

1 - Nederlandse Kampioenschappen Korte Baan sessie 1 - series

19-12-2025 - 9:00

Programmanr. 1
19-12-2025 - 9:00

Dames, 400m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
PARA onder 16						
1.	Jente Parlevliet	Noordwijkerhout	201003900 S14	6:12.11	+0,84 Q	236 402
	50m: 39.56	39.56 150m: 2:12.82	47.56 250m: 3:48.82	48.09 350m: 5:22.07	45.65	
	100m: 1:25.26	45.70 200m: 3:00.73	47.91 300m: 4:36.42	47.60 400m: 6:12.11	50.04	
2.	Gwyneth van der Spek	Batavia Swim	201102806 S7	6:43.27	+0,68 Q	186 398
	50m: 46.09	46.09 150m: 2:29.59	51.93 250m: 4:13.10	51.95 350m: 5:55.99	51.12	
	100m: 1:37.66	51.57 200m: 3:21.15	51.56 300m: 5:04.87	51.77 400m: 6:43.27	47.28	
PARA Open						
1.	Milou van Winkel	WVZ	200402296 S14	5:31.01	+0,71 Q	336 571
	50m: 34.79	34.79 150m: 1:58.09	42.10 250m: 3:22.36	42.16 350m: 4:47.50	42.26	
	100m: 1:15.99	41.20 200m: 2:40.20	42.11 300m: 4:05.24	42.88 400m: 5:31.01	43.51	
2.	Aguila Dolsma	Blue Marlins	200603902 S14	5:38.58	+0,80 Q	314 534
	50m: 35.91	35.91 150m: 1:58.89	42.30 250m: 3:25.93	43.68 350m: 4:56.10	44.83	
	100m: 1:16.59	40.68 200m: 2:42.25	43.36 300m: 4:11.27	45.34 400m: 5:38.58	42.48	
3.	Jente Parlevliet	Noordwijkerhout	201003900 S14	6:12.11	+0,84 Q	236 402
	50m: 39.56	39.56 150m: 2:12.82	47.56 250m: 3:48.82	48.09 350m: 5:22.07	45.65	
	100m: 1:25.26	45.70 200m: 3:00.73	47.91 300m: 4:36.42	47.60 400m: 6:12.11	50.04	
4.	Gwyneth van der Spek	Batavia Swim	201102806 S7	6:43.27	+0,68 Q	186 398
	50m: 46.09	46.09 150m: 2:29.59	51.93 250m: 4:13.10	51.95 350m: 5:55.99	51.12	
	100m: 1:37.66	51.57 200m: 3:21.15	51.56 300m: 5:04.87	51.77 400m: 6:43.27	47.28	
Onder 18						
1.	Jade van der Schrier	AZC	200800692	4:16.27	+0,74 A	725
	50m: 29.79	29.79 150m: 1:34.12	32.35 250m: 2:39.23	32.69 350m: 3:44.58	32.74	
	100m: 1:01.77	31.98 200m: 2:06.54	32.42 300m: 3:11.84	32.61 400m: 4:16.27	31.69	
2.	Julie van Nispen	Nuenen	200800290	4:20.31	+0,74 A	692
	50m: 30.04	30.04 150m: 1:35.23	32.68 250m: 2:40.49	32.66 350m: 3:47.20	33.54	
	100m: 1:02.55	32.51 200m: 2:07.83	32.60 300m: 3:13.66	33.17 400m: 4:20.31	33.11	
3.	Frouke Ludwig	DZ&PC	200800112	4:24.01	B	663
	50m: 30.44	30.44 150m: 1:36.84	33.44 250m: 2:42.96	32.93 350m: 3:50.17	33.98	
	100m: 1:03.40	32.96 200m: 2:10.03	33.19 300m: 3:16.19	33.23 400m: 4:24.01	33.84	
4.	Bregje Dekkers	PSV	200900746	4:29.67	+0,48 B	622
	50m: 30.56	30.56 150m: 1:37.18	33.57 250m: 2:44.21	33.62 350m: 3:53.85	35.32	
	100m: 1:03.61	33.05 200m: 2:10.59	33.41 300m: 3:18.53	34.32 400m: 4:29.67	35.82	
5.	Fenna Westerneng	DZ&PC	200900070	4:30.86 *	+0,75 B	614
	50m: 30.28	30.28 150m: 1:38.49	34.24 250m: 2:46.34	33.76 350m: 3:56.11	35.09	
	100m: 1:04.25	33.97 200m: 2:12.58	34.09 300m: 3:21.02	34.68 400m: 4:30.86	34.75	
6.	Chiara Lammertink	ZPC AMERSFOORT	200902200	4:35.35	+0,71 R	584
	50m: 31.03	31.03 150m: 1:39.84	34.80 250m: 2:50.44	35.18 350m: 4:01.02	35.26	
	100m: 1:05.04	34.01 200m: 2:15.26	35.42 300m: 3:25.76	35.32 400m: 4:35.35	34.33	
7.	Meyke v. Nimwegen	De Schoteijl	200800106	4:37.63	+0,73	570
	50m: 31.22	31.22 150m: 1:40.04	34.77 250m: 2:50.71	35.48 350m: 4:02.42	35.83	
	100m: 1:05.27	34.05 200m: 2:15.23	35.19 300m: 3:26.59	35.88 400m: 4:37.63	35.21	
8.	Rixt Rothschild	ZPC Hoogetveen	200900026	4:38.83	+0,74	563
	50m: 31.36	31.36 150m: 1:40.74	35.02 250m: 2:51.65	35.27 350m: 4:03.18	35.86	
	100m: 1:05.72	34.36 200m: 2:16.38	35.64 300m: 3:27.32	35.67 400m: 4:38.83	35.65	
9.	Esmee Ykema	HZ&PC Heerenveen	200801710	4:44.02	+0,69	532
	50m: 31.68	31.68 150m: 1:42.69	35.98 250m: 2:55.60	36.66 350m: 4:08.75	36.61	
	100m: 1:06.71	35.03 200m: 2:18.94	36.25 300m: 3:32.14	36.54 400m: 4:44.02	35.27	
10.	Suuz Griekspoor	Noordwijkerhout	200901204	4:44.82	+0,75	528
	50m: 31.59	31.59 150m: 1:41.76	35.64 250m: 2:54.74	36.60 350m: 4:08.39	36.86	
	100m: 1:06.12	34.53 200m: 2:18.14	36.38 300m: 3:31.53	36.79 400m: 4:44.82	36.43	

B = Bonus inschrijving

Programmanr. 1, Meisjes, 400m vrije slag, Voorronde, Onder 18

rang	naam	vereniging				tijd				RT	FINA	para
11.	Elin Brinkhof	De Dolfijn				200900078	4:45.19				+0,77	526
	50m: 31.30	31.30	150m: 1:41.70	35.71	250m: 2:55.01	36.60	350m: 4:09.11	37.28				
	100m: 1:05.99	34.69	200m: 2:18.41	36.71	300m: 3:31.83	36.82	400m: 4:45.19	36.08				
12.	Lotte Blanken	SBC2000				200801476	4:47.61				+0,74	513
	50m: 32.06	32.06	150m: 1:43.03	35.88	250m: 2:56.84	37.02	350m: 4:11.41	37.43				
	100m: 1:07.15	35.09	200m: 2:19.82	36.79	300m: 3:33.98	37.14	400m: 4:47.61	36.20				
13.	Kinley Cole	PSV				200903696	4:47.99				+0,69	511
	50m: 32.68	32.68	150m: 1:46.66	37.23	250m: 3:00.29	36.61	350m: 4:13.30	36.29				
	100m: 1:09.43	36.75	200m: 2:23.68	37.02	300m: 3:37.01	36.72	400m: 4:47.99	34.69				
14.	Hadewych Forschelen	MNC Dordrecht				200903572	4:48.60					507
	50m: 32.63	32.63	150m: 1:45.20	36.56	250m: 2:59.49	37.06	350m: 4:13.41	36.70				
	100m: 1:08.64	36.01	200m: 2:22.43	37.23	300m: 3:36.71	37.22	400m: 4:48.60	35.19				
15.	Puck van Wees	De Dolfijn				200901020	4:49.89				+0,70	501
	50m: 31.85	31.85	150m: 1:44.27	36.68	250m: 2:58.93	37.41	350m: 4:13.91	37.04				
	100m: 1:07.59	35.74	200m: 2:21.52	37.25	300m: 3:36.87	37.94	400m: 4:49.89	35.98				
16.	Flore Blok	OZ&PC				200804348	4:49.94				+0,52	500
	50m: 32.55	32.55	150m: 1:45.73	37.00	250m: 2:59.60	36.97	350m: 4:14.25	37.37				
	100m: 1:08.73	36.18	200m: 2:22.63	36.90	300m: 3:36.88	37.28	400m: 4:49.94	35.69				
17.	Niobe Maduro	Aqua-Novio'94				200800378	4:50.50				+0,74	497
	50m: 31.30	31.30	150m: 1:41.99	35.89	250m: 2:56.27	37.31	350m: 4:12.55	38.15				
	100m: 1:06.10	34.80	200m: 2:18.96	36.97	300m: 3:34.40	38.13	400m: 4:50.50	37.95				
18.	Daphne Dijsselhof	Dedemsvaart-AC				200901690	4:54.35				+0,76	478
	50m: 32.73	32.73	150m: 1:47.45	37.90	250m: 3:03.31	38.25	350m: 4:18.70	37.62				
	100m: 1:09.55	36.82	200m: 2:25.06	37.61	300m: 3:41.08	37.77	400m: 4:54.35	35.65				

AFGEM Simone Faber Deltasteur 200900710

Onder 20

1.	Nynke Boerefijn	ZPC AMERSFOORT				200700114	4:12.45				+0,70	A	758
	50m: 28.63	28.63	150m: 1:32.83	32.45	250m: 2:37.61	32.18	350m: 3:41.02	31.41					
	100m: 1:00.38	31.75	200m: 2:05.43	32.60	300m: 3:09.61	32.00	400m: 4:12.45	31.43					
2.	Hedwig Bolt	HZ&PC Heerenveen				200602660	4:16.29				+0,79	A	725
	50m: 29.51	29.51	150m: 1:33.42	32.30	250m: 2:38.50	32.46	350m: 3:43.75	32.67					
	100m: 1:01.12	31.61	200m: 2:06.04	32.62	300m: 3:11.08	32.58	400m: 4:16.29	32.54					
3.	Rhodee van den Ham	De Duinkickers				200700090	4:22.53				+0,72	A	674
	50m: 30.73	30.73	150m: 1:38.08	34.06	250m: 2:44.28	32.69	350m: 3:50.31	32.88					
	100m: 1:04.02	33.29	200m: 2:11.59	33.51	300m: 3:17.43	33.15	400m: 4:22.53	32.22					
4.	Veerle de Ridder	HZ&PC Heerenveen				200700778	4:30.27				+0,51	B	618
	50m: 29.57	29.57	150m: 1:36.41	33.91	250m: 2:45.07	34.18	350m: 3:55.16	35.50					
	100m: 1:02.50	32.93	200m: 2:10.89	34.48	300m: 3:19.66	34.59	400m: 4:30.27	35.11					
5.	Imre Bouwland	ZPC Hoozeveen				200700388	4:36.87				+0,71		575
	50m: 30.94	30.94	150m: 1:39.93	34.92	250m: 2:50.34	35.25	350m: 4:01.57	35.63					
	100m: 1:05.01	34.07	200m: 2:15.09	35.16	300m: 3:25.94	35.60	400m: 4:36.87	35.30					
6.	Isa Jansen	SBC2000				200701176	4:40.36				+0,75		553
	50m: 31.16	31.16	150m: 1:41.44	35.60	250m: 2:52.90	35.93	350m: 4:05.17	36.16					
	100m: 1:05.84	34.68	200m: 2:16.97	35.53	300m: 3:29.01	36.11	400m: 4:40.36	35.19					
7.	Noa Ottens	VZC				200702256	4:44.58				+0,73		529
	50m: 30.77	30.77	150m: 1:42.97	36.71	250m: 2:55.97	36.27	350m: 4:08.82	36.33					
	100m: 1:06.26	35.49	200m: 2:19.70	36.73	300m: 3:32.49	36.52	400m: 4:44.58	35.76					
8.	Vera Wassink	DZ&PC				200604976	4:46.50				+0,77		519
	50m: 30.98	30.98	150m: 1:41.97	36.28	250m: 2:55.92	37.08	350m: 4:10.42	37.16					
	100m: 1:05.69	34.71	200m: 2:18.84	36.87	300m: 3:33.26	37.34	400m: 4:46.50	36.08					

senioren Open

1.	Marte Hieke van der Kamp	HZ&PC Heerenveen				200500218	4:10.97				+0,73	A	772
	50m: 28.82	28.82	150m: 1:33.02	32.22	250m: 2:37.04	31.63	350m: 3:41.12	32.11					
	100m: 1:00.80	31.98	200m: 2:05.41	32.39	300m: 3:09.01	31.97	400m: 4:10.97	29.85					
2.	Nynke Boerefijn	ZPC AMERSFOORT				200700114	4:12.45				+0,70	A	758
	50m: 28.63	28.63	150m: 1:32.83	32.45	250m: 2:37.61	32.18	350m: 3:41.02	31.41					
	100m: 1:00.38	31.75	200m: 2:05.43	32.60	300m: 3:09.61	32.00	400m: 4:12.45	31.43					
3.	Jade van der Schrier	AZC				200800692	4:16.27				+0,74	A	725
	50m: 29.79	29.79	150m: 1:34.12	32.35	250m: 2:39.23	32.69	350m: 3:44.58	32.74					
	100m: 1:01.77	31.98	200m: 2:06.54	32.42	300m: 3:11.84	32.61	400m: 4:16.27	31.69					

B = Bonus inschrijving

Programmanr. 1, Dames, 400m vrije slag, Voorronde, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
4.	Hedwig Bolt	HZ&PC Heerenveen	200602660	4:16.29	+0,79 A	725
	50m: 29.51	150m: 1:33.42	32.30	250m: 2:38.50	350m: 3:43.75	32.67
	100m: 1:01.12	200m: 2:06.04	32.62	300m: 3:11.08	400m: 4:16.29	32.54
5.	Yill van Bezouw	Hieronymus	201100704	4:18.09	+0,69 A	710
	50m: 28.57	150m: 1:32.95	32.43	250m: 2:38.50	350m: 3:45.89	33.91
	100m: 1:00.52	200m: 2:05.75	32.80	300m: 3:11.98	400m: 4:18.09	32.20
6.	Fenne Metten	ZPC AMERSFOORT	201000102	4:19.48	+0,45 A	698
	50m: 29.46	150m: 1:34.02	32.75	250m: 2:39.88	350m: 3:47.37	33.69
	100m: 1:01.27	200m: 2:06.81	32.79	300m: 3:13.68	400m: 4:19.48	32.11
7.	Julie van Nispen	Nuenen	200800290	4:20.31	+0,74 A	692
	50m: 30.04	150m: 1:35.23	32.68	250m: 2:40.49	350m: 3:47.20	33.54
	100m: 1:02.55	200m: 2:07.83	32.60	300m: 3:13.66	400m: 4:20.31	33.11
8.	Rhodee van den Ham	De Duinkikkers	200700090	4:22.53	+0,72 A	674
	50m: 30.73	150m: 1:38.08	34.06	250m: 2:44.28	350m: 3:50.31	32.88
	100m: 1:04.02	200m: 2:11.59	33.51	300m: 3:17.43	400m: 4:22.53	32.22
9.	Frouke Ludwig	DZ&PC	200800112	4:24.01	B	663
	50m: 30.44	150m: 1:36.84	33.44	250m: 2:42.96	350m: 3:50.17	33.98
	100m: 1:03.40	200m: 2:10.03	33.19	300m: 3:16.19	400m: 4:24.01	33.84
10.	Bregje Dekkers	PSV	200900746	4:29.67	+0,48 B	622
	50m: 30.56	150m: 1:37.18	33.57	250m: 2:44.21	350m: 3:53.85	35.32
	100m: 1:03.61	200m: 2:10.59	33.41	300m: 3:18.53	400m: 4:29.67	35.82
11.	Hannah Huisman	De Dolfijn	201000002	4:30.26	+0,72 B	618
	50m: 30.10	150m: 1:38.86	34.57	250m: 2:48.22	350m: 3:57.50	34.88
	100m: 1:04.29	200m: 2:13.53	34.67	300m: 3:22.62	400m: 4:30.26	32.76
12.	Veerle de Ridder	HZ&PC Heerenveen	200700778	4:30.27	+0,51 B	618
	50m: 29.57	150m: 1:36.41	33.91	250m: 2:45.07	350m: 3:55.16	35.50
	100m: 1:02.50	200m: 2:10.89	34.48	300m: 3:19.66	400m: 4:30.27	35.11
13.	Fenna Westerneng	DZ&PC	200900070	4:30.86 *	+0,75 B	614
	50m: 30.28	150m: 1:38.49	34.24	250m: 2:46.34	350m: 3:56.11	35.09
	100m: 1:04.25	200m: 2:12.58	34.09	300m: 3:21.02	400m: 4:30.86	34.75
14.	Mara Bosman	De Dolfijn	200303048	4:30.95	+0,72 B	613
	50m: 30.40	150m: 1:37.79	34.26	250m: 2:46.87	350m: 3:56.42	34.44
	100m: 1:03.53	200m: 2:12.48	34.69	300m: 3:21.98	400m: 4:30.95	34.53
15.	Tess Panjer	VZC	200403060	4:32.48	+0,61 B	603
	50m: 30.17	150m: 1:37.46	34.14	250m: 2:47.65	350m: 3:58.37	35.30
	100m: 1:03.32	200m: 2:12.36	34.90	300m: 3:23.07	400m: 4:32.48	34.11
16.	Anna Lepoutre	PSV	201100534	4:34.71	+0,41 B	588
	50m: 30.15	150m: 1:39.36	34.89	250m: 2:49.79	350m: 4:00.25	34.95
	100m: 1:04.47	200m: 2:14.57	35.21	300m: 3:25.30	400m: 4:34.71	34.46
17.	Elin Reinstra	TriVia	201100842	4:35.33	+0,78 R	584
	50m: 31.23	150m: 1:40.38	34.92	250m: 2:50.27	350m: 4:00.98	35.10
	100m: 1:05.46	200m: 2:15.51	35.13	300m: 3:25.88	400m: 4:35.33	34.35
18.	Chiara Lammertink	ZPC AMERSFOORT	200902200	4:35.35	+0,71 R	584
	50m: 31.03	150m: 1:39.84	34.80	250m: 2:50.44	350m: 4:01.02	35.26
	100m: 1:05.04	200m: 2:15.26	35.42	300m: 3:25.76	400m: 4:35.35	34.33
19.	Angelique van Vark	GZC DONK	199701478	4:35.52	+0,71	583
	50m: 31.68	150m: 1:41.68	35.32	250m: 2:52.23	350m: 4:02.38	34.83
	100m: 1:06.36	200m: 2:17.04	35.36	300m: 3:27.55	400m: 4:35.52	33.14
20.	Imre Bouwland	ZPC Hoozeveen	200700388	4:36.87	+0,71	575
	50m: 30.94	150m: 1:39.93	34.92	250m: 2:50.34	350m: 4:01.57	35.63
	100m: 1:05.01	200m: 2:15.09	35.16	300m: 3:25.94	400m: 4:36.87	35.30
21.	Meyke v. Nimwegen	De Schoteijl	200800106	4:37.63	+0,73	570
	50m: 31.22	150m: 1:40.04	34.77	250m: 2:50.71	350m: 4:02.42	35.83
	100m: 1:05.27	200m: 2:15.23	35.19	300m: 3:26.59	400m: 4:37.63	35.21
22.	Rixt Rothschild	ZPC Hoozeveen	200900026	4:38.83	+0,74	563
	50m: 31.36	150m: 1:40.74	35.02	250m: 2:51.65	350m: 4:03.18	35.86
	100m: 1:05.72	200m: 2:16.38	35.64	300m: 3:27.32	400m: 4:38.83	35.65
23.	Myrthe Natzijl	DZ&PC	200400076	4:39.29	+0,81	560
	50m: 31.61	150m: 1:41.63	35.37	250m: 2:52.71	350m: 4:04.29	35.91
	100m: 1:06.26	200m: 2:17.33	35.70	300m: 3:28.38	400m: 4:39.29	35.00
24.	Isa Jansen	SBC2000	200701176	4:40.36	+0,75	553
	50m: 31.16	150m: 1:41.44	35.60	250m: 2:52.90	350m: 4:05.17	36.16
	100m: 1:05.84	200m: 2:16.97	35.53	300m: 3:29.01	400m: 4:40.36	35.19

B = Bonus inschrijving

Programmanr. 1, Dames, 400m vrije slag, Voorronde, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
25.	Esmee Ykema	HZ&PC Heerenveen				200801710	4:44.02				+0,69	532
	50m: 31.68	31.68	150m: 1:42.69	35.98	250m: 2:55.60	36.66	350m: 4:08.75	36.61				
	100m: 1:06.71	35.03	200m: 2:18.94	36.25	300m: 3:32.14	36.54	400m: 4:44.02	35.27				
26.	Noa Ottens	VZC				200702256	4:44.58				+0,73	529
	50m: 30.77	30.77	150m: 1:42.97	36.71	250m: 2:55.97	36.27	350m: 4:08.82	36.33				
	100m: 1:06.26	35.49	200m: 2:19.70	36.73	300m: 3:32.49	36.52	400m: 4:44.58	35.76				
27.	Suuz Griekspoor	Noordwijkerhout				200901204	4:44.82				+0,75	528
	50m: 31.59	31.59	150m: 1:41.76	35.64	250m: 2:54.74	36.60	350m: 4:08.39	36.86				
	100m: 1:06.12	34.53	200m: 2:18.14	36.38	300m: 3:31.53	36.79	400m: 4:44.82	36.43				
28.	Elin Brinkhof	De Dolfijn				200900078	4:45.19				+0,77	526
	50m: 31.30	31.30	150m: 1:41.70	35.71	250m: 2:55.01	36.60	350m: 4:09.11	37.28				
	100m: 1:05.99	34.69	200m: 2:18.41	36.71	300m: 3:31.83	36.82	400m: 4:45.19	36.08				
29.	Vera Wassink	DZ&PC				200604976	4:46.50				+0,77	519
	50m: 30.98	30.98	150m: 1:41.97	36.28	250m: 2:55.92	37.08	350m: 4:10.42	37.16				
	100m: 1:05.69	34.71	200m: 2:18.84	36.87	300m: 3:33.26	37.34	400m: 4:46.50	36.08				
30.	Lotte Blanken	SBC2000				200801476	4:47.61				+0,74	513
	50m: 32.06	32.06	150m: 1:43.03	35.88	250m: 2:56.84	37.02	350m: 4:11.41	37.43				
	100m: 1:07.15	35.09	200m: 2:19.82	36.79	300m: 3:33.98	37.14	400m: 4:47.61	36.20				
31.	Kinley Cole	PSV				200903696	4:47.99				+0,69	511
	50m: 32.68	32.68	150m: 1:46.66	37.23	250m: 3:00.29	36.61	350m: 4:13.30	36.29				
	100m: 1:09.43	36.75	200m: 2:23.68	37.02	300m: 3:37.01	36.72	400m: 4:47.99	34.69				
32.	Hadewych Forschelen	MNC Dordrecht				200903572	4:48.60					507
	50m: 32.63	32.63	150m: 1:45.20	36.56	250m: 2:59.49	37.06	350m: 4:13.41	36.70				
	100m: 1:08.64	36.01	200m: 2:22.43	37.23	300m: 3:36.71	37.22	400m: 4:48.60	35.19				
33.	Puck van Wees	De Dolfijn				200901020	4:49.89 *				+0,70	501
	50m: 31.85	31.85	150m: 1:44.27	36.68	250m: 2:58.93	37.41	350m: 4:13.91	37.04				
	100m: 1:07.59	35.74	200m: 2:21.52	37.25	300m: 3:36.87	37.94	400m: 4:49.89	35.98				
34.	Flore Blok	OZ&PC				200804348	4:49.94				+0,52	500
	50m: 32.55	32.55	150m: 1:45.73	37.00	250m: 2:59.60	36.97	350m: 4:14.25	37.37				
	100m: 1:08.73	36.18	200m: 2:22.63	36.90	300m: 3:36.88	37.28	400m: 4:49.94	35.69				
35.	Niobe Maduro	Aqua-Novio'94				200800378	4:50.50				+0,74	497
	50m: 31.30	31.30	150m: 1:41.99	35.89	250m: 2:56.27	37.31	350m: 4:12.55	38.15				
	100m: 1:06.10	34.80	200m: 2:18.96	36.97	300m: 3:34.40	38.13	400m: 4:50.50	37.95				
36.	Daphne Dijsselhof	Dedemsvaart-AC				200901690	4:54.35				+0,76	478
	50m: 32.73	32.73	150m: 1:47.45	37.90	250m: 3:03.31	38.25	350m: 4:18.70	37.62				
	100m: 1:09.55	36.82	200m: 2:25.06	37.61	300m: 3:41.08	37.77	400m: 4:54.35	35.65				
37.	Milou van Winkel	WVZ				200402296	S14	5:31.01	+0,71	Q	336	571
	50m: 34.79	34.79	150m: 1:58.09	42.10	250m: 3:22.36	42.16	350m: 4:47.50	42.26				
	100m: 1:15.99	41.20	200m: 2:40.20	42.11	300m: 4:05.24	42.88	400m: 5:31.01	43.51				
38.	Aguila Dolsma	Blue Marlins				200603902	S14	5:38.58	+0,80	Q	314	534
	50m: 35.91	35.91	150m: 1:58.89	42.30	250m: 3:25.93	43.68	350m: 4:56.10	44.83				
	100m: 1:16.59	40.68	200m: 2:42.25	43.36	300m: 4:11.27	45.34	400m: 5:38.58	42.48				
39.	Jente Parlevliet	Noordwijkerhout				201003900	S14	6:12.11	+0,84	Q	236	402
	50m: 39.56	39.56	150m: 2:12.82	47.56	250m: 3:48.82	48.09	350m: 5:22.07	45.65				
	100m: 1:25.26	45.70	200m: 3:00.73	47.91	300m: 4:36.42	47.60	400m: 6:12.11	50.04				
40.	Gwyneth van der Spek	Batavia Swim				201102806	S7	6:43.27	+0,68	Q	186	398
	50m: 46.09	46.09	150m: 2:29.59	51.93	250m: 4:13.10	51.95	350m: 5:55.99	51.12				
	100m: 1:37.66	51.57	200m: 3:21.15	51.56	300m: 5:04.87	51.77	400m: 6:43.27	47.28				
AFGEM	Simone Faber	Deltasteur				200900710						

B = Bonus inschrijving

Programmanr. 2
19-12-2025 - 9:29

Heren, 100m rugslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
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PARA onder 18

1.	Thomas Braat	AZC	200802269 S14	1:12.14	+0,83	Q 300 506	34.96	1:12.14
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PARA Open

1.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473 S13	59.40	+0,58	Q 538 888	28.37	59.40
2.	Thomas Braat	AZC	200802269 S14	1:12.14	+0,83	Q 300 506	34.96	1:12.14
NG	Marc Evers	De Dolfijn	199107425 S14					

Onder 18

1.	Giovanni Phillipson <i>Nederlands Junior Record</i>	Team NL - Team Noord Holland	200801099	52.75	+0,63	A 769	25.54	52.75
2.	Vanja Kvočka	Hellas-Glana	200904007	55.39	+0,62	B 664	26.71	55.39
3.	Yarno van Dam	ACZ	200800115	55.67	+0,62	B 654	26.87	55.67
4.	Luca Boorsma	De Dolfijn	200902031	57.02	+0,55	608	27.15	57.02
5.	Jaydey Schonewille	Steenwijk 1934	200800025	57.66	+0,70	588	27.67	57.66
6.	Willem Weustink	Team Noord Holland (SG)	200800109	58.18	+0,66	573	27.57	58.18
7.	Rijk Leenders	VZC	200800627	58.32	+0,65	569	28.49	58.32
8.	Mattia Maggio	Hellas-Glana	200903311	58.55	+0,59	562	27.87	58.55
9.	Rian Schoneveld	De Berkelduikers	200801789	58.61	+0,59	560	28.38	58.61
10.	Adriaan Coppelmans	AZC	200903243	59.76	+0,57	528	28.73	59.76
11.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187	59.80	+0,65	527	28.58	59.80
12.	Milan Veelders	ZPC AMERSFOORT	200800279	59.94	+0,68	524	28.66	59.94
13.	Tim Boerefijn	WVZ	200802815	1:00.09	+0,71	520	28.98	1:00.09
14.	Niek Sonneveld	WVZ	200802631	1:00.10	+0,62	520	29.08	1:00.10
15.	Stefan van der Meer	VZC	200901361	1:00.44	+0,62	511	29.31	1:00.44
	Rein Stoel	ZVL-1886	200800463	1:00.44	+0,63	511	29.12	1:00.44
17.	Duuk Harms	Dedemsvaart-AC	200900201	1:00.56	+0,71	508	28.63	1:00.56
18.	Brent Schifflers	ZPC Woerden	200902041	1:00.57	+0,67	508	29.23	1:00.57
19.	Tom Beishuizen	PSV	200804087	1:00.75	+0,62	503	30.31	1:00.75
20.	Sverre van der Zwaan	WVZ	200900737	1:00.86	+0,65	500	29.71	1:00.86
21.	Ivo Bot	Wiekslag	200900509	1:01.56	+0,56	483	28.85	1:01.56
22.	Lucas Schouten	ZPCH	200901925	1:01.83	+0,52	477	29.55	1:01.83
23.	Colin Beuker	ZPC Hogeveen	200802023	1:01.90	+0,65	475	29.65	1:01.90
24.	Tim Brouwer	Aqua-Novio'94	200800989	1:02.43	+0,73	463	29.39	1:02.43

Onder 20

1.	Nikodim Markovic	Albion	200700255	53.70	+0,59	A 728	25.31	53.70
2.	Marcel Hofstede	Blue Marlins	200603931	55.00	+0,61	A 678	25.94	55.00
3.	Tiamo van der Veen	Dedemsvaart-AC	200600033	55.89	+0,62	B 646	26.79	55.89
4.	Sam Adams	De Dolfijn	200704081	55.92	+0,68	B 645	27.05	55.92
5.	Jisse Lousma	WVZ	200701493	56.09	+0,55	B 639	27.42	56.09
6.	Niek Issard	DZ&PC	200700037	56.47	+0,71	R 626	27.16	56.47
7.	Bram Loots	Team NL - Team Noord Holland	200700197	57.79	+0,65	584	28.07	57.79
8.	Thom de Hoog	Albion	200600019	58.39	+0,61	567	28.06	58.39
9.	Tijs Kruithof	PSV	200701181	58.53	+0,57	563	27.71	58.53
10.	Niek Vreeling	OZ&PC	200604211	1:00.17	+0,68	518	28.44	1:00.17
11.	Lars Heddema	Steenwijk 1934	200603697	1:00.60	+0,69	507	29.22	1:00.60
12.	Odo McCarthy	ZV Overbetuwe	200700307	1:01.18	+0,56	492	28.64	1:01.18

B = Bonus inschrijving

Programmanr. 2, Heren, 100m rugslag, Voorronde

senioren Open

1. Giovanni Phillipson <i>Nederlands Junior Record</i>	Team NL - Team Noord Holland	200801099	52.75	+0,63	A	769	25.54	52.75
2. Raf Hendriks	Hellas-Glana	200100879	53.14	+0,62	A	752	25.78	53.14
3. Hendrik van der Leest	PSV	200404339	53.23	+0,62	A	748	25.60	53.23
4. Austin Namesnik	ZPC AMERSFOORT	200101817	53.29	+0,60	A	745	25.89	53.29
5. Nikodim Markovic	Albion	200700255	53.70	+0,59	A	728	25.31	53.70
6. Ensger Kotterink	Albion	199403391	54.47	+0,55	A	698	25.96	54.47
7. Jelle Betten	DZ&PC	200001535	54.91	+0,65	A	681	26.18	54.91
8. Marcel Hofstede	Blue Marlins	200603931	55.00	+0,61	A	678	25.94	55.00
9. Luuk Smits	Nuenen	200001015	55.33	+0,61	B	666	26.61	55.33
10. Vanja Kvočka	Hellas-Glana	200904007	55.39	+0,62	B	664	26.71	55.39
11. Yarno van Dam	ACZ	200800115	55.67	+0,62	B	654	26.87	55.67
12. Lars Minnaert	PSV	200502355	55.77	+0,53	B	650	26.29	55.77
13. Tiamo van der Veen	Dedemsvaart-AC	200600033	55.89	+0,62	B	646	26.79	55.89
14. Sam Adams	De Dolfijn	200704081	55.92	+0,68	B	645	27.05	55.92
15. Jisse Lousma	WVZ	200701493	56.09	+0,55	B	639	27.42	56.09
16. Niek Heethaar	DWK	199900999	56.38	+0,62	B	629	26.81	56.38
17. Niek Issard	DZ&PC	200700037	56.47	+0,71	R	626	27.16	56.47
18. Sjoerd van Weelden	Albion	200101217	56.86	+0,64	R	614	27.26	56.86
19. Luca Boorsma	De Dolfijn	200902031	57.02	+0,55		608	27.15	57.02
20. Bjarne van Oord	De Dolfijn	200105101	57.10	+0,61		606	27.64	57.10
21. Jaydey Schonewille	Steenwijk 1934	200800025	57.66	+0,70		588	27.67	57.66
22. Bram Loots	Team NL - Team Noord Holland	200700197	57.79	+0,65		584	28.07	57.79
23. Willem Weustink	Team Noord Holland (SG)	200800109	58.18	+0,66		573	27.57	58.18
24. Rijk Leenders	VZC	200800627	58.32	+0,65		569	28.49	58.32
25. Thom de Hoog	Albion	200600019	58.39	+0,61		567	28.06	58.39
26. Tijs Kruithof	PSV	200701181	58.53	+0,57		563	27.71	58.53
27. Mattia Maggio	Hellas-Glana	200903311	58.55	+0,59		562	27.87	58.55
28. Rian Schoneveld	De Berkelduikers	200801789	58.61	+0,59		560	28.38	58.61
29. Luuk Ruinmans	De Dinkel	200301085	58.62	+0,66		560	27.92	58.62
30. Rick van Hamond	Zegenwerp	199205873	58.65	+0,57		559	28.74	58.65
31. Arno Nelissen	Hellas-Glana	200300229	58.91	+0,62		552	28.36	58.91
32. Sander Iuga	Albion	200101389	59.19	+0,53		544	28.19	59.19
33. Ronis van Everdingen	DWK	200300043	59.55	+0,66		534	29.34	59.55
34. Adriaan Coppelmans	AZC	200903243	59.76	+0,57		528	28.73	59.76
35. Sebastian Lopes Cardozo	WZK Zwemmen	200800187	59.80	+0,65		527	28.58	59.80
36. Milan Veelders	ZPC AMERSFOORT	200800279	59.94	+0,68		524	28.66	59.94
37. Tim Boerefijn	WVZ	200802815	1:00.09	+0,71		520	28.98	1:00.09
38. Niek Sonneveld	WVZ	200802631	1:00.10	+0,62		520	29.08	1:00.10
39. Niek Vreeling	OZ&PC	200604211	1:00.17	+0,68		518	28.44	1:00.17
40. Stefan van der Meer	VZC	200901361	1:00.44	+0,62		511	29.31	1:00.44
Rein Stoel	ZVL-1886	200800463	1:00.44	+0,63		511	29.12	1:00.44
42. Duuk Harms	Dedemsvaart-AC	200900201	1:00.56	+0,71		508	28.63	1:00.56
43. Brent Schifflers	ZPC Woerden	200902041	1:00.57	+0,67		508	29.23	1:00.57
44. Lars Heddema	Steenwijk 1934	200603697	1:00.60	+0,69		507	29.22	1:00.60
45. Tom Beishuizen	PSV	200804087	1:00.75	+0,62		503	30.31	1:00.75
46. Sverre van der Zwaan	WVZ	200900737	1:00.86	+0,65		500	29.71	1:00.86
47. Odo McCarthy	ZV Overbetuwe	200700307	1:01.18	+0,56		492	28.64	1:01.18
48. Ivo Bot	Wiekslag	200900509	1:01.56	+0,56		483	28.85	1:01.56
49. Lucas Schouten	ZPCH	200901925	1:01.83	+0,52		477	29.55	1:01.83
50. Colin Beuker	ZPC Hoogeveen	200802023	1:01.90	+0,65		475	29.65	1:01.90
51. Tim Brouwer	Aqua-Novio'94	200800989	1:02.43	+0,73		463	29.39	1:02.43
NG.ZA Yassine Mellah	Albion	200502159						
NG.ZA Ivo Stolk	Albion	200100615						

B = Bonus inschrijving

Programmanr. 3
19-12-2025 - 9:42

Dames, 200m rugslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
Onder 18											
1. Jinth Engelse	Team NL - Blue Marlins	200800204	2:12.23	+0,62	A	711		30.16	1:02.97	1:36.93	2:12.23
2. Dachen Haaijer	ZPC Hoogeveen	200800380	2:13.06	+0,68	A	698		31.71	1:05.40	1:39.34	2:13.06
3. Fay Boxum	DZ&PC	200900060	2:13.24	+0,62	A	695		30.65	1:04.52	1:39.02	2:13.24
4. Laura van Etten	HZ&PC Heerenveen	200800264	2:13.99	+0,68	A	683		31.68	1:06.17	1:40.44	2:13.99
5. Frouke Ludwig	DZ&PC	200800112	2:14.37	+0,61	A	677		32.06	1:05.71	1:40.18	2:14.37
6. Luus Gielens	PSV	200900138	2:18.05	+0,73	B	625		32.58	1:07.26	1:42.85	2:18.05
7. Elin Ditewig	VZC	200900392	2:20.59	+0,63	R	591		31.81	1:06.84	1:43.31	2:20.59
8. Nora Lynn Otten	ZPC Hoogeveen	200903338	2:21.54	+0,79		580		33.71	1:09.27	1:45.08	2:21.54
9. Emmelien Smelt	ZVZ	200800012	2:24.47	+0,66		545		33.19	1:09.17	1:46.48	2:24.47
10. Victoria Diederiks	ZVL-1886	200900758	2:24.87	+0,69		540		33.69	1:09.98	1:47.17	2:24.87
11. Silke Hooghiemstra	HZ&PC Heerenveen	200901224	2:25.13	+0,66		538		32.12	1:07.80	1:45.65	2:25.13
12. Nienke Koster	ZPC Hoogeveen	200900612	2:26.23	+0,68		525		33.52	1:09.94	1:47.85	2:26.23
13. Madeleine Bertram	De Dolfijn	200900516	2:26.57	+0,66		522		33.44	1:10.07	1:48.44	2:26.57
14. Charlotte Landman	CWW	200901290	2:28.57	+0,68		501		34.60	1:12.47	1:50.85	2:28.57
15. Chiara Lammertink	ZPC AMERSFOORT	200902200	2:30.57 *	+0,64		481		35.39	1:12.24	1:51.14	2:30.57
16. Esmee van der Tuuk	ZPC Hoogeveen	200800682	2:33.96	+0,73		450		35.74	1:14.73	1:54.74	2:33.96

Onder 20

1. Mare Schallenberg	Albion	200600078	2:11.46	+0,61	A	723		31.09	1:04.87	1:39.63	2:11.46
2. Eefje Irvine	De Dolfijn	200700164	2:12.99	+0,56	A	699		31.12	1:04.81	1:39.60	2:12.99
3. Veerle de Ridder	HZ&PC Heerenveen	200700778	2:20.19	+0,68	B	596		32.84	1:08.74	1:45.04	2:20.19
4. Charlotte Woltjes	VZC	200700110	2:20.50	+0,64	R	593		31.77	1:06.78	1:43.37	2:20.50
5. Lyke Bellert	Octopus-ZVV (SG)	200701424	2:25.13	+0,74		538		33.81	1:10.56	1:47.94	2:25.13
6. Marlies Dijsselhof	Dedemsvaart-AC	200601046	2:25.41	+0,77		534		32.75	1:08.98	1:46.96	2:25.41
AFGEM Hedwig Bolt	HZ&PC Heerenveen	200602660									

senioren Open

1. Lotte Hosper	Team NL - Blue Marlins	200201414	2:08.89	+0,69	A	768		29.92	1:02.19	1:35.33	2:08.89
2. Mare Schallenberg	Albion	200600078	2:11.46	+0,61	A	723		31.09	1:04.87	1:39.63	2:11.46
3. Jinth Engelse	Team NL - Blue Marlins	200800204	2:12.23	+0,62	A	711		30.16	1:02.97	1:36.93	2:12.23
4. Eefje Irvine	De Dolfijn	200700164	2:12.99	+0,56	A	699		31.12	1:04.81	1:39.60	2:12.99
5. Dachen Haaijer	ZPC Hoogeveen	200800380	2:13.06	+0,68	A	698		31.71	1:05.40	1:39.34	2:13.06
6. Fay Boxum	DZ&PC	200900060	2:13.24	+0,62	A	695		30.65	1:04.52	1:39.02	2:13.24
7. Laura van Etten	HZ&PC Heerenveen	200800264	2:13.99	+0,68	A	683		31.68	1:06.17	1:40.44	2:13.99
8. Frouke Ludwig	DZ&PC	200800112	2:14.37	+0,61	A	677		32.06	1:05.71	1:40.18	2:14.37
9. Nina van der Schrier	AZC	201000444	2:14.50	+0,67	B	675		31.58	1:05.30	1:40.34	2:14.50
10. Jetske Moot	ZPC AMERSFOORT	200400230	2:14.61	+0,61	B	674		30.87	1:05.17	1:39.84	2:14.61
11. Malin Roozeboom	WVZ	201100006	2:15.03	+0,70	B	668		31.79	1:06.48	1:40.80	2:15.03
12. Isa Schellekens	Zegenwerp	200002330	2:17.41	+0,69	B	633		32.34	1:06.89	1:41.99	2:17.41
13. Luus Gielens	PSV	200900138	2:18.05	+0,73	B	625		32.58	1:07.26	1:42.85	2:18.05
14. Ismay Lichtendonk	HZ&PC Heerenveen	200400622	2:19.12	+0,69	B	610		31.63	1:07.04	1:43.57	2:19.12
15. Nikita van den O.	Nuenen	199900622	2:19.67	+0,72	B	603		32.54	1:07.94	1:43.93	2:19.67
16. Veerle de Ridder	HZ&PC Heerenveen	200700778	2:20.19	+0,68	B	596		32.84	1:08.74	1:45.04	2:20.19
17. Charlotte Woltjes	VZC	200700110	2:20.50	+0,64	R	593		31.77	1:06.78	1:43.37	2:20.50
18. Elin Ditewig	VZC	200900392	2:20.59	+0,63	R	591		31.81	1:06.84	1:43.31	2:20.59
19. Fenne Metten	ZPC AMERSFOORT	201000102	2:21.02	+0,75		586		32.60	1:08.09	1:44.79	2:21.02
20. Nora Lynn Otten	ZPC Hoogeveen	200903338	2:21.54	+0,79		580		33.71	1:09.27	1:45.08	2:21.54
21. Famke Irvine	ZPC AMERSFOORT	200501724	2:22.43	+0,69		569		33.62	1:09.25	1:45.67	2:22.43
22. Emmelien Smelt	ZVZ	200800012	2:24.47	+0,66		545		33.19	1:09.17	1:46.48	2:24.47
23. Victoria Diederiks	ZVL-1886	200900758	2:24.87	+0,69		540		33.69	1:09.98	1:47.17	2:24.87
24. Lyke Bellert	Octopus-ZVV (SG)	200701424	2:25.13	+0,74		538		33.81	1:10.56	1:47.94	2:25.13
Silke Hooghiemstra	HZ&PC Heerenveen	200901224	2:25.13	+0,66		538		32.12	1:07.80	1:45.65	2:25.13
26. Robin Goossens	Nuenen	200003128	2:25.26	+0,80		536		34.36	1:11.21	1:48.51	2:25.26
27. Marlies Dijsselhof	Dedemsvaart-AC	200601046	2:25.41	+0,77		534		32.75	1:08.98	1:46.96	2:25.41
28. Nienke Koster	ZPC Hoogeveen	200900612	2:26.23	+0,68		525		33.52	1:09.94	1:47.85	2:26.23
29. Madeleine Bertram	De Dolfijn	200900516	2:26.57	+0,66		522		33.44	1:10.07	1:48.44	2:26.57

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 3, Dames, 200m rugslag, Voorronde, senioren Open

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
30. Charlotte Landman	CWW	200901290	2:28.57	+0,68	501		34.60	1:12.47	1:50.85	2:28.57
31. Chiara Lammertink	ZPC AMERSFOORT	200902200	2:30.57 *	+0,64	481		35.39	1:12.24	1:51.14	2:30.57
32. Esmee van der Tuuk	ZPC Hoogeveen	200800682	2:33.96	+0,73	450		35.74	1:14.73	1:54.74	2:33.96
AFGEM Hedwig Bolt	HZ&PC Heerenveen	200602660								

B = Bonus inschrijving

Programmanr. 4
19-12-2025 - 9:55

Heren, 50m schoolslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
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PARA onder 18

1.	Cheng Van Vondel	KSN (SG)	200902673	SB8	41.17	+0,71	Q	222	464
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PARA Open

1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De Devel	199900211	SB11	32.26	+0,65	Q	462	961
2.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473	SB13	30.78	+0,78	Q	532	846
3.	Cheng Van Vondel	KSN (SG)	200902673	SB8	41.17	+0,71	Q	222	464

Onder 18

1.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099		28.19	+0,67	B	693
2.	Wytse Broekstra	De Vikings	200800121		28.33	+0,70	B	683
3.	Ruben Baars	DWK	200900471		28.81	+0,62		649
4.	Job Sportel	De Dinkel	200800429		28.88	+0,66		644
5.	Floris van der Valk	Wiekslag	200801891		29.45	+0,64		608
6.	Rens Noordoover	Team Noord Holland (SG)	200800237		29.52	+0,63		603
7.	Giulian Janssen	PSV	200900125		29.65	+0,62		595
8.	Suraj Baladurage	Team Noord Holland (SG)	200801291		30.06	+0,64		571
9.	Alexander Griston	De Dolfijn	200803053		30.18	+0,73		565
10.	Dani Yefimov	OZ&PC	200901305		30.29	+0,64		558
11.	Nout Folkersma	PSV	200800595		30.42	+0,51		551
12.	Luca Boorsma	De Dolfijn	200902031		30.55	+0,57		544
13.	Rijk Leenders	VZC	200800627		30.62	+0,70		540
14.	Youp Stuijzand	Deltasteur	200800521		30.89	+0,66		526
15.	Koen de Vries	De Reest	200802379		31.21	+0,55		510
16.	Jonathan Baaijens	PSV	200800409		31.52	+0,48		495
17.	Frits Hoeflaken	PSV	200804101		31.53	+0,51		495
18.	Finn Stamsnieder	OZ&PC	200900225		31.61	+0,74		491
	Roan van der Stege	Swol 1894	200900107		31.61	+0,67		491
20.	Brian Arturo Bloemsma	De Dolfijn	200901155		31.62	+0,61		491
21.	Ruben Nooter	Dedemsvaart-AC	200901577		31.78	+0,60		483
22.	Tibbe Rongen	SBC2000	200801929		31.83	+0,63		481
23.	Seth van den Dool	Blue Marlins	200803809		31.84	+0,72		481
24.	Giano Spoor	Aquapoldro	200900655		31.87	+0,68		479
25.	Rein Stoel	ZVL-1886	200800463		31.91	+0,71		478
26.	Gerjan Berends	ZPC Hoogeveen	200900169		31.96	+0,63		475
27.	Sven Vette	De Bevelanders	200900519		31.98	+0,64		474
28.	Damir Mustafic	DZ&PC	200800885		32.08	+0,78		470
29.	Adriaan Coppelmans	AZC	200903243		32.15	+0,64		467
30.	Arjan Boogaard	Deltasteur	200800093		32.63	+0,64		447
31.	Lars de Kooter	De Biesboschzwemmers	200800185		32.77	+0,68		441
32.	Kobe Verhaegen	De Zilvermeeuw	200802609		32.79	+0,70		440
AFGEM	Tariq van Laar	De Rijn	200900819					

Onder 20

1.	Storm Boxum	Team NL - DZ&PC	200700421		28.16	+0,68	B	695
2.	Collin van der Hoff	Team NL - WVZ	200604357		28.25	+0,65	B	688
3.	Roan van der weide	Blue Marlins	200601629		28.41	+0,55	?	677
4.	Quinten B.	TriVia	200700001		28.65	+0,66		660
5.	Elias Soens	Blue Marlins	200604327		28.72	+0,68		655
6.	Yaniv Kerdijk	Team Noord Holland (SG)	200603439		28.79	+0,64		650
7.	Jetze de Vries	De Vikings	200602589		29.28	+0,63		618
8.	Mies de Wit	CWW	200700315		29.75	+0,65		589
9.	Jesse van der Meij	De Dolfijn	200600841		29.80	+0,77		586
10.	Joshua Agussalim	WVZ	200600153		30.04	+0,64		572
11.	Jesse Marijn Thimister	ZEPS	200602893		30.10	+0,66		569
12.	Senn Rutten	Hellas-Glana	200700629		30.14	+0,68		567
13.	Jasper Groen	ACZ	200602325		30.40	+0,65		552

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 4, Heren, 50m schoolslag, Voorronde, Onder 20

rang	naam	vereniging		tijd	RT	FINA	para
14.	Hessel de Jong	ACZ	200602753	30.45	+0,65	550	
15.	Emiel de Bruijn	DZ&PC	200700953	30.55	+0,71	544	
16.	Twan Huisman	WVZ	200702207	30.76	+0,76	533	
17.	Odo McCarthy	ZV Overbetuwe	200700307	31.06	+0,50	518	
AFGEM	Sem Belmon	PSV	200702099				

senioren Open

1.	Jason van den Berg	Albion	200400009	26.72	+0,65	A	814
2.	Kingue Struijf	De Dolfijn	199400913	27.44	+0,67	A	751
3.	Bram Zwetsloot	De Dolfijn	200202117	27.50	+0,63	A	746
4.	Rick Bulman	Albion	200101899	27.57	+0,67	A	741
5.	Steijn Louter	Hieronymus	200500793	27.63	+0,71	A	736
6.	Ensger Kotterink	Albion	199403391	27.76	+0,60	A	726
7.	River Streefland	Blue Marlins	200502253	27.90	+0,67	A	715
8.	Luca Janssen	Team NL - PSV	200403237	27.96	+0,72	A	710
9.	Thom Delno	VZC	200000013	27.98	+0,66	B	709
10.	Perry Laarhoven	Albion	200301321	27.99	+0,69	B	708
11.	Storm Boxum	Team NL - DZ&PC	200700421	28.16	+0,68	B	695
	Max Peters	Nuenen	199903123	28.16	+0,60	B	695
13.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099	28.19	+0,67	B	693
14.	Collin van der Hoff	Team NL - WVZ	200604357	28.25	+0,65	B	688
15.	Wytse Broekstra	De Vikings	200800121	28.33	+0,70	B	683
16.	Joost de Roij van Zuidewijn	Albion	200000255	28.41	+0,70	?	677
	Roan van der weide	Blue Marlins	200601629	28.41	+0,55	?	677
18.	Juri Dijkstra	De Dolfijn	200002119	28.44	+0,69	R	675
19.	Viktor Koets	Blue Marlins	200201677	28.52	+0,72		669
20.	Quinten B.	TriVia	200700001	28.65	+0,66		660
21.	Duncan van Haaren	ZPC AMERSFOORT	200000681	28.71	+0,69		656
22.	Elias Soens	Blue Marlins	200604327	28.72	+0,68		655
23.	Yaniv Kerdijk	Team Noord Holland (SG)	200603439	28.79	+0,64		650
	Thijs Visser	NieMo Barracuda	200502129	28.79	+0,69		650
25.	Ruben Baars	DWK	200900471	28.81	+0,62		649
26.	Job Sportel	De Dinkel	200800429	28.88	+0,66		644
27.	Xander Vis	De Schoteijl	200300173	28.98	+0,68		638
28.	Matthijs van Meerendonk	DZ&PC	199900375	29.01	+0,62		636
29.	Jeroen Baars	NieMo Barracuda	199200031	29.05	+0,71		633
	Michael Smink	Albion	200302169	29.05	+0,67		633
31.	Lucas Douwma	ZPCH	200401337	29.12	+0,62		628
	Mick van Kempen	CWW	200203375	29.12	+0,74		628
33.	Ruben Hoeve	Dedemsvaart-AC	200302179	29.19	+0,68		624
34.	Jetze de Vries	De Vikings	200602589	29.28	+0,63		618
35.	Kevin Meuwissen	Hellas-Glana	199502485	29.29	+0,66		618
36.	Milan Lucas	De Dinkel	200500085	29.34	+0,63		614
37.	Floris van der Valk	Wiekslag	200801891	29.45	+0,64		608
38.	Darren Chen	ZPC AMERSFOORT	200001149	29.47	+0,64		606
39.	Arjan Dekker	Bubble	200000499	29.48	+0,63		606
40.	Rens Noorderover	Team Noord Holland (SG)	200800237	29.52	+0,63		603
41.	Max Voortman	Albion	199902923	29.57	+0,64		600
42.	Giulian Janssen	PSV	200900125	29.65	+0,62		595
43.	Toby van Wijngaarden	Blue Marlins	199700591	29.71	+0,61		592
44.	Mies de Wit	CWW	200700315	29.75	+0,65		589
45.	Daan Hoogendoorn	ZPC Woerden	200500113	29.78	+0,65		588
46.	Jesse van der Meij	De Dolfijn	200600841	29.80	+0,77		586
47.	Erik van Gemert	Poseidon'56	200300587	29.88	+0,68		582
48.	Felix Geenen	DAW	199501085	29.90	+0,74		581
49.	Joshua Agussalim	WVZ	200600153	30.04	+0,64		572
50.	Suraj Baladurage	Team Noord Holland (SG)	200801291	30.06	+0,64		571
51.	Gaio Sanders	Aqua-Novio'94	200500533	30.08	+0,74		570
52.	Jesse Marijn Thimister	ZEPS	200602893	30.10	+0,66		569
53.	Senn Rutten	Hellas-Glana	200700629	30.14	+0,68		567
54.	Bert Duivenvoorde	De Columbiaan	199701805	30.16	+0,69		566
55.	Alexander Griston	De Dolfijn	200803053	30.18	+0,73		565
56.	Dani Yefimov	OZ&PC	200901305	30.29	+0,64		558

B = Bonus inschrijving

Programmanr. 4, Heren, 50m schoolslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
57.	Jasper Groen	ACZ	200602325	30.40	+0,65	552	
58.	Nout Folkersma	PSV	200800595	30.42	+0,51	551	
59.	Hessel de Jong	ACZ	200602753	30.45	+0,65	550	
60.	Luca Boorsma	De Dolfijn	200902031	30.55	+0,57	544	
	Emiel de Bruijn	DZ&PC	200700953	30.55	+0,71	544	
62.	Rijk Leenders	VZC	200800627	30.62	+0,70	540	
63.	Twan Huisman	WVZ	200702207	30.76	+0,76	533	
64.	Youp Stuifzand	Deltasteur	200800521	30.89	+0,66	526	
65.	Odo McCarthy	ZV Overbetuwe	200700307	31.06	+0,50	518	
66.	Koen de Vries	De Reest	200802379	31.21	+0,55	510	
67.	Jonathan Baaijens	PSV	200800409	31.52	+0,48	495	
68.	Frits Hoeflaken	PSV	200804101	31.53	+0,51	495	
69.	Finn Stamsnieder	OZ&PC	200900225	31.61	+0,74	491	
	Roan van der Stege	Swol 1894	200900107	31.61	+0,67	491	
71.	Brian Arturo Bloemsma	De Dolfijn	200901155	31.62	+0,61	491	
72.	Ruben Nooter	Dedemsvaart-AC	200901577	31.78	+0,60	483	
73.	Tibbe Rongen	SBC2000	200801929	31.83	+0,63	481	
74.	Seth van den Dool	Blue Marlins	200803809	31.84	+0,72	481	
75.	Giano Spoor	Aquapoldro	200900655	31.87	+0,68	479	
76.	Rein Stoel	ZVL-1886	200800463	31.91	+0,71	478	
77.	Gerjan Berends	ZPC Hoogetveen	200900169	31.96	+0,63	475	
78.	Sven Vette	De Bevelanders	200900519	31.98	+0,64	474	
79.	Damir Mustafic	DZ&PC	200800885	32.08	+0,78	470	
80.	Adriaan Coppelmans	AZC	200903243	32.15	+0,64	467	
81.	Arjan Boogaard	Deltasteur	200800093	32.63	+0,64	447	
82.	Lars de Kooter	De Biesboschzwemmers	200800185	32.77	+0,68	441	
83.	Kobe Verhaegen	De Zilvermeeuw	200802609	32.79	+0,70	440	
DIS	Loek Huyghelier	Albion	200404903				

AA

AA - De start ingezet voor het startsignaal (en wel gezwommen).

AFGEM	Tariq van Laar	De Rijn	200900819
AFGEM	Sem Belmon	PSV	200702099
AFGEM	Noah de Schryver	De Dolfijn	200105483

Programmanr. 5
19-12-2025 - 10:08

Dames, 50m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
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PARA onder 16

1.	Gwyneth van der Spek	Batavia Swim	201102806	S7	43.53	+0,72	Q	144	411
2.	Jente Parlevliet	Noordwijkerhout	201003900	S14	36.05	+0,88	Q	253	408

PARA Open

1.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	30.19	+0,50	Q	432	911
2.	Lisa Kruger	TeamNL PARA - De Dolfijn	200005304	S10	28.55	+0,75	Q	511	869
3.	Marije Oosterhuis	Azuro	199500318	S10	31.09	+0,79	Q	395	673
4.	Milou van Winkel	WVZ	200402296	S14	30.66	+0,70	Q	412	663
5.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	31.69	+0,75	Q	373	639
6.	Dannique Koolen	ZPC AMERSFOORT	199904048	S14	33.63	+0,83	Q	312	502
7.	Gwyneth van der Spek	Batavia Swim	201102806	S7	43.53	+0,72	Q	144	411
8.	Jente Parlevliet	Noordwijkerhout	201003900	S14	36.05	+0,88	Q	253	408

Onder 18

1.	Jinth Engelse	Team NL - Blue Marlins	200800204		25.04	+0,69	A	757
2.	Maaïke Ooms	ZPC AMERSFOORT	200801580		25.30	+0,65	B	734
3.	Ilse Rozema	Blue Marlins	200803318		25.44	+0,66	B	722
4.	Juliëtte Woltjes	VZC	200900774		26.03	+0,77		674
5.	Jazz-Lynn Gomes Delgado	Albion	200800738		26.06	+0,54		672
6.	Senna Rijnbeek	ZPC AMERSFOORT	200901480		26.54	+0,77		636
7.	Liv Heijdra	Albion	200800736		26.86	+0,66		614
8.	Tara Langkamp	Aqua-Novio'94	200900362		26.93	+0,69		609
9.	Fenna Westerneng	DZ&PC	200900070		27.00	+0,54		604
10.	Lotte Lübbers	KSN (SG)	200900190		27.04	+0,73		601
	Anhelina Biletska	Nuenen	200804930		27.04	+0,68		601
12.	Iris Boeters	Westland Swimming Stars	200900856		27.13	+0,48		595
13.	Patricia de Leu	DAW	200900982		27.21	+0,67		590
14.	Kinley Cole	PSV	200903696		27.35	+0,68		581
15.	Yaël Elmerink	ZPC De Hof	200900310		27.46	+0,70		574
16.	Megan Snoek	Team Noord Holland (SG)	200900888		27.61	+0,68		565
17.	Emmelien Smelt	ZVZ	200800012		27.62	+0,71		564
18.	Iris Papen	WWV Winterswijk	200802842		27.76	+0,79		556
19.	Jenny Muntinga	ZPCH	200900450		27.79	+0,68		554
20.	Emma Steenbrink	OZ&PC	200901376		27.81	+0,68		553
21.	Valerie Sakkers	Deltasteur	200800080		27.86	+0,65		550
22.	Daphne Dijsselhof	Dedemsvaart-AC	200901690		27.87	+0,75		549
	Bette Peetoom	DAW	200801808		27.87	+0,69		549
24.	Merel Bijl	Albion	200900762		27.94	+0,74		545
25.	Charlotte Landman	CWW	200901290		27.97	+0,51		543
26.	Fleur van den Eijk	Blue Marlins	200900304		28.09	+0,60		536
27.	Eleni Olympiou	PSV	200804924		28.23	+0,64		528
28.	Emma Ketelaars	Hellas-Glana	200800354		28.52	+0,67		512
29.	Karlijn van der Schrier	Hieronymus	200900834		28.59	+0,72		509
30.	Laura Booi	ZOB'66	200801292		28.69	+0,61		503
	Hadewych Forschelen	MNC Dordrecht	200903572		28.69	+0,72		503
AFGEM	Simone Faber	Deltasteur	200900710					
NG	Indira van Aggele	Albion	200804424					

B = Bonus inschrijving

Programmanr. 5, Dames, 50m vrije slag, Voorronde

Onder 20

1.	Megan Jonkman	Albion	200600508	25.29	+0,62	B	735
2.	Mare Schallenberg	Albion	200600078	25.37	+0,71	B	728
3.	Angelina Rolman	Team NL - PSV	200701972	25.40	+0,56	B	726
4.	Hylcke de Beer	PSV	200700006	25.59	+0,74	R	710
5.	Sara Korthuis	DZ&PC	200600494	25.88	+0,79		686
6.	Evy Rozeboom	Team NL - DAW	200601338	26.14	+0,80		666
7.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	26.28	+0,90		655
8.	Joy Willekus	PSV	200602420	26.75	+0,69		621
9.	Charlotte Woltjes	VZC	200700110	27.17	+0,79		593
10.	Zoë Prins	DAW	200603812	27.64	+0,71		563

senioren Open

1.	Britta Koehorst	WVZ	200300246	24.31	+0,63	A	828
2.	Tessa Giele	Albion	200203124	24.50	+0,65	A	809
3.	Kim Busch	Team NL - PSV	199801450	24.61	+0,72	A	798
4.	Yara van Kalmthout	PSV	200200984	24.88	+0,67	A	772
5.	Imani de Jong	Team NL - PSV	200200464	24.90	+0,68	A	770
6.	Jinthe Engelse	Team NL - Blue Marlins	200800204	25.04	+0,69	A	757
7.	Kirsten Verhalle	PSV	200400210	25.07	+0,69	A	755
	Femke Spiering	ZPC AMERSFOORT	200204514	25.07	+0,65	A	755
9.	Megan Jonkman	Albion	200600508	25.29	+0,62	B	735
10.	Maaïke Ooms	ZPC AMERSFOORT	200801580	25.30	+0,65	B	734
11.	Mare Schallenberg	Albion	200600078	25.37	+0,71	B	728
	Elisabeth Timmer	Albion	200106446	25.37	+0,48	B	728
13.	Angelina Rolman	Team NL - PSV	200701972	25.40	+0,56	B	726
14.	Ilse Rozema	Blue Marlins	200803318	25.44	+0,66	B	722
15.	Colinda van der Zanden	Aqua-Novio'94	200502618	25.46	+0,70	B	721
16.	Zinke Delcommune	PSV	200505416	25.50	+0,51	B	717
17.	Hylcke de Beer	PSV	200700006	25.59	+0,74	R	710
18.	Marin Wieling	ZPC AMERSFOORT	200501220	25.77	+0,71	R	695
19.	Yke Groener	PSV	200500772	25.88	+0,76		686
	Sara Korthuis	DZ&PC	200600494	25.88	+0,79		686
21.	Juliëtte Woltjes	VZC	200900774	26.03	+0,77		674
22.	Jazz-Lynn Gomes Delgado	Albion	200800738	26.06	+0,54		672
23.	Anne Engbersen	Albion	201000044	26.09	+0,53		670
24.	Kinge Zandringa	De Dolfijn	199801422	26.12	+0,56		667
25.	Evy Rozeboom	Team NL - DAW	200601338	26.14	+0,80		666
26.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	26.28	+0,90		655
27.	Amber Hesper	NieMo Barracuda	200202188	26.43	+0,72		644
28.	Anastasia Renssen	ACZ	200202588	26.44	+0,64		643
29.	Karlijn Offeringa	ZVVS	200503292	26.49	+0,77		640
30.	Senna Rijnbeek	ZPC AMERSFOORT	200901480	26.54	+0,77		636
31.	Malin Roozeboom	WVZ	201100006	26.70	+0,73		625
32.	Joy Willekus	PSV	200602420	26.75	+0,69		621
33.	Liv Heijdra	Albion	200800736	26.86	+0,66		614
34.	Amber Celie	De Dolfijn	200300756	26.87	+0,73		613
35.	Michelle Zomerdijk	Dedemsvaart-AC	200003196	26.89	+0,66		611
36.	Tara Langkamp	Aqua-Novio'94	200900362	26.93	+0,69		609
37.	Fenna Westerneng	DZ&PC	200900070	27.00	+0,54		604
38.	Lotte Lübbers	KSN (SG)	200900190	27.04	+0,73		601
	Anhelina Biletska	Nuenen	200804930	27.04	+0,68		601
40.	Marre Zandringa	Orca	199701136	27.09	+0,73		598
41.	Iris Boeters	Westland Swimming Stars	200900856	27.13	+0,48		595
42.	Charlotte Woltjes	VZC	200700110	27.17	+0,79		593
43.	Patricia de Leu	DAW	200900982	27.21	+0,67		590
44.	Britt Cornelissens	Hellas-Glana	200000632	27.33	+0,67		582
45.	Kinley Cole	PSV	200903696	27.35	+0,68		581
46.	Yaell Elmerink	ZPC De Hof	200900310	27.46	+0,70		574
47.	Megan Snoek	Team Noord Holland (SG)	200900888	27.61	+0,68		565
48.	Emmelien Smelt	ZVZ	200800012	27.62	+0,71		564
49.	Zoë Prins	DAW	200603812	27.64	+0,71		563
50.	Iris Papen	WWV Winterswijk	200802842	27.76	+0,79		556

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 5, Dames, 50m vrije slag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
51.	Jenny Muntinga	ZPCH	200900450	27.79	+0,68	554	
52.	Emma Steenbrink	OZ&PC	200901376	27.81	+0,68	553	
53.	Valerie Sakkers	Deltasteur	200800080	27.86	+0,65	550	
54.	Daphne Dijsselhof	Dedemsvaart-AC	200901690	27.87	+0,75	549	
	Bette Peetoom	DAW	200801808	27.87	+0,69	549	
56.	Merel Bijl	Albion	200900762	27.94	+0,74	545	
57.	Charlotte Landman	CWW	200901290	27.97	+0,51	543	
58.	Fleur van den Eijk	Blue Marlins	200900304	28.09	+0,60	536	
59.	Eleni Olympiou	PSV	200804924	28.23	+0,64	528	
60.	Emma Ketelaars	Hellas-Glana	200800354	28.52	+0,67	512	
61.	Karlijn van der Schrier	Hieronymus	200900834	28.59	+0,72	509	
62.	Laura Booij	ZOB'66	200801292	28.69	+0,61	503	
	Hadewych Forschelen	MNC Dordrecht	200903572	28.69	+0,72	503	
AFGEM	Simone Faber	Deltasteur	200900710				
NG	Indira van Aggele	Albion	200804424				

B = Bonus inschrijving

Programmanr. 6
19-12-2025 - 10:18

Heren, 200m vlinderslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
Onder 18											
1. Vanja Kvočka	Hellas-Glana	200904007	2:03.44	+0,61	A	648		27.57	59.29	1:31.88	2:03.44
2. Martijn Nies	PSV	200902095	2:04.83	+0,71	A	627		27.15	58.17	1:30.87	2:04.83
3. Daniel Wegman	ZPCH	200802843	2:05.13	+0,66	A	622		28.22	59.59	1:32.29	2:05.13
4. Yarno van Dam	ACZ	200800115	2:05.17	+0,69	A	622		28.60	59.99	1:32.36	2:05.17
5. Diede Veld	HZ&PC Heerenveen	200800011	2:05.95	+0,75	B	610		27.88	59.64	1:32.06	2:05.95
6. Xiaoyu Yin	Blue Marlins	200803363	2:06.18	+0,59	B	607		27.45	59.22	1:31.77	2:06.18
7. Jones Chuang	PSV	200801173	2:10.03	+0,69	B	554		28.81	1:01.92	1:35.38	2:10.03
8. Bram ter Braak	De Dinkel	200800281	2:11.94	+0,76	B	531		28.65	1:02.31	1:36.81	2:11.94
9. Juan Cruz Slappendel	Orca	200903053	2:13.06	+0,70	R	517		28.44	1:02.06	1:37.40	2:13.06
10. Gijs Koehoorn	HZ&PC Heerenveen	200800275	2:14.12	+0,69		505		28.26	1:02.10	1:38.21	2:14.12
11. Liam Tjin Wong Joe	De Dolfijn	200804105	2:15.45	+0,56		490		30.03	1:04.37	1:39.86	2:15.45
12. Teun van Weeren	OZ&PC	200801145	2:15.60	+0,70		489		29.98	1:03.84	1:39.15	2:15.60
13. Rian Schoneveld	De Berkelduikers	200801789	2:17.87	+0,68		465		28.06	1:00.49	1:36.67	2:17.87
14. Gijs Hartwijk	ZVL-1886	200800573	2:18.01	+0,56		464		29.75	1:04.63	1:40.69	2:18.01
15. Filip Piszczynski	KSN (SG)	200802125	2:18.05	+0,67		463		29.88	1:05.43	1:41.43	2:18.05
16. Feddo Smink	ZPC AMERSFOORT	200900007	2:18.64	+0,66		457		28.42	1:01.40	1:37.62	2:18.64
17. Alexander van der M.	Blue Marlins	200903251	2:18.65	+0,63		457		28.97	1:02.73	1:39.28	2:18.65
18. Aidan van der Stelt	Blue Marlins	200900901	2:19.62	+0,71		448		30.11	1:04.93	1:41.62	2:19.62
19. Tim Brouwer	Aqua-Novio'94	200800989	2:20.12	+0,71		443		31.02	1:06.07	1:42.40	2:20.12
20. Wessel van Dorst	Aqua-Novio'94	200900727	2:20.91	+0,67		436		29.30	1:04.95	1:42.32	2:20.91
21. Mike Hilders	De Dolfijn	200900281	2:21.39	+0,65		431		30.02	1:04.99	1:42.34	2:21.39
22. Felix Gepkens	VZC	200800631	2:21.77	+0,69		428		29.53	1:05.01	1:42.96	2:21.77
23. Paul Ruitenbergh	Wiekslag	200900979	2:22.10	+0,57		425		29.65	1:04.95	1:42.36	2:22.10
24. Arjan Boogaard	Deltasteur	200800093	2:24.39	+0,68		405		30.86	1:06.13	1:43.74	2:24.39
25. Jamie Kenworthy	De Dolfijn	200800045	2:25.28 *	+0,67		397		30.11	1:05.67	1:44.52	2:25.28
26. Sascha Timmer	AZC	200902987	2:25.45	+0,63		396		30.26	1:06.19	1:44.67	2:25.45
27. Lucas Schouten	ZPCH	200901925	2:25.47	+0,73		396		29.77	1:06.52	1:45.69	2:25.47

Onder 20

1. Tiago Fonseca G.	Team NL - PSV	200703587	1:59.81	+0,61	A	709		26.67	57.35	1:28.72	1:59.81
2. Lars Bulman	Albion	200600125	2:06.04	+0,66	B	609		27.11	59.06	1:31.97	2:06.04
3. Milco Matla	PSV	200600555	2:10.35	+0,75	B	550		28.75	1:01.98	1:35.88	2:10.35
4. Tijn Hilders	De Dolfijn	200700027	2:14.91	+0,76		496		28.52	1:02.65	1:38.20	2:14.91
5. Léon van G.	CWW	200601323	2:15.03	+0,66		495		29.82	1:03.72	1:38.68	2:15.03
6. Laurens Kalle	De Schoteijl	200600161	2:15.94	+0,74		485		29.40	1:03.96	1:39.88	2:15.94
7. Jort Siebelt	OZ&PC	200700083	2:18.12	+0,74		462		29.46	1:03.88	1:40.60	2:18.12
8. Jelte de Boer	De Vikings	200700345	2:24.41	+0,65		405		28.29	1:01.64	1:39.42	2:24.41

senioren Open

1. Thomas Jansen	Team NL - WVZ	200100143	1:59.63	+0,72	A	712		26.83	57.84	1:28.95	1:59.63
2. Tiago Fonseca G.	Team NL - PSV	200703587	1:59.81	+0,61	A	709		26.67	57.35	1:28.72	1:59.81
3. Hendrik van der L.	PSV	200404339	2:00.69	+0,68	A	693		26.53	56.90	1:28.60	2:00.69
4. Vanja Kvočka	Hellas-Glana	200904007	2:03.44	+0,61	A	648		27.57	59.29	1:31.88	2:03.44
5. Sven Klink	Swol 1894	200500349	2:03.56	+0,71	A	646		27.54	58.90	1:30.91	2:03.56
6. Martijn Nies	PSV	200902095	2:04.83	+0,71	A	627		27.15	58.17	1:30.87	2:04.83
7. Daniel Wegman	ZPCH	200802843	2:05.13	+0,66	A	622		28.22	59.59	1:32.29	2:05.13
8. Yarno van Dam	ACZ	200800115	2:05.17	+0,69	A	622		28.60	59.99	1:32.36	2:05.17
9. Diede Veld	HZ&PC Heerenveen	200800011	2:05.95	+0,75	B	610		27.88	59.64	1:32.06	2:05.95
10. Lars Bulman	Albion	200600125	2:06.04	+0,66	B	609		27.11	59.06	1:31.97	2:06.04
11. Xiaoyu Yin	Blue Marlins	200803363	2:06.18	+0,59	B	607		27.45	59.22	1:31.77	2:06.18
12. Jones Chuang	PSV	200801173	2:10.03	+0,69	B	554		28.81	1:01.92	1:35.38	2:10.03
13. Milco Matla	PSV	200600555	2:10.35	+0,75	B	550		28.75	1:01.98	1:35.88	2:10.35
14. Matteo Viani	Zwemlust-den Hommel	199007717	2:10.56	+0,69	B	548		28.87	1:01.68	1:35.46	2:10.56
15. Bram ter Braak	De Dinkel	200800281	2:11.94	+0,76	B	531		28.65	1:02.31	1:36.81	2:11.94
16. Darren Chen	ZPC AMERSFOORT	200001149	2:12.74	+0,66	B	521		29.26	1:03.23	1:37.92	2:12.74
17. Nick Sijmons	De Amstel	199500491	2:13.01	+0,70	R	518		29.28	1:04.05	1:38.03	2:13.01

B = Bonus inschrijving

Programmanr. 6, Heren, 200m vlinderslag, Voorronde, senioren Open

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
18. Juan Cruz Slappendel	Orca	200903053	2:13.06	+0,70	R	517	28.44	1:02.06	1:37.40	2:13.06
19. Gijs Koehoorn	HZ&PC Heerenveen	200800275	2:14.12	+0,69		505	28.26	1:02.10	1:38.21	2:14.12
20. Gerard Willighagen	Poseidon'56	200103663	2:14.82	+0,55		497	28.97	1:02.58	1:37.96	2:14.82
21. Tijn Hilders	De Dolfijn	200700027	2:14.91	+0,76		496	28.52	1:02.65	1:38.20	2:14.91
22. Léon van G.	CWW	200601323	2:15.03	+0,66		495	29.82	1:03.72	1:38.68	2:15.03
23. Stan Tibben	Dedemsvaart-AC	200503591	2:15.11	+0,61		494	29.30	1:03.00	1:38.01	2:15.11
24. Liam Tjin Wong Joe	De Dolfijn	200804105	2:15.45	+0,56		490	30.03	1:04.37	1:39.86	2:15.45
25. Teun van Weeren	OZ&PC	200801145	2:15.60	+0,70		489	29.98	1:03.84	1:39.15	2:15.60
26. Evren Ege Orcunus	De Dolfijn	201003253	2:15.65	+0,57		488	29.45	1:04.17	1:39.37	2:15.65
27. Laurens Kalle	De Schoteijl	200600161	2:15.94	+0,74		485	29.40	1:03.96	1:39.88	2:15.94
28. Bjorn de Heus	Albion	200201077	2:17.13	+0,66		473	27.95	1:01.99	1:38.41	2:17.13
29. Rian Schoneveld	De Berkelduikers	200801789	2:17.87	+0,68		465	28.06	1:00.49	1:36.67	2:17.87
30. Gijs Hartwijk	ZVL-1886	200800573	2:18.01	+0,56		464	29.75	1:04.63	1:40.69	2:18.01
31. Filip Piszczynski	KSN (SG)	200802125	2:18.05	+0,67		463	29.88	1:05.43	1:41.43	2:18.05
32. Jort Siebelt	OZ&PC	200700083	2:18.12	+0,74		462	29.46	1:03.88	1:40.60	2:18.12
33. Feddo Smink	ZPC AMERSFOORT	200900007	2:18.64	+0,66		457	28.42	1:01.40	1:37.62	2:18.64
34. Alexander van der M.	Blue Marlins	200903251	2:18.65	+0,63		457	28.97	1:02.73	1:39.28	2:18.65
35. Aidan van der Stelt	Blue Marlins	200900901	2:19.62	+0,71		448	30.11	1:04.93	1:41.62	2:19.62
36. Tim Brouwer	Aqua-Novio'94	200800989	2:20.12	+0,71		443	31.02	1:06.07	1:42.40	2:20.12
37. Wessel van Dorst	Aqua-Novio'94	200900727	2:20.91	+0,67		436	29.30	1:04.95	1:42.32	2:20.91
38. Mike Hilders	De Dolfijn	200900281	2:21.39	+0,65		431	30.02	1:04.99	1:42.34	2:21.39
39. Felix Gepkens	VZC	200800631	2:21.77	+0,69		428	29.53	1:05.01	1:42.96	2:21.77
40. Paul Ruitenbergh	Wiekslag	200900979	2:22.10	+0,57		425	29.65	1:04.95	1:42.36	2:22.10
41. Arjan Boogaard	Deltasteur	200800093	2:24.39	+0,68		405	30.86	1:06.13	1:43.74	2:24.39
42. Jelte de Boer	De Vikings	200700345	2:24.41	+0,65		405	28.29	1:01.64	1:39.42	2:24.41
43. Jamie Kenworthy	De Dolfijn	200800045	2:25.28 *	+0,67		397	30.11	1:05.67	1:44.52	2:25.28
44. Sascha Timmer	AZC	200902987	2:25.45	+0,63		396	30.26	1:06.19	1:44.67	2:25.45
45. Lucas Schouten	ZPCH	200901925	2:25.47	+0,73		396	29.77	1:06.52	1:45.69	2:25.47
NG Lucas Peters	ZPC AMERSFOORT	200301325								

B = Bonus inschrijving

Programmanr. 7
19-12-2025 - 11:01

Dames, 100m wisselslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m
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PARA onder 16

1.	Gwyneth van der Spek	Batavia Swim	201102806	SM7	1:44.99	+0,80	Q 144 557	51.03	1:44.99
2.	Jente Parlevliet	Noordwijkerhout	201003900	SM14	1:30.77		Q 223 463	43.50	1:30.77

PARA Open

1.	Lisa Kruger	TeamNL PARA - De Dolfijn	200005304	SM10	1:09.28	+0,79	Q 5031157	31.80	1:09.28
2.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	SM11	1:18.36	+0,69	Q 3471027	38.03	1:18.36
3.	Florianne Bultje	TeamNL PARA - Team Noord-199804342)	SM9	1:14.27	+0,73	Q 408 968		33.48	1:14.27
4.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	SM9	1:18.35	+0,73	Q 347 824	36.62	1:18.35
5.	Marije Oosterhuis	Azuro	199500318	SM10	1:20.10	+0,81	Q 325 749	35.31	1:20.10
6.	Gwyneth van der Spek	Batavia Swim	201102806	SM7	1:44.99	+0,80	Q 144 557	51.03	1:44.99
7.	Dannique Koolen	ZPC AMERSFOORT	199904048	SM14	1:25.43	+0,85	Q 268 555	39.11	1:25.43
8.	Jente Parlevliet	Noordwijkerhout	201003900	SM14	1:30.77		Q 223 463	43.50	1:30.77

Onder 18

1.	Dachen Haaijer	ZPC Hoogeveen	200800380		1:02.32	+0,75	A 691	28.47	1:02.32
2.	Fay Boxum	DZ&PC	200900060		1:03.90	+0,61	B 641	28.99	1:03.90
3.	Juliette Woltjes	VZC	200900774		1:05.11	+0,79	B 606	29.57	1:05.11
4.	Ilse Rozema	Blue Marlins	200803318		1:05.38	+0,68	B 598	29.77	1:05.38
5.	Tara Langkamp	Aqua-Novio'94	200900362		1:06.72	+0,73	563	30.65	1:06.72
6.	Jasmine Vaartjes	Blue Marlins	200903658		1:07.12	+0,70	553	30.82	1:07.12
7.	Lotte Lübbers	KSN (SG)	200900190		1:07.17	+0,78	552	30.63	1:07.17
8.	Yaell Elmerink	ZPC De Hof	200900310		1:07.25	+0,76	550	31.49	1:07.25
9.	Jenny Muntinga	ZPCH	200900450		1:07.35	+0,49	547	30.79	1:07.35
10.	Emmelien Smelt	ZVZ	200800012		1:07.68	+0,70	539	30.06	1:07.68
11.	Fenna Westerneng	DZ&PC	200900070		1:08.27	+0,75	526	31.76	1:08.27
12.	Roselie ter Borg	ZCNF'34	200804880		1:08.46	+0,80	521	32.10	1:08.46
13.	Liv Heijdra	Albion	200800736		1:08.53	+0,31	520	30.59	1:08.53
14.	Lotte Blanken	SBC2000	200801476		1:10.71	+0,76	473	32.90	1:10.71
15.	Valerie Sakkers	Deltasteur	200800080		1:11.02	+0,67	467	32.25	1:11.02
DIS	Niobe Maduro	Aqua-Novio'94	200800378				SD		

SD - De bewegingen van de benen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.

NG	Indira van Aggele	Albion	200804424						
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Onder 20

1.	Mare Schallenberg	Albion	200600078		1:00.03	+0,69	A 773	28.53	1:00.03
2.	Angelina Rolman	Team NL - PSV	200701972		1:01.74	+0,55	A 711	27.56	1:01.74
3.	Rhodee van den Ham	De Duinkickers	200700090		1:03.95	+0,71	B 639	30.12	1:03.95
4.	Hylcke de Beer	PSV	200700006		1:04.10	+0,71	B 635	30.97	1:04.10
5.	Annieke Rupke	WVZ	200700876		1:05.46	+0,63	R 596	30.52	1:05.46
6.	Eefje Irvine	De Dolfijn	200700164		1:07.43	+0,68	545	30.24	1:07.43
AFGEM	Marlies Dijsselhof	Dedemsvaart-AC	200601046						

senioren Open

1.	Mare Schallenberg	Albion	200600078		1:00.03	+0,69	A 773	28.53	1:00.03
2.	Tessa Giele	Albion	200203124		1:00.28	+0,66	A 764	27.59	1:00.28
3.	Angelina Rolman	Team NL - PSV	200701972		1:01.74	+0,55	A 711	27.56	1:01.74
4.	Sterre Hendriks	De Dolfijn	200401288		1:02.16	+0,69	A 696	28.88	1:02.16
5.	Dachen Haaijer	ZPC Hoogeveen	200800380		1:02.32	+0,75	A 691	28.47	1:02.32
6.	Kirsten Verhalle	PSV	200400210		1:02.40	+0,70	A 688	28.35	1:02.40
7.	Elisabeth Timmer	Albion	200106446		1:03.20	+0,48	A 663	28.97	1:03.20
8.	Yill van Bezouw	Hieronymus	201100704		1:03.29	+0,57	A 660	29.20	1:03.29
9.	Fay Boxum	DZ&PC	200900060		1:03.90	+0,61	B 641	28.99	1:03.90

B = Bonus inschrijving

Programmanr. 7, Dames, 100m wisselslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
10.	Rhodee van den Ham	De Duinkikkers	200700090	1:03.95	+0,71	B	639	30.12	1:03.95
11.	Hylcke de Beer	PSV	200700006	1:04.10	+0,71	B	635	30.97	1:04.10
12.	Kinge Zandringa	De Dolfijn	199801422	1:04.99	+0,70	B	609	30.00	1:04.99
13.	Juliette Woltjes	VZC	200900774	1:05.11	+0,79	B	606	29.57	1:05.11
14.	Bridget Vermeer	ZPC AMERSFOORT	200501766	1:05.21	+0,58	B	603	30.83	1:05.21
15.	Nikita van den Ouden	Nuenen	199900622	1:05.29	+0,56	B	601	29.88	1:05.29
16.	Ilse Rozema	Blue Marlins	200803318	1:05.38	+0,68	B	598	29.77	1:05.38
17.	Annieke Rupke	WVZ	200700876	1:05.46	+0,63	R	596	30.52	1:05.46
18.	Selene Wortel	Hieronymus	199700654	1:05.67	+0,67	R	591	30.23	1:05.67
19.	Anne Engbersen	Albion	201000044	1:05.99	+0,72		582	29.82	1:05.99
20.	Tara Langkamp	Aqua-Novio'94	200900362	1:06.72	+0,73		563	30.65	1:06.72
21.	Jasmine Vaartjes	Blue Marlins	200903658	1:07.12	+0,70		553	30.82	1:07.12
22.	Lotte Lübbers	KSN (SG)	200900190	1:07.17	+0,78		552	30.63	1:07.17
23.	Yaell Elmerink	ZPC De Hof	200900310	1:07.25	+0,76		550	31.49	1:07.25
24.	Jenny Muntinga	ZPCH	200900450	1:07.35	+0,49		547	30.79	1:07.35
	Marre Zandringa	Orca	199701136	1:07.35	+0,64		547	30.21	1:07.35
26.	Eefje Irvine	De Dolfijn	200700164	1:07.43	+0,68		545	30.24	1:07.43
27.	Emmelien Smelt	ZVZ	200800012	1:07.68	+0,70		539	30.06	1:07.68
28.	Fenna Westerneng	DZ&PC	200900070	1:08.27	+0,75		526	31.76	1:08.27
29.	Roselie ter Borg	ZCNF'34	200804880	1:08.46	+0,80		521	32.10	1:08.46
30.	Liv Heijdra	Albion	200800736	1:08.53	+0,31		520	30.59	1:08.53
31.	Lotte Blanken	SBC2000	200801476	1:10.71	+0,76		473	32.90	1:10.71
32.	Valerie Sakkers	Deltasteur	200800080	1:11.02	+0,67		467	32.25	1:11.02
DIS	Niobe Maduro	Aqua-Novio'94	200800378				SD		
SD - De bewegingen van de benen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.									
AFGEM	Marlies Dijsselhof	Dedemsvaart-AC	200601046						
NG	Indira van Aggele	Albion	200804424						

B = Bonus inschrijving

Programmanr. 8
19-12-2025 - 11:13

Heren, 100m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m
PARA onder 18									
1.	Thomas Braat	AZC	200802269	S14	1:00.75	+0,82	Q 402 602	28.71	1:00.75
2.	Cheng Van Vondel	KSN (SG)	200902673	S9	1:13.72	+0,72	Q 225 386	34.25	1:13.72
PARA Open									
1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De De	199900211	S11	57.36	+0,67	Q 477 976	26.97	57.36
2.	Julian Hendriks	TeamNL PARA - De Otters Het	200603717	S7	1:07.41	+0,90	Q 294 696	32.61	1:07.41
3.	Jesse Bruines	Batavia Swim	200402413	S8	1:07.40	+0,78	Q 294 622	32.29	1:07.40
4.	Thomas Braat	AZC	200802269	S14	1:00.75	+0,82	Q 402 602	28.71	1:00.75
5.	Lars Jacobsen	DWK	199705453	S14	1:01.62	+0,81	Q 385 577	29.33	1:01.62
6.	Cheng Van Vondel	KSN (SG)	200902673	S9	1:13.72	+0,72	Q 225 386	34.25	1:13.72
Onder 18									
1.	Giovanni Phillipson	Team NL - Team Noord Hollanc	200801099		48.75	+0,70	A 778	23.56	48.75
2.	Siem de Zeeuw	Team NL - OZ&PC	200800013		49.67	+0,67	B 735	23.58	49.67
3.	Felbe van 't Land	ZPC AMERSFOORT	200900027		49.77	+0,70	B 731	23.78	49.77
4.	Giulian Janssen	PSV	200900125		50.09	+0,61	R 717	24.28	50.09
5.	Ruben Baars	DWK	200900471		50.11	+0,64	716	24.24	50.11
6.	Tobian Vos	ZPC AMERSFOORT	200900005		50.14	+0,67	715	24.20	50.14
7.	Kaan Sudak	Albion	200803733		50.55	+0,53	697	24.06	50.55
8.	Bram ter Braak	De Dinkel	200800281		51.42	+0,74	663	24.82	51.42
9.	Tibbe Quist	KONAZ 1870	200801359		51.93	+0,65	643	24.87	51.93
10.	Gijs Koehoorn	HZ&PC Heerenveen	200800275		52.23	+0,68	632	24.90	52.23
11.	Tim Boerefijn	WVZ	200802815		52.73	+0,69	614	25.19	52.73
12.	Milan Veelders	ZPC AMERSFOORT	200800279		53.04	+0,69	604	25.50	53.04
13.	Rian Schoneveld	De Berkelduikers	200801789		53.07	+0,71	603	25.61	53.07
14.	Xiaoyu Yin	Blue Marlins	200803363		53.09	+0,57	602	25.19	53.09
15.	Willem Weustink	Team Noord Holland (SG)	200800109		53.18	+0,54	599	25.47	53.18
16.	Fabian Riedijk	Blue Marlins	200800603		53.29	+0,69	595	24.97	53.29
17.	Filip Piszczynski	KSN (SG)	200802125		53.32	+0,65	594	25.87	53.32
18.	Wanne van Geest	ACZ	200901425		53.35	+0,71	593	25.35	53.35
19.	Wessel van Dorst	Aqua-Novio'94	200900727		53.59	+0,68	585	26.05	53.59
20.	Timo Berghuis	DWK	200801991		53.63	+0,64	584	25.38	53.63
21.	Jaydey Schonewille	Steenwijk 1934	200800025		53.72	+0,71	581	25.79	53.72
22.	Suraj Baladurage	Team Noord Holland (SG)	200801291		53.78	+0,64	579	25.71	53.78
23.	Finn Eghuizen	HZ&PC Heerenveen	200900431		53.90	+0,61	575	25.89	53.90
24.	Bas Mostert	VZC	200800629		53.98	+0,67	573	26.30	53.98
25.	Juan Cruz Slappendel	Orca	200903053		54.15	+0,70	567	25.77	54.15
26.	Xander Kragting	ZPC AMERSFOORT	200900077		54.39	+0,71	560	26.19	54.39
27.	Alexander van der Maaten	Blue Marlins	200903251		54.48	+0,60	557	25.91	54.48
28.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187		54.65	+0,72	552	25.95	54.65
	Arjan Boogaard	Deltasteur	200800093		54.65	+0,64	552	26.12	54.65
30.	Jelle van Mullekom	RZC	200801267		54.79	+0,73	548	26.05	54.79
31.	Tom Beishuizen	PSV	200804087		54.98	+0,75	542	26.82	54.98
32.	Brent Schiffers	ZPC Woerden	200902041		55.04	+0,67	540	26.66	55.04
33.	Vadim van Geuns	Blue Marlins	200903461		55.15	+0,57	537	26.14	55.15
34.	Twan Wielage	KSN (SG)	200902671		55.19	+0,69	536	26.27	55.19
	Tristan Fredema	Blue Marlins	200903699		55.19	+0,67	536	26.41	55.19
36.	Ivo Bot	Wiekslag	200900509		55.43	+0,67	529	26.45	55.43
37.	Delano van der Wegen	Hieronymus	200801941		55.48	+0,39	527	26.31	55.48
38.	Sven Bakker	Team Noord Holland (SG)	200900085		55.59	+0,80	524	26.96	55.59
39.	Koen de Vries	De Reest	200802379		55.66	+0,70	522	26.91	55.66
40.	Steven Knol	De Dolfijn	200900543		56.21	+0,70	507	27.10	56.21
41.	Sven Buijs	Hieronymus	200902853		56.68	+0,74	495	27.05	56.68
42.	Liam Tjin Wong Joe	De Dolfijn	200804105		56.92	+0,65	488	27.43	56.92
DIS	Art Jin van der Ent	Blue Marlins	200903785						

AA - De start ingezet voor het startsignaal (en wel gezwommen).

