

Programmanr. 26  
20-12-2025 - 17:00

Dames, 800m vrije slag

Senioren Open  
Resultaten

Punten: AQUA 2025

| rang     | naam                 | vereniging       |               |       |               | tijd      |               |       |  | RT             | FINA  | para |
|----------|----------------------|------------------|---------------|-------|---------------|-----------|---------------|-------|--|----------------|-------|------|
| Onder 18 |                      |                  |               |       |               |           |               |       |  |                |       |      |
| 1.       | Jade van der Schrier | AZC              |               |       |               | 200800692 |               |       |  | <b>8:41.14</b> | +0,77 | 768  |
|          | 50m: 30.09           | 30.09            | 250m: 2:40.36 | 32.73 | 450m: 4:52.40 | 32.89     | 650m: 7:04.13 | 33.08 |  |                |       |      |
|          | 100m: 1:02.21        | 32.12            | 300m: 3:13.34 | 32.98 | 500m: 5:25.20 | 32.80     | 700m: 7:36.94 | 32.81 |  |                |       |      |
|          | 150m: 1:34.84        | 32.63            | 350m: 3:46.33 | 32.99 | 550m: 5:58.13 | 32.93     | 750m: 8:09.72 | 32.78 |  |                |       |      |
|          | 200m: 2:07.63        | 32.79            | 400m: 4:19.51 | 33.18 | 600m: 6:31.05 | 32.92     | 800m: 8:41.14 | 31.42 |  |                |       |      |
| 2.       | Frouke Ludwig        | DZ&PC            |               |       |               | 200800112 |               |       |  | <b>9:01.33</b> | +0,75 | 685  |
|          | 50m: 30.98           | 30.98            | 250m: 2:46.35 | 34.05 | 450m: 5:02.09 | 33.49     | 650m: 7:18.50 | 34.54 |  |                |       |      |
|          | 100m: 1:04.45        | 33.47            | 300m: 3:20.63 | 34.28 | 500m: 5:36.04 | 33.95     | 700m: 7:53.16 | 34.66 |  |                |       |      |
|          | 150m: 1:38.36        | 33.91            | 350m: 3:54.67 | 34.04 | 550m: 6:09.81 | 33.77     | 750m: 8:27.89 | 34.73 |  |                |       |      |
|          | 200m: 2:12.30        | 33.94            | 400m: 4:28.60 | 33.93 | 600m: 6:43.96 | 34.15     | 800m: 9:01.33 | 33.44 |  |                |       |      |
| 3.       | Laura van Etten      | HZ&PC Heerenveen |               |       |               | 200800264 |               |       |  | <b>9:15.36</b> | +0,88 | 635  |
|          | 50m: 31.00           | 31.00            | 250m: 2:49.88 | 35.09 | 450m: 5:10.60 | 35.27     | 650m: 7:31.65 | 34.89 |  |                |       |      |
|          | 100m: 1:05.37        | 34.37            | 300m: 3:25.11 | 35.23 | 500m: 5:46.05 | 35.45     | 700m: 8:07.01 | 35.36 |  |                |       |      |
|          | 150m: 1:40.09        | 34.72            | 350m: 4:00.37 | 35.26 | 550m: 6:21.40 | 35.35     | 750m: 8:42.18 | 35.17 |  |                |       |      |
|          | 200m: 2:14.79        | 34.70            | 400m: 4:35.33 | 34.96 | 600m: 6:56.76 | 35.36     | 800m: 9:15.36 | 33.18 |  |                |       |      |
| 4.       | Esmee Ykema          | HZ&PC Heerenveen |               |       |               | 200801710 |               |       |  | <b>9:48.78</b> | +0,74 | 533  |
|          | 50m: 32.25           | 32.25            | 250m: 2:59.02 | 37.35 | 450m: 5:30.06 | 38.16     | 650m: 7:59.62 | 37.60 |  |                |       |      |
|          | 100m: 1:08.07        | 35.82            | 300m: 3:36.18 | 37.16 | 500m: 6:07.31 | 37.25     | 700m: 8:37.09 | 37.47 |  |                |       |      |
|          | 150m: 1:44.89        | 36.82            | 350m: 4:13.91 | 37.73 | 550m: 6:45.36 | 38.05     | 750m: 9:13.90 | 36.81 |  |                |       |      |
|          | 200m: 2:21.67        | 36.78            | 400m: 4:51.90 | 37.99 | 600m: 7:22.02 | 36.66     | 800m: 9:48.78 | 34.88 |  |                |       |      |
| GEM      | Julie van Nispen     | Nuenen           |               |       |               | 200800290 |               |       |  |                |       |      |
| NG       | Bregje Dekkers       | PSV              |               |       |               | 200900746 |               |       |  |                |       |      |

