

Programmanr. 1  
23-01-2026 - 15:30

Jongens, 50m vrije slag

Onder 16  
Resultaten

| rang | naam                    | vereniging           | intijd |           | tijd           | RT    |
|------|-------------------------|----------------------|--------|-----------|----------------|-------|
| 1.   | Bink Elgersma           | Zwemlust- den Hommel | 24.17  | 201000137 | <b>23.92</b>   | +0,70 |
| 2.   | Nick Vodde              | AZ&PC De Futen       | 24.52  | 201002211 | <b>24.23</b>   | +0,60 |
| 3.   | Sven Casper Hageman     | Steenwijk 1934       | 24.17  | 201000009 | <b>24.35</b>   | +0,61 |
| 4.   | Abel op den Velde       | De Duinkikkers       | 24.54  | 201000079 | <b>24.50</b>   | +0,70 |
| 5.   | Myron Artemenko         | Niemo Barracuda      | 24.84  | 201003021 | <b>24.54</b>   | +0,69 |
| 6.   | Ruben Kragt             | Dedemsvaart-AC       | 25.38  | 201000007 | <b>24.86</b>   | +0,68 |
| 7.   | Sven Potappel           | DWK                  | 25.10  | 201000127 | <b>24.87</b>   | +0,66 |
| 8.   | Henry Watson            | De Dolfijn           | 25.39  | 201001703 | <b>25.17</b>   | +0,53 |
| 9.   | Thijs Jonkman           | De Duck              | 26.33  | 201000481 | <b>25.18</b>   | +0,70 |
|      | Gwee Bokma              | Zwemlust- den Hommel | 25.39  | 201002259 | <b>25.18</b>   | +0,71 |
| 11.  | Matthijs van Velzen     | Deltasteur           | 25.57  | 201100435 | <b>25.32</b>   | +0,59 |
| 12.  | Ramon Vos               | ZPC Hoogeveen        | 26.17  | 201100051 | <b>25.39</b>   | +0,67 |
|      | Mauro Bedeke            | DAW                  | 25.50  | 201000537 | <b>25.39</b>   | +0,65 |
| 14.  | Sam Diederer            | Hellas-Glana         | 25.70  | 201001863 | <b>25.48</b>   | +0,70 |
| 15.  | Mees Janssen            | Blue Marlins         | 25.87  | 201102025 | <b>25.51</b>   | +0,68 |
| 16.  | Thijn Runia             | DZT '62              | 26.31  | 201000895 | <b>25.56</b>   | +0,72 |
| 17.  | Costijn van Elst        | Blue Marlins         | 25.67  | 201100317 | <b>25.60</b>   | +0,71 |
| 18.  | Giovanni Wolfgang       | MSV-Zeemacht         | 26.31  | 201100859 | <b>25.62</b>   | +0,63 |
| 19.  | Girish Nolden           | Blue Marlins         | 25.68  | 201000087 | <b>25.63</b>   | +0,70 |
|      | Mathijs de Wit          | KSN (SG)             | 25.70  | 201001215 | <b>25.63</b>   | +0,70 |
| 21.  | Mathijs Boersma         | ZPC Hoogeveen        | 26.42  | 201000313 | <b>25.65</b> * | +0,74 |
| 22.  | Jop Scholte             | GZVW                 | 26.16  | 201001219 | <b>25.75</b>   | +0,71 |
|      | Tygo Kamps              | MZ&PC Maastricht     | 25.46  | 201000987 | <b>25.75</b>   | +0,59 |
| 24.  | Yanniek Jager           | Batavia Swim         | 25.45  | 201100315 | <b>25.80</b>   | +0,65 |
| 25.  | Baris Tomu              | ZPCH                 | 26.15  | 201000869 | <b>25.84</b>   | +0,63 |
| 26.  | Rink Vlemmix            | Z&PV Nuenen          | 25.56  | 201002721 | <b>25.87</b>   | +0,66 |
| 27.  | Cayden Malone           | De Dolfijn           | 25.69  | 201002195 | <b>25.88</b>   | +0,67 |
| 28.  | Kris Westerhout         | ZZ&PC De Devel       | 26.04  | 201000883 | <b>25.95</b>   | +0,62 |
| 29.  | Max van der Spank       | TRB-RES              | 26.30  | 201000275 | <b>25.97</b> * | +0,66 |
| 30.  | Alief Jan van der Sluis | PSV                  | 25.98  | 201003425 | <b>26.08</b>   | +0,67 |
| 31.  | Daan Overmars           | OZ&PC                | 25.73  | 201100027 | <b>26.10</b>   | +0,68 |
| 32.  | Luca Karsten Schüler    | HZ&PC Heerenveen     | 26.58  | 201101451 | <b>26.14</b>   | +0,68 |
| 33.  | Djulian Versteeg        | Zignea               | 26.72  | 201002655 | <b>26.16</b>   | +0,75 |
| 34.  | Gerdian Leeftink        | ZPC De Hof           | 27.04  | 201000091 | <b>26.21</b>   | +0,79 |
| 35.  | Dewin Volker            | OZ&PC                | 26.86  | 201101935 | <b>26.27</b> * | +0,70 |
| 36.  | Mathieu Gepkens         | VZC                  | 26.11  | 201000045 | <b>26.28</b>   | +0,76 |
| 37.  | Douwe Enzerink          | ZPC AMERSFOORT       | 26.72  | 201102657 | <b>26.29</b>   | +0,66 |
| 38.  | Nathan Magava           | De Dolfijn           | 26.54  | 201003067 | <b>26.31</b>   | +0,58 |
| 39.  | Berat Baykal            | PSV                  | 26.96  | 201003507 | <b>26.36</b>   | +0,71 |
|      | Ian Timmermans          | PSV                  | 26.91  | 201004001 | <b>26.36</b>   | +0,60 |
| 41.  | Maxwell Russel          | ZPCH                 | 26.48  | 201002715 | <b>26.39</b>   | +0,71 |
| 42.  | Xander Koperdraat       | Z&PC Triton Putten   | 26.32  | 201001695 | <b>26.40</b>   | +0,70 |
| 43.  | Syb Boerema             | De Schoteijl         | 26.39  | 201000359 | <b>26.41</b>   | +0,58 |
| 44.  | Jorick Johannes         | HZ&PC Heerenveen     | 26.11  | 201000403 | <b>26.43</b>   | +0,65 |
| 45.  | Tygo van de Wal         | DWK                  | 26.65  | 201001329 | <b>26.54</b>   | +0,64 |
| 46.  | Amor van der Veen       | Dedemsvaart-AC       | 26.38  | 201100197 | <b>26.55</b>   | +0,71 |
| 47.  | Mees de Vries           | Zwemlust- den Hommel | 26.95  | 201001151 | <b>26.56</b>   | +0,72 |
| 48.  | Izayah Castillo         | Blue Marlins         | 26.42  | 201100311 | <b>26.57</b>   | +0,72 |
| 49.  | Dax Muijlaert           | SG Octopus - ZVV     | 26.57  | 201100535 | <b>26.62</b>   | +0,74 |
| 50.  | Tren Wullms             | Hellas-Glana         | 26.36  | 201000469 | <b>26.63</b>   | +0,69 |
|      | Jesse Jolink            | ENC Arnhem           | 26.64  | 201000401 | <b>26.63</b>   | +0,70 |
| 52.  | Sander de Bruin         | ZZ&PC De Devel       | 26.62  | 201100617 | <b>26.65</b>   | +0,68 |
| 53.  | Xander De Jonghe        | De Marlijn (SG)      | 26.73  | 201101095 | <b>26.74</b>   | +0,72 |
| 54.  | Roan Dijkstra           | Dedemsvaart-AC       | 27.02  | 201002791 | <b>26.83</b>   | +0,71 |
| 55.  | Stan Ordelman           | SG Octopus - ZVV     | 26.95  | 201100009 | <b>26.84</b>   | +0,73 |
| 56.  | Bas Wouters             | MZ&PC Maastricht     | 26.96  | 201003907 | <b>26.86</b>   | +0,61 |
| 57.  | Stan Rothschild         | ZPC Hoogeveen        | 26.98  | 201000353 | <b>26.90</b>   | +0,72 |
| 58.  | Mees Kooij              | DAW                  | 26.16  | 201000909 | <b>26.92</b>   | +0,68 |

Programmanr. 1, Jongens, 50m vrije slag, Onder 16

| rang | naam             | vereniging     | intijd |           | tijd         | RT    |
|------|------------------|----------------|--------|-----------|--------------|-------|
| 59.  | Mylan Hermesen   | ZWK Merlet     | 27.02  | 201002711 | <b>26.93</b> | +0,70 |
| 60.  | Luca Monster     | Wiekslag       | 27.15  | 201100343 | <b>27.04</b> | +0,52 |
| 61.  | Mohiz Zahir      | De Dolfijn     | 27.15  | 201102139 | <b>27.10</b> | +0,81 |
| 62.  | Stijn Dijkstra   | DZ&PC          | 26.91  | 201000279 | <b>27.17</b> | +0,74 |
| 63.  | Quinten Oostveen | ZPC AMERSFOORT | 27.12  | 201002605 | <b>27.35</b> | +0,63 |
| NG   | Si Tian Chen     | Hellas-Glana   | 26.39  | 201001069 |              |       |

Programmanr. 2  
23-01-2026 - 15:38

Meisjes, 50m vrije slag

Onder 16  
Resultaten

| rang | naam                                | vereniging           | intijd |           | tijd         | RT    |
|------|-------------------------------------|----------------------|--------|-----------|--------------|-------|
| 1.   | Hannah Huisman<br><i>NR 16 jaar</i> | De Dolfijn           | 25.63  | 201000002 | <b>24.95</b> | +0,71 |
| 2.   | Anne Engbersen                      | Albion               | 26.09  | 201000044 | <b>25.73</b> | +0,72 |
| 3.   | Yill van Bezouw                     | Hieronymus           | 26.37  | 201100704 | <b>25.76</b> | +0,70 |
| 4.   | Malin Roozeboom                     | WVZ                  | 26.35  | 201100006 | <b>26.19</b> | +0,76 |
| 5.   | Faye Thijssse                       | WVZ                  | 26.99  | 201001364 | <b>26.77</b> | +0,77 |
| 6.   | Romée Smit                          | MSV-Zeemacht         | 27.31  | 201100438 | <b>26.84</b> | +0,73 |
| 7.   | Breanna Belmar                      | Albion               | 27.18  | 201004068 | <b>26.92</b> | +0,69 |
| 8.   | Fenne Metten                        | ZPC AMERSFOORT       | 26.77  | 201000102 | <b>27.07</b> | +0,75 |
| 9.   | Lola Verheijen                      | PSV                  | 27.01  | 201100832 | <b>27.22</b> | +0,55 |
| 10.  | Minke Bouman                        | Blue Marlins         | 27.22  | 201100104 | <b>27.25</b> | +0,71 |
|      | Julia Dąbrowska                     | Blue Marlins         | 26.96  | 201000300 | <b>27.25</b> | +0,67 |
| 12.  | Raegan Belmar                       | Albion               | 27.12  | 201004070 | <b>27.34</b> | +0,72 |
|      | Esmee de Raadt                      | Albion               | 28.07  | 201002328 | <b>27.34</b> | +0,78 |
| 14.  | Anna Lepoutre                       | PSV                  | 27.52  | 201100534 | <b>27.36</b> | +0,66 |
| 15.  | Tessa van Beek                      | DWK                  | 27.56  | 201001446 | <b>27.47</b> | +0,54 |
| 16.  | Eva Ehlert                          | WVZ                  | 27.80  | 201002026 | <b>27.58</b> | +0,70 |
| 17.  | Fenna Zusterzeel                    | PSV                  | 27.36  | 201000008 | <b>27.72</b> | +0,61 |
| 18.  | Pien Walstra                        | De Treffers          | 28.62  | 201101034 | <b>27.73</b> | +0,73 |
| 19.  | Mette Hogenhuis                     | Zwemlust- den Hommel | 27.94  | 201101254 | <b>27.74</b> | +0,82 |
| 20.  | Anouk Steller                       | WVZ                  | 28.33  | 201000004 | <b>27.87</b> | +0,71 |
|      | Frédérique Nijziel                  | De Dolfijn           | 27.31  | 201103114 | <b>27.87</b> | +0,70 |
| 22.  | Lacey Koekebacker                   | De Dolfijn           | 28.26  | 201200326 | <b>27.91</b> | +0,70 |
| 23.  | Casharell Kraan                     | Blue Marlins         | 28.05  | 201103426 | <b>27.96</b> | +0,68 |
| 24.  | Nicole Pestman                      | DZ&PC                | 27.73  | 201000668 | <b>28.03</b> | +0,70 |
| 25.  | Famke Franzen                       | De Schoteijl         | 27.70  | 201000058 | <b>28.09</b> | +0,74 |
| 26.  | Tess Meeuwissen                     | De Columbiaan        | 28.09  | 201000370 | <b>28.15</b> | +0,67 |
|      | Jasmijn Scott                       | De Duinkikkers       | 28.26  | 201001236 | <b>28.15</b> | +0,70 |
| 28.  | Florien Pot                         | OZ&PC                | 28.19  | 201000768 | <b>28.18</b> | +0,74 |
| 29.  | Emma Stokmans                       | PSV                  | 28.13  | 201004190 | <b>28.21</b> | +0,63 |
| 30.  | Alaine Lomans                       | Hellas-Glana         | 28.18  | 201000420 | <b>28.28</b> | +0,67 |
| 31.  | Noa van Zalk                        | ZPC AMERSFOORT       | 28.17  | 201102534 | <b>28.35</b> | +0,72 |
| 32.  | Elin Reinstra                       | TriVia               | 28.25  | 201100842 | <b>28.38</b> | +0,79 |
| 33.  | Elise Dorlandt                      | HZ&PC Heerenveen     | 28.62  | 201000232 | <b>28.47</b> | +0,73 |
| 34.  | Demi Bos                            | Niemo Barracuda      | 28.24  | 201001282 | <b>28.48</b> | +0,70 |
|      | Brechtje Slootweg                   | ZPC AMERSFOORT       | 28.47  | 201101744 | <b>28.48</b> | +0,73 |
| 36.  | Ilse Jongepier                      | TriVia               | 28.15  | 201000006 | <b>28.50</b> | +0,74 |
| 37.  | Sanne Keizer                        | Dedemsvaart-AC       | 27.98  | 201001348 | <b>28.51</b> | +0,82 |
| 38.  | Myrthe Rozendaal                    | Aqua-Novio'94        | 28.45  | 201000790 | <b>28.57</b> | +0,67 |
|      | Maria Kotsubailo                    | ZV De Aalscholver    | 28.07  | 201001722 | <b>28.57</b> | +0,71 |
| 40.  | Lotte Euverman                      | KSN (SG)             | 28.65  | 201101228 | <b>28.60</b> | +0,76 |
| 41.  | Eliza Bijl                          | De Kempvis           | 28.75  | 201103782 | <b>28.63</b> | +0,66 |
| 42.  | Elke Kriesels                       | Blue Marlins         | 28.70  | 201100898 | <b>28.73</b> | +0,74 |
| 43.  | Yuna van den Idsert                 | DAW                  | 28.58  | 201001196 | <b>28.90</b> | +0,72 |
| 44.  | Tessa Zevenbergen                   | Aquapoldro           | 28.45  | 201002662 | <b>29.00</b> | +0,70 |
| 45.  | Thalia Cornelissen                  | Het Y                | 28.72  | 201000756 | <b>29.02</b> | +0,81 |

Programmanr. 2, Meisjes, 50m vrije slag, Onder 16

| rang  | naam            | vereniging     | intijd |           | tijd         | RT    |
|-------|-----------------|----------------|--------|-----------|--------------|-------|
| 46.   | Sjors Werger    | Dedemsvaart-AC | 28.63  | 201100906 | <b>29.08</b> | +0,82 |
| 47.   | Kim Bouman      | ZPC AMERSFOORT | 28.56  | 201000262 | <b>29.12</b> | +0,82 |
| AFGEM | Odenza Soselisa | Blue Marlins   | 27.82  | 201101780 |              |       |
| NG    | Dewi Meijer     | De Dolfijn     | 28.77  | 201000302 |              |       |

Programmanr. 3  
23-01-2026 - 15:43

Jongens, 400m vrije slag

Onder 14  
Resultaten

| rang             | naam                  | vereniging           | intijd  |           | tijd           | RT    | 100m    | 200m    | 300m    | 400m    |
|------------------|-----------------------|----------------------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1.               | Max van Splunder      | De Dolfijn           | 4:32.10 | 201200531 | <b>4:29.83</b> | +0,72 | 1:01.01 | 2:09.58 | 3:20.12 | 4:29.83 |
| 2.               | Tim Slagers           | Aquapoldro           | 4:35.41 | 201200263 | <b>4:33.90</b> | +0,74 | 1:01.84 | 2:10.64 | 3:22.25 | 4:33.90 |
| 3.               | Luca Denkers          | ZV New Wave Almere   | 4:41.87 | 201202399 | <b>4:40.45</b> | +0,57 | 1:04.35 | 2:16.91 | 3:28.94 | 4:40.45 |
| 4.               | Jaro Hermans          | PSV                  | 4:44.61 | 201200173 | <b>4:41.56</b> | +0,45 | 1:05.55 | 2:16.42 | 3:29.11 | 4:41.56 |
| 5.               | Toa Jahn              | Het Y                | 4:38.76 | 201201665 | <b>4:42.32</b> | +0,61 | 59.86   | 2:10.00 | 3:26.92 | 4:42.32 |
| 6.               | A. Janse van Rensburg | De Treffers          | 4:45.65 | 201202261 | <b>4:42.98</b> | +0,73 | 1:03.18 | 2:15.04 | 3:28.65 | 4:42.98 |
| 7.               | Tijn Pieters          | Orca                 | 4:44.91 | 201300715 | <b>4:43.09</b> | +0,70 | 1:05.85 | 2:18.24 | 3:31.19 | 4:43.09 |
| 8.               | Felipe Kerkhoff       | ZPC AMERSFOORT       | 4:50.35 | 201202625 | <b>4:43.24</b> | +0,73 | 1:08.27 | 2:20.65 | 3:32.41 | 4:43.24 |
| 9.               | Guust Heijne          | DWK                  | 4:41.84 | 201202139 | <b>4:43.98</b> | +0,72 | 1:06.78 | 2:20.13 | 3:34.70 | 4:43.98 |
| 10.              | Joep Barwegen         | HZ&PC Heerenveen     | 4:39.53 | 201201823 | <b>4:44.03</b> | +0,69 | 1:03.56 | 2:16.01 | 3:30.33 | 4:44.03 |
| 11.              | Finn Ostermann        | AZC                  | 4:48.45 | 201301059 | <b>4:44.28</b> | +0,68 | 1:06.87 | 2:19.81 | 3:33.38 | 4:44.28 |
| 12.              | Marcelo Fritz Medina  | De Dolfijn           | 4:59.56 | 201201885 | <b>4:45.24</b> | +0,73 | 1:04.20 | 2:16.12 | 3:30.89 | 4:45.24 |
| 13.              | Metz Agema            | Deltasteur           | 4:55.33 | 201200929 | <b>4:45.46</b> | +0,72 | 1:06.19 | 2:20.01 | 3:34.44 | 4:45.46 |
| <i>alle tt *</i> |                       |                      |         |           |                |       |         |         |         |         |
| 14.              | Kurt Feldmann         | Blue Marlins         | 5:09.33 | 201203089 | <b>4:45.98</b> | +0,77 | 1:07.17 | 2:20.15 | 3:35.00 | 4:45.98 |
| 15.              | Wessel Vis            | De Treffers          | 4:56.65 | 201201273 | <b>4:46.80</b> | +0,68 | 1:06.44 | 2:20.50 | 3:35.48 | 4:46.80 |
| 16.              | Ruben Lima Ribeiro    | Hellas-Glana         | 4:52.22 | 201300693 | <b>4:47.49</b> | +0,67 | 1:06.63 | 2:18.95 | 3:33.55 | 4:47.49 |
| 17.              | Siem Rewinkel         | De Veene             | 5:35.32 | 201201473 | <b>4:48.70</b> | +0,62 | 1:04.52 | 2:19.21 | 3:35.15 | 4:48.70 |
| 18.              | Jesse Voet            | Aqua-Novio'94        | 4:55.91 | 201300057 | <b>4:49.52</b> | +0,78 | 1:07.87 | 2:22.18 | 3:37.99 | 4:49.52 |
| 19.              | Lars Thül             | SWOL 1894            | 4:47.82 | 201200119 | <b>4:49.78</b> | +0,80 | 1:08.96 | 2:21.10 | 3:35.05 | 4:49.78 |
| 20.              | Rutger Donker         | NDD                  | 4:43.97 | 201200361 | <b>4:50.53</b> | +0,69 | 1:06.95 | 2:21.11 | 3:36.15 | 4:50.53 |
| 21.              | Luc van Drunick       | Noordwijkerhout      | 4:53.14 | 201201659 | <b>4:51.59</b> | +0,64 | 1:06.68 | 2:20.32 | 3:35.80 | 4:51.59 |
| 22.              | Gijs Leeneman         | HZ&PC Heerenveen     | 5:00.76 | 201200479 | <b>4:51.76</b> | +0,70 | 1:07.47 | 2:22.72 | 3:37.21 | 4:51.76 |
| 23.              | Orlando Caffaggi      | Blue Marlins         | 4:58.31 | 201203059 | <b>4:52.15</b> | +0,71 | 1:09.43 | 2:24.64 | 3:39.86 | 4:52.15 |
| 24.              | Michael Simons        | PSV                  | 5:03.80 | 201200025 | <b>4:52.69</b> | +0,64 | 1:09.89 | 2:26.43 | 3:41.22 | 4:52.69 |
| 25.              | L. Della Vedova       | De Otters Het Gooi   | 4:52.32 | 201201833 | <b>4:53.07</b> | +0,75 | 1:06.97 | 2:21.96 | 3:37.90 | 4:53.07 |
| 26.              | Pieter de Jonge       | Aqua-Novio'94        | 4:53.73 | 201200211 | <b>4:53.61</b> | +0,74 | 1:07.69 | 2:21.55 | 3:37.95 | 4:53.61 |
| 27.              | Celestin van der Beek | PSV                  | 5:02.41 | 201201183 | <b>4:53.90</b> | +0,67 | 1:09.56 | 2:25.00 | 3:39.52 | 4:53.90 |
| 28.              | Floris Meijers        | SWOL 1894            | 4:57.58 | 201300015 | <b>4:54.33</b> | +0,75 | 1:08.54 | 2:24.27 | 3:40.92 | 4:54.33 |
| 29.              | Bram Engelen          | Hellas-Glana         | 5:11.31 | 201300421 | <b>4:54.69</b> | +0,67 | 1:08.77 | 2:25.78 | 3:42.71 | 4:54.69 |
| 30.              | Luuk ten Asbroek      | Het Ravijn           | 5:06.99 | 201200601 | <b>4:58.14</b> | +0,68 | 1:10.11 | 2:26.81 | 3:44.03 | 4:58.14 |
| 31.              | Nouh Karman           | Zwemlust- den Hommel | 4:57.50 | 201201383 | <b>4:58.23</b> | +0,79 | 1:08.73 | 2:24.21 | 3:41.35 | 4:58.23 |
| 32.              | Maarten de Leeuw      | Deltasteur           | 5:03.30 | 201200241 | <b>4:59.00</b> | +0,75 | 1:09.38 | 2:26.11 | 3:42.57 | 4:59.00 |
| 33.              | Mats van der Kamp     | Deltasteur           | 4:59.00 | 201200113 | <b>5:00.85</b> | +0,64 | 1:10.70 | 2:26.47 | 3:43.80 | 5:00.85 |
| 34.              | Charles Araysa        | Zwemlust- den Hommel | 5:12.72 | 201201155 | <b>5:01.91</b> | +0,64 | 1:08.48 | 2:23.95 | 3:42.87 | 5:01.91 |
| 35.              | Thomas Metz           | ZPC AMERSFOORT       | 5:09.53 | 201300043 | <b>5:02.15</b> | +0,86 | 1:12.99 | 2:30.12 | 3:47.54 | 5:02.15 |
| 36.              | Stef van de Wal       | DWK                  | 5:07.74 | 201200803 | <b>5:02.66</b> | +0,40 | 1:10.31 | 2:27.12 | 3:44.19 | 5:02.66 |
| <i>100m*</i>     |                       |                      |         |           |                |       |         |         |         |         |
| 37.              | Thijs Valkenburg      | WVZ                  | 5:03.20 | 201201511 | <b>5:03.86</b> | +0,68 | 1:09.28 | 2:26.34 | 3:45.67 | 5:03.86 |
| 38.              | Tim Koornstra         | De Vikings           | 5:11.94 | 201200231 | <b>5:12.79</b> | +0,79 | 1:14.04 | 2:34.45 | 3:53.87 | 5:12.79 |
| 39.              | Rio Babic             | Steenwijk 1934       | 5:08.12 | 201200867 | <b>5:16.72</b> | +0,73 | 1:10.00 | 2:31.14 | 3:54.42 | 5:16.72 |
| 40.              | Isai Shields          | Niemo Barracuda      | 5:15.93 | 201300031 | <b>5:17.84</b> | +0,77 | 1:12.82 | 2:32.71 | 3:55.34 | 5:17.84 |

Programmanr. 4  
23-01-2026 - 16:11

Meisjes, 400m vrije slag

Onder 14  
Resultaten

| rang naam              | vereniging             | intijd            | tijd             | RT    | 100m    | 200m    | 300m    | 400m    |
|------------------------|------------------------|-------------------|------------------|-------|---------|---------|---------|---------|
| 1. Julia Bannatyne     | BZ&PC                  | 4:47.64 201201020 | <b>4:39.00</b>   | +0,73 | 1:05.61 | 2:17.84 | 3:29.82 | 4:39.00 |
| 2. Anouk Mulder        | De Columbiaan          | 4:44.68 201200962 | <b>4:43.35</b>   | +0,74 | 1:06.03 | 2:18.51 | 3:31.36 | 4:43.35 |
| 3. Lieselot Penning    | ZZ&PC De Devel         | 4:53.62 201200052 | <b>4:51.30</b>   | +0,73 | 1:09.01 | 2:23.07 | 3:37.85 | 4:51.30 |
| 4. Simone Brobbel      | Hoeksche Waard (SG)    | 4:52.57 201200058 | <b>4:52.25</b>   | +0,71 | 1:07.73 | 2:23.19 | 3:39.76 | 4:52.25 |
| 5. Valerie Rienties    | Zwemsport Parkstad     | 5:01.62 201200400 | <b>4:52.74</b>   | +0,69 | 1:07.52 | 2:22.38 | 3:37.88 | 4:52.74 |
| 6. Julia Ketelaars     | Hellas-Glana           | 4:55.03 201200028 | <b>4:53.22</b>   | +0,78 | 1:08.84 | 2:23.78 | 3:38.96 | 4:53.22 |
| 7. Charlotte Bakker    | BZ&PC                  | 5:00.63 201200524 | <b>4:53.50</b>   | +0,72 | 1:08.85 | 2:23.61 | 3:38.96 | 4:53.50 |
| 8. Roubin van Kampen   | ZPCH                   | 5:05.05 201200370 | <b>4:53.69</b>   | +0,76 | 1:07.53 | 2:23.19 | 3:39.75 | 4:53.69 |
| 9. Liv Schoon          | DAW                    | 5:00.75 201202112 | <b>4:55.44</b>   | +0,65 | 1:06.35 | 2:22.97 | 3:40.23 | 4:55.44 |
| 10. Tatum Vered        | Blue Marlins           | 5:02.26 201201322 | <b>4:55.53</b> * | +0,73 | 1:09.54 | 2:23.70 | 3:39.49 | 4:55.53 |
| 11. Boukje de Baedts   | Het Y                  | 4:57.29 201300756 | <b>4:56.79</b>   | +0,66 | 1:09.23 | 2:24.35 | 3:40.49 | 4:56.79 |
| 12. V. Parkhomenko     | Het Y                  | 4:58.11 201301610 | <b>4:56.90</b>   | +0,73 | 1:10.09 | 2:25.29 | 3:42.16 | 4:56.90 |
| 13. Eva ter Horst      | ZPC Hoogeveen          | 4:55.41 201200070 | <b>4:57.30</b>   | +0,78 | 1:09.71 | 2:24.87 | 3:41.69 | 4:57.30 |
| 14. Benthe de Beer     | PSV                    | 5:01.18 201302638 | <b>4:58.21</b> * | +0,62 | 1:09.70 | 2:24.80 | 3:40.96 | 4:58.21 |
| 15. Fay Jansen         | Aqua-Novio'94          | 5:00.98 201200154 | <b>4:59.03</b>   | +0,81 | 1:10.72 | 2:26.39 | 3:43.36 | 4:59.03 |
| 16. Jana Nelissen      | PSV                    | 5:03.06 201200350 | <b>5:00.40</b>   | +0,71 | 1:12.17 | 2:28.57 | 3:45.17 | 5:00.40 |
| 17. Coco Scheepers     | PSV                    | 5:04.02 201301462 | <b>5:00.63</b>   | +0,74 | 1:11.99 | 2:30.19 | 3:48.11 | 5:00.63 |
| 18. Fenna Gabriels     | ZPC Hoogeveen          | 5:11.20 201201230 | <b>5:02.75</b>   | +0,71 | 1:12.25 | 2:29.50 | 3:48.34 | 5:02.75 |
| 19. Fiene Quaak        | Z&PC De Ganze          | 5:12.42 201201142 | <b>5:02.96</b>   | +0,77 | 1:13.54 | 2:33.37 | 3:50.31 | 5:02.96 |
| 20. Jet Hogervorst     | De Columbiaan          | 5:06.94 201200738 | <b>5:03.81</b>   | +0,64 | 1:10.64 | 2:28.48 | 3:47.78 | 5:03.81 |
| 21. Lenny Bokkers      | De Zwoer               | 5:02.85 201300390 | <b>5:04.18</b>   | +0,67 | 1:10.86 | 2:29.13 | 3:47.62 | 5:04.18 |
| 22. Jinthe Kuiper      | SWOL 1894              | 5:04.30 201200688 | <b>5:04.35</b> * | +0,67 | 1:10.17 | 2:27.96 | 3:46.85 | 5:04.35 |
| 23. Fenna Beumer       | PSV                    | 5:11.32 201300176 | <b>5:05.75</b> * | +0,73 | 1:10.34 | 2:27.50 | 3:48.29 | 5:05.75 |
| 24. Joanne Strietman   | ZPC AMERSFOORT         | 5:08.07 201203784 | <b>5:06.22</b>   | +0,77 | 1:10.51 | 2:30.94 | 3:52.03 | 5:06.22 |
| 25. Madeé Boezen       | Zignea                 | 5:07.32 201300782 | <b>5:07.96</b>   | +0,65 | 1:10.46 | 2:29.36 | 3:49.73 | 5:07.96 |
| 26. Querine Schminnes  | ZC Borger              | 5:15.07 201200624 | <b>5:08.67</b>   | +0,79 | 1:11.98 | 2:32.45 | 3:52.78 | 5:08.67 |
| 27. Mischa Brouwers    | Hieronymus             | 5:13.45 201202208 | <b>5:09.33</b>   | +0,69 | 1:08.62 | 2:27.28 | 3:51.08 | 5:09.33 |
| 28. Caithlin Lakke     | Team Noord Holland (S) | 5:14.06 201302438 | <b>5:09.37</b>   | +0,72 | 1:11.21 | 2:32.28 | 3:53.48 | 5:09.37 |
| 29. T. van de Wetering | Arethusa               | 5:11.94 201200780 | <b>5:09.52</b>   | +0,72 | 1:12.38 | 2:32.59 | 3:53.38 | 5:09.52 |
| 30. Vicky Horens       | Hellas-Glana           | 4:58.33 201200252 | <b>5:09.95</b>   | +0,68 | 1:08.43 | 2:27.20 | 3:49.05 | 5:09.95 |
| 31. Guusje van Geest   | ACZ                    | 5:22.51 201200352 | <b>5:10.78</b>   | +0,82 | 1:12.52 | 2:32.91 | 3:53.09 | 5:10.78 |
| 32. Karlijn Siero      | SWOL 1894              | 5:12.54 201201758 | <b>5:11.73</b>   | +0,86 | 1:14.69 | 2:35.80 | 3:57.13 | 5:11.73 |
| 33. Alena Ytsma        | HZ&PC Heerenveen       | 5:16.98 201201736 | <b>5:12.67</b>   | +0,81 | 1:12.91 | 2:32.15 | 3:51.83 | 5:12.67 |
| 34. Nova Volmer        | Deltastuur             | 5:11.33 201300426 | <b>5:12.72</b>   | +0,75 | 1:13.81 | 2:34.70 | 3:56.22 | 5:12.72 |
| 35. Liva van Groningen | Team Noord Holland (S) | 5:09.76 201200280 | <b>5:13.83</b>   | +0,75 | 1:10.48 | 2:30.51 | 3:52.28 | 5:13.83 |
| 36. Feline Bruns       | ZC Polaris             | 5:05.98 201200730 | <b>5:15.85</b>   | +0,74 | 1:13.54 | 2:34.68 | 3:56.86 | 5:15.85 |
| 37. Saar Begeman       | ZPC de Kanaalstreek    | 5:15.63 201201594 | <b>5:15.88</b>   | +0,71 | 1:11.79 | 2:32.99 | 3:55.20 | 5:15.88 |
| 38. Elisa Obdam        | DAW                    | 5:07.08 201201444 | <b>5:20.33</b>   | +0,60 | 1:08.05 | 2:26.63 | 3:46.20 | 5:20.33 |
| 39. Fee Sevenants      | De Watervogels         | 5:26.83 201201884 | <b>5:22.98</b>   | +0,74 | 1:14.47 | 2:37.46 | 4:00.81 | 5:22.98 |
| 40. Jazz Hollander     | ZZ&PC De Devel         | 5:42.00 201300528 | <b>5:41.32</b>   |       | 1:15.79 | 2:43.27 | 4:13.49 | 5:41.32 |

Programmanr. 5  
23-01-2026 - 16:50

Jongens, 400m wisselslag

Onder 16  
Resultaten

| rang naam             | vereniging       | intijd            | tijd           | RT    | 100m    | 200m    | 300m    | 400m    |
|-----------------------|------------------|-------------------|----------------|-------|---------|---------|---------|---------|
| 1. Mattias Stolk      | HZ&PC Heerenveen | 4:47.42 201000525 | <b>4:41.89</b> | +0,71 | 1:03.47 | 2:18.71 | 3:36.33 | 4:41.89 |
| 2. Eli Shields        | Niemo Barracuda  | 4:45.88 201000407 | <b>4:45.35</b> | +0,67 | 1:04.23 | 2:16.58 | 3:39.20 | 4:45.35 |
| 3. D. van den Nouland | Blue Marlins     | 4:50.32 201000071 | <b>4:47.14</b> | +0,69 | 1:06.00 | 2:20.08 | 3:39.17 | 4:47.14 |
| 4. Laurens van Nulck  | Hellas-Glana     | 4:50.34 201100521 | <b>4:50.88</b> | +0,73 | 1:06.49 | 2:24.28 | 3:43.80 | 4:50.88 |
| 5. Sven Potappel      | DWK              | 4:54.49 201000127 | <b>4:51.09</b> | +0,69 | 1:03.64 | 2:22.40 | 3:43.92 | 4:51.09 |
| 6. Duco de Gelder     | Blue Marlins     | 4:50.21 201000217 | <b>4:51.49</b> | +0,71 | 1:07.68 | 2:19.46 | 3:43.88 | 4:51.49 |
| 7. Kasper Lubbers     | Orca             | 4:51.52 201100025 | <b>4:54.04</b> | +0,68 | 1:07.67 | 2:21.54 | 3:44.47 | 4:54.04 |
| 8. Baris Tomu         | ZPCH             | 5:03.36 201000869 | <b>4:54.33</b> | +0,66 | 1:06.93 | 2:21.47 | 3:49.46 | 4:54.33 |
| 9. Giovanni Wolfgang  | MSV-Zeemacht     | 5:00.46 201100859 | <b>4:54.46</b> | +0,68 | 1:04.52 | 2:22.49 | 3:47.54 | 4:54.46 |
| 10. Ruben Kragt       | Dedemsvaart-AC   | 4:57.29 201000007 | <b>4:54.87</b> | +0,69 | 1:04.22 | 2:17.85 | 3:44.98 | 4:54.87 |



Programmanr. 5, Jongens, 400m wisselslag, Onder 16

| rang naam                                                                         | vereniging           | intijd            | tijd             | RT    | 100m    | 200m    | 300m    | 400m    |
|-----------------------------------------------------------------------------------|----------------------|-------------------|------------------|-------|---------|---------|---------|---------|
| 11. Mees de Vries                                                                 | Zwemlust- den Hommel | 4:57.22 201001151 | <b>4:55.68</b>   | +0,79 | 1:07.64 | 2:29.10 | 3:46.17 | 4:55.68 |
| 12. O. Hordienko                                                                  | ZV De Aalscholver    | 4:53.12 201003061 | <b>4:56.83</b>   | +0,63 | 1:07.13 | 2:21.58 | 3:46.89 | 4:56.83 |
| 13. Kick Germers                                                                  | SWOL 1894            | 4:58.12 201000185 | <b>4:58.08</b>   | +0,87 | 1:08.33 | 2:26.75 | 3:49.31 | 4:58.08 |
| 14. Douwe Enzerink                                                                | ZPC AMERSFOORT       | 4:58.93 201102657 | <b>4:59.92</b>   | +0,64 | 1:07.79 | 2:27.30 | 3:53.18 | 4:59.92 |
| 15. Daan Mulder                                                                   | KSN (SG)             | 5:06.77 201100267 | <b>5:01.35</b>   | +0,80 | 1:06.60 | 2:22.11 | 3:51.82 | 5:01.35 |
| 16. Thijmen Pruijssers                                                            | Hieronymus           | 4:59.67 201000129 | <b>5:02.03</b>   | +0,66 | 1:07.69 | 2:22.72 | 3:52.38 | 5:02.03 |
| 17. Milan Schuilenburg                                                            | ZPC AMERSFOORT       | 5:13.69 201000935 | <b>5:03.74</b>   | +0,69 | 1:08.84 | 2:32.45 | 3:52.56 | 5:03.74 |
| 18. Gerdian Leefink                                                               | ZPC De Hof           | 5:01.94 201000091 | <b>5:04.13</b>   | +0,83 | 1:06.62 | 2:27.21 | 3:52.51 | 5:04.13 |
| 19. Evren Ege Orcunus                                                             | De Dolfijn           | 4:58.65 201003253 | <b>5:04.44</b>   | +0,67 | 1:04.00 | 2:23.48 | 3:53.38 | 5:04.44 |
| 20. Tristan Meijers                                                               | SWOL 1894            | 5:05.62 201000089 | <b>5:05.31</b>   | +0,75 | 1:10.82 | 2:27.39 | 3:56.82 | 5:05.31 |
| 21. Zion Eijkenboom                                                               | Hellas-Glana         | 5:07.99 201100043 | <b>5:08.45</b>   | +0,76 | 1:09.83 | 2:27.14 | 3:58.15 | 5:08.45 |
| 22. Mauro Bedeke                                                                  | DAW                  | 5:12.06 201000537 | <b>5:10.00</b> * | +0,66 | 1:06.53 | 2:27.42 | 3:58.98 | 5:10.00 |
| 23. Mathieu Gepkens                                                               | VZC                  | 5:10.03 201000045 | <b>5:10.67</b>   | +0,83 | 1:08.83 | 2:29.10 | 3:55.14 | 5:10.67 |
| 24. Max van der Spank                                                             | TRB-RES              | 4:53.44 201000275 | <b>5:10.68</b>   | +0,69 | 1:05.29 | 2:23.83 | 3:54.96 | 5:10.68 |
| 25. Stan Nijhuis                                                                  | OZ&PC                | 5:13.22 201100191 | <b>5:14.98</b>   | +0,79 | 1:13.11 | 2:32.71 | 4:04.24 | 5:14.98 |
| 26. Thijs Jonkman                                                                 | De Duck              | 5:11.09 201000481 | <b>5:15.67</b>   | +0,75 | 1:06.63 | 2:28.30 | 4:01.39 | 5:15.67 |
| 27. Daniël Hofman                                                                 | SG Octopus - ZVV     | 5:14.98 201000417 | <b>5:16.45</b>   | +0,81 | 1:11.46 | 2:32.38 | 4:01.16 | 5:16.45 |
| 28. Christiaan Wegman                                                             | ZPCH                 | 5:11.29 201001751 | <b>5:20.30</b>   | +0,87 | 1:10.59 | 2:31.21 | 4:07.63 | 5:20.30 |
| 29. Roemer Bindels                                                                | Blue Marlins         | 5:12.93 201003335 | <b>5:20.61</b>   | +0,74 | 1:12.18 | 2:31.57 | 4:06.24 | 5:20.61 |
| 30. David van der Valk                                                            | Wiekslag             | 5:15.92 201100519 | <b>5:20.71</b>   | +0,76 | 1:09.50 | 2:32.80 | 4:05.25 | 5:20.71 |
| DIS Kris Westerhout                                                               | ZZ&PC De Devel       | 5:15.64 201000883 |                  | +0,68 |         |         |         |         |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |                      |                   |                  |       |         |         |         |         |
| NG Tycho Wienbelt                                                                 | De Vikings           | 4:58.85 201001397 |                  |       |         |         |         |         |

Programmanr. 6  
23-01-2026 - 17:12

Meisjes, 400m wisselslag

Onder 16  
Resultaten

| rang naam                   | vereniging       | intijd            | tijd           | RT    | 100m    | 200m    | 300m    | 400m    |
|-----------------------------|------------------|-------------------|----------------|-------|---------|---------|---------|---------|
| 1. Yill van Bezouw          | Hieronymus       | 4:56.10 201100704 | <b>4:53.78</b> | +0,69 | 1:04.68 | 2:19.41 | 3:45.67 | 4:53.78 |
| <i>Kampioenschapsrecord</i> |                  |                   |                |       |         |         |         |         |
| 2. Fenne Metten             | ZPC AMERSFOORT   | 4:56.68 201000102 | <b>5:02.27</b> | +0,84 | 1:07.44 | 2:22.95 | 3:54.09 | 5:02.27 |
| 3. Elin Reinstra            | TriVia           | 5:13.40 201100842 | <b>5:11.40</b> | +0,80 | 1:11.42 | 2:28.93 | 4:00.53 | 5:11.40 |
| 4. Anna Lepoutre            | PSV              | 5:15.36 201100534 | <b>5:16.94</b> | +0,70 | 1:08.92 | 2:28.80 | 4:06.09 | 5:16.94 |
| 5. Noa van Zalk             | ZPC AMERSFOORT   | 5:13.37 201102534 | <b>5:17.08</b> | +0,71 | 1:08.99 | 2:30.70 | 4:05.57 | 5:17.08 |
| 6. Julia Dąbrowska          | Blue Marlins     | 5:30.89 201000300 | <b>5:20.05</b> | +0,76 | 1:10.82 | 2:33.15 | 4:05.65 | 5:20.05 |
| 7. Milou Filemon            | Blue Marlins     | 5:12.83 201100078 | <b>5:20.68</b> | +0,66 | 1:12.87 | 2:31.62 | 4:05.34 | 5:20.68 |
| 8. Mia Hoeflaken            | PSV              | 5:19.32 201004108 | <b>5:22.26</b> | +0,69 | 1:11.01 | 2:37.00 | 4:06.34 | 5:22.26 |
| 9. Mandy Berndszen          | VZC              | 5:25.65 201001138 | <b>5:23.56</b> | +0,77 | 1:13.22 | 2:37.91 | 4:08.96 | 5:23.56 |
| 10. Linou van Kampen        | ZPCH             | 5:26.76 201000594 | <b>5:23.90</b> | +0,88 | 1:13.55 | 2:37.85 | 4:07.10 | 5:23.90 |
| 11. Myrthe Rozendaal        | Aqua-Novio'94    | 5:25.54 201000790 | <b>5:23.99</b> | +0,78 | 1:16.42 | 2:40.29 | 4:09.55 | 5:23.99 |
| 12. Nina Tetteroo           | De Columbiaan    | 5:20.63 201000048 | <b>5:24.31</b> | +0,74 | 1:15.37 | 2:35.61 | 4:10.10 | 5:24.31 |
| 13. Casharell Kraan         | Blue Marlins     | 5:29.80 201103426 | <b>5:24.81</b> | +0,68 | 1:15.28 | 2:38.16 | 4:11.19 | 5:24.81 |
| 14. Pien Walstra            | De Treffers      | 5:26.49 201101034 | <b>5:25.18</b> | +0,79 | 1:16.43 | 2:40.22 | 4:17.46 | 5:25.18 |
| 15. Ilse Jongepier          | TriVia           | 5:26.34 201000006 | <b>5:26.01</b> | +0,79 | 1:15.22 | 2:38.62 | 4:15.39 | 5:26.01 |
| 16. Carlijn Dezutter        | Scheldeestroom   | 5:35.38 201100770 | <b>5:26.57</b> | +0,74 | 1:12.71 | 2:34.26 | 4:08.97 | 5:26.57 |
| 17. Lobke Hempenius         | HZ&PC Heerenveen | 5:22.35 201100522 | <b>5:26.95</b> | +0,75 | 1:16.35 | 2:35.97 | 4:10.10 | 5:26.95 |
| 18. Yanique Bax             | ZPC AMERSFOORT   | 5:28.47 201001428 | <b>5:27.36</b> | +0,70 | 1:13.10 | 2:35.18 | 4:14.81 | 5:27.36 |
| 19. Wieke Dekker            | De Dolfijn       | 5:22.58 201002020 | <b>5:27.73</b> | +0,76 | 1:15.77 | 2:40.96 | 4:10.69 | 5:27.73 |
| 20. Erin de Jong            | Link             | 5:22.92 201000024 | <b>5:27.89</b> | +0,76 | 1:08.73 | 2:31.82 | 4:12.43 | 5:27.89 |
| 21. Alaine Lomans           | Hellas-Glana     | 5:28.57 201000420 | <b>5:29.82</b> | +0,70 | 1:11.66 | 2:36.58 | 4:12.19 | 5:29.82 |
| 22. Femke ter Horst         | ZPC Hoogeveen    | 5:30.53 201000108 | <b>5:29.84</b> | +0,79 | 1:12.43 | 2:36.74 | 4:14.39 | 5:29.84 |
| 23. Rozalia Diederiks       | ZVL-1886         | 5:19.23 201100904 | <b>5:30.32</b> | +0,82 | 1:15.66 | 2:38.66 | 4:11.79 | 5:30.32 |
| 24. Kyara Balt              | De Vikings       | 5:22.08 201100306 | <b>5:31.19</b> | +0,86 | 1:16.70 | 2:37.95 | 4:16.92 | 5:31.19 |
| 25. Florian Pot             | OZ&PC            | 5:27.65 201000768 | <b>5:31.36</b> | +0,83 | 1:15.24 | 2:40.74 | 4:19.94 | 5:31.36 |
| 26. Dana Bulters            | De Dolfijn       | 5:28.90 201104138 | <b>5:31.80</b> | +0,70 | 1:19.25 | 2:41.61 | 4:20.54 | 5:31.80 |
| 27. Romy de Graaf           | Hellas-Glana     | 5:30.22 201003660 | <b>5:31.87</b> | +0,77 | 1:14.52 | 2:34.64 | 4:14.83 | 5:31.87 |

Programmanr. 6, Meisjes, 400m wisselslag, Onder 16

| rang naam               | vereniging          | intijd            | tijd             | RT    | 100m    | 200m    | 300m    | 400m    |
|-------------------------|---------------------|-------------------|------------------|-------|---------|---------|---------|---------|
| 28. Elle van Gemenen    | DAW                 | 5:28.24 201100428 | <b>5:32.05</b>   | +0,70 | 1:12.37 | 2:37.19 | 4:13.24 | 5:32.05 |
| 29. Meike van der Klugt | WVZ                 | 5:37.28 201100808 | <b>5:32.08</b>   | +0,81 | 1:16.01 | 2:40.35 | 4:15.74 | 5:32.08 |
| 30. Raegan Belmar       | Albion              | 5:25.67 201004070 | <b>5:32.09</b>   | +0,72 | 1:13.15 | 2:35.46 | 4:13.46 | 5:32.09 |
| 31. Sara Creemers       | Hellas-Glana        | 5:40.11 201100242 | <b>5:32.10</b>   | +0,70 | 1:16.70 | 2:42.27 | 4:16.26 | 5:32.10 |
| 32. Fleur Buijs         | Hieronymus          | 5:38.71 201100676 | <b>5:32.44</b>   | +0,75 | 1:20.14 | 2:47.06 | 4:17.48 | 5:32.44 |
| 33. Elin Baars          | DWK                 | 5:23.27 201000138 | <b>5:32.84</b>   | +0,73 | 1:15.78 | 2:39.65 | 4:14.00 | 5:32.84 |
| 34. Lotte Euverman      | KSN (SG)            | 5:38.69 201101228 | <b>5:33.04</b>   | +0,77 | 1:15.92 | 2:42.81 | 4:18.10 | 5:33.04 |
| 35. R. van den Bosch    | V.Z.V. Njord        | 5:32.51 201001828 | <b>5:33.15</b>   | +0,79 | 1:16.90 | 2:40.72 | 4:17.97 | 5:33.15 |
| 36. Esra Simon          | Hellas-Glana        | 5:30.37 201100004 | <b>5:33.42</b>   | +0,79 | 1:13.35 | 2:37.80 | 4:13.45 | 5:33.42 |
| 37. K. Makhmadiyarova   | Blue Marlins        | 5:31.50 201103178 | <b>5:33.60</b>   | +0,80 | 1:15.59 | 2:38.75 | 4:16.13 | 5:33.60 |
| 38. Jayna Wagemakers    | Hieronymus          | 5:32.88 201000226 | <b>5:35.92</b>   | +0,82 | 1:18.98 | 2:43.11 | 4:19.28 | 5:35.92 |
| 39. Norell Kroeze       | ZC Polaris          | 5:34.36 201100378 | <b>5:36.83</b>   | +0,67 | 1:19.41 | 2:46.55 | 4:21.74 | 5:36.83 |
| 40. Nienke v. Weenen    | De Schotetijl       | 5:33.46 201000282 | <b>5:37.39</b>   | +0,73 | 1:14.07 | 2:38.38 | 4:19.43 | 5:37.39 |
| 41. Mirthe de Haan      | ZCNF'34             | 5:41.65 201000866 | <b>5:38.02</b>   | +0,83 | 1:23.95 | 2:45.47 | 4:20.24 | 5:38.02 |
| 42. Myrthe Bruinsma     | ZPC AMERSFOORT      | 5:41.72 201101108 | <b>5:38.89</b>   | +0,84 | 1:16.99 | 2:44.75 | 4:21.36 | 5:38.89 |
| 43. Elke Kriesels       | Blue Marlins        | 5:32.26 201100898 | <b>5:41.29</b>   | +0,76 | 1:17.14 | 2:47.40 | 4:27.17 | 5:41.29 |
| 44. Sophie Hoogervorst  | AZC                 | 5:41.69 201100252 | <b>5:41.37</b>   | +0,74 | 1:29.14 | 2:50.96 | 4:25.88 | 5:41.37 |
| 45. Breanna Belmar      | Albion              | 5:30.19 201004068 | <b>5:43.43</b> * | +0,68 | 1:15.61 | 2:47.67 | 4:26.75 | 5:43.43 |
| 46. Esmee Reuver        | ZC Polaris          | 5:39.85 201100846 | <b>5:44.76</b>   | +0,75 | 1:22.88 | 2:44.05 | 4:24.59 | 5:44.76 |
| 47. Morrison Schram     | Z&PC De Zeeuwse Kus | 5:38.06 201100686 | <b>5:46.70</b> * | +0,74 | 1:20.02 | 2:48.41 | 4:27.32 | 5:46.70 |
| 48. Noa Spaans          | De Dolfijn          | 5:36.59 201100222 | <b>5:50.81</b>   | +0,72 | 1:21.28 | 2:45.92 | 4:28.62 | 5:50.81 |
| AFGEM Odenza Soselisa   | Blue Marlins        | 5:29.31 201101780 |                  |       |         |         |         |         |