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 8, Jongens, 100m vrije slag, Voorronde, Onder 18

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
AFGEM	Tariq van Laar	De Rijn	200900819					
AFGEM	Dylano van Brussel	PSV	200901931					
NG	Joey Pop	ZVVS	200800277					

Onder 20

1.	Floris Tanis	Albion	200700005	48.58	+0,70	A	786	23.21	48.58
2.	Marcel Hofstede	Blue Marlins	200603931	49.44	+0,63	B	746	23.44	49.44
3.	Boele Böhm	Blue Marlins	200700739	49.57	+0,51	B	740	23.57	49.57
4.	Denzel Barthen	WVZ	200700147	51.79	+0,60		649	25.26	51.79
5.	Tiamo van der Veen	Dedemsvaart-AC	200600033	52.41	+0,71		626	25.48	52.41
6.	Tygo Gerts	Blue Marlins	200704077	52.53	+0,67		621	25.00	52.53
7.	Fredrick van der Leest	TriVia	200604403	52.71	+0,67		615	24.73	52.71
8.	Mies de Wit	CWW	200700315	52.82	+0,64		611	24.96	52.82
9.	Niek Issard	DZ&PC	200700037	52.88	+0,67		609	24.92	52.88
10.	Lucas Bemer	De Duinkickers	200700219	52.95	+0,68		607	25.41	52.95
11.	Jetze de Vries	De Vikings	200602589	53.12	+0,61		601	25.65	53.12
12.	Melle van Veen	Dedemsvaart-AC	200700661	53.30	+0,66		595	25.47	53.30
13.	Ties Berghs	ZEPS	200700709	53.45	+0,68		590	25.96	53.45
14.	Odo McCarthy	ZV Overbetuwe	200700307	54.12	+0,64		568	25.71	54.12

senioren Open

1.	Brandon van den Berg	Albion	200200669	48.30	+0,70	A	800	22.67	48.30
2.	Floris Tanis	Albion	200700005	48.58	+0,70	A	786	23.21	48.58
3.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099	48.75	+0,70	A	778	23.56	48.75
4.	Perry Laarhoven	Albion	200301321	48.97	+0,70	A	767	23.10	48.97
5.	Ivo Stolk	Albion	200100615	49.10	+0,64	A	761	23.51	49.10
6.	Luuk van Rooij	ZPC AMERSFOORT	200400581	49.12	+0,61	A	760	23.24	49.12
7.	Sean Niewold	Albion	200204699	49.23	+0,71	A	755	24.29	49.23
8.	Stan Stevens	PSV	200305039	49.29	+0,67	A	752	22.74	49.29
9.	Austin Namesnik	ZPC AMERSFOORT	200101817	49.40	+0,58	B	747	24.04	49.40
10.	Marcel Hofstede	Blue Marlins	200603931	49.44	+0,63	B	746	23.44	49.44
11.	Michael Smink	Albion	200302169	49.46	+0,61	B	745	23.37	49.46
12.	Koen Marsman	Team NL - ZPC AMERSFOORT	200502763	49.55	+0,60	B	741	23.74	49.55
13.	Boele Böhm	Blue Marlins	200700739	49.57	+0,51	B	740	23.57	49.57
14.	Siem de Zeeuw	Team NL - OZ&PC	200800013	49.67	+0,67	B	735	23.58	49.67
15.	Felbe van 't Land	ZPC AMERSFOORT	200900027	49.77	+0,70	B	731	23.78	49.77
16.	Raf Hendriks	Hellas-Glana	200100879	49.83	+0,68	B	728	23.98	49.83
17.	Giulian Janssen	PSV	200900125	50.09	+0,61	R	717	24.28	50.09
18.	Lars Kerremans	Hellas-Glana	200100305	50.10	+0,73	R	716	23.96	50.10
19.	Simon Claasen	ZPC AMERSFOORT	200400231	50.11	+0,49		716	24.02	50.11
	Ruben Baars	DWK	200900471	50.11	+0,64		716	24.24	50.11
21.	Tobian Vos	ZPC AMERSFOORT	200900005	50.14	+0,67		715	24.20	50.14
22.	Thijn Damen	PSV	200300973	50.29	+0,55		708	24.17	50.29
23.	Kaan Sudak	Albion	200803733	50.55	+0,53		697	24.06	50.55
24.	River Streefland	Blue Marlins	200502253	50.73	+0,68		690	24.28	50.73
25.	Marlon Borger	PSV	200404817	50.75	+0,69		689	24.06	50.75
26.	Jesse van der A	De Dolfijn	199905303	50.79	+0,62		688	23.41	50.79
27.	Patriks Francis Pone	De Dolfijn	200504577	50.81	+0,60		687	24.01	50.81
28.	Jason van den Berg	Albion	200400009	51.12	+0,64		674	24.20	51.12
29.	Colin Bes	DZ&PC	200500201	51.18	+0,67		672	24.41	51.18
30.	Youri Voet	ZPC AMERSFOORT	200502269	51.25	+0,67		669	24.86	51.25
31.	Niek Heethaar	DWK	199900999	51.28	+0,67		668	24.35	51.28
32.	Bram ter Braak	De Dinkel	200800281	51.42	+0,74		663	24.82	51.42
33.	Rick van Hamond	Zegenwerp	199205873	51.51	+0,65		659	24.70	51.51
34.	Daan Hogerhuis	De Columbiaan	200300317	51.54	+0,71		658	24.43	51.54
35.	Rens Stijf	ZPC AMERSFOORT	200501419	51.60	+0,64		656	24.75	51.60
36.	Menno Wieringa	ACZ	200500927	51.67	+0,68		653	24.80	51.67
37.	Arno Nelissen	Hellas-Glana	200300229	51.71	+0,65		652	24.98	51.71
38.	Denzel Barthen	WVZ	200700147	51.79	+0,60		649	25.26	51.79
39.	Rik Hoffland	PSV	199701737	51.87	+0,67		646	24.54	51.87
40.	Tibbe Quist	KONAZ 1870	200801359	51.93	+0,65		643	24.87	51.93

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 8, Heren, 100m vrije slag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
41.	Luc Mul	DAW	200201025	51.95	+0,71	643		25.12	51.95
42.	Loek Huyghelier	Albion	200404903	51.97	+0,59	642		24.80	51.97
43.	Felix Geenen	DAW	199501085	52.00	+0,74	641		24.48	52.00
44.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	52.23	+0,68	632		24.90	52.23
45.	Tiamo van der Veen	Dedemsvaart-AC	200600033	52.41	+0,71	626		25.48	52.41
46.	Tygo Gerts	Blue Marlins	200704077	52.53	+0,67	621		25.00	52.53
47.	Fredrick van der Leest	TriVia	200604403	52.71	+0,67	615		24.73	52.71
48.	Tim Boerefijn	WVZ	200802815	52.73	+0,69	614		25.19	52.73
49.	Mies de Wit	CWW	200700315	52.82	+0,64	611		24.96	52.82
50.	Niek Issard	DZ&PC	200700037	52.88	+0,67	609		24.92	52.88
	Floris Stork	DZ&PC	200305075	52.88	+0,50	609		25.40	52.88
52.	Lucas Berner	De Duinkickers	200700219	52.95	+0,68	607		25.41	52.95
53.	Milan Veelders	ZPC AMERSFOORT	200800279	53.04	+0,69	604		25.50	53.04
54.	Rian Schoneveld	De Berkelduikers	200801789	53.07	+0,71	603		25.61	53.07
55.	Xiaoyu Yin	Blue Marlins	200803363	53.09	+0,57	602		25.19	53.09
56.	Jetze de Vries	De Vikings	200602589	53.12	+0,61	601		25.65	53.12
57.	Willem Weustink	Team Noord Holland (SG)	200800109	53.18	+0,54	599		25.47	53.18
58.	Fabian Riedijk	Blue Marlins	200800603	53.29	+0,69	595		24.97	53.29
59.	Melle van Veen	Dedemsvaart-AC	200700661	53.30	+0,66	595		25.47	53.30
60.	Filip Piszczynski	KSN (SG)	200802125	53.32	+0,65	594		25.87	53.32
61.	Wanne van Geest	ACZ	200901425	53.35	+0,71	593		25.35	53.35
62.	Ties Berghs	ZEPS	200700709	53.45	+0,68	590		25.96	53.45
63.	Wessel van Dorst	Aqua-Novio'94	200900727	53.59	+0,68	585		26.05	53.59
64.	Timo Berghuis	DWK	200801991	53.63	+0,64	584		25.38	53.63
65.	Jaydey Schoneville	Steenwijk 1934	200800025	53.72	+0,71	581		25.79	53.72
66.	Suraj Baladurage	Team Noord Holland (SG)	200801291	53.78	+0,64	579		25.71	53.78
67.	Finn Eghuizen	HZ&PC Heerenveen	200900431	53.90	+0,61	575		25.89	53.90
68.	Bas Mostert	VZC	200800629	53.98	+0,67	573		26.30	53.98
69.	Odo McCarthy	ZV Overbetuwe	200700307	54.12	+0,64	568		25.71	54.12
70.	Juan Cruz Slappendel	Orca	200903053	54.15	+0,70	567		25.77	54.15
71.	Xander Kragting	ZPC AMERSFOORT	200900077	54.39	+0,71	560		26.19	54.39
72.	Alexander van der Maaten	Blue Marlins	200903251	54.48	+0,60	557		25.91	54.48
73.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187	54.65	+0,72	552		25.95	54.65
	Arjan Boogaard	Deltasteur	200800093	54.65	+0,64	552		26.12	54.65
75.	Jelle van Mullekom	RZC	200801267	54.79	+0,73	548		26.05	54.79
76.	Tom Beishuizen	PSV	200804087	54.98	+0,75	542		26.82	54.98
77.	Brent Schiffers	ZPC Woerden	200902041	55.04	+0,67	540		26.66	55.04
78.	Vadim van Geuns	Blue Marlins	200903461	55.15	+0,57	537		26.14	55.15
79.	Twan Wielage	KSN (SG)	200902671	55.19	+0,69	536		26.27	55.19
	Tristan Fredema	Blue Marlins	200903699	55.19	+0,67	536		26.41	55.19
81.	Ivo Bot	Wiekslag	200900509	55.43	+0,67	529		26.45	55.43
82.	Delano van der Wegen	Hieronymus	200801941	55.48	+0,39	527		26.31	55.48
83.	Sven Bakker	Team Noord Holland (SG)	200900085	55.59	+0,80	524		26.96	55.59
84.	Koen de Vries	De Reest	200802379	55.66	+0,70	522		26.91	55.66
85.	Steven Knol	De Dolfijn	200900543	56.21	+0,70	507		27.10	56.21
86.	Sven Buijs	Hieronymus	200902853	56.68	+0,74	495		27.05	56.68
87.	Liam Tjin Wong Joe	De Dolfijn	200804105	56.92	+0,65	488		27.43	56.92
DIS	Art Jin van der Ent	Blue Marlins	200903785		AA				
AA - De start ingezet voor het startsignaal (en wel gezwommen).									
AFGEM	Tariq van Laar	De Rijn	200900819						
AFGEM	Dylano van Brussel	PSV	200901931						
NG	Joey Pop	ZVVS	200800277						

B = Bonus inschrijving

Programmanr. 9
19-12-2025 - 11:32

Dames, 200m schoolslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
Onder 18											
1. Nina Zusterzeel	PSV	200800656	2:30.83	+0,67	A	677		32.68	1:10.29	1:49.95	2:30.83
2. Tess Vonk	De Geul	200900024	2:30.93	+0,61	A	676		34.49	1:13.05	1:51.51	2:30.93
3. Myrthe Stelten	Hellas-Glana	200900234	2:35.39	+0,55	B	619		35.55	1:15.16	1:55.04	2:35.39
4. Diede de Vries	Zwemlust-den Hommel	200803558	2:35.59	+0,69	B	617		34.91	1:14.21	1:54.73	2:35.59
5. Esmee Mulder	DZ&PC	200800038	2:37.63	+0,70	R	593		35.01	1:14.57	1:55.29	2:37.63
6. Julia Dijkstra	PSV	200904546	2:42.60	+0,75		541		35.60	1:16.07	1:59.15	2:42.60
7. Rixt Rothschild	ZPC Hoozeveen	200900026	2:43.01	+0,74		537		37.18	1:18.23	2:00.58	2:43.01
8. Amber Kunst	DAW	200900680	2:43.67	+0,68		530		36.71	1:18.74	2:01.37	2:43.67
9. Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	2:44.80	+0,81		519		36.28	1:18.05	2:01.13	2:44.80
10. Leonoor Smale	Aqua-Novio'94	200800942	2:46.10	+0,87		507		36.82	1:18.80	2:02.17	2:46.10
11. Rosellie ter Borg	ZCNF'34	200804880	2:46.40	+0,86		504		36.94	1:18.96	2:02.39	2:46.40
12. Meyke v. Nimwegen	De Schotelij	200800106	2:47.61	+0,75		494		37.29	1:19.63	2:03.34	2:47.61
13. Mijke Ouderkerken	Blue Marlins	200901254	2:47.68	+0,74		493		36.91	1:19.29	2:03.35	2:47.68
14. Kyana de Vries	Merlet	200901260	2:49.01			481		38.44	1:21.36	2:05.14	2:49.01
15. Flore Blok	OZ&PC	200804348	2:49.26	+0,54		479		38.46	1:21.43	2:05.40	2:49.26
16. Meyke Haytink	WS Twente	200801188	2:50.42	+0,71		469		38.02	1:21.33	2:05.83	2:50.42
17. Jasmijn Schoonen	Wiekslag	200901196	2:51.10	+0,84		464		38.13	1:21.79	2:06.35	2:51.10
18. Lotte Blanken	SBC2000	200801476	2:51.97	+0,77		457		38.33	1:21.95	2:07.02	2:51.97
19. Esmaé de Gans	ZPC AMERSFOORT	200900134	2:52.21	+0,74		455		38.21	1:21.83	2:07.00	2:52.21
20. Suuz Griekspoor	Noordwijkerhout	200901204	2:57.15	+0,78		418		39.51	1:24.48	2:10.73	2:57.15

Onder 20

1. Rafaela Mulders	Team Noord Holland (SG)	200701398	2:28.00	+0,69	A	717		33.08	1:09.94	1:48.15	2:28.00
2. Mare Schallenberg	Albion	200600078	2:30.27	+0,67	A	685		34.48	1:13.24	1:52.45	2:30.27
3. Djanilla Brink	Team NL - De Dolfijn	200600988	2:30.87	+0,75	A	677		33.90	1:11.84	1:51.02	2:30.87
4. Benigna Kocsispeter	Hellas-Glana	200702058	2:31.92	+0,56	B	663		34.65	1:13.34	1:52.90	2:31.92
5. Annique Rupke	WVZ	200700876	2:38.44	+0,74	R	584		36.29	1:16.28	1:57.21	2:38.44
6. Leyla Oversluisen	Albion	200602730	2:38.70	+0,71		581		36.08	1:16.64	1:57.59	2:38.70
7. Annika Hogenhuis	Zwemlust-den Hommel	200701340	2:39.43	+0,79		574		35.51	1:15.63	1:57.14	2:39.43
8. Lisa Dirkwager	Blue Marlins	200703458	2:40.76	+0,76		559		36.24	1:17.53	1:59.14	2:40.76
9. Renske Oude Egbrink	OZ&PC	200600040	2:41.08	+0,56		556		36.13	1:17.03	1:58.43	2:41.08
10. Nieke Dovic	PSV	200700238	2:41.12	+0,80		556		36.27	1:17.04	1:58.98	2:41.12
11. Isa Jansen	SBC2000	200701176	2:46.21	+0,74		506		36.67	1:18.86	2:02.29	2:46.21
12. Rosalie van der Bijl	Hieronimus	200701644	2:46.99	+0,73		499		37.70	1:21.10	2:04.25	2:46.99
13. Alexandra Gepkens	VZC	200701690	2:47.96	+0,68		490		37.04	1:19.12	2:02.77	2:47.96
AFGEM Marlies Dijsselhof	Dedemsvaart-AC	200601046									

senioren Open

1. Rafaela Mulders	Team Noord Holland (SG)	200701398	2:28.00	+0,69	A	717		33.08	1:09.94	1:48.15	2:28.00
2. Zinke Delcommune	PSV	200505416	2:28.90	+0,68	A	704		33.84	1:11.87	1:49.96	2:28.90
3. Jade Geurts	WVZ	200402278	2:29.60	+0,71	A	694		33.25	1:10.62	1:49.80	2:29.60
4. Jill Nai Chung Tong	WVZ	200404272	2:30.26	+0,70	A	685		33.56	1:11.56	1:50.41	2:30.26
5. Mare Schallenberg	Albion	200600078	2:30.27	+0,67	A	685		34.48	1:13.24	1:52.45	2:30.27
6. Nina Zusterzeel	PSV	200800656	2:30.83	+0,67	A	677		32.68	1:10.29	1:49.95	2:30.83
7. Djanilla Brink	Team NL - De Dolfijn	200600988	2:30.87	+0,75	A	677		33.90	1:11.84	1:51.02	2:30.87
8. Tess Vonk	De Geul	200900024	2:30.93	+0,61	A	676		34.49	1:13.05	1:51.51	2:30.93
9. Benigna Kocsispeter	Hellas-Glana	200702058	2:31.92	+0,56	B	663		34.65	1:13.34	1:52.90	2:31.92
10. Lynn Blommers	Blue Marlins	200105062	2:31.94	+0,66	B	663		33.52	1:12.01	1:51.86	2:31.94
11. Myrthe Stelten	Hellas-Glana	200900234	2:35.39	+0,55	B	619		35.55	1:15.16	1:55.04	2:35.39
12. Diede de Vries	Zwemlust-den Hommel	200803558	2:35.59	+0,69	B	617		34.91	1:14.21	1:54.73	2:35.59
13. Robin Goossens	Nuenen	200003128	2:35.73	+0,82	B	615		35.18	1:14.43	1:54.84	2:35.73
14. Hanna Kareinen	De Dolfijn	200006774	2:36.82	+0,63	B	603		34.93	1:13.73	1:54.54	2:36.82
15. Valesca van den B.	Hieronimus	200102138	2:37.02	+0,69	B	600		35.95	1:16.07	1:56.56	2:37.02
16. Renske Bouman	Albion	200400578	2:37.55		B	594		36.48	1:16.88	1:56.81	2:37.55
17. Esmee Mulder	DZ&PC	200800038	2:37.63	+0,70	R	593		35.01	1:14.57	1:55.29	2:37.63
18. Annique Rupke	WVZ	200700876	2:38.44	+0,74	R	584		36.29	1:16.28	1:57.21	2:38.44

B = Bonus inschrijving

Programmanr. 9, Dames, 200m schoolslag, Voorronde, senioren Open

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
19. Leyla Oversluizen	Albion	200602730	2:38.70	+0,71	581		36.08	1:16.64	1:57.59	2:38.70
20. Annika Hogenhuis	Zwemlust-den Hommel	200701340	2:39.43	+0,79	574		35.51	1:15.63	1:57.14	2:39.43
21. Mandy van Rossum	Arethusa	200204904	2:39.63		571		36.20	1:17.29	1:58.27	2:39.63
22. Paula Spans	ZPC AMERSFOORT	201000064	2:40.27	+0,71	565		35.90	1:16.33	1:57.97	2:40.27
23. Lisa Dirkwager	Blue Marlins	200703458	2:40.76	+0,76	559		36.24	1:17.53	1:59.14	2:40.76
24. Renske Oude Egbrink	OZ&PC	200600040	2:41.08	+0,56	556		36.13	1:17.03	1:58.43	2:41.08
25. Nieke Dovic	PSV	200700238	2:41.12	+0,80	556		36.27	1:17.04	1:58.98	2:41.12
26. Ismay Lichtendonk	HZ&PC Heerenveen	200400622	2:41.21	+0,67	555		35.75	1:16.22	1:57.69	2:41.21
27. Julia Dijkstra	PSV	200904546	2:42.60	+0,75	541		35.60	1:16.07	1:59.15	2:42.60
28. Rixt Rothschild	ZPC Hoozeveen	200900026	2:43.01	+0,74	537		37.18	1:18.23	2:00.58	2:43.01
29. Angelique van Vark	GZC DONK	199701478	2:43.02	+0,69	536		36.47	1:18.11	2:00.67	2:43.02
30. Inge Koekoek	DWK	200401648	2:43.15	+0,74	535		36.01	1:17.36	1:59.67	2:43.15
31. Silke Molendijk	ZVL-1886	200100178	2:43.62	+0,69	531		37.28	1:18.46	2:00.57	2:43.62
32. Amber Kunst	DAW	200900680	2:43.67	+0,68	530		36.71	1:18.74	2:01.37	2:43.67
33. Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	2:44.80	+0,81	519		36.28	1:18.05	2:01.13	2:44.80
34. Leonoor Smale	Aqua-Novio'94	200800942	2:46.10	+0,87	507		36.82	1:18.80	2:02.17	2:46.10
35. Isa Jansen	SBC2000	200701176	2:46.21	+0,74	506		36.67	1:18.86	2:02.29	2:46.21
36. Roselie ter Borg	ZCNF'34	200804880	2:46.40	+0,86	504		36.94	1:18.96	2:02.39	2:46.40
37. Rosalie van der Bijl	Hieronymus	200701644	2:46.99	+0,73	499		37.70	1:21.10	2:04.25	2:46.99
38. Meyke v. Nimwegen	De Schotelijl	200800106	2:47.61	+0,75	494		37.29	1:19.63	2:03.34	2:47.61
39. Mijke Ouderkerken	Blue Marlins	200901254	2:47.68	+0,74	493		36.91	1:19.29	2:03.35	2:47.68
40. Alexandra Gepkens	VZC	200701690	2:47.96	+0,68	490		37.04	1:19.12	2:02.77	2:47.96
41. Kyana de Vries	Merlet	200901260	2:49.01		481		38.44	1:21.36	2:05.14	2:49.01
42. Flore Blok	OZ&PC	200804348	2:49.26	+0,54	479		38.46	1:21.43	2:05.40	2:49.26
43. Meyke Haytink	WS Twente	200801188	2:50.42	+0,71	469		38.02	1:21.33	2:05.83	2:50.42
44. Jasmijn Schoonen	Wiekslag	200901196	2:51.10	+0,84	464		38.13	1:21.79	2:06.35	2:51.10
45. Lotte Blanken	SBC2000	200801476	2:51.97	+0,77	457		38.33	1:21.95	2:07.02	2:51.97
46. Esmaé de Gans	ZPC AMERSFOORT	200900134	2:52.21	+0,74	455		38.21	1:21.83	2:07.00	2:52.21
47. Suuz Griekspoor	Noordwijkerhout	200901204	2:57.15	+0,78	418		39.51	1:24.48	2:10.73	2:57.15
AFGEM Marlies Dijsselhof	Dedemsvaart-AC	200601046								

B = Bonus inschrijving

Programmanr. 10
19-12-2025 - 11:52

Heren, 200m wisselslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m	150m	200m
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PARA onder 18

1.	Cheng Van Vondel	KSN (SG)	200902673 SM9	2:59.39	+0,76	Q	223 408	37.72	1:23.94	2:15.97	2:59.39
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PARA Open

1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De	199900211 SM11	2:19.94	+0,67	Q	470 961	29.88	1:08.40	1:46.23	2:19.94
2.	Thomas van W.	TeamNL PARA - PSV	200201473 SM13	2:12.09	+0,78	Q	560 806	28.81	1:03.50	1:41.35	2:12.09
3.	Cheng Van Vondel	KSN (SG)	200902673 SM9	2:59.39	+0,76	Q	223 408	37.72	1:23.94	2:15.97	2:59.39

Onder 18

1.	Wytse Broekstra	De Vikings	200800121	2:01.68	+0,68	A	716	27.01	58.26	1:31.33	2:01.68
2.	Yarno van Dam	ACZ	200800115	2:04.87	+0,67	B	662	26.67	56.96	1:34.67	2:04.87
3.	Diede Veld	HZ&PC Heerenveen	200800011	2:07.29	+0,73	B	625	26.70	59.11	1:38.07	2:07.29
4.	Job Sportel	De Dinkel	200800429	2:07.44	+0,51	B	623	27.76	1:00.69	1:36.24	2:07.44
5.	Luca Boorsma	De Dolfijn	200902031	2:09.22	+0,60	R	598	27.35	59.57	1:37.34	2:09.22
6.	Stefan van der Meer	VZC	200901361	2:09.40	+0,69	R	595	28.15	1:01.13	1:39.04	2:09.40
7.	Rens Noorderover	Team Noord Holland (SG)	200800237	2:09.77	+0,66		590	27.86	1:01.53	1:38.27	2:09.77
8.	Bram ter Braak	De Dinkel	200800281	2:10.36	+0,68		582	27.22	1:00.78	1:39.98	2:10.36
9.	Nout Folkersma	PSV	200800595	2:11.58	+0,64		566	28.25	1:02.63	1:39.98	2:11.58
10.	Finn Stamsnieder	OZ&PC	200900225	2:11.87	+0,77		562	28.71	1:02.62	1:41.10	2:11.87
11.	Adriaan Coppelmans	AZC	200903243	2:13.38	+0,67		543	29.09	1:03.57	1:42.93	2:13.38
12.	Filip Piszczynski	KSN (SG)	200802125	2:13.48	+0,67		542	29.17	1:03.86	1:43.47	2:13.48
13.	Rijk Leenders	VZC	200800627	2:13.80	+0,69		538	28.66	1:01.30	1:40.27	2:13.80
14.	Daniel Wegman	ZPCH	200802843	2:14.01	+0,68		536	28.72	1:03.84	1:43.25	2:14.01
15.	Sverre van der Zwaan	WVZ	200900737	2:14.72	+0,71		527	29.27	1:02.69	1:43.22	2:14.72
16.	Koen de Vries	De Reest	200802379	2:14.97	+0,74		524	28.95	1:05.30	1:43.36	2:14.97
17.	Juan Cruz Slappendel	Orca	200903053	2:15.49	+0,58		518	27.81	1:03.42	1:45.39	2:15.49
18.	Gijs Hartwijk	ZVL-1886	200800573	2:15.65	+0,57		517	28.73	1:03.78	1:43.56	2:15.65
19.	Alexander Griston	De Dolfijn	200803053	2:15.69	+0,74		516	28.44	1:04.74	1:43.78	2:15.69
20.	Xander Kragting	ZPC AMERSFOORT	200900077	2:16.49	+0,72		507	28.71	1:03.50	1:45.00	2:16.49
21.	Frits Hoeflaken	PSV	200804101	2:16.73	+0,66		504	30.20	1:06.71	1:44.74	2:16.73
22.	Teun van Weeren	OZ&PC	200801145	2:17.03	+0,69		501	29.10	1:04.70	1:44.85	2:17.03
23.	Liam Tjin Wong Joe	De Dolfijn	200804105	2:17.36	+0,65		498	29.32	1:06.37	1:46.59	2:17.36
24.	Timo Berghuis	DWK	200801991	2:17.61	+0,76		495	29.44	1:06.11	1:46.50	2:17.61
25.	Brent Schifflers	ZPC Woerden	200902041	2:17.75	+0,67		493	29.44	1:03.69	1:45.54	2:17.75
26.	Dani Yefimov	OZ&PC	200901305	2:17.90	+0,66		492	29.88	1:06.12	1:44.41	2:17.90
27.	Mike Hilders	De Dolfijn	200900281	2:18.44	+0,64		486	29.25	1:04.51	1:45.91	2:18.44
28.	Duuk Harms	Dedemsvaart-AC	200900201	2:19.75	+0,52		472	30.65	1:05.93	1:46.65	2:19.75
29.	Floris van der Valk	Wiekslag	200801891	2:19.88	+0,67		471	28.34	1:05.06	1:45.11	2:19.88
30.	Sven Bakker	Team Noord Holland (SG)	200900085	2:21.18	+0,81		458	31.42	1:06.56	1:49.28	2:21.18
31.	Twan Wielage	KSN (SG)	200902671	2:25.86	+0,71		415	30.42	1:07.95	1:52.26	2:25.86
	AFGEM Dylano van Brussel	PSV	200901931								

Onder 20

1.	Nikodim Markovic	Albion	200700255	2:01.57	+0,62	A	718	25.62	55.59	1:31.89	2:01.57
2.	Storm Boxum	Team NL - DZ&PC	200700421	2:04.28	+0,67	A	672	26.82	59.99	1:34.54	2:04.28
3.	Collin van der Hoff	Team NL - WVZ	200604357	2:04.68	+0,66	B	665	27.31	59.60	1:33.66	2:04.68
4.	Storm Tolsma	DZ&PC	200600277	2:09.66	+0,55		592	28.08	1:02.06	1:39.46	2:09.66
5.	Niek Vreeling	OZ&PC	200604211	2:09.78	+0,70		590	27.83	1:00.27	1:39.05	2:09.78
6.	Jesse van der Meij	De Dolfijn	200600841	2:10.45 *	+0,80		581	28.33	1:02.67	1:39.76	2:10.45
7.	Thom de Hoog	Albion	200600019	2:11.03	+0,70		573	27.82	59.64	1:38.94	2:11.03
8.	Tijn Hilders	De Dolfijn	200700027	2:11.26	+0,73		570	28.51	1:02.59	1:40.25	2:11.26
9.	Denzel Barthen	WVZ	200700147	2:13.36	+0,60		544	27.29	1:00.79	1:40.63	2:13.36
10.	Jort Siebelt	OZ&PC	200700083	2:13.87	+0,60		538	28.98	1:03.45	1:43.11	2:13.87
	AFGEM Tiede Groener	PSV	200700155								

B = Bonus inschrijving

Programmanr. 10, Heren, 200m wisselslag, Voorronde

senioren Open

1. Thomas Jansen	Team NL - WVZ	200100143	1:59.52	+0,75	A	756	26.98	58.79	1:31.90	1:59.52
2. Nikodim Markovic	Albion	200700255	2:01.57	+0,62	A	718	25.62	55.59	1:31.89	2:01.57
3. Wytse Broekstra	De Vikings	200800121	2:01.68	+0,68	A	716	27.01	58.26	1:31.33	2:01.68
4. Luuk van Rooij	ZPC AMERSFOORT	200400581	2:01.89	+0,66	A	712	26.27	56.54	1:32.22	2:01.89
5. Wouter Zijlstra	HZ&PC Heerenveen	200401545	2:02.52	+0,55	A	701	26.71	57.49	1:33.05	2:02.52
6. Sven Klink	Swol 1894	200500349	2:03.10	+0,69	A	691	26.11	57.72	1:34.08	2:03.10
7. Youri Voet	ZPC AMERSFOORT	200502269	2:03.30	+0,68	A	688	27.50	1:00.48	1:34.55	2:03.30
8. Storm Boxum	Team NL - DZ&PC	200700421	2:04.28	+0,67	A	672	26.82	59.99	1:34.54	2:04.28
9. Collin van der Hoff	Team NL - WVZ	200604357	2:04.68	+0,66	B	665	27.31	59.60	1:33.66	2:04.68
10. Yarno van Dam	ACZ	200800115	2:04.87	+0,67	B	662	26.67	56.96	1:34.67	2:04.87
11. Scott Jansen	WVZ	200202455	2:06.10	+0,72	B	643	27.55	1:00.37	1:35.84	2:06.10
12. Ronis van E.	DWK	200300043	2:07.06	+0,74	B	629	27.33	1:00.03	1:36.64	2:07.06
13. Diede Veld	HZ&PC Heerenveen	200800011	2:07.29	+0,73	B	625	26.70	59.11	1:38.07	2:07.29
14. Job Sportel	De Dinkel	200800429	2:07.44	+0,51	B	623	27.76	1:00.69	1:36.24	2:07.44
15. Nicko Kamphuis	ACZ	199900887	2:07.48	+0,59	B	623	26.67	59.93	1:36.92	2:07.48
16. Colin Bes	DZ&PC	200500201	2:08.08	+0,69	B	614	27.56	1:00.07	1:37.39	2:08.08
17. Luca Boorsma	De Dolfijn	200902031	2:09.22	+0,60	R	598	27.35	59.57	1:37.34	2:09.22
18. Stefan van der Meer	VZC	200901361	2:09.40	+0,69	R	595	28.15	1:01.13	1:39.04	2:09.40
19. Storm Tolsma	DZ&PC	200600277	2:09.66	+0,55		592	28.08	1:02.06	1:39.46	2:09.66
20. Rens Noordover	Team Noord Holland (SG)	200800237	2:09.77	+0,66		590	27.86	1:01.53	1:38.27	2:09.77
21. Niek Vreeling	OZ&PC	200604211	2:09.78	+0,70		590	27.83	1:00.27	1:39.05	2:09.78
22. Bram ter Braak	De Dinkel	200800281	2:10.36	+0,68		582	27.22	1:00.78	1:39.98	2:10.36
23. Jesse van der Meij	De Dolfijn	200600841	2:10.45 *	+0,80		581	28.33	1:02.67	1:39.76	2:10.45
24. Thom de Hoog	Albion	200600019	2:11.03	+0,70		573	27.82	59.64	1:38.94	2:11.03
25. Tijn Hilders	De Dolfijn	200700027	2:11.26	+0,73		570	28.51	1:02.59	1:40.25	2:11.26
26. Nout Folkersma	PSV	200800595	2:11.58	+0,64		566	28.25	1:02.63	1:39.98	2:11.58
27. Finn Stamsnieder	OZ&PC	200900225	2:11.87	+0,77		562	28.71	1:02.62	1:41.10	2:11.87
28. Denzel Barthen	WVZ	200700147	2:13.36	+0,60		544	27.29	1:00.79	1:40.63	2:13.36
29. Adriaan Coppelmans	AZC	200903243	2:13.38	+0,67		543	29.09	1:03.57	1:42.93	2:13.38
30. Filip Piszczynski	KSN (SG)	200802125	2:13.48	+0,67		542	29.17	1:03.86	1:43.47	2:13.48
31. Rijk Leenders	VZC	200800627	2:13.80	+0,69		538	28.66	1:01.30	1:40.27	2:13.80
32. Jort Siebelt	OZ&PC	200700083	2:13.87	+0,60		538	28.98	1:03.45	1:43.11	2:13.87
33. Daniel Wegman	ZPCH	200802843	2:14.01	+0,68		536	28.72	1:03.84	1:43.25	2:14.01
34. Sverre van der Zwaan	WVZ	200900737	2:14.72	+0,71		527	29.27	1:02.69	1:43.22	2:14.72
35. Koen de Vries	De Reest	200802379	2:14.97	+0,74		524	28.95	1:05.30	1:43.36	2:14.97
36. Juan Cruz Slappendel	Orca	200903053	2:15.49	+0,58		518	27.81	1:03.42	1:45.39	2:15.49
37. Gijs Hartwijk	ZVL-1886	200800573	2:15.65	+0,57		517	28.73	1:03.78	1:43.56	2:15.65
38. Alexander Griston	De Dolfijn	200803053	2:15.69	+0,74		516	28.44	1:04.74	1:43.78	2:15.69
39. Xander Kragting	ZPC AMERSFOORT	200900077	2:16.49	+0,72		507	28.71	1:03.50	1:45.00	2:16.49
40. Frits Hoeflaken	PSV	200804101	2:16.73	+0,66		504	30.20	1:06.71	1:44.74	2:16.73
41. Teun van Weeren	OZ&PC	200801145	2:17.03	+0,69		501	29.10	1:04.70	1:44.85	2:17.03
42. Liam Tjin Wong Joe	De Dolfijn	200804105	2:17.36	+0,65		498	29.32	1:06.37	1:46.59	2:17.36
43. Timo Berghuis	DWK	200801991	2:17.61	+0,76		495	29.44	1:06.11	1:46.50	2:17.61
44. Brent Schiffers	ZPC Woerden	200902041	2:17.75	+0,67		493	29.44	1:03.69	1:45.54	2:17.75
45. Dani Yefimov	OZ&PC	200901305	2:17.90	+0,66		492	29.88	1:06.12	1:44.41	2:17.90
46. Mike Hilders	De Dolfijn	200900281	2:18.44	+0,64		486	29.25	1:04.51	1:45.91	2:18.44
47. Duuk Harms	Dedemsvaart-AC	200900201	2:19.75	+0,52		472	30.65	1:05.93	1:46.65	2:19.75
48. Floris van der Valk	Wiekslag	200801891	2:19.88	+0,67		471	28.34	1:05.06	1:45.11	2:19.88
49. Sven Bakker	Team Noord Holland (SG)	200900085	2:21.18	+0,81		458	31.42	1:06.56	1:49.28	2:21.18
50. Twan Wielage	KSN (SG)	200902671	2:25.86	+0,71		415	30.42	1:07.95	1:52.26	2:25.86
DIS Floris Stork	DZ&PC	200305075			RC					

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

AFGEM Tiede Groener	PSV	200700155
AFGEM Dylano van Brussel	PSV	200901931

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Dames, 50m vlinderslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging			tijd	RT	FINA	para	
PARA Open									
1.	Lisa Kruger	TeamNL PARA - De Dolfijn	200005304	S10	30.81	+0,77	Q	469	891
2.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	36.67	+0,69	Q	278	876
3.	Florianne Bultje	TeamNL PARA - Team Noord-Holl.	199804342	S9	31.19	+0,63	Q	452	763
4.	Marije Oosterhuis	Azuro	199500318	S10	34.33	+0,81	Q	339	644
5.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	35.65	+0,79	Q	302	511
6.	Dannique Koolen	ZPC AMERSFOORT	199904048	S14	36.98	+0,86	Q	271	478

Onder 18

1.	Jinth Engelse	Team NL - Blue Marlins	200800204		26.26	+0,66	A	757
2.	Maaïke Ooms	ZPC AMERSFOORT	200801580		27.46	+0,65	B	662
3.	Jazz-Lynn Gomes Delgado	Albion	200800738		27.83	+0,70	B	636
4.	Liv Heijdra	Albion	200800736		28.19	+0,67		612
5.	Ilse Rozema	Blue Marlins	200803318		28.58	+0,68		587
6.	Juliëtte Woltjes	VZC	200900774		28.66	+0,77		582
	Tara Langkamp	Aqua-Novio'94	200900362		28.66	+0,71		582
8.	Violetta Pflug	Blue Marlins	200804704		28.82	+0,75		573
9.	Lotte Lübbers	KSN (SG)	200900190		28.87	+0,74		570
10.	Elin Ditewig	VZC	200900392		28.89	+0,67		569
11.	Emmelien Smelt	ZVZ	200800012		29.15	+0,69		553
	Jasmine Vaartjes	Blue Marlins	200903658		29.15	+0,69		553
13.	Luus Gielens	PSV	200900138		29.19	+0,81		551
	Senna Rijnbeek	ZPC AMERSFOORT	200901480		29.19	+0,77		551
15.	Yaell Elmerink	ZPC De Hof	200900310		29.37	+0,78		541
16.	Iris Boeters	Westland Swimming Stars	200900856		29.44	+0,65		537
17.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224		29.50	+0,65		534
18.	Tess Vonk	De Geul	200900024		29.56	+0,64		531
19.	Anhelina Biletska	Nuenen	200804930		29.76	+0,67		520
20.	Isis Verhoeff	ZPC AMERSFOORT	200902962		29.82	+0,57		517
21.	Elin Brinkhof	De Dolfijn	200900078		29.83			516
22.	Megan Snoek	Team Noord Holland (SG)	200900888		29.84	+0,69		516
23.	Niobe Maduro	Aqua-Novio'94	200800378		29.88	+0,63		514
24.	Fleur van den Eijk	Blue Marlins	200900304		29.99	+0,59		508
25.	Eleni Olympiou	PSV	200804924		30.06	+0,61		505
26.	Milou Geneuglijk	HZ&PC Heerenveen	200900556		30.29	+0,72		493
27.	Bette Peetoom	DAW	200801808		30.30	+0,72		493
28.	Esmee Mulder	DZ&PC	200800038		30.38	+0,69		489
29.	Charlotte Landman	CWW	200901290		30.42	+0,67		487
30.	Jenny Muntinga	ZPCH	200900450		30.48	+0,49		484
31.	Emma Ketelaars	Hellas-Glana	200800354		31.51	+0,67		438
AFGEM	Simone Faber	Deltasteur	200900710					
NG	Indira van Aggele	Albion	200804424					

Onder 20

1.	Megan Jonkman	Albion	200600508		27.10	+0,72	A	689
2.	Evy Rozeboom	Team NL - DAW	200601338		27.11	+0,59	B	688
3.	Sara Korhuis	DZ&PC	200600494		27.44	+0,75	B	664
4.	Hylcke de Beer	PSV	200700006		28.27	+0,45		607
5.	Noa Ottens	VZC	200702256		28.43	+0,70		597
6.	Charlotte Woltjes	VZC	200700110		28.88	+0,74		569
7.	Lisa Dirkzwager	Blue Marlins	200703458		29.18	+0,71		552
8.	Rafaëla Mulders	Team Noord Holland (SG)	200701398		29.27	+0,69		547
9.	Féline Sam	ZVZ	200700018		29.68	+0,70		524

B = Bonus inschrijving

Programmanr. 11, Dames, 50m vlinderslag, Voorronde

senioren Open

1.	Kim Busch	Team NL - PSV	199801450	25.77	+0,71	A	801
2.	Tessa Giele	Albion	200203124	25.84	+0,65	A	795
3.	Britta Koehorst	WVZ	200300246	25.92	+0,64	A	787
4.	Jinth Engelse	Team NL - Blue Marlins	200800204	26.26	+0,66	A	757
5.	Femke Spiering	ZPC AMERSFOORT	200204514	26.62	+0,60	A	727
6.	Kinge Zandringa	De Dolfijn	199801422	26.78	+0,65	A	714
7.	Elise Tanis	De Dolfijn	200200120	26.80	+0,69	A	712
8.	Megan Jonkman	Albion	200600508	27.10	+0,72	A	689
9.	Evy Rozeboom	Team NL - DAW	200601338	27.11	+0,59	B	688
10.	Marit Huisman	WVZ	200502620	27.17	+0,66	B	684
11.	Sara Korthuis	DZ&PC	200600494	27.44	+0,75	B	664
12.	Maaïke Ooms	ZPC AMERSFOORT	200801580	27.46	+0,65	B	662
	Colinda van der Zanden	Aqua-Novio'94	200502618	27.46	+0,71	B	662
14.	Amber Celie	De Dolfijn	200300756	27.73	+0,62	B	643
15.	Jazz-Lynn Gomes Delgado	Albion	200800738	27.83	+0,70	B	636
16.	Karlijn Offeringa	ZVVS	200503292	27.89	+0,77	B	632
17.	Emma Hofstee	TriVia	200401282	27.94	+0,57	R	629
18.	Anne Fleur Willemssen	Azuro	199901396	28.07		R	620
19.	Liv Heijdra	Albion	200800736	28.19	+0,67		612
20.	Hylcke de Beer	PSV	200700006	28.27	+0,45		607
21.	Indy van Laarhoven	PSV	200500710	28.30	+0,70		605
22.	Olena Dijkstra	Orca	200202624	28.37	+0,68		600
23.	Noa Ottens	VZC	200702256	28.43	+0,70		597
24.	Marin Wieling	ZPC AMERSFOORT	200501220	28.49	+0,70		593
25.	Ilse Rozema	Blue Marlins	200803318	28.58	+0,68		587
26.	Juliëtte Woltjes	VZC	200900774	28.66	+0,77		582
	Tara Langkamp	Aqua-Novio'94	200900362	28.66	+0,71		582
28.	Michelle van Wijk	WWV Winterswijk	200204746	28.67	+0,74		582
29.	Violetta Pflug	Blue Marlins	200804704	28.82	+0,75		573
30.	Lotte Lübbers	KSN (SG)	200900190	28.87	+0,74		570
31.	Charlotte Woltjes	VZC	200700110	28.88	+0,74		569
32.	Elin Ditewig	VZC	200900392	28.89	+0,67		569
33.	Emmelien Smelt	ZVZ	200800012	29.15	+0,69		553
	Jasmine Vaartjes	Blue Marlins	200903658	29.15	+0,69		553
35.	Lisa Dirkzwager	Blue Marlins	200703458	29.18	+0,71		552
36.	Luus Gielens	PSV	200900138	29.19	+0,81		551
	Senna Rijnbeek	ZPC AMERSFOORT	200901480	29.19	+0,77		551
38.	Rafaela Mulders	Team Noord Holland (SG)	200701398	29.27	+0,69		547
39.	Merel Phaff	Nuenen	200100434	29.33	+0,69		543
40.	Yaël Elmerink	ZPC De Hof	200900310	29.37	+0,78		541
41.	Iris Boeters	Westland Swimming Stars	200900856	29.44	+0,65		537
42.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224	29.50	+0,65		534
43.	Tess Vonk	De Geul	200900024	29.56	+0,64		531
44.	Féline Sam	ZVZ	200700018	29.68	+0,70		524
45.	Anhelina Biletska	Nuenen	200804930	29.76	+0,67		520
46.	Isis Verhoeff	ZPC AMERSFOORT	200902962	29.82	+0,57		517
47.	Elin Brinkhof	De Dolfijn	200900078	29.83			516
48.	Megan Snoek	Team Noord Holland (SG)	200900888	29.84	+0,69		516
49.	Niobe Maduro	Aqua-Novio'94	200800378	29.88	+0,63		514
50.	Fleur van den Eijk	Blue Marlins	200900304	29.99	+0,59		508
51.	Eleni Olympiou	PSV	200804924	30.06	+0,61		505
52.	Milou Geneuglijk	HZ&PC Heerenveen	200900556	30.29	+0,72		493
53.	Bette Peetoom	DAW	200801808	30.30	+0,72		493
54.	Esmee Mulder	DZ&PC	200800038	30.38	+0,69		489
55.	Charlotte Landman	CWW	200901290	30.42	+0,67		487
56.	Jenny Muntinga	ZPCH	200900450	30.48	+0,49		484
57.	Emma Ketelaars	Hellas-Glana	200800354	31.51	+0,67		438
AFGEM	Simone Faber	Deltasteur	200900710				
NG	Indira van Aggele	Albion	200804424				

B = Bonus inschrijving

Programmanr. 12
19-12-2025 - 12:22

Heren, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging					tijd		RT	FINA	para	
Onder 18												
1.	Martijn Nies	PSV					200902095		15:34.64	+0,59	743	
	50m:	27.62	27.62	450m:	4:35.45	31.22	850m:	8:46.87	31.82	1250m:	12:56.89	31.16
	100m:	57.81	30.19	500m:	5:06.96	31.51	900m:	9:18.17	31.30	1300m:	13:28.06	31.17
	150m:	1:28.47	30.66	550m:	5:38.12	31.16	950m:	9:48.56	30.39	1350m:	13:59.44	31.38
	200m:	1:59.35	30.88	600m:	6:09.24	31.12	1000m:	10:19.78	31.22	1400m:	14:31.13	31.69
	250m:	2:30.19	30.84	650m:	6:40.47	31.23	1050m:	10:51.94	32.16	1450m:	15:02.58	31.45
	300m:	3:01.21	31.02	700m:	7:12.06	31.59	1100m:	11:23.08	31.14	1500m:	15:34.64	32.06
	350m:	3:32.60	31.39	750m:	7:43.43	31.37	1150m:	11:54.24	31.16			
	400m:	4:04.23	31.63	800m:	8:15.05	31.62	1200m:	12:25.73	31.49			
2.	Diede Veld	HZ&PC Heerenveen					200800011		15:43.16	+0,61	723	
	50m:	27.64	27.64	450m:	4:35.28	31.39	850m:	8:49.14	32.13	1250m:	13:05.26	32.07
	100m:	57.82	30.18	500m:	5:06.87	31.59	900m:	9:21.17	32.03	1300m:	13:37.19	31.93
	150m:	1:28.68	30.86	550m:	5:38.28	31.41	950m:	9:53.28	32.11	1350m:	14:09.10	31.91
	200m:	1:59.57	30.89	600m:	6:09.94	31.66	1000m:	10:25.30	32.02	1400m:	14:40.86	31.76
	250m:	2:30.58	31.01	650m:	6:41.45	31.51	1050m:	10:57.26	31.96	1450m:	15:12.65	31.79
	300m:	3:01.35	30.77	700m:	7:13.21	31.76	1100m:	11:29.21	31.95	1500m:	15:43.16	30.51
	350m:	3:32.57	31.22	750m:	7:45.21	32.00	1150m:	12:01.19	31.98			
	400m:	4:03.89	31.32	800m:	8:17.01	31.80	1200m:	12:33.19	32.00			
3.	Jelte de Jong	ZPCH					200900975		16:11.84	+0,72	661	
	50m:	28.37	28.37	450m:	4:44.98	32.52	850m:	9:07.56	32.93	1250m:	13:31.31	33.02
	100m:	59.62	31.25	500m:	5:17.59	32.61	900m:	9:40.35	32.79	1300m:	14:04.23	32.92
	150m:	1:31.43	31.81	550m:	5:50.17	32.58	950m:	10:13.48	33.13	1350m:	14:36.88	32.65
	200m:	2:03.54	32.11	600m:	6:22.85	32.68	1000m:	10:46.42	32.94	1400m:	15:09.48	32.60
	250m:	2:35.95	32.41	650m:	6:55.72	32.87	1050m:	11:19.53	33.11	1450m:	15:41.58	32.10
	300m:	3:08.05	32.10	700m:	7:28.57	32.85	1100m:	11:52.50	32.97	1500m:	16:11.84	30.26
	350m:	3:40.12	32.07	750m:	8:01.50	32.93	1150m:	12:25.56	33.06			
	400m:	4:12.46	32.34	800m:	8:34.63	33.13	1200m:	12:58.29	32.73			
Onder 20												
1.	Bram Loots	Team NL - Team Noord Holland					200700197		15:29.91	+0,66	755	
	50m:	28.26	28.26	450m:	4:35.49	31.10	850m:	8:46.55	31.69	1250m:	12:56.37	30.99
	100m:	58.71	30.45	500m:	5:06.60	31.11	900m:	9:18.31	31.76	1300m:	13:27.66	31.29
	150m:	1:29.34	30.63	550m:	5:37.79	31.19	950m:	9:49.99	31.68	1350m:	13:58.98	31.32
	200m:	2:00.37	31.03	600m:	6:08.93	31.14	1000m:	10:21.05	31.06	1400m:	14:29.90	30.92
	250m:	2:31.27	30.90	650m:	6:40.27	31.34	1050m:	10:51.72	30.67	1450m:	15:00.57	30.67
	300m:	3:02.39	31.12	700m:	7:11.71	31.44	1100m:	11:22.84	31.12	1500m:	15:29.91	29.34
	350m:	3:33.38	30.99	750m:	7:43.43	31.72	1150m:	11:53.87	31.03			
	400m:	4:04.39	31.01	800m:	8:14.86	31.43	1200m:	12:25.38	31.51			
2.	Olivier Wilbers	De Dolfijn					200600181		15:52.04	+0,75	703	
	50m:	29.53	29.53	450m:	4:42.06	31.52	850m:	8:56.38	31.95	1250m:	13:12.79	32.28
	100m:	1:01.14	31.61	500m:	5:13.92	31.86	900m:	9:28.24	31.86	1300m:	13:44.96	32.17
	150m:	1:33.01	31.87	550m:	5:45.61	31.69	950m:	10:00.22	31.98	1350m:	14:16.95	31.99
	200m:	2:04.63	31.62	600m:	6:17.23	31.62	1000m:	10:32.20	31.98	1400m:	14:49.28	32.33
	250m:	2:36.08	31.45	650m:	6:49.02	31.79	1050m:	11:04.10	31.90	1450m:	15:21.29	32.01
	300m:	3:07.50	31.42	700m:	7:20.77	31.75	1100m:	11:36.33	32.23	1500m:	15:52.04	30.75
	350m:	3:38.94	31.44	750m:	7:52.57	31.80	1150m:	12:08.40	32.07			
	400m:	4:10.54	31.60	800m:	8:24.43	31.86	1200m:	12:40.51	32.11			
3.	Bas Blanker	ACZ					200601497		16:09.42	+0,74	666	
	50m:	28.73	28.73	450m:	4:46.32	32.27	850m:	9:07.96	32.57	1250m:	13:28.03	32.78
	100m:	1:00.13	31.40	500m:	5:19.03	32.71	900m:	9:40.42	32.46	1300m:	14:00.47	32.44
	150m:	1:32.11	31.98	550m:	5:51.69	32.66	950m:	10:12.93	32.51	1350m:	14:33.15	32.68
	200m:	2:04.39	32.28	600m:	6:24.22	32.53	1000m:	10:45.36	32.43	1400m:	15:05.83	32.68
	250m:	2:36.67	32.28	650m:	6:56.71	32.49	1050m:	11:17.88	32.52	1450m:	15:38.21	32.38
	300m:	3:09.21	32.54	700m:	7:29.69	32.98	1100m:	11:50.14	32.26	1500m:	16:09.42	31.21
	350m:	3:41.57	32.36	750m:	8:02.50	32.81	1150m:	12:22.52	32.38			
	400m:	4:14.05	32.48	800m:	8:35.39	32.89	1200m:	12:55.25	32.73			
4.	Jasper Thijert	WS Twente					200700321		16:29.54	+0,58	626	
	50m:	28.91	28.91	450m:	4:50.66	33.35	850m:	9:18.70	33.41	1250m:	13:47.19	33.10
	100m:	1:00.38	31.47	500m:	5:24.05	33.39	900m:	9:52.29	33.59	1300m:	14:19.96	32.77
	150m:	1:32.92	32.54	550m:	5:57.46	33.41	950m:	10:25.96	33.67	1350m:	14:52.68	32.72
	200m:	2:05.20	32.28	600m:	6:31.00	33.54	1000m:	10:59.42	33.46	1400m:	15:25.34	32.66
	250m:	2:37.92	32.72	650m:	7:04.25	33.25	1050m:	11:33.17	33.75	1450m:	15:58.26	32.92
	300m:	3:10.86	32.94	700m:	7:38.10	33.85	1100m:	12:07.40	34.23	1500m:	16:29.54	31.28
	350m:	3:44.06	33.20	750m:	8:11.74	33.64	1150m:	12:41.25	33.85			
	400m:	4:17.31	33.25	800m:	8:45.29	33.55	1200m:	13:14.09	32.84			

B = Bonus inschrijving

Programmanr. 12, Heren, 1500m vrije slag, Onder 20

rang	naam	vereniging				tijd				RT	FINA	para
5.	Thijs Wellink	ZPC AMERSFOORT				200600715				16:44.21	+0,72	599
	50m:	28.78	28.78	450m:	4:52.15	33.72	850m:	9:20.19	33.60	1250m:	13:53.36	34.63
	100m:	1:00.28	31.50	500m:	5:25.72	33.57	900m:	9:54.00	33.81	1300m:	14:27.72	34.36
	150m:	1:32.78	32.50	550m:	5:59.35	33.63	950m:	10:27.90	33.90	1350m:	15:02.51	34.79
	200m:	2:05.59	32.81	600m:	6:33.02	33.67	1000m:	11:01.64	33.74	1400m:	15:36.98	34.47
	250m:	2:38.37	32.78	650m:	7:06.52	33.50	1050m:	11:35.62	33.98	1450m:	16:10.89	33.91
	300m:	3:11.51	33.14	700m:	7:39.96	33.44	1100m:	12:10.26	34.64	1500m:	16:44.21	33.32
	350m:	3:44.93	33.42	750m:	8:13.28	33.32	1150m:	12:44.39	34.13			
	400m:	4:18.43	33.50	800m:	8:46.59	33.31	1200m:	13:18.73	34.34			
GEM	Tieme Wiersma	DZ&PC				200701031						
NG	Jere Wiersma	DZ&PC				200701037						

senioren Open

1.	Bram Loots	Team NL - Team Noord Holland	200700197	15:29.91	+0,66	755						
	50m:	28.26	28.26	450m:	4:35.49	31.10	850m:	8:46.55	31.69	1250m:	12:56.37	30.99
	100m:	58.71	30.45	500m:	5:06.60	31.11	900m:	9:18.31	31.76	1300m:	13:27.66	31.29
	150m:	1:29.34	30.63	550m:	5:37.79	31.19	950m:	9:49.99	31.68	1350m:	13:58.98	31.32
	200m:	2:00.37	31.03	600m:	6:08.93	31.14	1000m:	10:21.05	31.06	1400m:	14:29.90	30.92
	250m:	2:31.27	30.90	650m:	6:40.27	31.34	1050m:	10:51.72	30.67	1450m:	15:00.57	30.67
	300m:	3:02.39	31.12	700m:	7:11.71	31.44	1100m:	11:22.84	31.12	1500m:	15:29.91	29.34
	350m:	3:33.38	30.99	750m:	7:43.43	31.72	1150m:	11:53.87	31.03			
	400m:	4:04.39	31.01	800m:	8:14.86	31.43	1200m:	12:25.38	31.51			
2.	Martijn Nies	PSV	200902095	15:34.64	+0,59	743						
	50m:	27.62	27.62	450m:	4:35.45	31.22	850m:	8:46.87	31.82	1250m:	12:56.89	31.16
	100m:	57.81	30.19	500m:	5:06.96	31.51	900m:	9:18.17	31.30	1300m:	13:28.06	31.17
	150m:	1:28.47	30.66	550m:	5:38.12	31.16	950m:	9:48.56	30.39	1350m:	13:59.44	31.38
	200m:	1:59.35	30.88	600m:	6:09.24	31.12	1000m:	10:19.78	31.22	1400m:	14:31.13	31.69
	250m:	2:30.19	30.84	650m:	6:40.47	31.23	1050m:	10:51.94	32.16	1450m:	15:02.58	31.45
	300m:	3:01.21	31.02	700m:	7:12.06	31.59	1100m:	11:23.08	31.14	1500m:	15:34.64	32.06
	350m:	3:32.60	31.39	750m:	7:43.43	31.37	1150m:	11:54.24	31.16			
	400m:	4:04.23	31.63	800m:	8:15.05	31.62	1200m:	12:25.73	31.49			
3.	Diede Veld	HZ&PC Heerenveen	200800011	15:43.16	+0,61	723						
	50m:	27.64	27.64	450m:	4:35.28	31.39	850m:	8:49.14	32.13	1250m:	13:05.26	32.07
	100m:	57.82	30.18	500m:	5:06.87	31.59	900m:	9:21.17	32.03	1300m:	13:37.19	31.93
	150m:	1:28.68	30.86	550m:	5:38.28	31.41	950m:	9:53.28	32.11	1350m:	14:09.10	31.91
	200m:	1:59.57	30.89	600m:	6:09.94	31.66	1000m:	10:25.30	32.02	1400m:	14:40.86	31.76
	250m:	2:30.58	31.01	650m:	6:41.45	31.51	1050m:	10:57.26	31.96	1450m:	15:12.65	31.79
	300m:	3:01.35	30.77	700m:	7:13.21	31.76	1100m:	11:29.21	31.95	1500m:	15:43.16	30.51
	350m:	3:32.57	31.22	750m:	7:45.21	32.00	1150m:	12:01.19	31.98			
	400m:	4:03.89	31.32	800m:	8:17.01	31.80	1200m:	12:33.19	32.00			
4.	Olivier Wilbers	De Dolfijn	200600181	15:52.04	+0,75	703						
	50m:	29.53	29.53	450m:	4:42.06	31.52	850m:	8:56.38	31.95	1250m:	13:12.79	32.28
	100m:	1:01.14	31.61	500m:	5:13.92	31.86	900m:	9:28.24	31.86	1300m:	13:44.96	32.17
	150m:	1:33.01	31.87	550m:	5:45.61	31.69	950m:	10:00.22	31.98	1350m:	14:16.95	31.99
	200m:	2:04.63	31.62	600m:	6:17.23	31.62	1000m:	10:32.20	31.98	1400m:	14:49.28	32.33
	250m:	2:36.08	31.45	650m:	6:49.02	31.79	1050m:	11:04.10	31.90	1450m:	15:21.29	32.01
	300m:	3:07.50	31.42	700m:	7:20.77	31.75	1100m:	11:36.33	32.23	1500m:	15:52.04	30.75
	350m:	3:38.94	31.44	750m:	7:52.57	31.80	1150m:	12:08.40	32.07			
	400m:	4:10.54	31.60	800m:	8:24.43	31.86	1200m:	12:40.51	32.11			
5.	Bas Blanker	ACZ	200601497	16:09.42	+0,74	666						
	50m:	28.73	28.73	450m:	4:46.32	32.27	850m:	9:07.96	32.57	1250m:	13:28.03	32.78
	100m:	1:00.13	31.40	500m:	5:19.03	32.71	900m:	9:40.42	32.46	1300m:	14:00.47	32.44
	150m:	1:32.11	31.98	550m:	5:51.69	32.66	950m:	10:12.93	32.51	1350m:	14:33.15	32.68
	200m:	2:04.39	32.28	600m:	6:24.22	32.53	1000m:	10:45.36	32.43	1400m:	15:05.83	32.68
	250m:	2:36.67	32.28	650m:	6:56.71	32.49	1050m:	11:17.88	32.52	1450m:	15:38.21	32.38
	300m:	3:09.21	32.54	700m:	7:29.69	32.98	1100m:	11:50.14	32.26	1500m:	16:09.42	31.21
	350m:	3:41.57	32.36	750m:	8:02.50	32.81	1150m:	12:22.52	32.38			
	400m:	4:14.05	32.48	800m:	8:35.39	32.89	1200m:	12:55.25	32.73			
6.	Jelte de Jong	ZPCH	200900975	16:11.84	+0,72	661						
	50m:	28.37	28.37	450m:	4:44.98	32.52	850m:	9:07.56	32.93	1250m:	13:31.31	33.02
	100m:	59.62	31.25	500m:	5:17.59	32.61	900m:	9:40.35	32.79	1300m:	14:04.23	32.92
	150m:	1:31.43	31.81	550m:	5:50.17	32.58	950m:	10:13.48	33.13	1350m:	14:36.88	32.65
	200m:	2:03.54	32.11	600m:	6:22.85	32.68	1000m:	10:46.42	32.94	1400m:	15:09.48	32.60
	250m:	2:35.95	32.41	650m:	6:55.72	32.87	1050m:	11:19.53	33.11	1450m:	15:41.58	32.10
	300m:	3:08.05	32.10	700m:	7:28.57	32.85	1100m:	11:52.50	32.97	1500m:	16:11.84	30.26
	350m:	3:40.12	32.07	750m:	8:01.50	32.93	1150m:	12:25.56	33.06			
	400m:	4:12.46	32.34	800m:	8:34.63	33.13	1200m:	12:58.29	32.73			

B = Bonus inschrijving

Programmanr. 12, Heren, 1500m vrije slag, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
7.	Hessel Robert	Het Y				200200917				16:24.23	+0,76	637
	50m:	29.64	29.64	450m:	4:49.19	33.49	850m:	9:18.65	33.17	1250m:	13:43.48	33.47
	100m:	1:01.52	31.88	500m:	5:22.95	33.76	900m:	9:51.34	32.69	1300m:	14:17.17	33.69
	150m:	1:33.76	32.24	550m:	5:56.97	34.02	950m:	10:23.71	32.37	1350m:	14:49.54	32.37
	200m:	2:05.94	32.18	600m:	6:31.06	34.09	1000m:	10:57.47	33.76	1400m:	15:21.65	32.11
	250m:	2:37.55	31.61	650m:	7:04.20	33.14	1050m:	11:30.35	32.88	1450m:	15:52.91	31.26
	300m:	3:09.51	31.96	700m:	7:37.91	33.71	1100m:	12:03.55	33.20	1500m:	16:24.23	31.32
	350m:	3:42.47	32.96	750m:	8:12.20	34.29	1150m:	12:36.67	33.12			
	400m:	4:15.70	33.23	800m:	8:45.48	33.28	1200m:	13:10.01	33.34			
8.	Jasper Thijert	WS Twente				200700321				16:29.54	+0,58	626
	50m:	28.91	28.91	450m:	4:50.66	33.35	850m:	9:18.70	33.41	1250m:	13:47.19	33.10
	100m:	1:00.38	31.47	500m:	5:24.05	33.39	900m:	9:52.29	33.59	1300m:	14:19.96	32.77
	150m:	1:32.92	32.54	550m:	5:57.46	33.41	950m:	10:25.96	33.67	1350m:	14:52.68	32.72
	200m:	2:05.20	32.28	600m:	6:31.00	33.54	1000m:	10:59.42	33.46	1400m:	15:25.34	32.66
	250m:	2:37.92	32.72	650m:	7:04.25	33.25	1050m:	11:33.17	33.75	1450m:	15:58.26	32.92
	300m:	3:10.86	32.94	700m:	7:38.10	33.85	1100m:	12:07.40	34.23	1500m:	16:29.54	31.28
	350m:	3:44.06	33.20	750m:	8:11.74	33.64	1150m:	12:41.25	33.85			
	400m:	4:17.31	33.25	800m:	8:45.29	33.55	1200m:	13:14.09	32.84			
9.	Thijs Wellink	ZPC AMERSFOORT				200600715				16:44.21	+0,72	599
	50m:	28.78	28.78	450m:	4:52.15	33.72	850m:	9:20.19	33.60	1250m:	13:53.36	34.63
	100m:	1:00.28	31.50	500m:	5:25.72	33.57	900m:	9:54.00	33.81	1300m:	14:27.72	34.36
	150m:	1:32.78	32.50	550m:	5:59.35	33.63	950m:	10:27.90	33.90	1350m:	15:02.51	34.79
	200m:	2:05.59	32.81	600m:	6:33.02	33.67	1000m:	11:01.64	33.74	1400m:	15:36.98	34.47
	250m:	2:38.37	32.78	650m:	7:06.52	33.50	1050m:	11:35.62	33.98	1450m:	16:10.89	33.91
	300m:	3:11.51	33.14	700m:	7:39.96	33.44	1100m:	12:10.26	34.64	1500m:	16:44.21	33.32
	350m:	3:44.93	33.42	750m:	8:13.28	33.32	1150m:	12:44.39	34.13			
	400m:	4:18.43	33.50	800m:	8:46.59	33.31	1200m:	13:18.73	34.34			
10.	Julian Prummel	De Gooische (SG)				200501731				16:49.63	+0,66	590
	50m:	29.11	29.11	450m:	4:55.22	33.95	850m:	9:26.65	33.84	1250m:	14:00.49	34.54
	100m:	1:00.83	31.72	500m:	5:29.14	33.92	900m:	10:00.55	33.90	1300m:	14:34.78	34.29
	150m:	1:33.58	32.75	550m:	6:03.08	33.94	950m:	10:35.02	34.47	1350m:	15:08.88	34.10
	200m:	2:06.98	33.40	600m:	6:36.82	33.74	1000m:	11:09.37	34.35	1400m:	15:43.14	34.26
	250m:	2:40.26	33.28	650m:	7:10.74	33.92	1050m:	11:43.61	34.24	1450m:	16:17.03	33.89
	300m:	3:13.97	33.71	700m:	7:44.83	34.09	1100m:	12:17.65	34.04	1500m:	16:49.63	32.60
	350m:	3:47.72	33.75	750m:	8:18.73	33.90	1150m:	12:51.74	34.09			
	400m:	4:21.27	33.55	800m:	8:52.81	34.08	1200m:	13:25.95	34.21			
11.	Jorian Tanis	Albion				199900327				16:54.78	+0,72	581
	50m:	28.88	28.88	450m:	4:56.76	34.08	850m:	9:30.80	34.61	1250m:	14:07.00	34.47
	100m:	1:00.78	31.90	500m:	5:31.08	34.32	900m:	10:05.35	34.55	1300m:	14:40.68	33.68
	150m:	1:33.70	32.92	550m:	6:05.12	34.04	950m:	10:39.65	34.30	1350m:	15:15.06	34.38
	200m:	2:07.34	33.64	600m:	6:39.07	33.95	1000m:	11:14.45	34.80	1400m:	15:48.87	33.81
	250m:	2:41.05	33.71	650m:	7:13.24	34.17	1050m:	11:48.86	34.41	1450m:	16:22.66	33.79
	300m:	3:14.81	33.76	700m:	7:47.38	34.14	1100m:	12:23.24	34.38	1500m:	16:54.78	32.12
	350m:	3:48.68	33.87	750m:	8:21.84	34.46	1150m:	12:57.79	34.55			
	400m:	4:22.68	34.00	800m:	8:56.19	34.35	1200m:	13:32.53	34.74			
GEM	Tieme Wiersma	DZ&PC				200701031						
NG	Jere Wiersma	DZ&PC				200701037						

B = Bonus inschrijving



2 - Nederlandse Kampioenschappen Korte Baan sessie 2 - finales

19-12-2025 - 17:00

Programmanr. 8
19-12-2025 - 17:00

Heren, 100m vrije slag

senioren Open
Resultaten Swim off voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
1.	Simon Claasen	ZPC AMERSFOORT	200400231	49.48	+0,55	744		23.57	49.48
2.	Ruben Baars	DWK	200900471	49.67	+0,62	735		23.81	49.67

B = Bonus inschrijving

Programmanr. 12
19-12-2025 - 17:00

Heren, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd		RT	FINA	para
Onder 18										
1.	Martijn Nies	PSV				200902095		15:34.64	+0,59	743
	50m: 27.62	27.62	450m: 4:35.45	31.22	850m: 8:46.87	31.82	1250m: 12:56.89	31.16		
	100m: 57.81	30.19	500m: 5:06.96	31.51	900m: 9:18.17	31.30	1300m: 13:28.06	31.17		
	150m: 1:28.47	30.66	550m: 5:38.12	31.16	950m: 9:48.56	30.39	1350m: 13:59.44	31.38		
	200m: 1:59.35	30.88	600m: 6:09.24	31.12	1000m: 10:19.78	31.22	1400m: 14:31.13	31.69		
	250m: 2:30.19	30.84	650m: 6:40.47	31.23	1050m: 10:51.94	32.16	1450m: 15:02.58	31.45		
	300m: 3:01.21	31.02	700m: 7:12.06	31.59	1100m: 11:23.08	31.14	1500m: 15:34.64	32.06		
	350m: 3:32.60	31.39	750m: 7:43.43	31.37	1150m: 11:54.24	31.16				
	400m: 4:04.23	31.63	800m: 8:15.05	31.62	1200m: 12:25.73	31.49				
2.	Diede Veld	HZ&PC Heerenveen				200800011		15:43.16	+0,61	723
	50m: 27.64	27.64	450m: 4:35.28	31.39	850m: 8:49.14	32.13	1250m: 13:05.26	32.07		
	100m: 57.82	30.18	500m: 5:06.87	31.59	900m: 9:21.17	32.03	1300m: 13:37.19	31.93		
	150m: 1:28.68	30.86	550m: 5:38.28	31.41	950m: 9:53.28	32.11	1350m: 14:09.10	31.91		
	200m: 1:59.57	30.89	600m: 6:09.94	31.66	1000m: 10:25.30	32.02	1400m: 14:40.86	31.76		
	250m: 2:30.58	31.01	650m: 6:41.45	31.51	1050m: 10:57.26	31.96	1450m: 15:12.65	31.79		
	300m: 3:01.35	30.77	700m: 7:13.21	31.76	1100m: 11:29.21	31.95	1500m: 15:43.16	30.51		
	350m: 3:32.57	31.22	750m: 7:45.21	32.00	1150m: 12:01.19	31.98				
	400m: 4:03.89	31.32	800m: 8:17.01	31.80	1200m: 12:33.19	32.00				
3.	Jelte de Jong	ZPCH				200900975		16:11.84	+0,72	661
	50m: 28.37	28.37	450m: 4:44.98	32.52	850m: 9:07.56	32.93	1250m: 13:31.31	33.02		
	100m: 59.62	31.25	500m: 5:17.59	32.61	900m: 9:40.35	32.79	1300m: 14:04.23	32.92		
	150m: 1:31.43	31.81	550m: 5:50.17	32.58	950m: 10:13.48	33.13	1350m: 14:36.88	32.65		
	200m: 2:03.54	32.11	600m: 6:22.85	32.68	1000m: 10:46.42	32.94	1400m: 15:09.48	32.60		
	250m: 2:35.95	32.41	650m: 6:55.72	32.87	1050m: 11:19.53	33.11	1450m: 15:41.58	32.10		
	300m: 3:08.05	32.10	700m: 7:28.57	32.85	1100m: 11:52.50	32.97	1500m: 16:11.84	30.26		
	350m: 3:40.12	32.07	750m: 8:01.50	32.93	1150m: 12:25.56	33.06				
	400m: 4:12.46	32.34	800m: 8:34.63	33.13	1200m: 12:58.29	32.73				
Onder 20										
1.	Bram Loots	Team NL - Team Noord Holland				200700197		15:29.91	+0,66	755
	50m: 28.26	28.26	450m: 4:35.49	31.10	850m: 8:46.55	31.69	1250m: 12:56.37	30.99		
	100m: 58.71	30.45	500m: 5:06.60	31.11	900m: 9:18.31	31.76	1300m: 13:27.66	31.29		
	150m: 1:29.34	30.63	550m: 5:37.79	31.19	950m: 9:49.99	31.68	1350m: 13:58.98	31.32		
	200m: 2:00.37	31.03	600m: 6:08.93	31.14	1000m: 10:21.05	31.06	1400m: 14:29.90	30.92		
	250m: 2:31.27	30.90	650m: 6:40.27	31.34	1050m: 10:51.72	30.67	1450m: 15:00.57	30.67		
	300m: 3:02.39	31.12	700m: 7:11.71	31.44	1100m: 11:22.84	31.12	1500m: 15:29.91	29.34		
	350m: 3:33.38	30.99	750m: 7:43.43	31.72	1150m: 11:53.87	31.03				
	400m: 4:04.39	31.01	800m: 8:14.86	31.43	1200m: 12:25.38	31.51				
2.	Olivier Wilbers	De Dolfijn				200600181		15:52.04	+0,75	703
	50m: 29.53	29.53	450m: 4:42.06	31.52	850m: 8:56.38	31.95	1250m: 13:12.79	32.28		
	100m: 1:01.14	31.61	500m: 5:13.92	31.86	900m: 9:28.24	31.86	1300m: 13:44.96	32.17		
	150m: 1:33.01	31.87	550m: 5:45.61	31.69	950m: 10:00.22	31.98	1350m: 14:16.95	31.99		
	200m: 2:04.63	31.62	600m: 6:17.23	31.62	1000m: 10:32.20	31.98	1400m: 14:49.28	32.33		
	250m: 2:36.08	31.45	650m: 6:49.02	31.79	1050m: 11:04.10	31.90	1450m: 15:21.29	32.01		
	300m: 3:07.50	31.42	700m: 7:20.77	31.75	1100m: 11:36.33	32.23	1500m: 15:52.04	30.75		
	350m: 3:38.94	31.44	750m: 7:52.57	31.80	1150m: 12:08.40	32.07				
	400m: 4:10.54	31.60	800m: 8:24.43	31.86	1200m: 12:40.51	32.11				
3.	Bas Blanker	ACZ				200601497		16:09.42	+0,74	666
	50m: 28.73	28.73	450m: 4:46.32	32.27	850m: 9:07.96	32.57	1250m: 13:28.03	32.78		
	100m: 1:00.13	31.40	500m: 5:19.03	32.71	900m: 9:40.42	32.46	1300m: 14:00.47	32.44		
	150m: 1:32.11	31.98	550m: 5:51.69	32.66	950m: 10:12.93	32.51	1350m: 14:33.15	32.68		
	200m: 2:04.39	32.28	600m: 6:24.22	32.53	1000m: 10:45.36	32.43	1400m: 15:05.83	32.68		
	250m: 2:36.67	32.28	650m: 6:56.71	32.49	1050m: 11:17.88	32.52	1450m: 15:38.21	32.38		
	300m: 3:09.21	32.54	700m: 7:29.69	32.98	1100m: 11:50.14	32.26	1500m: 16:09.42	31.21		
	350m: 3:41.57	32.36	750m: 8:02.50	32.81	1150m: 12:22.52	32.38				
	400m: 4:14.05	32.48	800m: 8:35.39	32.89	1200m: 12:55.25	32.73				
4.	Jasper Thijert	WS Twente				200700321		16:29.54	+0,58	626
	50m: 28.91	28.91	450m: 4:50.66	33.35	850m: 9:18.70	33.41	1250m: 13:47.19	33.10		
	100m: 1:00.38	31.47	500m: 5:24.05	33.39	900m: 9:52.29	33.59	1300m: 14:19.96	32.77		
	150m: 1:32.92	32.54	550m: 5:57.46	33.41	950m: 10:25.96	33.67	1350m: 14:52.68	32.72		
	200m: 2:05.20	32.28	600m: 6:31.00	33.54	1000m: 10:59.42	33.46	1400m: 15:25.34	32.66		
	250m: 2:37.92	32.72	650m: 7:04.25	33.25	1050m: 11:33.17	33.75	1450m: 15:58.26	32.92		
	300m: 3:10.86	32.94	700m: 7:38.10	33.85	1100m: 12:07.40	34.23	1500m: 16:29.54	31.28		
	350m: 3:44.06	33.20	750m: 8:11.74	33.64	1150m: 12:41.25	33.85				
	400m: 4:17.31	33.25	800m: 8:45.29	33.55	1200m: 13:14.09	32.84				

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 12, Heren, 1500m vrije slag, Onder 20

rang	naam	vereniging				tijd				RT	FINA	para
5.	Thijs Wellink	ZPC AMERSFOORT				200600715				16:44.21	+0,72	599
	50m:	28.78	28.78	450m:	4:52.15	33.72	850m:	9:20.19	33.60	1250m:	13:53.36	34.63
	100m:	1:00.28	31.50	500m:	5:25.72	33.57	900m:	9:54.00	33.81	1300m:	14:27.72	34.36
	150m:	1:32.78	32.50	550m:	5:59.35	33.63	950m:	10:27.90	33.90	1350m:	15:02.51	34.79
	200m:	2:05.59	32.81	600m:	6:33.02	33.67	1000m:	11:01.64	33.74	1400m:	15:36.98	34.47
	250m:	2:38.37	32.78	650m:	7:06.52	33.50	1050m:	11:35.62	33.98	1450m:	16:10.89	33.91
	300m:	3:11.51	33.14	700m:	7:39.96	33.44	1100m:	12:10.26	34.64	1500m:	16:44.21	33.32
	350m:	3:44.93	33.42	750m:	8:13.28	33.32	1150m:	12:44.39	34.13			
	400m:	4:18.43	33.50	800m:	8:46.59	33.31	1200m:	13:18.73	34.34			
GEM	Tieme Wiersma	DZ&PC				200701031						
NG	Jere Wiersma	DZ&PC				200701037						

senioren Open

1.	Bram Loots		Team NL - Team Noord Holland			200700197	15:29.91		+0,66	755		
	50m:	28.26	28.26	450m:	4:35.49	31.10	850m:	8:46.55	31.69	1250m:	12:56.37	30.99
	100m:	58.71	30.45	500m:	5:06.60	31.11	900m:	9:18.31	31.76	1300m:	13:27.66	31.29
	150m:	1:29.34	30.63	550m:	5:37.79	31.19	950m:	9:49.99	31.68	1350m:	13:58.98	31.32
	200m:	2:00.37	31.03	600m:	6:08.93	31.14	1000m:	10:21.05	31.06	1400m:	14:29.90	30.92
	250m:	2:31.27	30.90	650m:	6:40.27	31.34	1050m:	10:51.72	30.67	1450m:	15:00.57	30.67
	300m:	3:02.39	31.12	700m:	7:11.71	31.44	1100m:	11:22.84	31.12	1500m:	15:29.91	29.34
	350m:	3:33.38	30.99	750m:	7:43.43	31.72	1150m:	11:53.87	31.03			
	400m:	4:04.39	31.01	800m:	8:14.86	31.43	1200m:	12:25.38	31.51			
2.	Martijn Nies		PSV			200902095	15:34.64		+0,59	743		
	50m:	27.62	27.62	450m:	4:35.45	31.22	850m:	8:46.87	31.82	1250m:	12:56.89	31.16
	100m:	57.81	30.19	500m:	5:06.96	31.51	900m:	9:18.17	31.30	1300m:	13:28.06	31.17
	150m:	1:28.47	30.66	550m:	5:38.12	31.16	950m:	9:48.56	30.39	1350m:	13:59.44	31.38
	200m:	1:59.35	30.88	600m:	6:09.24	31.12	1000m:	10:19.78	31.22	1400m:	14:31.13	31.69
	250m:	2:30.19	30.84	650m:	6:40.47	31.23	1050m:	10:51.94	32.16	1450m:	15:02.58	31.45
	300m:	3:01.21	31.02	700m:	7:12.06	31.59	1100m:	11:23.08	31.14	1500m:	15:34.64	32.06
	350m:	3:32.60	31.39	750m:	7:43.43	31.37	1150m:	11:54.24	31.16			
	400m:	4:04.23	31.63	800m:	8:15.05	31.62	1200m:	12:25.73	31.49			
3.	Diede Veld		HZ&PC Heerenveen			200800011	15:43.16		+0,61	723		
	50m:	27.64	27.64	450m:	4:35.28	31.39	850m:	8:49.14	32.13	1250m:	13:05.26	32.07
	100m:	57.82	30.18	500m:	5:06.87	31.59	900m:	9:21.17	32.03	1300m:	13:37.19	31.93
	150m:	1:28.68	30.86	550m:	5:38.28	31.41	950m:	9:53.28	32.11	1350m:	14:09.10	31.91
	200m:	1:59.57	30.89	600m:	6:09.94	31.66	1000m:	10:25.30	32.02	1400m:	14:40.86	31.76
	250m:	2:30.58	31.01	650m:	6:41.45	31.51	1050m:	10:57.26	31.96	1450m:	15:12.65	31.79
	300m:	3:01.35	30.77	700m:	7:13.21	31.76	1100m:	11:29.21	31.95	1500m:	15:43.16	30.51
	350m:	3:32.57	31.22	750m:	7:45.21	32.00	1150m:	12:01.19	31.98			
	400m:	4:03.89	31.32	800m:	8:17.01	31.80	1200m:	12:33.19	32.00			
4.	Olivier Wilbers		De Dolfijn			200600181	15:52.04		+0,75	703		
	50m:	29.53	29.53	450m:	4:42.06	31.52	850m:	8:56.38	31.95	1250m:	13:12.79	32.28
	100m:	1:01.14	31.61	500m:	5:13.92	31.86	900m:	9:28.24	31.86	1300m:	13:44.96	32.17
	150m:	1:33.01	31.87	550m:	5:45.61	31.69	950m:	10:00.22	31.98	1350m:	14:16.95	31.99
	200m:	2:04.63	31.62	600m:	6:17.23	31.62	1000m:	10:32.20	31.98	1400m:	14:49.28	32.33
	250m:	2:36.08	31.45	650m:	6:49.02	31.79	1050m:	11:04.10	31.90	1450m:	15:21.29	32.01
	300m:	3:07.50	31.42	700m:	7:20.77	31.75	1100m:	11:36.33	32.23	1500m:	15:52.04	30.75
	350m:	3:38.94	31.44	750m:	7:52.57	31.80	1150m:	12:08.40	32.07			
	400m:	4:10.54	31.60	800m:	8:24.43	31.86	1200m:	12:40.51	32.11			
5.	Bas Blanker		ACZ			200601497	16:09.42		+0,74	666		
	50m:	28.73	28.73	450m:	4:46.32	32.27	850m:	9:07.96	32.57	1250m:	13:28.03	32.78
	100m:	1:00.13	31.40	500m:	5:19.03	32.71	900m:	9:40.42	32.46	1300m:	14:00.47	32.44
	150m:	1:32.11	31.98	550m:	5:51.69	32.66	950m:	10:12.93	32.51	1350m:	14:33.15	32.68
	200m:	2:04.39	32.28	600m:	6:24.22	32.53	1000m:	10:45.36	32.43	1400m:	15:05.83	32.68
	250m:	2:36.67	32.28	650m:	6:56.71	32.49	1050m:	11:17.88	32.52	1450m:	15:38.21	32.38
	300m:	3:09.21	32.54	700m:	7:29.69	32.98	1100m:	11:50.14	32.26	1500m:	16:09.42	31.21
	350m:	3:41.57	32.36	750m:	8:02.50	32.81	1150m:	12:22.52	32.38			
	400m:	4:14.05	32.48	800m:	8:35.39	32.89	1200m:	12:55.25	32.73			
6.	Jelte de Jong		ZPCH			200900975	16:11.84		+0,72	661		
	50m:	28.37	28.37	450m:	4:44.98	32.52	850m:	9:07.56	32.93	1250m:	13:31.31	33.02
	100m:	59.62	31.25	500m:	5:17.59	32.61	900m:	9:40.35	32.79	1300m:	14:04.23	32.92
	150m:	1:31.43	31.81	550m:	5:50.17	32.58	950m:	10:13.48	33.13	1350m:	14:36.88	32.65
	200m:	2:03.54	32.11	600m:	6:22.85	32.68	1000m:	10:46.42	32.94	1400m:	15:09.48	32.60
	250m:	2:35.95	32.41	650m:	6:55.72	32.87	1050m:	11:19.53	33.11	1450m:	15:41.58	32.10
	300m:	3:08.05	32.10	700m:	7:28.57	32.85	1100m:	11:52.50	32.97	1500m:	16:11.84	30.26
	350m:	3:40.12	32.07	750m:	8:01.50	32.93	1150m:	12:25.56	33.06			
	400m:	4:12.46	32.34	800m:	8:34.63	33.13	1200m:	12:58.29	32.73			

B = Bonus inschrijving

Programmanr. 12, Heren, 1500m vrije slag, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
7.	Hessel Robert	Het Y				200200917				16:24.23	+0,76	637
	50m:	29.64	29.64	450m:	4:49.19	33.49	850m:	9:18.65	33.17	1250m:	13:43.48	33.47
	100m:	1:01.52	31.88	500m:	5:22.95	33.76	900m:	9:51.34	32.69	1300m:	14:17.17	33.69
	150m:	1:33.76	32.24	550m:	5:56.97	34.02	950m:	10:23.71	32.37	1350m:	14:49.54	32.37
	200m:	2:05.94	32.18	600m:	6:31.06	34.09	1000m:	10:57.47	33.76	1400m:	15:21.65	32.11
	250m:	2:37.55	31.61	650m:	7:04.20	33.14	1050m:	11:30.35	32.88	1450m:	15:52.91	31.26
	300m:	3:09.51	31.96	700m:	7:37.91	33.71	1100m:	12:03.55	33.20	1500m:	16:24.23	31.32
	350m:	3:42.47	32.96	750m:	8:12.20	34.29	1150m:	12:36.67	33.12			
	400m:	4:15.70	33.23	800m:	8:45.48	33.28	1200m:	13:10.01	33.34			
8.	Jasper Thijert	WS Twente				200700321				16:29.54	+0,58	626
	50m:	28.91	28.91	450m:	4:50.66	33.35	850m:	9:18.70	33.41	1250m:	13:47.19	33.10
	100m:	1:00.38	31.47	500m:	5:24.05	33.39	900m:	9:52.29	33.59	1300m:	14:19.96	32.77
	150m:	1:32.92	32.54	550m:	5:57.46	33.41	950m:	10:25.96	33.67	1350m:	14:52.68	32.72
	200m:	2:05.20	32.28	600m:	6:31.00	33.54	1000m:	10:59.42	33.46	1400m:	15:25.34	32.66
	250m:	2:37.92	32.72	650m:	7:04.25	33.25	1050m:	11:33.17	33.75	1450m:	15:58.26	32.92
	300m:	3:10.86	32.94	700m:	7:38.10	33.85	1100m:	12:07.40	34.23	1500m:	16:29.54	31.28
	350m:	3:44.06	33.20	750m:	8:11.74	33.64	1150m:	12:41.25	33.85			
	400m:	4:17.31	33.25	800m:	8:45.29	33.55	1200m:	13:14.09	32.84			
9.	Thijs Wellink	ZPC AMERSFOORT				200600715				16:44.21	+0,72	599
	50m:	28.78	28.78	450m:	4:52.15	33.72	850m:	9:20.19	33.60	1250m:	13:53.36	34.63
	100m:	1:00.28	31.50	500m:	5:25.72	33.57	900m:	9:54.00	33.81	1300m:	14:27.72	34.36
	150m:	1:32.78	32.50	550m:	5:59.35	33.63	950m:	10:27.90	33.90	1350m:	15:02.51	34.79
	200m:	2:05.59	32.81	600m:	6:33.02	33.67	1000m:	11:01.64	33.74	1400m:	15:36.98	34.47
	250m:	2:38.37	32.78	650m:	7:06.52	33.50	1050m:	11:35.62	33.98	1450m:	16:10.89	33.91
	300m:	3:11.51	33.14	700m:	7:39.96	33.44	1100m:	12:10.26	34.64	1500m:	16:44.21	33.32
	350m:	3:44.93	33.42	750m:	8:13.28	33.32	1150m:	12:44.39	34.13			
	400m:	4:18.43	33.50	800m:	8:46.59	33.31	1200m:	13:18.73	34.34			
10.	Julian Prummel	De Gooische (SG)				200501731				16:49.63	+0,66	590
	50m:	29.11	29.11	450m:	4:55.22	33.95	850m:	9:26.65	33.84	1250m:	14:00.49	34.54
	100m:	1:00.83	31.72	500m:	5:29.14	33.92	900m:	10:00.55	33.90	1300m:	14:34.78	34.29
	150m:	1:33.58	32.75	550m:	6:03.08	33.94	950m:	10:35.02	34.47	1350m:	15:08.88	34.10
	200m:	2:06.98	33.40	600m:	6:36.82	33.74	1000m:	11:09.37	34.35	1400m:	15:43.14	34.26
	250m:	2:40.26	33.28	650m:	7:10.74	33.92	1050m:	11:43.61	34.24	1450m:	16:17.03	33.89
	300m:	3:13.97	33.71	700m:	7:44.83	34.09	1100m:	12:17.65	34.04	1500m:	16:49.63	32.60
	350m:	3:47.72	33.75	750m:	8:18.73	33.90	1150m:	12:51.74	34.09			
	400m:	4:21.27	33.55	800m:	8:52.81	34.08	1200m:	13:25.95	34.21			
11.	Jorian Tanis	Albion				199900327				16:54.78	+0,72	581
	50m:	28.88	28.88	450m:	4:56.76	34.08	850m:	9:30.80	34.61	1250m:	14:07.00	34.47
	100m:	1:00.78	31.90	500m:	5:31.08	34.32	900m:	10:05.35	34.55	1300m:	14:40.68	33.68
	150m:	1:33.70	32.92	550m:	6:05.12	34.04	950m:	10:39.65	34.30	1350m:	15:15.06	34.38
	200m:	2:07.34	33.64	600m:	6:39.07	33.95	1000m:	11:14.45	34.80	1400m:	15:48.87	33.81
	250m:	2:41.05	33.71	650m:	7:13.24	34.17	1050m:	11:48.86	34.41	1450m:	16:22.66	33.79
	300m:	3:14.81	33.76	700m:	7:47.38	34.14	1100m:	12:23.24	34.38	1500m:	16:54.78	32.12
	350m:	3:48.68	33.87	750m:	8:21.84	34.46	1150m:	12:57.79	34.55			
	400m:	4:22.68	34.00	800m:	8:56.19	34.35	1200m:	13:32.53	34.74			
GEM	Tieme Wiersma	DZ&PC				200701031						
NG	Jere Wiersma	DZ&PC				200701037						

B = Bonus inschrijving

Programmanr. 1
19-12-2025 - 17:19

Dames, 400m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
PARA Open						
1.	Milou van Winkel	WVZ	200402296 S14	5:24.34	+0,73	357 607
	50m: 33.14	33.14 150m: 1:54.48	41.74 250m: 3:17.35	41.35 350m: 4:42.97	43.49	
	100m: 1:12.74	39.60 200m: 2:36.00	41.52 300m: 3:59.48	42.13 400m: 5:24.34	41.37	
2.	Aguila Dolsma	Blue Marlins	200603902 S14	5:31.65		334 568
	50m: 35.27	35.27 150m: 1:57.09	41.54 250m: 3:22.44	42.52 350m: 4:49.51	44.01	
	100m: 1:15.55	40.28 200m: 2:39.92	42.83 300m: 4:05.50	43.06 400m: 5:31.65	42.14	
3.	Jente Parlevliet	Noordwijkerhout	201003900 S14	6:07.74	+0,82	245 417
	50m: 40.56	40.56 150m: 2:14.88	46.97 250m: 3:48.10	46.74 350m: 5:22.23	46.43	
	100m: 1:27.91	47.35 200m: 3:01.36	46.48 300m: 4:35.80	47.70 400m: 6:07.74	45.51	

senioren Open

Finale A

1.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	4:08.41	+0,73	796
	50m: 28.15	28.15 150m: 1:30.95	31.62 250m: 2:34.57	31.79 350m: 3:38.24	31.83	
	100m: 59.33	31.18 200m: 2:02.78	31.83 300m: 3:06.41	31.84 400m: 4:08.41	30.17	
2.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	4:11.47	+0,73	767
	50m: 28.43	28.43 150m: 1:31.78	32.13 250m: 2:36.10	32.15 350m: 3:40.30	31.88	
	100m: 59.65	31.22 200m: 2:03.95	32.17 300m: 3:08.42	32.32 400m: 4:11.47	31.17	
3.	Jade van der Schrier	AZC	200800692	4:12.86	+0,75	755
	50m: 29.40	29.40 150m: 1:32.68	31.87 250m: 2:37.25	32.19 350m: 3:41.74	32.19	
	100m: 1:00.81	31.41 200m: 2:05.06	32.38 300m: 3:09.55	32.30 400m: 4:12.86	31.12	
4.	Yill van Bezouw	Hieronymus	201100704	4:13.99	+0,73	744
	50m: 28.63	28.63 150m: 1:32.02	32.02 250m: 2:36.73	32.52 350m: 3:42.40	32.77	
	100m: 1:00.00	31.37 200m: 2:04.21	32.19 300m: 3:09.63	32.90 400m: 4:13.99	31.59	
5.	Hedwig Bolt	HZ&PC Heerenveen	200602660	4:16.05		727
	50m: 29.51	29.51 150m: 1:33.54	32.22 250m: 2:38.63	32.52 350m: 3:44.13	32.79	
	100m: 1:01.32	31.81 200m: 2:06.11	32.57 300m: 3:11.34	32.71 400m: 4:16.05	31.92	
6.	Fenne Metten	ZPC AMERSFOORT	201000102	4:16.76	+0,74	721
	50m: 29.46	29.46 150m: 1:33.99	32.24 250m: 2:39.66	32.79 350m: 3:45.32	32.77	
	100m: 1:01.75	32.29 200m: 2:06.87	32.88 300m: 3:12.55	32.89 400m: 4:16.76	31.44	
7.	Rhodee van den Ham	De Duinkickers	200700090	4:17.31	+0,74	716
	50m: 29.82	29.82 150m: 1:34.83	32.77 250m: 2:40.56	32.79 350m: 3:46.05	32.47	
	100m: 1:02.06	32.24 200m: 2:07.77	32.94 300m: 3:13.58	33.02 400m: 4:17.31	31.26	
8.	Julie van Nispen	Nuenen	200800290	4:27.27	+0,73	639
	50m: 29.60	29.60 150m: 1:35.64	33.33 250m: 2:43.43	34.30 350m: 3:53.38	35.20	
	100m: 1:02.31	32.71 200m: 2:09.13	33.49 300m: 3:18.18	34.75 400m: 4:27.27	33.89	

Finale B

9.	Hannah Huisman	De Dolfijn	201000002	4:25.80	+0,75	650
	50m: 29.86	29.86 150m: 1:37.04	33.33 250m: 2:45.08	33.73 350m: 3:53.42	33.87	
	100m: 1:03.71	33.85 200m: 2:11.35	34.31 300m: 3:19.55	34.47 400m: 4:25.80	32.38	
10.	Veerle de Ridder	HZ&PC Heerenveen	200700778	4:27.98	+0,50	634
	50m: 29.10	29.10 150m: 1:36.38	33.70 250m: 2:44.76	34.11 350m: 3:54.09	34.78	
	100m: 1:02.68	33.58 200m: 2:10.65	34.27 300m: 3:19.31	34.55 400m: 4:27.98	33.89	
11.	Fenna Westerneng	DZ&PC	200900070	4:28.30	+0,75	632
	50m: 29.91	29.91 150m: 1:37.68	34.27 250m: 2:46.23	33.98 350m: 3:54.76	34.32	
	100m: 1:03.41	33.50 200m: 2:12.25	34.57 300m: 3:20.44	34.21 400m: 4:28.30	33.54	
12.	Mara Bosman	De Dolfijn	200303048	4:29.75		621
	50m: 29.88	29.88 150m: 1:36.28	33.43 250m: 2:44.65	34.54 350m: 3:55.32	35.41	
	100m: 1:02.85	32.97 200m: 2:10.11	33.83 300m: 3:19.91	35.26 400m: 4:29.75	34.43	
13.	Anna Lepoutre	PSV	201100534	4:30.33	+0,68	617
	50m: 30.47	30.47 150m: 1:38.35	34.24 250m: 2:47.19	34.31 350m: 3:55.74	33.89	
	100m: 1:04.11	33.64 200m: 2:12.88	34.53 300m: 3:21.85	34.66 400m: 4:30.33	34.59	
14.	Chiara Lammertink	ZPC AMERSFOORT	200902200	4:32.95	+0,74	600
	50m: 30.58	30.58 150m: 1:38.71	34.47 250m: 2:48.43	34.96 350m: 3:58.74	35.24	
	100m: 1:04.24	33.66 200m: 2:13.47	34.76 300m: 3:23.50	35.07 400m: 4:32.95	34.21	

B = Bonus inschrijving

Programmanr. 1, Dames, 400m vrije slag, Finale, senioren Open

rang	naam	vereniging						tijd		RT	FINA	para
15.	Elin Reinstra	TriVia						201100842		4:33.44	+0,81	597
	50m:	30.83	30.83	150m:	1:38.55	34.21	250m:	2:48.48	35.06	350m:	3:59.11	35.06
	100m:	1:04.34	33.51	200m:	2:13.42	34.87	300m:	3:24.05	35.57	400m:	4:33.44	34.33
16.	Tess Panjer	VZC						200403060		4:37.62	+0,81	570
	50m:	30.36	30.36	150m:	1:38.46	34.61	250m:	2:49.34	35.49	350m:	4:01.33	36.12
	100m:	1:03.85	33.49	200m:	2:13.85	35.39	300m:	3:25.21	35.87	400m:	4:37.62	36.29

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 2
19-12-2025 - 17:34

Heren, 100m rugslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
PARA Open									
1.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473 S13	58.26	+0,58	570	941	27.64	58.26
2.	Thomas Braat	AZC	200802269 S14	1:12.42	+0,82	297	501	34.72	1:12.42
senioren Open									
Finale A									
1.	Giovanni Phillipson <i>Nederlands Junior Record</i>	Team NL - Team Noord Holland	200801099	52.72	+0,63	770		25.69	52.72
2.	Raf Hendriks	Hellas-Glana	200100879	52.75	+0,62	769		25.54	52.75
3.	Hendrik van der Leest	PSV	200404339	53.07	+0,59	755		25.58	53.07
4.	Austin Namesnik	ZPC AMERSFOORT	200101817	53.26	+0,60	747		25.79	53.26
5.	Nikodim Markovic	Albion	200700255	54.61	+0,60	693		25.72	54.61
6.	Ensger Kotterink	Albion	199403391	54.70	+0,51	689		25.86	54.70
7.	Jelle Betten	DZ&PC	200001535	55.09 *	+0,65	675		26.34	55.09
8.	Marcel Hofstede	Blue Marlins	200603931	57.27	+0,60	600		27.34	57.27
Finale B									
9.	Sam Adams	De Dolfijn	200704081	54.85	+0,63	684		26.49	54.85
10.	Lars Minnaert	PSV	200502355	55.05	+0,53	676		25.93	55.05
11.	Yarno van Dam	ACZ	200800115	55.23	+0,62	670		26.76	55.23
12.	Vanja Kvočka	Hellas-Glana	200904007	55.48	+0,59	661		26.76	55.48
13.	Luuk Smits	Nuenen	200001015	55.54	+0,65	658		26.53	55.54
14.	Tiamo van der Veen	Dedemsvaart-AC	200600033	56.53	+0,52	624		27.13	56.53
15.	Jisse Lousma	WVZ	200701493	56.77	+0,49	617		27.32	56.77
16.	Niek Heethaar	DWK	199900999	57.40	+0,63	596		27.07	57.40

B = Bonus inschrijving

Programmanr. 3
19-12-2025 - 17:44

Dames, 200m rugslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
Finale A										
1. Lotte Hosper	Team NL - Blue Marlins	200201414	2:06.61	+0,68	810		29.49	1:01.13	1:33.52	2:06.61
2. Jinh Engelse	Team NL - Blue Marlins	200800204	2:08.75	+0,62	770		30.34	1:02.94	1:35.95	2:08.75
3. Dachen Haaijer	ZPC Hoogeveen	200800380	2:11.56	+0,70	722		30.77	1:03.86	1:37.64	2:11.56
4. Eefje Irvine	De Dolfijn	200700164	2:12.91	+0,61	700		31.31	1:05.07	1:39.22	2:12.91
5. Malin Roozeboom	WVZ	201100006	2:13.20	+0,70	695		31.50	1:05.41	1:39.67	2:13.20
6. Frouke Ludwig	DZ&PC	200800112	2:13.53	+0,60	690		31.46	1:05.31	1:39.62	2:13.53
7. Nina van der Schrier	AZC	201000444	2:14.83	+0,69	671		31.99	1:06.46	1:40.89	2:14.83
8. Jetske Moot	ZPC AMERSFOORT	200400230	2:15.44	+0,63	661		31.26	1:05.68	1:40.79	2:15.44
Finale B										
9. Ismay Lichtendonk	HZ&PC Heerenveen	200400622	2:16.44 *	+0,66	647		31.07	1:04.92	1:40.71	2:16.44
10. Luus Gielens	PSV	200900138	2:16.62	+0,79	644		32.38	1:06.85	1:41.96	2:16.62
11. Isa Schellekens	Zegenwerp	200002330	2:18.64	+0,67	617		32.50	1:07.70	1:43.79	2:18.64
12. Elin Ditewig	VZC	200900392	2:20.75	+0,69	589		32.43	1:08.72	1:45.02	2:20.75
13. Nora Lynn Otten	ZPC Hoogeveen	200903338	2:20.92	+0,76	587		33.26	1:09.24	1:45.58	2:20.92
14. Charlotte Woltjes	VZC	200700110	2:20.95	+0,71	587		32.59	1:08.18	1:45.01	2:20.95
15. Nikita van den O.	Nuenen	199900622	2:21.82	+0,79	576		32.32	1:07.53	1:45.14	2:21.82
16. Veerle de Ridder	HZ&PC Heerenveen	200700778	2:28.31 *	+0,63	504		33.50	1:10.99	1:49.91	2:28.31

B = Bonus inschrijving

Programmanr. 4
19-12-2025 - 17:50

Heren, 50m schoolslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
PARA Open							
1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De Devel	199900211	SB11	32.94	+0,67	434 903
2.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473	SB13	30.88	+0,70	527 838
3.	Cheng Van Vondel	KSN (SG)	200902673	SB8	42.24	+0,73	206 430

senioren Open

Finale A

1.	Jason van den Berg	Albion	200400009		26.52	+0,66	832
2.	Bram Zwetsloot	De Dolfijn	200202117		27.08	+0,62	782
3.	Luca Janssen	Team NL - PSV	200403237		27.26	+0,71	766
4.	Steijn Louter	Hieronymus	200500793		27.28	+0,69	765
5.	Kingue Struijf	De Dolfijn	199400913		27.44	+0,66	751
6.	Rick Bulman	Albion	200101899		27.53	+0,67	744
7.	River Streefland	Blue Marlins	200502253		27.69	+0,67	731
8.	Ensger Kotterink	Albion	199403391		28.35	+0,60	681

Finale B

9.	Thom Delno	VZC	200000013		27.94	+0,69	712
10.	Max Peters	Nuenen	199903123		27.98	+0,62	709
11.	Juri Dijkstra	De Dolfijn	200002119		28.01	+0,69	706
12.	Storm Boxum	Team NL - DZ&PC	200700421		28.23	+0,66	690
13.	Joost de Roij van Zuidewijn	Albion	200000255		28.25	+0,70	688
14.	Collin van der Hoff	Team NL - WVZ	200604357		28.34	+0,68	682
15.	Wytse Broekstra	De Vikings	200800121		28.42	+0,70	676
16.	Roan van der weide	Blue Marlins	200601629		28.44	+0,64	675

B = Bonus inschrijving



Programmanr. 5
19-12-2025 - 17:56

Dames, 50m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para	
PARA Open								
1.	Lisa Kruger	TeamNL PARA - De Dolfijn	200005304	S10	28.10	+0,66	536	911
2.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	30.41	+0,66	423	892
3.	Marije Oosterhuis	Azuro	199500318	S10	30.37	+0,78	424	722
4.	Milou van Winkel	WVZ	200402296	S14	30.72	+0,56	410	659
5.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	31.75	+0,73	371	636
6.	Dannique Koolen	ZPC AMERSFOORT	199904048	S14	33.60	+0,87	313	503
7.	Gwyneth van der Spek	Batavia Swim	201102806	S7	43.48	+0,76	144	413

senioren Open

Finale A

1.	Britta Koehorst	WVZ	200300246		24.24	+0,61	835
2.	Kim Busch	Team NL - PSV	199801450		24.45	+0,76	814
3.	Tessa Giele	Albion	200203124		24.48	+0,62	811
4.	Imani de Jong	Team NL - PSV	200200464		24.83	+0,68	777
5.	Yara van Kalmthout	PSV	200200984		24.86	+0,57	774
6.	Femke Spiering	ZPC AMERSFOORT	200204514		25.04	+0,71	757
7.	Jinth Engelse	Team NL - Blue Marlins	200800204		25.11	+0,67	751
8.	Kirsten Verhale	PSV	200400210		25.21	+0,71	742

Finale B

9.	Elisabeth Timmer	Albion	200106446		25.20	+0,61	743
10.	Megan Jonkman	Albion	200600508		25.31	+0,72	733
11.	Angelina Rolman	Team NL - PSV	200701972		25.50	+0,37	717
12.	Hylcke de Beer	PSV	200700006		25.55	+0,70	713
13.	Zinke Delcommune	PSV	200505416		25.59	+0,70	710
14.	Colinda van der Zanden	Aqua-Novio'94	200502618		25.67	+0,71	703
15.	Maaïke Ooms	ZPC AMERSFOORT	200801580		25.74	+0,67	697
16.	Ilse Rozema	Blue Marlins	200803318		25.75	+0,71	696

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 6
19-12-2025 - 18:04

Heren, 200m vlinderslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
Finale A										
1. Thomas Jansen	Team NL - WVZ	200100143	1:55.80	+0,73	785		26.39	56.29	1:26.22	1:55.80
2. Tiago Fonseca G.	Team NL - PSV	200703587	1:56.02	+0,60	781		26.52	56.50	1:26.78	1:56.02
Nederlands Junior Record										
3. Hendrik van der L.	PSV	200404339	1:58.54	+0,67	732		25.87	55.65	1:26.03	1:58.54
4. Sven Klink	Swol 1894	200500349	2:02.59	+0,72	662		27.15	58.00	1:30.02	2:02.59
5. Lars Bulman	Albion	200600125	2:03.15	+0,66	653		26.54	57.36	1:30.25	2:03.15
6. Xiaoyu Yin	Blue Marlins	200803363	2:06.85	+0,70	597		27.87	1:00.08	1:33.28	2:06.85
7. Daniel Wegman	ZPCH	200802843	2:08.87	+0,69	569		28.51	1:01.24	1:34.96	2:08.87
8. Vanja Kvočka	Hellas-Glana	200904007	2:15.30	+0,65	492		28.56	1:02.71	1:39.65	2:15.30
Finale B										
9. Matteo Viani	Zwemlust-den Hommel	199007717	2:10.53	+0,61	548		28.50	1:01.24	1:35.59	2:10.53
10. Darren Chen	ZPC AMERSFOORT	200001149	2:10.67	+0,65	546		28.65	1:01.61	1:35.05	2:10.67
11. Milco Matla	PSV	200600555	2:11.66	+0,75	534		28.64	1:01.94	1:36.08	2:11.66
12. Nick Sijmons	De Amstel	199500491	2:11.95	+0,60	531		28.98	1:03.46	1:37.32	2:11.95
13. Juan Cruz Slappendel	Orca	200903053	2:12.35	+0,69	526		28.11	1:01.09	1:36.40	2:12.35
14. Stan Tibben	Dedemsvaart-AC	200503591	2:13.04	+0,62	518		28.99	1:02.36	1:37.36	2:13.04
15. Liam Tjin Wong Joe	De Dolfijn	200804105	2:15.25	+0,66	493		29.77	1:04.00	1:39.54	2:15.25
16. Léon van G.	CWW	200601323	2:16.69	+0,72	477		28.91	1:03.68	1:39.23	2:16.69

B = Bonus inschrijving

Programmanr. 7
19-12-2025 - 18:11

Dames, 100m wisselslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
PARA Open								
1.	Lisa Kruger	TeamNL PARA - De Dolfijn	200005304 SM10	1:09.21	+0,77	5041161	31.95	1:09.21
2.	Liesette Bruinsma	HZ&PC Heerenveen	200004346 SM11	1:17.26	+0,53	3621071	37.62	1:17.26
3.	Florianne Bultje	TeamNL PARA - Team Noord-199804342)	SM9	1:14.00	+0,74	413 978	33.33	1:14.00
4.	Suzie Pellis	TeamNL PARA - De Krabben	200701600 SM9	1:17.48		359 852	36.59	1:17.48
5.	Gwyneth van der Spek	Batavia Swim	201102806 SM7	1:44.80	+0,81	145 560	50.63	1:44.80
6.	Dannique Koolen	ZPC AMERSFOORT	199904048 SM14	1:28.36	+0,85	242 501	40.16	1:28.36

senioren Open

Finale A

1.	Tessa Giele	Albion	200203124	59.18	+0,64	807	27.41	59.18
2.	Mare Schallenberg	Albion	200600078	1:00.25	+0,70	765	28.59	1:00.25
3.	Sterre Hendriks	De Dolfijn	200401288	1:01.24	+0,58	728	28.26	1:01.24
4.	Angelina Rolman	Team NL - PSV	200701972	1:01.51	+0,69	719	27.52	1:01.51
5.	Kirsten Verhale	PSV	200400210	1:01.59	+0,71	716	28.29	1:01.59
6.	Elisabeth Timmer	Albion	200106446	1:02.89	+0,63	672	28.55	1:02.89
7.	Yill van Bezouw	Hieronymus	201100704	1:03.95	+0,73	639	29.35	1:03.95
8.	Dachen Haaijer	ZPC Hoogeveen	200800380	1:04.15 *	+0,75	634	29.11	1:04.15

Finale B

9.	Fay Boxum	DZ&PC	200900060	1:03.44	+0,76	655	28.28	1:03.44
10.	Hylcke de Beer	PSV	200700006	1:04.39	+0,60	626	31.19	1:04.39
11.	Annikke Rupke	WVZ	200700876	1:04.87	+0,70	613	29.85	1:04.87
12.	Nikita van den Ouden	Nuenen	199900622	1:05.26	+0,72	602	30.18	1:05.26
13.	Bridget Vermeer	ZPC AMERSFOORT	200501766	1:05.27	+0,63	601	30.82	1:05.27
14.	Selene Wortel	Hieronymus	199700654	1:05.47	+0,65	596	30.61	1:05.47
15.	Juliëtte Woltjes	VZC	200900774	1:05.77	+0,77	588	29.45	1:05.77
16.	Ilse Rozema	Blue Marlins	200803318	1:06.25	+0,67	575	30.37	1:06.25

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 8
19-12-2025 - 18:39

Heren, 100m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
PARA Open								
1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De De	199900211 S11	57.13	+0,68	483 987	27.24	57.13
2.	Julian Hendriks	TeamNL PARA - De Otters Het	200603717 S7	1:07.05	+0,71	299 708	32.34	1:07.05
3.	Jesse Bruines	Batavia Swim	200402413 S8	1:08.00	+0,78	286 606	32.68	1:08.00
4.	Thomas Braat	AZC	200802269 S14	1:01.51	+0,66	387 580	29.38	1:01.51
5.	Lars Jacobsen	DWK	199705453 S14	1:01.82	+0,85	381 571	29.37	1:01.82
6.	Cheng Van Vondel	KSN (SG)	200902673 S9	1:14.24	+0,76	220 378	34.43	1:14.24

senioren Open

Finale A

1.	Brandon van den Berg	Albion	200200669	47.05	+0,69	865	22.43	47.05
2.	Sean Niewold	Albion	200204699	47.72	+0,70	829	23.14	47.72
3.	Floris Tanis	Albion	200700005	48.54	+0,69	788	23.29	48.54
4.	Perry Laarhoven	Albion	200301321	48.55	+0,71	787	23.09	48.55
5.	Ivo Stolk	Albion	200100615	49.04	+0,64	764	23.55	49.04
6.	Giovanni Phillipson	Team NL - Team Noord Hollanc	200801099	49.32	+0,69	751	23.51	49.32
7.	Marcel Hofstede	Blue Marlins	200603931	49.43	+0,62	746	23.65	49.43
8.	Stan Stevens	PSV	200305039	49.90	+0,67	725	22.96	49.90

Finale B

9.	Koen Marsman	Team NL - ZPC AMERSFOORT	200502763	48.88	+0,61	771	23.49	48.88
10.	Siem de Zeeuw	Team NL - OZ&PC	200800013	49.51	+0,62	742	23.38	49.51
11.	Giulian Janssen	PSV	200900125	49.72	+0,64	733	23.68	49.72
12.	Michael Smink	Albion	200302169	49.74	+0,70	732	23.55	49.74
13.	Boele Böhm	Blue Marlins	200700739	49.88	+0,64	726	23.91	49.88
	Felbe van 't Land	ZPC AMERSFOORT	200900027	49.88	+0,70	726	23.54	49.88
15.	Simon Claasen	ZPC AMERSFOORT	200400231	50.00	+0,55	721	24.08	50.00
16.	Lars Kerremans	Hellas-Glana	200100305	50.28	+0,71	709	23.84	50.28

B = Bonus inschrijving

Programmanr. 9
19-12-2025 - 18:48

Dames, 200m schoolslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
Finale A										
1. Zinke Delcommune	PSV	200505416	2:26.04	+0,65	746		33.72	1:11.14	1:48.32	2:26.04
2. Jade Geurts	WVZ	200402278	2:27.00	+0,71	732		33.07	1:09.89	1:47.77	2:27.00
3. Rafaela Mulders	Team Noord Holland (SG)	200701398	2:28.28	+0,68	713		33.14	1:10.35	1:48.84	2:28.28
4. Jill Nai Chung Tong	WVZ	200404272	2:29.68	+0,55	693		32.30	1:09.19	1:48.49	2:29.68
5. Benigna Kocsispeter	Hellas-Glana	200702058	2:30.82	+0,69	678		33.80	1:11.51	1:50.61	2:30.82
6. Nina Zusterzeel	PSV	200800656	2:31.00	+0,66	675		33.63	1:12.17	1:51.59	2:31.00
7. Djanilla Brink	Team NL - De Dolfijn	200600988	2:31.18	+0,76	673		34.00	1:11.71	1:50.95	2:31.18
8. Tess Vonk	De Geul	200900024	2:35.36	+0,65	620		34.89	1:14.59	1:54.20	2:35.36
Finale B										
9. Myrthe Stelten	Hellas-Glana	200900234	2:34.59	+0,57	629		35.17	1:14.88	1:54.66	2:34.59
10. Robin Goossens	Nuenen	200003128	2:36.01	+0,70	612		35.33	1:14.76	1:55.40	2:36.01
11. Rinske Bouman	Albion	200400578	2:36.36	+0,87	608		35.77	1:16.06	1:56.16	2:36.36
12. Annique Rupke	WVZ	200700876	2:36.93	+0,75	601		35.70	1:15.53	1:56.38	2:36.93
13. Diede de Vries	Zwemlust-den Hommel	200803558	2:37.90	+0,76	590		35.83	1:15.71	1:56.67	2:37.90
14. Leyla Oversluizen	Albion	200602730	2:38.17	+0,74	587		35.55	1:15.77	1:57.06	2:38.17
15. Esmee Mulder	DZ&PC	200800038	2:40.41	+0,68	563		35.12	1:14.98	1:56.99	2:40.41
DIS Lynn Blommers	Blue Marlins	200105062				AF				

AF - De aangegeven afstand niet uitgezwommen.

