200m schoolslag, Finale, Senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
10.	Renske Oude Egbrink	OZ&PC	200600040	2:48.03	+0,54	548
	50m: 37.00	37.00 100m: 1:19.43	42.43 150m: 2:03.72	44.29 200m: 2:48.03	44.31	
Finale B						
11.	Amelie Makoski	Team Bochum	323926	2:37.79	+0,71	662
	50m: 35.15	35.15 100m: 1:15.06	39.91 150m: 1:56.55	41.49 200m: 2:37.79	41.24	
12.	Tess Vonk	De Geul	200900024	2:40.17	+0,69	633
	50m: 35.79	35.79 100m: 1:17.10	41.31 150m: 1:57.93	40.83 200m: 2:40.17	42.24	
13.	Diede de Vries	Zwemlust-den Hommel	200803558	2:43.70	+0,78	593
	50m: 36.92	36.92 100m: 1:19.00	42.08 150m: 2:01.70	42.70 200m: 2:43.70	42.00	
14.	Flora Szili-Torok	Albion	200800114	2:44.29	+0,69	586
	50m: 37.37	37.37 100m: 1:19.37	42.00 150m: 2:01.58	42.21 200m: 2:44.29	42.71	
15.	Amber Kunst	DAW	200900680	2:44.74	+0,55	582
	50m: 36.81	36.81 100m: 1:19.33	42.52 150m: 2:02.00	42.67 200m: 2:44.74	42.74	
16.	Mandy van Rossum	Arethusa	200204904	2:44.79		581
	50m: 36.62	36.62 100m: 1:18.63	42.01 150m: 2:01.63	43.00 200m: 2:44.79	43.16	
17.	Esmee Mulder	DZ&PC	200800038	2:46.72	+0,70	561
	50m: 37.50	37.50 100m: 1:20.35	42.85 150m: 2:03.73	43.38 200m: 2:46.72	42.99	
18.	Annieke Rupke	WVZ	200700876	2:47.05	+0,63	558
	50m: 36.70	36.70 100m: 1:18.68	41.98 150m: 2:02.63	43.95 200m: 2:47.05	44.42	
19.	Myrthe Stelten	Hellas-Glana	200900234	2:47.59	+0,56	552
	50m: 37.01	37.01 100m: 1:19.33	42.32 150m: 2:03.18	43.85 200m: 2:47.59	44.41	
20.	Robine Moot	ZPC AMERSFOORT	200900330	2:47.95	+0,72	549
	50m: 37.27	37.27 100m: 1:20.10	42.83 150m: 2:04.13	44.03 200m: 2:47.95	43.82	

Programmanr. 24
4-7-2026

Heren, 50m rugslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
PARA open						
1.	Mark Tompsett	Team GBR	S14	27.19	+0,61	649 1026
2.	Simone Barlaam	Polha Varese	S9	29.13	+0,78	528 911
3.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473 S13	28.56	+0,62	560 810
4.	Bas Takken	TeamNL PARA - De Dolfijn	199901643 S10	31.06	+0,71	435 723
5.	Krzysztof Lechniak	Poland Paraswimming	S3	57.26		69 425
6.	Colin Degenhaars	ZPCH	199505951 S14	36.56	+0,66	267 422
7.	Cheng Van Vondel	KSN (SG)	200902673 S9	38.54	+0,63	228 393

Senioren Open

Finale A

1.	Giovanni Phillipson	Team Noord Holland (SG)	200801099	25.15	+0,57	821
	<i>Dutch Youth Record</i>					
2.	Noah Verreth	Team Zwemfed	VZF/10022/05	25.25	+0,56	811
3.	Kai van Westering	Team NL - PSV	200305181	25.35	+0,60	801
4.	Nikodim Markovic	Albion	200700255	25.42	+0,55	795
5.	Luuk Smits	Nuenen	200001015	25.81	+0,58	759
6.	Finn Broekhoven	PSV	200600035	25.87	+0,58	754
7.	Oskar Schildknecht	Germany		26.04	+0,60	739
8.	Evaldas Babakinas	Klaipėdos Gintaro SC		26.27	+0,63	720
9.	David Bauer	Team Bochum	339919	26.31	+0,60	717
10.	Niels Dijkshoorn	Albion	200203079	26.55	+0,64	697

