

Programmanr. 29  
18-6-2022 - 18:39

Dames, 1500m vrije slag

Senioren Open  
Resultaten

Punten: FINA 2022

rang	naam	vereniging	tijd	RT	FINA	para		
<b>Jeugd 1 en 2</b>								
1.	Marte Hieke van der Kamp	Orca	200500218	<b>17:33.35</b>	+0,82	667		
	50m: 30.79	30.79	450m: 5:08.95	35.16	850m: 9:51.63	35.23	1250m: 14:36.31	35.85
	100m: 1:04.11	33.32	500m: 5:44.27	35.32	900m: 10:27.13	35.50	1300m: 15:12.59	36.28
	150m: 1:38.41	34.30	550m: 6:19.64	35.37	950m: 11:02.69	35.56	1350m: 15:48.71	36.12
	200m: 2:13.29	34.88	600m: 6:54.73	35.09	1000m: 11:38.30	35.61	1400m: 16:24.70	35.99
	250m: 2:48.50	35.21	650m: 7:30.00	35.27	1050m: 12:13.59	35.29	1450m: 17:00.42	35.72
	300m: 3:23.42	34.92	700m: 8:05.30	35.30	1100m: 12:48.99	35.40	1500m: 17:33.35	32.93
	350m: 3:58.56	35.14	750m: 8:40.86	35.56	1150m: 13:24.50	35.51		
	400m: 4:33.79	35.23	800m: 9:16.40	35.54	1200m: 14:00.46	35.96		
2.	Megan Jonkman	Blue Marlins (SG)	200600508	<b>17:54.72</b>	+0,82	628		
	50m: 31.06	31.06	450m: 5:15.84	35.66	850m: 10:05.68	36.20	1250m: 14:58.13	37.55
	100m: 1:05.73	34.67	500m: 5:52.23	36.39	900m: 10:41.76	36.08	1300m: 15:35.64	37.51
	150m: 1:40.78	35.05	550m: 6:28.27	36.04	950m: 11:18.32	36.56	1350m: 16:12.40	36.76
	200m: 2:16.45	35.67	600m: 7:04.48	36.21	1000m: 11:55.06	36.74	1400m: 16:42.61	34.21
	250m: 2:52.28	35.83	650m: 7:40.69	36.21	1050m: 12:31.78	36.72	1450m: 17:22.01	35.40
	300m: 3:27.85	35.57	700m: 8:17.04	36.35	1100m: 13:07.83	36.05	1500m: 17:54.72	32.71
	350m: 4:03.89	36.04	750m: 8:53.05	36.01	1150m: 13:43.93	36.10		
	400m: 4:40.18	36.29	800m: 9:29.48	36.43	1200m: 14:20.58	36.65		
3.	Kim Oudendijk	DAW	200600964	<b>18:30.88</b>	+0,81	568		
	50m: 31.23	31.23	450m: 5:24.76	37.40	850m: 10:26.27	37.82	1250m: 15:27.46	37.74
	100m: 1:06.31	35.08	500m: 6:02.52	37.76	900m: 11:04.05	37.78	1300m: 16:04.93	37.47
	150m: 1:42.19	35.88	550m: 6:40.50	37.98	950m: 11:41.49	37.44	1350m: 16:41.97	37.04
	200m: 2:18.94	36.75	600m: 7:18.61	38.11	1000m: 12:19.08	37.59	1400m: 17:19.06	37.09
	250m: 2:55.84	36.90	650m: 7:56.02	37.41	1050m: 12:56.54	37.46	1450m: 17:56.09	37.03
	300m: 3:33.13	37.29	700m: 8:33.49	37.47	1100m: 13:34.97	38.43	1500m: 18:30.88	34.79
	350m: 4:10.22	37.09	750m: 9:10.98	37.49	1150m: 14:12.22	37.25		
	400m: 4:47.36	37.14	800m: 9:48.45	37.47	1200m: 14:49.72	37.50		
NG	Merel Schravendijk	Blue Marlins (SG)	200503382					
<b>Senioren 1 en 2</b>								