B = Bonus inschrijving

Splash Meet Manager, 11.83082

Registered to KNZB

21-12-2025 20:47 - pagina 44



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 10
19-12-2025 - 18:56

Heren, 200m wisselslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
PARA Open										
1. Rogier Dorsman <i>Wereld Record PARA</i>	TeamNL PARA - ZZ&PC De	199900211	SM112:18.75	+0,68	483	986	29.52	1:07.88	1:45.35	2:18.75
2. Thomas van W.	TeamNL PARA - PSV	200201473	SM132:10.95	+0,75	574	827	28.19	1:02.25	1:39.86	2:10.95
3. Cheng Van Vondel	KSN (SG)	200902673	SM9 2:59.06	+0,77	224	410	37.63	1:22.89	2:14.95	2:59.06
senioren Open										
Finale A										
1. Luuk van Rooij	ZPC AMERSFOORT	200400581	1:59.40	+0,64	758		26.07	55.71	1:31.22	1:59.40
2. Nikodim Markovic	Albion	200700255	2:00.02	+0,64	746		26.07	56.18	1:31.77	2:00.02
3. Wytse Broekstra	De Vikings	200800121	2:01.80	+0,70	714		27.42	58.69	1:32.50	2:01.80
4. Sven Klink	Swol 1894	200500349	2:01.94	+0,72	711		26.30	57.17	1:33.06	2:01.94
5. Wouter Zijlstra	HZ&PC Heerenveen	200401545	2:02.42	+0,48	703		26.37	56.99	1:32.84	2:02.42
6. Collin van der Hoff	Team NL - WVZ	200604357	2:06.53	+0,69	637		28.18	1:01.76	1:35.70	2:06.53
7. Scott Jansen	WVZ	200202455	2:07.08	+0,72	628		27.45	1:00.02	1:36.29	2:07.08
8. Ronis van E.	DWK	200300043	2:07.73	+0,75	619		26.48	58.92	1:36.63	2:07.73
Finale B										
9. Nicko Kamphuis	ACZ	199900887	2:07.47	+0,57	623		26.66	1:00.58	1:37.62	2:07.47
10. Stefan van der Meer	VZC	200901361	2:08.43	+0,66	609		27.68	1:00.22	1:38.35	2:08.43
11. Bram ter Braak	De Dinkel	200800281	2:08.65	+0,71	606		26.60	59.67	1:39.15	2:08.65
12. Storm Tolsma	DZ&PC	200600277	2:08.93	+0,56	602		27.69	1:01.45	1:38.63	2:08.93
13. Tijn Hilders	De Dolfijn	200700027	2:10.12	+0,73	585		28.30	1:02.31	1:39.61	2:10.12
14. Rens Noordover	Team Noord Holland (SG)	200800237	2:10.40	+0,68	582		27.82	1:01.48	1:38.99	2:10.40
15. Jesse van der Meij	De Dolfijn	200600841	2:10.59	+0,79	579		28.21	1:02.58	1:39.75	2:10.59
16. Job Sportel	De Dinkel	200800429	2:10.70	+0,66	578		27.45	1:00.60	1:36.48	2:10.70

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 11
19-12-2025 - 19:08

Dames, 50m vlinderslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging			tijd	RT	FINA	para
PARA Open								
1.	Lisa Kruger	TeamNL PARA - De Dolfijn	200005304	S10	30.26	+0,74	495	941
2.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	36.07	+0,55	292	921
3.	Florianne Bultje	TeamNL PARA - Team Noord-Holl.	199804342	S9	31.26	+0,74	449	758
4.	Marije Oosterhuis	Azuro	199500318	S10	34.22	+0,80	342	650
5.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	35.27	+0,75	312	528
6.	Dannique Koolen	ZPC AMERSFOORT	199904048	S14	37.34	+0,87	263	464

senioren Open

Finale A

1.	Kim Busch	Team NL - PSV	199801450		25.76	+0,74	802
2.	Britta Koehorst	WVZ	200300246		26.00	+0,65	780
3.	Tessa Giele	Albion	200203124		26.10	+0,63	771
4.	Jinith Engelse	Team NL - Blue Marlins	200800204		26.37	+0,51	748
5.	Kinge Zandringa	De Dolfijn	199801422		26.46	+0,70	740
6.	Elise Tanis	De Dolfijn	200200120		26.91	+0,76	704
7.	Femke Spiering	ZPC AMERSFOORT	200204514		26.97	+0,74	699
8.	Megan Jonkman	Albion	200600508		27.42	+0,70	665

Finale B

9.	Evy Rozeboom	Team NL - DAW	200601338		26.88	+0,73	706
10.	Marit Huisman	WVZ	200502620		26.98	+0,64	698
11.	Colinda van der Zanden	Aqua-Novio'94	200502618		27.27	+0,72	676
12.	Amber Celie	De Dolfijn	200300756		27.47	+0,74	661
13.	Sara Korthuis	DZ&PC	200600494		27.73	+0,74	643
14.	Maaïke Ooms	ZPC AMERSFOORT	200801580		27.75	+0,68	642
15.	Karlijn Offeringa	ZVVS	200503292		28.03	+0,77	623
16.	Jazz-Lynn Gomes Delgado	Albion	200800738		28.06	+0,69	621

B = Bonus inschrijving

Programmanr. 13
19-12-2025 - 19:26

Heren, 4 x 200m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	vereniging					tijd	RT	FINA	para
1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT				7:06.99	+0,68	825	
	Lucas Peters	22	+0,68	24.99	52.06	1:19.51	1:47.04	1:47.04	
	Youri Voet	20	+0,24	24.58	52.01	1:20.08	1:48.02	1:48.02	
	Koen Marsman	20	+0,25	23.97	50.72	1:18.45	1:45.96	1:45.96	
	Austin Namesnik	24	+0,26	24.30	51.01	1:18.48	1:45.97	1:45.97	
2.	ZPC AMERSFOORT 2	ZPC AMERSFOORT				7:21.21	+0,61	748	
	Simon Claasen	21	+0,61	25.27	53.40	1:22.56	1:51.70	1:51.70	
	Tobian Vos	16	+0,45	24.71	52.72	1:21.37	1:49.10	1:49.10	
	Felbe van 't Land	16	+0,41	25.29	54.06	1:24.16	1:52.06	1:52.06	
	Luuk van Rooij	21	+0,38	24.71	51.83	1:20.06	1:48.35	1:48.35	
3.	PSV 1	PSV				7:24.43	+0,62	731	
	<i>Nederlands Junior Record</i>								
	Tiago Fonseca Gomes	18	+0,62	25.19	52.07	1:19.16	1:46.06	1:46.06	
	Martijn Nies	16	+0,70	25.37	53.52	1:23.10	1:52.58	1:52.58	
	Jones Chuang	17	+0,33	25.22	53.97	1:23.99	1:54.62	1:54.62	
	Giulian Janssen	16	+0,44	23.86	51.19	1:20.61	1:51.17	1:51.17	
4.	DZ&PC 1	DZ&PC				7:25.95	+0,71	724	
	Colin Bes	20	+0,71	25.33	53.34	1:22.40	1:51.21	1:51.21	
	Storm Boxum	18	+0,42	24.50	52.34	1:21.39	1:51.04	1:51.04	
	Floris Stork	22	+0,32	26.22	54.84	1:23.82	1:52.37	1:52.37	
	Jelle Betten	25	+0,50	23.26	50.13	1:19.41	1:51.33	1:51.33	
5.	Hellas-Glana 1	Hellas-Glana				7:33.63	+0,59	688	
	Mattia Maggio	16	+0,59	27.11	56.40	1:25.89	1:55.40	1:55.40	
	Lars Kerremans	24	+0,37	25.00	54.23	1:25.08	1:55.43	1:55.43	
	Arno Nelissen	22	+0,27	25.64	54.09	1:23.38	1:53.18	1:53.18	
	Raf Hendriks	24	+0,23	24.09	51.84	1:20.73	1:49.62	1:49.62	
6.	ZPC AMERSFOORT 3	ZPC AMERSFOORT				7:44.51	+0,65	640	
	Rens Stijf	20	+0,65	25.87	54.39	1:23.94	1:52.77	1:52.77	
	Xander Kragting	16	+0,49	27.05	57.53	1:28.61	1:59.64	1:59.64	
	Darren Chen	25	+0,32	26.78	55.87	1:25.46	1:55.32	1:55.32	
	Milan Veelders	17	+0,39	26.16	55.67	1:26.41	1:56.78	1:56.78	
7.	OZ&PC 1	OZ&PC				7:45.50	+0,69	636	
	Siem de Zeeuw	17	+0,69	25.61	55.01	1:24.34	1:53.51	1:53.51	
	Teun van Weeren	17	+0,32	27.25	56.86	1:27.88	1:59.18	1:59.18	
	Jort Siebelt	18	+0,46	26.26	55.36	1:25.16	1:54.60	1:54.60	
	Finn Stamsnieder	16	+0,59	26.89	56.77	1:27.66	1:58.21	1:58.21	
8.	De Dinkel 1	De Dinkel				7:45.82	+0,77	635	
	Luuk Ruinemans	22	+0,77	25.78	55.13	1:24.74	1:54.50	1:54.50	
	Bram ter Braak	17	+0,48	25.58	54.20	1:24.33	1:54.49	1:54.49	
	Job Sportel	17	+0,39	25.92	55.32	1:25.97	1:57.30	1:57.30	
	Kevin Lucas	22	+0,45	26.71	57.53	1:29.38	1:59.53	1:59.53	
9.	HZ&PC Heerenveen 1	HZ&PC Heerenveen				7:47.77	+0,76	627	
	Diede Veld	17	+0,76	26.20	55.13	1:25.48	1:55.08	1:55.08	
	Finn Eghuizen	16	+0,36	26.45	57.80	1:30.11	2:01.56	2:01.56	
	Gijs Koehoorn	17	+0,14	25.73	55.53	1:26.85	1:58.32	1:58.32	
	Wouter Zijlstra	21	+0,27	24.61	52.88	1:22.33	1:52.81	1:52.81	
10.	De Dolfijn 1	De Dolfijn				7:51.46	+0,73	613	
	Tijn Hilders	18	+0,73	27.33	56.90	1:27.87	1:57.54	1:57.54	
	Lou van Leeuwen	18	+0,23	27.25	57.48	1:28.85	2:00.91	2:00.91	
	Jesse van der Meij	19	+0,50	26.67	56.70	1:27.53	1:57.97	1:57.97	
	Olivier Wilbers	19	+0,21	26.42	55.43	1:25.26	1:55.04	1:55.04	
11.	ZPCH 1	ZPCH				7:54.79	+0,67	600	
	Thomas Vastenhou	23	+0,67	27.09	56.71	1:27.11	1:57.41	1:57.41	
	Jelte de Jong	16	+0,56	27.10	56.55	1:27.01	1:57.56	1:57.56	
	Figo van Duuren	17	+0,52	27.80	58.56	1:30.07	2:01.09	2:01.09	
	Daniel Wegman	17	+0,34	26.73	56.61	1:27.63	1:58.73	1:58.73	
12.	Dedemsvaart-AC 1	Dedemsvaart-AC				7:55.75	+0,67	596	
	Tiamo van der Veen	19	+0,67	26.63	56.26	1:26.10	1:56.59	1:56.59	
	Stan Tibben	20	+0,22	28.21	59.50	1:30.48	2:00.77	2:00.77	
	Dennis Mosterman	20	+0,26	27.30	58.21	1:29.48	2:00.49	2:00.49	
	Melle van Veen	18	+0,20	26.32	56.23	1:27.43	1:57.90	1:57.90	
13.	VZC 1	VZC				8:10.12	+0,66	545	
	Stefan van der Meer	16	+0,66	27.12	57.68	1:29.57	2:01.22	2:01.22	
	Felix Gepkens	17	+0,32	27.47	59.39	1:32.08	2:03.01	2:03.01	
	Rijk Leenders	17	+0,30	27.66	58.82	1:31.49	2:04.58	2:04.58	
	Bas Mostert	17	+0,33	26.63	57.09	1:29.14	2:01.31	2:01.31	

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 14
19-12-2025 - 19:57

Dames, 4 x 200m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	vereniging					tijd	RT	FINA	para
1.	PSV 1	PSV				7:52.82	+0,70	862	
	<i>Kampioenschaps Record</i>								
	Imani de Jong	23	+0,70	27.13	56.90	1:26.77	1:56.20	1:56.20	
	Yara van Kalmthout	23	+0,48	26.97	56.48	1:27.08	1:58.30	1:58.30	
	Angelina Rolman	18	+0,24	26.30	56.29	1:27.45	1:59.00	1:59.00	
	Zinke Delcommune	20	+0,41	27.19	56.93	1:27.94	1:59.32	1:59.32	
2.	ZPC AMERSFOORT 1	ZPC AMERSFOORT				8:01.78	+0,65	815	
	Femke Spiering	23	+0,65	27.64	57.78	1:28.85	2:00.41	2:00.41	
	Marin Wieling	20	+0,23	27.77	58.43	1:30.62	2:02.46	2:02.46	
	Maaïke Ooms	17	+0,37	27.50	58.20	1:29.47	2:00.70	2:00.70	
	Nynke Boerefijn	18	+0,35	26.97	56.79	1:27.41	1:58.21	1:58.21	
3.	HZ&PC Heerenveen 1	HZ&PC Heerenveen				8:13.13	+0,69	760	
	Veerle de Ridder	18	+0,69	28.90	1:00.75	1:34.04	2:06.91	2:06.91	
	Hedwig Bolt	19	+0,61	28.16	58.79	1:30.40	2:02.01	2:02.01	
	Laura van Etten	17	+0,43	28.28	59.28	1:31.99	2:04.57	2:04.57	
	Marte Hieke van der Kamp	20	+0,25	27.22	58.11	1:29.86	1:59.64	1:59.64	
4.	De Dolfijn 1	De Dolfijn				8:22.12	+0,66	720	
	Hannah Huisman	15	+0,66	29.63	1:01.44	1:33.97	2:06.27	2:06.27	
	Djanilla Brink	19	+0,17	28.50	1:00.14	1:32.51	2:04.47	2:04.47	
	Alinda Dingshoff	25	+0,29	28.23	58.66	1:30.65	2:02.95	2:02.95	
	Eefje Irvine	18		29.87	1:02.37	1:35.44	2:08.43	2:08.43	
5.	ZPC AMERSFOORT 2	ZPC AMERSFOORT				8:38.31	+0,69	655	
	Ilona Weisz	15	+0,69	29.04	1:00.85	1:34.09	2:07.97	2:07.97	
	Fenne Metten	15	+0,45	28.62	1:00.83	1:34.33	2:06.70	2:06.70	
	Chiara Lammertink	16	+0,43	29.00	1:02.04	1:37.32	2:11.28	2:11.28	
	Senna Rijnbeek	16	+0,24	28.77	1:02.64	1:38.05	2:12.36	2:12.36	
6.	Dedemsvaart-AC 1	Dedemsvaart-AC				8:53.29	+0,84	601	
	Marlies Dijkshof	19	+0,84	30.50	1:04.42	1:38.84	2:13.65	2:13.65	
	Daphne Dijkshof	16	+0,12	30.42	1:05.19	1:41.39	2:16.32	2:16.32	
	Alessia Sluis	22	+0,23	30.11	1:03.89	1:37.74	2:11.69	2:11.69	
	Michelle Zomerdijk	25	+0,22	29.01	1:02.11	1:36.77	2:11.63	2:11.63	

B = Bonus inschrijving

3 - Nederlandse Kampioenschappen Korte Baan sessie 3- series

20-12-2025 - 9:00

Programmanr. 15
20-12-2025 - 9:00

Heren, 800m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
Onder 18												
1.	Martijn Nies	PSV				200902095		7:59.20		+0,72	776	
	50m: 26.90	26.90	250m: 2:24.71	29.77	450m: 4:26.68	30.69	650m: 6:29.33	30.58				
	100m: 55.95	29.05	300m: 2:54.64	29.93	500m: 4:57.47	30.79	700m: 7:00.14	30.81				
	150m: 1:25.33	29.38	350m: 3:24.91	30.27	550m: 5:28.14	30.67	750m: 7:30.52	30.38				
	200m: 1:54.94	29.61	400m: 3:55.99	31.08	600m: 5:58.75	30.61	800m: 7:59.20	28.68				
2.	Diede Veld	HZ&PC Heerenveen				200800011		8:13.88		+0,73	709	
	50m: 27.16	27.16	250m: 2:28.98	30.96	450m: 4:33.88	31.38	650m: 6:40.34	31.56				
	100m: 57.03	29.87	300m: 3:00.10	31.12	500m: 5:05.37	31.49	700m: 7:12.04	31.70				
	150m: 1:27.41	30.38	350m: 3:31.36	31.26	550m: 5:37.05	31.68	750m: 7:43.39	31.35				
	200m: 1:58.02	30.61	400m: 4:02.50	31.14	600m: 6:08.78	31.73	800m: 8:13.88	30.49				
3.	Jelte de Jong	ZPCH				200900975		8:28.39		+0,71	650	
	50m: 28.88	28.88	250m: 2:37.72	32.36	450m: 4:47.51	32.34	650m: 6:55.68	31.72				
	100m: 1:00.68	31.80	300m: 3:10.07	32.35	500m: 5:19.56	32.05	700m: 7:27.35	31.67				
	150m: 1:32.96	32.28	350m: 3:42.54	32.47	550m: 5:51.75	32.19	750m: 7:58.41	31.06				
	200m: 2:05.36	32.40	400m: 4:15.17	32.63	600m: 6:23.96	32.21	800m: 8:28.39	29.98				
4.	Xiaoyu Yin	Blue Marlins				200803363		8:31.11		+0,67	639	
	50m: 28.08	28.08	250m: 2:30.92	31.35	450m: 4:39.39	32.45	650m: 6:52.81	33.82				
	100m: 58.21	30.13	300m: 3:02.60	31.68	500m: 5:12.51	33.12	700m: 7:26.16	33.35				
	150m: 1:28.65	30.44	350m: 3:34.66	32.06	550m: 5:45.89	33.38	750m: 7:59.20	33.04				
	200m: 1:59.57	30.92	400m: 4:06.94	32.28	600m: 6:18.99	33.10	800m: 8:31.11	31.91				
5.	Figo van Duuren	ZPCH				200800391		8:56.40		+0,77	553	
	50m: 30.47	30.47	250m: 2:44.55	33.63	450m: 5:01.02	34.03	650m: 7:17.16	33.75				
	100m: 1:03.39	32.92	300m: 3:18.47	33.92	500m: 5:35.09	34.07	700m: 7:51.22	34.06				
	150m: 1:37.10	33.71	350m: 3:52.50	34.03	550m: 6:09.42	34.33	750m: 8:24.88	33.66				
	200m: 2:10.92	33.82	400m: 4:26.99	34.49	600m: 6:43.41	33.99	800m: 8:56.40	31.52				
6.	Aidan van der Stelt	Blue Marlins				200900901		9:01.72		+0,70	537	
	50m: 29.62	29.62	250m: 2:44.33	34.03	450m: 5:02.04	34.44	650m: 7:20.42	34.18				
	100m: 1:02.63	33.01	300m: 3:18.42	34.09	500m: 5:36.91	34.87	700m: 7:54.92	34.50				
	150m: 1:36.13	33.50	350m: 3:52.89	34.47	550m: 6:11.28	34.37	750m: 8:29.69	34.77				
	200m: 2:10.30	34.17	400m: 4:27.60	34.71	600m: 6:46.24	34.96	800m: 9:01.72	32.03				
NG	Yarno van Dam	ACZ				200800115						
NG	Joey Pop	ZVVS				200800277						
Onder 20												
1.	Bram Loots	Team NL - Team Noord Holland				200700197		8:06.52		+0,67	742	
	50m: 27.65	27.65	250m: 2:29.03	30.46	450m: 4:31.44	30.69	650m: 6:34.66	30.77				
	100m: 57.51	29.86	300m: 2:59.43	30.40	500m: 5:02.11	30.67	700m: 7:05.75	31.09				
	150m: 1:27.91	30.40	350m: 3:30.02	30.59	550m: 5:32.78	30.67	750m: 7:36.60	30.85				
	200m: 1:58.57	30.66	400m: 4:00.75	30.73	600m: 6:03.89	31.11	800m: 8:06.52	29.92				
2.	Olivier Wilbers	De Dolfijn				200600181		8:15.25		+0,59	703	
	50m: 28.98	28.98	250m: 2:33.09	31.15	450m: 4:38.34	31.39	650m: 6:43.90	31.55				
	100m: 59.76	30.78	300m: 3:04.34	31.25	500m: 5:09.57	31.23	700m: 7:15.27	31.37				
	150m: 1:30.75	30.99	350m: 3:35.48	31.14	550m: 5:40.97	31.40	750m: 7:46.26	30.99				
	200m: 2:01.94	31.19	400m: 4:06.95	31.47	600m: 6:12.35	31.38	800m: 8:15.25	28.99				
3.	Bas Blanker	ACZ				200601497		8:27.38		+0,73	654	
	50m: 27.48	27.48	250m: 2:33.03	31.88	450m: 4:41.64	32.58	650m: 6:51.86	32.44				
	100m: 58.03	30.55	300m: 3:04.89	31.86	500m: 5:14.15	32.51	700m: 7:24.40	32.54				
	150m: 1:29.40	31.37	350m: 3:37.05	32.16	550m: 5:46.81	32.66	750m: 7:56.52	32.12				
	200m: 2:01.15	31.75	400m: 4:09.06	32.01	600m: 6:19.42	32.61	800m: 8:27.38	30.86				
4.	Thijs Wellink	ZPC AMERSFOORT				200600715		8:42.24		+0,55	599	
	50m: 28.58	28.58	250m: 2:39.89	33.23	450m: 4:51.89	33.12	650m: 7:04.62	33.14				
	100m: 1:00.69	32.11	300m: 3:12.97	33.08	500m: 5:24.97	33.08	700m: 7:38.04	33.42				
	150m: 1:33.59	32.90	350m: 3:45.83	32.86	550m: 5:58.13	33.16	750m: 8:10.74	32.70				
	200m: 2:06.66	33.07	400m: 4:18.77	32.94	600m: 6:31.48	33.35	800m: 8:42.24	31.50				
5.	Lou van Leeuwen	De Dolfijn				200702779		8:47.35		+0,60	582	
	50m: 28.92	28.92	250m: 2:40.63	33.18	450m: 4:52.79	32.97	650m: 7:06.88	33.79				
	100m: 1:01.02	32.10	300m: 3:13.88	33.25	500m: 5:25.93	33.14	700m: 7:40.67	33.79				
	150m: 1:34.10	33.08	350m: 3:46.98	33.10	550m: 5:59.66	33.73	750m: 8:14.90	34.23				
	200m: 2:07.45	33.35	400m: 4:19.82	32.84	600m: 6:33.09	33.43	800m: 8:47.35	32.45				

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 15, Heren, 800m vrije slag, Onder 20

rang	naam	vereniging		tijd		RT	FINA	para
6.	Melle van Veen	Dedemsvaart-AC		200700661		9:00.68	+0,71	540
	50m: 29.09	29.09	250m: 2:41.18	33.55	450m: 4:58.91	34.70	650m: 7:18.33	34.89
	100m: 1:01.25	32.16	300m: 3:15.45	34.27	500m: 5:33.61	34.70	700m: 7:52.89	34.56
	150m: 1:34.32	33.07	350m: 3:49.72	34.27	550m: 6:08.36	34.75	750m: 8:27.21	34.32
	200m: 2:07.63	33.31	400m: 4:24.21	34.49	600m: 6:43.44	35.08	800m: 9:00.68	33.47
7.	Jere Wiersma	DZ&PC		200701037		9:06.97 *	+0,71	522
	50m: 29.26	29.26	250m: 2:46.85	34.42	450m: 5:08.05	35.52	650m: 7:26.19	34.41
	100m: 1:02.72	33.46	300m: 3:21.80	34.95	500m: 5:42.41	34.36	700m: 8:00.48	34.29
	150m: 1:37.63	34.91	350m: 3:56.78	34.98	550m: 6:17.34	34.93	750m: 8:34.46	33.98
	200m: 2:12.43	34.80	400m: 4:32.53	35.75	600m: 6:51.78	34.44	800m: 9:06.97	32.51

AFGEM Tieme Wiersma DZ&PC 200701031

senioren Open

1.	Martijn Nies	PSV		200902095		7:59.20	+0,72	776
	50m: 26.90	26.90	250m: 2:24.71	29.77	450m: 4:26.68	30.69	650m: 6:29.33	30.58
	100m: 55.95	29.05	300m: 2:54.64	29.93	500m: 4:57.47	30.79	700m: 7:00.14	30.81
	150m: 1:25.33	29.38	350m: 3:24.91	30.27	550m: 5:28.14	30.67	750m: 7:30.52	30.38
	200m: 1:54.94	29.61	400m: 3:55.99	31.08	600m: 5:58.75	30.61	800m: 7:59.20	28.68
2.	Bram Loots	Team NL - Team Noord Holland		200700197		8:06.52	+0,67	742
	50m: 27.65	27.65	250m: 2:29.03	30.46	450m: 4:31.44	30.69	650m: 6:34.66	30.77
	100m: 57.51	29.86	300m: 2:59.43	30.40	500m: 5:02.11	30.67	700m: 7:05.75	31.09
	150m: 1:27.91	30.40	350m: 3:30.02	30.59	550m: 5:32.78	30.67	750m: 7:36.60	30.85
	200m: 1:58.57	30.66	400m: 4:00.75	30.73	600m: 6:03.89	31.11	800m: 8:06.52	29.92
3.	Diede Veld	HZ&PC Heerenveen		200800011		8:13.88	+0,73	709
	50m: 27.16	27.16	250m: 2:28.98	30.96	450m: 4:33.88	31.38	650m: 6:40.34	31.56
	100m: 57.03	29.87	300m: 3:00.10	31.12	500m: 5:05.37	31.49	700m: 7:12.04	31.70
	150m: 1:27.41	30.38	350m: 3:31.36	31.26	550m: 5:37.05	31.68	750m: 7:43.39	31.35
	200m: 1:58.02	30.61	400m: 4:02.50	31.14	600m: 6:08.78	31.73	800m: 8:13.88	30.49
4.	Olivier Wilbers	De Dolfijn		200600181		8:15.25	+0,59	703
	50m: 28.98	28.98	250m: 2:33.09	31.15	450m: 4:38.34	31.39	650m: 6:43.90	31.55
	100m: 59.76	30.78	300m: 3:04.34	31.25	500m: 5:09.57	31.23	700m: 7:15.27	31.37
	150m: 1:30.75	30.99	350m: 3:35.48	31.14	550m: 5:40.97	31.40	750m: 7:46.26	30.99
	200m: 2:01.94	31.19	400m: 4:06.95	31.47	600m: 6:12.35	31.38	800m: 8:15.25	28.99
5.	Bas Blanker	ACZ		200601497		8:27.38	+0,73	654
	50m: 27.48	27.48	250m: 2:33.03	31.88	450m: 4:41.64	32.58	650m: 6:51.86	32.44
	100m: 58.03	30.55	300m: 3:04.89	31.86	500m: 5:14.15	32.51	700m: 7:24.40	32.54
	150m: 1:29.40	31.37	350m: 3:37.05	32.16	550m: 5:46.81	32.66	750m: 7:56.52	32.12
	200m: 2:01.15	31.75	400m: 4:09.06	32.01	600m: 6:19.42	32.61	800m: 8:27.38	30.86
6.	Jelte de Jong	ZPCH		200900975		8:28.39	+0,71	650
	50m: 28.88	28.88	250m: 2:37.72	32.36	450m: 4:47.51	32.34	650m: 6:55.68	31.72
	100m: 1:00.68	31.80	300m: 3:10.07	32.35	500m: 5:19.56	32.05	700m: 7:27.35	31.67
	150m: 1:32.96	32.28	350m: 3:42.54	32.47	550m: 5:51.75	32.19	750m: 7:58.41	31.06
	200m: 2:05.36	32.40	400m: 4:15.17	32.63	600m: 6:23.96	32.21	800m: 8:28.39	29.98
7.	Hessel Robert	Het Y		200200917		8:30.13	+0,76	643
	50m: 27.71	27.71	250m: 2:32.74	31.91	450m: 4:42.53	32.72	650m: 6:54.43	32.88
	100m: 57.87	30.16	300m: 3:04.84	32.10	500m: 5:15.31	32.78	700m: 7:26.96	32.53
	150m: 1:29.15	31.28	350m: 3:37.43	32.59	550m: 5:48.20	32.89	750m: 7:59.94	32.98
	200m: 2:00.83	31.68	400m: 4:09.81	32.38	600m: 6:21.55	33.35	800m: 8:30.13	30.19
8.	Xiaoyu Yin	Blue Marlins		200803363		8:31.11	+0,67	639
	50m: 28.08	28.08	250m: 2:30.92	31.35	450m: 4:39.39	32.45	650m: 6:52.81	33.82
	100m: 58.21	30.13	300m: 3:02.60	31.68	500m: 5:12.51	33.12	700m: 7:26.16	33.35
	150m: 1:28.65	30.44	350m: 3:34.66	32.06	550m: 5:45.89	33.38	750m: 7:59.20	33.04
	200m: 1:59.57	30.92	400m: 4:06.94	32.28	600m: 6:18.99	33.10	800m: 8:31.11	31.91
9.	Ramon Vos	ZPC Hoogeveen		201100051		8:34.86	+0,68	626
	50m: 28.76	28.76	250m: 2:38.97	33.05	450m: 4:49.36	32.49	650m: 6:59.42	32.45
	100m: 1:00.61	31.85	300m: 3:11.75	32.78	500m: 5:21.87	32.51	700m: 7:31.99	32.57
	150m: 1:33.21	32.60	350m: 3:44.10	32.35	550m: 5:54.35	32.48	750m: 8:04.33	32.34
	200m: 2:05.92	32.71	400m: 4:16.87	32.77	600m: 6:26.97	32.62	800m: 8:34.86	30.53
10.	Thijs Wellink	ZPC AMERSFOORT		200600715		8:42.24	+0,55	599
	50m: 28.58	28.58	250m: 2:39.89	33.23	450m: 4:51.89	33.12	650m: 7:04.62	33.14
	100m: 1:00.69	32.11	300m: 3:12.97	33.08	500m: 5:24.97	33.08	700m: 7:38.04	33.42
	150m: 1:33.59	32.90	350m: 3:45.83	32.86	550m: 5:58.13	33.16	750m: 8:10.74	32.70
	200m: 2:06.66	33.07	400m: 4:18.77	32.94	600m: 6:31.48	33.35	800m: 8:42.24	31.50
11.	Julian Prummel	De Gooische (SG)		200501731		8:45.99	+0,76	587
	50m: 29.42	29.42	250m: 2:40.47	33.25	450m: 4:54.21	33.45	650m: 7:08.48	33.95
	100m: 1:01.69	32.27	300m: 3:13.94	33.47	500m: 5:27.49	33.28	700m: 7:42.25	33.77
	150m: 1:34.35	32.66	350m: 3:47.23	33.29	550m: 6:01.08	33.59	750m: 8:15.41	33.16
	200m: 2:07.22	32.87	400m: 4:20.76	33.53	600m: 6:34.53	33.45	800m: 8:45.99	30.58

B = Bonus inschrijving

Programmanr. 15, Heren, 800m vrije slag, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
12.	Matteo Viani	Zweamlust-den Hommel	199007717	8:46.35	+0,79	585
	50m: 30.43	30.43 250m: 2:41.39	32.90 450m: 4:53.69	33.13 650m: 7:07.13		33.79
	100m: 1:03.46	33.03 300m: 3:14.59	33.20 500m: 5:27.10	33.41 700m: 7:40.50		33.37
	150m: 1:35.87	32.41 350m: 3:47.60	33.01 550m: 6:00.06	32.96 750m: 8:14.01		33.51
	200m: 2:08.49	32.62 400m: 4:20.56	32.96 600m: 6:33.34	33.28 800m: 8:46.35		32.34
13.	Lou van Leeuwen	De Dolfijn	200702779	8:47.35	+0,60	582
	50m: 28.92	28.92 250m: 2:40.63	33.18 450m: 4:52.79	32.97 650m: 7:06.88		33.79
	100m: 1:01.02	32.10 300m: 3:13.88	33.25 500m: 5:25.93	33.14 700m: 7:40.67		33.79
	150m: 1:34.10	33.08 350m: 3:46.98	33.10 550m: 5:59.66	33.73 750m: 8:14.90		34.23
	200m: 2:07.45	33.35 400m: 4:19.82	32.84 600m: 6:33.09	33.43 800m: 8:47.35		32.45
14.	Laurens van Nulck	Hellas-Glana	201100521	8:47.66	+0,59	581
	50m: 29.37	29.37 250m: 2:40.54	33.54 450m: 4:53.91	33.42 650m: 7:08.85		33.55
	100m: 1:01.29	31.92 300m: 3:13.78	33.24 500m: 5:27.75	33.84 700m: 7:42.73		33.88
	150m: 1:33.99	32.70 350m: 3:47.25	33.47 550m: 6:01.58	33.83 750m: 8:15.97		33.24
	200m: 2:07.00	33.01 400m: 4:20.49	33.24 600m: 6:35.30	33.72 800m: 8:47.66		31.69
15.	Baris Tomu	ZPCH	201000869	8:50.44	+0,64	572
	50m: 29.57	29.57 250m: 2:41.52	33.19 450m: 4:55.05	33.77 650m: 7:09.95		33.96
	100m: 1:02.82	33.25 300m: 3:14.58	33.06 500m: 5:28.58	33.53 700m: 7:43.41		33.46
	150m: 1:35.45	32.63 350m: 3:47.92	33.34 550m: 6:02.50	33.92 750m: 8:17.68		34.27
	200m: 2:08.33	32.88 400m: 4:21.28	33.36 600m: 6:35.99	33.49 800m: 8:50.44		32.76
16.	Figo van Duuren	ZPCH	200800391	8:56.40	+0,77	553
	50m: 30.47	30.47 250m: 2:44.55	33.63 450m: 5:01.02	34.03 650m: 7:17.16		33.75
	100m: 1:03.39	32.92 300m: 3:18.47	33.92 500m: 5:35.09	34.07 700m: 7:51.22		34.06
	150m: 1:37.10	33.71 350m: 3:52.50	34.03 550m: 6:09.42	34.33 750m: 8:24.88		33.66
	200m: 2:10.92	33.82 400m: 4:26.99	34.49 600m: 6:43.41	33.99 800m: 8:56.40		31.52
17.	Luka Geraerds	Hellas-Glana	200502077	8:57.43	+0,78	550
	50m: 29.97	29.97 250m: 2:42.05	33.59 450m: 4:58.37	34.24 650m: 7:16.48		34.75
	100m: 1:02.25	32.28 300m: 3:16.00	33.95 500m: 5:32.83	34.46 700m: 7:50.93		34.45
	150m: 1:35.10	32.85 350m: 3:49.96	33.96 550m: 6:07.10	34.27 750m: 8:25.38		34.45
	200m: 2:08.46	33.36 400m: 4:24.13	34.17 600m: 6:41.73	34.63 800m: 8:57.43		32.05
18.	Mike Schel	ENC Arnhem	199403279	8:58.03	+0,71	548
	50m: 29.93	29.93 250m: 2:45.13	34.52 450m: 5:02.93	34.15 650m: 7:18.44		33.77
	100m: 1:02.81	32.88 300m: 3:19.61	34.48 500m: 5:37.06	34.13 700m: 7:52.38		33.94
	150m: 1:36.43	33.62 350m: 3:54.06	34.45 550m: 6:10.91	33.85 750m: 8:26.00		33.62
	200m: 2:10.61	34.18 400m: 4:28.78	34.72 600m: 6:44.67	33.76 800m: 8:58.03		32.03
19.	Melle van Veen	Dedemsvaart-AC	200700661	9:00.68	+0,71	540
	50m: 29.09	29.09 250m: 2:41.18	33.55 450m: 4:58.91	34.70 650m: 7:18.33		34.89
	100m: 1:01.25	32.16 300m: 3:15.45	34.27 500m: 5:33.61	34.70 700m: 7:52.89		34.56
	150m: 1:34.32	33.07 350m: 3:49.72	34.27 550m: 6:08.36	34.75 750m: 8:27.21		34.32
	200m: 2:07.63	33.31 400m: 4:24.21	34.49 600m: 6:43.44	35.08 800m: 9:00.68		33.47
20.	Aidan van der Stelt	Blue Marlins	200900901	9:01.72	+0,70	537
	50m: 29.62	29.62 250m: 2:44.33	34.03 450m: 5:02.04	34.44 650m: 7:20.42		34.18
	100m: 1:02.63	33.01 300m: 3:18.42	34.09 500m: 5:36.91	34.87 700m: 7:54.92		34.50
	150m: 1:36.13	33.50 350m: 3:52.89	34.47 550m: 6:11.28	34.37 750m: 8:29.69		34.77
	200m: 2:10.30	34.17 400m: 4:27.60	34.71 600m: 6:46.24	34.96 800m: 9:01.72		32.03
21.	Jere Wiersma	DZ&PC	200701037	9:06.97 *	+0,71	522
	50m: 29.26	29.26 250m: 2:46.85	34.42 450m: 5:08.05	35.52 650m: 7:26.19		34.41
	100m: 1:02.72	33.46 300m: 3:21.80	34.95 500m: 5:42.41	34.36 700m: 8:00.48		34.29
	150m: 1:37.63	34.91 350m: 3:56.78	34.98 550m: 6:17.34	34.93 750m: 8:34.46		33.98
	200m: 2:12.43	34.80 400m: 4:32.53	35.75 600m: 6:51.78	34.44 800m: 9:06.97		32.51
22.	Rik Doornenbal	Blue Marlins	199805913	9:07.31	+0,69	521
	50m: 29.58	29.58 250m: 2:43.91	34.53 450m: 5:03.80	35.03 650m: 7:24.24		34.58
	100m: 1:01.90	32.32 300m: 3:18.51	34.60 500m: 5:39.41	35.61 700m: 7:59.31		35.07
	150m: 1:35.40	33.50 350m: 3:53.66	35.15 550m: 6:14.55	35.14 750m: 8:34.08		34.77
	200m: 2:09.38	33.98 400m: 4:28.77	35.11 600m: 6:49.66	35.11 800m: 9:07.31		33.23
AFGEM	Tieme Wiersma	DZ&PC	200701031			
NG	Yarno van Dam	ACZ	200800115			
NG	Joey Pop	ZVVS	200800277			

B = Bonus inschrijving

Programmanr. 16
20-12-2025 - 9:19

Dames, 100m rugslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m
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PARA onder 16

1.	Gwyneth van der Spek	Batavia Swim	201102806	S7	1:41.60	+0,78	Q	150 483	50.33	1:41.60
2.	Jente Parlevliet	Noordwijkerhout	201003900	S14	1:32.50	+0,68	Q	199 338	45.56	1:32.50

PARA Open

1.	Amber van der Kruk	MSV-Zeemacht	200102730	S14	1:10.65	+0,74	Q	447 759	33.93	1:10.65
2.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	1:19.71	+0,80	Q	311 612	38.25	1:19.71
3.	Gwyneth van der Spek	Batavia Swim	201102806	S7	1:41.60	+0,78	Q	150 483	50.33	1:41.60
4.	Milou van Winkel	WVZ	200402296	S14	1:23.77 *	+0,76	Q	268 455	39.74	1:23.77
5.	Jente Parlevliet	Noordwijkerhout	201003900	S14	1:32.50	+0,68	Q	199 338	45.56	1:32.50

Onder 18

1.	Jinthe Engelse	Team NL - Blue Marlins	200800204		59.66	+0,61	A	742	28.82	59.66
2.	Maaïke Ooms	ZPC AMERSFOORT	200801580		1:00.16	+0,71	A	724	28.97	1:00.16
3.	Fay Boxum	DZ&PC	200900060		1:02.19	+0,60	B	655	29.92	1:02.19
4.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224		1:03.91	+0,65	B	603	30.48	1:03.91
5.	Luus Gielsens	PSV	200900138		1:04.47	+0,75		588	31.50	1:04.47
	Laura van Etten	HZ&PC Heerenveen	200800264		1:04.47	+0,72		588	31.60	1:04.47
7.	Nienke Koster	ZPC Hoogeveen	200900612		1:05.64	+0,61		557	31.33	1:05.64
8.	Nora Lynn Otten	ZPC Hoogeveen	200903338		1:05.85	+0,69		552	32.12	1:05.85
9.	Myrthe Stelten	Hellas-Glana	200900234		1:05.98	+0,72		548	31.81	1:05.98
10.	Jenny Muntinga	ZPCH	200900450		1:06.20	+0,61		543	31.99	1:06.20
11.	Emmelen Smelt	ZVZ	200800012		1:06.33	+0,63		540	32.25	1:06.33
12.	Sarah Provily	Geelong Swimming Club			1:06.57	+0,62		534	32.05	1:06.57
13.	Senna Rijnbeek	ZPC AMERSFOORT	200901480		1:06.70	+0,65		531	32.17	1:06.70
14.	Meyke v. Nimwegen	De Schoteijl	200800106		1:07.34	+0,65		516	32.39	1:07.34
15.	Chiara Lammertink	ZPC AMERSFOORT	200902200		1:07.57	+0,63		510	32.78	1:07.57
16.	Wictoria Diederiks	ZVL-1886	200900758		1:07.70	+0,66		508	32.75	1:07.70
17.	Vera de Boer	De Reest	200900512		1:07.98	+0,63		501	32.76	1:07.98
18.	Emma Steenbrink	OZ&PC	200901376		1:08.02	+0,67		500	32.93	1:08.02
19.	Niobe Maduro	Aqua-Novio'94	200800378		1:08.25	+0,76		495	32.60	1:08.25
20.	Madeleine Bertram	De Dolfijn	200900516		1:08.34	+0,77		493	33.13	1:08.34
21.	Milou Geneuglijk	HZ&PC Heerenveen	200900556		1:08.54	+0,65		489	32.89	1:08.54
22.	Valerie Sakkers	Deltasteur	200800080		1:08.68	+0,73		486	33.45	1:08.68
23.	Charlotte Landman	CWW	200901290		1:08.75	+0,66		485	32.90	1:08.75
24.	Mijke van Hal	Zwemlust-den Hommel	200800362		1:09.19	+0,68		475	33.74	1:09.19
25.	Tess de Waard	Team Noord Holland (SG)	200903946		1:09.66	+0,78		466	33.99	1:09.66
26.	Esmé Sportel	Dedemsvaart-AC	200900682		1:10.05	+0,73		458	34.21	1:10.05
27.	Esmee van der Tuuk	ZPC Hoogeveen	200800682		1:11.27	+0,73		435	34.29	1:11.27
AFGEM	Marjolie Spelde	ZPC Hoogeveen	200900266							
AFGEM	Hannah Markovinovic	ZPC De Hof	200803266							
NG	Indira van Aggele	Albion	200804424							

Onder 20

1.	Mare Schallenberg	Albion	200600078		1:00.01	+0,65	A	729	30.02	1:00.01
2.	Angelina Rolman	Team NL - PSV	200701972		1:01.04	+0,66	A	693	29.96	1:01.04
3.	Sara Korthuis	DZ&PC	200600494		1:01.64	+0,72	B	673	29.92	1:01.64
4.	Eefje Irvine	De Dolfijn	200700164		1:02.32	+0,59	B	651	30.27	1:02.32
5.	Joy Willekus	PSV	200602420		1:03.97	+0,66	R	602	30.57	1:03.97
6.	Charlotte Woltjes	VZC	200700110		1:04.95	+0,70		575	31.29	1:04.95
7.	Eloisa Gomes Delgado	Albion	200700812		1:06.33	+0,68		540	32.29	1:06.33
8.	Rosalie van der Bijl	Hieronymus	200701644		1:06.91	+0,70		526	32.29	1:06.91
9.	Féline Sam	ZVZ	200700018		1:07.11	+0,67		521	32.52	1:07.11
10.	Lyke Bellert	Octopus-ZVV (SG)	200701424		1:07.71	+0,74		507	32.62	1:07.71
11.	Veerle de Ridder	HZ&PC Heerenveen	200700778		1:07.92	+0,72		503	32.80	1:07.92
12.	Maud Roffel	DZ&PC	200700840		1:08.26	+0,69		495	33.27	1:08.26

B = Bonus inschrijving

Programmanr. 16, Dames, 100m rugslag, Voorronde, Onder 20

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
13.	Nina Derckx	ZEPS	200700030	1:08.34	+0,76	493		33.44	1:08.34
14.	Marlies Dijsselhof	Dedemsvaart-AC	200601046	1:08.66	+0,83	487		32.59	1:08.66
15.	Monica van der Meer	Deltasteur	200704288	1:09.79	+0,75	463		33.47	1:09.79

senioren Open

1.	Lotte Hosper	Team NL - Blue Marlins	200201414	59.53	+0,66	A	747	28.89	59.53
2.	Jinth Engelse	Team NL - Blue Marlins	200800204	59.66	+0,61	A	742	28.82	59.66
3.	Mare Schallenberg	Albion	200600078	1:00.01	+0,65	A	729	30.02	1:00.01
4.	Maaïke Ooms	ZPC AMERSFOORT	200801580	1:00.16	+0,71	A	724	28.97	1:00.16
5.	Jetske Moot	ZPC AMERSFOORT	200400230	1:00.70	+0,62	A	704	28.90	1:00.70
6.	Angelina Rolman	Team NL - PSV	200701972	1:01.04	+0,66	A	693	29.96	1:01.04
7.	Ismay Lichtendonk	HZ&PC Heerenveen	200400622	1:01.21	+0,64	A	687	29.85	1:01.21
8.	Yke Groener	PSV	200500772	1:01.44	+0,73	?	679	29.50	1:01.44
	Yara van Kalmthout	PSV	200200984	1:01.44	+0,59	?	679	28.95	1:01.44
10.	Sara Korthuis	DZ&PC	200600494	1:01.64	+0,72	B	673	29.92	1:01.64
11.	Malin Roozeboom	WVZ	201100006	1:01.87	+0,67	B	665	29.76	1:01.87
12.	Fay Boxum	DZ&PC	200900060	1:02.19	+0,60	B	655	29.92	1:02.19
13.	Eefje Irvine	De Dolfijn	200700164	1:02.32	+0,59	B	651	30.27	1:02.32
14.	Amber Celie	De Dolfijn	200300756	1:02.93	+0,60	B	632	30.14	1:02.93
15.	Nina van der Schrier	AZC	201000444	1:03.10	+0,68	B	627	30.76	1:03.10
16.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224	1:03.91	+0,65	B	603	30.48	1:03.91
17.	Joy Willekus	PSV	200602420	1:03.97	+0,66	R	602	30.57	1:03.97
18.	Merel Phaff	Nuenen	200100434	1:03.99	+0,63	R	601	31.03	1:03.99
19.	Anne Engbersen	Albion	201000044	1:04.45	+0,69		588	30.84	1:04.45
20.	Luus Gielens	PSV	200900138	1:04.47	+0,75		588	31.50	1:04.47
	Laura van Etten	HZ&PC Heerenveen	200800264	1:04.47	+0,72		588	31.60	1:04.47
22.	Isa Schellekens	Zegenwerp	200002330	1:04.64	+0,70		583	31.50	1:04.64
23.	Charlotte Woltjes	VZC	200700110	1:04.95	+0,70		575	31.29	1:04.95
24.	Famke Irvine	ZPC AMERSFOORT	200501724	1:05.04	+0,68		572	31.47	1:05.04
25.	Nikita van den Ouden	Nuenen	199900622	1:05.10	+0,75		571	31.28	1:05.10
26.	Indy van Laarhoven	PSV	200500710	1:05.17	+0,60		569	31.11	1:05.17
27.	Elin Reinstra	TriVia	201100842	1:05.31	+0,70		565	31.92	1:05.31
28.	Nienke Koster	ZPC Hoogeveen	200900612	1:05.64	+0,61		557	31.33	1:05.64
29.	Nora Lynn Otten	ZPC Hoogeveen	200903338	1:05.85	+0,69		552	32.12	1:05.85
30.	Myrthe Stelten	Hellas-Glana	200900234	1:05.98	+0,72		548	31.81	1:05.98
31.	Celine Schoenmaker	DWK	199801976	1:06.16	+0,60		544	31.51	1:06.16
32.	Jenny Muntinga	ZPCH	200900450	1:06.20	+0,61		543	31.99	1:06.20
	Fenna Zusterzeel	PSV	201000008	1:06.20	+0,55		543	31.92	1:06.20
34.	Emmelien Smelt	ZVZ	200800012	1:06.33	+0,63		540	32.25	1:06.33
	Eloisa Gomes Delgado	Albion	200700812	1:06.33	+0,68		540	32.29	1:06.33
36.	Nienke Bakker	TriVia	200501178	1:06.52 *	+0,75		535	31.83	1:06.52
37.	Sarah Provily	Geelong Swimming Club		1:06.57	+0,62		534	32.05	1:06.57
38.	Senna Rijnbeek	ZPC AMERSFOORT	200901480	1:06.70	+0,65		531	32.17	1:06.70
39.	Rosalie van der Bijl	Hieronymus	200701644	1:06.91	+0,70		526	32.29	1:06.91
40.	Féline Sam	ZVZ	200700018	1:07.11	+0,67		521	32.52	1:07.11
41.	Meyke v. Nimwegen	De Schotelijk	200800106	1:07.34	+0,65		516	32.39	1:07.34
42.	Emma Buchsbaum	Blue Marlins	200505472	1:07.40	+0,70		514	32.12	1:07.40
43.	Chiara Lammertink	ZPC AMERSFOORT	200902200	1:07.57	+0,63		510	32.78	1:07.57
44.	Julia Notenboom	De Columbiaan	200302596	1:07.67	+0,62		508	32.74	1:07.67
45.	Wictoria Diederiks	ZVL-1886	200900758	1:07.70	+0,66		508	32.75	1:07.70
46.	Lyke Bellert	Octopus-ZVV (SG)	200701424	1:07.71	+0,74		507	32.62	1:07.71
47.	Marit Huisman	WVZ	200502620	1:07.72	+0,93		507	31.98	1:07.72
48.	Isa Willemsen	Aqua-Novio'94	199900628	1:07.90	+0,64		503	31.32	1:07.90
49.	Veerle de Ridder	HZ&PC Heerenveen	200700778	1:07.92	+0,72		503	32.80	1:07.92
50.	Vera de Boer	De Reest	200900512	1:07.98	+0,63		501	32.76	1:07.98
51.	Emma Steenbrink	OZ&PC	200901376	1:08.02	+0,67		500	32.93	1:08.02
52.	Niobe Maduro	Aqua-Novio'94	200800378	1:08.25	+0,76		495	32.60	1:08.25
53.	Maud Roffel	DZ&PC	200700840	1:08.26	+0,69		495	33.27	1:08.26
54.	Nina Derckx	ZEPS	200700030	1:08.34	+0,76		493	33.44	1:08.34
	Madeleine Bertram	De Dolfijn	200900516	1:08.34	+0,77		493	33.13	1:08.34
56.	Milou Geneuglijk	HZ&PC Heerenveen	200900556	1:08.54	+0,65		489	32.89	1:08.54
57.	Marlies Dijsselhof	Dedemsvaart-AC	200601046	1:08.66	+0,83		487	32.59	1:08.66

B = Bonus inschrijving

Programmanr. 16, Dames, 100m rugslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
58.	Valerie Sakkers	Deltasteur	200800080	1:08.68	+0,73	486		33.45	1:08.68
59.	Charlotte Landman	CWW	200901290	1:08.75	+0,66	485		32.90	1:08.75
60.	Angelique van Vark	GZC DONK	199701478	1:08.95	+0,70	480		32.66	1:08.95
61.	Mijke van Hal	Zwemlust-den Hommel	200800362	1:09.19	+0,68	475		33.74	1:09.19
62.	Tess de Waard	Team Noord Holland (SG)	200903946	1:09.66	+0,78	466		33.99	1:09.66
63.	Monica van der Meer	Deltasteur	200704288	1:09.79	+0,75	463		33.47	1:09.79
64.	Esmé Sportel	Dedemsvaart-AC	200900682	1:10.05	+0,73	458		34.21	1:10.05
65.	Esmee van der Tuuk	ZPC Hoogeveen	200800682	1:11.27	+0,73	435		34.29	1:11.27
AFGEM	Marjolie Spelde	ZPC Hoogeveen	200900266						
AFGEM	Hannah Markovinovic	ZPC De Hof	200803266						
NG	Indira van Aggele	Albion	200804424						

B = Bonus inschrijving

Programmanr. 17
20-12-2025 - 9:37

Heren, 100m vlinderslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m
PARA onder 18										
1.	Cheng Van Vondel	KSN (SG)	200902673 S9	1:20.68	+0,75	Q	206	364	36.64	1:20.68
PARA Open										
1.	Cheng Van Vondel	KSN (SG)	200902673 S9	1:20.68	+0,75	Q	206	364	36.64	1:20.68
Onder 18										
1.	Kaan Sudak	Albion	200803733	55.94	+0,61	B	620		25.75	55.94
2.	Bram ter Braak	De Dinkel	200800281	56.11	+0,73	B	614		26.00	56.11
3.	Jones Chuang	PSV	200801173	56.29	+0,64	R	608		26.02	56.29
4.	Daniel Wegman	ZPCH	200802843	56.32	+0,67		607		26.78	56.32
5.	Yarno van Dam	ACZ	200800115	56.55	+0,73		600		26.31	56.55
6.	Vanja Kvočka	Hellas-Glana	200904007	56.80	+0,68		592		26.51	56.80
7.	Xiaoyu Yin	Blue Marlins	200803363	57.38	+0,65		574		26.40	57.38
8.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	57.53	+0,68		570		26.71	57.53
9.	Tibbe Quist	KONAZ 1870	200801359	57.56	+0,64		569		26.31	57.56
10.	Wanne van Geest	ACZ	200901425	57.62	+0,60		567		26.37	57.62
11.	Luca Boorsma	De Dolfijn	200902031	58.19	+0,49		551		26.47	58.19
12.	Alexander Grison	De Dolfijn	200803053	58.30	+0,73		548		27.47	58.30
13.	Rian Schoneveld	De Berkelduikers	200801789	58.41	+0,67		544		27.08	58.41
14.	Feddo Smink	ZPC AMERSFOORT	200900007	58.46	+0,48		543		26.88	58.46
15.	Willem Weustink	Team Noord Holland (SG)	200800109	58.92	+0,66		530		26.46	58.92
16.	Filip Piszczynski	KSN (SG)	200802125	59.12	+0,64		525		27.24	59.12
17.	Juan Cruz Slappendel	Orca	200903053	59.23	+0,71		522		27.40	59.23
18.	Stefan van der Meer	VZC	200901361	59.65	+0,64		511		27.99	59.65
19.	Lucas Schouten	ZPCH	200901925	1:00.10	+0,56		500		27.55	1:00.10
20.	Tim Brouwer	Aqua-Novio'94	200800989	1:00.28	+0,52		495		27.73	1:00.28
21.	Alexander van der Maaten	Blue Marlins	200903251	1:00.49	+0,61		490		27.14	1:00.49
22.	Rein Stoel	ZVL-1886	200800463	1:00.55	+0,73		489		28.34	1:00.55
23.	Ivo Bot	Wiekslag	200900509	1:00.81	+0,66		482		27.69	1:00.81
24.	Floris van der Valk	Wiekslag	200801891	1:00.87	+0,64		481		28.03	1:00.87
25.	Timo Berghuis	DWK	200801991	1:00.90	+0,77		480		28.09	1:00.90
26.	Aditya Winterberg	Blue Marlins	200800953	1:00.96	+0,60		479		27.87	1:00.96
27.	Finn Stamsnieder	OZ&PC	200900225	1:01.08	+0,77		476		28.52	1:01.08
28.	Sverre van der Zwaan	WVZ	200900737	1:01.27	+0,70		472		28.31	1:01.27
29.	Jamie Kenworthy	De Dolfijn	200800045	1:01.35	+0,64		470		27.58	1:01.35
30.	Arjan Boogaard	Deltasteur	200800093	1:01.75	+0,52		461		28.03	1:01.75
31.	Damir Mustafic	DZ&PC	200800885	1:02.81	+0,79		438		28.95	1:02.81
32.	Aidan van der Stelt	Blue Marlins	200900901	1:02.98	+0,66		434		28.78	1:02.98
33.	Cheng Van Vondel	KSN (SG)	200902673	1:20.68	+0,75	Q	206	364	36.64	1:20.68
DIS	Liam Tjin Wong Joe	De Dolfijn	200804105							

VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.

Onder 20

1.	Lars Bulman	Albion	200600125	53.62	+0,66	A	704		24.58	53.62
2.	Joshua Agussalim	WVZ	200600153	55.07	+0,54	A	650		25.12	55.07
3.	Mies de Wit	CWW	200700315	56.24	+0,52	R	610		26.24	56.24
4.	Harold D.	Blue Marlins	200604487	56.62	+0,64		598		26.22	56.62
5.	Jisse Lousma	WVZ	200701493	56.64	+0,62		597		26.27	56.64
6.	Tiamo van der Veen	Dedemsvaart-AC	200600033	56.80	+0,73		592		26.26	56.80
7.	Quinten B.	TriVia	200700001	56.92	+0,66		588		25.52	56.92
8.	Tygo Gerts	Blue Marlins	200704077	57.72	+0,60		564		27.11	57.72
9.	Lucas Berner	De Duinkickers	200700219	58.82	+0,70		533		26.87	58.82
10.	Jort Siebelt	OZ&PC	200700083	59.13	+0,72		525		27.58	59.13

B = Bonus inschrijving

Programmanr. 17, Heren, 100m vlinderslag, Voorronde

senioren Open

1.	Sean Niewold	Albion	200204699	52.33	+0,72	A	757	24.34	52.33
2.	Michael Smink	Albion	200302169	52.71	+0,68	A	741	23.84	52.71
3.	Thomas Verhoeven	Albion	199700311	53.29	+0,66	A	717	24.56	53.29
4.	Lars Bulman	Albion	200600125	53.62	+0,66	A	704	24.58	53.62
5.	Simon Claasen	ZPC AMERSFOORT	200400231	54.20	+0,58	A	682	25.34	54.20
6.	Joshua Agussalim	WVZ	200600153	55.07	+0,54	A	650	25.12	55.07
	Matthijs van Meerendonk	DZ&PC	199900375	55.07	+0,63	A	650	25.18	55.07
8.	Perry Laarhoven	Albion	200301321	55.19	+0,73	A	646	25.04	55.19
9.	Stan Stevens	PSV	200305039	55.22	+0,68	B	644	24.37	55.22
10.	Alexander Nijst	Nuenen	200104869	55.71	+0,78	B	628	25.94	55.71
11.	Floris Stork	DZ&PC	200305075	55.91	+0,52	B	621	25.79	55.91
12.	Kaan Sudak	Albion	200803733	55.94	+0,61	B	620	25.75	55.94
13.	Marlon Borger	PSV	200404817	56.04	+0,69	B	617	26.02	56.04
14.	Bram ter Braak	De Dinkel	200800281	56.11	+0,73	B	614	26.00	56.11
15.	Kalle van Gemert	ZPC De Zeeuwse Kust	199801259	56.15	+0,53	B	613	25.61	56.15
	Rick van Hamond	Zegenwerp	199205873	56.15	+0,65	B	613	25.90	56.15
17.	Mies de Wit	CWW	200700315	56.24	+0,52	R	610	26.24	56.24
18.	Jones Chuang	PSV	200801173	56.29	+0,64	R	608	26.02	56.29
19.	Daniel Wegman	ZPCH	200802843	56.32	+0,67		607	26.78	56.32
20.	Yarno van Dam	ACZ	200800115	56.55	+0,73		600	26.31	56.55
21.	Harold D.	Blue Marlins	200604487	56.62	+0,64		598	26.22	56.62
22.	Jisse Lousma	WVZ	200701493	56.64	+0,62		597	26.27	56.64
23.	Vanja Kvocka	Hellas-Glana	200904007	56.80	+0,68		592	26.51	56.80
	Tiamo van der Veen	Dedemsvaart-AC	200600033	56.80	+0,73		592	26.26	56.80
25.	Quinten B.	TriVia	200700001	56.92	+0,66		588	25.52	56.92
26.	Timo Kaanen	Hellas-Glana	200500053	57.24	+0,65		579	25.93	57.24
27.	Rik Hofland	PSV	199701737	57.25	+0,70		578	26.12	57.25
28.	Niels Christoffels	ZPC AMERSFOORT	200404807	57.38	+0,77		574	26.58	57.38
	Xiaoyu Yin	Blue Marlins	200803363	57.38	+0,65		574	26.40	57.38
30.	Bart Muselaers	Aqua-Novio'94	200100865	57.48	+0,72		571	26.03	57.48
31.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	57.53	+0,68		570	26.71	57.53
32.	Tibbe Quist	KONAZ 1870	200801359	57.56	+0,64		569	26.31	57.56
33.	Wanne van Geest	ACZ	200901425	57.62	+0,60		567	26.37	57.62
34.	Tygo Gerts	Blue Marlins	200704077	57.72	+0,60		564	27.11	57.72
35.	Bjorn de Heus	Albion	200201077	57.79	+0,65		562	26.42	57.79
36.	Kia Afzali	De Vikings	200305145	57.84	+0,69		561	25.97	57.84
37.	Luca Boorsma	De Dolfijn	200902031	58.19	+0,49		551	26.47	58.19
38.	Alexander Griston	De Dolfijn	200803053	58.30	+0,73		548	27.47	58.30
39.	Rian Schoneveld	De Berkelduikers	200801789	58.41	+0,67		544	27.08	58.41
40.	Feddo Smink	ZPC AMERSFOORT	200900007	58.46	+0,48		543	26.88	58.46
41.	Felix Geenen	DAW	199501085	58.57	+0,76		540	26.10	58.57
42.	Lucas Bemer	De Duinkickers	200700219	58.82	+0,70		533	26.87	58.82
43.	Willem Weustink	Team Noord Holland (SG)	200800109	58.92	+0,66		530	26.46	58.92
44.	Filip Piszczynski	KSN (SG)	200802125	59.12	+0,64		525	27.24	59.12
45.	Jort Siebelt	OZ&PC	200700083	59.13	+0,72		525	27.58	59.13
46.	Juan Cruz Slappendel	Orca	200903053	59.23	+0,71		522	27.40	59.23
47.	Bert Duivenvoorde	De Columbiaan	199701805	59.38	+0,72		518	26.88	59.38
48.	Stefan van der Meer	VZCH	200901361	59.65	+0,64		511	27.99	59.65
49.	Lucas Schouten	ZPCH	200901925	1:00.10	+0,56		500	27.55	1:00.10
50.	Tim Brouwer	Aqua-Novio'94	200800989	1:00.28	+0,52		495	27.73	1:00.28
51.	Alexander van der Maaten	Blue Marlins	200903251	1:00.49	+0,61		490	27.14	1:00.49
52.	Rein Stoel	ZVL-1886	200800463	1:00.55	+0,73		489	28.34	1:00.55
53.	Ivo Bot	Wiekslag	200900509	1:00.81	+0,66		482	27.69	1:00.81
54.	Floris van der Valk	Wiekslag	200801891	1:00.87	+0,64		481	28.03	1:00.87
55.	Timo Berghuis	DWK	200801991	1:00.90	+0,77		480	28.09	1:00.90
56.	Finn Stamsnieder	OZ&PC	200900225	1:01.08	+0,77		476	28.52	1:01.08
57.	Sverre van der Zwaan	WVZ	200900737	1:01.27	+0,70		472	28.31	1:01.27
58.	Jamie Kenworthy	De Dolfijn	200800045	1:01.35	+0,64		470	27.58	1:01.35
59.	Arjan Boogaard	Deltasteur	200800093	1:01.75	+0,52		461	28.03	1:01.75
60.	Damir Mustafic	DZ&PC	200800885	1:02.81	+0,79		438	28.95	1:02.81
61.	Aidan van der Stelt	Blue Marlins	200900901	1:02.98	+0,66		434	28.78	1:02.98

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 17, Heren, 100m vlinderslag, Voorronde, senioren Open

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
DIS	Liam Tjin Wong Joe	De Dolfijn	200804105					
	VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.							
				VH				

B = Bonus inschrijving

Programmanr. 18
20-12-2025 - 9:51

Dames, 50m schoolslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT		FINA	para
PARA onder 16								
1.	Gwyneth van der Spek	Batavia Swim	201102806	SB6	54.40	+0,86	Q	141
2.	Jente Parlevliet	Noordwijkerhout	201003900	SB14	47.21	+0,81	Q	217
PARA Open								
1.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	SB11	40.63	+0,52	Q	340
2.	Aguila Dolsma	Blue Marlins	200603902	SB14	40.20	+0,79	Q	351
3.	Gwyneth van der Spek	Batavia Swim	201102806	SB6	54.40	+0,86	Q	141
4.	Dannique Koolen	ZPC AMERSFOORT	199904048	SB14	45.83	+0,83	Q	237
5.	Jenna Gorter	De Gooische (SG)	200702746	SB8	47.21	+0,78	Q	217
6.	Jente Parlevliet	Noordwijkerhout	201003900	SB14	47.21	+0,81	Q	217
Onder 18								
1.	Nina Zusterzeel	PSV	200800656		31.09	+0,65	A	759
2.	Tess Vonk	De Geul	200900024		33.30	+0,48		618
3.	Julia Dijkstra	PSV	200904546		33.62	+0,76		600
4.	Diede de Vries	Zwemlust-den Hommel	200803558		33.73	+0,76		595
5.	Tara Langkamp	Aqua-Novio'94	200900362		33.82	+0,71		590
6.	Esmee Mulder	DZ&PC	200800038		33.97	+0,68		582
7.	Roselie ter Borg	ZCNF'34	200804880		34.42	+0,82		559
8.	Sarah Provily	Geelong Swimming Club			34.48	+0,71		557
9.	Liv Heijdra	Albion	200800736		34.52	+0,54		555
10.	Iris Boeters	Westland Swimming Stars	200900856		34.59	+0,65		551
11.	Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536		34.82			540
12.	Ilse Rozema	Blue Marlins	200803318		35.10	+0,68		528
13.	Amber Kunst	DAW	200900680		35.50	+0,70		510
14.	Flore Blok	OZ&PC	200804348		35.64	+0,66		504
15.	Jennifer Blenk	ZVVS	200903172		35.76	+0,54		499
16.	Meyke Haytink	WS Twente	200801188		35.95	+0,70		491
17.	Jasmijn Schoonen	Wiekslag	200901196		36.06	+0,81		486
18.	Eleni Olympiou	PSV	200804924		36.17	+0,47		482
19.	Esther Dijsselhof	Dedemsvaart-AC	200800784		36.40	+0,76		473
20.	Lieze Bersch	SBC2000	200800536		36.73	+0,77		460
Onder 20								
1.	Hylcke de Beer	PSV	200700006		30.95	+0,58	A	770
2.	Mare Schallenberg	Albion	200600078		31.67	+0,69	A	718
3.	Joy Willekus	PSV	200602420		31.87	+0,71	A	705
4.	Benigna Kocispeter	Hellas-Glana	200702058		32.39	+0,64	B	671
5.	Rafaëla Mulders	Team Noord Holland (SG)	200701398		32.47	+0,68	B	667
6.	Lisa Dirkzwager	Blue Marlins	200703458		32.82	+0,52	R	645
7.	Annieke Rupke	WVZ	200700876		33.33	+0,74		616
8.	Marlies Dijsselhof	Dedemsvaart-AC	200601046		34.10	+0,82		575
	Annika Hogenhuis	Zwemlust-den Hommel	200701340		34.10	+0,79		575
10.	Mila Oomens	NieMo Barracuda	200700016		34.25	+0,72		568
11.	Nieke Dovic	PSV	200700238		34.30	+0,78		565
12.	Rosalie van der Bijl	Hieronymus	200701644		34.68	+0,72		547
13.	Isa Jansen	SBC2000	200701176		34.82	+0,75		540
14.	Marieke Koekoek	DWK	200600330		34.83	+0,61		540
15.	Juul Schellekens	PSV	200701392		34.91	+0,70		536
16.	Renske Oude Egbrink	OZ&PC	200600040		35.23	+0,73		522
17.	Alexandra Gepkens	VZC	200701690		35.26	+0,68		520
18.	Fenne Peters	PSV	200601388		35.74			500

B = Bonus inschrijving

Programmanr. 18, Dames, 50m schoolslag, Voorronde

senioren Open

1.	Hylcke de Beer	PSV	200700006	30.95	+0,58	A	770
2.	Nina Zusterzeel	PSV	200800656	31.09	+0,65	A	759
3.	Sterre Hendriks	De Dolfijn	200401288	31.19	+0,70	A	752
4.	Tessa Giele	Albion	200203124	31.40	+0,65	A	737
5.	Mare Schallenberg	Albion	200600078	31.67	+0,69	A	718
6.	Lynn Blommers	Blue Marlins	200105062	31.72	+0,66	A	715
7.	Joy Willekus	PSV	200602420	31.87	+0,71	A	705
8.	Hanna Kareinen	De Dolfijn	200006774	32.12	+0,70	A	689
9.	Jade Geurts	WVZ	200402278	32.16	+0,72	B	686
10.	Jill Nai Chung Tong	WVZ	200404272	32.20	+0,66	B	683
11.	Anastasia Renssen	ACZ	200202588	32.36	+0,62	B	673
12.	Bridget Vermeer	ZPC AMERSFOORT	200501766	32.38	+0,58	B	672
13.	Benigna Kocsispeter	Hellas-Glana	200702058	32.39	+0,64	B	671
14.	Rafaela Mulders	Team Noord Holland (SG)	200701398	32.47	+0,68	B	667
15.	Emma Hofstee	TriVia	200401282	32.55	+0,72	B	662
16.	Sanne Busch	MNC Dordrecht	200101486	32.61	+0,41	B	658
17.	Lisa Dirkzwager	Blue Marlins	200703458	32.82	+0,52	R	645
18.	Evy van Laarhoven	PSV	200500712	32.83	+0,72	R	645
19.	Michelle Zomerdijk	Dedemsvaart-AC	200003196	32.89	+0,68		641
	Valesca van den Bogert	Hieronymus	200102138	32.89	+0,67		641
21.	Sanne Peters	PSV	200401112	33.03	+0,58		633
22.	Mandy van Rossum	Arethusa	200204904	33.04	+0,75		633
23.	Tess Vonk	De Geul	200900024	33.30	+0,48		618
24.	Annieke Rupke	WVZ	200700876	33.33	+0,74		616
25.	Felicia Emanuelson	Olympia	199703168	33.44	+0,69		610
26.	Julia Dijkstra	PSV	200904546	33.62	+0,76		600
27.	Diede de Vries	Zwemlust-den Hommel	200803558	33.73	+0,76		595
28.	Inge Koekoek	DWK	200401648	33.82	+0,72		590
	Tara Langkamp	Aqua-Novio'94	200900362	33.82	+0,71		590
30.	Paula Spans	ZPC AMERSFOORT	201000064	33.86	+0,70		588
31.	Manoah Dekker	Deltasteur	201100656	33.95	+0,68		583
32.	Esmee Mulder	DZ&PC	200800038	33.97	+0,68		582
33.	Eva Ehlert	WVZ	201002026	33.98	+0,73		581
34.	Karin Rijkelijhuizen	DZ&PC	199403358	34.09	+0,70		576
35.	Marlies Dijsselhof	Dedemsvaart-AC	200601046	34.10	+0,82		575
	Annika Hogenhuis	Zwemlust-den Hommel	200701340	34.10	+0,79		575
37.	Mila Oomens	NieMo Barracuda	200700016	34.25	+0,72		568
38.	Nieke Dovic	PSV	200700238	34.30	+0,78		565
39.	Robin Goossens	Nuenen	200003128	34.35	+0,81		563
40.	Hannah Schellekens	TRB-RES	199706614	34.39	+0,53		561
41.	Roselie ter Borg	ZCNF'34	200804880	34.42	+0,82		559
42.	Alessia Sluis	Dedemsvaart-AC	200300896	34.43	+0,68		559
43.	Fenna de Groot	Albion	199701796	34.46	+0,56		557
44.	Sarah Provily	Geelong Swimming Club		34.48	+0,71		557
45.	Liv Heijdra	Albion	200800736	34.52	+0,54		555
46.	Britt Cornelissens	Hellas-Glana	200000632	34.57	+0,69		552
47.	Iris Boeters	Westland Swimming Stars	200900856	34.59	+0,65		551
48.	Rosalie van der Bijl	Hieronymus	200701644	34.68	+0,72		547
49.	Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	34.82			540
	Isa Jansen	SBC2000	200701176	34.82	+0,75		540
51.	Marieke Koekoek	DWK	200600330	34.83	+0,61		540
52.	Juul Schellekens	PSV	200701392	34.91	+0,70		536
53.	Jasmijn Scott	De Duinkickers	201001236	35.09	+0,68		528
54.	Ilse Rozema	Blue Marlins	200803318	35.10	+0,68		528
55.	Renske Oude Egbrink	OZ&PC	200600040	35.23	+0,73		522
56.	Alexandra Gepkens	VZC	200701690	35.26	+0,68		520
	Ayla van Leeuwen	TZC Vahalis	200401980	35.26	+0,54		520
58.	Amber Kunst	DAW	200900680	35.50	+0,70		510
59.	Flore Blok	OZ&PC	200804348	35.64	+0,66		504
60.	Fenne Peters	PSV	200601388	35.74			500
61.	Jennifer Blenk	ZVVS	200903172	35.76	+0,54		499
62.	Meyke Haytink	WS Twente	200801188	35.95	+0,70		491
63.	Jasmijn Schoonen	Wiekslag	200901196	36.06	+0,81		486

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 18, Dames, 50m schoolslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
64.	Eleni Olympiou	PSV	200804924	36.17	+0,47	482	
65.	Esther Dijsselhof	Dedemsvaart-AC	200800784	36.40	+0,76	473	
66.	Lieze Bersch	SBC2000	200800536	36.73	+0,77	460	

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 19
20-12-2025 - 10:02

Heren, 200m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
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PARA onder 18

1.	Thomas Braat	AZC	200802269 S14	2:17.50	+0,81	Q	368	538	30.48	1:04.76	1:41.28	2:17.50
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PARA Open

1.	Thomas van W.	TeamNL PARA - PSV	200201473 S13	1:55.14	+0,77	Q	628	914	26.37	55.40	1:25.03	1:55.14
2.	Julian Hendriks	TeamNL PARA - De Otters	200603717 S7	2:25.98	+0,68	Q	308	742	34.72	1:11.64	1:49.14	2:25.98
3.	Jesse Bruines	Batavia Swim	200402413 S8	2:30.35	+0,77	Q	282	605	34.63	1:12.77	1:52.46	2:30.35
4.	Lars Jacobsen	DWK	199705453 S14	2:15.53	+0,85	Q	385	562	30.62	1:05.26	1:40.82	2:15.53
5.	Thomas Braat	AZC	200802269 S14	2:17.50	+0,81	Q	368	538	30.48	1:04.76	1:41.28	2:17.50

Onder 18

1.	Giovanni Phillipson	Team NL - Team Noord Holl	200801099	1:49.38	+0,73	B	732		25.42	53.95	1:22.11	1:49.38
2.	Tobian Vos	ZPC AMERSFOORT	200900005	1:49.59	+0,67	B	728		25.48	53.67	1:22.05	1:49.59
3.	Siem de Zeeuw	Team NL - OZ&PC	200800013	1:51.39	+0,66	B	693		25.32	53.68	1:22.37	1:51.39
4.	Felbe van 't Land	ZPC AMERSFOORT	200900027	1:52.00	+0,71	B	682		25.50	54.29	1:23.42	1:52.00
5.	Giulian Janssen	PSV	200900125	1:52.31	+0,65	R	676		25.03	53.36	1:22.99	1:52.31
6.	Martijn Nies	PSV	200902095	1:52.73	+0,69		669		26.01	53.36	1:22.33	1:52.73
7.	Bram ter Braak	De Dinkel	200800281	1:54.81	+0,74		633		26.16	55.34	1:25.32	1:54.81
8.	Milan Veelders	ZPC AMERSFOORT	200800279	1:55.18	+0,79		627		27.06	56.57	1:25.73	1:55.18
9.	Xiaoyu Yin	Blue Marlins	200803363	1:56.97	+0,68		599		25.82	54.85	1:25.14	1:56.97
10.	Filip Piszczynski	KSN (SG)	200802125	1:57.08	+0,62		597		27.03	56.54	1:27.11	1:57.08
11.	Tim Boerefijn	WVZ	200802815	1:57.14	+0,72		596		26.36	55.89	1:26.04	1:57.14
12.	Juan Cruz Slappendel	Orca	200903053	1:57.19	+0,68		595		27.03	56.71	1:27.71	1:57.19
13.	Wessel van Dorst	Aqua-Novio'94	200900727	1:57.64	+0,65		588		26.54	56.57	1:27.71	1:57.64
14.	Timo Berghuis	DWK	200801991	1:57.67	+0,62		588		27.10	56.30	1:27.09	1:57.67
15.	Jaydey Schonewille	Steenwijk 1934	200800025	1:58.14	+0,74		581		26.75	56.25	1:27.24	1:58.14
16.	Bas Mostert	VZC	200800629	1:58.28	+0,65		579		26.85	56.55	1:27.95	1:58.28
17.	Xander Kragting	ZPC AMERSFOORT	200900077	1:58.63	+0,69		574		26.86	56.45	1:27.30	1:58.63
18.	Teun van Weeren	OZ&PC	200801145	1:59.03	+0,68		568		27.85	57.82	1:28.63	1:59.03
19.	Nout Folkersma	PSV	200800595	1:59.30	+0,65		564		26.68	57.11	1:27.95	1:59.30
20.	Liam Tjin Wong Joe	De Dolfijn	200804105	2:00.01	+0,65		554		28.33	59.04	1:29.83	2:00.01
21.	Bjorn Scholten	WS Twente	200801143	2:00.71	+0,82		545		27.44	57.73	1:29.06	2:00.71
22.	Brent Schifflers	ZPC Woerden	200902041	2:00.73	+0,67		544		27.48	57.70	1:29.21	2:00.73
23.	Steven Knol	De Dolfijn	200900543	2:00.98	+0,72		541		27.98	58.47	1:30.01	2:00.98
24.	Arjan Boogaard	Deltasteur	200800093	2:01.44	+0,53		535		27.60	57.38	1:29.05	2:01.44
25.	Daan Borst	NieMo Barracuda	200801435	2:02.65	+0,71		519		25.63	55.93	1:29.37	2:02.65
26.	Finn Eghuizen	HZ&PC Heerenveen	200900431	2:02.99	+0,62		515		26.80	56.78	1:29.10	2:02.99
27.	Youp Stuifzand	Deltasteur	200800521	2:03.36	+0,67		510		27.52	58.58	1:31.34	2:03.36
AFGEM	Dylano van Brussel	PSV	200901931									
AFGEM	Diede Veld	HZ&PC Heerenveen	200800011									

Onder 20

1.	Tiago Fonseca G.	Team NL - PSV	200703587	1:47.20	+0,61	A	778		24.72	51.07	1:18.52	1:47.20
2.	Boele Böhm	Blue Marlins	200700739	1:48.73	+0,62	A	745		24.81	52.14	1:20.43	1:48.73
3.	Nikodim Markovic	Albion	200700255	1:51.14	+0,52	B	698		25.27	53.23	1:21.77	1:51.14
4.	Bram Loots	Team NL - Team Noord Holl	200700197	1:53.49	+0,65		655		25.94	54.03	1:23.63	1:53.49
5.	Floris Tanis	Albion	200700005	1:55.60	+0,71		620		25.78	55.05	1:25.24	1:55.60
6.	Storm Tolsma	DZ&PC	200600277	1:56.22	+0,74		610		26.80	55.92	1:25.90	1:56.22
7.	Tijn Hilders	De Dolfijn	200700027	1:56.85	+0,74		601		26.61	56.13	1:27.00	1:56.85
8.	Ties Berghs	ZEPS	200700709	1:57.79	+0,73		586		26.82	56.24	1:26.95	1:57.79
9.	Denzel Barthen	WVZ	200700147	2:00.97	+0,75		541		26.83	56.69	1:28.67	2:00.97
AFGEM	Tiede Groener	PSV	200700155									
AFGEM	Tieme Wiersma	DZ&PC	200701031									
NG	Tim van Erven	DZ&PC	200700175									

B = Bonus inschrijving

Programmanr. 19, Heren, 200m vrije slag, Voorronde

senioren Open

1. Austin Namesnik	ZPC AMERSFOORT	200101817	1:45.91	+0,60	A	807	24.74	51.41	1:18.60	1:45.91
2. Koen Marsman	Team NL - ZPC AMERSFOO	200502763	1:46.93	+0,62	A	784	24.54	51.24	1:19.07	1:46.93
3. Tiago Fonseca G.	Team NL - PSV	200703587	1:47.20	+0,61	A	778	24.72	51.07	1:18.52	1:47.20
4. Luuk van Rooij	ZPC AMERSFOORT	200400581	1:47.32	+0,65	A	775	24.94	51.95	1:19.49	1:47.32
5. Lucas Peters	ZPC AMERSFOORT	200301325	1:47.47	+0,68	A	772	25.19	52.18	1:19.81	1:47.47
6. Hendrik van der L.	PSV	200404339	1:47.68	+0,67	A	767	24.97	51.85	1:19.60	1:47.68
7. Ivo Stolk	Albion	200100615	1:47.90	+0,70	A	763	24.86	51.92	1:19.66	1:47.90
8. Boele Böhm	Blue Marlins	200700739	1:48.73	+0,62	A	745	24.81	52.14	1:20.43	1:48.73
9. Raf Hendriks	Hellas-Glana	200100879	1:48.99	+0,70	B	740	25.19	52.41	1:20.53	1:48.99
10. Giovanni Phillipson	Team NL - Team Noord Holl	200801099	1:49.38	+0,73	B	732	25.42	53.95	1:22.11	1:49.38
11. Tobian Vos	ZPC AMERSFOORT	200900005	1:49.59	+0,67	B	728	25.48	53.67	1:22.05	1:49.59
12. Youri Voet	ZPC AMERSFOORT	200502269	1:49.61	+0,66	B	728	25.67	53.05	1:21.43	1:49.61
13. Nikodim Markovic	Albion	200700255	1:51.14	+0,52	B	698	25.27	53.23	1:21.77	1:51.14
14. Siem de Zeeuw	Team NL - OZ&PC	200800013	1:51.39	+0,66	B	693	25.32	53.68	1:22.37	1:51.39
15. Colin Bes	DZ&PC	200500201	1:51.89	+0,70	B	684	25.53	53.60	1:22.60	1:51.89
16. Felbe van 't Land	ZPC AMERSFOORT	200900027	1:52.00	+0,71	B	682	25.50	54.29	1:23.42	1:52.00
17. Wouter Zijlstra	HZ&PC Heerenveen	200401545	1:52.28	+0,63	R	677	25.38	53.90	1:22.91	1:52.28
18. Giulian Janssen	PSV	200900125	1:52.31	+0,65	R	676	25.03	53.36	1:22.99	1:52.31
19. Martijn Nies	PSV	200902095	1:52.73	+0,69		669	26.01	53.36	1:22.33	1:52.73
20. Bram Loots	Team NL - Team Noord Holl	200700197	1:53.49	+0,65		655	25.94	54.03	1:23.63	1:53.49
21. Rens Stijf	ZPC AMERSFOORT	200501419	1:53.70	+0,63		652	26.28	54.91	1:24.56	1:53.70
22. Bram ter Braak	De Dinkel	200800281	1:54.81	+0,74		633	26.16	55.34	1:25.32	1:54.81
23. Milan Veelders	ZPC AMERSFOORT	200800279	1:55.18	+0,79		627	27.06	56.57	1:25.73	1:55.18
24. Ronis van E.	DWK	200300043	1:55.19	+0,63		627	26.55	55.71	1:25.29	1:55.19
25. Floris Tanis	Albion	200700005	1:55.60	+0,71		620	25.78	55.05	1:25.24	1:55.60
26. Storm Tolsma	DZ&PC	200600277	1:56.22	+0,74		610	26.80	55.92	1:25.90	1:56.22
27. Tijn Hilders	De Dolfijn	200700027	1:56.85	+0,74		601	26.61	56.13	1:27.00	1:56.85
28. Xiaoyu Yin	Blue Marlins	200803363	1:56.97	+0,68		599	25.82	54.85	1:25.14	1:56.97
29. Filip Piszczynski	KSN (SG)	200802125	1:57.08	+0,62		597	27.03	56.54	1:27.11	1:57.08
30. Tim Boerefijn	WVZ	200802815	1:57.14	+0,72		596	26.36	55.89	1:26.04	1:57.14
31. Juan Cruz Slappendel	Orca	200903053	1:57.19	+0,68		595	27.03	56.71	1:27.71	1:57.19
32. Wessel van Dorst	Aqua-Novio'94	200900727	1:57.64	+0,65		588	26.54	56.57	1:27.71	1:57.64
33. Timo Berghuis	DWK	200801991	1:57.67	+0,62		588	27.10	56.30	1:27.09	1:57.67
34. Ties Berghs	ZEPS	200700709	1:57.79	+0,73		586	26.82	56.24	1:26.95	1:57.79
35. Jaydey Schonewille	Steenwijk 1934	200800025	1:58.14	+0,74		581	26.75	56.25	1:27.24	1:58.14
36. Bas Mostert	VZC	200800629	1:58.28	+0,65		579	26.85	56.55	1:27.95	1:58.28
37. Xander Kragting	ZPC AMERSFOORT	200900077	1:58.63	+0,69		574	26.86	56.45	1:27.30	1:58.63
38. Teun van Weeren	OZ&PC	200801145	1:59.03	+0,68		568	27.85	57.82	1:28.63	1:59.03
39. Nout Folkersma	PSV	200800595	1:59.30	+0,65		564	26.68	57.11	1:27.95	1:59.30
40. Liam Tjin Wong Joe	De Dolfijn	200804105	2:00.01	+0,65		554	28.33	59.04	1:29.83	2:00.01
41. Bjorn Scholten	WS Twente	200801143	2:00.71	+0,82		545	27.44	57.73	1:29.06	2:00.71
42. Brent Schifflers	ZPC Woerden	200902041	2:00.73	+0,67		544	27.48	57.70	1:29.21	2:00.73
43. Denzel Barthen	WVZ	200700147	2:00.97	+0,75		541	26.83	56.69	1:28.67	2:00.97
44. Steven Knol	De Dolfijn	200900543	2:00.98	+0,72		541	27.98	58.47	1:30.01	2:00.98
45. Arjan Boogaard	Deltasteur	200800093	2:01.44	+0,53		535	27.60	57.38	1:29.05	2:01.44
46. Daan Borst	NieMo Barracuda	200801435	2:02.65	+0,71		519	25.63	55.93	1:29.37	2:02.65
47. Finn Eghuizen	HZ&PC Heerenveen	200900431	2:02.99	+0,62		515	26.80	56.78	1:29.10	2:02.99
48. Youp Stuijzand	Deltasteur	200800521	2:03.36	+0,67		510	27.52	58.58	1:31.34	2:03.36
AFGEM Tiede Groener	PSV	200700155								
AFGEM Dylano van Brussel	PSV	200901931								
AFGEM Diede Veld	HZ&PC Heerenveen	200800011								
AFGEM Tieme Wiersma	DZ&PC	200701031								
NG Tim van Erven	DZ&PC	200700175								

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 20
20-12-2025 - 10:21

Dames, 100m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m
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PARA onder 16

1.	Gwyneth van der Spek	Batavia Swim	201102806	S7	1:33.39	+0,86	Q 155 404	45.23	1:33.39
2.	Jente Parlevliet	Noordwijkerhout	201003900	S14	1:22.49	+0,87	Q 226 350	39.27	1:22.49

PARA Open

1.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	1:07.50	+0,54	Q 412 893	31.93	1:07.50
2.	Milou van Winkel	WVZ	200402296	S14	1:09.77	+0,74	Q 373 579	31.81	1:09.77
3.	Aguila Dolsma	Blue Marlins	200603902	S14	1:12.73	+0,80	Q 329 511	34.97	1:12.73
4.	Gwyneth van der Spek	Batavia Swim	201102806	S7	1:33.39	+0,86	Q 155 404	45.23	1:33.39
5.	Jente Parlevliet	Noordwijkerhout	201003900	S14	1:22.49	+0,87	Q 226 350	39.27	1:22.49

Onder 18

1.	Jinthe Engelse	Team NL - Blue Marlins	200800204		54.68	+0,68	A 776	26.74	54.68
2.	Maaïke Ooms	ZPC AMERSFOORT	200801580		54.74	+0,66	A 773	26.64	54.74
3.	Ilse Rozema	Blue Marlins	200803318		56.30	+0,52	711	27.05	56.30
4.	Juliëtte Woltjes	VZC	200900774		56.96	+0,82	686	27.87	56.96
5.	Luus Gielen	PSV	200900138		57.47	+0,81	668	27.76	57.47
6.	Jade van der Schrier	AZC	200800692		57.76	+0,54	658	28.31	57.76
7.	Jazz-Lynn Gomes Delgado	Albion	200800738		58.30	+0,68	640	27.79	58.30
8.	Elin Ditewig	VZC	200900392		58.50	+0,69	633	28.06	58.50
9.	Fenna Westerneng	DZ&PC	200900070		58.63	+0,75	629	28.39	58.63
10.	Lotte Lübbers	KSN (SG)	200900190		58.70	+0,74	627	28.07	58.70
11.	Iris Boeters	Westland Swimming Stars	200900856		59.36	+0,67	606	28.34	59.36
12.	Yaëll Elmerink	ZPC De Hof	200900310		59.58	+0,79	599	28.70	59.58
13.	Tara Langkamp	Aqua-Novio'94	200900362		59.60	+0,74	599	28.62	59.60
14.	Jenny Muntinga	ZPCH	200900450		59.96	+0,65	588	28.72	59.96
15.	Senna Rijnbeek	ZPC AMERSFOORT	200901480		1:00.03	+0,82	586	28.91	1:00.03
16.	Liv Heijdra	Albion	200800736		1:00.04	+0,32	586	28.31	1:00.04
17.	Emma Steenbrink	OZ&PC	200901376		1:00.05		585	29.03	1:00.05
18.	Chiara Lammertink	ZPC AMERSFOORT	200902200		1:00.09	+0,76	584	29.03	1:00.09
19.	Anhelina Biletska	Nuenen	200804930		1:00.61	+0,68	569	28.85	1:00.61
20.	Kinley Cole	PSV	200903696		1:00.68	+0,65	567	28.94	1:00.68
21.	Karlijn van der Schrier	Hieronymus	200900834		1:01.03	+0,64	558	29.37	1:01.03
22.	Valerie Sakkers	Deltasteur	200800080		1:01.08	+0,71	556	29.36	1:01.08
23.	Elin Brinkhof	De Dolfijn	200900078		1:01.20	+0,75	553	29.63	1:01.20
24.	Jaydee Leenders	Aqua-Novio'94	200900112		1:01.26	+0,74	551	29.43	1:01.26
25.	Meyke v. Nimwegen	De Schotegil	200800106		1:01.33	+0,70	550	29.37	1:01.33
26.	Madeleine Bertram	De Dolfijn	200900516		1:01.38	+0,75	548	29.63	1:01.38
27.	Patricia de Leu	DAW	200900982		1:01.40	+0,59	548	29.12	1:01.40
28.	Hadewych Forschelen	MNC Dordrecht	200903572		1:01.49	+0,71	545	29.49	1:01.49
	Charlotte Landman	CWW	200901290		1:01.49	+0,71	545	29.42	1:01.49
30.	Flore Blok	OZ&PC	200804348		1:01.51	+0,70	545	29.81	1:01.51
31.	Bette Peetoom	DAW	200801808		1:01.62	+0,82	542	29.44	1:01.62
32.	Merel Bijl	Albion	200900762		1:01.64	+0,75	541	29.21	1:01.64
33.	Iris Papen	WWV Winterswijk	200802842		1:01.94	+0,84	533	30.14	1:01.94
34.	Puck van Wees	De Dolfijn	200901020		1:02.02	+0,61	531	29.90	1:02.02
35.	Daphne Dijsselhof	Dedemsvaart-AC	200901690		1:02.09	+0,78	530	30.29	1:02.09
36.	Fleur van den Eijk	Blue Marlins	200900304		1:02.26	+0,60	525	29.52	1:02.26
37.	Eleni Olympiou	PSV	200804924		1:02.56	+0,64	518	29.57	1:02.56
38.	Isis Verhoeff	ZPC AMERSFOORT	200902962		1:03.03	+0,72	506	29.60	1:03.03
39.	Emma Ketelaars	Hellas-Glana	200800354		1:03.04	+0,69	506	30.34	1:03.04
40.	Nienke Koster	ZPC Hoogeveen	200900612		1:03.25	+0,67	501	29.74	1:03.25
DIS	Megan Snoek	Team Noord Holland (SG)	200900888			AA			

AA - De start ingezet voor het startsignaal (en wel gezwommen).