Finale B

11.	Noah Ruben Retzler	Limmat Sharks Zürich	4469	26.28	+0,55	719
12.	Peer Möller	SG Frankfurt	340971	26.49	+0,55	702

B = Bonus inschrijving

Programmanr. 24, Heren, 50m rugslag, Finale, Senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
12.	Erikas Grigaitis	De Dolfijn	200205153	26.49	+0,59	702	
14.	Luca Boorsma	De Dolfijn	200902031	26.51	+0,54	701	
15.	Raf Hendriks	Hellas-Glana	200100879	26.53	+0,62	699	
16.	Yarno van Dam	ACZ	200800115	26.98	+0,55	665	
17.	Jisse Lousma	WVZ	200701493	27.01	+0,48	662	
18.	Lars Minnaert	PSV	200502355	27.07	+0,53	658	
19.	Maurice Grabowski	SC Wiesbaden 1911	298276	27.21	+0,59	648	
20.	Niek Issard	HZ&PC Heerenveen	200700037	27.46	+0,66	630	
Finale C							
21.	Sjoerd van Weelden	Albion	200101217	27.34	+0,60	639	
22.	Jaydey Schonewille	DZ&PC	200800025	27.65	+0,92	617	
23.	Kalle van Gemert	ZPC De Zeeuwse Kust	199801259	27.67	+0,49	616	
24.	Tiamo van der Veen	Dedemsvaart-AC	200600033	27.74	+0,57	611	
25.	Tijs Kruithof	PSV	200701181	27.82	+0,54	606	
26.	Alex Aarts	PSV	200804043	28.14	+0,59	586	
27.	Max Peters	Nuenen	199903123	28.23	+0,57	580	
28.	Thom de Hoog	Albion	200600019	28.28	+0,63	577	
29.	Adriaan Coppelmans	AZC	200903243	28.45	+0,58	567	
30.	Willem Weustink	Team Noord Holland (SG)	200800109	28.65	+0,63	555	

Programmanr. 25
4-7-2026

Dames, 100m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
PARA open							
Finale A							
1.	Georgia Sheffield	Team GBR	S14	58.25	+0,68	699	995
	50m: 27.88	27.88 100m: 58.25	30.37				
2.	Faye Rogers	Team GBR	S10	1:01.30	+0,75	600	899
	50m: 29.59	29.59 100m: 1:01.30	31.71				
3.	Callie-Ann Warrington	Team GBR	S10	1:01.52	+0,70	593	890
	50m: 29.46	29.46 100m: 1:01.52	32.06				
4.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	1:07.78	+0,67	444	882
	50m: 32.60	32.60 100m: 1:07.78	35.18				
5.	Scarlett Humphrey	Team GBR	S11	1:08.87	+0,59	423	841
	50m: 32.39	32.39 100m: 1:08.87	36.48				
6.	Tara Beard	Team GBR	S14	1:01.65	+0,42	590	840
	50m: 29.58	29.58 100m: 1:01.65	32.07				
7.	Lisa Kruger	TeamNL PARA - De Dolfijn	200005304	1:02.97	+0,71	553	830
	50m: 30.13	30.13 100m: 1:02.97	32.84				
8.	Irene van Drimmelen	TeamNL PARA - MSV Zeemacht	200502210	1:09.99	+0,72	403	801
	50m: 32.83	32.83 100m: 1:09.99	37.16				
9.	Iona Winniffrith	Team GBR	S7	1:14.36		336	800
	50m: 35.40	35.40 100m: 1:14.36	38.96				
10.	Oliwia Jablonska	Poland Paraswimming	S9	1:04.65		511	783
	50m: 31.38	31.38 100m: 1:04.65	33.27				
Finale B							
11.	Ela Letton-Jones	Team GBR	S12	1:04.60	+0,57	512	758
	50m: 31.36	31.36 100m: 1:04.60	33.24				
12.	Brooklyn Hale	Team GBR	S9	1:06.23		475	728
	50m: 32.23	32.23 100m: 1:06.23	34.00				
13.	Ursula Carroll	Team GBR	S13	1:04.78	+0,80	508	718
	50m: 31.15	31.15 100m: 1:04.78	33.63				
14.	Astrid Carroll	Team GBR	S12	1:05.86	+0,62	484	715
	50m: 31.60	31.60 100m: 1:05.86	34.26				

B = Bonus inschrijving

Programmanr. 25, Dames, 100m vrije slag, Finale, PARA open

rang	naam	vereniging	tijd	RT	FINA	para
15.	Florianne Bultje	TeamNL PARA - Team Noord-Holl.	1:07.16		456	698
	50m: 31.35	100m: 1:07.16	35.81			
16.	Monica Boggioni	Pavia Nuoto Asd	1:24.55		228	644
	50m: 40.95	100m: 1:24.55	43.60			
17.	Suzie Pellis	TeamNL PARA - De Krabben	1:11.80	+0,68	373	571
	50m: 34.39	100m: 1:11.80	37.41			
18.	Yaiza Mata Orive	Spain Feddf	1:11.68	+0,76	375	562
	50m: 33.81	100m: 1:11.68	37.87			
19.	Milou van Winkel	WVZ	1:12.25	+0,76	366	522
	50m: 33.02	100m: 1:12.25	39.23			
20.	Julia Soltysik	Poland Paraswimming	1:15.87		316	474
	50m: 36.26	100m: 1:15.87	39.61			

