

Programmanr. 44
15-6-2025 - 17:16

Heren, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2024

rang	naam	vereniging				tijd				RT	FINA	para
onder 18												
1.	Tieme Wiersma	DZ&PC				200701031				16:02.83	+0,76	740
	50m: 29.24	29.24	450m: 4:48.05	32.48	850m: 9:06.11	32.14	1250m: 13:24.30	32.61				
	100m: 1:01.28	32.04	500m: 5:20.74	32.69	900m: 9:38.05	31.94	1300m: 13:56.94	32.64				
	150m: 1:33.19	31.91	550m: 5:53.15	32.41	950m: 10:10.14	32.09	1350m: 14:29.41	32.47				
	200m: 2:05.40	32.21	600m: 6:25.57	32.42	1000m: 10:42.15	32.01	1400m: 15:01.68	32.27				
	250m: 2:37.63	32.23	650m: 6:57.77	32.20	1050m: 11:14.50	32.35	1450m: 15:32.99	31.31				
	300m: 3:10.48	32.85	700m: 7:30.06	32.29	1100m: 11:46.76	32.26	1500m: 16:02.83	29.84				
	350m: 3:42.91	32.43	750m: 8:01.97	31.91	1150m: 12:19.26	32.50						
	400m: 4:15.57	32.66	800m: 8:33.97	32.00	1200m: 12:51.69	32.43						
2.	Bram Loots	Team NL - Team Noord-Holland (S200700197				16:16.40				+0,71	709	
	50m: 29.43	29.43	450m: 4:49.29	32.84	850m: 9:09.02	32.65	1250m: 13:32.45	32.87				
	100m: 1:01.29	31.86	500m: 5:21.67	32.38	900m: 9:41.82	32.80	1300m: 14:05.48	33.03				
	150m: 1:33.92	32.63	550m: 5:54.09	32.42	950m: 10:14.84	33.02	1350m: 14:38.53	33.05				
	200m: 2:06.05	32.13	600m: 6:26.39	32.30	1000m: 10:47.45	32.61	1400m: 15:11.41	32.88				
	250m: 2:38.66	32.61	650m: 6:59.01	32.62	1050m: 11:20.10	32.65	1450m: 15:44.31	32.90				
	300m: 3:11.13	32.47	700m: 7:31.43	32.42	1100m: 11:53.31	33.21	1500m: 16:16.40	32.09				
	350m: 3:43.88	32.75	750m: 8:03.71	32.28	1150m: 12:26.48	33.17						
	400m: 4:16.45	32.57	800m: 8:36.37	32.66	1200m: 12:59.58	33.10						
3.	Martijn Nies	PSV				200902095				16:22.83	+0,70	696
	50m: 29.42	29.42	450m: 4:48.05	32.17	850m: 9:06.64	32.00	1250m: 13:36.43	33.94				
	100m: 1:01.65	32.23	500m: 5:21.07	33.02	900m: 9:39.36	32.72	1300m: 14:11.12	34.69				
	150m: 1:33.54	31.89	550m: 5:53.19	32.12	950m: 10:12.29	32.93	1350m: 14:43.27	32.15				
	200m: 2:05.70	32.16	600m: 6:25.98	32.79	1000m: 10:46.46	34.17	1400m: 15:17.17	33.90				
	250m: 2:37.97	32.27	650m: 6:58.10	32.12	1050m: 11:19.69	33.23	1450m: 15:50.60	33.43				
	300m: 3:10.73	32.76	700m: 7:30.52	32.42	1100m: 11:54.52	34.83	1500m: 16:22.83	32.23				
	350m: 3:42.97	32.24	750m: 8:02.47	31.95	1150m: 12:27.46	32.94						
	400m: 4:15.88	32.91	800m: 8:34.64	32.17	1200m: 13:02.49	35.03						
4.	Bas Mostert	VZC				200800629				16:23.03	+0,55	695
	50m: 29.11	29.11	450m: 4:48.71	32.57	850m: 9:13.00	33.71	1250m: 13:42.35	32.77				
	100m: 1:00.99	31.88	500m: 5:21.53	32.82	900m: 9:46.81	33.81	1300m: 14:15.83	33.48				
	150m: 1:33.16	32.17	550m: 5:54.12	32.59	950m: 10:20.83	34.02	1350m: 14:48.39	32.56				
	200m: 2:05.97	32.81	600m: 6:26.77	32.65	1000m: 10:55.17	34.34	1400m: 15:21.43	33.04				
	250m: 2:38.41	32.44	650m: 6:59.42	32.65	1050m: 11:28.88	33.71	1450m: 15:53.24	31.81				
	300m: 3:11.04	32.63	700m: 7:32.38	32.96	1100m: 12:02.95	34.07	1500m: 16:23.03	29.79				
	350m: 3:43.65	32.61	750m: 8:05.68	33.30	1150m: 12:36.07	33.12						
	400m: 4:16.14	32.49	800m: 8:39.29	33.61	1200m: 13:09.58	33.51						
5.	Tijn Hilders	De Dolfijn				200700027				17:13.82	+0,75	598