Programmanr. 7  
23-01-2026 - 17:48

Jongens, 200m rugslag

Onder 14  
Resultaten

| rang naam                | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|--------------------------|----------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1. Luca Denkers          | ZV New Wave Almere   | 2:25.09 201202399 | <b>2:16.94</b>   | +0,57 | 31.44 | 1:06.27 | 1:42.48 | 2:16.94 |
| 2. Max van Splunder      | De Dolfijn           | 2:21.43 201200531 | <b>2:18.22</b>   | +0,66 | 31.99 | 1:07.07 | 1:43.10 | 2:18.22 |
| 3. A. Janse van Rensburg | De Treffers          | 2:24.86 201202261 | <b>2:18.65</b>   | +0,71 | 33.15 | 1:08.89 | 1:44.83 | 2:18.65 |
| 4. Tim Slagers           | Aquapoldro           | 2:21.35 201200263 | <b>2:19.29</b>   | +0,64 | 32.93 | 1:08.37 | 1:44.32 | 2:19.29 |
| 5. Marcelo Fritz Medina  | De Dolfijn           | 2:36.25 201201885 | <b>2:26.24</b> * | +0,67 | 33.15 | 1:10.14 | 1:48.16 | 2:26.24 |
| 6. Tijn Pieters          | Orca                 | 2:25.38 201300715 | <b>2:26.36</b>   | +0,64 | 33.34 | 1:09.87 | 1:47.92 | 2:26.36 |
| 7. Rutger Donker         | NDD                  | 2:29.48 201200361 | <b>2:27.43</b>   | +0,69 | 34.17 | 1:11.79 | 1:49.96 | 2:27.43 |
| 8. Michael Simons        | PSV                  | 2:38.11 201200025 | <b>2:27.48</b>   | +0,61 | 34.06 | 1:12.37 | 1:50.72 | 2:27.48 |
| 9. Toa Jahn              | Het Y                | 2:30.26 201201665 | <b>2:27.84</b> * | +0,67 | 33.43 | 1:11.02 | 1:49.81 | 2:27.84 |
| 10. Pieter de Jonge      | Aqua-Novio'94        | 2:25.51 201200211 | <b>2:28.24</b>   | +0,74 | 34.25 | 1:11.79 | 1:50.25 | 2:28.24 |
| 11. Charles Araysa       | Zwemlust- den Hommel | 2:31.40 201201155 | <b>2:30.50</b>   | +0,68 | 34.56 | 1:12.33 | 1:51.35 | 2:30.50 |
| 12. Jesse Voet           | Aqua-Novio'94        | 2:37.30 201300057 | <b>2:30.74</b>   | +0,67 | 35.43 | 1:13.88 | 1:52.90 | 2:30.74 |
| 13. Wessel Vis           | De Treffers          | 2:33.93 201201273 | <b>2:30.75</b>   | +0,70 | 35.13 | 1:13.24 | 1:52.82 | 2:30.75 |
| 14. Siem Rewinkel        | De Veene             | 2:30.50 201201473 | <b>2:32.06</b>   | +0,79 | 34.75 | 1:13.74 | 1:53.97 | 2:32.06 |
| 15. Felipe Kerkhoff      | ZPC AMERSFOORT       | 2:36.62 201202625 | <b>2:32.26</b> * | +0,78 | 36.07 | 1:14.82 | 1:53.94 | 2:32.26 |
| 16. Kurt Feldmann        | Blue Marlins         | 2:47.59 201203089 | <b>2:32.86</b>   | +0,82 | 34.69 | 1:14.64 | 1:54.45 | 2:32.86 |
| 17. Orlando Caffaggi     | Blue Marlins         | 2:31.51 201203059 | <b>2:33.02</b>   | +0,64 | 35.64 | 1:14.98 | 1:54.71 | 2:33.02 |
| 18. Guust Heijne         | DWK                  | 2:35.00 201202139 | <b>2:33.14</b> * | +0,65 | 37.63 | 1:16.50 | 1:55.45 | 2:33.14 |
| 19. Ruben Lima Ribeiro   | Hellas-Glana         | 2:35.68 201300693 | <b>2:33.29</b>   | +0,71 | 36.59 | 1:15.87 | 1:55.61 | 2:33.29 |
| 20. Gijs Leeneman        | HZ&PC Heerenveen     | 2:38.60 201200479 | <b>2:33.63</b>   | +0,60 | 35.99 | 1:15.53 | 1:54.91 | 2:33.63 |
| 21. Floris Meijers       | SWOL 1894            | 2:36.52 201300015 | <b>2:34.34</b>   | +0,66 | 35.99 | 1:15.57 | 1:55.61 | 2:34.34 |
| 22. Luuk ten Asbroek     | Het Ravijn           | 2:29.75 201200601 | <b>2:34.39</b>   | +0,66 | 35.67 | 1:14.55 | 1:54.72 | 2:34.39 |
| 23. Finn Ostermann       | AZC                  | 2:39.23 201301059 | <b>2:35.05</b>   | +0,74 | 37.69 | 1:17.16 | 1:57.17 | 2:35.05 |
| 24. Nouh Karman          | Zwemlust- den Hommel | 2:35.83 201201383 | <b>2:35.45</b>   | +0,80 | 36.69 | 1:16.74 | 1:57.12 | 2:35.45 |
| 25. Jaro Hermans         | PSV                  | 2:35.32 201200173 | <b>2:35.56</b>   | +0,67 | 36.14 | 1:14.98 | 1:55.33 | 2:35.56 |
| 26. Lars Thül            | SWOL 1894            | 2:34.49 201200119 | <b>2:36.09</b>   | +0,76 | 37.70 | 1:17.59 | 1:58.47 | 2:36.09 |
| 27. Maarten de Leeuw     | Deltasteur           | 2:34.51 201200241 | <b>2:36.24</b>   | +0,78 | 37.12 | 1:16.68 | 1:56.70 | 2:36.24 |
| 28. Joep Barwegen        | HZ&PC Heerenveen     | 2:41.75 201201823 | <b>2:36.38</b>   | +0,63 | 35.49 | 1:15.82 | 1:56.52 | 2:36.38 |
| 29. Isai Shields         | Niemo Barracuda      | 2:46.60 201300031 | <b>2:36.55</b>   | +0,70 | 37.26 | 1:17.29 | 1:57.95 | 2:36.55 |
| 30. Thomas Metz          | ZPC AMERSFOORT       | 2:41.23 201300043 | <b>2:37.66</b>   | +0,80 | 37.79 | 1:17.52 | 1:57.83 | 2:37.66 |

NJK korte baan 2026  
Amsterdam, 23- - 25-1-2026

Programmanr. 7, Jongens, 200m rugslag, Onder 14

| rang naam                         | vereniging         | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------------------|--------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 31. Rio Babic                     | Steenwijk 1934     | 2:36.81 201200867 | <b>2:37.71</b>   | +0,70 | 36.12 | 1:16.63 | 1:57.94 | 2:37.71 |
| 32. Thijs Valkenburg              | WVZ                | 2:38.81 201201511 | <b>2:37.80</b> * | +0,68 | 36.67 | 1:17.11 | 1:58.82 | 2:37.80 |
| 33. Bram Engelen<br>alle tijden * | Hellas-Glana       | 2:42.98 201300421 | <b>2:37.95</b>   | +0,56 | 37.19 | 1:17.41 | 1:58.14 | 2:37.95 |
| 34. Luc van Drunick               | Noordwijkerhout    | 2:45.83 201201659 | <b>2:39.18</b>   | +0,60 | 37.18 | 1:17.42 | 1:59.33 | 2:39.18 |
| Tim Koornstra                     | De Vikings         | 2:39.55 201200231 | <b>2:39.18</b>   | +0,73 | 37.88 | 1:19.81 | 2:00.81 | 2:39.18 |
| 36. Celestin van der Beek         | PSV                | 2:37.80 201201183 | <b>2:39.20</b>   | +0,70 | 36.35 | 1:17.44 | 1:59.15 | 2:39.20 |
| 37. L. Della Vedova               | De Otters Het Gooi | 2:41.53 201201833 | <b>2:40.84</b>   | +0,89 | 37.00 | 1:17.86 | 2:00.05 | 2:40.84 |
| 38. Stef van de Wal               | DWK                | 2:46.24 201200803 | <b>2:46.65</b>   | +0,68 | 39.46 | 1:21.68 | 2:04.56 | 2:46.65 |
| 39. Mats van der Kamp             | Deltasteur         | 2:53.45 201200113 | <b>2:54.78</b> * | +0,70 | 40.25 | 1:25.13 | 2:10.53 | 2:54.78 |
| DIS Metz Agema                    | Deltasteur         | 2:48.26 201200929 |                  | +0,89 |       |         |         |         |

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Programmanr. 8  
23-01-2026 - 18:06

Meisjes, 200m rugslag

Onder 14  
Resultaten

| rang naam              | vereniging             | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|------------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1. Julia Bannatyne     | BZ&PC                  | 2:28.25 201201020 | <b>2:22.70</b>   | +0,67 | 33.03 | 1:09.21 | 1:45.94 | 2:22.70 |
| 2. Eva ter Horst       | ZPC Hoogeveen          | 2:28.71 201200070 | <b>2:23.68</b>   | +0,65 | 33.42 | 1:08.63 | 1:45.92 | 2:23.68 |
| 3. Simone Brobbel      | Hoeksche Waard (SG)    | 2:30.18 201200058 | <b>2:26.35</b>   | +0,74 | 34.44 | 1:12.08 | 1:50.55 | 2:26.35 |
| 4. Anouk Mulder        | De Columbiaan          | 2:30.82 201200962 | <b>2:31.34</b>   | +0,78 | 35.28 | 1:13.36 | 1:53.28 | 2:31.34 |
| 5. Valerie Rienties    | Zwemsport Parkstad     | 2:33.41 201200400 | <b>2:31.46</b>   | +0,60 | 34.93 | 1:13.00 | 1:52.67 | 2:31.46 |
| 6. Coco Scheepers      | PSV                    | 2:33.84 201301462 | <b>2:32.97</b>   | +0,66 | 34.63 | 1:12.87 | 1:52.53 | 2:32.97 |
| 7. V. Parkhomenko      | Het Y                  | 2:38.62 201301610 | <b>2:35.02</b>   | +0,86 | 36.65 | 1:15.67 | 1:55.77 | 2:35.02 |
| 8. Fiene Quaak         | Z&PC De Ganze          | 2:41.20 201201142 | <b>2:35.40</b>   | +0,69 | 37.20 | 1:17.54 | 1:58.14 | 2:35.40 |
| 9. Fenna Gabriels      | ZPC Hoogeveen          | 2:37.32 201201230 | <b>2:35.71</b>   | +0,83 | 37.20 | 1:16.87 | 1:56.91 | 2:35.71 |
| 10. Saar Begeman       | ZPC de Kanaalstreek    | 2:35.10 201201594 | <b>2:35.77</b>   | +0,74 | 36.31 | 1:16.74 | 1:57.11 | 2:35.77 |
| 11. Tatum Vered        | Blue Marlins           | 2:39.87 201201322 | <b>2:36.20</b>   | +0,74 | 36.90 | 1:16.10 | 1:56.36 | 2:36.20 |
| 12. Fenna Beumer       | PSV                    | 2:33.55 201300176 | <b>2:36.46</b>   | +0,75 | 36.02 | 1:14.75 | 1:55.81 | 2:36.46 |
| 13. Querine Schminnes  | ZC Borger              | 2:41.19 201200624 | <b>2:38.21</b>   | +0,80 | 38.01 | 1:18.27 | 1:59.23 | 2:38.21 |
| 14. Liv Schoon         | DAW                    | 2:43.25 201202112 | <b>2:38.83</b> * | +0,80 | 36.49 | 1:16.54 | 1:54.73 | 2:38.83 |
| 15. T. van de Wetering | Arethusa               | 2:40.29 201200780 | <b>2:38.91</b>   | +0,74 | 36.73 | 1:17.89 | 1:59.97 | 2:38.91 |
| 16. Madeé Boezen       | Zignea                 | 2:43.60 201300782 | <b>2:39.61</b>   | +0,66 | 36.15 | 1:16.21 | 1:58.23 | 2:39.61 |
| 17. Jet Hogervorst     | De Columbiaan          | 2:43.32 201200738 | <b>2:40.20</b>   | +0,74 | 37.17 | 1:17.28 | 1:58.71 | 2:40.20 |
| 18. Lieselot Penning   | ZZ&PC De Devel         | 2:43.71 201200052 | <b>2:40.83</b>   | +0,60 | 38.10 | 1:18.95 | 2:00.37 | 2:40.83 |
| 19. Alena Ytsma        | HZ&PC Heerenveen       | 2:43.60 201201736 | <b>2:40.88</b>   | +0,81 | 37.00 | 1:16.92 | 1:58.84 | 2:40.88 |
| 20. Joanne Strietman   | ZPC AMERSFOORT         | 2:36.59 201203784 | <b>2:41.22</b>   | +0,74 | 37.77 | 1:18.95 | 2:01.34 | 2:41.22 |
| 21. Boukje de Baedts   | Het Y                  | 2:46.15 201300756 | <b>2:41.59</b>   | +0,69 | 38.88 | 1:20.03 | 2:01.37 | 2:41.59 |
| 22. Feline Bruns       | ZC Polaris             | 2:41.23 201200730 | <b>2:42.15</b>   | +0,77 | 37.11 | 1:18.78 | 2:01.59 | 2:42.15 |
| 23. Vicky Horens       | Hellas-Glana           | 2:39.20 201200252 | <b>2:42.68</b>   | +0,61 | 35.84 | 1:16.52 | 1:59.92 | 2:42.68 |
| 24. Jana Nelissen      | PSV                    | 2:43.04 201200350 | <b>2:43.58</b>   | +0,56 | 37.17 | 1:18.31 | 2:01.44 | 2:43.58 |
| 25. Fay Jansen         | Aqua-Novio'94          | 2:42.08 201200154 | <b>2:43.69</b>   | +0,88 | 38.44 | 1:19.72 | 2:01.96 | 2:43.69 |
| 26. Charlotte Bakker   | BZ&PC                  | 2:50.67 201200524 | <b>2:44.51</b>   | +0,81 | 38.18 | 1:19.94 | 2:02.42 | 2:44.51 |
| 27. Lenny Bokkers      | De Zwoer               | 2:45.54 201300390 | <b>2:44.96</b> * | +0,67 | 37.78 | 1:19.69 | 2:03.20 | 2:44.96 |
| 28. Liva van Groningen | Team Noord Holland (S) | 2:43.19 201200280 | <b>2:45.38</b>   | +0,75 | 37.50 | 1:19.32 | 2:02.22 | 2:45.38 |
| 29. Fee Sevenants      | De Watervogels         | 2:44.84 201201884 | <b>2:46.20</b>   | +0,65 | 39.37 | 1:21.46 | 2:04.69 | 2:46.20 |
| 30. Mischa Brouwers    | Hieronymus             | 2:52.26 201202208 | <b>2:46.51</b>   | +0,64 | 37.72 | 1:20.60 | 2:04.39 | 2:46.51 |
| 31. Karlijn Siero      | SWOL 1894              | 2:51.00 201201758 | <b>2:46.56</b>   | +0,85 | 39.82 | 1:21.87 | 2:05.82 | 2:46.56 |
| 32. Nova Volmer        | Deltasteur             | 2:46.79 201300426 | <b>2:47.19</b>   | +0,68 | 37.78 | 1:20.07 | 2:04.30 | 2:47.19 |
| 33. Roubin van Kampen  | ZPCH                   | 2:51.32 201200370 | <b>2:47.21</b>   | +0,78 | 38.66 | 1:20.50 | 2:03.90 | 2:47.21 |
| 34. Benthe de Beer     | PSV                    | 2:46.78 201302638 | <b>2:47.23</b>   | +0,56 | 38.84 | 1:21.19 | 2:04.58 | 2:47.23 |
| 35. Jinthe Kuiper      | SWOL 1894              | 2:46.98 201200688 | <b>2:47.39</b>   | +0,74 | 38.71 | 1:21.21 | 2:05.33 | 2:47.39 |
| 36. Julia Ketelaars    | Hellas-Glana           | 2:44.35 201200028 | <b>2:53.19</b> * | +0,65 | 40.04 | 1:23.43 | 2:08.49 | 2:53.19 |
| DIS Caithlin Lakke     | Team Noord Holland (S) | 2:42.88 201302438 |                  | +0,71 |       |         |         |         |

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Programmanr. 8, Meisjes, 200m rugslag, Onder 14

| rang naam                                                                         | vereniging     | intijd            | tijd | RT    | 50m | 100m | 150m | 200m |
|-----------------------------------------------------------------------------------|----------------|-------------------|------|-------|-----|------|------|------|
| DIS Jazz Hollander                                                                | ZZ&PC De Devel | 2:52.58 201300528 |      | +0,80 |     |      |      |      |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |                |                   |      |       |     |      |      |      |
| DIS Guusje van Geest                                                              | ACZ            | 2:32.33 201200352 |      | +0,78 |     |      |      |      |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |                |                   |      |       |     |      |      |      |
| DIS Elisa Obdam                                                                   | DAW            | 2:47.37 201201444 |      | +0,58 |     |      |      |      |
| <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>            |                |                   |      |       |     |      |      |      |

Programmanr. 9  
23-01-2026 - 18:34

Jongens, 4 x 200m vrije slag

Onder 16  
Resultaten

| rang                      | vereniging           | intijd      | tijd            | RT              |
|---------------------------|----------------------|-------------|-----------------|-----------------|
| 1. Blue Marlins 1         | Blue Marlins         | 8:11.87     | 8:07.14         | +0,73           |
| Duco de Gelder            | 16                   | +0,73 26.72 | 56.88 1:28.74   | 2:00.63 2:00.63 |
| Mees Janssen              | 15                   | +0,42 27.71 | 58.19 1:29.42   | 2:00.88 2:00.88 |
| Girish Nolden             | 16                   | +0,66 23.45 | 57.51 1:30.03   | 2:02.33 2:02.33 |
| Dax van den Nouland       | 16                   | +0,44 28.08 | 59.11 1:31.47   | 2:03.30 2:03.30 |
| 2. Zwemlust- den Hommel 1 | Zwemlust- den Hommel | 8:27.30     | 8:17.19         | +0,71           |
| Bink Elgersma             | 16                   | +0,71 26.01 | 55.25 1:25.04   | 1:54.85 1:54.85 |
| Quinten Hofman            | 16                   | +0,22 28.02 | 1:00.65 1:35.13 | 2:08.89 2:08.89 |
| Mees de Vries             | 16                   | +0,41 27.74 | 1:00.15 1:34.14 | 2:07.07 2:07.07 |
| Gwee Bokma                | 16                   | +0,18 26.84 | 57.88 1:31.17   | 2:06.38 2:06.38 |
| 3. Hellas-Glana 1         | Hellas-Glana         | 8:23.53     | 8:22.94         | +0,73           |
| Tren Wullms               | 16                   | +0,73 28.19 | 59.72 1:32.17   | 2:04.96 2:04.96 |
| Sam Diederens             | 16                   | +0,14 26.98 | 57.94 1:31.68   | 2:05.76 2:05.76 |
| Zion Eijkenboom           | 15                   | +0,31 29.02 | 1:01.85 1:36.03 | 2:09.42 2:09.42 |
| Laurens van Nulck         | 15                   | +0,14 27.29 | 58.81 1:31.44   | 2:02.80 2:02.80 |
| 4. OZ&PC 1                | OZ&PC                | 8:30.51     | 8:24.89         | +0,67           |
| 400m*                     |                      |             |                 |                 |
| Daan Overmars             | 15                   | +0,67 28.33 | 59.37 1:32.37   | 2:04.78 2:04.78 |
| Stan Nijhuis              | 15                   | +0,27 28.82 | 1:01.63 1:36.02 | 2:11.18 2:11.18 |
| Rafaël Agterbos           | 16                   | 27.66       | 58.90 1:31.47   | 2:03.93 2:03.93 |
| Dewin Volker              | 15                   | +0,39 28.23 | 59.77 1:32.84   | 2:05.00 2:05.00 |
| 5. De Dolfijn 1           | De Dolfijn           | 8:25.44     | 8:25.90         | +0,67           |
| Henry Watson              | 16                   | +0,67 27.11 | 57.87 1:29.54   | 2:02.10 2:02.10 |
| Evren Ege Orcunus         | 16                   | +0,02 27.96 | 59.72 1:32.39   | 2:04.46 2:04.46 |
| Cayden Malone             | 16                   | +0,75 27.26 | 58.37 1:31.42   | 2:04.96 2:04.96 |
| Kyaro Giuliano            | 16                   | +0,35 29.39 | 1:02.23 1:38.77 | 2:14.38 2:14.38 |
| 6. ZPCH 1                 | ZPCH                 | 8:42.89     | 8:31.64         | +0,75           |
| Laurens Steenaart         | 15                   | +0,75 29.75 | 1:02.95 1:38.42 | 2:14.89 2:14.89 |
| Maxwell Russel            | 16                   | +0,49 28.11 | 1:01.14 1:34.99 | 2:08.11 2:08.11 |
| Christiaan Wegman         | 16                   | +0,52 30.01 | 1:02.77 1:36.80 | 2:09.63 2:09.63 |
| Baris Tomu                | 16                   | +0,48 27.16 | 57.00 1:28.21   | 1:59.01 1:59.01 |
| 7. HZ&PC Heerenveen 1     | HZ&PC Heerenveen     | 8:32.79     | 8:33.82         | +0,70           |
| Joep Barwegen             | 14                   | +0,70 28.93 | 1:02.21 1:36.84 | 2:10.58 2:10.58 |
| Gijs Leeneman             | 14                   | +0,30 29.76 | 1:04.60 1:41.46 | 2:16.92 2:16.92 |
| Mattias Stolk             | 16                   | +0,10 27.30 | 57.96 1:29.51   | 2:00.47 2:00.47 |
| Jorick Johannes           | 16                   | +0,21 27.88 | 1:00.13 1:32.67 | 2:05.85 2:05.85 |
| 8. ZPC AMERSFOORT 1       | ZPC AMERSFOORT       | 8:41.44     | 8:38.57         | +0,64           |
| Douwe Enzerink            | 15                   | +0,64 28.22 | 1:00.16 1:33.95 | 2:05.42 2:05.42 |
| Stijn Peters              | 15                   | +0,47 29.99 | 1:02.84 1:36.62 | 2:10.17 2:10.17 |
| Felipe Kerkhoff           | 14                   | +0,59 30.01 | 1:04.17 1:39.17 | 2:13.33 2:13.33 |
| Milan Schuilenburg        | 16                   | +0,40 29.15 | 1:01.34 1:35.15 | 2:09.65 2:09.65 |
| 9. Blue Marlins 2         | Blue Marlins         | 8:37.60     | 8:40.41         | +0,69           |
| Roemer Bindels            | 16                   | +0,69 27.81 | 1:00.08 1:34.92 | 2:10.81 2:10.81 |
| Lev Rudman                | 15                   | +0,43 28.19 | 59.79 1:32.81   | 2:06.74 2:06.74 |
| Izayah Castillo           | 15                   | +0,76 28.89 | 1:02.61 1:38.21 | 2:13.66 2:13.66 |
| Costijn van Elst          | 15                   | +0,63 28.18 | 1:00.08 1:34.42 | 2:09.20 2:09.20 |



NJK korte baan 2026  
Amsterdam, 23- - 25-1-2026

Programmanr. 9, Jongens, 4 x 200m vrije slag, Onder 16

| rang | vereniging          | intijd         | tijd                                        | RT            |
|------|---------------------|----------------|---------------------------------------------|---------------|
| 10.  | Dedemsvaart-AC 1    | Dedemsvaart-AC | 8:35.90                                     | 8:48.80 +0,71 |
|      | Gijs Nooter         | 16             | +0,71 29.42 1:02.99 1:38.89 2:13.98 2:13.98 |               |
|      | Abe Pasop           | 16             | +0,22 29.18 1:02.87 1:38.85 2:14.55 2:14.55 |               |
|      | Roan Dijkstra       | 16             | +0,33 29.33 1:03.16 1:39.07 2:15.19 2:15.19 |               |
|      | Ruben Kragt         | 16             | +0,40 27.50 58.89 1:32.71 2:05.08 2:05.08   |               |
| 11.  | Deltasteur 1        | Deltasteur     | 8:57.68                                     | 9:00.62 +0,60 |
|      | Matthijs van Velzen | 15             | +0,60 28.15 1:00.10 1:33.65 2:06.80 2:06.80 |               |
|      | Maarten de Leeuw    | 14             | +0,54 31.18 1:06.15 1:41.02 2:15.69 2:15.69 |               |
|      | Metz Agema          | 14             | +0,29 31.39 1:08.18 1:46.08 2:22.90 2:22.90 |               |
|      | Daan Vinke          | 16             | +0,30 30.03 1:04.72 1:40.02 2:15.23 2:15.23 |               |

Programmanr. 10 Meisjes, 4 x 200m vrije slag Onder 16  
23-01-2026 - 18:53 Resultaten

| rang  | vereniging              | intijd         | tijd                                        | RT            |
|-------|-------------------------|----------------|---------------------------------------------|---------------|
| 1.    | ZPC AMERSFOORT 1        | ZPC AMERSFOORT | 8:40.65                                     | 8:40.26 +0,71 |
|       | Noa van Zalk            | 15             | +0,71 30.29 1:03.14 1:37.43 2:11.36 2:11.36 |               |
|       | Brechtje Slootweg       | 15             | +0,53 29.28 1:02.83 1:37.83 2:12.67 2:12.67 |               |
|       | Paula Spans             | 16             | +0,41 29.77 1:03.03 1:37.97 2:11.97 2:11.97 |               |
|       | Fenne Metten            | 16             | +0,40 28.57 1:00.13 1:32.84 2:04.26 2:04.26 |               |
| 2.    | De Dolfijn 1            | De Dolfijn     | 8:44.81                                     | 8:47.37 +0,74 |
|       | Hannah Huisman          | 16             | +0,74 28.89 59.73 1:31.64 2:03.41 2:03.41   |               |
|       | Dewi Meijer             | 16             | +0,60 30.99 1:05.86 1:41.49 2:15.75 2:15.75 |               |
|       | Frédérique Nijziel      | 15             | +0,37 28.73 1:02.27 1:37.40 2:12.73 2:12.73 |               |
|       | Wieke Dekker            | 16             | +0,30 30.71 1:05.74 1:40.94 2:15.48 2:15.48 |               |
| 3.    | WVZ 1                   | WVZ            | 8:49.16                                     | 8:47.52 +0,79 |
|       | Faye Thijsse            | 16             | +0,79 29.64 1:02.72 1:37.14 2:11.21 2:11.21 |               |
|       | Anouk Steller           | 16             | +0,54 30.42 1:04.25 1:38.63 2:13.82 2:13.82 |               |
|       | Tess van de Steeg       | 16             | +0,36 30.92 1:05.75 1:41.62 2:17.71 2:17.71 |               |
|       | Malin Roozeboom         | 15             | +0,55 28.04 1:00.10 1:32.92 2:04.78 2:04.78 |               |
| 4.    | PSV 1                   | PSV            | 8:48.13                                     | 8:50.06 +0,71 |
|       | Anna Lepoutre           | 15             | +0,71 29.49 1:02.20 1:34.98 2:07.93 2:07.93 |               |
|       | Fenna Zusterzeel        | 16             | +0,40 30.65 1:05.73 1:41.61 2:17.56 2:17.56 |               |
|       | Emma Stokmans           | 16             | +0,36 30.90 1:04.92 1:41.03 2:17.38 2:17.38 |               |
|       | Lola Verheijen          | 15             | +0,36 28.37 1:00.61 1:34.06 2:07.19 2:07.19 |               |
| 5.    | Blue Marlins 1          | Blue Marlins   | 8:51.24                                     | 9:01.64 +0,68 |
|       | Casharell Kraan         | 15             | +0,68 30.61 1:03.92 1:38.18 2:12.54 2:12.54 |               |
|       | Julia Dąbrowska         | 16             | +0,31 29.52 1:03.22 1:38.57 2:13.97 2:13.97 |               |
|       | Milou Filemon           | 15             | +0,69 31.07 1:05.12 1:40.92 2:16.09 2:16.09 |               |
|       | Elke Kriesels           | 15             | +0,41 30.11 1:05.27 1:42.13 2:19.04 2:19.04 |               |
| 6.    | ZPC AMERSFOORT 2        | ZPC AMERSFOORT | 9:08.21                                     | 9:18.55 +0,82 |
|       | Ylène Zondervan         | 14             | +0,82 30.83 1:05.94 1:41.43 2:17.46 2:17.46 |               |
|       | Hanna Heller            | 15             | +0,31 30.49 1:05.41 1:43.09 2:21.39 2:21.39 |               |
|       | Lian Vonk               | 16             | +0,40 30.50 1:05.55 1:43.68 2:21.40 2:21.40 |               |
|       | Yanique Bax             | 16             | +0,40 30.89 1:05.72 1:42.42 2:18.30 2:18.30 |               |
| 7.    | Hellas-Glana 1<br>400m* | Hellas-Glana   | 9:04.17                                     | 9:19.21 +0,69 |
|       | Alaine Lomans           | 16             | +0,69 30.21 1:04.44 1:41.12 2:17.70 2:17.70 |               |
|       | Sarah Förster           | 15             | +0,32 33.90 1:11.45 1:48.73 2:25.17 2:25.17 |               |
|       | Romy de Graaf           | 16             | 32.42 1:08.71 1:44.54 2:19.18 2:19.18       |               |
|       | Sterre de Veen          | 15             | +0,50 30.39 1:04.96 1:41.20 2:17.16 2:17.16 |               |
| 8.    | Deltasteur 1            | Deltasteur     | 9:26.31                                     | 9:45.37 +0,80 |
|       | Isabel Amelink          | 15             | +0,80 31.50 1:06.56 1:43.61 2:20.98 2:20.98 |               |
|       | Manoah Dekker           | 15             | +0,53 33.43 1:11.72 1:51.35 2:29.61 2:29.61 |               |
|       | Maurieke Frijstein      | 15             | +0,47 32.48 1:09.76 1:48.91 2:27.62 2:27.62 |               |
|       | Jente van t'Hul         | 16             | +0,63 34.27 1:12.19 1:49.91 2:27.16 2:27.16 |               |
| AFGEM | Blue Marlins 2          | Blue Marlins   | 9:15.58                                     |               |
| AFGEM | DWK 1                   | DWK            | 9:22.90                                     |               |

Programmanr. 11  
24-01-2026 - 9:00

Jongens, 100m rugslag

Onder 16  
Resultaten Voorronde

| rang | naam                 | vereniging              | intijd  | tijd      | RT                 | 50m   | 100m  |         |
|------|----------------------|-------------------------|---------|-----------|--------------------|-------|-------|---------|
| 1.   | Abel op den Velde    | De Duinkickers          | 1:00.77 | 201000079 | <b>59.41</b> Q     | +0,77 | 28.89 | 59.41   |
| 2.   | Bink Elgersma        | Zwemlust- den Hommel    | 59.70   | 201000137 | <b>59.43</b> Q     | +0,74 | 29.12 | 59.43   |
| 3.   | Gwee Bokma           | Zwemlust- den Hommel    | 1:01.07 | 201002259 | <b>1:00.29</b> Q   | +0,73 | 28.95 | 1:00.29 |
| 4.   | Thijn Runia          | DZT '62                 | 1:03.17 | 201000895 | <b>1:00.47</b> Q   | +0,59 | 29.32 | 1:00.47 |
| 5.   | Duco de Gelder       | Blue Marlins            | 1:00.47 | 201000217 | <b>1:00.52</b> Q * | +0,65 | 29.15 | 1:00.52 |
| 6.   | Eli Shields          | Niemo Barracuda         | 1:01.81 | 201000407 | <b>1:01.15</b> Q   | +0,66 | 29.90 | 1:01.15 |
| 7.   | Daan Overmars        | OZ&PC                   | 1:02.80 | 201100027 | <b>1:01.36</b> Q   | +0,63 | 30.02 | 1:01.36 |
| 8.   | Mathijs de Wit       | KSN (SG)                | 1:02.28 | 201001215 | <b>1:01.88</b> Q   | +0,60 | 29.91 | 1:01.88 |
| 9.   | Sven Casper Hageman  | Steenwijk 1934          | 1:03.03 | 201000009 | <b>1:01.92</b> R   | +0,66 | 29.53 | 1:01.92 |
| 10.  | Amor van der Veen    | Dedemsvaart-AC          | 1:01.32 | 201100197 | <b>1:02.13</b> R   | +0,71 | 29.49 | 1:02.13 |
| 11.  | Ruben Kragt          | Dedemsvaart-AC          | 1:02.68 | 201000007 | <b>1:02.17</b>     | +0,75 | 29.71 | 1:02.17 |
| 12.  | Ramon Vos            | ZPC Hoogeveen           | 1:04.40 | 201100051 | <b>1:02.35</b>     | +0,64 | 30.58 | 1:02.35 |
| 13.  | Jop Scholte          | GZVW                    | 1:01.68 | 201001219 | <b>1:02.85</b> *   | +0,61 | 29.97 | 1:02.85 |
| 14.  | Roemer Bindels       | Blue Marlins            | 1:03.95 | 201003335 | <b>1:02.92</b>     | +0,68 | 30.15 | 1:02.92 |
| 15.  | Thijmen Puijssers    | Hieronymus              | 1:03.99 | 201000129 | <b>1:03.56</b>     | +0,57 | 30.87 | 1:03.56 |
| 16.  | Dax Muijlaert        | SG Octopus - ZVV        | 1:02.93 | 201100535 | <b>1:03.62</b>     | +0,66 | 30.31 | 1:03.62 |
| 17.  | Costijn van Elst     | Blue Marlins            | 1:06.80 | 201100317 | <b>1:03.66</b>     | +0,67 | 31.30 | 1:03.66 |
| 18.  | Daan Mulder          | KSN (SG)                | 1:05.42 | 201100267 | <b>1:03.74</b>     | +0,73 | 30.83 | 1:03.74 |
| 19.  | Oleksandr Hordiienko | ZV De Aalscholver       | 1:03.56 | 201003061 | <b>1:03.93</b>     | +0,65 | 31.11 | 1:03.93 |
| 20.  | Mees Janssen         | Blue Marlins            | 1:06.30 | 201102025 | <b>1:04.06</b>     | +0,59 | 31.26 | 1:04.06 |
| 21.  | Xander Koperdraat    | Z&PC Triton Putten      | 1:05.94 | 201001695 | <b>1:04.33</b>     | +0,68 | 31.26 | 1:04.33 |
| 22.  | Cayden Malone        | De Dolfijn              | 1:03.99 | 201002195 | <b>1:04.34</b>     | +0,73 | 30.55 | 1:04.34 |
| 23.  | Milan Eikenaar       | SWOL 1894               | 1:05.59 | 201100599 | <b>1:04.62</b>     | +0,96 | 31.92 | 1:04.62 |
| 24.  | Nils Bellert         | SG Octopus - ZVV        | 1:07.12 | 201100347 | <b>1:04.67</b>     | +0,65 | 31.36 | 1:04.67 |
| 25.  | Myron Artemenko      | Niemo Barracuda         | 1:03.07 | 201003021 | <b>1:04.75</b>     | +0,60 | 31.25 | 1:04.75 |
| 26.  | Girish Nolden        | Blue Marlins            | 1:05.51 | 201000087 | <b>1:04.85</b>     | +0,63 | 31.52 | 1:04.85 |
| 27.  | Jorick Johannes      | HZ&PC Heerenveen        | 1:05.51 | 201000403 | <b>1:04.93</b>     | +0,58 | 31.39 | 1:04.93 |
| 28.  | Matthijs van Velzen  | Deltasteur              | 1:06.56 | 201100435 | <b>1:05.38</b> *   | +0,66 | 31.82 | 1:05.38 |
| 29.  | Yanniek Jager        | Batavia Swim            | 1:08.15 | 201100315 | <b>1:05.42</b>     | +0,69 | 32.09 | 1:05.42 |
| 30.  | Max van der Spank    | TRB-RES                 | 1:04.88 | 201000275 | <b>1:05.46</b>     | +0,63 | 30.92 | 1:05.46 |
| 31.  | Finn Wensveen        | Zv de Ham               | 1:05.66 | 201000811 | <b>1:05.69</b>     | +0,67 | 32.60 | 1:05.69 |
| 32.  | Senn van Tongeren    | Tempo Valkenswaard      | 1:05.08 | 201001137 | <b>1:05.76</b>     | +0,68 | 30.92 | 1:05.76 |
| 33.  | Mathieu Gepkens      | VZC                     | 1:04.82 | 201000045 | <b>1:05.83</b>     | +0,72 | 31.95 | 1:05.83 |
| 34.  | Roan Dijkstra        | Dedemsvaart-AC          | 1:05.14 | 201002791 | <b>1:06.03</b>     | +0,66 | 31.77 | 1:06.03 |
| 35.  | Finn Knijnenburg     | De Columbiaan           | 1:07.82 | 201101319 | <b>1:06.27</b>     | +0,63 | 32.08 | 1:06.27 |
| 36.  | Dewin Volker         | OZ&PC                   | 1:07.90 | 201101935 | <b>1:06.52</b> *   | +0,63 | 32.18 | 1:06.52 |
| 37.  | Tren Wullms          | Hellas-Glana            | 1:06.83 | 201000469 | <b>1:06.61</b>     | +0,76 | 32.45 | 1:06.61 |
| 38.  | Stijn Dijkstra       | DZ&PC                   | 1:06.62 | 201000279 | <b>1:06.71</b>     | +0,68 | 32.13 | 1:06.71 |
| 39.  | Tristan Meijers      | SWOL 1894               | 1:07.15 | 201000089 | <b>1:06.82</b>     | +0,74 | 33.07 | 1:06.82 |
| 40.  | Kaelan Hayes         | De Dolfijn              | 1:08.13 | 201000491 | <b>1:06.84</b> *   | +0,68 | 32.02 | 1:06.84 |
| 41.  | Ian Timmermans       | PSV                     | 1:07.75 | 201004001 | <b>1:07.06</b>     | +0,66 | 32.12 | 1:07.06 |
| 42.  | Thijs Jonkman        | De Duck                 | 1:06.49 | 201000481 | <b>1:07.17</b>     | +0,72 | 32.86 | 1:07.17 |
| 43.  | Mauro Bedeke         | DAW                     | 1:06.28 | 201000537 | <b>1:07.30</b>     | +0,67 | 31.94 | 1:07.30 |
| 44.  | Kick Gerners         | SWOL 1894               | 1:07.17 | 201000185 | <b>1:07.79</b>     | +0,74 | 32.87 | 1:07.79 |
| 45.  | Collin van der Ham   | Waalwijkse Zwem Verenig | 1:08.08 | 201000877 | <b>1:08.44</b>     | +0,67 | 32.50 | 1:08.44 |
| 46.  | Gijs Nooter          | Dedemsvaart-AC          | 1:08.16 | 201000725 | <b>1:08.53</b>     | +0,63 | 33.33 | 1:08.53 |
| 47.  | Zion Eijkenboom      | Hellas-Glana            | 1:07.07 | 201100043 | <b>1:09.13</b>     | +0,68 | 33.10 | 1:09.13 |
| 48.  | Yorre van der Wal    | Bolsward-Workum (SG)    | 1:08.33 | 201000017 | <b>1:09.24</b>     | +0,80 | 32.60 | 1:09.24 |
| 49.  | Jelle Postma         | De Duinkickers          | 1:07.76 | 201000559 | <b>1:09.33</b>     | +0,69 | 32.36 | 1:09.33 |
| 50.  | Revel Harmer         | Blue Marlins            | 1:07.98 | 201103467 | <b>1:09.46</b>     | +0,69 | 33.56 | 1:09.46 |
| DIS  | Evren Ege Orcunus    | De Dolfijn              | 1:03.61 | 201003253 |                    | +0,76 |       |         |

RA - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.

Programmanr. 12  
24-01-2026 - 9:14

Meisjes, 100m rugslag

Onder 16  
Resultaten Voorronde

| rang | naam                 | vereniging              | intijd  | tijd      | RT                 | 50m   | 100m  |         |
|------|----------------------|-------------------------|---------|-----------|--------------------|-------|-------|---------|
| 1.   | Malin Roozeboom      | WVZ                     | 1:01.87 | 201100006 | <b>1:02.28</b> Q   | +0,63 | 30.09 | 1:02.28 |
| 2.   | Nina van der Schrier | AZC                     | 1:03.10 | 201000444 | <b>1:03.25</b> Q   | +0,69 | 31.10 | 1:03.25 |
| 3.   | Anne Engbersen       | Albion                  | 1:04.45 | 201000044 | <b>1:03.51</b> Q   | +0,63 | 30.48 | 1:03.51 |
| 4.   | Fenna Zusterzeel     | PSV                     | 1:05.09 | 201000008 | <b>1:04.51</b> Q   | +0,58 | 31.16 | 1:04.51 |
| 5.   | Elin Reinstra        | TriVia                  | 1:05.31 | 201100842 | <b>1:04.77</b> Q   | +0,68 | 31.58 | 1:04.77 |
| 6.   | Romée Smit           | MSV-Zeemacht            | 1:06.43 | 201100438 | <b>1:05.94</b> Q   | +0,66 | 31.52 | 1:05.94 |
| 7.   | Anouk Steller        | WVZ                     | 1:06.85 | 201000004 | <b>1:06.65</b> Q   | +0,60 | 32.14 | 1:06.65 |
| 8.   | Frédérique Nijziel   | De Dolfijn              | 1:06.52 | 201103114 | <b>1:06.77</b> Q * | +0,65 | 32.01 | 1:06.77 |
| 9.   | Romy de Graaf        | Hellas-Glana            | 1:08.11 | 201003660 | <b>1:07.02</b> R   | +0,69 | 32.56 | 1:07.02 |
| 10.  | Elin Baars           | DWK                     | 1:07.19 | 201000138 | <b>1:07.26</b> R   | +0,60 | 32.02 | 1:07.26 |
| 11.  | Tess van de Steeg    | WVZ                     | 1:07.73 | 201000016 | <b>1:07.52</b> *   | +0,74 | 32.46 | 1:07.52 |
| 12.  | Faye Thijsse         | WVZ                     | 1:07.21 | 201001364 | <b>1:07.84</b> *   | +0,71 | 31.84 | 1:07.84 |
| 13.  | Tess Meeuwissen      | De Columbiaan           | 1:08.21 | 201000370 | <b>1:07.99</b>     | +0,66 | 32.25 | 1:07.99 |
| 14.  | Yanique Bax          | ZPC AMERSFOORT          | 1:08.21 | 201001428 | <b>1:08.05</b>     | +0,67 | 32.78 | 1:08.05 |
| 15.  | Mette Hogenhuis      | Zwemlust- den Hommel    | 1:09.43 | 201101254 | <b>1:08.17</b>     | +0,83 | 32.45 | 1:08.17 |
|      | Raegan Belmar        | Albion                  | 1:07.73 | 201004070 | <b>1:08.17</b>     | +0,77 | 32.98 | 1:08.17 |
| 17.  | Lobke Hempenius      | HZ&PC Heerenveen        | 1:09.42 | 201100522 | <b>1:08.18</b>     | +0,75 | 32.79 | 1:08.18 |
| 18.  | Casharell Kraan      | Blue Marlins            | 1:08.58 | 201103426 | <b>1:08.36</b>     | +0,72 | 32.80 | 1:08.36 |
| 19.  | Elle van Gemeren     | DAW                     | 1:08.85 | 201100428 | <b>1:08.37</b>     | +0,63 | 32.92 | 1:08.37 |
| 20.  | Nicole Pestman       | DZ&PC                   | 1:09.96 | 201000668 | <b>1:08.60</b>     | +0,60 | 33.36 | 1:08.60 |
| 21.  | Tessa van Beek       | DWK                     | 1:09.39 | 201001446 | <b>1:08.83</b>     | +0,57 | 33.64 | 1:08.83 |
| 22.  | Elin Riedijk         | Blue Marlins            | 1:09.02 | 201002056 | <b>1:08.98</b>     | +0,80 | 33.53 | 1:08.98 |
| 23.  | Alaine Dumont        | De Watervogels          | 1:10.63 | 201102140 | <b>1:09.55</b>     | +0,56 | 33.29 | 1:09.55 |
| 24.  | Maria Zuideveld      | Aachener SV 06          | 1:08.84 | 494695    | <b>1:10.03</b>     | +0,71 | 33.44 | 1:10.03 |
| 25.  | Meike van der Klugt  | WVZ                     | 1:11.29 | 201100808 | <b>1:10.38</b>     | +0,85 | 34.66 | 1:10.38 |
| 26.  | Esmee Reuver         | ZC Polaris              | 1:10.81 | 201100846 | <b>1:10.48</b>     | +0,64 | 33.60 | 1:10.48 |
| 27.  | Anna Berkhout        | TZC Vahalis             | 1:11.95 | 201100080 | <b>1:10.59</b>     | +0,71 | 34.00 | 1:10.59 |
| 28.  | Sanne Keizer         | Dedemsvaart-AC          | 1:08.76 | 201001348 | <b>1:10.62</b>     | +0,82 | 33.49 | 1:10.62 |
|      | Emma Stokmans        | PSV                     | 1:09.81 | 201004190 | <b>1:10.62</b>     | +0,71 | 33.82 | 1:10.62 |
| 30.  | Frances Lugtu        | ZV De Aalscholver       | 1:12.03 | 201000418 | <b>1:10.83</b>     | +0,47 | 33.74 | 1:10.83 |
| 31.  | Kim Bouman           | ZPC AMERSFOORT          | 1:09.31 | 201000262 | <b>1:10.86</b> *   | +0,67 | 33.41 | 1:10.86 |
| 32.  | Elke Kriesels        | Blue Marlins            | 1:10.59 | 201100898 | <b>1:11.06</b> *   | +0,59 | 34.36 | 1:11.06 |
| 33.  | Lotte Euverman       | KSN (SG)                | 1:12.02 | 201101228 | <b>1:11.08</b> *   | +0,72 | 34.06 | 1:11.08 |
| 34.  | Sara Creemers        | Hellas-Glana            | 1:10.87 | 201100242 | <b>1:11.14</b>     | +0,68 | 34.84 | 1:11.14 |
| 35.  | Thalia Cornelissen   | Het Y                   | 1:11.31 | 201000756 | <b>1:11.16</b>     | +0,71 | 34.32 | 1:11.16 |
| 36.  | Charlotte Stegink    | Team Noord Holland (SG) | 1:11.86 | 201103760 | <b>1:11.44</b>     | +0,73 | 34.38 | 1:11.44 |
| 37.  | Florien Pot          | OZ&PC                   | 1:11.41 | 201000768 | <b>1:11.49</b>     | +0,85 | 34.34 | 1:11.49 |
|      | Wieke Dekker         | De Dolfijn              | 1:10.55 | 201002020 | <b>1:11.49</b>     | +0,61 | 34.74 | 1:11.49 |
| 39.  | Noa Spaans           | De Dolfijn              | 1:09.66 | 201100222 | <b>1:11.52</b> *   | +0,61 | 34.08 | 1:11.52 |
| 40.  | Sterre de Veen       | Hellas-Glana            | 1:11.56 | 201100086 | <b>1:11.61</b>     | +0,71 | 34.46 | 1:11.61 |
| 41.  | Annika Binneveld     | De Duck                 | 1:11.22 | 201001268 | <b>1:11.75</b>     | +0,68 | 34.07 | 1:11.75 |
| 42.  | Mirthe de Haan       | ZCNF'34                 | 1:12.52 | 201000866 | <b>1:11.84</b>     | +0,63 | 35.27 | 1:11.84 |
| 43.  | Wies Hermans         | ZPCH                    | 1:12.03 | 201000452 | <b>1:11.99</b>     | +0,66 | 34.66 | 1:11.99 |
| 44.  | Femke ter Horst      | ZPC Hoogeveen           | 1:12.57 | 201000108 | <b>1:12.21</b>     | +0,73 | 34.62 | 1:12.21 |
|      | Evelien de Vree      | Blue Marlins            | 1:12.29 | 201002158 | <b>1:12.21</b>     | +0,72 | 34.86 | 1:12.21 |
| 46.  | Merel Doest          | ZV Vlaardingen-Schiedam | 1:12.27 | 201001142 | <b>1:12.36</b> *   | +0,62 | 33.97 | 1:12.36 |
|      | Milou Filemon        | Blue Marlins            | 1:11.98 | 201100078 | <b>1:12.36</b>     | +0,74 | 35.25 | 1:12.36 |
| 48.  | Ylène Zondervan      | ZPC AMERSFOORT          | 1:09.52 | 201200016 | <b>1:12.49</b>     | +0,72 | 34.52 | 1:12.49 |
| 49.  | June Schuurmans      | Hellas-Glana            | 1:12.07 | 201100874 | <b>1:12.65</b>     | +0,75 | 34.35 | 1:12.65 |
| 50.  | Noortje Bisperink    | ZPC AMERSFOORT          | 1:10.99 | 201100486 | <b>1:12.75</b>     | +0,68 | 34.80 | 1:12.75 |
| 51.  | Jayna Wagemakers     | Hieronimus              | 1:11.41 | 201000226 | <b>1:13.44</b>     | +0,80 | 35.43 | 1:13.44 |
| 52.  | Marre van der Wal    | Bolsward-Workum (SG)    | 1:11.43 | 201000046 | <b>1:14.12</b>     | +0,70 | 35.54 | 1:14.12 |
| 53.  | Yvonne de Graaf      | DWK                     | 1:11.88 | 201101418 | <b>1:14.69</b> *   | +0,67 | 35.38 | 1:14.69 |
| 54.  | Kyara Balt           | De Vikings              | 1:11.95 | 201100306 | <b>1:14.73</b> *   | +0,80 | 36.08 | 1:14.73 |
| DIS  | Evi Bouten           | HZPC                    | 1:11.42 | 201000270 |                    | +0,67 |       |         |

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Programmanr. 12, Meisjes, 100m rugslag, Voorronde, Onder 16

| rang | naam           | vereniging       | intijd  | tijd      | RT    | 50m | 100m |
|------|----------------|------------------|---------|-----------|-------|-----|------|
| DIS  | Tess Dugandzic | Zuiderzeewimmers | 1:12.08 | 201002908 | +0,29 |     |      |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Programmanr. 13  
24-01-2026 - 9:29