**Onder 20**

|    |                    |                  |       |           |         |       |       |         |       |       |         |       |
|----|--------------------|------------------|-------|-----------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. | Hedwig Bolt        | HZ&PC Heerenveen |       | 200602660 | 8:44.51 |       |       |         | 754   |       |         |       |
|    | 50m:               | 29.92            | 29.92 | 250m:     | 2:41.21 | 33.15 | 450m: | 4:54.70 | 33.16 | 650m: | 7:06.64 | 32.85 |
|    | 100m:              | 1:02.34          | 32.42 | 300m:     | 3:14.61 | 33.40 | 500m: | 5:27.73 | 33.03 | 700m: | 7:39.65 | 33.01 |
|    | 150m:              | 1:35.20          | 32.86 | 350m:     | 3:48.07 | 33.46 | 550m: | 6:00.86 | 33.13 | 750m: | 8:12.66 | 33.01 |
|    | 200m:              | 2:08.06          | 32.86 | 400m:     | 4:21.54 | 33.47 | 600m: | 6:33.79 | 32.93 | 800m: | 8:44.51 | 31.85 |
| 2. | Rhodee van den Ham | De Duinkickers   |       | 200700090 | 8:53.23 |       | +0,78 |         | 717   |       |         |       |
|    | 50m:               | 30.72            | 30.72 | 250m:     | 2:45.45 | 33.66 | 450m: | 4:59.97 | 33.40 | 650m: | 7:14.58 | 33.30 |
|    | 100m:              | 1:03.99          | 33.27 | 300m:     | 3:19.19 | 33.74 | 500m: | 5:33.78 | 33.81 | 700m: | 7:48.26 | 33.68 |
|    | 150m:              | 1:37.74          | 33.75 | 350m:     | 3:52.89 | 33.70 | 550m: | 6:07.50 | 33.72 | 750m: | 8:21.49 | 33.23 |
|    | 200m:              | 2:11.79          | 34.05 | 400m:     | 4:26.57 | 33.68 | 600m: | 6:41.28 | 33.78 | 800m: | 8:53.23 | 31.74 |
| 3. | Veerle de Ridder   | HZ&PC Heerenveen |       | 200700778 | 9:05.97 |       | +0,69 |         | 668   |       |         |       |
|    | 50m:               | 29.24            | 29.24 | 250m:     | 2:46.02 | 34.52 | 450m: | 5:04.80 | 35.20 | 650m: | 7:23.78 | 34.30 |
|    | 100m:              | 1:02.71          | 33.47 | 300m:     | 3:20.52 | 34.50 | 500m: | 5:39.39 | 34.59 | 700m: | 7:58.27 | 34.49 |
|    | 150m:              | 1:37.21          | 34.50 | 350m:     | 3:54.91 | 34.39 | 550m: | 6:14.37 | 34.98 | 750m: | 8:32.56 | 34.29 |
|    | 200m:              | 2:11.50          | 34.29 | 400m:     | 4:29.60 | 34.69 | 600m: | 6:49.48 | 35.11 | 800m: | 9:05.97 | 33.41 |
| 4. | Imre Bouwland      | ZPC Hoogeveen    |       | 200700388 | 9:27.56 |       |       |         | 595   |       |         |       |
|    | 50m:               | 31.12            | 31.12 | 250m:     | 2:52.13 | 35.52 | 450m: | 5:16.97 | 36.24 | 650m: | 7:41.84 | 36.10 |
|    | 100m:              | 1:05.85          | 34.73 | 300m:     | 3:28.35 | 36.22 | 500m: | 5:53.41 | 36.44 | 700m: | 8:17.78 | 35.94 |
|    | 150m:              | 1:41.30          | 35.45 | 350m:     | 4:04.28 | 35.93 | 550m: | 6:30.06 | 36.65 | 750m: | 8:53.86 | 36.08 |
|    | 200m:              | 2:16.61          | 35.31 | 400m:     | 4:40.73 | 36.45 | 600m: | 7:05.74 | 35.68 | 800m: | 9:27.56 | 33.70 |
| 5. | Vera Wassink       | DZ&PC            |       | 200604976 | 9:43.51 |       | +0,78 |         | 547   |       |         |       |
|    | 50m:               | 30.95            | 30.95 | 250m:     | 2:57.00 | 36.71 | 450m: | 5:25.60 | 37.38 | 650m: | 7:55.41 | 37.47 |
|    | 100m:              | 1:06.30          | 35.35 | 300m:     | 3:34.12 | 37.12 | 500m: | 6:03.07 | 37.47 | 700m: | 8:31.90 | 36.49 |
|    | 150m:              | 1:43.30          | 37.00 | 350m:     | 4:11.36 | 37.24 | 550m: | 6:40.54 | 37.47 | 750m: | 9:07.05 | 35.15 |
|    | 200m:              | 2:20.29          | 36.99 | 400m:     | 4:48.22 | 36.86 | 600m: | 7:17.94 | 37.40 | 800m: | 9:43.51 | 36.46 |