1.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	<b>17:53.74</b>	+0,87	630		
	50m: 31.97	31.97	450m: 5:15.84	35.80	850m: 10:04.83	36.27	1250m: 14:55.39	35.55
	100m: 1:06.53	34.56	500m: 5:52.19	36.35	900m: 10:41.56	36.73	1300m: 15:31.99	36.60
	150m: 1:41.56	35.03	550m: 6:27.75	35.56	950m: 11:17.90	36.34	1350m: 16:08.29	36.30
	200m: 2:17.27	35.71	600m: 7:04.03	36.28	1000m: 11:54.60	36.70	1400m: 16:44.83	36.54
	250m: 2:52.86	35.59	650m: 7:39.50	35.47	1050m: 12:31.24	36.64	1450m: 17:19.53	34.70
	300m: 3:28.67	35.81	700m: 8:15.78	36.28	1100m: 13:07.82	36.58	1500m: 17:53.74	34.21
	350m: 4:03.97	35.30	750m: 8:51.90	36.12	1150m: 13:43.39	36.57		
	400m: 4:40.04	36.07	800m: 9:28.56	36.66	1200m: 14:19.84	36.45		
2.	Femke Doorenbos	ZPC AMERSFOORT	200404214	<b>17:59.72</b>	+0,78	619		
	50m: 31.54	31.54	450m: 5:22.13	36.56	850m: 10:15.06	36.73	1250m: 15:03.88	36.15
	100m: 1:06.19	34.65	500m: 5:58.60	36.47	900m: 10:51.54	36.48	1300m: 15:39.92	36.04
	150m: 1:42.45	36.26	550m: 6:35.10	36.50	950m: 11:27.95	36.41	1350m: 16:14.91	34.99
	200m: 2:18.90	36.45	600m: 7:11.94	36.84	1000m: 12:03.98	36.03	1400m: 16:50.16	35.25
	250m: 2:55.31	36.41	650m: 7:48.70	36.76	1050m: 12:40.13	36.15	1450m: 17:25.61	35.45
	300m: 3:31.81	36.50	700m: 8:25.22	36.52	1100m: 13:16.03	35.90	1500m: 17:59.72	34.11
	350m: 4:08.88	37.07	750m: 9:01.75	36.53	1150m: 13:52.14	36.11		
	400m: 4:45.57	36.69	800m: 9:38.33	36.58	1200m: 14:27.73	35.59		
3.	Charlotte Wilbers	ZPC Hoogeveen	200400312	<b>18:10.70</b>	+0,74	601		
	50m: 33.03	33.03	450m: 5:24.17	36.63	850m: 10:15.29	36.60	1250m: 15:09.90	36.97
	100m: 1:08.63	35.60	500m: 6:00.18	36.01	900m: 10:51.97	36.68	1300m: 15:46.76	36.86
	150m: 1:45.03	36.40	550m: 6:36.43	36.25	950m: 11:28.62	36.65	1350m: 16:23.49	36.73
	200m: 2:21.53	36.50	600m: 7:12.59	36.16	1000m: 12:05.49	36.87	1400m: 17:00.10	36.61
	250m: 2:57.98	36.45	650m: 7:48.96	36.37	1050m: 12:42.32	36.83	1450m: 17:36.25	36.15
	300m: 3:34.41	36.43	700m: 8:25.45	36.49	1100m: 13:19.06	36.74	1500m: 18:10.70	34.45
	350m: 4:10.86	36.45	750m: 9:02.05	36.60	1150m: 13:56.00	36.94		
	400m: 4:47.54	36.68	800m: 9:38.69	36.64	1200m: 14:32.93	36.93		
4.	Alysha de Jong	ZPCH	200400086	<b>18:13.78</b>	+0,84	596		
	50m: 31.63	31.63	450m: 5:23.29	37.03	850m: 10:16.75	36.82	1250m: 15:11.75	37.04
	100m: 1:06.78	35.15	500m: 6:00.10	36.81	900m: 10:53.64	36.89	1300m: 15:48.90	37.15
	150m: 1:43.09	36.31	550m: 6:36.99	36.89	950m: 11:30.68	37.04	1350m: 16:25.45	36.55