AFGEM	Simone Faber	Deltasteur	200900710
NG	Bregje Dekkers	PSV	200900746

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 20, Meisjes, 100m vrije slag, Voorronde, Onder 18

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
NG	Esmaé de Gans	ZPC AMERSFOORT	200900134						
NG	Indira van Aggele	Albion	200804424						
NG	Violetta Pflug	Blue Marlins	200804704						

Onder 20

1.	Angelina Rolman	Team NL - PSV	200701972	54.58	+0,69	A	780	26.77	54.58
2.	Mare Schallenberg	Albion	200600078	55.11	+0,71	B	758	26.95	55.11
3.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	55.22	+0,78	B	753	26.66	55.22
4.	Sara Korthuis	DZ&PC	200600494	55.55	+0,73	B	740	26.74	55.55
5.	Megan Jonkman	Albion	200600508	55.80	+0,61	B	730	27.06	55.80
6.	Evy Rozeboom	Team NL - DAW	200601338	56.85	+0,76		690	27.55	56.85
7.	Hylcke de Beer	PSV	200700006	56.86	+0,70		690	27.04	56.86
8.	Charlotte Woltjes	VZC	200700110	58.22	+0,74		642	27.57	58.22
9.	Veerle de Ridder	HZ&PC Heerenveen	200700778	1:00.28	+0,68		579	29.01	1:00.28
10.	Zoë Prins	DAW	200603812	1:00.38	+0,71		576	29.16	1:00.38
11.	Vera Wassink	DZ&PC	200604976	1:01.53	+0,64		544	28.93	1:01.53

senioren Open

1.	Imani de Jong	Team NL - PSV	200200464	53.96	+0,70	A	807	26.27	53.96
2.	Britta Koehorst	WVZ	200300246	54.12	+0,64	A	800	25.71	54.12
3.	Yara van Kalmthout	PSV	200200984	54.18	+0,71	A	797	26.29	54.18
4.	Kim Busch	Team NL - PSV	199801450	54.38	+0,75	A	789	26.01	54.38
5.	Kirsten Verhale	PSV	200400210	54.48	+0,70	A	784	25.91	54.48
6.	Angelina Rolman	Team NL - PSV	200701972	54.58	+0,69	A	780	26.77	54.58
7.	Jinth Engelse	Team NL - Blue Marlins	200800204	54.68	+0,68	A	776	26.74	54.68
8.	Maaïke Ooms	ZPC AMERSFOORT	200801580	54.74	+0,66	A	773	26.64	54.74
9.	Mare Schallenberg	Albion	200600078	55.11	+0,71	B	758	26.95	55.11
10.	Elisabeth Timmer	Albion	200106446	55.12	+0,61	B	757	26.53	55.12
11.	Colinda van der Zanden	Aqua-Novio'94	200502618	55.13	+0,74	B	757	26.55	55.13
12.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	55.22	+0,78	B	753	26.66	55.22
13.	Sara Korthuis	DZ&PC	200600494	55.55	+0,73	B	740	26.74	55.55
14.	Yill van Bezouw	Hieronymus	201100704	55.58	+0,75	B	739	26.76	55.58
15.	Megan Jonkman	Albion	200600508	55.80	+0,61	B	730	27.06	55.80
16.	Elise Tanis	De Dolfijn	200200120	56.10	+0,70	B	718	26.85	56.10
17.	Zinke Delcommune	PSV	200505416	56.13	+0,54	R	717	26.81	56.13
18.	Hannah Huisman	De Dolfijn	201000002	56.14	+0,63	R	717	27.27	56.14
19.	Ilse Rozema	Blue Marlins	200803318	56.30	+0,52		711	27.05	56.30
20.	Marin Wieling	ZPC AMERSFOORT	200501220	56.61	+0,59		699	27.21	56.61
21.	Evy Rozeboom	Team NL - DAW	200601338	56.85	+0,76		690	27.55	56.85
22.	Hylcke de Beer	PSV	200700006	56.86	+0,70		690	27.04	56.86
23.	Juliëtte Woltjes	VZC	200900774	56.96	+0,82		686	27.87	56.96
24.	Luus Gielen	PSV	200900138	57.47	+0,81		668	27.76	57.47
25.	Michelle van Wijk	WWV Winterswijk	200204746	57.61 *	+0,72		663	28.02	57.61
26.	Anne Engbersen	Albion	201000044	57.64	+0,76		662	27.18	57.64
27.	Kinge Zandringa	De Dolfijn	199801422	57.73	+0,70		659	27.78	57.73
28.	Jade van der Schrier	AZC	200800692	57.76	+0,54		658	28.31	57.76
29.	Anne Fleur Willemsen	Azuro	199901396	57.79	+0,75		657	27.94	57.79
30.	Charlotte Woltjes	VZC	200700110	58.22	+0,74		642	27.57	58.22
	Anastasia Renssen	ACZ	200202588	58.22	+0,66		642	27.92	58.22
	Ilona Weisz	ZPC AMERSFOORT	201004146	58.22	+0,70		642	28.06	58.22
33.	Jazz-Lynn Gomes Delgado	Albion	200800738	58.30	+0,68		640	27.79	58.30
34.	Elin Ditewig	VZC	200900392	58.50	+0,69		633	28.06	58.50
35.	Fenna Westerneng	DZ&PC	200900070	58.63	+0,75		629	28.39	58.63
36.	Amber Hesper	NieMo Barracuda	200202188	58.70	+0,58		627	27.90	58.70
	Lotte Lübbers	KSN (SG)	200900190	58.70	+0,74		627	28.07	58.70
38.	Tamara Grove	De Dolfijn	199601266	58.88	+0,71		621	28.45	58.88
39.	Indy van Laarhoven	PSV	200500710	58.98			618	28.16	58.98
40.	Iris Boeters	Westland Swimming Stars	200900856	59.36	+0,67		606	28.34	59.36
41.	Faye Thijsse	WVZ	201001364	59.50	+0,76		602	28.05	59.50
42.	Yaell Elmerink	ZPC De Hof	200900310	59.58	+0,79		599	28.70	59.58
43.	Tara Langkamp	Aqua-Novio'94	200900362	59.60	+0,74		599	28.62	59.60

B = Bonus inschrijving

Programmanr. 20, Dames, 100m vrije slag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
44.	Maaïke Issard	DZ&PC	200300022	59.62	+0,73	598		28.74	59.62
45.	Jenny Muntinga	ZPCH	200900450	59.96	+0,65	588		28.72	59.96
46.	Senna Rijnbeek	ZPC AMERSFOORT	200901480	1:00.03	+0,82	586		28.91	1:00.03
47.	Liv Heijdra	Albion	200800736	1:00.04	+0,32	586		28.31	1:00.04
48.	Emma Steenbrink	OZ&PC	200901376	1:00.05		585		29.03	1:00.05
49.	Chiara Lammertink	ZPC AMERSFOORT	200902200	1:00.09	+0,76	584		29.03	1:00.09
50.	Malin Roozeboom	WVZ	201100006	1:00.14	+0,76	583		28.57	1:00.14
51.	Veerle de Ridder	HZ&PC Heerenveen	200700778	1:00.28	+0,68	579		29.01	1:00.28
52.	Zoë Prins	DAW	200603812	1:00.38	+0,71	576		29.16	1:00.38
53.	Anhelina Biletska	Nuenen	200804930	1:00.61	+0,68	569		28.85	1:00.61
54.	Kinley Cole	PSV	200903696	1:00.68	+0,65	567		28.94	1:00.68
55.	Britt Cornelissens	Hellas-Glana	200000632	1:00.70	+0,75	567		28.67	1:00.70
56.	Karlijn van der Schrier	Hieronymus	200900834	1:01.03	+0,64	558		29.37	1:01.03
57.	Valerie Sakkers	Deltasteur	200800080	1:01.08	+0,71	556		29.36	1:01.08
58.	Elin Brinkhof	De Dolfijn	200900078	1:01.20	+0,75	553		29.63	1:01.20
59.	Jaydee Leenders	Aqua-Novio'94	200900112	1:01.26	+0,74	551		29.43	1:01.26
60.	Meyke v. Nimwegen	De Schotelijl	200800106	1:01.33	+0,70	550		29.37	1:01.33
61.	Madeleine Bertram	De Dolfijn	200900516	1:01.38	+0,75	548		29.63	1:01.38
62.	Patricia de Leu	DAW	200900982	1:01.40	+0,59	548		29.12	1:01.40
63.	Hadewych Forschelen	MNC Dordrecht	200903572	1:01.49	+0,71	545		29.49	1:01.49
	Charlotte Landman	CWW	200901290	1:01.49	+0,71	545		29.42	1:01.49
65.	Flore Blok	OZ&PC	200804348	1:01.51	+0,70	545		29.81	1:01.51
66.	Vera Wassink	DZ&PC	200604976	1:01.53	+0,64	544		28.93	1:01.53
67.	Bette Peetoom	DAW	200801808	1:01.62	+0,82	542		29.44	1:01.62
68.	Merel Bijl	Albion	200900762	1:01.64	+0,75	541		29.21	1:01.64
69.	Iris Papen	WWV Winterswijk	200802842	1:01.94	+0,84	533		30.14	1:01.94
70.	Puck van Wees	De Dolfijn	200901020	1:02.02	+0,61	531		29.90	1:02.02
71.	Daphne Dijsselhof	Dedemsvaart-AC	200901690	1:02.09	+0,78	530		30.29	1:02.09
72.	Fleur van den Eijk	Blue Marlins	200900304	1:02.26	+0,60	525		29.52	1:02.26
73.	Eleni Olympiou	PSV	200804924	1:02.56	+0,64	518		29.57	1:02.56
74.	Isis Verhoeff	ZPC AMERSFOORT	200902962	1:03.03	+0,72	506		29.60	1:03.03
75.	Emma Ketelaars	Hellas-Glana	200800354	1:03.04	+0,69	506		30.34	1:03.04
76.	Nienke Koster	ZPC Hoozeveen	200900612	1:03.25	+0,67	501		29.74	1:03.25
DIS	Megan Snoek	Team Noord Holland (SG)	200900888			AA			

AA - De start ingezet voor het startsignaal (en wel gezwommen).

NG.ZA	Yke Groener	PSV	200500772
AFGEM	Sam van Nunen	Team NL - PSV	200100036
AFGEM	Simone Faber	Deltasteur	200900710
AFGEM	Lola Verheijen	PSV	201100832
NG	Bregje Dekkers	PSV	200900746
NG	Esmaë de Gans	ZPC AMERSFOORT	200900134
NG	Femke Spiering	ZPC AMERSFOORT	200204514
NG	Indira van Aggele	Albion	200804424
NG	Violetta Pflug	Blue Marlins	200804704

Programmanr. 21
20-12-2025 - 10:40

Heren, 200m schoolslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
Onder 18											
1. Wytse Broekstra	De Vikings	200800121	2:11.70	+0,68	A	759		29.24	1:02.41	1:36.72	2:11.70
2. Job Sportel	De Dinkel	200800429	2:18.53	+0,64	B	652		30.33	1:04.97	1:40.88	2:18.53
3. Luca Boorsma	De Dolfijn	200902031	2:22.22	+0,59		603		31.49	1:07.47	1:44.64	2:22.22
4. Rijk Leenders	VZC	200800627	2:22.93	+0,71		594		31.26	1:06.93	1:44.47	2:22.93
5. Ruben Baars	DWK	200900471	2:24.79	+0,61		571		30.85	1:07.10	1:45.45	2:24.79
6. Rens Noordover	Team Noord Holland (SG)	200800237	2:25.78	+0,70		559		33.22	1:10.46	1:48.16	2:25.78
7. Youp Stuifzand	Deltasteur	200800521	2:26.83	+0,55		548		32.31	1:09.56	1:48.64	2:26.83
8. Nout Folkersma	PSV	200800595	2:28.04	+0,67		534		32.44	1:09.88	1:48.96	2:28.04
9. Frits Hoeflaken	PSV	200804101	2:28.19	+0,66		533		32.70	1:10.11	1:48.89	2:28.19
10. Alexander Griston	De Dolfijn	200803053	2:28.78	+0,71		526		33.45	1:11.62	1:50.51	2:28.78
11. Finn Stamsnieder	OZ&PC	200900225	2:28.96	+0,80		524		33.15	1:11.43	1:50.00	2:28.96
12. Koen de Vries	De Reest	200802379	2:30.59	+0,70		508		33.41	1:11.74	1:51.52	2:30.59
13. Tristan Fredema	Blue Marlins	200903699	2:31.02	+0,64		503		33.17	1:11.25	1:50.72	2:31.02
14. Dani Yefimov	OZ&PC	200901305	2:32.19	+0,67		492		33.82	1:12.31	1:51.82	2:32.19
15. Thomas Nauta	Arethusa	200900339	2:32.38	+0,67		490		34.60	1:13.72	1:53.35	2:32.38
16. Lars de Kooter	De Biesboschzwemmers	200800185	2:33.82	+0,70		476		33.58	1:12.50	1:52.67	2:33.82
17. Brian Arturo B.	De Dolfijn	200901155	2:34.97	+0,51		466		34.61	1:13.25	1:52.50	2:34.97
18. Jonathan Baaijens	PSV	200800409	2:35.28	+0,65		463		34.08	1:12.90	1:53.54	2:35.28
19. Kobe Verhaegen	De Zilvermeeuw	200802609	2:35.35	+0,78		462		34.65	1:13.75	1:53.88	2:35.35
DIS Joris Willemse	Hellas-Glana	200801745				SK					

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Onder 20

1. Collin van der Hoff	Team NL - WVZ	200604357	2:13.41	+0,69	A	730		29.94	1:04.14	1:38.85	2:13.41
2. Storm Boxum	Team NL - DZ&PC	200700421	2:15.95	+0,68	A	690		29.56	1:03.65	1:38.99	2:15.95
3. Elias Soens	Blue Marlins	200604327	2:18.89	+0,71	B	647		30.47	1:05.17	1:41.15	2:18.89
4. Roan van der weide	Blue Marlins	200601629	2:19.69	+0,67	R	636		30.21	1:04.86	1:41.67	2:19.69
5. Jesse van der Meij	De Dolfijn	200600841	2:19.71	+0,63		636		30.94	1:06.90	1:43.42	2:19.71
6. Jasper Thijert	WS Twente	200700321	2:19.93	+0,71		633		31.82	1:07.22	1:43.35	2:19.93
7. Joshua Agussalim	WVZ	200600153	2:23.21	+0,68		590		31.47	1:07.55	1:44.97	2:23.21
8. Jesse Marijn T.	ZEPS	200602893	2:24.35	+0,65		576		30.54	1:05.56	1:43.27	2:24.35
9. Emiel de Bruijn	DZ&PC	200700953	2:25.24	+0,73		566		32.01	1:08.80	1:46.82	2:25.24
10. Storm Tolsma	DZ&PC	200600277	2:25.54	+0,77		562		33.00	1:09.76	1:47.66	2:25.54
11. Jetze de Vries	De Vikings	200602589	2:27.37	+0,64		542		32.03	1:09.33	1:48.33	2:27.37

senioren Open

1. Luca Janssen	Team NL - PSV	200403237	2:09.21	+0,74	A	804		29.28	1:01.67	1:34.79	2:09.21
2. Noah de Schryver	De Dolfijn	200105483	2:10.16	+0,66	A	786		29.74	1:03.04	1:37.63	2:10.16
3. Steijn Louter	Hieronimus	200500793	2:10.35	+0,72	A	783		29.54	1:02.54	1:36.27	2:10.35
4. Wytse Broekstra	De Vikings	200800121	2:11.70	+0,68	A	759		29.24	1:02.41	1:36.72	2:11.70
5. Thomas Jansen	Team NL - WVZ	200100143	2:13.15	+0,69	A	734		30.59	1:04.78	1:39.09	2:13.15
6. Collin van der Hoff	Team NL - WVZ	200604357	2:13.41	+0,69	A	730		29.94	1:04.14	1:38.85	2:13.41
7. Storm Boxum	Team NL - DZ&PC	200700421	2:15.95	+0,68	A	690		29.56	1:03.65	1:38.99	2:15.95
8. Joost de R.	Albion	200000255	2:17.11	+0,70	A	673		30.37	1:04.96	1:40.95	2:17.11
9. Jason van den Berg	Albion	200400009	2:17.29	+0,68	B	670		28.78	1:03.17	1:40.35	2:17.29
10. Floris Stork	DZ&PC	200305075	2:17.33	+0,69	B	669		31.62	1:07.21	1:42.35	2:17.33
11. Olivier Orban	PSV	200205177	2:17.38	+0,69	B	669		30.71	1:04.87	1:40.31	2:17.38
12. Scott Jansen	WVZ	200202455	2:17.59	+0,70	B	666		31.08	1:06.20	1:41.27	2:17.59
13. Martijn Velders	Aqua-Novio'94	199502619	2:18.13	+0,67	B	658		31.36	1:06.43	1:42.09	2:18.13
14. Thom Delno	VZC	200000013	2:18.34	+0,68	B	655		29.96	1:04.51	1:40.68	2:18.34
15. Job Sportel	De Dinkel	200800429	2:18.53	+0,64	B	652		30.33	1:04.97	1:40.88	2:18.53
16. Elias Soens	Blue Marlins	200604327	2:18.89	+0,71	B	647		30.47	1:05.17	1:41.15	2:18.89
17. Loek Huyghelier	Albion	200404903	2:19.35	+0,59	R	641		31.99	1:07.36	1:42.63	2:19.35
18. Roan van der weide	Blue Marlins	200601629	2:19.69	+0,67	R	636		30.21	1:04.86	1:41.67	2:19.69
19. Jesse van der Meij	De Dolfijn	200600841	2:19.71	+0,63		636		30.94	1:06.90	1:43.42	2:19.71

B = Bonus inschrijving

Programmanr. 21, Heren, 200m schoolslag, Voorronde, senioren Open

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
20. Jasper Thijert	WS Twente	200700321	2:19.93	+0,71	633		31.82	1:07.22	1:43.35	2:19.93
21. Lucas Douwma	ZPCH	200401337	2:20.23	+0,63	629		30.80	1:06.54	1:43.64	2:20.23
22. Guy Hungens	Tempo	200101697	2:21.45	+0,64	613		30.97	1:06.55	1:43.51	2:21.45
23. Niels Chrisstoffels	ZPC AMERSFOORT	200404807	2:21.81	+0,75	608		31.49	1:07.28	1:44.77	2:21.81
24. Luca Boorsma	De Dolfijn	200902031	2:22.22	+0,59	603		31.49	1:07.47	1:44.64	2:22.22
25. Nicko Kamphuis	ACZ	199900887	2:22.80	+0,50	595		31.66	1:08.22	1:45.92	2:22.80
26. Rijk Leenders	VZC	200800627	2:22.93	+0,71	594		31.26	1:06.93	1:44.47	2:22.93
27. Joshua Agussalim	WVZ	200600153	2:23.21	+0,68	590		31.47	1:07.55	1:44.97	2:23.21
28. Jesse Marijn T.	ZEPS	200602893	2:24.35	+0,65	576		30.54	1:05.56	1:43.27	2:24.35
29. Daan Hoogendoorn	ZPC Woerden	200500113	2:24.70	+0,66	572		32.08	1:08.85	1:46.75	2:24.70
30. Ruben Baars	DWK	200900471	2:24.79	+0,61	571		30.85	1:07.10	1:45.45	2:24.79
31. Emiel de Bruijn	DZ&PC	200700953	2:25.24	+0,73	566		32.01	1:08.80	1:46.82	2:25.24
32. Storm Tolsma	DZ&PC	200600277	2:25.54	+0,77	562		33.00	1:09.76	1:47.66	2:25.54
33. Rens Noordover	Team Noord Holland (SG)	200800237	2:25.78	+0,70	559		33.22	1:10.46	1:48.16	2:25.78
34. Youp Stuifzand	Deltasteur	200800521	2:26.83	+0,55	548		32.31	1:09.56	1:48.64	2:26.83
35. Jetze de Vries	De Vikings	200602589	2:27.37	+0,64	542		32.03	1:09.33	1:48.33	2:27.37
36. Nout Folkersma	PSV	200800595	2:28.04	+0,67	534		32.44	1:09.88	1:48.96	2:28.04
37. Frits Hoeflaken	PSV	200804101	2:28.19	+0,66	533		32.70	1:10.11	1:48.89	2:28.19
38. Alexander Griston	De Dolfijn	200803053	2:28.78	+0,71	526		33.45	1:11.62	1:50.51	2:28.78
39. Finn Stamsnieder	OZ&PC	200900225	2:28.96	+0,80	524		33.15	1:11.43	1:50.00	2:28.96
40. Koen de Vries	De Reest	200802379	2:30.59	+0,70	508		33.41	1:11.74	1:51.52	2:30.59
41. Tristan Fredema	Blue Marlins	200903699	2:31.02	+0,64	503		33.17	1:11.25	1:50.72	2:31.02
42. Dani Yefimov	OZ&PC	200901305	2:32.19	+0,67	492		33.82	1:12.31	1:51.82	2:32.19
43. Thomas Nauta	Arethusa	200900339	2:32.38	+0,67	490		34.60	1:13.72	1:53.35	2:32.38
44. Lars de Kooter	De Biesboschzwemmers	200800185	2:33.82	+0,70	476		33.58	1:12.50	1:52.67	2:33.82
45. Brian Arturo B.	De Dolfijn	200901155	2:34.97	+0,51	466		34.61	1:13.25	1:52.50	2:34.97
46. Jonathan Baaijens	PSV	200800409	2:35.28	+0,65	463		34.08	1:12.90	1:53.54	2:35.28
47. Kobe Verhaegen	De Zilvermeeuw	200802609	2:35.35	+0,78	462		34.65	1:13.75	1:53.88	2:35.35
DIS Joris Willemse	Hellas-Glana	200801745			SK					

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 22
20-12-2025 - 11:19

Dames, 200m vlinderslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
Onder 18											
1. Frouke Ludwig	DZ&PC	200800112	2:15.61	+0,73	A	681		30.29	1:03.86	1:38.97	2:15.61
2. Jasmine Vaartjes	Blue Marlins	200903658	2:16.58		A	666		29.77	1:04.02	1:39.88	2:16.58
3. Elin Ditewig	VZC	200900392	2:24.56	+0,70	A	562		31.18	1:07.59	1:46.27	2:24.56
4. Tess Vonk	De Geul	200900024	2:24.98	+0,65	B	557		31.47	1:07.93	1:46.48	2:24.98
5. Laura van Etten	HZ&PC Heerenveen	200800264	2:27.13	+0,67	B	533		31.18	1:07.82	1:47.00	2:27.13
6. Silke Hooghiemstra	HZ&PC Heerenveen	200901224	2:29.13	+0,69	B	512		31.73	1:08.77	1:48.47	2:29.13
7. Emmelien Smelt	ZVZ	200800012	2:30.05	+0,73	B	502		32.84	1:10.22	1:49.45	2:30.05
8. Violetta Pflug	Blue Marlins	200804704	2:30.83	+0,78	R	495		31.99	1:09.95	1:49.97	2:30.83
9. Fardau Cazemier	ZCNF'34	200901736	2:44.47	+0,75		381		35.03	1:16.37	2:00.58	2:44.47
10. Isis Verhoeff	ZPC AMERSFOORT	200902962	2:45.49	+0,77		374		34.95	1:16.24	2:00.16	2:45.49
AFGEM Hannah M.	ZPC De Hof	200803266									
NG Esmaé de Gans	ZPC AMERSFOORT	200900134									

Onder 20

1. Evy Rozeboom	Team NL - DAW	200601338	2:13.94	+0,78	A	706		29.73	1:04.15	1:39.33	2:13.94
2. Rhodee van den H.	De Duinkickers	200700090	2:16.48	+0,59	A	668		31.27	1:06.15	1:41.32	2:16.48
3. Noa Ottens	VZC	200702256	2:25.75		B	548		31.43	1:08.24	1:46.23	2:25.75
4. Marlies Dijsselhof	Dedemsvaart-AC	200601046	2:34.72	+0,76		458		31.93	1:11.53	1:53.14	2:34.72
5. Britt Colijn	New Wave Almere	200700544	2:35.13	+0,75		455		33.37	1:12.02	1:52.81	2:35.13
6. Eline Lutters	De Dinkel	200600322	2:36.08	+0,73		446		33.18	1:12.50	1:53.66	2:36.08

senioren Open

1. Tessa Giele	Albion	200203124	2:11.90	+0,69	A	740		28.70	1:02.27	1:36.96	2:11.90
2. Evy Rozeboom	Team NL - DAW	200601338	2:13.94	+0,78	A	706		29.73	1:04.15	1:39.33	2:13.94
3. Frouke Ludwig	DZ&PC	200800112	2:15.61	+0,73	A	681		30.29	1:03.86	1:38.97	2:15.61
4. Rhodee van den H.	De Duinkickers	200700090	2:16.48	+0,59	A	668		31.27	1:06.15	1:41.32	2:16.48
5. Jasmine Vaartjes	Blue Marlins	200903658	2:16.58		A	666		29.77	1:04.02	1:39.88	2:16.58
6. Marte Hieke van der K.	HZ&PC Heerenveen	200500218	2:16.97	+0,72	A	661		30.60	1:04.97	1:40.45	2:16.97
7. Alinda Dingshoff	De Dolfijn	200000928	2:17.14	+0,62	A	658		30.64	1:05.37	1:41.52	2:17.14
8. Elin Ditewig	VZC	200900392	2:24.56	+0,70	A	562		31.18	1:07.59	1:46.27	2:24.56
9. Ilona Weisz	ZPC AMERSFOORT	201004146	2:24.58	+0,57	B	562		31.84	1:07.69	1:45.62	2:24.58
10. Tess Vonk	De Geul	200900024	2:24.98	+0,65	B	557		31.47	1:07.93	1:46.48	2:24.98
11. Noa Ottens	VZC	200702256	2:25.75		B	548		31.43	1:08.24	1:46.23	2:25.75
12. Laura van Etten	HZ&PC Heerenveen	200800264	2:27.13	+0,67	B	533		31.18	1:07.82	1:47.00	2:27.13
13. Mia Hoeflaken	PSV	201004108	2:28.23	+0,65	B	521		32.88	1:10.80	1:49.46	2:28.23
14. Silke Hooghiemstra	HZ&PC Heerenveen	200901224	2:29.13	+0,69	B	512		31.73	1:08.77	1:48.47	2:29.13
15. Emmelien Smelt	ZVZ	200800012	2:30.05	+0,73	B	502		32.84	1:10.22	1:49.45	2:30.05
16. Mariska Scheel	ACZ	199306344	2:30.11		B	502		33.21	1:10.61	1:49.37	2:30.11
17. Famke Irvine	ZPC AMERSFOORT	200501724	2:30.22	+0,79	R	501		31.64	1:08.61	1:48.24	2:30.22
18. Violetta Pflug	Blue Marlins	200804704	2:30.83	+0,78	R	495		31.99	1:09.95	1:49.97	2:30.83
19. Selene Wortel	Hieronimus	199700654	2:31.71	+0,71		486		32.09	1:09.82	1:50.00	2:31.71
20. Esra Simon	Hellas-Glana	201100004	2:32.56	+0,75		478		34.89	1:13.25	1:52.95	2:32.56
21. Angelique van Vark	GZC DONK	199701478	2:32.83	+0,55		475		32.89	1:12.14	1:52.55	2:32.83
22. Marlies Dijsselhof	Dedemsvaart-AC	200601046	2:34.72	+0,76		458		31.93	1:11.53	1:53.14	2:34.72
23. Britt Colijn	New Wave Almere	200700544	2:35.13	+0,75		455		33.37	1:12.02	1:52.81	2:35.13
24. Eline Lutters	De Dinkel	200600322	2:36.08	+0,73		446		33.18	1:12.50	1:53.66	2:36.08
25. Fardau Cazemier	ZCNF'34	200901736	2:44.47	+0,75		381		35.03	1:16.37	2:00.58	2:44.47
26. Isis Verhoeff	ZPC AMERSFOORT	200902962	2:45.49	+0,77		374		34.95	1:16.24	2:00.16	2:45.49
27. Florianne Bultje	TeamNL PARA - Team Noo	199804342ES9	2:54.56	+0,77		319 613		33.26	1:14.41	2:02.29	2:54.56
AFGEM Hannah M.	ZPC De Hof	200803266									
NG Esmaé de Gans	ZPC AMERSFOORT	200900134									

B = Bonus inschrijving

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Heren, 50m rugslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging			tijd	RT	FINA	para	
PARA onder 18									
1.	Thomas Braat	AZC	200802269	S14	34.25	+0,91	Q	269	513
2.	Cheng Van Vondel	KSN (SG)	200902673	S9	38.31	+0,57	Q	192	401
PARA Open									
1.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473	S13	27.58	+0,62	Q	515	899
2.	Thomas Braat	AZC	200802269	S14	34.25	+0,91	Q	269	513
3.	Jesse Bruines	Batavia Swim	200402413	S8	40.13	+0,87	Q	167	434
4.	Cheng Van Vondel	KSN (SG)	200902673	S9	38.31	+0,57	Q	192	401
NG	Marc Evers	De Dolfijn	199107425	S14					

Onder 18

1.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099		24.42	+0,62	A	742	
	<i>Nederlands Junior Record</i>								
2.	Vanja Kvočka	Hellas-Glana	200904007		25.30	+0,58	B	667	
3.	Luca Boorsma	De Dolfijn	200902031		25.89 *	+0,56	B	622	
4.	Mattia Maggio	Hellas-Glana	200903311		26.34	+0,59		591	
5.	Willem Weustink	Team Noord Holland (SG)	200800109		27.03	+0,63		547	
6.	Feddo Smink	ZPC AMERSFOORT	200900007		27.17	+0,68		538	
7.	Jaydey Schonewille	Steenwijk 1934	200800025		27.31	+0,70		530	
8.	Rian Schoneveld	De Berkelduikers	200801789		27.33	+0,57		529	
	Tibbe Quist	KONAZ 1870	200801359		27.33	+0,65		529	
10.	Tim Boerefijn	WVZ	200802815		27.47	+0,68		521	
11.	Adriaan Coppelmans	AZC	200903243		27.52	+0,56		518	
12.	Rein Stoel	ZVL-1886	200800463		27.57	+0,60		515	
13.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187		27.85	+0,61		500	
14.	Duuk Harms	Dedemsvaart-AC	200900201		27.86	+0,60		499	
15.	Niek Sonneveld	WVZ	200802631		28.22	+0,63		480	
	Colin Beuker	ZPC Hoogetveen	200802023		28.22	+0,71		480	
17.	Aditya Winterberg	Blue Marlins	200800953	S15	28.24	+0,67		479	
18.	Ivo Bot	Wiekslag	200900509		28.31	+0,66		476	
19.	Tim Brouwer	Aqua-Novio'94	200800989		28.32	+0,69		475	
20.	Rijk Leenders	VZC	200800627		28.33	+0,62		475	
21.	Floris van der Valk	Wiekslag	200801891		28.43 *	+0,65		470	
22.	Alex Woe	Poseidon'56	200801393		28.51	+0,58		466	
23.	Fabian Riedijk	Blue Marlins	200800603		28.52	+0,69		465	
24.	Brent Schiffers	ZPC Woerden	200902041		28.53	+0,69		465	
25.	Jelmer Miedema	De Gooische (SG)	200800467		28.54	+0,71		464	
26.	Tom Beishuizen	PSV	200804087		28.79	+0,62		452	
27.	Giano Spoor	Aquapoldro	200900655		28.80	+0,75		452	
28.	Enna Lamers	ZV Overbetuwe	200800899		28.82	+0,68		451	
29.	Finn Hilders	De Dolfijn	200900283		28.84	+0,74		450	
30.	Delano van der Wegen	Hieronymus	200801941		28.96	+0,62		445	
31.	Mart Tempelman	Dedemsvaart-AC	200801075		29.02	+0,70		442	
32.	Arthur Alberts	ZVZ	200900239		29.29	+0,53		430	
33.	Avery Arrindell	ACZ	200902655		29.47	+0,60		422	
34.	Arjan Boogaard	Deltasteur	200800093		29.69	+0,69		412	
35.	Damir Mustafic	DZ&PC	200800885		29.96	+0,64		401	
36.	Thomas Braat	AZC	200802269	S14	34.25	+0,91	Q	269	513
37.	Lars Schade van Westrum	GoSwim	200800933		35.08	+0,62		250	
38.	Cheng Van Vondel	KSN (SG)	200902673	S9	38.31	+0,57	Q	192	401
AFGEM	Wessel van Dorst	Aqua-Novio'94	200900727						
NG	Sverre van der Zwaan	WVZ	200900737						

B = Bonus inschrijving

Programmanr. 23, Heren, 50m rugslag, Voorronde

Onder 20

1.	Tiago Fonseca Gomes	Team NL - PSV	200703587	24.52	+0,62	A	733
2.	Marcel Hofstede	Blue Marlins	200603931	24.91	+0,62	A	699
3.	Tiamo van der Veen	Dedemsvaart-AC	200600033	25.82	+0,58	B	627
4.	Niek Issard	DZ&PC	200700037	26.08	+0,69	R	609
5.	Sam Adams	De Dolfijn	200704081	26.09	+0,64	R	608
6.	Lars Bulman	Albion	200600125	26.21	+0,69		600
7.	Jisse Lousma	WVZ	200701493	26.27	+0,50		596
8.	Lars Heddema	Steenwijk 1934	200603697	26.86	+0,68		557
9.	Tijs Kruithof	PSV	200701181	26.87	+0,55		557
10.	Thom de Hoog	Albion	200600019	27.04	+0,64		546
11.	Quinten B.	TriVia	200700001	27.44	+0,61		523
12.	Odo McCarthy	ZV Overbetuwe	200700307	28.43	+0,57		470
13.	Lars ten Katen	DWK	200600959	28.74	+0,68		455

senioren Open

1.	Giovanni Phillipson <i>Nederlands Junior Record</i>	Team NL - Team Noord Holland	200801099	24.42	+0,62	A	742
2.	Tiago Fonseca Gomes	Team NL - PSV	200703587	24.52	+0,62	A	733
3.	Luuk Smits	Nuenen	200001015	24.71	+0,60	A	716
4.	Ensger Kotterink	Albion	199403391	24.78	+0,54	A	710
5.	Raf Hendriks	Hellas-Glana	200100879	24.80	+0,61	A	708
6.	Marcel Hofstede	Blue Marlins	200603931	24.91	+0,62	A	699
7.	Sean Niewold	Albion	200204699	24.98	+0,62	A	693
8.	Brandon van den Berg	Albion	200200669	24.99	+0,71	A	692
9.	Jelle Betten	DZ&PC	200001535	25.28	+0,64	B	669
10.	Vanja Kvočka	Hellas-Glana	200904007	25.30	+0,58	B	667
11.	Lars Minnaert	PSV	200502355	25.36	+0,52	B	662
12.	Luuk van Rooij	ZPC AMERSFOORT	200400581	25.44	+0,61	B	656
13.	Simon Claasen	ZPC AMERSFOORT	200400231	25.46	+0,69	B	654
14.	Bjarne van Oord	De Dolfijn	200105101	25.54	+0,58	B	648
15.	Tiamo van der Veen	Dedemsvaart-AC	200600033	25.82	+0,58	B	627
16.	Luca Boorsma	De Dolfijn	200902031	25.89 *	+0,56	B	622
17.	Niek Issard	DZ&PC	200700037	26.08	+0,69	R	609
18.	Sam Adams	De Dolfijn	200704081	26.09	+0,64	R	608
19.	Rick van Hamond	Zegenwerp	199205873	26.11	+0,55		607
20.	Patriks Francis Pone	De Dolfijn	200504577	26.14	+0,73		605
	Max Peters	Nuenen	199903123	26.14	+0,58		605
22.	Lars Bulman	Albion	200600125	26.21	+0,69		600
23.	Niek Heethaar	DWK	199900999	26.22	+0,62		599
24.	Jisse Lousma	WVZ	200701493	26.27	+0,50		596
25.	Kalle van Gemert	ZPC De Zeeuwse Kust	199801259	26.31	+0,55		593
26.	Michael Smink	Albion	200302169	26.32	+0,64		592
27.	Sjoerd van Weelden	Albion	200101217	26.33	+0,63		592
28.	Mattia Maggio	Hellas-Glana	200903311	26.34	+0,59		591
29.	Lars Heddema	Steenwijk 1934	200603697	26.86	+0,68		557
30.	Tijs Kruithof	PSV	200701181	26.87	+0,55		557
31.	Wendell Zinhagel	Blue Marlins	200005739	26.89	+0,60		555
32.	Willem Weustink	Team Noord Holland (SG)	200800109	27.03	+0,63		547
33.	Daan Hogerhuis	De Columbiaan	200300317	27.04	+0,62		546
	Thom de Hoog	Albion	200600019	27.04	+0,64		546
	Yassine Mellah	Albion	200502159	27.04	+0,54		546
36.	Luuk Ruinemans	De Dinkel	200301085	27.10	+0,68		543
37.	Feddo Smink	ZPC AMERSFOORT	200900007	27.17	+0,68		538
38.	Jeroen Baars	NieMo Barracuda	199200031	27.18	+0,74		538
39.	Arjan Dekker	Bubble	200000499	27.27	+0,56		532
40.	Jaydey Schonewille	Steenwijk 1934	200800025	27.31	+0,70		530
41.	Rian Schoneveld	De Berkelduikers	200801789	27.33	+0,57		529
	Tibbe Quist	KONAZ 1870	200801359	27.33	+0,65		529
43.	Kia Afzali	De Vikings	200305145	27.37	+0,62		527
44.	Quinten B.	TriVia	200700001	27.44	+0,61		523
45.	Sander Iuga	Albion	200101389	27.46	+0,55		521

B = Bonus inschrijving

Programmanr. 23, Heren, 50m rugslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
46.	Tim Boerefijn	WVZ	200802815	27.47	+0,68	521	
47.	Adriaan Coppelmans	AZC	200903243	27.52	+0,56	518	
48.	Rein Stoel	ZVL-1886	200800463	27.57	+0,60	515	
49.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187	27.85	+0,61	500	
50.	Duuk Harms	Dedemsvaart-AC	200900201	27.86	+0,60	499	
51.	Niek Sonneveld	WVZ	200802631	28.22	+0,63	480	
	Colin Beuker	ZPC Hoogeveen	200802023	28.22	+0,71	480	
53.	Ivo Bot	Wiekslag	200900509	28.31	+0,66	476	
54.	Tim Brouwer	Aqua-Novio'94	200800989	28.32	+0,69	475	
55.	Rijk Leenders	VZC	200800627	28.33	+0,62	475	
56.	Odo McCarthy	ZV Overbetuwe	200700307	28.43	+0,57	470	
	Floris van der Valk	Wiekslag	200801891	28.43 *	+0,65	470	
58.	Alex Woe	Poseidon'56	200801393	28.51	+0,58	466	
59.	Fabian Riedijk	Blue Marlins	200800603	28.52	+0,69	465	
60.	Brent Schiffers	ZPC Woerden	200902041	28.53	+0,69	465	
61.	Jelmer Miedema	De Gooische (SG)	200800467	28.54	+0,71	464	
62.	Lars ten Katen	DWK	200600959	28.74	+0,68	455	
63.	Tom Beishuizen	PSV	200804087	28.79	+0,62	452	
64.	Giano Spoor	Aquapoldro	200900655	28.80	+0,75	452	
65.	Enna Lamers	ZV Overbetuwe	200800899	28.82	+0,68	451	
66.	Finn Hilders	De Dolfijn	200900283	28.84	+0,74	450	
67.	Delano van der Wegen	Hieronymus	200801941	28.96	+0,62	445	
68.	Mart Tempelman	Dedemsvaart-AC	200801075	29.02	+0,70	442	
69.	Arthur Alberts	ZVZ	200900239	29.29	+0,53	430	
70.	Avery Arrindell	ACZ	200902655	29.47	+0,60	422	
71.	Arjan Boogaard	Deltasteur	200800093	29.69	+0,69	412	
72.	Damir Mustafic	DZ&PC	200800885	29.96	+0,64	401	
73.	Lars Schade van Westrum	GoSwim	200800933	35.08	+0,62	250	
AFGEM	Wessel van Dorst	Aqua-Novio'94	200900727				
NG	Sverre van der Zwaan	WVZ	200900737				

B = Bonus inschrijving

Programmanr. 24
20-12-2025 - 11:45

Dames, 200m wisselslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m	150m	200m
PARA onder 16										
1. Jente Parlevliet	Noordwijkerhout	201003900 SM143:11.65	+0,80	Q	255	393	44.27	1:33.38	2:27.45	3:11.65
PARA Open										
1. Amber van der Kruk	MSV-Zeemacht	200102730 SM142:39.41	+0,84	Q	444	683	36.96	1:15.80	2:04.08	2:39.41
2. Suzie Pellis	TeamNL PARA - De Krabbe	200701600 SM9 2:49.24	+0,73	Q	371	654	36.96	1:20.46	2:09.24	2:49.24
3. Jente Parlevliet	Noordwijkerhout	201003900 SM143:11.65	+0,80	Q	255	393	44.27	1:33.38	2:27.45	3:11.65
Onder 18										
1. Dachen Haaijer	ZPC Hoogeveen	200800380	2:15.06	+0,78	A	730	29.26	1:03.62	1:43.28	2:15.06
2. Fay Boxum	DZ&PC	200900060	2:17.54	+0,60	A	691	29.66	1:03.76	1:44.90	2:17.54
3. Frouke Ludwig	DZ&PC	200800112	2:20.92	+0,72	B	642	29.76	1:05.93	1:48.41	2:20.92
4. Esmee Mulder	DZ&PC	200800038	2:23.21	+0,68	B	612	31.33	1:08.47	1:49.61	2:23.21
5. Meyke v. Nimwegen	De Schoteijl	200800106	2:24.65	+0,72	R	594	31.22	1:07.32	1:49.92	2:24.65
6. Myrthe Stelten	Hellas-Glana	200900234	2:24.95	+0,75	R	590	31.70	1:08.55	1:49.87	2:24.95
7. Luus Gielens	PSV	200900138	2:26.08	+0,84		577	30.98	1:08.75	1:52.79	2:26.08
8. Yaell Elmerink	ZPC De Hof	200900310	2:26.58	+0,76		571	31.89	1:10.40	1:52.14	2:26.58
9. Lotte Lübbers	KSN (SG)	200900190	2:26.64			570	31.35	1:09.18	1:52.80	2:26.64
10. Rixt Rothschild	ZPC Hoogeveen	200900026	2:27.77	+0,74		557	32.70	1:10.66	1:53.31	2:27.77
11. Roselie ter Borg	ZCNF'34	200804880	2:29.40	+0,78		539	30.86	1:10.13	1:53.22	2:29.40
12. Juliette Woltjes	VZC	200900774	2:29.61	+0,61		537	30.51	1:09.16	1:55.11	2:29.61
13. Fenna Westerneng	DZ&PC	200900070	2:30.18	+0,57		531	32.58	1:11.62	1:56.27	2:30.18
14. Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	2:30.27	+0,79		530	32.72	1:12.93	1:55.41	2:30.27
15. Lotte Blanken	SBC2000	200801476	2:31.01	+0,75		522	33.49	1:13.10	1:56.11	2:31.01
16. Yara van Asselen	De Dolfijn	200900408	2:31.71	+0,70		515	32.79	1:12.17	1:56.38	2:31.71
17. Flore Blok	OZ&PC	200804348	2:32.80	+0,69		504	32.69	1:11.79	1:56.09	2:32.80
18. Elin Brinkhof	De Dolfijn	200900078	2:34.33	+0,75		489	30.91	1:11.69	1:58.91	2:34.33
19. Niobe Maduro	Aqua-Novio'94	200800378	2:34.37	+0,77		489	31.40	1:11.12	1:55.54	2:34.37

Onder 20

1. Mare Schallenberg	Albion	200600078	2:14.62	+0,72	A	737	30.33	1:05.83	1:44.03	2:14.62
2. Rafaela Mulders	Team Noord Holland (SG)	200701398	2:17.63	+0,53	A	690	30.31	1:07.10	1:45.70	2:17.63
3. Djanilla Brink	Team NL - De Dolfijn	200600988	2:18.14	+0,63	A	682	30.44	1:07.28	1:45.23	2:18.14
4. Annique Rupke	WVZ	200700876	2:22.62	+0,74	B	620	30.66	1:07.05	1:48.37	2:22.62
5. Isa Jansen	SBC2000	200701176	2:26.08	+0,72		577	31.17	1:08.53	1:51.48	2:26.08
6. Lyke Bellert	Octopus-ZVV (SG)	200701424	2:28.17	+0,76		553	31.62	1:08.58	1:52.52	2:28.17
7. Barbara Broekhuis	PSV	200700880	2:29.48			538	32.71	1:11.64	1:54.48	2:29.48
DIS Rhodée van den H.	De Duinkickers	200700090			RH					
RH - Het eindpunt niet in rugligging aangeraakt.										
NG Eefje Irvine	De Dolfijn	200700164								

senioren Open

1. Kirsten Verhalle	PSV	200400210	2:13.55	+0,72	A	755	28.46	1:01.92	1:41.69	2:13.55
2. Mare Schallenberg	Albion	200600078	2:14.62	+0,72	A	737	30.33	1:05.83	1:44.03	2:14.62
3. Dachen Haaijer	ZPC Hoogeveen	200800380	2:15.06	+0,78	A	730	29.26	1:03.62	1:43.28	2:15.06
4. Zinke Delcommune	PSV	200505416	2:16.93	+0,69	A	700	29.53	1:05.32	1:43.84	2:16.93
5. Yill van Bezouw	Hieronimus	201100704	2:17.53	+0,62	A	691	29.26	1:03.93	1:44.70	2:17.53
6. Fay Boxum	DZ&PC	200900060	2:17.54	+0,60	A	691	29.66	1:03.76	1:44.90	2:17.54
7. Rafaela Mulders	Team Noord Holland (SG)	200701398	2:17.63	+0,53	A	690	30.31	1:07.10	1:45.70	2:17.63
8. Djanilla Brink	Team NL - De Dolfijn	200600988	2:18.14	+0,63	A	682	30.44	1:07.28	1:45.23	2:18.14
9. Nikita van den O.	Nuenen	199900622	2:20.01	+0,59	B	655	30.04	1:05.13	1:46.56	2:20.01
10. Lynn Blommers	Blue Marlins	200105062	2:20.19	+0,70	B	653	30.80	1:08.57	1:47.99	2:20.19
11. Frouke Ludwig	DZ&PC	200800112	2:20.92	+0,72	B	642	29.76	1:05.93	1:48.41	2:20.92
12. Jill Nai Chung Tong	WVZ	200404272	2:21.19	+0,71	B	639	29.70	1:05.43	1:46.96	2:21.19

B = Bonus inschrijving

Programmanr. 24, Dames, 200m wisselslag, Voorronde, senioren Open

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
13. Ismay Lichtendonk	HZ&PC Heerenveen	200400622	2:21.82	+0,66	B	630		30.33	1:06.53	1:47.36	2:21.82
14. Annique Rupke	WVZ	200700876	2:22.62	+0,74	B	620		30.66	1:07.05	1:48.37	2:22.62
15. Esmee Mulder	DZ&PC	200800038	2:23.21	+0,68	B	612		31.33	1:08.47	1:49.61	2:23.21
16. Robin Goossens	Nuenen	200003128	2:23.39	+0,83	B	610		31.72	1:08.44	1:48.61	2:23.39
17. Meyke v. Nimwegen	De Schoteijl	200800106	2:24.65	+0,72	R	594		31.22	1:07.32	1:49.92	2:24.65
18. Myrthe Stelten	Hellas-Glana	200900234	2:24.95	+0,75	R	590		31.70	1:08.55	1:49.87	2:24.95
19. Isa Jansen	SBC2000	200701176	2:26.08	+0,72		577		31.17	1:08.53	1:51.48	2:26.08
Luus Gielens	PSV	200900138	2:26.08	+0,84		577		30.98	1:08.75	1:52.79	2:26.08
21. Yaell Elmerink	ZPC De Hof	200900310	2:26.58	+0,76		571		31.89	1:10.40	1:52.14	2:26.58
22. Lotte Lübbers	KSN (SG)	200900190	2:26.64			570		31.35	1:09.18	1:52.80	2:26.64
23. Rixt Rothschild	ZPC Hoogeveen	200900026	2:27.77	+0,74		557		32.70	1:10.66	1:53.31	2:27.77
24. Lyke Bellert	Octopus-ZVV (SG)	200701424	2:28.17	+0,76		553		31.62	1:08.58	1:52.52	2:28.17
25. Roselie ter Borg	ZCNF'34	200804880	2:29.40	+0,78		539		30.86	1:10.13	1:53.22	2:29.40
26. Barbara Broekhuis	PSV	200700880	2:29.48			538		32.71	1:11.64	1:54.48	2:29.48
27. Juliëtte Woltjes	VZC	200900774	2:29.61	+0,61		537		30.51	1:09.16	1:55.11	2:29.61
28. Fenna Westerneng	DZ&PC	200900070	2:30.18	+0,57		531		32.58	1:11.62	1:56.27	2:30.18
29. Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	2:30.27	+0,79		530		32.72	1:12.93	1:55.41	2:30.27
30. Lotte Blanken	SBC2000	200801476	2:31.01	+0,75		522		33.49	1:13.10	1:56.11	2:31.01
31. Yara van Asselen	De Dolfijn	200900408	2:31.71	+0,70		515		32.79	1:12.17	1:56.38	2:31.71
32. Flore Blok	OZ&PC	200804348	2:32.80	+0,69		504		32.69	1:11.79	1:56.09	2:32.80
33. Elin Brinkhof	De Dolfijn	200900078	2:34.33	+0,75		489		30.91	1:11.69	1:58.91	2:34.33
34. Niobe Maduro	Aqua-Novio'94	200800378	2:34.37	+0,77		489		31.40	1:11.12	1:55.54	2:34.37
DIS Rhodée van den H.	De Duinkickers	200700090					RH				
<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>											
AFGEM Lotte Hosper	Team NL - Blue Marlins	200201414									
NG Eefje Irvine	De Dolfijn	200700164									

B = Bonus inschrijving

Programmanr. 25
20-12-2025 - 12:02

Heren, 400m wisselslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
Onder 18						
1.	Wytse Broekstra	De Vikings	200800121	4:24.96	+0,71 A	695
	50m: 28.56	28.56 150m: 1:37.52	35.02 250m: 2:47.49	35.34 350m: 3:54.50		30.85
	100m: 1:02.50	33.94 200m: 2:12.15	34.63 300m: 3:23.65	36.16 400m: 4:24.96		30.46
2.	Diede Veld	HZ&PC Heerenveen	200800011	4:28.50	+0,74 A	668
	50m: 27.74	27.74 150m: 1:35.38	35.44 250m: 2:49.60	38.92 350m: 3:59.09		29.68
	100m: 59.94	32.20 200m: 2:10.68	35.30 300m: 3:29.41	39.81 400m: 4:28.50		29.41
3.	Yarno van Dam	ACZ	200800115	4:29.52	+0,71 A	661
	50m: 28.10	28.10 150m: 1:34.09	33.51 250m: 2:47.45	39.81 350m: 3:58.87		30.97
	100m: 1:00.58	32.48 200m: 2:07.64	33.55 300m: 3:27.90	40.45 400m: 4:29.52		30.65
4.	Stefan van der Meer	VZC	200901361	4:34.19	+0,66 B	628
	50m: 28.58	28.58 150m: 1:38.16	35.35 250m: 2:51.94	39.31 350m: 4:03.31		32.07
	100m: 1:02.81	34.23 200m: 2:12.63	34.47 300m: 3:31.24	39.30 400m: 4:34.19		30.88
5.	Jelte de Jong	ZPCH	200900975	4:38.23	+0,75 B	601
	50m: 29.57	29.57 150m: 1:39.69	35.85 250m: 2:55.84	40.53 350m: 4:07.59		31.17
	100m: 1:03.84	34.27 200m: 2:15.31	35.62 300m: 3:36.42	40.58 400m: 4:38.23		30.64
6.	Daniel Wegman	ZPCH	200802843	4:40.28	+0,65 B	587
	50m: 29.28	29.28 150m: 1:39.21	36.48 250m: 2:56.27	40.57 350m: 4:10.23		32.61
	100m: 1:02.73	33.45 200m: 2:15.70	36.49 300m: 3:37.62	41.35 400m: 4:40.28		30.05
7.	Sverre van der Zwaan	WVZ	200900737	4:45.66	+0,70	555
	50m: 30.09	30.09 150m: 1:40.89	34.64 250m: 2:58.24	42.76 350m: 4:14.72		33.23
	100m: 1:06.25	36.16 200m: 2:15.48	34.59 300m: 3:41.49	43.25 400m: 4:45.66		30.94
8.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	4:45.76	+0,54	554
	50m: 28.38	28.38 150m: 1:41.26	36.84 250m: 2:58.66	40.87 350m: 4:13.77		32.99
	100m: 1:04.42	36.04 200m: 2:17.79	36.53 300m: 3:40.78	42.12 400m: 4:45.76		31.99
9.	Finn Stamsnieder	OZ&PC	200900225	4:45.82	+0,79	554
	50m: 30.16	30.16 150m: 1:42.59	36.59 250m: 3:00.10	41.48 350m: 4:14.43		32.70
	100m: 1:06.00	35.84 200m: 2:18.62	36.03 300m: 3:41.73	41.63 400m: 4:45.82		31.39
10.	Teun van Weeren	OZ&PC	200801145	4:48.17	+0,70	541
	50m: 30.47	30.47 150m: 1:43.21	37.82 250m: 3:02.59	42.08 350m: 4:17.66		32.85
	100m: 1:05.39	34.92 200m: 2:20.51	37.30 300m: 3:44.81	42.22 400m: 4:48.17		30.51
11.	Koen de Vries	De Reest	200802379	4:50.70	+0,73	527
	50m: 29.92	29.92 150m: 1:44.15	38.88 250m: 3:03.32	40.81 350m: 4:18.16		33.87
	100m: 1:05.27	35.35 200m: 2:22.51	38.36 300m: 3:44.29	40.97 400m: 4:50.70		32.54
12.	Xander Kragting	ZPC AMERSFOORT	200900077	4:50.80	+0,73	526
	50m: 29.25	29.25 150m: 1:41.33	37.33 250m: 3:00.83	43.50 350m: 4:18.73		33.93
	100m: 1:04.00	34.75 200m: 2:17.33	36.00 300m: 3:44.80	43.97 400m: 4:50.80		32.07
13.	Adriaan Coppelmans	AZC	200903243	4:51.23	+0,70	524
	50m: 30.63	30.63 150m: 1:43.36	36.92 250m: 3:01.52	41.74 350m: 4:18.19		34.76
	100m: 1:06.44	35.81 200m: 2:19.78	36.42 300m: 3:43.43	41.91 400m: 4:51.23		33.04
14.	Timo Berghuis	DWK	200801991	4:52.97	+0,79	514
	50m: 30.33	30.33 150m: 1:47.98	40.58 250m: 3:07.19	42.08 350m: 4:22.22		33.36
	100m: 1:07.40	37.07 200m: 2:25.11	37.13 300m: 3:48.86	41.67 400m: 4:52.97		30.75
15.	Wessel van Dorst	Aqua-Novio'94	200900727	4:54.00	+0,69	509
	50m: 28.70	28.70 150m: 1:41.83	37.65 250m: 3:02.19	44.02 350m: 4:21.22		34.06
	100m: 1:04.18	35.48 200m: 2:18.17	36.34 300m: 3:47.16	44.97 400m: 4:54.00		32.78
16.	Mike Hilders	De Dolfijn	200900281	4:54.36	+0,67	507
	50m: 30.19	30.19 150m: 1:42.37	37.27 250m: 3:02.39	42.79 350m: 4:20.85		34.92
	100m: 1:05.10	34.91 200m: 2:19.60	37.23 300m: 3:45.93	43.54 400m: 4:54.36		33.51
17.	Aidan van der Stelt	Blue Marlins	200900901	4:56.51	+0,71	496
	50m: 30.67	30.67 150m: 1:47.15	38.65 250m: 3:08.63	43.30 350m: 4:25.33		33.83
	100m: 1:08.50	37.83 200m: 2:25.33	38.18 300m: 3:51.50	42.87 400m: 4:56.51		31.18
18.	Steven Knol	De Dolfijn	200900543	4:56.54	+0,61	496
	50m: 30.13	30.13 150m: 1:44.43	37.40 250m: 3:05.74	44.98 350m: 4:24.56		33.63
	100m: 1:07.03	36.90 200m: 2:20.76	36.33 300m: 3:50.93	45.19 400m: 4:56.54		31.98
19.	Figo van Duuren	ZPCH	200800391	4:59.21	+0,75	483
	50m: 32.25	32.25 150m: 1:49.27	37.87 250m: 3:09.57	43.77 350m: 4:27.92		33.28
	100m: 1:11.40	39.15 200m: 2:25.80	36.53 300m: 3:54.64	45.07 400m: 4:59.21		31.29

B = Bonus inschrijving

Programmanr. 25, Jongens, 400m wisselslag, Voorronde, Onder 18

rang	naam	vereniging	tijd	RT	FINA	para
20.	Felix Gepkens	VZC	200800631	4:59.29	+0,71	482
	50m: 28.99	28.99 150m: 1:41.61	38.35 250m: 3:06.22	46.22 350m: 4:27.61	34.56	
	100m: 1:03.26	34.27 200m: 2:20.00	38.39 300m: 3:53.05	46.83 400m: 4:59.29	31.68	
21.	Duuk Harms	Dedemsvaart-AC	200900201	4:59.30	+0,76	482
	50m: 32.49	32.49 150m: 1:48.38	37.24 250m: 3:07.38	41.97 350m: 4:25.29	35.42	
	100m: 1:11.14	38.65 200m: 2:25.41	37.03 300m: 3:49.87	42.49 400m: 4:59.30	34.01	
22.	Lucas Schouten	ZPCH	200901925	4:59.78	+0,73	480
	50m: 29.90	29.90 150m: 1:45.50	39.09 250m: 3:08.68	43.55 350m: 4:27.63	34.94	
	100m: 1:06.41	36.51 200m: 2:25.13	39.63 300m: 3:52.69	44.01 400m: 4:59.78	32.15	
23.	Pelle Schrieken	VZC	200801595	5:00.11	+0,66	478
	50m: 30.74	30.74 150m: 1:46.01	39.55 250m: 3:08.04	43.13 350m: 4:26.50	34.74	
	100m: 1:06.46	35.72 200m: 2:24.91	38.90 300m: 3:51.76	43.72 400m: 5:00.11	33.61	
24.	Bjorn Scholten	WS Twente	200801143	5:01.13	+0,69	474
	50m: 31.50	31.50 150m: 1:45.96	37.92 250m: 3:10.09	46.27 350m: 4:28.97	32.70	
	100m: 1:08.04	36.54 200m: 2:23.82	37.86 300m: 3:56.27	46.18 400m: 5:01.13	32.16	
25.	Thomas Nauta	Arethusa	200900339	5:03.60	+0,70	462
	50m: 34.35	34.35 150m: 1:55.36	39.35 250m: 3:13.58	39.82 350m: 4:29.81	35.12	
	100m: 1:16.01	41.66 200m: 2:33.76	38.40 300m: 3:54.69	41.11 400m: 5:03.60	33.79	
26.	Twan Wielage	KSN (SG)	200902671	5:05.53	+0,56	453
	50m: 30.97	30.97 150m: 1:45.93	38.00 250m: 3:08.63	45.18 350m: 4:30.58	35.57	
	100m: 1:07.93	36.96 200m: 2:23.45	37.52 300m: 3:55.01	46.38 400m: 5:05.53	34.95	
27.	Frits Hoeflaken	PSV	200804101	5:07.24	+0,69	446
	50m: 31.72	31.72 150m: 1:51.94	41.07 250m: 3:14.05	42.51 350m: 4:33.17	36.32	
	100m: 1:10.87	39.15 200m: 2:31.54	39.60 300m: 3:56.85	42.80 400m: 5:07.24	34.07	
28.	Lars de Kooter	De Biesboschzwemmers	200800185	5:07.55	+0,71	445
	50m: 32.69	32.69 150m: 1:53.70	41.70 250m: 3:13.70	40.33 350m: 4:31.56	35.89	
	100m: 1:12.00	39.31 200m: 2:33.37	39.67 300m: 3:55.67	41.97 400m: 5:07.55	35.99	
29.	Jamie Kenworthy	De Dolfijn	200800045	5:10.36	+0,68	433
	50m: 30.58	30.58 150m: 1:47.55	40.35 250m: 3:13.01	45.61 350m: 4:35.07	36.21	
	100m: 1:07.20	36.62 200m: 2:27.40	39.85 300m: 3:58.86	45.85 400m: 5:10.36	35.29	
AFGEM	Dylano van Brussel	PSV	200901931			

Onder 20

1.	Olivier Wilbers	De Dolfijn	200600181	4:28.85	+0,74	A	666
	50m: 29.09	29.09 150m: 1:36.71	34.35 250m: 2:49.56	39.28 350m: 4:00.01	30.75		
	100m: 1:02.36	33.27 200m: 2:10.28	33.57 300m: 3:29.26	39.70 400m: 4:28.85	28.84		
2.	Nikodim Markovic	Albion	200700255	4:28.88	+0,64	A	666
	50m: 27.08	27.08 150m: 1:32.75	33.29 250m: 2:45.11	38.46 350m: 3:58.34	33.08		
	100m: 59.46	32.38 200m: 2:06.65	33.90 300m: 3:25.26	40.15 400m: 4:28.88	30.54		
3.	Tijn Hilders	De Dolfijn	200700027	4:36.25	+0,53	B	614
	50m: 28.50	28.50 150m: 1:40.06	36.74 250m: 2:53.90	38.05 350m: 4:05.24	32.17		
	100m: 1:03.32	34.82 200m: 2:15.85	35.79 300m: 3:33.07	39.17 400m: 4:36.25	31.01		
4.	Niek Vreeling	OZ&PC	200604211	4:41.82	+0,70	B	578
	50m: 29.20	29.20 150m: 1:39.63	35.71 250m: 2:54.53	39.62 350m: 4:08.97	32.95		
	100m: 1:03.92	34.72 200m: 2:14.91	35.28 300m: 3:36.02	41.49 400m: 4:41.82	32.85		
5.	Jesse van der Meij	De Dolfijn	200600841	4:44.20	+0,78	B	563
	50m: 29.96	29.96 150m: 1:43.57	38.31 250m: 3:00.24	39.07 350m: 4:13.47	33.05		
	100m: 1:05.26	35.30 200m: 2:21.17	37.60 300m: 3:40.42	40.18 400m: 4:44.20	30.73		
6.	Jort Siebelt	OZ&PC	200700083	4:44.47	+0,79	R	562
	50m: 29.33	29.33 150m: 1:41.76	37.11 250m: 2:58.36	40.49 350m: 4:13.69	33.44		
	100m: 1:04.65	35.32 200m: 2:17.87	36.11 300m: 3:40.25	41.89 400m: 4:44.47	30.78		
7.	Jesse Marijn Thimister	ZEPS	200602893	4:45.48	+0,58	R	556
	50m: 30.78	30.78 150m: 1:46.21	39.66 250m: 3:02.40	37.95 350m: 4:14.85	33.66		
	100m: 1:06.55	35.77 200m: 2:24.45	38.24 300m: 3:41.19	38.79 400m: 4:45.48	30.63		
8.	Emiel de Bruijn	DZ&PC	200700953	4:48.27	+0,77		540
	50m: 29.69	29.69 150m: 1:44.62	38.88 250m: 3:01.36	39.24 350m: 4:15.84	34.05		
	100m: 1:05.74	36.05 200m: 2:22.12	37.50 300m: 3:41.79	40.43 400m: 4:48.27	32.43		
9.	Thijs Wellink	ZPC AMERSFOORT	200600715	4:48.45	+0,75		539
	50m: 29.42	29.42 150m: 1:42.64	38.82 250m: 3:01.79	42.28 350m: 4:17.68	33.30		
	100m: 1:03.82	34.40 200m: 2:19.51	36.87 300m: 3:44.38	42.59 400m: 4:48.45	30.77		
10.	Lou van Leeuwen	De Dolfijn	200702779	4:50.56	+0,74		527
	50m: 29.27	29.27 150m: 1:43.83	39.38 250m: 3:03.78	40.78 350m: 4:18.76	33.30		
	100m: 1:04.45	35.18 200m: 2:23.00	39.17 300m: 3:45.46	41.68 400m: 4:50.56	31.80		

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, Onder 20

rang	naam	vereniging	tijd	RT	FINA	para
11.	Laurens Kalle	De Schoteijl	200600161	4:51.20	+0,74	524
	50m: 28.91	28.91 150m: 1:41.41	37.97	250m: 3:01.75	43.39 350m: 4:19.35	34.35
	100m: 1:03.44	34.53 200m: 2:18.36	36.95	300m: 3:45.00	43.25 400m: 4:51.20	31.85
12.	Jelte de Boer	De Vikings	200700345	4:51.76	+0,52	521
	50m: 29.71	29.71 150m: 1:43.82	38.92	250m: 3:01.27	39.57 350m: 4:17.43	34.94
	100m: 1:04.90	35.19 200m: 2:21.70	37.88	300m: 3:42.49	41.22 400m: 4:51.76	34.33
13.	Odo McCarthy	ZV Overbetuwe	200700307	4:53.79	+0,64	510
	50m: 29.21	29.21 150m: 1:42.40	37.65	250m: 3:01.04	41.08 350m: 4:19.29	35.37
	100m: 1:04.75	35.54 200m: 2:19.96	37.56	300m: 3:43.92	42.88 400m: 4:53.79	34.50
14.	Jelle Huntjens	Hellas-Glana	200604257	4:54.12	+0,53	508
	50m: 29.92	29.92 150m: 1:46.92	39.98	250m: 3:05.57	40.19 350m: 4:20.45	34.14
	100m: 1:06.94	37.02 200m: 2:25.38	38.46	300m: 3:46.31	40.74 400m: 4:54.12	33.67
15.	Milco Matla	PSV	200600555	4:54.48	+0,74	506
	50m: 29.05	29.05 150m: 1:42.54	39.35	250m: 3:03.33	42.36 350m: 4:21.91	35.20
	100m: 1:03.19	34.14 200m: 2:20.97	38.43	300m: 3:46.71	43.38 400m: 4:54.48	32.57
16.	Tim Zuurman	Dedemsvaart-AC	200700131	5:01.97	+0,80	470
	50m: 32.74	32.74 150m: 1:50.20	38.43	250m: 3:11.00	43.72 350m: 4:29.13	34.19
	100m: 1:11.77	39.03 200m: 2:27.28	37.08	300m: 3:54.94	43.94 400m: 5:01.97	32.84
17.	Jere Wiersma	DZ&PC	200701037	5:10.40	+0,72	432
	50m: 31.50	31.50 150m: 1:51.67	41.25	250m: 3:16.12	45.98 350m: 4:36.95	35.24
	100m: 1:10.42	38.92 200m: 2:30.14	38.47	300m: 4:01.71	45.59 400m: 5:10.40	33.45
AFGEM	Ruben de Vries	Hellas-Glana	200600497			
AFGEM	Sem Belmon	PSV	200702099			
AFGEM	Tiede Groener	PSV	200700155			
AFGEM	Tieme Wiersma	DZ&PC	200701031			

senioren Open

1.	Youri Voet	ZPC AMERSFOORT	200502269	4:19.39	+0,70	A	741
	50m: 28.14	28.14 150m: 1:35.16	34.78	250m: 2:44.27	35.70 350m: 3:50.98	30.57	
	100m: 1:00.38	32.24 200m: 2:08.57	33.41	300m: 3:20.41	36.14 400m: 4:19.39	28.41	
2.	Wytse Broekstra	De Vikings	200800121	4:24.96	+0,71	A	695
	50m: 28.56	28.56 150m: 1:37.52	35.02	250m: 2:47.49	35.34 350m: 3:54.50	30.85	
	100m: 1:02.50	33.94 200m: 2:12.15	34.63	300m: 3:23.65	36.16 400m: 4:24.96	30.46	
3.	Wouter Zijlstra	HZ&PC Heerenveen	200401545	4:27.99	+0,58	A	672
	50m: 27.71	27.71 150m: 1:35.05	34.92	250m: 2:47.94	38.26 350m: 3:57.92	31.21	
	100m: 1:00.13	32.42 200m: 2:09.68	34.63	300m: 3:26.71	38.77 400m: 4:27.99	30.07	
4.	Sven Klink	Swol 1894	200500349	4:28.13	+0,72	A	671
	50m: 27.95	27.95 150m: 1:35.92	35.43	250m: 2:49.45	38.39 350m: 3:59.86	31.08	
	100m: 1:00.49	32.54 200m: 2:11.06	35.14	300m: 3:28.78	39.33 400m: 4:28.13	28.27	
5.	Diede Veld	HZ&PC Heerenveen	200800011	4:28.50	+0,74	A	668
	50m: 27.74	27.74 150m: 1:35.38	35.44	250m: 2:49.60	38.92 350m: 3:59.09	29.68	
	100m: 59.94	32.20 200m: 2:10.68	35.30	300m: 3:29.41	39.81 400m: 4:28.50	29.41	
6.	Olivier Wilbers	De Dolfijn	200600181	4:28.85	+0,74	A	666
	50m: 29.09	29.09 150m: 1:36.71	34.35	250m: 2:49.56	39.28 350m: 4:00.01	30.75	
	100m: 1:02.36	33.27 200m: 2:10.28	33.57	300m: 3:29.26	39.70 400m: 4:28.85	28.84	
7.	Nikodim Markovic	Albion	200700255	4:28.88	+0,64	A	666
	50m: 27.08	27.08 150m: 1:32.75	33.29	250m: 2:45.11	38.46 350m: 3:58.34	33.08	
	100m: 59.46	32.38 200m: 2:06.65	33.90	300m: 3:25.26	40.15 400m: 4:28.88	30.54	
8.	Yarno van Dam	ACZ	200800115	4:29.52	+0,71	A	661
	50m: 28.10	28.10 150m: 1:34.09	33.51	250m: 2:47.45	39.81 350m: 3:58.87	30.97	
	100m: 1:00.58	32.48 200m: 2:07.64	33.55	300m: 3:27.90	40.45 400m: 4:29.52	30.65	
9.	Stefan van der Meer	VZC	200901361	4:34.19	+0,66	B	628
	50m: 28.58	28.58 150m: 1:38.16	35.35	250m: 2:51.94	39.31 350m: 4:03.31	32.07	
	100m: 1:02.81	34.23 200m: 2:12.63	34.47	300m: 3:31.24	39.30 400m: 4:34.19	30.88	
10.	Tijn Hilders	De Dolfijn	200700027	4:36.25	+0,53	B	614
	50m: 28.50	28.50 150m: 1:40.06	36.74	250m: 2:53.90	38.05 350m: 4:05.24	32.17	
	100m: 1:03.32	34.82 200m: 2:15.85	35.79	300m: 3:33.07	39.17 400m: 4:36.25	31.01	
11.	Ronis van Everdingen	DWK	200300043	4:36.59	+0,75	B	611
	50m: 28.86	28.86 150m: 1:38.63	36.16	250m: 2:52.49	39.10 350m: 4:04.64	33.05	
	100m: 1:02.47	33.61 200m: 2:13.39	34.76	300m: 3:31.59	39.10 400m: 4:36.59	31.95	
12.	Jelte de Jong	ZPCH	200900975	4:38.23	+0,75	B	601
	50m: 29.57	29.57 150m: 1:39.69	35.85	250m: 2:55.84	40.53 350m: 4:07.59	31.17	
	100m: 1:03.84	34.27 200m: 2:15.31	35.62	300m: 3:36.42	40.58 400m: 4:38.23	30.64	

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
13.	Daniel Wegman	ZPCH				200802843				4:40.28	+0,65 B	587
	50m: 29.28	29.28	150m: 1:39.21	36.48	250m: 2:56.27	40.57	350m: 4:10.23	32.61				
	100m: 1:02.73	33.45	200m: 2:15.70	36.49	300m: 3:37.62	41.35	400m: 4:40.28	30.05				
14.	Luuk Ruinemans	De Dinkel				200301085				4:40.43	+0,80 B	587
	50m: 28.32	28.32	150m: 1:38.36	35.85	250m: 2:54.49	40.90	350m: 4:08.90	33.18				
	100m: 1:02.51	34.19	200m: 2:13.59	35.23	300m: 3:35.72	41.23	400m: 4:40.43	31.53				
15.	Niek Vreeling	OZ&PC				200604211				4:41.82	+0,70 B	578
	50m: 29.20	29.20	150m: 1:39.63	35.71	250m: 2:54.53	39.62	350m: 4:08.97	32.95				
	100m: 1:03.92	34.72	200m: 2:14.91	35.28	300m: 3:36.02	41.49	400m: 4:41.82	32.85				
16.	Jesse van der Meij	De Dolfijn				200600841				4:44.20	+0,78 B	563
	50m: 29.96	29.96	150m: 1:43.57	38.31	250m: 3:00.24	39.07	350m: 4:13.47	33.05				
	100m: 1:05.26	35.30	200m: 2:21.17	37.60	300m: 3:40.42	40.18	400m: 4:44.20	30.73				
17.	Jort Siebelt	OZ&PC				200700083				4:44.47	+0,79 R	562
	50m: 29.33	29.33	150m: 1:41.76	37.11	250m: 2:58.36	40.49	350m: 4:13.69	33.44				
	100m: 1:04.65	35.32	200m: 2:17.87	36.11	300m: 3:40.25	41.89	400m: 4:44.47	30.78				
18.	Jesse Marijn Thimister	ZEPS				200602893				4:45.48	+0,58 R	556
	50m: 30.78	30.78	150m: 1:46.21	39.66	250m: 3:02.40	37.95	350m: 4:14.85	33.66				
	100m: 1:06.55	35.77	200m: 2:24.45	38.24	300m: 3:41.19	38.79	400m: 4:45.48	30.63				
19.	Sverre van der Zwaan	WVZ				200900737				4:45.66	+0,70	555
	50m: 30.09	30.09	150m: 1:40.89	34.64	250m: 2:58.24	42.76	350m: 4:14.72	33.23				
	100m: 1:06.25	36.16	200m: 2:15.48	34.59	300m: 3:41.49	43.25	400m: 4:45.66	30.94				
20.	Gijs Koehoorn	HZ&PC Heerenveen				200800275				4:45.76	+0,54	554
	50m: 28.38	28.38	150m: 1:41.26	36.84	250m: 2:58.66	40.87	350m: 4:13.77	32.99				
	100m: 1:04.42	36.04	200m: 2:17.79	36.53	300m: 3:40.78	42.12	400m: 4:45.76	31.99				
21.	Finn Stamsnieder	OZ&PC				200900225				4:45.82	+0,79	554
	50m: 30.16	30.16	150m: 1:42.59	36.59	250m: 3:00.10	41.48	350m: 4:14.43	32.70				
	100m: 1:06.00	35.84	200m: 2:18.62	36.03	300m: 3:41.73	41.63	400m: 4:45.82	31.39				
	Darren Chen	ZPC AMERSFOORT				200001149				4:45.82	+0,65	554
	50m: 29.42	29.42	150m: 1:41.96	38.17	250m: 3:00.18	40.41	350m: 4:14.43	33.29				
	100m: 1:03.79	34.37	200m: 2:19.77	37.81	300m: 3:41.14	40.96	400m: 4:45.82	31.39				
23.	Teun van Weeren	OZ&PC				200801145				4:48.17	+0,70	541
	50m: 30.47	30.47	150m: 1:43.21	37.82	250m: 3:02.59	42.08	350m: 4:17.66	32.85				
	100m: 1:05.39	34.92	200m: 2:20.51	37.30	300m: 3:44.81	42.22	400m: 4:48.17	30.51				
24.	Emiel de Bruijn	DZ&PC				200700953				4:48.27	+0,77	540
	50m: 29.69	29.69	150m: 1:44.62	38.88	250m: 3:01.36	39.24	350m: 4:15.84	34.05				
	100m: 1:05.74	36.05	200m: 2:22.12	37.50	300m: 3:41.79	40.43	400m: 4:48.27	32.43				
25.	Stan Tibben	Dedemsvaart-AC				200503591				4:48.29	+0,64	540
	50m: 29.43	29.43	150m: 1:42.18	38.49	250m: 3:02.18	42.05	350m: 4:17.01	33.10				
	100m: 1:03.69	34.26	200m: 2:20.13	37.95	300m: 3:43.91	41.73	400m: 4:48.29	31.28				
26.	Thijs Wellink	ZPC AMERSFOORT				200600715				4:48.45	+0,75	539
	50m: 29.42	29.42	150m: 1:42.64	38.82	250m: 3:01.79	42.28	350m: 4:17.68	33.30				
	100m: 1:03.82	34.40	200m: 2:19.51	36.87	300m: 3:44.38	42.59	400m: 4:48.45	30.77				
27.	Jasper Breugem	WVZ				200000303				4:49.02	+0,55	536
	50m: 29.35	29.35	150m: 1:40.08	36.18	250m: 2:57.31	41.99	350m: 4:15.57	35.19				
	100m: 1:03.90	34.55	200m: 2:15.32	35.24	300m: 3:40.38	43.07	400m: 4:49.02	33.45				
28.	Bas van den Akker	PSV				200204651				4:49.77	+0,50	532
	50m: 30.28	30.28	150m: 1:44.12	38.21	250m: 3:02.81	40.78	350m: 4:17.15	33.43				
	100m: 1:05.91	35.63	200m: 2:22.03	37.91	300m: 3:43.72	40.91	400m: 4:49.77	32.62				
29.	Tom Balsen Versteeg	Hieronymus				200005673				4:50.12	+0,67	530
	50m: 29.35	29.35	150m: 1:41.43	37.33	250m: 3:01.49	41.34	350m: 4:17.57	33.42				
	100m: 1:04.10	34.75	200m: 2:20.15	38.72	300m: 3:44.15	42.66	400m: 4:50.12	32.55				
30.	Lou van Leeuwen	De Dolfijn				200702779				4:50.56	+0,74	527
	50m: 29.27	29.27	150m: 1:43.83	39.38	250m: 3:03.78	40.78	350m: 4:18.76	33.30				
	100m: 1:04.45	35.18	200m: 2:23.00	39.17	300m: 3:45.46	41.68	400m: 4:50.56	31.80				
31.	Koen de Vries	De Reest				200802379				4:50.70	+0,73	527
	50m: 29.92	29.92	150m: 1:44.15	38.88	250m: 3:03.32	40.81	350m: 4:18.16	33.87				
	100m: 1:05.27	35.35	200m: 2:22.51	38.36	300m: 3:44.29	40.97	400m: 4:50.70	32.54				
32.	Xander Kragting	ZPC AMERSFOORT				200900077				4:50.80	+0,73	526
	50m: 29.25	29.25	150m: 1:41.33	37.33	250m: 3:00.83	43.50	350m: 4:18.73	33.93				
	100m: 1:04.00	34.75	200m: 2:17.33	36.00	300m: 3:44.80	43.97	400m: 4:50.80	32.07				
33.	Laurens van Nulck	Hellas-Glana				201100521				4:50.85	+0,67	526
	50m: 30.82	30.82	150m: 1:47.35	40.47	250m: 3:04.81	38.04	350m: 4:18.95	33.82				
	100m: 1:06.88	36.06	200m: 2:26.77	39.42	300m: 3:45.13	40.32	400m: 4:50.85	31.90				

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, senioren Open

rang	naam	vereniging						tijd		RT	FINA	para
34.	Laurens Kalle	De Schoteijl						200600161		4:51.20	+0,74	524
	50m: 28.91	28.91	150m: 1:41.41	37.97	250m: 3:01.75	43.39	350m: 4:19.35	34.35				
	100m: 1:03.44	34.53	200m: 2:18.36	36.95	300m: 3:45.00	43.25	400m: 4:51.20	31.85				
35.	Adriaan Coppelmans	AZC						200903243		4:51.23	+0,70	524
	50m: 30.63	30.63	150m: 1:43.36	36.92	250m: 3:01.52	41.74	350m: 4:18.19	34.76				
	100m: 1:06.44	35.81	200m: 2:19.78	36.42	300m: 3:43.43	41.91	400m: 4:51.23	33.04				
	Kevin Lucas	De Dinkel						200300545		4:51.23	+0,76	524
	50m: 30.09	30.09	150m: 1:45.86	39.82	250m: 3:03.27	39.67	350m: 4:19.11	34.55				
	100m: 1:06.04	35.95	200m: 2:23.60	37.74	300m: 3:44.56	41.29	400m: 4:51.23	32.12				
37.	Jelte de Boer	De Vikings						200700345		4:51.76	+0,52	521
	50m: 29.71	29.71	150m: 1:43.82	38.92	250m: 3:01.27	39.57	350m: 4:17.43	34.94				
	100m: 1:04.90	35.19	200m: 2:21.70	37.88	300m: 3:42.49	41.22	400m: 4:51.76	34.33				
38.	Timo Berghuis	DWK						200801991		4:52.97	+0,79	514
	50m: 30.33	30.33	150m: 1:47.98	40.58	250m: 3:07.19	42.08	350m: 4:22.22	33.36				
	100m: 1:07.40	37.07	200m: 2:25.11	37.13	300m: 3:48.86	41.67	400m: 4:52.97	30.75				
39.	Daan Hoogendoorn	ZPC Woerden						200500113		4:53.78	+0,68	510
	50m: 30.34	30.34	150m: 1:47.54	40.63	250m: 3:06.69	40.06	350m: 4:21.38	34.58				
	100m: 1:06.91	36.57	200m: 2:26.63	39.09	300m: 3:46.80	40.11	400m: 4:53.78	32.40				
40.	Odo McCarthy	ZV Overbetuwe						200700307		4:53.79	+0,64	510
	50m: 29.21	29.21	150m: 1:42.40	37.65	250m: 3:01.04	41.08	350m: 4:19.29	35.37				
	100m: 1:04.75	35.54	200m: 2:19.96	37.56	300m: 3:43.92	42.88	400m: 4:53.79	34.50				
41.	Wessel van Dorst	Aqua-Novio'94						200900727		4:54.00	+0,69	509
	50m: 28.70	28.70	150m: 1:41.83	37.65	250m: 3:02.19	44.02	350m: 4:21.22	34.06				
	100m: 1:04.18	35.48	200m: 2:18.17	36.34	300m: 3:47.16	44.97	400m: 4:54.00	32.78				
42.	Jelle Huntjens	Hellas-Glana						200604257		4:54.12	+0,53	508
	50m: 29.92	29.92	150m: 1:46.92	39.98	250m: 3:05.57	40.19	350m: 4:20.45	34.14				
	100m: 1:06.94	37.02	200m: 2:25.38	38.46	300m: 3:46.31	40.74	400m: 4:54.12	33.67				
43.	Mike Hilders	De Dolfijn						200900281		4:54.36	+0,67	507
	50m: 30.19	30.19	150m: 1:42.37	37.27	250m: 3:02.39	42.79	350m: 4:20.85	34.92				
	100m: 1:05.10	34.91	200m: 2:19.60	37.23	300m: 3:45.93	43.54	400m: 4:54.36	33.51				
44.	Milco Matla	PSV						200600555		4:54.48	+0,74	506
	50m: 29.05	29.05	150m: 1:42.54	39.35	250m: 3:03.33	42.36	350m: 4:21.91	35.20				
	100m: 1:03.19	34.14	200m: 2:20.97	38.43	300m: 3:46.71	43.38	400m: 4:54.48	32.57				
45.	Aidan van der Stelt	Blue Marlins						200900901		4:56.51	+0,71	496
	50m: 30.67	30.67	150m: 1:47.15	38.65	250m: 3:08.63	43.30	350m: 4:25.33	33.83				
	100m: 1:08.50	37.83	200m: 2:25.33	38.18	300m: 3:51.50	42.87	400m: 4:56.51	31.18				
46.	Steven Knol	De Dolfijn						200900543		4:56.54	+0,61	496
	50m: 30.13	30.13	150m: 1:44.43	37.40	250m: 3:05.74	44.98	350m: 4:24.56	33.63				
	100m: 1:07.03	36.90	200m: 2:20.76	36.33	300m: 3:50.93	45.19	400m: 4:56.54	31.98				
47.	Figo van Duuren	ZPCH						200800391		4:59.21	+0,75	483
	50m: 32.25	32.25	150m: 1:49.27	37.87	250m: 3:09.57	43.77	350m: 4:27.92	33.28				
	100m: 1:11.40	39.15	200m: 2:25.80	36.53	300m: 3:54.64	45.07	400m: 4:59.21	31.29				
48.	Felix Gepkens	VZC						200800631		4:59.29	+0,71	482
	50m: 28.99	28.99	150m: 1:41.61	38.35	250m: 3:06.22	46.22	350m: 4:27.61	34.56				
	100m: 1:03.26	34.27	200m: 2:20.00	38.39	300m: 3:53.05	46.83	400m: 4:59.29	31.68				
49.	Duuk Harms	Dedemsvaart-AC						200900201		4:59.30	+0,76	482
	50m: 32.49	32.49	150m: 1:48.38	37.24	250m: 3:07.38	41.97	350m: 4:25.29	35.42				
	100m: 1:11.14	38.65	200m: 2:25.41	37.03	300m: 3:49.87	42.49	400m: 4:59.30	34.01				
50.	Lucas Schouten	ZPCH						200901925		4:59.78	+0,73	480
	50m: 29.90	29.90	150m: 1:45.50	39.09	250m: 3:08.68	43.55	350m: 4:27.63	34.94				
	100m: 1:06.41	36.51	200m: 2:25.13	39.63	300m: 3:52.69	44.01	400m: 4:59.78	32.15				
51.	Pelle Schrieken	VZC						200801595		5:00.11	+0,66	478
	50m: 30.74	30.74	150m: 1:46.01	39.55	250m: 3:08.04	43.13	350m: 4:26.50	34.74				
	100m: 1:06.46	35.72	200m: 2:24.91	38.90	300m: 3:51.76	43.72	400m: 5:00.11	33.61				
52.	Bjorn Scholten	WS Twente						200801143		5:01.13	+0,69	474
	50m: 31.50	31.50	150m: 1:45.96	37.92	250m: 3:10.09	46.27	350m: 4:28.97	32.70				
	100m: 1:08.04	36.54	200m: 2:23.82	37.86	300m: 3:56.27	46.18	400m: 5:01.13	32.16				
53.	Mick van Kempen	CWW						200203375		5:01.25	+0,75	473
	50m: 29.70	29.70	150m: 1:47.36	41.22	250m: 3:07.36	40.71	350m: 4:25.51	36.27				
	100m: 1:06.14	36.44	200m: 2:26.65	39.29	300m: 3:49.24	41.88	400m: 5:01.25	35.74				
54.	Tim Zuurman	Dedemsvaart-AC						200700131		5:01.97	+0,80	470
	50m: 32.74	32.74	150m: 1:50.20	38.43	250m: 3:11.00	43.72	350m: 4:29.13	34.19				
	100m: 1:11.77	39.03	200m: 2:27.28	37.08	300m: 3:54.94	43.94	400m: 5:01.97	32.84				

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
55.	Thomas Nauta	Arethusa				200900339				5:03.60	+0,70	462
	50m: 34.35	34.35	150m: 1:55.36	39.35	250m: 3:13.58	39.82	350m: 4:29.81	35.12				
	100m: 1:16.01	41.66	200m: 2:33.76	38.40	300m: 3:54.69	41.11	400m: 5:03.60	33.79				
56.	Twan Wielage	KSN (SG)				200902671				5:05.53	+0,56	453
	50m: 30.97	30.97	150m: 1:45.93	38.00	250m: 3:08.63	45.18	350m: 4:30.58	35.57				
	100m: 1:07.93	36.96	200m: 2:23.45	37.52	300m: 3:55.01	46.38	400m: 5:05.53	34.95				
57.	Frits Hoeflaken	PSV				200804101				5:07.24	+0,69	446
	50m: 31.72	31.72	150m: 1:51.94	41.07	250m: 3:14.05	42.51	350m: 4:33.17	36.32				
	100m: 1:10.87	39.15	200m: 2:31.54	39.60	300m: 3:56.85	42.80	400m: 5:07.24	34.07				
58.	Lars de Kooter	De Biesboschzwemmers				200800185				5:07.55	+0,71	445
	50m: 32.69	32.69	150m: 1:53.70	41.70	250m: 3:13.70	40.33	350m: 4:31.56	35.89				
	100m: 1:12.00	39.31	200m: 2:33.37	39.67	300m: 3:55.67	41.97	400m: 5:07.55	35.99				
59.	Jamie Kenworthy	De Dolfijn				200800045				5:10.36	+0,68	433
	50m: 30.58	30.58	150m: 1:47.55	40.35	250m: 3:13.01	45.61	350m: 4:35.07	36.21				
	100m: 1:07.20	36.62	200m: 2:27.40	39.85	300m: 3:58.86	45.85	400m: 5:10.36	35.29				
60.	Jere Wiersma	DZ&PC				200701037				5:10.40	+0,72	432
	50m: 31.50	31.50	150m: 1:51.67	41.25	250m: 3:16.12	45.98	350m: 4:36.95	35.24				
	100m: 1:10.42	38.92	200m: 2:30.14	38.47	300m: 4:01.71	45.59	400m: 5:10.40	33.45				
DIS	Luc Mul	DAW				200201025				AF		
	AF - De aangegeven afstand niet uitgezwommen.											
GEM	Ruben de Vries	Hellas-Glana				200600497						
GEM	Sem Belmon	PSV				200702099						
GEM	Tiede Groener	PSV				200700155						
GEM	Dylano van Brussel	PSV				200901931						
GEM	Tieme Wiersma	DZ&PC				200701031						

B = Bonus inschrijving

Programmanr. 26
20-12-2025 - 12:46

Dames, 800m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
Onder 18												
1.	Jade van der Schrier	AZC				200800692				8:41.14	+0,77	768
	50m: 30.09	30.09	250m: 2:40.36	32.73	450m: 4:52.40	32.89	650m: 7:04.13	33.08				
	100m: 1:02.21	32.12	300m: 3:13.34	32.98	500m: 5:25.20	32.80	700m: 7:36.94	32.81				
	150m: 1:34.84	32.63	350m: 3:46.33	32.99	550m: 5:58.13	32.93	750m: 8:09.72	32.78				
	200m: 2:07.63	32.79	400m: 4:19.51	33.18	600m: 6:31.05	32.92	800m: 8:41.14	31.42				
2.	Frouke Ludwig	DZ&PC				200800112				9:01.33	+0,75	685
	50m: 30.98	30.98	250m: 2:46.35	34.05	450m: 5:02.09	33.49	650m: 7:18.50	34.54				
	100m: 1:04.45	33.47	300m: 3:20.63	34.28	500m: 5:36.04	33.95	700m: 7:53.16	34.66				
	150m: 1:38.36	33.91	350m: 3:54.67	34.04	550m: 6:09.81	33.77	750m: 8:27.89	34.73				
	200m: 2:12.30	33.94	400m: 4:28.60	33.93	600m: 6:43.96	34.15	800m: 9:01.33	33.44				
3.	Laura van Etten	HZ&PC Heerenveen				200800264				9:15.36	+0,88	635
	50m: 31.00	31.00	250m: 2:49.88	35.09	450m: 5:10.60	35.27	650m: 7:31.65	34.89				
	100m: 1:05.37	34.37	300m: 3:25.11	35.23	500m: 5:46.05	35.45	700m: 8:07.01	35.36				
	150m: 1:40.09	34.72	350m: 4:00.37	35.26	550m: 6:21.40	35.35	750m: 8:42.18	35.17				
	200m: 2:14.79	34.70	400m: 4:35.33	34.96	600m: 6:56.76	35.36	800m: 9:15.36	33.18				
4.	Esmee Ykema	HZ&PC Heerenveen				200801710				9:48.78	+0,74	533
	50m: 32.25	32.25	250m: 2:59.02	37.35	450m: 5:30.06	38.16	650m: 7:59.62	37.60				
	100m: 1:08.07	35.82	300m: 3:36.18	37.16	500m: 6:07.31	37.25	700m: 8:37.09	37.47				
	150m: 1:44.89	36.82	350m: 4:13.91	37.73	550m: 6:45.36	38.05	750m: 9:13.90	36.81				
	200m: 2:21.67	36.78	400m: 4:51.90	37.99	600m: 7:22.02	36.66	800m: 9:48.78	34.88				
GEM	Julie van Nispen	Nuenen				200800290						
NG	Bregje Dekkers	PSV				200900746						

Onder 20

1.	Hedwig Bolt	HZ&PC Heerenveen			200602660	8:44.51			754			
	50m:	29.92	29.92	250m:	2:41.21	33.15	450m:	4:54.70	33.16	650m:	7:06.64	32.85
	100m:	1:02.34	32.42	300m:	3:14.61	33.40	500m:	5:27.73	33.03	700m:	7:39.65	33.01
	150m:	1:35.20	32.86	350m:	3:48.07	33.46	550m:	6:00.86	33.13	750m:	8:12.66	33.01
	200m:	2:08.06	32.86	400m:	4:21.54	33.47	600m:	6:33.79	32.93	800m:	8:44.51	31.85
2.	Rhodee van den Ham	De Duinkikkers			200700090	8:53.23			+0,78	717		
	50m:	30.72	30.72	250m:	2:45.45	33.66	450m:	4:59.97	33.40	650m:	7:14.58	33.30
	100m:	1:03.99	33.27	300m:	3:19.19	33.74	500m:	5:33.78	33.81	700m:	7:48.26	33.68
	150m:	1:37.74	33.75	350m:	3:52.89	33.70	550m:	6:07.50	33.72	750m:	8:21.49	33.23
	200m:	2:11.79	34.05	400m:	4:26.57	33.68	600m:	6:41.28	33.78	800m:	8:53.23	31.74
3.	Veerle de Ridder	HZ&PC Heerenveen			200700778	9:05.97			+0,69	668		
	50m:	29.24	29.24	250m:	2:46.02	34.52	450m:	5:04.80	35.20	650m:	7:23.78	34.30
	100m:	1:02.71	33.47	300m:	3:20.52	34.50	500m:	5:39.39	34.59	700m:	7:58.27	34.49
	150m:	1:37.21	34.50	350m:	3:54.91	34.39	550m:	6:14.37	34.98	750m:	8:32.56	34.29
	200m:	2:11.50	34.29	400m:	4:29.60	34.69	600m:	6:49.48	35.11	800m:	9:05.97	33.41
4.	Imre Bouwland	ZPC Hoogeveen			200700388	9:27.56				595		
	50m:	31.12	31.12	250m:	2:52.13	35.52	450m:	5:16.97	36.24	650m:	7:41.84	36.10
	100m:	1:05.85	34.73	300m:	3:28.35	36.22	500m:	5:53.41	36.44	700m:	8:17.78	35.94
	150m:	1:41.30	35.45	350m:	4:04.28	35.93	550m:	6:30.06	36.65	750m:	8:53.86	36.08
	200m:	2:16.61	35.31	400m:	4:40.73	36.45	600m:	7:05.74	35.68	800m:	9:27.56	33.70
5.	Vera Wassink	DZ&PC			200604976	9:43.51			+0,78	547		
	50m:	30.95	30.95	250m:	2:57.00	36.71	450m:	5:25.60	37.38	650m:	7:55.41	37.47
	100m:	1:06.30	35.35	300m:	3:34.12	37.12	500m:	6:03.07	37.47	700m:	8:31.90	36.49
	150m:	1:43.30	37.00	350m:	4:11.36	37.24	550m:	6:40.54	37.47	750m:	9:07.05	35.15
	200m:	2:20.29	36.99	400m:	4:48.22	36.86	600m:	7:17.94	37.40	800m:	9:43.51	36.46

senioren Open

1.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	8:29.33	+0,74	823		
	50m: 29.66	29.66	250m: 2:37.93	32.33	450m: 4:47.13	32.23	650m: 6:56.00	32.18
	100m: 1:01.45	31.79	300m: 3:10.22	32.29	500m: 5:19.36	32.23	700m: 7:28.17	32.17
	150m: 1:33.48	32.03	350m: 3:42.57	32.35	550m: 5:51.56	32.20	750m: 8:00.23	32.06
	200m: 2:05.60	32.12	400m: 4:14.90	32.33	600m: 6:23.82	32.26	800m: 8:29.33	29.10
2.	Jade van der Schrier	AZC	200800692	8:41.14	+0,77	768		
	50m: 30.09	30.09	250m: 2:40.36	32.73	450m: 4:52.40	32.89	650m: 7:04.13	33.08
	100m: 1:02.21	32.12	300m: 3:13.34	32.98	500m: 5:25.20	32.80	700m: 7:36.94	32.81
	150m: 1:34.84	32.63	350m: 3:46.33	32.99	550m: 5:58.13	32.93	750m: 8:09.72	32.78
	200m: 2:07.63	32.79	400m: 4:19.51	33.18	600m: 6:31.05	32.92	800m: 8:41.14	31.42

B = Bonus inschrijving

Programmanr. 26, Dames, 800m vrije slag, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
3.	Hedwig Bolt	HZ&PC Heerenveen	200602660	8:44.51	754	
	50m: 29.92	29.92 250m: 2:41.21	33.15 450m: 4:54.70	33.16 650m: 7:06.64	32.85	
	100m: 1:02.34	32.42 300m: 3:14.61	33.40 500m: 5:27.73	33.03 700m: 7:39.65	33.01	
	150m: 1:35.20	32.86 350m: 3:48.07	33.46 550m: 6:00.86	33.13 750m: 8:12.66	33.01	
	200m: 2:08.06	32.86 400m: 4:21.54	33.47 600m: 6:33.79	32.93 800m: 8:44.51	31.85	
4.	Fenne Metten	ZPC AMERSFOORT	201000102	8:47.62	740	
	50m: 30.27	30.27 250m: 2:43.81	33.34 450m: 4:57.12	33.37 650m: 7:10.35	32.97	
	100m: 1:03.33	33.06 300m: 3:17.20	33.39 500m: 5:30.61	33.49 700m: 7:43.41	33.06	
	150m: 1:36.83	33.50 350m: 3:50.41	33.21 550m: 6:03.84	33.23 750m: 8:16.42	33.01	
	200m: 2:10.47	33.64 400m: 4:23.75	33.34 600m: 6:37.38	33.54 800m: 8:47.62	31.20	
5.	Rhodee van den Ham	De Duinkikkers	200700090	8:53.23 +0,78	717	
	50m: 30.72	30.72 250m: 2:45.45	33.66 450m: 4:59.97	33.40 650m: 7:14.58	33.30	
	100m: 1:03.99	33.27 300m: 3:19.19	33.74 500m: 5:33.78	33.81 700m: 7:48.26	33.68	
	150m: 1:37.74	33.75 350m: 3:52.89	33.70 550m: 6:07.50	33.72 750m: 8:21.49	33.23	
	200m: 2:11.79	34.05 400m: 4:26.57	33.68 600m: 6:41.28	33.78 800m: 8:53.23	31.74	
6.	Frouke Ludwig	DZ&PC	200800112	9:01.33 +0,75	685	
	50m: 30.98	30.98 250m: 2:46.35	34.05 450m: 5:02.09	33.49 650m: 7:18.50	34.54	
	100m: 1:04.45	33.47 300m: 3:20.63	34.28 500m: 5:36.04	33.95 700m: 7:53.16	34.66	
	150m: 1:38.36	33.91 350m: 3:54.67	34.04 550m: 6:09.81	33.77 750m: 8:27.89	34.73	
	200m: 2:12.30	33.94 400m: 4:28.60	33.93 600m: 6:43.96	34.15 800m: 9:01.33	33.44	
7.	Veerle de Ridder	HZ&PC Heerenveen	200700778	9:05.97 +0,69	668	
	50m: 29.24	29.24 250m: 2:46.02	34.52 450m: 5:04.80	35.20 650m: 7:23.78	34.30	
	100m: 1:02.71	33.47 300m: 3:20.52	34.50 500m: 5:39.39	34.59 700m: 7:58.27	34.49	
	150m: 1:37.21	34.50 350m: 3:54.91	34.39 550m: 6:14.37	34.98 750m: 8:32.56	34.29	
	200m: 2:11.50	34.29 400m: 4:29.60	34.69 600m: 6:49.48	35.11 800m: 9:05.97	33.41	
8.	Laura van Etten	HZ&PC Heerenveen	200800264	9:15.36 +0,88	635	
	50m: 31.00	31.00 250m: 2:49.88	35.09 450m: 5:10.60	35.27 650m: 7:31.65	34.89	
	100m: 1:05.37	34.37 300m: 3:25.11	35.23 500m: 5:46.05	35.45 700m: 8:07.01	35.36	
	150m: 1:40.09	34.72 350m: 4:00.37	35.26 550m: 6:21.40	35.35 750m: 8:42.18	35.17	
	200m: 2:14.79	34.70 400m: 4:35.33	34.96 600m: 6:56.76	35.36 800m: 9:15.36	33.18	
9.	Mara Bosman	De Dolfijn	200303048	9:15.89 +0,62	633	
	50m: 30.58	30.58 250m: 2:46.35	34.47 450m: 5:05.71	35.33 650m: 7:28.64	35.68	
	100m: 1:03.69	33.11 300m: 3:20.58	34.23 500m: 5:41.24	35.53 700m: 8:04.98	36.34	
	150m: 1:37.80	34.11 350m: 3:55.50	34.92 550m: 6:17.17	35.93 750m: 8:40.61	35.63	
	200m: 2:11.88	34.08 400m: 4:30.38	34.88 600m: 6:52.96	35.79 800m: 9:15.89	35.28	
10.	Imre Bouwland	ZPC Hoogetveen	200700388	9:27.56	595	
	50m: 31.12	31.12 250m: 2:52.13	35.52 450m: 5:16.97	36.24 650m: 7:41.84	36.10	
	100m: 1:05.85	34.73 300m: 3:28.35	36.22 500m: 5:53.41	36.44 700m: 8:17.78	35.94	
	150m: 1:41.30	35.45 350m: 4:04.28	35.93 550m: 6:30.06	36.65 750m: 8:53.86	36.08	
	200m: 2:16.61	35.31 400m: 4:40.73	36.45 600m: 7:05.74	35.68 800m: 9:27.56	33.70	
11.	Myrthe Natziijl	DZ&PC	200400076	9:33.40 +0,70	577	
	50m: 31.71	31.71 250m: 2:54.51	35.82 450m: 5:19.38	36.11 650m: 7:44.99	36.58	
	100m: 1:06.82	35.11 300m: 3:30.56	36.05 500m: 5:55.50	36.12 700m: 8:21.73	36.74	
	150m: 1:42.81	35.99 350m: 4:06.93	36.37 550m: 6:31.80	36.30 750m: 8:58.02	36.29	
	200m: 2:18.69	35.88 400m: 4:43.27	36.34 600m: 7:08.41	36.61 800m: 9:33.40	35.38	
12.	Vera Wassink	DZ&PC	200604976	9:43.51 +0,78	547	
	50m: 30.95	30.95 250m: 2:57.00	36.71 450m: 5:25.60	37.38 650m: 7:55.41	37.47	
	100m: 1:06.30	35.35 300m: 3:34.12	37.12 500m: 6:03.07	37.47 700m: 8:31.90	36.49	
	150m: 1:43.30	37.00 350m: 4:11.36	37.24 550m: 6:40.54	37.47 750m: 9:07.05	35.15	
	200m: 2:20.29	36.99 400m: 4:48.22	36.86 600m: 7:17.94	37.40 800m: 9:43.51	36.46	
13.	Marijke Drent	Bubble	199906232	9:46.16 +0,81	540	
	50m: 31.90	31.90 250m: 2:57.13	36.78 450m: 5:26.19	37.33 650m: 7:55.63	37.28	
	100m: 1:06.99	35.09 300m: 3:34.41	37.28 500m: 6:03.54	37.35 700m: 8:33.15	37.52	
	150m: 1:43.70	36.71 350m: 4:11.62	37.21 550m: 6:40.91	37.37 750m: 9:10.20	37.05	
	200m: 2:20.35	36.65 400m: 4:48.86	37.24 600m: 7:18.35	37.44 800m: 9:46.16	35.96	
14.	Esmee Ykema	HZ&PC Heerenveen	200801710	9:48.78 +0,74	533	
	50m: 32.25	32.25 250m: 2:59.02	37.35 450m: 5:30.06	38.16 650m: 7:59.62	37.60	
	100m: 1:08.07	35.82 300m: 3:36.18	37.16 500m: 6:07.31	37.25 700m: 8:37.09	37.47	
	150m: 1:44.89	36.82 350m: 4:13.91	37.73 550m: 6:45.36	38.05 750m: 9:13.90	36.81	
	200m: 2:21.67	36.78 400m: 4:51.90	37.99 600m: 7:22.02	36.66 800m: 9:48.78	34.88	
AFGEM	Julie van Nispen	Nuenen	200800290			
NG	Bregje Dekkers	PSV	200900746			