	50m: 29.80	29.80	450m: 5:02.14	34.42	850m: 9:41.23	34.93	1250m: 14:22.06	35.24				
	100m: 1:02.87	33.07	500m: 5:36.83	34.69	900m: 10:16.21	34.98	1300m: 14:57.06	35.00				
	150m: 1:36.75	33.88	550m: 6:11.59	34.76	950m: 10:51.42	35.21	1350m: 15:31.73	34.67				
	200m: 2:10.84	34.09	600m: 6:46.60	35.01	1000m: 11:26.31	34.89	1400m: 16:06.97	35.24				
	250m: 2:44.85	34.01	650m: 7:21.30	34.70	1050m: 12:01.34	35.03	1450m: 16:41.33	34.36				
	300m: 3:19.11	34.26	700m: 7:56.13	34.83	1100m: 12:36.35	35.01	1500m: 17:13.82	32.49				
	350m: 3:53.25	34.14	750m: 8:31.06	34.93	1150m: 13:11.73	35.38						
	400m: 4:27.72	34.47	800m: 9:06.30	35.24	1200m: 13:46.82	35.09						
6.	Joey Pop	ZVVS				200800277				17:20.07	+0,75	587
	50m: 29.92	29.92	450m: 5:07.25	34.69	850m: 9:46.84	34.91	1250m: 14:26.38	35.17				
	100m: 1:03.73	33.81	500m: 5:42.32	35.07	900m: 10:22.45	35.61	1300m: 15:02.07	35.69				
	150m: 1:37.89	34.16	550m: 6:16.99	34.67	950m: 10:57.14	34.69	1350m: 15:36.46	34.39				
	200m: 2:12.74	34.85	600m: 6:52.37	35.38	1000m: 11:32.20	35.06	1400m: 16:12.24	35.78				
	250m: 2:47.45	34.71	650m: 7:27.01	34.64	1050m: 12:06.71	34.51	1450m: 16:46.32	34.08				
	300m: 3:22.34	34.89	700m: 8:02.20	35.19	1100m: 12:41.92	35.21	1500m: 17:20.07	33.75				
	350m: 3:57.28	34.94	750m: 8:36.72	34.52	1150m: 13:16.29	34.37						
	400m: 4:32.56	35.28	800m: 9:11.93	35.21	1200m: 13:51.21	34.92						
7.	Gijs Hartwijk	ZVL-1886				200800573				17:34.46	+0,69	563
	50m: 30.53	30.53	450m: 5:13.97	35.78	850m: 9:59.90	35.46	1250m: 14:44.24	34.99				
	100m: 1:04.79	34.26	500m: 5:49.93	35.96	900m: 10:35.80	35.90	1300m: 15:19.08	34.84				
	150m: 1:39.92	35.13	550m: 6:25.65	35.72	950m: 11:11.90	36.10	1350m: 15:54.06	34.98				
	200m: 2:15.45	35.53	600m: 7:01.48	35.83	1000m: 11:47.61	35.71	1400m: 16:28.50	34.44				
	250m: 2:51.19	35.74	650m: 7:37.31	35.83	1050m: 12:23.47	35.86	1450m: 17:02.86	34.36				
	300m: 3:26.76	35.57	700m: 8:13.44	36.13	1100m: 12:58.31	34.84	1500m: 17:34.46	31.60				
	350m: 4:02.33	35.57	750m: 8:48.90	35.46	1150m: 13:33.71	35.40						
	400m: 4:38.19	35.86	800m: 9:24.44	35.54	1200m: 14:09.25	35.54						

Programmanr. 44, Jongens, 1500m vrije slag, onder 18

rang	naam	vereniging		tijd		RT	FINA	para
8.	Jere Wiersma	DZ&PC	200701037	17:34.87	+0,69	562		
	50m: 30.38	30.38	450m: 5:14.70	35.82	850m: 9:59.19	35.26	1250m: 14:40.30	35.32
	100m: 1:04.38	34.00	500m: 5:50.95	36.25	900m: 10:34.39	35.20	1300m: 15:15.55	35.25
	150m: 1:40.00	35.62	550m: 6:26.97	36.02	950m: 11:09.38	34.99	1350m: 15:50.62	35.07
	200m: 2:15.72	35.72	600m: 7:02.67	35.70	1000m: 11:44.49	35.11	1400m: 16:26.36	35.74
	250m: 2:51.51	35.79	650m: 7:37.99	35.32	1050m: 12:19.56	35.07	1450m: 17:01.67	35.31
	300m: 3:27.14	35.63	700m: 8:13.75	35.76	1100m: 12:54.46	34.90	1500m: 17:34.87	33.20
	350m: 4:03.06	35.92	750m: 8:48.69	34.94	1150m: 13:29.76	35.30		
	400m: 4:38.88	35.82	800m: 9:23.93	35.24	1200m: 14:04.98	35.22		
9.	Melle van Veen	Dedemsvaart-AC	200700661	17:45.40	+0,70	546		
	50m: 30.76	30.76	450m: 5:15.52	36.02	850m: 10:04.76	36.11	1250m: 14:51.13	35.97
	100m: 1:05.55	34.79	500m: 5:51.70	36.18	900m: 10:40.54	35.78	1300m: 15:27.17	36.04