Jongens, 100m rugslag

Onder 14  
Resultaten

| rang | naam                  | vereniging           | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|-----------------------|----------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | A. Janse van Rensburg | De Treffers          | 1:05.34 | 201202261 | <b>1:02.91</b>   | +0,69 | 31.23 | 1:02.91 |
| 2.   | Luca Denkers          | ZV New Wave Almere   | 1:04.30 | 201202399 | <b>1:03.11</b>   | +0,56 | 30.70 | 1:03.11 |
| 3.   | Tim Slagers           | Aquapoldro           | 1:05.62 | 201200263 | <b>1:03.44</b>   | +0,73 | 31.01 | 1:03.44 |
| 4.   | Max van Splunder      | De Dolfijn           | 1:06.63 | 201200531 | <b>1:04.63</b>   | +0,70 | 31.60 | 1:04.63 |
| 5.   | Toa Jahn              | Het Y                | 1:06.56 | 201201665 | <b>1:05.76</b>   | +0,65 | 31.56 | 1:05.76 |
| 6.   | Marcelo Fritz Medina  | De Dolfijn           | 1:10.02 | 201201885 | <b>1:06.33</b>   | +0,67 | 31.71 | 1:06.33 |
| 7.   | Tijn Pieters          | Orca                 | 1:07.12 | 201300715 | <b>1:06.71</b>   | +0,61 | 32.11 | 1:06.71 |
| 8.   | Siem Rewinkel         | De Veene             | 1:09.64 | 201201473 | <b>1:07.08</b>   | +0,80 | 32.27 | 1:07.08 |
| 9.   | Pieter de Jonge       | Aqua-Novio'94        | 1:09.44 | 201200211 | <b>1:08.50</b>   | +0,66 | 33.20 | 1:08.50 |
| 10.  | Charles Araysa        | Zwemlust- den Hommel | 1:10.12 | 201201155 | <b>1:08.65</b>   | +0,57 | 33.03 | 1:08.65 |
| 11.  | Michael Simons        | PSV                  | 1:11.29 | 201200025 | <b>1:09.21</b>   | +0,64 | 33.73 | 1:09.21 |
| 12.  | Kurt Feldmann         | Blue Marlins         | 1:15.87 | 201203089 | <b>1:09.22</b>   | +0,74 | 33.45 | 1:09.22 |
| 13.  | Rutger Donker         | NDD                  | 1:10.08 | 201200361 | <b>1:09.27</b>   | +0,69 | 33.88 | 1:09.27 |
| 14.  | Wessel Vis            | De Treffers          | 1:10.87 | 201201273 | <b>1:09.54</b>   | +0,68 | 33.83 | 1:09.54 |
| 15.  | Finn Ostermann        | AZC                  | 1:11.45 | 201301059 | <b>1:09.57</b>   | +0,81 | 34.45 | 1:09.57 |
| 16.  | Isai Shields          | Niemo Barracuda      | 1:13.40 | 201300031 | <b>1:09.64</b> * | +0,70 | 33.78 | 1:09.64 |
| 17.  | Gijs Leeneman         | HZ&PC Heerenveen     | 1:11.17 | 201200479 | <b>1:10.19</b>   | +0,63 | 34.06 | 1:10.19 |
| 18.  | Metz Agema            | Deltasteur           | 1:13.15 | 201200929 | <b>1:10.63</b>   | +0,84 | 34.77 | 1:10.63 |
| 19.  | Orlando Caffaggi      | Blue Marlins         | 1:09.90 | 201203059 | <b>1:10.64</b>   | +0,61 | 33.63 | 1:10.64 |
| 20.  | Jesse Voet            | Aqua-Novio'94        | 1:13.35 | 201300057 | <b>1:10.89</b> * | +0,69 | 35.03 | 1:10.89 |
| 21.  | Felipe Kerkhoff       | ZPC AMERSFOORT       | 1:11.40 | 201202625 | <b>1:11.00</b>   | +0,78 | 34.78 | 1:11.00 |
| 22.  | Luuk ten Asbroek      | Het Ravijn           | 1:11.04 | 201200601 | <b>1:11.25</b> * | +0,62 | 34.75 | 1:11.25 |
| 23.  | Maarten de Leeuw      | Deltasteur           | 1:13.03 | 201200241 | <b>1:11.37</b>   | +0,76 | 34.79 | 1:11.37 |
| 24.  | Guust Heijne          | DWK                  | 1:12.81 | 201202139 | <b>1:11.54</b> * | +0,66 | 35.24 | 1:11.54 |
| 25.  | Rio Babic             | Steenwijk 1934       | 1:13.82 | 201200867 | <b>1:11.75</b>   | +0,67 | 35.05 | 1:11.75 |
| 26.  | Tim Koornstra         | De Vikings           | 1:15.41 | 201200231 | <b>1:11.78</b>   | +0,74 | 35.59 | 1:11.78 |
| 27.  | Nouh Karman           | Zwemlust- den Hommel | 1:11.92 | 201201383 | <b>1:12.13</b>   | +0,76 | 35.08 | 1:12.13 |
| 28.  | Luc van Drunick       | Noordwijkerhout      | 1:16.01 | 201201659 | <b>1:12.47</b>   | +0,59 | 35.01 | 1:12.47 |
| 29.  | Ruben Lima Ribeiro    | Hellas-Glana         | 1:11.77 | 201300693 | <b>1:12.62</b>   | +0,76 | 35.43 | 1:12.62 |
| 30.  | Joep Barwegen         | HZ&PC Heerenveen     | 1:12.84 | 201201823 | <b>1:13.06</b>   | +0,63 | 34.83 | 1:13.06 |
| 31.  | Jaro Hermans          | PSV                  | 1:14.02 | 201200173 | <b>1:13.13</b>   | +0,70 | 35.19 | 1:13.13 |
| 32.  | Floris Meijers        | SWOL 1894            | 1:13.11 | 201300015 | <b>1:13.26</b>   | +0,67 | 35.25 | 1:13.26 |
| 33.  | Thijs Valkenburg      | WVZ                  | 1:13.84 | 201201511 | <b>1:13.33</b>   | +0,73 | 35.56 | 1:13.33 |
| 34.  | Bram Engelen          | Hellas-Glana         | 1:14.08 | 201300421 | <b>1:13.55</b> * | +0,56 | 35.49 | 1:13.55 |
| 35.  | Lorenzo Della Vedova  | De Otters Het Gooi   | 1:14.14 | 201201833 | <b>1:13.81</b>   | +0,78 | 34.88 | 1:13.81 |
| 36.  | Lars Thül             | SWOL 1894            | 1:13.46 | 201200119 | <b>1:14.92</b>   | +0,72 | 36.71 | 1:14.92 |
| 37.  | Thomas Metz           | ZPC AMERSFOORT       | 1:16.19 | 201300043 | <b>1:15.40</b>   | +0,72 | 36.87 | 1:15.40 |
| 38.  | Celestin van der Beek | PSV                  | 1:14.01 | 201201183 | <b>1:15.87</b>   | +0,61 | 36.72 | 1:15.87 |
| 39.  | Stef van de Wal       | DWK                  | 1:19.44 | 201200803 | <b>1:19.80</b>   | +0,60 | 38.41 | 1:19.80 |
| 40.  | Mats van der Kamp     | Deltasteur           | 1:20.28 | 201200113 | <b>1:20.97</b>   | +0,61 | 38.53 | 1:20.97 |



Programmanr. 14  
24-01-2026 - 9:40

Meisjes, 100m vrije slag

Onder 14  
Resultaten

| rang | naam                  | vereniging              | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|-----------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Julia Bannatyne       | BZ&PC                   | 1:02.14 | 201201020 | <b>59.84</b>   | +0,71 | 28.69 | 59.84   |
| 2.   | Anouk Mulder          | De Columbiaan           | 1:02.84 | 201200962 | <b>1:01.72</b> | +0,75 | 29.83 | 1:01.72 |
| 3.   | Julia Ketelaars       | Hellas-Glana            | 1:02.92 | 201200028 | <b>1:03.12</b> | +0,79 | 30.83 | 1:03.12 |
| 4.   | V. Parkhomenko        | Het Y                   | 1:03.06 | 201301610 | <b>1:03.57</b> | +0,73 | 30.91 | 1:03.57 |
| 5.   | Saar Begeman          | ZPC de Kanaalstreek     | 1:04.39 | 201201594 | <b>1:03.60</b> | +0,71 | 30.26 | 1:03.60 |
| 6.   | Valerie Rienties      | Zwemsport Parkstad      | 1:02.63 | 201200400 | <b>1:03.73</b> | +0,71 | 30.33 | 1:03.73 |
| 7.   | Mischa Brouwers       | Hieronymus              | 1:03.94 | 201202208 | <b>1:03.78</b> | +0,71 | 30.40 | 1:03.78 |
| 8.   | Liv Schoon            | DAW                     | 1:04.08 | 201202112 | <b>1:03.80</b> | +0,70 | 30.37 | 1:03.80 |
| 9.   | Eva ter Horst         | ZPC Hoogeveen           | 1:04.44 | 201200070 | <b>1:03.89</b> | +0,76 | 31.19 | 1:03.89 |
| 10.  | Coco Scheepers        | PSV                     | 1:05.20 | 201301462 | <b>1:04.23</b> | +0,74 | 31.06 | 1:04.23 |
| 11.  | Elisa Obdam           | DAW                     | 1:04.01 | 201201444 | <b>1:04.33</b> | +0,66 | 30.23 | 1:04.33 |
| 12.  | Vicky Horens          | Hellas-Glana            | 1:04.50 | 201200252 | <b>1:04.53</b> | +0,68 | 30.78 | 1:04.53 |
| 13.  | Simone Brobbel        | Hoeksche Waard (SG)     | 1:05.04 | 201200058 | <b>1:04.55</b> | +0,70 | 31.17 | 1:04.55 |
| 14.  | Tatum Vered           | Blue Marins             | 1:03.62 | 201201322 | <b>1:04.59</b> | +0,74 | 31.01 | 1:04.59 |
| 15.  | Roubin van Kampen     | ZPCH                    | 1:04.56 | 201200370 | <b>1:04.60</b> | +0,80 | 31.14 | 1:04.60 |
| 16.  | Benthe de Beer        | PSV                     | 1:05.61 | 201302638 | <b>1:04.70</b> | +0,61 | 31.13 | 1:04.70 |
| 17.  | Joanne Strietman      | ZPC AMERSFOORT          | 1:04.19 | 201203784 | <b>1:04.94</b> | +0,79 | 31.01 | 1:04.94 |
| 18.  | Caithlin Lakke        | Team Noord Holland (SG) | 1:06.93 | 201302438 | <b>1:05.08</b> | +0,76 | 31.59 | 1:05.08 |
| 19.  | Madeé Boezen          | Zignea                  | 1:06.39 | 201300782 | <b>1:05.14</b> | +0,66 | 31.53 | 1:05.14 |
| 20.  | Fenna Gabriels        | ZPC Hoogeveen           | 1:05.07 | 201201230 | <b>1:05.15</b> | +0,72 | 31.56 | 1:05.15 |
| 21.  | Charlotte Bakker      | BZ&PC                   | 1:05.94 | 201200524 | <b>1:05.38</b> | +0,71 | 31.24 | 1:05.38 |
| 22.  | Lieselot Penning      | ZZ&PC De Devel          | 1:06.17 | 201200052 | <b>1:05.68</b> | +0,71 | 31.49 | 1:05.68 |
| 23.  | Liva van Groningen    | Team Noord Holland (SG) | 1:04.89 | 201200280 | <b>1:05.85</b> | +0,73 | 31.78 | 1:05.85 |
| 24.  | Boukje de Baedts      | Het Y                   | 1:06.99 | 201300756 | <b>1:05.89</b> | +0,70 | 31.50 | 1:05.89 |
| 25.  | Lenny Bokkers         | De Zwoer                | 1:05.39 | 201300390 | <b>1:06.02</b> | +0,72 | 31.88 | 1:06.02 |
| 26.  | Jana Nelissen         | PSV                     | 1:04.84 | 201200350 | <b>1:06.03</b> | +0,68 | 31.56 | 1:06.03 |
| 27.  | Fiene Quaak           | Z&PC De Ganze           | 1:06.42 | 201201142 | <b>1:06.11</b> | +0,73 | 32.32 | 1:06.11 |
| 28.  | Fenna Beumer          | PSV                     | 1:06.69 | 201300176 | <b>1:06.12</b> | +0,74 | 31.53 | 1:06.12 |
| 29.  | Fay Jansen            | Aqua-Novio'94           | 1:05.78 | 201200154 | <b>1:06.17</b> | +0,78 | 31.89 | 1:06.17 |
| 30.  | Alena Ytsma           | HZ&PC Heerenveen        | 1:07.12 | 201201736 | <b>1:06.20</b> | +0,82 | 31.65 | 1:06.20 |
| 31.  | Nova Volmer           | Deltasteur              | 1:06.33 | 201300426 | <b>1:06.33</b> | +0,76 | 31.65 | 1:06.33 |
| 32.  | Jet Hogervorst        | De Columbiaan           | 1:06.60 | 201200738 | <b>1:06.94</b> | +0,55 | 31.93 | 1:06.94 |
| 33.  | Karlijn Siero         | SWOL 1894               | 1:07.36 | 201201758 | <b>1:07.10</b> | +0,87 | 32.57 | 1:07.10 |
| 34.  | Jinthe Kuiper         | SWOL 1894               | 1:08.28 | 201200688 | <b>1:07.14</b> | +0,66 | 32.32 | 1:07.14 |
| 35.  | Tesse van de Wetering | Arethusa                | 1:06.56 | 201200780 | <b>1:07.31</b> | +0,73 | 31.92 | 1:07.31 |
| 36.  | Guusje van Geest      | ACZ                     | 1:07.95 | 201200352 | <b>1:07.38</b> | +0,86 | 32.45 | 1:07.38 |
| 37.  | Fee Sevenants         | De Watervogels          | 1:06.51 | 201201884 | <b>1:07.64</b> | +0,76 | 32.49 | 1:07.64 |
| 38.  | Querine Schminnes     | ZC Borger               | 1:06.03 | 201200624 | <b>1:08.67</b> | +0,79 | 32.86 | 1:08.67 |
| 39.  | Feline Bruns          | ZC Polaris              | 1:06.17 | 201200730 | <b>1:08.80</b> | +0,75 | 32.47 | 1:08.80 |
| 40.  | Jazz Hollander        | ZZ&PC De Devel          | 1:08.76 | 201300528 | <b>1:09.81</b> | +0,75 | 32.93 | 1:09.81 |

Programmanr. 15  
24-01-2026 - 9:58

Jongens, 100m vrije slag

Onder 16  
Resultaten Voorronde

| rang | naam                | vereniging           | intijd | tijd      | RT             | 50m   | 100m  |       |
|------|---------------------|----------------------|--------|-----------|----------------|-------|-------|-------|
| 1.   | Bink Elgersma       | Zwemlust- den Hommel | 53.23  | 201000137 | <b>51.77</b> Q | +0,72 | 24.65 | 51.77 |
| 2.   | Ruben Kragt         | Dedemsvaart-AC       | 55.05  | 201000007 | <b>53.96</b> Q | +0,67 | 26.00 | 53.96 |
| 3.   | Duco de Gelder      | Blue Marlins         | 54.00  | 201000217 | <b>54.03</b> Q | +0,73 | 25.88 | 54.03 |
| 4.   | Nick Vodde          | AZ&PC De Futen       | 53.94  | 201002211 | <b>54.37</b> Q | +0,61 | 25.71 | 54.37 |
| 5.   | Sven Casper Hageman | Steenwijk 1934       | 54.86  | 201000009 | <b>54.66</b> Q | +0,64 | 26.31 | 54.66 |
| 6.   | Sven Potappel       | DWK                  | 55.23  | 201000127 | <b>54.87</b> Q | +0,67 | 26.44 | 54.87 |
| 7.   | Mathijs Boersma     | ZPC Hoogeveen        | 57.13  | 201000313 | <b>54.88</b> Q | +0,76 | 26.31 | 54.88 |
| 8.   | Mauro Bedeke        | DAW                  | 54.92  | 201000537 | <b>54.98</b> Q | +0,65 | 26.44 | 54.98 |
| 9.   | Abel op den Velde   | De Duinkikkers       | 54.38  | 201000079 | <b>55.13</b> R | +0,72 | 26.32 | 55.13 |
| 10.  | Sam Diederén        | Hellas-Glana         | 56.11  | 201001863 | <b>55.25</b> R | +0,71 | 26.33 | 55.25 |

Programmanr. 15, Jongens, 100m vrije slag, Voorronde, Onder 16

| rang | naam                    | vereniging           | intijd |           | tijd           | RT    | 50m   | 100m    |
|------|-------------------------|----------------------|--------|-----------|----------------|-------|-------|---------|
| 11.  | Myron Artemenko         | Niemo Barracuda      | 55.46  | 201003021 | <b>55.30</b>   | +0,72 | 26.59 | 55.30   |
| 12.  | Henry Watson            | De Dolfijn           | 54.92  | 201001703 | <b>55.32</b>   | +0,64 | 25.58 | 55.32   |
| 13.  | Mees Janssen            | Blue Marlins         | 56.59  | 201102025 | <b>55.43</b>   | +0,69 | 26.74 | 55.43   |
| 14.  | Kelvin Terpstra         | De Otters Het Gooi   | 57.01  | 201003893 | <b>55.46</b>   | +0,57 | 26.56 | 55.46   |
| 15.  | Girish Nolden           | Blue Marlins         | 55.43  | 201000087 | <b>55.52</b>   | +0,73 | 26.83 | 55.52   |
| 16.  | Baris Tomu              | ZPCH                 | 55.85  | 201000869 | <b>55.59</b>   | +0,65 | 27.03 | 55.59   |
| 17.  | Thijs Jonkman           | De Duck              | 58.41  | 201000481 | <b>55.68</b>   | +0,70 | 26.97 | 55.68   |
| 18.  | Daan Overmars           | OZ&PC                | 56.48  | 201100027 | <b>55.74</b>   | +0,64 | 27.04 | 55.74   |
| 19.  | Gwee Bokma              | Zwemlust- den Hommel | 55.77  | 201002259 | <b>55.84</b>   | +0,71 | 26.95 | 55.84   |
| 20.  | Mathijs de Wit          | KSN (SG)             | 56.49  | 201001215 | <b>55.96</b>   | +0,69 | 27.14 | 55.96   |
| 21.  | Ramon Vos               | ZPC Hoogeveen        | 57.09  | 201100051 | <b>55.98</b>   | +0,69 | 26.92 | 55.98   |
| 22.  | Giovanni Wolfgang       | MSV-Zeemacht         | 55.49  | 201100859 | <b>56.03</b>   | +0,68 | 26.73 | 56.03   |
| 23.  | Cayden Malone           | De Dolfijn           | 56.19  | 201002195 | <b>56.19</b>   | +0,70 | 27.13 | 56.19   |
| 24.  | Jorick Johannes         | HZ&PC Heerenveen     | 58.03  | 201000403 | <b>56.39</b>   | +0,65 | 26.94 | 56.39   |
| 25.  | Matthijs van Velzen     | Deltasteur           | 56.29  | 201100435 | <b>56.46</b>   | +0,62 | 26.63 | 56.46   |
| 26.  | Jop Scholte             | GZVW                 | 58.26  | 201001219 | <b>56.55</b>   | +0,70 | 26.77 | 56.55   |
| 27.  | Kris Westerhout         | ZZ&PC De Devel       | 57.70  | 201000883 | <b>56.56</b>   | +0,64 | 27.93 | 56.56   |
| 28.  | Tygo Kamps              | MZ&PC Maastricht     | 57.03  | 201000987 | <b>56.63</b>   | +0,65 | 26.44 | 56.63   |
| 29.  | Daan Mulder             | KSN (SG)             | 57.21  | 201100267 | <b>56.94</b>   | +0,83 | 27.34 | 56.94   |
| 30.  | Douwe Enzerink          | ZPC AMERSFOORT       | 57.51  | 201102657 | <b>56.99</b>   | +0,64 | 27.53 | 56.99   |
| 31.  | Mathieu Gepkens         | VZC                  | 58.49  | 201000045 | <b>57.06</b>   | +0,79 | 27.26 | 57.06   |
| 32.  | Costijn van Elst        | Blue Marlins         | 57.43  | 201100317 | <b>57.15</b>   | +0,54 | 27.55 | 57.15   |
| 33.  | Maxwell Russel          | ZPCH                 | 57.53  | 201002715 | <b>57.17</b>   | +0,71 | 27.24 | 57.17   |
| 34.  | Tygo van de Wal         | DWK                  | 57.51  | 201001329 | <b>57.37</b>   | +0,66 | 27.02 | 57.37   |
| 35.  | Tren Wullms             | Hellas-Glana         | 57.89  | 201000469 | <b>57.46</b>   | +0,69 | 28.14 | 57.46   |
|      | Alief Jan van der Sluis | PSV                  | 55.22  | 201003425 | <b>57.46</b>   | +0,66 | 27.40 | 57.46   |
| 37.  | Rink Vlemmix            | Z&PV Nuenen          | 57.13  | 201002721 | <b>57.47</b>   | +0,70 | 27.33 | 57.47   |
| 38.  | Thijmen Puijssers       | Hieronymus           | 57.14  | 201000129 | <b>57.52</b>   | +0,66 | 27.39 | 57.52   |
| 39.  | Gerdian Leeftink        | ZPC De Hof           | 56.64  | 201000091 | <b>57.53</b>   | +0,81 | 27.42 | 57.53   |
| 40.  | Lev Rudman              | Blue Marlins         | 59.06  | 201102343 | <b>57.59</b>   | +0,68 | 27.05 | 57.59   |
| 41.  | Dewin Volker            | OZ&PC                | 57.38  | 201101935 | <b>57.67</b>   | +0,71 | 27.99 | 57.67   |
| 42.  | Nathan Magava           | De Dolfijn           | 57.99  | 201003067 | <b>57.70</b>   | +0,58 | 27.86 | 57.70   |
| 43.  | Jesse Jolink            | ENC Arnhem           | 58.48  | 201000401 | <b>57.74</b>   | +0,68 | 28.11 | 57.74   |
| 44.  | Berat Baykal            | PSV                  | 57.17  | 201003507 | <b>57.88</b>   | +0,67 | 27.82 | 57.88   |
| 45.  | Rafael Agterbos         | OZ&PC                | 58.48  | 201000171 | <b>58.05</b>   | +0,73 | 28.31 | 58.05   |
| 46.  | Luca Karsten Schöler    | HZ&PC Heerenveen     | 59.09  | 201101451 | <b>58.08</b>   | +0,65 | 27.10 | 58.08   |
| 47.  | Djulan Versteeg         | Zignea               | 59.26  | 201002655 | <b>58.37</b>   | +0,78 | 27.74 | 58.37   |
| 48.  | Stijn Dijkstra          | DZ&PC                | 57.56  | 201000279 | <b>58.38</b>   | +0,72 | 28.47 | 58.38   |
| 49.  | Ian Timmermans          | PSV                  | 58.33  | 201004001 | <b>58.43</b>   | +0,62 | 28.13 | 58.43   |
| 50.  | Yanniek Jager           | Batavia Swim         | 59.51  | 201100315 | <b>58.61</b>   | +0,70 | 27.96 | 58.61   |
| 51.  | Nils Bellert            | SG Octopus - ZVV     | 58.77  | 201100347 | <b>58.69</b>   | +0,73 | 28.80 | 58.69   |
| 52.  | Xander De Jonghe        | De Marlijn (SG)      | 58.98  | 201101095 | <b>58.74</b>   | +0,68 | 28.72 | 58.74   |
| 53.  | Syb Boerema             | De Schoteijl         | 59.31  | 201000359 | <b>58.75</b>   | +0,58 | 27.57 | 58.75   |
| 54.  | Izayah Castillo         | Blue Marlins         | 58.73  | 201100311 | <b>58.87</b>   | +0,75 | 27.80 | 58.87   |
| 55.  | Abe Pasop               | Dedemsvaart-AC       | 59.15  | 201000501 | <b>58.92</b>   | +0,69 | 28.19 | 58.92   |
| 56.  | Rins Welten             | DZT '62              | 58.32  | 201000329 | <b>59.02</b>   | +0,71 | 28.48 | 59.02   |
| 57.  | Finn Wensveen           | Zv de Ham            | 58.68  | 201000811 | <b>59.13</b>   | +0,78 | 28.64 | 59.13   |
|      | Dax Muijlaert           | SG Octopus - ZVV     | 58.16  | 201100535 | <b>59.13</b>   | +0,77 | 27.96 | 59.13   |
| 59.  | Xander Koperdraat       | Z&PC Triton Putten   | 58.10  | 201001695 | <b>59.17</b>   | +0,68 | 28.22 | 59.17   |
| 60.  | Tristan Meijers         | SWOL 1894            | 59.40  | 201000089 | <b>59.19</b>   | +0,74 | 29.30 | 59.19   |
| 61.  | Joep Lindhout           | Niemo Barracuda      | 59.24  | 201100873 | <b>59.40</b>   | +0,74 | 28.50 | 59.40   |
| 62.  | Stan Ordelman           | SG Octopus - ZVV     | 58.99  | 201100009 | <b>59.43</b>   | +0,71 | 28.27 | 59.43   |
| 63.  | Sander de Bruin         | ZZ&PC De Devel       | 58.92  | 201100617 | <b>59.46</b>   | +0,70 | 27.86 | 59.46   |
| 64.  | Kyaro Giuliano          | De Dolfijn           | 59.55  | 201000489 | <b>59.54</b>   | +0,79 | 28.45 | 59.54   |
| 65.  | Mees Kooij              | DAW                  | 58.51  | 201000909 | <b>59.84</b>   | +0,67 | 28.71 | 59.84   |
| 66.  | Kaj van der Ham         | ZVL-1886             | 57.94  | 201100325 | <b>59.88</b>   | +0,76 | 29.01 | 59.88   |
| 67.  | Thijmen Holterman       | ZPC De Hof           | 58.57  | 201000005 | <b>1:00.14</b> | +0,93 | 29.09 | 1:00.14 |
| 68.  | Gijs Nooter             | Dedemsvaart-AC       | 59.32  | 201000725 | <b>1:00.47</b> | +0,73 | 28.63 | 1:00.47 |
| 69.  | Quinten Oostveen        | ZPC AMERSFOORT       | 58.61  | 201002605 | <b>1:01.34</b> | +0,65 | 28.79 | 1:01.34 |
| NG   | Si Tian Chen            | Hellas-Glana         | 59.09  | 201001069 |                |       |       |         |

Programmanr. 15, Jongens, 100m vrije slag, Voorronde, Onder 16

| rang | naam          | vereniging           | intijd | tijd      | RT | 50m | 100m |
|------|---------------|----------------------|--------|-----------|----|-----|------|
| NG   | Mees de Vries | Zwemlust- den Hommel | 58.75  | 201001151 |    |     |      |

Programmanr. 16  
24-01-2026 - 10:11

Meisjes, 100m vlinderslag

Onder 16  
Resultaten Voorronde

| rang | naam                                          | vereniging              | intijd  |           | tijd           | RT       | 50m   | 100m    |
|------|-----------------------------------------------|-------------------------|---------|-----------|----------------|----------|-------|---------|
| 1.   | Hannah Huisman<br><i>Kampioenschapsrecord</i> | De Dolfijn              | 1:00.99 | 201000002 | <b>1:02.09</b> | Q +0,73  | 29.39 | 1:02.09 |
| 2.   | Yill van Bezouw                               | Hieronymus              | 1:03.25 | 201100704 | <b>1:02.47</b> | Q +0,70  | 29.01 | 1:02.47 |
| 3.   | Odenza Soselisa                               | Blue Marlins            | 1:03.71 | 201101780 | <b>1:03.60</b> | Q +0,70  | 28.98 | 1:03.60 |
| 4.   | Frédérique Nijziel                            | De Dolfijn              | 1:04.05 | 201103114 | <b>1:05.07</b> | Q +0,73  | 30.07 | 1:05.07 |
| 5.   | Noa van Zalk                                  | ZPC AMERSFOORT          | 1:06.37 | 201102534 | <b>1:05.91</b> | Q +0,71  | 30.67 | 1:05.91 |
| 6.   | Fenne Metten                                  | ZPC AMERSFOORT          | 1:04.76 | 201000102 | <b>1:06.18</b> | Q +0,85  | 30.72 | 1:06.18 |
| 7.   | Mariia Kostina                                | Blue Marlins            | 1:05.85 | 201002042 | <b>1:06.37</b> | Q +0,72  | 30.15 | 1:06.37 |
| 8.   | Erin de Jong                                  | LinK                    | 1:08.36 | 201000024 | <b>1:06.57</b> | Q +0,75  | 30.92 | 1:06.57 |
| 9.   | Anna Lepoutre                                 | PSV                     | 1:06.76 | 201100534 | <b>1:07.04</b> | R* +0,67 | 31.11 | 1:07.04 |
| 10.  | Romée Smit                                    | MSV-Zeemacht            | 1:08.89 | 201100438 | <b>1:07.07</b> | R +0,73  | 30.98 | 1:07.07 |
| 11.  | Anne Engbersen                                | Albion                  | 1:10.64 | 201000044 | <b>1:07.29</b> | +0,76    | 30.56 | 1:07.29 |
| 12.  | Mia Hoeflaken                                 | PSV                     | 1:06.96 | 201004108 | <b>1:07.76</b> | +0,67    | 31.69 | 1:07.76 |
| 13.  | Raegan Belmar                                 | Albion                  | 1:06.46 | 201004070 | <b>1:07.79</b> | +0,76    | 30.92 | 1:07.79 |
| 14.  | Lola Verheijen                                | PSV                     | 1:06.30 | 201100832 | <b>1:08.07</b> | +0,71    | 31.29 | 1:08.07 |
| 15.  | Esmee de Raadt                                | Albion                  | 1:10.76 | 201002328 | <b>1:08.37</b> | +0,78    | 32.00 | 1:08.37 |
| 16.  | Femke ter Horst                               | ZPC Hoogeveen           | 1:10.43 | 201000108 | <b>1:09.27</b> | +0,58    | 32.68 | 1:09.27 |
| 17.  | Brechtje Slootweg                             | ZPC AMERSFOORT          | 1:08.73 | 201101744 | <b>1:09.37</b> | +0,74    | 31.40 | 1:09.37 |
| 18.  | Anouk Steller                                 | WVZ                     | 1:09.18 | 201000004 | <b>1:09.50</b> | +0,77    | 32.05 | 1:09.50 |
|      | Paula Spans                                   | ZPC AMERSFOORT          | 1:08.95 | 201000064 | <b>1:09.50</b> | +0,74    | 32.73 | 1:09.50 |
| 20.  | Esra Simon                                    | Hellas-Glana            | 1:09.21 | 201100004 | <b>1:09.52</b> | +0,77    | 32.55 | 1:09.52 |
| 21.  | Eva Ehlert                                    | WVZ                     | 1:09.26 | 201002026 | <b>1:09.74</b> | +0,71    | 31.59 | 1:09.74 |
| 22.  | Ilse Jongepier                                | TriVia                  | 1:10.33 | 201000006 | <b>1:09.94</b> | +0,76    | 32.63 | 1:09.94 |
| 23.  | Elle van Gemeren                              | DAW                     | 1:10.40 | 201100428 | <b>1:10.31</b> | +0,50    | 32.61 | 1:10.31 |
| 24.  | Alaine Lomans                                 | Hellas-Glana            | 1:09.41 | 201000420 | <b>1:10.44</b> | +0,68    | 31.64 | 1:10.44 |
| 25.  | Mandy Berndsen                                | VZC                     | 1:10.80 | 201001138 | <b>1:11.60</b> | +0,78    | 32.35 | 1:11.60 |
| 26.  | Fanni Farkas                                  | De Columbiaan           | 1:09.74 | 201100360 | <b>1:11.91</b> | +0,73    | 32.78 | 1:11.91 |
| 27.  | Charlotte Stegink                             | Team Noord Holland (SG) | 1:11.45 | 201103760 | <b>1:13.16</b> | +0,78    | 33.72 | 1:13.16 |
| 28.  | Florien Pot                                   | OZ&PC                   | 1:10.64 | 201000768 | <b>1:13.93</b> | +0,80    | 33.57 | 1:13.93 |
| 29.  | Alaine Dumont                                 | De Watervogels          | 1:11.18 | 201102140 | <b>1:15.32</b> | +0,71    | 33.82 | 1:15.32 |
| 30.  | Elke Kriesels                                 | Blue Marlins            | 1:09.18 | 201100898 | <b>1:15.74</b> | +0,78    | 34.50 | 1:15.74 |
| 31.  | Evita Hoornweg                                | TriVia                  | 1:11.30 | 201002046 | <b>1:16.49</b> | +0,70    | 32.17 | 1:16.49 |

Programmanr. 17  
24-01-2026 - 10:18

Jongens, 400m wisselslag

Onder 14  
Resultaten

| rang naam                | vereniging         | intijd            | tijd           | RT    | 100m    | 200m    | 300m    | 400m    |
|--------------------------|--------------------|-------------------|----------------|-------|---------|---------|---------|---------|
| 1. Luca Denkers          | ZV New Wave Almere | 5:09.00 201202399 | <b>4:57.42</b> | +0,69 | 1:09.00 | 2:25.62 | 3:48.94 | 4:57.42 |
| 2. Max van Splunder      | De Dolfijn         | 5:05.73 201200531 | <b>5:05.47</b> | +0,72 | 1:10.78 | 2:27.63 | 3:55.18 | 5:05.47 |
| 3. Tim Slagers           | Aquapoldro         | 5:15.84 201200263 | <b>5:10.22</b> | +0,75 | 1:07.24 | 2:24.27 | 4:00.90 | 5:10.22 |
| 4. Toa Jahn              | Het Y              | 5:12.72 201201665 | <b>5:10.55</b> | +0,64 | 1:11.44 | 2:32.11 | 4:01.63 | 5:10.55 |
| 5. Marcelo Fritz Medina  | De Dolfijn         | 5:18.74 201201885 | <b>5:10.86</b> | +0,76 | 1:10.48 | 2:30.21 | 3:59.55 | 5:10.86 |
| 6. Tijn Pieters          | Orca               | 5:21.70 201300715 | <b>5:17.96</b> | +0,70 | 1:11.71 | 2:31.00 | 4:04.85 | 5:17.96 |
| 7. Metz Agema            | Deltasteur         | 5:25.26 201200929 | <b>5:19.84</b> | +0,76 | 1:17.65 | 2:42.91 | 4:09.31 | 5:19.84 |
| 8. Celestin van der Beek | PSV                | 5:27.76 201201183 | <b>5:22.90</b> | +0,68 | 1:17.06 | 2:41.17 | 4:11.07 | 5:22.90 |
| 9. Kurt Feldmann         | Blue Marlins       | 5:48.73 201203089 | <b>5:24.05</b> | +0,77 | 1:14.60 | 2:34.83 | 4:12.51 | 5:24.05 |
| 10. Rutger Donker        | NDD                | 5:26.73 201200361 | <b>5:24.85</b> | +0,70 | 1:18.09 | 2:39.07 | 4:11.66 | 5:24.85 |
| 11. Joep Barwegen        | HZ&PC Heerenveen   | 5:29.54 201201823 | <b>5:26.16</b> | +0,51 | 1:14.15 | 2:38.77 | 4:14.05 | 5:26.16 |

Programmanr. 17, Jongens, 400m wisselslag, Onder 14

| rang naam                                                                  | vereniging           | intijd            | tijd             | RT    | 100m    | 200m    | 300m    | 400m    |
|----------------------------------------------------------------------------|----------------------|-------------------|------------------|-------|---------|---------|---------|---------|
| 12. Ruben Lima Ribeiro                                                     | Hellas-Glana         | 5:32.76 201300693 | <b>5:27.27</b>   | +0,73 | 1:17.71 | 2:41.89 | 4:14.50 | 5:27.27 |
| 13. Felipe Kerkhoff                                                        | ZPC AMERSFOORT       | 5:29.51 201202625 | <b>5:27.98</b>   | +0,73 | 1:16.45 | 2:38.43 | 4:15.50 | 5:27.98 |
| 14. Lars Thül                                                              | SWOL 1894            | 5:24.32 201200119 | <b>5:28.11</b>   | +0,75 | 1:17.61 | 2:40.42 | 4:16.49 | 5:28.11 |
| 15. Pieter de Jonge                                                        | Aqua-Novio'94        | 5:34.18 201200211 | <b>5:28.30</b>   | +0,77 | 1:11.05 | 2:33.36 | 4:13.43 | 5:28.30 |
| 16. Guust Heijne                                                           | DWK                  | 5:26.54 201202139 | <b>5:28.81</b>   | +0,78 | 1:16.36 | 2:43.25 | 4:15.84 | 5:28.81 |
| 17. Floris Meijers                                                         | SWOL 1894            | 5:27.05 201300015 | <b>5:29.45</b>   | +0,76 | 1:15.69 | 2:37.82 | 4:16.24 | 5:29.45 |
| 18. Siem Rewinkel                                                          | De Veene             | 5:23.56 201201473 | <b>5:31.84</b>   | +0,70 | 1:17.21 | 2:43.33 | 4:15.98 | 5:31.84 |
| 19. Luc van Drunick                                                        | Noordwijkerhout      | 5:37.46 201201659 | <b>5:32.19</b>   | +0,69 | 1:15.46 | 2:42.96 | 4:16.96 | 5:32.19 |
| 20. A. Janse van Rensburg                                                  | De Treffers          | 5:32.80 201202261 | <b>5:32.32</b>   | +0,74 | 1:17.33 | 2:34.82 | 4:18.27 | 5:32.32 |
| 21. Bram Engelen                                                           | Hellas-Glana         | 5:44.57 201300421 | <b>5:33.24</b>   | +0,67 | 1:20.23 | 2:44.33 | 4:19.11 | 5:33.24 |
| 22. Maarten de Leeuw                                                       | Deltasteur           | 5:40.79 201200241 | <b>5:33.38</b>   | +0,79 | 1:19.43 | 2:41.73 | 4:20.97 | 5:33.38 |
| 23. Wessel Vis                                                             | De Treffers          | 5:41.89 201201273 | <b>5:33.75</b>   | +0,72 | 1:17.97 | 2:40.99 | 4:20.30 | 5:33.75 |
| 24. Jesse Voet                                                             | Aqua-Novio'94        | 5:44.30 201300057 | <b>5:34.24</b>   | +0,76 | 1:13.15 | 2:35.81 | 4:22.05 | 5:34.24 |
| 25. Michael Simons                                                         | PSV                  | 5:37.48 201200025 | <b>5:34.73</b>   | +0,67 | 1:21.36 | 2:44.08 | 4:22.64 | 5:34.73 |
| 26. Orlando Caffaggi                                                       | Blue Marlins         | 5:25.07 201203059 | <b>5:34.91</b>   | +0,70 | 1:17.45 | 2:42.96 | 4:21.06 | 5:34.91 |
| 27. Gijs Leeneman                                                          | HZ&PC Heerenveen     | 5:40.77 201200479 | <b>5:35.40</b>   | +0,52 | 1:13.85 | 2:41.30 | 4:21.69 | 5:35.40 |
| 28. Charles Araysa                                                         | Zwemlust- den Hommel | 5:40.19 201201155 | <b>5:36.16</b>   | +0,63 | 1:17.32 | 2:43.61 | 4:18.08 | 5:36.16 |
| 29. L. Della Vedova                                                        | De Otters Het Gooi   | 6:20.69 201201833 | <b>5:36.62</b>   | +0,71 | 1:16.31 | 2:41.56 | 4:17.71 | 5:36.62 |
| 30. Luuk ten Asbroek                                                       | Het Ravijn           | 5:42.33 201200601 | <b>5:37.17</b>   | +0,69 | 1:20.99 | 2:41.54 | 4:22.45 | 5:37.17 |
| 31. Thijs Valkenburg                                                       | WVZ                  | 5:32.88 201201511 | <b>5:38.48</b>   | +0,66 | 1:20.93 | 2:45.79 | 4:23.45 | 5:38.48 |
| 32. Finn Ostermann                                                         | AZC                  | 5:43.09 201301059 | <b>5:40.11</b>   | +0,72 | 1:25.35 | 2:49.04 | 4:30.02 | 5:40.11 |
| 33. Jaro Hermans                                                           | PSV                  | 5:55.87 201200173 | <b>5:41.92</b>   | +0,71 | 1:21.75 | 2:48.64 | 4:28.84 | 5:41.92 |
| 34. Stef van de Wal                                                        | DWK                  | 5:41.39 201200803 | <b>5:45.21</b>   | +0,75 | 1:19.81 | 2:53.13 | 4:26.87 | 5:45.21 |
| 35. Nouh Karman                                                            | Zwemlust- den Hommel | 5:48.79 201201383 | <b>5:45.51</b>   | +0,85 | 1:23.68 | 2:48.35 | 4:30.50 | 5:45.51 |
| 36. Mats van der Kamp                                                      | Deltasteur           | 5:44.58 201200113 | <b>5:52.28</b>   | +0,69 | 1:23.10 | 2:56.38 | 4:33.87 | 5:52.28 |
| 37. Rio Babic                                                              | Steenwijk 1934       | 5:51.05 201200867 | <b>5:56.05</b>   | +0,79 | 1:24.44 | 2:54.71 | 4:38.70 | 5:56.05 |
| 38. Isai Shields                                                           | Niemo Barracuda      | 5:54.39 201300031 | <b>6:11.14</b> * | +0,76 | 1:30.18 | 3:01.86 | 4:48.27 | 6:11.14 |
| DIS Tim Koornstra                                                          | De Vikings           | 5:43.01 201200231 |                  | +0,78 |         |         |         |         |
| SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt. |                      |                   |                  |       |         |         |         |         |
| DIS Thomas Metz                                                            | ZPC AMERSFOORT       | 5:44.55 201300043 |                  | +0,55 |         |         |         |         |
| RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |                      |                   |                  |       |         |         |         |         |

Programmanr. 18  
24-01-2026 - 10:49

Meisjes, 200m schoolslag

Onder 14  
Resultaten

| rang naam              | vereniging             | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|------------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Valerie Rienties    | Zwemsport Parkstad     | 2:41.27 201200400 | <b>2:43.50</b> | +0,69 | 35.84 | 1:17.20 | 2:00.14 | 2:43.50 |
| 2. Jazz Hollander      | ZZ&PC De Devel         | 2:56.05 201300528 | <b>2:51.25</b> | +0,80 | 37.66 | 1:22.01 | 2:07.98 | 2:51.25 |
| 3. Vicky Horens        | Hellas-Glana           | 2:49.95 201200252 | <b>2:52.02</b> | +0,69 | 38.16 | 1:21.49 | 2:06.69 | 2:52.02 |
| 4. Julia Ketelaars     | Hellas-Glana           | 2:51.02 201200028 | <b>2:53.05</b> | +0,80 | 39.24 | 1:23.19 | 2:08.59 | 2:53.05 |
| 5. Julia Bannatyne     | BZ&PC                  | 2:57.31 201201020 | <b>2:54.06</b> | +0,73 | 38.19 | 1:22.20 | 2:08.54 | 2:54.06 |
| 6. Benthe de Beer      | PSV                    | 3:01.78 201302638 | <b>2:54.12</b> | +0,64 | 39.80 | 1:23.65 | 2:08.93 | 2:54.12 |
| 7. Jet Hogervorst      | De Columbiaan          | 2:53.18 201200738 | <b>2:54.86</b> | +0,65 | 39.37 | 1:23.49 | 2:09.84 | 2:54.86 |
| 8. Querine Schminnes   | ZC Borger              | 2:55.41 201200624 | <b>2:55.00</b> | +0,80 | 39.29 | 1:24.14 | 2:09.58 | 2:55.00 |
| 9. Alena Ytsma         | HZ&PC Heerenveen       | 2:53.44 201201736 | <b>2:55.44</b> | +0,88 | 39.62 | 1:23.63 | 2:09.30 | 2:55.44 |
| 10. Anouk Mulder       | De Columbiaan          | 2:56.67 201200962 | <b>2:55.75</b> | +0,79 | 39.29 | 1:24.10 | 2:10.76 | 2:55.75 |
| 11. Liva van Groningen | Team Noord Holland (S) | 2:54.51 201200280 | <b>2:58.05</b> | +0,77 | 39.47 | 1:25.07 | 2:11.77 | 2:58.05 |
| 12. Tatum Vered        | Blue Marlins           | 2:56.57 201201322 | <b>2:58.82</b> | +0,78 | 40.91 | 1:26.15 | 2:13.02 | 2:58.82 |
| 13. Roubin van Kampen  | ZPCH                   | 3:02.90 201200370 | <b>3:02.07</b> | +0,75 | 41.28 | 1:26.34 | 2:13.78 | 3:02.07 |
| 14. V. Parkhomenko     | Het Y                  | 3:02.01 201301610 | <b>3:02.31</b> | +0,76 | 41.71 | 1:28.35 | 2:15.39 | 3:02.31 |
| 15. Elisa Obdam        | DAW                    | 3:08.01 201201444 | <b>3:02.97</b> | +0,66 | 39.93 | 1:26.64 | 2:15.17 | 3:02.97 |
| 16. Guusje van Geest   | ACZ                    | 3:03.81 201200352 | <b>3:03.51</b> | +0,90 | 42.23 | 1:28.95 | 2:16.61 | 3:03.51 |
| 17. Liv Schoon         | DAW                    | 3:03.80 201202112 | <b>3:03.71</b> | +0,70 | 41.17 | 1:27.34 | 2:16.49 | 3:03.71 |
| 18. Lenny Bokkers      | De Zwoer               | 3:11.76 201300390 | <b>3:03.98</b> | +0,81 | 40.94 | 1:27.47 | 2:15.54 | 3:03.98 |
| 19. Madeé Boezen       | Zignea                 | 3:05.87 201300782 | <b>3:04.46</b> | +0,67 | 40.75 | 1:27.49 | 2:17.08 | 3:04.46 |
| 20. Karlijn Siero      | SWOL 1894              | 3:09.67 201201758 | <b>3:04.77</b> | +0,90 | 42.48 | 1:29.72 | 2:17.71 | 3:04.77 |



Programmanr. 18, Meisjes, 200m schoolslag, Onder 14

| rang naam              | vereniging             | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|------------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 21. Mischa Brouwers    | Hieronimus             | 3:04.78 201202208 | <b>3:05.37</b> | +0,75 | 40.08 | 1:27.51 | 2:15.72 | 3:05.37 |
| 22. Coco Scheepers     | PSV                    | 3:08.19 201301462 | <b>3:06.37</b> | +0,74 | 41.26 | 1:29.58 | 2:18.46 | 3:06.37 |
| 23. Simone Brobbel     | Hoeksche Waard (SG)    | 3:12.04 201200058 | <b>3:06.54</b> | +0,72 | 42.25 | 1:30.56 | 2:18.85 | 3:06.54 |
| 24. Jinthe Kuiper      | SWOL 1894              | 3:04.83 201200688 | <b>3:07.16</b> | +0,67 | 42.13 | 1:29.94 | 2:19.00 | 3:07.16 |
| 25. Fiene Quaak        | Z&PC De Ganze          | 3:05.81 201201142 | <b>3:07.30</b> | +0,75 | 42.51 | 1:29.92 | 2:18.77 | 3:07.30 |
| 26. Fee Sevenants      | De Watervogels         | 3:01.41 201201884 | <b>3:07.40</b> | +0,78 | 41.90 | 1:29.51 | 2:18.44 | 3:07.40 |
| 27. T. van de Wetering | Arethusa               | 3:11.79 201200780 | <b>3:08.92</b> | +0,80 | 42.66 | 1:32.65 | 2:22.17 | 3:08.92 |
| 28. Caithlin Lakke     | Team Noord Holland (S) | 3:10.08 201302438 | <b>3:09.41</b> | +0,77 | 43.69 | 1:31.14 | 2:20.14 | 3:09.41 |
| 29. Charlotte Bakker   | BZ&PC                  | 3:16.75 201200524 | <b>3:09.66</b> | +0,73 | 43.75 | 1:32.50 | 2:21.32 | 3:09.66 |
| 30. Fenna Beumer       | PSV                    | 3:11.87 201300176 | <b>3:10.05</b> | +0,74 | 41.62 | 1:29.95 | 2:20.95 | 3:10.05 |
| 31. Jana Nelissen      | PSV                    | 3:14.63 201200350 | <b>3:10.19</b> | +0,70 | 42.19 | 1:31.25 | 2:20.70 | 3:10.19 |
| 32. Saar Begeman       | ZPC de Kanaalstreek    | 3:08.74 201201594 | <b>3:10.48</b> | +0,71 | 41.24 | 1:29.58 | 2:20.39 | 3:10.48 |
| 33. Eva ter Horst      | ZPC Hoogeveen          | 3:11.82 201200070 | <b>3:10.69</b> | +0,84 | 43.13 | 1:30.77 | 2:20.45 | 3:10.69 |
| 34. Boukje de Baedts   | Het Y                  | 3:13.38 201300756 | <b>3:11.36</b> | +0,74 | 43.89 | 1:32.84 | 2:22.61 | 3:11.36 |
| 35. Feline Bruns       | ZC Polaris             | 3:11.24 201200730 | <b>3:12.59</b> | +0,74 | 42.85 | 1:33.06 | 2:22.77 | 3:12.59 |
| 36. Fenna Gabriels     | ZPC Hoogeveen          | 3:10.03 201201230 | <b>3:12.67</b> | +0,75 | 43.61 | 1:32.28 | 2:22.19 | 3:12.67 |
| 37. Lieselot Penning   | ZZ&PC De Devel         | 3:14.84 201200052 | <b>3:14.93</b> | +0,73 | 44.69 | 1:35.28 | 2:26.01 | 3:14.93 |
| 38. Fay Jansen         | Aqua-Novio'94          | 3:16.17 201200154 | <b>3:17.34</b> | +0,82 | 44.59 | 1:34.91 | 2:26.30 | 3:17.34 |
| 39. Nova Volmer        | Deltasteur             | 3:11.39 201300426 | <b>3:18.79</b> | +0,74 | 43.67 | 1:35.07 | 2:26.58 | 3:18.79 |
| 40. Joanne Strietman   | ZPC AMERSFOORT         | 3:23.39 201203784 | <b>3:21.94</b> | +0,76 | 43.47 | 1:35.78 | 2:28.34 | 3:21.94 |