Senioren Open

Finale A

1.	Marrit Steenbergen	Team NL - PSV	51.82	+0,70	993
	50m: 24.93	100m: 51.82	26.89		
2.	Milou van Wijk	Team NL - WVZ	53.63	+0,72	896
	50m: 25.80	100m: 53.63	27.83		
3.	Imani de Jong	Team NL - PSV	54.20	+0,55	868
	50m: 26.13	100m: 54.20	28.07		
4.	Yara van Kalmthout	PSV	54.36	+0,70	860
	50m: 25.92	100m: 54.36	28.44		
5.	Tessa Giele	Albion	54.84	+0,66	838
	50m: 26.44	100m: 54.84	28.40		
6.	Femke Spiering	ZPC AMERSFOORT	55.00	+0,71	831
	50m: 26.58	100m: 55.00	28.42		
7.	Kim Busch	Team NL - PSV	55.06	+0,72	828
	50m: 26.17	100m: 55.06	28.89		
8.	Valerie van Roon	Team NL - De Dolfijn	55.22	+0,66	821
	50m: 25.93	100m: 55.22	29.29		
9.	Sam van Nunen	Team NL - PSV	55.31	+0,59	817
	50m: 25.86	100m: 55.31	29.45		
10.	Angelina Rolman	Team NL - PSV	55.86	+0,56	793
	50m: 26.60	100m: 55.86	29.26		

Finale B

11.	Megan Jonkman	Albion	55.80	+0,70	795
	50m: 26.60	100m: 55.80	29.20		
12.	Izabella Okaro	Aquatics GB	56.17	+0,70	780
	50m: 26.49	100m: 56.17	29.68		
13.	Svenja Götting	Germany	56.35	+0,67	772
	50m: 27.43	100m: 56.35	28.92		
14.	Jette Lenz	Germany	56.45	+0,67	768
	50m: 27.10	100m: 56.45	29.35		
15.	Britta Koehorst	WVZ	56.65	+0,63	760
	50m: 27.04	100m: 56.65	29.61		
16.	Kirsten Verhalle	PSV	56.66	+0,69	760
	50m: 27.17	100m: 56.66	29.49		
17.	Elisabeth Timmer	Albion	56.75	+0,45	756
	50m: 26.90	100m: 56.75	29.85		
18.	Sara Korthuis	DZ&PC	57.53	+0,55	726
	50m: 27.29	100m: 57.53	30.24		
	Colinda van der Zanden	Aqua-Novio'94	57.53	+0,72	726
	50m: 28.02	100m: 57.53	29.51		
20.	Maaïke Ooms	ZPC AMERSFOORT	57.55	+0,77	725
	50m: 27.82	100m: 57.55	29.73		

B = Bonus inschrijving

Programmanr. 26
4-7-2026

Heren, 100m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging				tijd	RT	FINA	para
PARA open									
Finale A									
1.	William Ellard	Team GBR				S14	50.83	+0,63	760 1027
	50m: 24.26	24.26	100m: 50.83	26.57					
2.	Simone Barlaam	Polha Varese				S9	53.77	+0,75	642 994
	50m: 25.59	25.59	100m: 53.77	28.18					
3.	Rogier Dorsman	TeamNL PARA - ZZ&PC De Devel 199900211				S11	58.39	+0,63	501 925
	50m: 27.86	27.86	100m: 58.39	30.53					
4.	Rhys Darbey	Team GBR				S14	52.90	+0,60	674 911
	50m: 25.07	25.07	100m: 52.90	27.83					
5.	Alberto Amodeo	Polha Varese				S8	1:00.02	+0,49	462 881
	50m: 29.29	29.29	100m: 1:00.02	30.73					
6.	Tommaso Morandi	Polha Varese				S8	1:00.06	+0,67	461 879
	50m: 28.63	28.63	100m: 1:00.06	31.43					
7.	Stephen Clegg	Team GBR				S12	55.66	+0,63	579 824
	50m: 26.20	26.20	100m: 55.66	29.46					
8.	Dylan Broom	Team GBR				S14	54.93	+0,55	602 814
	50m: 26.27	26.27	100m: 54.93	28.66					
9.	Thijs van Hofweegen	ZPC AMERSFOORT				S6	1:09.19	+0,73	301 771
	50m: 32.57	32.57	100m: 1:09.19	36.62					
10.	Thomas van Wanrooij	TeamNL PARA - PSV				S13	55.76	+0,67	576 769
	50m: 26.25	26.25	100m: 55.76	29.51					
Finale B									
11.	Andrzej Kowalik	Poland Paraswimming				S14	55.24	+0,64	592 800
	50m: 26.58	26.58	100m: 55.24	28.66					
12.	Iker Ruiz Urbaneja	Spain Feddf				S9	59.23	+0,65	480 744
	50m: 28.53	28.53	100m: 59.23	30.70					
13.	Alan Ogorzalek	Poland Paraswimming				S10	56.12	+0,65	565 736
	50m: 27.09	27.09	100m: 56.12	29.03					
14.	Gabriele Lorenzo	Polha Varese				S3	1:37.50		107 709
	50m: 47.06	47.06	100m: 1:37.50	50.44					
15.	Alex Kozlowski	Poland Paraswimming				S11	1:04.47	+0,63	372 687
	50m: 30.67	30.67	100m: 1:04.47	33.80					
16.	Bas Takken	TeamNL PARA - De Dolfijn				S10	57.60	+0,57	522 681
	50m: 27.48	27.48	100m: 57.60	30.12					
17.	Yannick Eckart	SV Motor Babelsberg e.V.				S9	1:01.34	+0,68	432 670
	50m: 27.58	27.58	100m: 1:01.34	33.76					
18.	Fabio Garlaschi	Polha Varese				S7	1:09.23		301 643
	50m: 32.07	32.07	100m: 1:09.23	37.16					
19.	Julian Hendriks	TeamNL PARA - De Gooische (SC200603717				S7	1:09.33	+0,69	299 640
	50m: 33.36	33.36	100m: 1:09.33	35.97					
20.	Linus Harms	SV Motor Babelsberg e.V.				S10	59.26	+0,76	480 625
	50m: 28.23	28.23	100m: 59.26	31.03					