	200m: 2:19.45	36.36	600m: 7:13.61	36.62	1000m: 12:07.50	36.82	1400m: 17:02.37	36.92
	250m: 2:56.03	36.58	650m: 7:49.93	36.32	1050m: 12:44.22	36.72	1450m: 17:38.62	36.25
	300m: 3:32.80	36.77	700m: 8:26.82	36.89	1100m: 13:21.05	36.83	1500m: 18:13.78	35.16
	350m: 4:09.42	36.62	750m: 9:03.35	36.53	1150m: 13:58.09	37.04		
	400m: 4:46.26	36.84	800m: 9:39.93	36.58	1200m: 14:34.71	36.62		

## Programmanr. 29, Dames, 1500m vrije slag, Senioren 1 en 2

rang	naam	vereniging	tijd	RT	FINA	para		
5.	Dominique Dingshoff	ZPC Hoogeveen	200400804	<b>18:21.96</b>	+0,81	582		
	50m: 32.96	32.96	450m: 5:29.18	37.19	850m: 10:25.95	36.93	1250m: 15:20.77	36.53
	100m: 1:08.64	35.68	500m: 6:05.85	36.67	900m: 11:03.28	37.33	1300m: 15:57.51	36.74
	150m: 1:45.83	37.19	550m: 6:43.41	37.56	950m: 11:40.20	36.92	1350m: 16:33.75	36.24
	200m: 2:22.87	37.04	600m: 7:20.47	37.06	1000m: 12:17.40	37.20	1400m: 17:10.47	36.72
	250m: 3:00.36	37.49	650m: 7:57.65	37.18	1050m: 12:54.13	36.73	1450m: 17:46.98	36.51
	300m: 3:37.44	37.08	700m: 8:34.75	37.10	1100m: 13:30.89	36.76	1500m: 18:21.96	34.98
	350m: 4:14.89	37.45	750m: 9:11.99	37.24	1150m: 14:07.74	36.85		
	400m: 4:51.99	37.10	800m: 9:49.02	37.03	1200m: 14:44.24	36.50		
6.	Chantal Tiesinga	DZ&PC	200302452	<b>19:01.90</b>	+0,82	523		
	50m: 33.55	33.55	450m: 5:33.28	37.46	850m: 10:38.95	38.60	1250m: 15:48.12	38.89
	100m: 1:10.53	36.98	500m: 6:11.38	38.10	900m: 11:17.04	38.09	1300m: 16:27.13	39.01
	150m: 1:47.67	37.14	550m: 6:49.19	37.81	950m: 11:55.50	38.46	1350m: 17:06.80	39.67
	200m: 2:25.37	37.70	600m: 7:27.25	38.06	1000m: 12:34.05	38.55	1400m: 17:45.64	38.84
	250m: 3:03.01	37.64	650m: 8:05.20	37.95	1050m: 13:12.78	38.73	1450m: 18:24.54	38.90
	300m: 3:40.72	37.71	700m: 8:43.49	38.29	1100m: 13:51.51	38.73	1500m: 19:01.90	37.36
	350m: 4:18.11	37.39	750m: 9:21.88	38.39	1150m: 14:30.36	38.85		
	400m: 4:55.82	37.71	800m: 10:00.35	38.47	1200m: 15:09.23	38.87		
<b>Senioren Open</b>								
1.	Imani de Jong	De Dolfijn	200200464	<b>16:52.71</b>	+0,70	750		
	50m: 29.73	29.73	450m: 4:59.95	33.69	850m: 9:31.27	34.01	1250m: 14:03.56	34.32
	100m: 1:03.06	33.33	500m: 5:33.79	33.84	900m: 10:05.16	33.89	1300m: 14:37.70	34.14
	150m: 1:36.85	33.79	550m: 6:07.55	33.76	950m: 10:39.22	34.06	1350m: 15:11.73	34.03
	200m: 2:10.71	33.86	600m: 6:41.41	33.86	1000m: 11:12.99	33.77	1400m: 15:46.00	34.27
	250m: 2:44.64	33.93	650m: 7:15.43	34.02	1050m: 11:47.26	34.27	1450m: 16:19.80	33.80
