

Programmanr. 12
19-12-2025 - 17:00

Heren, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging					tijd		RT	FINA	para	
Onder 18												
1.	Martijn Nies	PSV					200902095		15:34.64	+0,59	743	
	50m:	27.62	27.62	450m:	4:35.45	31.22	850m:	8:46.87	31.82	1250m:	12:56.89	31.16
	100m:	57.81	30.19	500m:	5:06.96	31.51	900m:	9:18.17	31.30	1300m:	13:28.06	31.17
	150m:	1:28.47	30.66	550m:	5:38.12	31.16	950m:	9:48.56	30.39	1350m:	13:59.44	31.38
	200m:	1:59.35	30.88	600m:	6:09.24	31.12	1000m:	10:19.78	31.22	1400m:	14:31.13	31.69
	250m:	2:30.19	30.84	650m:	6:40.47	31.23	1050m:	10:51.94	32.16	1450m:	15:02.58	31.45
	300m:	3:01.21	31.02	700m:	7:12.06	31.59	1100m:	11:23.08	31.14	1500m:	15:34.64	32.06
	350m:	3:32.60	31.39	750m:	7:43.43	31.37	1150m:	11:54.24	31.16			
	400m:	4:04.23	31.63	800m:	8:15.05	31.62	1200m:	12:25.73	31.49			
2.	Diede Veld	HZ&PC Heerenveen					200800011		15:43.16	+0,61	723	
	50m:	27.64	27.64	450m:	4:35.28	31.39	850m:	8:49.14	32.13	1250m:	13:05.26	32.07
	100m:	57.82	30.18	500m:	5:06.87	31.59	900m:	9:21.17	32.03	1300m:	13:37.19	31.93
	150m:	1:28.68	30.86	550m:	5:38.28	31.41	950m:	9:53.28	32.11	1350m:	14:09.10	31.91
	200m:	1:59.57	30.89	600m:	6:09.94	31.66	1000m:	10:25.30	32.02	1400m:	14:40.86	31.76
	250m:	2:30.58	31.01	650m:	6:41.45	31.51	1050m:	10:57.26	31.96	1450m:	15:12.65	31.79
	300m:	3:01.35	30.77	700m:	7:13.21	31.76	1100m:	11:29.21	31.95	1500m:	15:43.16	30.51
	350m:	3:32.57	31.22	750m:	7:45.21	32.00	1150m:	12:01.19	31.98			
	400m:	4:03.89	31.32	800m:	8:17.01	31.80	1200m:	12:33.19	32.00			
3.	Jelte de Jong	ZPCH					200900975		16:11.84	+0,72	661	
	50m:	28.37	28.37	450m:	4:44.98	32.52	850m:	9:07.56	32.93	1250m:	13:31.31	33.02
	100m:	59.62	31.25	500m:	5:17.59	32.61	900m:	9:40.35	32.79	1300m:	14:04.23	32.92
	150m:	1:31.43	31.81	550m:	5:50.17	32.58	950m:	10:13.48	33.13	1350m:	14:36.88	32.65
	200m:	2:03.54	32.11	600m:	6:22.85	32.68	1000m:	10:46.42	32.94	1400m:	15:09.48	32.60
	250m:	2:35.95	32.41	650m:	6:55.72	32.87	1050m:	11:19.53	33.11	1450m:	15:41.58	32.10
	300m:	3:08.05	32.10	700m:	7:28.57	32.85	1100m:	11:52.50	32.97	1500m:	16:11.84	30.26
	350m:	3:40.12	32.07	750m:	8:01.50	32.93	1150m:	12:25.56	33.06			
	400m:	4:12.46	32.34	800m:	8:34.63	33.13	1200m:	12:58.29	32.73			
Onder 20												
1.	Bram Loots	Team NL - Team Noord Holland					200700197		15:29.91	+0,66	755	