B = Bonus inschrijving



Programmanr. 18
20-12-2025 - 12:56

Dames, 50m schoolslag

senioren Open
Resultaten Swim off voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
1.	Valesca van den Bogert	Hieronymus	200102138	32.38	+0,54	672	
2.	Michelle Zomerdijk	Dedemsvaart-AC	200003196	32.66	+0,69	655	

B = Bonus inschrijving

Programmanr. 27
20-12-2025 - 13:36

Jongens, 1500m vrije slag

Onder 14
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
1.	Max van Splunder	De Dolfijn				201200531				17:25.87	+0,76	530
	50m: 30.75	30.75	450m: 5:10.14	35.16	850m: 9:51.57	34.69	1250m: 14:32.33	35.27				
	100m: 1:04.55	33.80	500m: 5:45.34	35.20	900m: 10:26.43	34.86	1300m: 15:07.92	35.59				
	150m: 1:39.17	34.62	550m: 6:20.56	35.22	950m: 11:01.57	35.14	1350m: 15:43.29	35.37				
	200m: 2:14.24	35.07	600m: 6:55.85	35.29	1000m: 11:36.38	34.81	1400m: 16:18.44	35.15				
	250m: 2:49.60	35.36	650m: 7:31.36	35.51	1050m: 12:11.76	35.38	1450m: 16:52.96	34.52				
	300m: 3:24.32	34.72	700m: 8:06.65	35.29	1100m: 12:46.70	34.94	1500m: 17:25.87	32.91				
	350m: 3:59.64	35.32	750m: 8:41.68	35.03	1150m: 13:21.99	35.29						
	400m: 4:34.98	35.34	800m: 9:16.88	35.20	1200m: 13:57.06	35.07						
2.	Finn Ostermann	AZC				201301059				18:17.33	+0,74	459
	50m: 32.30	32.30	450m: 5:27.01	37.68	850m: 10:21.55	37.45	1250m: 15:16.01	35.78				
	100m: 1:07.91	35.61	500m: 6:04.17	37.16	900m: 10:58.38	36.83	1300m: 15:53.77	37.76				
	150m: 1:44.67	36.76	550m: 6:41.30	37.13	950m: 11:36.65	38.27	1350m: 16:31.06	37.29				
	200m: 2:21.51	36.84	600m: 7:18.37	37.07	1000m: 12:13.65	37.00	1400m: 17:07.80	36.74				
	250m: 2:58.41	36.90	650m: 7:54.83	36.46	1050m: 12:50.26	36.61	1450m: 17:43.07	35.27				
	300m: 3:35.41	37.00	700m: 8:31.32	36.49	1100m: 13:26.96	36.70	1500m: 18:17.33	34.26				
	350m: 4:12.50	37.09	750m: 9:07.79	36.47	1150m: 14:04.39	37.43						
	400m: 4:49.33	36.83	800m: 9:44.10	36.31	1200m: 14:40.23	35.84						
3.	Luca Denkers	New Wave Almere				201202399				18:18.07	+0,48	458
	50m: 31.21	31.21	450m: 5:22.61	36.55	850m: 10:22.41	37.03	1250m: 15:17.18	36.79				
	100m: 1:06.73	35.52	500m: 6:00.67	38.06	900m: 10:59.95	37.54	1300m: 15:55.29	38.11				
	150m: 1:43.39	36.66	550m: 6:38.10	37.43	950m: 11:37.35	37.40	1350m: 16:31.32	36.03				
	200m: 2:19.48	36.09	600m: 7:15.99	37.89	1000m: 12:14.64	37.29	1400m: 17:07.69	36.37				
	250m: 2:55.44	35.96	650m: 7:54.13	38.14	1050m: 12:52.12	37.48	1450m: 17:44.07	36.38				
	300m: 3:32.33	36.89	700m: 8:31.42	37.29	1100m: 13:29.13	37.01	1500m: 18:18.07	34.00				
	350m: 4:09.19	36.86	750m: 9:07.94	36.52	1150m: 14:04.59	35.46						
	400m: 4:46.06	36.87	800m: 9:45.38	37.44	1200m: 14:40.39	35.80						
4.	Jaro Hermans	PSV				201200173				18:23.66	+0,68	451
	50m: 31.10	31.10	450m: 5:21.51	36.90	850m: 10:20.23	37.27	1250m: 15:17.73	37.31				
	100m: 1:05.72	34.62	500m: 5:58.50	36.99	900m: 10:57.51	37.28	1300m: 15:55.25	37.52				
	150m: 1:41.52	35.80	550m: 6:35.58	37.08	950m: 11:34.73	37.22	1350m: 16:32.67	37.42				
	200m: 2:17.73	36.21	600m: 7:13.00	37.42	1000m: 12:12.52	37.79	1400m: 17:10.42	37.75				
	250m: 2:53.85	36.12	650m: 7:50.64	37.64	1050m: 12:49.94	37.42	1450m: 17:47.78	37.36				
	300m: 3:31.21	37.36	700m: 8:28.49	37.85	1100m: 13:27.25	37.31	1500m: 18:23.66	35.88				
	350m: 4:08.03	36.82	750m: 9:06.17	37.68	1150m: 14:03.80	36.55						
	400m: 4:44.61	36.58	800m: 9:42.96	36.79	1200m: 14:40.42	36.62						
5.	Lars Thül	Swol 1894				201200119				18:41.59	+0,77	430
	50m: 32.06	32.06	450m: 5:28.82	37.63	850m: 10:29.78	38.33	1250m: 15:33.26	39.04				
	100m: 1:08.73	36.67	500m: 6:06.31	37.49	900m: 11:08.47	38.69	1300m: 16:10.47	37.21				
	150m: 1:45.43	36.70	550m: 6:43.80	37.49	950m: 11:45.68	37.21	1350m: 16:47.76	37.29				
	200m: 2:22.06	36.63	600m: 7:21.49	37.69	1000m: 12:23.16	37.48	1400m: 17:26.91	39.15				
	250m: 2:59.33	37.27	650m: 7:58.69	37.20	1050m: 13:00.69	37.53	1450m: 18:05.56	38.65				
	300m: 3:37.23	37.90	700m: 8:37.05	38.36	1100m: 13:37.85	37.16	1500m: 18:41.59	36.03				
	350m: 4:14.57	37.34	750m: 9:14.07	37.02	1150m: 14:16.69	38.84						
	400m: 4:51.19	36.62	800m: 9:51.45	37.38	1200m: 14:54.22	37.53						
6.	Joep Barwegen	HZ&PC Heerenveen				201201823				18:44.66	+0,51	426
	50m: 31.16	31.16	450m: 5:26.29	37.93	850m: 10:32.04	38.38	1250m: 15:36.49	38.23				
	100m: 1:06.23	35.07	500m: 6:04.18	37.89	900m: 11:09.54	37.50	1300m: 16:14.93	38.44				
	150m: 1:42.65	36.42	550m: 6:42.40	38.22	950m: 11:47.92	38.38	1350m: 16:52.80	37.87				
	200m: 2:19.78	37.13	600m: 7:21.06	38.66	1000m: 12:26.08	38.16	1400m: 17:30.94	38.14				
	250m: 2:56.11	36.33	650m: 7:58.98	37.92	1050m: 13:04.39	38.31	1450m: 18:08.80	37.86				
	300m: 3:33.12	37.01	700m: 8:37.63	38.65	1100m: 13:42.47	38.08	1500m: 18:44.66	35.86				
	350m: 4:10.80	37.68	750m: 9:15.85	38.22	1150m: 14:20.37	37.90						
	400m: 4:48.36	37.56	800m: 9:53.66	37.81	1200m: 14:58.26	37.89						
7.	Tijn Pieters	Orca				201300715				18:46.41	+0,67	424
	50m: 31.70	31.70	450m: 5:32.22	37.81	850m: 10:33.95	37.74	1250m: 15:38.40	38.34				
	100m: 1:07.47	35.77	500m: 6:10.18	37.96	900m: 11:11.51	37.56	1300m: 16:16.76	38.36				
	150m: 1:45.60	38.13	550m: 6:48.06	37.88	950m: 11:49.40	37.89	1350m: 16:55.27	38.51				
	200m: 2:23.65	38.05	600m: 7:25.54	37.48	1000m: 12:27.59	38.19	1400m: 17:33.60	38.33				
	250m: 3:01.03	37.38	650m: 8:03.11	37.57	1050m: 13:05.90	38.31	1450m: 18:10.75	37.15				
	300m: 3:38.99	37.96	700m: 8:40.94	37.83	1100m: 13:43.80	37.90	1500m: 18:46.41	35.66				
	350m: 4:16.73	37.74	750m: 9:18.65	37.71	1150m: 14:21.44	37.64						
	400m: 4:54.41	37.68	800m: 9:56.21	37.56	1200m: 15:00.06	38.62						

B = Bonus inschrijving

Programmanr. 27, Jongens, 1500m vrije slag, Onder 14

rang	naam	vereniging				tijd		RT	FINA	para
8.	Rutger Donker	NDD				201200361	18:46.60	+0,74	424	
	50m: 32.39	32.39	450m: 5:31.80	37.98	850m: 10:36.17	38.88	1250m: 15:40.37	37.83		
	100m: 1:08.80	36.41	500m: 6:09.80	38.00	900m: 11:13.61	37.44	1300m: 16:18.41	38.04		
	150m: 1:45.78	36.98	550m: 6:48.01	38.21	950m: 11:51.74	38.13	1350m: 16:55.91	37.50		
	200m: 2:23.63	37.85	600m: 7:25.78	37.77	1000m: 12:30.58	38.84	1400m: 17:33.97	38.06		
	250m: 3:00.96	37.33	650m: 8:03.27	37.49	1050m: 13:07.78	37.20	1450m: 18:10.59	36.62		
	300m: 3:38.59	37.63	700m: 8:41.71	38.44	1100m: 13:45.60	37.82	1500m: 18:46.60	36.01		
	350m: 4:15.80	37.21	750m: 9:19.34	37.63	1150m: 14:23.95	38.35				
	400m: 4:53.82	38.02	800m: 9:57.29	37.95	1200m: 15:02.54	38.59				
9.	Celestin van der Beek	PSV				201201183	19:08.44		400	
	50m: 33.30	33.30	450m: 5:44.34	38.72	850m: 10:54.56	39.47	1250m: 16:01.92	39.08		
	100m: 1:12.00	38.70	500m: 6:22.64	38.30	900m: 11:32.87	38.31	1300m: 16:41.50	39.58		
	150m: 1:51.61	39.61	550m: 7:02.28	39.64	950m: 12:10.58	37.71	1350m: 17:17.49	35.99		
	200m: 2:31.00	39.39	600m: 7:41.36	39.08	1000m: 12:49.30	38.72	1400m: 17:55.19	37.70		
	250m: 3:09.71	38.71	650m: 8:20.06	38.70	1050m: 13:28.09	38.79	1450m: 18:33.45	38.26		
	300m: 3:48.62	38.91	700m: 8:58.81	38.75	1100m: 14:05.50	37.41	1500m: 19:08.44	34.99		
	350m: 4:27.21	38.59	750m: 9:36.62	37.81	1150m: 14:43.85	38.35				
	400m: 5:05.62	38.41	800m: 10:15.09	38.47	1200m: 15:22.84	38.99				
10.	Gijs Leeneman	HZ&PC Heerenveen				201200479	19:20.19	+0,67	388	
	50m: 32.20	32.20	450m: 5:40.69	39.93	850m: 10:53.71	39.20	1250m: 16:03.48	38.86		
	100m: 1:08.79	36.59	500m: 6:19.40	38.71	900m: 11:32.56	38.85	1300m: 16:42.81	39.33		
	150m: 1:46.21	37.42	550m: 6:59.22	39.82	950m: 12:10.78	38.22	1350m: 17:21.99	39.18		
	200m: 2:24.70	38.49	600m: 7:39.31	40.09	1000m: 12:49.16	38.38	1400m: 18:01.96	39.97		
	250m: 3:03.33	38.63	650m: 8:17.87	38.56	1050m: 13:28.25	39.09	1450m: 18:41.38	39.42		
	300m: 3:42.29	38.96	700m: 8:57.26	39.39	1100m: 14:06.47	38.22	1500m: 19:20.19	38.81		
	350m: 4:21.44	39.15	750m: 9:36.30	39.04	1150m: 14:45.27	38.80				
	400m: 5:00.76	39.32	800m: 10:14.51	38.21	1200m: 15:24.62	39.35				
11.	Michael Simons	PSV				201200025	19:28.21	+0,65	380	
	50m: 33.37	33.37	450m: 5:45.89	39.74	850m: 11:00.10	39.42	1250m: 16:15.70	39.05		
	100m: 1:11.13	37.76	500m: 6:24.82	38.93	900m: 11:39.02	38.92	1300m: 16:55.50	39.80		
	150m: 1:50.51	39.38	550m: 7:04.65	39.83	950m: 12:17.08	38.06	1350m: 17:34.51	39.01		
	200m: 2:30.15	39.64	600m: 7:43.72	39.07	1000m: 12:56.52	39.44	1400m: 18:13.95	39.44		
	250m: 3:08.96	38.81	650m: 8:23.04	39.32	1050m: 13:37.09	40.57	1450m: 18:52.20	38.25		
	300m: 3:48.51	39.55	700m: 9:02.17	39.13	1100m: 14:16.23	39.14	1500m: 19:28.21	36.01		
	350m: 4:27.76	39.25	750m: 9:41.02	38.85	1150m: 14:57.07	40.84				
	400m: 5:06.15	38.39	800m: 10:20.68	39.66	1200m: 15:36.65	39.58				
12.	Mats van der Kamp	Deltasteur				201200113	19:36.95	+0,65	372	
	50m: 34.30	34.30	450m: 5:49.07	39.22	850m: 11:08.74	40.77	1250m: 16:23.76	39.45		
	100m: 1:12.55	38.25	500m: 6:28.95	39.88	900m: 11:48.91	40.17	1300m: 17:02.90	39.14		
	150m: 1:52.32	39.77	550m: 7:08.28	39.33	950m: 12:28.21	39.30	1350m: 17:42.92	40.02		
	200m: 2:31.66	39.34	600m: 7:48.37	40.09	1000m: 13:07.56	39.35	1400m: 18:22.15	39.23		
	250m: 3:11.54	39.88	650m: 8:28.62	40.25	1050m: 13:47.31	39.75	1450m: 18:59.65	37.50		
	300m: 3:50.66	39.12	700m: 9:08.65	40.03	1100m: 14:25.93	38.62	1500m: 19:36.95	37.30		
	350m: 4:30.11	39.45	750m: 9:48.87	40.22	1150m: 15:05.52	39.59				
	400m: 5:09.85	39.74	800m: 10:27.97	39.10	1200m: 15:44.31	38.79				
13.	Wessel Vis	De Treffers				201201273	19:50.87	+0,65	359	
	50m: 32.98	32.98	450m: 5:49.63	40.69	850m: 11:14.93	40.87	1250m: 16:38.04	40.15		
	100m: 1:10.72	37.74	500m: 6:29.77	40.14	900m: 11:55.34	40.41	1300m: 17:17.76	39.72		
	150m: 1:50.32	39.60	550m: 7:10.84	41.07	950m: 12:35.64	40.30	1350m: 17:58.02	40.26		
	200m: 2:30.05	39.73	600m: 7:51.03	40.19	1000m: 13:16.57	40.93	1400m: 18:37.20	39.18		
	250m: 3:09.60	39.55	650m: 8:31.71	40.68	1050m: 13:57.20	40.63	1450m: 19:16.56	39.36		
	300m: 3:49.66	40.06	700m: 9:12.27	40.56	1100m: 14:38.42	41.22	1500m: 19:50.87	34.31		
	350m: 4:28.82	39.16	750m: 9:53.41	41.14	1150m: 15:17.80	39.38				
	400m: 5:08.94	40.12	800m: 10:34.06	40.65	1200m: 15:57.89	40.09				
14.	Kris Stoyanov	Blue Marlins				201201505	19:51.29		359	
	50m: 32.85	32.85	450m: 5:47.01	39.72	850m: 11:11.50	40.45	1250m: 16:35.84	40.66		
	100m: 1:11.02	38.17	500m: 6:27.66	40.65	900m: 11:51.64	40.14	1300m: 17:16.89	41.05		
	150m: 1:50.17	39.15	550m: 7:07.32	39.66	950m: 12:32.88	41.24	1350m: 17:56.49	39.60		
	200m: 2:28.75	38.58	600m: 7:48.22	40.90	1000m: 13:13.57	40.69	1400m: 18:36.48	39.99		
	250m: 3:08.14	39.39	650m: 8:28.06	39.84	1050m: 13:54.26	40.69	1450m: 19:15.50	39.02		
	300m: 3:47.91	39.77	700m: 9:09.31	41.25	1100m: 14:34.42	40.16	1500m: 19:51.29	35.79		
	350m: 4:27.65	39.74	750m: 9:49.92	40.61	1150m: 15:15.60	41.18				
	400m: 5:07.29	39.64	800m: 10:31.05	41.13	1200m: 15:55.18	39.58				
15.	Nouh Karman	Zwemlust-den Hommel				201201383	20:18.23 *	+0,77	335	
	50m: 33.99	33.99	450m: 5:52.24	40.59	850m: 11:20.54	41.80	1250m: 16:50.76	41.43		
	100m: 1:11.98	37.99	500m: 6:32.61	40.37	900m: 12:01.50	40.96	1300m: 17:32.93	42.17		
	150m: 1:51.94	39.96	550m: 7:13.37	40.76	950m: 12:42.75	41.25	1350m: 18:14.87	41.94		
	200m: 2:31.50	39.56	600m: 7:54.45	41.08	1000m: 13:24.15	41.40	1400m: 18:56.71	41.84		
	250m: 3:11.45	39.95	650m: 8:35.64	41.19	1050m: 14:05.52	41.37	1450m: 19:38.46	41.75		
	300m: 3:51.17	39.72	700m: 9:16.68	41.04	1100m: 14:46.16	40.64	1500m: 20:18.23	39.77		
	350m: 4:31.58	40.41	750m: 9:58.19	41.51	1150m: 15:28.21	42.05				
	400m: 5:11.65	40.07	800m: 10:38.74	40.55	1200m: 16:09.33	41.12				

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 27, Jongens, 1500m vrije slag, Onder 14

rang	naam	vereniging	tijd	RT	FINA	para
AFGEM	Metz Agema	Deltasteur	201200929			
AFGEM	Tim Slagers	Aquapoldro	201200263			

B = Bonus inschrijving

Programmanr. 28
20-12-2025 - 14:17

Meisjes, 800m vrije slag

Onder 14
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd		RT	FINA	para
1.	Anouk Mulder	De Columbianaan				201200962		9:44.36	+0,58	545
	50m: 31.89	31.89	250m: 2:57.95	36.79	450m: 5:26.17	36.82	650m: 7:55.43	36.83		
	100m: 1:07.95	36.06	300m: 3:34.83	36.88	500m: 6:03.40	37.23	700m: 8:32.32	36.89		
	150m: 1:44.25	36.30	350m: 4:11.82	36.99	550m: 6:41.11	37.71	750m: 9:09.26	36.94		
	200m: 2:21.16	36.91	400m: 4:49.35	37.53	600m: 7:18.60	37.49	800m: 9:44.36	35.10		
2.	Lieselot Penning	ZZ&PC De Devel				201200052		9:49.03	+0,67	532
	50m: 33.21	33.21	250m: 3:01.76	37.60	450m: 5:31.71	37.29	650m: 8:00.11	36.78		
	100m: 1:09.67	36.46	300m: 3:39.35	37.59	500m: 6:09.19	37.48	700m: 8:37.17	37.06		
	150m: 1:46.95	37.28	350m: 4:16.92	37.57	550m: 6:46.34	37.15	750m: 9:13.81	36.64		
	200m: 2:24.16	37.21	400m: 4:54.42	37.50	600m: 7:23.33	36.99	800m: 9:49.03	35.22		
3.	Julia Bannatyne	BZ&PC				201201020		9:54.24		518
	50m: 32.16	32.16	250m: 2:57.03	36.80	450m: 5:28.23	38.47	650m: 8:02.55	39.00		
	100m: 1:07.41	35.25	300m: 3:34.72	37.69	500m: 6:07.09	38.86	700m: 8:40.52	37.97		
	150m: 1:43.50	36.09	350m: 4:11.86	37.14	550m: 6:45.65	38.56	750m: 9:18.44	37.92		
	200m: 2:20.23	36.73	400m: 4:49.76	37.90	600m: 7:23.55	37.90	800m: 9:54.24	35.80		
4.	Eva ter Horst	ZPC Hoogeveen				201200070		9:59.47		505
	50m: 33.43	33.43	250m: 3:00.87	37.79	450m: 5:33.69	38.28	650m: 8:07.78	38.62		
	100m: 1:09.38	35.95	300m: 3:39.36	38.49	500m: 6:12.27	38.58	700m: 8:46.13	38.35		
	150m: 1:46.01	36.63	350m: 4:17.69	38.33	550m: 6:50.60	38.33	750m: 9:23.76	37.63		
	200m: 2:23.08	37.07	400m: 4:55.41	37.72	600m: 7:29.16	38.56	800m: 9:59.47	35.71		
5.	Simone Brobbel	SGHW (SG)				201200058		10:06.37	+0,74	488
	50m: 32.63	32.63	250m: 3:03.91	38.82	450m: 5:39.18	39.02	650m: 8:14.74	38.11		
	100m: 1:09.09	36.46	300m: 3:42.35	38.44	500m: 6:17.73	38.55	700m: 8:53.14	38.40		
	150m: 1:47.05	37.96	350m: 4:20.92	38.57	550m: 6:56.82	39.09	750m: 9:30.52	37.38		
	200m: 2:25.09	38.04	400m: 5:00.16	39.24	600m: 7:36.63	39.81	800m: 10:06.37	35.85		
6.	Veronika Parkhomenko	Het Y				201301610		10:13.87	+0,76	470
	50m: 33.84	33.84	250m: 3:08.14	39.10	450m: 5:45.03	38.95	650m: 8:19.59	38.99		
	100m: 1:11.62	37.78	300m: 3:47.83	39.69	500m: 6:23.39	38.36	700m: 8:58.50	38.91		
	150m: 1:49.83	38.21	350m: 4:27.47	39.64	550m: 7:02.08	38.69	750m: 9:37.60	39.10		
	200m: 2:29.04	39.21	400m: 5:06.08	38.61	600m: 7:40.60	38.52	800m: 10:13.87	36.27		
7.	Tatum Vered	Blue Marlins				201201322		10:18.90	+0,81	459
	50m: 34.18	34.18	250m: 3:08.82	39.16	450m: 5:44.57	39.31	650m: 8:23.09	39.69		
	100m: 1:11.97	37.79	300m: 3:47.35	38.53	500m: 6:23.62	39.05	700m: 9:02.39	39.30		
	150m: 1:50.89	38.92	350m: 4:26.05	38.70	550m: 7:03.66	40.04	750m: 9:41.90	39.51		
	200m: 2:29.66	38.77	400m: 5:05.26	39.21	600m: 7:43.40	39.74	800m: 10:18.90	37.00		
8.	Louise Terwisscha	ZPC AMERSFOORT				201201240		10:18.97	+0,83	458
	50m: 34.23	34.23	250m: 3:10.74	39.34	450m: 5:46.88	38.49	650m: 8:23.45	39.17		
	100m: 1:12.55	38.32	300m: 3:50.80	40.06	500m: 6:25.54	38.66	700m: 9:02.39	38.94		
	150m: 1:52.00	39.45	350m: 4:29.30	38.50	550m: 7:04.98	39.44	750m: 9:41.51	39.12		
	200m: 2:31.40	39.40	400m: 5:08.39	39.09	600m: 7:44.28	39.30	800m: 10:18.97	37.46		
9.	Julia Ketelaars	Hellas-Glana				201200028		10:22.07	+0,84	452
	50m: 33.61	33.61	250m: 3:04.49	38.14	450m: 5:41.38	40.06	650m: 8:23.50	40.57		
	100m: 1:10.88	37.27	300m: 3:43.28	38.79	500m: 6:21.39	40.01	700m: 9:04.28	40.78		
	150m: 1:48.50	37.62	350m: 4:22.25	38.97	550m: 7:02.43	41.04	750m: 9:44.11	39.83		
	200m: 2:26.35	37.85	400m: 5:01.32	39.07	600m: 7:42.93	40.50	800m: 10:22.07	37.96		
10.	Boukje de Baedts	Het Y				201300756		10:23.00	+0,70	450
	50m: 33.47	33.47	250m: 3:05.54	39.15	450m: 5:43.89	39.59	650m: 8:23.40	40.09		
	100m: 1:09.90	36.43	300m: 3:44.96	39.42	500m: 6:23.36	39.47	700m: 9:03.34	39.94		
	150m: 1:47.82	37.92	350m: 4:24.57	39.61	550m: 7:03.09	39.73	750m: 9:43.29	39.95		
	200m: 2:26.39	38.57	400m: 5:04.30	39.73	600m: 7:43.31	40.22	800m: 10:23.00	39.71		
11.	Benthe de Beer	PSV				201302638		10:28.82	+0,65	437
	50m: 35.11	35.11	250m: 3:11.66	39.49	450m: 5:52.57	40.17	650m: 8:32.27	40.06		
	100m: 1:13.74	38.63	300m: 3:51.64	39.98	500m: 6:32.58	40.01	700m: 9:11.91	39.64		
	150m: 1:53.16	39.42	350m: 4:31.69	40.05	550m: 7:12.64	40.06	750m: 9:51.56	39.65		
	200m: 2:32.17	39.01	400m: 5:12.40	40.71	600m: 7:52.21	39.57	800m: 10:28.82	37.26		
12.	Jinthe Kuiper	Swol 1894				201200688		10:32.64		429
	50m: 33.88	33.88	250m: 3:10.72	40.32	450m: 5:50.64	40.34	650m: 8:33.89	41.32		
	100m: 1:11.47	37.59	300m: 3:50.62	39.90	500m: 6:31.18	40.54	700m: 9:14.34	40.45		
	150m: 1:50.70	39.23	350m: 4:30.88	40.26	550m: 7:11.61	40.43	750m: 9:54.76	40.42		
	200m: 2:30.40	39.70	400m: 5:10.30	39.42	600m: 7:52.57	40.96	800m: 10:32.64	37.88		
13.	Vicky Horens	Hellas-Glana				201200252		10:32.85	+0,63	429
	50m: 32.13	32.13	250m: 3:04.12	39.53	450m: 5:44.88	40.69	650m: 8:30.71	41.84		
	100m: 1:08.64	36.51	300m: 3:43.73	39.61	500m: 6:26.10	41.22	700m: 9:13.80	43.09		
	150m: 1:46.46	37.82	350m: 4:23.12	39.39	550m: 7:07.38	41.28	750m: 9:54.83	41.03		
	200m: 2:24.59	38.13	400m: 5:04.19	41.07	600m: 7:48.87	41.49	800m: 10:32.85	38.02		

B = Bonus inschrijving

Programmanr. 28, Meisjes, 800m vrije slag, Onder 14

rang	naam	vereniging				tijd				RT	FINA	para
14.	Jana Nelissen	PSV				201200350				10:38.04	+0,74	418
	50m: 34.22	34.22	250m: 3:09.23	39.50	450m: 5:52.01	41.34	650m: 8:39.46	43.17				
	100m: 1:11.11	36.89	300m: 3:49.27	40.04	500m: 6:33.75	41.74	700m: 9:20.40	40.94				
	150m: 1:49.75	38.64	350m: 4:29.79	40.52	550m: 7:14.95	41.20	750m: 10:00.43	40.03				
	200m: 2:29.73	39.98	400m: 5:10.67	40.88	600m: 7:56.29	41.34	800m: 10:38.04	37.61				
15.	Liv Schoon	DAW				201202112				10:57.57	+0,82	382
	50m: 32.90	32.90	250m: 3:12.42	41.41	450m: 6:00.53	42.17	650m: 8:52.36	43.91				
	100m: 1:10.25	37.35	300m: 3:54.23	41.81	500m: 6:43.52	42.99	700m: 9:35.44	43.08				
	150m: 1:50.11	39.86	350m: 4:36.44	42.21	550m: 7:26.93	43.41	750m: 10:16.99	41.55				
	200m: 2:31.01	40.90	400m: 5:18.36	41.92	600m: 8:08.45	41.52	800m: 10:57.57	40.58				
NG	Ylène Zondervan	ZPC AMERSFOORT				201200016						

B = Bonus inschrijving

4 - Nederlandse Kampioenschappen Korte Baan sessie 4 - finales

20-12-2025 - 17:00

Programmanr. 26
20-12-2025 - 17:00

Dames, 800m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
Onder 18												
1.	Jade van der Schrier	AZC				200800692				8:41.14	+0,77	768
	50m: 30.09	30.09	250m: 2:40.36	32.73	450m: 4:52.40	32.89	650m: 7:04.13	33.08				
	100m: 1:02.21	32.12	300m: 3:13.34	32.98	500m: 5:25.20	32.80	700m: 7:36.94	32.81				
	150m: 1:34.84	32.63	350m: 3:46.33	32.99	550m: 5:58.13	32.93	750m: 8:09.72	32.78				
	200m: 2:07.63	32.79	400m: 4:19.51	33.18	600m: 6:31.05	32.92	800m: 8:41.14	31.42				
2.	Frouke Ludwig	DZ&PC				200800112				9:01.33	+0,75	685
	50m: 30.98	30.98	250m: 2:46.35	34.05	450m: 5:02.09	33.49	650m: 7:18.50	34.54				
	100m: 1:04.45	33.47	300m: 3:20.63	34.28	500m: 5:36.04	33.95	700m: 7:53.16	34.66				
	150m: 1:38.36	33.91	350m: 3:54.67	34.04	550m: 6:09.81	33.77	750m: 8:27.89	34.73				
	200m: 2:12.30	33.94	400m: 4:28.60	33.93	600m: 6:43.96	34.15	800m: 9:01.33	33.44				
3.	Laura van Etten	HZ&PC Heerenveen				200800264				9:15.36	+0,88	635
	50m: 31.00	31.00	250m: 2:49.88	35.09	450m: 5:10.60	35.27	650m: 7:31.65	34.89				
	100m: 1:05.37	34.37	300m: 3:25.11	35.23	500m: 5:46.05	35.45	700m: 8:07.01	35.36				
	150m: 1:40.09	34.72	350m: 4:00.37	35.26	550m: 6:21.40	35.35	750m: 8:42.18	35.17				
	200m: 2:14.79	34.70	400m: 4:35.33	34.96	600m: 6:56.76	35.36	800m: 9:15.36	33.18				
4.	Esmee Ykema	HZ&PC Heerenveen				200801710				9:48.78	+0,74	533
	50m: 32.25	32.25	250m: 2:59.02	37.35	450m: 5:30.06	38.16	650m: 7:59.62	37.60				
	100m: 1:08.07	35.82	300m: 3:36.18	37.16	500m: 6:07.31	37.25	700m: 8:37.09	37.47				
	150m: 1:44.89	36.82	350m: 4:13.91	37.73	550m: 6:45.36	38.05	750m: 9:13.90	36.81				
	200m: 2:21.67	36.78	400m: 4:51.90	37.99	600m: 7:22.02	36.66	800m: 9:48.78	34.88				
GEM	Julie van Nispen	Nuenen				200800290						
NG	Bregje Dekkers	PSV				200900746						

Onder 20

1.	Hedwig Bolt	HZ&PC Heerenveen		200602660	8:44.51		754	
	50m: 29.92	29.92	250m: 2:41.21	33.15	450m: 4:54.70	33.16	650m: 7:06.64	32.85
	100m: 1:02.34	32.42	300m: 3:14.61	33.40	500m: 5:27.73	33.03	700m: 7:39.65	33.01
	150m: 1:35.20	32.86	350m: 3:48.07	33.46	550m: 6:00.86	33.13	750m: 8:12.66	33.01
	200m: 2:08.06	32.86	400m: 4:21.54	33.47	600m: 6:33.79	32.93	800m: 8:44.51	31.85
2.	Rhodee van den Ham	De Duinkikkers		200700090	8:53.23		+0,78 717	
	50m: 30.72	30.72	250m: 2:45.45	33.66	450m: 4:59.97	33.40	650m: 7:14.58	33.30
	100m: 1:03.99	33.27	300m: 3:19.19	33.74	500m: 5:33.78	33.81	700m: 7:48.26	33.68
	150m: 1:37.74	33.75	350m: 3:52.89	33.70	550m: 6:07.50	33.72	750m: 8:21.49	33.23
	200m: 2:11.79	34.05	400m: 4:26.57	33.68	600m: 6:41.28	33.78	800m: 8:53.23	31.74
3.	Veerle de Ridder	HZ&PC Heerenveen		200700778	9:05.97		+0,69 668	
	50m: 29.24	29.24	250m: 2:46.02	34.52	450m: 5:04.80	35.20	650m: 7:23.78	34.30
	100m: 1:02.71	33.47	300m: 3:20.52	34.50	500m: 5:39.39	34.59	700m: 7:58.27	34.49
	150m: 1:37.21	34.50	350m: 3:54.91	34.39	550m: 6:14.37	34.98	750m: 8:32.56	34.29
	200m: 2:11.50	34.29	400m: 4:29.60	34.69	600m: 6:49.48	35.11	800m: 9:05.97	33.41
4.	Imre Bouwland	ZPC Hoogeveen		200700388	9:27.56		595	
	50m: 31.12	31.12	250m: 2:52.13	35.52	450m: 5:16.97	36.24	650m: 7:41.84	36.10
	100m: 1:05.85	34.73	300m: 3:28.35	36.22	500m: 5:53.41	36.44	700m: 8:17.78	35.94
	150m: 1:41.30	35.45	350m: 4:04.28	35.93	550m: 6:30.06	36.65	750m: 8:53.86	36.08
	200m: 2:16.61	35.31	400m: 4:40.73	36.45	600m: 7:05.74	35.68	800m: 9:27.56	33.70
5.	Vera Wassink	DZ&PC		200604976	9:43.51		+0,78 547	
	50m: 30.95	30.95	250m: 2:57.00	36.71	450m: 5:25.60	37.38	650m: 7:55.41	37.47
	100m: 1:06.30	35.35	300m: 3:34.12	37.12	500m: 6:03.07	37.47	700m: 8:31.90	36.49
	150m: 1:43.30	37.00	350m: 4:11.36	37.24	550m: 6:40.54	37.47	750m: 9:07.05	35.15
	200m: 2:20.29	36.99	400m: 4:48.22	36.86	600m: 7:17.94	37.40	800m: 9:43.51	36.46

senioren Open

1.	Marte Hieke van der Kamp	HZ&PC Heerenveen		200500218		8:29.33		+0,74	823			
	50m:	29.66	29.66	250m:	2:37.93	32.33	450m:	4:47.13	32.23	650m:	6:56.00	32.18
	100m:	1:01.45	31.79	300m:	3:10.22	32.29	500m:	5:19.36	32.23	700m:	7:28.17	32.17
	150m:	1:33.48	32.03	350m:	3:42.57	32.35	550m:	5:51.56	32.20	750m:	8:00.23	32.06
	200m:	2:05.60	32.12	400m:	4:14.90	32.33	600m:	6:23.82	32.26	800m:	8:29.33	29.10

B = Bonus inschrijving

Programmanr. 26, Dames, 800m vrije slag, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
2.	Jade van der Schrier	AZC	200800692	8:41.14	+0,77	768
	50m: 30.09	30.09 250m: 2:40.36	32.73 450m: 4:52.40	32.89 650m: 7:04.13		33.08
	100m: 1:02.21	32.12 300m: 3:13.34	32.98 500m: 5:25.20	32.80 700m: 7:36.94		32.81
	150m: 1:34.84	32.63 350m: 3:46.33	32.99 550m: 5:58.13	32.93 750m: 8:09.72		32.78
	200m: 2:07.63	32.79 400m: 4:19.51	33.18 600m: 6:31.05	32.92 800m: 8:41.14		31.42
3.	Hedwig Bolt	HZ&PC Heerenveen	200602660	8:44.51		754
	50m: 29.92	29.92 250m: 2:41.21	33.15 450m: 4:54.70	33.16 650m: 7:06.64		32.85
	100m: 1:02.34	32.42 300m: 3:14.61	33.40 500m: 5:27.73	33.03 700m: 7:39.65		33.01
	150m: 1:35.20	32.86 350m: 3:48.07	33.46 550m: 6:00.86	33.13 750m: 8:12.66		33.01
	200m: 2:08.06	32.86 400m: 4:21.54	33.47 600m: 6:33.79	32.93 800m: 8:44.51		31.85
4.	Fenne Metten	ZPC AMERSFOORT	201000102	8:47.62		740
	50m: 30.27	30.27 250m: 2:43.81	33.34 450m: 4:57.12	33.37 650m: 7:10.35		32.97
	100m: 1:03.33	33.06 300m: 3:17.20	33.39 500m: 5:30.61	33.49 700m: 7:43.41		33.06
	150m: 1:36.83	33.50 350m: 3:50.41	33.21 550m: 6:03.84	33.23 750m: 8:16.42		33.01
	200m: 2:10.47	33.64 400m: 4:23.75	33.34 600m: 6:37.38	33.54 800m: 8:47.62		31.20
5.	Rhodee van den Ham	De Duinkikkers	200700090	8:53.23	+0,78	717
	50m: 30.72	30.72 250m: 2:45.45	33.66 450m: 4:59.97	33.40 650m: 7:14.58		33.30
	100m: 1:03.99	33.27 300m: 3:19.19	33.74 500m: 5:33.78	33.81 700m: 7:48.26		33.68
	150m: 1:37.74	33.75 350m: 3:52.89	33.70 550m: 6:07.50	33.72 750m: 8:21.49		33.23
	200m: 2:11.79	34.05 400m: 4:26.57	33.68 600m: 6:41.28	33.78 800m: 8:53.23		31.74
6.	Frouke Ludwig	DZ&PC	200800112	9:01.33	+0,75	685
	50m: 30.98	30.98 250m: 2:46.35	34.05 450m: 5:02.09	33.49 650m: 7:18.50		34.54
	100m: 1:04.45	33.47 300m: 3:20.63	34.28 500m: 5:36.04	33.95 700m: 7:53.16		34.66
	150m: 1:38.36	33.91 350m: 3:54.67	34.04 550m: 6:09.81	33.77 750m: 8:27.89		34.73
	200m: 2:12.30	33.94 400m: 4:28.60	33.93 600m: 6:43.96	34.15 800m: 9:01.33		33.44
7.	Veerle de Ridder	HZ&PC Heerenveen	200700778	9:05.97	+0,69	668
	50m: 29.24	29.24 250m: 2:46.02	34.52 450m: 5:04.80	35.20 650m: 7:23.78		34.30
	100m: 1:02.71	33.47 300m: 3:20.52	34.50 500m: 5:39.39	34.59 700m: 7:58.27		34.49
	150m: 1:37.21	34.50 350m: 3:54.91	34.39 550m: 6:14.37	34.98 750m: 8:32.56		34.29
	200m: 2:11.50	34.29 400m: 4:29.60	34.69 600m: 6:49.48	35.11 800m: 9:05.97		33.41
8.	Laura van Etten	HZ&PC Heerenveen	200800264	9:15.36	+0,88	635
	50m: 31.00	31.00 250m: 2:49.88	35.09 450m: 5:10.60	35.27 650m: 7:31.65		34.89
	100m: 1:05.37	34.37 300m: 3:25.11	35.23 500m: 5:46.05	35.45 700m: 8:07.01		35.36
	150m: 1:40.09	34.72 350m: 4:00.37	35.26 550m: 6:21.40	35.35 750m: 8:42.18		35.17
	200m: 2:14.79	34.70 400m: 4:35.33	34.96 600m: 6:56.76	35.36 800m: 9:15.36		33.18
9.	Mara Bosman	De Dolfijn	200303048	9:15.89	+0,62	633
	50m: 30.58	30.58 250m: 2:46.35	34.47 450m: 5:05.71	35.33 650m: 7:28.64		35.68
	100m: 1:03.69	33.11 300m: 3:20.58	34.23 500m: 5:41.24	35.53 700m: 8:04.98		36.34
	150m: 1:37.80	34.11 350m: 3:55.50	34.92 550m: 6:17.17	35.93 750m: 8:40.61		35.63
	200m: 2:11.88	34.08 400m: 4:30.38	34.88 600m: 6:52.96	35.79 800m: 9:15.89		35.28
10.	Imre Bouwland	ZPC Hoozevee	200700388	9:27.56		595
	50m: 31.12	31.12 250m: 2:52.13	35.52 450m: 5:16.97	36.24 650m: 7:41.84		36.10
	100m: 1:05.85	34.73 300m: 3:28.35	36.22 500m: 5:53.41	36.44 700m: 8:17.78		35.94
	150m: 1:41.30	35.45 350m: 4:04.28	35.93 550m: 6:30.06	36.65 750m: 8:53.86		36.08
	200m: 2:16.61	35.31 400m: 4:40.73	36.45 600m: 7:05.74	35.68 800m: 9:27.56		33.70
11.	Myrthe Natzijs	DZ&PC	200400076	9:33.40	+0,70	577
	50m: 31.71	31.71 250m: 2:54.51	35.82 450m: 5:19.38	36.11 650m: 7:44.99		36.58
	100m: 1:06.82	35.11 300m: 3:30.56	36.05 500m: 5:55.50	36.12 700m: 8:21.73		36.74
	150m: 1:42.81	35.99 350m: 4:06.93	36.37 550m: 6:31.80	36.30 750m: 8:58.02		36.29
	200m: 2:18.69	35.88 400m: 4:43.27	36.34 600m: 7:08.41	36.61 800m: 9:33.40		35.38
12.	Vera Wassink	DZ&PC	200604976	9:43.51	+0,78	547
	50m: 30.95	30.95 250m: 2:57.00	36.71 450m: 5:25.60	37.38 650m: 7:55.41		37.47
	100m: 1:06.30	35.35 300m: 3:34.12	37.12 500m: 6:03.07	37.47 700m: 8:31.90		36.49
	150m: 1:43.30	37.00 350m: 4:11.36	37.24 550m: 6:40.54	37.47 750m: 9:07.05		35.15
	200m: 2:20.29	36.99 400m: 4:48.22	36.86 600m: 7:17.94	37.40 800m: 9:43.51		36.46
13.	Marijke Drent	Bubble	199906232	9:46.16	+0,81	540
	50m: 31.90	31.90 250m: 2:57.13	36.78 450m: 5:26.19	37.33 650m: 7:55.63		37.28
	100m: 1:06.99	35.09 300m: 3:34.41	37.28 500m: 6:03.54	37.35 700m: 8:33.15		37.52
	150m: 1:43.70	36.71 350m: 4:11.62	37.21 550m: 6:40.91	37.37 750m: 9:10.20		37.05
	200m: 2:20.35	36.65 400m: 4:48.86	37.24 600m: 7:18.35	37.44 800m: 9:46.16		35.96
14.	Esme Ykema	HZ&PC Heerenveen	200801710	9:48.78	+0,74	533
	50m: 32.25	32.25 250m: 2:59.02	37.35 450m: 5:30.06	38.16 650m: 7:59.62		37.60
	100m: 1:08.07	35.82 300m: 3:36.18	37.16 500m: 6:07.31	37.25 700m: 8:37.09		37.47
	150m: 1:44.89	36.82 350m: 4:13.91	37.73 550m: 6:45.36	38.05 750m: 9:13.90		36.81
	200m: 2:21.67	36.78 400m: 4:51.90	37.99 600m: 7:22.02	36.66 800m: 9:48.78		34.88

AFGEM Julie van Nispen Nuenen 200800290

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 26, Dames, 800m vrije slag, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
NG	Bregje Dekkers	PSV	200900746			

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 23
20-12-2025 - 17:11

Heren, 50m rugslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging			tijd	RT	FINA	para
PARA Open								
1.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473	S13	27.14	+0,61	540	944
2.	Thomas Braat	AZC	200802269	S14	34.08	+0,93	273	521
3.	Cheng Van Vondel	KSN (SG)	200902673	S9	37.53	+0,56	204	426
4.	Jesse Bruines	Batavia Swim	200402413	S8	40.47	+0,88	163	423
senioren Open								
Finale A								
1.	Tiago Fonseca Gomes <i>Nederlands Junior Record</i>	Team NL - PSV	200703587		23.94	+0,62	787	
2.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099		24.53	+0,62	732	
3.	Raf Hendriks	Hellas-Glana	200100879		24.55	+0,61	730	
4.	Ensger Kotterink	Albion	199403391		24.66	+0,52	720	
5.	Luuk Smits	Nuenen	200001015		24.75	+0,61	712	
6.	Brandon van den Berg	Albion	200200669		24.83	+0,70	706	
7.	Marcel Hofstede	Blue Marlins	200603931		24.84	+0,59	705	
	Sean Niewold	Albion	200204699		24.84	+0,64	705	
Finale B								
9.	Lars Minnaert	PSV	200502355		25.09	+0,52	684	
10.	Jelle Betten	DZ&PC	200001535		25.18	+0,61	677	
11.	Bjarne van Oord	De Dolfijn	200105101		25.52	+0,58	650	
12.	Luca Boorsma	De Dolfijn	200902031		25.61 *	+0,57	643	
13.	Vanja Kvocka	Hellas-Glana	200904007		25.82	+0,61	627	
14.	Tiamo van der Veen	Dedemsvaart-AC	200600033		25.94	+0,57	619	
15.	Niek Issard	DZ&PC	200700037		26.19	+0,72	601	
16.	Sam Adams	De Dolfijn	200704081		26.34	+0,64	591	

B = Bonus inschrijving

Programmanr. 16
20-12-2025 - 17:17

Dames, 100m rugslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
PARA Open								
1.	Amber van der Kruk	MSV-Zeemacht	200102730 S14	1:10.99	+0,67	440 748	33.60	1:10.99
2.	Suzie Pellis	TeamNL PARA - De Krabben	200701600 S9	1:18.60	+0,74	324 638	38.21	1:18.60
3.	Milou van Winkel	WVZ	200402296 S14	1:17.64	+0,73	336 572	37.39	1:17.64
4.	Gwyneth van der Spek	Batavia Swim	201102806 S7	1:40.65	+0,79	154 497	49.63	1:40.65

senioren Open

Finale A

1.	Lotte Hosper	Team NL - Blue Marlins	200201414	58.70	+0,68	779	28.73	58.70
2.	Mare Schallenberg	Albion	200600078	59.93	+0,64	732	29.62	59.93
3.	Maaïke Ooms	ZPC AMERSFOORT	200801580	1:00.18	+0,75	723	29.16	1:00.18
4.	Jinthe Engelse	Team NL - Blue Marlins	200800204	1:00.24	+0,65	721	29.12	1:00.24
5.	Jetske Moot	ZPC AMERSFOORT	200400230	1:00.46	+0,66	713	29.37	1:00.46
6.	Angelina Rolman	Team NL - PSV	200701972	1:00.77	+0,66	702	29.45	1:00.77
7.	Yke Groener	PSV	200500772	1:01.36	+0,73	682	29.53	1:01.36
8.	Ismay Lichtendonk	HZ&PC Heerenveen	200400622	1:02.01	+0,64	661	29.76	1:02.01

Finale B

9.	Eefje Irvine	De Dolfijn	200700164	1:02.08	+0,62	658	30.42	1:02.08
10.	Malin Roozeboom	WVZ	201100006	1:02.18	+0,69	655	30.14	1:02.18
11.	Sara Korthuis	DZ&PC	200600494	1:02.49	+0,77	645	30.26	1:02.49
12.	Joy Willekus	PSV	200602420	1:02.94	+0,69	632	30.45	1:02.94
13.	Nina van der Schrier	AZC	201000444	1:03.46	+0,69	616	31.02	1:03.46
14.	Amber Celie	De Dolfijn	200300756	1:04.15	+0,68	597	31.41	1:04.15
15.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224	1:04.46	+0,66	588	30.82	1:04.46
16.	Merel Phaff	Nuenen	200100434	1:04.76	+0,72	580	31.23	1:04.76

B = Bonus inschrijving

Programmanr. 17
20-12-2025 - 17:26

Heren, 100m vlinderslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
PARA Open									
1.	Cheng Van Vondel	KSN (SG)	200902673 S9	1:20.73	+0,71	206	363	36.32	1:20.73
senioren Open									
Finale A									
1.	Thomas Verhoeven	Albion	199700311	51.73	+0,67	784		24.21	51.73
2.	Sean Niewold	Albion	200204699	52.28	+0,71	760		24.87	52.28
3.	Michael Smink	Albion	200302169	52.40	+0,63	754		23.89	52.40
4.	Simon Claasen	ZPC AMERSFOORT	200400231	53.21	+0,56	720		24.60	53.21
5.	Lars Bulman	Albion	200600125	53.33	+0,55	716		24.67	53.33
6.	Perry Laarhoven	Albion	200301321	54.72	+0,74	662		24.97	54.72
7.	Joshua Agussalim	WVZ	200600153	54.99	+0,65	653		25.12	54.99
8.	Matthijs van Meerendonk	DZ&PC	199900375	55.36	+0,66	640		25.31	55.36
Finale B									
9.	Stan Stevens	PSV	200305039	54.55	+0,66	669		24.26	54.55
10.	Floris Stork	DZ&PC	200305075	55.31	+0,63	641		25.76	55.31
11.	Alexander Nijst	Nuenen	200104869	55.34	+0,74	640		25.88	55.34
12.	Kalle van Gemert	ZPC De Zeeuwse Kust	199801259	55.55	+0,65	633		25.74	55.55
13.	Marlon Borger	PSV	200404817	55.65	+0,68	630		25.51	55.65
14.	Rick van Hamond	Zegenwerp	199205873	55.94	+0,65	620		25.67	55.94
15.	Mies de Wit	CWW	200700315	56.44	+0,68	604		26.36	56.44
16.	Bram ter Braak	De Dinkel	200800281	58.57	+0,76	540		27.19	58.57

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 18
20-12-2025 - 17:35

Dames, 50m schoolslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
PARA Open							
1.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	SB11	40.47	+0,68	344 750
2.	Aguila Dolsma	Blue Marlins	200603902	SB14	38.89		388 662
3.	Gwyneth van der Spek	Batavia Swim	201102806	SB6	54.38	+0,90	141 529
4.	Dannique Koolen	ZPC AMERSFOORT	199904048	SB14	45.60		240 411
5.	Jente Parlevliet	Noordwijkerhout	201003900	SB14	46.22	+0,90	231 395
6.	Jenna Gorter	De Gooische (SG)	200702746	SB8	47.53	+0,91	212 390

senioren Open

Finale A

1.	Tessa Giele	Albion	200203124		30.72	+0,63	787
2.	Sterre Hendriks	De Dolfijn	200401288		30.83	+0,67	779
3.	Nina Zusterzeel	PSV	200800656		31.04	+0,62	763
4.	Hylcke de Beer	PSV	200700006		31.05	+0,70	762
5.	Hanna Kareinen	De Dolfijn	200006774		31.36	+0,68	740
6.	Joy Willekus	PSV	200602420		31.67	+0,73	718
7.	Lynn Blommers	Blue Marlins	200105062		31.68	+0,68	718
8.	Jade Geurts	WVZ	200402278		32.02	+0,74	695

Finale B

9.	Jill Nai Chung Tong	WVZ	200404272		32.03	+0,76	694
10.	Rafaela Mulders	Team Noord Holland (SG)	200701398		32.28	+0,70	678
11.	Bridget Vermeer	ZPC AMERSFOORT	200501766		32.42	+0,70	670
12.	Benigna Kocsispeter	Hellas-Glana	200702058		32.43		669
13.	Anastasia Renssen	ACZ	200202588		32.45	+0,59	668
14.	Sanne Busch	MNC Dordrecht	200101486		32.58	+0,78	660
15.	Emma Hofstee	TriVia	200401282		32.78	+0,71	648
16.	Evy van Laarhoven	PSV	200500712		32.87	+0,71	642

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 19
20-12-2025 - 17:41

Heren, 200m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
PARA Open										
1. Thomas van W.	TeamNL PARA - PSV	200201473 S13	1:55.55	+0,68	621	904	26.36	55.07	1:25.01	1:55.55
2. Julian Hendriks	TeamNL PARA - De Otters	200603717 S7	2:25.71	+0,67	309	746	34.25	1:10.70	1:48.53	2:25.71
3. Jesse Bruines	Batavia Swim	200402413 S8	2:29.10	+0,78	289	621	35.47	1:13.36	1:51.95	2:29.10
4. Lars Jacobsen	DWK	199705453 S14	2:15.47	+0,65	385	563	30.01	1:04.71	1:41.20	2:15.47
5. Thomas Braat	AZC	200802269 S14	2:16.31	+0,88	378	552	30.85	1:05.57	1:41.37	2:16.31

senioren Open

Finale A

1. Tiago Fonseca G.	Team NL - PSV	200703587	1:45.91	+0,62	807		25.02	51.96	1:19.19	1:45.91
2. Austin Namesnik	ZPC AMERSFOORT	200101817	1:46.40	+0,59	796		24.71	51.92	1:19.43	1:46.40
3. Koen Marsman	Team NL - ZPC AMERSFOORT	200502763	1:46.52	+0,62	793		24.70	51.80	1:19.46	1:46.52
Lucas Peters	ZPC AMERSFOORT	200301325	1:46.52	+0,71	793		25.28	52.29	1:19.07	1:46.52
5. Luuk van Rooij	ZPC AMERSFOORT	200400581	1:47.99	+0,52	761		24.82	51.97	1:19.84	1:47.99
6. Ivo Stolk	Albion	200100615	1:48.12	+0,70	758		24.75	51.98	1:19.40	1:48.12
7. Raf Hendriks	Hellas-Glana	200100879	1:49.14	+0,70	737		25.25	52.88	1:21.06	1:49.14
8. Boele Böhm	Blue Marlins	200700739	1:53.20	+0,67	661		25.37	54.58	1:23.72	1:53.20

Finale B

9. Tobian Vos	ZPC AMERSFOORT	200900005	1:49.52	+0,68	729		25.56	53.28	1:21.81	1:49.52
10. Nikodim Markovic	Albion	200700255	1:51.00	+0,62	701		25.62	53.95	1:22.64	1:51.00
11. Siem de Zeeuw	Team NL - OZ&PC	200800013	1:51.05	+0,71	700		25.39	54.15	1:22.67	1:51.05
12. Colin Bes	DZ&PC	200500201	1:51.29	+0,69	695		25.40	53.29	1:21.99	1:51.29
13. Felbe van 't Land	ZPC AMERSFOORT	200900027	1:51.44	+0,71	692		24.77	52.63	1:22.57	1:51.44
14. Giulian Janssen	PSV	200900125	1:51.79	+0,65	686		24.98	53.04	1:22.17	1:51.79
15. Rens Stijf	ZPC AMERSFOORT	200501419	1:54.28	+0,64	642		25.83	54.86	1:24.76	1:54.28
16. Bram ter Braak	De Dinkel	200800281	1:56.06	+0,73	613		26.10	55.11	1:25.21	1:56.06
NG Martijn Nies	PSV	200902095								

B = Bonus inschrijving

Programmanr. 20
20-12-2025 - 17:53

Dames, 100m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
PARA Open								
1.	Liesette Bruinsma	HZ&PC Heerenveen	200004346 S11	1:06.69	+0,67	427 926	32.42	1:06.69
2.	Milou van Winkel	WVZ	200402296 S14	1:06.14	+0,57	438 680	31.56	1:06.14
3.	Gwyneth van der Spek	Batavia Swim	201102806 S7	1:32.85	+0,76	158 411	45.47	1:32.85
4.	Jente Parlevliet	Noordwijkerhout	201003900 S14	1:21.74		232 360	39.95	1:21.74

senioren Open

Finale A

1.	Kim Busch	Team NL - PSV	199801450	53.28	+0,63	838	25.45	53.28
2.	Imani de Jong	Team NL - PSV	200200464	53.34	+0,68	836	25.81	53.34
3.	Yara van Kalmthout	PSV	200200984	53.58	+0,69	824	26.04	53.58
4.	Britta Koehorst	WVZ	200300246	53.87	+0,63	811	25.57	53.87
5.	Kirsten Verhale	PSV	200400210	54.08	+0,70	802	25.96	54.08
6.	Angelina Rolman	Team NL - PSV	200701972	54.55	+0,70	781	26.60	54.55
7.	Maike Ooms	ZPC AMERSFOORT	200801580	55.83	+0,79	729	26.91	55.83
8.	Jinthe Engelse	Team NL - Blue Marlins	200800204	55.90	+0,69	726	26.93	55.90

Finale B

9.	Elisabeth Timmer	Albion	200106446	54.60	+0,63	779	26.32	54.60
10.	Colinda van der Zanden	Aqua-Novio'94	200502618	55.41	+0,72	745	26.48	55.41
11.	Sara Korthuis	DZ&PC	200600494	55.48	+0,57	743	26.85	55.48
12.	Hannah Huisman	De Dolfijn	201000002	55.56	+0,74	739	27.17	55.56
13.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	55.67	+0,82	735	26.74	55.67
14.	Elise Tanis	De Dolfijn	200200120	56.14	+0,71	717	27.05	56.14
15.	Megan Jonkman	Albion	200600508	56.22	+0,73	714	26.89	56.22
16.	Yill van Bezouw	Hieronymus	201100704	56.34	+0,74	709	26.95	56.34

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 21
20-12-2025 - 18:02

Heren, 200m schoolslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
Finale A										
1. Luca Janssen	Team NL - PSV	200403237	2:07.99	+0,73	827		29.27	1:01.89	1:34.82	2:07.99
Noah de Schryver	De Dolfijn	200105483	2:07.99	+0,66	827		28.90	1:01.33	1:34.97	2:07.99
3. Steijn Louter	Hieronymus	200500793	2:09.17	+0,72	804		29.41	1:02.33	1:35.83	2:09.17
4. Collin van der Hoff	Team NL - WVZ	200604357	2:10.97	+0,67	772		29.64	1:02.87	1:36.52	2:10.97
5. Wytse Broekstra	De Vikings	200800121	2:11.68	+0,59	759		29.35	1:02.81	1:37.10	2:11.68
6. Thomas Jansen	Team NL - WVZ	200100143	2:12.77	+0,74	741		30.25	1:03.62	1:37.78	2:12.77
7. Joost de R.	Albion	200000255	2:14.62	+0,70	711		30.23	1:04.35	1:39.29	2:14.62
8. Storm Boxum	Team NL - DZ&PC	200700421	2:15.15	+0,67	702		29.43	1:03.21	1:38.70	2:15.15
Finale B										
9. Jason van den Berg	Albion	200400009	2:12.16	+0,66	751		29.20	1:03.36	1:39.10	2:12.16
10. Floris Stork	DZ&PC	200305075	2:17.29	+0,65	670		31.81	1:07.33	1:42.04	2:17.29
11. Scott Jansen	WVZ	200202455	2:18.01	+0,58	660		31.24	1:06.44	1:42.48	2:18.01
12. Elias Soens	Blue Marlins	200604327	2:18.39	+0,71	654		30.42	1:05.29	1:41.45	2:18.39
13. Job Sportel	De Dinkel	200800429	2:19.53	+0,70	638		31.73	1:07.11	1:43.11	2:19.53
14. Olivier Orban	PSV	200205177	2:19.55	+0,68	638		31.11	1:05.90	1:42.12	2:19.55
15. Martijn Velders	Aqua-Novio'94	199502619	2:19.67	+0,67	636		31.62	1:06.93	1:43.10	2:19.67
16. Thom Delno	VZC	200000013	2:19.74	+0,72	635		30.21	1:05.20	1:41.75	2:19.74

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 22
20-12-2025 - 18:37

Dames, 200m vlinderslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
Finale A										
1. Tessa Giele	Albion	200203124	2:10.84	+0,67	758		28.24	1:01.27	1:36.03	2:10.84
2. Evy Rozeboom	Team NL - DAW	200601338	2:11.16	+0,65	752		29.44	1:03.82	1:38.24	2:11.16
3. Alinda Dingshoff	De Dolfijn	200000928	2:12.53	+0,74	729		30.15	1:03.28	1:37.26	2:12.53
4. Jasmine Vaartjes	Blue Marlins	200903658	2:14.90		691		29.77	1:03.61	1:38.91	2:14.90
5. Marte Hieke van der K.	HZ&PC Heerenveen	200500218	2:15.19	+0,72	687		30.65	1:04.93	1:39.91	2:15.19
6. Frouke Ludwig	DZ&PC	200800112	2:16.66	+0,73	665		31.03	1:06.01	1:41.24	2:16.66
7. Ilona Weisz	ZPC AMERSFOORT	201004146	2:22.25	+0,71	590		31.23	1:06.30	1:43.08	2:22.25
8. Noa Ottens	VZC	200702256	2:32.31	+0,72	480		31.30	1:09.62	1:50.26	2:32.31
Finale B										
9. Mia Hoeflaken	PSV	201004108	2:26.55	+0,67	539		32.66	1:09.72	1:48.43	2:26.55
10. Famke Irvine	ZPC AMERSFOORT	200501724	2:27.93	+0,57	524		31.63	1:08.81	1:48.04	2:27.93
11. Selene Wortel	Hieronymus	199700654	2:28.91	+0,69	514		32.77	1:10.69	1:50.04	2:28.91
12. Emmelien Smelt	ZVZ	200800012	2:30.42	+0,75	499		32.43	1:10.35	1:50.06	2:30.42
13. Silke Hooghiemstra	HZ&PC Heerenveen	200901224	2:31.29	+0,58	490		31.45	1:08.46	1:49.08	2:31.29
14. Angelique van Vark	GZC DONK	199701478	2:31.37	+0,69	489		32.86	1:11.69	1:51.65	2:31.37
15. Violetta Pflug	Blue Marlins	200804704	2:31.38	+0,79	489		32.89	1:11.32	1:51.47	2:31.38
16. Esra Simon	Hellas-Glana	201100004	2:34.38	+0,76	461		33.82	1:12.49	1:52.86	2:34.38

B = Bonus inschrijving

Programmanr. 25
20-12-2025 - 18:45

Heren, 400m wisselslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
Finale A												
1.	Youri Voet	ZPC AMERSFOORT						200502269	4:15.08		+0,67	780
	50m: 27.66	27.66	150m: 1:34.23	34.44	250m: 2:42.23	35.03	350m: 3:47.29	29.57				
	100m: 59.79	32.13	200m: 2:07.20	32.97	300m: 3:17.72	35.49	400m: 4:15.08	27.79				
2.	Sven Klink	Swol 1894						200500349	4:17.00		+0,71	762
	50m: 27.31	27.31	150m: 1:32.19	33.63	250m: 2:41.30	36.71	350m: 3:48.22	29.47				
	100m: 58.56	31.25	200m: 2:04.59	32.40	300m: 3:18.75	37.45	400m: 4:17.00	28.78				
3.	Wouter Zijlstra	HZ&PC Heerenveen						200401545	4:22.76		+0,58	713
	50m: 27.32	27.32	150m: 1:32.76	33.52	250m: 2:43.40	36.71	350m: 3:52.52	30.39				
	100m: 59.24	31.92	200m: 2:06.69	33.93	300m: 3:22.13	38.73	400m: 4:22.76	30.24				
4.	Stefan van der Meer	VZC						200901361	4:33.07		+0,49	635
	50m: 28.28	28.28	150m: 1:36.70	35.36	250m: 2:50.39	39.19	350m: 4:02.27	32.12				
	100m: 1:01.34	33.06	200m: 2:11.20	34.50	300m: 3:30.15	39.76	400m: 4:33.07	30.80				
5.	Tijn Hilders	De Dolfijn						200700027	4:35.34		+0,74	620
	50m: 29.20	29.20	150m: 1:39.90	36.30	250m: 2:53.45	37.91	350m: 4:04.10	31.44				
	100m: 1:03.60	34.40	200m: 2:15.54	35.64	300m: 3:32.66	39.21	400m: 4:35.34	31.24				
6.	Ronis van Everdingen	DWK						200300043	4:36.06		+0,77	615
	50m: 28.07	28.07	150m: 1:38.54	36.86	250m: 2:52.16	38.79	350m: 4:04.26	32.87				
	100m: 1:01.68	33.61	200m: 2:13.37	34.83	300m: 3:31.39	39.23	400m: 4:36.06	31.80				
7.	Jelte de Jong	ZPCH						200900975	4:38.82		+0,73	597
	50m: 29.36	29.36	150m: 1:39.46	36.13	250m: 2:55.50	40.28	350m: 4:07.94	31.75				
	100m: 1:03.33	33.97	200m: 2:15.22	35.76	300m: 3:36.19	40.69	400m: 4:38.82	30.88				
8.	Daniel Wegman	ZPCH						200802843	4:42.07		+0,66	576
	50m: 28.87	28.87	150m: 1:39.90	37.37	250m: 2:57.04	40.56	350m: 4:11.10	32.69				
	100m: 1:02.53	33.66	200m: 2:16.48	36.58	300m: 3:38.41	41.37	400m: 4:42.07	30.97				
Finale B												
9.	Jesse Marijn Thimister	ZEPS						200602893	4:38.34		+0,59	600
	50m: 29.66	29.66	150m: 1:41.39	37.76	250m: 2:56.02	37.52	350m: 4:07.73	33.16				
	100m: 1:03.63	33.97	200m: 2:18.50	37.11	300m: 3:34.57	38.55	400m: 4:38.34	30.61				
10.	Darren Chen	ZPC AMERSFOORT						200001149	4:38.57		+0,64	598
	50m: 28.67	28.67	150m: 1:38.94	37.00	250m: 2:54.30	39.30	350m: 4:07.31	32.39				
	100m: 1:01.94	33.27	200m: 2:15.00	36.06	300m: 3:34.92	40.62	400m: 4:38.57	31.26				
11.	Niek Vreeling	OZ&PC						200604211	4:38.74		+0,71	597
	50m: 28.73	28.73	150m: 1:38.41	35.04	250m: 2:53.45	39.01	350m: 4:07.45	33.64				
	100m: 1:03.37	34.64	200m: 2:14.44	36.03	300m: 3:33.81	40.36	400m: 4:38.74	31.29				
12.	Jesse van der Meij	De Dolfijn						200600841	4:41.88 *		+0,79	578
	50m: 29.84	29.84	150m: 1:42.52	37.31	250m: 2:58.18	39.34	350m: 4:10.81	32.91				
	100m: 1:05.21	35.37	200m: 2:18.84	36.32	300m: 3:37.90	39.72	400m: 4:41.88	31.07				
13.	Finn Stamsnieder	OZ&PC						200900225	4:44.06		+0,78	564
	50m: 29.08	29.08	150m: 1:40.86	36.77	250m: 2:58.26	41.39	350m: 4:12.13	32.85				
	100m: 1:04.09	35.01	200m: 2:16.87	36.01	300m: 3:39.28	41.02	400m: 4:44.06	31.93				
14.	Luuk Ruinemans	De Dinkel						200301085	4:45.64		+0,77	555
	50m: 27.58	27.58	150m: 1:38.24	36.69	250m: 2:56.60	42.22	350m: 4:13.59	34.10				
	100m: 1:01.55	33.97	200m: 2:14.38	36.14	300m: 3:39.49	42.89	400m: 4:45.64	32.05				
15.	Sverre van der Zwaan	WVZ						200900737	4:45.68		+0,70	555
	50m: 30.10	30.10	150m: 1:40.76	34.98	250m: 2:58.41	42.71	350m: 4:14.96	33.42				
	100m: 1:05.78	35.68	200m: 2:15.70	34.94	300m: 3:41.54	43.13	400m: 4:45.68	30.72				
16.	Teun van Weeren	OZ&PC						200801145	4:46.52		+0,70	550
	50m: 29.68	29.68	150m: 1:42.20	38.21	250m: 3:00.47	41.24	350m: 4:15.01	32.81				
	100m: 1:03.99	34.31	200m: 2:19.23	37.03	300m: 3:42.20	41.73	400m: 4:46.52	31.51				

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 24
20-12-2025 - 18:59

Dames, 200m wisselslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
PARA Open										
1. Amber van der Kruk	MSV-Zeemacht	200102730 SM14	2:37.94	+0,82	456	702	34.86	1:12.63	2:00.77	2:37.94
2. Suzie Pellis	TeamNL PARA - De Krabbe	200701600 SM9	2:48.74		374	660	37.45	1:21.27	2:09.72	2:48.74
3. Jente Parlevliet	Noordwijkerhout	201003900 SM14	3:12.93	+0,78	250	385	45.64	1:34.13	2:29.98	3:12.93
senioren Open										
Finale A										
1. Zinke Delcommune	PSV	200505416	2:11.91	+0,52	783		28.99	1:02.15	1:40.27	2:11.91
2. Kirsten Verhalle	PSV	200400210	2:13.30	+0,69	759		28.56	1:01.99	1:41.78	2:13.30
3. Mare Schallenberg	Albion	200600078	2:14.17	+0,66	744		29.87	1:04.30	1:43.05	2:14.17
4. Dachen Haaijer	ZPC Hoogeveen	200800380	2:16.23	+0,74	711		28.56	1:03.24	1:43.73	2:16.23
5. Djanilla Brink	Team NL - De Dolfijn	200600988	2:16.87	+0,77	701		30.43	1:06.51	1:44.22	2:16.87
6. Yill van Bezouw	Hieronymus	201100704	2:17.11	+0,74	698		29.49	1:04.39	1:44.80	2:17.11
7. Fay Boxum	DZ&PC	200900060	2:17.32	+0,75	694		29.40	1:03.87	1:44.92	2:17.32
8. Rafaela Mulders	Team Noord Holland (SG)	200701398	2:18.38	+0,72	679		30.45	1:07.07	1:45.90	2:18.38
Finale B										
9. Jill Nai Chung Tong	WVZ	200404272	2:18.99	+0,70	670		29.13	1:05.60	1:46.40	2:18.99
10. Lynn Blommers	Blue Marlins	200105062	2:19.07	+0,64	668		30.41	1:07.17	1:46.63	2:19.07
11. Annique Rupke	WVZ	200700876	2:21.10	+0,73	640		30.30	1:06.72	1:47.31	2:21.10
12. Ismay Lichtendonk	HZ&PC Heerenveen	200400622	2:21.31	+0,57	637		30.62	1:04.98	1:46.17	2:21.31
13. Nikita van den O.	Nuenen	199900622	2:21.55	+0,71	634		30.19	1:05.64	1:47.91	2:21.55
14. Robin Goossens	Nuenen	200003128	2:22.48	+0,84	622		31.56	1:08.19	1:48.05	2:22.48
15. Esmee Mulder	DZ&PC	200800038	2:24.44	+0,66	597		30.92	1:08.09	1:50.36	2:24.44
16. Meyke v. Nimwegen	De Schotelijl	200800106	2:26.51	+0,72	572		31.02	1:07.32	1:52.00	2:26.51

B = Bonus inschrijving

Programmanr. 15
20-12-2025 - 19:11

Heren, 800m vrije slag

Senioren Open
Resultaten

Puntent: AQUA 2025

rang	naam	vereniging						tijd				RT	FINA	para
Onder 18														
1.	Martijn Nies	PSV						200902095				7:59.20	+0,72	776
	50m:	26.90	26.90	250m:	2:24.71	29.77	450m:	4:26.68	30.69	650m:	6:29.33	30.58		
	100m:	55.95	29.05	300m:	2:54.64	29.93	500m:	4:57.47	30.79	700m:	7:00.14	30.81		
	150m:	1:25.33	29.38	350m:	3:24.91	30.27	550m:	5:28.14	30.67	750m:	7:30.52	30.38		
	200m:	1:54.94	29.61	400m:	3:55.99	31.08	600m:	5:58.75	30.61	800m:	7:59.20	28.68		
2.	Diede Veld	HZ&PC Heerenveen						200800011				8:13.88	+0,73	709
	50m:	27.16	27.16	250m:	2:28.98	30.96	450m:	4:33.88	31.38	650m:	6:40.34	31.56		
	100m:	57.03	29.87	300m:	3:00.10	31.12	500m:	5:05.37	31.49	700m:	7:12.04	31.70		
	150m:	1:27.41	30.38	350m:	3:31.36	31.26	550m:	5:37.05	31.68	750m:	7:43.39	31.35		
	200m:	1:58.02	30.61	400m:	4:02.50	31.14	600m:	6:08.78	31.73	800m:	8:13.88	30.49		
3.	Jelte de Jong	ZPCH						200900975				8:28.39	+0,71	650
	50m:	28.88	28.88	250m:	2:37.72	32.36	450m:	4:47.51	32.34	650m:	6:55.68	31.72		
	100m:	1:00.68	31.80	300m:	3:10.07	32.35	500m:	5:19.56	32.05	700m:	7:27.35	31.67		
	150m:	1:32.96	32.28	350m:	3:42.54	32.47	550m:	5:51.75	32.19	750m:	7:58.41	31.06		
	200m:	2:05.36	32.40	400m:	4:15.17	32.63	600m:	6:23.96	32.21	800m:	8:28.39	29.98		
4.	Xiaoyu Yin	Blue Marlins						200803363				8:31.11	+0,67	639
	50m:	28.08	28.08	250m:	2:30.92	31.35	450m:	4:39.39	32.45	650m:	6:52.81	33.82		
	100m:	58.21	30.13	300m:	3:02.60	31.68	500m:	5:12.51	33.12	700m:	7:26.16	33.35		
	150m:	1:28.65	30.44	350m:	3:34.66	32.06	550m:	5:45.89	33.38	750m:	7:59.20	33.04		
	200m:	1:59.57	30.92	400m:	4:06.94	32.28	600m:	6:18.99	33.10	800m:	8:31.11	31.91		
5.	Figo van Duuren	ZPCH						200800391				8:56.40	+0,77	553
	50m:	30.47	30.47	250m:	2:44.55	33.63	450m:	5:01.02	34.03	650m:	7:17.16	33.75		
	100m:	1:03.39	32.92	300m:	3:18.47	33.92	500m:	5:35.09	34.07	700m:	7:51.22	34.06		
	150m:	1:37.10	33.71	350m:	3:52.50	34.03	550m:	6:09.42	34.33	750m:	8:24.88	33.66		
	200m:	2:10.92	33.82	400m:	4:26.99	34.49	600m:	6:43.41	33.99	800m:	8:56.40	31.52		
6.	Aidan van der Stelt	Blue Marlins						200900901				9:01.72	+0,70	537
	50m:	29.62	29.62	250m:	2:44.33	34.03	450m:	5:02.04	34.44	650m:	7:20.42	34.18		
	100m:	1:02.63	33.01	300m:	3:18.42	34.09	500m:	5:36.91	34.87	700m:	7:54.92	34.50		
	150m:	1:36.13	33.50	350m:	3:52.89	34.47	550m:	6:11.28	34.37	750m:	8:29.69	34.77		
	200m:	2:10.30	34.17	400m:	4:27.60	34.71	600m:	6:46.24	34.96	800m:	9:01.72	32.03		
NG	Yarno van Dam	ACZ						200800115						
NG	Joey Pop	ZVVS						200800277						

Onder 20

1.	Bram Loots	Team NL - Team Noord Holland				200700197				8:06.52	+0,67	742
	50m:	27.65	27.65	250m:	2:29.03	30.46	450m:	4:31.44	30.69	650m:	6:34.66	30.77
	100m:	57.51	29.86	300m:	2:59.43	30.40	500m:	5:02.11	30.67	700m:	7:05.75	31.09
	150m:	1:27.91	30.40	350m:	3:30.02	30.59	550m:	5:32.78	30.67	750m:	7:36.60	30.85
	200m:	1:58.57	30.66	400m:	4:00.75	30.73	600m:	6:03.89	31.11	800m:	8:06.52	29.92
2.	Olivier Wilbers	De Dolfijn				200600181				8:15.25	+0,59	703
	50m:	28.98	28.98	250m:	2:33.09	31.15	450m:	4:38.34	31.39	650m:	6:43.90	31.55
	100m:	59.76	30.78	300m:	3:04.34	31.25	500m:	5:09.57	31.23	700m:	7:15.27	31.37
	150m:	1:30.75	30.99	350m:	3:35.48	31.14	550m:	5:40.97	31.40	750m:	7:46.26	30.99
	200m:	2:01.94	31.19	400m:	4:06.95	31.47	600m:	6:12.35	31.38	800m:	8:15.25	28.99
3.	Bas Blanker	ACZ				200601497				8:27.38	+0,73	654
	50m:	27.48	27.48	250m:	2:33.03	31.88	450m:	4:41.64	32.58	650m:	6:51.86	32.44
	100m:	58.03	30.55	300m:	3:04.89	31.86	500m:	5:14.15	32.51	700m:	7:24.40	32.54
	150m:	1:29.40	31.37	350m:	3:37.05	32.16	550m:	5:46.81	32.66	750m:	7:56.52	32.12
	200m:	2:01.15	31.75	400m:	4:09.06	32.01	600m:	6:19.42	32.61	800m:	8:27.38	30.86
4.	Thijs Wellink	ZPC AMERSFOORT				200600715				8:42.24	+0,55	599
	50m:	28.58	28.58	250m:	2:39.89	33.23	450m:	4:51.89	33.12	650m:	7:04.62	33.14
	100m:	1:00.69	32.11	300m:	3:12.97	33.08	500m:	5:24.97	33.08	700m:	7:38.04	33.42
	150m:	1:33.59	32.90	350m:	3:45.83	32.86	550m:	5:58.13	33.16	750m:	8:10.74	32.70
	200m:	2:06.66	33.07	400m:	4:18.77	32.94	600m:	6:31.48	33.35	800m:	8:42.24	31.50
5.	Lou van Leeuwen	De Dolfijn				200702779				8:47.35	+0,60	582
	50m:	28.92	28.92	250m:	2:40.63	33.18	450m:	4:52.79	32.97	650m:	7:06.88	33.79
	100m:	1:01.02	32.10	300m:	3:13.88	33.25	500m:	5:25.93	33.14	700m:	7:40.67	33.79
	150m:	1:34.10	33.08	350m:	3:46.98	33.10	550m:	5:59.66	33.73	750m:	8:14.90	34.23
	200m:	2:07.45	33.35	400m:	4:19.82	32.84	600m:	6:33.09	33.43	800m:	8:47.35	32.45

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 15, Heren, 800m vrije slag, Onder 20

rang	naam	vereniging	tijd	RT	FINA	para
6.	Melle van Veen	Dedemsvaart-AC	200700661	9:00.68	+0,71	540
	50m: 29.09	29.09 250m: 2:41.18	33.55 450m: 4:58.91	34.70 650m: 7:18.33		34.89
	100m: 1:01.25	32.16 300m: 3:15.45	34.27 500m: 5:33.61	34.70 700m: 7:52.89		34.56
	150m: 1:34.32	33.07 350m: 3:49.72	34.27 550m: 6:08.36	34.75 750m: 8:27.21		34.32
	200m: 2:07.63	33.31 400m: 4:24.21	34.49 600m: 6:43.44	35.08 800m: 9:00.68		33.47
7.	Jere Wiersma	DZ&PC	200701037	9:06.97 *	+0,71	522
	50m: 29.26	29.26 250m: 2:46.85	34.42 450m: 5:08.05	35.52 650m: 7:26.19		34.41
	100m: 1:02.72	33.46 300m: 3:21.80	34.95 500m: 5:42.41	34.36 700m: 8:00.48		34.29
	150m: 1:37.63	34.91 350m: 3:56.78	34.98 550m: 6:17.34	34.93 750m: 8:34.46		33.98
	200m: 2:12.43	34.80 400m: 4:32.53	35.75 600m: 6:51.78	34.44 800m: 9:06.97		32.51

AFGEM Tieme Wiersma DZ&PC 200701031

senioren Open

1.	Martijn Nies	PSV	200902095	7:59.20	+0,72	776
	50m: 26.90	26.90 250m: 2:24.71	29.77 450m: 4:26.68	30.69 650m: 6:29.33		30.58
	100m: 55.95	29.05 300m: 2:54.64	29.93 500m: 4:57.47	30.79 700m: 7:00.14		30.81
	150m: 1:25.33	29.38 350m: 3:24.91	30.27 550m: 5:28.14	30.67 750m: 7:30.52		30.38
	200m: 1:54.94	29.61 400m: 3:55.99	31.08 600m: 5:58.75	30.61 800m: 7:59.20		28.68
2.	Bram Loots	Team NL - Team Noord Holland	200700197	8:06.52	+0,67	742
	50m: 27.65	27.65 250m: 2:29.03	30.46 450m: 4:31.44	30.69 650m: 6:34.66		30.77
	100m: 57.51	29.86 300m: 2:59.43	30.40 500m: 5:02.11	30.67 700m: 7:05.75		31.09
	150m: 1:27.91	30.40 350m: 3:30.02	30.59 550m: 5:32.78	30.67 750m: 7:36.60		30.85
	200m: 1:58.57	30.66 400m: 4:00.75	30.73 600m: 6:03.89	31.11 800m: 8:06.52		29.92
3.	Diede Veld	HZ&PC Heerenveen	200800011	8:13.88	+0,73	709
	50m: 27.16	27.16 250m: 2:28.98	30.96 450m: 4:33.88	31.38 650m: 6:40.34		31.56
	100m: 57.03	29.87 300m: 3:00.10	31.12 500m: 5:05.37	31.49 700m: 7:12.04		31.70
	150m: 1:27.41	30.38 350m: 3:31.36	31.26 550m: 5:37.05	31.68 750m: 7:43.39		31.35
	200m: 1:58.02	30.61 400m: 4:02.50	31.14 600m: 6:08.78	31.73 800m: 8:13.88		30.49
4.	Olivier Wilbers	De Dolfijn	200600181	8:15.25	+0,59	703
	50m: 28.98	28.98 250m: 2:33.09	31.15 450m: 4:38.34	31.39 650m: 6:43.90		31.55
	100m: 59.76	30.78 300m: 3:04.34	31.25 500m: 5:09.57	31.23 700m: 7:15.27		31.37
	150m: 1:30.75	30.99 350m: 3:35.48	31.14 550m: 5:40.97	31.40 750m: 7:46.26		30.99
	200m: 2:01.94	31.19 400m: 4:06.95	31.47 600m: 6:12.35	31.38 800m: 8:15.25		28.99
5.	Bas Blanker	ACZ	200601497	8:27.38	+0,73	654
	50m: 27.48	27.48 250m: 2:33.03	31.88 450m: 4:41.64	32.58 650m: 6:51.86		32.44
	100m: 58.03	30.55 300m: 3:04.89	31.86 500m: 5:14.15	32.51 700m: 7:24.40		32.54
	150m: 1:29.40	31.37 350m: 3:37.05	32.16 550m: 5:46.81	32.66 750m: 7:56.52		32.12
	200m: 2:01.15	31.75 400m: 4:09.06	32.01 600m: 6:19.42	32.61 800m: 8:27.38		30.86
6.	Jelte de Jong	ZPCH	200900975	8:28.39	+0,71	650
	50m: 28.88	28.88 250m: 2:37.72	32.36 450m: 4:47.51	32.34 650m: 6:55.68		31.72
	100m: 1:00.68	31.80 300m: 3:10.07	32.35 500m: 5:19.56	32.05 700m: 7:27.35		31.67
	150m: 1:32.96	32.28 350m: 3:42.54	32.47 550m: 5:51.75	32.19 750m: 7:58.41		31.06
	200m: 2:05.36	32.40 400m: 4:15.17	32.63 600m: 6:23.96	32.21 800m: 8:28.39		29.98
7.	Hessel Robert	Het Y	200200917	8:30.13	+0,76	643
	50m: 27.71	27.71 250m: 2:32.74	31.91 450m: 4:42.53	32.72 650m: 6:54.43		32.88
	100m: 57.87	30.16 300m: 3:04.84	32.10 500m: 5:15.31	32.78 700m: 7:26.96		32.53
	150m: 1:29.15	31.28 350m: 3:37.43	32.59 550m: 5:48.20	32.89 750m: 7:59.94		32.98
	200m: 2:00.83	31.68 400m: 4:09.81	32.38 600m: 6:21.55	33.35 800m: 8:30.13		30.19
8.	Xiaoyu Yin	Blue Marlins	200803363	8:31.11	+0,67	639
	50m: 28.08	28.08 250m: 2:30.92	31.35 450m: 4:39.39	32.45 650m: 6:52.81		33.82
	100m: 58.21	30.13 300m: 3:02.60	31.68 500m: 5:12.51	33.12 700m: 7:26.16		33.35
	150m: 1:28.65	30.44 350m: 3:34.66	32.06 550m: 5:45.89	33.38 750m: 7:59.20		33.04
	200m: 1:59.57	30.92 400m: 4:06.94	32.28 600m: 6:18.99	33.10 800m: 8:31.11		31.91
9.	Ramon Vos	ZPC Hoogeveen	201100051	8:34.86	+0,68	626
	50m: 28.76	28.76 250m: 2:38.97	33.05 450m: 4:49.36	32.49 650m: 6:59.42		32.45
	100m: 1:00.61	31.85 300m: 3:11.75	32.78 500m: 5:21.87	32.51 700m: 7:31.99		32.57
	150m: 1:33.21	32.60 350m: 3:44.10	32.35 550m: 5:54.35	32.48 750m: 8:04.33		32.34
	200m: 2:05.92	32.71 400m: 4:16.87	32.77 600m: 6:26.97	32.62 800m: 8:34.86		30.53
10.	Thijs Wellink	ZPC AMERSFOORT	200600715	8:42.24	+0,55	599
	50m: 28.58	28.58 250m: 2:39.89	33.23 450m: 4:51.89	33.12 650m: 7:04.62		33.14
	100m: 1:00.69	32.11 300m: 3:12.97	33.08 500m: 5:24.97	33.08 700m: 7:38.04		33.42
	150m: 1:33.59	32.90 350m: 3:45.83	32.86 550m: 5:58.13	33.16 750m: 8:10.74		32.70
	200m: 2:06.66	33.07 400m: 4:18.77	32.94 600m: 6:31.48	33.35 800m: 8:42.24		31.50
11.	Julian Prummel	De Gooische (SG)	200501731	8:45.99	+0,76	587
	50m: 29.42	29.42 250m: 2:40.47	33.25 450m: 4:54.21	33.45 650m: 7:08.48		33.95
	100m: 1:01.69	32.27 300m: 3:13.94	33.47 500m: 5:27.49	33.28 700m: 7:42.25		33.77
	150m: 1:34.35	32.66 350m: 3:47.23	33.29 550m: 6:01.08	33.59 750m: 8:15.41		33.16
	200m: 2:07.22	32.87 400m: 4:20.76	33.53 600m: 6:34.53	33.45 800m: 8:45.99		30.58

B = Bonus inschrijving

Programmanr. 15, Heren, 800m vrije slag, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
12.	Matteo Viani	Zwemlust-den Hommel	199007717	8:46.35	+0,79	585
	50m: 30.43	30.43 250m: 2:41.39	32.90 450m: 4:53.69	33.13 650m: 7:07.13		33.79
	100m: 1:03.46	33.03 300m: 3:14.59	33.20 500m: 5:27.10	33.41 700m: 7:40.50		33.37
	150m: 1:35.87	32.41 350m: 3:47.60	33.01 550m: 6:00.06	32.96 750m: 8:14.01		33.51
	200m: 2:08.49	32.62 400m: 4:20.56	32.96 600m: 6:33.34	33.28 800m: 8:46.35		32.34
13.	Lou van Leeuwen	De Dolfijn	200702779	8:47.35	+0,60	582
	50m: 28.92	28.92 250m: 2:40.63	33.18 450m: 4:52.79	32.97 650m: 7:06.88		33.79
	100m: 1:01.02	32.10 300m: 3:13.88	33.25 500m: 5:25.93	33.14 700m: 7:40.67		33.79
	150m: 1:34.10	33.08 350m: 3:46.98	33.10 550m: 5:59.66	33.73 750m: 8:14.90		34.23
	200m: 2:07.45	33.35 400m: 4:19.82	32.84 600m: 6:33.09	33.43 800m: 8:47.35		32.45
14.	Laurens van Nulck	Hellas-Glana	201100521	8:47.66	+0,59	581
	50m: 29.37	29.37 250m: 2:40.54	33.54 450m: 4:53.91	33.42 650m: 7:08.85		33.55
	100m: 1:01.29	31.92 300m: 3:13.78	33.24 500m: 5:27.75	33.84 700m: 7:42.73		33.88
	150m: 1:33.99	32.70 350m: 3:47.25	33.47 550m: 6:01.58	33.83 750m: 8:15.97		33.24
	200m: 2:07.00	33.01 400m: 4:20.49	33.24 600m: 6:35.30	33.72 800m: 8:47.66		31.69
15.	Baris Tomu	ZPCH	201000869	8:50.44	+0,64	572
	50m: 29.57	29.57 250m: 2:41.52	33.19 450m: 4:55.05	33.77 650m: 7:09.95		33.96
	100m: 1:02.82	33.25 300m: 3:14.58	33.06 500m: 5:28.58	33.53 700m: 7:43.41		33.46
	150m: 1:35.45	32.63 350m: 3:47.92	33.34 550m: 6:02.50	33.92 750m: 8:17.68		34.27
	200m: 2:08.33	32.88 400m: 4:21.28	33.36 600m: 6:35.99	33.49 800m: 8:50.44		32.76
16.	Figo van Duuren	ZPCH	200800391	8:56.40	+0,77	553
	50m: 30.47	30.47 250m: 2:44.55	33.63 450m: 5:01.02	34.03 650m: 7:17.16		33.75
	100m: 1:03.39	32.92 300m: 3:18.47	33.92 500m: 5:35.09	34.07 700m: 7:51.22		34.06
	150m: 1:37.10	33.71 350m: 3:52.50	34.03 550m: 6:09.42	34.33 750m: 8:24.88		33.66
	200m: 2:10.92	33.82 400m: 4:26.99	34.49 600m: 6:43.41	33.99 800m: 8:56.40		31.52
17.	Luka Geraerds	Hellas-Glana	200502077	8:57.43	+0,78	550
	50m: 29.97	29.97 250m: 2:42.05	33.59 450m: 4:58.37	34.24 650m: 7:16.48		34.75
	100m: 1:02.25	32.28 300m: 3:16.00	33.95 500m: 5:32.83	34.46 700m: 7:50.93		34.45
	150m: 1:35.10	32.85 350m: 3:49.96	33.96 550m: 6:07.10	34.27 750m: 8:25.38		34.45
	200m: 2:08.46	33.36 400m: 4:24.13	34.17 600m: 6:41.73	34.63 800m: 8:57.43		32.05
18.	Mike Schel	ENC Arnhem	199403279	8:58.03	+0,71	548
	50m: 29.93	29.93 250m: 2:45.13	34.52 450m: 5:02.93	34.15 650m: 7:18.44		33.77
	100m: 1:02.81	32.88 300m: 3:19.61	34.48 500m: 5:37.06	34.13 700m: 7:52.38		33.94
	150m: 1:36.43	33.62 350m: 3:54.06	34.45 550m: 6:10.91	33.85 750m: 8:26.00		33.62
	200m: 2:10.61	34.18 400m: 4:28.78	34.72 600m: 6:44.67	33.76 800m: 8:58.03		32.03
19.	Melle van Veen	Dedemsvaart-AC	200700661	9:00.68	+0,71	540
	50m: 29.09	29.09 250m: 2:41.18	33.55 450m: 4:58.91	34.70 650m: 7:18.33		34.89
	100m: 1:01.25	32.16 300m: 3:15.45	34.27 500m: 5:33.61	34.70 700m: 7:52.89		34.56
	150m: 1:34.32	33.07 350m: 3:49.72	34.27 550m: 6:08.36	34.75 750m: 8:27.21		34.32
	200m: 2:07.63	33.31 400m: 4:24.21	34.49 600m: 6:43.44	35.08 800m: 9:00.68		33.47
20.	Aidan van der Stelt	Blue Marlins	200900901	9:01.72	+0,70	537
	50m: 29.62	29.62 250m: 2:44.33	34.03 450m: 5:02.04	34.44 650m: 7:20.42		34.18
	100m: 1:02.63	33.01 300m: 3:18.42	34.09 500m: 5:36.91	34.87 700m: 7:54.92		34.50
	150m: 1:36.13	33.50 350m: 3:52.89	34.47 550m: 6:11.28	34.37 750m: 8:29.69		34.77
	200m: 2:10.30	34.17 400m: 4:27.60	34.71 600m: 6:46.24	34.96 800m: 9:01.72		32.03
21.	Jere Wiersma	DZ&PC	200701037	9:06.97 *	+0,71	522
	50m: 29.26	29.26 250m: 2:46.85	34.42 450m: 5:08.05	35.52 650m: 7:26.19		34.41
	100m: 1:02.72	33.46 300m: 3:21.80	34.95 500m: 5:42.41	34.36 700m: 8:00.48		34.29
	150m: 1:37.63	34.91 350m: 3:56.78	34.98 550m: 6:17.34	34.93 750m: 8:34.46		33.98
	200m: 2:12.43	34.80 400m: 4:32.53	35.75 600m: 6:51.78	34.44 800m: 9:06.97		32.51
22.	Rik Doornenbal	Blue Marlins	199805913	9:07.31	+0,69	521
	50m: 29.58	29.58 250m: 2:43.91	34.53 450m: 5:03.80	35.03 650m: 7:24.24		34.58
	100m: 1:01.90	32.32 300m: 3:18.51	34.60 500m: 5:39.41	35.61 700m: 7:59.31		35.07
	150m: 1:35.40	33.50 350m: 3:53.66	35.15 550m: 6:14.55	35.14 750m: 8:34.08		34.77
	200m: 2:09.38	33.98 400m: 4:28.77	35.11 600m: 6:49.66	35.11 800m: 9:07.31		33.23
AFGEM	Tieme Wiersma	DZ&PC	200701031			
NG	Yarno van Dam	ACZ	200800115			
NG	Joey Pop	ZVVS	200800277			

B = Bonus inschrijving

Programmanr. 29
20-12-2025 - 19:31

Dames, 4 x 100m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang		vereniging				tijd	RT	FINA	para
1.	PSV 1	PSV				3:35.75	+0,69	857	
	Imani de Jong	+0,69	26.06	53.73	Angelina Rolman	+0,36	25.99	54.04	
	Yara van Kalmthout	+0,35	25.69	53.55	Kirsten Verhalle	+0,31	26.11	54.43	
2.	Albion 1	Albion				3:38.77	+0,73	822	
	Mare Schallenberg	+0,73	27.56	55.71	Elisabeth Timmer	+0,29	25.95	54.41	
	Megan Jonkman	+0,49	26.37	54.63	Tessa Giele	+0,26	26.00	54.02	
3.	ZPC AMERSFOORT 1	ZPC AMERSFOORT				3:43.69	+0,68	769	
	Nynke Boerefijn	+0,68	26.73	55.24	Jetske Moot	+0,37	27.46	57.79	
	Marin Wieling	+0,42	26.73	55.89	Maaïke Ooms	+0,46	26.26	54.77	
4.	De Dolfijn 1	De Dolfijn				3:45.88	+0,63	747	
	Elise Tanis	+0,63	26.97	56.33	Kinge Zandringa	+0,23	26.56	56.19	
	Hannah Huisman	+0,31	26.98	56.35	Alinda Dingshoff	+0,34	26.97	57.01	
5.	VZC 1	VZC				3:51.53	+0,76	694	
	Charlotte Woltjes	+0,76	27.74	57.58	Tess Panjer	+0,18	28.38	59.30	
	Elin Ditewig	+0,28	27.15	57.84	Juliëtte Woltjes	+0,43	27.55	56.81	
6.	HZ&PC Heerenveen 1	HZ&PC Heerenveen				3:54.41	+0,86	668	
	Laura van Etten	+0,86	27.99	58.30	Ismay Lichtendonk	+0,25	28.05	59.14	
	Veerle de Ridder	+0,37	27.85	59.50	Marte Hieke van der Kamp	+0,24	27.73	57.47	
7.	ZPC AMERSFOORT 2	ZPC AMERSFOORT				3:57.89	+0,76	640	
	Chiara Lammertink	+0,76	28.82	59.90	Paula Spans	+0,49	28.73	1:00.09	
	Senna Rijnbeek	+0,44	27.89	58.73	Ilona Weisz	+0,49	28.43	59.17	
8.	Dedemsvaart-AC 1	Dedemsvaart-AC				4:00.12	+0,70	622	
	Alessia Sluis	+0,70	28.94	59.81	Daphne Dijsselhof	+0,20	29.18	1:01.44	
	Marlies Dijsselhof	+0,32	28.40	59.96	Michelle Zomerdijk	+0,31	27.60	58.91	
9.	Nuenen 1	Nuenen				4:00.46	+0,74	619	
	Susan Teijken	+0,74	28.74	1:00.18	Robin Goossens	+0,24	29.29	1:01.33	
	Merel Phaff	+0,32	28.49	59.38	Nikita van den Ouden	+0,17	28.41	59.57	
10.	OZ&PC 1	OZ&PC				4:02.54	+0,75	603	
	Florien Pot	+0,75	29.15	1:00.81	Emma Steenbrink	+0,53	28.74	1:00.24	
	Renske Oude Egbrink	+0,25	29.33	1:01.50	Flore Blok	+0,31	28.52	59.99	
11.	DAW 1	DAW				4:03.73	+0,55	595	
	Zoë Prins	+0,55	28.52	1:00.57	Libhin Boon	+0,48	29.51	1:02.41	
	Bette Peetoom	+0,42	28.86	1:01.14	Patricia de Leu	+0,25	27.71	59.61	
12.	Albion 2	Albion				4:04.67	+0,67	588	
	Fenna de Groot	+0,67	28.93	1:01.67	Merel Bijl	+0,63	29.46	1:01.67	
	Esmee de Raadt	+0,12	28.27	1:00.26	Rinske Bouman	+0,49	28.27	1:01.07	
13.	Zweamlust-den Hommel 1	Zweamlust-den Hommel				4:05.19	+0,85	584	
	Manon Kloosterman	+0,85	28.76	1:00.39	Iris Goes	+0,34	29.04	1:01.40	
	Annika Hogenhuis	+0,23	29.40	1:02.87	Mette Hogenhuis	+0,11	28.45	1:00.53	
14.	ZVL-1886 1	ZVL-1886				4:06.14	+0,70	577	
	Jelsie van Ruijven	+0,70	29.16	1:00.35	Rozalia Diederiks	+0,48	31.11	1:04.41	
	Silke Molendijk	+0,43	28.40	59.63	Wictoria Diederiks	+0,47	29.37	1:01.75	
15.	HZ&PC Heerenveen 2	HZ&PC Heerenveen				4:08.10		564	
	Silke Hooghiemstra		28.76	1:01.00	Esmee Ykema		29.67	1:02.25	
	Milou Geneuglijk	+0,19	29.08	1:01.09	Lois Jalving	+0,28	29.37	1:03.76	
16.	Deltasteur 1	Deltasteur				4:09.37	+0,81	555	
	Charlotte van der Meer	+0,81	30.85	1:04.26	Valerie Sakkers	+0,40	28.98	1:01.85	
	Monica van der Meer	+0,45	29.64	1:02.13	Julia van den Bosch	+0,61	28.79	1:01.13	
GEM	Hieronymus 1	Hieronymus							

