

Programmanr. 14
14-6-2024 - 9:47

Dames, 400m wisselslag

Senioren Open
Resultaten Voorronde

Punten: FINA 2024

rang	naam	vereniging	tijd	RT	FINA	para
Jeugd 1 en 2						
1.	Dachen Haaijer	ZPC Hoogeveen	200800380	5:03.88	+0,86	A 669
	50m: 32.48	32.48 150m: 1:50.14	39.31 250m: 3:11.60	44.03 350m: 4:30.32		35.22
	100m: 1:10.83	38.35 200m: 2:27.57	37.43 300m: 3:55.10	43.50 400m: 5:03.88		33.56
2.	Frouke Ludwig	DZ&PC	200800112	5:04.45	+0,73	A 665
	50m: 31.69	31.69 150m: 1:47.15	38.65 250m: 3:10.56	45.82 350m: 4:30.98		34.28
	100m: 1:08.50	36.81 200m: 2:24.74	37.59 300m: 3:56.70	46.14 400m: 5:04.45		33.47
3.	Rhodee van den Ham	De Duinkickers	200700090	5:06.74	+0,72	A 651
	50m: 32.24	32.24 150m: 1:49.73	39.99 250m: 3:12.80	42.79 350m: 4:33.13		36.34
	100m: 1:09.74	37.50 200m: 2:30.01	40.28 300m: 3:56.79	43.99 400m: 5:06.74		33.61
4.	Laura van Etten	HZ&PC Heerenveen	200800264	5:08.61	+0,78	A 639
	50m: 31.54	31.54 150m: 1:48.57	39.00 250m: 3:12.05	46.06 350m: 4:33.93		34.79
	100m: 1:09.57	38.03 200m: 2:25.99	37.42 300m: 3:59.14	47.09 400m: 5:08.61		34.68
5.	Jade van der Schrier	AZC	200800692	5:11.52	+0,76	B 621
	50m: 32.02	32.02 150m: 1:50.47	39.43 250m: 3:15.93	46.34 350m: 4:37.61		35.08
	100m: 1:11.04	39.02 200m: 2:29.59	39.12 300m: 4:02.53	46.60 400m: 5:11.52		33.91
6.	Meyke v. Nimwegen	De Schotejil	200800106	5:20.74	+0,75	R 569
	50m: 32.65	32.65 150m: 1:53.22	41.52 250m: 3:18.46	44.49 350m: 4:43.06		38.24
	100m: 1:11.70	39.05 200m: 2:33.97	40.75 300m: 4:04.82	46.36 400m: 5:20.74		37.68
7.	Ylva Konings	PSV	200700148	5:24.03	+0,72	552
	50m: 33.90	33.90 150m: 1:56.53	42.33 250m: 3:24.70	47.03 350m: 4:48.29		36.60
	100m: 1:14.20	40.30 200m: 2:37.67	41.14 300m: 4:11.69	46.99 400m: 5:24.03		35.74
8.	Lyke Bellert	Octopus-ZVV (SG)	200701424	5:28.79	+0,71	528
	50m: 32.84	32.84 150m: 1:53.77	41.51 250m: 3:22.57	47.57 350m: 4:51.30		40.50
	100m: 1:12.26	39.42 200m: 2:35.00	41.23 300m: 4:10.80	48.23 400m: 5:28.79		37.49
9.	Emmelien Smelt	ZVZ	200800012	5:29.63	+0,80	524
	50m: 32.53	32.53 150m: 1:54.91	43.63 250m: 3:24.21	46.60 350m: 4:52.05		39.60
	100m: 1:11.28	38.75 200m: 2:37.61	42.70 300m: 4:12.45	48.24 400m: 5:29.63		37.58
10.	Britt Colijn	New Wave Almere	200700544	5:31.44	+0,78	516
	50m: 33.74	33.74 150m: 1:55.22	41.89 250m: 3:25.30	48.45 350m: 4:53.96		39.30
	100m: 1:13.33	39.59 200m: 2:36.85	41.63 300m: 4:14.66	49.36 400m: 5:31.44		37.48
11.	Julia Agricola	DZ&PC	200800266	5:31.88	+0,76	514
	50m: 33.36	33.36 150m: 1:57.59	44.86 250m: 3:27.60	47.33 350m: 4:54.76		39.26
	100m: 1:12.73	39.37 200m: 2:40.27	42.68 300m: 4:15.50	47.90 400m: 5:31.88		37.12
12.	Eline van Rijn	DAW	200700918	5:33.59	+0,73	506
	50m: 33.08	33.08 150m: 1:58.76	43.91 250m: 3:28.66	47.61 350m: 4:56.78		39.31
	100m: 1:14.85	41.77 200m: 2:41.05	42.29 300m: 4:17.47	48.81 400m: 5:33.59		36.81
13.	Féline Sam	ZVZ	200700018	5:38.45	+0,78	484
	50m: 32.48	32.48 150m: 1:57.69	43.70 250m: 3:30.18	50.22 350m: 5:01.56		39.33
	100m: 1:13.99	41.51 200m: 2:39.96	42.27 300m: 4:22.23	52.05 400m: 5:38.45		36.89
AFGEM	Mila Oomens	NieMo Barracuda	200700016			
AFGEM	Ilana Gentile	Orca	200801558			