	300m: 3:18.46	33.82	700m: 7:49.43	34.00	1100m: 12:21.21	33.95	1500m: 16:52.71	32.91
	350m: 3:52.40	33.94	750m: 8:23.27	33.84	1150m: 12:55.19	33.98		
	400m: 4:26.26	33.86	800m: 8:57.26	33.99	1200m: 13:29.24	34.05		
2.	Serena Stel	De Dolfijn	199801528	<b>16:59.08</b>	+0,68	736		
	50m: 30.29	30.29	450m: 5:02.36	34.07	850m: 9:36.52	34.34	1250m: 14:10.64	34.45
	100m: 1:03.66	33.37	500m: 5:36.33	33.97	900m: 10:11.00	34.48	1300m: 14:44.94	34.30
	150m: 1:37.45	33.79	550m: 6:10.29	33.96	950m: 10:45.26	34.26	1350m: 15:19.32	34.38
	200m: 2:11.58	34.13	600m: 6:44.88	34.59	1000m: 11:19.51	34.25	1400m: 15:53.28	33.96
	250m: 2:45.71	34.13	650m: 7:19.16	34.28	1050m: 11:53.55	34.04	1450m: 16:27.31	34.03
	300m: 3:19.67	33.96	700m: 7:53.47	34.31	1100m: 12:27.75	34.20	1500m: 16:59.08	31.77
	350m: 3:53.87	34.20	750m: 8:27.88	34.41	1150m: 13:02.20	34.45		
	400m: 4:28.29	34.42	800m: 9:02.18	34.30	1200m: 13:36.19	33.99		
3.	Marte Hieke van der Kamp	Orca	200500218	<b>17:33.35</b>	+0,82	667		
	50m: 30.79	30.79	450m: 5:08.95	35.16	850m: 9:51.63	35.23	1250m: 14:36.31	35.85
	100m: 1:04.11	33.32	500m: 5:44.27	35.32	900m: 10:27.13	35.50	1300m: 15:12.59	36.28
	150m: 1:38.41	34.30	550m: 6:19.64	35.37	950m: 11:02.69	35.56	1350m: 15:48.71	36.12
	200m: 2:13.29	34.88	600m: 6:54.73	35.09	1000m: 11:38.30	35.61	1400m: 16:24.70	35.99
	250m: 2:48.50	35.21	650m: 7:30.00	35.27	1050m: 12:13.59	35.29	1450m: 17:00.42	35.72
	300m: 3:23.42	34.92	700m: 8:05.30	35.30	1100m: 12:48.99	35.40	1500m: 17:33.35	32.93
	350m: 3:58.56	35.14	750m: 8:40.86	35.56	1150m: 13:24.50	35.51		
	400m: 4:33.79	35.23	800m: 9:16.40	35.54	1200m: 14:00.46	35.96		
4.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	<b>17:53.74</b>	+0,87	630		
	50m: 31.97	31.97	450m: 5:15.84	35.80	850m: 10:04.83	36.27	1250m: 14:55.39	35.55
	100m: 1:06.53	34.56	500m: 5:52.19	36.35	900m: 10:41.56	36.73	1300m: 15:31.99	36.60
	150m: 1:41.56	35.03	550m: 6:27.75	35.56	950m: 11:17.90	36.34	1350m: 16:08.29	36.30
	200m: 2:17.27	35.71	600m: 7:04.03	36.28	1000m: 11:54.60	36.70	1400m: 16:44.83	36.54
	250m: 2:52.86	35.59	650m: 7:39.50	35.47	1050m: 12:31.24	36.64	1450m: 17:19.53	34.70
	300m: 3:28.67	35.81	700m: 8:15.78	36.28	1100m: 13:07.82	36.58	1500m: 17:53.74	34.21
	350m: 4:03.97	35.30	750m: 8:51.90	36.12	1150m: 13:43.39	36.57		
	400m: 4:40.04	36.07	800m: 9:28.56	36.66	1200m: 14:19.84	36.45		
5.	Megan Jonkman	Blue Marlins (SG)	200600508	<b>17:54.72</b>	+0,82	628		