Programmanr. 19  
24-01-2026 - 11:07

Jongens, 200m schoolslag

Onder 16  
Resultaten

| rang naam              | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|----------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Mees de Vries       | Zwemlust- den Hommel | 2:24.27 201001151 | <b>2:22.76</b> | +0,73 | 31.34 | 1:07.39 | 1:45.09 | 2:22.76 |
| 2. Mattias Stolk       | HZ&PC Heerenveen     | 2:28.65 201000525 | <b>2:24.30</b> | +0,72 | 32.95 | 1:09.97 | 1:47.51 | 2:24.30 |
| 3. Laurens van Nulck   | Hellas-Glana         | 2:24.88 201100521 | <b>2:26.10</b> | +0,83 | 32.55 | 1:09.27 | 1:47.78 | 2:26.10 |
| 4. D. van den Noulard  | Blue Marlins         | 2:28.56 201000071 | <b>2:28.93</b> | +0,68 | 33.02 | 1:10.66 | 1:49.28 | 2:28.93 |
| 5. Milan Schuilenburg  | ZPC AMERSFOORT       | 2:30.70 201000935 | <b>2:29.84</b> | +0,68 | 33.95 | 1:11.60 | 1:50.70 | 2:29.84 |
| 6. Thijn Runia         | DZT '62              | 2:34.72 201000895 | <b>2:30.79</b> | +0,74 | 32.91 | 1:12.72 | 1:52.99 | 2:30.79 |
| 7. Tygo van de Wal     | DWK                  | 2:33.66 201001329 | <b>2:30.80</b> | +0,66 | 33.34 | 1:11.43 | 1:50.63 | 2:30.80 |
| 8. Kick Germers        | SWOL 1894            | 2:31.92 201000185 | <b>2:31.86</b> | +0,85 | 34.56 | 1:13.14 | 1:52.28 | 2:31.86 |
| 9. Kasper Lubbers      | Orca                 | 2:35.77 201100025 | <b>2:32.45</b> | +0,67 | 34.89 | 1:13.80 | 1:53.08 | 2:32.45 |
| 10. Lucas Willekes     | Zwemclub Zeist       | 2:36.79 201002481 | <b>2:32.68</b> | +0,65 | 34.79 | 1:13.56 | 1:52.96 | 2:32.68 |
| 11. Dewin Volker       | OZ&PC                | 2:36.12 201101935 | <b>2:33.40</b> | +0,69 | 34.92 | 1:13.70 | 1:53.67 | 2:33.40 |
| 12. Cayden Malone      | De Dolfijn           | 2:33.66 201002195 | <b>2:34.00</b> | +0,71 | 34.04 | 1:11.95 | 1:52.46 | 2:34.00 |
| 13. Mathieu Gepkens    | VZC                  | 2:40.30 201000045 | <b>2:34.02</b> | +0,77 | 34.40 | 1:13.99 | 1:54.14 | 2:34.02 |
| 14. O. Hordienko       | ZV De Aalscholver    | 2:37.26 201003061 | <b>2:35.64</b> | +0,63 | 35.48 | 1:15.00 | 1:55.64 | 2:35.64 |
| 15. S. Hageman         | Steenwijk 1934       | 2:32.01 201000009 | <b>2:36.33</b> | +0,63 | 34.83 | 1:14.06 | 1:54.71 | 2:36.33 |
| 16. Gerdian Leeftink   | ZPC De Hof           | 2:36.20 201000091 | <b>2:36.35</b> | +0,86 | 34.84 | 1:14.74 | 1:55.80 | 2:36.35 |
| 17. Mathijs Boersma    | ZPC Hoogeveen        | 2:37.11 201000313 | <b>2:37.26</b> | +0,73 | 33.66 | 1:12.26 | 1:52.83 | 2:37.26 |
| 18. Thijmen Puijssers  | Hieronimus           | 2:39.51 201000129 | <b>2:37.29</b> | +0,66 | 34.91 | 1:15.00 | 1:56.91 | 2:37.29 |
| 19. Kris Westerhout    | ZZ&PC De Devel       | 2:36.81 201000883 | <b>2:37.95</b> | +0,69 | 35.05 | 1:15.74 | 1:57.44 | 2:37.95 |
| 20. Luca Monster       | Wiekslag             | 2:42.17 201100343 | <b>2:38.49</b> | +0,73 | 34.32 | 1:14.70 | 1:56.83 | 2:38.49 |
| 21. Nils Bellert       | SG Octopus - ZVV     | 2:37.96 201100347 | <b>2:39.79</b> | +0,73 | 36.69 | 1:17.34 | 1:59.19 | 2:39.79 |
| 22. Mohiz Zahir        | De Dolfijn           | 2:44.48 201102139 | <b>2:40.13</b> | +0,76 | 36.97 | 1:18.03 | 1:58.83 | 2:40.13 |
| 23. Tristan Meijers    | SWOL 1894            | 2:43.83 201000089 | <b>2:40.35</b> | +0,76 | 36.41 | 1:17.74 | 1:59.98 | 2:40.35 |
| 24. Joep Lindhout      | Niemo Barracuda      | 2:40.22 201100873 | <b>2:40.51</b> | +0,78 | 35.81 | 1:16.48 | 1:58.69 | 2:40.51 |
| 25. Rafael Agterbos    | OZ&PC                | 2:43.16 201000171 | <b>2:40.75</b> | +0,74 | 36.64 | 1:17.46 | 1:59.24 | 2:40.75 |
| 26. Abe Pasop          | Deedemsvaart-AC      | 2:44.07 201000501 | <b>2:41.01</b> | +0,72 | 35.14 | 1:16.17 | 1:58.39 | 2:41.01 |
| 27. Stan Rothschild    | ZPC Hoogeveen        | 2:40.47 201000353 | <b>2:41.13</b> | +0,73 | 35.91 | 1:16.71 | 1:58.26 | 2:41.13 |
| 28. Mauro Bedeke       | DAW                  | 2:45.13 201000537 | <b>2:41.34</b> | +0,67 | 34.72 | 1:15.74 | 1:58.58 | 2:41.34 |
| 29. David van der Valk | Wiekslag             | 2:44.86 201100519 | <b>2:41.57</b> | +0,81 | 35.92 | 1:16.22 | 1:58.76 | 2:41.57 |
| 30. Syb Boerema        | De Schotelij         | 2:45.40 201000359 | <b>2:41.65</b> | +0,63 | 35.04 | 1:15.64 | 1:58.68 | 2:41.65 |
| 31. Stijn Peters       | ZPC AMERSFOORT       | 2:41.22 201103581 | <b>2:41.98</b> | +0,72 | 36.35 | 1:17.44 | 1:59.86 | 2:41.98 |
| 32. Finn Knijnenburg   | De Columbiaan        | 2:43.94 201101319 | <b>2:43.10</b> | +0,67 | 35.38 | 1:16.21 | 1:59.45 | 2:43.10 |



Programmanr. 19, Jongens, 200m schoolslag, Onder 16

| rang naam                                                                  | vereniging       | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|----------------------------------------------------------------------------|------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 33. Teun de Bruin                                                          | KSN (SG)         | 2:44.47 201001701 | <b>2:43.11</b> | +0,68 | 35.89 | 1:17.23 | 1:59.91 | 2:43.11 |
| 34. Douwe Enzerink                                                         | ZPC AMERSFOORT   | 2:43.76 201102657 | <b>2:44.06</b> | +0,68 | 37.52 | 1:18.61 | 2:02.71 | 2:44.06 |
| 35. Kyaro Giuliano                                                         | De Dolfijn       | 2:44.14 201000489 | <b>2:44.26</b> | +0,75 | 37.77 | 1:20.88 | 2:02.33 | 2:44.26 |
| 36. Ben Konings                                                            | SBC2000          | 2:43.93 201002835 | <b>2:46.24</b> | +0,74 | 35.48 | 1:17.08 | 2:00.71 | 2:46.24 |
| 37. Stan Ordelman                                                          | SG Octopus - ZVV | 2:45.09 201100009 | <b>2:50.91</b> | +0,67 | 37.64 | 1:20.73 | 2:06.36 | 2:50.91 |
| DIS Nathan Magava                                                          | De Dolfijn       | 2:42.01 201003067 |                |       |       |         |         |         |
| SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt. |                  |                   |                |       |       |         |         |         |
| NG.ZA Nick Vodde                                                           | AZ&PC De Futen   | 2:38.57 201002211 |                |       |       |         |         |         |

Programmanr. 20  
24-01-2026 - 11:23

Meisjes, 200m schoolslag

Onder 16  
Resultaten

| rang naam              | vereniging            | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|-----------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1. Malin Roozeboom     | WVZ                   | 2:41.79 201100006 | <b>2:37.95</b>   | +0,78 | 36.37 | 1:17.41 | 1:58.18 | 2:37.95 |
| 2. Paula Spans         | ZPC AMERSFOORT        | 2:35.79 201000064 | <b>2:39.25</b>   | +0,71 | 36.24 | 1:16.54 | 1:57.72 | 2:39.25 |
| 3. Meike van der Klugt | WVZ                   | 2:44.50 201100808 | <b>2:40.39</b>   | +0,80 | 36.54 | 1:17.57 | 1:59.20 | 2:40.39 |
| 4. Eva Ehler           | WVZ                   | 2:43.99 201002026 | <b>2:40.90</b> * | +0,72 | 35.98 | 1:17.89 | 1:59.19 | 2:40.90 |
| 5. Myrthe Rozendaal    | Aqua-Novio'94         | 2:45.09 201000790 | <b>2:41.55</b>   | +0,74 | 35.81 | 1:16.71 | 1:59.38 | 2:41.55 |
| 6. Jasmijn Scott       | De Duinkikkers        | 2:44.07 201001236 | <b>2:42.46</b> * | +0,62 | 36.01 | 1:17.53 | 1:59.36 | 2:42.46 |
| 7. Gerlin van de Krol  | DWK                   | 2:47.92 201101412 | <b>2:44.06</b>   | +0,69 | 37.08 | 1:18.29 | 2:00.70 | 2:44.06 |
| 8. Odenza Sospelis     | Blue Marlins          | 2:46.59 201101780 | <b>2:45.04</b>   | +0,73 | 37.16 | 1:19.40 | 2:01.87 | 2:45.04 |
| 9. C. Moreno Palacios  | De Dolfijn            | 2:39.45 201002302 | <b>2:45.97</b> * | +0,66 | 35.23 | 1:15.94 | 1:59.49 | 2:45.97 |
| 10. Linou van Kampen   | ZPCH                  | 2:45.98 201000594 | <b>2:46.05</b>   | +0,82 | 38.52 | 1:20.37 | 2:03.62 | 2:46.05 |
| 11. Mandy Berndszen    | VZC                   | 2:50.78 201001138 | <b>2:46.26</b>   | +0,78 | 36.99 | 1:19.26 | 2:02.82 | 2:46.26 |
| 12. Marre van der Wal  | Bolsward-Workum (SG2) | 2:42.77 201000046 | <b>2:46.78</b>   | +0,70 | 36.12 | 1:17.61 | 2:01.55 | 2:46.78 |
| 13. Esmee de Raadt     | Albion                | 2:50.71 201002328 | <b>2:47.88</b>   | +0,81 | 37.99 | 1:20.85 | 2:04.86 | 2:47.88 |
| 14. Sarah Förster      | Hellas-Glana          | 2:51.02 201102682 | <b>2:47.93</b>   | +0,74 | 37.68 | 1:21.10 | 2:04.59 | 2:47.93 |
| 15. Elin Riedijk       | Blue Marlins          | 2:49.22 201002056 | <b>2:48.03</b>   | +0,80 | 38.41 | 1:20.50 | 2:04.58 | 2:48.03 |
| 16. Nina Tetteroo      | De Columbiaan         | 2:50.28 201000048 | <b>2:48.18</b>   | +0,78 | 37.85 | 1:20.62 | 2:03.93 | 2:48.18 |
| 17. Emma Stokmans      | PSV                   | 2:45.75 201004190 | <b>2:48.37</b>   | +0,65 | 37.31 | 1:19.37 | 2:03.37 | 2:48.37 |
| 18. Wieke Dekker       | De Dolfijn            | 2:47.57 201002020 | <b>2:48.82</b>   | +0,75 | 37.28 | 1:20.23 | 2:04.27 | 2:48.82 |
| Evy v. Nimwegen        | De Schotetijl         | 2:54.02 201100168 | <b>2:48.82</b>   | +0,74 | 37.35 | 1:20.76 | 2:05.21 | 2:48.82 |
| 20. Lili de Graaf      | Hellas-Glana          | 2:51.68 201103068 | <b>2:49.15</b>   | +0,73 | 38.33 | 1:20.79 | 2:04.96 | 2:49.15 |
| 21. Fleur Buijs        | Hieronimus            | 2:47.37 201100676 | <b>2:49.19</b>   | +0,76 | 37.57 | 1:19.71 | 2:04.32 | 2:49.19 |
| 22. Minke Bouman       | Blue Marlins          | 2:50.32 201100104 | <b>2:50.37</b>   | +0,69 | 36.44 | 1:18.96 | 2:03.60 | 2:50.37 |
| 23. Breanna Belmar     | Albion                | 2:48.99 201004068 | <b>2:50.62</b>   | +0,70 | 37.89 | 1:21.28 | 2:05.48 | 2:50.62 |
| 24. Manoah Dekker      | Deltasteur            | 2:48.76 201100656 | <b>2:50.64</b>   | +0,71 | 37.85 | 1:21.47 | 2:06.58 | 2:50.64 |
| 25. Mia Hoeflaken      | PSV                   | 2:44.29 201004108 | <b>2:51.06</b>   | +0,68 | 38.11 | 1:20.80 | 2:05.98 | 2:51.06 |
| 26. Elin Baars         | DWK                   | 2:45.66 201000138 | <b>2:51.24</b>   | +0,73 | 37.34 | 1:20.18 | 2:05.35 | 2:51.24 |
| 27. Alaine Dumont      | De Watervogels        | 2:53.88 201102140 | <b>2:51.51</b>   | +0,69 | 37.62 | 1:20.75 | 2:05.74 | 2:51.51 |
| 28. Fenne Hardeman     | Hellas-Glana          | 2:50.17 201100244 | <b>2:51.74</b>   | +0,87 | 39.06 | 1:22.61 | 2:06.89 | 2:51.74 |
| 29. Anne van Lith      | ZVL-1886              | 2:53.01 201001000 | <b>2:51.89</b>   | +0,82 | 37.96 | 1:21.84 | 2:06.98 | 2:51.89 |
| 30. Lobke Hempenius    | HZ&PC Heerenveen      | 2:52.60 201100522 | <b>2:52.86</b>   | +0,74 | 37.52 | 1:21.23 | 2:06.81 | 2:52.86 |
| 31. Hanna Heller       | ZPC AMERSFOORT        | 2:52.01 201102730 | <b>2:53.83</b>   | +0,73 | 38.34 | 1:21.84 | 2:07.53 | 2:53.83 |
| 32. Tess Meeuwissen    | De Columbiaan         | 2:54.63 201000370 | <b>2:54.45</b>   | +0,67 | 36.69 | 1:20.07 | 2:05.74 | 2:54.45 |
| 33. Annelie Batenburg  | PSV                   | 2:47.27 201001962 | <b>2:55.47</b>   | +0,75 | 38.70 | 1:22.56 | 2:07.95 | 2:55.47 |
| 34. Abya Buscop        | De Schotetijl         | 2:55.47 201100056 | <b>2:55.76</b>   | +0,78 | 38.17 | 1:22.34 | 2:08.58 | 2:55.76 |
| 35. Noa Spaans         | De Dolfijn            | 2:53.46 201100222 | <b>2:58.12</b> * | +0,75 | 39.62 | 1:25.19 | 2:11.70 | 2:58.12 |
| 36. Jayna Wagemakers   | Hieronimus            | 2:53.01 201000226 | <b>2:58.50</b>   | +0,84 | 40.05 | 1:25.96 | 2:12.48 | 2:58.50 |
| 37. Sara Creemers      | Hellas-Glana          | 2:54.48 201100242 | <b>3:00.93</b>   | +0,73 | 40.25 | 1:25.44 | 2:12.51 | 3:00.93 |

Programmanr. 21  
24-01-2026 - 11:50

Jongens, 200m vlinderslag

Onder 16  
Resultaten

| rang naam             | vereniging       | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------|------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Eli Shields        | Niemo Barracuda  | 2:14.07 201000407 | <b>2:12.99</b> | +0,68 | 29.78 | 1:03.98 | 1:38.62 | 2:12.99 |
| 2. Evren Ege Orcunus  | De Dolfijn       | 2:15.30 201003253 | <b>2:15.68</b> | +0,66 | 30.04 | 1:04.31 | 1:39.69 | 2:15.68 |
| 3. Ruben Kragt        | Dedemsvaart-AC   | 2:19.01 201000007 | <b>2:16.16</b> | +0,74 | 30.18 | 1:05.07 | 1:40.15 | 2:16.16 |
| 4. Giovanni Wolfgang  | MSV-Zeemacht     | 2:18.51 201100859 | <b>2:17.17</b> | +0,70 | 29.74 | 1:04.41 | 1:39.97 | 2:17.17 |
| 5. Sven Potappel      | DWK              | 2:21.10 201000127 | <b>2:18.07</b> | +0,71 | 30.80 | 1:06.30 | 1:42.70 | 2:18.07 |
| 6. Max van der Spank  | TRB-RES          | 2:23.12 201000275 | <b>2:23.64</b> | +0,70 | 30.39 | 1:06.83 | 1:44.88 | 2:23.64 |
| 7. Kasper Lubbers     | Orca             | 2:24.64 201100025 | <b>2:26.26</b> | +0,68 | 32.52 | 1:09.26 | 1:47.35 | 2:26.26 |
| 8. Henry Watson       | De Dolfijn       | 2:25.95 201001703 | <b>2:26.86</b> | +0,69 | 30.78 | 1:06.82 | 1:45.57 | 2:26.86 |
| 9. Christiaan Wegman  | ZPCH             | 2:29.09 201001751 | <b>2:28.67</b> | +0,84 | 32.75 | 1:10.14 | 1:49.84 | 2:28.67 |
| 10. Zion Eijkenboom   | Hellas-Glana     | 2:26.74 201100043 | <b>2:29.43</b> | +0,78 | 32.21 | 1:10.17 | 1:51.30 | 2:29.43 |
| 11. Myron Artemenko   | Niemo Barracuda  | 2:26.09 201003021 | <b>2:32.28</b> | +0,77 | 31.69 | 1:09.87 | 1:49.06 | 2:32.28 |
| 12. Tygo Kamps        | MZ&PC Maastricht | 2:28.19 201000987 | <b>2:33.48</b> | +0,71 | 30.54 | 1:08.66 | 1:49.71 | 2:33.48 |
| 13. Amor van der Veen | Dedemsvaart-AC   | 2:25.29 201100197 | <b>2:35.55</b> | +0,70 | 31.22 | 1:09.47 | 1:52.28 | 2:35.55 |
| NG Tycho Wienbelt     | De Vikings       | 2:25.97 201001397 |                |       |       |         |         |         |

Programmanr. 22  
24-01-2026 - 11:55

Meisjes, 200m vrije slag

Onder 16  
Resultaten

| rang naam                                         | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------------------------------------|----------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Yill van Bezouw<br><i>Kampioenschapsrecord</i> | Hieronimus           | 1:59.15 201100704 | <b>2:00.44</b> | +0,72 | 27.81 | 58.47   | 1:29.71 | 2:00.44 |
| 2. Hannah Huisman                                 | De Dolfijn           | 2:03.41 201000002 | <b>2:02.43</b> | +0,73 | 28.86 | 1:00.50 | 1:31.70 | 2:02.43 |
| 3. Fenne Metten                                   | ZPC AMERSFOORT       | 2:05.09 201000102 | <b>2:05.57</b> | +0,89 | 29.06 | 1:00.95 | 1:33.87 | 2:05.57 |
| 4. Lola Verheijen                                 | PSV                  | 2:07.11 201100832 | <b>2:07.00</b> | +0,73 | 29.42 | 1:02.36 | 1:35.05 | 2:07.00 |
| 5. Anna Lepoutre                                  | PSV                  | 2:08.11 201100534 | <b>2:08.32</b> | +0,67 | 29.55 | 1:01.30 | 1:34.41 | 2:08.32 |
| 6. Elin Reinstra                                  | TriVia               | 2:11.68 201100842 | <b>2:09.89</b> |       | 30.31 | 1:02.82 | 1:36.94 | 2:09.89 |
| 7. Anne Engbersen                                 | Albion               | 2:09.33 201000044 | <b>2:10.27</b> | +0,75 | 28.77 | 1:01.50 | 1:35.91 | 2:10.27 |
| 8. Mariia Kostina                                 | Blue Marlins         | 2:12.26 201002042 | <b>2:10.98</b> | +0,72 | 29.97 | 1:03.12 | 1:37.42 | 2:10.98 |
| 9. Ilse Jongepier                                 | TriVia               | 2:12.15 201000006 | <b>2:11.88</b> | +0,79 | 30.03 | 1:03.74 | 1:38.06 | 2:11.88 |
| 10. Julia Dąbrowska                               | Blue Marlins         | 2:12.14 201000300 | <b>2:12.08</b> | +0,71 | 29.31 | 1:02.89 | 1:37.97 | 2:12.08 |
| 11. Faye Thijsse                                  | WVZ                  | 2:11.43 201001364 | <b>2:12.09</b> | +0,80 | 29.39 | 1:02.74 | 1:37.74 | 2:12.09 |
| 12. Tessa van Beek                                | DWK                  | 2:13.60 201001446 | <b>2:12.23</b> | +0,76 | 29.80 | 1:03.24 | 1:37.67 | 2:12.23 |
| 13. Casharell Kraan                               | Blue Marlins         | 2:12.45 201103426 | <b>2:12.51</b> | +0,64 | 30.68 | 1:04.33 | 1:39.01 | 2:12.51 |
| 14. Famke Franzen                                 | De Schoteijl         | 2:13.10 201000058 | <b>2:13.26</b> | +0,72 | 30.06 | 1:03.99 | 1:38.69 | 2:13.26 |
| 15. Milou Filemon                                 | Blue Marlins         | 2:16.07 201100078 | <b>2:13.28</b> | +0,65 | 30.92 | 1:04.45 | 1:38.99 | 2:13.28 |
| 16. Nina Tetteroo                                 | De Columbiaan        | 2:12.48 201000048 | <b>2:13.30</b> | +0,75 | 30.64 | 1:04.33 | 1:39.14 | 2:13.30 |
| 17. Mette Hogenhuis                               | Zwemlust- den Hommel | 2:14.55 201101254 | <b>2:13.49</b> | +0,85 | 30.32 | 1:04.06 | 1:38.82 | 2:13.49 |
| 18. Rozalia Diederiks                             | ZVL-1886             | 2:15.97 201100904 | <b>2:14.18</b> | +0,84 | 31.72 | 1:05.24 | 1:39.97 | 2:14.18 |
| 19. Dana Bulters                                  | De Dolfijn           | 2:15.03 201104138 | <b>2:14.48</b> | +0,69 | 30.59 | 1:05.06 | 1:39.87 | 2:14.48 |
| 20. Brechtje Slootweg                             | ZPC AMERSFOORT       | 2:11.82 201101744 | <b>2:15.08</b> | +0,72 | 29.75 | 1:03.73 | 1:39.50 | 2:15.08 |
| 21. Yanique Bax                                   | ZPC AMERSFOORT       | 2:13.83 201001428 | <b>2:15.95</b> | +0,76 | 31.37 | 1:05.94 | 1:41.38 | 2:15.95 |
| 22. Florien Pot                                   | OZ&PC                | 2:12.75 201000768 | <b>2:15.98</b> | +0,81 | 30.81 | 1:05.01 | 1:40.78 | 2:15.98 |
| 23. Dewi Meijer                                   | De Dolfijn           | 2:12.16 201000302 | <b>2:16.22</b> | +0,78 | 31.66 | 1:06.49 | 1:42.35 | 2:16.22 |
| 24. Myrthe Rozendaal                              | Aqua-Novio'94        | 2:16.01 201000790 | <b>2:16.34</b> | +0,78 | 31.34 | 1:06.16 | 1:41.56 | 2:16.34 |
| 25. Erin de Jong                                  | LinK                 | 2:14.44 201000024 | <b>2:16.61</b> | +0,74 | 30.50 | 1:04.67 | 1:40.47 | 2:16.61 |
| 26. Sterre de Veen                                | Hellas-Glana         | 2:13.74 201100086 | <b>2:18.45</b> | +0,68 | 30.51 | 1:05.04 | 1:41.33 | 2:18.45 |
| 27. Fanni Farkas                                  | De Columbiaan        | 2:15.82 201100360 | <b>2:19.24</b> |       | 31.52 | 1:06.79 | 1:42.83 | 2:19.24 |

NJK korte baan 2026  
Amsterdam, 23- - 25-1-2026

Programmanr. 23  
24-01-2026 - 15:30

Jongens, 400m vrije slag

Onder 16  
Resultaten

| rang naam               | vereniging           | intijd            | tijd             | RT    | 100m    | 200m    | 300m    | 400m    |
|-------------------------|----------------------|-------------------|------------------|-------|---------|---------|---------|---------|
| 1. Mattias Stolk        | HZ&PC Heerenveen     | 4:09.98 201000525 | <b>4:07.29</b>   | +0,70 | 58.51   | 2:02.12 | 3:05.66 | 4:07.29 |
| 2. Baris Tomu           | ZPCH                 | 4:11.58 201000869 | <b>4:07.98</b>   | +0,68 | 58.82   | 2:01.96 | 3:05.47 | 4:07.98 |
| 3. Ramon Vos            | ZPC Hoogeveen        | 4:16.87 201100051 | <b>4:09.31</b>   | +0,74 | 59.64   | 2:03.00 | 3:06.68 | 4:09.31 |
| 4. D. van den Nouland   | Blue Marlins         | 4:14.69 201000071 | <b>4:15.65</b>   | +0,69 | 59.85   | 2:04.68 | 3:10.48 | 4:15.65 |
| 5. Ruben Kragt          | Dedemsvaart-AC       | 4:17.62 201000007 | <b>4:15.81</b>   | +0,70 | 1:00.43 | 2:05.24 | 3:10.86 | 4:15.81 |
| 6. Giovanni Wolfgang    | MSV-Zeemacht         | 4:20.17 201100859 | <b>4:17.43</b>   | +0,66 | 1:00.71 | 2:07.14 | 3:12.04 | 4:17.43 |
| 7. Laurens van Nulck    | Hellas-Glana         | 4:17.68 201100521 | <b>4:17.84</b>   | +0,75 | 1:00.67 | 2:05.95 | 3:12.36 | 4:17.84 |
| 8. Abel op den Velde    | De Duinkickers       | 4:19.57 201000079 | <b>4:18.91</b>   | +0,71 | 58.58   | 2:05.20 | 3:12.52 | 4:18.91 |
| 9. Douwe Enzerink       | ZPC AMERSFOORT       | 4:25.66 201102657 | <b>4:21.07</b>   | +0,65 | 1:01.43 | 2:08.53 | 3:15.68 | 4:21.07 |
| 10. Daan Mulder         | KSN (SG)             | 4:25.36 201100267 | <b>4:21.55</b>   | +0,84 | 1:03.02 | 2:09.17 | 3:16.10 | 4:21.55 |
| 11. Rafael Agterbos     | OZ&PC                | 4:25.97 201000171 | <b>4:21.96</b>   | +0,78 | 1:02.71 | 2:09.86 | 3:16.42 | 4:21.96 |
| 12. Tristan Meijers     | SWOL 1894            | 4:25.34 201000089 | <b>4:21.99</b>   | +0,73 | 1:02.92 | 2:10.43 | 3:17.62 | 4:21.99 |
| 13. Mathijs de Wit      | KSN (SG)             | 4:25.85 201001215 | <b>4:22.08</b>   | +0,70 | 1:01.45 | 2:09.54 | 3:16.80 | 4:22.08 |
| 14. Thijmen Pruijssers  | Hieronymus           | 4:22.91 201000129 | <b>4:22.20</b>   | +0,67 | 1:00.78 | 2:07.22 | 3:15.61 | 4:22.20 |
| 15. Tren Wullms         | Hellas-Glana         | 4:24.47 201000469 | <b>4:22.36</b>   | +0,76 | 1:01.56 | 2:08.48 | 3:15.92 | 4:22.36 |
| 16. Mauro Bedeke        | DAW                  | 4:24.81 201000537 | <b>4:24.09</b>   | +0,67 | 1:02.88 | 2:11.07 | 3:18.02 | 4:24.09 |
| 17. Mees Janssen        | Blue Marlins         | 4:27.67 201102025 | <b>4:25.39</b>   | +0,68 | 1:02.26 | 2:09.91 | 3:17.30 | 4:25.39 |
| 18. Kasper Lubbers      | Orca                 | 4:30.62 201100025 | <b>4:25.92</b>   | +0,69 | 1:05.09 | 2:12.73 | 3:21.26 | 4:25.92 |
| 19. A. van der Sluis    | PSV                  | 4:29.76 201003425 | <b>4:26.61</b>   | +0,66 | 1:02.90 | 2:12.25 | 3:20.73 | 4:26.61 |
| Mees de Vries           | Zwemlust- den Hommel | 4:29.26 201001151 | <b>4:26.61</b>   | +0,74 | 1:03.58 | 2:11.81 | 3:19.43 | 4:26.61 |
| 21. Finn Wensveen       | Zv de Ham            | 4:28.78 201000811 | <b>4:28.07</b>   | +0,85 | 1:03.19 | 2:11.82 | 3:20.52 | 4:28.07 |
| 22. Stan Rothschild     | ZPC Hoogeveen        | 4:31.82 201000353 | <b>4:28.18</b>   | +0,70 | 1:02.02 | 2:09.54 | 3:18.89 | 4:28.18 |
| 23. Matthijs van Velzen | Deltasteur           | 4:23.73 201100435 | <b>4:28.21</b>   | +0,62 | 1:02.34 | 2:11.36 | 3:20.29 | 4:28.21 |
| 24. Kris Westerhout     | ZZ&PC De Devel       | 4:31.61 201000883 | <b>4:29.73</b>   | +0,65 | 1:03.32 | 2:12.84 | 3:22.08 | 4:29.73 |
| 25. Stijn Dijkstra      | DZ&PC                | 4:32.29 201000279 | <b>4:29.87</b>   | +0,72 | 1:02.64 | 2:11.21 | 3:20.86 | 4:29.87 |
| 26. Kick Germers        | SWOL 1894            | 4:33.05 201000185 | <b>4:30.72</b>   | +0,82 | 1:04.64 | 2:13.41 | 3:22.25 | 4:30.72 |
| 27. Mathieu Gepkens     | VZC                  | 4:26.42 201000045 | <b>4:32.07</b>   | +0,79 | 1:03.56 | 2:12.00 | 3:21.82 | 4:32.07 |
| 28. Berat Baykal        | PSV                  | 4:33.44 201003507 | <b>4:32.41</b>   | +0,70 | 1:04.26 | 2:13.84 | 3:22.76 | 4:32.41 |
| 29. Tygo Kamps          | MZ&PC Maastricht     | 4:35.65 201000987 | <b>4:32.78</b>   | +0,73 | 1:04.19 | 2:14.76 | 3:25.56 | 4:32.78 |
| 30. Milan Schuilenburg  | ZPC AMERSFOORT       | 4:29.08 201000935 | <b>4:33.36</b>   | +0,72 | 1:03.55 | 2:12.89 | 3:23.58 | 4:33.36 |
| 31. David van der Valk  | Wiekslag             | 4:31.67 201100519 | <b>4:33.76</b>   | +0,82 | 1:03.46 | 2:12.51 | 3:24.04 | 4:33.76 |
| 32. Stijn Peters        | ZPC AMERSFOORT       | 4:29.67 201103581 | <b>4:33.86</b>   | +0,80 | 1:05.63 | 2:15.17 | 3:25.29 | 4:33.86 |
| 33. Maarten Dijs        | GoSwim               | 4:37.63 201000135 | <b>4:34.17</b> * | +0,79 | 1:03.97 | 2:13.22 | 3:24.73 | 4:34.17 |
| 34. Thijmen Holterman   | ZPC De Hof           | 4:33.26 201000005 | <b>4:34.59</b>   | +0,97 | 1:06.15 | 2:16.94 | 3:26.98 | 4:34.59 |
| 35. Stan Nijhuis        | OZ&PC                | 4:33.64 201100191 | <b>4:34.80</b>   | +0,77 | 1:05.77 | 2:15.27 | 3:25.95 | 4:34.80 |
| 36. Ivan Halff          | Zv de Ham            | 4:36.72 201100479 | <b>4:35.68</b> * | +0,82 | 1:04.58 | 2:14.23 | 3:24.55 | 4:35.68 |
| 37. Mathijs Boersma     | ZPC Hoogeveen        | 4:21.80 201000313 | <b>4:38.45</b>   | +0,77 | 1:04.37 | 2:14.82 | 3:26.72 | 4:38.45 |
| 38. Daniël Hofman       | SG Octopus - ZVV     | 4:37.10 201000417 | <b>4:39.53</b>   | +0,82 | 1:06.36 | 2:18.35 | 3:30.38 | 4:39.53 |
| 39. Gijs Nooter         | Dedemsvaart-AC       | 4:35.75 201000725 | <b>4:42.92</b>   | +0,71 | 1:06.47 | 2:17.75 | 3:29.37 | 4:42.92 |
| 40. Daan Overmars       | OZ&PC                | 4:29.29 201100027 | <b>4:48.92</b>   | +0,64 | 1:07.63 | 2:20.89 | 3:35.68 | 4:48.92 |
| NG Tycho Wienbelt       | De Vikings           | 4:27.93 201001397 |                  |       |         |         |         |         |

Programmanr. 24  
24-01-2026 - 16:00

Meisjes, 200m wisselslag

Onder 16  
Resultaten

| rang naam                   | vereniging     | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------------|----------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Yill van Bezouw          | Hieronymus     | 2:17.11 201100704 | <b>2:16.25</b> | +0,72 | 29.47 | 1:04.26 | 1:44.27 | 2:16.25 |
| <i>Kampioenschapsrecord</i> |                |                   |                |       |       |         |         |         |
| 2. Hannah Huisman           | De Dolfijn     | 2:22.67 201000002 | <b>2:20.67</b> | +0,76 | 29.48 | 1:07.24 | 1:50.00 | 2:20.67 |
| 3. Fenne Metten             | ZPC AMERSFOORT | 2:24.58 201000102 | <b>2:20.89</b> | +0,80 | 31.13 | 1:06.69 | 1:50.02 | 2:20.89 |
| 4. Anna Lepoutre            | PSV            | 2:28.81 201100534 | <b>2:27.45</b> | +0,67 | 31.37 | 1:08.37 | 1:53.34 | 2:27.45 |
| 5. Julia Dąbrowska          | Blue Marlins   | 2:29.32 201000300 | <b>2:27.46</b> | +0,74 | 30.69 | 1:08.78 | 1:52.81 | 2:27.46 |
| 6. Elin Reinstra            | TriVia         | 2:27.52 201100842 | <b>2:27.58</b> | +0,80 | 32.47 | 1:09.46 | 1:54.27 | 2:27.58 |
| 7. Noa van Zalk             | ZPC AMERSFOORT | 2:27.39 201102534 | <b>2:27.76</b> | +0,69 | 31.48 | 1:09.64 | 1:54.13 | 2:27.76 |

Programmanr. 24, Meisjes, 200m wisselslag, Onder 16

| rang naam                                                                            | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|--------------------------------------------------------------------------------------|----------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 8. Tessa van Beek                                                                    | DWK                  | 2:32.62 201001446 | <b>2:28.25</b>   | +0,78 | 32.85 | 1:10.92 | 1:53.95 | 2:28.25 |
| 9. Raegan Belmar                                                                     | Albion               | 2:27.63 201004070 | <b>2:29.50</b>   | +0,73 | 31.37 | 1:08.66 | 1:54.39 | 2:29.50 |
| 10. Erin de Jong                                                                     | LinK                 | 2:32.08 201000024 | <b>2:29.59</b>   | +0,77 | 31.20 | 1:09.40 | 1:54.95 | 2:29.59 |
| 11. Eva Ehlert                                                                       | WVZ                  | 2:31.19 201002026 | <b>2:30.11</b>   | +0,70 | 30.91 | 1:10.29 | 1:53.05 | 2:30.11 |
| 12. Linou van Kampen                                                                 | ZPCH                 | 2:31.39 201000594 | <b>2:30.23</b> * | +0,85 | 32.18 | 1:10.21 | 1:53.53 | 2:30.23 |
| 13. Myrthe Rozendaal                                                                 | Aqua-Novio'94        | 2:29.30 201000790 | <b>2:30.63</b>   | +0,84 | 34.54 | 1:14.44 | 1:55.54 | 2:30.63 |
| 14. Breanna Belmar                                                                   | Albion               | 2:32.00 201004068 | <b>2:31.37</b>   | +0,69 | 31.30 | 1:11.19 | 1:56.48 | 2:31.37 |
| 15. Alaine Lomans                                                                    | Hellas-Glana         | 2:34.34 201000420 | <b>2:31.54</b>   | +0,71 | 32.07 | 1:11.94 | 1:56.55 | 2:31.54 |
| 16. Wieke Dekker                                                                     | De Dolfijn           | 2:30.17 201002020 | <b>2:31.55</b>   | +0,77 | 33.25 | 1:12.74 | 1:56.26 | 2:31.55 |
| 17. Elle van Gemeren                                                                 | DAW                  | 2:33.96 201100428 | <b>2:31.76</b>   | +0,76 | 32.77 | 1:11.29 | 1:56.59 | 2:31.76 |
| 18. Nina Tetteroo                                                                    | De Columbiaan        | 2:31.73 201000048 | <b>2:31.98</b>   | +0,76 | 34.35 | 1:13.41 | 1:57.30 | 2:31.98 |
| 19. Casharell Kraan                                                                  | Blue Marlins         | 2:31.55 201103426 | <b>2:32.04</b>   | +0,67 | 33.07 | 1:11.42 | 1:57.53 | 2:32.04 |
| 20. Meike van der Klugt                                                              | WVZ                  | 2:34.75 201100808 | <b>2:32.07</b>   | +0,88 | 34.22 | 1:13.03 | 1:56.94 | 2:32.07 |
| 21. Mandy Berndsén                                                                   | VZC                  | 2:33.00 201001138 | <b>2:32.26</b>   | +0,78 | 32.78 | 1:13.02 | 1:57.07 | 2:32.26 |
| 22. Esme de Raadt                                                                    | Albion               | 2:33.68 201002328 | <b>2:32.28</b>   | +0,81 | 32.64 | 1:13.96 | 1:57.19 | 2:32.28 |
| 23. Tess van de Steeg                                                                | WVZ                  | 2:29.28 201000016 | <b>2:32.40</b>   | +0,81 | 33.33 | 1:10.65 | 1:55.50 | 2:32.40 |
| 24. Mia Hoeflaken                                                                    | PSV                  | 2:32.51 201004108 | <b>2:32.87</b>   | +0,66 | 32.31 | 1:12.39 | 1:56.74 | 2:32.87 |
| 25. Mette Hogenhuis                                                                  | Zwemlust- den Hommel | 2:34.33 201101254 | <b>2:33.13</b>   | +0,85 | 33.46 | 1:12.29 | 1:58.00 | 2:33.13 |
| 26. Romy de Graaf                                                                    | Hellas-Glana         | 2:35.38 201003660 | <b>2:33.37</b>   | +0,76 | 33.63 | 1:10.76 | 1:57.96 | 2:33.37 |
| Rozalia Diederiks                                                                    | ZVL-1886             | 2:32.42 201100904 | <b>2:33.37</b>   | +0,80 | 34.05 | 1:13.71 | 1:57.53 | 2:33.37 |
| 28. Milou Filemon                                                                    | Blue Marlins         | 2:32.80 201100078 | <b>2:33.83</b>   | +0,71 | 33.69 | 1:13.55 | 1:58.12 | 2:33.83 |
| 29. Emma Stokmans                                                                    | PSV                  | 2:31.63 201004190 | <b>2:34.15</b>   | +0,67 | 33.14 | 1:12.69 | 1:57.22 | 2:34.15 |
| 30. Elin Riedijk                                                                     | Blue Marlins         | 2:31.87 201002056 | <b>2:34.67</b>   | +0,86 | 33.17 | 1:14.60 | 1:58.33 | 2:34.67 |
| 31. Fleur Buijs                                                                      | Hieronimus           | 2:36.44 201100676 | <b>2:35.04</b>   | +0,80 | 36.11 | 1:14.98 | 1:59.13 | 2:35.04 |
| 32. Dana Bulters                                                                     | De Dolfijn           | 2:34.74 201104138 | <b>2:35.10</b>   | +0,69 | 34.59 | 1:13.64 | 2:00.27 | 2:35.10 |
| 33. R. van den Bosch                                                                 | V.Z.V. Njord         | 2:36.43 201001828 | <b>2:35.32</b>   | +0,78 | 34.40 | 1:14.08 | 2:00.77 | 2:35.32 |
| 34. Sarah Förster                                                                    | Hellas-Glana         | 2:35.90 201102682 | <b>2:35.62</b>   | +0,73 | 34.35 | 1:16.47 | 1:59.75 | 2:35.62 |
| 35. Brechtje Slootweg                                                                | ZPC AMERSFOORT       | 2:33.24 201101744 | <b>2:35.73</b>   | +0,75 | 32.22 | 1:12.21 | 2:01.49 | 2:35.73 |
| 36. Florian Pot                                                                      | OZ&PC                | 2:33.34 201000768 | <b>2:35.98</b>   | +0,79 | 33.11 | 1:13.20 | 2:01.08 | 2:35.98 |
| 37. Sterre de Veen                                                                   | Hellas-Glana         | 2:33.63 201100086 | <b>2:36.75</b>   | +0,73 | 33.81 | 1:13.91 | 2:00.29 | 2:36.75 |
| 38. Esra Simon                                                                       | Hellas-Glana         | 2:34.93 201100004 | <b>2:37.33</b>   | +0,85 | 33.51 | 1:14.53 | 2:01.21 | 2:37.33 |
| 39. Jayna Wagemakers                                                                 | Hieronimus           | 2:35.65 201000226 | <b>2:37.44</b>   | +0,84 | 35.10 | 1:14.67 | 2:00.95 | 2:37.44 |
| 40. Yanique Bax                                                                      | ZPC AMERSFOORT       | 2:34.80 201001428 | <b>2:38.07</b>   | +0,74 | 33.04 | 1:11.85 | 2:02.09 | 2:38.07 |
| 41. Tess Meeuwissen                                                                  | De Columbiaan        | 2:34.74 201000370 | <b>2:38.29</b>   | +0,64 | 31.48 | 1:09.18 | 1:57.81 | 2:38.29 |
| 42. Sanne Keizer                                                                     | Dedemsvaart-AC       | 2:35.59 201001348 | <b>2:40.20</b>   | +0,81 | 34.63 | 1:15.53 | 2:02.00 | 2:40.20 |
| 43. Ylène Zondervan                                                                  | ZPC AMERSFOORT       | 2:30.70 201200016 | <b>2:41.19</b>   | +0,85 | 34.32 | 1:15.37 | 2:04.02 | 2:41.19 |
| 44. Dewi Meijer                                                                      | De Dolfijn           | 2:34.60 201000302 | <b>2:45.29</b>   | +0,79 | 35.03 | 1:17.82 | 2:05.97 | 2:45.29 |
| 45. Frédérique Nijziel                                                               | De Dolfijn           | 2:31.14 201103114 | <b>2:46.24</b> * | +0,76 | 35.45 | 1:18.64 | 2:08.27 | 2:46.24 |
| DIS Ilse Jongepier                                                                   | TriVia               | 2:36.00 201000006 |                  | +0,87 |       |         |         |         |
| VL - Het lichaam niet op de borstzijde gehouden (met uitzondering van het keerpunt). |                      |                   |                  |       |       |         |         |         |
| DIS Lobke Hempenius                                                                  | HZ&PC Heerenveen     | 2:32.41 201100522 |                  | +0,75 |       |         |         |         |
| SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.           |                      |                   |                  |       |       |         |         |         |
| DIS Paula Spans                                                                      | ZPC AMERSFOORT       | 2:28.78 201000064 |                  | +0,73 |       |         |         |         |
| RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.           |                      |                   |                  |       |       |         |         |         |
| AFGEM Elin Baars                                                                     | DWK                  | 2:33.23 201000138 |                  |       |       |         |         |         |
| NG Marre van der Wal                                                                 | Bolsward-Workum (SG) | 2:32.70 201000046 |                  |       |       |         |         |         |



Programmanr. 11  
24-01-2026 - 16:33

Jongens, 100m rugslag

Onder 16  
Resultaten Finale

| rang | naam              | vereniging           | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|-------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Bink Elgersma     | Zwemlust- den Hommel | 59.43   | 201000137 | <b>58.35</b>   | +0,78 | 28.36 | 58.35   |
| 2.   | Duco de Gelder    | Blue Marlins         | 1:00.52 | 201000217 | <b>59.55</b>   | +0,62 | 28.66 | 59.55   |
| 3.   | Gwee Bokma        | Zwemlust- den Hommel | 1:00.29 | 201002259 | <b>59.97</b> * | +0,69 | 29.13 | 59.97   |
| 4.   | Eli Shields       | Niemo Barracuda      | 1:01.15 | 201000407 | <b>1:00.67</b> | +0,63 | 29.47 | 1:00.67 |
| 5.   | Daan Overmars     | OZ&PC                | 1:01.36 | 201100027 | <b>1:00.79</b> | +0,60 | 29.05 | 1:00.79 |
| 6.   | Thijn Runia       | DZT '62              | 1:00.47 | 201000895 | <b>1:01.00</b> | +0,67 | 29.35 | 1:01.00 |
| 7.   | Abel op den Velde | De Duinkikkers       | 59.41   | 201000079 | <b>1:01.04</b> | +0,75 | 29.53 | 1:01.04 |
| 8.   | Mathijs de Wit    | KSN (SG)             | 1:01.88 | 201001215 | <b>1:01.29</b> | +0,59 | 29.88 | 1:01.29 |

Programmanr. 12  
24-01-2026 - 16:37

Meisjes, 100m rugslag

Onder 16  
Resultaten Finale

| rang | naam                 | vereniging   | intijd  |           | tijd           | RT    | 50m   | 100m    |
|------|----------------------|--------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Malin Roozeboom      | WVZ          | 1:02.28 | 201100006 | <b>1:02.63</b> | +0,68 | 30.25 | 1:02.63 |
| 2.   | Nina van der Schrier | AZC          | 1:03.25 | 201000444 | <b>1:03.15</b> | +0,73 | 30.71 | 1:03.15 |
| 3.   | Anne Engbersen       | Albion       | 1:03.51 | 201000044 | <b>1:03.18</b> | +0,66 | 30.71 | 1:03.18 |
| 4.   | Fenna Zusterzeel     | PSV          | 1:04.51 | 201000008 | <b>1:04.57</b> | +0,54 | 30.90 | 1:04.57 |
| 5.   | Elin Reinstra        | TriVia       | 1:04.77 | 201100842 | <b>1:05.09</b> | +0,68 | 32.17 | 1:05.09 |
| 6.   | Romée Smit           | MSV-Zeemacht | 1:05.94 | 201100438 | <b>1:05.60</b> | +0,66 | 31.48 | 1:05.60 |
| 7.   | Frédérique Nijziel   | De Dolfijn   | 1:06.77 | 201103114 | <b>1:06.39</b> | +0,64 | 31.81 | 1:06.39 |
| 8.   | Anouk Steller        | WVZ          | 1:06.65 | 201000004 | <b>1:07.00</b> | +0,60 | 32.23 | 1:07.00 |

Programmanr. 25  
24-01-2026 - 16:42

Jongens, 200m schoolslag

Onder 14  
Resultaten

| rang | naam                 | vereniging           | intijd  | tijd      | RT               | 50m   | 100m  | 150m    | 200m    |         |
|------|----------------------|----------------------|---------|-----------|------------------|-------|-------|---------|---------|---------|
| 1.   | Toa Jahn             | Het Y                | 2:38.58 | 201201665 | <b>2:36.87</b>   | +0,62 | 34.92 | 1:14.17 | 1:55.67 | 2:36.87 |
| 2.   | Metz Agema           | Deltasteur           | 2:39.28 | 201200929 | <b>2:37.30</b>   | +0,75 | 35.67 | 1:16.01 | 1:57.32 | 2:37.30 |
| 3.   | Luca Denkers         | ZV New Wave Almere   | 2:42.69 | 201202399 | <b>2:38.19</b>   | +0,65 | 34.56 | 1:15.50 | 1:57.93 | 2:38.19 |
| 4.   | Max van Splunder     | De Dolfijn           | 2:39.93 | 201200531 | <b>2:40.27</b>   | +0,79 | 36.19 | 1:16.92 | 1:58.85 | 2:40.27 |
| 5.   | Marcelo Fritz Medina | De Dolfijn           | 2:51.92 | 201201885 | <b>2:46.38</b>   | +0,74 | 36.40 | 1:18.32 | 2:02.11 | 2:46.38 |
| 6.   | Tijn Pieters         | Orca                 | 2:52.29 | 201300715 | <b>2:49.16</b>   | +0,72 | 38.18 | 1:20.64 | 2:04.57 | 2:49.16 |
| 7.   | Ruben Lima Ribeiro   | Hellas-Glana         | 2:55.73 | 201300693 | <b>2:49.86</b>   | +0,72 | 37.09 | 1:19.97 | 2:05.53 | 2:49.86 |
| 8.   | Guust Heijne         | DWK                  | 2:50.01 | 201202139 | <b>2:50.23</b>   | +0,78 | 37.74 | 1:22.27 | 2:06.68 | 2:50.23 |
| 9.   | Charles Araysa       | Zwemlust- den Hommel | 2:53.52 | 201201155 | <b>2:50.24</b>   | +0,62 | 36.71 | 1:19.27 | 2:03.94 | 2:50.24 |
| 10.  | Thomas Metz          | ZPC AMERSFOORT       | 2:51.05 | 201300043 | <b>2:50.57</b>   | +0,88 | 38.80 | 1:21.97 | 2:06.33 | 2:50.57 |
| 11.  | Joep Barwegen        | HZ&PC Heerenveen     | 2:57.25 | 201201823 | <b>2:51.31</b>   | +0,69 | 37.31 | 1:21.36 | 2:06.38 | 2:51.31 |
| 12.  | Siem Rewinkel        | De Veene             | 2:48.89 | 201201473 | <b>2:51.46</b>   | +0,85 | 37.34 | 1:20.85 | 2:07.10 | 2:51.46 |
| 13.  | L. Della Vedova      | De Otters Het Gooi   | 3:02.08 | 201201833 | <b>2:52.10</b>   | +0,74 | 38.74 | 1:22.68 | 2:07.72 | 2:52.10 |
| 14.  | Luc van Drunick      | Noordwijkerhout      | 2:51.85 | 201201659 | <b>2:52.17</b>   | +0,65 | 38.92 | 1:23.03 | 2:08.17 | 2:52.17 |
| 15.  | Tim Koorstra         | De Vikings           | 3:05.58 | 201200231 | <b>2:52.86</b>   | +0,80 | 38.96 | 1:23.68 | 2:08.20 | 2:52.86 |
| 16.  | Stef van de Wal      | DWK                  | 2:55.76 | 201200803 | <b>2:54.30</b>   | +0,75 | 40.63 | 1:26.05 | 2:11.58 | 2:54.30 |
| 17.  | Thijs Valkenburg     | WVZ                  | 2:54.72 | 201201511 | <b>2:55.28</b>   | +0,62 | 40.58 | 1:26.00 | 2:11.10 | 2:55.28 |
| 18.  | Bram Engelen         | Hellas-Glana         | 2:59.19 | 201300421 | <b>2:55.55</b> * | +0,63 | 39.32 | 1:24.53 | 2:10.84 | 2:55.55 |
| 19.  | Kurt Feldmann        | Blue Marlins         | 3:11.94 | 201203089 | <b>2:55.63</b>   | +0,79 | 39.29 | 1:24.62 | 2:11.02 | 2:55.63 |
| 20.  | Orlando Caffaggi     | Blue Marlins         | 2:59.12 | 201203059 | <b>2:55.97</b> * | +0,69 | 40.65 | 1:26.13 | 2:11.76 | 2:55.97 |
| 21.  | Tim Slagers          | Aquapoldro           | 2:54.58 | 201200263 | <b>2:56.47</b>   | +0,74 | 39.65 | 1:24.82 | 2:11.05 | 2:56.47 |
| 22.  | Floris Meijers       | SWOL 1894            | 3:02.24 | 201300015 | <b>2:57.75</b>   | +0,75 | 40.90 | 1:27.30 | 2:13.70 | 2:57.75 |
| 23.  | Lars Thül            | SWOL 1894            | 3:01.14 | 201200119 | <b>2:57.81</b>   | +0,79 | 40.94 | 1:26.86 | 2:13.46 | 2:57.81 |
| 24.  | Mats van der Kamp    | Deltasteur           | 2:55.54 | 201200113 | <b>2:57.83</b>   | +0,61 | 40.28 | 1:26.07 | 2:12.11 | 2:57.83 |
| 25.  | Rutger Donker        | NDD                  | 3:03.07 | 201200361 | <b>2:59.37</b>   | +0,68 | 40.36 | 1:26.15 | 2:12.97 | 2:59.37 |
| 26.  | Felipe Kerkhoff      | ZPC AMERSFOORT       | 3:05.81 | 201202625 | <b>2:59.73</b>   | +0,77 | 40.56 | 1:27.05 | 2:14.19 | 2:59.73 |