	150m: 1:40.90	35.35	550m: 6:28.05	36.35	950m: 11:16.58	36.04	1350m: 16:03.20	36.03
	200m: 2:16.52	35.62	600m: 7:04.73	36.68	1000m: 11:52.01	35.43	1400m: 16:37.97	34.77
	250m: 2:51.81	35.29	650m: 7:40.63	35.90	1050m: 12:27.99	35.98	1450m: 17:12.54	34.57
	300m: 3:27.83	36.02	700m: 8:16.99	36.36	1100m: 13:04.05	36.06	1500m: 17:45.40	32.86
	350m: 4:03.34	35.51	750m: 8:52.78	35.79	1150m: 13:39.27	35.22		
	400m: 4:39.50	36.16	800m: 9:28.65	35.87	1200m: 14:15.16	35.89		
10.	Denzel Barthen	WVZ	200700147	17:46.16	+0,74	545		
	50m: 29.08	29.08	450m: 5:07.21	34.64	850m: 10:12.84	38.97	1250m: 14:55.42	37.00
	100m: 1:01.70	32.62	500m: 5:44.12	36.91	900m: 10:50.89	38.05	1300m: 15:32.11	36.69
	150m: 1:35.51	33.81	550m: 6:20.44	36.32	950m: 11:28.38	37.49	1350m: 16:09.05	36.94
	200m: 2:09.83	34.32	600m: 6:57.96	37.52	1000m: 12:02.91	34.53	1400m: 16:45.79	36.74
	250m: 2:44.66	34.83	650m: 7:36.64	38.68	1050m: 12:35.89	32.98	1450m: 17:15.90	30.11
	300m: 3:19.61	34.95	700m: 8:16.17	39.53	1100m: 13:09.62	33.73	1500m: 17:46.16	30.26
	350m: 3:56.22	36.61	750m: 8:54.51	38.34	1150m: 13:42.49	32.87		
	400m: 4:32.57	36.35	800m: 9:33.87	39.36	1200m: 14:18.42	35.93		
onder 20								
1.	Yanieck Weijland	Team NL - PSV	200500329	15:37.97	+0,69	800		
	50m: 28.49	28.49	450m: 4:38.83	31.23	850m: 8:50.92	31.62	1250m: 13:02.86	31.28
	100m: 59.31	30.82	500m: 5:10.18	31.35	900m: 9:22.19	31.27	1300m: 13:34.28	31.42
	150m: 1:30.74	31.43	550m: 5:41.42	31.24	950m: 9:53.67	31.48	1350m: 14:05.79	31.51
	200m: 2:01.98	31.24	600m: 6:12.73	31.31	1000m: 10:25.19	31.52	1400m: 14:37.11	31.32
	250m: 2:33.44	31.46	650m: 6:44.10	31.37	1050m: 10:56.77	31.58	1450m: 15:08.24	31.13
	300m: 3:04.91	31.47	700m: 7:15.92	31.82	1100m: 11:28.39	31.62	1500m: 15:37.97	29.73
	350m: 3:36.09	31.18	750m: 7:47.58	31.66	1150m: 12:00.15	31.76		
	400m: 4:07.60	31.51	800m: 8:19.30	31.72	1200m: 12:31.58	31.43		
2.	Olivier Wilbers	ZPC Hoogetveen	200600181	16:33.08	+0,76	674		
	50m: 31.35	31.35	450m: 4:56.08	33.05	850m: 9:20.05	33.14	1250m: 13:46.08	33.50
	100m: 1:04.44	33.09	500m: 5:29.00	32.92	900m: 9:52.93	32.88	1300m: 14:19.61	33.53
	150m: 1:37.55	33.11	550m: 6:02.04	33.04	950m: 10:26.16	33.23	1350m: 14:53.11	33.50
	200m: 2:10.59	33.04	600m: 6:35.06	33.02	1000m: 10:59.22	33.06	1400m: 15:26.72	33.61
	250m: 2:43.73	33.14	650m: 7:08.13	33.07	1050m: 11:32.34	33.12	1450m: 16:00.41	33.69
	300m: 3:16.66	32.93	700m: 7:40.96	32.83	1100m: 12:05.68	33.34	1500m: 16:33.08	32.67
	350m: 3:49.97	33.31	750m: 8:13.97	33.01	1150m: 12:39.25	33.57		
	400m: 4:23.03	33.06	800m: 8:46.91	32.94	1200m: 13:12.58	33.33		
3.	Bas Blanker	ACZ	200601497	16:33.49	+0,73	673		
	50m: 29.39	29.39	450m: 4:55.39	33.55	850m: 9:23.45	33.47	1250m: 13:51.31	33.44
	100m: 1:01.95	32.56	500m: 5:28.98	33.59	900m: 9:57.02	33.57	1300m: 14:24.75	33.44
	150m: 1:35.19	33.24	550m: 6:02.29	33.31	950m: 10:30.75	33.73	1350m: 14:58.20	33.45
	200m: 2:08.44	33.25	600m: 6:35.52	33.23	1000m: 11:04.31	33.56	1400m: 15:31.45	33.25
	250m: 2:41.69	33.25	650m: 7:09.11	33.59	1050m: 11:37.91	33.60	1450m: 16:04.56	33.11
	300m: 3:14.96	33.27	700m: 7:42.60	33.49	1100m: 12:11.38	33.47	1500m: 16:33.49	28.93