Senioren 1 en 2

1.	Djanilla Brink	De Dolfijn	200600988	4:58.46	+0,81	A 706
	50m: 31.42	31.42 150m: 1:49.06	40.62 250m: 3:08.77	39.06 350m: 4:24.60		34.96
	100m: 1:08.44	37.02 200m: 2:29.71	40.65 300m: 3:49.64	40.87 400m: 4:58.46		33.86
2.	Hedwig Bolt	HZ&PC Heerenveen	200602660	5:01.03	+0,80	A 688
	50m: 31.28	31.28 150m: 1:48.96	40.84 250m: 3:11.03	42.55 350m: 4:28.30		34.29
	100m: 1:08.12	36.84 200m: 2:28.48	39.52 300m: 3:54.01	42.98 400m: 5:01.03		32.73
3.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	5:13.37	+0,72	B 610
	50m: 31.41	31.41 150m: 1:49.37	41.55 250m: 3:15.98	47.16 350m: 4:40.18		35.16
	100m: 1:07.82	36.41 200m: 2:28.82	39.45 300m: 4:05.02	49.04 400m: 5:13.37		33.19
4.	Merel Schravendijk	Blue Marlins	200503382	5:15.01	+0,77	B 601
	50m: 32.49	32.49 150m: 1:54.20	42.65 250m: 3:19.41	44.10 350m: 4:40.81		35.10
	100m: 1:11.55	39.06 200m: 2:35.31	41.11 300m: 4:05.71	46.30 400m: 5:15.01		34.20
5.	Marlies Dijsselhof	Dedemsvaart-AC	200601046	5:38.83	+0,78	483
	50m: 34.84	34.84 150m: 2:00.66	42.59 250m: 3:29.75	47.91 350m: 4:59.32		41.30
	100m: 1:18.07	43.23 200m: 2:41.84	41.18 300m: 4:18.02	48.27 400m: 5:38.83		39.51

