

Programmanr. 26
24-01-2026 - 16:59

Meisjes, 400m wisselslag

Onder 14
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Julia Bannatyne	BZ&PC	5:26.33	201201020	5:19.11 +0,71
	50m: 33.46	33.46 150m: 1:52.69	39.18 250m: 3:20.76	48.04 350m: 4:44.36	35.10
	100m: 1:13.51	40.05 200m: 2:32.72	40.03 300m: 4:09.26	48.50 400m: 5:19.11	34.75
2.	Simone Brobbel	Hoeksche Waard (SG)	5:32.02	201200058	5:27.65 +0,72
	50m: 34.26	34.26 150m: 1:56.81	39.76 250m: 3:26.01	50.72 350m: 4:53.84	38.02
	100m: 1:17.05	42.79 200m: 2:35.29	38.48 300m: 4:15.82	49.81 400m: 5:27.65	33.81
3.	Anouk Mulder	De Columbiaan	5:24.16	201200962	5:27.72 +0,80
	50m: 33.84	33.84 150m: 1:59.10	42.46 250m: 3:27.70	46.96 350m: 4:53.71	37.70
	100m: 1:16.64	42.80 200m: 2:40.74	41.64 300m: 4:16.01	48.31 400m: 5:27.72	34.01
4.	Eva ter Horst	ZPC Hoogeveen	5:37.09	201200070	5:30.53 +0,78
	50m: 35.56	35.56 150m: 1:56.95	40.23 250m: 3:25.72	50.61 350m: 4:54.28	38.38
	100m: 1:16.72	41.16 200m: 2:35.11	38.16 300m: 4:15.90	50.18 400m: 5:30.53	36.25
5.	Valerie Rienties	Zwemsport Parkstad	5:41.59	201200400	5:31.51 +0,68
	50m: 36.74	36.74 150m: 2:01.32	40.81 250m: 3:29.98	47.91 350m: 4:55.73	40.23
	100m: 1:20.51	43.77 200m: 2:42.07	40.75 300m: 4:15.50	45.52 400m: 5:31.51	35.78
6.	Veronika Parkhomenko	Het Y	5:31.57	201301610	5:33.64 +0,76
	50m: 35.50	35.50 150m: 1:59.54	41.64 250m: 3:27.53	47.09 350m: 4:55.56	40.18
	100m: 1:17.90	42.40 200m: 2:40.44	40.90 300m: 4:15.38	47.85 400m: 5:33.64	38.08
7.	Alena Ytsma	HZ&PC Heerenveen	5:36.02	201201736	5:33.68 +0,80
	50m: 34.01	34.01 150m: 1:55.93	42.37 250m: 3:26.36	47.34 350m: 4:54.57	40.52
	100m: 1:13.56	39.55 200m: 2:39.02	43.09 300m: 4:14.05	47.69 400m: 5:33.68	39.11
8.	Fenna Beumer	PSV	5:41.37	201300176	5:34.22 +0,74
	50m: 36.98	36.98 150m: 1:58.26	40.87 250m: 3:28.49	50.16 350m: 4:57.07	38.18
	100m: 1:17.39	40.41 200m: 2:38.33	40.07 300m: 4:18.89	50.40 400m: 5:34.22	37.15
9.	Roubin van Kampen	ZPCH	5:47.61	201200370	5:36.34 +0,79
	50m: 36.49	36.49 150m: 2:03.15	43.57 250m: 3:33.20	47.13 350m: 5:00.59	38.94
	100m: 1:19.58	43.09 200m: 2:46.07	42.92 300m: 4:21.65	48.45 400m: 5:36.34	35.75
10.	Lieselot Penning	ZZ&PC De Devel	5:41.69	201200052	5:37.27 +0,72