B = Bonus inschrijving

Programmanr. 26, Heren, 100m vrije slag, Finale

Senioren Open

Finale A

1.	Sean Niewold	Albion	200204699	47.97	+0,66	904
	50m: 23.19	23.19 100m: 47.97	24.78			
2.	Merlin Belmon	Team NL - PSV	200403191	48.90	+0,67	854
	50m: 23.58	23.58 100m: 48.90	25.32			
3.	Brandon van den Berg	Albion	200200669	49.27	+0,67	835
	50m: 23.57	23.57 100m: 49.27	25.70			
4.	Floris Tanis	Albion	200700005	49.63	+0,69	817
	50m: 23.79	23.79 100m: 49.63	25.84			
5.	Perry Laarhoven	Albion	200301321	49.80	+0,72	808
	50m: 23.35	23.35 100m: 49.80	26.45			
6.	Michael Raje	Germany		49.93	+0,62	802
	50m: 23.53	23.53 100m: 49.93	26.40			
7.	Illia Linnyk	Ukraine		50.40	+0,64	780
	50m: 24.37	24.37 100m: 50.40	26.03			
8.	Tobian Vos	ZPC AMERSFOORT	200900005	50.56	+0,54	772
	50m: 24.34	24.34 100m: 50.56	26.22			
9.	Koen Marsman	Team NL - ZPC AMERSFOORT	200502763	50.75	+0,61	764
	50m: 24.40	24.40 100m: 50.75	26.35			
10.	Luuk van Rooij	ZPC AMERSFOORT	200400581	50.76	+0,63	763
	50m: 23.89	23.89 100m: 50.76	26.87			

Finale B

11.	Daniel Laureyssens	Zwemclub Schoten	ZS/11001/04	50.32	+0,64	784
	50m: 24.07	24.07 100m: 50.32	26.25			
12.	Niclas Keilmann	Germany		50.43	+0,52	778
	50m: 24.25	24.25 100m: 50.43	26.18			
13.	Thomas Leggett	University of Stirling	90041441	50.58	+0,62	772
	50m: 24.61	24.61 100m: 50.58	25.97			
14.	Vince van der Pal	DZ&PC	200401869	50.85	+0,72	759
	50m: 24.31	24.31 100m: 50.85	26.54			
15.	Angelo Giani Contini	Aquatics GB		50.99	+0,68	753
	50m: 24.21	24.21 100m: 50.99	26.78			
16.	Boele Böhm	Blue Marlins	200700739	51.15	+0,63	746
	50m: 24.86	24.86 100m: 51.15	26.29			
17.	Marcel Hofstede	Blue Marlins	200603931	51.22	+0,63	743
	50m: 23.92	23.92 100m: 51.22	27.30			
18.	Simon Claasen	ZPC AMERSFOORT	200400231	51.31	+0,58	739
	50m: 24.36	24.36 100m: 51.31	26.95			
19.	Ivo Stolk	Albion	200100615	51.61	+0,66	726
	50m: 24.87	24.87 100m: 51.61	26.74			
20.	Ruben Baars	DWK	200900471	52.93	+0,64	673
	50m: 25.22	25.22 100m: 52.93	27.71			