Programmanr. 14, Dames, 400m wisselslag, Voorronde

Senioren Open

1.	Djanilla Brink	De Dolfijn	200600988	4:58.46	+0,81	A	706
	50m: 31.42	31.42 150m: 1:49.06	40.62 250m: 3:08.77	39.06 350m: 4:24.60			34.96
	100m: 1:08.44	37.02 200m: 2:29.71	40.65 300m: 3:49.64	40.87 400m: 4:58.46			33.86
2.	Hedwig Bolt	HZ&PC Heerenveen	200602660	5:01.03	+0,80	A	688
	50m: 31.28	31.28 150m: 1:48.96	40.84 250m: 3:11.03	42.55 350m: 4:28.30			34.29
	100m: 1:08.12	36.84 200m: 2:28.48	39.52 300m: 3:54.01	42.98 400m: 5:01.03			32.73
3.	Kim Jansen van Galen	PSV	200201594	5:03.31	+0,73	A	673
	50m: 30.63	30.63 150m: 1:49.10	42.75 250m: 3:12.07	41.02 350m: 4:30.23			34.40
	100m: 1:06.35	35.72 200m: 2:31.05	41.95 300m: 3:55.83	43.76 400m: 5:03.31			33.08
	Nikita van den Ouden	PSV	199900622	5:03.31	+0,74	A	673
	50m: 30.26	30.26 150m: 1:46.66	40.56 250m: 3:09.47	43.58 350m: 4:29.61			35.69
	100m: 1:06.10	35.84 200m: 2:25.89	39.23 300m: 3:53.92	44.45 400m: 5:03.31			33.70
5.	Dachen Haaijer	ZPC Hoogeveen	200800380	5:03.88	+0,86	A	669
	50m: 32.48	32.48 150m: 1:50.14	39.31 250m: 3:11.60	44.03 350m: 4:30.32			35.22
	100m: 1:10.83	38.35 200m: 2:27.57	37.43 300m: 3:55.10	43.50 400m: 5:03.88			33.56
6.	Frouke Ludwig	DZ&PC	200800112	5:04.45	+0,73	A	665
	50m: 31.69	31.69 150m: 1:47.15	38.65 250m: 3:10.56	45.82 350m: 4:30.98			34.28
	100m: 1:08.50	36.81 200m: 2:24.74	37.59 300m: 3:56.70	46.14 400m: 5:04.45			33.47
7.	Rhodee van den Ham	De Duinkickers	200700090	5:06.74	+0,72	A	651
	50m: 32.24	32.24 150m: 1:49.73	39.99 250m: 3:12.80	42.79 350m: 4:33.13			36.34
	100m: 1:09.74	37.50 200m: 2:30.01	40.28 300m: 3:56.79	43.99 400m: 5:06.74			33.61
8.	Laura van Etten	HZ&PC Heerenveen	200800264	5:08.61	+0,78	A	639
	50m: 31.54	31.54 150m: 1:48.57	39.00 250m: 3:12.05	46.06 350m: 4:33.93			34.79
	100m: 1:09.57	38.03 200m: 2:25.99	37.42 300m: 3:59.14	47.09 400m: 5:08.61			34.68
9.	Maaïke Issard	DZ&PC	200300022	5:09.46	+0,78	B	634
	50m: 31.47	31.47 150m: 1:46.41	38.92 250m: 3:10.85	45.47 350m: 4:33.52			36.78
	100m: 1:07.49	36.02 200m: 2:25.38	38.97 300m: 3:56.74	45.89 400m: 5:09.46			35.94
10.	Jade van der Schrier	AZC	200800692	5:11.52	+0,76	B	621
	50m: 32.02	32.02 150m: 1:50.47	39.43 250m: 3:15.93	46.34 350m: 4:37.61			35.08
	100m: 1:11.04	39.02 200m: 2:29.59	39.12 300m: 4:02.53	46.60 400m: 5:11.52			33.91
11.	Fay Boxum	DZ&PC	200900060	5:11.82	+0,78	B	619