**senioren Open**

|    |                          |                  |               |         |               |       |               |       |
|----|--------------------------|------------------|---------------|---------|---------------|-------|---------------|-------|
| 1. | Marte Hieke van der Kamp | HZ&PC Heerenveen | 200500218     | 8:29.33 | +0,74         | 823   |               |       |
|    | 50m: 29.66               | 29.66            | 250m: 2:37.93 | 32.33   | 450m: 4:47.13 | 32.23 | 650m: 6:56.00 | 32.18 |
|    | 100m: 1:01.45            | 31.79            | 300m: 3:10.22 | 32.29   | 500m: 5:19.36 | 32.23 | 700m: 7:28.17 | 32.17 |
|    | 150m: 1:33.48            | 32.03            | 350m: 3:42.57 | 32.35   | 550m: 5:51.56 | 32.20 | 750m: 8:00.23 | 32.06 |
|    | 200m: 2:05.60            | 32.12            | 400m: 4:14.90 | 32.33   | 600m: 6:23.82 | 32.26 | 800m: 8:29.33 | 29.10 |
| 2. | Jade van der Schrier     | AZC              | 200800692     | 8:41.14 | +0,77         | 768   |               |       |
|    | 50m: 30.09               | 30.09            | 250m: 2:40.36 | 32.73   | 450m: 4:52.40 | 32.89 | 650m: 7:04.13 | 33.08 |
|    | 100m: 1:02.21            | 32.12            | 300m: 3:13.34 | 32.98   | 500m: 5:25.20 | 32.80 | 700m: 7:36.94 | 32.81 |
|    | 150m: 1:34.84            | 32.63            | 350m: 3:46.33 | 32.99   | 550m: 5:58.13 | 32.93 | 750m: 8:09.72 | 32.78 |
|    | 200m: 2:07.63            | 32.79            | 400m: 4:19.51 | 33.18   | 600m: 6:31.05 | 32.92 | 800m: 8:41.14 | 31.42 |

