

Programmanr. 42
 19-6-2022 - 18:36

Heren, 1500m vrije slag

 Senioren Open
 Resultaten

Punten: FINA 2022

rang	naam	vereniging	tijd	RT	FINA	para
Jeugd 1 en 2						
1.	Efe öngören	Blue Marlins (SG)	200504459	16:18.25	+0,69	705
	50m: 28.67	28.67	450m: 4:49.33	32.70	850m: 9:11.66	33.26
	100m: 1:00.63	31.96	500m: 5:21.69	32.36	900m: 9:44.54	32.88
	150m: 1:33.83	33.20	550m: 5:54.13	32.44	950m: 10:18.11	33.57
	200m: 2:06.32	32.49	600m: 6:27.13	33.00	1000m: 10:50.39	32.28
	250m: 2:39.39	33.07	650m: 7:00.23	33.10	1050m: 11:23.51	33.12
	300m: 3:11.81	32.42	700m: 7:32.63	32.40	1100m: 11:56.32	32.81
	350m: 3:44.15	32.34	750m: 8:05.85	33.22	1150m: 12:30.09	33.77
	400m: 4:16.63	32.48	800m: 8:38.40	32.55	1200m: 13:02.91	32.82
2.	Émile Fouzaï	Blue Marlins (SG)	200500263	16:25.65	+0,77	690
	50m: 28.98	28.98	450m: 4:48.96	32.61	850m: 9:14.27	33.40
	100m: 1:00.98	32.00	500m: 5:21.97	33.01	900m: 9:47.52	33.25
	150m: 1:33.44	32.46	550m: 5:54.85	32.88	950m: 10:20.95	33.43
	200m: 2:06.12	32.68	600m: 6:27.89	33.04	1000m: 10:54.42	33.47
	250m: 2:38.53	32.41	650m: 7:00.92	33.03	1050m: 11:28.07	33.65
	300m: 3:11.03	32.50	700m: 7:34.17	33.25	1100m: 12:01.18	33.11
	350m: 3:43.77	32.74	750m: 8:07.47	33.30	1150m: 12:34.42	33.24
	400m: 4:16.35	32.58	800m: 8:40.87	33.40	1200m: 13:07.77	33.35
3.	Quinn Heederik	ZPC Hoogeveen	200400093	17:02.96	+0,76	617
	50m: 30.06	30.06	450m: 5:03.13	34.49	850m: 9:39.07	34.50
	100m: 1:03.20	33.14	500m: 5:37.68	34.55	900m: 10:13.49	34.42
	150m: 1:36.78	33.58	550m: 6:12.01	34.33	950m: 10:47.61	34.12
	200m: 2:10.91	34.13	600m: 6:46.49	34.48	1000m: 11:22.25	34.64
	250m: 2:45.00	34.09	650m: 7:20.44	33.95	1050m: 11:56.69	34.44
	300m: 3:19.73	34.73	700m: 7:55.67	35.23	1100m: 12:31.49	34.80
	350m: 3:53.94	34.21	750m: 8:29.87	34.20	1150m: 13:06.00	34.51
	400m: 4:28.64	34.70	800m: 9:04.57	34.70	1200m: 13:40.47	34.47
4.	Rens Stijf	ZPC AMERSFOORT	200501419	17:17.93	+0,61	590
	50m: 30.18	30.18	450m: 5:05.05	34.84	850m: 9:45.59	35.08
	100m: 1:03.35	33.17	500m: 5:40.22	35.17	900m: 10:20.68	35.09
	150m: 1:37.13	33.78	550m: 6:14.87	34.65	950m: 10:55.58	34.90
	200m: 2:11.39	34.26	600m: 6:49.94	35.07	1000m: 11:30.88	35.30
	250m: 2:45.82	34.43	650m: 7:25.22	35.28	1050m: 12:05.70	34.82
	300m: 3:20.67	34.85	700m: 8:00.50	35.28	1100m: 12:40.84	35.14
	350m: 3:55.23	34.56	750m: 8:35.54	35.04	1150m: 13:15.60	34.76
