

Nederlandse Junior Kampioenschappen
Drachten, 20- - 22-6-2025

Programmanr. 17
21-6-2025 - 10:28

Jongens, 400m wisselslag

Onder 14
Resultaten

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA
1.	Kasper Lubbers	Orca	201100025	5:04.92 +0,69	503
	50m: 33.85 33.85	150m: 1:52.42 40.59	250m: 3:13.62 43.00	350m: 4:30.82 35.72	
	100m: 1:11.83 37.98	200m: 2:30.62 38.20	300m: 3:55.10 41.48	400m: 5:04.92 34.10	
2.	Ramon Vos	ZPC Hoogeveen	201100051	5:05.53 +0,70	500
	50m: 33.49 33.49	150m: 1:53.43 39.52	250m: 3:15.11 43.71	350m: 4:33.76 33.99	
	100m: 1:13.91 40.42	200m: 2:31.40 37.97	300m: 3:59.77 44.66	400m: 5:05.53 31.77	
3.	Laurens van Nulck	Hellas-Glana	201100521	5:05.84 +0,66	498
	50m: 33.28 33.28	150m: 1:55.58 42.54	250m: 3:16.52 39.74	350m: 4:32.78 34.86	
	100m: 1:13.04 39.76	200m: 2:36.78 41.20	300m: 3:57.92 41.40	400m: 5:05.84 33.06	
4.	Giovanni Wolfgang	MSV-Zeemacht	201100859	5:18.75 +0,88	440
	50m: 32.48 32.48	150m: 1:55.25 41.88	250m: 3:23.34 45.64	350m: 4:45.06 34.22	
	100m: 1:13.37 40.89	200m: 2:37.70 42.45	300m: 4:10.84 47.50	400m: 5:18.75 33.69	
5.	Douwe Enzerink	ZPC AMERSFOORT	201102657	5:19.44 +0,69	437
	50m: 33.16 33.16	150m: 1:56.67 43.97	250m: 3:23.57 44.55	350m: 4:45.73 36.37	
	100m: 1:12.70 39.54	200m: 2:39.02 42.35	300m: 4:09.36 45.79	400m: 5:19.44 33.71	
6.	Matthijs van Velzen	Deltasteur	201100435	5:19.56 +0,62	436
	50m: 33.02 33.02	150m: 1:53.88 40.94	250m: 3:21.68 48.72	350m: 4:45.54 34.38	
	100m: 1:12.94 39.92	200m: 2:32.96 39.08	300m: 4:11.16 49.48	400m: 5:19.56 34.02	
7.	Franzi Ziegler	DAW	201100891	5:21.50 +0,62	429
	50m: 30.75 30.75	150m: 1:50.99 42.45	250m: 3:19.02 46.77	350m: 4:44.69 39.15	
	100m: 1:08.54 37.79	200m: 2:32.25 41.26	300m: 4:05.54 46.52	400m: 5:21.50 36.81	
8.	Nils Bellert	SG Octopus - ZVV	201100347	5:23.08 +0,74	422
	50m: 32.74 32.74	150m: 1:54.00 41.74	250m: 3:22.06 47.51	350m: 4:49.00 37.76	
	100m: 1:12.26 39.52	200m: 2:34.55 40.55	300m: 4:11.24 49.18	400m: 5:23.08 34.08	
9.	Stijn Peters	ZPC AMERSFOORT	201103581	5:23.88 +0,52	419
	50m: 36.00 36.00	150m: 1:58.86 41.80	250m: 3:25.49 46.07	350m: 4:48.93 37.81	
	100m: 1:17.06 41.06	200m: 2:39.42 40.56	300m: 4:11.12 45.63	400m: 5:23.88 34.95	
10.	Tim Slagers	Aquapoldro	201200263	5:28.04 +0,73	403
	50m: 31.05 31.05	150m: 1:52.51 44.41	250m: 3:24.60 51.07	350m: 4:52.36 37.65	
	100m: 1:08.10 37.05	200m: 2:33.53 41.02	300m: 4:14.71 50.11	400m: 5:28.04 35.68	
11.	Amor van der Veen	Dedemsvaart-AC	201100197	5:28.56 +0,71	402
	50m: 33.41 33.41	150m: 1:53.04 38.56	250m: 3:23.60 51.82	350m: 4:53.47 37.34	
	100m: 1:14.48 41.07	200m: 2:31.78 38.74	300m: 4:16.13 52.53	400m: 5:28.56 35.09	
12.	Daan Overmars	OZ&PC	201100027	5:30.33 +0,70	395
	50m: 35.59 35.59	150m: 2:00.07 40.54	250m: 3:28.74 48.82	350m: 4:54.61 37.21	
	100m: 1:19.53 43.94	200m: 2:39.92 39.85	300m: 4:17.40 48.66	400m: 5:30.33 35.72	
13.	Luca Denkers	ZV New Wave Almere	201202399	5:30.62 +0,65	394
	50m: 33.36 33.36	150m: 2:00.09 45.24	250m: 3:27.24 45.21	350m: 4:53.94 38.82	
	100m: 1:14.85 41.49	200m: 2:42.03 41.94	300m: 4:15.12 47.88	400m: 5:30.62 36.68	
14.	Luca Monster	SG Hoeksche Waard	201100343	5:31.33 +0,68	392
	50m: 31.54 31.54	150m: 1:55.95 45.15	250m: 3:23.42 42.91	350m: 4:52.01 41.43	
	100m: 1:10.80 39.26	200m: 2:40.51 44.56	300m: 4:10.58 47.16	400m: 5:31.33 39.32	
15.	Lev Rudman	Blue Marlins	201102343	5:32.26 +0,65	388
	50m: 31.67 31.67	150m: 1:57.20 44.44	250m: 3:28.56 48.00	350m: 4:55.46 37.88	
	100m: 1:12.76 41.09	200m: 2:40.56 43.36	300m: 4:17.58 49.02	400m: 5:32.26 36.80	
16.	Jasper de Glopper	PSV	201103019	5:33.06 +1,25	385
	50m: 33.00 33.00	150m: 1:55.33 43.45	250m: 3:27.99 50.46	350m: 4:56.08 38.35	
	100m: 1:11.88 38.88	200m: 2:37.53 42.20	300m: 4:17.73 49.74	400m: 5:33.06 36.98	
17.	Zion Eijkenboom	Hellas-Glana	201100043	5:33.24 +0,73	385
	50m: 35.19 35.19	150m: 1:59.30 43.31	250m: 3:30.76 50.15	350m: 4:59.19 37.83	
	100m: 1:15.99 40.80	200m: 2:40.61 41.31	300m: 4:21.36 50.60	400m: 5:33.24 34.05	
18.	Max van Splunder	Het Y	201200531	5:33.32 +0,72	385
	50m: 35.99 35.99	150m: 2:03.16 43.90	250m: 3:32.82 47.54	350m: 4:57.83 37.06	
	100m: 1:19.26 43.27	200m: 2:45.28 42.12	300m: 4:20.77 47.95	400m: 5:33.32 35.49	
19.	Mees Janssen	DSZ	201102025	5:33.75	383
	50m: 33.38 33.38	150m: 1:58.14 42.65	250m: 3:30.18 51.30	350m: 4:59.18 36.57	
	100m: 1:15.49 42.11	200m: 2:38.88 40.74	300m: 4:22.61 52.43	400m: 5:33.75 34.57	