B = Bonus inschrijving

Programmanr. 30
20-12-2025 - 19:44

Heren, 4 x 100m wisselslag

Senioren Open
Resultaten

Punten: AQUA 2025

rang		vereniging				tijd	RT	FINA	para
1.	Albion 1 <i>Kampioenschaps Record</i>	Albion				3:29.98	+0,62	847	
	Nikodim Markovic	+0,62	25.96	54.46	Sean Niewold	+0,30	23.21	51.02	
	Jason van den Berg	+0,32	26.38	57.59	Brandon van den Berg	+0,47	22.23	46.91	
2.	Albion 2	Albion				3:34.60	+0,68	793	
	Ivo Stolk	+0,68	26.52	55.29	Thomas Verhoeven	+0,33	23.55	51.36	
	Loek Huyghelier	+0,37	27.88	1:00.08	Perry Laarhoven	+0,36	22.68	47.87	
3.	PSV 1	PSV				3:36.03	+0,52	777	
	Lars Minnaert	+0,52	25.92	54.92	Tiago Fonseca Gomes	+0,34	24.67	52.71	
	Luca Janssen	+0,44	27.66	59.07	Giulian Janssen	+0,35	23.03	49.33	
4.	Albion 3	Albion				3:36.43	+0,56	773	
	Ensger Kotterink	+0,56	25.94	55.15	Michael Smink	+0,32	23.67	52.76	
	Rick Bulman	+0,14	28.01	1:00.73	Floris Tanis	+0,11	22.60	47.79	
5.	ZPC AMERSFOORT 1	ZPC AMERSFOORT				3:37.30	+0,61	764	
	Austin Namesnik	+0,61	26.40	54.31	Simon Claasen	+0,37	24.45	53.11	
	Duncan van Haaren	+0,22	28.35	1:01.70	Koen Marsman	+0,20	22.91	48.18	
6.	De Dolfijn 1	De Dolfijn				3:40.50	+0,63	731	
	Sam Adams	+0,63	26.73	55.83	Patriks Francis Pone	+0,20	24.52	55.43	
	Noah de Schryver	+0,15	27.73	59.72	Jesse van der A	+0,48	23.51	49.52	
7.	DZ&PC 1	DZ&PC				3:41.08	+0,63	725	
	Jelle Betten	+0,63	26.31	54.71	Matthijs van Meerendonk	+0,33	24.91	54.70	
	Storm Boxum	+0,30	27.82	1:00.74	Colin Bes	+0,21	23.81	50.93	
8.	WVZ 1	WVZ				3:42.78	+0,53	709	
	Jisse Lousma	+0,53	27.32	55.97	Joshua Agussalim	+0,18	24.73	54.51	
	Collin van der Hoff	+0,24	27.79	1:00.84	Denzel Barthen	+0,17	24.35	51.46	
9.	De Dolfijn 2	De Dolfijn				3:43.74	+0,58	700	
	Bjarne van Oord	+0,58	26.67	55.99	Luca Boorsma	+0,50	26.10	58.98	
	Bram Zwetsloot	+0,04	27.43	59.41	Kingue Struijf	0.00	22.84	49.36	
10.	Albion 4	Albion				3:45.07	+0,63	687	
	Sjoerd van Weelden	+0,63	27.20	57.17	Lars Bulman	+0,48	25.02	55.12	
	Joost de Roij van Zuidewijn	+0,30	28.27	1:01.92	Kaan Sudak	+0,21	24.07	50.86	
11.	Blue Marlins 1	Blue Marlins				3:45.82	+0,63	681	
	Marcel Hofstede	+0,63	26.69	56.36	Xiaoyu Yin	+0,30	26.15	57.78	
	Viktor Koets	+0,49	28.68	1:01.79	River Streefland	+0,03	23.58	49.89	
12.	ZPC AMERSFOORT 2	ZPC AMERSFOORT				3:49.45	+0,62	649	
	Felbe van 't Land	+0,62	27.04	57.44	Tobian Vos	+0,19	25.91	56.08	
	Darren Chen	+0,25	29.84	1:05.12	Rens Stijf	+0,36	24.02	50.81	
13.	Hellas-Glana 1	Hellas-Glana				3:49.49	+0,56	648	
	Raf Hendriks	+0,56	27.73	58.60	Timo Kaanen	+0,60	25.92	57.23	
	Lars Kerremans	+0,08	28.95	1:03.57	Arno Nelissen	+0,25	23.64	50.09	
14.	DWK 1	DWK				3:49.94	+0,64	645	
	Niek Heethaar	+0,64	27.19	57.16	Ronis van Everdingen	+0,36	26.08	57.28	
	Ruben Baars	+0,28	29.44	1:03.16	Timo Berghuis	+0,43	24.60	52.34	
15.	Dedemsvaart-AC 1	Dedemsvaart-AC				3:50.67	+0,55	638	
	Tiamo van der Veen	+0,55	26.72	55.62	Stan Tibben	+0,15	26.39	57.18	
	Ruben Hoeve	+0,45	29.69	1:05.47	Melle van Veen	+0,31	24.59	52.40	
16.	De Dinkel 1	De Dinkel				3:50.75	+0,69	638	
	Luuk Ruinemans	+0,69	28.03	59.35	Bram ter Braak	+0,49	25.83	56.15	
	Job Sportel	+0,30	28.89	1:02.08	Milan Lucas	+0,39	24.96	53.17	
17.	Nuenen 1	Nuenen				3:51.71	+0,61	630	
	Luuk Smits	+0,61	26.91	57.85	Alexander Nijst	+0,13	26.06	57.52	
	Max Peters	+0,31	28.75	1:03.40	Wouter Sijmons	+0,36	25.14	52.94	
18.	Albion 5	Albion				3:52.71	+0,57	622	
	Sander Iuga	+0,57	28.22	58.74	Bjom de Heus	+0,51	26.08	57.75	
	Max Voortman	+0,18	29.10	1:04.33	Kenan Coeruez	+0,19	24.07	51.89	
19.	HZ&PC Heerenveen 1	HZ&PC Heerenveen				3:53.24	+0,68	618	
	Gijs Koehoorn	+0,68	28.29	59.04	Diede Veld	+0,28	26.72	58.03	
	Wouter Zijlstra	+0,39	29.85	1:03.62	Finn Eghuizen	+0,32	25.10	52.55	

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 30, Heren, 4 x 100m wisselslag, Senioren Open

rang	vereniging	tijd	RT	FINA	para
20.	ZPCH 1 Lucas Schouten Lucas Douwma	ZPCH +0,55 29.53 1:01.47 +0,38 30.26 1:04.66 Daniel Wegman Thomas Vastenhou	3:54.96 +0,35 26.33 +0,35 24.84	604 56.89 51.94	
21.	Blue Marlins 2 Aditya Winterberg Elias Soens	Blue Marlins +0,68 29.64 1:01.99 +0,21 28.78 1:02.50 Tygo Gerts Fabian Riedijk	3:55.23 +0,39 26.27 +0,53 25.13	602 58.16 52.58	
22.	VZC 1 Rijk Leenders Thom Delno	VZC +0,61 28.77 59.06 +0,15 28.31 1:02.60 Stefan van der Meer Bas Mostert	3:55.32 +0,50 27.47 +0,21 25.68	601 59.83 53.83	
23.	Zwemlust-den Hommel 1 Bink Elgersma Mees de Vries	Zwemlust-den Hommel +0,69 29.18 59.70 +0,30 31.05 1:06.74 Matteo Viani Louis Kappler	3:55.84 +0,21 25.93 +0,32 25.22	597 57.03 52.37	
24.	Team Noord Holland (SG) 1 Willem Weustink Yaniv Kerdijk	Team Noord Holland (SG) +0,66 28.12 59.38 +0,39 28.69 1:02.66 Rens Noordover Suraj Baladurage	3:56.10 +0,58 27.70 +0,63 25.38	595 1:00.72 53.34	
25.	WVZ 2 Niek Sonneveld Scott Jansen	WVZ +0,66 28.99 1:00.14 +0,42 29.17 1:02.54 Sverre van der Zwaan Tim Boerefijn	3:56.25 +0,74 28.23 +0,36 24.43	594 1:01.58 51.99	
26.	Hieronymus 1 Delano van der Wegen Steijn Louter	Hieronymus +0,63 30.07 1:02.82 +0,34 27.24 58.63 Tom Balsen Versteeg Sven Buijs	3:56.47 +0,28 27.14 +0,32 26.03	593 59.46 55.56	
27.	OZ&PC 1 Niek Vreeling Finn Stamsnieder	OZ&PC +0,63 28.90 59.55 +0,50 31.69 1:08.29 Jort Siebelt Siem de Zeeuw	3:57.12 +0,19 26.76 +0,07 23.48	588 58.96 50.32	
28.	CWW 1 Léon van Grevenbroek Mick van Kempen	CWW +0,69 30.07 1:03.81 +0,57 29.89 1:05.20 Mies de Wit Mees Peters	3:59.00 +0,14 25.83 +0,23 25.46	574 56.36 53.63	
29.	ACZ 1 Menno Wieringa Hessel de Jong	ACZ +0,66 27.95 58.95 +0,32 30.86 1:08.47 Nicko Kamphuis Yurii Verkhoturov	3:59.02 +0,31 25.37 +0,40 26.05	574 56.58 55.02	
30.	ZPC Woerden 1 Brent Schifflers Daan Hoogendoorn	ZPC Woerden +0,68 29.06 1:00.46 +0,42 30.07 1:05.62 Ian Terlouw Milan de Roo	4:00.51 +0,32 26.75 +0,17 26.50	563 59.10 55.33	
31.	Poseidon'56 1 Alex Woe Erik van Gemert	Poseidon'56 +0,57 30.15 1:03.83 +0,38 30.20 1:06.36 Gerard Willighagen Ryan van den Ouden	4:01.02 +0,38 26.10 +0,21 24.52	560 57.41 53.42	
32.	DAW 1 Luc Mul Lars Kool	DAW +0,71 29.17 1:01.50 +0,45 31.93 1:08.82 Felix Geenen Mauro Bedeke	4:02.46 +0,11 25.23 +0,13 25.81	550 57.39 54.75	

B = Bonus inschrijving

5 - Nederlandse Kampioenschappen Korte Baan sessie 5 - series

21-12-2025 - 9:00

Programmanr. 31
21-12-2025 - 9:00

Heren, 400m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT		FINA	para
PARA onder 18													
1.	Thomas Braat	AZC				200802269	S14	4:57.29	+0,92	Q	363	575	
	50m: 31.80	31.80	150m: 1:46.01	37.90	250m: 3:03.31	38.68	350m: 4:20.67	39.08					
	100m: 1:08.11	36.31	200m: 2:24.63	38.62	300m: 3:41.59	38.28	400m: 4:57.29	36.62					
PARA Open													
1.	Julian Hendriks	TeamNL PARA - De Otters Het Go200603717				S7	5:11.40	+0,74	Q	316	674		
	50m: 35.58	35.58	150m: 1:51.37	38.47	250m: 3:10.41	39.91	350m: 4:31.54	40.23					
	100m: 1:12.90	37.32	200m: 2:30.50	39.13	300m: 3:51.31	40.90	400m: 5:11.40	39.86					
2.	Lars Jacobsen	DWK				199705453	S14	4:47.16	+0,85	Q	403	638	
	50m: 31.48	31.48	150m: 1:42.88	36.64	250m: 2:57.93	37.58	350m: 4:12.60	37.50					
	100m: 1:06.24	34.76	200m: 2:20.35	37.47	300m: 3:35.10	37.17	400m: 4:47.16	34.56					
3.	Thomas Braat	AZC				200802269	S14	4:57.29	+0,92	Q	363	575	
	50m: 31.80	31.80	150m: 1:46.01	37.90	250m: 3:03.31	38.68	350m: 4:20.67	39.08					
	100m: 1:08.11	36.31	200m: 2:24.63	38.62	300m: 3:41.59	38.28	400m: 4:57.29	36.62					
4.	Jesse Bruines	Batavia Swim				200402413	S8	5:40.23	+0,76	Q	242	465	
	50m: 37.55	37.55	150m: 2:02.97	43.45	250m: 3:30.89	43.66	350m: 4:59.03	44.01					
	100m: 1:19.52	41.97	200m: 2:47.23	44.26	300m: 4:15.02	44.13	400m: 5:40.23	41.20					
Onder 18													
1.	Martijn Nies	PSV				200902095		3:55.00	+0,72	A	736		
	50m: 26.45	26.45	150m: 1:24.57	29.38	250m: 2:24.92	30.19	350m: 3:25.96	30.61					
	100m: 55.19	28.74	200m: 1:54.73	30.16	300m: 2:55.35	30.43	400m: 3:55.00	29.04					
2.	Diede Veld	HZ&PC Heerenveen				200800011		3:56.73	+0,74	A	720		
	50m: 26.61	26.61	150m: 1:25.57	29.90	250m: 2:26.13	30.15	350m: 3:26.66	30.12					
	100m: 55.67	29.06	200m: 1:55.98	30.41	300m: 2:56.54	30.41	400m: 3:56.73	30.07					
3.	Tobian Vos	ZPC AMERSFOORT				200900005		4:05.03	+0,73	B	649		
	50m: 27.59	27.59	150m: 1:28.41	31.09	250m: 2:31.56	31.20	350m: 3:34.18	31.54					
	100m: 57.32	29.73	200m: 2:00.36	31.95	300m: 3:02.64	31.08	400m: 4:05.03	30.85					
4.	Milan Veelders	ZPC AMERSFOORT				200800279		4:05.26	+0,71	B	648		
	50m: 27.80	27.80	150m: 1:29.43	31.06	250m: 2:32.44	31.29	350m: 3:35.59	31.07					
	100m: 58.37	30.57	200m: 2:01.15	31.72	300m: 3:04.52	32.08	400m: 4:05.26	29.67					
5.	Bas Mostert	VZC				200800629		4:06.47	+0,32	B	638		
	50m: 27.70	27.70	150m: 1:29.32	31.62	250m: 2:33.31	32.14	350m: 3:36.48	31.37					
	100m: 57.70	30.00	200m: 2:01.17	31.85	300m: 3:05.11	31.80	400m: 4:06.47	29.99					
6.	Xiaoyu Yin	Blue Marlins				200803363		4:07.12	+0,67	B	633		
	50m: 27.31	27.31	150m: 1:26.77	30.19	250m: 2:29.56	31.47	350m: 3:34.61	32.73					
	100m: 56.58	29.27	200m: 1:58.09	31.32	300m: 3:01.88	32.32	400m: 4:07.12	32.51					
7.	Jelte de Jong	ZPCH				200900975		4:07.96	+0,74	R	627		
	50m: 27.84	27.84	150m: 1:29.97	31.53	250m: 2:33.00	31.40	350m: 3:36.50	31.78					
	100m: 58.44	30.60	200m: 2:01.60	31.63	300m: 3:04.72	31.72	400m: 4:07.96	31.46					
8.	Stefan van der Meer	VZC				200901361		4:08.33	+0,65		624		
	50m: 27.33	27.33	150m: 1:28.92	31.36	250m: 2:32.82	31.96	350m: 3:37.05	32.08					
	100m: 57.56	30.23	200m: 2:00.86	31.94	300m: 3:04.97	32.15	400m: 4:08.33	31.28					
9.	Rian Schoneveld	De Berkelduikers				200801789		4:09.76	+0,55		613		
	50m: 27.72	27.72	150m: 1:30.99	31.99	250m: 2:36.12	32.60	350m: 3:39.76	31.86					
	100m: 59.00	31.28	200m: 2:03.52	32.53	300m: 3:07.90	31.78	400m: 4:09.76	30.00					
10.	Wessel van Dorst	Aqua-Novio'94				200900727		4:14.22	+0,67		581		
	50m: 27.96	27.96	150m: 1:31.72	32.35	250m: 2:36.96	32.52	350m: 3:43.28	32.95					
	100m: 59.37	31.41	200m: 2:04.44	32.72	300m: 3:10.33	33.37	400m: 4:14.22	30.94					
11.	Juan Cruz Slappendel	Orca				200903053		4:15.04	+0,71		576		
	50m: 28.92	28.92	150m: 1:32.81	32.37	250m: 2:37.43	32.20	350m: 3:42.97	32.88					
	100m: 1:00.44	31.52	200m: 2:05.23	32.42	300m: 3:10.09	32.66	400m: 4:15.04	32.07					

B = Bonus inschrijving

Programmanr. 31, Jongens, 400m vrije slag, Voorronde, Onder 18

rang	naam	vereniging	tijd	RT	FINA	para
12.	Filip Piszczynski	KSN (SG)	200802125	4:15.27	+0,70	574
	50m: 28.78	28.78 150m: 1:32.66	31.89 250m: 2:37.29	32.25 350m: 3:42.34	32.52	
	100m: 1:00.77	31.99 200m: 2:05.04	32.38 300m: 3:09.82	32.53 400m: 4:15.27	32.93	
13.	Sverre van der Zwaan	WVZ	200900737	4:16.17	+0,56	568
	50m: 28.51	28.51 150m: 1:32.59	32.22 250m: 2:37.89	32.57 350m: 3:44.16	32.99	
	100m: 1:00.37	31.86 200m: 2:05.32	32.73 300m: 3:11.17	33.28 400m: 4:16.17	32.01	
14.	Xander Kragting	ZPC AMERSFOORT	200900077	4:16.32	+0,63	567
	50m: 28.59	28.59 150m: 1:32.04	32.07 250m: 2:37.25	32.60 350m: 3:43.43	33.19	
	100m: 59.97	31.38 200m: 2:04.65	32.61 300m: 3:10.24	32.99 400m: 4:16.32	32.89	
15.	Timo Berghuis	DWK	200801991	4:17.31	+0,65	561
	50m: 28.49	28.49 150m: 1:33.49	32.67 250m: 2:40.34	33.39 350m: 3:46.17	32.00	
	100m: 1:00.82	32.33 200m: 2:06.95	33.46 300m: 3:14.17	33.83 400m: 4:17.31	31.14	
16.	Gijs Hartwijk	ZVL-1886	200800573	4:17.33	+0,67	561
	50m: 28.84	28.84 150m: 1:32.99	32.36 250m: 2:38.41	32.94 350m: 3:44.85	33.55	
	100m: 1:00.63	31.79 200m: 2:05.47	32.48 300m: 3:11.30	32.89 400m: 4:17.33	32.48	
17.	Figo van Duuren	ZPCH	200800391	4:17.53	+0,82	559
	50m: 29.42	29.42 150m: 1:33.47	32.32 250m: 2:39.30	32.65 350m: 3:45.38	32.99	
	100m: 1:01.15	31.73 200m: 2:06.65	33.18 300m: 3:12.39	33.09 400m: 4:17.53	32.15	
18.	Teun van Weeren	OZ&PC	200801145	4:19.15	+0,70	549
	50m: 29.58	29.58 150m: 1:33.93	32.43 250m: 2:40.18	33.16 350m: 3:46.89	33.28	
	100m: 1:01.50	31.92 200m: 2:07.02	33.09 300m: 3:13.61	33.43 400m: 4:19.15	32.26	
19.	Bjorn Scholten	WS Twente	200801143	4:19.91	+0,86	544
	50m: 29.50	29.50 150m: 1:34.70	33.02 250m: 2:42.01	33.84 350m: 3:48.47	32.54	
	100m: 1:01.68	32.18 200m: 2:08.17	33.47 300m: 3:15.93	33.92 400m: 4:19.91	31.44	
20.	Felix Gepkens	VZC	200800631	4:21.25	+0,57	536
	50m: 29.00	29.00 150m: 1:34.39	32.64 250m: 2:40.10	32.59 350m: 3:47.41	34.06	
	100m: 1:01.75	32.75 200m: 2:07.51	33.12 300m: 3:13.35	33.25 400m: 4:21.25	33.84	
21.	Seth van den Dool	Blue Marlins	200803809	4:21.45	+0,56	535
	50m: 28.17	28.17 150m: 1:33.06	32.84 250m: 2:39.82	33.20 350m: 3:47.59	33.92	
	100m: 1:00.22	32.05 200m: 2:06.62	33.56 300m: 3:13.67	33.85 400m: 4:21.45	33.86	
22.	Koen de Vries	De Reest	200802379	4:22.75	+0,72	527
	50m: 29.35	29.35 150m: 1:34.17	32.81 250m: 2:41.14	33.84 350m: 3:48.82	33.86	
	100m: 1:01.36	32.01 200m: 2:07.30	33.13 300m: 3:14.96	33.82 400m: 4:22.75	33.93	
23.	Aidan van der Stelt	Blue Marlins	200900901	4:23.15	+0,60	524
	50m: 28.81	28.81 150m: 1:34.27	32.68 250m: 2:41.66	33.83 350m: 3:49.66	34.16	
	100m: 1:01.59	32.78 200m: 2:07.83	33.56 300m: 3:15.50	33.84 400m: 4:23.15	33.49	
24.	Steven Knol	De Dolfijn	200900543	4:23.68	+0,71	521
	50m: 29.50	29.50 150m: 1:35.47	33.36 250m: 2:43.27	33.95 350m: 3:50.99	33.91	
	100m: 1:02.11	32.61 200m: 2:09.32	33.85 300m: 3:17.08	33.81 400m: 4:23.68	32.69	
25.	Dyon Scholten	Steenwijk 1934	200900095	4:26.22	+0,75	506
	50m: 28.43	28.43 150m: 1:33.60	33.23 250m: 2:41.60	34.24 350m: 3:51.69	35.31	
	100m: 1:00.37	31.94 200m: 2:07.36	33.76 300m: 3:16.38	34.78 400m: 4:26.22	34.53	
26.	Liam Tjin Wong Joe	De Dolfijn	200804105	4:26.32	+0,67	506
	50m: 29.01	29.01 150m: 1:34.43	33.35 250m: 2:42.61	34.16 350m: 3:52.01	34.74	
	100m: 1:01.08	32.07 200m: 2:08.45	34.02 300m: 3:17.27	34.66 400m: 4:26.32	34.31	
27.	Twan Wielage	KSN (SG)	200902671	4:38.54	+0,72	442
	50m: 29.64	29.64 150m: 1:35.97	33.82 250m: 2:47.10	35.73 350m: 4:01.60	37.25	
	100m: 1:02.15	32.51 200m: 2:11.37	35.40 300m: 3:24.35	37.25 400m: 4:38.54	36.94	
NG	Yarno van Dam	ACZ	200800115			
NG	Joey Pop	ZVVS	200800277			

Onder 20

1.	Tiago Fonseca Gomes	Team NL - PSV	200703587	3:52.82	+0,61	A	757
	50m: 26.96	26.96 150m: 1:24.28	28.37 250m: 2:22.28	29.05 350m: 3:23.42	30.93		
	100m: 55.91	28.95 200m: 1:53.23	28.95 300m: 2:52.49	30.21 400m: 3:52.82	29.40		
2.	Bram Loots	Team NL - Team Noord Holland	200700197	3:57.42	+0,49	A	714
	50m: 27.12	27.12 150m: 1:26.70	29.95 250m: 2:26.88	30.10 350m: 3:27.54	30.36		
	100m: 56.75	29.63 200m: 1:56.78	30.08 300m: 2:57.18	30.30 400m: 3:57.42	29.88		
3.	Olivier Wilbers	De Dolfijn	200600181	4:01.87	+0,71	B	675
	50m: 27.94	27.94 150m: 1:28.55	30.66 250m: 2:30.32	30.93 350m: 3:32.73	31.23		
	100m: 57.89	29.95 200m: 1:59.39	30.84 300m: 3:01.50	31.18 400m: 4:01.87	29.14		

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 31, Heren, 400m vrije slag, Voorronde, Onder 20

rang	naam	vereniging				tijd				RT	FINA	para	
4.	Boele Böhm	Blue Marlins				200700739	4:02.01				+0,71	B	674
	50m:	26.48	26.48	150m:	1:26.27	29.91	250m:	2:28.54	31.51	350m:	3:31.55	31.77	
	100m:	56.36	29.88	200m:	1:57.03	30.76	300m:	2:59.78	31.24	400m:	4:02.01	30.46	
5.	Denzel Barthen	WVZ				200700147	4:07.88				+0,72	R	627
	50m:	27.25	27.25	150m:	1:29.53	31.75	250m:	2:32.98	31.64	350m:	3:37.62	32.50	
	100m:	57.78	30.53	200m:	2:01.34	31.81	300m:	3:05.12	32.14	400m:	4:07.88	30.26	
6.	Bas Blanker	ACZ				200601497	4:08.47				+0,73		623
	50m:	27.41	27.41	150m:	1:29.53	31.54	250m:	2:34.00	32.32	350m:	3:38.12	31.84	
	100m:	57.99	30.58	200m:	2:01.68	32.15	300m:	3:06.28	32.28	400m:	4:08.47	30.35	
7.	Tijn Hilders	De Dolfijn				200700027	4:09.87				+0,87		612
	50m:	27.87	27.87	150m:	1:30.87	31.93	250m:	2:34.85	31.88	350m:	3:39.10	32.16	
	100m:	58.94	31.07	200m:	2:02.97	32.10	300m:	3:06.94	32.09	400m:	4:09.87	30.77	
8.	Jort Siebelt	OZ&PC				200700083	4:11.79				+0,73		599
	50m:	27.90	27.90	150m:	1:30.51	31.77	250m:	2:34.84	32.39	350m:	3:40.60	33.19	
	100m:	58.74	30.84	200m:	2:02.45	31.94	300m:	3:07.41	32.57	400m:	4:11.79	31.19	
9.	Thijs Wellink	ZPC AMERSFOORT				200600715	4:11.80				+0,73		598
	50m:	27.52	27.52	150m:	1:30.53	32.04	250m:	2:34.49	31.75	350m:	3:39.57	32.74	
	100m:	58.49	30.97	200m:	2:02.74	32.21	300m:	3:06.83	32.34	400m:	4:11.80	32.23	
10.	Melle van Veen	Dedemsvaart-AC				200700661	4:15.17				+0,73		575
	50m:	28.36	28.36	150m:	1:32.61	32.51	250m:	2:37.95	32.64	350m:	3:44.00	33.09	
	100m:	1:00.10	31.74	200m:	2:05.31	32.70	300m:	3:10.91	32.96	400m:	4:15.17	31.17	
11.	Lou van Leeuwen	De Dolfijn				200702779	4:16.64				+0,76		565
	50m:	28.62	28.62	150m:	1:32.41	32.21	250m:	2:37.91	32.62	350m:	3:44.43	33.49	
	100m:	1:00.20	31.58	200m:	2:05.29	32.88	300m:	3:10.94	33.03	400m:	4:16.64	32.21	
12.	Gijs Vesseur	ZPC AMERSFOORT				200700277	4:17.63				+0,73		559
	50m:	27.55	27.55	150m:	1:31.12	32.55	250m:	2:37.22	33.14	350m:	3:42.32	31.80	
	100m:	58.57	31.02	200m:	2:04.08	32.96	300m:	3:10.52	33.30	400m:	4:17.63	35.31	
GEM	Ruben de Vries	Hellas-Glana				200600497							
GEM	Tiede Groener	PSV				200700155							
GEM	Tim van Erven	DZ&PC				200700175							
GEM	Tieme Wiersma	DZ&PC				200701031							

senioren Open

1.	Lucas Peters	ZPC AMERSFOORT	200301325	3:50.51	+0,73	A	780
	50m: 26.69	150m: 1:24.78	29.48	250m: 2:23.91	29.61	350m: 3:23.30	29.58
	100m: 55.30	200m: 1:54.30	29.52	300m: 2:53.72	29.81	400m: 3:50.51	27.21
2.	Austin Namesnik	ZPC AMERSFOORT	200101817	3:50.63	+0,59	A	779
	50m: 25.87	150m: 1:24.21	29.50	250m: 2:23.65	29.64	350m: 3:23.10	29.35
	100m: 54.71	200m: 1:54.01	29.80	300m: 2:53.75	30.10	400m: 3:50.63	27.53
3.	Tiago Fonseca Gomes	Team NL - PSV	200703587	3:52.82	+0,61	A	757
	50m: 26.96	150m: 1:24.28	28.37	250m: 2:22.28	29.05	350m: 3:23.42	30.93
	100m: 55.91	200m: 1:53.23	28.95	300m: 2:52.49	30.21	400m: 3:52.82	29.40
4.	Koen Marsman	Team NL - ZPC AMERSFOORT	200502763	3:54.40	+0,66	A	742
	50m: 26.09	150m: 1:24.40	29.61	250m: 2:24.19	29.83	350m: 3:24.66	30.41
	100m: 54.79	200m: 1:54.36	29.96	300m: 2:54.25	30.06	400m: 3:54.40	29.74
5.	Martijn Nies	PSV	200902095	3:55.00	+0,72	A	736
	50m: 26.45	150m: 1:24.57	29.38	250m: 2:24.92	30.19	350m: 3:25.96	30.61
	100m: 55.19	200m: 1:54.73	30.16	300m: 2:55.35	30.43	400m: 3:55.00	29.04
6.	Diede Veld	HZ&PC Heerenveen	200800011	3:56.73	+0,74	A	720
	50m: 26.61	150m: 1:25.57	29.90	250m: 2:26.13	30.15	350m: 3:26.66	30.12
	100m: 55.67	200m: 1:55.98	30.41	300m: 2:56.54	30.41	400m: 3:56.73	30.07
7.	Bram Loots	Team NL - Team Noord Holland	200700197	3:57.42	+0,49	A	714
	50m: 27.12	150m: 1:26.70	29.95	250m: 2:26.88	30.10	350m: 3:27.54	30.36
	100m: 56.75	200m: 1:56.78	30.08	300m: 2:57.18	30.30	400m: 3:57.42	29.88
8.	Youri Voet	ZPC AMERSFOORT	200502269	3:57.73	+0,65	A	711
	50m: 27.34	150m: 1:26.73	29.98	250m: 2:27.51	30.41	350m: 3:28.22	30.25
	100m: 56.75	200m: 1:57.10	30.37	300m: 2:57.97	30.46	400m: 3:57.73	29.51
9.	Sven Klink	Swol 1894	200500349	4:00.86	+0,71	B	684
	50m: 27.22	150m: 1:26.37	29.94	250m: 2:27.37	30.54	350m: 3:30.00	31.53
	100m: 56.43	200m: 1:56.83	30.46	300m: 2:58.47	31.10	400m: 4:00.86	30.86
10.	Wouter Zijlstra	HZ&PC Heerenveen	200401545	4:01.60	+0,61	B	678
	50m: 26.64	150m: 1:27.15	30.63	250m: 2:28.39	30.82	350m: 3:31.24	31.55
	100m: 56.52	200m: 1:57.57	30.42	300m: 2:59.69	31.30	400m: 4:01.60	30.36

B = Bonus inschrijving

Programmanr. 31, Heren, 400m vrije slag, Voorronde, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
11.	Olivier Wilbers	De Dolfijn				200600181	4:01.87				+0,71 B	675
	50m: 27.94	27.94	150m: 1:28.55	30.66	250m: 2:30.32	30.93	350m: 3:32.73					31.23
	100m: 57.89	29.95	200m: 1:59.39	30.84	300m: 3:01.50	31.18	400m: 4:01.87					29.14
12.	Boele Böhm	Blue Marlins				200700739	4:02.01				+0,71 B	674
	50m: 26.48	26.48	150m: 1:26.27	29.91	250m: 2:28.54	31.51	350m: 3:31.55					31.77
	100m: 56.36	29.88	200m: 1:57.03	30.76	300m: 2:59.78	31.24	400m: 4:02.01					30.46
13.	Tobian Vos	ZPC AMERSFOORT				200900005	4:05.03				+0,73 B	649
	50m: 27.59	27.59	150m: 1:28.41	31.09	250m: 2:31.56	31.20	350m: 3:34.18					31.54
	100m: 57.32	29.73	200m: 2:00.36	31.95	300m: 3:02.64	31.08	400m: 4:05.03					30.85
14.	Milan Veelders	ZPC AMERSFOORT				200800279	4:05.26				+0,71 B	648
	50m: 27.80	27.80	150m: 1:29.43	31.06	250m: 2:32.44	31.29	350m: 3:35.59					31.07
	100m: 58.37	30.57	200m: 2:01.15	31.72	300m: 3:04.52	32.08	400m: 4:05.26					29.67
15.	Bas Mostert	VZC				200800629	4:06.47				+0,32 B	638
	50m: 27.70	27.70	150m: 1:29.32	31.62	250m: 2:33.31	32.14	350m: 3:36.48					31.37
	100m: 57.70	30.00	200m: 2:01.17	31.85	300m: 3:05.11	31.80	400m: 4:06.47					29.99
16.	Xiaoyu Yin	Blue Marlins				200803363	4:07.12				+0,67 B	633
	50m: 27.31	27.31	150m: 1:26.77	30.19	250m: 2:29.56	31.47	350m: 3:34.61					32.73
	100m: 56.58	29.27	200m: 1:58.09	31.32	300m: 3:01.88	32.32	400m: 4:07.12					32.51
17.	Denzel Barthen	WVZ				200700147	4:07.88				+0,72 R	627
	50m: 27.25	27.25	150m: 1:29.53	31.75	250m: 2:32.98	31.64	350m: 3:37.62					32.50
	100m: 57.78	30.53	200m: 2:01.34	31.81	300m: 3:05.12	32.14	400m: 4:07.88					30.26
18.	Jelte de Jong	ZPCH				200900975	4:07.96				+0,74 R	627
	50m: 27.84	27.84	150m: 1:29.97	31.53	250m: 2:33.00	31.40	350m: 3:36.50					31.78
	100m: 58.44	30.60	200m: 2:01.60	31.63	300m: 3:04.72	31.72	400m: 4:07.96					31.46
19.	Stefan van der Meer	VZC				200901361	4:08.33				+0,65	624
	50m: 27.33	27.33	150m: 1:28.92	31.36	250m: 2:32.82	31.96	350m: 3:37.05					32.08
	100m: 57.56	30.23	200m: 2:00.86	31.94	300m: 3:04.97	32.15	400m: 4:08.33					31.28
20.	Bas Blanker	ACZ				200601497	4:08.47				+0,73	623
	50m: 27.41	27.41	150m: 1:29.53	31.54	250m: 2:34.00	32.32	350m: 3:38.12					31.84
	100m: 57.99	30.58	200m: 2:01.68	32.15	300m: 3:06.28	32.28	400m: 4:08.47					30.35
21.	Rens Stijf	ZPC AMERSFOORT				200501419	4:09.20				+0,51	617
	50m: 27.65	27.65	150m: 1:30.32	31.50	250m: 2:34.14	31.89	350m: 3:38.35					32.03
	100m: 58.82	31.17	200m: 2:02.25	31.93	300m: 3:06.32	32.18	400m: 4:09.20					30.85
22.	Rian Schoneveld	De Berkelduikers				200801789	4:09.76				+0,55	613
	50m: 27.72	27.72	150m: 1:30.99	31.99	250m: 2:36.12	32.60	350m: 3:39.76					31.86
	100m: 59.00	31.28	200m: 2:03.52	32.53	300m: 3:07.90	31.78	400m: 4:09.76					30.00
23.	Tijn Hilders	De Dolfijn				200700027	4:09.87				+0,87	612
	50m: 27.87	27.87	150m: 1:30.87	31.93	250m: 2:34.85	31.88	350m: 3:39.10					32.16
	100m: 58.94	31.07	200m: 2:02.97	32.10	300m: 3:06.94	32.09	400m: 4:09.87					30.77
24.	Jorian Tanis	Albion				199900327	4:10.42				+0,81	608
	50m: 27.97	27.97	150m: 1:30.68	31.73	250m: 2:35.36	32.20	350m: 3:39.70					31.94
	100m: 58.95	30.98	200m: 2:03.16	32.48	300m: 3:07.76	32.40	400m: 4:10.42					30.72
25.	Jort Siebelt	OZ&PC				200700083	4:11.79				+0,73	599
	50m: 27.90	27.90	150m: 1:30.51	31.77	250m: 2:34.84	32.39	350m: 3:40.60					33.19
	100m: 58.74	30.84	200m: 2:02.45	31.94	300m: 3:07.41	32.57	400m: 4:11.79					31.19
26.	Thijs Wellink	ZPC AMERSFOORT				200600715	4:11.80				+0,73	598
	50m: 27.52	27.52	150m: 1:30.53	32.04	250m: 2:34.49	31.75	350m: 3:39.57					32.74
	100m: 58.49	30.97	200m: 2:02.74	32.21	300m: 3:06.83	32.34	400m: 4:11.80					32.23
27.	Luuk Ruinemans	De Dinkel				200301085	4:12.28				+0,79	595
	50m: 27.80	27.80	150m: 1:30.93	31.97	250m: 2:35.47	32.30	350m: 3:40.32					32.67
	100m: 58.96	31.16	200m: 2:03.17	32.24	300m: 3:07.65	32.18	400m: 4:12.28					31.96
28.	Wessel van Dorst	Aqua-Novio'94				200900727	4:14.22				+0,67	581
	50m: 27.96	27.96	150m: 1:31.72	32.35	250m: 2:36.96	32.52	350m: 3:43.28					32.95
	100m: 59.37	31.41	200m: 2:04.44	32.72	300m: 3:10.33	33.37	400m: 4:14.22					30.94
29.	Juan Cruz Slappendel	Orca				200903053	4:15.04				+0,71	576
	50m: 28.92	28.92	150m: 1:32.81	32.37	250m: 2:37.43	32.20	350m: 3:42.97					32.88
	100m: 1:00.44	31.52	200m: 2:05.23	32.42	300m: 3:10.09	32.66	400m: 4:15.04					32.07
30.	Melle van Veen	Dedemsvaart-AC				200700661	4:15.17				+0,73	575
	50m: 28.36	28.36	150m: 1:32.61	32.51	250m: 2:37.95	32.64	350m: 3:44.00					33.09
	100m: 1:00.10	31.74	200m: 2:05.31	32.70	300m: 3:10.91	32.96	400m: 4:15.17					31.17
31.	Filip Piszczynski	KSN (SG)				200802125	4:15.27				+0,70	574
	50m: 28.78	28.78	150m: 1:32.66	31.89	250m: 2:37.29	32.25	350m: 3:42.34					32.52
	100m: 1:00.77	31.99	200m: 2:05.04	32.38	300m: 3:09.82	32.53	400m: 4:15.27					32.93

B = Bonus inschrijving

Programmanr. 31, Heren, 400m vrije slag, Voorronde, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
32.	Sverre van der Zwaan	WVZ	200900737	4:16.17	+0,56	568
	50m: 28.51	150m: 1:32.59	32.22	250m: 2:37.89	350m: 3:44.16	32.99
	100m: 1:00.37	200m: 2:05.32	32.73	300m: 3:11.17	400m: 4:16.17	32.01
33.	Xander Kragting	ZPC AMERSFOORT	200900077	4:16.32	+0,63	567
	50m: 28.59	150m: 1:32.04	32.07	250m: 2:37.25	350m: 3:43.43	33.19
	100m: 59.97	200m: 2:04.65	32.61	300m: 3:10.24	400m: 4:16.32	32.89
34.	Lou van Leeuwen	De Dolfijn	200702779	4:16.64	+0,76	565
	50m: 28.62	150m: 1:32.41	32.21	250m: 2:37.91	350m: 3:44.43	33.49
	100m: 1:00.20	200m: 2:05.29	32.88	300m: 3:10.94	400m: 4:16.64	32.21
35.	Timo Berghuis	DWK	200801991	4:17.31	+0,65	561
	50m: 28.49	150m: 1:33.49	32.67	250m: 2:40.34	350m: 3:46.17	32.00
	100m: 1:00.82	200m: 2:06.95	33.46	300m: 3:14.17	400m: 4:17.31	31.14
36.	Gijs Hartwijk	ZVL-1886	200800573	4:17.33	+0,67	561
	50m: 28.84	150m: 1:32.99	32.36	250m: 2:38.41	350m: 3:44.85	33.55
	100m: 1:00.63	200m: 2:05.47	32.48	300m: 3:11.30	400m: 4:17.33	32.48
37.	Figo van Duuren	ZPCH	200800391	4:17.53	+0,82	559
	50m: 29.42	150m: 1:33.47	32.32	250m: 2:39.30	350m: 3:45.38	32.99
	100m: 1:01.15	200m: 2:06.65	33.18	300m: 3:12.39	400m: 4:17.53	32.15
38.	Gijs Vesseur	ZPC AMERSFOORT	200700277	4:17.63	+0,73	559
	50m: 27.55	150m: 1:31.12	32.55	250m: 2:37.22	350m: 3:42.32	31.80
	100m: 58.57	200m: 2:04.08	32.96	300m: 3:10.52	400m: 4:17.63	35.31
39.	Teun van Weeren	OZ&PC	200801145	4:19.15	+0,70	549
	50m: 29.58	150m: 1:33.93	32.43	250m: 2:40.18	350m: 3:46.89	33.28
	100m: 1:01.50	200m: 2:07.02	33.09	300m: 3:13.61	400m: 4:19.15	32.26
40.	Bjorn Scholten	WS Twente	200801143	4:19.91	+0,86	544
	50m: 29.50	150m: 1:34.70	33.02	250m: 2:42.01	350m: 3:48.47	32.54
	100m: 1:01.68	200m: 2:08.17	33.47	300m: 3:15.93	400m: 4:19.91	31.44
41.	Felix Gepkens	VZC	200800631	4:21.25	+0,57	536
	50m: 29.00	150m: 1:34.39	32.64	250m: 2:40.10	350m: 3:47.41	34.06
	100m: 1:01.75	200m: 2:07.51	33.12	300m: 3:13.35	400m: 4:21.25	33.84
42.	Seth van den Dool	Blue Marlins	200803809	4:21.45	+0,56	535
	50m: 28.17	150m: 1:33.06	32.84	250m: 2:39.82	350m: 3:47.59	33.92
	100m: 1:00.22	200m: 2:06.62	33.56	300m: 3:13.67	400m: 4:21.45	33.86
43.	Koen de Vries	De Reest	200802379	4:22.75	+0,72	527
	50m: 29.35	150m: 1:34.17	32.81	250m: 2:41.14	350m: 3:48.82	33.86
	100m: 1:01.36	200m: 2:07.30	33.13	300m: 3:14.96	400m: 4:22.75	33.93
44.	Aidan van der Stelt	Blue Marlins	200900901	4:23.15	+0,60	524
	50m: 28.81	150m: 1:34.27	32.68	250m: 2:41.66	350m: 3:49.66	34.16
	100m: 1:01.59	200m: 2:07.83	33.56	300m: 3:15.50	400m: 4:23.15	33.49
45.	Steven Knol	De Dolfijn	200900543	4:23.68	+0,71	521
	50m: 29.50	150m: 1:35.47	33.36	250m: 2:43.27	350m: 3:50.99	33.91
	100m: 1:02.11	200m: 2:09.32	33.85	300m: 3:17.08	400m: 4:23.68	32.69
46.	Dyon Scholten	Steenwijk 1934	200900095	4:26.22	+0,75	506
	50m: 28.43	150m: 1:33.60	33.23	250m: 2:41.60	350m: 3:51.69	35.31
	100m: 1:00.37	200m: 2:07.36	33.76	300m: 3:16.38	400m: 4:26.22	34.53
47.	Liam Tjin Wong Joe	De Dolfijn	200804105	4:26.32	+0,67	506
	50m: 29.01	150m: 1:34.43	33.35	250m: 2:42.61	350m: 3:52.01	34.74
	100m: 1:01.08	200m: 2:08.45	34.02	300m: 3:17.27	400m: 4:26.32	34.31
48.	Twan Wielage	KSN (SG)	200902671	4:38.54	+0,72	442
	50m: 29.64	150m: 1:35.97	33.82	250m: 2:47.10	350m: 4:01.60	37.25
	100m: 1:02.15	200m: 2:11.37	35.40	300m: 3:24.35	400m: 4:38.54	36.94
AFGEM	Ruben de Vries	Hellas-Glana	200600497			
AFGEM	Tiede Groener	PSV	200700155			
AFGEM	Tim van Erven	DZ&PC	200700175			
AFGEM	Tieme Wiersma	DZ&PC	200701031			
NG	Yarno van Dam	ACZ	200800115			
NG	Joey Pop	ZVVS	200800277			

B = Bonus inschrijving

Programmanr. 32
21-12-2025 - 9:36

Dames, 400m wisselslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
Onder 18						
1.	Dachen Haaijer	ZPC Hoogeveen	200800380	4:51.55	+0,78 A	672
	50m: 32.56	32.56 150m: 1:47.38	37.29 250m: 3:05.64	41.96 350m: 4:20.59		32.82
	100m: 1:10.09	37.53 200m: 2:23.68	36.30 300m: 3:47.77	42.13 400m: 4:51.55		30.96
2.	Jade van der Schrier	AZC	200800692	4:52.11	+0,76 A	669
	50m: 31.94	31.94 150m: 1:47.31	38.63 250m: 3:06.88	42.72 350m: 4:21.83		32.39
	100m: 1:08.68	36.74 200m: 2:24.16	36.85 300m: 3:49.44	42.56 400m: 4:52.11		30.28
3.	Frouke Ludwig	DZ&PC	200800112	4:52.34	+0,66 A	667
	50m: 31.46	31.46 150m: 1:43.64	36.82 250m: 3:02.29	43.06 350m: 4:19.93		33.93
	100m: 1:06.82	35.36 200m: 2:19.23	35.59 300m: 3:46.00	43.71 400m: 4:52.34		32.41
4.	Luus Gielens	PSV	200900138	5:07.10	B	575
	50m: 32.96	32.96 150m: 1:50.35	39.92 250m: 3:12.75	44.35 350m: 4:33.01		35.94
	100m: 1:10.43	37.47 200m: 2:28.40	38.05 300m: 3:57.07	44.32 400m: 5:07.10		34.09
5.	Meyke v. Nimwegen	De Schoteijl	200800106	5:13.61	+0,74 B	540
	50m: 32.55	32.55 150m: 1:51.18	39.65 250m: 3:15.72	45.73 350m: 4:38.17		36.21
	100m: 1:11.53	38.98 200m: 2:29.99	38.81 300m: 4:01.96	46.24 400m: 5:13.61		35.44
6.	Niobe Maduro	Aqua-Novio'94	200800378	5:19.11	+0,81	513
	50m: 32.22	32.22 150m: 1:52.90	41.69 250m: 3:18.70	44.62 350m: 4:42.06		37.89
	100m: 1:11.21	38.99 200m: 2:34.08	41.18 300m: 4:04.17	45.47 400m: 5:19.11		37.05
7.	Lotte Blanken	SBC2000	200801476	5:19.74	+0,76	510
	50m: 34.52	34.52 150m: 1:56.38	40.71 250m: 3:20.34	44.03 350m: 4:44.03		37.59
	100m: 1:15.67	41.15 200m: 2:36.31	39.93 300m: 4:06.44	46.10 400m: 5:19.74		35.71
8.	Jenny Muntinga	ZPCH	200900450	5:19.97	+0,66	509
	50m: 32.92	32.92 150m: 1:52.62	40.34 250m: 3:18.91	45.67 350m: 4:43.58		37.95
	100m: 1:12.28	39.36 200m: 2:33.24	40.62 300m: 4:05.63	46.72 400m: 5:19.97		36.39
9.	Emmelien Smelt	ZVZ	200800012	5:20.06	+0,80	508
	50m: 32.70	32.70 150m: 1:51.45	40.28 250m: 3:18.19	46.82 350m: 4:43.76		38.74
	100m: 1:11.17	38.47 200m: 2:31.37	39.92 300m: 4:05.02	46.83 400m: 5:20.06		36.30
10.	Rixt Rothschild	ZPC Hoogeveen	200900026	5:25.66	+0,73	482
	50m: 34.59	34.59 150m: 1:57.70	40.98 250m: 3:24.73	46.69 350m: 4:49.95		37.42
	100m: 1:16.72	42.13 200m: 2:38.04	40.34 300m: 4:12.53	47.80 400m: 5:25.66		35.71
11.	Diede de Vries	Zwemlust-den Hommel	200803558	5:26.33	+0,87	479
	50m: 34.48	34.48 150m: 2:01.31	44.56 250m: 3:25.93	41.73 350m: 4:49.17		39.81
	100m: 1:16.75	42.27 200m: 2:44.20	42.89 300m: 4:09.36	43.43 400m: 5:26.33		37.16
12.	Juno de Roos	De Zwoer	200901868	5:28.19		471
	50m: 33.66	33.66 150m: 1:59.20	44.30 250m: 3:26.85	45.23 350m: 4:51.71		38.34
	100m: 1:14.90	41.24 200m: 2:41.62	42.42 300m: 4:13.37	46.52 400m: 5:28.19		36.48
13.	Flore Blok	OZ&PC	200804348	5:28.57	+0,59	470
	50m: 33.84	33.84 150m: 1:56.24	43.09 250m: 3:25.16	46.39 350m: 4:51.73		39.43
	100m: 1:13.15	39.31 200m: 2:38.77	42.53 300m: 4:12.30	47.14 400m: 5:28.57		36.84
14.	Hadewych Forschelen	MNC Dordrecht	200903572	5:32.28	+0,74	454
	50m: 34.80	34.80 150m: 1:59.20	42.53 250m: 3:28.79	48.21 350m: 4:56.51		38.82
	100m: 1:16.67	41.87 200m: 2:40.58	41.38 300m: 4:17.69	48.90 400m: 5:32.28		35.77
15.	Isa Kerpels	ZPC Hoogeveen	200800880	5:35.46	+0,81	441
	50m: 37.33	37.33 150m: 2:03.68	42.45 250m: 3:32.77	46.52 350m: 4:57.58		38.55
	100m: 1:21.23	43.90 200m: 2:46.25	42.57 300m: 4:19.03	46.26 400m: 5:35.46		37.88
16.	Suuz Griekspoor	Noordwijkerhout	200901204	5:36.13	+0,83	439
	50m: 34.41	34.41 150m: 2:00.51	43.35 250m: 3:31.96	48.62 350m: 4:59.81		38.32
	100m: 1:17.16	42.75 200m: 2:43.34	42.83 300m: 4:21.49	49.53 400m: 5:36.13		36.32
17.	Fardau Cazemier	ZCNF'34	200901736	5:37.72	+0,76	432
	50m: 36.22	36.22 150m: 2:02.89	43.53 250m: 3:35.03	48.29 350m: 5:02.24		38.31
	100m: 1:19.36	43.14 200m: 2:46.74	43.85 300m: 4:23.93	48.90 400m: 5:37.72		35.48
18.	Nienke Bulter	De Dinkel	200902188	5:37.85	+0,78	432
	50m: 35.43	35.43 150m: 2:00.27	43.16 250m: 3:30.31	47.98 350m: 4:59.10		39.88
	100m: 1:17.11	41.68 200m: 2:42.33	42.06 300m: 4:19.22	48.91 400m: 5:37.85		38.75
19.	Marlouke Weijland	Deltasteur	200800152	5:46.35	+0,79	401
	50m: 36.42	36.42 150m: 2:04.69	43.28 250m: 3:36.32	47.81 350m: 5:06.56		40.46
	100m: 1:21.41	44.99 200m: 2:48.51	43.82 300m: 4:26.10	49.78 400m: 5:46.35		39.79

B = Bonus inschrijving

Programmanr. 32, Meisjes, 400m wisselslag, Voorronde, Onder 18

rang	naam	vereniging	tijd	RT	FINA	para
AFGEM	Fay Boxum	DZ&PC	200900060			
NG	Esmaé de Gans	ZPC AMERSFOORT	200900134			

Onder 20

1.	Rhodee van den Ham		De Duinkickers			200700090	4:48.36		+0,73	A	695	
	50m:	31.13	31.13	150m:	1:43.73	37.31	250m:	3:01.67	40.64	350m:	4:16.67	33.15
	100m:	1:06.42	35.29	200m:	2:21.03	37.30	300m:	3:43.52	41.85	400m:	4:48.36	31.69
2.	Djanilla Brink		Team NL - De Dolfijn			200600988	4:50.96		+0,65	A	676	
	50m:	31.54	31.54	150m:	1:47.34	38.89	250m:	3:03.89	37.81	350m:	4:17.93	34.12
	100m:	1:08.45	36.91	200m:	2:26.08	38.74	300m:	3:43.81	39.92	400m:	4:50.96	33.03
3.	Hedwig Bolt		HZ&PC Heerenveen			200602660	4:52.44		+0,80	A	666	
	50m:	31.16	31.16	150m:	1:44.28	37.21	250m:	3:02.68	42.13	350m:	4:19.99	34.00
	100m:	1:07.07	35.91	200m:	2:20.55	36.27	300m:	3:45.99	43.31	400m:	4:52.44	32.45
4.	Annique Rupke		WVZ			200700876	5:07.22			B	575	
	50m:	32.00	32.00	150m:	1:51.47	40.59	250m:	3:13.40	41.48	350m:	4:32.36	36.05
	100m:	1:10.88	38.88	200m:	2:31.92	40.45	300m:	3:56.31	42.91	400m:	5:07.22	34.86
5.	Isa Jansen		SBC2000			200701176	5:10.77		+0,75	B	555	
	50m:	32.61	32.61	150m:	1:51.62	40.04	250m:	3:15.67	44.46	350m:	4:36.35	35.84
	100m:	1:11.58	38.97	200m:	2:31.21	39.59	300m:	4:00.51	44.84	400m:	5:10.77	34.42
6.	Marlies Dijsselhof		Dedemsvaart-AC			200601046	5:17.30		+0,80	R	521	
	50m:	33.03	33.03	150m:	1:53.03	39.47	250m:	3:16.22	44.38	350m:	4:40.02	38.71
	100m:	1:13.56	40.53	200m:	2:31.84	38.81	300m:	4:01.31	45.09	400m:	5:17.30	37.28
7.	Lyke Bellert		Octopus-ZVV (SG)			200701424	5:18.15		+0,81		517	
	50m:	33.34	33.34	150m:	1:53.66	40.13	250m:	3:17.34	45.38	350m:	4:42.57	38.31
	100m:	1:13.53	40.19	200m:	2:31.96	38.30	300m:	4:04.26	46.92	400m:	5:18.15	35.58
8.	Noa Ottens		VZC			200702256	5:21.74		+0,76		500	
	50m:	32.00	32.00	150m:	1:53.33	42.61	250m:	3:21.89	47.58	350m:	4:46.41	37.30
	100m:	1:10.72	38.72	200m:	2:34.31	40.98	300m:	4:09.11	47.22	400m:	5:21.74	35.33
9.	Renske Oude Egbrink		OZ&PC			200600040	5:22.54		+0,77		496	
	50m:	34.76	34.76	150m:	1:57.47	42.28	250m:	3:23.53	44.48	350m:	4:45.60	37.38
	100m:	1:15.19	40.43	200m:	2:39.05	41.58	300m:	4:08.22	44.69	400m:	5:22.54	36.94
10.	Barbara Broekhuis		PSV			200700880	5:27.12		+0,83		476	
	50m:	34.30	34.30	150m:	1:56.67	42.45	250m:	3:24.65	46.38	350m:	4:50.00	37.82
	100m:	1:14.22	39.92	200m:	2:38.27	41.60	300m:	4:12.18	47.53	400m:	5:27.12	37.12
11.	Vera Wassink		DZ&PC			200604976	5:33.09		+0,77		451	
	50m:	31.78	31.78	150m:	1:55.47	44.38	250m:	3:25.68	47.06	350m:	4:55.26	39.74
	100m:	1:11.09	39.31	200m:	2:38.62	43.15	300m:	4:15.52	49.84	400m:	5:33.09	37.83

senioren Open

1.	Rhodee van den Ham	De Duinkickers			200700090		4:48.36		+0,73	A	695				
	50m:	31.13	31.13	150m:	1:43.73	37.31	250m:	3:01.67				40.64	350m:	4:16.67	33.15
	100m:	1:06.42	35.29	200m:	2:21.03	37.30	300m:	3:43.52				41.85	400m:	4:48.36	31.69
2.	Djanilla Brink	Team NL - De Dolfijn			200600988		4:50.96		+0,65	A	676				
	50m:	31.54	31.54	150m:	1:47.34	38.89	250m:	3:03.89				37.81	350m:	4:17.93	34.12
	100m:	1:08.45	36.91	200m:	2:26.08	38.74	300m:	3:43.81				39.92	400m:	4:50.96	33.03
3.	Dachen Haaijer	ZPC Hoogeveen			200800380		4:51.55		+0,78	A	672				
	50m:	32.56	32.56	150m:	1:47.38	37.29	250m:	3:05.64				41.96	350m:	4:20.59	32.82
	100m:	1:10.09	37.53	200m:	2:23.68	36.30	300m:	3:47.77				42.13	400m:	4:51.55	30.96
4.	Jade van der Schrier	AZC			200800692		4:52.11		+0,76	A	669				
	50m:	31.94	31.94	150m:	1:47.31	38.63	250m:	3:06.88				42.72	350m:	4:21.83	32.39
	100m:	1:08.68	36.74	200m:	2:24.16	36.85	300m:	3:49.44				42.56	400m:	4:52.11	30.28
5.	Frouke Ludwig	DZ&PC			200800112		4:52.34		+0,66	A	667				
	50m:	31.46	31.46	150m:	1:43.64	36.82	250m:	3:02.29				43.06	350m:	4:19.93	33.93
	100m:	1:06.82	35.36	200m:	2:19.23	35.59	300m:	3:46.00				43.71	400m:	4:52.34	32.41
6.	Hedwig Bolt	HZ&PC Heerenveen			200602660		4:52.44		+0,80	A	666				
	50m:	31.16	31.16	150m:	1:44.28	37.21	250m:	3:02.68				42.13	350m:	4:19.99	34.00
	100m:	1:07.07	35.91	200m:	2:20.55	36.27	300m:	3:45.99				43.31	400m:	4:52.44	32.45
7.	Marte Hieke van der Kamp	HZ&PC Heerenveen			200500218		4:53.49		+0,73	A	659				
	50m:	30.85	30.85	150m:	1:43.13	37.15	250m:	3:03.39				44.00	350m:	4:22.27	33.72
	100m:	1:05.98	35.13	200m:	2:19.39	36.26	300m:	3:48.55				45.16	400m:	4:53.49	31.22

B = Bonus inschrijving

Programmanr. 32, Dames, 400m wisselslag, Voorronde, senioren Open

rang	naam	vereniging				tijd				RT	FINA	para	
8.	Isa Schellekens	Zegenwerp				200002330	5:00.82				A	612	
	50m: 32.62	32.62	150m: 1:48.63	37.84	250m: 3:08.82	43.36	350m: 4:26.63	34.28					
	100m: 1:10.79	38.17	200m: 2:25.46	36.83	300m: 3:52.35	43.53	400m: 5:00.82	34.19					
9.	Luus Gielens	PSV				200900138	5:07.10				B	575	
	50m: 32.96	32.96	150m: 1:50.35	39.92	250m: 3:12.75	44.35	350m: 4:33.01	35.94					
	100m: 1:10.43	37.47	200m: 2:28.40	38.05	300m: 3:57.07	44.32	400m: 5:07.10	34.09					
10.	Anniqne Rupke	WVZ				200700876	5:07.22				B	575	
	50m: 32.00	32.00	150m: 1:51.47	40.59	250m: 3:13.40	41.48	350m: 4:32.36	36.05					
	100m: 1:10.88	38.88	200m: 2:31.92	40.45	300m: 3:56.31	42.91	400m: 5:07.22	34.86					
11.	Mara Bosman	De Dolfijn				200303048	5:09.70				+0,70 B	561	
	50m: 32.96	32.96	150m: 1:51.16	39.84	250m: 3:16.36	45.08	350m: 4:35.58	34.29					
	100m: 1:11.32	38.36	200m: 2:31.28	40.12	300m: 4:01.29	44.93	400m: 5:09.70	34.12					
12.	Isa Jansen	SBC2000				200701176	5:10.77				+0,75 B	555	
	50m: 32.61	32.61	150m: 1:51.62	40.04	250m: 3:15.67	44.46	350m: 4:36.35	35.84					
	100m: 1:11.58	38.97	200m: 2:31.21	39.59	300m: 4:00.51	44.84	400m: 5:10.77	34.42					
13.	Femke Backx	Orca				200106430	5:12.94				B	544	
	50m: 32.40	32.40	150m: 1:51.48	41.00	250m: 3:15.86	44.04	350m: 4:36.78	35.89					
	100m: 1:10.48	38.08	200m: 2:31.82	40.34	300m: 4:00.89	45.03	400m: 5:12.94	36.16					
14.	Ismay Lichtendonk	HZ&PC Heerenveen				200400622	5:13.59				+0,72 B	540	
	50m: 31.66	31.66	150m: 1:47.61	38.03	250m: 3:12.48	46.26	350m: 4:37.44	37.28					
	100m: 1:09.58	37.92	200m: 2:26.22	38.61	300m: 4:00.16	47.68	400m: 5:13.59	36.15					
15.	Meyke v. Nimwegen	De Schoteijl				200800106	5:13.61				+0,74 B	540	
	50m: 32.55	32.55	150m: 1:51.18	39.65	250m: 3:15.72	45.73	350m: 4:38.17	36.21					
	100m: 1:11.53	38.98	200m: 2:29.99	38.81	300m: 4:01.96	46.24	400m: 5:13.61	35.44					
16.	Angelique van Vark	GZC DONK				199701478	5:13.90				+0,74 B	539	
	50m: 33.04	33.04	150m: 1:54.22	40.95	250m: 3:20.01	45.91	350m: 4:41.20	35.78					
	100m: 1:13.27	40.23	200m: 2:34.10	39.88	300m: 4:05.42	45.41	400m: 5:13.90	32.70					
17.	Roos de Jong	ZCNF'34				200302948	5:14.11				+0,77 R	538	
	50m: 34.13	34.13	150m: 1:55.34	42.01	250m: 3:18.22	42.47	350m: 4:38.03	36.92					
	100m: 1:13.33	39.20	200m: 2:35.75	40.41	300m: 4:01.11	42.89	400m: 5:14.11	36.08					
18.	Marlies Dijsselhof	Dedemsvaart-AC				200601046	5:17.30				+0,80 R	521	
	50m: 33.03	33.03	150m: 1:53.03	39.47	250m: 3:16.22	44.38	350m: 4:40.02	38.71					
	100m: 1:13.56	40.53	200m: 2:31.84	38.81	300m: 4:01.31	45.09	400m: 5:17.30	37.28					
19.	Michelle Zomerdijk	Dedemsvaart-AC				200003196	5:17.46				+0,60	521	
	50m: 32.44	32.44	150m: 1:52.47	41.68	250m: 3:18.43	44.35	350m: 4:41.27	37.41					
	100m: 1:10.79	38.35	200m: 2:34.08	41.61	300m: 4:03.86	45.43	400m: 5:17.46	36.19					
20.	Lyke Bellert	Octopus-ZVV (SG)				200701424	5:18.15				+0,81	517	
	50m: 33.34	33.34	150m: 1:53.66	40.13	250m: 3:17.34	45.38	350m: 4:42.57	38.31					
	100m: 1:13.53	40.19	200m: 2:31.96	38.30	300m: 4:04.26	46.92	400m: 5:18.15	35.58					
21.	Niobe Maduro	Aqua-Novio'94				200800378	5:19.11				+0,81	513	
	50m: 32.22	32.22	150m: 1:52.90	41.69	250m: 3:18.70	44.62	350m: 4:42.06	37.89					
	100m: 1:11.21	38.99	200m: 2:34.08	41.18	300m: 4:04.17	45.47	400m: 5:19.11	37.05					
22.	Lotte Blanken	SBC2000				200801476	5:19.74				+0,76	510	
	50m: 34.52	34.52	150m: 1:56.38	40.71	250m: 3:20.34	44.03	350m: 4:44.03	37.59					
	100m: 1:15.67	41.15	200m: 2:36.31	39.93	300m: 4:06.44	46.10	400m: 5:19.74	35.71					
23.	Jenny Muntinga	ZPCH				200900450	5:19.97				+0,66	509	
	50m: 32.92	32.92	150m: 1:52.62	40.34	250m: 3:18.91	45.67	350m: 4:43.58	37.95					
	100m: 1:12.28	39.36	200m: 2:33.24	40.62	300m: 4:05.63	46.72	400m: 5:19.97	36.39					
24.	Emmelien Smelt	ZVZ				200800012	5:20.06				+0,80	508	
	50m: 32.70	32.70	150m: 1:51.45	40.28	250m: 3:18.19	46.82	350m: 4:43.76	38.74					
	100m: 1:11.17	38.47	200m: 2:31.37	39.92	300m: 4:05.02	46.83	400m: 5:20.06	36.30					
25.	Noa Ottens	VZC				200702256	5:21.74				+0,76	500	
	50m: 32.00	32.00	150m: 1:53.33	42.61	250m: 3:21.89	47.58	350m: 4:46.41	37.30					
	100m: 1:10.72	38.72	200m: 2:34.31	40.98	300m: 4:09.11	47.22	400m: 5:21.74	35.33					
26.	Renske Oude Egbrink	OZ&PC				200600040	5:22.54				+0,77	496	
	50m: 34.76	34.76	150m: 1:57.47	42.28	250m: 3:23.53	44.48	350m: 4:45.60	37.38					
	100m: 1:15.19	40.43	200m: 2:39.05	41.58	300m: 4:08.22	44.69	400m: 5:22.54	36.94					
27.	Rixt Rothschild	ZPC Hoozeveen				200900026	5:25.66				+0,73	482	
	50m: 34.59	34.59	150m: 1:57.70	40.98	250m: 3:24.73	46.69	350m: 4:49.95	37.42					
	100m: 1:16.72	42.13	200m: 2:38.04	40.34	300m: 4:12.53	47.80	400m: 5:25.66	35.71					
28.	Diede de Vries	Zweamlust-den Hommel				200803558	5:26.33				+0,87	479	
	50m: 34.48	34.48	150m: 2:01.31	44.56	250m: 3:25.93	41.73	350m: 4:49.17	39.81					
	100m: 1:16.75	42.27	200m: 2:44.20	42.89	300m: 4:09.36	43.43	400m: 5:26.33	37.16					

B = Bonus inschrijving

Programmanr. 32, Dames, 400m wisselslag, Voorronde, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
29.	Barbara Broekhuis	PSV	200700880	5:27.12	+0,83	476
	50m: 34.30	34.30 150m: 1:56.67	42.45 250m: 3:24.65	46.38 350m: 4:50.00		37.82
	100m: 1:14.22	39.92 200m: 2:38.27	41.60 300m: 4:12.18	47.53 400m: 5:27.12		37.12
30.	Juno de Roos	De Zwoer	200901868	5:28.19		471
	50m: 33.66	33.66 150m: 1:59.20	44.30 250m: 3:26.85	45.23 350m: 4:51.71		38.34
	100m: 1:14.90	41.24 200m: 2:41.62	42.42 300m: 4:13.37	46.52 400m: 5:28.19		36.48
31.	Flore Blok	OZ&PC	200804348	5:28.57	+0,59	470
	50m: 33.84	33.84 150m: 1:56.24	43.09 250m: 3:25.16	46.39 350m: 4:51.73		39.43
	100m: 1:13.15	39.31 200m: 2:38.77	42.53 300m: 4:12.30	47.14 400m: 5:28.57		36.84
32.	Hadewych Forschelen	MNC Dordrecht	200903572	5:32.28	+0,74	454
	50m: 34.80	34.80 150m: 1:59.20	42.53 250m: 3:28.79	48.21 350m: 4:56.51		38.82
	100m: 1:16.67	41.87 200m: 2:40.58	41.38 300m: 4:17.69	48.90 400m: 5:32.28		35.77
33.	Vera Wassink	DZ&PC	200604976	5:33.09	+0,77	451
	50m: 31.78	31.78 150m: 1:55.47	44.38 250m: 3:25.68	47.06 350m: 4:55.26		39.74
	100m: 1:11.09	39.31 200m: 2:38.62	43.15 300m: 4:15.52	49.84 400m: 5:33.09		37.83
34.	Isa Kerpels	ZPC Hoogeveen	200800880	5:35.46	+0,81	441
	50m: 37.33	37.33 150m: 2:03.68	42.45 250m: 3:32.77	46.52 350m: 4:57.58		38.55
	100m: 1:21.23	43.90 200m: 2:46.25	42.57 300m: 4:19.03	46.26 400m: 5:35.46		37.88
35.	Suuz Griekspoor	Noordwijkerhout	200901204	5:36.13	+0,83	439
	50m: 34.41	34.41 150m: 2:00.51	43.35 250m: 3:31.96	48.62 350m: 4:59.81		38.32
	100m: 1:17.16	42.75 200m: 2:43.34	42.83 300m: 4:21.49	49.53 400m: 5:36.13		36.32
36.	Fardau Cazemier	ZCNF'34	200901736	5:37.72	+0,76	432
	50m: 36.22	36.22 150m: 2:02.89	43.53 250m: 3:35.03	48.29 350m: 5:02.24		38.31
	100m: 1:19.36	43.14 200m: 2:46.74	43.85 300m: 4:23.93	48.90 400m: 5:37.72		35.48
37.	Nienke Bulter	De Dinkel	200902188	5:37.85	+0,78	432
	50m: 35.43	35.43 150m: 2:00.27	43.16 250m: 3:30.31	47.98 350m: 4:59.10		39.88
	100m: 1:17.11	41.68 200m: 2:42.33	42.06 300m: 4:19.22	48.91 400m: 5:37.85		38.75
38.	Marlouke Weijland	Deltasteur	200800152	5:46.35	+0,79	401
	50m: 36.42	36.42 150m: 2:04.69	43.28 250m: 3:36.32	47.81 350m: 5:06.56		40.46
	100m: 1:21.41	44.99 200m: 2:48.51	43.82 300m: 4:26.10	49.78 400m: 5:46.35		39.79
AFGEM	Famke Irvine	ZPC AMERSFOORT	200501724			
AFGEM	Fay Boxum	DZ&PC	200900060			
NG	Alinda Dingshoff	De Dolfijn	200000928			
NG	Esmaé de Gans	ZPC AMERSFOORT	200900134			

B = Bonus inschrijving

Programmanr. 33
21-12-2025 - 10:06

Heren, 100m schoolslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m
PARA onder 18									
1.	Cheng Van Vondel	KSN (SG)	200902673	SB8	1:33.77	+0,73	Q 204 383	43.78	1:33.77
PARA Open									
1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De De	199900211	SB11	1:10.61	+0,70	Q 479 996	32.77	1:10.61
2.	Cheng Van Vondel	KSN (SG)	200902673	SB8	1:33.77	+0,73	Q 204 383	43.78	1:33.77
Onder 18									
1.	Wytse Broekstra	De Vikings	200800121		1:01.89	+0,69	B 712	28.70	1:01.89
2.	Job Sportel	De Dinkel	200800429		1:02.52	+0,64	R 691	28.91	1:02.52
3.	Ruben Baars	DWK	200900471		1:03.05	+0,61	673	29.90	1:03.05
4.	Rens Noordover	Team Noord Holland (SG)	200800237		1:04.70	+0,67	623	29.89	1:04.70
5.	Luca Boorsma	De Dolfijn	200902031		1:04.91	+0,60	617	30.31	1:04.91
6.	Floris van der Valk	Wiekslag	200801891		1:06.17	+0,66	583	30.88	1:06.17
7.	Alexander Griston	De Dolfijn	200803053		1:06.69	+0,73	569	31.45	1:06.69
8.	Finn Stamnieder	OZ&PC	200900225		1:07.31	+0,78	553	31.66	1:07.31
9.	Dani Yefimov	OZ&PC	200901305		1:07.40	+0,66	551	31.64	1:07.40
10.	Jonathan Baaijens	PSV	200800409		1:07.54	+0,65	548	31.63	1:07.54
11.	Nout Folkersma	PSV	200800595		1:07.61	+0,62	546	31.41	1:07.61
12.	Suraj Baladurage	Team Noord Holland (SG)	200801291		1:08.09	+0,66	535	31.25	1:08.09
	Tristan Fredema	Blue Marlins	200903699		1:08.09	+0,68	535	32.14	1:08.09
14.	Koen de Vries	De Reest	200802379		1:08.37	+0,55	528	31.96	1:08.37
15.	Joris Willemse	Hellas-Glana	200801745		1:08.62	+0,69	522	32.26	1:08.62
16.	Feddo Smink	ZPC AMERSFOORT	200900007		1:08.77	+0,67	519	31.77	1:08.77
17.	Brian Arturo Bloemsma	De Dolfijn	200901155		1:09.37	+0,61	506	31.84	1:09.37
18.	Roan van der Stege	Swol 1894	200900107		1:09.68	+0,69	499	32.12	1:09.68
19.	Filip Piszczynski	KSN (SG)	200802125		1:09.94	+0,62	493	33.05	1:09.94
20.	Ruben Nooter	Dedemsvaart-AC	200901577		1:09.96	+0,61	493	32.48	1:09.96
21.	Kobe Verhaegen	De Zilvermeeuw	200802609		1:10.16	+0,69	489	33.09	1:10.16
22.	Tariq van Laar	De Rijn	200900819		1:10.49	+0,68	482	32.67	1:10.49
23.	Thomas Nauta	Arethusa	200900339		1:10.65	+0,70	479	32.61	1:10.65
24.	Gerjan Berends	ZPC Hoogetveen	200900169		1:10.66	+0,66	478	33.02	1:10.66
25.	Giano Spoor	Aquapoldro	200900655		1:10.87	+0,69	474	32.68	1:10.87
26.	Lars de Kooter	De Biesboschzwemmers	200800185		1:11.35	+0,70	465	33.49	1:11.35
27.	Seth van den Dool	Blue Marlins	200803809		1:11.43	+0,71	463	32.98	1:11.43
28.	Arjan Boogaard	Deltasteur	200800093		1:11.54	+0,54	461	33.68	1:11.54
29.	Damir Mustafic	DZ&PC	200800885		1:14.50	+0,75	408	33.14	1:14.50
NG	Frits Hoeflaken	PSV	200804101						

Onder 20

1.	Collin van der Hoff	Team NL - WVZ	200604357		1:01.57	+0,69	B 723	28.83	1:01.57
2.	Storm Boxum	Team NL - DZ&PC	200700421		1:02.00	+0,68	B 708	28.62	1:02.00
3.	Roan van der weide	Blue Marlins	200601629		1:02.08	+0,65	B 706	29.12	1:02.08
4.	Yaniv Kerdijk	Team Noord Holland (SG)	200603439		1:03.19	+0,65	669	29.56	1:03.19
	Elias Soens	Blue Marlins	200604327		1:03.19	+0,68	669	29.02	1:03.19
6.	Nikodim Markovic	Albion	200700255		1:03.21	+0,51	668	29.14	1:03.21
7.	Jesse van der Meij	De Dolfijn	200600841		1:04.20	+0,76	638	30.31	1:04.20
8.	Quinten B.	TriVia	200700001		1:04.45	+0,64	631	29.38	1:04.45
9.	Jetze de Vries	De Vikings	200602589		1:04.54	+0,68	628	29.67	1:04.54
10.	Mies de Wit	CWW	200700315		1:04.62	+0,70	626	30.16	1:04.62
11.	Joshua Agussalim	WVZ	200600153		1:05.57	+0,66	599	30.51	1:05.57
12.	Jesse Marijn Thimister	ZEPS	200602893		1:05.63	+0,71	597	30.25	1:05.63
13.	Senn Rutten	Hellas-Glana	200700629		1:05.70	+0,66	595	30.35	1:05.70
14.	Jasper Thijert	WS Twente	200700321		1:06.10	+0,56	584	31.42	1:06.10
15.	Jasper Groen	ACZ	200602325		1:06.47	+0,66	575	30.95	1:06.47
16.	Niek Vreeling	OZ&PC	200604211		1:07.02	+0,74	561	31.33	1:07.02

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 33, Heren, 100m schoolslag, Voorronde, Onder 20

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
17.	Storm Tolsma	DZ&PC	200600277	1:07.25	+0,76	555		31.11	1:07.25
18.	Twan Huisman	WVZ	200702207	1:07.52	+0,74	548		31.22	1:07.52
19.	Hessel de Jong	ACZ	200602753	1:09.13	+0,67	511		31.70	1:09.13
AFGEM	Sem Belmon	PSV	200702099						
NG	Emiel de Bruijn	DZ&PC	200700953						

senioren Open

1.	Jason van den Berg	Albion	200400009	59.26	+0,68	A	811	28.35	59.26
2.	Loek Huyghelier	Albion	200404903	59.36	+0,56	A	807	27.62	59.36
3.	Bram Zwetsloot	De Dolfijn	200202117	59.51	+0,61	A	801	27.92	59.51
4.	Steijn Louter	Hieronymus	200500793	59.64	+0,73	A	796	27.98	59.64
5.	Noah de Schryver	De Dolfijn	200105483	59.84	+0,67	A	788	28.39	59.84
6.	Luca Janssen	Team NL - PSV	200403237	59.97	+0,72	A	783	28.41	59.97
7.	Sean Niewold	Albion	200204699	1:00.91	+0,69	A	747	28.49	1:00.91
8.	River Streefland	Blue Marlins	200502253	1:00.95	+0,69	A	746	28.78	1:00.95
9.	Rick Bulman	Albion	200101899	1:00.99	+0,67	B	744	28.96	1:00.99
10.	Collin van der Hoff	Team NL - WVZ	200604357	1:01.57	+0,69	B	723	28.83	1:01.57
11.	Wytse Broekstra	De Vikings	200800121	1:01.89	+0,69	B	712	28.70	1:01.89
12.	Storm Boxum	Team NL - DZ&PC	200700421	1:02.00	+0,68	B	708	28.62	1:02.00
13.	Roan van der weide	Blue Marlins	200601629	1:02.08	+0,65	B	706	29.12	1:02.08
14.	Thom Delno	VZC	200000013	1:02.26	+0,72	B	699	28.82	1:02.26
15.	Juri Dijkstra	De Dolfijn	200002119	1:02.29	+0,70	B	698	29.19	1:02.29
16.	Joost de R.	Albion	200000255	1:02.44	+0,70	B	693	29.27	1:02.44
17.	Job Sportel	De Dinkel	200800429	1:02.52	+0,64	R	691	28.91	1:02.52
18.	Duncan van Haaren	ZPC AMERSFOORT	200000681	1:02.55	+0,68	R	690	29.30	1:02.55
19.	Viktor Koets	Blue Marlins	200201677	1:02.61	+0,75		688	28.75	1:02.61
20.	Floris Stork	DZ&PC	200305075	1:02.94	+0,63		677	29.35	1:02.94
21.	Ruben Baars	DWK	200900471	1:03.05	+0,61		673	29.90	1:03.05
22.	Yaniv Kerdijk	Team Noord Holland (SG)	200603439	1:03.19	+0,65		669	29.56	1:03.19
	Elias Soens	Blue Marlins	200604327	1:03.19	+0,68		669	29.02	1:03.19
24.	Nikodim Markovic	Albion	200700255	1:03.21	+0,51		668	29.14	1:03.21
25.	Lucas Douwma	ZPCH	200401337	1:03.56	+0,63		657	29.82	1:03.56
26.	Scott Jansen	WVZ	200202455	1:03.59	+0,72		656	29.94	1:03.59
27.	Max Peters	Nuenen	199903123	1:03.62	+0,54		656	28.96	1:03.62
28.	Olivier Orban	PSV	200205177	1:04.00	+0,55		644	30.21	1:04.00
29.	Kevin Meuwissen	Hellas-Glana	199502485	1:04.03	+0,67		643	29.65	1:04.03
30.	Kalle van Gemert	ZPC De Zeeuwse Kust	199801259	1:04.08	+0,54		642	30.06	1:04.08
31.	Jesse van der Meij	De Dolfijn	200600841	1:04.20	+0,76		638	30.31	1:04.20
32.	Matthijs van Meerendonk	DZ&PC	199900375	1:04.43	+0,66		631	30.14	1:04.43
33.	Quinten B.	TriVia	200700001	1:04.45	+0,64		631	29.38	1:04.45
34.	Jetze de Vries	De Vikings	200602589	1:04.54	+0,68		628	29.67	1:04.54
35.	Mies de Wit	CWW	200700315	1:04.62	+0,70		626	30.16	1:04.62
36.	Rens Noordover	Team Noord Holland (SG)	200800237	1:04.70	+0,67		623	29.89	1:04.70
37.	Arjan Dekker	Bubble	200000499	1:04.73	+0,62		622	30.54	1:04.73
38.	Luca Boorsma	De Dolfijn	200902031	1:04.91	+0,60		617	30.31	1:04.91
39.	Max Voortman	Albion	199902923	1:05.14	+0,64		611	29.59	1:05.14
40.	Lars Diesch	Nuenen	200103189	1:05.26	+0,77		607	30.46	1:05.26
41.	Daan Hoogendoorn	ZPC Woerden	200500113	1:05.55	+0,65		599	30.74	1:05.55
42.	Joshua Agussalim	WVZ	200600153	1:05.57	+0,66		599	30.51	1:05.57
43.	Jesse Marijn Thimister	ZEPS	200602893	1:05.63	+0,71		597	30.25	1:05.63
44.	Senn Rutten	Hellas-Glana	200700629	1:05.70	+0,66		595	30.35	1:05.70
45.	Jasper Thijert	WS Twente	200700321	1:06.10	+0,56		584	31.42	1:06.10
46.	Floris van der Valk	Wiekslag	200801891	1:06.17	+0,66		583	30.88	1:06.17
47.	Bert Duivenvoorde	De Columbiaan	199701805	1:06.18	+0,67		582	30.54	1:06.18
48.	Jasper Groen	ACZ	200602325	1:06.47	+0,66		575	30.95	1:06.47
49.	Alexander Griston	De Dolfijn	200803053	1:06.69	+0,73		569	31.45	1:06.69
50.	Niek Vreeling	OZ&PC	200604211	1:07.02	+0,74		561	31.33	1:07.02
51.	Storm Tolsma	DZ&PC	200600277	1:07.25	+0,76		555	31.11	1:07.25
52.	Finn Stamsnieder	OZ&PC	200900225	1:07.31	+0,78		553	31.66	1:07.31
53.	Dani Yefimov	OZ&PC	200901305	1:07.40	+0,66		551	31.64	1:07.40
54.	Twan Huisman	WVZ	200702207	1:07.52	+0,74		548	31.22	1:07.52
55.	Jonathan Baaijens	PSV	200800409	1:07.54	+0,65		548	31.63	1:07.54

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 33, Heren, 100m schoolslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
56.	Nout Folkersma	PSV	200800595	1:07.61	+0,62	546		31.41	1:07.61
57.	Suraj Baladurage	Team Noord Holland (SG)	200801291	1:08.09	+0,66	535		31.25	1:08.09
	Tristan Fredema	Blue Marlins	200903699	1:08.09	+0,68	535		32.14	1:08.09
59.	Koen de Vries	De Reest	200802379	1:08.37	+0,55	528		31.96	1:08.37
60.	Joris Willemse	Hellas-Glana	200801745	1:08.62	+0,69	522		32.26	1:08.62
61.	Feddo Smink	ZPC AMERSFOORT	200900007	1:08.77	+0,67	519		31.77	1:08.77
62.	Hessel de Jong	ACZ	200602753	1:09.13	+0,67	511		31.70	1:09.13
63.	Brian Arturo Bloemsma	De Dolfijn	200901155	1:09.37	+0,61	506		31.84	1:09.37
64.	Roan van der Stege	Swol 1894	200900107	1:09.68	+0,69	499		32.12	1:09.68
65.	Filip Piszczynski	KSN (SG)	200802125	1:09.94	+0,62	493		33.05	1:09.94
66.	Ruben Nooter	Dedemsvaart-AC	200901577	1:09.96	+0,61	493		32.48	1:09.96
67.	Kobe Verhaegen	De Zilvermeeuw	200802609	1:10.16	+0,69	489		33.09	1:10.16
68.	Tariq van Laar	De Rijn	200900819	1:10.49	+0,68	482		32.67	1:10.49
69.	Thomas Nauta	Arethusa	200900339	1:10.65	+0,70	479		32.61	1:10.65
70.	Gerjan Berends	ZPC Hoogeveen	200900169	1:10.66	+0,66	478		33.02	1:10.66
71.	Giano Spoor	Aquapoldro	200900655	1:10.87	+0,69	474		32.68	1:10.87
72.	Lars de Kooter	De Biesboschzwemmers	200800185	1:11.35	+0,70	465		33.49	1:11.35
73.	Seth van den Dool	Blue Marlins	200803809	1:11.43	+0,71	463		32.98	1:11.43
74.	Arjan Boogaard	Deltasteur	200800093	1:11.54	+0,54	461		33.68	1:11.54
75.	Damir Mustafic	DZ&PC	200800885	1:14.50	+0,75	408		33.14	1:14.50
AFGEM	Sem Belmon	PSV	200702099						
NG	Frits Hoeflaken	PSV	200804101						
NG	Emiel de Bruijn	DZ&PC	200700953						
NG	Ensger Kotterink	Albion	199403391						

B = Bonus inschrijving

Programmanr. 34
21-12-2025 - 10:24

Dames, 50m rugslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT		FINA	para
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PARA onder 16

1.	Gwyneth van der Spek	Batavia Swim	201102806	S7	49.19	+0,74	Q	134	467
2.	Jente Parlevliet	Noordwijkerhout	201003900	S14	41.19	+0,70	Q	229	411

PARA Open

1.	Marije Oosterhuis	Azuro	199500318	S10	35.40	+0,60	Q	362	770
2.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	36.69	+0,74	Q	325	673
3.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	40.40	+0,61	Q	243	668
4.	Milou van Winkel	WVZ	200402296	S14	36.30 *	+0,67	Q	335	600
5.	Aguila Dolsma	Blue Marlins	200603902	S14	38.13	+0,76	Q	289	518
6.	Gwyneth van der Spek	Batavia Swim	201102806	S7	49.19	+0,74	Q	134	467
7.	Dannique Koolen	ZPC AMERSFOORT	199904048	S14	40.59	+0,62	Q	240	429
8.	Jente Parlevliet	Noordwijkerhout	201003900	S14	41.19	+0,70	Q	229	411

Onder 18

1.	Jinth Engelse	Team NL - Blue Marlins	200800204		27.97	+0,62	A	733
2.	Maaïke Ooms	ZPC AMERSFOORT	200801580		28.35	+0,75	A	704
3.	Dachen Haaijer	ZPC Hoogeveen	200800380		28.93	+0,66	B	663
4.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224		29.73	+0,66		611
5.	Senna Rijnbeek	ZPC AMERSFOORT	200901480		29.88	+0,64		602
6.	Juliëtte Woltjes	VZC	200900774		29.89	+0,72		601
7.	Jazz-Lynn Gomes Delgado	Albion	200800738		30.11	+0,68		588
8.	Laura van Etten	HZ&PC Heerenveen	200800264		30.28	+0,69		578
9.	Elin Ditewig	VZC	200900392		30.30	+0,62		577
10.	Myrthe Stelten	Hellas-Glana	200900234		30.34	+0,70		575
11.	Sarah Provily	Geelong Swimming Club			30.45	+0,62		568
12.	Anhelina Biletska	Nuenen	200804930		30.62	+0,67		559
	Tara Langkamp	Aqua-Novio'94	200900362		30.62	+0,66		559
14.	Nienke Koster	ZPC Hoogeveen	200900612		30.64	+0,55		558
15.	Emmelen Smelt	ZVZ	200800012		30.75	+0,62		552
16.	Liv Heijdra	Albion	200800736		31.04	+0,59		537
17.	Vera de Boer	De Reest	200900512		31.13	+0,61		532
18.	Valerie Sakkers	Deltasteur	200800080		31.15	+0,76		531
19.	Karlijn van der Schrier	Hieronymus	200900834		31.37	+0,62		520
20.	Nora Lynn Otten	ZPC Hoogeveen	200903338		31.60	+0,70		508
21.	Fleur van den Eijk	Blue Marlins	200900304		31.65	+0,62		506
22.	Madeleine Bertram	De Dolfijn	200900516		31.69	+0,66		504
23.	Charlotte Landman	CWW	200901290		31.74	+0,66		502
	Milou Geneuglijk	HZ&PC Heerenveen	200900556		31.74	+0,63		502
25.	Victoria Diederiks	ZVL-1886	200900758		31.77	+0,64		500
26.	Esmé Sportel	Dedemsvaart-AC	200900682		31.78	+0,71		500
27.	Bette Peetoom	DAW	200801808		31.85	+0,65		497
28.	Mijke van Hal	Zwemlust-den Hommel	200800362		32.16	+0,63		482
29.	Emma Steenbrink	OZ&PC	200901376		32.19	+0,67		481
30.	Laura Booij	ZOB'66	200801292		32.28	+0,71		477
31.	Puck van Wees	De Dolfijn	200901020		32.92 *	+0,77		450
NG	Indira van Aggele	Albion	200804424					

Onder 20

1.	Mare Schallenberg	Albion	200600078		28.07	+0,63	A	726
2.	Eefje Irvine	De Dolfijn	200700164		29.21	+0,61	B	644
3.	Joy Willekus	PSV	200602420		29.23	+0,68	R	643
4.	Tess Bemer	De Duinkickers	200600450		29.39	+0,63	R	632
5.	Féline Sam	ZVZ	200700018		30.77	+0,64		551
6.	Rosalie van der Bijl	Hieronymus	200701644		30.81	+0,64		549
7.	Marlies Dijsselhof	Dedemsvaart-AC	200601046		30.89	+0,83		544
8.	Charlotte Woltjes	VZC	200700110		31.03	+0,67		537

B = Bonus inschrijving

Programmanr. 34, Dames, 50m rugslag, Voorronde, Onder 20

rang	naam	vereniging		tijd	RT	FINA	para
9.	Maud Roffel	DZ&PC	200700840	31.75	+0,71	501	
10.	Nikita Snoeren	WVZ	200600342	31.91	+0,53	494	

senioren Open

1.	Tessa Giele	Albion	200203124	27.28	+0,60	A	791
2.	Britta Koehorst	WVZ	200300246	27.95	+0,60	A	735
3.	Jinth Engelse	Team NL - Blue Marlins	200800204	27.97	+0,62	A	733
4.	Mare Schallenberg	Albion	200600078	28.07	+0,63	A	726
5.	Yara van Kalmthout	PSV	200200984	28.29	+0,55	A	709
6.	Jetske Moot	ZPC AMERSFOORT	200400230	28.32	+0,65	A	707
7.	Maaïke Ooms	ZPC AMERSFOORT	200801580	28.35	+0,75	A	704
8.	Elisabeth Timmer	Albion	200106446	28.51	+0,60	A	693
9.	Yke Groener	PSV	200500772	28.56	+0,69	B	689
10.	Ismay Lichtendonk	HZ&PC Heerenveen	200400622	28.86	+0,62	B	668
11.	Zinke Delcommune	PSV	200505416	28.92	+0,67	B	663
12.	Dachen Haaijer	ZPC Hoozeveen	200800380	28.93	+0,66	B	663
13.	Manon Compagner	Dedemsvaart-AC	200101710	29.06	+0,73	B	654
14.	Malin Roozeboom	WVZ	201100006	29.15	+0,65	B	648
15.	Amber Celie	De Dolfijn	200300756	29.17	+0,56	B	647
16.	Eefje Irvine	De Dolfijn	200700164	29.21	+0,61	B	644
17.	Joy Willekus	PSV	200602420	29.23	+0,68	R	643
18.	Tess Bemer	De Duinkickers	200600450	29.39	+0,63	R	632
19.	Anne Engbersen	Albion	201000044	29.72	+0,64		611
20.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224	29.73	+0,66		611
21.	Merel Phaff	Nuenen	200100434	29.79	+0,60		607
22.	Madelief Mans	Blue Marlins	200501260	29.85	+0,71		603
23.	Senna Rijnbeek	ZPC AMERSFOORT	200901480	29.88	+0,64		602
24.	Juliëtte Woltjes	VZC	200900774	29.89	+0,72		601
25.	Nikita van den Ouden	Nuenen	199900622	29.96	+0,72		597
26.	Famke Irvine	ZPC AMERSFOORT	200501724	30.00	+0,65		594
27.	Nina van der Schrier	AZC	201000444	30.04	+0,68		592
28.	Jazz-Lynn Gomes Delgado	Albion	200800738	30.11	+0,68		588
29.	Hannah Schellekens	TRB-RES	199706614	30.12	+0,73		587
30.	Indy van Laarhoven	PSV	200500710	30.18	+0,60		584
31.	Olena Dijkstra	Orca	200202624	30.25	+0,72		580
32.	Laura van Etten	HZ&PC Heerenveen	200800264	30.28	+0,69		578
33.	Elin Ditewig	VZC	200900392	30.30	+0,62		577
34.	Myrthe Stelten	Hellas-Glana	200900234	30.34	+0,70		575
35.	Julia Notenboom	De Columbiaan	200302596	30.36	+0,62		573
36.	Sarah Provily	Geelong Swimming Club		30.45	+0,62		568
37.	Celine Schoenmaker	DWK	199801976	30.56	+0,61		562
38.	Anhelina Biletska	Nuenen	200804930	30.62	+0,67		559
	Tara Langkamp	Aqua-Novio'94	200900362	30.62	+0,66		559
40.	Nienke Koster	ZPC Hoozeveen	200900612	30.64	+0,55		558
41.	Carmen Lems	ACZ	200402632	30.69	+0,58		555
	Isa Willemsen	Aqua-Novio'94	199900628	30.69	+0,64		555
43.	Karlijn Offeringa	ZVVS	200503292	30.74	+0,71		552
44.	Emmelen Smelt	ZVZ	200800012	30.75	+0,62		552
45.	Féline Sam	ZVZ	200700018	30.77	+0,64		551
46.	Rosalie van der Bijl	Hieronymus	200701644	30.81	+0,64		549
47.	Marit Huisman	WVZ	200502620	30.86	+0,88		546
48.	Marlies Dijsselhof	Dedemsvaart-AC	200601046	30.89	+0,83		544
49.	Nienke Bakker	TriVia	200501178	30.96	+0,74		541
	Fenna Zusterzeel	PSV	201000008	30.96	+0,55		541
51.	Maaïke Issard	DZ&PC	200300022	31.00	+0,78		539
52.	Charlotte Woltjes	VZC	200700110	31.03	+0,67		537
53.	Liv Heijdra	Albion	200800736	31.04	+0,59		537
54.	Vera de Boer	De Reest	200900512	31.13	+0,61		532
55.	Valerie Sakkers	Deltasteur	200800080	31.15	+0,76		531
56.	Karlijn van der Schrier	Hieronymus	200900834	31.37	+0,62		520
57.	Nora Lynn Otten	ZPC Hoozeveen	200903338	31.60	+0,70		508
58.	Fleur van den Eijk	Blue Marlins	200900304	31.65	+0,62		506
59.	Madeleine Bertram	De Dolfijn	200900516	31.69	+0,66		504

B = Bonus inschrijving

Programmanr. 34, Dames, 50m rugslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
60.	Charlotte Landman	CWW	200901290	31.74	+0,66	502	
	Milou Geneuglijk	HZ&PC Heerenveen	200900556	31.74	+0,63	502	
62.	Maud Roffel	DZ&PC	200700840	31.75	+0,71	501	
63.	Victoria Diederiks	ZVL-1886	200900758	31.77	+0,64	500	
64.	Esmé Sportel	Dedemsvaart-AC	200900682	31.78	+0,71	500	
65.	Bette Peetoom	DAW	200801808	31.85	+0,65	497	
66.	Nikita Snoeren	WVZ	200600342	31.91	+0,53	494	
67.	Mijke van Hal	Zwemlust-den Hommel	200800362	32.16	+0,63	482	
68.	Emma Steenbrink	OZ&PC	200901376	32.19	+0,67	481	
69.	Laura Booij	ZOB'66	200801292	32.28	+0,71	477	
70.	Puck van Wees	De Dolfijn	200901020	32.92 *	+0,77	450	
NG	Femke Spiering	ZPC AMERSFOORT	200204514				
NG	Indira van Aggele	Albion	200804424				

B = Bonus inschrijving

Programmanr. 35
21-12-2025 - 10:37

Heren, 50m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT		FINA	para
PARA onder 18								
1.	Thomas Braat	AZC	200802269	S14	29.18	+0,87	Q	317 523
2.	Cheng Van Vondel	KSN (SG)	200902673	S9	31.68	+0,73	Q	247 444
PARA Open								
1.	Rogier Dorsman <i>Nederlands Record PARA</i>	TeamNL PARA - ZZ&PC De Devel	199900211	S11	25.74	+0,66	Q	462 1018
2.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473	S13	24.78	+0,72	Q	517 827
3.	Jesse Bruines	Batavia Swim	200402413	S8	30.88	+0,75	Q	267 623
4.	Julian Hendriks	TeamNL PARA - De Otters Het Go	200603717	S7	31.45	+0,73	Q	253 611
5.	Lars Jacobsen	DWK	199705453	S14	28.35	+0,64	Q	345 570
6.	Thomas Braat	AZC	200802269	S14	29.18	+0,87	Q	317 523
7.	Cheng Van Vondel	KSN (SG)	200902673	S9	31.68	+0,73	Q	247 444

Onder 18

1.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099		22.25	+0,69	A	715
2.	Siem de Zeeuw	Team NL - OZ&PC	200800013		22.66	+0,56	B	677
3.	Kaan Sudak	Albion	200803733		22.76	+0,54	B	668
4.	Giulian Janssen	PSV	200900125		22.77	+0,63	R	667
5.	Ruben Baars	DWK	200900471		22.91	+0,61		655
6.	Felbe van 't Land	ZPC AMERSFOORT	200900027		23.07	+0,68		641
7.	Tibbe Quist	KONAZ 1870	200801359		23.43	+0,62		612
8.	Tobian Vos	ZPC AMERSFOORT	200900005		23.57	+0,69		601
9.	Jones Chuang	PSV	200801173		23.62	+0,63		598
10.	Bram ter Braak	De Dinkel	200800281		23.69	+0,69		592
11.	Fabian Riedijk	Blue Marlins	200800603		23.74	+0,66		589
12.	Gijs Koehoorn	HZ&PC Heerenveen	200800275		23.78	+0,66		586
13.	Luca Boorsma	De Dolfijn	200902031		23.82	+0,59		583
14.	Tim Boerefijn	WVZ	200802815		23.97	+0,56		572
15.	Willem Weustink	Team Noord Holland (SG)	200800109		24.01	+0,68		569
16.	Feddo Smink	ZPC AMERSFOORT	200900007		24.06	+0,65		565
17.	Suraj Baladurage	Team Noord Holland (SG)	200801291		24.32	+0,68		547
18.	Adriaan Coppelmans	AZC	200903243		24.43	+0,60		540
19.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187		24.50	+0,67		535
20.	Wessel van Dorst	Aqua-Novio'94	200900727		24.52	+0,69		534
21.	Jelmer Miedema	De Gooische (SG)	200800467		24.63	+0,65		527
22.	Wanne van Geest	ACZ	200901425		24.65	+0,59		526
23.	Daan Borst	NieMo Barracuda	200801435		24.69	+0,68		523
24.	Timo Berghuis	DWK	200801991		24.74	+0,74		520
25.	Milan Veelders	ZPC AMERSFOORT	200800279		24.79	+0,69		517
26.	Arjan Boogaard	Deltasteur	200800093		24.83	+0,65		514
27.	Juan Cruz Slappendel	Orca	200903053		24.94	+0,54		508
28.	Tariq van Laar	De Rijn	200900819		25.00	+0,69		504
29.	Daniel Wegman	ZPCH	200802843		25.35	+0,67		483
30.	Tibbe Rongen	SBC2000	200801929		25.36	+0,64		483
31.	Bjorn Scholten	WS Twente	200801143		25.56	+0,73		471

Onder 20

1.	Floris Tanis	Albion	200700005		21.98	+0,70	A	742
2.	Marcel Hofstede	Blue Marlins	200603931		22.06	+0,58	A	734
3.	Yaniv Kerdijk	Team Noord Holland (SG)	200603439		23.74	+0,65		589
4.	Lucas Bemer	De Duinkickers	200700219		23.82	+0,54		583
5.	Niek Issard	DZ&PC	200700037		23.85	+0,67		580
6.	Tijs Kruithof	PSV	200701181		24.04	+0,68		567
7.	Tygo Gerts	Blue Marlins	200704077		24.15	+0,65		559
8.	Gijs Vesseur	ZPC AMERSFOORT	200700277		24.32	+0,70		547