	400m: 4:30.21	34.98	800m: 9:10.51	34.97	1200m: 13:50.91	35.31
5.	Koen Vissers	PSV	200401429	17:38.71	+0,71	556
	50m: 30.22	30.22	450m: 5:08.77	35.70	850m: 9:58.65	35.74
	100m: 1:03.45	33.23	500m: 5:45.32	36.55	900m: 10:34.87	36.22
	150m: 1:37.26	33.81	550m: 6:21.57	36.25	950m: 11:11.09	36.22
	200m: 2:11.85	34.59	600m: 6:57.82	36.25	1000m: 11:46.68	35.59
	250m: 2:46.53	34.68	650m: 7:34.18	36.36	1050m: 12:22.30	35.62
	300m: 3:21.88	35.35	700m: 8:11.05	36.87	1100m: 12:57.96	35.66
	350m: 3:57.34	35.46	750m: 8:46.96	35.91	1150m: 13:33.58	35.62
	400m: 4:33.07	35.73	800m: 9:22.91	35.95	1200m: 14:09.52	35.94
6.	Luc Kerpels	ZPC Hoogeveen	200503015	17:55.68	+0,75	530
	50m: 31.49	31.49	450m: 5:14.73	36.14	850m: 10:05.19	36.24
	100m: 1:05.68	34.19	500m: 5:50.72	35.99	900m: 10:41.70	36.51
	150m: 1:40.66	34.98	550m: 6:27.34	36.62	950m: 11:17.55	35.85
	200m: 2:15.85	35.19	600m: 7:03.66	36.32	1000m: 11:54.08	36.53
	250m: 2:51.31	35.46	650m: 7:39.71	36.05	1050m: 12:30.15	36.07
	300m: 3:26.70	35.39	700m: 8:15.81	36.10	1100m: 13:06.90	36.75
	350m: 4:02.74	36.04	750m: 8:52.42	36.61	1150m: 13:43.58	36.68
	400m: 4:38.59	35.85	800m: 9:28.95	36.53	1200m: 14:20.20	36.62
7.	Justin Steenkamp	PSV	200404133	17:59.72	+0,66	524
	50m: 30.27	30.27	450m: 5:14.46	36.30	850m: 10:06.69	36.35
	100m: 1:04.25	33.98	500m: 5:51.53	37.07	900m: 10:42.84	36.15
	150m: 1:38.85	34.60	550m: 6:28.06	36.53	950m: 11:19.43	36.59
	200m: 2:13.80	34.95	600m: 7:04.37	36.31	1000m: 11:55.98	36.55
	250m: 2:49.70	35.90	650m: 7:40.45	36.08	1050m: 12:32.69	36.71
	300m: 3:25.58	35.88	700m: 8:17.03	36.58	1100m: 13:08.61	35.92
	350m: 4:01.55	35.97	750m: 8:53.89	36.86	1150m: 13:45.14	36.53
	400m: 4:38.16	36.61	800m: 9:30.34	36.45	1200m: 14:21.51	36.37

Senioren 1 en 2

Programmanr. 42, Heren, 1500m vrije slag, Senioren 1 en 2

rang	naam	vereniging				tijd	RT	FINA	para
1.	Lucas Peters	Nextline Swimming		200301325		15:34.32	+0,73	810	
	50m: 28.38	28.38	450m: 4:37.44	31.02	850m: 8:48.52	31.55	1250m: 13:02.26	31.68	
	100m: 59.53	31.15	500m: 5:08.70	31.26	900m: 9:20.32	31.80	1300m: 13:33.77	31.51	
	150m: 1:30.64	31.11	550m: 5:39.88	31.18	950m: 9:52.12	31.80	1350m: 14:05.06	31.29	
	200m: 2:01.89	31.25	600m: 6:11.30	31.42	1000m: 10:23.96	31.84	1400m: 14:36.13	31.07	
	250m: 2:32.92	31.03	650m: 6:42.49	31.19	1050m: 10:55.60	31.64	1450m: 15:06.07	29.94	