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Drachten, 20 - 22-6-2025

Programmanr. 17, Jongens, 400m wisselslag, Onder 14

rang	naam	vereniging	tijd	RT	FINA
20.	Milan Eikenaar	SWOL 1894	201100599	5:34.58 +0,90	380
	50m: 36.08 36.08	150m: 2:00.10 41.42	250m: 3:30.28 48.57	350m: 4:57.86 37.98	
	100m: 1:18.68 42.60	200m: 2:41.71 41.61	300m: 4:19.88 49.60	400m: 5:34.58 36.72	
21.	David van der Valk	Wiekslag	201100519	5:34.78 +0,63	380
	50m: 35.59 35.59	150m: 2:01.32 42.53	250m: 3:30.47 46.26	350m: 4:57.74 38.92	
	100m: 1:18.79 43.20	200m: 2:44.21 42.89	300m: 4:18.82 48.35	400m: 5:34.78 37.04	
22.	Dax Muijlaert	SG Octopus - ZVV	201100535	5:35.43 +0,82	377
	50m: 33.22 33.22	150m: 1:57.65 42.66	250m: 3:30.79 53.02	350m: 4:59.86 38.17	
	100m: 1:14.99 41.77	200m: 2:37.77 40.12	300m: 4:21.69 50.90	400m: 5:35.43 35.57	
23.	Stan Nijhuis	OZ&PC	201100191	5:35.56 +0,78	377
	50m: 37.45 37.45	150m: 2:02.03 39.65	250m: 3:31.23 49.54	350m: 4:59.69 37.82	
	100m: 1:22.38 44.93	200m: 2:41.69 39.66	300m: 4:21.87 50.64	400m: 5:35.56 35.87	
24.	Toa Jahn	Het Y	201201665	5:36.08 +0,44	375
	50m: 33.32 33.32	150m: 1:59.28 45.40	250m: 3:32.40 49.57	350m: 5:00.56 39.05	
	100m: 1:13.88 40.56	200m: 2:42.83 43.55	300m: 4:21.51 49.11	400m: 5:36.08 35.52	
25.	Daan Mulder	KSN (SG)	201100267	5:36.48 +0,80	374
	50m: 33.80 33.80	150m: 2:03.30 43.55	250m: 3:34.14 48.59	350m: 5:00.83 36.89	
	100m: 1:19.75 45.95	200m: 2:45.55 42.25	300m: 4:23.94 49.80	400m: 5:36.48 35.65	
26.	Kaj van der Ham	ZVL-1886	201100325	5:37.14 +0,79	372
	50m: 34.80 34.80	150m: 2:01.21 45.08	250m: 3:32.42 48.47	350m: 4:59.82 38.94	
	100m: 1:16.13 41.33	200m: 2:43.95 42.74	300m: 4:20.88 48.46	400m: 5:37.14 37.32	
27.	Izayah Castillo	Blue Marlins	201100311	5:38.70 +0,78	367
	50m: 32.26 32.26	150m: 1:59.04 46.38	250m: 3:31.70 49.42	350m: 5:00.70 40.53	
	100m: 1:12.66 40.40	200m: 2:42.28 43.24	300m: 4:20.17 48.47	400m: 5:38.70 38.00	
28.	Pieter de Jonge	Aqua-Novio'94	201200211	5:39.57 +0,68	364
	50m: 33.69 33.69	150m: 1:57.06 43.90	250m: 3:30.24 50.70	350m: 5:02.55 40.43	
	100m: 1:13.16 39.47	200m: 2:39.54 42.48	300m: 4:22.12 51.88	400m: 5:39.57 37.02	
29.	Thijs van Kints	BZ&PC	201101059	5:40.27 +0,79	361
	50m: 36.83 36.83	150m: 2:06.99 44.88	250m: 3:37.87 46.39	350m: 5:03.64 38.38	