	50m: 31.06	31.06	450m: 5:15.84	35.66	850m: 10:05.68	36.20	1250m: 14:58.13	37.55
	100m: 1:05.73	34.67	500m: 5:52.23	36.39	900m: 10:41.76	36.08	1300m: 15:35.64	37.51
	150m: 1:40.78	35.05	550m: 6:28.27	36.04	950m: 11:18.32	36.56	1350m: 16:12.40	36.76
	200m: 2:16.45	35.67	600m: 7:04.48	36.21	1000m: 11:55.06	36.74	1400m: 16:46.61	34.21
	250m: 2:52.28	35.83	650m: 7:40.69	36.21	1050m: 12:31.78	36.72	1450m: 17:22.01	35.40
	300m: 3:27.85	35.57	700m: 8:17.04	36.35	1100m: 13:07.83	36.05	1500m: 17:54.72	32.71
	350m: 4:03.89	36.04	750m: 8:53.05	36.01	1150m: 13:43.93	36.10		
	400m: 4:40.18	36.29	800m: 9:29.48	36.43	1200m: 14:20.58	36.65		
6.	Femke Doorenbos	ZPC AMERSFOORT	200404214	<b>17:59.72</b>	+0,78	619		
	50m: 31.54	31.54	450m: 5:22.13	36.56	850m: 10:15.06	36.73	1250m: 15:03.88	36.15
	100m: 1:06.19	34.65	500m: 5:58.60	36.47	900m: 10:51.54	36.48	1300m: 15:39.92	36.04
	150m: 1:42.45	36.26	550m: 6:35.10	36.50	950m: 11:27.95	36.41	1350m: 16:14.91	34.99
	200m: 2:18.90	36.45	600m: 7:11.94	36.84	1000m: 12:03.98	36.03	1400m: 16:50.16	35.25
	250m: 2:55.31	36.41	650m: 7:48.70	36.76	1050m: 12:40.13	36.15	1450m: 17:25.61	35.45
	300m: 3:31.81	36.50	700m: 8:25.22	36.52	1100m: 13:16.03	35.90	1500m: 17:59.72	34.11
	350m: 4:08.88	37.07	750m: 9:01.75	36.53	1150m: 13:52.14	36.11		
	400m: 4:45.57	36.69	800m: 9:38.33	36.58	1200m: 14:27.73	35.59		

## Programmanr. 29, Dames, 1500m vrije slag, Senioren Open

rang	naam	vereniging	tijd	RT	FINA	para		
7.	Charlotte Wilbers	ZPC Hoogeveen	200400312	<b>18:10.70</b>	<b>+0,74</b>	601		
	50m: 33.03	33.03	450m: 5:24.17	36.63	850m: 10:15.29	36.60	1250m: 15:09.90	36.97
	100m: 1:08.63	35.60	500m: 6:00.18	36.01	900m: 10:51.97	36.68	1300m: 15:46.76	36.86
	150m: 1:45.03	36.40	550m: 6:36.43	36.25	950m: 11:28.62	36.65	1350m: 16:23.49	36.73
	200m: 2:21.53	36.50	600m: 7:12.59	36.16	1000m: 12:05.49	36.87	1400m: 17:00.10	36.61
	250m: 2:57.98	36.45	650m: 7:48.96	36.37	1050m: 12:42.32	36.83	1450m: 17:36.25	36.15
	300m: 3:34.41	36.43	700m: 8:25.45	36.49	1100m: 13:19.06	36.74	1500m: 18:10.70	34.45
	350m: 4:10.86	36.45	750m: 9:02.05	36.60	1150m: 13:56.00	36.94		
	400m: 4:47.54	36.68	800m: 9:38.69	36.64	1200m: 14:32.93	36.93		
8.	Alysha de Jong	ZPCH	200400086	<b>18:13.78</b>	<b>+0,84</b>	596		
	50m: 31.63	31.63	450m: 5:23.29	37.03	850m: 10:16.75	36.82	1250m: 15:11.75	37.04
	100m: 1:06.78	35.15	500m: 6:00.10	36.81	900m: 10:53.64	36.89	1300m: 15:48.90	37.15