	350m: 3:48.32	33.36	750m: 8:16.26	33.66	1150m: 12:44.71	33.33		
	400m: 4:21.84	33.52	800m: 8:49.98	33.72	1200m: 13:17.87	33.16		
4.	Thijs Wellink	ZPC AMERSFOORT	200600715	17:34.02	+0,72	564		
	50m: 30.14	30.14	450m: 5:07.35	35.20	850m: 9:52.03	36.00	1250m: 14:39.49	36.35
	100m: 1:03.48	33.34	500m: 5:42.64	35.29	900m: 10:27.87	35.84	1300m: 15:15.19	35.70
	150m: 1:37.99	34.51	550m: 6:18.10	35.46	950m: 11:03.89	36.02	1350m: 15:50.76	35.57
	200m: 2:12.90	34.91	600m: 6:53.58	35.48	1000m: 11:39.29	35.40	1400m: 16:26.01	35.25
	250m: 2:47.76	34.86	650m: 7:29.13	35.55	1050m: 12:15.52	36.23	1450m: 17:00.94	34.93
	300m: 3:22.54	34.78	700m: 8:04.56	35.43	1100m: 12:51.45	35.93	1500m: 17:34.02	33.08
	350m: 3:57.33	34.79	750m: 8:40.45	35.89	1150m: 13:27.43	35.98		
	400m: 4:32.15	34.82	800m: 9:16.03	35.58	1200m: 14:03.14	35.71		
5.	Ruben de Vries	Hellas-Glana	200600497	17:53.43	+0,70	534		
	50m: 31.02	31.02	450m: 5:16.64	36.15	850m: 10:04.96	35.61	1250m: 14:52.46	36.38
	100m: 1:06.00	34.98	500m: 5:52.87	36.23	900m: 10:41.02	36.06	1300m: 15:28.94	36.48
	150m: 1:41.09	35.09	550m: 6:29.18	36.31	950m: 11:16.76	35.74	1350m: 16:05.95	37.01
	200m: 2:17.02	35.93	600m: 7:05.82	36.64	1000m: 11:52.75	35.99	1400m: 16:42.14	36.19
	250m: 2:52.39	35.37	650m: 7:41.72	35.90	1050m: 12:28.54	35.79	1450m: 17:18.61	36.47
	300m: 3:28.52	36.13	700m: 8:17.93	36.21	1100m: 13:04.37	35.83	1500m: 17:53.43	34.82
	350m: 4:03.98	35.46	750m: 8:53.69	35.76	1150m: 13:40.14	35.77		
	400m: 4:40.49	36.51	800m: 9:29.35	35.66	1200m: 14:16.08	35.94		

Programmanr. 44, Heren, 1500m vrije slag, onder 20

rang	naam	vereniging				tijd				RT	FINA	para	
6.	Julian Hendriks <i>Nederlands Record PARA</i>	TeamNL PARA - De Otters Het Go200603717				S7	20:54.62				+0,81	334	
	50m:	37.65	37.65	450m:	6:04.12	41.47	850m:	11:44.63	43.30	1250m:	17:28.18	43.98	
	100m:	1:16.52	38.87	500m:	6:45.72	41.60	900m:	12:27.06	42.43	1300m:	18:10.32	42.14	
	150m:	1:57.02	40.50	550m:	7:28.35	42.63	950m:	13:10.23	43.17	1350m:	18:51.85	41.53	
	200m:	2:37.66	40.64	600m:	8:10.54	42.19	1000m:	13:51.69	41.46	1400m:	19:33.29	41.44	
	250m:	3:18.46	40.80	650m:	8:53.40	42.86	1050m:	14:35.52	43.83	1450m:	20:15.22	41.93	
	300m:	3:59.65	41.19	700m:	9:35.84	42.44	1100m:	15:18.74	43.22	1500m:	20:54.62	39.40	
	350m:	4:41.03	41.38	750m:	10:18.76	42.92	1150m:	16:01.57	42.83				
	400m:	5:22.65	41.62	800m:	11:01.33	42.57	1200m:	16:44.20	42.63				

NG Julian Prummel De Otters Het Gooi 200501731

Senioren Open

1.	Sander Crooijmans	Aqua-Novio'94	200100383	15:32.34	+0,71	815		
	50m: 28.89	28.89	450m: 4:35.22	30.87	850m: 8:43.41	31.36	1250m: 12:56.20	31.78
	100m: 59.41	30.52	500m: 5:05.96	30.74	900m: 9:14.61	31.20	1300m: 13:27.84	31.64
	150m: 1:30.62	31.21	550m: 5:36.82	30.86	950m: 9:46.17	31.56	1350m: 13:59.78	31.94
	200m: 2:01.57	30.95	600m: 6:07.73	30.91	1000m: 10:17.58	31.41	1400m: 14:31.32	31.54
	250m: 2:32.26	30.69	650m: 6:39.08	31.35	1050m: 10:49.31	31.73	1450m: 15:02.66	31.34
	300m: 3:02.98	30.72	700m: 7:10.01	30.93	1100m: 11:20.83	31.52	1500m: 15:32.34	29.68
	350m: 3:33.68	30.70	750m: 7:41.12	31.11	1150m: 11:52.73	31.90		
