

Programmanr. 25
20-12-2025 - 18:45

Heren, 400m wisselslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
Finale A												
1.	Youri Voet	ZPC AMERSFOORT						200502269	4:15.08	+0,67	780	
	50m: 27.66	27.66	150m: 1:34.23	34.44	250m: 2:42.23	35.03	350m: 3:47.29	29.57				
	100m: 59.79	32.13	200m: 2:07.20	32.97	300m: 3:17.72	35.49	400m: 4:15.08	27.79				
2.	Sven Klink	Swol 1894						200500349	4:17.00	+0,71	762	
	50m: 27.31	27.31	150m: 1:32.19	33.63	250m: 2:41.30	36.71	350m: 3:48.22	29.47				
	100m: 58.56	31.25	200m: 2:04.59	32.40	300m: 3:18.75	37.45	400m: 4:17.00	28.78				
3.	Wouter Zijlstra	HZ&PC Heerenveen						200401545	4:22.76	+0,58	713	
	50m: 27.32	27.32	150m: 1:32.76	33.52	250m: 2:43.40	36.71	350m: 3:52.52	30.39				
	100m: 59.24	31.92	200m: 2:06.69	33.93	300m: 3:22.13	38.73	400m: 4:22.76	30.24				
4.	Stefan van der Meer	VZC						200901361	4:33.07	+0,49	635	
	50m: 28.28	28.28	150m: 1:36.70	35.36	250m: 2:50.39	39.19	350m: 4:02.27	32.12				
	100m: 1:01.34	33.06	200m: 2:11.20	34.50	300m: 3:30.15	39.76	400m: 4:33.07	30.80				
5.	Tijn Hilders	De Dolfijn						200700027	4:35.34	+0,74	620	
	50m: 29.20	29.20	150m: 1:39.90	36.30	250m: 2:53.45	37.91	350m: 4:04.10	31.44				
	100m: 1:03.60	34.40	200m: 2:15.54	35.64	300m: 3:32.66	39.21	400m: 4:35.34	31.24				
6.	Ronis van Everdingen	DWK						200300043	4:36.06	+0,77	615	
	50m: 28.07	28.07	150m: 1:38.54	36.86	250m: 2:52.16	38.79	350m: 4:04.26	32.87				
	100m: 1:01.68	33.61	200m: 2:13.37	34.83	300m: 3:31.39	39.23	400m: 4:36.06	31.80				
7.	Jelte de Jong	ZPCH						200900975	4:38.82	+0,73	597	
	50m: 29.36	29.36	150m: 1:39.46	36.13	250m: 2:55.50	40.28	350m: 4:07.94	31.75				
	100m: 1:03.33	33.97	200m: 2:15.22	35.76	300m: 3:36.19	40.69	400m: 4:38.82	30.88				
8.	Daniel Wegman	ZPCH						200802843	4:42.07	+0,66	576	
	50m: 28.87	28.87	150m: 1:39.90	37.37	250m: 2:57.04	40.56	350m: 4:11.10	32.69				
	100m: 1:02.53	33.66	200m: 2:16.48	36.58	300m: 3:38.41	41.37	400m: 4:42.07	30.97				
Finale B												
9.	Jesse Marijn Thimister	ZEPS						200602893	4:38.34	+0,59	600	
	50m: 29.66	29.66	150m: 1:41.39	37.76	250m: 2:56.02	37.52	350m: 4:07.73	33.16				
	100m: 1:03.63	33.97	200m: 2:18.50	37.11	300m: 3:34.57	38.55	400m: 4:38.34	30.61				
10.	Darren Chen	ZPC AMERSFOORT						200001149	4:38.57	+0,64	598	
	50m: 28.67	28.67	150m: 1:38.94	37.00	250m: 2:54.30	39.30	350m: 4:07.31	32.39				
	100m: 1:01.94	33.27	200m: 2:15.00	36.06	300m: 3:34.92	40.62	400m: 4:38.57	31.26				
11.	Niek Vreeling	OZ&PC						200604211	4:38.74	+0,71	597	
	50m: 28.73	28.73	150m: 1:38.41	35.04	250m: 2:53.45	39.01	350m: 4:07.45	33.64				
	100m: 1:03.37	34.64	200m: 2:14.44	36.03	300m: 3:33.81	40.36	400m: 4:38.74	31.29				
12.	Jesse van der Meij	De Dolfijn						200600841	4:41.88 *	+0,79	578	
	50m: 29.84	29.84	150m: 1:42.52	37.31	250m: 2:58.18	39.34	350m: 4:10.81	32.91				
	100m: 1:05.21	35.37	200m: 2:18.84	36.32	300m: 3:37.90	39.72	400m: 4:41.88	31.07				
13.	Finn Stamsnieder	OZ&PC						200900225	4:44.06	+0,78	564	
	50m: 29.08	29.08	150m: 1:40.86	36.77	250m: 2:58.26	41.39	350m: 4:12.13	32.85				
	100m: 1:04.09	35.01	200m: 2:16.87	36.01	300m: 3:39.28	41.02	400m: 4:44.06	31.93				
14.	Luuk Ruinemans	De Dinkel						200301085	4:45.64	+0,77	555	
	50m: 27.58	27.58	150m: 1:38.24	36.69	250m: 2:56.60	42.22	350m: 4:13.59	34.10				
	100m: 1:01.55	33.97	200m: 2:14.38	36.14	300m: 3:39.49	42.89	400m: 4:45.64	32.05				
15.	Sverre van der Zwaan	WVZ						200900737	4:45.68	+0,70	555	
	50m: 30.10	30.10	150m: 1:40.76	34.98	250m: 2:58.41	42.71	350m: 4:14.96	33.42				
	100m: 1:05.78	35.68	200m: 2:15.70	34.94	300m: 3:41.54	43.13	400m: 4:45.68	30.72				
16.	Teun van Weeren	OZ&PC						200801145	4:46.52	+0,70	550	
	50m: 29.68	29.68	150m: 1:42.20	38.21	250m: 3:00.47	41.24	350m: 4:15.01	32.81				
	100m: 1:03.99	34.31	200m: 2:19.23	37.03	300m: 3:42.20	41.73	400m: 4:46.52	31.51				

B = Bonus inschrijving