NJK korte baan 2026  
Amsterdam, 23- - 25-1-2026

Programmanr. 25, Jongens, 200m schoolslag, Onder 14

| rang naam                 | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------------|----------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 27. Celestin van der Beek | PSV                  | 3:03.09 201201183 | <b>3:00.76</b>   | +0,56 | 39.39 | 1:25.98 | 2:14.16 | 3:00.76 |
| 28. Pieter de Jonge       | Aqua-Novio'94        | 3:12.41 201200211 | <b>3:00.86</b>   | +0,75 | 40.83 | 1:27.88 | 2:14.06 | 3:00.86 |
| 29. Maarten de Leeuw      | Deltasteur           | 3:06.52 201200241 | <b>3:01.48</b>   | +0,78 | 41.02 | 1:27.54 | 2:14.04 | 3:01.48 |
| 30. Wessel Vis            | De Treffers          | 3:13.60 201201273 | <b>3:02.25</b>   | +0,70 | 40.68 | 1:28.32 | 2:16.30 | 3:02.25 |
| 31. Luuk ten Asbroek      | Het Ravijn           | 3:05.24 201200601 | <b>3:03.44</b> * | +0,72 | 41.33 | 1:29.19 | 2:17.74 | 3:03.44 |
| 32. Jaro Hermans          | PSV                  | 3:09.40 201200173 | <b>3:03.53</b>   | +0,73 | 41.16 | 1:27.75 | 2:16.27 | 3:03.53 |
| 33. Rio Babic             | Steenwijk 1934       | 3:04.62 201200867 | <b>3:03.89</b>   | +0,69 | 41.12 | 1:28.91 | 2:18.79 | 3:03.89 |
| 34. Finn Ostermann        | AZC                  | 3:04.88 201301059 | <b>3:04.51</b>   | +0,73 | 42.74 | 1:30.72 | 2:18.25 | 3:04.51 |
| 35. Isai Shields          | Niemo Barracuda      | 3:06.45 201300031 | <b>3:04.57</b>   | +0,73 | 41.57 | 1:29.29 | 2:18.81 | 3:04.57 |
| 36. Gijs Leeneman         | HZ&PC Heerenveen     | 3:09.58 201200479 | <b>3:04.65</b>   | +0,69 | 41.40 | 1:30.00 | 2:18.28 | 3:04.65 |
| 37. Michael Simons        | PSV                  | 3:07.28 201200025 | <b>3:04.79</b>   | +0,63 | 42.55 | 1:30.84 | 2:18.43 | 3:04.79 |
| 38. A. Janse van Rensburg | De Treffers          | 3:14.97 201202261 | <b>3:09.39</b>   | +0,68 | 41.97 | 1:29.80 | 2:19.08 | 3:09.39 |
| 39. Jesse Voet            | Aqua-Novio'94        | 3:26.90 201300057 | <b>3:09.40</b>   | +0,79 | 43.04 | 1:31.37 | 2:20.29 | 3:09.40 |
| 40. Nouh Karman           | Zwemlust- den Hommel | 3:16.63 201201383 | <b>3:13.68</b>   | +0,83 | 42.94 | 1:32.50 | 2:23.44 | 3:13.68 |

Programmanr. 26  
24-01-2026 - 16:59

Meisjes, 400m wisselslag

Onder 14  
Resultaten

| rang naam              | vereniging             | intijd            | tijd             | RT    | 100m    | 200m    | 300m    | 400m    |
|------------------------|------------------------|-------------------|------------------|-------|---------|---------|---------|---------|
| 1. Julia Bannatyne     | BZ&PC                  | 5:26.33 201201020 | <b>5:19.11</b>   | +0,71 | 1:13.51 | 2:32.72 | 4:09.26 | 5:19.11 |
| 2. Simone Brobbel      | Hoeksche Waard (SG)    | 5:32.02 201200058 | <b>5:27.65</b>   | +0,72 | 1:17.05 | 2:35.29 | 4:15.82 | 5:27.65 |
| 3. Anouk Mulder        | De Columbiaan          | 5:24.16 201200962 | <b>5:27.72</b>   | +0,80 | 1:16.64 | 2:40.74 | 4:16.01 | 5:27.72 |
| 4. Eva ter Horst       | ZPC Hoogeveen          | 5:37.09 201200070 | <b>5:30.53</b>   | +0,78 | 1:16.72 | 2:35.11 | 4:15.90 | 5:30.53 |
| 5. Valerie Rienties    | Zwemsport Parkstad     | 5:41.59 201200400 | <b>5:31.51</b>   | +0,68 | 1:20.51 | 2:42.07 | 4:15.50 | 5:31.51 |
| 6. V. Parkhomenko      | Het Y                  | 5:31.57 201301610 | <b>5:33.64</b>   | +0,76 | 1:17.90 | 2:40.44 | 4:15.38 | 5:33.64 |
| 7. Alena Ytsma         | HZ&PC Heerenveen       | 5:36.02 201201736 | <b>5:33.68</b>   | +0,80 | 1:13.56 | 2:39.02 | 4:14.05 | 5:33.68 |
| 8. Fenna Beumer        | PSV                    | 5:41.37 201300176 | <b>5:34.22</b>   | +0,74 | 1:17.39 | 2:38.33 | 4:18.89 | 5:34.22 |
| 9. Roubin van Kampen   | ZPCH                   | 5:47.61 201200370 | <b>5:36.34</b>   | +0,79 | 1:19.58 | 2:46.07 | 4:21.65 | 5:36.34 |
| 10. Lieselot Penning   | ZZ&PC De Devel         | 5:41.69 201200052 | <b>5:37.27</b>   | +0,72 | 1:20.87 | 2:45.14 | 4:25.73 | 5:37.27 |
| 11. Querine Schminnes  | ZZ Borger              | 5:46.39 201200624 | <b>5:37.88</b>   | +0,81 | 1:22.63 | 2:49.77 | 4:22.57 | 5:37.88 |
| 12. Benthe de Beer     | PSV                    | 5:44.40 201302638 | <b>5:38.07</b>   | +0,66 | 1:18.11 | 2:45.27 | 4:20.74 | 5:38.07 |
| 13. Charlotte Bakker   | BZ&PC                  | 5:50.70 201200524 | <b>5:40.36</b>   | +0,71 | 1:22.29 | 2:50.36 | 4:27.92 | 5:40.36 |
| 14. Tatum Vered        | Blue Marins            | 5:42.53 201201322 | <b>5:41.56</b>   | +0,76 | 1:18.06 | 2:45.73 | 4:21.57 | 5:41.56 |
| 15. Fay Jansen         | Aqua-Novio'94          | 5:57.27 201200154 | <b>5:41.83</b>   | +0,83 | 1:19.32 | 2:46.64 | 4:27.89 | 5:41.83 |
| 16. Julia Ketelaars    | Hellas-Glana           | 5:32.24 201200028 | <b>5:41.85</b>   | +0,83 | 1:17.07 | 2:48.05 | 4:23.32 | 5:41.85 |
| 17. Jet Hogervorst     | De Columbiaan          | 5:48.28 201200738 | <b>5:43.43</b>   | +0,58 | 1:23.81 | 2:48.54 | 4:22.62 | 5:43.43 |
| 18. Boukje de Baedts   | Het Y                  | 5:47.34 201300756 | <b>5:43.51</b>   | +0,70 | 1:22.19 | 2:49.32 | 4:29.38 | 5:43.51 |
| 19. T. van de Wetering | Arethusa               | 5:58.82 201200780 | <b>5:43.59</b>   | +0,76 | 1:23.68 | 2:49.82 | 4:29.48 | 5:43.59 |
| 20. Coco Scheepers     | PSV                    | 5:42.39 201301462 | <b>5:44.11</b>   | +0,74 | 1:16.62 | 2:43.85 | 4:25.81 | 5:44.11 |
| 21. Guusje van Geest   | ACZ                    | 5:46.83 201200352 | <b>5:46.21</b>   | +0,85 | 1:20.24 | 2:46.11 | 4:29.19 | 5:46.21 |
| 22. Mischa Brouwers    | Hieronymus             | 6:09.53 201202208 | <b>5:47.70</b>   | +0,80 | 1:16.18 | 2:45.47 | 4:27.58 | 5:47.70 |
| 23. Liv Schoon         | DAW                    | 6:09.14 201202112 | <b>5:48.46</b>   | +0,73 | 1:26.60 | 2:53.08 | 4:33.07 | 5:48.46 |
| 24. Fenna Gabriels     | ZPC Hoogeveen          | 5:52.70 201201230 | <b>5:48.58</b>   | +0,74 | 1:19.53 | 2:45.48 | 4:29.68 | 5:48.58 |
| 25. Saar Begeman       | ZPC de Kanaalstreek    | 5:47.27 201201594 | <b>5:49.03</b>   | +0,72 | 1:23.22 | 2:51.82 | 4:31.94 | 5:49.03 |
| 26. Fiene Quaak        | Z&PC De Ganze          | 5:56.97 201201142 | <b>5:49.05</b>   | +0,75 | 1:25.25 | 2:51.71 | 4:31.88 | 5:49.05 |
| 27. Jazz Hollander     | ZZ&PC De Devel         | 5:46.34 201300528 | <b>5:49.12</b>   | +0,77 | 1:22.35 | 2:52.10 | 4:25.97 | 5:49.12 |
| 28. Lenny Bokkers      | De Zwoer               | 5:52.74 201300390 | <b>5:49.36</b>   | +0,76 | 1:18.55 | 2:48.98 | 4:28.48 | 5:49.36 |
| 29. Liva van Groningen | Team Noord Holland (S) | 5:41.14 201200280 | <b>5:49.39</b>   | +0,75 | 1:22.89 | 2:52.49 | 4:26.78 | 5:49.39 |
| 30. Jana Nelissen      | PSV                    | 5:57.57 201200350 | <b>5:49.53</b>   | +0,69 | 1:20.88 | 2:49.00 | 4:32.28 | 5:49.53 |
| 31. Madeé Boezen       | Zignea                 | 6:02.88 201300782 | <b>5:51.32</b>   | +0,66 | 1:27.63 | 2:53.11 | 4:34.34 | 5:51.32 |
| 32. Caithlin Lakke     | Team Noord Holland (S) | 5:53.29 201302438 | <b>5:52.95</b>   | +0,81 | 1:18.31 | 2:47.73 | 4:31.77 | 5:52.95 |
| 33. Vicky Horens       | Hellas-Glana           | 5:35.14 201200252 | <b>5:53.86</b>   | +0,72 | 1:24.12 | 2:56.66 | 4:30.48 | 5:53.86 |
| 34. Karlijn Siero      | SWOL 1894              | 5:54.36 201201758 | <b>5:53.91</b>   | +0,86 | 1:24.50 | 2:56.43 | 4:37.36 | 5:53.91 |
| 35. Jinthe Kuiper      | SWOL 1894              | 5:52.13 201200688 | <b>5:53.96</b> * | +0,71 | 1:26.38 | 2:56.41 | 4:34.84 | 5:53.96 |
| 36. Fee Sevenants      | De Watervogels         | 5:59.39 201201884 | <b>5:56.40</b>   | +0,77 | 1:19.95 | 2:55.24 | 4:31.39 | 5:56.40 |
| 37. Elisa Obdam        | DAW                    | 5:47.91 201201444 | <b>5:57.62</b>   | +0,67 | 1:16.79 | 2:48.95 | 4:35.78 | 5:57.62 |
| 38. Feline Bruns       | ZC Polaris             | 5:59.92 201200730 | <b>5:57.69</b>   | +0,81 | 1:26.87 | 2:54.36 | 4:39.84 | 5:57.69 |

Programmanr. 26, Meisjes, 400m wisselslag, Onder 14

| rang naam            | vereniging     | intijd  | tijd      | RT               | 100m  | 200m    | 300m    | 400m    |         |
|----------------------|----------------|---------|-----------|------------------|-------|---------|---------|---------|---------|
| 39. Nova Volmer      | Deltasteur     | 5:45.89 | 201300426 | <b>6:00.00</b> * | +0,78 | 1:17.82 | 2:49.43 | 4:37.56 | 6:00.00 |
| 40. Joanne Strietman | ZPC AMERSFOORT | 6:08.20 | 201203784 | <b>6:01.81</b>   | +0,76 | 1:24.59 | 2:55.42 | 4:44.12 | 6:01.81 |

Programmanr. 15  
24-01-2026 - 17:41

Jongens, 100m vrije slag

Onder 16  
Resultaten Finale

| rang | naam                | vereniging           | intijd |           | tijd         | RT    | 50m   | 100m  |
|------|---------------------|----------------------|--------|-----------|--------------|-------|-------|-------|
| 1.   | Bink Elgersma       | Zwemlust- den Hommel | 51.77  | 201000137 | <b>51.37</b> | +0,72 | 24.48 | 51.37 |
| 2.   | Duco de Gelder      | Blue Marlins         | 54.03  | 201000217 | <b>53.06</b> | +0,73 | 25.43 | 53.06 |
| 3.   | Ruben Kragt         | Dedemsvaart-AC       | 53.96  | 201000007 | <b>53.59</b> | +0,69 | 25.53 | 53.59 |
| 4.   | Sven Casper Hageman | Steenwijk 1934       | 54.66  | 201000009 | <b>53.73</b> | +0,60 | 25.76 | 53.73 |
| 5.   | Nick Vodde          | AZ&PC De Futen       | 54.37  | 201002211 | <b>54.02</b> | +0,60 | 25.66 | 54.02 |
| 6.   | Sven Potappel       | DWK                  | 54.87  | 201000127 | <b>54.38</b> | +0,70 | 25.61 | 54.38 |
| 7.   | Mauro Bedeke        | DAW                  | 54.98  | 201000537 | <b>54.99</b> | +0,63 | 25.80 | 54.99 |
| 8.   | Mathijs Boersma     | ZPC Hoogeveen        | 54.88  | 201000313 | <b>55.40</b> | +0,77 | 26.03 | 55.40 |

Programmanr. 16  
24-01-2026 - 17:45

Meisjes, 100m vlinderslag

Onder 16  
Resultaten Finale

| rang | naam                                | vereniging     | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|-------------------------------------|----------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Hannah Huisman<br><i>NR 16 jaar</i> | De Dolfijn     | 1:02.09 | 201000002 | <b>1:00.09</b>   | +0,73 | 28.04 | 1:00.09 |
| 2.   | Yill van Bezouw                     | Hieronymus     | 1:02.47 | 201100704 | <b>1:02.33</b>   | +0,73 | 29.18 | 1:02.33 |
| 3.   | Odenza Soselisa                     | Blue Marlins   | 1:03.60 | 201101780 | <b>1:03.12</b>   | +0,71 | 29.25 | 1:03.12 |
| 4.   | Frédérique Nijziel                  | De Dolfijn     | 1:05.07 | 201103114 | <b>1:03.94</b> * | +0,70 | 30.23 | 1:03.94 |
| 5.   | Mariia Kostina                      | Blue Marlins   | 1:06.37 | 201002042 | <b>1:05.26</b>   | +0,79 | 30.32 | 1:05.26 |
| 6.   | Noa van Zalk                        | ZPC AMERSFOORT | 1:05.91 | 201102534 | <b>1:06.32</b>   | +0,71 | 30.76 | 1:06.32 |
| 7.   | Erin de Jong                        | LinK           | 1:06.57 | 201000024 | <b>1:06.52</b>   | +0,78 | 31.01 | 1:06.52 |
| 8.   | Anna Lepoutre                       | PSV            | 1:07.04 | 201100534 | <b>1:06.73</b>   | +0.69 | 30.85 | 1:06.73 |

Programmanr. 27  
24-01-2026 - 17:49

Jongens, 100m vrije slag

Onder 14  
Resultaten

| rang | naam                  | vereniging           | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|-----------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Joep Barwegen         | HZ&PC Heerenveen     | 57.37   | 201201823 | <b>56.91</b>   | +0,73 | 27.63 | 56.91   |
| 2.   | Toa Jahn              | Het Y                | 56.71   | 201201665 | <b>56.99</b>   | +0,61 | 27.32 | 56.99   |
| 3.   | Tim Slagers           | Aquapoldro           | 58.02   | 201200263 | <b>57.47</b>   | +0,73 | 28.00 | 57.47   |
| 4.   | Max van Splunder      | De Dolfijn           | 58.90   | 201200531 | <b>58.19</b>   | +0,76 | 27.95 | 58.19   |
| 5.   | A. Janse van Rensburg | De Treffers          | 59.24   | 201202261 | <b>58.41</b>   | +0,71 | 28.52 | 58.41   |
| 6.   | Metz Agema            | Deltasteur           | 59.33   | 201200929 | <b>59.15</b>   | +0,74 | 28.75 | 59.15   |
| 7.   | Luca Denkers          | ZV New Wave Almere   | 58.54   | 201202399 | <b>59.44</b>   | +0,68 | 28.48 | 59.44   |
| 8.   | Gijs Leeneman         | HZ&PC Heerenveen     | 59.25   | 201200479 | <b>59.79</b>   | +0,67 | 28.47 | 59.79   |
| 9.   | Charles Araysa        | Zwemlust- den Hommel | 1:01.25 | 201201155 | <b>59.80</b>   | +0,60 | 28.43 | 59.80   |
| 10.  | Marcelo Fritz Medina  | De Dolfijn           | 1:00.26 | 201201885 | <b>59.98</b>   | +0,76 | 28.64 | 59.98   |
| 11.  | Siem Rewinkel         | De Veene             | 59.69   | 201201473 | <b>1:00.13</b> | +0,78 | 28.56 | 1:00.13 |
| 12.  | Luc van Drunick       | Noordwijkerhout      | 1:02.06 | 201201659 | <b>1:00.32</b> | +0,65 | 28.86 | 1:00.32 |
| 13.  | Tijn Pieters          | Orca                 | 1:00.23 | 201300715 | <b>1:00.38</b> | +0,70 | 28.75 | 1:00.38 |
| 14.  | Finn Ostermann        | AZC                  | 1:01.09 | 201301059 | <b>1:00.80</b> | +0,75 | 28.79 | 1:00.80 |
| 15.  | Kurt Feldmann         | Blue Marlins         | 1:08.69 | 201203089 | <b>1:00.99</b> | +0,74 | 29.25 | 1:00.99 |
| 16.  | Felipe Kerkhoff       | ZPC AMERSFOORT       | 1:01.14 | 201202625 | <b>1:01.27</b> | +0,76 | 29.16 | 1:01.27 |
| 17.  | Orlando Caffaggi      | Blue Marlins         | 1:00.29 | 201203059 | <b>1:01.41</b> | +0,66 | 29.12 | 1:01.41 |

Programmanr. 27, Jongens, 100m vrije slag, Onder 14

| rang | naam                  | vereniging           | intijd  |           | tijd           | RT    | 50m   | 100m    |
|------|-----------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 18.  | Lorenzo Della Vedova  | De Otters Het Gooi   | 1:02.02 | 201201833 | <b>1:01.57</b> | +0,75 | 29.31 | 1:01.57 |
| 19.  | Isai Shields          | Niemo Barracuda      | 1:03.57 | 201300031 | <b>1:01.68</b> | +0,73 | 30.24 | 1:01.68 |
| 20.  | Jaro Hermans          | PSV                  | 1:01.95 | 201200173 | <b>1:01.73</b> | +0,70 | 29.21 | 1:01.73 |
| 21.  | Wessel Vis            | De Treffers          | 1:03.10 | 201201273 | <b>1:02.13</b> | +0,73 | 30.26 | 1:02.13 |
| 22.  | Rutger Donker         | NDD                  | 1:02.25 | 201200361 | <b>1:02.44</b> | +0,68 | 29.94 | 1:02.44 |
| 23.  | Maarten de Leeuw      | Deltasteur           | 1:04.01 | 201200241 | <b>1:02.56</b> | +0,76 | 30.26 | 1:02.56 |
| 24.  | Bram Engelen          | Hellas-Glana         | 1:03.64 | 201300421 | <b>1:02.95</b> | +0,67 | 30.74 | 1:02.95 |
| 25.  | Guust Heijne          | DWK                  | 1:01.26 | 201202139 | <b>1:03.04</b> | +0,76 | 30.38 | 1:03.04 |
| 26.  | Michael Simons        | PSV                  | 1:02.32 | 201200025 | <b>1:03.09</b> | +0,67 | 30.58 | 1:03.09 |
| 27.  | Nouh Karman           | Zwemlust- den Hommel | 1:03.13 | 201201383 | <b>1:03.12</b> | +0,80 | 31.15 | 1:03.12 |
| 28.  | Rio Babic             | Steenwijk 1934       | 1:02.15 | 201200867 | <b>1:03.30</b> | +0,75 | 30.88 | 1:03.30 |
| 29.  | Ruben Lima Ribeiro    | Hellas-Glana         | 1:03.26 | 201300693 | <b>1:03.77</b> | +0,74 | 30.59 | 1:03.77 |
| 30.  | Tim Koornstra         | De Vikings           | 1:05.92 | 201200231 | <b>1:03.88</b> | +0,77 | 30.95 | 1:03.88 |
| 31.  | Pieter de Jonge       | Aqua-Novio'94        | 1:03.61 | 201200211 | <b>1:04.34</b> | +0,76 | 31.21 | 1:04.34 |
| 32.  | Jesse Voet            | Aqua-Novio'94        | 1:04.00 | 201300057 | <b>1:04.63</b> | +0,76 | 31.58 | 1:04.63 |
| 33.  | Floris Meijers        | SWOL 1894            | 1:04.42 | 201300015 | <b>1:04.74</b> | +0,74 | 31.41 | 1:04.74 |
| 34.  | Mats van der Kamp     | Deltasteur           | 1:04.26 | 201200113 | <b>1:04.96</b> | +0,61 | 31.28 | 1:04.96 |
| 35.  | Lars Thül             | SWOL 1894            | 1:05.90 | 201200119 | <b>1:05.00</b> | +0,79 | 31.90 | 1:05.00 |
| 36.  | Thijs Valkenburg      | WVZ                  | 1:05.57 | 201201511 | <b>1:05.41</b> | +0,65 | 32.00 | 1:05.41 |
| 37.  | Stef van de Wal       | DWK                  | 1:05.53 | 201200803 | <b>1:05.66</b> | +0,73 | 31.68 | 1:05.66 |
| 38.  | Luuk ten Asbroek      | Het Ravijn           | 1:06.46 | 201200601 | <b>1:06.17</b> | +0,68 | 31.97 | 1:06.17 |
| 39.  | Celestin van der Beek | PSV                  | 1:06.94 | 201201183 | <b>1:07.30</b> |       | 32.08 | 1:07.30 |
| 40.  | Thomas Metz           | ZPC AMERSFOORT       | 1:08.47 | 201300043 | <b>1:07.32</b> | +0,87 | 33.00 | 1:07.32 |

Programmanr. 28  
24-01-2026 - 17:57

Meisjes, 100m rugslag

Onder 14  
Resultaten

| rang | naam                  | vereniging              | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|-----------------------|-------------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Julia Bannatyne       | BZ&PC                   | 1:08.60 | 201201020 | <b>1:05.58</b>   | +0,64 | 32.18 | 1:05.58 |
| 2.   | Eva ter Horst         | ZPC Hoogeveen           | 1:09.30 | 201200070 | <b>1:07.73</b>   | +0,68 | 33.71 | 1:07.73 |
| 3.   | Simone Brobbel        | Hoeksche Waard (SG)     | 1:10.32 | 201200058 | <b>1:09.55</b>   | +0,74 | 34.30 | 1:09.55 |
| 4.   | Anouk Mulder          | De Columbiaan           | 1:11.02 | 201200962 | <b>1:09.63</b>   | +0,78 | 34.06 | 1:09.63 |
| 5.   | Valerie Rienties      | Zwemsport Parkstad      | 1:09.86 | 201200400 | <b>1:10.75</b>   | +0,62 | 34.72 | 1:10.75 |
| 6.   | Saar Begeman          | ZPC de Kanaalstreek     | 1:12.00 | 201201594 | <b>1:11.37</b>   | +0,73 | 34.63 | 1:11.37 |
| 7.   | Guusje van Geest      | ACZ                     | 1:10.19 | 201200352 | <b>1:12.29</b>   | +0,79 | 35.19 | 1:12.29 |
| 8.   | Coco Scheepers        | PSV                     | 1:11.17 | 201301462 | <b>1:12.42</b>   | +0,68 | 34.91 | 1:12.42 |
| 9.   | Fenna Gabriels        | ZPC Hoogeveen           | 1:13.21 | 201201230 | <b>1:12.63</b>   | +0,76 | 35.50 | 1:12.63 |
| 10.  | V. Parkhomenko        | Het Y                   | 1:12.95 | 201301610 | <b>1:12.98</b>   | +0,86 | 35.95 | 1:12.98 |
| 11.  | Fiene Quaak           | Z&PC De Ganze           | 1:12.70 | 201201142 | <b>1:13.07</b>   | +0,62 | 35.92 | 1:13.07 |
| 12.  | Tatum Vered           | Blue Marlins            | 1:14.93 | 201201322 | <b>1:13.24</b>   | +0,79 | 35.84 | 1:13.24 |
| 13.  | Madeé Boezen          | Zignea                  | 1:17.17 | 201300782 | <b>1:13.81</b>   | +0,71 | 35.69 | 1:13.81 |
| 14.  | Liv Schoon            | DAW                     | 1:13.64 | 201202112 | <b>1:14.08</b>   | +0,81 | 36.01 | 1:14.08 |
| 15.  | Fenna Beumer          | PSV                     | 1:13.35 | 201300176 | <b>1:14.20</b>   | +0,73 | 36.40 | 1:14.20 |
| 16.  | Tesse van de Wetering | Arethusa                | 1:14.51 | 201200780 | <b>1:14.50</b>   | +0,74 | 36.63 | 1:14.50 |
| 17.  | Alena Ytsma           | HZ&PC Heerenveen        | 1:15.93 | 201201736 | <b>1:14.86</b> * | +0,79 | 36.30 | 1:14.86 |
| 18.  | Joanne Strietman      | ZPC AMERSFOORT          | 1:13.58 | 201203784 | <b>1:15.00</b>   | +0,76 | 36.83 | 1:15.00 |
| 19.  | Querine Schminnes     | ZC Borger               | 1:14.68 | 201200624 | <b>1:15.10</b>   | +0,82 | 37.08 | 1:15.10 |
| 20.  | Caithlin Lakke        | Team Noord Holland (SG) | 1:15.57 | 201302438 | <b>1:15.30</b>   | +0,66 | 37.18 | 1:15.30 |
| 21.  | Elisa Obdam           | DAW                     | 1:19.46 | 201201444 | <b>1:15.77</b>   | +0,72 | 35.77 | 1:15.77 |
| 22.  | Vicky Horens          | Hellas-Glana            | 1:13.21 | 201200252 | <b>1:15.96</b>   | +0,63 | 35.83 | 1:15.96 |
| 23.  | Jet Hogervorst        | De Columbiaan           | 1:15.71 | 201200738 | <b>1:15.98</b>   | +0,70 | 36.76 | 1:15.98 |
| 24.  | Boukje de Baedts      | Het Y                   | 1:16.17 | 201300756 | <b>1:16.34</b> * | +0,64 | 37.78 | 1:16.34 |
| 25.  | Fay Jansen            | Aqua-Novio'94           | 1:17.83 | 201200154 | <b>1:16.48</b>   | +0,80 | 37.21 | 1:16.48 |
| 26.  | Feline Bruns          | ZC Polaris              | 1:15.89 | 201200730 | <b>1:16.58</b>   | +0,77 | 36.56 | 1:16.58 |
| 27.  | Lieselot Penning      | ZZ&PC De Devel          | 1:17.88 | 201200052 | <b>1:16.71</b>   | +0,63 | 37.45 | 1:16.71 |
| 28.  | Karljin Siero         | SWOL 1894               | 1:18.21 | 201201758 | <b>1:17.06</b>   | +0,83 | 38.05 | 1:17.06 |
| 29.  | Nova Volmer           | Deltasteur              | 1:15.82 | 201300426 | <b>1:17.21</b>   | +0,69 | 37.97 | 1:17.21 |



Programmanr. 28, Meisjes, 100m rugslag, Onder 14

| rang | naam               | vereniging              | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|--------------------|-------------------------|---------|-----------|------------------|-------|-------|---------|
| 30.  | Roubin van Kampen  | ZPCH                    | 1:21.83 | 201200370 | <b>1:17.52</b>   | +0,77 | 37.83 | 1:17.52 |
| 31.  | Jana Nelissen      | PSV                     | 1:15.61 | 201200350 | <b>1:17.79</b>   | +0,62 | 37.53 | 1:17.79 |
| 32.  | Liva van Groningen | Team Noord Holland (SG) | 1:17.72 | 201200280 | <b>1:17.97</b>   | +0,90 | 38.37 | 1:17.97 |
| 33.  | Mischa Brouwers    | Hieronymus              | 1:18.91 | 201202208 | <b>1:18.17</b>   | +0,67 | 37.21 | 1:18.17 |
| 34.  | Benthe de Beer     | PSV                     | 1:17.98 | 201302638 | <b>1:18.25</b> * | +0,58 | 37.95 | 1:18.25 |
| 35.  | Charlotte Bakker   | BZ&PC                   | 1:18.47 | 201200524 | <b>1:18.32</b>   | +0,79 | 38.33 | 1:18.32 |
| 36.  | Julia Ketelaars    | Hellas-Glana            | 1:17.06 | 201200028 | <b>1:18.36</b>   | +0,65 | 38.13 | 1:18.36 |
| 37.  | Fee Sevenants      | De Watervogels          | 1:15.81 | 201201884 | <b>1:18.44</b>   | +0,77 | 38.20 | 1:18.44 |
| 38.  | Lenny Bokkers      | De Zwoer                | 1:17.20 | 201300390 | <b>1:18.78</b>   | +0,77 | 38.16 | 1:18.78 |
| 39.  | Jinthe Kuiper      | SWOL 1894               | 1:19.18 | 201200688 | <b>1:19.97</b>   | +0,72 | 38.06 | 1:19.97 |
| 40.  | Jazz Hollander     | ZZ&PC De Devel          | 1:19.43 | 201300528 | <b>1:22.48</b>   | +0,75 | 39.72 | 1:22.48 |

Programmanr. 29  
24-01-2026 - 18:18

Jongens, 4 x 100m wisselslag

Onder 16  
Resultaten

| rang | vereniging              | intijd      | tijd           | RT      |
|------|-------------------------|-------------|----------------|---------|
| 1.   | Zweamlust- den Hommel 1 | 4:10.74     | <b>4:05.23</b> | +0,71   |
|      | Gwee Bokma              | +0,71 28.92 | +0,46 27.42    | 1:00.16 |
|      | Mees de Vries           | +0,25 31.09 | 0.00 26.88     | 57.33   |
| 2.   | De Dolfijn 1            | 4:09.06     | <b>4:07.27</b> | +0,65   |
|      | Max van Splunder        | +0,65 31.94 | +0,16 27.05    | 59.26   |
|      | Cayden Malone           | +0,44 30.95 | +0,39 25.12    | 53.89   |
| 3.   | Blue Marlins 1          | 4:11.75     | <b>4:09.38</b> | +0,72   |
|      | Roemer Bindels          | +0,72 30.47 | +0,62 28.65    | 1:02.28 |
|      | Dax van den Nouland     | +0,39 32.84 | +0,44 25.30    | 53.61   |
| 4.   | Dedemsvaart-AC 1        | 4:14.46     | <b>4:10.40</b> | +0,71   |
|      | Amor van der Veen       | +0,71 29.06 | +0,40 28.15    | 1:01.00 |
|      | Abe Pasop               | +0,41 32.27 | +0,41 26.98    | 58.47   |
| 5.   | SG Octopus - ZVV 1      | 4:20.18     | <b>4:17.14</b> | +0,68   |
|      | Dax Muijlaert           | +0,68 30.08 | +0,34 30.02    | 1:02.97 |
|      | Stan Ordelman           | +0,21 33.95 | +0,47 27.14    | 57.55   |
| 6.   | OZ&PC 1                 | 4:25.72     | <b>4:18.77</b> | +0,58   |
|      | Daan Overmars           | +0,58 29.96 | +0,27 31.34    | 1:08.71 |
|      | Dewin Volker            | +0,52 32.88 | +0,31 27.64    | 57.58   |
| 7.   | Blue Marlins 2          | 4:27.64     | <b>4:19.82</b> | +0,66   |
|      | Costijn van Elst        | +0,66 30.30 | +0,66 29.02    | 1:03.48 |
|      | Lev Rudman              | +0,56 34.40 | +0,70 27.45    | 58.70   |
| 8.   | KSN (SG) 1              | 4:25.62     | <b>4:20.64</b> | +0,58   |
|      | Mathijs de Wit          | +0,58 29.97 | +0,46 28.08    | 1:03.37 |
|      | Teun de Bruin           | +0,47 32.93 | +0,06 29.22    | 1:03.97 |
| 9.   | HZ&PC Heerenveen 1      | 4:27.72     | <b>4:21.25</b> | +0,56   |
|      | Jorick Johannes         | +0,56 31.35 | +0,11 32.13    | 1:09.63 |
|      | Mattias Stolk           | +0,22 32.33 | +0,25 27.57    | 58.01   |
| 10.  | ZPC AMERSFOORT 1        | 4:26.90     | <b>4:22.67</b> | +0,85   |
|      | 100m*                   |             |                |         |
|      | Stijn Peters            | +0,85 33.59 | +0,61 29.46    | 1:07.09 |
|      | Milan Schuilenburg      | +0,52 33.35 | +0,27 26.36    | 56.22   |
| 11.  | ZPCH 1                  | 4:30.66     | <b>4:23.76</b> | +0,75   |
|      | Maxwell Russel          | +0,75 32.58 | +0,60 30.31    | 1:05.18 |
|      | Laurens Steenaart       | +0,34 34.44 | +0,42 26.62    | 55.34   |
| 12.  | De Dolfijn 2            | 4:26.74     | <b>4:24.32</b> | +0,65   |
|      | Kaelan Hayes            | +0,65 31.75 | +0,57 29.21    | 1:03.64 |
|      | Mohiz Zahir             | +0,89 35.17 | +0,36 28.18    | 1:00.06 |
| 13.  | SWOL 1894 1             | 4:28.67     | <b>4:27.57</b> | +0,93   |
|      | Milan Eikenaar          | +0,93 31.64 | +0,46 35.62    | 1:16.70 |
|      | Kick Gerners            | +0,48 32.21 | +0,45 27.79    | 57.98   |

Programmanr. 29, Jongens, 4 x 100m wisselslag, Onder 16

| rang | vereniging     | intijd      | tijd           | RT      |
|------|----------------|-------------|----------------|---------|
| 14.  | Deltasteur 1   | 4:32.99     | <b>4:32.66</b> | +0,65   |
|      | Daan Vinke     | +0,65 31.66 | +0,46 30.41    | 1:08.07 |
|      | Metz Agema     | +0,66 34.96 | +0,19 28.76    | 1:02.38 |
| NG   | Hellas-Glana 1 | 4:14.89     |                |         |

Programmanr. 30  
24-01-2026 - 18:28

Meisjes, 4 x 100m wisselslag

Onder 16  
Resultaten

| rang | vereniging                  | intijd      | tijd           | RT      |
|------|-----------------------------|-------------|----------------|---------|
| 1.   | WVZ 1                       | 4:22.69     | <b>4:23.75</b> | +0,66   |
|      | Malin Roozeboom             | +0,66 31.12 | +0,61 32.04    | 1:09.41 |
|      | Eva Ehler                   | +0,41 33.51 | +0,54 27.90    | 58.53   |
| 2.   | ZPC AMERSFOORT 1            | 4:23.60     | <b>4:26.13</b> | +0,72   |
|      | Yanique Bax                 | +0,72 32.79 | +0,41 30.80    | 1:06.58 |
|      | Paula Spans                 | +0,56 34.75 | +0,49 27.48    | 57.34   |
| 3.   | Albion 1                    | 4:27.38     | <b>4:26.81</b> | +0,63   |
|      | Anne Engbersen              | +0,63 31.08 | +0,48 30.17    | 1:08.19 |
|      | Breanna Belmar              | +0,43 34.06 | +0,22 27.62    | 58.11   |
| 4.   | Blue Marlins 1              | 4:27.70     | <b>4:27.10</b> | +0,64   |
|      | Julia Dąbrowska             | +0,64 32.79 | +0,63 29.61    | 1:04.01 |
|      | Elin Riedijk                | +0,60 35.56 | +0,46 27.88    | 59.75   |
| 5.   | PSV 1                       | 4:26.49     | <b>4:29.41</b> | +0,56   |
|      | Fenna Zusterzeel            | +0,56 31.62 | +0,55 31.73    | 1:08.22 |
|      | Emma Stokmans               | +0,39 35.64 | +0,34 27.66    | 58.82   |
| 6.   | Hellas-Glana 1              | 4:36.74     | <b>4:41.10</b> | +0,75   |
|      | Romy de Graaf               | +0,75 33.07 | +0,42 32.95    | 1:10.32 |
|      | Sarah Förster               | +0,17 36.77 | +0,53 28.86    | 1:03.25 |
| 7.   | ZPC AMERSFOORT 2<br>100m*   | 4:42.37     | <b>4:44.07</b> | +0,68   |
|      | Kim Bouman                  | +0,68 33.20 | +0,65 32.35    | 1:10.28 |
|      | Hanna Heller                | +0,50 37.40 | +0,34 30.14    | 1:03.17 |
| 8.   | De Schoteijl 1              | 4:48.30     | <b>4:44.80</b> | +0,71   |
|      | Famke Franzen               | +0,71 32.17 | +0,53 32.43    | 1:11.44 |
|      | Evy v. Nimwegen             | +0,49 36.48 | +0,24 30.50    | 1:05.25 |
| 9.   | DAW 1                       | 4:43.65     | <b>4:45.63</b> | +0,65   |
|      | Elle van Gemeren            | +0,65 33.29 | +0,27 32.44    | 1:12.34 |
|      | Sophie Seijse               | +0,57 36.55 | +0,21 29.83    | 1:03.71 |
| 10.  | De Dolfijn 2                | 4:44.82     | <b>4:46.91</b> | +0,65   |
|      | Noa Spaans                  | +0,65 33.25 | +0,82 35.27    | 1:18.61 |
|      | Wieke Dekker                | +0,16 35.57 | +0,13 28.95    | 1:01.35 |
| 11.  | DWK 1                       | 4:41.40     | <b>4:47.43</b> | +0,74   |
|      | Yvonne de Graaf             | +0,74 36.53 | +0,64 31.53    | 1:08.48 |
|      | Gerlin van de Krol          | +0,20 35.82 | +0,47 30.57    | 1:05.28 |
| 12.  | ZPC AMERSFOORT 3            | 4:53.00     | <b>4:48.46</b> | +0,68   |
|      | Noortje Bisperink           | +0,68 34.99 | +0,18 33.09    | 1:12.51 |
|      | Emma Juliette Jansen        | +0,58 38.26 | +0,46 29.25    | 1:02.23 |
| 13.  | HZ&PC Heerenveen 1<br>300m* | 4:44.51     | <b>4:48.88</b> | +0,58   |
|      | Annefleur Schraa            | +0,58 35.41 | +0,51 33.31    | 1:11.94 |
|      | Lobke Hempenius             | +0,18 36.33 | +0,18 36.33    | 1:02.81 |
| 14.  | ZPCH 1                      | 4:54.04     | <b>4:52.27</b> | +0,69   |
|      | Wies Hermans                | +0,69 34.27 | +0,58 32.27    | 1:10.29 |
|      | Noëmi Kroon                 | +0,59 39.30 | +0,30 30.64    | 1:06.03 |
| 15.  | Hellas-Glana 2              | 4:49.53     | <b>4:53.14</b> | +0,67   |
|      | Sara Creemers               | +0,67 35.58 | +0,49 33.64    | 1:15.42 |
|      | Lili de Graaf               | +0,74 36.32 | +0,34 30.77    | 1:05.36 |

Programmanr. 30, Meisjes, 4 x 100m wisselslag, Onder 16

| rang | vereniging                                                                                 | intijd         | tijd           | RT    |
|------|--------------------------------------------------------------------------------------------|----------------|----------------|-------|
| 16.  | <b>OZ&amp;PC 1</b>                                                                         | <b>4:54.66</b> | <b>4:56.66</b> | +0,64 |
|      | Elisa Reirink +0,64 36.08 1:15.34 Aimee van Tongeren +0,63 32.43 1:10.53                   |                |                |       |
|      | Florien Pot +0,43 40.33 1:25.49 Ribanna Damm -0,02 30.26 1:05.30                           |                |                |       |
| 17.  | <b>Zwemlust- den Hommel 1</b>                                                              | <b>4:58.95</b> | <b>4:56.92</b> | +0,86 |
|      | Mette Hogenhuis +0,86 32.97 1:08.47 Aden Koksai +0,32 36.55 1:23.64                        |                |                |       |
|      | Fien Stolk +0,42 37.69 1:19.87 Hanna Rijken +0,32 30.23 1:04.94                            |                |                |       |
| 18.  | <b>Deltasteur 1</b>                                                                        | <b>4:52.89</b> | <b>4:59.20</b> | +0,83 |
|      | Maurieke Frijstein +0,83 37.39 1:17.67 Isabel Amelink +0,79 34.54 1:18.67                  |                |                |       |
|      | Manoah Dekker +0,64 34.62 1:15.39 Jente van t Hul +0,45 31.97 1:07.47                      |                |                |       |
| 19.  | <b>DZ&amp;PC 1</b>                                                                         | <b>4:57.48</b> | <b>5:01.93</b> | +0,61 |
|      | Nicole Pestman +0,61 32.71 1:08.40 Amila Mustafic +0,29 34.27 1:21.81                      |                |                |       |
|      | Syll Rinsma +0,31 39.81 1:25.79 Marlies Brouwer +0,33 31.44 1:05.93                        |                |                |       |
| DIS  | <b>Blue Marlins 2</b>                                                                      | <b>4:32.76</b> |                | +0,62 |
|      | <i>EA - Te vroeg overgenomen., 4e zwemster</i>                                             |                |                |       |
|      | Elke Kriesels +0,62 34.73 1:11.63 Mariia Kostina +0,32 30.22 1:06.67                       |                |                |       |
|      | Eefje van Hinsbergen +0,15 35.65 1:18.48 Minke Bouman -0,25 30.22 1:06.67                  |                |                |       |
| DIS  | <b>De Dolfijn 1</b>                                                                        | <b>4:22.33</b> |                | +0,61 |
|      | <i>VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt., 3e zwemster</i> |                |                |       |
|      | Frédérique Nijziel +0,61 32.79 1:08.43 Hannah Huisman +0,04 31.44 1:05.93                  |                |                |       |
|      | Carla Moreno Palacios +0,36 35.32 1:16.90 Dewi Meijer 31.44 1:05.93                        |                |                |       |

Programmanr. 31  
25-01-2026 - 9:00

Jongens, 100m schoolslag

Onder 16  
Resultaten Voorronde

| rang | naam                | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    |
|------|---------------------|----------------------|-------------------|------------------|-------|-------|---------|
| 1.   | Laurens van Nulck   | Hellas-Glana         | 1:06.78 201100521 | <b>1:06.30</b> Q | +0,72 | 31.31 | 1:06.30 |
| 2.   | Mees de Vries       | Zwemlust- den Hommel | 1:06.98 201001151 | <b>1:07.59</b> Q | +0,75 | 31.50 | 1:07.59 |
| 3.   | Tygo van de Wal     | DWK                  | 1:09.01 201001329 | <b>1:07.74</b> Q | +0,66 | 31.22 | 1:07.74 |
| 4.   | Sven Potappel       | DWK                  | 1:09.02 201000127 | <b>1:08.62</b> Q | +0,69 | 32.66 | 1:08.62 |
| 5.   | Sven Casper Hageman | Steenwijk 1934       | 1:08.56 201000009 | <b>1:08.68</b> Q | +0,65 | 32.39 | 1:08.68 |
| 6.   | Thijn Runia         | DZT '62              | 1:10.14 201000895 | <b>1:09.24</b> Q | +0,74 | 32.11 | 1:09.24 |
| 7.   | Nick Vodde          | AZ&PC De Futen       | 1:09.97 201002211 | <b>1:09.33</b> Q | +0,62 | 32.34 | 1:09.33 |
| 8.   | Mathieu Gepkens     | VZC                  | 1:10.49 201000045 | <b>1:09.38</b> Q | +0,73 | 32.18 | 1:09.38 |
| 9.   | Duco de Gelder      | Blue Marlins         | 1:08.13 201000217 | <b>1:09.48</b> R | +0,73 | 32.05 | 1:09.48 |
| 10.  | Dax van den Noulund | Blue Marlins         | 1:10.13 201000071 | <b>1:09.59</b> R | +0,69 | 32.80 | 1:09.59 |
| 11.  | Cayden Malone       | De Dolfijn           | 1:08.08 201002195 | <b>1:09.81</b>   | +0,68 | 32.29 | 1:09.81 |
| 12.  | Gerdian Leeftink    | ZPC De Hof           | 1:10.12 201000091 | <b>1:10.07</b>   | +0,80 | 32.84 | 1:10.07 |
| 13.  | Kick Germers        | SWOL 1894            | 1:10.91 201000185 | <b>1:10.18</b>   | +0,79 | 33.43 | 1:10.18 |
| 14.  | Lucas Willekes      | Zwemclub Zeist       | 1:12.78 201002481 | <b>1:10.76</b>   | +0,67 | 33.27 | 1:10.76 |
|      | Mathijs Boersma     | ZPC Hoogeveen        | 1:12.53 201000313 | <b>1:10.76</b>   | +0,77 | 32.95 | 1:10.76 |
| 16.  | Kris Westerhout     | ZZ&PC De Devel       | 1:12.08 201000883 | <b>1:10.78</b>   | +0,62 | 32.86 | 1:10.78 |
| 17.  | Milan Schuilenburg  | ZPC AMERSFOORT       | 1:10.28 201000935 | <b>1:11.03</b>   | +0,69 | 33.49 | 1:11.03 |
| 18.  | Dewin Volker        | OZ&PC                | 1:10.90 201101935 | <b>1:11.07</b>   | +0,68 | 33.15 | 1:11.07 |
| 19.  | Kasper Lubbers      | Orca                 | 1:12.94 201100025 | <b>1:11.15</b>   | +0,67 | 33.81 | 1:11.15 |
| 20.  | Abe Pasop           | Dedemsvaart-AC       | 1:12.65 201000501 | <b>1:11.38</b>   | +0,65 | 33.41 | 1:11.38 |
| 21.  | Nathan Magava       | De Dolfijn           | 1:11.83 201003067 | <b>1:11.43</b>   | +0,62 | 32.84 | 1:11.43 |
| 22.  | Thijmen Pruijssers  | Hieronymus           | 1:12.05 201000129 | <b>1:11.49</b>   | +0,62 | 33.25 | 1:11.49 |
| 23.  | Luca Monster        | Wiekslag             | 1:11.98 201100343 | <b>1:12.04</b>   | +0,67 | 33.63 | 1:12.04 |
| 24.  | Collin Visscher     | MZ&PC De Reest       | 1:12.69 201001089 | <b>1:12.84</b>   | +0,79 | 33.08 | 1:12.84 |
| 25.  | Thijs Jonkman       | De Duck              | 1:15.13 201000481 | <b>1:13.37</b>   | +0,69 | 34.58 | 1:13.37 |
| 26.  | Henry Watson        | De Dolfijn           | 1:11.28 201001703 | <b>1:13.39</b>   | +0,67 | 33.79 | 1:13.39 |
|      | Mohiz Zahir         | De Dolfijn           | 1:14.48 201102139 | <b>1:13.39</b>   | +0,73 | 34.74 | 1:13.39 |
| 28.  | Syb Boerema         | De Schoteijl         | 1:12.26 201000359 | <b>1:13.48</b>   | +0,62 | 33.47 | 1:13.48 |
| 29.  | Mauro Bedeke        | DAW                  | 1:12.69 201000537 | <b>1:13.67</b>   | +0,64 | 34.07 | 1:13.67 |
| 30.  | Nils Bellert        | SG Octopus - ZVV     | 1:15.01 201100347 | <b>1:13.75</b>   | +0,68 | 35.01 | 1:13.75 |
| 31.  | Berat Baykal        | PSV                  | 1:14.99 201003507 | <b>1:13.76</b>   | +0,69 | 34.17 | 1:13.76 |

Programmanr. 31, Jongens, 100m schoolslag, Voorronde, Onder 16

| rang  | naam               | vereniging       | intijd  | tijd      | RT             | 50m   | 100m  |         |
|-------|--------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 32.   | Teun de Bruin      | KSN (SG)         | 1:14.29 | 201001701 | <b>1:13.82</b> | +0,62 | 34.18 | 1:13.82 |
| 33.   | Alex Spijker       | Dedemsvaart-AC   | 1:13.38 | 201002457 | <b>1:14.44</b> | +0,80 | 34.58 | 1:14.44 |
| 34.   | David van der Valk | Wiekslag         | 1:14.32 | 201100519 | <b>1:14.51</b> | +0,73 | 34.73 | 1:14.51 |
| 35.   | Jop Scholte        | GZVW             | 1:15.75 | 201001219 | <b>1:14.61</b> | +0,71 | 34.40 | 1:14.61 |
| 36.   | Rafael Agterbos    | OZ&PC            | 1:14.57 | 201000171 | <b>1:14.74</b> | +0,75 | 35.39 | 1:14.74 |
| 37.   | Stijn Peters       | ZPC AMERSFOORT   | 1:12.90 | 201103581 | <b>1:14.91</b> | +0,74 | 35.19 | 1:14.91 |
| 38.   | Ehor Poznyak       | Aqua-Novio'94    | 1:13.56 | 201003501 | <b>1:15.00</b> | +0,75 | 34.80 | 1:15.00 |
| 39.   | Sander de Bruin    | ZZ&PC De Devel   | 1:12.94 | 201100617 | <b>1:15.20</b> | +0,70 | 34.54 | 1:15.20 |
| 40.   | Stan Ordelman      | SG Octopus - ZVV | 1:15.00 | 201100009 | <b>1:15.22</b> | +0,67 | 35.46 | 1:15.22 |
| 41.   | Ben Konings        | SBC2000          | 1:14.97 | 201002835 | <b>1:15.36</b> | +0,76 | 35.31 | 1:15.36 |
|       | Sam Diederer       | Hellas-Glana     | 1:15.28 | 201001863 | <b>1:15.36</b> | +0,74 | 35.23 | 1:15.36 |
| 43.   | Mees Akkersdijk    | GoSwim           | 1:14.81 | 201001075 | <b>1:15.49</b> | +0,68 | 35.21 | 1:15.49 |
| 44.   | Stan Rothschild    | ZPC Hoogeveen    | 1:13.89 | 201000353 | <b>1:15.68</b> | +0,77 | 35.17 | 1:15.68 |
| 45.   | Lars Klanderman    | De Marlijn (SG)  | 1:15.55 | 201000325 | <b>1:15.70</b> | +0,71 | 35.38 | 1:15.70 |
| 46.   | Douwe Enzerink     | ZPC AMERSFOORT   | 1:14.58 | 201102657 | <b>1:15.79</b> | +0,66 | 35.56 | 1:15.79 |
| 47.   | Jorick Johannes    | HZ&PC Heerenveen | 1:15.73 | 201000403 | <b>1:16.23</b> | +0,65 | 35.50 | 1:16.23 |
| 48.   | Mels Diederer      | Hellas-Glana     | 1:15.71 | 201100923 | <b>1:16.43</b> | +0,56 | 35.64 | 1:16.43 |
| 49.   | Daan Overmars      | OZ&PC            | 1:15.13 | 201100027 | <b>1:16.51</b> | +0,67 | 36.13 | 1:16.51 |
| 50.   | Kyaro Giuliano     | De Dolfijn       | 1:15.52 | 201000489 | <b>1:18.58</b> | +0,78 | 36.75 | 1:18.58 |
| 51.   | Leo Pan            | PSV              | 1:15.39 | 201100333 | <b>1:18.66</b> | +0,61 | 37.25 | 1:18.66 |
| 52.   | Quinten Oostveen   | ZPC AMERSFOORT   | 1:15.78 | 201002605 | <b>1:21.42</b> | +0,64 | 37.95 | 1:21.42 |
| AFGEM | Mees Kooij         | DAW              | 1:12.83 | 201000909 |                |       |       |         |