	300m: 3:04.06	31.14	700m: 7:13.93	31.44	1100m: 11:27.21	31.61	1500m: 15:34.32	28.25	
	350m: 3:35.18	31.12	750m: 7:45.39	31.46	1150m: 11:58.92	31.71			
	400m: 4:06.42	31.24	800m: 8:16.97	31.58	1200m: 12:30.58	31.66			
2.	Lleyton Plattel	PSV		200204993		15:56.01	+0,68	756	
	50m: 28.48	28.48	450m: 4:42.83	32.04	850m: 8:59.32	32.20	1250m: 13:16.62	31.88	
	100m: 59.89	31.41	500m: 5:14.63	31.80	900m: 9:31.71	32.39	1300m: 13:49.19	32.57	
	150m: 1:32.07	32.18	550m: 5:46.54	31.91	950m: 10:03.62	31.91	1350m: 14:20.58	31.39	
	200m: 2:03.98	31.91	600m: 6:18.84	32.30	1000m: 10:36.02	32.40	1400m: 14:52.58	32.00	
	250m: 2:35.36	31.38	650m: 6:50.84	32.00	1050m: 11:08.25	32.23	1450m: 15:24.43	31.85	
	300m: 3:06.89	31.53	700m: 7:22.94	32.10	1100m: 11:40.80	32.55	1500m: 15:56.01	31.58	
	350m: 3:38.62	31.73	750m: 7:54.84	31.90	1150m: 12:12.58	31.78			
	400m: 4:10.79	32.17	800m: 8:27.12	32.28	1200m: 12:44.74	32.16			
3.	Joris Janssen	PSV		200301311		16:52.43	+0,76	636	
	50m: 28.65	28.65	450m: 4:57.40	34.08	850m: 9:30.45	34.45	1250m: 14:04.16	33.95	
	100m: 1:01.00	32.35	500m: 5:31.38	33.98	900m: 10:04.54	34.09	1300m: 14:38.09	33.88	
	150m: 1:34.30	33.30	550m: 6:05.33	33.95	950m: 10:39.05	34.51	1350m: 15:11.98	33.94	
	200m: 2:08.24	33.94	600m: 6:39.63	34.30	1000m: 11:13.19	34.14	1400m: 15:46.24	34.26	
	250m: 2:41.49	33.25	650m: 7:13.72	34.09	1050m: 11:47.79	34.60	1450m: 16:19.93	33.69	
	300m: 3:15.60	34.11	700m: 7:47.76	34.04	1100m: 12:21.81	34.02	1500m: 16:52.43	32.50	
	350m: 3:49.40	33.80	750m: 8:21.79	34.03	1150m: 12:56.00	34.19			
	400m: 4:23.32	33.92	800m: 8:56.00	34.21	1200m: 13:30.21	34.21			
NG	Thijn Damen	PSV		200300973					
Senioren Open									
1.	Lucas Peters	Nextline Swimming		200301325		15:34.32	+0,73	810	
	50m: 28.38	28.38	450m: 4:37.44	31.02	850m: 8:48.52	31.55	1250m: 13:02.26	31.68	
	100m: 59.53	31.15	500m: 5:08.70	31.26	900m: 9:20.32	31.80	1300m: 13:33.77	31.51	
	150m: 1:30.64	31.11	550m: 5:39.88	31.18	950m: 9:52.12	31.80	1350m: 14:05.06	31.29	
	200m: 2:01.89	31.25	600m: 6:11.30	31.42	1000m: 10:23.96	31.84	1400m: 14:36.13	31.07	
	250m: 2:32.92	31.03	650m: 6:42.49	31.19	1050m: 10:55.60	31.64	1450m: 15:06.07	29.94	
	300m: 3:04.06	31.14	700m: 7:13.93	31.44	1100m: 11:27.21	31.61	1500m: 15:34.32	28.25	
	350m: 3:35.18	31.12	750m: 7:45.39	31.46	1150m: 11:58.92	31.71			
