

Programmanr. 20
14-12-2024 - 15:36

Jongens, 400m wisselslag

Gebjr 2011 - 2012
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Kasper Lubbers	Orca Leeuwarden	5:11.20	201100025	5:04.46 +0,56
	50m: 32.65	32.65 150m: 1:49.13	39.44	250m: 3:10.61	42.37 350m: 4:29.92
	100m: 1:09.69	37.04 200m: 2:28.24	39.11	300m: 3:54.78	44.17 400m: 5:04.46
2.	Laurens van Nulck	Hellas-Glana	5:15.60	201100521	5:05.70 +0,74
	50m: 32.64	32.64 150m: 1:51.80	41.09	250m: 3:13.95	41.54 350m: 4:32.56
	100m: 1:10.71	38.07 200m: 2:32.41	40.61	300m: 3:57.38	43.43 400m: 5:05.70
3.	Ramon Vos	ZPC Hoogeveen	5:18.32	201100051	5:05.85 +0,77
	50m: 32.42	32.42 150m: 1:50.69	38.09	250m: 3:13.61	45.47 350m: 4:34.21
	100m: 1:12.60	40.18 200m: 2:28.14	37.45	300m: 4:00.41	46.80 400m: 5:05.85
4.	Matthijs van Velzen	Deltasteur	5:13.37	201100435	5:05.93 +0,58
	50m: 30.87	30.87 150m: 1:49.18	39.46	250m: 3:13.97	45.92 350m: 4:34.54
	100m: 1:09.72	38.85 200m: 2:28.05	38.87	300m: 4:00.55	46.58 400m: 5:05.93
5.	Douwe Enzerink	Deltasteur	5:20.01	201102657	5:14.13 +0,56
	50m: 33.07	33.07 150m: 1:54.79	41.78	250m: 3:18.96	43.60 350m: 4:39.36
	100m: 1:13.01	39.94 200m: 2:35.36	40.57	300m: 4:04.37	45.41 400m: 5:14.13
6.	Nils Bellert	SG Octopus - ZVV	5:21.86	201100347	5:17.36 +0,72
	50m: 32.02	32.02 150m: 1:52.31	39.84	250m: 3:18.38	47.70 350m: 4:43.23
	100m: 1:12.47	40.45 200m: 2:30.68	38.37	300m: 4:04.85	46.47 400m: 5:17.36
7.	Franzi Ziegler	DAW	5:36.09	201100891	5:17.71 +0,69
	50m: 32.81	32.81 150m: 1:51.94	41.38	250m: 3:16.12	43.75 350m: 4:40.26
	100m: 1:10.56	37.75 200m: 2:32.37	40.43	300m: 4:01.24	45.12 400m: 5:17.71
8.	Amor van der Veen	Dedemsvaart-AC	5:29.98	201100197	5:19.67 +0,70
	50m: 32.80	32.80 150m: 1:52.92	38.81	250m: 3:20.68	49.31 350m: 4:45.58
	100m: 1:14.11	41.31 200m: 2:31.37	38.45	300m: 4:09.41	48.73 400m: 5:19.67
9.	Giovanni Wolfgang	MSV-Zeemacht	5:25.35	201100859	5:19.69 +0,62
	50m: 33.02	33.02 150m: 1:53.93	39.93	250m: 3:19.04	45.66 350m: 4:43.91
	100m: 1:14.00	40.98 200m: 2:33.38	39.45	300m: 4:06.17	47.13 400m: 5:19.69
10.	Jasper de Glopper	PSV	5:36.83	201103019	5:20.25 +0,75
	50m: 33.54	33.54 150m: 1:51.99	40.80	250m: 3:19.87	48.21 350m: 4:44.66
	100m: 1:11.19	37.65 200m: 2:31.66	39.67	300m: 4:07.94	48.07 400m: 5:20.25
11.	Tim Slagers	Aquapoldro	5:31.33	201200263	5:22.36 +0,74
	50m: 32.71	32.71 150m: 1:54.25	42.26	250m: 3:24.87	50.54 350m: 4:48.65
	100m: 1:11.99	39.28 200m: 2:34.33	40.08	300m: 4:13.38	48.51 400m: 5:22.36
12.	Luca Denkers	ZV New Wave Almere	5:34.75	201202399	5:22.88 +0,65
	50m: 33.57	33.57 150m: 1:56.10	42.42	250m: 3:22.23	45.96 350m: 4:47.57
	100m: 1:13.68	40.11 200m: 2:36.27	40.17	300m: 4:09.26	47.03 400m: 5:22.88
13.	Lev Rudman	Blue Marlins	5:30.34	201102343	5:24.14 +0,67
	50m: 31.08	31.08 150m: 1:54.99	43.26	250m: 3:23.81	46.12 350m: 4:47.81
	100m: 1:11.73	40.65 200m: 2:37.69	42.70	300m: 4:10.26	46.45 400m: 5:24.14
14.	Luca Monster	SG Hoeksche Waard	5:29.77	201100343	5:26.87 +0,70
	50m: 32.38	32.38 150m: 1:57.17	44.35	250m: 3:25.37	44.64 350m: 4:49.83
	100m: 1:12.82	40.44 200m: 2:40.73	43.56	300m: 4:10.99	45.62 400m: 5:26.87
15.	Daan Overmars	OZ&PC	5:40.51	201100027	5:32.08 +0,74
	50m: 37.80	37.80 150m: 2:04.98	40.25	250m: 3:33.82	48.71 350m: 4:57.65
	100m: 1:24.73	46.93 200m: 2:45.11	40.13	300m: 4:22.40	48.58 400m: 5:32.08
16.	Yanniek Jager	Batavia Swim	5:50.11	201100315	5:32.21 +0,68
	50m: 34.05	34.05 150m: 1:58.51	42.90	250m: 3:27.23	46.71 350m: 4:53.56
	100m: 1:15.61	41.56 200m: 2:40.52	42.01	300m: 4:14.91	47.68 400m: 5:32.21
17.	Daan Mulder	KSN (SG)	5:40.49	201100267	5:32.38 +0,78
	50m: 36.61	36.61 150m: 2:03.92	41.60	250m: 3:32.74	48.05 350m: 4:57.48
	100m: 1:22.32	45.71 200m: 2:44.69	40.77	300m: 4:20.88	48.14 400m: 5:32.38
18.	Dax Muijlaert	SG Octopus - ZVV	5:32.92	201100535	5:32.63 +0,65
	50m: 33.88	33.88 150m: 1:58.08	42.78	250m: 3:29.63	50.80 350m: 4:56.21
	100m: 1:15.30	41.42 200m: 2:38.83	40.75	300m: 4:18.98	49.35 400m: 5:32.63