	400m: 4:04.35	30.67	800m: 8:12.05	30.93	1200m: 12:24.42	31.69		
2.	Yanieck Weijland	Team NL - PSV	200500329	15:37.97	+0,69	800		
	50m: 28.49	28.49	450m: 4:38.83	31.23	850m: 8:50.92	31.62	1250m: 13:02.86	31.28
	100m: 59.31	30.82	500m: 5:10.18	31.35	900m: 9:22.19	31.27	1300m: 13:34.28	31.42
	150m: 1:30.74	31.43	550m: 5:41.42	31.24	950m: 9:53.67	31.48	1350m: 14:05.79	31.51
	200m: 2:01.98	31.24	600m: 6:12.73	31.31	1000m: 10:25.19	31.52	1400m: 14:37.11	31.32
	250m: 2:33.44	31.46	650m: 6:44.10	31.37	1050m: 10:56.77	31.58	1450m: 15:08.24	31.13
	300m: 3:04.91	31.47	700m: 7:15.92	31.82	1100m: 11:28.39	31.62	1500m: 15:37.97	29.73
	350m: 3:36.09	31.18	750m: 7:47.58	31.66	1150m: 12:00.15	31.76		
	400m: 4:07.60	31.51	800m: 8:19.30	31.72	1200m: 12:31.58	31.43		
3.	Tieme Wiersma	DZ&PC	200701031	16:02.83	+0,76	740		
	50m: 29.24	29.24	450m: 4:48.05	32.48	850m: 9:06.11	32.14	1250m: 13:24.30	32.61
	100m: 1:01.28	32.04	500m: 5:20.74	32.69	900m: 9:38.05	31.94	1300m: 13:56.94	32.64
	150m: 1:33.19	31.91	550m: 5:53.15	32.41	950m: 10:10.14	32.09	1350m: 14:29.41	32.47
	200m: 2:05.40	32.21	600m: 6:25.57	32.42	1000m: 10:42.15	32.01	1400m: 15:01.68	32.27
	250m: 2:37.63	32.23	650m: 6:57.77	32.20	1050m: 11:14.50	32.35	1450m: 15:32.99	31.31
	300m: 3:10.48	32.85	700m: 7:30.06	32.29	1100m: 11:46.76	32.26	1500m: 16:02.83	29.84
	350m: 3:42.91	32.43	750m: 8:01.97	31.91	1150m: 12:19.26	32.50		
	400m: 4:15.57	32.66	800m: 8:33.97	32.00	1200m: 12:51.69	32.43		
4.	Bram Loots	Team NL - Team Noord-Holland (S200700197		16:16.40	+0,71	709		
	50m: 29.43	29.43	450m: 4:49.29	32.84	850m: 9:09.02	32.65	1250m: 13:32.45	32.87
	100m: 1:01.29	31.86	500m: 5:21.67	32.38	900m: 9:41.82	32.80	1300m: 14:05.48	33.03
	150m: 1:33.92	32.63	550m: 5:54.09	32.42	950m: 10:14.84	33.02	1350m: 14:38.53	33.05
	200m: 2:06.05	32.13	600m: 6:26.39	32.30	1000m: 10:47.45	32.61	1400m: 15:11.41	32.88
	250m: 2:38.66	32.61	650m: 6:59.01	32.62	1050m: 11:20.10	32.65	1450m: 15:44.31	32.90
	300m: 3:11.13	32.47	700m: 7:31.43	32.42	1100m: 11:53.31	33.21	1500m: 16:16.40	32.09
	350m: 3:43.88	32.75	750m: 8:03.71	32.28	1150m: 12:26.48	33.17		
	400m: 4:16.45	32.57	800m: 8:36.37	32.66	1200m: 12:59.58	33.10		
5.	Martijn Nies	PSV	200902095	16:22.83	+0,70	696		
	50m: 29.42	29.42	450m: 4:48.05	32.17	850m: 9:06.64	32.00	1250m: 13:36.43	33.94
	100m: 1:01.65	32.23	500m: 5:21.07	33.02	900m: 9:39.36	32.72	1300m: 14:11.12	34.69
	150m: 1:33.54	31.89	550m: 5:53.19	32.12	950m: 10:12.29	32.93	1350m: 14:43.27	32.15
	200m: 2:05.70	32.16	600m: 6:25.98	32.79	1000m: 10:46.46	34.17	1400m: 15:17.17	33.90
	250m: 2:37.97	32.27	650m: 6:58.10	32.12	1050m: 11:19.69	33.23	1450m: 15:50.60	33.43
	300m: 3:10.73	32.76	700m: 7:30.52	32.42	1100m: 11:54.52	34.83	1500m: 16:22.83	32.23
	350m: 3:42.97	32.24	750m: 8:02.47	31.95	1150m: 12:27.46	32.94		
	400m: 4:15.88	32.91	800m: 8:34.64	32.17	1200m: 13:02.49	35.03		
6.	Bas Mostert	VZC	200800629	16:23.03	+0,55	695		
	50m: 29.11	29.11	450m: 4:48.71	32.57	850m: 9:13.00	33.71	1250m: 13:42.35	32.77
	100m: 1:00.99	31.88	500m: 5:21.53	32.82	900m: 9:46.81	33.81	1300m: 14:15.83	33.48
	150m: 1:33.16	32.17	550m: 5:54.12	32.59	950m: 10:20.83	34.02	1350m: 14:48.39	32.56