	400m: 4:06.42	31.24	800m: 8:16.97	31.58	1200m: 12:30.58	31.66			
2.	Vincent Crooijmans	VZC		200100381		15:38.27	+0,77	800	
	50m: 29.15	29.15	450m: 4:39.10	31.07	850m: 8:49.53	31.42	1250m: 13:02.15	31.76	
	100m: 1:00.36	31.21	500m: 5:10.30	31.20	900m: 9:21.21	31.68	1300m: 13:33.97	31.82	
	150m: 1:31.94	31.58	550m: 5:41.43	31.13	950m: 9:52.72	31.51	1350m: 14:05.41	31.44	
	200m: 2:03.14	31.20	600m: 6:12.69	31.26	1000m: 10:24.13	31.41	1400m: 14:36.96	31.55	
	250m: 2:34.33	31.19	650m: 6:43.86	31.17	1050m: 10:55.53	31.40	1450m: 15:08.06	31.10	
	300m: 3:05.79	31.46	700m: 7:15.24	31.38	1100m: 11:27.13	31.60	1500m: 15:38.27	30.21	
	350m: 3:36.94	31.15	750m: 7:46.66	31.42	1150m: 11:58.78	31.65			
	400m: 4:08.03	31.09	800m: 8:18.11	31.45	1200m: 12:30.39	31.61			
3.	Sander Crooijmans	VZC		200100383		15:38.54	+0,75	799	
	50m: 29.13	29.13	450m: 4:40.06	31.29	850m: 8:50.77	31.53	1250m: 13:05.36	31.56	
	100m: 1:00.41	31.28	500m: 5:11.24	31.18	900m: 9:22.57	31.80	1300m: 13:36.81	31.45	
	150m: 1:31.94	31.53	550m: 5:42.42	31.18	950m: 9:54.47	31.90	1350m: 14:07.94	31.13	
	200m: 2:03.36	31.42	600m: 6:13.54	31.12	1000m: 10:26.25	31.78	1400m: 14:39.41	31.47	
	250m: 2:34.71	31.35	650m: 6:44.89	31.35	1050m: 10:58.18	31.93	1450m: 15:10.42	31.01	
	300m: 3:06.04	31.33	700m: 7:16.36	31.47	1100m: 11:30.32	32.14	1500m: 15:38.54	28.12	
	350m: 3:37.42	31.38	750m: 7:47.75	31.39	1150m: 12:01.89	31.57			
	400m: 4:08.77	31.35	800m: 8:19.24	31.49	1200m: 12:33.80	31.91			
4.	Lleyton Plattel	PSV		200204993		15:56.01	+0,68	756	
	50m: 28.48	28.48	450m: 4:42.83	32.04	850m: 8:59.32	32.20	1250m: 13:16.62	31.88	
	100m: 59.89	31.41	500m: 5:14.63	31.80	900m: 9:31.71	32.39	1300m: 13:49.19	32.57	
	150m: 1:32.07	32.18	550m: 5:46.54	31.91	950m: 10:03.62	31.91	1350m: 14:20.58	31.39	
	200m: 2:03.98	31.91	600m: 6:18.84	32.30	1000m: 10:36.02	32.40	1400m: 14:52.58	32.00	
	250m: 2:35.36	31.38	650m: 6:50.84	32.00	1050m: 11:08.25	32.23	1450m: 15:24.43	31.85	
	300m: 3:06.89	31.53	700m: 7:22.94	32.10	1100m: 11:40.80	32.55	1500m: 15:56.01	31.58	
	350m: 3:38.62	31.73	750m: 7:54.84	31.90	1150m: 12:12.58	31.78			
	400m: 4:10.79	32.17	800m: 8:27.12	32.28	1200m: 12:44.74	32.16			
5.	Efe öngören	Blue Marlins (SG)		200504459		16:18.25	+0,69	705	
	50m: 28.67	28.67	450m: 4:49.33	32.70	850m: 9:11.66	33.26	1250m: 13:36.39	33.48	
	100m: 1:00.63	31.96	500m: 5:21.69	32.36	900m: 9:44.54	32.88	1300m: 14:09.27	32.88	
