

Programmanr. 1
13-6-2024 - 17:29

Dames, 400m vrije slag

Senioren Open
Resultaten Finale

Punten: FINA 2024

rang	naam	vereniging	tijd	RT	FINA	para
Finale A						
1.	Janna van Kooten	Team NL - ZPC Hoogeveen	200404584	4:12.42	+0,71	810
	50m: 29.34	29.34 150m: 1:33.83	32.39	250m: 2:38.86	32.40	350m: 3:41.76
	100m: 1:01.44	32.10 200m: 2:06.46	32.63	300m: 3:10.73	31.87	400m: 4:12.42
2.	Imani de Jong	Team NL - PSV	200200464	4:14.42	+0,70	791
	50m: 29.33	29.33 150m: 1:33.79	32.42	250m: 2:38.96	32.58	350m: 3:43.22
	100m: 1:01.37	32.04 200m: 2:06.38	32.59	300m: 3:11.51	32.55	400m: 4:14.42
3.	Angelina Rolman	Team NL - De Dolfijn	200701972	4:17.44	+0,71	764
	50m: 29.68	29.68 150m: 1:35.20	32.82	250m: 2:40.95	32.84	350m: 3:46.02
	100m: 1:02.38	32.70 200m: 2:08.11	32.91	300m: 3:13.52	32.57	400m: 4:17.44
4.	Serena Stel	De Dolfijn	199801528	4:20.28	+0,69	739
	50m: 29.70	29.70 150m: 1:35.76	33.46	250m: 2:42.04	33.15	350m: 3:47.62
	100m: 1:02.30	32.60 200m: 2:08.89	33.13	300m: 3:15.10	33.06	400m: 4:20.28
5.	Hedwig Bolt	HZ&PC Heerenveen	200602660	4:21.60	+0,79	728
	50m: 30.15	30.15 150m: 1:36.46	33.09	250m: 2:43.18	33.18	350m: 3:49.65
	100m: 1:03.37	33.22 200m: 2:10.00	33.54	300m: 3:16.62	33.44	400m: 4:21.60
6.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	4:24.49	+0,74	704
	50m: 30.14	30.14 150m: 1:36.07	33.27	250m: 2:43.39	33.65	350m: 3:51.18
	100m: 1:02.80	32.66 200m: 2:09.74	33.67	300m: 3:17.17	33.78	400m: 4:24.49
7.	Frouke Ludwig	DZ&PC	200800112	4:26.97	+0,72	685
	50m: 30.57	30.57 150m: 1:37.98	34.21	250m: 2:45.57	33.60	350m: 3:53.75
	100m: 1:03.77	33.20 200m: 2:11.97	33.99	300m: 3:19.39	33.82	400m: 4:26.97
8.	Julie van Nispen	Nuenen	200800290	4:27.91	+0,70	678
	50m: 30.34	30.34 150m: 1:37.67	33.91	250m: 2:46.04	34.38	350m: 3:54.58
	100m: 1:03.76	33.42 200m: 2:11.66	33.99	300m: 3:20.36	34.32	400m: 4:27.91
Finale B						
9.	Nikita van den Ouden	PSV	199900622	4:29.60	+0,76	665
	50m: 30.42	30.42 150m: 1:38.55	34.38	250m: 2:47.62	34.16	350m: 3:56.68
	100m: 1:04.17	33.75 200m: 2:13.46	34.91	300m: 3:22.34	34.72	400m: 4:29.60
10.	Bregje Dekkers	PSV	200900746	4:30.22	+0,72	660
	50m: 31.25	31.25 150m: 1:39.64	34.52	250m: 2:48.76	34.52	350m: 3:57.77
	100m: 1:05.12	33.87 200m: 2:14.24	34.60	300m: 3:23.32	34.56	400m: 4:30.22
11.	Merel Schravendijk	Blue Marlins	200503382	4:31.45	+0,75	651
	50m: 30.75	30.75 150m: 1:38.05	33.89	250m: 2:47.17	34.58	350m: 3:57.34
	100m: 1:04.16	33.41 200m: 2:12.59	34.54	300m: 3:22.18	35.01	400m: 4:31.45
12.	Alysha de Jong	ZPCH	200400086	4:36.17	+0,81	619
	50m: 30.97	30.97 150m: 1:40.17	35.04	250m: 2:51.46	35.84	350m: 4:02.70
	100m: 1:05.13	34.16 200m: 2:15.62	35.45	300m: 3:27.45	35.99	400m: 4:36.17
13.	Laura van Etten	HZ&PC Heerenveen	200800264	4:37.27	+0,83	611
	50m: 31.46	31.46 150m: 1:42.83	36.17	250m: 2:52.12	35.08	350m: 4:02.72
	100m: 1:06.66	35.20 200m: 2:17.04	34.21	300m: 3:27.39	35.27	400m: 4:37.27
14.	Myrthe Natzijs	DZ&PC	200400076	4:37.69	+0,79	609
	50m: 31.49	31.49 150m: 1:40.81	34.94	250m: 2:51.96	35.60	350m: 4:03.26
	100m: 1:05.87	34.38 200m: 2:16.36	35.55	300m: 3:27.83	35.87	400m: 4:37.69
15.	Amé Hulleman	DZ&PC	200202794	4:38.51	+0,81	603
	50m: 31.13	31.13 150m: 1:40.32	34.91	250m: 2:51.10	35.50	350m: 4:02.91
	100m: 1:05.41	34.28 200m: 2:15.60	35.28	300m: 3:26.74	35.64	400m: 4:38.51
16.	Lynn Blommers	Blue Marlins	200105062	4:40.73	+0,72	589
	50m: 31.13	31.13 150m: 1:41.55	35.66	250m: 2:53.94	36.27	350m: 4:06.03
	100m: 1:05.89	34.76 200m: 2:17.67	36.12	300m: 3:30.37	36.43	400m: 4:40.73