Programmanr. 32  
25-01-2026 - 9:12

Meisjes, 100m schoolslag

Onder 16  
Resultaten Voorronde

| rang | naam                  | vereniging           | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|-----------------------|----------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Paula Spans           | ZPC AMERSFOORT       | 1:10.59 | 201000064 | <b>1:13.12</b> Q | +0,70 | 34.49 | 1:13.12 |
| 2.   | Odenza Soselisa       | Blue Marlins         | 1:16.04 | 201101780 | <b>1:13.76</b> Q | +0,70 | 34.78 | 1:13.76 |
| 3.   | Manoah Dekker         | Deltasteur           | 1:13.89 | 201100656 | <b>1:14.11</b> Q | +0,68 | 34.64 | 1:14.11 |
| 4.   | Jasmijn Scott         | De Duinkickers       | 1:14.91 | 201001236 | <b>1:14.33</b> Q | +0,67 | 34.64 | 1:14.33 |
| 5.   | Malin Roozeboom       | WVZ                  | 1:14.42 | 201100006 | <b>1:14.70</b> Q | +0,81 | 35.72 | 1:14.70 |
| 6.   | Eva Ehler             | WVZ                  | 1:13.41 | 201002026 | <b>1:14.73</b> Q | +0,75 | 34.87 | 1:14.73 |
| 7.   | Myrthe Rozendaal      | Aqua-Novio'94        | 1:15.48 | 201000790 | <b>1:15.32</b> Q | +0,76 | 35.40 | 1:15.32 |
| 8.   | Meike van der Klugt   | WVZ                  | 1:18.30 | 201100808 | <b>1:15.73</b> Q | +0,85 | 36.10 | 1:15.73 |
| 9.   | Elin Riedijk          | Blue Marlins         | 1:16.50 | 201002056 | <b>1:15.98</b> R | +0,78 | 35.92 | 1:15.98 |
| 10.  | Breanna Belmar        | Albion               | 1:15.63 | 201004068 | <b>1:16.02</b> R | +0,68 | 35.02 | 1:16.02 |
| 11.  | Anne Engbersen        | Albion               | 1:15.68 | 201000044 | <b>1:16.06</b>   | +0,79 | 35.15 | 1:16.06 |
| 12.  | Marre van der Wal     | Bolsward-Workum (SG) | 1:15.63 | 201000046 | <b>1:16.66</b>   | +0,68 | 35.72 | 1:16.66 |
| 13.  | Gerlin van de Krol    | DWK                  | 1:19.32 | 201101412 | <b>1:16.69</b>   | +0,68 | 36.44 | 1:16.69 |
| 14.  | Carla Moreno Palacios | De Dolfijn           | 1:13.45 | 201002302 | <b>1:17.26</b>   | +0,68 | 35.08 | 1:17.26 |
| 15.  | Elin Baars            | DWK                  | 1:16.00 | 201000138 | <b>1:17.35</b>   | +0,70 | 36.25 | 1:17.35 |
| 16.  | Sanne Keizer          | Dedemsvaart-AC       | 1:15.35 | 201001348 | <b>1:17.44</b>   | +0,79 | 36.26 | 1:17.44 |
|      | Fenna Zusterzeel      | PSV                  | 1:15.11 | 201000008 | <b>1:17.44</b>   | +0,68 | 35.67 | 1:17.44 |
| 18.  | Wieke Dekker          | De Dolfijn           | 1:15.63 | 201002020 | <b>1:17.53</b> * | +0,75 | 36.61 | 1:17.53 |
| 19.  | Raegan Belmar         | Albion               | 1:18.30 | 201004070 | <b>1:17.76</b>   | +0,74 | 36.55 | 1:17.76 |
| 20.  | Minke Bouman          | Blue Marlins         | 1:17.57 | 201100104 | <b>1:17.86</b>   | +0,74 | 36.55 | 1:17.86 |
| 21.  | Mandy Berndsen        | VZC                  | 1:18.83 | 201001138 | <b>1:17.91</b>   | +0,81 | 35.87 | 1:17.91 |
| 22.  | Morrison Schram       | Z&PC De Zeeuwse Kust | 1:20.38 | 201100686 | <b>1:18.23</b>   | +0,71 | 36.96 | 1:18.23 |
| 23.  | Emma Stokmans         | PSV                  | 1:16.18 | 201004190 | <b>1:18.24</b>   | +0,64 | 36.32 | 1:18.24 |
| 24.  | Sarah Förster         | Hellas-Glana         | 1:17.86 | 201102682 | <b>1:18.45</b>   | +0,72 | 36.91 | 1:18.45 |
| 25.  | Eefje van Hinsbergen  | Blue Marlins         | 1:16.03 | 201002252 | <b>1:18.51</b>   | +0,69 | 36.20 | 1:18.51 |
| 26.  | Fleur Buijs           | Hieronymus           | 1:18.51 | 201100676 | <b>1:18.57</b>   | +0,72 | 37.16 | 1:18.57 |
| 27.  | Linou van Kampen      | ZPCH                 | 1:17.83 | 201000594 | <b>1:18.60</b>   | +0,86 | 36.80 | 1:18.60 |
| 28.  | Fien Stolk            | Zwemlust- den Hommel | 1:20.45 | 201302282 | <b>1:18.74</b>   | +0,65 | 37.22 | 1:18.74 |
|      | Esmee de Raadt        | Albion               | 1:18.21 | 201002328 | <b>1:18.74</b>   | +0,79 | 37.49 | 1:18.74 |
| 30.  | Anne van Lith         | ZVL-1886             | 1:19.60 | 201001000 | <b>1:18.80</b>   | +0,75 | 36.76 | 1:18.80 |



Programmanr. 32, Meisjes, 100m schoolslag, Voorronde, Onder 16

| rang | naam              | vereniging       | intijd            | tijd             | RT    | 50m   | 100m    |
|------|-------------------|------------------|-------------------|------------------|-------|-------|---------|
| 31.  | Lili de Graaf     | Hellas-Glana     | 1:18.55 201103068 | <b>1:18.93</b>   | +0,78 | 36.92 | 1:18.93 |
| 32.  | Annelie Batenburg | PSV              | 1:16.32 201001962 | <b>1:19.77</b>   | +0,74 | 37.28 | 1:19.77 |
| 33.  | Alaine Dumont     | De Watervogels   | 1:19.57 201102140 | <b>1:19.81</b>   | +0,68 | 37.29 | 1:19.81 |
| 34.  | Fenne Hardeman    | Hellas-Glana     | 1:20.41 201100244 | <b>1:19.91</b>   | +0,87 | 38.10 | 1:19.91 |
| 35.  | Evy v. Nimwegen   | De Schoteijl     | 1:18.45 201100168 | <b>1:19.95</b> * | +0,69 | 37.48 | 1:19.95 |
| 36.  | Abya Buscop       | De Schoteijl     | 1:20.03 201100056 | <b>1:20.03</b>   | +0,77 | 37.77 | 1:20.03 |
| 37.  | Tess Meeuwissen   | De Columbiaan    | 1:17.62 201000370 | <b>1:20.29</b>   | +0,64 | 36.77 | 1:20.29 |
| 38.  | Sterre de Veen    | Hellas-Glana     | 1:19.20 201100086 | <b>1:20.30</b>   | +0,74 | 37.52 | 1:20.30 |
| 39.  | Hanna Heller      | ZPC AMERSFOORT   | 1:19.49 201102730 | <b>1:20.37</b>   | +0,74 | 37.61 | 1:20.37 |
| 40.  | Rozalia Diederiks | ZVL-1886         | 1:19.35 201100904 | <b>1:20.59</b>   | +0,82 | 37.76 | 1:20.59 |
| 41.  | Sophie Seijsener  | DAW              | 1:20.47 201101730 | <b>1:20.84</b>   | +0,78 | 37.64 | 1:20.84 |
| 42.  | Nina Tetteroo     | De Columbiaan    | 1:19.66 201000048 | <b>1:20.85</b>   | +0,81 | 38.19 | 1:20.85 |
| 43.  | Lobke Hempenius   | HZ&PC Heerenveen | 1:18.47 201100522 | <b>1:20.97</b>   | +0,76 | 37.41 | 1:20.97 |
| 44.  | Elle van Gemeren  | DAW              | 1:19.31 201100428 | <b>1:21.43</b>   | +0,72 | 38.14 | 1:21.43 |
| 45.  | Meike Hultink     | De Grunte        | 1:20.18 201001686 | <b>1:21.52</b>   | +0,86 | 38.13 | 1:21.52 |
| 46.  | Noa Spaans        | De Dolfijn       | 1:19.97 201100222 | <b>1:22.61</b>   | +0,77 | 38.87 | 1:22.61 |
| 47.  | Jayna Wagemakers  | Hieronymus       | 1:19.55 201000226 | <b>1:23.83</b>   | +0,81 | 39.62 | 1:23.83 |
| DIS  | Lotte Euverman    | KSN (SG)         | 1:18.65 201101228 |                  | +0,76 |       |         |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

NG Mia Hoeflaken PSV 1:17.39 201004108

Programmanr. 33 Jongens, 200m wisselslag Onder 14  
25-01-2026 - 9:25 Resultaten

| rang | naam                  | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------|-----------------------|----------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1.   | Luca Denkers          | ZV New Wave Almere   | 2:24.12 201202399 | <b>2:20.44</b> | +0,64 | 29.45 | 1:05.51 | 1:46.07 | 2:20.44 |
| 2.   | Toa Jahn              | Het Y                | 2:25.69 201201665 | <b>2:21.28</b> | +0,65 | 31.07 | 1:08.48 | 1:50.05 | 2:21.28 |
| 3.   | Max van Splunder      | De Dolfijn           | 2:24.63 201200531 | <b>2:21.92</b> | +0,74 | 31.61 | 1:08.23 | 1:49.99 | 2:21.92 |
| 4.   | Tim Slagers           | Aquapoldro           | 2:25.87 201200263 | <b>2:23.35</b> | +0,70 | 29.39 | 1:05.97 | 1:51.26 | 2:23.35 |
| 5.   | Marcelo Fritz Medina  | De Dolfijn           | 2:27.54 201201885 | <b>2:26.27</b> | +0,72 | 30.20 | 1:07.41 | 1:51.18 | 2:26.27 |
| 6.   | Metz Agema            | Deltasteur           | 2:27.54 201200929 | <b>2:26.89</b> | +0,72 | 32.45 | 1:10.82 | 1:52.97 | 2:26.89 |
| 7.   | Tijn Pieters          | Orca                 | 2:28.79 201300715 | <b>2:27.61</b> | +0,66 | 32.01 | 1:09.99 | 1:53.36 | 2:27.61 |
| 8.   | Siem Rewinkel         | De Veene             | 2:25.30 201201473 | <b>2:28.01</b> | +0,75 | 31.43 | 1:09.95 | 1:54.16 | 2:28.01 |
| 9.   | Charles Araysa        | Zwemlust- den Hommel | 2:32.46 201201155 | <b>2:31.22</b> | +0,61 | 32.26 | 1:11.55 | 1:55.85 | 2:31.22 |
| 10.  | Kurt Feldmann         | Blue Marlins         | 2:45.33 201203089 | <b>2:31.74</b> | +0,70 | 32.74 | 1:09.99 | 1:56.88 | 2:31.74 |
| 11.  | Joep Barwegen         | HZ&PC Heerenveen     | 2:37.79 201201823 | <b>2:31.82</b> | +0,72 | 30.84 | 1:11.15 | 1:58.09 | 2:31.82 |
| 12.  | Rutger Donker         | NDD                  | 2:31.69 201200361 | <b>2:32.19</b> | +0,65 | 33.24 | 1:12.55 | 1:58.02 | 2:32.19 |
| 13.  | Guust Heijne          | DWK                  | 2:32.85 201202139 | <b>2:32.55</b> | +0,73 | 33.32 | 1:14.56 | 1:58.99 | 2:32.55 |
| 14.  | A. Janse van Rensburg | De Treffers          | 2:33.84 201202261 | <b>2:34.05</b> | +0,71 | 30.33 | 1:06.73 | 1:58.64 | 2:34.05 |
| 15.  | Felipe Kerkhoff       | ZPC AMERSFOORT       | 2:38.52 201202625 | <b>2:34.21</b> | +0,70 | 33.54 | 1:12.97 | 1:59.33 | 2:34.21 |
| 16.  | Pieter de Jonge       | Aqua-Novio'94        | 2:33.25 201200211 | <b>2:34.50</b> | +0,78 | 31.16 | 1:10.66 | 1:58.99 | 2:34.50 |
| 17.  | Orlando Caffaggi      | Blue Marlins         | 2:37.78 201203059 | <b>2:35.31</b> | +0,64 | 33.53 | 1:14.04 | 2:00.16 | 2:35.31 |
| 18.  | Wessel Vis            | De Treffers          | 2:38.16 201201273 | <b>2:35.57</b> | +0,71 | 33.26 | 1:12.52 | 2:00.09 | 2:35.57 |
| 19.  | Ruben Lima Ribeiro    | Hellas-Glana         | 2:33.52 201300693 | <b>2:35.75</b> | +0,75 | 35.01 | 1:14.92 | 2:00.66 | 2:35.75 |
| 20.  | Jesse Voet            | Aqua-Novio'94        | 2:43.77 201300057 | <b>2:36.40</b> | +0,77 | 33.22 | 1:13.18 | 2:01.76 | 2:36.40 |
| 21.  | L. Della Vedova       | De Otters Het Gooi   | 2:37.24 201201833 | <b>2:36.60</b> | +0,76 | 33.90 | 1:14.16 | 2:00.05 | 2:36.60 |
| 22.  | Maarten de Leeuw      | Deltasteur           | 2:37.66 201200241 | <b>2:36.87</b> | +0,78 | 34.04 | 1:13.09 | 2:01.73 | 2:36.87 |
| 23.  | Bram Engelen          | Hellas-Glana         | 2:42.11 201300421 | <b>2:37.09</b> | +0,68 | 34.78 | 1:16.28 | 2:02.67 | 2:37.09 |
| 24.  | Isai Shields          | Niemo Barracuda      | 2:42.25 201300031 | <b>2:37.32</b> | +0,76 | 34.89 | 1:15.22 | 2:03.56 | 2:37.32 |
| 25.  | Celestin van der Beek | PSV                  | 2:39.11 201201183 | <b>2:37.67</b> | +0,63 | 35.52 | 1:17.57 | 2:02.04 | 2:37.67 |
| 26.  | Michael Simons        | PSV                  | 2:38.69 201200025 | <b>2:37.77</b> | +0,69 | 35.13 | 1:15.47 | 2:04.87 | 2:37.77 |
| 27.  | Floris Meijers        | SWOL 1894            | 2:39.20 201300015 | <b>2:38.49</b> | +0,74 | 34.32 | 1:14.53 | 2:03.80 | 2:38.49 |
| 28.  | Gijs Leeneman         | HZ&PC Heerenveen     | 2:34.55 201200479 | <b>2:38.50</b> | +0,70 | 33.79 | 1:14.31 | 2:03.56 | 2:38.50 |
| 29.  | Thijs Valkenburg      | WVZ                  | 2:38.09 201201511 | <b>2:38.97</b> | +0,61 | 34.97 | 1:16.12 | 2:03.44 | 2:38.97 |
| 30.  | Luuk ten Asbroek      | Het Ravijn           | 2:38.44 201200601 | <b>2:39.21</b> | +0,67 | 35.17 | 1:14.57 | 2:03.15 | 2:39.21 |
| 31.  | Jaro Hermans          | PSV                  | 2:40.38 201200173 | <b>2:39.63</b> | +0,70 | 35.75 | 1:16.57 | 2:05.02 | 2:39.63 |

Programmanr. 33, Jongens, 200m wisselslag, Onder 14

| rang naam             | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------|----------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 32. Finn Ostermann    | AZC                  | 2:41.91 201301059 | <b>2:39.92</b> | +0,71 | 36.37 | 1:16.24 | 2:06.21 | 2:39.92 |
| 33. Tim Koornstra     | De Vikings           | 2:39.33 201200231 | <b>2:39.98</b> | +0,79 | 35.30 | 1:17.70 | 2:02.20 | 2:39.98 |
| 34. Nouh Karman       | Zwemlust- den Hommel | 2:42.29 201201383 | <b>2:40.37</b> | +0,75 | 35.14 | 1:15.44 | 2:06.43 | 2:40.37 |
| 35. Thomas Metz       | ZPC AMERSFOORT       | 2:43.27 201300043 | <b>2:40.48</b> | +0,80 | 39.15 | 1:19.97 | 2:04.75 | 2:40.48 |
| 36. Stef van de Wal   | DWK                  | 2:44.61 201200803 | <b>2:40.73</b> | +0,72 | 35.53 | 1:20.00 | 2:05.39 | 2:40.73 |
| 37. Lars Thül         | SWOL 1894            | 2:38.25 201200119 | <b>2:41.47</b> | +0,79 | 36.13 | 1:17.76 | 2:05.72 | 2:41.47 |
| 38. Mats van der Kamp | Deltasteur           | 2:43.05 201200113 | <b>2:41.68</b> | +0,64 | 34.11 | 1:18.38 | 2:05.36 | 2:41.68 |
| 39. Rio Babic         | Steenwijk 1934       | 2:41.58 201200867 | <b>2:41.77</b> | +0,72 | 34.90 | 1:17.07 | 2:06.78 | 2:41.77 |
| DIS Luc van Drunick   | Noordwijkerhout      | 2:36.27 201201659 |                | +0,65 |       |         |         |         |

WC - In de vrijeslag de borstligging niet hebben ingenomen voordat een arm- en/of beenslag is gemaakt.

Programmanr. 34  
25-01-2026 - 9:41

Meisjes, 200m vrije slag

Onder 14  
Resultaten

| rang naam              | vereniging             | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|------------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Julia Bannatyne     | BZ&PC                  | 2:13.81 201201020 | <b>2:10.17</b> | +0,73 | 30.28 | 1:03.66 | 1:36.98 | 2:10.17 |
| 2. Anouk Mulder        | De Columbiaan          | 2:14.50 201200962 | <b>2:14.80</b> | +0,77 | 30.79 | 1:05.18 | 1:40.12 | 2:14.80 |
| 3. Lieselot Penning    | ZZ&PC De Devel         | 2:20.70 201200052 | <b>2:17.80</b> | +0,73 | 31.96 | 1:07.03 | 1:42.61 | 2:17.80 |
| 4. Simone Brobbel      | Hoeksche Waard (SG)    | 2:19.25 201200058 | <b>2:18.85</b> | +0,72 | 31.86 | 1:07.76 | 1:44.59 | 2:18.85 |
| 5. Eva ter Horst       | ZPC Hoogeveen          | 2:21.11 201200070 | <b>2:19.80</b> | +0,82 | 32.22 | 1:07.08 | 1:43.69 | 2:19.80 |
| 6. Benthe de Beer      | PSV                    | 2:22.18 201302638 | <b>2:20.19</b> | +0,64 | 32.88 | 1:08.76 | 1:44.88 | 2:20.19 |
| 7. Roubin van Kampen   | ZPCH                   | 2:21.52 201200370 | <b>2:20.76</b> | +0,78 | 32.05 | 1:07.78 | 1:44.77 | 2:20.76 |
| 8. Fay Jansen          | Aqua-Novio'94          | 2:22.08 201200154 | <b>2:21.14</b> | +0,82 | 32.84 | 1:08.75 | 1:45.33 | 2:21.14 |
| 9. Jana Nelissen       | PSV                    | 2:20.84 201200350 | <b>2:21.24</b> | +0,68 | 32.21 | 1:08.18 | 1:45.08 | 2:21.24 |
| 10. Valerie Rienties   | Zwemsport Parkstad     | 2:17.68 201200400 | <b>2:21.31</b> | +0,70 | 31.08 | 1:06.32 | 1:44.02 | 2:21.31 |
| 11. Charlotte Bakker   | BZ&PC                  | 2:25.68 201200524 | <b>2:21.48</b> | +0,71 | 32.91 | 1:08.96 | 1:45.47 | 2:21.48 |
| 12. Boukje de Baedts   | Het Y                  | 2:24.03 201300756 | <b>2:21.81</b> | +0,70 | 32.57 | 1:09.11 | 1:46.02 | 2:21.81 |
| 13. Coco Scheepers     | PSV                    | 2:23.69 201301462 | <b>2:22.02</b> | +0,81 | 32.37 | 1:08.44 | 1:45.65 | 2:22.02 |
| 14. Liv Schoon         | DAW                    | 2:23.82 201202112 | <b>2:22.15</b> | +0,75 | 31.60 | 1:07.50 | 1:45.97 | 2:22.15 |
| 15. Julia Ketelaars    | Hellas-Glana           | 2:19.00 201200028 | <b>2:22.28</b> | +0,86 | 32.36 | 1:08.12 | 1:45.29 | 2:22.28 |
| 16. Mischa Brouwers    | Hieronimus             | 2:23.54 201202208 | <b>2:22.88</b> | +0,79 | 31.93 | 1:08.81 | 1:47.29 | 2:22.88 |
| 17. V. Parkhomenko     | Het Y                  | 2:21.52 201301610 | <b>2:22.90</b> | +0,72 | 32.85 | 1:09.13 | 1:46.79 | 2:22.90 |
| 18. Tatum Vered        | Blue Marlins           | 2:21.21 201201322 | <b>2:23.05</b> | +0,76 | 32.69 | 1:09.08 | 1:46.82 | 2:23.05 |
| 19. Fenna Gabriels     | ZPC Hoogeveen          | 2:23.08 201201230 | <b>2:23.14</b> | +0,74 | 32.74 | 1:09.29 | 1:47.15 | 2:23.14 |
| alle tt*               |                        |                   |                |       |       |         |         |         |
| 20. Jinthe Kuiper      | SWOL 1894              | 2:27.56 201200688 | <b>2:24.23</b> | +0,66 | 33.08 | 1:10.43 | 1:48.30 | 2:24.23 |
| 21. Quérine Schminnes  | ZC Borger              | 2:27.77 201200624 | <b>2:24.24</b> | +0,80 | 33.05 | 1:10.21 | 1:48.10 | 2:24.24 |
| 22. Saar Begeman       | ZPC de Kanaalstreek    | 2:26.99 201201594 | <b>2:24.92</b> | +0,71 | 33.20 | 1:10.44 | 1:48.41 | 2:24.92 |
| 23. Lenny Bokkers      | De Zwoer               | 2:23.04 201300390 | <b>2:25.04</b> | +0,75 | 33.05 | 1:10.59 | 1:48.32 | 2:25.04 |
| 24. Madeé Boezen       | Zignea                 | 2:25.67 201300782 | <b>2:25.13</b> | +0,68 | 33.18 | 1:09.84 | 1:47.93 | 2:25.13 |
| 25. Vicky Horens       | Hellas-Glana           | 2:22.04 201200252 | <b>2:25.48</b> | +0,70 | 32.35 | 1:09.64 | 1:47.84 | 2:25.48 |
| 26. Caitlin Lakke      | Team Noord Holland (S) | 2:27.90 201302438 | <b>2:25.70</b> | +0,76 | 33.41 | 1:10.84 | 1:48.85 | 2:25.70 |
| 27. Elisa Obdam        | DAW                    | 2:22.11 201201444 | <b>2:25.86</b> | +0,68 | 32.24 | 1:10.12 | 1:49.29 | 2:25.86 |
| 28. Karlijn Siero      | SWOL 1894              | 2:27.10 201201758 | <b>2:26.05</b> | +0,85 | 34.23 | 1:12.09 | 1:50.39 | 2:26.05 |
| 29. Nova Volmer        | Deltasteur             | 2:29.51 201300426 | <b>2:26.55</b> | +0,76 | 34.00 | 1:11.82 | 1:50.21 | 2:26.55 |
| 30. Jet Hogervorst     | De Columbiaan          | 2:26.33 201200738 | <b>2:26.59</b> | +0,58 | 33.91 | 1:11.66 | 1:49.67 | 2:26.59 |
| 31. Fiene Quaak        | Z&PC De Ganze          | 2:25.93 201201142 | <b>2:27.10</b> | +0,78 | 34.23 | 1:11.83 | 1:50.55 | 2:27.10 |
| 32. Joanne Strietman   | ZPC AMERSFOORT         | 2:22.91 201203784 | <b>2:27.45</b> | +0,77 | 32.56 | 1:09.93 | 1:50.31 | 2:27.45 |
| 33. Alena Ytsma        | HZ&PC Heerenveen       | 2:32.07 201201736 | <b>2:28.28</b> | +0,74 | 33.32 | 1:11.08 | 1:49.56 | 2:28.28 |
| 34. Guusje van Geest   | ACZ                    | 2:27.68 201200352 | <b>2:28.32</b> | +0,89 | 33.68 | 1:11.44 | 1:50.12 | 2:28.32 |
| 35. Feline Bruns       | ZC Polaris             | 2:26.14 201200730 | <b>2:30.03</b> | +0,79 | 33.84 | 1:11.77 | 1:52.51 | 2:30.03 |
| 36. Fee Sevenants      | De Watervogels         | 2:30.93 201201884 | <b>2:32.82</b> | +0,75 | 34.66 | 1:14.06 | 1:54.71 | 2:32.82 |
| 37. Liva van Groningen | Team Noord Holland (S) | 2:23.51 201200280 | <b>2:33.03</b> | +0,73 | 33.59 | 1:12.39 | 1:52.81 | 2:33.03 |
| T. van de Wetering     | Arethusa               | 2:27.38 201200780 | <b>2:33.03</b> | +0,76 | 34.53 | 1:14.40 | 1:55.15 | 2:33.03 |
| 39. Jazz Hollander     | ZZ&PC De Devel         | 2:34.22 201300528 | <b>2:36.65</b> | +0,76 | 35.38 | 1:15.75 | 1:57.22 | 2:36.65 |

Programmanr. 34, Meisjes, 200m vrije slag, Onder 14

| rang                                                            | naam             | vereniging | intijd            | tijd | RT    | 50m | 100m | 150m | 200m |
|-----------------------------------------------------------------|------------------|------------|-------------------|------|-------|-----|------|------|------|
|                                                                 | DIS Fenna Beumer | PSV        | 2:27.51 201300176 |      | +0,49 |     |      |      |      |
| AA - De start ingezet voor het startsignaal (en wel gezwommen). |                  |            |                   |      |       |     |      |      |      |

Programmanr. 35  
25-01-2026 - 10:05

Jongens, 100m vlinderslag

Onder 16  
Resultaten Voorronde

| rang | naam              | vereniging         | intijd            | tijd             | RT    | 50m   | 100m    |
|------|-------------------|--------------------|-------------------|------------------|-------|-------|---------|
| 1.   | Sven Potappel     | DWK                | 1:00.21 201000127 | <b>58.68</b> Q   | +0,68 | 27.72 | 58.68   |
| 2.   | Nick Vodde        | AZ&PC De Futen     | 58.14 201002211   | <b>58.80</b> Q   | +0,61 | 27.12 | 58.80   |
| 3.   | Eli Shields       | Niemo Barracuda    | 59.93 201000407   | <b>59.70</b> Q   | +0,68 | 28.13 | 59.70   |
| 4.   | Kelvin Terpstra   | De Otters Het Gooi | 1:02.73 201003893 | <b>1:00.33</b> Q | +0,64 | 27.77 | 1:00.33 |
| 5.   | Evren Ege Orcunus | De Dolfijn         | 59.43 201003253   | <b>1:00.43</b> Q | +0,68 | 27.69 | 1:00.43 |
| 6.   | Ruben Kragt       | Dedemsvaart-AC     | 1:01.17 201000007 | <b>1:00.97</b> Q | +0,72 | 27.88 | 1:00.97 |
| 7.   | Giovanni Wolfgang | MSV-Zeemacht       | 1:01.49 201100859 | <b>1:00.99</b> Q | +0,65 | 28.09 | 1:00.99 |
| 8.   | Girish Nolden     | Blue Marlins       | 1:03.67 201000087 | <b>1:01.92</b> Q | +0,76 | 28.68 | 1:01.92 |
| 9.   | Myron Artemenko   | Niemo Barracuda    | 1:01.56 201003021 | <b>1:02.13</b> R | +0,71 | 28.65 | 1:02.13 |
| 10.  | Jop Scholte       | GZVW               | 1:04.75 201001219 | <b>1:02.61</b> R | +0,69 | 28.27 | 1:02.61 |
| 11.  | Max van der Spank | TRB-RES            | 1:02.76 201000275 | <b>1:02.76</b>   | +0,66 | 28.05 | 1:02.76 |
| 12.  | Henry Watson      | De Dolfijn         | 1:03.36 201001703 | <b>1:03.21</b>   | +0,71 | 28.77 | 1:03.21 |
| 13.  | Nathan Magava     | De Dolfijn         | 1:04.58 201003067 | <b>1:03.37</b>   | +0,60 | 29.48 | 1:03.37 |
| 14.  | Nils Bellert      | SG Octopus - ZVV   | 1:03.23 201100347 | <b>1:03.83</b>   | +0,73 | 29.86 | 1:03.83 |
| 15.  | Mees Janssen      | Blue Marlins       | 1:04.57 201102025 | <b>1:04.62</b>   | +0,66 | 29.35 | 1:04.62 |
| 16.  | Tygo Kamps        | MZ&PC Maastricht   | 1:03.95 201000987 | <b>1:05.03</b>   | +0,71 | 29.64 | 1:05.03 |
| 17.  | Laurens van Nulck | Hellas-Glana       | 1:02.72 201100521 | <b>1:05.14</b>   | +0,75 | 29.52 | 1:05.14 |
| 18.  | Mauro Bedeke      | DAW                | 1:04.66 201000537 | <b>1:05.25</b>   | +0,67 | 30.04 | 1:05.25 |

Programmanr. 36  
25-01-2026 - 10:10

Meisjes, 100m vrije slag

Onder 16  
Resultaten Voorronde

| rang | naam                                          | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    |
|------|-----------------------------------------------|----------------------|-------------------|----------------|-------|-------|---------|
| 1.   | Hannah Huisman<br><i>Kampioenschapsrecord</i> | De Dolfijn           | 55.56 201000002   | <b>55.12</b> Q | +0,73 | 26.82 | 55.12   |
| 2.   | Yill van Bezouw                               | Hieronymus           | 55.58 201100704   | <b>55.56</b> Q | +0,68 | 26.88 | 55.56   |
| 3.   | Anne Engbersen                                | Albion               | 57.31 201000044   | <b>57.58</b> Q | +0,72 | 27.28 | 57.58   |
| 4.   | Lola Verheijen                                | PSV                  | 58.46 201100832   | <b>58.90</b> Q | +0,71 | 28.10 | 58.90   |
| 5.   | Romée Smit                                    | MSV-Zeemacht         | 59.14 201100438   | <b>59.04</b> Q | +0,71 | 28.42 | 59.04   |
| 6.   | Anna Lepoutre                                 | PSV                  | 59.10 201100534   | <b>59.25</b> Q | +0,66 | 28.21 | 59.25   |
| 7.   | Faye Thijsse                                  | WVZ                  | 58.23 201001364   | <b>59.29</b> Q | +0,78 | 28.13 | 59.29   |
| 8.   | Fenne Metten                                  | ZPC AMERSFOORT       | 58.43 201000102   | <b>59.49</b> Q | +0,77 | 28.06 | 59.49   |
| 9.   | Breanna Belmar                                | Albion               | 59.53 201004068   | <b>59.68</b> ? | +0,68 | 28.22 | 59.68   |
|      | Esmee de Raadt                                | Albion               | 1:00.84 201002328 | <b>59.68</b> ? | +0,78 | 28.58 | 59.68   |
| 11.  | Casharell Kraan                               | Blue Marlins         | 59.72 201103426   | <b>59.71</b>   | +0,65 | 28.85 | 59.71   |
| 12.  | Frédérique Nijziel                            | De Dolfijn           | 59.27 201103114   | <b>59.77</b>   | +0,73 | 28.67 | 59.77   |
| 13.  | Tessa van Beek                                | DWK                  | 1:00.32 201001446 | <b>59.89</b>   | +0,74 | 28.86 | 59.89   |
| 14.  | Elin Reinstra                                 | TriVia               | 1:01.29 201100842 | <b>1:00.10</b> | +0,79 | 28.92 | 1:00.10 |
| 15.  | Ilse Jongepier                                | TriVia               | 1:01.25 201000006 | <b>1:00.33</b> | +0,80 | 28.83 | 1:00.33 |
| 16.  | Nina van der Schrier                          | AZC                  | 59.26 201000444   | <b>1:00.42</b> | +0,74 | 29.42 | 1:00.42 |
| 17.  | Pien Walstra                                  | De Treffers          | 1:01.04 201101034 | <b>1:00.44</b> | +0,75 | 29.53 | 1:00.44 |
| 18.  | Mette Hogenhuis                               | Zwemlust- den Hommel | 1:01.05 201101254 | <b>1:00.58</b> | +0,82 | 28.88 | 1:00.58 |
| 19.  | Julia Dąbrowska                               | Blue Marlins         | 59.66 201000300   | <b>1:00.65</b> | +0,71 | 28.90 | 1:00.65 |
| 20.  | Florien Pot                                   | OZ&PC                | 1:00.81 201000768 | <b>1:01.19</b> | +0,73 | 29.14 | 1:01.19 |
| 21.  | Eva Ehler                                     | WVZ                  | 1:00.80 201002026 | <b>1:01.39</b> | +0,74 | 28.86 | 1:01.39 |
| 22.  | Noa van Zalk                                  | ZPC AMERSFOORT       | 1:00.35 201102534 | <b>1:01.47</b> | +0,73 | 29.75 | 1:01.47 |

Programmanr. 36, Meisjes, 100m vrije slag, Voorronde, Onder 16

| rang  | naam                 | vereniging        | intijd  | tijd      | RT             | 50m   | 100m  |         |
|-------|----------------------|-------------------|---------|-----------|----------------|-------|-------|---------|
| 23.   | Famke Franzen        | De Schotejil      | 1:00.50 | 201000058 | <b>1:01.55</b> | +0,71 | 28.98 | 1:01.55 |
| 24.   | Anouk Steller        | WVZ               | 1:01.51 | 201000004 | <b>1:01.65</b> | +0,73 | 29.07 | 1:01.65 |
| 25.   | Paula Spans          | ZPC AMERSFOORT    | 1:00.87 | 201000064 | <b>1:01.85</b> | +0,72 | 29.77 | 1:01.85 |
| 26.   | Brechtje Slootweg    | ZPC AMERSFOORT    | 1:01.36 | 201101744 | <b>1:02.15</b> | +0,73 | 29.73 | 1:02.15 |
| 27.   | Minke Bouman         | Blue Marlins      | 1:00.29 | 201100104 | <b>1:02.24</b> | +0,78 | 29.41 | 1:02.24 |
| 28.   | Nicole Pestman       | DZ&PC             | 1:01.26 | 201000668 | <b>1:02.30</b> | +0,70 | 30.18 | 1:02.30 |
| 29.   | Dana Bulters         | De Dolfijn        | 1:02.63 | 201104138 | <b>1:02.40</b> | +0,73 | 30.00 | 1:02.40 |
| 30.   | Myrthe Rozendaal     | Aqua-Novio'94     | 1:01.91 | 201000790 | <b>1:02.43</b> | +0,77 | 30.10 | 1:02.43 |
| 31.   | Elke Kriesels        | Blue Marlins      | 1:02.91 | 201100898 | <b>1:02.45</b> | +0,80 | 30.22 | 1:02.45 |
| 32.   | Thalia Cornelissen   | Het Y             | 1:03.08 | 201000756 | <b>1:02.64</b> | +0,77 | 30.37 | 1:02.64 |
| 33.   | Nina Tetteroo        | De Columbiaan     | 1:02.15 | 201000048 | <b>1:02.65</b> | +0,77 | 30.44 | 1:02.65 |
| 34.   | Maria Zuideveld      | Aachener SV 06    | 1:02.71 | 494695    | <b>1:02.66</b> | +0,76 | 29.84 | 1:02.66 |
| 35.   | Elise Dorlandt       | HZ&PC Heerenveen  | 1:02.38 | 201000232 | <b>1:02.67</b> | +0,77 | 29.74 | 1:02.67 |
| 36.   | Elin Riedijk         | Blue Marlins      | 1:01.70 | 201002056 | <b>1:02.69</b> | +0,77 | 30.36 | 1:02.69 |
| 37.   | Wieke Dekker         | De Dolfijn        | 1:01.80 | 201002020 | <b>1:02.77</b> | +0,76 | 30.00 | 1:02.77 |
| 38.   | Mandy Berndsen       | VZC               | 1:02.51 | 201001138 | <b>1:02.90</b> | +0,77 | 29.84 | 1:02.90 |
| 39.   | Tess Meeuwissen      | De Columbiaan     | 1:03.26 | 201000370 | <b>1:02.91</b> | +0,66 | 29.67 | 1:02.91 |
| 40.   | Jasmijn Scott        | De Duinkickers    | 1:03.29 | 201001236 | <b>1:03.09</b> | +0,65 | 30.19 | 1:03.09 |
| 41.   | Milou Filemon        | Blue Marlins      | 1:02.77 | 201100078 | <b>1:03.17</b> | +0,68 | 30.42 | 1:03.17 |
| 42.   | Yuna van den Idsert  | DAW               | 1:02.96 | 201001196 | <b>1:03.18</b> | +0,78 | 30.68 | 1:03.18 |
| 43.   | Kendra van der Voort | Arethusa          | 1:02.88 | 201100536 | <b>1:03.28</b> | +0,78 | 30.30 | 1:03.28 |
| 44.   | Lotte Euverman       | KSN (SG)          | 1:03.25 | 201101228 | <b>1:03.29</b> | +0,82 | 30.33 | 1:03.29 |
| 45.   | Sterre de Veen       | Hellas-Glana      | 1:02.34 | 201100086 | <b>1:03.30</b> | +0,71 | 30.38 | 1:03.30 |
|       | Maria Kotsubailo     | ZV De Aalscholver | 1:02.47 | 201001722 | <b>1:03.30</b> | +0,72 | 29.26 | 1:03.30 |
| 47.   | Sanne Keizer         | Dedemsvaart-AC    | 1:02.11 | 201001348 | <b>1:03.53</b> | +0,78 | 30.13 | 1:03.53 |
| 48.   | Dewi Meijer          | De Dolfijn        | 1:01.37 | 201000302 | <b>1:03.65</b> | +0,76 | 30.80 | 1:03.65 |
| 49.   | Linou van Kampen     | ZPCH              | 1:02.23 | 201000594 | <b>1:03.66</b> | +0,92 | 30.41 | 1:03.66 |
| 50.   | Amila Mustafic       | DZ&PC             | 1:03.30 | 201200026 | <b>1:03.78</b> | +0,74 | 30.29 | 1:03.78 |
| 51.   | Emma Stokmans        | PSV               | 1:01.28 | 201004190 | <b>1:03.80</b> | +0,65 | 29.91 | 1:03.80 |
| 52.   | Fanni Farkas         | De Columbiaan     | 1:01.63 | 201100360 | <b>1:03.86</b> | +0,72 | 30.46 | 1:03.86 |
| 53.   | Tessa Zevenbergen    | Aquapoldro        | 1:03.18 | 201002662 | <b>1:04.16</b> | +0,73 | 30.03 | 1:04.16 |
| 54.   | Isabel Amelink       | Deltasteur        | 1:03.14 | 201100196 | <b>1:04.75</b> | +0,84 | 30.96 | 1:04.75 |
| 55.   | Hanna Heller         | ZPC AMERSFOORT    | 1:03.34 | 201102730 | <b>1:05.07</b> | +0,78 | 30.88 | 1:05.07 |
| 56.   | Eefje van Hinsbergen | Blue Marlins      | 1:03.37 | 201002252 | <b>1:06.87</b> | +0,70 | 31.23 | 1:06.87 |
| AFGEM | Demi Bos             | Niemo Barracuda   | 1:03.33 | 201001282 |                |       |       |         |

Programmanr. 37  
25-01-2026 - 10:21

Jongens, 100m schoolslag

Onder 14  
Resultaten

| rang | naam                 | vereniging           | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|----------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Luca Denkers         | ZV New Wave Almere   | 1:12.95 | 201202399 | <b>1:11.92</b> | +0,65 | 33.81 | 1:11.92 |
| 2.   | Toa Jahn             | Het Y                | 1:13.22 | 201201665 | <b>1:12.21</b> | +0,63 | 34.35 | 1:12.21 |
| 3.   | Metz Agema           | Deltasteur           | 1:14.11 | 201200929 | <b>1:12.49</b> | +0,75 | 34.28 | 1:12.49 |
| 4.   | Max van Splunder     | De Dolfijn           | 1:14.21 | 201200531 | <b>1:13.53</b> | +0,73 | 34.67 | 1:13.53 |
| 5.   | Marcelo Fritz Medina | De Dolfijn           | 1:16.54 | 201201885 | <b>1:16.13</b> | +0,77 | 35.59 | 1:16.13 |
| 6.   | Lorenzo Della Vedova | De Otters Het Gooi   | 1:18.25 | 201201833 | <b>1:17.48</b> | +0,75 | 36.71 | 1:17.48 |
| 7.   | Charles Araysa       | Zwemlust- den Hommel | 1:18.63 | 201201155 | <b>1:17.84</b> | +0,63 | 35.87 | 1:17.84 |
| 8.   | Tijn Pieters         | Orca                 | 1:19.52 | 201300715 | <b>1:17.91</b> | +0,69 | 36.51 | 1:17.91 |
| 9.   | Siem Rewinkel        | De Veene             | 1:17.27 | 201201473 | <b>1:18.45</b> | +0,75 | 37.42 | 1:18.45 |
| 10.  | Joep Barwegen        | HZ&PC Heerenveen     | 1:20.21 | 201201823 | <b>1:18.63</b> | +0,71 | 37.07 | 1:18.63 |
| 11.  | Guust Heijne         | DWK                  | 1:17.00 | 201202139 | <b>1:18.75</b> | +0,72 | 36.57 | 1:18.75 |
| 12.  | Ruben Lima Ribeiro   | Hellas-Glana         | 1:17.90 | 201300693 | <b>1:18.88</b> | +0,74 | 36.85 | 1:18.88 |
| 13.  | Tim Koorstra         | De Vikings           | 1:20.59 | 201200231 | <b>1:20.74</b> | +0,80 | 38.24 | 1:20.74 |
| 14.  | Kurt Feldmann        | Blue Marlins         | 1:27.10 | 201203089 | <b>1:21.38</b> | +0,75 | 38.11 | 1:21.38 |
| 15.  | Tim Slagers          | Aquapoldro           | 1:22.13 | 201200263 | <b>1:21.44</b> | +0,72 | 38.48 | 1:21.44 |
| 16.  | Thomas Metz          | ZPC AMERSFOORT       | 1:21.19 | 201300043 | <b>1:21.60</b> | +0,80 | 39.04 | 1:21.60 |
| 17.  | Bram Engelen         | Hellas-Glana         | 1:18.97 | 201300421 | <b>1:21.80</b> | +0,68 | 38.64 | 1:21.80 |



Programmanr. 37, Jongens, 100m schoolslag, Onder 14

| rang | naam                  | vereniging           | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|-----------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 18.  | Luc van Drunick       | Noordwijkerhout      | 1:20.99 | 201201659 | <b>1:22.11</b> | +0,66 | 38.65 | 1:22.11 |
|      | Stef van de Wal       | DWK                  | 1:23.08 | 201200803 | <b>1:22.11</b> | +0,70 | 39.58 | 1:22.11 |
| 20.  | Orlando Caffaggi      | Blue Marlins         | 1:23.17 | 201203059 | <b>1:22.74</b> | +0,72 | 38.91 | 1:22.74 |
| 21.  | Isai Shields          | Niemo Barracuda      | 1:25.67 | 201300031 | <b>1:23.31</b> | +0,67 | 39.95 | 1:23.31 |
| 22.  | Felipe Kerkhoff       | ZPC AMERSFOORT       | 1:25.55 | 201202625 | <b>1:23.69</b> | +0,75 | 39.93 | 1:23.69 |
| 23.  | Rio Babic             | Steenwijk 1934       | 1:24.22 | 201200867 | <b>1:23.91</b> | +0,73 | 40.44 | 1:23.91 |
| 24.  | Wessel Vis            | De Treffers          | 1:26.32 | 201201273 | <b>1:24.20</b> | +0,72 | 40.53 | 1:24.20 |
| 25.  | Gijs Leeneman         | HZ&PC Heerenveen     | 1:23.91 | 201200479 | <b>1:24.42</b> | +0,64 | 39.83 | 1:24.42 |
| 26.  | Celestin van der Beek | PSV                  | 1:24.24 | 201201183 | <b>1:24.43</b> | +0,57 | 39.63 | 1:24.43 |
| 27.  | Mats van der Kamp     | Deltasteur           | 1:21.81 | 201200113 | <b>1:24.64</b> | +0,62 | 39.88 | 1:24.64 |
| 28.  | Thijs Valkenburg      | WVZ                  | 1:22.19 | 201201511 | <b>1:24.69</b> | +0,66 | 41.17 | 1:24.69 |
| 29.  | Maarten de Leeuw      | Deltasteur           | 1:24.79 | 201200241 | <b>1:24.75</b> | +0,76 | 39.77 | 1:24.75 |
| 30.  | Rutger Donker         | NDD                  | 1:22.32 | 201200361 | <b>1:24.83</b> | +0,72 | 39.90 | 1:24.83 |
| 31.  | Floris Meijers        | SWOL 1894            | 1:25.30 | 201300015 | <b>1:25.52</b> | +0,70 | 40.83 | 1:25.52 |
| 32.  | Luuk ten Asbroek      | Het Ravijn           | 1:26.75 | 201200601 | <b>1:26.18</b> | +0,71 | 40.79 | 1:26.18 |
| 33.  | Pieter de Jonge       | Aqua-Novio'94        | 1:27.04 | 201200211 | <b>1:26.23</b> | +0,77 | 40.72 | 1:26.23 |
| 34.  | Michael Simons        | PSV                  | 1:26.58 | 201200025 | <b>1:26.45</b> | +0,73 | 41.73 | 1:26.45 |
|      | Lars Thül             | SWOL 1894            | 1:28.00 | 201200119 | <b>1:26.45</b> | +0,80 | 40.90 | 1:26.45 |
| 36.  | Jaro Hermans          | PSV                  | 1:27.01 | 201200173 | <b>1:26.79</b> | +0,72 | 40.57 | 1:26.79 |
| 37.  | A. Janse van Rensburg | De Treffers          | 1:26.20 | 201202261 | <b>1:27.14</b> | +0,70 | 41.59 | 1:27.14 |
| 38.  | Finn Ostermann        | AZC                  | 1:30.23 | 201301059 | <b>1:29.00</b> | +0,73 | 42.41 | 1:29.00 |
| 39.  | Jesse Voet            | Aqua-Novio'94        | 1:33.34 | 201300057 | <b>1:29.58</b> | +0,81 | 42.30 | 1:29.58 |
| 40.  | Nouh Karman           | Zwemlust- den Hommel | 1:28.85 | 201201383 | <b>1:30.53</b> | +0,77 | 42.56 | 1:30.53 |

Programmanr. 38  
25-01-2026 - 10:30

Meisjes, 100m vlinderslag

Onder 14  
Resultaten

| rang | naam             | vereniging              | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|------------------|-------------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Julia Bannatyne  | BZ&PC                   | 1:06.86 | 201201020 | <b>1:06.95</b>   | +0,73 | 31.10 | 1:06.95 |
| 2.   | Caithlin Lakke   | Team Noord Holland (SG) | 1:10.52 | 201302438 | <b>1:10.86</b> * | +0,76 | 33.05 | 1:10.86 |
| 3.   | Simone Brobbel   | Hoeksche Waard (SG)     | 1:10.79 | 201200058 | <b>1:11.28</b>   | +0,74 | 33.90 | 1:11.28 |
| 4.   | Anouk Mulder     | De Columbiaan           | 1:10.79 | 201200962 | <b>1:12.49</b>   | +0,76 | 33.16 | 1:12.49 |
| 5.   | Alena Ytsma      | HZ&PC Heerenveen        | 1:10.59 | 201201736 | <b>1:12.67</b>   | +0,76 | 33.25 | 1:12.67 |
| 6.   | Coco Scheepers   | PSV                     | 1:12.22 | 201301462 | <b>1:13.04</b>   | +0,76 | 33.64 | 1:13.04 |
| 7.   | Julia Ketelaars  | Hellas-Glana            | 1:11.62 | 201200028 | <b>1:14.43</b>   | +0,89 | 34.24 | 1:14.43 |
| 8.   | Eva ter Horst    | ZPC Hoogeveen           | 1:17.57 | 201200070 | <b>1:14.86</b>   | +0,79 | 34.95 | 1:14.86 |
| 9.   | Elisa Obdam      | DAW                     | 1:11.37 | 201201444 | <b>1:14.88</b>   | +0,71 | 34.29 | 1:14.88 |
| 10.  | Fenna Gabriels   | ZPC Hoogeveen           | 1:14.01 | 201201230 | <b>1:14.99</b>   | +0,75 | 35.09 | 1:14.99 |
| 11.  | Mischa Brouwers  | Hieronymus              | 1:17.55 | 201202208 | <b>1:15.01</b>   | +0,74 | 33.38 | 1:15.01 |
| 12.  | Boukje de Baedts | Het Y                   | 1:17.11 | 201300756 | <b>1:15.15</b>   | +0,67 | 34.69 | 1:15.15 |
|      | V. Parkhomenko   | Het Y                   | 1:14.57 | 201301610 | <b>1:15.15</b>   | +0,72 | 34.92 | 1:15.15 |
| 14.  | Nova Volmer      | Deltasteur              | 1:14.36 | 201300426 | <b>1:15.33</b>   | +0,78 | 34.18 | 1:15.33 |
|      | 50m*             |                         |         |           |                  |       |       |         |
| 15.  | Guusje van Geest | ACZ                     | 1:14.43 | 201200352 | <b>1:15.62</b>   | +0,83 | 35.21 | 1:15.62 |
| 16.  | Fenna Beumer     | PSV                     | 1:16.78 | 201300176 | <b>1:16.16</b>   | +0,76 | 35.56 | 1:16.16 |
| 17.  | Benthe de Beer   | PSV                     | 1:16.42 | 201302638 | <b>1:16.53</b>   | +0,65 | 34.76 | 1:16.53 |
| 18.  | Fee Sevenants    | De Watervogels          | 1:13.13 | 201201884 | <b>1:16.56</b>   | +0,75 | 35.25 | 1:16.56 |
| 19.  | Lenny Bokkers    | De Zwoer                | 1:15.94 | 201300390 | <b>1:16.68</b>   | +0,73 | 34.95 | 1:16.68 |
| 20.  | Tatum Vered      | Blue Marlins            | 1:13.58 | 201201322 | <b>1:17.11</b>   | +0,78 | 34.92 | 1:17.11 |
| 21.  | Lieselot Penning | ZZ&PC De Devel          | 1:19.87 | 201200052 | <b>1:17.18</b>   | +0,70 | 36.42 | 1:17.18 |
| 22.  | Fay Jansen       | Aqua-Novio'94           | 1:18.16 | 201200154 | <b>1:17.30</b>   | +0,82 | 36.71 | 1:17.30 |
| 23.  | Saar Begeman     | ZPC de Kanaalstreek     | 1:16.74 | 201201594 | <b>1:17.65</b>   | +0,74 | 35.74 | 1:17.65 |
| 24.  | Valerie Rienties | Zwemsport Parkstad      | 1:16.51 | 201200400 | <b>1:17.78</b>   | +0,72 | 35.44 | 1:17.78 |
|      | 50m*             |                         |         |           |                  |       |       |         |
| 25.  | Karlijn Siero    | SWOL 1894               | 1:18.37 | 201201758 | <b>1:17.79</b>   | +0,93 | 36.11 | 1:17.79 |
| 26.  | Jazz Hollander   | ZZ&PC De Devel          | 1:18.94 | 201300528 | <b>1:18.29</b>   | +0,76 | 34.69 | 1:18.29 |