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 27
4-7-2026

Dames, 400m wisselslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
Finale A												
1.	Eszter Szabo Feltothy	Hungarian Swimming Federation						4:43.33		+0,80	812	
	50m: 29.95	29.95	150m: 1:38.70	35.16	250m: 2:54.70	40.96	350m: 4:10.61				33.60	
	100m: 1:03.54	33.59	200m: 2:13.74	35.04	300m: 3:37.01	42.31	400m: 4:43.33				32.72	
2.	Leni von Bonin	Germany						4:47.65		+0,76	776	
	50m: 30.42	30.42	150m: 1:41.38	37.31	250m: 2:58.40	39.78	350m: 4:14.47				34.15	
	100m: 1:04.07	33.65	200m: 2:18.62	37.24	300m: 3:40.32	41.92	400m: 4:47.65				33.18	
3.	Marte Hieke van der Kamp	HZ&PC Heerenveen						4:54.17		+0,72	725	
	50m: 30.51	30.51	150m: 1:42.85	37.80	250m: 3:03.84	44.33	350m: 4:22.56				33.32	
	100m: 1:05.05	34.54	200m: 2:19.51	36.66	300m: 3:49.24	45.40	400m: 4:54.17				31.61	
4.	Suzie McNair	University of Stirling						4:55.48			716	
	50m: 30.13	30.13	150m: 1:41.52	37.16	250m: 3:01.79	43.63	350m: 4:21.20				35.20	
	100m: 1:04.36	34.23	200m: 2:18.16	36.64	300m: 3:46.00	44.21	400m: 4:55.48				34.28	
5.	Frouke Ludwig	DZ&PC						4:55.96		+0,62	712	
	50m: 30.78	30.78	150m: 1:43.36	37.68	250m: 3:04.04	43.45	350m: 4:23.07				34.89	
	100m: 1:05.68	34.90	200m: 2:20.59	37.23	300m: 3:48.18	44.14	400m: 4:55.96				32.89	
6.	Rhodee van den Ham	De Duinkikkers						4:59.54		+0,77	687	
	50m: 31.50	31.50	150m: 1:47.50	40.00	250m: 3:09.02	42.24	350m: 4:26.40				34.27	
	100m: 1:07.50	36.00	200m: 2:26.78	39.28	300m: 3:52.13	43.11	400m: 4:59.54				33.14	
7.	Sydney Leblac Garcia	Real Canoe Natacion Club						5:01.82		+0,77	672	
	50m: 31.41	31.41	150m: 1:47.51	39.60	250m: 3:10.20	43.94	350m: 4:29.26				34.06	
	100m: 1:07.91	36.50	200m: 2:26.26	38.75	300m: 3:55.20	45.00	400m: 5:01.82				32.56	
8.	Djanilla Brink	Team NL - De Dolfijn						5:01.96		+0,62	671	
	50m: 31.83	31.83	150m: 1:50.57	41.30	250m: 3:11.41	39.41	350m: 4:27.80				34.92	
	100m: 1:09.27	37.44	200m: 2:32.00	41.43	300m: 3:52.88	41.47	400m: 5:01.96				34.16	
9.	Fay Boxum	DZ&PC						5:07.62			634	
	50m: 31.96	31.96	150m: 1:48.92	39.45	250m: 3:11.07	43.57	350m: 4:32.50				36.06	
	100m: 1:09.47	37.51	200m: 2:27.50	38.58	300m: 3:56.44	45.37	400m: 5:07.62				35.12	
10.	Dachen Haaijer	ZPC Hoogeveen						5:09.95 *		+0,73	620	
	50m: 31.97	31.97	150m: 1:49.51	38.84	250m: 3:13.02	45.39	350m: 4:34.61				36.14	
	100m: 1:10.67	38.70	200m: 2:27.63	38.12	300m: 3:58.47	45.45	400m: 5:09.95				35.34	
Finale B												
11.	Paula Buß	Team Bochum						5:08.62		+0,67	628	
	50m: 31.54	31.54	150m: 1:48.50	40.56	250m: 3:13.40	45.70	350m: 4:35.53				35.94	
	100m: 1:07.94	36.40	200m: 2:27.70	39.20	300m: 3:59.59	46.19	400m: 5:08.62				33.09	
12.	Bregje Dekkers	PSV						5:12.55		+0,57	605	
	50m: 32.16	32.16	150m: 1:50.82	41.74	250m: 3:16.81	45.49	350m: 4:38.48				35.46	
	100m: 1:09.08	36.92	200m: 2:31.32	40.50	300m: 4:03.02	46.21	400m: 5:12.55				34.07	
13.	Isa Schellekens	Z&PC Zegenwerp						5:16.04		+0,57	585	
	50m: 33.87	33.87	150m: 1:54.45	39.78	250m: 3:19.50	45.83	350m: 4:41.17				36.29	
	100m: 1:14.67	40.80	200m: 2:33.67	39.22	300m: 4:04.88	45.38	400m: 5:16.04				34.87	
14.	Meyke v. Nimwegen	De Schoteijl						5:19.74		+0,62	565	
	50m: 32.66	32.66	150m: 1:53.13	41.20	250m: 3:19.46	46.24	350m: 4:43.53				37.21	
	100m: 1:11.93	39.27	200m: 2:33.22	40.09	300m: 4:06.32	46.86	400m: 5:19.74				36.21	
15.	Angelique van Vark	GZC DONK						5:19.96		+0,68	564	
	50m: 33.82	33.82	150m: 1:56.71	42.22	250m: 3:23.97	46.69	350m: 4:47.23				36.05	
	100m: 1:14.49	40.67	200m: 2:37.28	40.57	300m: 4:11.18	47.21	400m: 5:19.96				32.73	
16.	Esmaé de Gans	ZPC AMERSFOORT						5:20.85		+0,59	559	
	50m: 32.36	32.36	150m: 1:53.51	42.50	250m: 3:21.28	46.42	350m: 4:46.19				37.32	
	100m: 1:11.01	38.65	200m: 2:34.86	41.35	300m: 4:08.87	47.59	400m: 5:20.85				34.66	
17.	Mara Bosman	De Dolfijn						5:25.79		+0,59	534	
	50m: 33.10	33.10	150m: 1:52.98	40.72	250m: 3:23.09	49.04	350m: 4:49.73				36.47	
	100m: 1:12.26	39.16	200m: 2:34.05	41.07	300m: 4:13.26	50.17	400m: 5:25.79				36.06	
18.	Vera Wassink	DZ&PC						5:29.78		+0,74	515	
	50m: 33.52	33.52	150m: 1:56.73	43.32	250m: 3:27.84	49.39	350m: 4:54.67				37.80	
	100m: 1:13.41	39.89	200m: 2:38.45	41.72	300m: 4:16.87	49.03	400m: 5:29.78				35.11	
19.	Roos de Jong	ZCNF'34						5:29.98			514	
	50m: 35.30	35.30	150m: 2:01.08	44.22	250m: 3:29.71	45.29	350m: 4:53.82				38.45	
	100m: 1:16.86	41.56	200m: 2:44.42	43.34	300m: 4:15.37	45.66	400m: 5:29.98				36.16	