	150m: 1:43.09	36.31	550m: 6:36.99	36.89	950m: 11:30.68	37.04	1350m: 16:25.45	36.55
	200m: 2:19.45	36.36	600m: 7:13.61	36.62	1000m: 12:07.50	36.82	1400m: 17:02.37	36.92
	250m: 2:56.03	36.58	650m: 7:49.93	36.32	1050m: 12:44.22	36.72	1450m: 17:38.62	36.25
	300m: 3:32.80	36.77	700m: 8:26.82	36.89	1100m: 13:21.05	36.83	1500m: 18:13.78	35.16
	350m: 4:09.42	36.62	750m: 9:03.35	36.53	1150m: 13:58.09	37.04		
	400m: 4:46.26	36.84	800m: 9:39.93	36.58	1200m: 14:34.71	36.62		
9.	Almudena Visser Velez	Blue Marlins (SG)	200205904	<b>18:13.90</b>	<b>+0,77</b>	595		
	50m: 32.12	32.12	450m: 5:22.73	36.71	850m: 10:15.83	36.77	1250m: 15:12.47	37.26
	100m: 1:07.03	34.91	500m: 5:59.09	36.36	900m: 10:52.47	36.64	1300m: 15:49.67	37.20
	150m: 1:43.31	36.28	550m: 6:35.69	36.60	950m: 11:29.68	37.21	1350m: 16:26.20	36.53
	200m: 2:19.80	36.49	600m: 7:12.17	36.48	1000m: 12:06.51	36.83	1400m: 17:02.84	36.64
	250m: 2:56.15	36.35	650m: 7:49.17	37.00	1050m: 12:43.68	37.17	1450m: 17:38.88	36.04
	300m: 3:32.48	36.33	700m: 8:25.74	36.57	1100m: 13:20.80	37.12	1500m: 18:13.90	35.02
	350m: 4:09.42	36.94	750m: 9:02.48	36.74	1150m: 13:58.03	37.23		
	400m: 4:46.02	36.60	800m: 9:39.06	36.58	1200m: 14:35.21	37.18		
10.	Dominique Dingshoff	ZPC Hoogeveen	200400804	<b>18:21.96</b>	<b>+0,81</b>	582		
	50m: 32.96	32.96	450m: 5:29.18	37.19	850m: 10:25.95	36.93	1250m: 15:20.77	36.53
	100m: 1:08.64	35.68	500m: 6:05.85	36.67	900m: 11:03.28	37.33	1300m: 15:57.51	36.74
	150m: 1:45.83	37.19	550m: 6:43.41	37.56	950m: 11:40.20	36.92	1350m: 16:33.75	36.24
	200m: 2:22.87	37.04	600m: 7:20.47	37.06	1000m: 12:17.40	37.20	1400m: 17:10.47	36.72
	250m: 3:00.36	37.49	650m: 7:57.65	37.18	1050m: 12:54.13	36.73	1450m: 17:46.98	36.51
	300m: 3:37.44	37.08	700m: 8:34.75	37.10	1100m: 13:30.89	36.76	1500m: 18:21.96	34.98
	350m: 4:14.89	37.45	750m: 9:11.99	37.24	1150m: 14:07.74	36.85		
	400m: 4:51.99	37.10	800m: 9:49.02	37.03	1200m: 14:44.24	36.50		
11.	Kim Oudendijk	DAW	200600964	<b>18:30.88</b>	<b>+0,81</b>	568		
	50m: 31.23	31.23	450m: 5:24.76	37.40	850m: 10:26.27	37.82	1250m: 15:27.46	37.74
	100m: 1:06.31	35.08	500m: 6:02.52	37.76	900m: 11:04.05	37.78	1300m: 16:04.93	37.47
	150m: 1:42.19	35.88	550m: 6:40.50	37.98	950m: 11:41.49	37.44	1350m: 16:41.97	37.04
	200m: 2:18.94	36.75	600m: 7:18.61	38.11	1000m: 12:19.08	37.59	1400m: 17:19.06	37.09
	250m: 2:55.84	36.90	650m: 7:56.02	37.41	1050m: 12:56.54	37.46	1450m: 17:56.09	37.03
	300m: 3:33.13	37.29	700m: 8:33.49	37.47	1100m: 13:34.97	38.43	1500m: 18:30.88	34.79