	100m: 1:22.11 45.28	200m: 2:51.48 44.49	300m: 4:25.26 47.39	400m: 5:40.27 36.63	
30.	Mads Blacqui�re	PSV	201103233	5:40.35	361
	50m: 36.16 36.16	150m: 2:04.33 45.04	250m: 3:36.79 48.13	350m: 5:04.00 38.81	
	100m: 1:19.29 43.13	200m: 2:48.66 44.33	300m: 4:25.19 48.40	400m: 5:40.35 36.35	
31.	Dewin Volker	OZ&PC	201101935	5:40.64 +0,63	360
	50m: 36.44 36.44	150m: 2:04.34 41.89	250m: 3:34.41 47.33	350m: 5:02.47 38.80	
	100m: 1:22.45 46.01	200m: 2:47.08 42.74	300m: 4:23.67 49.26	400m: 5:40.64 38.17	
32.	Ewan Krist	ZPCH	201100549	5:40.73	360
	50m: 35.34 35.34	150m: 2:06.96 47.16	250m: 3:39.31 47.44	350m: 5:05.41 38.93	
	100m: 1:19.80 44.46	200m: 2:51.87 44.91	300m: 4:26.48 47.17	400m: 5:40.73 35.32	
33.	Mohiz Zahir	De Dolfijn	201102139	5:42.22 +0,73	355
	50m: 34.79 34.79	150m: 2:03.77 45.40	250m: 3:35.78 47.72	350m: 5:04.42 40.14	
	100m: 1:18.37 43.58	200m: 2:48.06 44.29	300m: 4:24.28 48.50	400m: 5:42.22 37.80	
34.	Costijn van Elst	Blue Marlins	201100317	5:42.28 +0,68	355
	50m: 34.06 34.06	150m: 2:01.96 44.87	250m: 3:35.19 50.15	350m: 5:05.78 39.19	
	100m: 1:17.09 43.03	200m: 2:45.04 43.08	300m: 4:26.59 51.40	400m: 5:42.28 36.50	
35.	Finn Knijnenburg	De Columbiaan	201101319	5:43.69	351
	50m: 33.80 33.80	150m: 2:03.01 45.98	250m: 3:36.38 49.37	350m: 5:05.99 40.33	
	100m: 1:17.03 43.23	200m: 2:47.01 44.00	300m: 4:25.66 49.28	400m: 5:43.69 37.70	
36.	Rutger Donker	NDD	201200361	5:44.85	347
	50m: 37.21 37.21	150m: 2:05.18 43.31	250m: 3:37.01 50.96	350m: 5:07.80 40.40	
	100m: 1:21.87 44.66	200m: 2:46.05 40.87	300m: 4:27.40 50.39	400m: 5:44.85 37.05	
37.	Wanja Chepenko	ACZ	201102065	5:47.09 +0,68	341
	50m: 34.24 34.24	150m: 2:02.97 46.63	250m: 3:39.84 51.36	350m: 5:09.74 38.34	
	100m: 1:16.34 42.10	200m: 2:48.48 45.51	300m: 4:31.40 51.56	400m: 5:47.09 37.35	
38.	Luca Karsten Sch�ler	HZ&PC Heerenveen	201101451	5:49.01	335
	50m: 35.39 35.39	150m: 2:05.03 45.59	250m: 3:38.74 49.00	350m: 5:10.29 41.14	
	100m: 1:19.44 44.05	200m: 2:49.74 44.71	300m: 4:29.15 50.41	400m: 5:49.01 38.72	
39.	Metz Agema	Deltasteur	201200929	5:51.34 +0,56	328
	50m: 37.00 37.00	150m: 2:09.88 47.73	250m: 3:42.40 45.92	350m: 5:13.42 41.01	
	100m: 1:22.15 45.15	200m: 2:56.48 46.60	300m: 4:32.41 50.01	400m: 5:51.34 37.92	