B = Bonus inschrijving

Programmanr. 35, Heren, 50m vrije slag, Voorronde

senioren Open

1.	Brandon van den Berg	Albion	200200669	21.21	+0,71	A	825
2.	Perry Laarhoven	Albion	200301321	21.84	+0,71	A	756
3.	Floris Tanis	Albion	200700005	21.98	+0,70	A	742
4.	Jesse Puts	Zwemlust-den Hommel	199401147	22.00	+0,60	A	740
5.	Stan Stevens	PSV	200305039	22.01	+0,67	A	739
6.	Marcel Hofstede	Blue Marlins	200603931	22.06	+0,58	A	734
7.	Sean Niewold	Albion	200204699	22.08	+0,69	A	732
8.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099	22.25	+0,69	A	715
9.	Kingue Struijf	De Dolfijn	199400913	22.52	+0,65	B	690
10.	Jesse van der A	De Dolfijn	199905303	22.58	+0,64	B	684
11.	Michael Smink	Albion	200302169	22.65	+0,65	B	678
12.	Siem de Zeeuw	Team NL - OZ&PC	200800013	22.66	+0,56	B	677
	Patriks Francis Pone	De Dolfijn	200504577	22.66	+0,52	B	677
14.	Simon Claasen	ZPC AMERSFOORT	200400231	22.70	+0,58	B	673
15.	Piet-Hein Straver	PSV	200302527	22.76	+0,63	B	668
	Kaan Sudak	Albion	200803733	22.76	+0,54	B	668
17.	Giulian Janssen	PSV	200900125	22.77	+0,63	R	667
18.	Marlon Borger	PSV	200404817	22.78	+0,69	R	666
19.	Ruben Baars	DWK	200900471	22.91	+0,61		655
20.	Bram Zwetsloot	De Dolfijn	200202117	22.96	+0,61		651
21.	Felix Geenen	DAW	199501085	22.99	+0,71		648
22.	Felbe van 't Land	ZPC AMERSFOORT	200900027	23.07	+0,68		641
23.	Luuk van Rooij	ZPC AMERSFOORT	200400581	23.09	+0,63		640
24.	Lars Minnaert	PSV	200502355	23.12	+0,59		637
25.	Thijn Damen	PSV	200300973	23.23	+0,69		628
26.	Kenan Coeruez	Albion	200300357	23.26	+0,64		626
27.	Saviël Armand	Albion	200204461	23.34	+0,62		619
28.	Lars Kerremans	Hellas-Glana	200100305	23.37	+0,69		617
	Luuk Smits	Nuenen	200001015	23.37	+0,72		617
30.	Tibbe Quist	KONAZ 1870	200801359	23.43	+0,62		612
31.	Daan Hogerhuis	De Columbiaan	200300317	23.45	+0,70		611
32.	Niek Heethaar	DWK	199900999	23.49	+0,69		608
33.	Tobian Vos	ZPC AMERSFOORT	200900005	23.57	+0,69		601
34.	Jones Chuang	PSV	200801173	23.62	+0,63		598
35.	Yurii Verkhoturov	ACZ	200305165	23.69	+0,68		592
	Bram ter Braak	De Dinkel	200800281	23.69	+0,69		592
37.	Yaniv Kerdijk	Team Noord Holland (SG)	200603439	23.74	+0,65		589
	Juri Dijkstra	De Dolfijn	200002119	23.74	+0,67		589
	Fabian Riedijk	Blue Marlins	200800603	23.74	+0,66		589
40.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	23.78	+0,66		586
41.	Lucas Bemmer	De Duinkickers	200700219	23.82	+0,54		583
	Luca Boersma	De Dolfijn	200902031	23.82	+0,59		583
43.	Niek Issard	DZ&PC	200700037	23.85	+0,67		580
44.	Tim Boerefijn	WVZ	200802815	23.97	+0,56		572
45.	Willem Weustink	Team Noord Holland (SG)	200800109	24.01	+0,68		569
46.	Tijs Kruithof	PSV	200701181	24.04	+0,68		567
47.	Feddo Smink	ZPC AMERSFOORT	200900007	24.06	+0,65		565
48.	Tygo Gerts	Blue Marlins	200704077	24.15	+0,65		559
49.	Suraj Baladurage	Team Noord Holland (SG)	200801291	24.32	+0,68		547
	Gijs Vesseur	ZPC AMERSFOORT	200700277	24.32	+0,70		547
51.	Adriaan Coppelmans	AZC	200903243	24.43	+0,60		540
52.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187	24.50	+0,67		535
53.	Wessel van Dorst	Aqua-Novio'94	200900727	24.52	+0,69		534
54.	Jelmer Miedema	De Gooische (SG)	200800467	24.63	+0,65		527
55.	Wanne van Geest	ACZ	200901425	24.65	+0,59		526
56.	Daan Borst	NieMo Barracuda	200801435	24.69	+0,68		523
57.	Timo Berghuis	DWK	200801991	24.74	+0,74		520
58.	Milan Veelders	ZPC AMERSFOORT	200800279	24.79	+0,69		517
59.	Arjan Boogaard	Deltasteur	200800093	24.83	+0,65		514
60.	Juan Cruz Slappendel	Orca	200903053	24.94	+0,54		508
61.	Tariq van Laar	De Rijn	200900819	25.00	+0,69		504
62.	Daniel Wegman	ZPCH	200802843	25.35	+0,67		483
63.	Tibbe Rongen	SBC2000	200801929	25.36	+0,64		483

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 35, Heren, 50m vrije slag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
64.	Bjorn Scholten	WS Twente	200801143	25.56	+0,73	471	
NG	Floris Kotterink	Albion	199800199				

B = Bonus inschrijving

Programmanr. 36
21-12-2025 - 10:47

Dames, 200m vrije slag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m	150m	200m
PARA onder 16										
1. Gwyneth van der S.	Batavia Swim	201102806 S7	3:15.49	+0,78	Q	179 428	47.06	1:38.00	2:27.40	3:15.49
2. Jente Parlevliet	Noordwijkerhout	201003900 S14	2:54.08	+0,81	Q	254 354	39.03	1:25.31	2:11.54	2:54.08

PARA Open

1. Amber van der Kruk	MSV-Zeemacht	200102730 S14	2:12.91	+0,84	Q	571 795	29.76	1:02.92	1:37.69	2:12.91
2. Milou van Winkel	WVZ	200402296 S14	2:37.80	+0,74	Q	341 475	32.52	1:11.84	1:55.24	2:37.80
3. Gwyneth van der S.	Batavia Swim	201102806 S7	3:15.49	+0,78	Q	179 428	47.06	1:38.00	2:27.40	3:15.49
4. Jente Parlevliet	Noordwijkerhout	201003900 S14	2:54.08	+0,81	Q	254 354	39.03	1:25.31	2:11.54	2:54.08

Onder 18

1. Maaike Ooms	ZPC AMERSFOORT	200801580	2:01.43	+0,67	B	749	28.12	58.90	1:30.48	2:01.43
2. Jade van der Schrier	AZC	200800692	2:01.71	+0,79	B	744	29.05	59.83	1:31.18	2:01.71
3. Fay Boxum	DZ&PC	200900060	2:04.34	+0,74	B	698	28.15	59.64	1:31.59	2:04.34
4. Luus Gielens	PSV	200900138	2:05.02	+0,83	R	686	29.22	1:00.77	1:33.06	2:05.02
5. Ilse Rozema	Blue Marlins	200803318	2:06.11	+0,70		669	28.69	1:00.61	1:33.15	2:06.11
6. Fenna Westerneng	DZ&PC	200900070	2:07.79	+0,75		643	29.52	1:01.98	1:34.71	2:07.79
7. Laura van Etten	HZ&PC Heerenveen	200800264	2:08.23			636	29.33	1:01.84	1:35.42	2:08.23
8. Chiara Lammertink	ZPC AMERSFOORT	200902200	2:09.15	+0,85		623	29.82	1:02.02	1:35.19	2:09.15
9. Lotte Lübbers	KSN (SG)	200900190	2:09.27	+0,73		621	29.64	1:01.87	1:34.93	2:09.27
10. Jasmine Vaartjes	Blue Marlins	200903658	2:10.68	+0,72		601	30.04	1:03.04	1:37.05	2:10.68
11. Iris Boeters	Westland Swimming Stars	200900856	2:12.47	+0,67		577	29.15	1:01.83	1:36.40	2:12.47
12. Emma Steenbrink	OZ&PC	200901376	2:13.04	+0,71		570	30.87	1:04.41	1:39.02	2:13.04
13. Madeleine Bertram	De Dolfijn	200900516	2:13.40	+0,75		565	30.25	1:03.56	1:38.87	2:13.40
14. Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	2:13.84	+0,74		559	30.57	1:04.80	1:39.87	2:13.84
15. Mijke Ouderkerken	Blue Marlins	200901254	2:13.92			558	30.01	1:03.44	1:38.57	2:13.92
16. Nora Lynn Otten	ZPC Hoogeveen	200903338	2:14.23			555	31.29	1:05.01	1:39.80	2:14.23
17. Kinley Cole	PSV	200903696	2:14.47	+0,71		552	30.63	1:04.31	1:39.33	2:14.47
18. Esmee Ykema	HZ&PC Heerenveen	200801710	2:14.78	+0,76		548	30.77	1:05.07	1:40.00	2:14.78
19. Suuz Griekspoor	Noordwijkerhout	200901204	2:15.08	+0,75		544	30.56	1:04.92	1:40.37	2:15.08
20. Charlotte Landman	CWW	200901290	2:15.64	+0,67		537	30.57	1:05.13	1:40.37	2:15.64
21. Jaydee Leenders	Aqua-Novio'94	200900112	2:15.67	+0,74		537	30.95	1:04.82	1:39.88	2:15.67
22. Hadewych F.	MNC Dordrecht	200903572	2:15.76			536	31.42	1:05.93	1:41.19	2:15.76
23. Aleyna Bakdemir	Blue Marlins	200804386	2:16.55	+0,76		527	30.26	1:04.11	1:39.88	2:16.55
24. Karlijn van der S.	Hieronymus	200900834	2:16.80	+0,77		524	30.34	1:04.40	1:40.51	2:16.80
25. Puck van Wees	De Dolfijn	200901020	2:17.26 *	+0,77		519	31.72	1:06.22	1:41.92	2:17.26
26. Patricia de Leu	DAW	200900982	2:17.35	+0,56		518	30.40	1:04.76	1:41.10	2:17.35
27. Valerie Sakkers	Deltasteur	200800080	2:18.25	+0,70		507	31.15	1:06.17	1:42.65	2:18.25
AFGEM Simone Faber	Deltasteur	200900710								
NG Bregje Dekkers	PSV	200900746								

Onder 20

1. Angelina Rolman	Team NL - PSV	200701972	1:58.11	+0,72	A	814	28.44	58.49	1:28.44	1:58.11
2. Nynke Boerefijn	ZPC AMERSFOORT	200700114	1:58.69	+0,65	A	802	28.01	57.85	1:28.12	1:58.69
3. Sara Korthuis	DZ&PC	200600494	2:01.05	+0,78	A	756	28.23	58.73	1:29.58	2:01.05
4. Evy Rozeboom	Team NL - DAW	200601338	2:02.27		B	734	28.80	1:00.19	1:31.73	2:02.27
5. Megan Jonkman	Albion	200600508	2:02.99	+0,73	B	721	27.65	58.37	1:30.18	2:02.99
6. Rhodee van den H.	De Duinkickers	200700090	2:06.44	+0,76		664	29.50	1:01.55	1:33.90	2:06.44
7. Eefje Irvine	De Dolfijn	200700164	2:08.87	+0,66		627	30.20	1:02.78	1:36.00	2:08.87
8. Veerle de Ridder	HZ&PC Heerenveen	200700778	2:11.18	+0,68		594	29.29	1:02.12	1:36.20	2:11.18
9. Julia van den Bosch	Deltasteur	200600232	2:11.63	+0,73		588	30.72	1:04.40	1:38.26	2:11.63
10. Barbara Broekhuis	PSV	200700880	2:12.93	+0,77		571	29.82	1:02.66	1:37.72	2:12.93
AFGEM Hedwig Bolt	HZ&PC Heerenveen	200602660								

B = Bonus inschrijving

Programmanr. 36, Dames, 200m vrije slag, Voorronde

senioren Open

1. Angelina Rolman	Team NL - PSV	200701972	1:58.11	+0,72	A	814	28.44	58.49	1:28.44	1:58.11
2. Nynke Boerefijn	ZPC AMERSFOORT	200700114	1:58.69	+0,65	A	802	28.01	57.85	1:28.12	1:58.69
3. Imani de Jong	Team NL - PSV	200200464	1:59.34	+0,69	A	789	27.86	58.52	1:29.19	1:59.34
4. Yara van Kalmthout	PSV	200200984	1:59.61	+0,73	A	784	28.20	58.70	1:29.40	1:59.61
5. Yill van Bezouw	Hieronimus	201100704	1:59.94	+0,60	A	777	27.79	58.27	1:29.33	1:59.94
6. Lotte Hosper	Team NL - Blue Marlins	200201414	1:59.98	+0,62	A	777	28.37	59.11	1:29.72	1:59.98
7. Kirsten Verhalle	PSV	200400210	2:00.10	+0,56	A	774	27.17	58.06	1:29.01	2:00.10
8. Sara Korthuis	DZ&PC	200600494	2:01.05	+0,78	A	756	28.23	58.73	1:29.58	2:01.05
9. Maaike Ooms	ZPC AMERSFOORT	200801580	2:01.43	+0,67	B	749	28.12	58.90	1:30.48	2:01.43
10. Colinda van der Z.	Aqua-Novio'94	200502618	2:01.56	+0,76	B	747	28.41	58.89	1:29.64	2:01.56
11. Jade van der Schrier	AZC	200800692	2:01.71	+0,79	B	744	29.05	59.83	1:31.18	2:01.71
12. Evy Rozeboom	Team NL - DAW	200601338	2:02.27		B	734	28.80	1:00.19	1:31.73	2:02.27
13. Megan Jonkman	Albion	200600508	2:02.99	+0,73	B	721	27.65	58.37	1:30.18	2:02.99
14. Marin Wieling	ZPC AMERSFOORT	200501220	2:03.24	+0,56	B	717	28.42	59.10	1:31.03	2:03.24
15. Hannah Huisman	De Dolfijn	201000002	2:04.06	+0,75	B	702	29.22	1:00.72	1:32.49	2:04.06
16. Fay Boxum	DZ&PC	200900060	2:04.34	+0,74	B	698	28.15	59.64	1:31.59	2:04.34
17. Luus Gielens	PSV	200900138	2:05.02	+0,83	R	686	29.22	1:00.77	1:33.06	2:05.02
18. Fenne Metten	ZPC AMERSFOORT	201000102	2:05.09		R	685	28.94	1:00.68	1:33.22	2:05.09
19. Ilona Weisz	ZPC AMERSFOORT	201004146	2:05.90	+0,73		672	29.29	1:00.60	1:33.14	2:05.90
20. Ilse Rozema	Blue Marlins	200803318	2:06.11	+0,70		669	28.69	1:00.61	1:33.15	2:06.11
21. Rhodee van den H.	De Duinkickers	200700090	2:06.44	+0,76		664	29.50	1:01.55	1:33.90	2:06.44
22. Fenna Westerneng	DZ&PC	200900070	2:07.79	+0,75		643	29.52	1:01.98	1:34.71	2:07.79
23. Laura van Etten	HZ&PC Heerenveen	200800264	2:08.23			636	29.33	1:01.84	1:35.42	2:08.23
24. Eefje Irvine	De Dolfijn	200700164	2:08.87	+0,66		627	30.20	1:02.78	1:36.00	2:08.87
25. Tess Panjer	VZC	200403060	2:09.05	+0,78		624	29.70	1:02.26	1:35.64	2:09.05
26. Chiara Lammertink	ZPC AMERSFOORT	200902200	2:09.15	+0,85		623	29.82	1:02.02	1:35.19	2:09.15
27. Lotte Lübbers	KSN (SG)	200900190	2:09.27	+0,73		621	29.64	1:01.87	1:34.93	2:09.27
28. Michelle van Wijk	WWV Winterswijk	200204746	2:09.66	+0,74		615	29.84	1:02.83	1:36.26	2:09.66
29. Jasmine Vaartjes	Blue Marlins	200903658	2:10.68	+0,72		601	30.04	1:03.04	1:37.05	2:10.68
30. Veerle de Ridder	HZ&PC Heerenveen	200700778	2:11.18	+0,68		594	29.29	1:02.12	1:36.20	2:11.18
31. Julia van den Bosch	Deltasteur	200600232	2:11.63	+0,73		588	30.72	1:04.40	1:38.26	2:11.63
32. Iris Boeters	Westland Swimming Stars	200900856	2:12.47	+0,67		577	29.15	1:01.83	1:36.40	2:12.47
33. Barbara Broekhuis	PSV	200700880	2:12.93	+0,77		571	29.82	1:02.66	1:37.72	2:12.93
34. Emma Steenbrink	OZ&PC	200901376	2:13.04	+0,71		570	30.87	1:04.41	1:39.02	2:13.04
35. Madeleine Bertram	De Dolfijn	200900516	2:13.40	+0,75		565	30.25	1:03.56	1:38.87	2:13.40
36. Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	2:13.84	+0,74		559	30.57	1:04.80	1:39.87	2:13.84
37. Mijke Ouderkerken	Blue Marlins	200901254	2:13.92			558	30.01	1:03.44	1:38.57	2:13.92
38. Nora Lynn Otten	ZPC Hoogeveen	200903338	2:14.23			555	31.29	1:05.01	1:39.80	2:14.23
39. Kinley Cole	PSV	200903696	2:14.47	+0,71		552	30.63	1:04.31	1:39.33	2:14.47
40. Esmee Ykema	HZ&PC Heerenveen	200801710	2:14.78	+0,76		548	30.77	1:05.07	1:40.00	2:14.78
41. Suuz Griekspoor	Noordwijkerhout	200901204	2:15.08	+0,75		544	30.56	1:04.92	1:40.37	2:15.08
42. Charlotte Landman	CWW	200901290	2:15.64	+0,67		537	30.57	1:05.13	1:40.37	2:15.64
43. Jaydee Leenders	Aqua-Novio'94	200900112	2:15.67	+0,74		537	30.95	1:04.82	1:39.88	2:15.67
44. Hadewych F.	MNC Dordrecht	200903572	2:15.76			536	31.42	1:05.93	1:41.19	2:15.76
45. Aleya Bakdemir	Blue Marlins	200804386	2:16.55	+0,76		527	30.26	1:04.11	1:39.88	2:16.55
46. Karlijn van der S.	Hieronimus	200900834	2:16.80	+0,77		524	30.34	1:04.40	1:40.51	2:16.80
47. Puck van Wees	De Dolfijn	200901020	2:17.26 *	+0,77		519	31.72	1:06.22	1:41.92	2:17.26
48. Patricia de Leu	DAW	200900982	2:17.35	+0,56		518	30.40	1:04.76	1:41.10	2:17.35
49. Valerie Sakkers	Deltasteur	200800080	2:18.25	+0,70		507	31.15	1:06.17	1:42.65	2:18.25
AFGEM Simone Faber	Deltasteur	200900710								
AFGEM Hedwig Bolt	HZ&PC Heerenveen	200602660								
NG Bregje Dekkers	PSV	200900746								
NG Tamara Grove	De Dolfijn	199601266								
NG Femke Spiering	ZPC AMERSFOORT	200204514								

B = Bonus inschrijving

Programmanr. 37
21-12-2025 - 11:33

Heren, 200m rugslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m	150m	200m
Onder 18											
1. Giovanni Phillipson	Team NL - Team Noord Holl.	200801099	1:57.99	+0,65	A	717		27.27	57.01	1:27.23	1:57.99
2. Jaydey Schonewille	Steenwijk 1934	200800025	2:04.19	+0,75	A	615		29.01	59.90	1:31.62	2:04.19
3. Vanja Kvocka	Hellas-Glana	200904007	2:04.76	+0,61	B	606		28.44	1:00.27	1:32.73	2:04.76
4. Rijk Leenders	VZC	200800627	2:06.38	+0,63	B	583		29.27	1:00.91	1:33.57	2:06.38
5. Rian Schoneveld	De Berkelduikers	200801789	2:08.05	+0,58	B	561		29.87	1:02.77	1:35.71	2:08.05
6. Luca Boorsma	De Dolfijn	200902031	2:09.24	+0,58	B	545		29.06	1:01.31	1:34.57	2:09.24
7. Stefan van der Meer	VZC	200901361	2:09.84	+0,64	B	538		30.27	1:03.13	1:36.54	2:09.84
8. Sverre van der Zwaan	WVZ	200900737	2:10.04	+0,63	R	535		30.21	1:03.30	1:37.06	2:10.04
9. Mattia Maggio	Hellas-Glana	200903311	2:10.11	+0,60	R	535		29.75	1:02.53	1:35.56	2:10.11
10. Niek Sonneveld	WVZ	200802631	2:11.30	+0,65		520		30.91	1:03.87	1:37.73	2:11.30
11. Adriaan Coppelmans	AZC	200903243	2:11.96	+0,59		512		30.53	1:04.22	1:38.78	2:11.96
12. Duuk Harms	Dedemsvaart-AC	200900201	2:12.48	+0,62		506		30.39	1:03.86	1:38.32	2:12.48
13. Finn Stamsnieder	OZ&PC	200900225	2:13.24	+0,72		498		31.18	1:05.00	1:39.46	2:13.24
14. Daniel Wegman	ZPCH	200802843	2:14.41	+0,76		485		31.80	1:05.64	1:40.46	2:14.41
15. Figo van Duuren	ZPCH	200800391	2:14.63	+0,74		482		31.43	1:05.73	1:40.58	2:14.63
16. Sebastian L.	WZK Zwemmen	200800187	2:14.79	+0,63		481		30.93	1:05.36	1:40.53	2:14.79
17. Arthur Alberts	ZVZ	200900239	2:14.99	+0,54		479		30.45	1:03.71	1:38.84	2:14.99
18. Enna Lamers	ZV Overbetuwe	200800899	2:15.02	+0,62		478		29.87	1:04.07	1:40.18	2:15.02
19. Tim Brouwer	Aqua-Novio'94	200800989	2:15.81	+0,75		470		30.76	1:05.26	1:40.76	2:15.81
20. Finn Hilders	De Dolfijn	200900283	2:15.89 *	+0,71		469		31.02	1:05.87	1:41.47	2:15.89
21. Ivo Bot	Wiekslag	200900509	2:17.61	+0,57		452		30.12	1:05.59	1:42.29	2:17.61
22. Mart Tempelman	Dedemsvaart-AC	200801075	2:18.90	+0,66		439		31.79	1:06.57	1:42.92	2:18.90
23. Lucas Schouten	ZPCH	200901925	2:19.93	+0,59		430		31.79	1:07.56	1:44.31	2:19.93
24. Felix Gepkens	VZC	200800631	2:20.26	+0,64		427		31.90	1:07.12	1:43.57	2:20.26
25. Mike Hilders	De Dolfijn	200900281	2:21.03	+0,71		420		31.26	1:05.93	1:42.49	2:21.03
26. Teun van Weeren	OZ&PC	200801145	2:21.28	+0,73		417		32.54	1:07.75	1:44.54	2:21.28
27. Colin Beuker	ZPC Hoogeveen	200802023	2:23.77	+0,75		396		32.02	1:08.06	1:45.98	2:23.77
NG Yarno van Dam	ACZ	200800115									

Onder 20

1. Sam Adams	De Dolfijn	200704081	2:00.97	+0,62	A	665		28.24	58.86	1:29.86	2:00.97
2. Bram Loots	Team NL - Team Noord Holl.	200700197	2:01.28	+0,68	A	660		28.55	59.08	1:30.27	2:01.28
3. Tiamo van der Veen	Dedemsvaart-AC	200600033	2:03.30	+0,56	A	628		28.38	58.51	1:30.33	2:03.30
4. Thom de Hoog	Albion	200600019	2:05.91	+0,61	B	590		29.15	1:01.05	1:33.37	2:05.91
5. Jisse Lousma	WVZ	200701493	2:06.42	+0,52	B	583		28.30	1:00.44	1:33.96	2:06.42
NG Nikodim Markovic	Albion	200700255									

senioren Open

1. Raf Hendriks	Hellas-Glana	200100879	1:55.68	+0,62	A	761		26.28	55.60	1:25.75	1:55.68
2. Giovanni Phillipson	Team NL - Team Noord Holl.	200801099	1:57.99	+0,65	A	717		27.27	57.01	1:27.23	1:57.99
3. Hendrik van der L.	PSV	200404339	1:59.41	+0,62	A	692		26.60	55.70	1:27.48	1:59.41
4. Sam Adams	De Dolfijn	200704081	2:00.97	+0,62	A	665		28.24	58.86	1:29.86	2:00.97
5. Jelle Betten	DZ&PC	200001535	2:01.03	+0,64	A	664		27.62	57.97	1:29.30	2:01.03
6. Bram Loots	Team NL - Team Noord Holl.	200700197	2:01.28	+0,68	A	660		28.55	59.08	1:30.27	2:01.28
7. Tiamo van der Veen	Dedemsvaart-AC	200600033	2:03.30	+0,56	A	628		28.38	58.51	1:30.33	2:03.30
8. Jaydey Schonewille	Steenwijk 1934	200800025	2:04.19	+0,75	A	615		29.01	59.90	1:31.62	2:04.19
9. Vanja Kvocka	Hellas-Glana	200904007	2:04.76	+0,61	B	606		28.44	1:00.27	1:32.73	2:04.76
10. Sven Klink	Swol 1894	200500349	2:05.01	+0,74	B	603		29.19	1:00.80	1:32.98	2:05.01
11. Thom de Hoog	Albion	200600019	2:05.91	+0,61	B	590		29.15	1:01.05	1:33.37	2:05.91
12. Rijk Leenders	VZC	200800627	2:06.38	+0,63	B	583		29.27	1:00.91	1:33.57	2:06.38
13. Jisse Lousma	WVZ	200701493	2:06.42	+0,52	B	583		28.30	1:00.44	1:33.96	2:06.42
14. Rian Schoneveld	De Berkelduikers	200801789	2:08.05	+0,58	B	561		29.87	1:02.77	1:35.71	2:08.05
15. Luca Boorsma	De Dolfijn	200902031	2:09.24	+0,58	B	545		29.06	1:01.31	1:34.57	2:09.24
16. Stefan van der Meer	VZC	200901361	2:09.84	+0,64	B	538		30.27	1:03.13	1:36.54	2:09.84
17. Sverre van der Zwaan	WVZ	200900737	2:10.04	+0,63	R	535		30.21	1:03.30	1:37.06	2:10.04
18. Mattia Maggio	Hellas-Glana	200903311	2:10.11	+0,60	R	535		29.75	1:02.53	1:35.56	2:10.11

B = Bonus inschrijving

Programmanr. 37, Heren, 200m rugslag, Voorronde, senioren Open

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
19. Niek Sonneveld	WVZ	200802631	2:11.30	+0,65	520		30.91	1:03.87	1:37.73	2:11.30
20. Louis Kappler	Zwemlust-den Hommel	200205067	2:11.57	+0,70	517		30.53	1:03.94	1:37.90	2:11.57
21. Adriaan Coppelmans	AZC	200903243	2:11.96	+0,59	512		30.53	1:04.22	1:38.78	2:11.96
22. Duuk Harms	Dedemsvaart-AC	200900201	2:12.48	+0,62	506		30.39	1:03.86	1:38.32	2:12.48
23. Finn Stamsnieder	OZ&PC	200900225	2:13.24	+0,72	498		31.18	1:05.00	1:39.46	2:13.24
24. Daniel Wegman	ZPCH	200802843	2:14.41	+0,76	485		31.80	1:05.64	1:40.46	2:14.41
25. Figo van Duuren	ZPCH	200800391	2:14.63	+0,74	482		31.43	1:05.73	1:40.58	2:14.63
26. Sebastian L.	WZK Zwemmen	200800187	2:14.79	+0,63	481		30.93	1:05.36	1:40.53	2:14.79
27. Arthur Alberts	ZVZ	200900239	2:14.99	+0,54	479		30.45	1:03.71	1:38.84	2:14.99
28. Enna Lamers	ZV Overbetuwe	200800899	2:15.02	+0,62	478		29.87	1:04.07	1:40.18	2:15.02
29. Tim Brouwer	Aqua-Novio'94	200800989	2:15.81	+0,75	470		30.76	1:05.26	1:40.76	2:15.81
30. Finn Hilders	De Dolfijn	200900283	2:15.89 *	+0,71	469		31.02	1:05.87	1:41.47	2:15.89
31. Ivo Bot	Wiekslag	200900509	2:17.61	+0,57	452		30.12	1:05.59	1:42.29	2:17.61
32. Mart Tempelman	Dedemsvaart-AC	200801075	2:18.90	+0,66	439		31.79	1:06.57	1:42.92	2:18.90
33. Lucas Schouten	ZPCH	200901925	2:19.93	+0,59	430		31.79	1:07.56	1:44.31	2:19.93
34. Felix Gepkens	VZC	200800631	2:20.26	+0,64	427		31.90	1:07.12	1:43.57	2:20.26
35. Mike Hilders	De Dolfijn	200900281	2:21.03	+0,71	420		31.26	1:05.93	1:42.49	2:21.03
36. Teun van Weeren	OZ&PC	200801145	2:21.28	+0,73	417		32.54	1:07.75	1:44.54	2:21.28
37. Colin Beuker	ZPC Hoogeveen	200802023	2:23.77	+0,75	396		32.02	1:08.06	1:45.98	2:23.77
NG Thomas Jansen	Team NL - WVZ	200100143								
NG Yarno van Dam	ACZ	200800115								
NG Nikodim Markovic	Albion	200700255								

B = Bonus inschrijving

Programmanr. 38
21-12-2025 - 11:48

Dames, 100m schoolslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m
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PARA onder 16

1.	Gwyneth van der Spek	Batavia Swim	201102806	SB6	1:57.77	+0,82	Q	148 455	57.16	1:57.77
2.	Jente Parlevliet	Noordwijkerhout	201003900	SB14	1:42.26	+0,77	Q	226 357	47.73	1:42.26

PARA Open

1.	Aguila Dolsma	Blue Marlins	200603902	SB14	1:27.38	+0,81	Q	363 573	41.70	1:27.38
2.	Gwyneth van der Spek	Batavia Swim	201102806	SB6	1:57.77	+0,82	Q	148 455	57.16	1:57.77
3.	Jente Parlevliet	Noordwijkerhout	201003900	SB14	1:42.26	+0,77	Q	226 357	47.73	1:42.26

Onder 18

1.	Nina Zusterzeel	PSV	200800656		1:07.99	+0,66	A	771	31.66	1:07.99
2.	Tess Vonk	De Geul	200900024		1:10.79	+0,68	B	683	33.58	1:10.79
3.	Dachen Haaijer	ZPC Hoogeveen	200800380		1:12.17	+0,60		645	33.71	1:12.17
4.	Myrthe Stelten	Hellas-Glana	200900234		1:13.05	+0,70		622	34.46	1:13.05
5.	Diede de Vries	Zwemlust-den Hommel	200803558		1:13.50	+0,74		610	34.23	1:13.50
6.	Julia Dijkstra	PSV	200904546		1:13.51	+0,74		610	34.45	1:13.51
7.	Esmee Mulder	DZ&PC	200800038		1:13.85	+0,53		602	34.36	1:13.85
8.	Sarah Provily	Geelong Swimming Club			1:15.01	+0,70		574	35.15	1:15.01
9.	Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536		1:15.18	+0,71		570	35.74	1:15.18
10.	Roselie ter Borg	ZCNF'34	200804880		1:16.09	+0,78		550	35.45	1:16.09
11.	Amber Kunst	DAW	200900680		1:16.16	+0,71		548	35.86	1:16.16
12.	Meyke Haytink	WS Twente	200801188		1:16.60	+0,56		539	35.80	1:16.60
13.	Flore Blok	OZ&PC	200804348		1:16.62	+0,68		539	36.13	1:16.62
14.	Rixt Rothschild	ZPC Hoogeveen	200900026		1:16.87	+0,68		533	36.50	1:16.87
15.	Iris Boeters	Westland Swimming Stars	200900856		1:16.89	+0,67		533	35.91	1:16.89
16.	Meyke v. Nimwegen	De Schoteijl	200800106		1:17.62			518	36.31	1:17.62
17.	Jenny Muntinga	ZPCH	200900450		1:18.19	+0,64		507	36.51	1:18.19
18.	Kyana de Vries	Merlet	200901260		1:18.32	+0,80		504	37.21	1:18.32
19.	Jasmijn Schoonen	Wiekslag	200901196		1:19.38	+0,83		484	37.18	1:19.38
20.	Suuz Griekspoor	Noordwijkerhout	200901204		1:22.85			426	38.86	1:22.85
AFGEM	Tara Langkamp	Aqua-Novio'94	200900362							
NG	Esmaé de Gans	ZPC AMERSFOORT	200900134							

Onder 20

1.	Rafaela Mulders	Team Noord Holland (SG)	200701398		1:09.25		A	730	32.52	1:09.25
2.	Mare Schallenberg	Albion	200600078		1:09.26	+0,71	A	729	33.35	1:09.26
3.	Hylcke de Beer	PSV	200700006		1:09.31	+0,70	B	728	32.06	1:09.31
4.	Benigna Kocsispeter	Hellas-Glana	200702058		1:09.60	+0,56	B	719	32.71	1:09.60
5.	Joy Willekus	PSV	200602420		1:09.72	+0,73	B	715	32.71	1:09.72
6.	Djanilla Brink	Team NL - De Dolfijn	200600988		1:11.11	+0,82	?	674	33.64	1:11.11
7.	Nieke Dovic	PSV	200700238		1:11.70	+0,78	R	657	33.89	1:11.70
8.	Marlies Dijsselhof	Dedemsvaart-AC	200601046		1:12.21	+0,81		644	33.95	1:12.21
9.	Lisa Dirkzwager	Blue Marlins	200703458		1:12.31	+0,69		641	33.79	1:12.31
10.	Annieke Rupke	WVZ	200700876		1:13.38	+0,75		613	34.37	1:13.38
11.	Leyla Oversluizen	Albion	200602730		1:13.65	+0,74		607	34.69	1:13.65
12.	Annika Hogenhuis	Zwemlust-den Hommel	200701340		1:14.26			592	34.69	1:14.26
13.	Renske Oude Egbrink	OZ&PC	200600040		1:14.48	+0,52		586	35.11	1:14.48
14.	Rosalie van der Bijl	Hieronymus	200701644		1:15.58	+0,72		561	35.65	1:15.58
15.	Marieke Koekoek	DWK	200600330		1:16.07	+0,74		550	34.91	1:16.07
16.	Isa Jansen	SBC2000	200701176		1:16.24	+0,72		547	35.74	1:16.24
17.	Alexandra Gepkens	VZC	200701690		1:17.12	+0,68		528	36.11	1:17.12

B = Bonus inschrijving

Programmanr. 38, Dames, 100m schoolslag, Voorronde

senioren Open

1.	Britta Koehorst	WVZ	200300246	1:06.99	+0,67	A	806	30.90	1:06.99
2.	Nina Zusterzeel	PSV	200800656	1:07.99	+0,66	A	771	31.66	1:07.99
3.	Lynn Blommers	Blue Marlins	200105062	1:08.04	+0,67	A	769	31.78	1:08.04
4.	Sterre Hendriks	De Dolfijn	200401288	1:08.47	+0,65	A	755	31.74	1:08.47
5.	Jill Nai Chung Tong	WVZ	200404272	1:08.77	+0,63	A	745	31.94	1:08.77
6.	Hanna Kareinen	De Dolfijn	200006774	1:08.79	+0,68	A	744	32.34	1:08.79
7.	Rafaela Mulders	Team Noord Holland (SG)	200701398	1:09.25		A	730	32.52	1:09.25
8.	Mare Schallenberg	Albion	200600078	1:09.26	+0,71	A	729	33.35	1:09.26
9.	Jade Geurts	WVZ	200402278	1:09.31	+0,77	B	728	32.48	1:09.31
	Hylcke de Beer	PSV	200700006	1:09.31	+0,70	B	728	32.06	1:09.31
11.	Benigna Kocsispeter	Hellas-Glana	200702058	1:09.60	+0,56	B	719	32.71	1:09.60
12.	Zinke Delcommune	PSV	200505416	1:09.68	+0,51	B	716	32.77	1:09.68
13.	Joy Willekus	PSV	200602420	1:09.72	+0,73	B	715	32.71	1:09.72
14.	Tess Vonk	De Geul	200900024	1:10.79	+0,68	B	683	33.58	1:10.79
15.	Bridget Vermeer	ZPC AMERSFOORT	200501766	1:11.06	+0,74	B	675	33.23	1:11.06
16.	Djanilla Brink	Team NL - De Dolfijn	200600988	1:11.11	+0,82	?	674	33.64	1:11.11
	Colinda van der Zanden	Aqua-Novio'94	200502618	1:11.11	+0,75	?	674	33.12	1:11.11
18.	Nieke Dovic	PSV	200700238	1:11.70	+0,78	R	657	33.89	1:11.70
19.	Valesca van den Bogert	Hieronymus	200102138	1:11.77			655	33.50	1:11.77
20.	Anastasia Renssen	ACZ	200202588	1:11.83	+0,65		654	33.37	1:11.83
21.	Mandy van Rossum	Arethusa	200204904	1:11.91	+0,73		652	34.04	1:11.91
22.	Dachen Haaijer	ZPC Hoogeveen	200800380	1:12.17	+0,60		645	33.71	1:12.17
23.	Marlies Dijsselhof	Dedemsvaart-AC	200601046	1:12.21	+0,81		644	33.95	1:12.21
24.	Lisa Dirkzwager	Blue Marlins	200703458	1:12.31	+0,69		641	33.79	1:12.31
25.	Myrthe Stelten	Hellas-Glana	200900234	1:13.05	+0,70		622	34.46	1:13.05
26.	Sanne Peters	PSV	200401112	1:13.13	+0,54		620	33.41	1:13.13
27.	Paula Spans	ZPC AMERSFOORT	201000064	1:13.27			616	34.70	1:13.27
28.	Anniëke Rupke	WVZ	200700876	1:13.38	+0,75		613	34.37	1:13.38
29.	Eva Ehlert	WVZ	201002026	1:13.41	+0,74		612	34.36	1:13.41
30.	Robin Goossens	Nuenen	200003128	1:13.43	+0,80		612	34.76	1:13.43
31.	Diede de Vries	Zwemlust-den Hommel	200803558	1:13.50	+0,74		610	34.23	1:13.50
32.	Julia Dijkstra	PSV	200904546	1:13.51	+0,74		610	34.45	1:13.51
33.	Leyla Oversluizen	Albion	200602730	1:13.65	+0,74		607	34.69	1:13.65
34.	Esmee Mulder	DZ&PC	200800038	1:13.85	+0,53		602	34.36	1:13.85
35.	Manoah Dekker	Deltasteur	201100656	1:13.89	+0,68		601	34.14	1:13.89
36.	Rinske Bouman	Albion	200400578	1:13.94	+0,77		599	34.70	1:13.94
37.	Inge Koekoek	DWK	200401648	1:14.02	+0,73		597	34.44	1:14.02
38.	Ismay Lichtendonk	HZ&PC Heerenveen	200400622	1:14.19	+0,70		593	34.38	1:14.19
39.	Annika Hogenhuis	Zwemlust-den Hommel	200701340	1:14.26			592	34.69	1:14.26
40.	Michelle Zomerdijs	Dedemsvaart-AC	200003196	1:14.39	+0,69		589	34.10	1:14.39
41.	Renske Oude Egbrink	OZ&PC	200600040	1:14.48	+0,52		586	35.11	1:14.48
42.	Sarah Provily	Geelong Swimming Club		1:15.01	+0,70		574	35.15	1:15.01
43.	Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	1:15.18	+0,71		570	35.74	1:15.18
44.	Rosalie van der Bijl	Hieronymus	200701644	1:15.58	+0,72		561	35.65	1:15.58
45.	Marieke Koekoek	DWK	200600330	1:16.07	+0,74		550	34.91	1:16.07
46.	Roselie ter Borg	ZCNF'34	200804880	1:16.09	+0,78		550	35.45	1:16.09
47.	Amber Kunst	DAW	200900680	1:16.16	+0,71		548	35.86	1:16.16
48.	Isa Jansen	SBC2000	200701176	1:16.24	+0,72		547	35.74	1:16.24
49.	Meyke Haytink	WS Twente	200801188	1:16.60	+0,56		539	35.80	1:16.60
50.	Flore Blok	OZ&PC	200804348	1:16.62	+0,68		539	36.13	1:16.62
51.	Rixt Rothschild	ZPC Hoogeveen	200900026	1:16.87	+0,68		533	36.50	1:16.87
52.	Iris Boeters	Westland Swimming Stars	200900856	1:16.89	+0,67		533	35.91	1:16.89
53.	Alexandra Gepkens	VZC	200701690	1:17.12	+0,68		528	36.11	1:17.12
54.	Angelique van Vark	GZC DONK	199701478	1:17.25	+0,69		526	35.89	1:17.25
55.	Meyke v. Nimwegen	De Schotelij	200800106	1:17.62			518	36.31	1:17.62
56.	Jenny Muntinga	ZPCH	200900450	1:18.19	+0,64		507	36.51	1:18.19
57.	Kyana de Vries	Merlet	200901260	1:18.32	+0,80		504	37.21	1:18.32
58.	Jasmijn Schoonen	Wiekslag	200901196	1:19.38	+0,83		484	37.18	1:19.38
59.	Suuz Griekspoor	Noordwijkerhout	200901204	1:22.85			426	38.86	1:22.85
AFGEM	Tara Langkamp	Aqua-Novio'94	200900362						
NG	Malin Roozeboom	WVZ	201100006						
NG	Esmaé de Gans	ZPC AMERSFOORT	200900134						

B = Bonus inschrijving

Programmanr. 39
21-12-2025 - 12:04

Heren, 50m vlinderslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT		FINA	para
PARA onder 18								
1.	Cheng Van Vondel	KSN (SG)	200902673	S9	35.34	+0,72	Q	219 425
2.	Thomas Braat	AZC	200802269	S14	34.77	+0,88	Q	230 375

PARA Open

1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De Devel	199900211	S11	29.00	+0,69	Q	397 893
2.	Jesse Bruines	Batavia Swim	200402413	S8	35.05	+0,77	Q	225 500
3.	Cheng Van Vondel	KSN (SG)	200902673	S9	35.34	+0,72	Q	219 425
4.	Thomas Braat	AZC	200802269	S14	34.77	+0,88	Q	230 375

Onder 18

1.	Kaan Sudak	Albion	200803733		24.33	+0,57	B	672
2.	Tibbe Quist	KONAZ 1870	200801359		24.82	+0,50	B	633
3.	Felbe van 't Land	ZPC AMERSFOORT	200900027		25.05	+0,70		616
4.	Jones Chuang	PSV	200801173		25.23	+0,62		603
5.	Gijs Koehoorn	HZ&PC Heerenveen	200800275		25.30	+0,66		598
6.	Bram ter Braak	De Dinkel	200800281		25.52	+0,71		583
7.	Willem Weustink	Team Noord Holland (SG)	200800109		25.54	+0,67		581
8.	Tobian Vos	ZPC AMERSFOORT	200900005		25.55	+0,69		581
9.	Wanne van Geest	ACZ	200901425		25.98	+0,56		552
10.	Xiaoyu Yin	Blue Marlins	200803363		26.33	+0,64		530
11.	Suraj Baladurage	Team Noord Holland (SG)	200801291		26.38	+0,64		527
12.	Tim Boerefijn	WVZ	200802815		26.39	+0,70		527
13.	Alexander Griston	De Dolfijn	200803053		26.47	+0,54		522
14.	Juan Cruz Slappendel	Orca	200903053		26.65	+0,66		512
15.	Ivo Bot	Wiekslag	200900509		26.69	+0,69		509
16.	Floris van der Valk	Wiekslag	200801891		26.71	+0,65		508
17.	Timo Berghuis	DWK	200801991		26.74	+0,69		506
18.	Fabian Riedijk	Blue Marlins	200800603		26.86	+0,71		500
19.	Alex Woe	Poseidon'56	200801393		26.87	+0,58		499
20.	Alexander van der Maaten	Blue Marlins	200903251		27.06	+0,49		489
21.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187		27.07	+0,46		488
	Tim Brouwer	Aqua-Novio'94	200800989		27.07	+0,70		488
23.	Roan van der Stege	Swol 1894	200900107		27.13	+0,68		485
24.	Aditya Winterberg	Blue Marlins	200800953	S15	27.26	+0,63		478
25.	Jelle van Mullekom	RZC	200801267		27.33	+0,70		474
26.	Damir Mustafic	DZ&PC	200800885		27.40	+0,75		471
27.	Teun van Weeren	OZ&PC	200801145		27.48	+0,68		466
28.	Rein Stoel	ZVL-1886	200800463		27.55	+0,70		463
29.	Jamie Kenworthy	De Dolfijn	200800045		27.69	+0,57		456
30.	Arjan Boogaard	Deltasteur	200800093		27.71	+0,67		455
31.	Tibbe Rongen	SBC2000	200801929		27.77	+0,64		452
32.	Chris de Man	De Gooische (SG)	200903101		27.87	+0,68		447
33.	Thomas Braat	AZC	200802269	S14	34.77	+0,88	Q	230 375
34.	Cheng Van Vondel	KSN (SG)	200902673	S9	35.34	+0,72	Q	219 425

Onder 20

1.	Lars Bulman	Albion	200600125		24.12	+0,62	A	690
2.	Joshua Agussalim	WVZ	200600153		24.16	+0,64	B	687
3.	Quinten B.	TriVia	200700001		24.85	+0,63	R	631
4.	Floris Tanis	Albion	200700005		24.99	+0,57		620
5.	Tygo Gerts	Blue Marlins	200704077		25.19	+0,55		606
6.	Jisse Lousma	WVZ	200701493		25.26	+0,58		601
	Yaniv Kerdijk	Team Noord Holland (SG)	200603439		25.26	+0,67		601
8.	Mies de Wit	CWW	200700315		25.58	+0,70		578
9.	Lucas Berner	De Duinkickers	200700219		25.88	+0,66		559
10.	Stijn Saelmans	Hellas-Glana	200700373		26.08	+0,56		546

B = Bonus inschrijving

Programmanr. 39, Heren, 50m vlinderslag, Voorronde, Onder 20

rang	naam	vereniging		tijd	RT	FINA	para
11.	Tiamo van der Veen	Dedemsvaart-AC	200600033	26.21	+0,70	538	
12.	Tim van Rooij	PSV	200700129	26.44	+0,67	524	

senioren Open

1.	Sean Niewold	Albion	200204699	23.21	+0,70	A	775
2.	Jesse Puts	Zwemlust-den Hommel	199401147	23.74	+0,63	A	724
3.	Simon Claasen	ZPC AMERSFOORT	200400231	23.75	+0,45	A	723
4.	Michael Smink	Albion	200302169	23.78	+0,67	A	720
5.	Stan Stevens	PSV	200305039	23.91	+0,66	A	708
6.	Thomas Verhoeven	Albion	199700311	23.95	+0,70	A	705
7.	Piet-Hein Straver	PSV	200302527	24.11	+0,66	A	691
8.	Lars Bulman	Albion	200600125	24.12	+0,62	A	690
9.	Joshua Agussalim	WVZ	200600153	24.16	+0,64	B	687
10.	Kaan Sudak	Albion	200803733	24.33	+0,57	B	672
11.	Perry Laarhoven	Albion	200301321	24.41	+0,70	B	666
12.	Jason van den Berg	Albion	200400009	24.69	+0,66	B	643
13.	Matthijs van Meerendonk	DZ&PC	199900375	24.70	+0,61	B	643
14.	Rick van Hamond	Zegenwerp	199205873	24.76	+0,64	B	638
15.	Kalle van Gemert	ZPC De Zeeuwse Kust	199801259	24.81	+0,52	B	634
16.	Tibbe Quist	KONAZ 1870	200801359	24.82	+0,50	B	633
17.	Quinten B.	TriVia	200700001	24.85	+0,63	R	631
18.	Marlon Borger	PSV	200404817	24.91	+0,70	R	626
19.	Lars Minnaert	PSV	200502355	24.95	+0,61		623
20.	Alexander Nijst	Nuenen	200104869	24.97	+0,72		622
21.	Floris Tanis	Albion	200700005	24.99	+0,57		620
22.	Patriks Francis Pone	De Dolfijn	200504577	25.00	+0,49		620
23.	Felbe van 't Land	ZPC AMERSFOORT	200900027	25.05	+0,70		616
24.	Kia Afzali	De Vikings	200305145	25.13	+0,64		610
25.	Tygo Gerts	Blue Marlins	200704077	25.19	+0,55		606
26.	Rick Bulman	Albion	200101899	25.20	+0,69		605
27.	Thijn Damen	PSV	200300973	25.22	+0,69		604
28.	Jones Chuang	PSV	200801173	25.23	+0,62		603
	Felix Geenen	DAW	199501085	25.23	+0,72		603
30.	Jisse Lousma	WVZ	200701493	25.26	+0,58		601
	Yaniv Kerdijk	Team Noord Holland (SG)	200603439	25.26	+0,67		601
32.	Niek Heethaar	DWK	199900999	25.29	+0,71		599
33.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	25.30	+0,66		598
34.	Sjoerd van Weelden	Albion	200101217	25.32	+0,67		596
35.	Erik van Gemert	Poseidon'56	200300587	25.43	+0,67		589
36.	Bram ter Braak	De Dinkel	200800281	25.52	+0,71		583
37.	Willem Weustink	Team Noord Holland (SG)	200800109	25.54	+0,67		581
38.	Tobian Vos	ZPC AMERSFOORT	200900005	25.55	+0,69		581
39.	Mies de Wit	CWW	200700315	25.58	+0,70		578
40.	Lucas Bemer	De Duinkickers	200700219	25.88	+0,66		559
41.	Wanne van Geest	ACZ	200901425	25.98	+0,56		552
42.	Stijn Saelmans	Hellas-Glana	200700373	26.08	+0,56		546
43.	Tiamo van der Veen	Dedemsvaart-AC	200600033	26.21	+0,70		538
44.	Xiaoyu Yin	Blue Marlins	200803363	26.33	+0,64		530
45.	Suraj Baladurage	Team Noord Holland (SG)	200801291	26.38	+0,64		527
46.	Tim Boerefijn	WVZ	200802815	26.39	+0,70		527
47.	Tim van Rooij	PSV	200700129	26.44	+0,67		524
48.	Alexander Griston	De Dolfijn	200803053	26.47	+0,54		522
49.	Bert Duivenvoorde	De Columbiaan	199701805	26.55	+0,68		517
50.	Juan Cruz Slappendel	Orca	200903053	26.65	+0,66		512
51.	Ivo Bot	Wiekslag	200900509	26.69	+0,69		509
52.	Floris van der Valk	Wiekslag	200801891	26.71	+0,65		508
53.	Timo Berghuis	DWK	200801991	26.74	+0,69		506
54.	Fabian Riedijk	Blue Marlins	200800603	26.86	+0,71		500
55.	Alex Woe	Poseidon'56	200801393	26.87	+0,58		499
56.	Alexander van der Maaten	Blue Marlins	200903251	27.06	+0,49		489
57.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187	27.07	+0,46		488
	Tim Brouwer	Aqua-Novio'94	200800989	27.07	+0,70		488
59.	Roan van der Stege	Swol 1894	200900107	27.13	+0,68		485

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 39, Heren, 50m vlinderslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	FINA	para
60.	Jelle van Mullekom	RZC	200801267	27.33	+0,70	474	
61.	Damir Mustafic	DZ&PC	200800885	27.40	+0,75	471	
62.	Teun van Weeren	OZ&PC	200801145	27.48	+0,68	466	
63.	Rein Stoel	ZVL-1886	200800463	27.55	+0,70	463	
64.	Jamie Kenworthy	De Dolfijn	200800045	27.69	+0,57	456	
65.	Arjan Boogaard	Deltasteur	200800093	27.71	+0,67	455	
66.	Tibbe Rongen	SBC2000	200801929	27.77	+0,64	452	
67.	Chris de Man	De Gooische (SG)	200903101	27.87	+0,68	447	

B = Bonus inschrijving

Programmanr. 40
21-12-2025 - 12:14

Dames, 100m vlinderslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	fin.	FINA	para	50m	100m
PARA Open										
1.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	1:25.56	+0,67	Q	233 688	37.14	1:25.56
2.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	1:20.94	+0,77	Q	276 491	37.17	1:20.94
Onder 18										
1.	Jinthe Engelse	Team NL - Blue Marlins	200800204		59.63	+0,68	A	690	27.38	59.63
2.	Frouke Ludwig	DZ&PC	200800112		1:02.25	+0,62	B	607	29.03	1:02.25
3.	Jasmine Vaartjes	Blue Marlins	200903658		1:03.24	+0,70	B	579	29.49	1:03.24
4.	Juliette Woltjes	VZC	200900774		1:03.67		R	567	29.66	1:03.67
5.	Elin Ditewig	VZC	200900392		1:04.19	+0,66		553	29.54	1:04.19
6.	Liv Heijdra	Albion	200800736		1:04.38	+0,70		548	29.54	1:04.38
7.	Yaell Elmerink	ZPC De Hof	200900310		1:05.15	+0,56		529	30.46	1:05.15
8.	Jazz-Lynn Gomes Delgado	Albion	200800738		1:05.36	+0,78		524	29.80	1:05.36
9.	Tess Vonk	De Geul	200900024		1:05.65	+0,63		517	30.76	1:05.65
10.	Lotte Lübbers	KSN (SG)	200900190		1:05.67	+0,70		517	30.48	1:05.67
11.	Tara Langkamp	Aqua-Novio'94	200900362		1:05.72	+0,72		515	30.16	1:05.72
12.	Violetta Pflug	Blue Marlins	200804704		1:05.82	+0,79		513	30.40	1:05.82
13.	Emmelien Smelt	ZVZ	200800012		1:06.06	+0,72		507	30.93	1:06.06
	Silke Hooghiemstra	HZ&PC Heerenveen	200901224		1:06.06	+0,67		507	30.44	1:06.06
15.	Elin Brinkhof	De Dolfijn	200900078		1:06.26	+0,78		503	30.98	1:06.26
16.	Hadewych Forschelen	MNC Dordrecht	200903572		1:07.48			476	31.72	1:07.48
17.	Fleur van den Eijk	Blue Marlins	200900304		1:07.67	+0,63		472	30.87	1:07.67
18.	Niobe Maduro	Aqua-Novio'94	200800378		1:07.68	+0,77		472	30.64	1:07.68
19.	Eleni Olympiou	PSV	200804924		1:08.41	+0,63		457	30.85	1:08.41
20.	Isis Verhoeff	ZPC AMERSFOORT	200902962		1:08.55	+0,73		454	31.55	1:08.55
21.	Pascalie Smal	DAW	200802958		1:09.06	+0,46		444	31.86	1:09.06
22.	Yara van Asselen	De Dolfijn	200900408		1:10.17	+0,71		423	31.39	1:10.17
NG	Indira van Aggele	Albion	200804424							

Onder 20

1.	Evy Rozeboom	Team NL - DAW	200601338		59.54	+0,75	A	693	27.97	59.54
2.	Megan Jonkman	Albion	200600508		1:01.34	+0,61	B	634	28.73	1:01.34
3.	Sara Korthuis	DZ&PC	200600494		1:02.71	+0,79	B	593	28.91	1:02.71
4.	Charlotte Woltjes	VZC	200700110		1:04.47	+0,73		546	29.52	1:04.47
5.	Noa Ottens	VZC	200702256		1:04.87			536	29.85	1:04.87
6.	Féline Sam	ZVZ	200700018		1:05.41	+0,69		523	30.30	1:05.41
7.	Rafaela Mulders	Team Noord Holland (SG)	200701398		1:07.05	+0,73		485	30.85	1:07.05

senioren Open

1.	Tessa Giele	Albion	200203124		57.53	+0,67	A	769	27.14	57.53
2.	Kinge Zandringa	De Dolfijn	199801422		59.39	+0,65	A	699	27.44	59.39
3.	Kim Busch	Team NL - PSV	199801450		59.44	+0,76	A	697	26.86	59.44
4.	Elise Tanis	De Dolfijn	200200120		59.52	+0,67	A	694	27.60	59.52
5.	Evy Rozeboom	Team NL - DAW	200601338		59.54	+0,75	A	693	27.97	59.54
6.	Jinthe Engelse	Team NL - Blue Marlins	200800204		59.63	+0,68	A	690	27.38	59.63
7.	Hannah Huisman	De Dolfijn	201000002		1:00.99	+0,74	A	645	28.82	1:00.99
8.	Alinda Dingshoff	De Dolfijn	200000928		1:01.10	+0,77	A	642	28.61	1:01.10
9.	Megan Jonkman	Albion	200600508		1:01.34	+0,61	B	634	28.73	1:01.34
10.	Manon Compagner	Dedemsvaart-AC	200101710		1:02.08	+0,63	B	612	28.69	1:02.08
11.	Frouke Ludwig	DZ&PC	200800112		1:02.25	+0,62	B	607	29.03	1:02.25
12.	Anne Fleur Willemsen	Azuro	199901396		1:02.51	+0,80	B	599	28.84	1:02.51
13.	Amber Celie	De Dolfijn	200300756		1:02.68	+0,76	B	594	29.19	1:02.68
14.	Sara Korthuis	DZ&PC	200600494		1:02.71	+0,79	B	593	28.91	1:02.71
15.	Karlijn Offeringa	ZVVS	200503292		1:03.05		B	584	28.61	1:03.05
16.	Jasmine Vaartjes	Blue Marlins	200903658		1:03.24	+0,70	B	579	29.49	1:03.24
17.	Emma Hofstee	TriVia	200401282		1:03.46	+0,72	R	573	29.15	1:03.46

B = Bonus inschrijving

Programmanr. 40, Dames, 100m vlinderslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
18.	Juliëtte Woltjes	VZC	200900774	1:03.67		R	567	29.66	1:03.67
19.	Elin Ditewig	VZC	200900392	1:04.19	+0,66		553	29.54	1:04.19
20.	Michelle van Wijk	WWV Winterswijk	200204746	1:04.36	+0,73		549	30.06	1:04.36
21.	Liv Heijdra	Albion	200800736	1:04.38	+0,70		548	29.54	1:04.38
22.	Marit Huisman	WVZ	200502620	1:04.41	+0,69		548	29.25	1:04.41
23.	Charlotte Woltjes	VZC	200700110	1:04.47	+0,73		546	29.52	1:04.47
24.	Marin Wieling	ZPC AMERSFOORT	200501220	1:04.50	+0,69		545	29.63	1:04.50
25.	Yill van Bezouw	Hieronymus	201100704	1:04.53	+0,74		544	29.72	1:04.53
26.	Famke Irvine	ZPC AMERSFOORT	200501724	1:04.61	+0,68		542	29.81	1:04.61
27.	Nikita van den Ouden	Nuenen	199900622	1:04.71	+0,58		540	29.81	1:04.71
28.	Noa Ottens	VZC	200702256	1:04.87			536	29.85	1:04.87
29.	Silke Molendijk	ZVL-1886	200100178	1:05.03	+0,68		532	30.31	1:05.03
30.	Yaell Elmerink	ZPC De Hof	200900310	1:05.15	+0,56		529	30.46	1:05.15
31.	Jazz-Lynn Gomes Delgado	Albion	200800738	1:05.36	+0,78		524	29.80	1:05.36
32.	Féline Sam	ZVZ	200700018	1:05.41	+0,69		523	30.30	1:05.41
33.	Tess Vonk	De Geul	200900024	1:05.65	+0,63		517	30.76	1:05.65
34.	Lotte Lübbbers	KSN (SG)	200900190	1:05.67	+0,70		517	30.48	1:05.67
35.	Selene Wortel	Hieronymus	199700654	1:05.70	+0,68		516	30.36	1:05.70
36.	Maaïke Issard	DZ&PC	200300022	1:05.72	+0,77		515	31.47	1:05.72
	Tara Langkamp	Aqua-Novio'94	200900362	1:05.72	+0,72		515	30.16	1:05.72
38.	Violetta Pflug	Blue Marlins	200804704	1:05.82	+0,79		513	30.40	1:05.82
39.	Ilona Weisz	ZPC AMERSFOORT	201004146	1:06.05	+0,74		508	30.88	1:06.05
40.	Emmelien Smelt	ZVZ	200800012	1:06.06	+0,72		507	30.93	1:06.06
	Silke Hooghiemstra	HZ&PC Heerenveen	200901224	1:06.06	+0,67		507	30.44	1:06.06
42.	Elin Brinkhof	De Dolfijn	200900078	1:06.26	+0,78		503	30.98	1:06.26
43.	Alessia Sluis	Dedemsvaart-AC	200300896	1:06.63	+0,72		495	30.12	1:06.63
44.	Rafaela Mulders	Team Noord Holland (SG)	200701398	1:07.05	+0,73		485	30.85	1:07.05
45.	Hadewych Forschelen	MNC Dordrecht	200903572	1:07.48			476	31.72	1:07.48
46.	Fleur van den Eijk	Blue Marlins	200900304	1:07.67	+0,63		472	30.87	1:07.67
47.	Niobe Maduro	Aqua-Novio'94	200800378	1:07.68	+0,77		472	30.64	1:07.68
48.	Eleni Olympiou	PSV	200804924	1:08.41	+0,63		457	30.85	1:08.41
49.	Isis Verhoeff	ZPC AMERSFOORT	200902962	1:08.55	+0,73		454	31.55	1:08.55
50.	Pascale Smal	DAW	200802958	1:09.06	+0,46		444	31.86	1:09.06
51.	Yara van Asselen	De Dolfijn	200900408	1:10.17	+0,71		423	31.39	1:10.17
NG	Lotte Hosper	Team NL - Blue Marlins	200201414						
NG	Femke Spiering	ZPC AMERSFOORT	200204514						
NG	Indira van Aggele	Albion	200804424						

B = Bonus inschrijving

Programmanr. 41
21-12-2025 - 12:27

Heren, 100m wisselslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.	FINA	para	50m	100m
PARA Open									
1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De De	199900211	SM11	1:03.84	+0,68	Q	4591265	30.30 1:03.84
2.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473	SM13	59.52	+0,76	Q	5671101	27.04 59.52
3.	Jesse Bruines	Batavia Swim	200402413	SM8	1:28.02	+0,75	Q	175 509	39.48 1:28.02

Onder 18

1.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099		54.03	+0,68	A	758	24.42 54.03
<i>Nederlands Junior Record</i>									
2.	Wytse Broekstra	De Vikings	200800121		56.01	+0,66	B	681	25.99 56.01
3.	Siem de Zeeuw	Team NL - OZ&PC	200800013		57.17	+0,55	B	640	27.17 57.17
4.	Job Sportel	De Dinkel	200800429		57.96	+0,64		614	26.51 57.96
5.	Gijs Koehoorn	HZ&PC Heerenveen	200800275		58.67	+0,67		592	27.24 58.67
6.	Giulian Janssen	PSV	200900125		58.72	+0,64		591	26.50 58.72
7.	Luca Boersma	De Dolfijn	200902031		58.80	+0,58		588	26.35 58.80
8.	Nout Folkersma	PSV	200800595		59.40	+0,61		571	27.46 59.40
9.	Rens Noordover	Team Noord Holland (SG)	200800237		59.74	+0,65		561	28.08 59.74
10.	Filip Piszczynski	KSN (SG)	200802125		59.97	+0,63		554	27.36 59.97
11.	Daniel Wegman	ZPCH	200802843		1:00.25	+0,51		547	27.65 1:00.25
12.	Bram ter Braak	De Dinkel	200800281		1:00.32	+0,71		545	27.46 1:00.32
13.	Adriaan Coppelmans	AZC	200903243		1:00.41	+0,64		542	28.32 1:00.41
14.	Feddo Smink	ZPC AMERSFOORT	200900007		1:00.51	+0,66		540	27.20 1:00.51
15.	Vanja Kvočka	Hellas-Glana	200904007		1:00.80	+0,70		532	27.62 1:00.80
16.	Rijk Leenders	VZC	200800627		1:00.96	+0,70		528	27.98 1:00.96
17.	Finn Stamsnieder	OZ&PC	200900225		1:01.26	+0,76		520	28.12 1:01.26
18.	Jaydey Schonewille	Steenwijk 1934	200800025		1:01.34	+0,75		518	27.85 1:01.34
19.	Rein Stoel	ZVL-1886	200800463		1:01.61	+0,75		511	27.71 1:01.61
20.	Alexander van der Maaten	Blue Marlins	200903251		1:01.84	+0,44		506	28.97 1:01.84
21.	Tim Boerefijn	WVZ	200802815		1:01.85	+0,70		505	28.25 1:01.85
22.	Teun van Weeren	OZ&PC	200801145		1:02.57	+0,52		488	29.65 1:02.57
23.	Arjan Boogaard	Deltasteur	200800093		1:02.81	+0,67		482	29.28 1:02.81
24.	Jelle van Mullekom	RZC	200801267		1:03.94	+0,73		457	29.10 1:03.94
NG	Yarno van Dam	ACZ	200800115						

Onder 20

1.	Nikodim Markovic	Albion	200700255		55.66	+0,62	A	694	24.84 55.66
2.	Boele Böhm	Blue Marlins	200700739		55.76	+0,62	A	690	25.75 55.76
3.	Lars Bulman	Albion	200600125		56.02	+0,65	B	680	25.26 56.02
4.	Collin van der Hoff	Team NL - WVZ	200604357		57.29	+0,64	B	636	26.44 57.29
5.	Elias Soens	Blue Marlins	200604327		58.01	+0,68		613	27.06 58.01
6.	Storm Boxum	Team NL - DZ&PC	200700421		58.14	+0,68		608	26.91 58.14
7.	Mies de Wit	CWW	200700315		58.29	+0,67		604	27.34 58.29
8.	Niek Vreeling	OZ&PC	200604211		59.18	+0,70		577	26.67 59.18
9.	Roan van der weide	Blue Marlins	200601629		59.37	+0,65		571	28.46 59.37
10.	Quinten B.	TriVia	200700001		59.42	+0,60		570	27.04 59.42
11.	Melle van Veen	Dedemsvaart-AC	200700661		59.76	+0,70		560	26.50 59.76
12.	Denzel Barthen	WVZ	200700147		1:00.53	+0,75		539	27.75 1:00.53

senioren Open

1.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099		54.03	+0,68	A	758	24.42 54.03
<i>Nederlands Junior Record</i>									
2.	Perry Laarhoven	Albion	200301321		55.02	+0,70	A	718	25.57 55.02
3.	Ensger Kotterink	Albion	199403391		55.37	+0,66	A	704	25.40 55.37
4.	Simon Claasen	ZPC AMERSFOORT	200400231		55.57	+0,47	A	697	25.31 55.57
5.	Ivo Stolk	Albion	200100615		55.64	+0,70	A	694	25.51 55.64

B = Bonus inschrijving

Programmanr. 41, Heren, 100m wisselslag, Voorronde, senioren Open

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
6.	Nikodim Markovic	Albion	200700255	55.66	+0,62	A	694	24.84	55.66
7.	Boele Böhm	Blue Marlins	200700739	55.76	+0,62	A	690	25.75	55.76
8.	Michael Smink	Albion	200302169	55.81	+0,66	A	688	25.23	55.81
9.	Wytse Broekstra	De Vikings	200800121	56.01	+0,66	B	681	25.99	56.01
10.	Lars Bulman	Albion	200600125	56.02	+0,65	B	680	25.26	56.02
11.	Floris Stork	DZ&PC	200305075	56.91	+0,45	B	649	26.55	56.91
12.	Siem de Zeeuw	Team NL - OZ&PC	200800013	57.17	+0,55	B	640	27.17	57.17
13.	River Streefland	Blue Marlins	200502253	57.20	+0,69	B	639	27.10	57.20
14.	Luuk van Rooij	ZPC AMERSFOORT	200400581	57.23	+0,51	B	638	25.41	57.23
15.	Collin van der Hoff	Team NL - WVZ	200604357	57.29	+0,64	B	636	26.44	57.29
16.	Sven Klink	Swol 1894	200500349	57.57	+0,71	B	627	26.57	57.57
17.	Lars Kerremans	Hellas-Glana	200100305	57.82	+0,67	R	619	27.06	57.82
18.	Viktor Koets	Blue Marlins	200201677	57.84	+0,74	R	618	26.67	57.84
19.	Lars Minnaert	PSV	200502355	57.89	+0,60		616	25.68	57.89
20.	Job Sportel	De Dinkel	200800429	57.96	+0,64		614	26.51	57.96
21.	Elias Soens	Blue Marlins	200604327	58.01	+0,68		613	27.06	58.01
22.	Nicko Kamphuis	ACZ	199900887	58.07	+0,61		611	26.28	58.07
23.	Storm Boxum	Team NL - DZ&PC	200700421	58.14	+0,68		608	26.91	58.14
24.	Luuk Smits	Nunen	200001015	58.27	+0,73		604	25.62	58.27
25.	Mies de Wit	CWW	200700315	58.29	+0,67		604	27.34	58.29
26.	Thijn Damen	PSV	200300973	58.55	+0,71		596	27.03	58.55
27.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	58.67	+0,67		592	27.24	58.67
28.	Giulian Janssen	PSV	200900125	58.72	+0,64		591	26.50	58.72
29.	Scott Jansen	WVZ	200202455	58.73	+0,72		590	27.39	58.73
30.	Luca Boorsma	De Dolfijn	200902031	58.80	+0,58		588	26.35	58.80
31.	Niek Vreeling	OZ&PC	200604211	59.18	+0,70		577	26.67	59.18
32.	Roan van der weide	Blue Marlins	200601629	59.37	+0,65		571	28.46	59.37
33.	Nout Folkersma	PSV	200800595	59.40	+0,61		571	27.46	59.40
34.	Quinten B.	TriVia	200700001	59.42	+0,60		570	27.04	59.42
35.	Rens Noordover	Team Noord Holland (SG)	200800237	59.74	+0,65		561	28.08	59.74
36.	Melle van Veen	Dedemsvaart-AC	200700661	59.76	+0,70		560	26.50	59.76
37.	Filip Piszczynski	KSN (SG)	200802125	59.97	+0,63		554	27.36	59.97
38.	Daniel Wegman	ZPCH	200802843	1:00.25	+0,51		547	27.65	1:00.25
39.	Bram ter Braak	De Dinkel	200800281	1:00.32	+0,71		545	27.46	1:00.32
40.	Adriaan Coppelmans	AZC	200903243	1:00.41	+0,64		542	28.32	1:00.41
41.	Feddo Smink	ZPC AMERSFOORT	200900007	1:00.51	+0,66		540	27.20	1:00.51
42.	Denzel Barthen	WVZ	200700147	1:00.53	+0,75		539	27.75	1:00.53
43.	Vanja Kvočka	Hellas-Glana	200904007	1:00.80	+0,70		532	27.62	1:00.80
44.	Rijk Leenders	VZC	200800627	1:00.96	+0,70		528	27.98	1:00.96
45.	Finn Stamsnieder	OZ&PC	200900225	1:01.26	+0,76		520	28.12	1:01.26
46.	Jaydey Schonewille	Steenwijk 1934	200800025	1:01.34	+0,75		518	27.85	1:01.34
47.	Rein Stoel	ZVL-1886	200800463	1:01.61	+0,75		511	27.71	1:01.61
48.	Alexander van der Maaten	Blue Marlins	200903251	1:01.84	+0,44		506	28.97	1:01.84
49.	Tim Boerefijn	WVZ	200802815	1:01.85	+0,70		505	28.25	1:01.85
50.	Teun van Weeren	OZ&PC	200801145	1:02.57	+0,52		488	29.65	1:02.57
51.	Arjan Boogaard	Deltasteur	200800093	1:02.81	+0,67		482	29.28	1:02.81
52.	Jelle van Mullekom	RZC	200801267	1:03.94	+0,73		457	29.10	1:03.94
NG	Yarno van Dam	ACZ	200800115						

B = Bonus inschrijving

Programmanr. 42
21-12-2025 - 12:39

Dames, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd		RT	FINA	para
Onder 18										
1.	Jade van der Schrier	AZC		200800692		16:32.82		+0,76	765	
	50m: 30.19	30.19	450m: 4:53.63	33.17	850m: 9:20.40	33.20	1250m: 13:48.90		33.42	
	100m: 1:02.53	32.34	500m: 5:26.92	33.29	900m: 9:54.00	33.60	1300m: 14:22.42		33.52	
	150m: 1:35.29	32.76	550m: 6:00.18	33.26	950m: 10:27.66	33.66	1350m: 14:55.90		33.48	
	200m: 2:08.24	32.95	600m: 6:33.57	33.39	1000m: 11:01.32	33.66	1400m: 15:29.21		33.31	
	250m: 2:41.12	32.88	650m: 7:06.95	33.38	1050m: 11:34.96	33.64	1450m: 16:02.25		33.04	
	300m: 3:14.17	33.05	700m: 7:40.41	33.46	1100m: 12:08.47	33.51	1500m: 16:32.82		30.57	
	350m: 3:47.25	33.08	750m: 8:13.87	33.46	1150m: 12:42.01	33.54				
	400m: 4:20.46	33.21	800m: 8:47.20	33.33	1200m: 13:15.48	33.47				
2.	Laura van Etten	HZ&PC Heerenveen		200800264		17:24.82		+0,89	656	
	50m: 30.40	30.40	450m: 5:05.60	34.67	850m: 9:45.94	34.77	1250m: 14:28.84		36.49	
	100m: 1:04.21	33.81	500m: 5:40.67	35.07	900m: 10:21.02	35.08	1300m: 15:04.11		35.27	
	150m: 1:38.44	34.23	550m: 6:15.90	35.23	950m: 10:56.23	35.21	1350m: 15:40.24		36.13	
	200m: 2:12.53	34.09	600m: 6:50.72	34.82	1000m: 11:31.51	35.28	1400m: 16:15.70		35.46	
	250m: 2:47.17	34.64	650m: 7:25.60	34.88	1050m: 12:06.36	34.85	1450m: 16:51.38		35.68	
	300m: 3:21.81	34.64	700m: 8:00.69	35.09	1100m: 12:41.80	35.44	1500m: 17:24.82		33.44	
	350m: 3:56.34	34.53	750m: 8:35.91	35.22	1150m: 13:16.97	35.17				
	400m: 4:30.93	34.59	800m: 9:11.17	35.26	1200m: 13:52.35	35.38				
3.	Julie van Nispen	Nuenen		200800290		17:32.27			643	
	50m: 30.41	30.41	450m: 5:06.50	34.63	850m: 9:49.94	35.58	1250m: 14:36.52		35.99	
	100m: 1:04.78	34.37	500m: 5:41.65	35.15	900m: 10:25.96	36.02	1300m: 15:12.29		35.77	
	150m: 1:38.18	33.40	550m: 6:17.02	35.37	950m: 11:01.61	35.65	1350m: 15:47.58		35.29	
	200m: 2:12.41	34.23	600m: 6:52.21	35.19	1000m: 11:37.58	35.97	1400m: 16:22.74		35.16	
	250m: 2:46.92	34.51	650m: 7:27.47	35.26	1050m: 12:13.49	35.91	1450m: 16:58.04		35.30	
	300m: 3:21.59	34.67	700m: 8:02.91	35.44	1100m: 12:49.77	36.28	1500m: 17:32.27		34.23	
	350m: 3:56.78	35.19	750m: 8:38.55	35.64	1150m: 13:24.95	35.18				
	400m: 4:31.87	35.09	800m: 9:14.36	35.81	1200m: 14:00.53	35.58				
4.	Esmee Ykema	HZ&PC Heerenveen		200801710		18:45.98		+0,79	524	
	50m: 32.32	32.32	450m: 5:35.48	38.09	850m: 10:39.26	38.37	1250m: 15:42.49		37.20	
	100m: 1:08.76	36.44	500m: 6:14.16	38.68	900m: 11:16.87	37.61	1300m: 16:20.20		37.71	
	150m: 1:46.75	37.99	550m: 6:52.29	38.13	950m: 11:54.93	38.06	1350m: 16:57.04		36.84	
	200m: 2:24.99	38.24	600m: 7:30.63	38.34	1000m: 12:33.76	38.83	1400m: 17:34.12		37.08	
	250m: 3:03.05	38.06	650m: 8:07.61	36.98	1050m: 13:11.92	38.16	1450m: 18:10.59		36.47	
	300m: 3:41.12	38.07	700m: 8:44.80	37.19	1100m: 13:49.52	37.60	1500m: 18:45.98		35.39	
	350m: 4:19.40	38.28	750m: 9:22.70	37.90	1150m: 14:27.30	37.78				
	400m: 4:57.39	37.99	800m: 10:00.89	38.19	1200m: 15:05.29	37.99				
NG	Bregje Dekkers	PSV		200900746						
Onder 20										
1.	Hedwig Bolt	HZ&PC Heerenveen		200602660		16:37.46		+0,64	754	
	50m: 29.94	29.94	450m: 4:54.30	33.33	850m: 9:22.19	33.61	1250m: 13:51.39		33.56	
	100m: 1:02.31	32.37	500m: 5:27.61	33.31	900m: 9:55.77	33.58	1300m: 14:25.12		33.73	
	150m: 1:35.14	32.83	550m: 6:01.01	33.40	950m: 10:29.36	33.59	1350m: 14:58.73		33.61	
	200m: 2:08.20	33.06	600m: 6:34.45	33.44	1000m: 11:02.95	33.59	1400m: 15:32.30		33.57	
	250m: 2:41.33	33.13	650m: 7:07.90	33.45	1050m: 11:36.63	33.68	1450m: 16:05.32		33.02	
	300m: 3:14.56	33.23	700m: 7:41.52	33.62	1100m: 12:10.33	33.70	1500m: 16:37.46		32.14	
	350m: 3:47.71	33.15	750m: 8:15.06	33.54	1150m: 12:44.01	33.68				
	400m: 4:20.97	33.26	800m: 8:48.58	33.52	1200m: 13:17.83	33.82				
2.	Veerle de Ridder	HZ&PC Heerenveen		200700778		17:33.86		+0,69	640	
	50m: 29.65	29.65	450m: 5:10.44	34.96	850m: 9:53.39	35.22	1250m: 14:39.12		35.95	
	100m: 1:04.10	34.45	500m: 5:45.49	35.05	900m: 10:29.26	35.87	1300m: 15:14.99		35.87	
	150m: 1:38.98	34.88	550m: 6:21.07	35.58	950m: 11:04.89	35.63	1350m: 15:50.03		35.04	
	200m: 2:14.40	35.42	600m: 6:56.33	35.26	1000m: 11:40.54	35.65	1400m: 16:25.58		35.55	
	250m: 2:49.66	35.26	650m: 7:31.63	35.30	1050m: 12:15.90	35.36	1450m: 17:00.68		35.10	
	300m: 3:24.90	35.24	700m: 8:06.85	35.22	1100m: 12:51.86	35.96	1500m: 17:33.86		33.18	
	350m: 4:00.09	35.19	750m: 8:42.14	35.29	1150m: 13:27.92	36.06				
	400m: 4:35.48	35.39	800m: 9:18.17	36.03	1200m: 14:03.17	35.25				
3.	Imre Bouwland	ZPC Hoozeveen		200700388		18:06.95		+0,57	583	
	50m: 31.16	31.16	450m: 5:19.25	36.60	850m: 10:13.28	36.88	1250m: 15:07.88		36.82	
	100m: 1:06.37	35.21	500m: 5:55.95	36.70	900m: 10:50.00	36.72	1300m: 15:43.97		36.09	
	150m: 1:42.33	35.96	550m: 6:32.48	36.53	950m: 11:26.77	36.77	1350m: 16:20.36		36.39	
	200m: 2:18.29	35.96	600m: 7:09.18	36.70	1000m: 12:03.49	36.72	1400m: 16:56.64		36.28	
	250m: 2:53.93	35.64	650m: 7:46.07	36.89	1050m: 12:40.56	37.07	1450m: 17:32.62		35.98	
	300m: 3:29.70	35.77	700m: 8:22.77	36.70	1100m: 13:17.22	36.66	1500m: 18:06.95		34.33	
	350m: 4:06.12	36.42	750m: 8:59.43	36.66	1150m: 13:53.93	36.71				
	400m: 4:42.65	36.53	800m: 9:36.40	36.97	1200m: 14:31.06	37.13				

B = Bonus inschrijving

Programmanr. 42, Dames, 1500m vrije slag

senioren Open

1. Marte Hieke van der Kamp Kampioenschaps Record	HZ&PC Heerenveen		200500218		16:15.68		+0,72		806		
50m:	29.78	29.78	450m:	4:50.71	32.73	850m:	9:13.12	32.75	1250m:	13:35.50	32.83
100m:	1:01.86	32.08	500m:	5:23.48	32.77	900m:	9:45.92	32.80	1300m:	14:08.30	32.80
150m:	1:34.35	32.49	550m:	5:56.27	32.79	950m:	10:18.76	32.84	1350m:	14:40.91	32.61
200m:	2:06.90	32.55	600m:	6:29.17	32.90	1000m:	10:51.59	32.83	1400m:	15:13.76	32.85
250m:	2:39.59	32.69	650m:	7:01.91	32.74	1050m:	11:24.37	32.78	1450m:	15:46.43	32.67
300m:	3:12.44	32.85	700m:	7:34.78	32.87	1100m:	11:57.09	32.72	1500m:	16:15.68	29.25
350m:	3:45.23	32.79	750m:	8:07.60	32.82	1150m:	12:29.86	32.77			
400m:	4:17.98	32.75	800m:	8:40.37	32.77	1200m:	13:02.67	32.81			
2. Jade van der Schrier	AZC		200800692		16:32.82		+0,76		765		
50m:	30.19	30.19	450m:	4:53.63	33.17	850m:	9:20.40	33.20	1250m:	13:48.90	33.42
100m:	1:02.53	32.34	500m:	5:26.92	33.29	900m:	9:54.00	33.60	1300m:	14:22.42	33.52
150m:	1:35.29	32.76	550m:	6:00.18	33.26	950m:	10:27.66	33.66	1350m:	14:55.90	33.48
200m:	2:08.24	32.95	600m:	6:33.57	33.39	1000m:	11:01.32	33.66	1400m:	15:29.21	33.31
250m:	2:41.12	32.88	650m:	7:06.95	33.38	1050m:	11:34.96	33.64	1450m:	16:02.25	33.04
300m:	3:14.17	33.05	700m:	7:40.41	33.46	1100m:	12:08.47	33.51	1500m:	16:32.82	30.57
350m:	3:47.25	33.08	750m:	8:13.87	33.46	1150m:	12:42.01	33.54			
400m:	4:20.46	33.21	800m:	8:47.20	33.33	1200m:	13:15.48	33.47			
3. Hedwig Bolt	HZ&PC Heerenveen		200602660		16:37.46		+0,64		754		
50m:	29.94	29.94	450m:	4:54.30	33.33	850m:	9:22.19	33.61	1250m:	13:51.39	33.56
100m:	1:02.31	32.37	500m:	5:27.61	33.31	900m:	9:55.77	33.58	1300m:	14:25.12	33.73
150m:	1:35.14	32.83	550m:	6:01.01	33.40	950m:	10:29.36	33.59	1350m:	14:58.73	33.61
200m:	2:08.20	33.06	600m:	6:34.45	33.44	1000m:	11:02.95	33.59	1400m:	15:32.30	33.57
250m:	2:41.33	33.13	650m:	7:07.90	33.45	1050m:	11:36.63	33.68	1450m:	16:05.32	33.02
300m:	3:14.56	33.23	700m:	7:41.52	33.62	1100m:	12:10.33	33.70	1500m:	16:37.46	32.14
350m:	3:47.71	33.15	750m:	8:15.06	33.54	1150m:	12:44.01	33.68			
400m:	4:20.97	33.26	800m:	8:48.58	33.52	1200m:	13:17.83	33.82			
4. Alinda Dingshoff	De Dolfijn		200000928		17:16.90		+0,82		672		
50m:	31.32	31.32	450m:	5:07.47	34.82	850m:	9:45.02	34.87	1250m:	14:24.50	34.63
100m:	1:05.06	33.74	500m:	5:42.25	34.78	900m:	10:19.94	34.92	1300m:	14:59.46	34.96
150m:	1:39.17	34.11	550m:	6:16.99	34.74	950m:	10:55.12	35.18	1350m:	15:34.52	35.06
200m:	2:13.57	34.40	600m:	6:51.51	34.52	1000m:	11:29.93	34.81	1400m:	16:09.59	35.07
250m:	2:48.20	34.63	650m:	7:26.09	34.58	1050m:	12:04.57	34.64	1450m:	16:43.72	34.13
300m:	3:22.88	34.68	700m:	8:00.83	34.74	1100m:	12:39.35	34.78	1500m:	17:16.90	33.18
350m:	3:57.74	34.86	750m:	8:35.37	34.54	1150m:	13:14.81	35.46			
400m:	4:32.65	34.91	800m:	9:10.15	34.78	1200m:	13:49.87	35.06			
5. Roos Englebert	Hieronymus		200200606		17:18.80		+0,77		668		
50m:	30.81	30.81	450m:	5:05.09	34.53	850m:	9:45.85	35.19	1250m:	14:26.06	34.87
100m:	1:04.20	33.39	500m:	5:40.01	34.92	900m:	10:21.05	35.20	1300m:	15:00.95	34.89
150m:	1:38.11	33.91	550m:	6:14.87	34.86	950m:	10:56.15	35.10	1350m:	15:35.77	34.82
200m:	2:12.33	34.22	600m:	6:49.87	35.00	1000m:	11:31.13	34.98	1400m:	16:10.57	34.80
250m:	2:47.04	34.71	650m:	7:25.03	35.16	1050m:	12:06.13	35.00	1450m:	16:45.10	34.53
300m:	3:21.61	34.57	700m:	8:00.28	35.25	1100m:	12:41.33	35.20	1500m:	17:18.80	33.70
350m:	3:56.09	34.48	750m:	8:35.56	35.28	1150m:	13:16.31	34.98			
400m:	4:30.56	34.47	800m:	9:10.66	35.10	1200m:	13:51.19	34.88			
6. Laura van Etten	HZ&PC Heerenveen		200800264		17:24.82		+0,89		656		
50m:	30.40	30.40	450m:	5:05.60	34.67	850m:	9:45.94	34.77	1250m:	14:28.84	36.49
100m:	1:04.21	33.81	500m:	5:40.67	35.07	900m:	10:21.02	35.08	1300m:	15:04.11	35.27
150m:	1:38.44	34.23	550m:	6:15.90	35.23	950m:	10:56.23	35.21	1350m:	15:40.24	36.13
200m:	2:12.53	34.09	600m:	6:50.72	34.82	1000m:	11:31.51	35.28	1400m:	16:15.70	35.46
250m:	2:47.17	34.64	650m:	7:25.60	34.88	1050m:	12:06.36	34.85	1450m:	16:51.38	35.68
300m:	3:21.81	34.64	700m:	8:00.69	35.09	1100m:	12:41.80	35.44	1500m:	17:24.82	33.44
350m:	3:56.34	34.53	750m:	8:35.91	35.22	1150m:	13:16.97	35.17			
400m:	4:30.93	34.59	800m:	9:11.17	35.26	1200m:	13:52.35	35.38			
7. Julie van Nispen	Nuenen		200800290		17:32.27				643		
50m:	30.41	30.41	450m:	5:06.50	34.63	850m:	9:49.94	35.58	1250m:	14:36.52	35.99
100m:	1:04.78	34.37	500m:	5:41.65	35.15	900m:	10:25.96	36.02	1300m:	15:12.29	35.77
150m:	1:38.18	33.40	550m:	6:17.02	35.37	950m:	11:01.61	35.65	1350m:	15:47.58	35.29
200m:	2:12.41	34.23	600m:	6:52.21	35.19	1000m:	11:37.58	35.97	1400m:	16:22.74	35.16
250m:	2:46.92	34.51	650m:	7:27.47	35.26	1050m:	12:13.49	35.91	1450m:	16:58.04	35.30
300m:	3:21.59	34.67	700m:	8:02.91	35.44	1100m:	12:49.77	36.28	1500m:	17:32.27	34.23
350m:	3:56.78	35.19	750m:	8:38.55	35.64	1150m:	13:24.95	35.18			
400m:	4:31.87	35.09	800m:	9:14.36	35.81	1200m:	14:00.53	35.58			
8. Veerle de Ridder	HZ&PC Heerenveen		200700778		17:33.86		+0,69		640		
50m:	29.65	29.65	450m:	5:10.44	34.96	850m:	9:53.39	35.22	1250m:	14:39.12	35.95
100m:	1:04.10	34.45	500m:	5:45.49	35.05	900m:	10:29.26	35.87	1300m:	15:14.99	35.87
150m:	1:38.98	34.88	550m:	6:21.07	35.58	950m:	11:04.89	35.63	1350m:	15:50.03	35.04
200m:	2:14.40	35.42	600m:	6:56.33	35.26	1000m:	11:40.54	35.65	1400m:	16:25.58	35.55
250m:	2:49.66	35.26	650m:	7:31.63	35.30	1050m:	12:15.90	35.36	1450m:	17:00.68	35.10
300m:	3:24.90	35.24	700m:	8:06.85	35.22	1100m:	12:51.86	35.96	1500m:	17:33.86	33.18
350m:	4:00.09	35.19	750m:	8:42.14	35.29	1150m:	13:27.92	36.06			
400m:	4:35.48	35.39	800m:	9:18.17	36.03	1200m:	14:03.17	35.25			

B = Bonus inschrijving

Programmanr. 42, Dames, 1500m vrije slag, senioren Open

rang	naam	vereniging		tijd		RT	FINA	para
9.	Mara Bosman	De Dolfijn		200303048		17:33.88	+0,73	640
	50m: 30.63	30.63	450m: 5:08.94	35.28	850m: 9:53.22	35.61	1250m: 14:37.51	35.36
	100m: 1:04.34	33.71	500m: 5:44.34	35.40	900m: 10:29.12	35.90	1300m: 15:13.17	35.66
	150m: 1:38.54	34.20	550m: 6:19.60	35.26	950m: 11:04.74	35.62	1350m: 15:48.65	35.48
	200m: 2:13.21	34.67	600m: 6:55.19	35.59	1000m: 11:40.57	35.83	1400m: 16:24.06	35.41
	250m: 2:48.10	34.89	650m: 7:30.89	35.70	1050m: 12:15.81	35.24	1450m: 16:59.47	35.41
	300m: 3:23.19	35.09	700m: 8:06.22	35.33	1100m: 12:51.74	35.93	1500m: 17:33.88	34.41
	350m: 3:58.26	35.07	750m: 8:42.05	35.83	1150m: 13:26.56	34.82		
	400m: 4:33.66	35.40	800m: 9:17.61	35.56	1200m: 14:02.15	35.59		
10.	Imre Bouwland	ZPC Hoogetveen		200700388		18:06.95	+0,57	583
	50m: 31.16	31.16	450m: 5:19.25	36.60	850m: 10:13.28	36.88	1250m: 15:07.88	36.82
	100m: 1:06.37	35.21	500m: 5:55.95	36.70	900m: 10:50.00	36.72	1300m: 15:43.97	36.09
	150m: 1:42.33	35.96	550m: 6:32.48	36.53	950m: 11:26.77	36.77	1350m: 16:20.36	36.39
	200m: 2:18.29	35.96	600m: 7:09.18	36.70	1000m: 12:03.49	36.72	1400m: 16:56.64	36.28
	250m: 2:53.93	35.64	650m: 7:46.07	36.89	1050m: 12:40.56	37.07	1450m: 17:32.62	35.98
	300m: 3:29.70	35.77	700m: 8:22.77	36.70	1100m: 13:17.22	36.66	1500m: 18:06.95	34.33
	350m: 4:06.12	36.42	750m: 8:59.43	36.66	1150m: 13:53.93	36.71		
	400m: 4:42.65	36.53	800m: 9:36.40	36.97	1200m: 14:31.06	37.13		
11.	Maaïke Vooren	DAW		199103324		18:29.57		548
	50m: 32.60	32.60	450m: 5:27.64	36.86	850m: 10:23.36	37.02	1250m: 15:22.75	37.75
	100m: 1:08.74	36.14	500m: 6:04.60	36.96	900m: 11:00.47	37.11	1300m: 16:00.72	37.97
	150m: 1:45.61	36.87	550m: 6:41.41	36.81	950m: 11:37.98	37.51	1350m: 16:37.84	37.12
	200m: 2:22.69	37.08	600m: 7:18.12	36.71	1000m: 12:15.32	37.34	1400m: 17:15.48	37.64
	250m: 2:59.74	37.05	650m: 7:55.14	37.02	1050m: 12:52.83	37.51	1450m: 17:53.12	37.64
	300m: 3:36.86	37.12	700m: 8:32.11	36.97	1100m: 13:30.04	37.21	1500m: 18:29.57	36.45
	350m: 4:13.96	37.10	750m: 9:09.25	37.14	1150m: 14:07.56	37.52		
	400m: 4:50.78	36.82	800m: 9:46.34	37.09	1200m: 14:45.00	37.44		
12.	Esmee Ykema	HZ&PC Heerenveen		200801710		18:45.98	+0,79	524
	50m: 32.32	32.32	450m: 5:35.48	38.09	850m: 10:39.26	38.37	1250m: 15:42.49	37.20
	100m: 1:08.76	36.44	500m: 6:14.16	38.68	900m: 11:16.87	37.61	1300m: 16:20.20	37.71
	150m: 1:46.75	37.99	550m: 6:52.29	38.13	950m: 11:54.93	38.06	1350m: 16:57.04	36.84
	200m: 2:24.99	38.24	600m: 7:30.63	38.34	1000m: 12:33.76	38.83	1400m: 17:34.12	37.08
	250m: 3:03.05	38.06	650m: 8:07.61	36.98	1050m: 13:11.92	38.16	1450m: 18:10.59	36.47
	300m: 3:41.12	38.07	700m: 8:44.80	37.19	1100m: 13:49.52	37.60	1500m: 18:45.98	35.39
	350m: 4:19.40	38.28	750m: 9:22.70	37.90	1150m: 14:27.30	37.78		
	400m: 4:57.39	37.99	800m: 10:00.89	38.19	1200m: 15:05.29	37.99		
NG	Bregje Dekkers	PSV		200900746				

B = Bonus inschrijving

Programmanr. 43
21-12-2025 - 13:38

Jongens, 1500m vrije slag

Onder 16
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
1.	Mattias Stolk	HZ&PC Heerenveen				201000525				16:11.09	+0,72	663
	50m: 27.68	27.68	450m: 4:44.25	32.51	850m: 9:07.44	32.74	1250m: 13:29.03	32.75				
	100m: 58.46	30.78	500m: 5:16.72	32.47	900m: 9:40.02	32.58	1300m: 14:01.44	32.41				
	150m: 1:29.76	31.30	550m: 5:49.70	32.98	950m: 10:12.94	32.92	1350m: 14:33.84	32.40				
	200m: 2:01.72	31.96	600m: 6:22.29	32.59	1000m: 10:45.44	32.50	1400m: 15:06.69	32.85				
	250m: 2:33.86	32.14	650m: 6:55.42	33.13	1050m: 11:18.40	32.96	1450m: 15:39.35	32.66				
	300m: 3:06.56	32.70	700m: 7:28.34	32.92	1100m: 11:51.26	32.86	1500m: 16:11.09	31.74				
	350m: 3:39.10	32.54	750m: 8:01.48	33.14	1150m: 12:23.94	32.68						
	400m: 4:11.74	32.64	800m: 8:34.70	33.22	1200m: 12:56.28	32.34						
2.	Ramon Vos	ZPC Hoozeveen				201100051				16:37.36	+0,56	612
	50m: 28.97	28.97	450m: 4:51.17	33.07	850m: 9:19.73	33.84	1250m: 13:50.38	34.00				
	100m: 1:00.82	31.85	500m: 5:24.57	33.40	900m: 9:53.62	33.89	1300m: 14:24.30	33.92				
	150m: 1:33.15	32.33	550m: 5:58.05	33.48	950m: 10:27.28	33.66	1350m: 14:57.90	33.60				
	200m: 2:06.22	33.07	600m: 6:31.34	33.29	1000m: 11:01.11	33.83	1400m: 15:31.43	33.53				
	250m: 2:39.10	32.88	650m: 7:04.77	33.43	1050m: 11:34.99	33.88	1450m: 16:05.09	33.66				
	300m: 3:11.99	32.89	700m: 7:38.72	33.95	1100m: 12:08.96	33.97	1500m: 16:37.36	32.27				
	350m: 3:45.12	33.13	750m: 8:12.20	33.48	1150m: 12:42.69	33.73						
	400m: 4:18.10	32.98	800m: 8:45.89	33.69	1200m: 13:16.38	33.69						
3.	Dax van den Noulard	Blue Marlins				201000071				16:46.09	+0,69	596
	50m: 28.50	28.50	450m: 4:54.13	34.01	850m: 9:25.30	33.74	1250m: 13:56.94	33.99				
	100m: 1:00.23	31.73	500m: 5:27.77	33.64	900m: 9:58.89	33.59	1300m: 14:30.68	33.74				
	150m: 1:33.09	32.86	550m: 6:01.64	33.87	950m: 10:32.87	33.98	1350m: 15:04.95	34.27				
	200m: 2:06.47	33.38	600m: 6:35.82	34.18	1000m: 11:06.93	34.06	1400m: 15:39.00	34.05				
	250m: 2:39.78	33.31	650m: 7:09.90	34.08	1050m: 11:41.02	34.09	1450m: 16:12.83	33.83				
	300m: 3:13.20	33.42	700m: 7:43.91	34.01	1100m: 12:15.17	34.15	1500m: 16:46.09	33.26				
	350m: 3:46.68	33.48	750m: 8:17.78	33.87	1150m: 12:49.35	34.18						
	400m: 4:20.12	33.44	800m: 8:51.56	33.78	1200m: 13:22.95	33.60						
4.	Laurens van Nulck	Hellas-Glana				201100521				16:49.66	+0,68	590
	50m: 29.50	29.50	450m: 4:59.41	34.15	850m: 9:32.28	33.81	1250m: 14:03.10	33.51				
	100m: 1:01.99	32.49	500m: 5:33.72	34.31	900m: 10:06.11	33.83	1300m: 14:36.94	33.84				
	150m: 1:35.21	33.22	550m: 6:07.86	34.14	950m: 10:40.18	34.07	1350m: 15:10.95	34.01				
	200m: 2:08.96	33.75	600m: 6:41.91	34.05	1000m: 11:14.13	33.95	1400m: 15:44.72	33.77				
	250m: 2:42.88	33.92	650m: 7:16.44	34.53	1050m: 11:47.85	33.72	1450m: 16:17.96	33.24				
	300m: 3:16.81	33.93	700m: 7:50.77	34.33	1100m: 12:21.78	33.93	1500m: 16:49.66	31.70				
	350m: 3:51.10	34.29	750m: 8:24.87	34.10	1150m: 12:55.41	33.63						
	400m: 4:25.26	34.16	800m: 8:58.47	33.60	1200m: 13:29.59	34.18						
5.	Baris Tomu	ZPCH				201000869				17:02.35	+0,51	568
	50m: 29.60	29.60	450m: 4:57.92	33.78	850m: 9:31.32	34.46	1250m: 14:08.08	35.05				
	100m: 1:02.62	33.02	500m: 5:32.03	34.11	900m: 10:05.88	34.56	1300m: 14:42.77	34.69				
	150m: 1:36.14	33.52	550m: 6:05.65	33.62	950m: 10:40.48	34.60	1350m: 15:18.20	35.43				
	200m: 2:09.41	33.27	600m: 6:39.75	34.10	1000m: 11:15.22	34.74	1400m: 15:53.54	35.34				
	250m: 2:42.92	33.51	650m: 7:14.07	34.32	1050m: 11:49.90	34.68	1450m: 16:29.07	35.53				
	300m: 3:16.92	34.00	700m: 7:48.45	34.38	1100m: 12:24.25	34.35	1500m: 17:02.35	33.28				
	350m: 3:50.52	33.60	750m: 8:22.40	33.95	1150m: 12:57.48	33.23						
	400m: 4:24.14	33.62	800m: 8:56.86	34.46	1200m: 13:33.03	35.55						
6.	Abel op den Velde	De Duinkikkers				201000079				17:08.18	+0,73	558
	50m: 28.75	28.75	450m: 4:58.65	34.20	850m: 9:37.10	34.67	1250m: 14:14.42	34.30				
	100m: 1:01.71	32.96	500m: 5:33.60	34.95	900m: 10:13.11	36.01	1300m: 14:49.32	34.90				
	150m: 1:35.09	33.38	550m: 6:07.98	34.38	950m: 10:47.59	34.48	1350m: 15:24.78	35.46				
	200m: 2:09.02	33.93	600m: 6:42.60	34.62	1000m: 11:22.03	34.44	1400m: 16:00.47	35.69				
	250m: 2:42.87	33.85	650m: 7:17.40	34.80	1050m: 11:56.70	34.67	1450m: 16:35.37	34.90				
	300m: 3:16.40	33.53	700m: 7:52.49	35.09	1100m: 12:31.32	34.62	1500m: 17:08.18	32.81				
	350m: 3:50.27	33.87	750m: 8:27.67	35.18	1150m: 13:05.85	34.53						
	400m: 4:24.45	34.18	800m: 9:02.43	34.76	1200m: 13:40.12	34.27						
7.	Douwe Enzerink	ZPC AMERSFOORT				201102657				17:11.18	+0,50	553
	50m: 29.94	29.94	450m: 5:01.72	34.31	850m: 9:39.78	34.93	1250m: 14:20.34	35.11				
	100m: 1:02.90	32.96	500m: 5:36.16	34.44	900m: 10:14.67	34.89	1300m: 14:55.04	34.70				
	150m: 1:36.32	33.42	550m: 6:11.20	35.04	950m: 10:49.83	35.16	1350m: 15:29.64	34.60				
	200m: 2:10.33	34.01	600m: 6:45.57	34.37	1000m: 11:24.87	35.04	1400m: 16:04.38	34.74				
	250m: 2:44.83	34.50	650m: 7:20.15	34.58	1050m: 12:00.05	35.18	1450m: 16:38.58	34.20				
	300m: 3:18.70	33.87	700m: 7:55.02	34.87	1100m: 12:35.09	35.04	1500m: 17:11.18	32.60				
	350m: 3:53.05	34.35	750m: 8:29.88	34.86	1150m: 13:10.10	35.01						
	400m: 4:27.41	34.36	800m: 9:04.85	34.97	1200m: 13:45.23	35.13						