B = Bonus inschrijving

Programmanr. 26, Dames, 800m vrije slag, senioren Open

| rang  | naam               | vereniging          | tijd                | RT                   | FINA  | para |
|-------|--------------------|---------------------|---------------------|----------------------|-------|------|
| 3.    | Hedwig Bolt        | HZ&PC Heerenveen    | 200602660           | <b>8:44.51</b>       | 754   |      |
|       | 50m: 29.92         | 29.92 250m: 2:41.21 | 33.15 450m: 4:54.70 | 33.16 650m: 7:06.64  | 32.85 |      |
|       | 100m: 1:02.34      | 32.42 300m: 3:14.61 | 33.40 500m: 5:27.73 | 33.03 700m: 7:39.65  | 33.01 |      |
|       | 150m: 1:35.20      | 32.86 350m: 3:48.07 | 33.46 550m: 6:00.86 | 33.13 750m: 8:12.66  | 33.01 |      |
|       | 200m: 2:08.06      | 32.86 400m: 4:21.54 | 33.47 600m: 6:33.79 | 32.93 800m: 8:44.51  | 31.85 |      |
| 4.    | Fenne Metten       | ZPC AMERSFOORT      | 201000102           | <b>8:47.62</b>       | 740   |      |
|       | 50m: 30.27         | 30.27 250m: 2:43.81 | 33.34 450m: 4:57.12 | 33.37 650m: 7:10.35  | 32.97 |      |
|       | 100m: 1:03.33      | 33.06 300m: 3:17.20 | 33.39 500m: 5:30.61 | 33.49 700m: 7:43.41  | 33.06 |      |
|       | 150m: 1:36.83      | 33.50 350m: 3:50.41 | 33.21 550m: 6:03.84 | 33.23 750m: 8:16.42  | 33.01 |      |
|       | 200m: 2:10.47      | 33.64 400m: 4:23.75 | 33.34 600m: 6:37.38 | 33.54 800m: 8:47.62  | 31.20 |      |
| 5.    | Rhodee van den Ham | De Duinkikers       | 200700090           | <b>8:53.23</b> +0,78 | 717   |      |
|       | 50m: 30.72         | 30.72 250m: 2:45.45 | 33.66 450m: 4:59.97 | 33.40 650m: 7:14.58  | 33.30 |      |
|       | 100m: 1:03.99      | 33.27 300m: 3:19.19 | 33.74 500m: 5:33.78 | 33.81 700m: 7:48.26  | 33.68 |      |
|       | 150m: 1:37.74      | 33.75 350m: 3:52.89 | 33.70 550m: 6:07.50 | 33.72 750m: 8:21.49  | 33.23 |      |
|       | 200m: 2:11.79      | 34.05 400m: 4:26.57 | 33.68 600m: 6:41.28 | 33.78 800m: 8:53.23  | 31.74 |      |
| 6.    | Frouke Ludwig      | DZ&PC               | 200800112           | <b>9:01.33</b> +0,75 | 685   |      |
|       | 50m: 30.98         | 30.98 250m: 2:46.35 | 34.05 450m: 5:02.09 | 33.49 650m: 7:18.50  | 34.54 |      |
|       | 100m: 1:04.45      | 33.47 300m: 3:20.63 | 34.28 500m: 5:36.04 | 33.95 700m: 7:53.16  | 34.66 |      |
|       | 150m: 1:38.36      | 33.91 350m: 3:54.67 | 34.04 550m: 6:09.81 | 33.77 750m: 8:27.89  | 34.73 |      |
|       | 200m: 2:12.30      | 33.94 400m: 4:28.60 | 33.93 600m: 6:43.96 | 34.15 800m: 9:01.33  | 33.44 |      |
| 7.    | Veerle de Ridder   | HZ&PC Heerenveen    | 200700778           | <b>9:05.97</b> +0,69 | 668   |      |
|       | 50m: 29.24         | 29.24 250m: 2:46.02 | 34.52 450m: 5:04.80 | 35.20 650m: 7:23.78  | 34.30 |      |
|       | 100m: 1:02.71      | 33.47 300m: 3:20.52 | 34.50 500m: 5:39.39 | 34.59 700m: 7:58.27  | 34.49 |      |
|       | 150m: 1:37.21      | 34.50 350m: 3:54.91 | 34.39 550m: 6:14.37 | 34.98 750m: 8:32.56  | 34.29 |      |
|       | 200m: 2:11.50      | 34.29 400m: 4:29.60 | 34.69 600m: 6:49.48 | 35.11 800m: 9:05.97  | 33.41 |      |
| 8.    | Laura van Etten    | HZ&PC Heerenveen    | 200800264           | <b>9:15.36</b> +0,88 | 635   |      |
|       | 50m: 31.00         | 31.00 250m: 2:49.88 | 35.09 450m: 5:10.60 | 35.27 650m: 7:31.65  | 34.89 |      |
|       | 100m: 1:05.37      | 34.37 300m: 3:25.11 | 35.23 500m: 5:46.05 | 35.45 700m: 8:07.01  | 35.36 |      |
|       | 150m: 1:40.09      | 34.72 350m: 4:00.37 | 35.26 550m: 6:21.40 | 35.35 750m: 8:42.18  | 35.17 |      |
|       | 200m: 2:14.79      | 34.70 400m: 4:35.33 | 34.96 600m: 6:56.76 | 35.36 800m: 9:15.36  | 33.18 |      |