	50m:	28.26	28.26	450m:	4:35.49	31.10	850m:	8:46.55	31.69	1250m:	12:56.37	30.99
	100m:	58.71	30.45	500m:	5:06.60	31.11	900m:	9:18.31	31.76	1300m:	13:27.66	31.29
	150m:	1:29.34	30.63	550m:	5:37.79	31.19	950m:	9:49.99	31.68	1350m:	13:58.98	31.32
	200m:	2:00.37	31.03	600m:	6:08.93	31.14	1000m:	10:21.05	31.06	1400m:	14:29.90	30.92
	250m:	2:31.27	30.90	650m:	6:40.27	31.34	1050m:	10:51.72	30.67	1450m:	15:00.57	30.67
	300m:	3:02.39	31.12	700m:	7:11.71	31.44	1100m:	11:22.84	31.12	1500m:	15:29.91	29.34
	350m:	3:33.38	30.99	750m:	7:43.43	31.72	1150m:	11:53.87	31.03			
	400m:	4:04.39	31.01	800m:	8:14.86	31.43	1200m:	12:25.38	31.51			
2.	Olivier Wilbers	De Dolfijn					200600181		15:52.04	+0,75	703	
	50m:	29.53	29.53	450m:	4:42.06	31.52	850m:	8:56.38	31.95	1250m:	13:12.79	32.28
	100m:	1:01.14	31.61	500m:	5:13.92	31.86	900m:	9:28.24	31.86	1300m:	13:44.96	32.17
	150m:	1:33.01	31.87	550m:	5:45.61	31.69	950m:	10:00.22	31.98	1350m:	14:16.95	31.99
	200m:	2:04.63	31.62	600m:	6:17.23	31.62	1000m:	10:32.20	31.98	1400m:	14:49.28	32.33
	250m:	2:36.08	31.45	650m:	6:49.02	31.79	1050m:	11:04.10	31.90	1450m:	15:21.29	32.01
	300m:	3:07.50	31.42	700m:	7:20.77	31.75	1100m:	11:36.33	32.23	1500m:	15:52.04	30.75
	350m:	3:38.94	31.44	750m:	7:52.57	31.80	1150m:	12:08.40	32.07			
	400m:	4:10.54	31.60	800m:	8:24.43	31.86	1200m:	12:40.51	32.11			
3.	Bas Blanker	ACZ					200601497		16:09.42	+0,74	666	
	50m:	28.73	28.73	450m:	4:46.32	32.27	850m:	9:07.96	32.57	1250m:	13:28.03	32.78
	100m:	1:00.13	31.40	500m:	5:19.03	32.71	900m:	9:40.42	32.46	1300m:	14:00.47	32.44
	150m:	1:32.11	31.98	550m:	5:51.69	32.66	950m:	10:12.93	32.51	1350m:	14:33.15	32.68
	200m:	2:04.39	32.28	600m:	6:24.22	32.53	1000m:	10:45.36	32.43	1400m:	15:05.83	32.68
	250m:	2:36.67	32.28	650m:	6:56.71	32.49	1050m:	11:17.88	32.52	1450m:	15:38.21	32.38
	300m:	3:09.21	32.54	700m:	7:29.69	32.98	1100m:	11:50.14	32.26	1500m:	16:09.42	31.21
	350m:	3:41.57	32.36	750m:	8:02.50	32.81	1150m:	12:22.52	32.38			
	400m:	4:14.05	32.48	800m:	8:35.39	32.89	1200m:	12:55.25	32.73			
4.	Jasper Thijert	WS Twente					200700321		16:29.54	+0,58	626	
	50m:	28.91	28.91	450m:	4:50.66	33.35	850m:	9:18.70	33.41	1250m:	13:47.19	33.10
	100m:	1:00.38	31.47	500m:	5:24.05	33.39	900m:	9:52.29	33.59	1300m:	14:19.96	32.77