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 27, Dames, 400m wisselslag, Finale, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
20.	Michelle Zomerdijk	Dedemsvaart-AC				200003196				5:31.99	+0,74	505
	50m: 34.54	34.54	150m: 2:00.51	45.00	250m: 3:30.49	45.70	350m: 4:55.10	37.66				
	100m: 1:15.51	40.97	200m: 2:44.79	44.28	300m: 4:17.44	46.95	400m: 5:31.99	36.89				

Programmanr. 28
4-7-2026

Heren, 200m vlinderslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
Finale A												
1.	Ihor Troianovskiy	Ukraine						1:58.44		+0,64	808	
	50m: 26.31	26.31	100m: 56.60	30.29	150m: 1:27.32	30.72	200m: 1:58.44	31.12				
2.	Hendrik van der Leest	TriVia						2:00.11		+0,68	775	
	50m: 26.28	26.28	100m: 56.21	29.93	150m: 1:27.18	30.97	200m: 2:00.11	32.93				
3.	Andrew Bertoli	University of Stirling						2:02.79		+0,72	725	
	50m: 26.94	26.94	100m: 58.38	31.44	150m: 1:30.25	31.87	200m: 2:02.79	32.54				
4.	Tiago Fonseca Gomes	Team NL - PSV						2:03.02		+0,60	721	
	50m: 26.61	26.61	100m: 57.75	31.14	150m: 1:29.79	32.04	200m: 2:03.02	33.23				
5.	Lukas Fritzke	Germany						2:03.97		+0,50	705	
	50m: 27.01	27.01	100m: 58.42	31.41	150m: 1:30.86	32.44	200m: 2:03.97	33.11				
6.	Marcos Echevarria Polo	Aqua-Novio'94						2:06.66		+0,66	661	
	50m: 28.23	28.23	100m: 1:00.14	31.91	150m: 1:32.90	32.76	200m: 2:06.66	33.76				
7.	Martijn Nies	PSV						2:09.80		+0,68	614	
	50m: 27.06	27.06	100m: 1:00.51	33.45	150m: 1:36.53	36.02	200m: 2:09.80	33.27				
8.	Daniel Wegman	ZPCH						2:12.23		+0,67	581	
	50m: 28.84	28.84	100m: 1:02.47	33.63	150m: 1:36.65	34.18	200m: 2:12.23	35.58				
9.	Milco Matla	PSV						2:12.68		+0,62	575	
	50m: 28.60	28.60	100m: 1:02.12	33.52	150m: 1:36.65	34.53	200m: 2:12.68	36.03				
10.	Karolis Mikulionis	Sostines sporto centras						2:13.86		+0,53	560	
	50m: 29.32	29.32	100m: 1:03.80	34.48	150m: 1:39.20	35.40	200m: 2:13.86	34.66				
Finale B												
11.	Akira Reichenstein	Limmat Sharks Zürich						2:10.37		+0,70	606	
	50m: 28.57	28.57	100m: 1:01.12	32.55	150m: 1:35.06	33.94	200m: 2:10.37	35.31				
12.	Jones Chuang 100m *	PSV						2:14.43		+0,62	552	
	50m: 29.51	29.51	100m: 1:03.79	34.28	150m: 1:38.43	34.64	200m: 2:14.43	36.00				
13.	Rian Schoneveld	De Berkelduikers						2:16.00		+0,65	534	
	50m: 28.40	28.40	100m: 1:02.90	34.50	150m: 1:39.15	36.25	200m: 2:16.00	36.85				
14.	Teun van Weeren	OZ&PC						2:16.48		+0,70	528	
	50m: 29.85	29.85	100m: 1:04.85	35.00	150m: 1:40.34	35.49	200m: 2:16.48	36.14				
15.	Darren Chen	ZPC AMERSFOORT						2:17.88		+0,67	512	
	50m: 30.12	30.12	100m: 1:04.56	34.44	150m: 1:41.00	36.44	200m: 2:17.88	36.88				
16.	Filip Piszczynski	KSN (SG)						2:21.24		+0,73	476	
	50m: 30.34	30.34	100m: 1:06.39	36.05	150m: 1:43.59	37.20	200m: 2:21.24	37.65				
17.	Gijs Hartwijk	ZVL-1886						2:21.84		+0,67	470	
	50m: 30.69	30.69	100m: 1:06.24	35.55	150m: 1:43.67	37.43	200m: 2:21.84	38.17				
18.	Lucas Schouten	ZPCH						2:22.22		+0,61	467	
	50m: 29.82	29.82	100m: 1:06.87	37.05	150m: 1:46.00	39.13	200m: 2:22.22	36.22				
19.	Mike Hilders	De Dolfijn						2:23.04		+0,52	459	
	50m: 30.78	30.78	100m: 1:06.28	35.50	150m: 1:43.44	37.16	200m: 2:23.04	39.60				
20.	Juan Cruz Slappendel	Orca						2:23.73		+0,55	452	
	50m: 30.78	30.78	100m: 1:07.03	36.25	150m: 1:45.01	37.98	200m: 2:23.73	38.72				