	200m: 2:05.97	32.81	600m: 6:26.77	32.65	1000m: 10:55.17	34.34	1400m: 15:21.43	33.04
	250m: 2:38.41	32.44	650m: 6:59.42	32.65	1050m: 11:28.88	33.71	1450m: 15:53.24	31.81
	300m: 3:11.04	32.63	700m: 7:32.38	32.96	1100m: 12:02.95	34.07	1500m: 16:23.03	29.79
	350m: 3:43.65	32.61	750m: 8:05.68	33.30	1150m: 12:36.07	33.12		
	400m: 4:16.14	32.49	800m: 8:39.29	33.61	1200m: 13:09.58	33.51		

Programmanr. 44, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
7.	Olivier Wilbers	ZPC Hooogveen				200600181				16:33.08 +0,76	674	
	50m: 31.35	31.35	450m: 4:56.08	33.05	850m: 9:20.05	33.14	1250m: 13:46.08	33.50				
	100m: 1:04.44	33.09	500m: 5:29.00	32.92	900m: 9:52.93	32.88	1300m: 14:19.61	33.53				
	150m: 1:37.55	33.11	550m: 6:02.04	33.04	950m: 10:26.16	33.23	1350m: 14:53.11	33.50				
	200m: 2:10.59	33.04	600m: 6:35.06	33.02	1000m: 10:59.22	33.06	1400m: 15:26.72	33.61				
	250m: 2:43.73	33.14	650m: 7:08.13	33.07	1050m: 11:32.34	33.12	1450m: 16:00.41	33.69				
	300m: 3:16.66	32.93	700m: 7:40.96	32.83	1100m: 12:05.68	33.34	1500m: 16:33.08	32.67				
	350m: 3:49.97	33.31	750m: 8:13.97	33.01	1150m: 12:39.25	33.57						
	400m: 4:23.03	33.06	800m: 8:46.91	32.94	1200m: 13:12.58	33.33						
8.	Bas Blanker	ACZ				200601497				16:33.49 +0,73	673	
	50m: 29.39	29.39	450m: 4:55.39	33.55	850m: 9:23.45	33.47	1250m: 13:51.31	33.44				
	100m: 1:01.95	32.56	500m: 5:28.98	33.59	900m: 9:57.02	33.57	1300m: 14:24.75	33.44				
	150m: 1:35.19	33.24	550m: 6:02.29	33.31	950m: 10:30.75	33.73	1350m: 14:58.20	33.45				
	200m: 2:08.44	33.25	600m: 6:35.52	33.23	1000m: 11:04.31	33.56	1400m: 15:31.45	33.25				
	250m: 2:41.69	33.25	650m: 7:09.11	33.59	1050m: 11:37.91	33.60	1450m: 16:04.56	33.11				
	300m: 3:14.96	33.27	700m: 7:42.60	33.49	1100m: 12:11.38	33.47	1500m: 16:33.49	28.93				
	350m: 3:48.32	33.36	750m: 8:16.26	33.66	1150m: 12:44.71	33.33						
	400m: 4:21.84	33.52	800m: 8:49.98	33.72	1200m: 13:17.87	33.16						
9.	Tijn Hilders	De Dolfijn				200700027				17:13.82 +0,75	598	
	50m: 29.80	29.80	450m: 5:02.14	34.42	850m: 9:41.23	34.93	1250m: 14:22.06	35.24				
	100m: 1:02.87	33.07	500m: 5:36.83	34.69	900m: 10:16.21	34.98	1300m: 14:57.06	35.00				
	150m: 1:36.75	33.88	550m: 6:11.59	34.76	950m: 10:51.42	35.21	1350m: 15:31.73	34.67				
	200m: 2:10.84	34.09	600m: 6:46.60	35.01	1000m: 11:26.31	34.89	1400m: 16:06.97	35.24				
	250m: 2:44.85	34.01	650m: 7:21.30	34.70	1050m: 12:01.34	35.03	1450m: 16:41.33	34.36				
	300m: 3:19.11	34.26	700m: 7:56.13	34.83	1100m: 12:36.35	35.01	1500m: 17:13.82	32.49				
	350m: 3:53.25	34.14	750m: 8:31.06	34.93	1150m: 13:11.73	35.38						
	400m: 4:27.72	34.47	800m: 9:06.30	35.24	1200m: 13:46.82	35.09						
10.	Joey Pop	ZVVS				200800277				17:20.07 +0,75	587	
	50m: 29.92	29.92	450m: 5:07.25	34.69	850m: 9:46.84	34.91	1250m: 14:26.38	35.17				
	100m: 1:03.73	33.81	500m: 5:42.32	35.07	900m: 10:22.45	35.61	1300m: 15:02.07	35.69				
	150m: 1:37.89	34.16	550m: 6:16.99	34.67	950m: 10:57.14	34.69	1350m: 15:36.46	34.39				
	200m: 2:12.74	34.85	600m: 6:52.37	35.38	1000m: 11:32.20	35.06	1400m: 16:12.24	35.78				
	250m: 2:47.45	34.71	650m: 7:27.01	34.64	1050m: 12:06.71	34.51	1450m: 16:46.32	34.08				