	150m: 1:33.83	33.20	550m: 5:54.13	32.44	950m: 10:18.11	33.57	1350m: 14:41.94	32.67	
	200m: 2:06.32	32.49	600m: 6:27.13	33.00	1000m: 10:50.39	32.28	1400m: 15:14.49	32.55	
	250m: 2:39.39	33.07	650m: 7:00.23	33.10	1050m: 11:23.51	33.12	1450m: 15:46.88	32.39	
	300m: 3:11.81	32.42	700m: 7:32.63	32.40	1100m: 11:56.32	32.81	1500m: 16:18.25	31.37	
	350m: 3:44.15	32.34	750m: 8:05.85	33.22	1150m: 12:30.09	33.77			
	400m: 4:16.63	32.48	800m: 8:38.40	32.55	1200m: 13:02.91	32.82			

Programmanr. 42, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging	tijd	RT	FINA	para		
6.	Tiago Fonseca Gomes	PSV	200703587	16:21.89	+0,63	698		
	50m: 29.16	29.16	450m: 4:52.16	33.28	850m: 9:16.84	32.92	1250m: 13:40.39	33.16
	100m: 1:01.54	32.38	500m: 5:25.22	33.06	900m: 9:49.94	33.10	1300m: 14:13.48	33.09
	150m: 1:33.87	32.33	550m: 5:58.37	33.15	950m: 10:22.45	32.51	1350m: 14:46.74	33.26
	200m: 2:06.51	32.64	600m: 6:31.60	33.23	1000m: 10:55.50	33.05	1400m: 15:19.30	32.56
	250m: 2:39.36	32.85	650m: 7:04.42	32.82	1050m: 11:28.21	32.71	1450m: 15:51.30	32.00
	300m: 3:12.54	33.18	700m: 7:37.52	33.10	1100m: 12:00.99	32.78	1500m: 16:21.89	30.59
	350m: 3:45.69	33.15	750m: 8:11.01	33.49	1150m: 12:34.31	33.32		
	400m: 4:18.88	33.19	800m: 8:43.92	32.91	1200m: 13:07.23	32.92		
7.	Émile Fouzaï	Blue Marlins (SG)	200500263	16:25.65	+0,77	690		
	50m: 28.98	28.98	450m: 4:48.96	32.61	850m: 9:14.27	33.40	1250m: 13:40.95	33.18
	100m: 1:00.98	32.00	500m: 5:21.97	33.01	900m: 9:47.52	33.25	1300m: 14:14.09	33.14
	150m: 1:33.44	32.46	550m: 5:54.85	32.88	950m: 10:20.95	33.43	1350m: 14:47.43	33.34
	200m: 2:06.12	32.68	600m: 6:27.89	33.04	1000m: 10:54.42	33.47	1400m: 15:20.58	33.15
	250m: 2:38.53	32.41	650m: 7:00.92	33.03	1050m: 11:28.07	33.65	1450m: 15:53.43	32.85
	300m: 3:11.03	32.50	700m: 7:34.17	33.25	1100m: 12:01.18	33.11	1500m: 16:25.65	32.22
	350m: 3:43.77	32.74	750m: 8:07.47	33.30	1150m: 12:34.42	33.24		
	400m: 4:16.35	32.58	800m: 8:40.87	33.40	1200m: 13:07.77	33.35		
8.	Owen Peeks	ZPC Hooqveven	200100765	16:39.30	+0,89	662		
	50m: 30.26	30.26	450m: 4:54.84	33.25	850m: 9:22.36	33.75	1250m: 13:52.25	33.83
	100m: 1:02.95	32.69	500m: 5:27.72	32.88	900m: 9:55.88	33.52	1300m: 14:26.09	33.84
	150m: 1:35.97	33.02	550m: 6:00.93	33.21	950m: 10:29.56	33.68	1350m: 15:00.07	33.98
