



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 22
20-12-2025 - 11:19

Dames, 200m vlinderslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
Onder 18											
1. Frouke Ludwig	DZ&PC	200800112	2:15.61	+0,73	A	681		30.29	1:03.86	1:38.97	2:15.61
2. Jasmine Vaartjes	Blue Marlins	200903658	2:16.58		A	666		29.77	1:04.02	1:39.88	2:16.58
3. Elin Ditewig	VZC	200900392	2:24.56	+0,70	A	562		31.18	1:07.59	1:46.27	2:24.56
4. Tess Vonk	De Geul	200900024	2:24.98	+0,65	B	557		31.47	1:07.93	1:46.48	2:24.98
5. Laura van Etten	HZ&PC Heerenveen	200800264	2:27.13	+0,67	B	533		31.18	1:07.82	1:47.00	2:27.13
6. Silke Hooghiemstra	HZ&PC Heerenveen	200901224	2:29.13	+0,69	B	512		31.73	1:08.77	1:48.47	2:29.13
7. Emmelien Smelt	ZVZ	200800012	2:30.05	+0,73	B	502		32.84	1:10.22	1:49.45	2:30.05
8. Violetta Pflug	Blue Marlins	200804704	2:30.83	+0,78	R	495		31.99	1:09.95	1:49.97	2:30.83
9. Fardau Cazemier	ZCNF'34	200901736	2:44.47	+0,75		381		35.03	1:16.37	2:00.58	2:44.47
10. Isis Verhoeff	ZPC AMERSFOORT	200902962	2:45.49	+0,77		374		34.95	1:16.24	2:00.16	2:45.49
AFGEM Hannah M.	ZPC De Hof	200803266									
NG Esmaé de Gans	ZPC AMERSFOORT	200900134									
Onder 20											
1. Evy Rozeboom	Team NL - DAW	200601338	2:13.94	+0,78	A	706		29.73	1:04.15	1:39.33	2:13.94
2. Rhodee van den H.	De Duinkickers	200700090	2:16.48	+0,59	A	668		31.27	1:06.15	1:41.32	2:16.48
3. Noa Ottens	VZC	200702256	2:25.75		B	548		31.43	1:08.24	1:46.23	2:25.75
4. Marlies Dijsselhof	Dedemsvaart-AC	200601046	2:34.72	+0,76		458		31.93	1:11.53	1:53.14	2:34.72
5. Britt Colijn	New Wave Almere	200700544	2:35.13	+0,75		455		33.37	1:12.02	1:52.81	2:35.13
6. Eline Lutters	De Dinkel	200600322	2:36.08	+0,73		446		33.18	1:12.50	1:53.66	2:36.08
senioren Open											
1. Tessa Giele	Albion	200203124	2:11.90	+0,69	A	740		28.70	1:02.27	1:36.96	2:11.90
2. Evy Rozeboom	Team NL - DAW	200601338	2:13.94	+0,78	A	706		29.73	1:04.15	1:39.33	2:13.94
3. Frouke Ludwig	DZ&PC	200800112	2:15.61	+0,73	A	681		30.29	1:03.86	1:38.97	2:15.61
4. Rhodee van den H.	De Duinkickers	200700090	2:16.48	+0,59	A	668		31.27	1:06.15	1:41.32	2:16.48
5. Jasmine Vaartjes	Blue Marlins	200903658	2:16.58		A	666		29.77	1:04.02	1:39.88	2:16.58
6. Marte Hieke van der K.	HZ&PC Heerenveen	200500218	2:16.97	+0,72	A	661		30.60	1:04.97	1:40.45	2:16.97
7. Alinda Dingshoff	De Dolfijn	200000928	2:17.14	+0,62	A	658		30.64	1:05.37	1:41.52	2:17.14
8. Elin Ditewig	VZC	200900392	2:24.56	+0,70	A	562		31.18	1:07.59	1:46.27	2:24.56
9. Ilona Weisz	ZPC AMERSFOORT	201004146	2:24.58	+0,57	B	562		31.84	1:07.69	1:45.62	2:24.58
10. Tess Vonk	De Geul	200900024	2:24.98	+0,65	B	557		31.47	1:07.93	1:46.48	2:24.98
11. Noa Ottens	VZC	200702256	2:25.75		B	548		31.43	1:08.24	1:46.23	2:25.75
12. Laura van Etten	HZ&PC Heerenveen	200800264	2:27.13	+0,67	B	533		31.18	1:07.82	1:47.00	2:27.13
13. Mia Hoeflaken	PSV	201004108	2:28.23	+0,65	B	521		32.88	1:10.80	1:49.46	2:28.23
14. Silke Hooghiemstra	HZ&PC Heerenveen	200901224	2:29.13	+0,69	B	512		31.73	1:08.77	1:48.47	2:29.13
15. Emmelien Smelt	ZVZ	200800012	2:30.05	+0,73	B	502		32.84	1:10.22	1:49.45	2:30.05
16. Mariska Scheel	ACZ	199306344	2:30.11		B	502		33.21	1:10.61	1:49.37	2:30.11
17. Famke Irvine	ZPC AMERSFOORT	200501724	2:30.22	+0,79	R	501		31.64	1:08.61	1:48.24	2:30.22
18. Violetta Pflug	Blue Marlins	200804704	2:30.83	+0,78	R	495		31.99	1:09.95	1:49.97	2:30.83
19. Selene Wortel	Hieronimus	199700654	2:31.71	+0,71		486		32.09	1:09.82	1:50.00	2:31.71
20. Esra Simon	Hellas-Glana	201100004	2:32.56	+0,75		478		34.89	1:13.25	1:52.95	2:32.56
21. Angelique van Vark	GZC DONK	199701478	2:32.83	+0,55		475		32.89	1:12.14	1:52.55	2:32.83
22. Marlies Dijsselhof	Dedemsvaart-AC	200601046	2:34.72	+0,76		458		31.93	1:11.53	1:53.14	2:34.72
23. Britt Colijn	New Wave Almere	200700544	2:35.13	+0,75		455		33.37	1:12.02	1:52.81	2:35.13
24. Eline Lutters	De Dinkel	200600322	2:36.08	+0,73		446		33.18	1:12.50	1:53.66	2:36.08
25. Fardau Cazemier	ZCNF'34	200901736	2:44.47	+0,75		381		35.03	1:16.37	2:00.58	2:44.47
26. Isis Verhoeff	ZPC AMERSFOORT	200902962	2:45.49	+0,77		374		34.95	1:16.24	2:00.16	2:45.49
27. Florianne Bultje	TeamNL PARA - Team Noo	199804342ES9	2:54.56	+0,77		319	613	33.26	1:14.41	2:02.29	2:54.56
AFGEM Hannah M.	ZPC De Hof	200803266									
NG Esmaé de Gans	ZPC AMERSFOORT	200900134									

B = Bonus inschrijving