	300m: 3:22.34	34.89	700m: 8:02.20	35.19	1100m: 12:41.92	35.21	1500m: 17:20.07	33.75				
	350m: 3:57.28	34.94	750m: 8:36.72	34.52	1150m: 13:16.29	34.37						
	400m: 4:32.56	35.28	800m: 9:11.93	35.21	1200m: 13:51.21	34.92						
11.	Thijs Wellink	ZPC AMERSFOORT				200600715				17:34.02 +0,72	564	
	50m: 30.14	30.14	450m: 5:07.35	35.20	850m: 9:52.03	36.00	1250m: 14:39.49	36.35				
	100m: 1:03.48	33.34	500m: 5:42.64	35.29	900m: 10:27.87	35.84	1300m: 15:15.19	35.70				
	150m: 1:37.99	34.51	550m: 6:18.10	35.46	950m: 11:03.89	36.02	1350m: 15:50.76	35.57				
	200m: 2:12.90	34.91	600m: 6:53.58	35.48	1000m: 11:39.29	35.40	1400m: 16:26.01	35.25				
	250m: 2:47.76	34.86	650m: 7:29.13	35.55	1050m: 12:15.52	36.23	1450m: 17:00.94	34.93				
	300m: 3:22.54	34.78	700m: 8:04.56	35.43	1100m: 12:51.45	35.93	1500m: 17:34.02	33.08				
	350m: 3:57.33	34.79	750m: 8:40.45	35.89	1150m: 13:27.43	35.98						
	400m: 4:32.15	34.82	800m: 9:16.03	35.58	1200m: 14:03.14	35.71						
12.	Gijs Hartwijk	ZVL-1886				200800573				17:34.46 +0,69	563	
	50m: 30.53	30.53	450m: 5:13.97	35.78	850m: 9:59.90	35.46	1250m: 14:44.24	34.99				
	100m: 1:04.79	34.26	500m: 5:49.93	35.96	900m: 10:35.80	35.90	1300m: 15:19.08	34.84				
	150m: 1:39.92	35.13	550m: 6:25.65	35.72	950m: 11:11.90	36.10	1350m: 15:54.06	34.98				
	200m: 2:15.45	35.53	600m: 7:01.48	35.83	1000m: 11:47.61	35.71	1400m: 16:28.50	34.44				
	250m: 2:51.19	35.74	650m: 7:37.31	35.83	1050m: 12:23.47	35.86	1450m: 17:02.86	34.36				
	300m: 3:26.76	35.57	700m: 8:13.44	36.13	1100m: 12:58.31	34.84	1500m: 17:34.46	31.60				
	350m: 4:02.33	35.57	750m: 8:48.90	35.46	1150m: 13:33.71	35.40						
	400m: 4:38.19	35.86	800m: 9:24.44	35.54	1200m: 14:09.25	35.54						
13.	Jere Wiersma	DZ&PC				200701037				17:34.87 +0,69	562	
	50m: 30.38	30.38	450m: 5:14.70	35.82	850m: 9:59.19	35.26	1250m: 14:40.30	35.32				
	100m: 1:04.38	34.00	500m: 5:50.95	36.25	900m: 10:34.39	35.20	1300m: 15:15.55	35.25				
	150m: 1:40.00	35.62	550m: 6:26.97	36.02	950m: 11:09.38	34.99	1350m: 15:50.62	35.07				
	200m: 2:15.72	35.72	600m: 7:02.67	35.70	1000m: 11:44.49	35.11	1400m: 16:26.36	35.74				
	250m: 2:51.51	35.79	650m: 7:37.99	35.32	1050m: 12:19.56	35.07	1450m: 17:01.67	35.31				
	300m: 3:27.14	35.63	700m: 8:13.75	35.76	1100m: 12:54.46	34.90	1500m: 17:34.87	33.20				
	350m: 4:03.06	35.92	750m: 8:48.69	34.94	1150m: 13:29.76	35.30						
	400m: 4:38.88	35.82	800m: 9:23.93	35.24	1200m: 14:04.98	35.22						
14.	Jorian Tanis	Feijenoord Albion Zwemclub				199900327				17:36.00 +0,76	561	
	50m: 30.16	30.16	450m: 5:10.08	35.69	850m: 9:54.80	35.65	1250m: 14:42.03	35.65				
	100m: 1:03.86	33.70	500m: 5:45.19	35.11	900m: 10:30.85	36.05	1300m: 15:18.07	36.04				
	150m: 1:38.73	34.87	550m: 6:20.96	35.77	950m: 11:06.69	35.84	1350m: 15:53.22	35.15				
	200m: 2:13.76	35.03	600m: 6:56.71	35.75	1000m: 11:42.63	35.94	1400m: 16:28.78	35.56				
	250m: 2:48.99	35.23	650m: 7:32.30	35.59	1050m: 12:18.45	35.82	1450m: 17:03.31	34.53				
	300m: 3:23.98	34.99	700m: 8:08.10	35.80	1100m: 12:54.83	36.38	1500m: 17:36.00	32.69				
	350m: 3:59.19	35.21	750m: 8:43.44	35.34	1150m: 13:30.48	35.65						
