

Programmanr. 5
21-02-2026 - 17:14

Heren, 200m wisselslag

alg. leeftijdsgroep
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Youri Voet	ZPC AMERSFOORT	2:09.29 200502269	2:10.41	+0,72	28.63	1:03.29	1:40.84	2:10.41
2. R. van Everdingen	DWK	2:11.38 200300043	2:15.86	+0,77	28.48	1:05.00	1:45.20	2:15.86
3. Kylian Heederik	G.S.Z.V. De Golfbreker	2:15.36 200300353	2:20.16	+0,67	28.62	1:04.80	1:45.02	2:20.16
4. Odo McCarthy	N.S.Z. & W.V. Hydrofiel	2:23.89 200700307	2:20.78		28.40	1:04.60	1:46.87	2:20.78
5. Tom Balsen Versteeg	E.S.W.Z.V. Nayade	2:24.00 200005673	2:24.09	+0,70	29.55	1:07.86	1:50.82	2:24.09
6. Joris Janssen	E.S.W.Z.V. Nayade	2:22.00 200301311	2:26.25	+0,76	29.87	1:05.57	1:50.02	2:26.25
7. A. Hendriksen of Hendri	A.S.Z.V. Spons	2:25.15 200002711	2:26.31	+0,69	29.38	1:07.40	1:50.79	2:26.31
8. Bas van den Akker	E.S.W.Z.V. Nayade	2:24.18	2:27.39		30.05	1:10.67	1:54.10	2:27.39
9. Seiya Takada	DSZ WAVE	2:27.01 200205199	2:31.09	+0,69	30.73	1:11.30	1:53.81	2:31.09
10. Jan Willem Töpfer	A.S.Z.V. Spons	2:32.00	2:32.46		30.28	1:12.39	1:55.91	2:32.46
11. Edwin Kanis	ZPV Piranha	2:36.50 200200505	2:32.73		31.54	1:10.69	1:56.10	2:32.73
12. Seb Pieterman	G.S.Z.V. De Golfbreker	2:31.88 200600331	2:33.22	+0,55	31.68	1:12.63	1:58.08	2:33.22
13. Tom van Eemeren	E.S.W.Z.V. Nayade	2:29.30 200302087	2:34.03	* +0,80	32.30	1:15.74	1:59.24	2:34.03
14. Gabriel Carvalho	E.S.W.Z.V. Nayade	2:26.00	2:34.41	+0,77	32.58	1:10.22	1:56.77	2:34.41
15. Rafaël Houkes	Aquamania	2:40.00 200204803	2:35.67	+0,80	31.46	1:11.61	1:56.89	2:35.67
16. Benjamin McCarthy	G.S.Z.V. De Golfbreker	2:32.32 200302055	2:37.03	+0,83	32.22	1:10.84	1:59.64	2:37.03
17. Rick Haanschoten	SZV Aquifer	2:45.07 200100291	2:37.78	+0,69	32.36	1:14.33	2:02.37	2:37.78
18. Anne Kraai	DSZ WAVE	2:39.00	2:38.98		32.82	1:13.27	2:02.09	2:38.98
19. John Quinn	N.S.Z. & W.V. Hydrofiel	NT 200101219	2:39.35	+0,62	29.49	1:09.13	1:58.48	2:39.35
20. Gijs Hulleman	N.S.Z. & W.V. Hydrofiel	NT 200400553	2:46.52	+0,66	31.20	1:14.08	2:05.96	2:46.52
21. Sem Berckenkamp	GZC DONK	2:53.00 200602229	2:47.85	+0,55	35.35	1:17.78	2:11.43	2:47.85
22. Tim Folmer	Aquamania	2:38.69 200404529	2:49.44		31.55	1:16.07	2:10.21	2:49.44
23. Thomas Doornbos	G.S.Z.V. De Golfbreker	2:59.09 200002313	2:53.79	+0,81	38.76	1:24.99	2:12.01	2:53.79
24. Joost Bergsma	N.S.Z. & W.V. Hydrofiel	2:48.00 200503653	2:54.86		34.83	1:19.64	2:10.68	2:54.86
<i>100m*</i>								
25. T. van Smoorenburg	USZ&WF Het Zinkstuk	3:28.52	3:32.80	+0,69	42.84	1:33.35	2:33.78	3:32.80
26. Avi Chopra	E.S.W.Z.V. Nayade	3:25.03 200704033	3:47.83	* +0,76	42.33	1:44.12	2:47.28	3:47.83
AFGEM Niels Wiersema	A.S.Z.V. Spons	NT 199703221						
AFGEM Jurre Wolters	E.S.W.Z.V. Nayade	2:50.00						
AFGEM Sam van Trijp	Ragnar	2:51.00						
<i>100m*</i>								
BM Floris Stork	DZ&PC	2:09.99 200305075	2:13.15		29.06	1:04.01	1:42.41	2:13.15
BM Arjan Dekker	G.S.Z.V. De Golfbreker	2:17.67 200000499	2:19.27	+0,65	29.13	1:05.46	1:45.30	2:19.27
BM Vincent Visser	G.S.Z.V. De Golfbreker	2:21.83 199700395	2:26.43	+0,62	29.70	1:08.60	1:49.27	2:26.43
BM Daniel Rykov	DSZ WAVE	2:41.32 200200447	2:46.02	+0,65	33.02	1:16.56	2:07.26	2:46.02
BM Ferdinand Pipers	Ragnar	3:10.00	3:06.00	+0,89	43.48	1:29.86	2:22.51	3:06.00
<i>100m*</i>								