Programmanr. 38, Meisjes, 100m vlinderslag, Onder 14

| rang | naam                  | vereniging              | intijd            | tijd           | RT    | 50m   | 100m    |
|------|-----------------------|-------------------------|-------------------|----------------|-------|-------|---------|
| 27.  | Liva van Groningen    | Team Noord Holland (SG) | 1:14.75 201200280 | <b>1:19.11</b> | +0,75 | 34.82 | 1:19.11 |
| 28.  | Roubin van Kampen     | ZPCH                    | 1:19.94 201200370 | <b>1:19.38</b> | +0,88 | 37.27 | 1:19.38 |
| 29.  | Querine Schminnes     | ZC Borger               | 1:19.67 201200624 | <b>1:20.07</b> | +0,82 | 38.73 | 1:20.07 |
| 30.  | Tesse van de Wetering | Arethusa                | 1:23.83 201200780 | <b>1:20.38</b> | +0,78 | 37.65 | 1:20.38 |
| 31.  | Jinthe Kuiper         | SWOL 1894               | 1:22.14 201200688 | <b>1:21.43</b> | +0,71 | 36.82 | 1:21.43 |
| 32.  | Jet Hogervorst        | De Columbiaan           | 1:21.94 201200738 | <b>1:21.53</b> | +0,63 | 36.93 | 1:21.53 |
| 33.  | Joanne Strietman      | ZPC AMERSFOORT          | 1:22.47 201203784 | <b>1:23.17</b> | +0,74 | 36.22 | 1:23.17 |
| 34.  | Jana Nelissen         | PSV                     | 1:21.23 201200350 | <b>1:23.24</b> | +0,73 | 37.40 | 1:23.24 |
| 35.  | Fiene Quaak           | Z&PC De Ganze           | 1:26.44 201201142 | <b>1:23.28</b> | +0,78 | 37.71 | 1:23.28 |
| 36.  | Feline Bruns          | ZC Polaris              | 1:22.91 201200730 | <b>1:23.91</b> | +0,75 | 36.39 | 1:23.91 |
| 50m* |                       |                         |                   |                |       |       |         |
| 37.  | Charlotte Bakker      | BZ&PC                   | 1:21.13 201200524 | <b>1:24.47</b> | +0,72 | 38.27 | 1:24.47 |
| 38.  | Vicky Horens          | Hellas-Glana            | 1:17.12 201200252 | <b>1:25.69</b> | +0,67 | 35.80 | 1:25.69 |
| 39.  | Madeé Boezen          | Zignea                  | 1:25.34 201300782 | <b>1:25.81</b> | +0,70 | 38.15 | 1:25.81 |
| 40.  | Liv Schoon            | DAW                     | 1:26.93 201202112 | <b>1:30.31</b> | +0,70 | 39.15 | 1:30.31 |

Programmanr. 39  
25-01-2026 - 10:39

Jongens, 200m rugslag

Onder 16  
Resultaten

| rang  | naam                | vereniging           | intijd            | tijd           | RT      | 50m   | 100m    | 150m    | 200m    |
|-------|---------------------|----------------------|-------------------|----------------|---------|-------|---------|---------|---------|
| 1.    | Bink Elgersma       | Zwemlust- den Hommel | 2:09.84 201000137 | <b>2:08.79</b> | +0,69   | 30.06 | 1:02.52 | 1:35.85 | 2:08.79 |
| 2.    | Duco de Gelder      | Blue Marlins         | 2:11.75 201000217 | <b>2:10.49</b> | +0,64   | 30.45 | 1:03.35 | 1:37.12 | 2:10.49 |
| 3.    | Eli Shields         | Niemo Barracuda      | 2:13.12 201000407 | <b>2:10.57</b> | +0,63   | 31.00 | 1:04.37 | 1:37.81 | 2:10.57 |
| 4.    | Ramon Vos           | ZPC Hoogeveen        | 2:14.10 201100051 | <b>2:10.96</b> | +0,68   | 31.13 | 1:04.47 | 1:38.40 | 2:10.96 |
| 5.    | Gwee Bokma          | Zwemlust- den Hommel | 2:13.27 201002259 | <b>2:13.59</b> | +0,70   | 31.00 | 1:04.94 | 1:39.32 | 2:13.59 |
| 6.    | Matthijs de Wit     | KSN (SG)             | 2:15.68 201001215 | <b>2:14.85</b> | +0,62   | 32.21 | 1:06.65 | 1:41.20 | 2:14.85 |
| 50m*  |                     |                      |                   |                |         |       |         |         |         |
| 7.    | Ruben Kragt         | Dedemsvaart-AC       | 2:14.54 201000007 | <b>2:15.71</b> | +0,73   | 31.31 | 1:05.64 | 1:40.49 | 2:15.71 |
| 8.    | O. Hordienko        | ZV De Aalscholver    | 2:16.14 201003061 | <b>2:15.91</b> | +0,71   | 31.75 | 1:06.43 | 1:41.75 | 2:15.91 |
| 9.    | Kasper Lubbers      | Orca                 | 2:19.73 201100025 | <b>2:16.40</b> | +0,59   | 32.68 | 1:06.97 | 1:41.98 | 2:16.40 |
| 10.   | Milan Eikenaar      | SWOL 1894            | 2:20.25 201100599 | <b>2:16.82</b> | +0,74   | 32.13 | 1:06.78 | 1:42.32 | 2:16.82 |
| 11.   | Thijmen Pruijssers  | Hieronymus           | 2:19.05 201000129 | <b>2:16.91</b> | +0,63   | 32.43 | 1:07.49 | 1:42.81 | 2:16.91 |
| 12.   | Thijn Runia         | DZT '62              | 2:17.72 201000895 | <b>2:17.20</b> | +0,65   | 31.79 | 1:07.26 | 1:43.54 | 2:17.20 |
| 13.   | Finn Wensveen       | Zv de Ham            | 2:19.54 201000811 | <b>2:17.46</b> | +0,66   | 32.56 | 1:07.37 | 1:43.08 | 2:17.46 |
| 14.   | Dax Muijlaert       | SG Octopus - ZVV     | 2:19.28 201100535 | <b>2:17.49</b> | +0,67   | 31.55 | 1:06.19 | 1:41.95 | 2:17.49 |
| 15.   | Daan Mulder         | KSN (SG)             | 2:23.41 201100267 | <b>2:18.91</b> | +0,67   | 32.60 | 1:07.54 | 1:43.26 | 2:18.91 |
| 16.   | Matthijs van Velzen | Deltasteur           | 2:23.24 201100435 | <b>2:19.99</b> | +0,66   | 32.57 | 1:08.20 | 1:44.08 | 2:19.99 |
| 17.   | Daan Overmars       | OZ&PC                | 2:17.73 201100027 | <b>2:20.00</b> | * +0,57 | 32.17 | 1:07.12 | 1:43.30 | 2:20.00 |
| 18.   | Amor van der Veen   | Dedemsvaart-AC       | 2:14.24 201100197 | <b>2:20.83</b> | +0,65   | 31.03 | 1:06.07 | 1:43.32 | 2:20.83 |
| 19.   | Jorick Johannes     | HZ&PC Heerenveen     | 2:20.78 201000403 | <b>2:21.03</b> | +0,59   | 32.83 | 1:08.75 | 1:44.16 | 2:21.03 |
| 20.   | Roemer Bindels      | Blue Marlins         | 2:24.34 201003335 | <b>2:21.21</b> | +0,67   | 32.61 | 1:08.75 | 1:45.41 | 2:21.21 |
| 21.   | Myron Artemenko     | Niemo Barracuda      | 2:16.25 201003021 | <b>2:21.22</b> | +0,63   | 33.04 | 1:07.89 | 1:44.07 | 2:21.22 |
| 22.   | Nils Bellert        | SG Octopus - ZVV     | 2:26.20 201100347 | <b>2:21.61</b> | +0,69   | 33.19 | 1:09.42 | 1:46.38 | 2:21.61 |
| 23.   | Tristan Meijers     | SWOL 1894            | 2:22.72 201000089 | <b>2:22.19</b> | +0,71   | 34.30 | 1:10.56 | 1:47.25 | 2:22.19 |
| 24.   | Cayden Malone       | De Dolfijn           | 2:20.79 201002195 | <b>2:22.23</b> | +0,69   | 31.87 | 1:07.87 | 1:45.22 | 2:22.23 |
| 25.   | Mathieu Gepkens     | VZC                  | 2:21.01 201000045 | <b>2:22.51</b> | +0,70   | 33.61 | 1:09.49 | 1:46.25 | 2:22.51 |
| 26.   | Stijn Peters        | ZPC AMERSFOORT       | 2:23.78 201103581 | <b>2:22.73</b> | +0,87   | 33.89 | 1:09.82 | 1:46.70 | 2:22.73 |
| 27.   | Stijn Dijkstra      | DZ&PC                | 2:25.72 201000279 | <b>2:23.47</b> | +0,65   | 34.14 | 1:10.18 | 1:47.10 | 2:23.47 |
| 28.   | Roan Dijkstra       | Dedemsvaart-AC       | 2:24.05 201002791 | <b>2:24.30</b> | +0,76   | 32.80 | 1:08.92 | 1:47.09 | 2:24.30 |
| 29.   | Senn van Tongeren   | Tempo Valkenswaard   | 2:24.33 201001137 | <b>2:24.92</b> | +0,63   | 34.47 | 1:12.13 | 1:49.20 | 2:24.92 |
| 30.   | Zion Eijkenboom     | Hellas-Glana         | 2:23.88 201100043 | <b>2:25.85</b> | +0,70   | 34.61 | 1:11.57 | 1:48.97 | 2:25.85 |
| 31.   | Finn Knijnenburg    | De Columbiaan        | 2:23.11 201101319 | <b>2:27.61</b> | +0,60   | 33.34 | 1:10.78 | 1:49.61 | 2:27.61 |
| 32.   | Girish Nolden       | Blue Marlins         | 2:22.97 201000087 | <b>2:27.97</b> | +0,62   | 34.77 | 1:12.00 | 1:50.48 | 2:27.97 |
| 100m* |                     |                      |                   |                |         |       |         |         |         |
| 33.   | Stan Nijhuis        | OZ&PC                | 2:26.27 201100191 | <b>2:29.17</b> | * +0,76 | 34.78 | 1:12.58 | 1:51.01 | 2:29.17 |

Programmanr. 39, Jongens, 200m rugslag, Onder 16

| rang naam               | vereniging     | intijd  | tijd      | RT | 50m | 100m | 150m | 200m |
|-------------------------|----------------|---------|-----------|----|-----|------|------|------|
| AFGEM Abel op den Velde | De Duinkikkers | 2:11.21 | 201000079 |    |     |      |      |      |
| NG Tycho Wienbelt       | De Vikings     | 2:21.25 | 201001397 |    |     |      |      |      |

Programmanr. 40  
25-01-2026 - 10:56

Meisjes, 200m rugslag

Onder 16  
Resultaten

| rang naam               | vereniging           | intijd  | tijd      | RT             | 50m     | 100m  | 150m    | 200m    |         |
|-------------------------|----------------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Nina van der Schrier | AZC                  | 2:14.50 | 201000444 | <b>2:14.26</b> | +0,68   | 32.03 | 1:06.03 | 1:40.13 | 2:14.26 |
| 2. Malin Roozeboom      | WVZ                  | 2:13.20 | 201100006 | <b>2:17.27</b> | * +0,67 | 32.65 | 1:08.04 | 1:42.79 | 2:17.27 |
| 3. Elin Reinstra        | TriVia               | 2:22.77 | 201100842 | <b>2:20.14</b> | * +0,66 | 32.79 | 1:08.06 | 1:44.30 | 2:20.14 |
| 4. Fenna Zusterzeel     | PSV                  | 2:23.02 | 201000008 | <b>2:21.61</b> | +0,55   | 33.01 | 1:08.52 | 1:44.91 | 2:21.61 |
| 5. Romy de Graaf        | Hellas-Glana         | 2:28.06 | 201003660 | <b>2:24.19</b> | +0,72   | 33.48 | 1:09.94 | 1:47.55 | 2:24.19 |
| 6. Tess van de Steeg    | WVZ                  | 2:25.57 | 201000016 | <b>2:25.78</b> | * +0,67 | 33.66 | 1:10.61 | 1:48.06 | 2:25.78 |
| 7. Lobke Hempenius      | HZ&PC Heerenveen     | 2:27.20 | 201100522 | <b>2:26.24</b> | +0,70   | 33.74 | 1:10.76 | 1:48.89 | 2:26.24 |
| 8. Yanique Bax          | ZPC AMERSFOORT       | 2:28.27 | 201001428 | <b>2:26.71</b> | +0,71   | 33.56 | 1:10.19 | 1:48.72 | 2:26.71 |
| 9. Erin de Jong         | LinK                 | 2:29.18 | 201000024 | <b>2:29.46</b> | +0,64   | 35.10 | 1:13.34 | 1:51.83 | 2:29.46 |
| 10. Nicole Pestman      | DZ&PC                | 2:30.58 | 201000668 | <b>2:29.48</b> | +0,62   | 34.80 | 1:12.67 | 1:51.56 | 2:29.48 |
| 11. Casharell Kraan     | Blue Marlins         | 2:28.40 | 201103426 | <b>2:30.02</b> | +0,75   | 34.89 | 1:13.04 | 1:52.60 | 2:30.02 |
| 12. Raegan Belmar       | Albion               | 2:27.50 | 201004070 | <b>2:31.16</b> | +0,77   | 34.33 | 1:12.19 | 1:51.75 | 2:31.16 |
| 13. Tess Meeuwissen     | De Columbiaan        | 2:31.67 | 201000370 | <b>2:31.47</b> | +0,67   | 33.43 | 1:11.27 | 1:51.30 | 2:31.47 |
| 14. Noortje Bisperink   | ZPC AMERSFOORT       | 2:31.84 | 201100486 | <b>2:31.80</b> | +0,70   | 36.04 | 1:14.75 | 1:53.67 | 2:31.80 |
| 15. Mirthe de Haan      | ZCNF'34              | 2:33.05 | 201000866 | <b>2:31.81</b> | +0,67   | 36.15 | 1:15.32 | 1:54.29 | 2:31.81 |
| 16. Mette Hogenhuis     | Zwemlust- den Hommel | 2:30.34 | 201101254 | <b>2:31.95</b> | +0,91   | 35.31 | 1:14.31 | 1:53.81 | 2:31.95 |
| 17. Elin Baars          | DWK                  | 2:28.02 | 201000138 | <b>2:32.38</b> | +0,61   | 35.54 | 1:14.41 | 1:53.60 | 2:32.38 |
| 18. Maria Zuideveld     | Aachener SV 06       | 2:30.30 | 494695    | <b>2:32.45</b> | +0,72   | 34.88 | 1:13.40 | 1:53.06 | 2:32.45 |
| 19. Nina Tetteroo       | De Columbiaan        | 2:32.55 | 201000048 | <b>2:32.56</b> | * +0,79 | 36.12 | 1:14.57 | 1:54.04 | 2:32.56 |
| 20. Sara Creemers       | Hellas-Glana         | 2:34.10 | 201100242 | <b>2:32.57</b> | +0,70   | 35.58 | 1:14.54 | 1:54.62 | 2:32.57 |
| 21. Milou Filemon       | Blue Marlins         | 2:30.06 | 201100078 | <b>2:32.65</b> | +0,74   | 36.15 | 1:14.75 | 1:54.43 | 2:32.65 |
| 22. Kyara Balt          | De Vikings           | 2:28.09 | 201100306 | <b>2:33.24</b> | * +0,75 | 36.57 | 1:15.76 | 1:54.62 | 2:33.24 |
| 23. Esmee Reuver        | ZC Polaris           | 2:32.18 | 201100846 | <b>2:33.65</b> | +0,70   | 35.46 | 1:14.60 | 1:54.27 | 2:33.65 |
| 24. Femke ter Horst     | ZPC Hoogeveen        | 2:34.09 | 201000108 | <b>2:34.96</b> | +0,78   | 35.97 | 1:15.66 | 1:55.07 | 2:34.96 |
| 25. Tess Dugandzic      | Zuiderzeezwemmers    | 2:34.19 | 201002908 | <b>2:35.03</b> | +0,65   | 35.79 | 1:14.92 | 1:55.08 | 2:35.03 |
| 26. Elke Kriesels       | Blue Marlins         | 2:33.36 | 201100898 | <b>2:35.85</b> | * +0,62 | 36.43 | 1:15.43 | 1:55.94 | 2:35.85 |
| 27. Noa Spaans          | De Dolfijn           | 2:32.94 | 201100222 | <b>2:36.56</b> | * +0,64 | 35.42 | 1:14.20 | 1:55.01 | 2:36.56 |
| 28. Hanna Heller        | ZPC AMERSFOORT       | 2:34.76 | 201102730 | <b>2:36.90</b> | +0,79   | 36.39 | 1:15.72 | 1:56.56 | 2:36.90 |
| 29. Ylène Zondervan     | ZPC AMERSFOORT       | 2:30.28 | 201200016 | <b>2:37.12</b> | +0,75   | 36.17 | 1:15.56 | 1:56.36 | 2:37.12 |
| 30. Jayna Wagemakers    | Hieronimus           | 2:31.52 | 201000226 | <b>2:38.32</b> | +0,81   | 36.43 | 1:16.03 | 1:57.56 | 2:38.32 |
| AFGEM Tessa van Beek    | DWK                  | 2:29.91 | 201001446 |                |         |       |         |         |         |

Programmanr. 41  
25-01-2026 - 11:24

Jongens, 200m vrije slag

Onder 16  
Resultaten

| rang naam              | vereniging           | intijd  | tijd      | RT             | 50m   | 100m  | 150m    | 200m    |         |
|------------------------|----------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Bink Elgersma       | Zwemlust- den Hommel | 1:57.90 | 201000137 | <b>1:55.63</b> | +0,71 | 26.12 | 55.91   | 1:26.27 | 1:55.63 |
| 2. Baris Tomu          | ZPCH                 | 2:00.26 | 201000869 | <b>1:58.09</b> | +0,63 | 27.35 | 57.31   | 1:28.18 | 1:58.09 |
| 3. Ruben Kragt         | Dedemsvaart-AC       | 1:59.55 | 201000007 | <b>1:58.23</b> | +0,69 | 27.59 | 57.67   | 1:28.51 | 1:58.23 |
| 4. Mattias Stolk       | HZ&PC Heerenveen     | 1:59.10 | 201000525 | <b>1:58.84</b> | +0,76 | 27.42 | 57.86   | 1:28.72 | 1:58.84 |
| 5. Ramon Vos           | ZPC Hoogeveen        | 2:01.39 | 201100051 | <b>1:59.58</b> | +0,70 | 27.69 | 58.19   | 1:29.16 | 1:59.58 |
| 6. Giovanni Wolfgang   | MSV-Zeemacht         | 2:00.97 | 201100859 | <b>2:01.31</b> | +0,66 | 26.95 | 57.33   | 1:28.80 | 2:01.31 |
| 7. Henry Watson        | De Dolfijn           | 2:01.45 | 201001703 | <b>2:02.44</b> | +0,72 | 28.16 | 59.25   | 1:31.08 | 2:02.44 |
| 8. Mauro Bedeke        | DAW                  | 2:03.29 | 201000537 | <b>2:02.59</b> | +0,64 | 27.79 | 58.93   | 1:31.19 | 2:02.59 |
| 9. Mees Janssen        | Blue Marlins         | 2:03.50 | 201102025 | <b>2:02.77</b> | +0,66 | 28.40 | 59.90   | 1:31.68 | 2:02.77 |
| 10. Nick Vodde         | AZ&PC De Futen       | 2:01.70 | 201002211 | <b>2:02.93</b> | +0,63 | 28.17 | 59.32   | 1:31.17 | 2:02.93 |
| 11. D. van den Nouland | Blue Marlins         | 2:03.12 | 201000071 | <b>2:03.89</b> | +0,68 | 28.64 | 1:00.07 | 1:32.24 | 2:03.89 |

Programmanr. 41, Jongens, 200m vrije slag, Onder 16

| rang naam               | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------------|----------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 11. Douwe Enzerink      | ZPC AMERSFOORT       | 2:06.29 201102657 | <b>2:03.89</b> | +0,70 | 28.39 | 59.81   | 1:32.26 | 2:03.89 |
| 13. Sam Diederer        | Hellas-Glana         | 2:07.67 201001863 | <b>2:03.90</b> | +0,71 | 27.95 | 58.82   | 1:31.06 | 2:03.90 |
| 14. Mathijs de Wit      | KSN (SG)             | 2:04.05 201001215 | <b>2:03.96</b> | +0,65 | 29.17 | 1:00.59 | 1:32.86 | 2:03.96 |
| 15. Daan Mulder         | KSN (SG)             | 2:06.67 201100267 | <b>2:04.00</b> | +0,85 | 29.27 | 1:00.93 | 1:32.77 | 2:04.00 |
| 16. Rafael Agterbos     | OZ&PC                | 2:07.04 201000171 | <b>2:04.17</b> | +0,73 | 28.81 | 1:00.34 | 1:32.26 | 2:04.17 |
| 17. A. van der Sluis    | PSV                  | 2:00.77 201003425 | <b>2:04.54</b> | +0,64 | 27.46 | 59.10   | 1:31.95 | 2:04.54 |
| 18. Gerdian Leeftink    | ZPC De Hof           | 2:06.31 201000091 | <b>2:04.73</b> | +0,81 | 28.63 | 1:00.53 | 1:33.57 | 2:04.73 |
| 19. Tren Wullms         | Hellas-Glana         | 2:05.42 201000469 | <b>2:04.74</b> | +0,75 | 29.10 | 1:00.87 | 1:33.12 | 2:04.74 |
| 20. Kris Westerhout     | ZZ&PC De Devel       | 2:05.02 201000883 | <b>2:04.79</b> | +0,69 | 29.00 | 1:00.86 | 1:33.68 | 2:04.79 |
| 21. Kasper Lubbers      | Orca                 | 2:06.86 201100025 | <b>2:04.97</b> | +0,64 | 29.89 | 1:02.33 | 1:34.15 | 2:04.97 |
| 22. Tristan Meijers     | SWOL 1894            | 2:06.46 201000089 | <b>2:05.17</b> | +0,73 | 29.26 | 1:00.79 | 1:33.45 | 2:05.17 |
| 23. Daan Overmars       | OZ&PC                | 2:04.30 201100027 | <b>2:05.37</b> | +0,66 | 28.58 | 1:00.26 | 1:33.15 | 2:05.37 |
| 24. Mathijs Boersma     | ZPC Hoogeveen        | 2:02.43 201000313 | <b>2:05.41</b> | +0,75 | 28.03 | 59.05   | 1:31.68 | 2:05.41 |
| 25. Matthijs van Velzen | Deltasteur           | 2:05.88 201100435 | <b>2:05.46</b> | +0,60 | 28.89 | 1:00.32 | 1:33.09 | 2:05.46 |
| 26. Stijn Dijkstra      | DZ&PC                | 2:07.94 201000279 | <b>2:06.00</b> | +0,71 | 29.06 | 1:01.08 | 1:33.75 | 2:06.00 |
| 27. Dewin Volker        | OZ&PC                | 2:09.69 201101935 | <b>2:06.32</b> | +0,68 | 29.19 | 1:01.20 | 1:34.19 | 2:06.32 |
| 28. Tygo Kamps          | MZ&PC Maastricht     | 2:08.11 201000987 | <b>2:06.37</b> | +0,73 | 29.29 | 1:01.37 | 1:34.46 | 2:06.37 |
| 29. Thijs Jonkman       | De Duck              | 2:06.75 201000481 | <b>2:06.63</b> | +0,74 | 29.03 | 1:01.13 | 1:33.35 | 2:06.63 |
| 30. Maxwell Russel      | ZPCH                 | 2:09.32 201002715 | <b>2:07.07</b> | +0,71 | 28.50 | 1:00.95 | 1:33.71 | 2:07.07 |
| 31. Berat Baykal        | PSV                  | 2:06.27 201003507 | <b>2:08.12</b> | +0,70 | 28.73 | 1:00.38 | 1:34.27 | 2:08.12 |
| 32. Stan Rothschild     | ZPC Hoogeveen        | 2:08.32 201000353 | <b>2:08.34</b> | +0,71 | 28.82 | 1:01.09 | 1:34.67 | 2:08.34 |
| 33. Costijn van Elst    | Blue Marlins         | 2:07.30 201100317 | <b>2:08.40</b> | +0,69 | 28.15 | 1:00.48 | 1:34.04 | 2:08.40 |
| 34. Kick Germers        | SWOL 1894            | 2:08.77 201000185 | <b>2:09.04</b> | +0,80 | 30.36 | 1:03.01 | 1:36.04 | 2:09.04 |
| 35. Milan Schuilenburg  | ZPC AMERSFOORT       | 2:08.05 201000935 | <b>2:09.21</b> | +0,71 | 29.69 | 1:02.42 | 1:36.35 | 2:09.21 |
| 36. Mees de Vries       | Zwemlust- den Hommel | 2:08.16 201001151 | <b>2:09.74</b> | +0,77 | 28.94 | 1:02.19 | 1:36.80 | 2:09.74 |
| 37. Maarten Dijs        | GoSwim               | 2:10.03 201000135 | <b>2:10.12</b> | +0,77 | 29.21 | 1:01.77 | 1:35.70 | 2:10.12 |
| 38. Thijmen Holterman   | ZPC De Hof           | 2:08.08 201000005 | <b>2:10.93</b> | +0,97 | 29.96 | 1:03.51 | 1:38.16 | 2:10.93 |
| 50 en 100m*             |                      |                   |                |       |       |         |         |         |
| 39. David van der Valk  | Wiekslag             | 2:09.79 201100519 | <b>2:11.88</b> | +0,72 | 29.83 | 1:03.12 | 1:37.67 | 2:11.88 |
| 40. Stan Nijhuis        | OZ&PC                | 2:09.48 201100191 | <b>2:13.64</b> | +0,80 | 30.77 | 1:04.72 | 1:39.53 | 2:13.64 |
| 41. Evren Ege Orcunus   | De Dolfijn           | 2:05.67 201003253 | <b>2:15.72</b> | +0,72 | 28.79 | 1:00.44 | 1:39.21 | 2:15.72 |
| 42. Gwee Bokma          | Zwemlust- den Hommel | 2:08.01 201002259 | <b>2:15.99</b> | +0,71 | 29.26 | 1:02.86 | 1:38.94 | 2:15.99 |
| AFGEM Abel op den Velde | De Duinkikkers       | 1:59.97 201000079 |                |       |       |         |         |         |

Programmanr. 42  
25-01-2026 - 11:40

Meisjes, 200m vlinderslag

Onder 16  
Resultaten

| rang naam                   | vereniging     | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------------|----------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Hannah Huisman           | De Dolfijn     | 2:24.94 201000002 | <b>2:19.20</b> | +0,76 | 30.58 | 1:05.06 | 1:40.91 | 2:19.20 |
| <i>Kampioenschapsrecord</i> |                |                   |                |       |       |         |         |         |
| 2. Odenza Soselisa          | Blue Marlins   | 2:22.79 201101780 | <b>2:24.58</b> | +0,74 | 31.43 | 1:07.96 | 1:45.33 | 2:24.58 |
| 3. Fenne Metten             | ZPC AMERSFOORT | 2:25.85 201000102 | <b>2:25.81</b> | +0,81 | 32.03 | 1:09.33 | 1:48.39 | 2:25.81 |
| 4. Frédérique Nijziel       | De Dolfijn     | 2:31.34 201103114 | <b>2:26.13</b> | +0,71 | 32.90 | 1:11.03 | 1:47.91 | 2:26.13 |
| 5. Mariia Kostina           | Blue Marlins   | 2:25.77 201002042 | <b>2:27.95</b> | +0,76 | 31.76 | 1:09.28 | 1:48.31 | 2:27.95 |
| 6. Mia Hoeflaken            | PSV            | 2:26.55 201004108 | <b>2:29.03</b> | +0,68 | 33.07 | 1:10.99 | 1:49.80 | 2:29.03 |
| 7. Esra Simon               | Hellas-Glana   | 2:32.55 201100004 | <b>2:33.62</b> | +0,86 | 33.95 | 1:12.70 | 1:53.07 | 2:33.62 |
| 8. Erin de Jong             | LinK           | 2:33.71 201000024 | <b>2:35.97</b> | +0,78 | 32.73 | 1:11.85 | 1:53.06 | 2:35.97 |
| 9. Femke ter Horst          | ZPC Hoogeveen  | 2:37.50 201000108 | <b>2:36.71</b> | +0,78 | 34.69 | 1:14.16 | 1:55.40 | 2:36.71 |
| 10. Noa van Zalk            | ZPC AMERSFOORT | 2:36.46 201102534 | <b>2:37.71</b> | +0,72 | 32.61 | 1:11.09 | 1:53.65 | 2:37.71 |
| 100m*                       |                |                   |                |       |       |         |         |         |
| 11. Alaine Lomans           | Hellas-Glana   | 2:36.26 201000420 | <b>2:37.90</b> | +0,73 | 33.17 | 1:12.90 | 1:54.71 | 2:37.90 |
| 12. K. Makhmadiyarova       | Blue Marlins   | 2:41.44 201103178 | <b>2:42.88</b> | +0,80 | 35.41 | 1:17.50 | 2:00.87 | 2:42.88 |
| 13. Elle van Gemen          | DAW            | 2:39.44 201100428 | <b>2:44.67</b> | +0,75 | 33.57 | 1:15.18 | 2:00.41 | 2:44.67 |
| 14. Kyara Balt              | De Vikings     | 2:36.63 201100306 | <b>2:46.55</b> | +0,86 | 36.29 | 1:18.84 | 2:03.38 | 2:46.55 |
| 100m*                       |                |                   |                |       |       |         |         |         |



Programmanr. 42, Meisjes, 200m vlinderslag, Onder 16

| rang naam            | vereniging     | intijd  | tijd      | RT | 50m | 100m | 150m | 200m |
|----------------------|----------------|---------|-----------|----|-----|------|------|------|
| NG Brechtje Slootweg | ZPC AMERSFOORT | 2:34.01 | 201101744 |    |     |      |      |      |

Programmanr. 43  
25-01-2026 - 15:30

Jongens, 200m wisselslag

Onder 16  
Resultaten

| rang naam               | vereniging           | intijd  | tijd      | RT             | 50m     | 100m  | 150m    | 200m    |         |
|-------------------------|----------------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Duco de Gelder       | Blue Marlins         | 2:13.36 | 201000217 | <b>2:11.51</b> | +0,73   | 28.96 | 1:01.96 | 1:41.34 | 2:11.51 |
| 2. Bink Elgersma        | Zwemlust- den Hommel | 2:16.75 | 201000137 | <b>2:12.47</b> | +0,72   | 28.70 | 1:02.45 | 1:43.09 | 2:12.47 |
| 3. Eli Shields          | Niemo Barracuda      | 2:15.29 | 201000407 | <b>2:13.07</b> | +0,68   | 28.92 | 1:02.58 | 1:41.86 | 2:13.07 |
| 4. Mattias Stolk        | HZ&PC Heerenveen     | 2:15.60 | 201000525 | <b>2:14.92</b> | +0,77   | 29.44 | 1:05.49 | 1:43.45 | 2:14.92 |
| 5. D. van den Nouland   | Blue Marlins         | 2:17.72 | 201000071 | <b>2:15.61</b> | +0,72   | 30.28 | 1:06.10 | 1:44.09 | 2:15.61 |
| 6. Giovanni Wolfgang    | MSV-Zeemacht         | 2:19.14 | 201100859 | <b>2:15.94</b> | +0,65   | 28.64 | 1:05.03 | 1:44.95 | 2:15.94 |
| 7. Ruben Kragt          | Dedemsvaart-AC       | 2:16.08 | 201000007 | <b>2:16.37</b> | +0,69   | 29.19 | 1:04.25 | 1:45.06 | 2:16.37 |
| 8. Max van der Spank    | TRB-RES              | 2:17.40 | 201000275 | <b>2:16.51</b> | +0,63   | 28.94 | 1:03.84 | 1:44.48 | 2:16.51 |
| 9. Thijmen Pruijssers   | Hieronymus           | 2:20.02 | 201000129 | <b>2:17.97</b> | +0,63   | 29.56 | 1:05.23 | 1:45.95 | 2:17.97 |
| 10. Thijn Runia         | DZT '62              | 2:18.85 | 201000895 | <b>2:18.22</b> | +0,75   | 30.47 | 1:06.72 | 1:44.98 | 2:18.22 |
| 11. Kasper Lubbers      | Orca                 | 2:21.17 | 201100025 | <b>2:18.45</b> | +0,67   | 31.87 | 1:07.49 | 1:46.63 | 2:18.45 |
| 12. Myron Artemenko     | Niemo Barracuda      | 2:14.87 | 201003021 | <b>2:18.56</b> | +0,69   | 29.67 | 1:04.50 | 1:45.52 | 2:18.56 |
| 13. Cayden Malone       | De Dolfijn           | 2:18.60 | 201002195 | <b>2:18.73</b> | +0,68   | 30.00 | 1:05.67 | 1:46.97 | 2:18.73 |
| 14. Henry Watson        | De Dolfijn           | 2:17.63 | 201001703 | <b>2:19.25</b> | +0,66   | 30.07 | 1:05.24 | 1:46.48 | 2:19.25 |
| 15. Baris Tomu          | ZPCH                 | 2:20.85 | 201000869 | <b>2:19.47</b> | +0,67   | 30.56 | 1:06.27 | 1:49.01 | 2:19.47 |
| 16. Ramon Vos           | ZPC Hoogeveen        | 2:20.09 | 201100051 | <b>2:19.83</b> | +0,76   | 31.47 | 1:06.34 | 1:49.13 | 2:19.83 |
| 17. Gwee Bokma          | Zwemlust- den Hommel | 2:22.02 | 201002259 | <b>2:20.17</b> | +0,71   | 29.44 | 1:04.47 | 1:46.53 | 2:20.17 |
| 18. Daan Mulder         | KSN (SG)             | 2:23.49 | 201100267 | <b>2:20.43</b> | +0,78   | 29.51 | 1:04.82 | 1:47.79 | 2:20.43 |
| 19. Daan Overmars       | OZ&PC                | 2:23.99 | 201100027 | <b>2:20.52</b> | +0,65   | 29.58 | 1:03.88 | 1:46.32 | 2:20.52 |
| 20. S. Hageman          | Steenwijk 1934       | 2:19.23 | 201000009 | <b>2:20.92</b> | +0,62   | 30.40 | 1:06.42 | 1:48.03 | 2:20.92 |
| 21. Kick Germers        | SWOL 1894            | 2:21.50 | 201000185 | <b>2:20.94</b> | +0,83   | 31.38 | 1:08.26 | 1:48.01 | 2:20.94 |
| 22. Mathijs de Wit      | KSN (SG)             | 2:19.44 | 201001215 | <b>2:21.00</b> | +0,71   | 31.32 | 1:05.80 | 1:48.72 | 2:21.00 |
| 23. Douwe Enzerink      | ZPC AMERSFOORT       | 2:22.72 | 201102657 | <b>2:21.25</b> | +0,63   | 30.59 | 1:09.02 | 1:49.56 | 2:21.25 |
| 24. Nils Bellert        | SG Octopus - ZVV     | 2:24.86 | 201100347 | <b>2:21.60</b> | +0,70   | 30.22 | 1:07.63 | 1:49.53 | 2:21.60 |
| 25. Kris Westerhout     | ZZ&PC De Devel       | 2:22.18 | 201000883 | <b>2:21.81</b> | +0,62   | 31.32 | 1:08.54 | 1:49.11 | 2:21.81 |
| 26. Milan Schuilenburg  | ZPC AMERSFOORT       | 2:24.19 | 201000935 | <b>2:21.94</b> | +0,70   | 31.00 | 1:11.08 | 1:49.67 | 2:21.94 |
| 27. Mauro Bedeke        | DAW                  | 2:23.42 | 201000537 | <b>2:22.04</b> | +0,66   | 29.65 | 1:07.43 | 1:49.96 | 2:22.04 |
| 28. Tristan Meijers     | SWOL 1894            | 2:26.04 | 201000089 | <b>2:22.16</b> | * +0,75 | 31.45 | 1:08.13 | 1:50.68 | 2:22.16 |
| 29. Thijs Jonkman       | De Duck              | 2:24.64 | 201000481 | <b>2:22.28</b> | +0,70   | 29.72 | 1:06.53 | 1:49.50 | 2:22.28 |
| 30. Girish Nolden       | Blue Marlins         | 2:24.20 | 201000087 | <b>2:22.35</b> | +0,73   | 29.19 | 1:06.44 | 1:49.92 | 2:22.35 |
| 31. Dewin Volker        | OZ&PC                | 2:23.96 | 201101935 | <b>2:22.49</b> | +0,65   | 30.97 | 1:07.57 | 1:48.59 | 2:22.49 |
| 32. Jorick Johannes     | HZ&PC Heerenveen     | 2:23.71 | 201000403 | <b>2:22.67</b> | +0,61   | 30.26 | 1:07.69 | 1:50.68 | 2:22.67 |
| 33. Zion Eijkenboom     | Hellas-Glana         | 2:25.99 | 201100043 | <b>2:23.15</b> | +0,74   | 30.26 | 1:06.88 | 1:51.20 | 2:23.15 |
| 34. Berat Baykal        | PSV                  | 2:23.78 | 201003507 | <b>2:23.27</b> | +0,69   | 30.73 | 1:07.39 | 1:49.72 | 2:23.27 |
| 35. Stijn Peters        | ZPC AMERSFOORT       | 2:24.21 | 201103581 | <b>2:24.85</b> | +0,77   | 32.27 | 1:09.65 | 1:50.41 | 2:24.85 |
| 36. Matthijs van Velzen | Deltasteur           | 2:23.42 | 201100435 | <b>2:24.87</b> | +0,59   | 30.53 | 1:06.66 | 1:51.42 | 2:24.87 |
| 37. Nathan Magava       | De Dolfijn           | 2:25.17 | 201003067 | <b>2:25.63</b> | +0,61   | 30.09 | 1:10.15 | 1:51.76 | 2:25.63 |
| 38. Finn Knijnenburg    | De Columbiaan        | 2:26.15 | 201101319 | <b>2:25.97</b> | +0,67   | 30.01 | 1:06.59 | 1:51.54 | 2:25.97 |
| AFGEM Abel op den Velde | De Duinklikkers      | 2:22.63 | 201000079 |                |         |       |         |         |         |
| NG Tycho Wienbelt       | De Vikings           | 2:23.45 | 201001397 |                |         |       |         |         |         |
| NG Mathieu Gepkens      | VZC                  | 2:23.69 | 201000045 |                |         |       |         |         |         |
| NG Sven Potappel        | DWK                  | 2:16.52 | 201000127 |                |         |       |         |         |         |

Programmanr. 44  
25-01-2026 - 15:47

Meisjes, 400m vrije slag

Onder 16  
Resultaten

| rang naam                                         | vereniging           | intijd  |           | tijd             | RT    | 100m    | 200m    | 300m    | 400m    |
|---------------------------------------------------|----------------------|---------|-----------|------------------|-------|---------|---------|---------|---------|
| 1. Yill van Bezouw<br><i>Kampioenschapsrecord</i> | Hieronymus           | 4:13.99 | 201100704 | <b>4:14.09</b>   | +0,72 | 1:00.41 | 2:05.02 | 3:10.23 | 4:14.09 |
| 2. Fenne Metten                                   | ZPC AMERSFOORT       | 4:16.76 | 201000102 | <b>4:20.84</b>   | +0,81 | 1:01.93 | 2:08.20 | 3:14.66 | 4:20.84 |
| 3. Hannah Huisman<br><i>200m*</i>                 | De Dolfijn           | 4:25.80 | 201000002 | <b>4:28.66</b>   | +0,75 | 1:03.54 | 2:12.01 | 3:21.09 | 4:28.66 |
| 4. Nina van der Schrier                           | AZC                  | 4:27.93 | 201000444 | <b>4:33.36</b>   | +0,75 | 1:04.42 | 2:14.19 | 3:24.30 | 4:33.36 |
| 5. Elin Reinstra                                  | TriVia               | 4:33.44 | 201100842 | <b>4:34.39</b>   | +0,81 | 1:06.05 | 2:16.04 | 3:25.82 | 4:34.39 |
| 6. Anna Lepoutre                                  | PSV                  | 4:30.33 | 201100534 | <b>4:34.89</b>   | +0,64 | 1:04.10 | 2:14.21 | 3:24.40 | 4:34.89 |
| 7. Nina Tetteroo                                  | De Columbiaan        | 4:38.66 | 201000048 | <b>4:34.94</b>   | +0,80 | 1:04.14 | 2:13.88 | 3:24.56 | 4:34.94 |
| 8. Pien Walstra                                   | De Treffers          | 4:46.70 | 201101034 | <b>4:37.59</b>   | +0,76 | 1:05.78 | 2:17.99 | 3:29.17 | 4:37.59 |
| 9. Erin de Jong                                   | Link                 | 4:44.26 | 201000024 | <b>4:41.20</b>   | +0,76 | 1:06.41 | 2:18.02 | 3:30.56 | 4:41.20 |
| 10. Faye Thijsse                                  | WVZ                  | 4:40.85 | 201001364 | <b>4:41.59</b>   | +0,82 | 1:05.72 | 2:18.32 | 3:30.15 | 4:41.59 |
| 11. Ilse Jongepier                                | TriVia               | 4:41.86 | 201000006 | <b>4:42.21</b>   | +0,93 | 1:05.74 | 2:18.27 | 3:30.95 | 4:42.21 |
| 12. Frédérique Nijziel                            | De Dolfijn           | 4:44.44 | 201103114 | <b>4:42.32</b>   | +0,73 | 1:08.21 | 2:20.13 | 3:31.90 | 4:42.32 |
| 13. Casharell Kraan                               | Blue Marlins         | 4:38.59 | 201103426 | <b>4:42.60</b>   | +0,67 | 1:04.39 | 2:17.22 | 3:31.79 | 4:42.60 |
| 14. Rozalia Diederiks                             | ZVL-1886             | 4:42.69 | 201100904 | <b>4:42.66</b>   | +0,82 | 1:06.28 | 2:18.08 | 3:30.93 | 4:42.66 |
| 15. Yanique Bax                                   | ZPC AMERSFOORT       | 4:41.33 | 201001428 | <b>4:43.17</b>   | +0,75 | 1:06.68 | 2:19.27 | 3:31.97 | 4:43.17 |
| 16. Dana Bulters                                  | De Dolfijn           | 4:44.29 | 201104138 | <b>4:43.86</b>   | +0,71 | 1:05.88 | 2:19.46 | 3:32.76 | 4:43.86 |
| 17. Milou Filemon                                 | Blue Marlins         | 4:37.04 | 201100078 | <b>4:43.89</b>   | +0,68 | 1:07.11 | 2:18.41 | 3:30.65 | 4:43.89 |
| 18. Florian Pot                                   | OZ&PC                | 4:41.97 | 201000768 | <b>4:44.33</b>   | +0,90 | 1:07.17 | 2:19.73 | 3:32.54 | 4:44.33 |
| 19. Lobke Hempenius                               | HZ&PC Heerenveen     | 4:48.00 | 201100522 | <b>4:44.67</b>   | +0,76 | 1:05.16 | 2:17.29 | 3:31.04 | 4:44.67 |
| 20. Famke Franzen                                 | De Schotelijl        | 4:39.69 | 201000058 | <b>4:46.28</b>   | +0,76 | 1:04.82 | 2:17.54 | 3:32.19 | 4:46.28 |
| 21. Romy de Graaf                                 | Hellas-Glana         | 4:47.25 | 201003660 | <b>4:46.37</b>   | +0,82 | 1:07.69 | 2:20.70 | 3:34.92 | 4:46.37 |
| 22. Alaine Lomans                                 | Hellas-Glana         | 4:46.94 | 201000420 | <b>4:46.40</b>   | +0,75 | 1:06.99 | 2:19.99 | 3:34.14 | 4:46.40 |
| 23. Julia Dąbrowska                               | Blue Marlins         | 4:45.68 | 201000300 | <b>4:46.52</b>   | +0,78 | 1:06.52 | 2:20.24 | 3:34.77 | 4:46.52 |
| 24. Mette Hogenhuis                               | Zwemlust- den Hommel | 4:47.00 | 201101254 | <b>4:46.99</b>   | +0,83 | 1:08.17 | 2:22.10 | 3:35.75 | 4:46.99 |
| 25. Mariia Kostina                                | Blue Marlins         | 4:42.32 | 201002042 | <b>4:50.01</b> * | +0,80 | 1:05.91 | 2:19.72 | 3:34.82 | 4:50.01 |
| 26. Sterre de Veen                                | Hellas-Glana         | 4:49.36 | 201100086 | <b>4:50.34</b>   | +0,73 | 1:08.03 | 2:22.07 | 3:37.00 | 4:50.34 |
| 27. Mandy Berndszen                               | VZC                  | 4:52.36 | 201001138 | <b>4:51.82</b>   | +0,77 | 1:08.57 | 2:22.58 | 3:37.84 | 4:51.82 |
| 28. Wieke Dekker<br><i>200m*</i>                  | De Dolfijn           | 4:46.94 | 201002020 | <b>4:52.73</b>   | +0,79 | 1:08.89 | 2:23.53 | 3:37.95 | 4:52.73 |
| 29. Kyara Balt                                    | De Vikings           | 4:46.34 | 201100306 | <b>4:54.76</b>   | +0,73 | 1:08.81 | 2:24.07 | 3:39.30 | 4:54.76 |
| 30. K. Makhmadiyarova                             | Blue Marlins         | 4:50.76 | 201103178 | <b>4:54.82</b>   | +0,75 | 1:09.92 | 2:24.84 | 3:40.77 | 4:54.82 |
| 31. Isus Verdysseldonk                            | PSV                  | 4:52.75 | 201002878 | <b>4:54.99</b>   | +0,77 | 1:08.34 | 2:22.40 | 3:37.73 | 4:54.99 |
| 32. Lotte Euverman<br><i>200m*</i>                | KSN (SG)             | 4:52.38 | 201101228 | <b>4:58.40</b>   | +0,78 | 1:09.31 | 2:25.89 | 3:43.62 | 4:58.40 |
| 33. Yuna van den Idsert                           | DAW                  | 4:50.87 | 201001196 | <b>5:07.37</b>   | +0,76 | 1:10.83 | 2:28.90 | 3:48.76 | 5:07.37 |
| NG Myrthe Rozendaal                               | Aqua-Novio'94        | 4:45.90 | 201000790 |                  |       |         |         |         |         |
| NG Linou van Kampen                               | ZPCH                 | 4:52.19 | 201000594 |                  |       |         |         |         |         |
| NG Noa van Zalk                                   | ZPC AMERSFOORT       | 4:36.03 | 201102534 |                  |       |         |         |         |         |
| NG Ylène Zondervan                                | ZPC AMERSFOORT       | 4:38.88 | 201200016 |                  |       |         |         |         |         |

Programmanr. 31  
25-01-2026 - 16:26

Jongens, 100m schoolslag

Onder 16  
Resultaten Finale

| rang | naam                | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    |
|------|---------------------|----------------------|-------------------|----------------|-------|-------|---------|
| 1.   | Laurens van Nulck   | Hellas-Glana         | 1:06.30 201100521 | <b>1:06.51</b> | +0,72 | 31.47 | 1:06.51 |
| 2.   | Tygo van de Wal     | DWK                  | 1:07.74 201001329 | <b>1:06.99</b> | +0,63 | 30.66 | 1:06.99 |
| 3.   | Mees de Vries       | Zwemlust- den Hommel | 1:07.59 201001151 | <b>1:07.19</b> | +0,78 | 31.66 | 1:07.19 |
| 4.   | Thijn Runia         | DZT '62              | 1:09.24 201000895 | <b>1:07.56</b> | +0,75 | 31.89 | 1:07.56 |
| 5.   | Sven Casper Hageman | Steenwijk 1934       | 1:08.68 201000009 | <b>1:07.70</b> | +0,63 | 31.93 | 1:07.70 |
| 6.   | Mathieu Gepkens     | VZC                  | 1:09.38 201000045 | <b>1:08.68</b> | +0,73 | 31.88 | 1:08.68 |
| 7.   | Sven Potappel       | DWK                  | 1:08.62 201000127 | <b>1:09.11</b> | +0,71 | 32.61 | 1:09.11 |
| DIS  | Nick Vodde          | AZ&PC De Futen       | 1:09.33 201002211 |                | +0,61 |       |         |

SD - De bewegingen van de benen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.