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 34
4-7-2026

Dames, 4 x 200m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang		vereniging				tijd	RT	FINA	para
1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT				8:20.74	+0,66	762	
	Nynke Boerefijn	07	+0,66	27.92	58.64	1:30.09	2:01.64	2:01.64	
	Marin Wieling	05	+0,48	28.91	1:01.62	1:35.16	2:08.52	2:08.52	
	Maaïke Ooms	08	+0,43	28.21	59.51	1:32.86	2:06.27	2:06.27	
	Femke Spiering	02	+0,43	27.88	58.99	1:31.21	2:04.31	2:04.31	
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen				8:26.50	+0,74	736	
	Hedwig Bolt	06	+0,74	29.03	1:00.31	1:32.75	2:05.06	2:05.06	
	Veerle de Ridder	07	+0,29	28.40	1:00.54	1:33.95	2:08.18	2:08.18	
	Laura van Etten	08	+0,19	27.81	59.80	1:34.14	2:08.22	2:08.22	
	Marte Hieke van der Kamp	05	+0,32	28.61	1:00.63	1:34.01	2:05.04	2:05.04	
3.	PSV 1	PSV				8:34.77	+0,66	701	
	Luus Gielens	09	+0,66	29.28	1:01.19	1:34.17	2:06.39	2:06.39	
	Janne Slegers	04	+0,10	28.98	1:00.90	1:34.29	2:07.59	2:07.59	
	Bregje Dekkers	09	+0,42	30.01	1:02.77	1:35.63	2:08.49	2:08.49	
	Anna Lepoutre	11	+0,21	29.62	1:02.83	1:38.04	2:12.30	2:12.30	
4.	De Dolfijn 1	De Dolfijn				8:41.08	+0,55	676	
	Tamara Grove	96	+0,55	30.29	1:03.46	1:37.05	2:10.99	2:10.99	
	Silke Holkenborg	01	+0,23	29.00	1:01.40	1:34.74	2:07.38	2:07.38	
	Mara Bosman	03		31.41	1:05.75	1:41.64	2:16.69	2:16.69	
	Alinda Dingshoff	00		29.29	1:00.66	1:32.95	2:06.02	2:06.02	
5.	VZC 1	VZC				8:45.11	+0,75	661	
	Juliëtte Woltjes	09	+0,75	29.53	1:01.89	1:35.63	2:09.55	2:09.55	
	Elin Ditewig	09	+0,10	28.33	1:01.53	1:36.56	2:12.16	2:12.16	
	Tess Panjer	04	+0,29	29.27	1:02.31	1:36.66	2:12.04	2:12.04	
	Charlotte Woltjes	07	+0,34	28.75	1:01.54	1:35.48	2:11.36	2:11.36	
6.	HZ&PC Heerenveen 2	HZ&PC Heerenveen				9:10.58	+0,76	573	
	Maaïke Issard	03	+0,76	31.18	1:05.31	1:40.57	2:16.23	2:16.23	
	Ismay Lichtendonk	04	+0,28	29.17	1:02.14	1:37.93	2:14.76	2:14.76	
	Silke Hooghiemstra	09	+0,32	30.23	1:04.75	1:42.71	2:20.75	2:20.75	
	Esmee Ykema	08	+0,30	30.29	1:05.61	1:42.44	2:18.84	2:18.84	
7.	ZPCH 1	ZPCH				9:19.63	+0,76	546	
	Alysha de Jong	04	+0,76	29.82	1:03.18	1:37.55	2:10.93	2:10.93	
	Nora de Hollander	07	+0,50	32.90	1:09.81	1:47.40	2:25.43	2:25.43	
	Linou van Kampen	10	+0,46	31.90	1:08.34	1:45.36	2:23.59	2:23.59	
	Jenny Muntinga	09	+0,24	31.26	1:06.38	1:42.58	2:19.68	2:19.68	