	200m: 2:09.07	33.10	600m: 6:34.30	33.37	1000m: 11:03.21	33.65	1400m: 15:33.82	33.75
	250m: 2:42.29	33.22	650m: 7:07.99	33.69	1050m: 11:37.06	33.85	1450m: 16:07.41	33.59
	300m: 3:15.47	33.18	700m: 7:41.45	33.46	1100m: 12:10.61	33.55	1500m: 16:39.30	31.89
	350m: 3:48.40	32.93	750m: 8:15.17	33.72	1150m: 12:44.58	33.97		
	400m: 4:21.59	33.19	800m: 8:48.61	33.44	1200m: 13:18.42	33.84		
9.	Joris Janssen	PSV	200301311	16:52.43	+0,76	636		
	50m: 28.65	28.65	450m: 4:57.40	34.08	850m: 9:30.45	34.45	1250m: 14:04.16	33.95
	100m: 1:01.00	32.35	500m: 5:31.38	33.98	900m: 10:04.54	34.09	1300m: 14:38.04	33.88
	150m: 1:34.30	33.30	550m: 6:05.33	33.95	950m: 10:39.05	34.51	1350m: 15:11.98	33.94
	200m: 2:08.24	33.94	600m: 6:39.63	34.30	1000m: 11:13.19	34.14	1400m: 15:46.24	34.26
	250m: 2:41.49	33.25	650m: 7:13.72	34.09	1050m: 11:47.79	34.60	1450m: 16:19.93	33.69
	300m: 3:15.60	34.11	700m: 7:47.76	34.04	1100m: 12:21.81	34.02	1500m: 16:52.43	32.50
	350m: 3:49.40	33.80	750m: 8:21.79	34.03	1150m: 12:56.00	34.19		
	400m: 4:23.32	33.92	800m: 8:56.00	34.21	1200m: 13:30.21	34.21		
10.	Quinn Heederik	ZPC Hooqveven	200400093	17:02.96	+0,76	617		
	50m: 30.06	30.06	450m: 5:03.13	34.49	850m: 9:39.07	34.50	1250m: 14:15.15	34.68
	100m: 1:03.20	33.14	500m: 5:37.68	34.55	900m: 10:13.49	34.42	1300m: 14:49.49	34.34
	150m: 1:36.78	33.58	550m: 6:12.01	34.33	950m: 10:47.61	34.12	1350m: 15:23.69	34.20
	200m: 2:10.91	34.13	600m: 6:46.49	34.48	1000m: 11:22.25	34.64	1400m: 15:58.34	34.65
	250m: 2:45.00	34.09	650m: 7:20.44	33.95	1050m: 11:56.69	34.44	1450m: 16:31.68	33.34
	300m: 3:19.73	34.73	700m: 7:55.67	35.23	1100m: 12:31.49	34.80	1500m: 17:02.96	31.28
	350m: 3:53.94	34.21	750m: 8:29.87	34.20	1150m: 13:06.00	34.51		
	400m: 4:28.64	34.70	800m: 9:04.57	34.70	1200m: 13:40.47	34.47		
11.	Rens Stijf	ZPC AMERSFOORT	200501419	17:17.93	+0,61	590		
	50m: 30.18	30.18	450m: 5:05.05	34.84	850m: 9:45.59	35.08	1250m: 14:25.66	34.75
	100m: 1:03.35	33.17	500m: 5:40.22	35.17	900m: 10:20.68	35.09	1300m: 15:00.81	35.15
	150m: 1:37.13	33.78	550m: 6:14.87	34.65	950m: 10:55.58	34.90	1350m: 15:35.65	34.84
	200m: 2:11.39	34.26	600m: 6:49.94	35.07	1000m: 11:30.88	35.30	1400m: 16:10.62	34.97
	250m: 2:45.82	34.43	650m: 7:25.22	35.28	1050m: 12:05.70	34.82	1450m: 16:44.85	34.23
	300m: 3:20.67	34.85	700m: 8:00.50	35.28	1100m: 12:40.84	35.14	1500m: 17:17.93	33.08