	50m: 37.46	37.46 150m: 2:03.71	42.84 250m: 3:35.21	50.07 350m: 5:02.01	36.28
	100m: 1:20.87	43.41 200m: 2:45.14	41.43 300m: 4:25.73	50.52 400m: 5:37.27	35.26
11.	Querine Schminnes	ZC Borger	5:46.39	201200624	5:37.88 +0,81
	50m: 37.42	37.42 150m: 2:07.17	44.54 250m: 3:35.83	46.06 350m: 5:01.26	38.69
	100m: 1:22.63	45.21 200m: 2:49.77	42.60 300m: 4:22.57	46.74 400m: 5:37.88	36.62
12.	Benthe de Beer	PSV	5:44.40	201302638	5:38.07 +0,66
	50m: 35.75	35.75 150m: 2:01.49	43.38 250m: 3:33.01	47.74 350m: 5:00.65	39.91
	100m: 1:18.11	42.36 200m: 2:45.27	43.78 300m: 4:20.74	47.73 400m: 5:38.07	37.42
13.	Charlotte Bakker	BZ&PC	5:50.70	201200524	5:40.36 +0,71
	50m: 37.63	37.63 150m: 2:06.46	44.17 250m: 3:39.81	49.45 350m: 5:04.68	36.76
	100m: 1:22.29	44.66 200m: 2:50.36	43.90 300m: 4:27.92	48.11 400m: 5:40.36	35.68
14.	Tatum Vered	Blue Marlins	5:42.53	201201322	5:41.56 +0,76
	50m: 36.49	36.49 150m: 2:01.77	43.71 250m: 3:32.58	46.85 350m: 5:02.81	41.24
	100m: 1:18.06	41.57 200m: 2:45.73	43.96 300m: 4:21.57	48.99 400m: 5:41.56	38.75
15.	Fay Jansen	Aqua-Novio'94	5:57.27	201200154	5:41.83 +0,83
	50m: 37.28	37.28 150m: 2:03.67	44.35 250m: 3:36.89	50.25 350m: 5:06.00	38.11
	100m: 1:19.32	42.04 200m: 2:46.64	42.97 300m: 4:27.89	51.00 400m: 5:41.83	35.83
16.	Julia Ketelaars	Hellas-Glana	5:32.24	201200028	5:41.85 +0,83
	50m: 35.13	35.13 150m: 2:02.13	45.06 250m: 3:35.15	47.10 350m: 5:03.11	39.79
	100m: 1:17.07	41.94 200m: 2:48.05	45.92 300m: 4:23.32	48.17 400m: 5:41.85	38.74
17.	Jet Hogervorst	De Columbiaan	5:48.28	201200738	5:43.43 +0,58
	50m: 36.81	36.81 150m: 2:05.70	41.89 250m: 3:34.86	46.32 350m: 5:03.33	40.71
	100m: 1:23.81	47.00 200m: 2:48.54	42.84 300m: 4:22.62	47.76 400m: 5:43.43	40.10
18.	Boukje de Baedts	Het Y	5:47.34	201300756	5:43.51 +0,70
	50m: 37.00	37.00 150m: 2:06.78	44.59 250m: 3:39.68	50.36 350m: 5:07.14	37.76
	100m: 1:22.19	45.19 200m: 2:49.32	42.54 300m: 4:29.38	49.70 400m: 5:43.51	36.37
19.	Tesse van de Wetering	Arethusa	5:58.82	201200780	5:43.59 +0,76
	50m: 37.99	37.99 150m: 2:07.78	44.10 250m: 3:40.69	50.87 350m: 5:08.58	39.10
	100m: 1:23.68	45.69 200m: 2:49.82	42.04 300m: 4:29.48	48.79 400m: 5:43.59	35.01