B = Bonus inschrijving

Programmanr. 43, Jongens, 1500m vrije slag, Onder 16

rang	naam	vereniging				tijd				RT	FINA	para
8.	Tren Wullms	Hellas-Glana				201000469				17:14.08	+0,68	549
	50m: 30.29	30.29	450m: 5:01.08	34.46	850m: 9:39.74	34.40	1250m: 14:19.95	34.86				
	100m: 1:03.40	33.11	500m: 5:35.67	34.59	900m: 10:15.05	35.31	1300m: 14:55.33	35.38				
	150m: 1:36.93	33.53	550m: 6:10.66	34.99	950m: 10:49.76	34.71	1350m: 15:30.01	34.68				
	200m: 2:10.47	33.54	600m: 6:45.50	34.84	1000m: 11:24.72	34.96	1400m: 16:05.00	34.99				
	250m: 2:44.34	33.87	650m: 7:20.39	34.89	1050m: 11:59.44	34.72	1450m: 16:40.08	35.08				
	300m: 3:18.46	34.12	700m: 7:55.13	34.74	1100m: 12:34.67	35.23	1500m: 17:14.08	34.00				
	350m: 3:52.38	33.92	750m: 8:30.24	35.11	1150m: 13:09.93	35.26						
	400m: 4:26.62	34.24	800m: 9:05.34	35.10	1200m: 13:45.09	35.16						
9.	Daan Mulder	KSN (SG)				201100267				17:22.06	+0,79	536
	50m: 30.45	30.45	450m: 5:04.43	34.57	850m: 9:44.11	34.53	1250m: 14:25.25	35.53				
	100m: 1:03.53	33.08	500m: 5:39.25	34.82	900m: 10:19.55	35.44	1300m: 15:01.26	36.01				
	150m: 1:37.29	33.76	550m: 6:14.07	34.82	950m: 10:54.05	34.50	1350m: 15:37.33	36.07				
	200m: 2:11.74	34.45	600m: 6:48.72	34.65	1000m: 11:28.67	34.62	1400m: 16:12.78	35.45				
	250m: 2:45.89	34.15	650m: 7:23.98	35.26	1050m: 12:03.66	34.99	1450m: 16:48.99	36.21				
	300m: 3:20.43	34.54	700m: 7:59.59	35.61	1100m: 12:38.80	35.14	1500m: 17:22.06	33.07				
	350m: 3:54.89	34.46	750m: 8:34.54	34.95	1150m: 13:14.08	35.28						
	400m: 4:29.86	34.97	800m: 9:09.58	35.04	1200m: 13:49.72	35.64						
10.	Kasper Lubbers	Orca				201100025				17:30.35	+0,70	524
	50m: 31.13	31.13	450m: 5:13.61	35.76	850m: 9:57.22	35.23	1250m: 14:38.52	34.23				
	100m: 1:04.92	33.79	500m: 5:49.65	36.04	900m: 10:32.52	35.30	1300m: 15:13.41	34.89				
	150m: 1:40.09	35.17	550m: 6:25.27	35.62	950m: 11:07.63	35.11	1350m: 15:48.30	34.89				
	200m: 2:15.59	35.50	600m: 7:00.58	35.31	1000m: 11:43.10	35.47	1400m: 16:23.06	34.76				
	250m: 2:50.69	35.10	650m: 7:35.90	35.32	1050m: 12:18.41	35.31	1450m: 16:57.80	34.74				
	300m: 3:26.42	35.73	700m: 8:11.04	35.14	1100m: 12:53.87	35.46	1500m: 17:30.35	32.55				
	350m: 4:02.24	35.82	750m: 8:46.45	35.41	1150m: 13:29.17	35.30						
	400m: 4:37.85	35.61	800m: 9:21.99	35.54	1200m: 14:04.29	35.12						
11.	Giovanni Wolfgang	MSV-Zeemacht				201100859				17:37.96	+0,60	512
	50m: 29.24	29.24	450m: 5:04.80	35.39	850m: 9:50.01	36.31	1250m: 14:38.86	35.12				
	100m: 1:02.63	33.39	500m: 5:40.33	35.53	900m: 10:25.74	35.73	1300m: 15:14.92	36.06				
	150m: 1:36.49	33.86	550m: 6:15.67	35.34	950m: 11:01.59	35.85	1350m: 15:51.82	36.90				
	200m: 2:10.86	34.37	600m: 6:51.31	35.64	1000m: 11:37.92	36.33	1400m: 16:28.05	36.23				
	250m: 2:45.25	34.39	650m: 7:26.67	35.36	1050m: 12:14.07	36.15	1450m: 17:03.44	35.39				
	300m: 3:19.60	34.35	700m: 8:02.24	35.57	1100m: 12:50.69	36.62	1500m: 17:37.96	34.52				
	350m: 3:54.46	34.86	750m: 8:38.02	35.78	1150m: 13:27.25	36.56						
	400m: 4:29.41	34.95	800m: 9:13.70	35.68	1200m: 14:03.74	36.49						
12.	Mathijs Boersma	ZPC Hoogeveen				201000313				17:41.63	+0,81	507
	50m: 30.85	30.85	450m: 5:11.72	35.50	850m: 9:57.94	35.74	1250m: 14:43.97	36.04				
	100m: 1:04.78	33.93	500m: 5:47.46	35.74	900m: 10:33.71	35.77	1300m: 15:19.97	36.00				
	150m: 1:39.39	34.61	550m: 6:22.97	35.51	950m: 11:09.48	35.77	1350m: 15:55.71	35.74				
	200m: 2:14.37	34.98	600m: 6:58.86	35.89	1000m: 11:45.24	35.76	1400m: 16:31.31	35.60				
	250m: 2:49.68	35.31	650m: 7:34.83	35.97	1050m: 12:20.90	35.66	1450m: 17:07.02	35.71				
	300m: 3:25.16	35.48	700m: 8:10.52	35.69	1100m: 12:56.41	35.51	1500m: 17:41.63	34.61				
	350m: 4:00.65	35.49	750m: 8:46.52	36.00	1150m: 13:31.94	35.53						
	400m: 4:36.22	35.57	800m: 9:22.20	35.68	1200m: 14:07.93	35.99						
13.	Thijmen Puijssers	Hieronymus				201000129				17:46.26	+0,69	501
	50m: 29.37	29.37	450m: 5:07.93	36.26	850m: 9:58.98	36.77	1250m: 14:50.03	36.11				
	100m: 1:01.86	32.49	500m: 5:44.47	36.54	900m: 10:35.59	36.61	1300m: 15:26.56	36.53				
	150m: 1:35.77	33.91	550m: 6:20.85	36.38	950m: 11:12.23	36.64	1350m: 16:02.47	35.91				
	200m: 2:10.30	34.53	600m: 6:57.13	36.28	1000m: 11:48.76	36.53	1400m: 16:37.51	35.04				
	250m: 2:45.00	34.70	650m: 7:33.18	36.05	1050m: 12:25.09	36.33	1450m: 17:13.03	35.52				
	300m: 3:20.24	35.24	700m: 8:09.52	36.34	1100m: 13:01.46	36.37	1500m: 17:46.26	33.23				
	350m: 3:55.61	35.37	750m: 8:46.06	36.54	1150m: 13:38.05	36.59						
	400m: 4:31.67	36.06	800m: 9:22.21	36.15	1200m: 14:13.92	35.87						
14.	Matthijs van Velzen	Deltasteur				201100435				17:59.39	+0,61	482
	50m: 30.53	30.53	450m: 5:10.77	35.49	850m: 10:04.23	37.78	1250m: 15:01.56	37.74				
	100m: 1:04.45	33.92	500m: 5:47.00	36.23	900m: 10:41.71	37.48	1300m: 15:38.57	37.01				
	150m: 1:39.02	34.57	550m: 6:23.44	36.44	950m: 11:18.29	36.58	1350m: 16:14.83	36.26				
	200m: 2:13.95	34.93	600m: 6:59.69	36.25	1000m: 11:55.52	37.23	1400m: 16:51.24	36.41				
	250m: 2:49.07	35.12	650m: 7:36.45	36.76	1050m: 12:33.45	37.93	1450m: 17:26.39	35.15				
	300m: 3:24.21	35.14	700m: 8:13.17	36.72	1100m: 13:10.58	37.13	1500m: 17:59.39	33.00				
	350m: 3:59.92	35.71	750m: 8:49.65	36.48	1150m: 13:47.01	36.43						
	400m: 4:35.28	35.36	800m: 9:26.45	36.80	1200m: 14:23.82	36.81						
15.	Stan Nijhuis	OZ&PC				201100191				18:04.51	+0,82	476
	50m: 30.89	30.89	450m: 5:16.70	36.72	850m: 10:10.24	36.74	1250m: 15:02.55	36.97				
	100m: 1:04.64	33.75	500m: 5:52.93	36.23	900m: 10:46.27	36.03	1300m: 15:39.63	37.08				
	150m: 1:39.39	34.75	550m: 6:29.89	36.96	950m: 11:22.85	36.58	1350m: 16:15.56	35.93				
	200m: 2:14.73	35.34	600m: 7:06.57	36.68	1000m: 11:59.71	36.86	1400m: 16:52.50	36.94				
	250m: 2:50.51	35.78	650m: 7:43.29	36.72	1050m: 12:36.13	36.42	1450m: 17:29.03	36.53				
	300m: 3:26.74	36.23	700m: 8:19.52	36.23	1100m: 13:12.92	36.79	1500m: 18:04.51	35.48				
	350m: 4:03.18	36.44	750m: 8:56.47	36.95	1150m: 13:48.95	36.03						
	400m: 4:39.98	36.80	800m: 9:33.50	37.03	1200m: 14:25.58	36.63						

B = Bonus inschrijving

Programmanr. 43, Jongens, 1500m vrije slag, Onder 16

rang	naam	vereniging						tijd		RT	FINA	para
16.	David van der Valk	Wiekslag						201100519		18:17.45	+0,68	459
	50m:	31.39	31.39	450m:	5:19.20	36.77	850m:	10:16.52	37.40	1250m:	15:15.27	37.51
	100m:	1:05.81	34.42	500m:	5:56.09	36.89	900m:	10:53.76	37.24	1300m:	15:52.28	37.01
	150m:	1:41.01	35.20	550m:	6:33.02	36.93	950m:	11:30.72	36.96	1350m:	16:29.33	37.05
	200m:	2:16.96	35.95	600m:	7:09.80	36.78	1000m:	12:07.81	37.09	1400m:	17:06.04	36.71
	250m:	2:53.45	36.49	650m:	7:46.92	37.12	1050m:	12:45.56	37.75	1450m:	17:42.27	36.23
	300m:	3:29.38	35.93	700m:	8:24.07	37.15	1100m:	13:23.11	37.55	1500m:	18:17.45	35.18
	350m:	4:05.82	36.44	750m:	9:01.93	37.86	1150m:	14:00.58	37.47			
	400m:	4:42.43	36.61	800m:	9:39.12	37.19	1200m:	14:37.76	37.18			

B = Bonus inschrijving

Programmanr. 44
21-12-2025 - 14:15

Meisjes, 800m vrije slag

Onder 16
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
1.	Fenne Metten	ZPC AMERSFOORT				201000102				8:47.07	+0,82	743
	50m: 29.59	29.59	250m: 2:41.47	33.29	450m: 4:55.08	33.49	650m: 7:08.90	33.38				
	100m: 1:01.98	32.39	300m: 3:14.73	33.26	500m: 5:28.56	33.48	700m: 7:42.26	33.36				
	150m: 1:34.91	32.93	350m: 3:48.08	33.35	550m: 6:01.92	33.36	750m: 8:15.67	33.41				
	200m: 2:08.18	33.27	400m: 4:21.59	33.51	600m: 6:35.52	33.60	800m: 8:47.07	31.40				
2.	Nina van der Schrier	AZC				201000444				9:17.65		627
	50m: 30.39	30.39	250m: 2:48.14	34.94	450m: 5:10.55	35.77	650m: 7:32.91	35.53				
	100m: 1:03.46	33.07	300m: 3:23.65	35.51	500m: 5:46.60	36.05	700m: 8:08.40	35.49				
	150m: 1:38.18	34.72	350m: 3:59.33	35.68	550m: 6:21.98	35.38	750m: 8:43.33	34.93				
	200m: 2:13.20	35.02	400m: 4:34.78	35.45	600m: 6:57.38	35.40	800m: 9:17.65	34.32				
3.	Elin Reinstra	TriVia				201100842				9:23.94	+0,83	606
	50m: 31.68	31.68	250m: 2:51.30	35.22	450m: 5:14.45	36.05	650m: 7:38.07	35.71				
	100m: 1:06.17	34.49	300m: 3:26.95	35.65	500m: 5:50.58	36.13	700m: 8:13.59	35.52				
	150m: 1:40.82	34.65	350m: 4:02.55	35.60	550m: 6:26.39	35.81	750m: 8:49.61	36.02				
	200m: 2:16.08	35.26	400m: 4:38.40	35.85	600m: 7:02.36	35.97	800m: 9:23.94	34.33				
4.	Milou Filemon	Blue Marlins				201100078				9:24.80	+0,70	603
	50m: 31.79	31.79	250m: 2:51.67	34.73	450m: 5:14.48	36.03	650m: 7:38.07	36.17				
	100m: 1:06.46	34.67	300m: 3:27.00	35.33	500m: 5:50.13	35.65	700m: 8:14.00	35.93				
	150m: 1:41.76	35.30	350m: 4:02.66	35.66	550m: 6:26.06	35.93	750m: 8:50.18	36.18				
	200m: 2:16.94	35.18	400m: 4:38.45	35.79	600m: 7:01.90	35.84	800m: 9:24.80	34.62				
5.	Nina Tetteroo	De Columbiaan				201000048				9:28.20	+0,75	593
	50m: 31.51	31.51	250m: 2:52.83	35.89	450m: 5:16.65	36.48	650m: 7:41.12	36.01				
	100m: 1:06.15	34.64	300m: 3:28.36	35.53	500m: 5:52.55	35.90	700m: 8:17.42	36.30				
	150m: 1:41.33	35.18	350m: 4:04.10	35.74	550m: 6:28.69	36.14	750m: 8:53.34	35.92				
	200m: 2:16.94	35.61	400m: 4:40.17	36.07	600m: 7:05.11	36.42	800m: 9:28.20	34.86				
6.	Noa van Zalk	ZPC AMERSFOORT				201102534				9:29.68		588
	50m: 31.90	31.90	250m: 2:52.56	35.26	450m: 5:14.86	35.82	650m: 7:38.63	36.26				
	100m: 1:06.23	34.33	300m: 3:27.96	35.40	500m: 5:50.68	35.82	700m: 8:15.52	36.89				
	150m: 1:41.76	35.53	350m: 4:03.46	35.50	550m: 6:26.26	35.58	750m: 8:52.86	37.34				
	200m: 2:17.30	35.54	400m: 4:39.04	35.58	600m: 7:02.37	36.11	800m: 9:29.68	36.82				
7.	Pien Walstra	De Treffers				201101034				9:34.49	+0,82	573
	50m: 31.70	31.70	250m: 2:55.68	36.30	450m: 5:23.52	36.80	650m: 7:48.67	36.01				
	100m: 1:06.61	34.91	300m: 3:32.81	37.13	500m: 6:00.06	36.54	700m: 8:24.75	36.08				
	150m: 1:42.80	36.19	350m: 4:09.62	36.81	550m: 6:36.36	36.30	750m: 9:00.87	36.12				
	200m: 2:19.38	36.58	400m: 4:46.72	37.10	600m: 7:12.66	36.30	800m: 9:34.49	33.62				
8.	Florien Pot	OZ&PC				201000768				9:37.71		564
	50m: 31.16	31.16	250m: 2:54.44	36.68	450m: 5:21.48	36.96	650m: 7:49.04	36.71				
	100m: 1:05.86	34.70	300m: 3:31.16	36.72	500m: 5:58.28	36.80	700m: 8:25.75	36.71				
	150m: 1:41.73	35.87	350m: 4:07.83	36.67	550m: 6:35.44	37.16	750m: 9:02.60	36.85				
	200m: 2:17.76	36.03	400m: 4:44.52	36.69	600m: 7:12.33	36.89	800m: 9:37.71	35.11				
9.	Rozalia Diederiks	ZVL-1886				201100904				9:40.00	+0,81	557
	50m: 32.61	32.61	250m: 2:57.21	36.64	450m: 5:24.30	36.81	650m: 7:51.94	36.18				
	100m: 1:07.76	35.15	300m: 3:33.61	36.40	500m: 6:01.10	36.80	700m: 8:28.52	36.58				
	150m: 1:43.76	36.00	350m: 4:10.42	36.81	550m: 6:38.36	37.26	750m: 9:05.12	36.60				
	200m: 2:20.57	36.81	400m: 4:47.49	37.07	600m: 7:15.76	37.40	800m: 9:40.00	34.88				
10.	Yanique Bax	ZPC AMERSFOORT				201001428				9:41.59	+0,67	553
	50m: 31.79	31.79	250m: 2:55.42	36.14	450m: 5:23.15	37.14	650m: 7:51.48	37.09				
	100m: 1:06.89	35.10	300m: 3:32.15	36.73	500m: 6:00.12	36.97	700m: 8:28.85	37.37				
	150m: 1:43.00	36.11	350m: 4:08.69	36.54	550m: 6:37.24	37.12	750m: 9:05.84	36.99				
	200m: 2:19.28	36.28	400m: 4:46.01	37.32	600m: 7:14.39	37.15	800m: 9:41.59	35.75				
11.	Anna Lepoutre	PSV				201100534				9:44.49 *	+0,67	544
	50m: 31.05	31.05	250m: 2:50.37	35.39	450m: 5:14.66	36.25	650m: 7:45.47	38.15				
	100m: 1:05.30	34.25	300m: 3:26.36	35.99	500m: 5:51.28	36.62	700m: 8:24.61	39.14				
	150m: 1:39.99	34.69	350m: 4:02.22	35.86	550m: 6:28.74	37.46	750m: 9:05.33	40.72				
	200m: 2:14.98	34.99	400m: 4:38.41	36.19	600m: 7:07.32	38.58	800m: 9:44.49	39.16				
12.	Ilse Jongepier	TriVia				201000006				9:46.82	+0,85	538
	50m: 32.12	32.12	250m: 2:55.79	36.23	450m: 5:23.91	37.43	650m: 7:53.45	37.38				
	100m: 1:07.11	34.99	300m: 3:32.43	36.64	500m: 6:01.12	37.21	700m: 8:31.56	38.11				
	150m: 1:43.02	35.91	350m: 4:09.34	36.91	550m: 6:38.32	37.20	750m: 9:09.66	38.10				
	200m: 2:19.56	36.54	400m: 4:46.48	37.14	600m: 7:16.07	37.75	800m: 9:46.82	37.16				
13.	Kyara Balt	De Vikings				201100306				9:52.72		522
	50m: 32.98	32.98	250m: 3:01.32	37.65	450m: 5:32.55	37.63	650m: 8:02.16	37.33				
	100m: 1:08.85	35.87	300m: 3:39.34	38.02	500m: 6:10.18	37.63	700m: 8:39.84	37.68				
	150m: 1:45.93	37.08	350m: 4:17.19	37.85	550m: 6:47.41	37.23	750m: 9:17.36	37.52				
	200m: 2:23.67	37.74	400m: 4:54.92	37.73	600m: 7:24.83	37.42	800m: 9:52.72	35.36				

B = Bonus inschrijving

Programmanr. 44, Meisjes, 800m vrije slag, Onder 16

rang	naam	vereniging				tijd				RT	FINA	para
14.	Alaine Lomans	Hellas-Glana				201000420	9:52.98				+0,71	521
	50m: 32.18	32.18	250m: 2:58.49	36.96	450m: 5:28.52	37.45	650m: 8:00.93					38.11
	100m: 1:08.22	36.04	300m: 3:36.00	37.51	500m: 6:06.78	38.26	700m: 8:38.56					37.63
	150m: 1:44.61	36.39	350m: 4:13.39	37.39	550m: 6:44.83	38.05	750m: 9:16.71					38.15
	200m: 2:21.53	36.92	400m: 4:51.07	37.68	600m: 7:22.82	37.99	800m: 9:52.98					36.27
15.	Lobke Hempenius	HZ&PC Heerenveen				201100522	9:53.14				+0,76	521
	50m: 31.13	31.13	250m: 2:59.36	37.83	450m: 5:31.46	38.63	650m: 8:04.23					37.64
	100m: 1:07.16	36.03	300m: 3:37.74	38.38	500m: 6:09.83	38.37	700m: 8:42.37					38.14
	150m: 1:44.34	37.18	350m: 4:15.46	37.72	550m: 6:48.30	38.47	750m: 9:18.98					36.61
	200m: 2:21.53	37.19	400m: 4:52.83	37.37	600m: 7:26.59	38.29	800m: 9:53.14					34.16
16.	Sophie Hoogervorst	AZC				201100252	10:00.91				+0,71	501
	50m: 33.36	33.36	250m: 3:03.16	38.06	450m: 5:36.09	38.33	650m: 8:08.66					38.08
	100m: 1:10.14	36.78	300m: 3:41.21	38.05	500m: 6:13.99	37.90	700m: 8:46.82					38.16
	150m: 1:47.43	37.29	350m: 4:19.37	38.16	550m: 6:52.12	38.13	750m: 9:24.88					38.06
	200m: 2:25.10	37.67	400m: 4:57.76	38.39	600m: 7:30.58	38.46	800m: 10:00.91					36.03
17.	Lotte Euverman	KSN (SG)				201101228	10:01.33				+0,78	500
	50m: 34.01	34.01	250m: 3:04.77	37.79	450m: 5:36.32	38.09	650m: 8:09.38					38.56
	100m: 1:11.14	37.13	300m: 3:42.45	37.68	500m: 6:14.50	38.18	700m: 8:47.93					38.55
	150m: 1:48.99	37.85	350m: 4:20.15	37.70	550m: 6:52.44	37.94	750m: 9:25.84					37.91
	200m: 2:26.98	37.99	400m: 4:58.23	38.08	600m: 7:30.82	38.38	800m: 10:01.33					35.49
18.	Renske van den Bosch	VZV Njord				201001828	10:03.09				+0,81	496
	50m: 33.13	33.13	250m: 3:03.16	37.92	450m: 5:36.20	38.41	650m: 8:09.62					38.36
	100m: 1:09.67	36.54	300m: 3:41.47	38.31	500m: 6:14.57	38.37	700m: 8:48.40					38.78
	150m: 1:47.49	37.82	350m: 4:19.67	38.20	550m: 6:52.42	37.85	750m: 9:26.38					37.98
	200m: 2:25.24	37.75	400m: 4:57.79	38.12	600m: 7:31.26	38.84	800m: 10:03.09					36.71
19.	Noortje Bisperink	ZPC AMERSFOORT				201100486	10:07.35				+0,79	485
	50m: 32.88	32.88	250m: 3:04.20	38.08	450m: 5:39.00	39.03	650m: 8:14.11					38.80
	100m: 1:09.68	36.80	300m: 3:42.75	38.55	500m: 6:17.90	38.90	700m: 8:52.79					38.68
	150m: 1:47.83	38.15	350m: 4:21.21	38.46	550m: 6:56.81	38.91	750m: 9:31.41					38.62
	200m: 2:26.12	38.29	400m: 4:59.97	38.76	600m: 7:35.31	38.50	800m: 10:07.35					35.94
20.	Isus Verdysseldonk	PSV				201002878	10:07.91				+0,81	484
	50m: 32.68	32.68	250m: 3:02.87	38.19	450m: 5:36.81	38.66	650m: 8:11.91					38.89
	100m: 1:09.29	36.61	300m: 3:41.31	38.44	500m: 6:15.50	38.69	700m: 8:51.09					39.18
	150m: 1:46.85	37.56	350m: 4:19.51	38.20	550m: 6:54.18	38.68	750m: 9:29.55					38.46
	200m: 2:24.68	37.83	400m: 4:58.15	38.64	600m: 7:33.02	38.84	800m: 10:07.91					38.36
21.	Myron Dekker	ZPC Hoogetveen				201000512	10:09.46					480
	50m: 33.52	33.52	250m: 3:03.18	38.51	450m: 5:38.79	39.08	650m: 8:15.32					39.08
	100m: 1:09.91	36.39	300m: 3:41.88	38.70	500m: 6:17.97	39.18	700m: 8:54.22					38.90
	150m: 1:47.26	37.35	350m: 4:21.08	39.20	550m: 6:57.18	39.21	750m: 9:32.48					38.26
	200m: 2:24.67	37.41	400m: 4:59.71	38.63	600m: 7:36.24	39.06	800m: 10:09.46					36.98
22.	Erin de Jong	LinK				201000024	10:11.00 *				+0,78	477
	50m: 31.16	31.16	250m: 2:57.85	37.69	450m: 5:33.28	39.50	650m: 8:12.70					40.45
	100m: 1:06.26	35.10	300m: 3:36.18	38.33	500m: 6:12.79	39.51	700m: 8:52.79					40.09
	150m: 1:42.80	36.54	350m: 4:14.75	38.57	550m: 6:52.49	39.70	750m: 9:32.74					39.95
	200m: 2:20.16	37.36	400m: 4:53.78	39.03	600m: 7:32.25	39.76	800m: 10:11.00					38.26
23.	Lisa Boogaard	Deltasteur				201100990	10:11.06				+0,72	476
	50m: 33.00	33.00	250m: 3:04.40	38.63	450m: 5:39.17	38.80	650m: 8:16.48					39.54
	100m: 1:09.53	36.53	300m: 3:43.08	38.68	500m: 6:18.22	39.05	700m: 8:55.64					39.16
	150m: 1:47.50	37.97	350m: 4:21.43	38.35	550m: 6:57.30	39.08	750m: 9:34.26					38.62
	200m: 2:25.77	38.27	400m: 5:00.37	38.94	600m: 7:36.94	39.64	800m: 10:11.06					36.80
NG	Isabel Amelink	Deltasteur				201100196						

B = Bonus inschrijving

6 - Nederlandse Kampioenschappen Korte Baan sessie 6 - finales

21-12-2025 - 17:00

Programmanr. 31
21-12-2025 - 17:00

Heren, 400m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
PARA Open												
1.	Julian Hendriks <i>Nederlands Record PARA</i>	TeamNL PARA - De Otters Het Go200603717						S7	5:04.89	+0,68	337	718
	50m: 34.55 100m: 1:11.87	34.55 37.32	150m: 1:49.46 200m: 2:27.89	37.59 38.43	250m: 3:07.12 300m: 3:46.91	39.23 39.79	350m: 4:26.24 400m: 5:04.89	39.33 38.65				
2.	Lars Jacobsen	DWK		199705453		S14	4:47.16	+0,80		403	638	
	50m: 30.59 100m: 1:05.02	30.59 34.43	150m: 1:41.54 200m: 2:18.43	36.52 36.89	250m: 2:56.70 300m: 3:33.68	38.27 36.98	350m: 4:11.95 400m: 4:47.16	38.27 35.21				
3.	Thomas Braat	AZC		200802269		S14	4:48.77	+0,89		397	628	
	50m: 31.15 100m: 1:05.85	31.15 34.70	150m: 1:42.41 200m: 2:20.25	36.56 37.84	250m: 2:57.83 300m: 3:36.17	37.58 38.34	350m: 4:13.48 400m: 4:48.77	37.31 35.29				

senioren Open

Finale A

1.	Tiago Fonseca Gomes		Team NL - PSV			200703587	3:45.04		+0,63	839		
	50m:	26.20	26.20	150m:	1:22.60	28.24	250m:	2:20.15	28.68	350m:	3:17.94	28.75
	100m:	54.36	28.16	200m:	1:51.47	28.87	300m:	2:49.19	29.04	400m:	3:45.04	27.10
2.	Lucas Peters		ZPC AMERSFOORT			200301325	3:45.08		+0,71	838		
	50m:	25.91	25.91	150m:	1:22.86	28.48	250m:	2:20.42	28.72	350m:	3:17.86	28.54
	100m:	54.38	28.47	200m:	1:51.70	28.84	300m:	2:49.32	28.90	400m:	3:45.08	27.22
3.	Austin Namesnik		ZPC AMERSFOORT			200101817	3:47.37		+0,60	813		
	50m:	25.93	25.93	150m:	1:23.23	28.77	250m:	2:21.65	28.97	350m:	3:19.42	28.74
	100m:	54.46	28.53	200m:	1:52.68	29.45	300m:	2:50.68	29.03	400m:	3:47.37	27.95
4.	Koen Marsman		Team NL - ZPC AMERSFOORT			200502763	3:51.99		+0,51	765		
	50m:	25.43	25.43	150m:	1:22.75	29.15	250m:	2:22.58	30.04	350m:	3:22.83	30.12
	100m:	53.60	28.17	200m:	1:52.54	29.79	300m:	2:52.71	30.13	400m:	3:51.99	29.16
5.	Martijn Nies		PSV			200902095	3:56.10		+0,70	726		
	50m:	26.17	26.17	150m:	1:23.30	28.87	250m:	2:23.59	30.59	350m:	3:26.98	32.36
	100m:	54.43	28.26	200m:	1:53.00	29.70	300m:	2:54.62	31.03	400m:	3:56.10	29.12
	Bram Loots		Team NL - Team Noord Holland			200700197	3:56.10		+0,66	726		
	50m:	27.18	27.18	150m:	1:26.79	30.20	250m:	2:27.34	30.34	350m:	3:27.42	29.89
	100m:	56.59	29.41	200m:	1:57.00	30.21	300m:	2:57.53	30.19	400m:	3:56.10	28.68
7.	Youri Voet		ZPC AMERSFOORT			200502269	3:56.28		+0,70	724		
	50m:	26.76	26.76	150m:	1:26.21	30.08	250m:	2:27.04	30.32	350m:	3:27.40	29.71
	100m:	56.13	29.37	200m:	1:56.72	30.51	300m:	2:57.69	30.65	400m:	3:56.28	28.88
8.	Diede Veld		HZ&PC Heerenveen			200800011	3:59.63		+0,78	694		
	50m:	25.86	25.86	150m:	1:23.99	29.48	250m:	2:25.14	31.00	350m:	3:28.32	31.72
	100m:	54.51	28.65	200m:	1:54.14	30.15	300m:	2:56.60	31.46	400m:	3:59.63	31.31

Finale B

9.	Tobian Vos	ZPC AMERSFOORT				200900005	3:57.37		+0,68	714						
		50m:	26.28	26.28	150m:		1:25.09	29.55			250m:	2:25.71	30.55	350m:	3:27.71	30.90
		100m:	55.54	29.26	200m:		1:55.16	30.07			300m:	2:56.81	31.10	400m:	3:57.37	29.66
10.	Olivier Wilbers	De Dolfijn				200600181	4:00.63		+0,73	686						
		50m:	27.83	27.83	150m:		1:27.76	30.17			250m:	2:29.31	30.99	350m:	3:31.22	30.78
		100m:	57.59	29.76	200m:		1:58.32	30.56			300m:	3:00.44	31.13	400m:	4:00.63	29.41
11.	Milan Veelders	ZPC AMERSFOORT				200800279	4:04.05		+0,71	657						
		50m:	26.59	26.59	150m:		1:25.82	29.90			250m:	2:28.10	31.39	350m:	3:32.15	32.19
		100m:	55.92	29.33	200m:		1:56.71	30.89			300m:	2:59.96	31.86	400m:	4:04.05	31.90
12.	Rens Stijf	ZPC AMERSFOORT				200501419	4:04.99		+0,66	650						
		50m:	27.19	27.19	150m:		1:27.85	30.91			250m:	2:31.00	31.69	350m:	3:33.97	31.49
		100m:	56.94	29.75	200m:		1:59.31	31.46			300m:	3:02.48	31.48	400m:	4:04.99	31.02
13.	Jelte de Jong	ZPCH				200900975	4:08.99		+0,74	619						
		50m:	27.46	27.46	150m:		1:28.60	31.15			250m:	2:32.01	31.68	350m:	3:36.50	32.51
		100m:	57.45	29.99	200m:		2:00.33	31.73			300m:	3:03.99	31.98	400m:	4:08.99	32.49

B = Bonus inschrijving

Programmanr. 31, Heren, 400m vrije slag, Finale, senioren Open

rang	naam	vereniging						tijd		RT	FINA	para
14.	Bas Mostert	VZC						200800629		4:09.00	619	
	50m: 27.10	27.10	150m: 1:28.34	31.30	250m: 2:32.87	32.22	350m: 3:38.18				32.69	
	100m: 57.04	29.94	200m: 2:00.65	32.31	300m: 3:05.49	32.62	400m: 4:09.00				30.82	
15.	Stefan van der Meer	VZC						200901361		4:09.11 +0,66	618	
	50m: 27.26	27.26	150m: 1:29.55	31.66	250m: 2:33.73	32.29	350m: 3:37.83				31.76	
	100m: 57.89	30.63	200m: 2:01.44	31.89	300m: 3:06.07	32.34	400m: 4:09.11				31.28	
16.	Denzel Barthen	WVZ						200700147		4:11.76 +0,76	599	
	50m: 27.00	27.00	150m: 1:28.81	31.58	250m: 2:34.02	32.69	350m: 3:37.49				31.75	
	100m: 57.23	30.23	200m: 2:01.33	32.52	300m: 3:05.74	31.72	400m: 4:11.76				34.27	
NG	Sven Klink	Swol 1894						200500349				

B = Bonus inschrijving

Programmanr. 32
21-12-2025 - 17:19

Dames, 400m wisselslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
Finale A						
1.	Rhodee van den Ham	De Duinkickers	200700090	4:46.10	+0,73	712
	50m: 31.22	31.22 150m: 1:43.18	36.82 250m: 2:59.67	39.96 350m: 4:14.13		33.09
	100m: 1:06.36	35.14 200m: 2:19.71	36.53 300m: 3:41.04	41.37 400m: 4:46.10		31.97
2.	Djanilla Brink	Team NL - De Dolfijn	200600988	4:49.55	+0,62	686
	50m: 31.37	31.37 150m: 1:47.25	39.07 250m: 3:03.34	37.58 350m: 4:16.82		33.94
	100m: 1:08.18	36.81 200m: 2:25.76	38.51 300m: 3:42.88	39.54 400m: 4:49.55		32.73
3.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	4:49.88	+0,73	684
	50m: 30.56	30.56 150m: 1:41.68	36.71 250m: 3:01.31	43.60 350m: 4:19.05		33.26
	100m: 1:04.97	34.41 200m: 2:17.71	36.03 300m: 3:45.79	44.48 400m: 4:49.88		30.83
4.	Frouke Ludwig	DZ&PC	200800112	4:51.72		671
	50m: 30.62	30.62 150m: 1:42.21	36.59 250m: 3:01.29	43.40 350m: 4:19.75		34.36
	100m: 1:05.62	35.00 200m: 2:17.89	35.68 300m: 3:45.39	44.10 400m: 4:51.72		31.97
5.	Dachen Haaijer	ZPC Hoozeveen	200800380	4:57.27	+0,75	634
	50m: 32.27	32.27 150m: 1:47.61	38.22 250m: 3:06.72	41.40 350m: 4:23.92		34.86
	100m: 1:09.39	37.12 200m: 2:25.32	37.71 300m: 3:49.06	42.34 400m: 4:57.27		33.35
6.	Isa Schellekens	Zegenwerp	200002330	5:00.56	+0,75	614
	50m: 31.67	31.67 150m: 1:47.35	38.44 250m: 3:08.34	43.20 350m: 4:26.70		34.97
	100m: 1:08.91	37.24 200m: 2:25.14	37.79 300m: 3:51.73	43.39 400m: 5:00.56		33.86
7.	Luus Gielens	PSV	200900138	5:02.60	+0,87	601
	50m: 31.32	31.32 150m: 1:45.21	38.26 250m: 3:07.73	44.44 350m: 4:28.56		35.85
	100m: 1:06.95	35.63 200m: 2:23.29	38.08 300m: 3:52.71	44.98 400m: 5:02.60		34.04
8.	Annieke Rupke	WVZ	200700876	5:06.26	+0,77	580
	50m: 31.33	31.33 150m: 1:49.87	40.46 250m: 3:11.75	42.25 350m: 4:30.62		35.94
	100m: 1:09.41	38.08 200m: 2:29.50	39.63 300m: 3:54.68	42.93 400m: 5:06.26		35.64
Finale B						
9.	Mara Bosman	De Dolfijn	200303048	5:05.95	+0,69	582
	50m: 32.33	32.33 150m: 1:48.39	38.67 250m: 3:12.23	44.76 350m: 4:32.00		34.35
	100m: 1:09.72	37.39 200m: 2:27.47	39.08 300m: 3:57.65	45.42 400m: 5:05.95		33.95
10.	Meyke v. Nimwegen	De Schoteijl	200800106	5:07.80	+0,59	571
	50m: 31.83	31.83 150m: 1:48.91	38.81 250m: 3:12.03	44.81 350m: 4:32.88		35.61
	100m: 1:10.10	38.27 200m: 2:27.22	38.31 300m: 3:57.27	45.24 400m: 5:07.80		34.92
11.	Angelique van Vark	GZC DONK	199701478	5:10.61	+0,70	556
	50m: 33.36	33.36 150m: 1:53.20	40.56 250m: 3:17.16	44.61 350m: 4:37.06		35.23
	100m: 1:12.64	39.28 200m: 2:32.55	39.35 300m: 4:01.83	44.67 400m: 5:10.61		33.55
12.	Roos de Jong	ZCNF'34	200302948	5:15.23		532
	50m: 34.11	34.11 150m: 1:55.81	42.30 250m: 3:19.45	42.82 350m: 4:40.03		37.54
	100m: 1:13.51	39.40 200m: 2:36.63	40.82 300m: 4:02.49	43.04 400m: 5:15.23		35.20
13.	Michelle Zomerdijk	Dedemsvaart-AC	200003196	5:15.27	+0,74	532
	50m: 32.55	32.55 150m: 1:52.59	41.23 250m: 3:16.25	43.62 350m: 4:39.42		37.74
	100m: 1:11.36	38.81 200m: 2:32.63	40.04 300m: 4:01.68	45.43 400m: 5:15.27		35.85
14.	Jenny Muntinga	ZPCH	200900450	5:16.36	+0,67	526
	50m: 32.39	32.39 150m: 1:53.32	41.81 250m: 3:19.57	45.13 350m: 4:41.92		36.88
	100m: 1:11.51	39.12 200m: 2:34.44	41.12 300m: 4:05.04	45.47 400m: 5:16.36		34.44
15.	Niobe Maduro	Aqua-Novio'94	200800378	5:16.54	+0,78	525
	50m: 32.32	32.32 150m: 1:53.10	41.50 250m: 3:18.32	43.87 350m: 4:39.73		37.26
	100m: 1:11.60	39.28 200m: 2:34.45	41.35 300m: 4:02.47	44.15 400m: 5:16.54		36.81
16.	Marlies Dijsselhof	Dedemsvaart-AC	200601046	5:24.08	+0,81	489
	50m: 32.92	32.92 150m: 1:54.84	40.63 250m: 3:20.53	45.45 350m: 4:46.05		39.03
	100m: 1:14.21	41.29 200m: 2:35.08	40.24 300m: 4:07.02	46.49 400m: 5:24.08		38.03

B = Bonus inschrijving

Programmanr. 33
21-12-2025 - 17:33

Heren, 100m schoolslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
PARA Open								
1.	Rogier Dorsman <i>Wereld Record PARA, 50m</i>	TeamNL PARA - ZZ&PC De De	199900211 SB11 1:08.23	+0,66	5311104		31.34	1:08.23
2.	Cheng Van Vondel	KSN (SG)	200902673 SB8 1:33.69	+0,58	205 384		43.15	1:33.69
senioren Open								
Finale A								
1.	Jason van den Berg	Albion	200400009 58.83	+0,65	829		27.49	58.83
2.	Loek Huyghelier	Albion	200404903 59.04	+0,57	820		27.57	59.04
	Luca Janssen	Team NL - PSV	200403237 59.04	+0,72	820		27.95	59.04
4.	Steijn Louter	Hieronymus	200500793 59.52	+0,56	801		27.93	59.52
5.	Bram Zwetsloot	De Dolfijn	200202117 59.53	+0,62	800		27.58	59.53
6.	Noah de Schryver	De Dolfijn	200105483 1:00.23	+0,67	773		28.16	1:00.23
7.	Rick Bulman	Albion	200101899 1:01.07	+0,68	741		28.46	1:01.07
8.	Collin van der Hoff	Team NL - WVZ	200604357 1:01.36	+0,68	731		28.78	1:01.36
Finale B								
9.	Storm Boxum	Team NL - DZ&PC	200700421 1:01.81	+0,67	715		28.73	1:01.81
10.	Joost de R.	Albion	200000255 1:02.01	+0,70	708		28.74	1:02.01
11.	Wytse Broekstra	De Vikings	200800121 1:02.03	+0,69	707		29.15	1:02.03
12.	Juri Dijkstra	De Dolfijn	200002119 1:02.17	+0,69	703		28.71	1:02.17
13.	Roan van der weide	Blue Marlins	200601629 1:02.40	+0,64	695		29.00	1:02.40
14.	Thom Delno	VZC	200000013 1:02.46	+0,55	693		28.73	1:02.46
15.	Duncan van Haaren	ZPC AMERSFOORT	200000681 1:02.52	+0,70	691		29.12	1:02.52
16.	Job Sportel	De Dinkel	200800429 1:02.86	+0,62	680		29.34	1:02.86

B = Bonus inschrijving

Programmanr. 34
21-12-2025 - 17:42

Dames, 50m rugslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging			tijd	RT	FINA	para
PARA Open								
1.	Marije Oosterhuis	Azuro	199500318	S10	34.83	+0,62	380	808
2.	Suzie Pellis	TeamNL PARA - De Krabben	200701600	S9	36.13	+0,74	340	705
Nederlands Record PARA								
3.	Liesette Bruinsma	HZ&PC Heerenveen	200004346	S11	41.10 *	+0,62	231	635
4.	Milou van Winkel	WVZ	200402296	S14	36.04	+0,68	343	613
5.	Aguila Dolsma	Blue Marlins	200603902	S14	37.81	+0,73	297	531
6.	Gwyneth van der Spek	Batavia Swim	201102806	S7	48.88	+0,74	137	476
7.	Dannique Koolen	ZPC AMERSFOORT	199904048	S14	40.33	+0,60	244	438

senioren Open

Finale A

1.	Tessa Giele	Albion	200203124		26.46	+0,57	866
2.	Britta Koehorst	WVZ	200300246		27.71	+0,61	754
3.	Mare Schallenberg	Albion	200600078		27.88	+0,63	741
4.	Jinth Engelse	Team NL - Blue Marlins	200800204		28.07	+0,63	726
5.	Jetske Moot	ZPC AMERSFOORT	200400230		28.39	+0,65	701
6.	Maaïke Ooms	ZPC AMERSFOORT	200801580		28.40	+0,74	701
	Yke Groener	PSV	200500772		28.40	+0,71	701
8.	Elisabeth Timmer	Albion	200106446		28.45	+0,61	697

Finale B

9.	Manon Compagner	Dedemsvaart-AC	200101710		28.52	+0,73	692
10.	Ismay Lichtendonk	HZ&PC Heerenveen	200400622		28.61	+0,59	685
11.	Zinke Delcommune	PSV	200505416		28.70	+0,68	679
12.	Malin Roozeboom	WVZ	201100006		28.82	+0,65	670
13.	Joy Willekus	PSV	200602420		29.00	+0,64	658
14.	Amber Celie	De Dolfijn	200300756		29.26	+0,58	641
15.	Eefje Irvine	De Dolfijn	200700164		29.41	+0,61	631
16.	Silke Hooghiemstra	HZ&PC Heerenveen	200901224		29.78	+0,65	608
NG	Dachen Haaijer	ZPC Hoogeveen	200800380				
NG	Anne Engbersen	Albion	201000044				

B = Bonus inschrijving

Programmanr. 35
21-12-2025 - 17:48

Heren, 50m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
PARA Open							
1.	Rogier Dorsman <i>Wereld Record PARA</i>	TeamNL PARA - ZZ&PC De Devel	199900211 S11	25.24	+0,66	490	1079
2.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473 S13	24.65	+0,71	526	840
3.	Julian Hendriks	TeamNL PARA - De Otters Het Go	200603717 S7	30.99	+0,65	264	638
4.	Jesse Bruines	Batavia Swim	200402413 S8	30.91	+0,76	266	621
5.	Lars Jacobsen	DWK	199705453 S14	28.49	+0,83	340	562
6.	Thomas Braat	AZC	200802269 S14	28.76	+0,86	331	546
7.	Cheng Van Vondel	KSN (SG)	200902673 S9	32.10	+0,74	238	427

senioren Open

Finale A

1.	Brandon van den Berg	Albion	200200669	21.15	+0,68	832
2.	Sean Niewold	Albion	200204699	21.52	+0,67	790
3.	Marcel Hofstede	Blue Marlins	200603931	21.84	+0,58	756
4.	Perry Laarhoven	Albion	200301321	21.97	+0,69	743
	Floris Tanis	Albion	200700005	21.97	+0,70	743
6.	Stan Stevens	PSV	200305039	22.00	+0,68	740
7.	Giovanni Phillipson	Team NL - Team Noord Holland	200801099	22.13	+0,67	727
8.	Kingue Struijff	De Dolfijn	199400913	22.39	+0,54	702

Finale B

9.	Michael Smink	Albion	200302169	22.51	+0,66	690
10.	Simon Claasen	ZPC AMERSFOORT	200400231	22.67	+0,55	676
11.	Giulian Janssen	PSV	200900125	22.72	+0,65	671
12.	Siem de Zeeuw	Team NL - OZ&PC	200800013	22.73	+0,55	671
13.	Jesse van der A	De Dolfijn	199905303	22.75	+0,62	669
14.	Marlon Borger	PSV	200404817	22.85	+0,69	660
15.	Patriks Francis Pone	De Dolfijn	200504577	22.92	+0,62	654
16.	Piet-Hein Straver	PSV	200302527	23.05	+0,63	643
NG	Jesse Puts	Zwemlust-den Hommel	199401147			

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 36
21-12-2025 - 17:54

Dames, 200m vrije slag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging	tijd	RT	fin. FINA	para	50m	100m	150m	200m
PARA Open									
1. Amber van der Kruk	MSV-Zeemacht	200102730 S14	2:14.76	+0,84	548 763	29.95	1:03.16	1:38.49	2:14.76
2. Milou van Winkel	WVZ	200402296 S14	2:35.41	+0,55	357 497	32.59	1:11.95	1:53.45	2:35.41
3. Gwyneth van der S.	Batavia Swim	201102806 S7	3:15.27	+0,91	180 429	45.91	1:37.30	2:27.78	3:15.27
4. Jente Parlevliet	Noordwijkerhout	201003900 S14	2:54.04		254 354	39.11	1:24.58	2:11.90	2:54.04
senioren Open									
Finale A									
1. Imani de Jong	Team NL - PSV	200200464	1:55.94	+0,68	861	27.14	56.48	1:26.16	1:55.94
2. Angelina Rolman	Team NL - PSV	200701972	1:57.52	+0,70	827	27.95	57.89	1:27.72	1:57.52
3. Yara van Kalmthout	PSV	200200984	1:57.70	+0,52	823	27.38	57.09	1:26.86	1:57.70
4. Lotte Hosper	Team NL - Blue Marlins	200201414	1:58.51	+0,76	806	27.97	57.79	1:27.83	1:58.51
5. Yill van Bezouw	Hieronymus	201100704	1:59.15	+0,72	793	27.53	57.75	1:28.68	1:59.15
6. Nynke Boerefijn	ZPC AMERSFOORT	200700114	1:59.23	+0,67	791	27.82	58.10	1:28.57	1:59.23
7. Kirsten Verhalle	PSV	200400210	1:59.49	+0,73	786	27.10	56.90	1:27.81	1:59.49
8. Sara Korthuis	DZ&PC	200600494	2:01.22	+0,78	753	28.14	58.71	1:30.23	2:01.22
Finale B									
9. Maaïke Ooms	ZPC AMERSFOORT	200801580	2:01.90	+0,82	741	28.08	59.08	1:30.94	2:01.90
10. Colinda van der Z.	Aqua-Novio'94	200502618	2:02.47	+0,72	730	27.79	58.93	1:30.80	2:02.47
11. Marin Wieling	ZPC AMERSFOORT	200501220	2:03.68	+0,71	709	28.33	59.12	1:31.37	2:03.68
12. Hannah Huisman	De Dolfijn	201000002	2:03.96	+0,65	704	28.45	1:00.04	1:32.52	2:03.96
13. Fay Boxum	DZ&PC	200900060	2:05.40	+0,75	680	28.19	59.83	1:32.37	2:05.40
14. Ilona Weisz	ZPC AMERSFOORT	201004146	2:05.94	+0,71	671	28.92	1:00.38	1:33.15	2:05.94
15. Fenna Westerneng	DZ&PC	200900070	2:06.10	+0,75	669	29.15	1:00.91	1:33.64	2:06.10
16. Luus Gielen	PSV	200900138	2:06.11	+0,82	669	28.84	1:00.41	1:33.15	2:06.11

B = Bonus inschrijving

Programmanr. 37
21-12-2025 - 18:06

Heren, 200m rugslag

senioren Open
Resultaten Finale

Punten: AQUA 2025

rang naam	vereniging		tijd	RT	fin. FINA	para	50m	100m	150m	200m
Finale A										
1. Hendrik van der L.	PSV	200404339	1:53.47	+0,57	806		26.02	54.32	1:23.46	1:53.47
2. Giovanni Phillipson	Team NL - Team Noord Holl	200801099	1:57.52	+0,64	726		28.01	58.20	1:28.63	1:57.52
3. Sam Adams	De Dolfijn	200704081	2:02.00	+0,65	649		28.39	58.97	1:30.59	2:02.00
4. Jelle Betten	DZ&PC	200001535	2:02.93	+0,60	634		27.56	57.81	1:29.82	2:02.93
5. Sven Klink	Swol 1894	200500349	2:04.45	+0,70	611		28.68	1:00.01	1:32.30	2:04.45
6. Tiamo van der Veen	Dedemsvaart-AC	200600033	2:05.21	+0,61	600		28.92	1:00.35	1:32.62	2:05.21
7. Jaydey Schonewille	Steenwijk 1934	200800025	2:07.60	+0,71	567		28.98	1:00.63	1:33.87	2:07.60
8. Thom de Hoog	Albion	200600019	2:08.39	+0,63	556		29.47	1:01.62	1:34.78	2:08.39
Finale B										
9. Luca Boorsma	De Dolfijn	200902031	2:06.31	+0,57	584		28.03	59.95	1:32.95	2:06.31
10. Rian Schoneveld	De Berkelduikers	200801789	2:06.96	+0,59	575		29.32	1:02.16	1:34.82	2:06.96
11. Rijk Leenders	VZC	200800627	2:07.38	+0,63	570		29.62	1:01.82	1:35.16	2:07.38
12. Mattia Maggio	Hellas-Glana	200903311	2:09.09	+0,62	547		30.17	1:03.36	1:36.35	2:09.09
13. Sverre van der Zwaan	WVZ	200900737	2:10.22	+0,60	533		30.07	1:03.07	1:36.71	2:10.22
14. Niek Sonneveld	WVZ	200802631	2:10.51	+0,64	530		30.21	1:03.29	1:36.85	2:10.51
15. Stefan van der Meer	VZC	200901361	2:10.82	+0,61	526		30.19	1:03.35	1:37.25	2:10.82
16. Duuk Harms	Dedemsvaart-AC	200900201	2:15.46	+0,65	474		30.19	1:04.37	1:39.80	2:15.46
NG Raf Hendriks	Hellas-Glana	200100879								
NG Vanja Kvocka	Hellas-Glana	200904007								

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 47
21-12-2025 - 18:14

Heren, 50m vrije slag

senioren Open
Resultaten Time Trial

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
1.	Jesse Puts	Zweamlust-den Hommel	199401147	21.84	+0,60	756	

B = Bonus inschrijving

Splash Meet Manager, 11.83082

Registered to KNZB

21-12-2025 20:47 - pagina 154



Programmanr. 38
21-12-2025 - 18:36

Dames, 100m schoolslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
PARA Open								
1.	Aguila Dolsma	Blue Marlins	200603902 SB14	1:25.15	+0,78	392 619	40.47	1:25.15
2.	Gwyneth van der Spek	Batavia Swim	201102806 SB6	1:53.49		165 509	54.96	1:53.49
3.	Jente Parlevliet	Noordwijkerhout	201003900 SB14	1:39.51	+0,79	246 388	47.13	1:39.51
senioren Open								
Finale A								
1.	Britta Koehorst	WVZ	200300246	1:07.58	+0,67	785	31.16	1:07.58
2.	Lynn Blommers	Blue Marlins	200105062	1:08.19	+0,65	764	31.64	1:08.19
3.	Jade Geurts	WVZ	200402278	1:08.35	+0,74	759	32.30	1:08.35
4.	Sterre Hendriks	De Dolfijn	200401288	1:08.37	+0,54	758	31.65	1:08.37
5.	Nina Zusterzeel	PSV	200800656	1:08.57	+0,60	752	31.90	1:08.57
	Hanna Kareinen	De Dolfijn	200006774	1:08.57	+0,67	752	32.05	1:08.57
7.	Jill Nai Chung Tong	WVZ	200404272	1:08.97	+0,68	739	32.05	1:08.97
8.	Rafaela Mulders	Team Noord Holland (SG)	200701398	1:10.04	+0,76	705	32.89	1:10.04
Finale B								
9.	Benigna Kocsispeter	Hellas-Glana	200702058	1:09.21	+0,58	731	32.36	1:09.21
10.	Zinke Delcommune	PSV	200505416	1:09.66	+0,70	717	32.99	1:09.66
11.	Hylcke de Beer	PSV	200700006	1:09.86	+0,69	711	32.39	1:09.86
12.	Joy Willekus	PSV	200602420	1:10.60	+0,58	689	32.59	1:10.60
13.	Bridget Vermeer	ZPC AMERSFOORT	200501766	1:10.98	+0,71	678	32.37	1:10.98
14.	Colinda van der Zanden	Aqua-Novio'94	200502618	1:11.49	+0,76	663	33.92	1:11.49
15.	Tess Vonk	De Geul	200900024	1:12.36	+0,67	640	34.24	1:12.36
16.	Nieke Dovic	PSV	200700238	1:12.79	+0,80	628	34.16	1:12.79

B = Bonus inschrijving

Programmanr. 39
21-12-2025 - 18:45

Heren, 50m vlinderslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	FINA	para
PARA Open							
1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De Devel	199900211	S11	28.35	+0,67	425 956
2.	Jesse Bruines	Batavia Swim	200402413	S8	35.50		216 481
3.	Cheng Van Vondel	KSN (SG)	200902673	S9	35.21	+0,73	222 430
4.	Thomas Braat	AZC	200802269	S14	34.36		238 389

senioren Open

Finale A

1.	Sean Niewold	Albion	200204699		22.65	+0,66	833
2.	Thomas Verhoeven	Albion	199700311		23.13	+0,64	783
3.	Jesse Puts	Zwemlust-den Hommel	199401147		23.22	+0,59	774
4.	Michael Smink	Albion	200302169		23.69	+0,52	728
5.	Simon Claasen	ZPC AMERSFOORT	200400231		23.80	+0,56	718
6.	Stan Stevens	PSV	200305039		23.99	+0,66	701
7.	Lars Bulman	Albion	200600125		24.29	+0,63	676
8.	Piet-Hein Straver	PSV	200302527		24.41	+0,63	666

Finale B

9.	Joshua Agussalim	WVZ	200600153		24.08	+0,64	694
10.	Kaan Sudak	Albion	200803733		24.29	+0,54	676
11.	Matthijs van Meerendonk	DZ&PC	199900375		24.58	+0,62	652
12.	Marlon Borger	PSV	200404817		24.84	+0,70	632
13.	Lars Minnaert	PSV	200502355		24.98	+0,60	621
14.	Kalle van Gemert	ZPC De Zeeuwse Kust	199801259		25.00	+0,65	620
15.	Quinten B.	TriVia	200700001		25.05	+0,64	616
16.	Rick van Hamond	Zegenwerp	199205873		25.09	+0,53	613

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19- - 21-12-2025



Programmanr. 40
21-12-2025 - 18:51

Dames, 100m vlinderslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging		tijd	RT	fin.FINA	para	50m	100m
PARA Open									
1.	Liesette Bruinsma <i>Nederlands Record PARA</i>	HZ&PC Heerenveen	200004346 S11	1:19.26	+0,66	294	865	36.65	1:19.26
2.	Suzie Pellis	TeamNL PARA - De Krabben	200701600 S9	1:17.92		309	550	36.53	1:17.92

senioren Open

Finale A

1.	Tessa Giele	Albion	200203124	56.92	+0,65	794		26.68	56.92
2.	Evy Rozeboom	Team NL - DAW	200601338	59.31	+0,76	701		27.70	59.31
3.	Kinge Zandringa	De Dolfijn	199801422	59.35	+0,60	700		27.28	59.35
4.	Jinth Engelse	Team NL - Blue Marlins	200800204	1:00.00	+0,70	677		27.64	1:00.00
5.	Elise Tanis	De Dolfijn	200200120	1:00.07	+0,55	675		27.93	1:00.07
6.	Kim Busch	Team NL - PSV	199801450	1:00.15	+0,75	672		27.93	1:00.15
7.	Alinda Dingshoff	De Dolfijn	200000928	1:00.70	+0,75	654		28.44	1:00.70
8.	Hannah Huisman	De Dolfijn	201000002	1:01.02	+0,74	644		28.44	1:01.02

Finale B

9.	Megan Jonkman	Albion	200600508	1:00.67	+0,73	655		28.09	1:00.67
10.	Manon Compagner	Dedemsvaart-AC	200101710	1:01.24	+0,65	637		28.26	1:01.24
11.	Jasmine Vaartjes	Blue Marlins	200903658	1:02.36		603		28.92	1:02.36
12.	Juliëtte Woltjes	VZC	200900774	1:02.86	+0,78	589		29.31	1:02.86
13.	Elin Ditewig	VZC	200900392	1:03.10	+0,67	582		29.12	1:03.10
14.	Emma Hofstee	TriVia	200401282	1:03.31	+0,70	577		29.06	1:03.31
15.	Amber Celie	De Dolfijn	200300756	1:03.93	+0,73	560		29.37	1:03.93
16.	Michelle van Wijk	WWV Winterswijk	200204746	1:04.29	+0,74	551		29.49	1:04.29

B = Bonus inschrijving



Nederlandse Kampioenschappen korte baan 2025
Den Haag, 19 - 21-12-2025



Programmanr. 41
21-12-2025 - 19:00

Heren, 100m wisselslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	fin.FINA	para	50m	100m
PARA Open								
1.	Rogier Dorsman	TeamNL PARA - ZZ&PC De De	199900211 SM11	1:03.97	+0,68	4571257	30.74	1:03.97
2.	Thomas van Wanrooij	TeamNL PARA - PSV	200201473 SM13	59.72	+0,68	5611090	27.01	59.72
3.	Jesse Bruines	Batavia Swim	200402413 SM8	1:25.20	+0,75	193 562	38.87	1:25.20

senioren Open

Finale A

1.	Giovanni Phillipson	Team NL - Team Noord Hollanc	200801099	53.48	+0,68	782	24.13	53.48
<i>Nederlands Junior Record</i>								
2.	Ensgel Kotterink	Albion	199403391	54.28	+0,63	748	24.77	54.28
3.	Nikodim Markovic	Albion	200700255	54.77	+0,61	728	24.91	54.77
4.	Perry Laarhoven	Albion	200301321	54.84	+0,72	725	25.43	54.84
5.	Ivo Stolk	Albion	200100615	55.50	+0,67	700	25.09	55.50
6.	Simon Claasen	ZPC AMERSFOORT	200400231	55.51	+0,46	699	25.37	55.51
7.	Boele Böhm	Blue Marlins	200700739	56.20	+0,67	674	25.87	56.20
8.	Wytse Broekstra	De Vikings	200800121	56.55	+0,71	661	26.17	56.55

Finale B

9.	Lars Bulman	Albion	200600125	56.52	+0,65	662	25.34	56.52
10.	Floris Stork	DZ&PC	200305075	56.68	+0,60	657	26.75	56.68
11.	Viktor Koets	Blue Marlins	200201677	56.71	+0,74	656	26.24	56.71
12.	Sven Klink	Swol 1894	200500349	57.18	+0,71	640	26.27	57.18
13.	Collin van der Hoff	Team NL - WVZ	200604357	57.38	+0,64	633	26.70	57.38
14.	Lars Minnaert	PSV	200502355	57.68	+0,59	623	25.54	57.68
15.	Siem de Zeeuw	Team NL - OZ&PC	200800013	58.10	+0,70	610	27.21	58.10
16.	Job Sportel	De Dinkel	200800429	58.87	+0,65	586	27.00	58.87

B = Bonus inschrijving

Programmanr. 42
21-12-2025 - 19:09

Dames, 1500m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para		
Onder 18								
1.	Jade van der Schrier	AZC	200800692	16:32.82	+0,76	765		
	50m: 30.19	30.19	450m: 4:53.63	33.17	850m: 9:20.40	33.20	1250m: 13:48.90	33.42
	100m: 1:02.53	32.34	500m: 5:26.92	33.29	900m: 9:54.00	33.60	1300m: 14:22.42	33.52
	150m: 1:35.29	32.76	550m: 6:00.18	33.26	950m: 10:27.66	33.66	1350m: 14:55.90	33.48
	200m: 2:08.24	32.95	600m: 6:33.57	33.39	1000m: 11:01.32	33.66	1400m: 15:29.21	33.31
	250m: 2:41.12	32.88	650m: 7:06.95	33.38	1050m: 11:34.96	33.64	1450m: 16:02.25	33.04
	300m: 3:14.17	33.05	700m: 7:40.41	33.46	1100m: 12:08.47	33.51	1500m: 16:32.82	30.57
	350m: 3:47.25	33.08	750m: 8:13.87	33.46	1150m: 12:42.01	33.54		
	400m: 4:20.46	33.21	800m: 8:47.20	33.33	1200m: 13:15.48	33.47		
2.	Laura van Etten	HZ&PC Heerenveen	200800264	17:24.82	+0,89	656		
	50m: 30.40	30.40	450m: 5:05.60	34.67	850m: 9:45.94	34.77	1250m: 14:28.84	36.49
	100m: 1:04.21	33.81	500m: 5:40.67	35.07	900m: 10:21.02	35.08	1300m: 15:04.11	35.27
	150m: 1:38.44	34.23	550m: 6:15.90	35.23	950m: 10:56.23	35.21	1350m: 15:40.24	36.13
	200m: 2:12.53	34.09	600m: 6:50.72	34.82	1000m: 11:31.51	35.28	1400m: 16:15.70	35.46
	250m: 2:47.17	34.64	650m: 7:25.60	34.88	1050m: 12:06.36	34.85	1450m: 16:51.38	35.68
	300m: 3:21.81	34.64	700m: 8:00.69	35.09	1100m: 12:41.80	35.44	1500m: 17:24.82	33.44
	350m: 3:56.34	34.53	750m: 8:35.91	35.22	1150m: 13:16.97	35.17		
	400m: 4:30.93	34.59	800m: 9:11.17	35.26	1200m: 13:52.35	35.38		
3.	Julie van Nispen	Nuenen	200800290	17:32.27		643		
	50m: 30.41	30.41	450m: 5:06.50	34.63	850m: 9:49.94	35.58	1250m: 14:36.52	35.99
	100m: 1:04.78	34.37	500m: 5:41.65	35.15	900m: 10:25.96	36.02	1300m: 15:12.29	35.77
	150m: 1:38.18	33.40	550m: 6:17.02	35.37	950m: 11:01.61	35.65	1350m: 15:47.58	35.29
	200m: 2:12.41	34.23	600m: 6:52.21	35.19	1000m: 11:37.58	35.97	1400m: 16:22.74	35.16
	250m: 2:46.92	34.51	650m: 7:27.47	35.26	1050m: 12:13.49	35.91	1450m: 16:58.04	35.30
	300m: 3:21.59	34.67	700m: 8:02.91	35.44	1100m: 12:49.77	36.28	1500m: 17:32.27	34.23
	350m: 3:56.78	35.19	750m: 8:38.55	35.64	1150m: 13:24.95	35.18		
	400m: 4:31.87	35.09	800m: 9:14.36	35.81	1200m: 14:00.53	35.58		
4.	Esmee Ykema	HZ&PC Heerenveen	200801710	18:45.98	+0,79	524		
	50m: 32.32	32.32	450m: 5:35.48	38.09	850m: 10:39.26	38.37	1250m: 15:42.49	37.20
	100m: 1:08.76	36.44	500m: 6:14.16	38.68	900m: 11:16.87	37.61	1300m: 16:20.20	37.71
	150m: 1:46.75	37.99	550m: 6:52.29	38.13	950m: 11:54.93	38.06	1350m: 16:57.04	36.84
	200m: 2:24.99	38.24	600m: 7:30.63	38.34	1000m: 12:33.76	38.83	1400m: 17:34.12	37.08
	250m: 3:03.05	38.06	650m: 8:07.61	36.98	1050m: 13:11.92	38.16	1450m: 18:10.59	36.47
	300m: 3:41.12	38.07	700m: 8:44.80	37.19	1100m: 13:49.52	37.60	1500m: 18:45.98	35.39
	350m: 4:19.40	38.28	750m: 9:22.70	37.90	1150m: 14:27.30	37.78		
	400m: 4:57.39	37.99	800m: 10:00.89	38.19	1200m: 15:05.29	37.99		
NG	Bregje Dekkers	PSV	200900746					
Onder 20								
1.	Hedwig Bolt	HZ&PC Heerenveen	200602660	16:37.46	+0,64	754		
	50m: 29.94	29.94	450m: 4:54.30	33.33	850m: 9:22.19	33.61	1250m: 13:51.39	33.56
	100m: 1:02.31	32.37	500m: 5:27.61	33.31	900m: 9:55.77	33.58	1300m: 14:25.12	33.73
	150m: 1:35.14	32.83	550m: 6:01.01	33.40	950m: 10:29.36	33.59	1350m: 14:58.73	33.61
	200m: 2:08.20	33.06	600m: 6:34.45	33.44	1000m: 11:02.95	33.59	1400m: 15:32.30	33.57
	250m: 2:41.33	33.13	650m: 7:07.90	33.45	1050m: 11:36.63	33.68	1450m: 16:05.32	33.02
	300m: 3:14.56	33.23	700m: 7:41.52	33.62	1100m: 12:10.33	33.70	1500m: 16:37.46	32.14
	350m: 3:47.71	33.15	750m: 8:15.06	33.54	1150m: 12:44.01	33.68		
	400m: 4:20.97	33.26	800m: 8:48.58	33.52	1200m: 13:17.83	33.82		
2.	Veerle de Ridder	HZ&PC Heerenveen	200700778	17:33.86	+0,69	640		
	50m: 29.65	29.65	450m: 5:10.44	34.96	850m: 9:53.39	35.22	1250m: 14:39.12	35.95
	100m: 1:04.10	34.45	500m: 5:45.49	35.05	900m: 10:29.26	35.87	1300m: 15:14.99	35.87
	150m: 1:38.98	34.88	550m: 6:21.07	35.58	950m: 11:04.89	35.63	1350m: 15:50.03	35.04
	200m: 2:14.40	35.42	600m: 6:56.33	35.26	1000m: 11:40.54	35.65	1400m: 16:25.58	35.55
	250m: 2:49.66	35.26	650m: 7:31.63	35.30	1050m: 12:15.90	35.36	1450m: 17:00.68	35.10
	300m: 3:24.90	35.24	700m: 8:06.85	35.22	1100m: 12:51.86	35.96	1500m: 17:33.86	33.18
	350m: 4:00.09	35.19	750m: 8:42.14	35.29	1150m: 13:27.92	36.06		
	400m: 4:35.48	35.39	800m: 9:18.17	36.03	1200m: 14:03.17	35.25		
3.	Imre Bouwland	ZPC Hoozeveen	200700388	18:06.95	+0,57	583		
	50m: 31.16	31.16	450m: 5:19.25	36.60	850m: 10:13.28	36.88	1250m: 15:07.88	36.82
	100m: 1:06.37	35.21	500m: 5:55.95	36.70	900m: 10:50.00	36.72	1300m: 15:43.97	36.09
	150m: 1:42.33	35.96	550m: 6:32.48	36.53	950m: 11:26.77	36.77	1350m: 16:20.36	36.39
	200m: 2:18.29	35.96	600m: 7:09.18	36.70	1000m: 12:03.49	36.72	1400m: 16:56.64	36.28
	250m: 2:53.93	35.64	650m: 7:46.07	36.89	1050m: 12:40.56	37.07	1450m: 17:32.62	35.98
	300m: 3:29.70	35.77	700m: 8:22.77	36.70	1100m: 13:17.22	36.66	1500m: 18:06.95	34.33
	350m: 4:06.12	36.42	750m: 8:59.43	36.66	1150m: 13:53.93	36.71		
	400m: 4:42.65	36.53	800m: 9:36.40	36.97	1200m: 14:31.06	37.13		

B = Bonus inschrijving

Programmanr. 42, Dames, 1500m vrije slag

senioren Open

1. Marte Hieke van der Kamp Kampioenschaps Record	HZ&PC Heerenveen		200500218		16:15.68		+0,72		806		
50m:	29.78	29.78	450m:	4:50.71	32.73	850m:	9:13.12	32.75	1250m:	13:35.50	32.83
100m:	1:01.86	32.08	500m:	5:23.48	32.77	900m:	9:45.92	32.80	1300m:	14:08.30	32.80
150m:	1:34.35	32.49	550m:	5:56.27	32.79	950m:	10:18.76	32.84	1350m:	14:40.91	32.61
200m:	2:06.90	32.55	600m:	6:29.17	32.90	1000m:	10:51.59	32.83	1400m:	15:13.76	32.85
250m:	2:39.59	32.69	650m:	7:01.91	32.74	1050m:	11:24.37	32.78	1450m:	15:46.43	32.67
300m:	3:12.44	32.85	700m:	7:34.78	32.87	1100m:	11:57.09	32.72	1500m:	16:15.68	29.25
350m:	3:45.23	32.79	750m:	8:07.60	32.82	1150m:	12:29.86	32.77			
400m:	4:17.98	32.75	800m:	8:40.37	32.77	1200m:	13:02.67	32.81			
2. Jade van der Schrier	AZC		200800692		16:32.82		+0,76		765		
50m:	30.19	30.19	450m:	4:53.63	33.17	850m:	9:20.40	33.20	1250m:	13:48.90	33.42
100m:	1:02.53	32.34	500m:	5:26.92	33.29	900m:	9:54.00	33.60	1300m:	14:22.42	33.52
150m:	1:35.29	32.76	550m:	6:00.18	33.26	950m:	10:27.66	33.66	1350m:	14:55.90	33.48
200m:	2:08.24	32.95	600m:	6:33.57	33.39	1000m:	11:01.32	33.66	1400m:	15:29.21	33.31
250m:	2:41.12	32.88	650m:	7:06.95	33.38	1050m:	11:34.96	33.64	1450m:	16:02.25	33.04
300m:	3:14.17	33.05	700m:	7:40.41	33.46	1100m:	12:08.47	33.51	1500m:	16:32.82	30.57
350m:	3:47.25	33.08	750m:	8:13.87	33.46	1150m:	12:42.01	33.54			
400m:	4:20.46	33.21	800m:	8:47.20	33.33	1200m:	13:15.48	33.47			
3. Hedwig Bolt	HZ&PC Heerenveen		200602660		16:37.46		+0,64		754		
50m:	29.94	29.94	450m:	4:54.30	33.33	850m:	9:22.19	33.61	1250m:	13:51.39	33.56
100m:	1:02.31	32.37	500m:	5:27.61	33.31	900m:	9:55.77	33.58	1300m:	14:25.12	33.73
150m:	1:35.14	32.83	550m:	6:01.01	33.40	950m:	10:29.36	33.59	1350m:	14:58.73	33.61
200m:	2:08.20	33.06	600m:	6:34.45	33.44	1000m:	11:02.95	33.59	1400m:	15:32.30	33.57
250m:	2:41.33	33.13	650m:	7:07.90	33.45	1050m:	11:36.63	33.68	1450m:	16:05.32	33.02
300m:	3:14.56	33.23	700m:	7:41.52	33.62	1100m:	12:10.33	33.70	1500m:	16:37.46	32.14
350m:	3:47.71	33.15	750m:	8:15.06	33.54	1150m:	12:44.01	33.68			
400m:	4:20.97	33.26	800m:	8:48.58	33.52	1200m:	13:17.83	33.82			
4. Alinda Dingshoff	De Dolfijn		200000928		17:16.90		+0,82		672		
50m:	31.32	31.32	450m:	5:07.47	34.82	850m:	9:45.02	34.87	1250m:	14:24.50	34.63
100m:	1:05.06	33.74	500m:	5:42.25	34.78	900m:	10:19.94	34.92	1300m:	14:59.46	34.96
150m:	1:39.17	34.11	550m:	6:16.99	34.74	950m:	10:55.12	35.18	1350m:	15:34.52	35.06
200m:	2:13.57	34.40	600m:	6:51.51	34.52	1000m:	11:29.93	34.81	1400m:	16:09.59	35.07
250m:	2:48.20	34.63	650m:	7:26.09	34.58	1050m:	12:04.57	34.64	1450m:	16:43.72	34.13
300m:	3:22.88	34.68	700m:	8:00.83	34.74	1100m:	12:39.35	34.78	1500m:	17:16.90	33.18
350m:	3:57.74	34.86	750m:	8:35.37	34.54	1150m:	13:14.81	35.46			
400m:	4:32.65	34.91	800m:	9:10.15	34.78	1200m:	13:49.87	35.06			
5. Roos Englebert	Hieronymus		200200606		17:18.80		+0,77		668		
50m:	30.81	30.81	450m:	5:05.09	34.53	850m:	9:45.85	35.19	1250m:	14:26.06	34.87
100m:	1:04.20	33.39	500m:	5:40.01	34.92	900m:	10:21.05	35.20	1300m:	15:00.95	34.89
150m:	1:38.11	33.91	550m:	6:14.87	34.86	950m:	10:56.15	35.10	1350m:	15:35.77	34.82
200m:	2:12.33	34.22	600m:	6:49.87	35.00	1000m:	11:31.13	34.98	1400m:	16:10.57	34.80
250m:	2:47.04	34.71	650m:	7:25.03	35.16	1050m:	12:06.13	35.00	1450m:	16:45.10	34.53
300m:	3:21.61	34.57	700m:	8:00.28	35.25	1100m:	12:41.33	35.20	1500m:	17:18.80	33.70
350m:	3:56.09	34.48	750m:	8:35.56	35.28	1150m:	13:16.31	34.98			
400m:	4:30.56	34.47	800m:	9:10.66	35.10	1200m:	13:51.19	34.88			
6. Laura van Etten	HZ&PC Heerenveen		200800264		17:24.82		+0,89		656		
50m:	30.40	30.40	450m:	5:05.60	34.67	850m:	9:45.94	34.77	1250m:	14:28.84	36.49
100m:	1:04.21	33.81	500m:	5:40.67	35.07	900m:	10:21.02	35.08	1300m:	15:04.11	35.27
150m:	1:38.44	34.23	550m:	6:15.90	35.23	950m:	10:56.23	35.21	1350m:	15:40.24	36.13
200m:	2:12.53	34.09	600m:	6:50.72	34.82	1000m:	11:31.51	35.28	1400m:	16:15.70	35.46
250m:	2:47.17	34.64	650m:	7:25.60	34.88	1050m:	12:06.36	34.85	1450m:	16:51.38	35.68
300m:	3:21.81	34.64	700m:	8:00.69	35.09	1100m:	12:41.80	35.44	1500m:	17:24.82	33.44
350m:	3:56.34	34.53	750m:	8:35.91	35.22	1150m:	13:16.97	35.17			
400m:	4:30.93	34.59	800m:	9:11.17	35.26	1200m:	13:52.35	35.38			
7. Julie van Nispen	Nuenen		200800290		17:32.27				643		
50m:	30.41	30.41	450m:	5:06.50	34.63	850m:	9:49.94	35.58	1250m:	14:36.52	35.99
100m:	1:04.78	34.37	500m:	5:41.65	35.15	900m:	10:25.96	36.02	1300m:	15:12.29	35.77
150m:	1:38.18	33.40	550m:	6:17.02	35.37	950m:	11:01.61	35.65	1350m:	15:47.58	35.29
200m:	2:12.41	34.23	600m:	6:52.21	35.19	1000m:	11:37.58	35.97	1400m:	16:22.74	35.16
250m:	2:46.92	34.51	650m:	7:27.47	35.26	1050m:	12:13.49	35.91	1450m:	16:58.04	35.30
300m:	3:21.59	34.67	700m:	8:02.91	35.44	1100m:	12:49.77	36.28	1500m:	17:32.27	34.23
350m:	3:56.78	35.19	750m:	8:38.55	35.64	1150m:	13:24.95	35.18			
400m:	4:31.87	35.09	800m:	9:14.36	35.81	1200m:	14:00.53	35.58			
8. Veerle de Ridder	HZ&PC Heerenveen		200700778		17:33.86		+0,69		640		
50m:	29.65	29.65	450m:	5:10.44	34.96	850m:	9:53.39	35.22	1250m:	14:39.12	35.95
100m:	1:04.10	34.45	500m:	5:45.49	35.05	900m:	10:29.26	35.87	1300m:	15:14.99	35.87
150m:	1:38.98	34.88	550m:	6:21.07	35.58	950m:	11:04.89	35.63	1350m:	15:50.03	35.04
200m:	2:14.40	35.42	600m:	6:56.33	35.26	1000m:	11:40.54	35.65	1400m:	16:25.58	35.55
250m:	2:49.66	35.26	650m:	7:31.63	35.30	1050m:	12:15.90	35.36	1450m:	17:00.68	35.10
300m:	3:24.90	35.24	700m:	8:06.85	35.22	1100m:	12:51.86	35.96	1500m:	17:33.86	33.18
350m:	4:00.09	35.19	750m:	8:42.14	35.29	1150m:	13:27.92	36.06			
400m:	4:35.48	35.39	800m:	9:18.17	36.03	1200m:	14:03.17	35.25			

B = Bonus inschrijving

Programmanr. 42, Dames, 1500m vrije slag, senioren Open

rang	naam	vereniging		tijd		RT	FINA	para
9.	Mara Bosman	De Dolfijn		200303048		17:33.88	+0,73	640
	50m: 30.63	30.63	450m: 5:08.94	35.28	850m: 9:53.22	35.61	1250m: 14:37.51	35.36
	100m: 1:04.34	33.71	500m: 5:44.34	35.40	900m: 10:29.12	35.90	1300m: 15:13.17	35.66
	150m: 1:38.54	34.20	550m: 6:19.60	35.26	950m: 11:04.74	35.62	1350m: 15:48.65	35.48
	200m: 2:13.21	34.67	600m: 6:55.19	35.59	1000m: 11:40.57	35.83	1400m: 16:24.06	35.41
	250m: 2:48.10	34.89	650m: 7:30.89	35.70	1050m: 12:15.81	35.24	1450m: 16:59.47	35.41
	300m: 3:23.19	35.09	700m: 8:06.22	35.33	1100m: 12:51.74	35.93	1500m: 17:33.88	34.41
	350m: 3:58.26	35.07	750m: 8:42.05	35.83	1150m: 13:26.56	34.82		
	400m: 4:33.66	35.40	800m: 9:17.61	35.56	1200m: 14:02.15	35.59		
10.	Imre Bouwland	ZPC Hoogetveen		200700388		18:06.95	+0,57	583
	50m: 31.16	31.16	450m: 5:19.25	36.60	850m: 10:13.28	36.88	1250m: 15:07.88	36.82
	100m: 1:06.37	35.21	500m: 5:55.95	36.70	900m: 10:50.00	36.72	1300m: 15:43.97	36.09
	150m: 1:42.33	35.96	550m: 6:32.48	36.53	950m: 11:26.77	36.77	1350m: 16:20.36	36.39
	200m: 2:18.29	35.96	600m: 7:09.18	36.70	1000m: 12:03.49	36.72	1400m: 16:56.64	36.28
	250m: 2:53.93	35.64	650m: 7:46.07	36.89	1050m: 12:40.56	37.07	1450m: 17:32.62	35.98
	300m: 3:29.70	35.77	700m: 8:22.77	36.70	1100m: 13:17.22	36.66	1500m: 18:06.95	34.33
	350m: 4:06.12	36.42	750m: 8:59.43	36.66	1150m: 13:53.93	36.71		
	400m: 4:42.65	36.53	800m: 9:36.40	36.97	1200m: 14:31.06	37.13		
11.	Maaïke Vooren	DAW		199103324		18:29.57		548
	50m: 32.60	32.60	450m: 5:27.64	36.86	850m: 10:23.36	37.02	1250m: 15:22.75	37.75
	100m: 1:08.74	36.14	500m: 6:04.60	36.96	900m: 11:00.47	37.11	1300m: 16:00.72	37.97
	150m: 1:45.61	36.87	550m: 6:41.41	36.81	950m: 11:37.98	37.51	1350m: 16:37.84	37.12
	200m: 2:22.69	37.08	600m: 7:18.12	36.71	1000m: 12:15.32	37.34	1400m: 17:15.48	37.64
	250m: 2:59.74	37.05	650m: 7:55.14	37.02	1050m: 12:52.83	37.51	1450m: 17:53.12	37.64
	300m: 3:36.86	37.12	700m: 8:32.11	36.97	1100m: 13:30.04	37.21	1500m: 18:29.57	36.45
	350m: 4:13.96	37.10	750m: 9:09.25	37.14	1150m: 14:07.56	37.52		
	400m: 4:50.78	36.82	800m: 9:46.34	37.09	1200m: 14:45.00	37.44		
12.	Esmee Ykema	HZ&PC Heerenveen		200801710		18:45.98	+0,79	524
	50m: 32.32	32.32	450m: 5:35.48	38.09	850m: 10:39.26	38.37	1250m: 15:42.49	37.20
	100m: 1:08.76	36.44	500m: 6:14.16	38.68	900m: 11:16.87	37.61	1300m: 16:20.20	37.71
	150m: 1:46.75	37.99	550m: 6:52.29	38.13	950m: 11:54.93	38.06	1350m: 16:57.04	36.84
	200m: 2:24.99	38.24	600m: 7:30.63	38.34	1000m: 12:33.76	38.83	1400m: 17:34.12	37.08
	250m: 3:03.05	38.06	650m: 8:07.61	36.98	1050m: 13:11.92	38.16	1450m: 18:10.59	36.47
	300m: 3:41.12	38.07	700m: 8:44.80	37.19	1100m: 13:49.52	37.60	1500m: 18:45.98	35.39
	350m: 4:19.40	38.28	750m: 9:22.70	37.90	1150m: 14:27.30	37.78		
	400m: 4:57.39	37.99	800m: 10:00.89	38.19	1200m: 15:05.29	37.99		
NG	Bregje Dekkers	PSV		200900746				

B = Bonus inschrijving

Programmanr. 45
21-12-2025 - 19:47

Heren, 4 x 100m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang		vereniging				tijd	RT	FINA	para
1.	Albion 1 <i>Nederlands Record</i>	Albion				3:09.79	+0,69	876	
	Brandon van den Berg	+0,69	22.48	47.07	Perry Laarhoven	+0,39	22.00	47.41	
	Floris Tanis	+0,45	22.46	47.73	Sean Niewold	+0,37	22.72	47.58	
2.	ZPC AMERSFOORT 1	ZPC AMERSFOORT				3:16.15	+0,63	794	
	Luuk van Rooij	+0,63	23.47	49.79	Felbe van 't Land	+0,38	23.39	49.24	
	Austin Namesnik	+0,15	23.07	48.55	Koen Marsman	+0,16	22.92	48.57	
3.	PSV 1	PSV				3:17.13	+0,50	782	
	Giulian Janssen	+0,50	23.77	49.99	Luca Janssen	+0,43	23.48	49.13	
	Tiago Fonseca Gomes	+0,36	23.49	49.06	Stan Stevens	+0,36	22.58	48.95	
4.	Albion 2	Albion				3:18.24	+0,67	769	
	Ivo Stolk	+0,67	23.89	49.93	Thomas Verhoeven	+0,36	23.81	50.04	
	Nikodim Markovic	+0,44	23.81	49.15	Michael Smink	+0,20	23.19	49.12	
5.	ZPC AMERSFOORT 2	ZPC AMERSFOORT				3:20.98	+0,50	738	
	Tobian Vos	+0,50	24.40	50.56	Youri Voet	+0,24	24.57	51.37	
	Lucas Peters	+0,36	23.81	49.91	Simon Claasen	+0,29	23.11	49.14	
6.	DZ&PC 1	DZ&PC				3:21.32	+0,72	734	
	Jelle Betten	+0,72	23.73	50.00	Floris Stork	+0,40	24.14	50.51	
	Storm Boxum	+0,26	23.67	50.24	Colin Bes	+0,27	23.93	50.57	
7.	Blue Marlins 1	Blue Marlins				3:25.17	+0,61	694	
	Marcel Hofstede	+0,61	23.87	49.92	Viktor Koets	+0,49	24.78	52.31	
	Boele Böhm	+0,31	23.72	49.59	Tygo Gerts	+0,28	25.14	53.35	
8.	Hellas-Glana 1	Hellas-Glana				3:25.40	+0,73	691	
	Lars Kerremans	+0,73	23.95	50.52	Mattia Maggio	+0,20	25.08	53.19	
	Kevin Meuwissen	+0,17	24.43	52.56	Raf Hendriks	+0,24	23.02	49.13	
9.	DWK 1	DWK				3:25.78	+0,63	687	
	Ruben Baars	+0,63	24.06	50.84	Ronis van Everdingen	+0,28	24.60	51.46	
	Niek Heethaar	+0,31	23.69	50.63	Timo Berghuis	+0,55	24.60	52.85	
10.	ACZ 1	ACZ				3:26.35	+0,66	682	
	Yurii Verkhoturov	+0,66	24.24	51.56	Menno Wieringa	+0,42	23.58	50.56	
	Wanne van Geest	+0,03	24.71	52.67	Nicko Kamphuis	+0,41	24.53	51.56	
11.	Albion 3	Albion				3:26.46	+0,66	681	
	Jason van den Berg	+0,66	24.60	51.16	Kaan Sudak	+0,41	24.66	52.09	
	Loek Huyghelier	+0,38	25.79	53.65	Ensger Kotterink	+0,27	23.56	49.56	
12.	Team Noord Holland (SG) 1	Team Noord Holland (SG)				3:26.86	+0,64	677	
	Rens Noordover	+0,64	24.73	52.20	Willem Weustink	+0,25	24.27	52.08	
	Bram Loots	+0,26	24.97	52.56	Giovanni Phillipson	+0,36	23.39	50.02	
13.	Zwemlust-den Hommel 1	Zwemlust-den Hommel				3:27.22	+0,72	673	
	Louis Kappler	+0,72	25.28	52.61	Bink Elgersma	+0,40	24.92	52.35	
	Matteo Viani	+0,25	24.63	52.46	Jesse Puts	+0,56	23.66	49.80	
14.	Albion 4	Albion				3:27.25	+0,63	673	
	Kenan Coeruez	+0,63	24.56	52.55	Sjoerd van Weelden	+0,30	23.93	51.08	
	Saviël Armand	+0,04	24.01	52.33	Lars Bulman	+0,35	24.38	51.29	
15.	De Dinkel 1	De Dinkel				3:28.44	+0,76	661	
	Luuk Ruinemans	+0,76	24.61	51.97	Milan Lucas	+0,30	24.93	52.89	
	Bram ter Braak	+0,30	24.36	50.75	Job Sportel	+0,30	25.09	52.83	
16.	WVZ 1	WVZ				3:28.66	+0,63	659	
	Tim Boerefijn	+0,63	24.94	53.00	Joshua Agussalim	+0,28	24.37	51.72	
	Jisse Lousma	+0,23	25.15	52.47	Denzel Barthen	+0,34	24.88	51.47	
17.	Nuenen 1	Nuenen				3:29.17	+0,63	655	
	Max Peters	+0,63	24.18	52.19	Alexander Nijst	+0,20	24.85	52.97	
	Luuk Smits	+0,24	24.38	50.79	Wouter Sijmons	+0,24	25.00	53.22	
18.	VZC 1	VZC				3:30.05	+0,51	646	
	Stefan van der Meer	+0,51	25.52	53.58	Thom Delno	+0,22	24.05	52.23	
	Lars Verhalle	+0,51	24.26	51.31	Bas Mostert	+0,24	25.27	52.93	
19.	OZ&PC 1	OZ&PC				3:30.41	+0,72	643	
	Niek Vreeling	+0,72	25.27	52.94	Jort Siebelt	+0,33	25.13	53.17	
	Finn Stamsnieder	+0,25	25.61	53.97	Siem de Zeeuw	+0,29	23.68	50.33	

B = Bonus inschrijving

Programmanr. 45, Heren, 4 x 100m vrije slag, Senioren Open

rang	vereniging	tijd	RT	FINA	para
20.	ZPC AMERSFOORT 3 Rens Stijf Darren Chen	ZPC AMERSFOORT +0,62 24.55 51.47 +0,20 24.89 52.41 Milan Veelders Feddo Smink	3:30.48 +0,50 25.27 +0,48 24.90	642 53.60 53.00	
21.	Albion 5 Max Voortman Rick Bulman	Albion +0,63 25.39 53.81 +0,37 24.89 51.40 Joost de Roij van Zuidewijn Jorian Tanis	3:32.14 +0,39 25.33 +0,48 25.89	627 52.99 53.94	
22.	Dedemsvaart-AC 1 Melle van Veen Dennis Mosterman	Dedemsvaart-AC +0,70 25.19 53.25 +0,31 25.49 53.73 Stan Tibben Tiamo van der Veen	3:32.38 +0,25 25.68 +0,21 24.57	625 53.90 51.50	
23.	Blue Marlins 2 Xiaoyu Yin Fabian Riedijk	Blue Marlins +0,66 25.43 53.74 +0,36 24.74 51.95 Alexander van der Maaten Elias Soens	3:33.11 +0,34 25.88 +0,34 24.55	619 54.96 52.46	
24.	CWW 1 Mees Peters Léon van Grevenbroek	CWW +0,73 26.02 54.17 +0,35 25.61 53.88 Mick van Kempen Mies de Wit	3:34.45 +0,42 25.32 +0,31 24.71	607 54.19 52.21	
25.	ZPCH 1 Thomas Vastenhout Daniel Wegman	ZPCH +0,55 25.20 52.73 +0,22 25.11 53.84 Lucas Schouten Jelte de Jong	3:35.10 +0,43 26.22 +0,44 25.40	602 54.83 53.70	
26.	DAW 1 Felix Geenen Luc Mul	DAW +0,71 23.83 50.97 +0,19 24.92 52.21 Mauro Bedeke Joshua van den Idsert	3:35.88 +0,05 25.96 +0,13 27.02	595 55.33 57.37	
27.	Poseidon'56 1 Gerard Willighagen Alex Woe	Poseidon'56 +0,66 25.50 53.45 +0,33 26.37 56.55 Erik van Gemert Ryan van den Ouden	3:37.28 +0,18 24.96 +0,32 24.76	584 53.59 53.69	
DIS	De Dolfijn 1 <i>EA - Te vroeg overgenomen.</i>	De Dolfijn	EA +0,66		
	Jesse van der A Patriks Francis Pone	+0,66 24.17 50.51 +0,19 22.99 50.27 Kingue Struij Bram Zwetsloot	-0,07		
DIS	HZ&PC Heerenveen 1 <i>EA - Te vroeg overgenomen.</i>	HZ&PC Heerenveen	EA +0,59		
	Diede Veld Finn Eghuizen	+0,59 25.20 52.85 +0,43 26.10 53.91 Gijs Koehoorn Wouter Zijlstra	-0,10		

B = Bonus inschrijving

Programmanr. 46
21-12-2025 - 20:07

Dames, 4 x 100m wisselslag

Senioren Open
Resultaten

Punten: AQUA 2025

rang		vereniging				tijd	RT	FINA	para
1.	Albion 1	Albion				3:59.88	+0,61	775	
	Elisabeth Timmer	+0,61	29.68	1:01.64	Tessa Giele		+0,27	26.48	56.69
	Mare Schallenberg	+0,34	31.44	1:07.51	Megan Jonkman		+0,49	26.10	54.04
2.	Blue Marlins 1	Blue Marlins				4:02.15	+0,69	754	
	Lotte Hosper	+0,69	29.21	59.30	Jinth Engelse		+0,28	26.96	59.12
	Lynn Blommers	+0,34	31.40	1:07.81	Ilse Rozema		+0,31	26.24	55.92
3.	PSV 1	PSV				4:03.24	+0,66	744	
	Angelina Rolman	+0,66	29.70	1:00.56	Kirsten Verhalle		+0,20	27.80	1:00.19
	Nina Zusterzeel	+0,34	31.90	1:09.15	Imani de Jong		+0,31	25.77	53.34
4.	De Dolfijn 1	De Dolfijn				4:04.51	+0,59	732	
	Eefje Irvine	+0,59	30.25	1:02.38	Kinge Zandringa		+0,21	27.08	59.33
	Sterre Hendriks	+0,39	31.32	1:08.02	Hannah Huisman		+0,34	26.41	54.78
5.	ZPC AMERSFOORT 1	ZPC AMERSFOORT				4:07.20	+0,63	708	
	Jetske Moot	+0,63	29.21	1:00.88	Maaïke Ooms		+0,41	27.75	1:01.05
	Bridget Vermeer	+0,49	32.38	1:10.35	Nynke Boerefijn		+0,29	26.24	54.92
6.	WVZ 1	WVZ				4:10.14	+0,67	684	
	Malin Roozeboom	+0,67	30.08	1:02.31	Marit Huisman		+0,35	28.44	1:03.76
	Jill Nai Chung Tong	+0,32	32.20	1:10.48	Britta Koehorst		+0,15	25.11	53.59
7.	De Dolfijn 2	De Dolfijn				4:11.87	+0,60	670	
	Amber Celie	+0,60	30.96	1:04.39	Alinda Dingshoff		+0,43	28.29	1:01.10
	Hanna Kareinen	+0,35	32.14	1:09.41	Elise Tanis		+0,29	27.14	56.97
8.	DZ&PC 1	DZ&PC				4:12.53	+0,61	664	
	Fay Boxum	+0,61	30.15	1:02.57	Frouke Ludwig		+0,48	28.78	1:02.48
	Esmee Mulder	+0,24	33.10	1:12.37	Sara Korthuis		+0,65	26.16	55.11
9.	HZ&PC Heerenveen 1	HZ&PC Heerenveen				4:17.40	+0,59	627	
	Ismay Lichtendonk	+0,59	29.58	1:01.26	Marte Hieke van der Kamp		+0,05	29.59	1:04.48
	Hedwig Bolt	+0,42	34.12	1:13.66	Laura van Etten		+0,28	27.39	58.00
10.	ZPC AMERSFOORT 2	ZPC AMERSFOORT				4:20.54	+0,69	605	
	Senna Rijnbeek	+0,69	31.31	1:06.46	Famke Irvine		+0,16	29.71	1:04.99
	Paula Spans	+0,47	34.03	1:13.19	Marin Wieling		+0,28	26.48	55.90
11.	Nuenen 1	Nuenen				4:20.78	+0,62	603	
	Merel Phaff	+0,62	30.97	1:04.05	Nikita van den Ouden		+0,07	29.17	1:04.44
	Robin Goossens	+0,29	33.88	1:13.22	Susan Teijken		+0,23	27.99	59.07
12.	Albion 2	Albion				4:21.25	+0,70	600	
	Eloisa Gomes Delgado	+0,70	32.00	1:05.74	Fenna de Groot		+0,43	29.57	1:04.70
	Rinske Bouman	+0,34	33.41	1:13.40	Jazz-Lynn Gomes Delgado		+0,61	26.78	57.41
13.	Hieronymus 1	Hieronymus				4:23.33	+0,65	586	
	Rosalie van der Bijl	+0,65	32.27	1:07.69	Selene Wortel		+0,35	29.89	1:05.72
	Valesca van den Bogert	+0,31	33.55	1:12.71	Yill van Bezouw		+0,24	26.97	57.21
14.	Blue Marlins 2	Blue Marlins				4:23.34	+0,69	586	
	Emma Buchsbaum	+0,69	32.03	1:06.34	Jasmine Vaartjes		+0,22	29.17	1:03.02
	Lisa Dirkzwager	+0,58	33.90	1:13.20	Violetta Pflug		+0,13	28.59	1:00.78
15.	VZC 1	VZC				4:23.42	+0,63	585	
	Charlotte Woltjes	+0,63	30.93	1:05.94	Juliette Woltjes		+0,21	28.75	1:03.93
	Alexandra Gepkens	+0,04	34.39	1:16.12	Elin Ditewig		+0,18	27.03	57.43
16.	Dedemsvaart-AC 1	Dedemsvaart-AC				4:23.86	+0,82	582	
	Marlies Dijsselhof	+0,82	32.50	1:08.23	Manon Compagner			27.72	1:01.12
	Michelle Zomerdijk	+0,28	33.21	1:15.24	Alessia Sluis		+0,04	28.05	59.27
17.	WVZ 2	WVZ				4:24.73	+0,56	577	
	Nikita Snoeren	+0,56	32.86	1:07.94	Eva Ehler		+0,51	30.36	1:08.67
	Jade Geurts	+0,42	32.10	1:09.06	Annikue Rupke		+0,30	27.90	59.06
18.	DAW 1	DAW				4:26.60	+0,63	565	
	Bette Peetoom	+0,63	33.26	1:09.86	Evy Rozeboom		+0,31	27.41	59.45
	Amber Kunst	+0,22	35.13	1:16.92	Zoë Prins		+0,34	28.23	1:00.37
19.	ACZ 1	ACZ				4:29.12	+0,70	549	
	Guusje van Geest	+0,70	34.14	1:11.37	Mariska Scheel		+0,16	29.49	1:05.69
	Anastasia Renssen	+0,17	32.76	1:10.77	Carmen Lems		+0,13	28.66	1:01.29
20.	Team Noord Holland (SG) 1	Team Noord Holland (SG)				4:29.26	+0,71	548	
	Tess de Waard	+0,71	33.31	1:08.98	Megan Snoek			31.39	1:09.21
	Rafaela Mulders		33.24	1:10.51	Lotte van Gessel			28.90	1:00.56

B = Bonus inschrijving

Programmanr. 46, Dames, 4 x 100m wisselslag, Senioren Open

rang	vereniging				tijd	RT	FINA	para
21.	ZVL-1886 1	ZVL-1886			4:30.24	+0,66	542	
	Victoria Diederiks	+0,66	32.91	1:07.85		+0,26	29.62	1:03.73
	Rozalia Diederiks	+0,36	36.52	1:19.52		+0,42	27.94	59.14
22.	Zwemlust-den Hommel 1	Zwemlust-den Hommel			4:31.84	+0,62	533	
	Mijke van Hal	+0,62	33.26	1:08.48		+0,39	32.05	1:10.82
	Diede de Vries	+0,40	33.85	1:12.93		+0,69	28.53	59.61
23.	OZ&PC 1	OZ&PC			4:32.46	+0,70	529	
	Emma Steenbrink	+0,70	33.25	1:09.36		+0,32	31.20	1:07.74
	Renske Oude Egbrink	+0,25	35.05	1:15.07		+0,31	28.64	1:00.29
24.	HZ&PC Heerenveen 2	HZ&PC Heerenveen			4:33.11	+0,68	525	
	Silke Hooghiemstra	+0,68	31.12	1:05.35		+0,31	30.42	1:08.07
	Esmee Ykema	+0,20	37.61	1:21.62		+0,24	27.36	58.07
DIS	Aqua-Novio'94 1	Aqua-Novio'94			EA	+0,65		
	EA - Te vroeg overgenomen.							
	Isa Willemsen	+0,65	32.15	1:08.57		+0,52	29.67	1:05.75
	Colinda van der Zanden	+0,24	33.08	1:11.36		-0,09		
NG	De Dolfijn 3	De Dolfijn						
NG	ZPC AMERSFOORT 3	ZPC AMERSFOORT						

B = Bonus inschrijving