	150m:	1:32.92	32.54	550m:	5:57.46	33.41	950m:	10:25.96	33.67	1350m:	14:52.68	32.72
	200m:	2:05.20	32.28	600m:	6:31.00	33.54	1000m:	10:59.42	33.46	1400m:	15:25.34	32.66
	250m:	2:37.92	32.72	650m:	7:04.25	33.25	1050m:	11:33.17	33.75	1450m:	15:58.26	32.92
	300m:	3:10.86	32.94	700m:	7:38.10	33.85	1100m:	12:07.40	34.23	1500m:	16:29.54	31.28
	350m:	3:44.06	33.20	750m:	8:11.74	33.64	1150m:	12:41.25	33.85			
	400m:	4:17.31	33.25	800m:	8:45.29	33.55	1200m:	13:14.09	32.84			

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 12, Heren, 1500m vrije slag, Onder 20

rang	naam	vereniging		tijd		RT	FINA	para
5.	Thijs Wellink	ZPC AMERSFOORT		200600715		16:44.21	+0,72	599
	50m: 28.78	28.78	450m: 4:52.15	33.72	850m: 9:20.19	33.60	1250m: 13:53.36	34.63
	100m: 1:00.28	31.50	500m: 5:25.72	33.57	900m: 9:54.00	33.81	1300m: 14:27.72	34.36
	150m: 1:32.78	32.50	550m: 5:59.35	33.63	950m: 10:27.90	33.90	1350m: 15:02.51	34.79
	200m: 2:05.59	32.81	600m: 6:33.02	33.67	1000m: 11:01.64	33.74	1400m: 15:36.98	34.47
	250m: 2:38.37	32.78	650m: 7:06.52	33.50	1050m: 11:35.62	33.98	1450m: 16:10.89	33.91
	300m: 3:11.51	33.14	700m: 7:39.96	33.44	1100m: 12:10.26	34.64	1500m: 16:44.21	33.32
	350m: 3:44.93	33.42	750m: 8:13.28	33.32	1150m: 12:44.39	34.13		
	400m: 4:18.43	33.50	800m: 8:46.59	33.31	1200m: 13:18.73	34.34		
AFGEM	Tieme Wiersma	DZ&PC		200701031				
NG	Jere Wiersma	DZ&PC		200701037				

senioren Open

1.	Bram Loots	Team NL - Team Noord Holland		200700197		15:29.91	+0,66	755
	50m: 28.26	28.26	450m: 4:35.49	31.10	850m: 8:46.55	31.69	1250m: 12:56.37	30.99
	100m: 58.71	30.45	500m: 5:06.60	31.11	900m: 9:18.31	31.76	1300m: 13:27.66	31.29
	150m: 1:29.34	30.63	550m: 5:37.79	31.19	950m: 9:49.99	31.68	1350m: 13:58.98	31.32
	200m: 2:00.37	31.03	600m: 6:08.93	31.14	1000m: 10:21.05	31.06	1400m: 14:29.90	30.92
	250m: 2:31.27	30.90	650m: 6:40.27	31.34	1050m: 10:51.72	30.67	1450m: 15:00.57	30.67
	300m: 3:02.39	31.12	700m: 7:11.71	31.44	1100m: 11:22.84	31.12	1500m: 15:29.91	29.34
	350m: 3:33.38	30.99	750m: 7:43.43	31.72	1150m: 11:53.87	31.03		
	400m: 4:04.39	31.01	800m: 8:14.86	31.43	1200m: 12:25.38	31.51		
2.	Martijn Nies	PSV		200902095		15:34.64	+0,59	743
	50m: 27.62	27.62	450m: 4:35.45	31.22	850m: 8:46.87	31.82	1250m: 12:56.89	31.16
	100m: 57.81	30.19	500m: 5:06.96	31.51	900m: 9:18.17	31.30	1300m: 13:28.06	31.17