| 9.    | Mara Bosman        | De Dolfijn          | 200303048           | <b>9:15.89</b> +0,62 | 633   |      |
|       | 50m: 30.58         | 30.58 250m: 2:46.35 | 34.47 450m: 5:05.71 | 35.33 650m: 7:28.64  | 35.68 |      |
|       | 100m: 1:03.69      | 33.11 300m: 3:20.58 | 34.23 500m: 5:41.24 | 35.53 700m: 8:04.98  | 36.34 |      |
|       | 150m: 1:37.80      | 34.11 350m: 3:55.50 | 34.92 550m: 6:17.17 | 35.93 750m: 8:40.61  | 35.63 |      |
|       | 200m: 2:11.88      | 34.08 400m: 4:30.38 | 34.88 600m: 6:52.96 | 35.79 800m: 9:15.89  | 35.28 |      |
| 10.   | Imre Bouwland      | ZPC Hoogetveen      | 200700388           | <b>9:27.56</b>       | 595   |      |
|       | 50m: 31.12         | 31.12 250m: 2:52.13 | 35.52 450m: 5:16.97 | 36.24 650m: 7:41.84  | 36.10 |      |
|       | 100m: 1:05.85      | 34.73 300m: 3:28.35 | 36.22 500m: 5:53.41 | 36.44 700m: 8:17.78  | 35.94 |      |
|       | 150m: 1:41.30      | 35.45 350m: 4:04.28 | 35.93 550m: 6:30.06 | 36.65 750m: 8:53.86  | 36.08 |      |
|       | 200m: 2:16.61      | 35.31 400m: 4:40.73 | 36.45 600m: 7:05.74 | 35.68 800m: 9:27.56  | 33.70 |      |
| 11.   | Myrthe Natziijl    | DZ&PC               | 200400076           | <b>9:33.40</b> +0,70 | 577   |      |
|       | 50m: 31.71         | 31.71 250m: 2:54.51 | 35.82 450m: 5:19.38 | 36.11 650m: 7:44.99  | 36.58 |      |
|       | 100m: 1:06.82      | 35.11 300m: 3:30.56 | 36.05 500m: 5:55.50 | 36.12 700m: 8:21.73  | 36.74 |      |
|       | 150m: 1:42.81      | 35.99 350m: 4:06.93 | 36.37 550m: 6:31.80 | 36.30 750m: 8:58.02  | 36.29 |      |
|       | 200m: 2:18.69      | 35.88 400m: 4:43.27 | 36.34 600m: 7:08.41 | 36.61 800m: 9:33.40  | 35.38 |      |
| 12.   | Vera Wassink       | DZ&PC               | 200604976           | <b>9:43.51</b> +0,78 | 547   |      |
|       | 50m: 30.95         | 30.95 250m: 2:57.00 | 36.71 450m: 5:25.60 | 37.38 650m: 7:55.41  | 37.47 |      |
|       | 100m: 1:06.30      | 35.35 300m: 3:34.12 | 37.12 500m: 6:03.07 | 37.47 700m: 8:31.90  | 36.49 |      |
|       | 150m: 1:43.30      | 37.00 350m: 4:11.36 | 37.24 550m: 6:40.54 | 37.47 750m: 9:07.05  | 35.15 |      |
|       | 200m: 2:20.29      | 36.99 400m: 4:48.22 | 36.86 600m: 7:17.94 | 37.40 800m: 9:43.51  | 36.46 |      |
| 13.   | Marijke Drent      | Bubble              | 199906232           | <b>9:46.16</b> +0,81 | 540   |      |
|       | 50m: 31.90         | 31.90 250m: 2:57.13 | 36.78 450m: 5:26.19 | 37.33 650m: 7:55.63  | 37.28 |      |
|       | 100m: 1:06.99      | 35.09 300m: 3:34.41 | 37.28 500m: 6:03.54 | 37.35 700m: 8:33.15  | 37.52 |      |
|       | 150m: 1:43.70      | 36.71 350m: 4:11.62 | 37.21 550m: 6:40.91 | 37.37 750m: 9:10.20  | 37.05 |      |
|       | 200m: 2:20.35      | 36.65 400m: 4:48.86 | 37.24 600m: 7:18.35 | 37.44 800m: 9:46.16  | 35.96 |      |
| 14.   | Esmee Ykema        | HZ&PC Heerenveen    | 200801710           | <b>9:48.78</b> +0,74 | 533   |      |
|       | 50m: 32.25         | 32.25 250m: 2:59.02 | 37.35 450m: 5:30.06 | 38.16 650m: 7:59.62  | 37.60 |      |
|       | 100m: 1:08.07      | 35.82 300m: 3:36.18 | 37.16 500m: 6:07.31 | 37.25 700m: 8:37.09  | 37.47 |      |
|       | 150m: 1:44.89      | 36.82 350m: 4:13.91 | 37.73 550m: 6:45.36 | 38.05 750m: 9:13.90  | 36.81 |      |
|       | 200m: 2:21.67      | 36.78 400m: 4:51.90 | 37.99 600m: 7:22.02 | 36.66 800m: 9:48.78  | 34.88 |      |
| AFGEM | Julie van Nispen   | Nuenen              | 200800290           |                      |       |      |
| NG    | Bregje Dekkers     | PSV                 | 200900746           |                      |       |      |

B = Bonus inschrijving