	350m: 3:55.23	34.56	750m: 8:35.54	35.04	1150m: 13:15.60	34.76		
	400m: 4:30.21	34.98	800m: 9:10.51	34.97	1200m: 13:50.91	35.31		
12.	Koen Vissers	PSV	200401429	17:38.71	+0,71	556		
	50m: 30.22	30.22	450m: 5:08.77	35.70	850m: 9:58.65	35.74	1250m: 14:45.31	35.79
	100m: 1:03.45	33.23	500m: 5:45.32	36.55	900m: 10:34.87	36.22	1300m: 15:21.33	36.02
	150m: 1:37.26	33.81	550m: 6:21.57	36.25	950m: 11:11.09	36.22	1350m: 15:56.65	35.32
	200m: 2:11.85	34.59	600m: 6:57.82	36.25	1000m: 11:46.68	35.59	1400m: 16:32.76	36.11
	250m: 2:46.53	34.68	650m: 7:34.18	36.36	1050m: 12:22.30	35.62	1450m: 17:06.35	33.59
	300m: 3:21.88	35.35	700m: 8:11.05	36.87	1100m: 12:57.96	35.66	1500m: 17:38.71	32.36
	350m: 3:57.34	35.46	750m: 8:46.96	35.91	1150m: 13:33.58	35.62		
	400m: 4:33.07	35.73	800m: 9:22.91	35.95	1200m: 14:09.52	35.94		
13.	Luc Kerpels	ZPC Hooqveven	200503015	17:55.68	+0,75	530		
	50m: 31.49	31.49	450m: 5:14.73	36.14	850m: 10:05.19	36.24	1250m: 14:56.86	36.66
	100m: 1:05.68	34.19	500m: 5:50.72	35.99	900m: 10:41.70	36.51	1300m: 15:33.51	36.65
	150m: 1:40.66	34.98	550m: 6:27.34	36.62	950m: 11:17.55	35.85	1350m: 16:09.63	36.12
	200m: 2:15.85	35.19	600m: 7:03.66	36.32	1000m: 11:54.08	36.53	1400m: 16:46.10	36.47
	250m: 2:51.31	35.46	650m: 7:39.71	36.05	1050m: 12:30.15	36.07	1450m: 17:21.63	35.53
	300m: 3:26.70	35.39	700m: 8:15.81	36.10	1100m: 13:06.90	36.75	1500m: 17:55.68	34.05
	350m: 4:02.74	36.04	750m: 8:52.42	36.61	1150m: 13:43.58	36.68		
	400m: 4:38.59	35.85	800m: 9:28.95	36.53	1200m: 14:20.20	36.62		

Programmanr. 42, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging		200404133				tijd	RT	FINA	para	
14.	Justin Steenkamp	PSV		200404133				17:59.72	+0,66	524		
	50m:	30.27	30.27	450m:	5:14.46	36.30	850m:	10:06.69	36.35	1250m:	14:58.11	36.60
	100m:	1:04.25	33.98	500m:	5:51.53	37.07	900m:	10:42.84	36.15	1300m:	15:35.11	37.00
	150m:	1:38.85	34.60	550m:	6:28.06	36.53	950m:	11:19.43	36.59	1350m:	16:11.95	36.84
	200m:	2:13.80	34.95	600m:	7:04.37	36.31	1000m:	11:55.98	36.55	1400m:	16:48.30	36.35
	250m:	2:49.70	35.90	650m:	7:40.45	36.08	1050m:	12:32.69	36.71	1450m:	17:24.74	36.44
	300m:	3:25.58	35.88	700m:	8:17.03	36.58	1100m:	13:08.61	35.92	1500m:	17:59.72	34.98
	350m:	4:01.55	35.97	750m:	8:53.89	36.86	1150m:	13:45.14	36.53			
	400m:	4:38.16	36.61	800m:	9:30.34	36.45	1200m:	14:21.51	36.37			
NG	Thijn Damen	PSV		200300973								