	150m: 1:28.47	30.66	550m: 5:38.12	31.16	950m: 9:48.56	30.39	1350m: 13:59.44	31.38
	200m: 1:59.35	30.88	600m: 6:09.24	31.12	1000m: 10:19.78	31.22	1400m: 14:31.13	31.69
	250m: 2:30.19	30.84	650m: 6:40.47	31.23	1050m: 10:51.94	32.16	1450m: 15:02.58	31.45
	300m: 3:01.21	31.02	700m: 7:12.06	31.59	1100m: 11:23.08	31.14	1500m: 15:34.64	32.06
	350m: 3:32.60	31.39	750m: 7:43.43	31.37	1150m: 11:54.24	31.16		
	400m: 4:04.23	31.63	800m: 8:15.05	31.62	1200m: 12:25.73	31.49		
3.	Diede Veld	HZ&PC Heerenveen		200800011		15:43.16	+0,61	723
	50m: 27.64	27.64	450m: 4:35.28	31.39	850m: 8:49.14	32.13	1250m: 13:05.26	32.07
	100m: 57.82	30.18	500m: 5:06.87	31.59	900m: 9:21.17	32.03	1300m: 13:37.19	31.93
	150m: 1:28.68	30.86	550m: 5:38.28	31.41	950m: 9:53.28	32.11	1350m: 14:09.10	31.91
	200m: 1:59.57	30.89	600m: 6:09.94	31.66	1000m: 10:25.30	32.02	1400m: 14:40.86	31.76
	250m: 2:30.58	31.01	650m: 6:41.45	31.51	1050m: 10:57.26	31.96	1450m: 15:12.65	31.79
	300m: 3:01.35	30.77	700m: 7:13.21	31.76	1100m: 11:29.21	31.95	1500m: 15:43.16	30.51
	350m: 3:32.57	31.22	750m: 7:45.21	32.00	1150m: 12:01.19	31.98		
	400m: 4:03.89	31.32	800m: 8:17.01	31.80	1200m: 12:33.19	32.00		
4.	Olivier Wilbers	De Dolfijn		200600181		15:52.04	+0,75	703
	50m: 29.53	29.53	450m: 4:42.06	31.52	850m: 8:56.38	31.95	1250m: 13:12.79	32.28
	100m: 1:01.14	31.61	500m: 5:13.92	31.86	900m: 9:28.24	31.86	1300m: 13:44.96	32.17
	150m: 1:33.01	31.87	550m: 5:45.61	31.69	950m: 10:00.22	31.98	1350m: 14:16.95	31.99
	200m: 2:04.63	31.62	600m: 6:17.23	31.62	1000m: 10:32.20	31.98	1400m: 14:49.28	32.33
	250m: 2:36.08	31.45	650m: 6:49.02	31.79	1050m: 11:04.10	31.90	1450m: 15:21.29	32.01
	300m: 3:07.50	31.42	700m: 7:20.77	31.75	1100m: 11:36.33	32.23	1500m: 15:52.04	30.75
	350m: 3:38.94	31.44	750m: 7:52.57	31.80	1150m: 12:08.40	32.07		
	400m: 4:10.54	31.60	800m: 8:24.43	31.86	1200m: 12:40.51	32.11		
5.	Bas Blanker	ACZ		200601497		16:09.42	+0,74	666
	50m: 28.73	28.73	450m: 4:46.32	32.27	850m: 9:07.96	32.57	1250m: 13:28.03	32.78
	100m: 1:00.13	31.40	500m: 5:19.03	32.71	900m: 9:40.42	32.46	1300m: 14:00.47	32.44
	150m: 1:32.11	31.98	550m: 5:51.69	32.66	950m: 10:12.93	32.51	1350m: 14:33.15	32.68
	200m: 2:04.39	32.28	600m: 6:24.22	32.53	1000m: 10:45.36	32.43	1400m: 15:05.83	32.68
	250m: 2:36.67	32.28	650m: 6:56.71	32.49	1050m: 11:17.88	32.52	1450m: 15:38.21	32.38