	350m: 4:10.22	37.09	750m: 9:10.98	37.49	1150m: 14:12.22	37.25		
	400m: 4:47.36	37.14	800m: 9:48.45	37.47	1200m: 14:49.72	37.50		
12.	Amé Hulleman	DZ&PC	200202794	<b>18:31.95</b>	<b>+0,79</b>	567		
	50m: 32.22	32.22	450m: 5:25.15	37.30	850m: 10:23.95	37.83	1250m: 15:25.46	37.99
	100m: 1:07.47	35.25	500m: 6:02.12	36.97	900m: 11:01.22	37.27	1300m: 16:02.86	37.40
	150m: 1:43.71	36.24	550m: 6:39.41	37.29	950m: 11:38.72	37.50	1350m: 16:40.49	37.63
	200m: 2:20.42	36.71	600m: 7:16.34	36.93	1000m: 12:16.29	37.57	1400m: 17:18.45	37.96
	250m: 2:57.32	36.90	650m: 7:53.88	37.54	1050m: 12:54.00	37.71	1450m: 17:55.84	37.39
	300m: 3:34.08	36.76	700m: 8:31.03	37.15	1100m: 13:31.55	37.55	1500m: 18:31.95	36.11
	350m: 4:11.25	37.17	750m: 9:08.64	37.61	1150m: 14:09.66	38.11		
	400m: 4:47.85	36.60	800m: 9:46.12	37.48	1200m: 14:47.47	37.81		
13.	Sterre van de Goor	PSV	200102168	<b>18:40.37</b>		554		
	50m: 33.26	33.26	450m: 5:29.64	37.32	850m: 10:27.59	37.35	1250m: 15:29.53	38.14
	100m: 1:08.99	35.73	500m: 6:06.95	37.31	900m: 11:05.10	37.51	1300m: 16:07.72	38.19
	150m: 1:46.03	37.04	550m: 6:44.20	37.25	950m: 11:42.25	37.15	1350m: 16:46.03	38.31
	200m: 2:23.18	37.15	600m: 7:21.38	37.18	1000m: 12:19.66	37.41	1400m: 17:24.60	38.57
	250m: 3:00.71	37.53	650m: 7:58.35	36.97	1050m: 12:57.35	37.69	1450m: 18:03.01	38.41
	300m: 3:38.16	37.45	700m: 8:35.70	37.35	1100m: 13:35.02	37.67	1500m: 18:40.37	37.36
	350m: 4:15.31	37.15	750m: 9:12.95	37.25	1150m: 14:13.06	38.04		
	400m: 4:52.32	37.01	800m: 9:50.24	37.29	1200m: 14:51.39	38.33		
14.	Chantal Tiesinga	DZ&PC	200302452	<b>19:01.90</b>	<b>+0,82</b>	523		
	50m: 33.55	33.55	450m: 5:33.28	37.46	850m: 10:38.95	38.60	1250m: 15:48.12	38.89
	100m: 1:10.53	36.98	500m: 6:11.38	38.10	900m: 11:17.04	38.09	1300m: 16:27.13	39.01
	150m: 1:47.67	37.14	550m: 6:49.19	37.81	950m: 11:55.50	38.46	1350m: 17:06.80	39.67
	200m: 2:25.37	37.70	600m: 7:27.25	38.06	1000m: 12:34.05	38.55	1400m: 17:45.64	38.84
	250m: 3:03.01	37.64	650m: 8:05.20	37.95	1050m: 13:12.78	38.73	1450m: 18:24.54	38.90
	300m: 3:40.72	37.71	700m: 8:43.49	38.29	1100m: 13:51.51	38.73	1500m: 19:01.90	37.36
	350m: 4:18.11	37.39	750m: 9:21.88	38.39	1150m: 14:30.36	38.85		
	400m: 4:55.82	37.71	800m: 10:00.35	38.47	1200m: 15:09.23	38.87		

Programmanr. 29, Dames, 1500m vrije slag, Senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
NG	Merel Schravendijk	Blue Marlins (SG)	200503382			