Programmanr. 26, Meisjes, 400m wisselslag, Onder 14

rang	naam	vereniging	intijd	tijd	RT
20.	Coco Scheepers	PSV	5:42.39	201301462	5:44.11 +0,74
	50m: 35.15	35.15 150m: 2:01.10	44.48 250m: 3:34.32	50.47 350m: 5:06.11	40.30
	100m: 1:16.62	41.47 200m: 2:43.85	42.75 300m: 4:25.81	51.49 400m: 5:44.11	38.00
21.	Guusje van Geest	ACZ	5:46.83	201200352	5:46.21 +0,85
	50m: 37.34	37.34 150m: 2:03.53	43.29 250m: 3:37.06	50.95 350m: 5:08.28	39.09
	100m: 1:20.24	42.90 200m: 2:46.11	42.58 300m: 4:29.19	52.13 400m: 5:46.21	37.93
22.	Mischa Brouwers	Hieronymus	6:09.53	201202208	5:47.70 +0,80
	50m: 33.49	33.49 150m: 2:00.91	44.73 250m: 3:35.95	50.48 350m: 5:08.21	40.63
	100m: 1:16.18	42.69 200m: 2:45.47	44.56 300m: 4:27.58	51.63 400m: 5:47.70	39.49
23.	Liv Schoon	DAW	6:09.14	201202112	5:48.46 +0,73
	50m: 36.32	36.32 150m: 2:10.46	43.86 250m: 3:42.70	49.62 350m: 5:12.25	39.18
	100m: 1:26.60	50.28 200m: 2:53.08	42.62 300m: 4:33.07	50.37 400m: 5:48.46	36.21
24.	Fenna Gabriels	ZPC Hoogeveen	5:52.70	201201230	5:48.58 +0,74
	50m: 37.32	37.32 150m: 2:02.89	43.36 250m: 3:37.22	51.74 350m: 5:10.10	40.42
	100m: 1:19.53	42.21 200m: 2:45.48	42.59 300m: 4:29.68	52.46 400m: 5:48.58	38.48
25.	Saar Begeman	ZPC de Kanaalstreek	5:47.27	201201594	5:49.03 +0,72
	50m: 37.15	37.15 150m: 2:08.24	45.02 250m: 3:41.63	49.81 350m: 5:11.63	39.69
	100m: 1:23.22	46.07 200m: 2:51.82	43.58 300m: 4:31.94	50.31 400m: 5:49.03	37.40
26.	Fiene Quaak	Z&PC De Ganze	5:56.97	201201142	5:49.05 +0,75
	50m: 37.40	37.40 150m: 2:09.79	44.54 250m: 3:41.94	50.23 350m: 5:12.90	41.02
	100m: 1:25.25	47.85 200m: 2:51.71	41.92 300m: 4:31.88	49.94 400m: 5:49.05	36.15
27.	Jazz Hollander	ZZ&PC De Devel	5:46.34	201300528	5:49.12 +0,77
	50m: 35.90	35.90 150m: 2:07.72	45.37 250m: 3:39.12	47.02 350m: 5:08.40	42.43
	100m: 1:22.35	46.45 200m: 2:52.10	44.38 300m: 4:25.97	46.85 400m: 5:49.12	40.72
28.	Lenny Bokkers	De Zwoer	5:52.74	201300390	5:49.36 +0,76
	50m: 35.53	35.53 150m: 2:04.09	45.54 250m: 3:37.72	48.74 350m: 5:10.00	41.52
	100m: 1:18.55	43.02 200m: 2:48.98	44.89 300m: 4:28.48	50.76 400m: 5:49.36	39.36
29.	Liva van Groningen	Team Noord Holland (SG)	5:41.14	201200280	5:49.39 +0,75
	50m: 36.37	36.37 150m: 2:08.74	45.85 250m: 3:39.18	46.69 350m: 5:09.19	42.41
	100m: 1:22.89	46.52 200m: 2:52.49	43.75 300m: 4:26.78	47.60 400m: 5:49.39	40.20
30.	Jana Nelissen	PSV	5:57.57	201200350	5:49.53 +0,69
	50m: 36.18	36.18 150m: 2:05.35	44.47 250m: 3:39.26	50.26 350m: 5:12.56	40.28