	300m: 3:09.21	32.54	700m: 7:29.69	32.98	1100m: 11:50.14	32.26	1500m: 16:09.42	31.21
	350m: 3:41.57	32.36	750m: 8:02.50	32.81	1150m: 12:22.52	32.38		
	400m: 4:14.05	32.48	800m: 8:35.39	32.89	1200m: 12:55.25	32.73		
6.	Jelte de Jong	ZPCH		200900975		16:11.84	+0,72	661
	50m: 28.37	28.37	450m: 4:44.98	32.52	850m: 9:07.56	32.93	1250m: 13:31.31	33.02
	100m: 59.62	31.25	500m: 5:17.59	32.61	900m: 9:40.35	32.79	1300m: 14:04.23	32.92
	150m: 1:31.43	31.81	550m: 5:50.17	32.58	950m: 10:13.48	33.13	1350m: 14:36.88	32.65
	200m: 2:03.54	32.11	600m: 6:22.85	32.68	1000m: 10:46.42	32.94	1400m: 15:09.48	32.60
	250m: 2:35.95	32.41	650m: 6:55.72	32.87	1050m: 11:19.53	33.11	1450m: 15:41.58	32.10
	300m: 3:08.05	32.10	700m: 7:28.57	32.85	1100m: 11:52.50	32.97	1500m: 16:11.84	30.26
	350m: 3:40.12	32.07	750m: 8:01.50	32.93	1150m: 12:25.56	33.06		
	400m: 4:12.46	32.34	800m: 8:34.63	33.13	1200m: 12:58.29	32.73		

B = Bonus inschrijving

Programmanr. 12, Heren, 1500m vrije slag, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
7.	Hessel Robert	Het Y				200200917				16:24.23	+0,76	637
	50m:	29.64	29.64	450m:	4:49.19	33.49	850m:	9:18.65	33.17	1250m:	13:43.48	33.47
	100m:	1:01.52	31.88	500m:	5:22.95	33.76	900m:	9:51.34	32.69	1300m:	14:17.17	33.69
	150m:	1:33.76	32.24	550m:	5:56.97	34.02	950m:	10:23.71	32.37	1350m:	14:49.54	32.37
	200m:	2:05.94	32.18	600m:	6:31.06	34.09	1000m:	10:57.47	33.76	1400m:	15:21.65	32.11
	250m:	2:37.55	31.61	650m:	7:04.20	33.14	1050m:	11:30.35	32.88	1450m:	15:52.91	31.26
	300m:	3:09.51	31.96	700m:	7:37.91	33.71	1100m:	12:03.55	33.20	1500m:	16:24.23	31.32
	350m:	3:42.47	32.96	750m:	8:12.20	34.29	1150m:	12:36.67	33.12			
	400m:	4:15.70	33.23	800m:	8:45.48	33.28	1200m:	13:10.01	33.34			
8.	Jasper Thijert	WS Twente				200700321				16:29.54	+0,58	626
	50m:	28.91	28.91	450m:	4:50.66	33.35	850m:	9:18.70	33.41	1250m:	13:47.19	33.10
	100m:	1:00.38	31.47	500m:	5:24.05	33.39	900m:	9:52.29	33.59	1300m:	14:19.96	32.77
	150m:	1:32.92	32.54	550m:	5:57.46	33.41	950m:	10:25.96	33.67	1350m:	14:52.68	32.72
	200m:	2:05.20	32.28	600m:	6:31.00	33.54	1000m:	10:59.42	33.46	1400m:	15:25.34	32.66
	250m:	2:37.92	32.72	650m:	7:04.25	33.25	1050m:	11:33.17	33.75	1450m:	15:58.26	32.92
	300m:	3:10.86	32.94	700m:	7:38.10	33.85	1100m:	12:07.40	34.23	1500m:	16:29.54	31.28
	350m:	3:44.06	33.20	750m:	8:11.74	33.64	1150m:	12:41.25	33.85			