	50m: 32.51	32.51 150m: 1:50.54	38.69 250m: 3:13.32	44.51 350m: 4:36.12			36.93
	100m: 1:11.85	39.34 200m: 2:28.81	38.27 300m: 3:59.19	45.87 400m: 5:11.82			35.70
12.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	5:12.90	+0,74	B	613
	50m: 30.40	30.40 150m: 1:46.04	38.46 250m: 3:11.59	46.14 350m: 4:37.06			38.35
	100m: 1:07.58	37.18 200m: 2:25.45	39.41 300m: 3:58.71	47.12 400m: 5:12.90			35.84
13.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	5:13.37	+0,72	B	610
	50m: 31.41	31.41 150m: 1:49.37	41.55 250m: 3:15.98	47.16 350m: 4:40.18			35.16
	100m: 1:07.82	36.41 200m: 2:28.82	39.45 300m: 4:05.02	49.04 400m: 5:13.37			33.19
14.	Merel Schravendijk	Blue Marlins	200503382	5:15.01	+0,77	B	601
	50m: 32.49	32.49 150m: 1:54.20	42.65 250m: 3:19.41	44.10 350m: 4:40.81			35.10
	100m: 1:11.55	39.06 200m: 2:35.31	41.11 300m: 4:05.71	46.30 400m: 5:15.01			34.20
15.	Robin Goossens	Nuenen	200003128	5:15.45	+0,80	B	598
	50m: 32.76	32.76 150m: 1:55.15	43.24 250m: 3:18.98	42.49 350m: 4:39.59			38.74
	100m: 1:11.91	39.15 200m: 2:36.49	41.34 300m: 4:00.85	41.87 400m: 5:15.45			35.86
16.	Elin Ditewig	VZC	200900392	5:16.22	+0,60	B	594
	50m: 31.37	31.37 150m: 1:48.36	40.51 250m: 3:15.23	46.86 350m: 4:39.55			37.09
	100m: 1:07.85	36.48 200m: 2:28.37	40.01 300m: 4:02.46	47.23 400m: 5:16.22			36.67
17.	Isa Schellekens	Z&PC Zegenwerp	200002330	5:17.95	+0,80	R	584
	50m: 33.72	33.72 150m: 1:54.83	40.57 250m: 3:19.92	45.84 350m: 4:42.36			36.28
	100m: 1:14.26	40.54 200m: 2:34.08	39.25 300m: 4:06.08	46.16 400m: 5:17.95			35.59
18.	Meyke v. Nimwegen	De Schotejil	200800106	5:20.74	+0,75	R	569
	50m: 32.65	32.65 150m: 1:53.22	41.52 250m: 3:18.46	44.49 350m: 4:43.06			38.24
	100m: 1:11.70	39.05 200m: 2:33.97	40.75 300m: 4:04.82	46.36 400m: 5:20.74			37.68
19.	Angelique van Vark	GZC DONK	199701478	5:21.13	+0,70		567
	50m: 32.77	32.77 150m: 1:54.79	41.70 250m: 3:26.01	49.69 350m: 4:47.48			35.68
	100m: 1:13.09	40.32 200m: 2:36.32	41.53 300m: 4:11.80	45.79 400m: 5:21.13			33.65
20.	Mara Bosman	Blue Marlins	200303048	5:23.61	+0,61		554
	50m: 33.38	33.38 150m: 1:55.15	41.79 250m: 3:23.66	47.16 350m: 4:47.97			36.47
	100m: 1:13.36	39.98 200m: 2:36.50	41.35 300m: 4:11.50	47.84 400m: 5:23.61			35.64
21.	Kim Zwinkels	ZPCH	200300422	5:23.86	+0,78		553
	50m: 31.85	31.85 150m: 1:50.65	42.16 250m: 3:20.37	48.26 350m: 4:47.75			38.71
	100m: 1:08.49	36.64 200m: 2:32.11	41.46 300m: 4:09.04	48.67 400m: 5:23.86			36.11