	100m: 1:20.88	44.70 200m: 2:49.00	43.65 300m: 4:32.28	53.02 400m: 5:49.53	36.97
31.	Madeé Boezen	Zignea	6:02.88	201300782	5:51.32 +0,66
	50m: 39.42	39.42 150m: 2:10.63	43.00 250m: 3:43.88	50.77 350m: 5:14.49	40.15
	100m: 1:27.63	48.21 200m: 2:53.11	42.48 300m: 4:34.34	50.46 400m: 5:51.32	36.83
32.	Caithlin Lakke	Team Noord Holland (SG)	5:53.29	201302438	5:52.95 +0,81
	50m: 36.34	36.34 150m: 2:03.18	44.87 250m: 3:40.11	52.38 350m: 5:13.51	41.74
	100m: 1:18.31	41.97 200m: 2:47.73	44.55 300m: 4:31.77	51.66 400m: 5:52.95	39.44
33.	Vicky Horens	Hellas-Glana	5:35.14	201200252	5:53.86 +0,72
	50m: 35.77	35.77 150m: 2:10.80	46.68 250m: 3:42.62	45.96 350m: 5:12.25	41.77
	100m: 1:24.12	48.35 200m: 2:56.66	45.86 300m: 4:30.48	47.86 400m: 5:53.86	41.61
34.	Karlijn Siero	SWOL 1894	5:54.36	201201758	5:53.91 +0,86
	50m: 38.81	38.81 150m: 2:12.01	47.51 250m: 3:47.14	50.71 350m: 5:16.39	39.03
	100m: 1:24.50	45.69 200m: 2:56.43	44.42 300m: 4:37.36	50.22 400m: 5:53.91	37.52
35.	Jinthe Kuiper	SWOL 1894	5:52.13	201200688	5:53.96 * +0,71
	50m: 37.37	37.37 150m: 2:12.45	46.07 250m: 3:45.27	48.86 350m: 5:16.02	41.18
	100m: 1:26.38	49.01 200m: 2:56.41	43.96 300m: 4:34.84	49.57 400m: 5:53.96	37.94
36.	Fee Sevenants	De Watervogels	5:59.39	201201884	5:56.40 +0,77
	50m: 36.85	36.85 150m: 2:08.48	48.53 250m: 3:42.93	47.69 350m: 5:15.16	43.77
	100m: 1:19.95	43.10 200m: 2:55.24	46.76 300m: 4:31.39	48.46 400m: 5:56.40	41.24
37.	Elisa Obdam	DAW	5:47.91	201201444	5:57.62 +0,67
	50m: 34.26	34.26 150m: 2:03.57	46.78 250m: 3:42.14	53.19 350m: 5:16.26	40.48
	100m: 1:16.79	42.53 200m: 2:48.95	45.38 300m: 4:35.78	53.64 400m: 5:57.62	41.36
38.	Feline Bruns	ZC Polaris	5:59.92	201200730	5:57.69 +0,81
	50m: 36.75	36.75 150m: 2:11.46	44.59 250m: 3:47.07	52.71 350m: 5:19.13	39.29
	100m: 1:26.87	50.12 200m: 2:54.36	42.90 300m: 4:39.84	52.77 400m: 5:57.69	38.56
39.	Nova Volmer	Deltasteur	5:45.89	201300426	6:00.00 * +0,78
	50m: 34.59	34.59 150m: 2:04.47	46.65 250m: 3:41.95	52.52 350m: 5:19.87	42.31
	100m: 1:17.82	43.23 200m: 2:49.43	44.96 300m: 4:37.56	55.61 400m: 6:00.00	40.13

Programmanr. 26, Meisjes, 400m wisselslag, Onder 14

rang	naam	vereniging		intijd		tijd		RT	
40.	Joanne Strietman	ZPC AMERSFOORT		6:08.20	201203784		6:01.81	+0,76	
	50m: 36.05	36.05	150m: 2:11.73	47.14	250m: 3:49.31	53.89	350m: 5:24.02	39.90	
	100m: 1:24.59	48.54	200m: 2:55.42	43.69	300m: 4:44.12	54.81	400m: 6:01.81	37.79	