	400m:	4:17.31	33.25	800m:	8:45.29	33.55	1200m:	13:14.09	32.84			
9.	Thijs Wellink	ZPC AMERSFOORT				200600715				16:44.21	+0,72	599
	50m:	28.78	28.78	450m:	4:52.15	33.72	850m:	9:20.19	33.60	1250m:	13:53.36	34.63
	100m:	1:00.28	31.50	500m:	5:25.72	33.57	900m:	9:54.00	33.81	1300m:	14:27.72	34.36
	150m:	1:32.78	32.50	550m:	5:59.35	33.63	950m:	10:27.90	33.90	1350m:	15:02.51	34.79
	200m:	2:05.59	32.81	600m:	6:33.02	33.67	1000m:	11:01.64	33.74	1400m:	15:36.98	34.47
	250m:	2:38.37	32.78	650m:	7:06.52	33.50	1050m:	11:35.62	33.98	1450m:	16:10.89	33.91
	300m:	3:11.51	33.14	700m:	7:39.96	33.44	1100m:	12:10.26	34.64	1500m:	16:44.21	33.32
	350m:	3:44.93	33.42	750m:	8:13.28	33.32	1150m:	12:44.39	34.13			
	400m:	4:18.43	33.50	800m:	8:46.59	33.31	1200m:	13:18.73	34.34			
10.	Julian Prummel	De Gooische (SG)				200501731				16:49.63	+0,66	590
	50m:	29.11	29.11	450m:	4:55.22	33.95	850m:	9:26.65	33.84	1250m:	14:00.49	34.54
	100m:	1:00.83	31.72	500m:	5:29.14	33.92	900m:	10:00.55	33.90	1300m:	14:34.78	34.29
	150m:	1:33.58	32.75	550m:	6:03.08	33.94	950m:	10:35.02	34.47	1350m:	15:08.88	34.10
	200m:	2:06.98	33.40	600m:	6:36.82	33.74	1000m:	11:09.37	34.35	1400m:	15:43.14	34.26
	250m:	2:40.26	33.28	650m:	7:10.74	33.92	1050m:	11:43.61	34.24	1450m:	16:17.03	33.89
	300m:	3:13.97	33.71	700m:	7:44.83	34.09	1100m:	12:17.65	34.04	1500m:	16:49.63	32.60
	350m:	3:47.72	33.75	750m:	8:18.73	33.90	1150m:	12:51.74	34.09			
	400m:	4:21.27	33.55	800m:	8:52.81	34.08	1200m:	13:25.95	34.21			
11.	Jorian Tanis	Albion				199900327				16:54.78	+0,72	581
	50m:	28.88	28.88	450m:	4:56.76	34.08	850m:	9:30.80	34.61	1250m:	14:07.00	34.47
	100m:	1:00.78	31.90	500m:	5:31.08	34.32	900m:	10:05.35	34.55	1300m:	14:40.68	33.68
	150m:	1:33.70	32.92	550m:	6:05.12	34.04	950m:	10:39.65	34.30	1350m:	15:15.06	34.38
	200m:	2:07.34	33.64	600m:	6:39.07	33.95	1000m:	11:14.45	34.80	1400m:	15:48.87	33.81
	250m:	2:41.05	33.71	650m:	7:13.24	34.17	1050m:	11:48.86	34.41	1450m:	16:22.66	33.79
	300m:	3:14.81	33.76	700m:	7:47.38	34.14	1100m:	12:23.24	34.38	1500m:	16:54.78	32.12
	350m:	3:48.68	33.87	750m:	8:21.84	34.46	1150m:	12:57.79	34.55			
	400m:	4:22.68	34.00	800m:	8:56.19	34.35	1200m:	13:32.53	34.74			
GEM	Tieme Wiersma	DZ&PC				200701031						
NG	Jere Wiersma	DZ&PC				200701037						

B = Bonus inschrijving