	400m: 4:34.39	35.20	800m: 9:19.15	35.71	1200m: 14:06.38	35.90						

Programmanr. 44, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para	
15.	Melle van Veen	Dedemsvaart-AC				200700661				17:45.40	+0,70	546	
	50m:	30.76	30.76	450m:	5:15.52	36.02	850m:	10:04.76	36.11	1250m:	14:51.13	35.97	
	100m:	1:05.55	34.79	500m:	5:51.70	36.18	900m:	10:40.54	35.78	1300m:	15:27.17	36.04	
	150m:	1:40.90	35.35	550m:	6:28.05	36.35	950m:	11:16.58	36.04	1350m:	16:03.20	36.03	
	200m:	2:16.52	35.62	600m:	7:04.73	36.68	1000m:	11:52.01	35.43	1400m:	16:37.97	34.77	
	250m:	2:51.81	35.29	650m:	7:40.63	35.90	1050m:	12:27.99	35.98	1450m:	17:12.54	34.57	
	300m:	3:27.83	36.02	700m:	8:16.99	36.36	1100m:	13:04.05	36.06	1500m:	17:45.40	32.86	
	350m:	4:03.34	35.51	750m:	8:52.78	35.79	1150m:	13:39.27	35.22				
	400m:	4:39.50	36.16	800m:	9:28.65	35.87	1200m:	14:15.16	35.89				
16.	Denzel Barthen	WVZ				200700147				17:46.16	+0,74	545	
	50m:	29.08	29.08	450m:	5:07.21	34.64	850m:	10:12.84	38.97	1250m:	14:55.42	37.00	
	100m:	1:01.70	32.62	500m:	5:44.12	36.91	900m:	10:50.89	38.05	1300m:	15:32.11	36.69	
	150m:	1:35.51	33.81	550m:	6:20.44	36.32	950m:	11:28.38	37.49	1350m:	16:09.05	36.94	
	200m:	2:09.83	34.32	600m:	6:57.96	37.52	1000m:	12:02.91	34.53	1400m:	16:45.79	36.74	
	250m:	2:44.66	34.83	650m:	7:36.64	38.68	1050m:	12:35.89	32.98	1450m:	17:15.90	30.11	
	300m:	3:19.61	34.95	700m:	8:16.17	39.53	1100m:	13:09.62	33.73	1500m:	17:46.16	30.26	
	350m:	3:56.22	36.61	750m:	8:54.51	38.34	1150m:	13:42.49	32.87				
	400m:	4:32.57	36.35	800m:	9:33.87	39.36	1200m:	14:18.42	35.93				
17.	Ruben de Vries	Hellas-Glana				200600497				17:53.43	+0,70	534	
	50m:	31.02	31.02	450m:	5:16.64	36.15	850m:	10:04.96	35.61	1250m:	14:52.46	36.38	
	100m:	1:06.00	34.98	500m:	5:52.87	36.23	900m:	10:41.02	36.06	1300m:	15:28.94	36.48	
	150m:	1:41.09	35.09	550m:	6:29.18	36.31	950m:	11:16.76	35.74	1350m:	16:05.95	37.01	
	200m:	2:17.02	35.93	600m:	7:05.82	36.64	1000m:	11:52.75	35.99	1400m:	16:42.14	36.19	
	250m:	2:52.39	35.37	650m:	7:41.72	35.90	1050m:	12:28.54	35.79	1450m:	17:18.61	36.47	
	300m:	3:28.52	36.13	700m:	8:17.93	36.21	1100m:	13:04.37	35.83	1500m:	17:53.43	34.82	
	350m:	4:03.98	35.46	750m:	8:53.69	35.76	1150m:	13:40.14	35.77				
	400m:	4:40.49	36.51	800m:	9:29.35	35.66	1200m:	14:16.08	35.94				
18.	Julian Hendriks	TeamNL PARA - De Otters Het Go				200603717				S7	20:54.62	+0,81	334
	Nederlands Record PARA												
	50m:	37.65	37.65	450m:	6:04.12	41.47	850m:	11:44.63	43.30	1250m:	17:28.18	43.98	
	100m:	1:16.52	38.87	500m:	6:45.72	41.60	900m:	12:27.06	42.43	1300m:	18:10.32	42.14	
	150m:	1:57.02	40.50	550m:	7:28.35	42.63	950m:	13:10.23	43.17	1350m:	18:51.85	41.53	
	200m:	2:37.66	40.64	600m:	8:10.54	42.19	1000m:	13:51.69	41.46	1400m:	19:33.29	41.44	
	250m:	3:18.46	40.80	650m:	8:53.40	42.86	1050m:	14:35.52	43.83	1450m:	20:15.22	41.93	
	300m:	3:59.65	41.19	700m:	9:35.84	42.44	1100m:	15:18.74	43.22	1500m:	20:54.62	39.40	
	350m:	4:41.03	41.38	750m:	10:18.76	42.92	1150m:	16:01.57	42.83				
	400m:	5:22.65	41.62	800m:	11:01.33	42.57	1200m:	16:44.20	42.63				
NG	Julian Prummel	De Otters Het Gooi				200501731							