Programmanr. 35
4-7-2026

Heren, 4 x 200m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	vereniging					tijd		RT	FINA	para
1.	ZPC AMERSFOORT 1 <i>Dutch Record</i>	ZPC AMERSFOORT					7:24.68	+0,60	833	
	Austin Namesnik	01	+0,60	25.66	53.73	1:22.50	1:51.49	1:51.49		
	Koen Marsman	05	+0,13	24.94	53.19	1:22.09	1:50.64	1:50.64		
	Tobian Vos	09	+0,26	25.43	53.61	1:22.59	1:51.21	1:51.21		
	Luuk van Rooij	04	+0,28	24.76	52.30	1:21.27	1:51.34	1:51.34		
2.	Team Bochum 1	Team Bochum					7:42.38	+0,64	741	
	Hendrik Bechtel	04	+0,64	26.64	55.18	1:24.97	1:54.84	1:54.84		
	Ben Wichterhann	07	+0,30	25.71	55.69	1:26.47	1:55.71	1:55.71		
	David Bauer	07	+0,44	25.90	54.63	1:25.60	1:55.97	1:55.97		
	Nicolas Klüttermann	00	+0,43	25.52	54.33	1:24.92	1:55.86	1:55.86		
3.	DZ&PC 1	DZ&PC					7:44.69	+0,68	730	
	Colin Bes	05	+0,68	26.08	54.43	1:25.09	1:56.57	1:56.57		
	Tieme Wiersma	07	+0,20	26.38	56.67	1:27.51	1:57.70	1:57.70		
	Floris Stork	03	+0,27	25.96	55.55	1:25.70	1:56.26	1:56.26		
	Storm Boxum	07	+0,39	25.00	53.22	1:23.03	1:54.16	1:54.16		
4.	Aqua-Novio'94 1	Aqua-Novio'94					7:46.91	+0,67	720	
	Sander Crooijmans	01	+0,67	25.97	53.43	1:21.92	1:50.80	1:50.80		
	Marcos Echevarria Polo	00	+0,29	25.99	54.94	1:24.96	1:55.25	1:55.25		
	Wessel van Dorst	09	+0,61	26.69	56.76	1:28.42	2:00.33	2:00.33		
	Sergio Ibor Castel	97	+0,35	26.90	56.41	1:27.99	2:00.53	2:00.53		

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 35, Heren, 4 x 200m vrije slag, Senioren Open

rang	vereniging					tijd	RT	FINA	para
5.	HZ&PC Heerenveen 1	HZ&PC Heerenveen				7:48.39	+0,48	713	
	Wouter Zijlstra	04	+0,48	26.01	54.77	1:24.99	1:55.65	1:55.65	
	Mattias Stolk	10	+0,14	26.83	56.66	1:27.90	1:59.76	1:59.76	
	Gijs Koehoorn	08	-0,02	25.00	55.38	1:26.81	1:58.25	1:58.25	
	Diede Veld	08	+0,37	25.73	55.06	1:25.23	1:54.73	1:54.73	
6.	De Dolfijn 1	De Dolfijn				8:04.63	+0,58	644	
	Steven Knol	09	+0,58	27.16	57.30	1:29.13	2:01.38	2:01.38	
	Tijn Hilders	07	+0,46	26.50	57.19	1:29.42	2:00.96	2:00.96	
	Jesse van der Meij	06	+0,28	27.14	58.35	1:30.91	2:02.47	2:02.47	
	Olivier Wilbers	06	+0,20	27.55	57.64	1:28.78	1:59.82	1:59.82	
7.	OZ&PC 1	OZ&PC				8:09.22	+0,73	626	
	Jens Züm Grotenhoff	02	+0,73	28.20	59.01	1:30.98	2:02.65	2:02.65	
	Teun van Weeren	08	+0,34	28.03	58.66	1:30.81	2:03.44	2:03.44	
	Jort Siebelt	07	+0,30	27.10	57.29	1:28.64	2:00.51	2:00.51	
	Niek Vreeling	06	+0,35	26.07	56.04	1:28.53	2:02.62	2:02.62	
8.	Blue Marlins 1	Blue Marlins				8:16.26	+0,68	599	
	Rik Doornenbal	98	+0,68	27.67	58.36	1:31.36	2:05.09	2:05.09	
	Alexander van der Maaten	09	+0,11	26.72	57.91	1:31.29	2:04.13	2:04.13	
	Pieter van Oosten	09	+0,21	27.33	59.46	1:32.07	2:03.79	2:03.79	
	Sven Helmers	08	+0,47	26.73	58.31	1:30.28	2:03.25	2:03.25	
9.	ZPCH 1	ZPCH				8:17.62	+0,73	595	
	Figo van Duuren	08	+0,73	28.60	1:00.20	1:33.64	2:06.51	2:06.51	
	Thomas Vastenhout	02	+0,50	27.61	58.99	1:31.95	2:05.24	2:05.24	
	Jelte de Jong	09	+0,36	28.09	59.12	1:31.39	2:03.05	2:03.05	
	Baris Tomu	10	+0,67	27.90	58.67	1:30.83	2:02.82	2:02.82	
10.	VZC 1	VZC				8:21.81	+0,50	580	
	Stefan van der Meer	09	+0,50	27.78	58.57	1:30.62	2:03.01	2:03.01	
	Bas Mostert	08	+0,47	27.38	58.73	1:32.36	2:06.43	2:06.43	
	Rijk Leenders	08	+0,21	28.72	1:01.99	1:35.73	2:09.21	2:09.21	
	Lars Verhale	02	+0,44	27.23	58.24	1:30.74	2:03.16	2:03.16	

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