Programmanr. 14, Dames, 400m wisselslag, Voorronde, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
22.	Ylva Konings	PSV				200700148				5:24.03	+0,72	552
	50m: 33.90	33.90	150m: 1:56.53	42.33	250m: 3:24.70	47.03	350m: 4:48.29	46.99	400m: 5:24.03		36.60	
	100m: 1:14.20	40.30	200m: 2:37.67	41.14	300m: 4:11.69						35.74	
23.	Luus Gielens	PSV				200900138				5:24.13 *	+0,83	551
	50m: 33.37	33.37	150m: 1:53.55	41.88	250m: 3:21.23	47.13	350m: 4:47.00	47.32	400m: 5:24.13		38.45	
	100m: 1:11.67	38.30	200m: 2:34.10	40.55	300m: 4:08.55						37.13	
24.	Meike van de Ree	HZPC				200402646				5:26.14	+0,78	541
	50m: 34.94	34.94	150m: 1:57.91	40.76	250m: 3:24.83	46.84	350m: 4:49.56	47.19	400m: 5:26.14		37.54	
	100m: 1:17.15	42.21	200m: 2:37.99	40.08	300m: 4:12.02						36.58	
25.	Lyke Bellert	Octopus-ZVV (SG)				200701424				5:28.79	+0,71	528
	50m: 32.84	32.84	150m: 1:53.77	41.51	250m: 3:22.57	47.57	350m: 4:51.30	48.23	400m: 5:28.79		40.50	
	100m: 1:12.26	39.42	200m: 2:35.00	41.23	300m: 4:10.80						37.49	
26.	Emmelien Smelt	ZVZ				200800012				5:29.63	+0,80	524
	50m: 32.53	32.53	150m: 1:54.91	43.63	250m: 3:24.21	46.60	350m: 4:52.05	48.24	400m: 5:29.63		39.60	
	100m: 1:11.28	38.75	200m: 2:37.61	42.70	300m: 4:12.45						37.58	
27.	Valesca van den Bogert	Hieronymus				200102138				5:30.66	+0,77	519
	50m: 34.86	34.86	150m: 2:01.10	45.67	250m: 3:32.20	46.07	350m: 4:54.46	45.17	400m: 5:30.66		37.09	
	100m: 1:15.43	40.57	200m: 2:46.13	45.03	300m: 4:17.37						36.20	
28.	Britt Colijn	New Wave Almere				200700544				5:31.44	+0,78	516
	50m: 33.74	33.74	150m: 1:55.22	41.89	250m: 3:25.30	48.45	350m: 4:53.96	49.36	400m: 5:31.44		39.30	
	100m: 1:13.33	39.59	200m: 2:36.85	41.63	300m: 4:14.66						37.48	
29.	Julia Agricola	DZ&PC				200800266				5:31.88	+0,76	514
	50m: 33.36	33.36	150m: 1:57.59	44.86	250m: 3:27.60	47.33	350m: 4:54.76	47.90	400m: 5:31.88		39.26	
	100m: 1:12.73	39.37	200m: 2:40.27	42.68	300m: 4:15.50						37.12	
30.	Eline van Rijn	DAW				200700918				5:33.59	+0,73	506
	50m: 33.08	33.08	150m: 1:58.76	43.91	250m: 3:28.66	47.61	350m: 4:56.78	48.81	400m: 5:33.59		39.31	
	100m: 1:14.85	41.77	200m: 2:41.05	42.29	300m: 4:17.47						36.81	
31.	Féline Sam	ZVZ				200700018				5:38.45	+0,78	484
	50m: 32.48	32.48	150m: 1:57.69	43.70	250m: 3:30.18	50.22	350m: 5:01.56	52.05	400m: 5:38.45		39.33	
	100m: 1:13.99	41.51	200m: 2:39.96	42.27	300m: 4:22.23						36.89	
32.	Marlies Dijsselhof	Dedemsvaart-AC				200601046				5:38.83	+0,78	483
	50m: 34.84	34.84	150m: 2:00.66	42.59	250m: 3:29.75	47.91	350m: 4:59.32	48.27	400m: 5:38.83		41.30	
	100m: 1:18.07	43.23	200m: 2:41.84	41.18	300m: 4:18.02						39.51	
AFGEM	Mila Oomens	NieMo Barracuda				200700016						
AFGEM	Ilana Gentile	Orca				200801558						
AFGEM	Dominique Dingshoff	ZPC Hoogeveen				200400804						