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rang	naam	vereniging	intijd	201200531	tijd	RT
19.	Max van Splunder	Het Y	5:34.72	201200531	5:33.08	+0,76
	50m: 37.18	37.18 150m: 2:04.58	43.95	250m: 3:32.69	46.29	350m: 4:57.50
	100m: 1:20.63	43.45 200m: 2:46.40	41.82	300m: 4:19.19	46.50	400m: 5:33.08
20.	Ewan Krist	ZPCH	5:46.53	201100549	5:33.36	+0,80
	50m: 36.87	36.87 150m: 2:03.30	42.66	250m: 3:31.91	46.96	350m: 4:57.79
	100m: 1:20.64	43.77 200m: 2:44.95	41.65	300m: 4:18.62	46.71	400m: 5:33.36
21.	Mees Janssen	DSZ	5:46.80	201102025	5:34.69	+0,68
	50m: 34.44	34.44 150m: 2:00.19	41.81	250m: 3:31.74	50.09	350m: 4:59.98
	100m: 1:18.38	43.94 200m: 2:41.65	41.46	300m: 4:22.11	50.37	400m: 5:34.69
22.	Milan Eikenaar	SWOL 1894	5:32.79	201100599	5:36.52	+0,87
	50m: 35.44	35.44 150m: 2:01.38	43.98	250m: 3:31.23	49.09	350m: 4:59.35
	100m: 1:17.40	41.96 200m: 2:42.14	40.76	300m: 4:20.50	49.27	400m: 5:36.52
23.	Costijn van Elst	Blue Marlins	5:39.56	201100317	5:36.99	+0,76
	50m: 34.97	34.97 150m: 1:59.60	42.55	250m: 3:31.01	50.48	350m: 5:00.94
	100m: 1:17.05	42.08 200m: 2:40.53	40.93	300m: 4:22.94	51.93	400m: 5:36.99
24.	Mohiz Zahir	De Dolfijn	5:40.37	201102139	5:37.34	+0,75
	50m: 36.86	36.86 150m: 2:04.67	43.32	250m: 3:33.67	46.04	350m: 4:59.59
	100m: 1:21.35	44.49 200m: 2:47.63	42.96	300m: 4:20.74	47.07	400m: 5:37.34
25.	Stan Nijhuis	OZ&PC	5:55.64	201100191	5:37.59	+0,77
	50m: 38.87	38.87 150m: 2:03.22	38.69	250m: 3:33.00	49.13	350m: 5:00.93
	100m: 1:24.53	45.66 200m: 2:43.87	40.65	300m: 4:22.72	49.72	400m: 5:37.59
26.	Joep Lindhout	Niemo Barracuda	5:38.11	201100873	5:37.63	+0,75
	50m: 36.98	36.98 150m: 2:02.66	42.27	250m: 3:32.37	48.06	350m: 5:02.35
	100m: 1:20.39	43.41 200m: 2:44.31	41.65	300m: 4:20.90	48.53	400m: 5:37.63
27.	Thijs van Kints	BZ&PC	5:39.80	201101059	5:37.91	+0,86
	50m: 37.84	37.84 150m: 2:08.58	44.21	250m: 3:39.31	46.68	350m: 5:03.25
	100m: 1:24.37	46.53 200m: 2:52.63	44.05	300m: 4:27.03	47.72	400m: 5:37.91
28.	Leroy Maring	ZPC de Kanaalstreek	5:46.01	201100307	5:39.63	+0,76
	50m: 35.07	35.07 150m: 2:04.65	45.29	250m: 3:37.62	49.61	350m: 5:04.30
	100m: 1:19.36	44.29 200m: 2:48.01	43.36	300m: 4:26.22	48.60	400m: 5:39.63
29.	Finn Knijnenburg	De Columbiaan	5:43.82	201101319	5:40.39	+0,73
	50m: 36.93	36.93 150m: 2:05.09	42.78	250m: 3:35.69	49.79	350m: 5:03.35
	100m: 1:22.31	45.38 200m: 2:45.90	40.81	300m: 4:24.92	49.23	400m: 5:40.39
