

Programmanr. 21
27-6-2021 - 17:13

Dames, 400m wisselslag

Senioren Open
Resultaten Finale

Punten: FINA 2021

rang	naam		vereniging			tijd	RT	FINA
1.	Lotte Hosper		HPC - Racing Club	200201414		4:53.94	+0,60	744
	50m: 30.32	30.32	150m: 1:41.72	37.04	250m: 3:02.12	43.42	350m: 4:20.75	34.20
	100m: 1:04.68	34.36	200m: 2:18.70	36.98	300m: 3:46.55	44.43	400m: 4:53.94	33.19
2.	Silke Holkenborg		HPC - VZC	200100292		4:55.83	+0,53	729
	50m: 29.80	29.80	150m: 1:44.01	39.33	250m: 3:05.46	43.32	350m: 4:24.04	33.90
	100m: 1:04.68	34.88	200m: 2:22.14	38.13	300m: 3:50.14	44.68	400m: 4:55.83	31.79
3.	Kirsten Verhalle		VZC	200400210		5:07.54		649
	50m: 31.98	31.98	150m: 1:49.47	40.98	250m: 3:14.28	45.27	350m: 4:34.34	35.12
	100m: 1:08.49	36.51	200m: 2:29.01	39.54	300m: 3:59.22	44.94	400m: 5:07.54	33.20
4.	Alinda Dingshoff		ZPC Hoogeveen	200000928		5:07.60	+0,60	649
	50m: 30.96	30.96	150m: 1:45.21	38.24	250m: 3:08.19	45.35	350m: 4:32.35	36.64
	100m: 1:06.97	36.01	200m: 2:22.84	37.63	300m: 3:55.71	47.52	400m: 5:07.60	35.25
5.	Silke Huisman		HPC - Orca	200301182		5:12.94	+0,74	616
	50m: 32.24	32.24	150m: 1:51.66	41.73	250m: 3:15.29	42.13	350m: 4:36.69	37.59
	100m: 1:09.93	37.69	200m: 2:33.16	41.50	300m: 3:59.10	43.81	400m: 5:12.94	36.25
6.	Djanilla Brink		DAW	200600988		5:18.92		582
	50m: 33.70	33.70	150m: 1:56.59	41.77	250m: 3:21.10	43.37	350m: 4:43.76	37.19
	100m: 1:14.82	41.12	200m: 2:37.73	41.14	300m: 4:06.57	45.47	400m: 5:18.92	35.16
7.	Sophia van Droffelaar		ZVVS	200500330		5:24.41		553
	50m: 33.46	33.46	150m: 1:57.16	43.64	250m: 3:26.12	46.33	350m: 4:50.59	37.68
	100m: 1:13.52	40.06	200m: 2:39.79	42.63	300m: 4:12.91	46.79	400m: 5:24.41	33.82
8.	Evy van Laarhoven		Nextline swimming	200500712		5:38.17		488
	50m: 33.71	33.71	150m: 1:59.35	44.37	250m: 3:30.60	49.23	350m: 5:00.04	39.55
	100m: 1:14.98	41.27	200m: 2:41.37	42.02	300m: 4:20.49	49.89	400m: 5:38.17	38.13