Programmanr. 32  
25-01-2026 - 16:30

Meisjes, 100m schoolslag

Onder 16  
Resultaten Finale

| rang | naam                | vereniging     | intijd            | tijd             | RT    | 50m   | 100m    |
|------|---------------------|----------------|-------------------|------------------|-------|-------|---------|
| 1.   | Paula Spans         | ZPC AMERSFOORT | 1:13.12 201000064 | <b>1:12.13</b>   | +0,69 | 33.98 | 1:12.13 |
| 2.   | Eva Ehler           | WVZ            | 1:14.73 201002026 | <b>1:13.24</b>   | +0,72 | 33.95 | 1:13.24 |
| 3.   | Malin Roozeboom     | WVZ            | 1:14.70 201100006 | <b>1:13.49</b>   | +0,76 | 35.06 | 1:13.49 |
| 4.   | Manoah Dekker       | Deltasteur     | 1:14.11 201100656 | <b>1:13.74</b>   | +0,68 | 34.37 | 1:13.74 |
| 5.   | Jasmijn Scott       | De Duinkikkers | 1:14.33 201001236 | <b>1:13.93</b> * | +0,65 | 34.86 | 1:13.93 |
| 6.   | Odenza Soselisa     | Blue Marlins   | 1:13.76 201101780 | <b>1:14.11</b>   | +0,72 | 34.70 | 1:14.11 |
| 7.   | Myrthe Rozendaal    | Aqua-Novio'94  | 1:15.32 201000790 | <b>1:14.40</b>   | +0,88 | 35.17 | 1:14.40 |
| 8.   | Meike van der Klugt | WVZ            | 1:15.73 201100808 | <b>1:15.02</b>   | +0,77 | 35.36 | 1:15.02 |

Programmanr. 45  
25-01-2026 - 16:34

Jongens, 200m vrije slag

Onder 14  
Resultaten

| rang | naam                  | vereniging         | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------|-----------------------|--------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1.   | Tim Slagers           | Aquapoldro         | 2:11.23 201200263 | <b>2:05.57</b> | +0,69 | 28.64 | 1:00.29 | 1:33.63 | 2:05.57 |
|      | Max van Splunder      | De Dolfijn         | 2:12.96 201200531 | <b>2:05.57</b> | +0,72 | 28.36 | 59.98   | 1:33.05 | 2:05.57 |
| 3.   | Toa Jahn              | Het Y              | 2:05.67 201201665 | <b>2:06.07</b> | +0,61 | 28.33 | 59.77   | 1:33.70 | 2:06.07 |
| 4.   | Joep Barwegen         | HZ&PC Heerenveen   | 2:10.45 201201823 | <b>2:09.01</b> | +0,70 | 28.93 | 1:01.31 | 1:35.77 | 2:09.01 |
| 5.   | Luca Denkers          | ZV New Wave Almere | 2:12.29 201202399 | <b>2:09.60</b> | +0,64 | 29.49 | 1:02.77 | 1:36.65 | 2:09.60 |
| 6.   | Metz Agema            | Deltasteur         | 2:14.50 201200929 | <b>2:10.05</b> | +0,73 | 30.42 | 1:04.34 | 1:38.19 | 2:10.05 |
| 7.   | A. Janse van Rensburg | De Treffers        | 2:13.93 201202261 | <b>2:11.06</b> | +0,69 | 31.50 | 1:05.49 | 1:38.54 | 2:11.06 |
| 8.   | Kurt Feldmann         | Blue Marlins       | 2:21.78 201203089 | <b>2:11.85</b> | +0,71 | 30.71 | 1:04.81 | 1:39.80 | 2:11.85 |
| 9.   | Marcelo Fritz Medina  | De Dolfijn         | 2:13.88 201201885 | <b>2:12.19</b> | +0,62 | 29.86 | 1:03.47 | 1:37.90 | 2:12.19 |
| 10.  | Tijn Pieters          | Orca               | 2:13.40 201300715 | <b>2:12.25</b> | +0,67 | 30.01 | 1:03.34 | 1:37.56 | 2:12.25 |
| 11.  | Jesse Voet            | Aqua-Novio'94      | 2:20.58 201300057 | <b>2:12.79</b> | +0,72 | 30.17 | 1:04.66 | 1:39.46 | 2:12.79 |
| 12.  | Ruben Lima Ribeiro    | Hellas-Glana       | 2:17.19 201300693 | <b>2:13.49</b> | +0,73 | 30.22 | 1:04.18 | 1:39.21 | 2:13.49 |
| 13.  | Finn Ostermann        | AZC                | 2:15.44 201301059 | <b>2:13.74</b> | +0,71 | 31.15 | 1:05.32 | 1:39.78 | 2:13.74 |
| 14.  | Siem Rewinkel         | De Veene           | 2:13.49 201201473 | <b>2:13.83</b> | +0,73 | 29.20 | 1:02.33 | 1:38.42 | 2:13.83 |
| 15.  | Jaro Hermans          | PSV                | 2:17.12 201200173 | <b>2:14.15</b> | +0,66 | 31.65 | 1:05.00 | 1:39.66 | 2:14.15 |
| 16.  | Rutger Donker         | NDD                | 2:16.69 201200361 | <b>2:14.40</b> | +0,65 | 31.08 | 1:05.45 | 1:40.42 | 2:14.40 |
| 17.  | Felipe Kerkhoff       | ZPC AMERSFOORT     | 2:18.38 201202625 | <b>2:14.69</b> | +0,72 | 31.04 | 1:05.49 | 1:40.93 | 2:14.69 |
| 18.  | Luc van Drunick       | Noordwijkerhout    | 2:17.39 201201659 | <b>2:15.91</b> | +0,67 | 30.78 | 1:05.77 | 1:41.18 | 2:15.91 |
| 19.  | Wessel Vis            | De Treffers        | 2:19.05 201201273 | <b>2:16.21</b> | +0,66 | 31.38 | 1:06.42 | 1:42.49 | 2:16.21 |
| 20.  | Maarten de Leeuw      | Deltasteur         | 2:19.24 201200241 | <b>2:16.22</b> | +0,78 | 31.28 | 1:05.86 | 1:40.79 | 2:16.22 |
| 21.  | Guust Heijne          | DWK                | 2:14.25 201202139 | <b>2:16.29</b> | +0,71 | 31.91 | 1:07.51 | 1:43.24 | 2:16.29 |
| 22.  | L. Della Vedova       | De Otters Het Gooi | 2:18.43 201201833 | <b>2:16.51</b> | +0,74 | 30.79 | 1:05.78 | 1:41.91 | 2:16.51 |
| 23.  | Gijs Leeneman         | HZ&PC Heerenveen   | 2:15.00 201200479 | <b>2:16.57</b> | +0,64 | 31.69 | 1:07.52 | 1:43.39 | 2:16.57 |

Programmanr. 45, Jongens, 200m vrije slag, Onder 14

| rang naam                 | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------------|----------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 24. Orlando Caffaggi      | Blue Marlins         | 2:21.23 201203059 | <b>2:17.34</b> * | +0,71 | 31.40 | 1:06.46 | 1:42.07 | 2:17.34 |
| 25. Noud Karmann          | Zwemlust- den Hommel | 2:19.07 201201383 | <b>2:17.45</b>   | +0,80 | 31.66 | 1:06.12 | 1:42.04 | 2:17.45 |
| 26. Bram Engelen          | Hellas-Glana         | 2:23.47 201300421 | <b>2:17.93</b>   | +0,67 | 31.58 | 1:06.66 | 1:42.94 | 2:17.93 |
| 27. Charles Araysa        | Zwemlust- den Hommel | 2:22.36 201201155 | <b>2:18.10</b>   | +0,63 | 31.10 | 1:06.16 | 1:42.31 | 2:18.10 |
| 28. Floris Meijers        | SWOL 1894            | 2:21.43 201300015 | <b>2:19.41</b>   | +0,71 | 31.73 | 1:07.61 | 1:43.90 | 2:19.41 |
| 29. Lars Thül             | SWOL 1894            | 2:17.09 201200119 | <b>2:19.57</b>   | +0,74 | 32.81 | 1:08.43 | 1:44.20 | 2:19.57 |
| 30. Mats van der Kamp     | Deltasteur           | 2:22.55 201200113 | <b>2:19.60</b>   | +0,63 | 31.89 | 1:06.95 | 1:43.35 | 2:19.60 |
| 31. Michael Simons        | PSV                  | 2:23.17 201200025 | <b>2:20.02</b>   | +0,73 | 33.30 | 1:09.26 | 1:45.19 | 2:20.02 |
| 32. Pieter de Jonge       | Aqua-Novio'94        | 2:19.25 201200211 | <b>2:20.42</b>   | +0,77 | 32.16 | 1:07.58 | 1:43.99 | 2:20.42 |
| 33. Isai Shields          | Niemo Barracuda      | 2:22.72 201300031 | <b>2:20.99</b>   | +0,65 | 33.15 | 1:09.48 | 1:46.30 | 2:20.99 |
| 34. Luuk ten Asbroek      | Het Ravijn           | 2:28.27 201200601 | <b>2:21.56</b>   | +0,68 | 33.13 | 1:10.09 | 1:47.02 | 2:21.56 |
| 35. Rio Babic             | Steenwijk 1934       | 2:22.26 201200867 | <b>2:22.07</b>   | +0,74 | 31.92 | 1:08.40 | 1:46.66 | 2:22.07 |
| 36. Celestin van der Beek | PSV                  | 2:23.44 201201183 | <b>2:22.54</b>   | +0,62 | 32.77 | 1:09.94 | 1:47.16 | 2:22.54 |
| 37. Stef van de Wal       | DWK                  | 2:24.18 201200803 | <b>2:22.85</b>   | +0,68 | 33.09 | 1:10.44 | 1:47.88 | 2:22.85 |
| 38. Tim Koornstra         | De Vikings           | 2:30.98 201200231 | <b>2:24.65</b>   | +0,74 | 33.10 | 1:10.51 | 1:47.58 | 2:24.65 |
| 39. Thijs Valkenburg      | WVZ                  | 2:22.32 201201511 | <b>2:25.36</b>   | +0,66 | 32.77 | 1:10.57 | 1:49.22 | 2:25.36 |
| 40. Thomas Metz           | ZPC AMERSFOORT       | 2:26.19 201300043 | <b>2:30.16</b>   | +0,79 | 34.38 | 1:13.22 | 1:52.65 | 2:30.16 |

Programmanr. 46  
25-01-2026 - 16:48

Meisjes, 200m wisselslag

Onder 14  
Resultaten

| rang naam              | vereniging             | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|------------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1. Julia Bannatyne     | BZ&PC                  | 2:30.95 201201020 | <b>2:27.78</b>   | +0,79 | 31.61 | 1:08.31 | 1:54.39 | 2:27.78 |
| 2. Anouk Mulder        | De Columbiaan          | 2:32.79 201200962 | <b>2:32.49</b>   | +0,80 | 33.08 | 1:11.32 | 1:58.52 | 2:32.49 |
| 3. Valerie Rienties    | Zwemsport Parkstad     | 2:36.60 201200400 | <b>2:34.72</b>   | +0,71 | 34.40 | 1:12.66 | 1:58.21 | 2:34.72 |
| 4. Simone Brobbel      | Hoeksche Waard (SG)    | 2:40.94 201200058 | <b>2:35.20</b>   | +0,71 | 33.06 | 1:11.18 | 2:00.36 | 2:35.20 |
| 5. Julia Ketelaars     | Hellas-Glana           | 2:36.99 201200028 | <b>2:36.38</b>   | +0,80 | 33.98 | 1:15.87 | 2:01.09 | 2:36.38 |
| 6. V. Parkhomenko      | Het Y                  | 2:36.31 201301610 | <b>2:36.68</b>   | +0,72 | 33.67 | 1:12.78 | 2:00.12 | 2:36.68 |
| 7. Eva ter Horst       | ZPC Hoogeveen          | 2:38.82 201200070 | <b>2:37.24</b>   | +0,79 | 35.10 | 1:12.01 | 2:02.27 | 2:37.24 |
| 8. Querine Schminnes   | ZC Borger              | 2:42.64 201200624 | <b>2:37.78</b>   | +0,76 | 35.33 | 1:16.60 | 2:01.70 | 2:37.78 |
| 9. Benthe de Beer      | PSV                    | 2:42.06 201302638 | <b>2:38.14</b>   | +0,64 | 34.89 | 1:16.51 | 2:02.00 | 2:38.14 |
| 10. Tatum Vered        | Blue Marlins           | 2:39.46 201201322 | <b>2:38.27</b>   | +0,80 | 35.82 | 1:15.86 | 2:02.13 | 2:38.27 |
| 11. Fenna Beumer       | PSV                    | 2:41.63 201300176 | <b>2:38.63</b>   | +0,63 | 33.22 | 1:13.15 | 2:02.07 | 2:38.63 |
| 50m*                   |                        |                   |                  |       |       |         |         |         |
| 12. Alena Ytsma        | HZ&PC Heerenveen       | 2:38.73 201201736 | <b>2:39.36</b>   | +0,78 | 33.95 | 1:15.19 | 2:01.50 | 2:39.36 |
| 13. Lieselot Penning   | ZZ&PC De Devel         | 2:46.79 201200052 | <b>2:39.74</b>   | +0,75 | 34.85 | 1:15.44 | 2:04.12 | 2:39.74 |
| 14. Roubin van Kampen  | ZPCH                   | 2:41.57 201200370 | <b>2:40.02</b>   | +0,78 | 35.65 | 1:17.76 | 2:03.62 | 2:40.02 |
| 15. Mischa Brouwers    | Hieronymus             | 2:46.44 201202208 | <b>2:40.83</b>   | +0,73 | 31.87 | 1:14.07 | 2:03.71 | 2:40.83 |
| 16. Liv Schoon         | DAW                    | 2:43.60 201202112 | <b>2:40.93</b>   | +0,75 | 35.74 | 1:16.84 | 2:04.54 | 2:40.93 |
| 17. Jazz Hollander     | ZZ&PC De Devel         | 2:42.84 201300528 | <b>2:41.27</b>   | +0,74 | 34.55 | 1:17.96 | 2:03.84 | 2:41.27 |
| 18. Coco Scheepers     | PSV                    | 2:42.72 201301462 | <b>2:41.29</b>   | +0,77 | 33.96 | 1:14.43 | 2:02.78 | 2:41.29 |
| 19. Charlotte Bakker   | BZ&PC                  | 2:45.93 201200524 | <b>2:41.46</b>   | +0,70 | 35.43 | 1:16.94 | 2:05.80 | 2:41.46 |
| 20. Boukje de Baedts   | Het Y                  | 2:51.28 201300756 | <b>2:41.92</b>   | +0,71 | 34.60 | 1:16.34 | 2:05.29 | 2:41.92 |
| Elisa Obdam            | DAW                    | 2:39.80 201201444 | <b>2:41.92</b>   | +0,68 | 33.65 | 1:15.49 | 2:04.23 | 2:41.92 |
| 22. Jana Nelissen      | PSV                    | 2:48.11 201200350 | <b>2:42.62</b>   | +0,69 | 34.95 | 1:16.77 | 2:06.37 | 2:42.62 |
| 23. Guusje van Geest   | ACZ                    | 2:40.87 201200352 | <b>2:42.82</b>   | +0,92 | 34.22 | 1:14.92 | 2:04.96 | 2:42.82 |
| 24. Saar Begeman       | ZPC de Kanaalstreek    | 2:46.79 201201594 | <b>2:43.41</b>   | +0,72 | 37.06 | 1:17.12 | 2:06.85 | 2:43.41 |
| 25. Fiene Quaak        | Z&PC De Ganze          | 2:44.80 201201142 | <b>2:43.45</b>   | +0,77 | 36.73 | 1:17.76 | 2:06.80 | 2:43.45 |
| 26. Fee Sevenants      | De Watervogels         | 2:45.40 201201884 | <b>2:44.00</b>   | +0,76 | 35.41 | 1:18.57 | 2:04.95 | 2:44.00 |
| 27. Jet Hogervorst     | De Columbiaan          | 2:41.02 201200738 | <b>2:44.47</b>   | +0,58 | 37.48 | 1:18.59 | 2:05.04 | 2:44.47 |
| 28. Fenna Gabriels     | ZPC Hoogeveen          | 2:42.80 201201230 | <b>2:44.65</b> * | +0,77 | 35.07 | 1:16.59 | 2:06.84 | 2:44.65 |
| 29. Caithlin Lakke     | Team Noord Holland (S) | 2:46.23 201302438 | <b>2:44.87</b>   | +0,77 | 35.44 | 1:17.69 | 2:07.26 | 2:44.87 |
| 30. Liva van Groningen | Team Noord Holland (S) | 2:37.17 201200280 | <b>2:44.93</b>   | +0,74 | 34.71 | 1:18.60 | 2:05.79 | 2:44.93 |
| 31. Fay Jansen         | Aqua-Novio'94          | 2:45.62 201200154 | <b>2:45.34</b>   | +0,83 | 37.13 | 1:19.45 | 2:09.32 | 2:45.34 |
| 32. Nova Volmer        | Deltasteur             | 2:48.40 201300426 | <b>2:45.64</b>   | +0,76 | 34.63 | 1:16.91 | 2:07.86 | 2:45.64 |
| 33. Lenny Bokkers      | De Zwoer               | 2:44.07 201300390 | <b>2:45.99</b>   | +0,74 | 33.94 | 1:18.21 | 2:06.24 | 2:45.99 |



Programmanr. 46, Meisjes, 200m wisselslag, Onder 14

| rang naam                                                       | vereniging     | intijd  | tijd      | RT             | 50m   | 100m  | 150m    | 200m    |         |
|-----------------------------------------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 34. Madeé Boezen                                                | Zignea         | 2:48.44 | 201300782 | <b>2:46.05</b> | +0,70 | 35.54 | 1:16.95 | 2:07.11 | 2:46.05 |
| 35. T. van de Wetering                                          | Arethusa       | 2:48.23 | 201200780 | <b>2:46.34</b> | +0,76 | 38.21 | 1:21.06 | 2:11.37 | 2:46.34 |
| 36. Karlijn Siero                                               | SWOL 1894      | 2:46.01 | 201201758 | <b>2:46.52</b> | +0,86 | 36.78 | 1:19.69 | 2:09.85 | 2:46.52 |
| 37. Joanne Strietman                                            | ZPC AMERSFOORT | 2:51.39 | 201203784 | <b>2:49.18</b> | +0,76 | 36.31 | 1:18.23 | 2:13.04 | 2:49.18 |
| 38. Feline Bruns                                                | ZC Polaris     | 2:44.56 | 201200730 | <b>2:49.71</b> | +0,79 | 36.66 | 1:19.54 | 2:11.65 | 2:49.71 |
| 39. Jinthe Kuiper                                               | SWOL 1894      | 2:47.87 | 201200688 | <b>2:49.79</b> | +0,65 | 38.04 | 1:22.11 | 2:10.78 | 2:49.79 |
| DIS Vicky Horens                                                | Hellas-Glana   | 2:38.28 | 201200252 | +0,64          |       |       |         |         |         |
| AA - De start ingezet voor het startsignaal (en wel gezwommen). |                |         |           |                |       |       |         |         |         |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Programmanr. 35  
25-01-2026 - 17:19

Jongens, 100m vlinderslag

Onder 16  
Resultaten Finale

| rang | naam              | vereniging         | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|-------------------|--------------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Nick Vodde        | AZ&PC De Futen     | 58.80   | 201002211 | <b>57.65</b>   | +0,63 | 26.97 | 57.65   |
| 2.   | Sven Potappel     | DWK                | 58.68   | 201000127 | <b>58.41</b>   | +0,69 | 27.48 | 58.41   |
| 3.   | Eli Shields       | Niemo Barracuda    | 59.70   | 201000407 | <b>59.15</b>   | +0,68 | 27.98 | 59.15   |
| 4.   | Evren Ege Orcunus | De Dolfijn         | 1:00.43 | 201003253 | <b>59.82</b>   | +0,69 | 27.72 | 59.82   |
| 5.   | Kelvin Terpstra   | De Otters Het Gooi | 1:00.33 | 201003893 | <b>59.90</b>   | +0,63 | 27.35 | 59.90   |
| 6.   | Giovanni Wolfgang | MSV-Zeemacht       | 1:00.99 | 201100859 | <b>1:00.19</b> | +0,63 | 27.42 | 1:00.19 |
| 7.   | Ruben Kragt       | Dedemsvaart-AC     | 1:00.97 | 201000007 | <b>1:00.37</b> | +0,71 | 28.00 | 1:00.37 |
| 8.   | Girish Nolden     | Blue Marlins       | 1:01.92 | 201000087 | <b>1:01.84</b> | +0.74 | 28.47 | 1:01.84 |

Programmanr. 36  
25-01-2026 - 17:23

Meisjes, 100m vrije slag

Onder 16  
Resultaten Finale

| rang | naam                        | vereniging     | intijd | tijd      | RT           | 50m   | 100m  |       |
|------|-----------------------------|----------------|--------|-----------|--------------|-------|-------|-------|
| 1.   | Hannah Huisman              | De Dolfijn     | 55.12  | 201000002 | <b>54.93</b> | +0,73 | 26.75 | 54.93 |
|      | <i>Kampioenschapsrecord</i> |                |        |           |              |       |       |       |
| 2.   | Yill van Bezouw             | Hieronymus     | 55.56  | 201100704 | <b>55.50</b> | +0,72 | 26.69 | 55.50 |
| 3.   | Anne Engbersen              | Albion         | 57.58  | 201000044 | <b>57.01</b> | +0,76 | 26.75 | 57.01 |
| 4.   | Fenne Metten                | ZPC AMERSFOORT | 59.49  | 201000102 | <b>57.91</b> | +0,75 | 27.94 | 57.91 |
| 5.   | Lola Verheijen              | PSV            | 58.90  | 201100832 | <b>58.12</b> | +0,70 | 27.61 | 58.12 |
| 6.   | Romée Smit                  | MSV-Zeemacht   | 59.04  | 201100438 | <b>58.89</b> | +0,72 | 28.11 | 58.89 |
| 7.   | Anna Lepoutre               | PSV            | 59.25  | 201100534 | <b>59.41</b> | +0,63 | 28.15 | 59.41 |
| 8.   | Faye Thijsse                | WVZ            | 59.29  | 201001364 | <b>59.56</b> | +0.81 | 28.19 | 59.56 |

Programmanr. 47  
25-01-2026 - 17:27

Jongens, 100m vlinderslag

Onder 14  
Resultaten

| rang | naam                 | vereniging         | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|----------------------|--------------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Luca Denkers         | ZV New Wave Almere | 1:04.71 | 201202399 | <b>1:04.56</b> | +0,66 | 30.24 | 1:04.56 |
| 2.   | Tim Slagers          | Aquapoldro         | 1:05.15 | 201200263 | <b>1:05.58</b> | +0,69 | 30.68 | 1:05.58 |
| 3.   | Marcelo Fritz Medina | De Dolfijn         | 1:08.67 | 201201885 | <b>1:06.12</b> | +0,71 | 30.48 | 1:06.12 |
| 4.   | Pieter de Jonge      | Aqua-Novio'94      | 1:06.17 | 201200211 | <b>1:07.07</b> | +0,80 | 31.09 | 1:07.07 |
| 5.   | Toa Jahn             | Het Y              | 1:06.58 | 201201665 | <b>1:07.42</b> | +0,61 | 31.82 | 1:07.42 |
| 6.   | Jesse Voet           | Aqua-Novio'94      | 1:12.47 | 201300057 | <b>1:08.85</b> | +0,72 | 32.36 | 1:08.85 |
| 7.   | Metz Agema           | Deltasteur         | 1:10.84 | 201200929 | <b>1:09.39</b> | +0,70 | 32.64 | 1:09.39 |
| 8.   | Max van Splunder     | De Dolfijn         | 1:11.34 | 201200531 | <b>1:09.47</b> | +0,82 | 31.83 | 1:09.47 |
| 9.   | Tijn Pieters         | Orca               | 1:10.81 | 201300715 | <b>1:09.65</b> | +0,68 | 32.06 | 1:09.65 |
|      | Gijs Leeneman        | HZ&PC Heerenveen   | 1:09.83 | 201200479 | <b>1:09.65</b> | +0,65 | 32.41 | 1:09.65 |

Programmanr. 47, Jongens, 100m vlinderslag, Onder 14

| rang | naam                  | vereniging           | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|-----------------------|----------------------|---------|-----------|----------------|-------|-------|---------|
| 11.  | A. Janse van Rensburg | De Treffers          | 1:11.03 | 201202261 | <b>1:09.81</b> | +0,70 | 32.68 | 1:09.81 |
| 12.  | Guust Heijne          | DWK                  | 1:14.66 | 201202139 | <b>1:10.49</b> | +0,80 | 33.32 | 1:10.49 |
| 13.  | Joep Barwegen         | HZ&PC Heerenveen     | 1:11.44 | 201201823 | <b>1:10.53</b> | +0,65 | 31.39 | 1:10.53 |
| 14.  | Charles Araysa        | Zwemlust- den Hommel | 1:11.70 | 201201155 | <b>1:10.72</b> | +0,64 | 33.03 | 1:10.72 |
| 15.  | Celestin van der Beek | PSV                  | 1:11.75 | 201201183 | <b>1:11.04</b> | +0,57 | 33.97 | 1:11.04 |
| 16.  | Luc van Drunick       | Noordwijkerhout      | 1:12.86 | 201201659 | <b>1:11.80</b> | +0,65 | 33.03 | 1:11.80 |
| 17.  | Orlando Caffaggi      | Blue Marlins         | 1:16.22 | 201203059 | <b>1:12.30</b> | +0,65 | 32.71 | 1:12.30 |
| 18.  | Kurt Feldmann         | Blue Marlins         | 1:19.40 | 201203089 | <b>1:12.32</b> | +0,71 | 32.59 | 1:12.32 |
| 50m* |                       |                      |         |           |                |       |       |         |
| 19.  | Floris Meijers        | SWOL 1894            | 1:12.79 | 201300015 | <b>1:12.42</b> | +0,69 | 33.89 | 1:12.42 |
| 20.  | Rio Babic             | Steenwijk 1934       | 1:14.29 | 201200867 | <b>1:12.57</b> | +0,67 | 32.51 | 1:12.57 |
| 21.  | Lars Thül             | SWOL 1894            | 1:12.77 | 201200119 | <b>1:12.96</b> | +0,76 | 33.66 | 1:12.96 |
| 22.  | Felipe Kerkhoff       | ZPC AMERSFOORT       | 1:17.77 | 201202625 | <b>1:13.07</b> | +0,70 | 33.82 | 1:13.07 |
| 23.  | Siem Rewinkel         | De Veene             | 1:11.84 | 201201473 | <b>1:13.30</b> | +0,75 | 32.72 | 1:13.30 |
| 24.  | Rutger Donker         | NDD                  | 1:13.10 | 201200361 | <b>1:13.36</b> | +0,68 | 33.58 | 1:13.36 |
| 25.  | Wessel Vis            | De Treffers          | 1:14.30 | 201201273 | <b>1:13.91</b> | +0,66 | 34.41 | 1:13.91 |
| 26.  | Thijs Valkenburg      | WVZ                  | 1:13.77 | 201201511 | <b>1:14.01</b> | +0,66 | 34.66 | 1:14.01 |
| 27.  | Lorenzo Della Vedova  | De Otters Het Gooi   | 1:15.58 | 201201833 | <b>1:14.41</b> | +0,75 | 33.77 | 1:14.41 |
| 28.  | Mats van der Kamp     | Deltasteur           | 1:17.33 | 201200113 | <b>1:14.49</b> | +0,65 | 35.11 | 1:14.49 |
| 29.  | Ruben Lima Ribeiro    | Hellas-Glana         | 1:12.98 | 201300693 | <b>1:14.84</b> | +0,76 | 34.71 | 1:14.84 |
| 30.  | Isai Shields          | Niemo Barracuda      | 1:20.74 | 201300031 | <b>1:15.55</b> | +0,67 | 34.87 | 1:15.55 |
| 31.  | Maarten de Leeuw      | Deltasteur           | 1:12.98 | 201200241 | <b>1:15.79</b> | +0,75 | 34.70 | 1:15.79 |
| 32.  | Tim Koorstra          | De Vikings           | 1:18.41 | 201200231 | <b>1:16.02</b> | +0,80 | 35.28 | 1:16.02 |
| 33.  | Michael Simons        | PSV                  | 1:16.01 | 201200025 | <b>1:16.06</b> | +0,67 | 35.16 | 1:16.06 |
| 34.  | Luuk ten Asbroek      | Het Ravijn           | 1:16.56 | 201200601 | <b>1:16.07</b> | +0,67 | 35.34 | 1:16.07 |
| 35.  | Finn Ostermann        | AZC                  | 1:21.59 | 201301059 | <b>1:16.52</b> | +0,71 | 34.41 | 1:16.52 |
| 36.  | Bram Engelen          | Hellas-Glana         | 1:16.60 | 201300421 | <b>1:16.60</b> | +0,66 | 36.29 | 1:16.60 |
| 37.  | Stef van de Wal       | DWK                  | 1:14.12 | 201200803 | <b>1:17.12</b> | +0,67 | 36.26 | 1:17.12 |
| 38.  | Nouh Karman           | Zwemlust- den Hommel | 1:21.81 | 201201383 | <b>1:21.63</b> | +0,77 | 37.20 | 1:21.63 |
| 39.  | Jaro Hermans          | PSV                  | 1:22.69 | 201200173 | <b>1:24.06</b> | +0,69 | 36.97 | 1:24.06 |
| 40.  | Thomas Metz           | ZPC AMERSFOORT       | 1:18.42 | 201300043 | <b>1:24.45</b> | +0,75 | 38.48 | 1:24.45 |
| 50m* |                       |                      |         |           |                |       |       |         |

Programmanr. 48  
25-01-2026 - 17:36

Meisjes, 100m schoolslag

Onder 14  
Resultaten

| rang                        | naam               | vereniging              | intijd  | tijd      | RT               | 50m   | 100m  |         |
|-----------------------------|--------------------|-------------------------|---------|-----------|------------------|-------|-------|---------|
| 1.                          | Valerie Rienties   | Zwemsport Parkstad      | 1:13.70 | 201200400 | <b>1:13.59</b>   | +0,76 | 34.90 | 1:13.59 |
| <i>Kampioenschapsrecord</i> |                    |                         |         |           |                  |       |       |         |
| 2.                          | Vicky Horens       | Hellas-Glana            | 1:16.09 | 201200252 | <b>1:18.04</b>   | +0,70 | 36.58 | 1:18.04 |
| 3.                          | Jazz Hollander     | ZZ&PC De Devel          | 1:21.78 | 201300528 | <b>1:18.64</b>   | +0,73 | 37.11 | 1:18.64 |
| 4.                          | Julia Ketelaars    | Hellas-Glana            | 1:18.71 | 201200028 | <b>1:18.91</b>   | +0,83 | 37.71 | 1:18.91 |
| 5.                          | Julia Bannatyne    | BZ&PC                   | 1:19.23 | 201201020 | <b>1:19.80</b>   | +0,75 | 37.91 | 1:19.80 |
| 6.                          | Benthe de Beer     | PSV                     | 1:22.09 | 201302638 | <b>1:20.05</b> * | +0,63 | 38.32 | 1:20.05 |
| 7.                          | Querine Schminnes  | ZC Borger               | 1:19.58 | 201200624 | <b>1:20.68</b>   | +0,79 | 38.18 | 1:20.68 |
| 8.                          | Liva van Groningen | Team Noord Holland (SG) | 1:21.68 | 201200280 | <b>1:21.98</b>   | +0,74 | 37.98 | 1:21.98 |
| 9.                          | Alena Ytsma        | HZ&PC Heerenveen        | 1:21.72 | 201201736 | <b>1:22.16</b>   | +0,77 | 39.24 | 1:22.16 |
| 10.                         | Anouk Mulder       | De Columbiaan           | 1:21.03 | 201200962 | <b>1:22.65</b>   | +0,78 | 39.32 | 1:22.65 |
| 11.                         | Tatum Vered        | Blue Marlins            | 1:21.48 | 201201322 | <b>1:22.94</b>   | +0,74 | 38.93 | 1:22.94 |
| 12.                         | Liv Schoon         | DAW                     | 1:23.44 | 201202112 | <b>1:23.98</b>   | +0,79 | 39.39 | 1:23.98 |
| 13.                         | V. Parkhomenko     | Het Y                   | 1:22.66 | 201301610 | <b>1:24.11</b>   | +0,72 | 40.32 | 1:24.11 |
| 14.                         | Jet Hogervorst     | De Columbiaan           | 1:20.96 | 201200738 | <b>1:24.46</b>   | +0,71 | 39.29 | 1:24.46 |
| 15.                         | Mischa Brouwers    | Hieronymus              | 1:27.19 | 201202208 | <b>1:24.58</b>   | +0,51 | 39.82 | 1:24.58 |
| 16.                         | Elisa Obdam        | DAW                     | 1:25.81 | 201201444 | <b>1:24.99</b>   | +0,63 | 39.82 | 1:24.99 |
| 17.                         | Roubin van Kampen  | ZPCH                    | 1:25.68 | 201200370 | <b>1:25.06</b>   | +0,77 | 40.12 | 1:25.06 |

Programmanr. 48, Meisjes, 100m schoolslag, Onder 14

| rang                                                                       | naam                  | vereniging              | intijd  | tijd      | RT               | 50m   | 100m  |         |
|----------------------------------------------------------------------------|-----------------------|-------------------------|---------|-----------|------------------|-------|-------|---------|
| 18.                                                                        | Madeé Boezen          | Zignea                  | 1:25.47 | 201300782 | <b>1:25.16</b>   | +0,68 | 39.97 | 1:25.16 |
| 19.                                                                        | Fee Sevenants         | De Watervogels          | 1:23.44 | 201201884 | <b>1:25.62</b>   | +0,75 | 40.56 | 1:25.62 |
| 20.                                                                        | Lenny Bokkers         | De Zwoer                | 1:27.83 | 201300390 | <b>1:26.19</b>   | +0,81 | 40.42 | 1:26.19 |
| 21.                                                                        | Saar Begeman          | ZPC de Kanaalstreek     | 1:26.06 | 201201594 | <b>1:26.69</b>   | +0,73 | 41.04 | 1:26.69 |
| 22.                                                                        | Coco Scheepers        | PSV                     | 1:26.90 | 201301462 | <b>1:26.85</b>   | +0,77 | 40.84 | 1:26.85 |
| 23.                                                                        | Simone Brobbel        | Hoeksche Waard (SG)     | 1:27.80 | 201200058 | <b>1:28.02</b>   | +0,75 | 41.55 | 1:28.02 |
| 24.                                                                        | Guusje van Geest      | ACZ                     | 1:25.37 | 201200352 | <b>1:28.48</b>   | +0,88 | 41.78 | 1:28.48 |
| 25.                                                                        | Fiene Quaak           | Z&PC De Ganze           | 1:26.80 | 201201142 | <b>1:29.06</b>   | +0,72 | 41.80 | 1:29.06 |
| 26.                                                                        | Caithlin Lakke        | Team Noord Holland (SG) | 1:29.95 | 201302438 | <b>1:29.25</b>   | +0,78 | 42.82 | 1:29.25 |
| 27.                                                                        | Jinthe Kuiper         | SWOL 1894               | 1:28.93 | 201200688 | <b>1:29.27</b>   | +0,69 | 42.49 | 1:29.27 |
| 28.                                                                        | Fenna Gabriels        | ZPC Hoogeveen           | 1:28.49 | 201201230 | <b>1:29.35</b>   | +0,74 | 43.66 | 1:29.35 |
| 29.                                                                        | Fenna Beumer          | PSV                     | 1:29.06 | 201300176 | <b>1:29.44</b>   | +0,75 | 42.70 | 1:29.44 |
| 30.                                                                        | Boukje de Baedts      | Het Y                   | 1:30.44 | 201300756 | <b>1:29.50</b> * | +0,73 | 42.87 | 1:29.50 |
| 31.                                                                        | Eva ter Horst         | ZPC Hoogeveen           | 1:28.63 | 201200070 | <b>1:29.67</b>   | +0,79 | 42.73 | 1:29.67 |
| 32.                                                                        | Jana Nelissen         | PSV                     | 1:28.20 | 201200350 | <b>1:29.70</b>   | +0,72 | 42.73 | 1:29.70 |
| 33.                                                                        | Charlotte Bakker      | BZ&PC                   | 1:30.89 | 201200524 | <b>1:29.84</b>   | +0,70 | 42.62 | 1:29.84 |
| 34.                                                                        | Tesse van de Wetering | Arethusa                | 1:30.21 | 201200780 | <b>1:30.03</b>   | +0,84 | 42.90 | 1:30.03 |
| 35.                                                                        | Karljin Siero         | SWOL 1894               | 1:28.31 | 201201758 | <b>1:30.54</b>   | +0,90 | 43.26 | 1:30.54 |
| 36.                                                                        | Lieselot Penning      | ZZ&PC De Devel          | 1:31.51 | 201200052 | <b>1:30.86</b>   | +0,74 | 43.32 | 1:30.86 |
| 37.                                                                        | Feline Bruns          | ZC Polaris              | 1:27.03 | 201200730 | <b>1:31.45</b>   | +0,80 | 42.59 | 1:31.45 |
| 38.                                                                        | Fay Jansen            | Aqua-Novio'94           | 1:31.54 | 201200154 | <b>1:32.70</b>   | +0,85 | 43.86 | 1:32.70 |
| 39.                                                                        | Nova Volmer           | Deltasteur              | 1:31.20 | 201300426 | <b>1:33.20</b>   | +0,79 | 44.01 | 1:33.20 |
| DIS                                                                        | Joanne Strietman      | ZPC AMERSFOORT          | 1:33.20 | 201203784 |                  | +0,61 |       |         |
| SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt. |                       |                         |         |           |                  |       |       |         |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Programmanr. 49  
25-01-2026 - 18:06

Jongens, 4 x 100m vrije slag

Onder 16  
Resultaten

| rang | vereniging             |                      |       |         | intijd            |         | tijd  |       | RT |
|------|------------------------|----------------------|-------|---------|-------------------|---------|-------|-------|----|
| 1.   | Blue Marlins 1         | Blue Marlins         |       | 3:43.45 |                   | 3:41.44 |       | +0,75 |    |
|      | Girish Nolden          | +0,75                | 26.95 | 56.28   | Costijn van Elst  | +0,53   | 27.24 | 56.59 |    |
|      | Duco de Gelder         | +0,53                | 25.52 | 53.85   | Mees Janssen      | +0,66   | 26.31 | 54.72 |    |
| 2.   | Zwemlust- den Hommel 1 | Zwemlust- den Hommel |       | 3:47.55 |                   | 3:42.76 |       | +0,73 |    |
|      | Bink Elgersma          | +0,73                | 25.09 | 52.67   | Mees de Vries     | +0,33   | 27.46 | 57.77 |    |
|      | Quinten Hofman         | +0,36                | 27.55 | 58.36   | Gwee Bokma        | +0,26   | 25.77 | 53.96 |    |
| 3.   | De Dolfijn 1           | De Dolfijn           |       | 3:46.82 |                   | 3:45.22 |       | +0,69 |    |
|      | Henry Watson           | +0,69                | 26.00 | 54.53   | Evren Ege Orcunus | +0,05   | 26.97 | 56.70 |    |
|      | Cayden Malone          | +0,72                | 26.67 | 56.36   | Nathan Magava     | +0,62   | 27.34 | 57.63 |    |
| 4.   | OZ&PC 1                | OZ&PC                |       | 3:54.04 |                   | 3:49.67 |       | +0,64 |    |
|      | Daan Overmars          | +0,64                | 27.07 | 55.91   | Rafael Agterbos   | +0,35   | 27.56 | 57.18 |    |
|      | Stan Nijhuis           | +0,38                | 28.79 | 59.96   | Dewin Volker      | +0,37   | 27.17 | 56.62 |    |
| 5.   | SG Octopus - ZVV 1     | SG Octopus - ZVV     |       | 3:54.94 |                   | 3:50.59 |       | +0,69 |    |
|      | Nils Bellert           | +0,69                | 27.98 | 57.58   | Daniël Hofman     | +0,23   | 27.78 | 58.05 |    |
|      | Stan Ordelman          | +0,38                | 27.46 | 58.06   | Dax Muijlaert     | +0,32   | 26.85 | 56.90 |    |
| 6.   | Hellas-Glana 1         | Hellas-Glana         |       | 3:50.43 |                   | 3:50.67 |       | +0,70 |    |
|      | Laurens van Nulck      | +0,70                | 27.32 | 58.10   | Tren Wullms       | +0,08   | 27.70 | 58.25 |    |
|      | Zion Eijkenboom        | +0,36                | 27.82 | 58.77   | Sam Diederer      | +0,30   | 25.43 | 55.55 |    |
| 7.   | HZ&PC Heerenveen 1     | HZ&PC Heerenveen     |       | 3:51.73 |                   | 3:51.13 |       | +0,64 |    |
|      | Jorick Johannes        | +0,64                | 27.06 | 56.69   | Joep Barwegen     | +0,33   | 28.09 | 59.52 |    |
|      | Gijs Leeneman          | +0,05                | 27.76 | 59.29   | Mattias Stolk     | +0,11   | 26.21 | 55.63 |    |
| 8.   | Blue Marlins 2         | Blue Marlins         |       | 3:53.79 |                   | 3:51.24 |       | +0,58 |    |
|      | Izayah Castillo        | +0,58                | 27.52 | 58.33   | Roemer Bindels    | +0,55   | 27.35 | 57.39 |    |
|      | Dax van den Noulant    |                      | 28.09 | 58.42   | Lev Rudman        | +0,49   | 27.04 | 57.10 |    |
| 9.   | Dedemsvaart-AC 1       | Dedemsvaart-AC       |       | 3:51.89 |                   | 3:51.34 |       | +0,69 |    |
|      | Amor van der Veen      | +0,69                | 27.60 | 58.49   | Gijs Nooter       | +0,19   | 27.76 | 59.34 |    |
|      | Abe Pasop              | +0,29                | 28.16 | 59.18   | Ruben Kragt       | +0,38   | 26.21 | 54.33 |    |

Programmanr. 49, Jongens, 4 x 100m vrije slag, Onder 16

| rang  | vereniging                              | intijd                     | tijd                                                | RT                                         |
|-------|-----------------------------------------|----------------------------|-----------------------------------------------------|--------------------------------------------|
| 10.   | ZPCH 1<br>50m*                          | ZPCH                       | 3:56.30                                             | 3:52.61 +1,97                              |
|       | Ceanan Mormon<br>Maxwell Russel         | +1,97 29.17<br>+0,36 26.44 | 1:01.44 56.43<br>Christiaan Wegman<br>Baris Tomu    | +0,51 28.32 59.01<br>+0,46 26.75 55.73     |
| 11.   | PSV 1                                   | PSV                        | 3:52.67                                             | 3:54.44 +0,65                              |
|       | Alief Jan van der Sluis<br>Berat Baykal | +0,65 26.84<br>+0,32 27.50 | 56.15 58.15<br>Ian Timmermans<br>Jaro Hermans       | +0,34 27.45 58.00<br>+0,69 29.43 1:02.14   |
| 12.   | ZPC AMERSFOORT 1                        | ZPC AMERSFOORT             | 3:56.88                                             | 3:56.26 +0,65                              |
|       | Douwe Enzerink<br>Milan Schuilenburg    | +0,65 27.14<br>+0,43 28.37 | 57.08 59.84<br>Quinten Oostveen<br>Stijn Peters     | +0,33 28.07 59.79<br>+0,16 28.44 59.55     |
| 13.   | Deltasteur 1                            | Deltasteur                 | 4:01.61                                             | 3:57.44 +0,61                              |
|       | Matthijs van Velzen<br>Metz Agema       | +0,61 27.05<br>+0,39 27.43 | 56.21 57.69<br>Daan Vinke<br>Twan Felix             | +0,46 28.97 1:01.25<br>+0,29 28.91 1:02.29 |
| 14.   | KSN (SG) 1                              | KSN (SG)                   | 3:59.94                                             | 3:59.58 +0,79                              |
|       | Daan Mulder<br>Mathijs de Wit           | +0,79 27.54<br>+0,50 27.07 | 58.51 56.37<br>Michiel de Wit<br>Teun de Bruin      | +0,53 29.76 1:04.88<br>+0,23 28.23 59.82   |
| 15.   | De Dolfijn 2                            | De Dolfijn                 | 3:58.31                                             | 4:00.28 +0,80                              |
|       | Kyaro Giuliano<br>Max van Splunder      | +0,80 28.75<br>+0,45 27.91 | 59.82 58.15<br>Kaelan Hayes<br>Marcelo Fritz Medina | +0,59 28.57 1:00.57<br>+0,37 28.94 1:01.74 |
| 16.   | SWOL 1894 1                             | SWOL 1894                  | 4:02.83                                             | 4:03.58 +0,69                              |
|       | Floris Meijers<br>Milan Eikenaar        | +0,69 31.27<br>+0,33 28.69 | 1:05.57 1:00.43<br>Kick Germers<br>Tristan Meijers  | +0,34 28.11 58.67<br>+0,33 28.18 58.91     |
| AFGEM | De Duinkickers 1                        | De Duinkickers             | 4:01.70                                             |                                            |

Programmanr. 50  
25-01-2026 - 18:15

Meisjes, 4 x 100m vrije slag

Onder 16  
Resultaten

| rang | vereniging                         | intijd                     | tijd                                                 | RT                                         |
|------|------------------------------------|----------------------------|------------------------------------------------------|--------------------------------------------|
| 1.   | De Dolfijn 1                       | De Dolfijn                 | 3:58.00                                              | 3:55.35 +0,68                              |
|      | Frédérique Nijziel<br>Dana Bulters | +0,68 28.56<br>+0,35 28.69 | 59.73 1:00.74<br>Wieke Dekker<br>Hannah Huisman      | +0,34 28.70 1:00.72<br>+0,36 25.72 54.16   |
| 2.   | Albion 1                           | Albion                     | 3:58.48                                              | 3:55.95 +0,67                              |
|      | Breanna Belmar<br>Esmee de Raadt   | +0,67 27.99<br>+0,50 28.07 | 59.13 59.21<br>Raegan Belmar<br>Anne Engbersen       | +0,57 28.51 1:00.26<br>+0,72 27.22 57.35   |
| 3.   | ZPC AMERSFOORT 1                   | ZPC AMERSFOORT             | 4:01.01                                              | 3:58.35 +0,70                              |
|      | Noa van Zalk<br>Paula Spans        | +0,70 28.94<br>+0,51 28.94 | 1:00.38 1:00.32<br>Brechtje Slootweg<br>Fenne Metten | +0,60 28.98 1:00.36<br>+0,53 27.57 57.29   |
| 4.   | Blue Marlins 1                     | Blue Marlins               | 3:59.67                                              | 3:58.51 +0,73                              |
|      | Minke Bouman<br>Mariia Kostina     | +0,73 27.91<br>+0,39 28.01 | 59.83 59.08<br>Casharell Kraan<br>Julia Dąbrowska    | +0,47 28.00 59.17<br>+0,42 28.27 1:00.43   |
| 5.   | WVZ 1                              | WVZ                        | 3:58.30                                              | 3:59.27 +0,80                              |
|      | Malin Roozeboom<br>Eva Ehlert      | +0,80 28.34<br>+0,53 28.61 | 57.95 1:00.54<br>Anouk Steller<br>Faye Thijsse       | +0,44 28.31 1:00.68<br>+0,50 28.38 1:00.10 |
| 6.   | PSV 1                              | PSV                        | 3:58.56                                              | 4:03.29 +0,72                              |
|      | Lola Verheijen<br>Emma Stokmans    | +0,72 28.33<br>+0,36 29.21 | 59.43 1:02.90<br>Fenna Zusterzeel<br>Anna Lepoutre   | +0,42 28.82 1:01.15<br>+0,38 27.83 59.81   |
| 7.   | Hellas-Glana 1                     | Hellas-Glana               | 4:11.25                                              | 4:10.60 +0,69                              |
|      | Sterre de Veen<br>Romy de Graaf    | +0,69 29.70<br>+0,56 29.97 | 1:02.08 1:02.80<br>Renske Slangen<br>Alaine Lomans   | +0,49 30.82 1:04.39<br>+0,63 28.42 1:01.33 |
| 8.   | De Columbiaan 1                    | De Columbiaan              | 4:09.88                                              | 4:12.51 +0,75                              |
|      | Nina Tetteroo<br>Anouk Mulder      | +0,75 29.79<br>+0,68 29.96 | 1:02.01 1:03.12<br>Tess Meeuwissen<br>Fanni Farkas   | +0,34 29.21 1:04.09<br>+0,58 29.96 1:03.29 |
| 9.   | Blue Marlins 2                     | Blue Marlins               | 4:07.98                                              | 4:12.63 +0,69                              |
|      | Odenza Soselisa<br>Tatum Vered     | +0,69 29.19<br>+0,54 30.84 | 1:00.48 1:05.35<br>Milou Filemon<br>Elke Kriesels    | +0,52 30.54 1:04.22<br>+0,41 29.18 1:02.58 |



Programmanr. 50, Meisjes, 4 x 100m vrije slag, Onder 16

| rang | vereniging                | intijd                                   | tijd                | RT    |
|------|---------------------------|------------------------------------------|---------------------|-------|
| 10.  | TriVia 1                  | 4:13.06                                  | <b>4:14.65</b>      | +0,71 |
|      | Elize Schierbeek          | +0,71 32.67 1:08.79 Sara van Dijk        | +0,45 30.53 1:05.58 |       |
|      | Ilse Jongepier            | +0,39 28.43 1:00.06 Elin Reinstra        | +0,13 28.64 1:00.22 |       |
| 11.  | ZPC AMERSFOORT 2          | 4:14.13                                  | <b>4:15.37</b>      | +0,81 |
|      | Ylène Zondervan           | +0,81 29.87 1:02.93 Yanique Bax          | +0,30 29.92 1:03.19 |       |
|      | Joanne Strietman          | +0,92 31.16 1:05.71 Hanna Heller         | +0,49 29.97 1:03.54 |       |
| 12.  | De Schotetjil 1           | 4:16.97                                  | <b>4:15.47</b>      | +0,75 |
|      | Nienke v. Weenen          | +0,75 30.84 1:04.08 Evy v. Nimwegen      | +0,56 30.40 1:04.60 |       |
|      | Abya Buscop               | +0,38 30.92 1:05.55 Famke Franzen        | +0,58 29.03 1:01.24 |       |
| 13.  | AZC 1                     | 4:18.55                                  | <b>4:16.02</b>      | +0,77 |
|      | Sophie Hoogervorst        | +0,77 31.29 1:05.49 Tamara Geuzebroek    | +0,40 30.09 1:03.97 |       |
|      | Naevia Verschoor          | +0,23 31.15 1:07.33 Nina van der Schrier | +0,56 28.62 59.23   |       |
| 14.  | DWK 1                     | 4:13.05                                  | <b>4:16.51</b>      | +0,74 |
|      | Tessa van Beek            | +0,74 28.73 59.72 Sofie van Poecke       | +0,58 31.03 1:06.14 |       |
|      | Elin Baars                | +0,56 30.19 1:03.22 Yvonne de Graaf      | +0,63 31.30 1:07.43 |       |
| 15.  | DAW 1                     | 4:14.42                                  | <b>4:16.97</b>      | +0,73 |
|      | Liv Schoon                | +0,73 31.07 1:05.03 Elisa Obdam          | +0,11 30.80 1:04.80 |       |
|      | Yuna van den Idsert       | +0,49 30.59 1:04.27 Elle van Gemeren     | +0,35 29.74 1:02.87 |       |
| 16.  | OZ&PC 1                   | 4:19.22                                  | <b>4:17.07</b>      | +0,80 |
|      | Florien Pot               | +0,80 29.12 1:00.83 Ribanna Damm         | +0,48 30.84 1:06.38 |       |
|      | Aimee van Tongeren        | +0,28 29.49 1:04.51 Elisa Reirink        | +0,72 30.73 1:05.35 |       |
| 17.  | Hellas-Glana 2            | 4:18.27                                  | <b>4:18.09</b>      | +0,76 |
|      | June Schuurmans           | +0,76 30.22 1:03.39 Sarah Förster        | +0,29 30.05 1:03.17 |       |
|      | Esra Simon                | +0,28 32.11 1:07.17 Julie Simonis        | +0,59 30.20 1:04.36 |       |
| 18.  | ZPC AMERSFOORT 3          | 4:17.70                                  | <b>4:18.14</b>      | +0,69 |
|      | Lian Vonk                 | +0,69 30.90 1:04.16 Kim Bouman           | +0,68 29.86 1:02.96 |       |
|      | Eva Maria Keet            | +0,55 30.91 1:05.80 Noortje Bisperink    | +0,49 31.01 1:05.22 |       |
| 19.  | Zwemlust- den Hommel 1    | 4:22.66                                  | <b>4:18.97</b>      | +0,83 |
|      | Mette Hogenhuis           | +0,83 28.91 1:00.44 Ynthe van Wijland    | +0,31 30.11 1:05.23 |       |
|      | Flore Hovens              | +0,55 31.37 1:08.19 Hanna Rijken         | +0,50 31.21 1:05.11 |       |
| 20.  | ZPCH 1                    | 4:20.44                                  | <b>4:19.23</b>      | +0,62 |
|      | Nynke Muntinga            | +0,62 31.21 1:06.33 Wies Hermans         | +0,66 31.46 1:06.57 |       |
|      | Linou van Kampen          | +0,63 29.71 1:02.04 Roubin van Kampen    | +0,51 30.85 1:04.29 |       |
| 21.  | ZPC Hoogeveen 1           | 4:18.29                                  | <b>4:20.52</b>      | +0,87 |
|      | Fabiën van Halderen       | +0,87 31.14 1:05.09 Femke ter Horst      | +0,37 30.44 1:04.86 |       |
|      | Eva ter Horst             | +0,53 31.23 1:05.33 Fenna Gabriëls       | +0,70 30.67 1:05.24 |       |
| 22.  | Team Noord Holland (SG) 1 | 4:18.76                                  | <b>4:21.14</b>      | +0,68 |
|      | Anne Kük                  | +0,68 32.02 1:07.57 Charlaïne Visser     | +0,28 30.12 1:03.25 |       |
|      | Juno Toomend              | +0,17 31.86 1:07.78 Charlotte Stegink    | +0,47 29.88 1:02.54 |       |
| 23.  | De Dolfijn 2              | 4:18.07                                  | <b>4:21.17</b>      | +0,79 |
|      | Dewi Meijer               | +0,79 30.37 1:03.05 Melody Paulussen     | +0,43 31.82 1:06.97 |       |
|      | Sofija Velevska           | +0,48 31.52 1:06.33 Noa Spaans           | +0,36 30.41 1:04.82 |       |
| 24.  | KSN (SG) 1                | 4:22.74                                  | <b>4:22.51</b>      | +0,80 |
|      | Lotte Euverman            | +0,80 29.99 1:03.20 Linthe Van Gelderen  | +0,13 31.01 1:06.93 |       |
|      | Aline Strijker            | +0,24 30.98 1:06.95 Alianne ter Veen     | +0,25 30.91 1:05.43 |       |
| 25.  | MSV-Zeemacht 1            | 4:22.34                                  | <b>4:23.11</b>      | +0,77 |
|      | Anne-Meike Stienstra      | +0,77 31.94 1:08.06 Ginger de Grave      | +0,08 31.72 1:06.62 |       |
|      | Saar De Jager             | +0,24 32.50 1:09.75 Romée Smit           | +0,17 28.16 58.68   |       |
| 26.  | DZ&PC 1                   | 4:20.80                                  | <b>4:23.90</b>      | +0,70 |
|      | Marlies Brouwer           | +0,70 31.90 1:07.10 Amila Mustafic       | +0,24 31.05 1:06.33 |       |
|      | Syll Rinsma               | +0,14 32.46 1:09.58 Nicole Pestman       | +0,34 29.12 1:00.89 |       |
| 27.  | Deltasteur 1              | 4:17.55                                  | <b>4:28.37</b>      | +0,82 |
|      | Isabel Amelink            | +0,82 31.02 1:04.68 Manoah Dekker        | +0,62 32.15 1:07.64 |       |
|      | Jente van t Hul           | +0,66 32.17 1:08.60 Maurieke Frijstein   | +0,36 32.20 1:07.45 |       |