30.	Sander de Bruin	ZZ&PC De Devel	5:50.93	201100617	5:40.63	+0,66
	50m: 34.82	34.82 150m: 2:03.97	44.46	250m: 3:34.37	46.52	350m: 5:03.23
	100m: 1:19.51	44.69 200m: 2:47.85	43.88	300m: 4:22.83	48.46	400m: 5:40.63
31.	Pieter de Jonge	Aqua-Novio'94	5:52.94	201200211	5:41.14	+0,78
	50m: 34.01	34.01 150m: 1:55.69	42.88	250m: 3:31.24	52.28	350m: 5:03.85
	100m: 1:12.81	38.80 200m: 2:38.96	43.27	300m: 4:23.79	52.55	400m: 5:41.14
32.	Dewin Volker	OZ&PC	5:49.43	201101935	5:41.58	+0,67
	50m: 37.84	37.84 150m: 2:06.60	42.58	250m: 3:37.28	48.15	350m: 5:04.74
	100m: 1:24.02	46.18 200m: 2:49.13	42.53	300m: 4:25.76	48.48	400m: 5:41.58
33.	Nout de Roo	Blue Marlins	5:50.01	201103345	5:41.71	+0,63
	50m: 36.57	36.57 150m: 2:05.46	46.56	250m: 3:40.09	47.87	350m: 5:06.76
	100m: 1:18.90	42.33 200m: 2:52.22	46.76	300m: 4:27.99	47.90	400m: 5:41.71
34.	Laurens Steenaart	ZPCH	5:51.20	201100829	5:42.47	+0,76
	50m: 37.32	37.32 150m: 2:04.66	43.40	250m: 3:35.33	46.73	350m: 5:04.65
	100m: 1:21.26	43.94 200m: 2:48.60	43.94	300m: 4:24.67	49.34	400m: 5:42.47
35.	Toa Jahn	Het Y	5:49.12	201201665	5:43.39	+0,56
	50m: 35.76	35.76 150m: 2:05.59	44.10	250m: 3:38.70	49.39	350m: 5:07.67
	100m: 1:21.49	45.73 200m: 2:49.31	43.72	300m: 4:28.57	49.87	400m: 5:43.39
36.	A. Janse van Rensburg	De Treffers	5:49.68	201202261	5:44.68	+0,74
	50m: 36.00	36.00 150m: 2:02.16	41.61	250m: 3:35.32	53.00	350m: 5:06.50
	100m: 1:20.55	44.55 200m: 2:42.32	40.16	300m: 4:27.15	51.83	400m: 5:44.68
37.	Lars Thül	SWOL 1894	5:44.90	201200119	5:47.62	+0,71
	50m: 37.04	37.04 150m: 2:05.29	43.48	250m: 3:39.48	52.26	350m: 5:10.35
	100m: 1:21.81	44.77 200m: 2:47.22	41.93	300m: 4:31.71	52.23	400m: 5:47.62

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rang	naam	vereniging	intijd				tijd				RT	
38.	Thijs Hoogeveen	ZPC Woerden	5:48.00				201100503				5:53.03	+0,78
	50m: 39.49	39.49	150m: 2:17.23	46.94	250m: 3:47.15	45.22	350m: 5:14.43	39.44	400m: 5:53.03	47.84	38.60	
	100m: 1:30.29	50.80	200m: 3:01.93	44.70	300m: 4:34.99	47.84	400m: 5:53.03					
39.	Charles Araysa	Zwemlust- den Hommel	5:59.08				201201155				5:58.16	+0,57
	50m: 36.63	36.63	150m: 2:09.44	46.28	250m: 3:44.64	49.24	350m: 5:17.63	41.60	400m: 5:58.16	51.39	40.53	
	100m: 1:23.16	46.53	200m: 2:55.40	45.96	300m: 4:36.03	51.39	400m: 5:58.16					
DIS	Izayah Castillo	Blue Marlins	5:41.08				201100311					
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>											