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Drachten, 20- - 22-6-2025

Programmanr. 17, Jongens, 400m wisselslag, Onder 14

rang	naam	vereniging	tijd	RT	FINA
40.	Marcelo Fritz Medina	De Dolfijn	201201885	5:51.79 +0,57	327
	50m: 36.57 36.57	150m: 2:07.28 46.24	250m: 3:42.34 49.67	350m: 5:13.29	41.46
	100m: 1:21.04 44.47	200m: 2:52.67 45.39	300m: 4:31.83 49.49	400m: 5:51.79	38.50
41.	Joep Barwegen	HZ&PC Heerenveen	201201823	5:51.89 +0,73	327
	50m: 35.97 35.97	150m: 2:07.83 46.02	250m: 3:45.37 51.87	350m: 5:15.59	38.83
	100m: 1:21.81 45.84	200m: 2:53.50 45.67	300m: 4:36.76 51.39	400m: 5:51.89	36.30
42.	Adrian Janse van Rensburg	De Treffers	201202261	5:53.46 +0,74	322
	50m: 36.18 36.18	150m: 2:06.11 43.36	250m: 3:40.25 52.10	350m: 5:14.51	41.09
	100m: 1:22.75 46.57	200m: 2:48.15 42.04	300m: 4:33.42 53.17	400m: 5:53.46	38.95
43.	Laurens Steenaart	ZPCH	201100829	5:54.95 +0,80	318
	50m: 37.88 37.88	150m: 2:14.17 47.22	250m: 3:46.96 47.71	350m: 5:16.38	39.94
	100m: 1:26.95 49.07	200m: 2:59.25 45.08	300m: 4:36.44 49.48	400m: 5:54.95	38.57
44.	Gijs van der Lee	AZC	201101237	5:56.47 +0,77	314
	50m: 38.32 38.32	150m: 2:16.57 47.37	250m: 3:50.06 49.13	350m: 5:19.56	40.06
	100m: 1:29.20 50.88	200m: 3:00.93 44.36	300m: 4:39.50 49.44	400m: 5:56.47	36.91
45.	Charles Araysa	Zwemlust- den Hommel	201201155	5:59.01 +0,60	308
	50m: 36.42 36.42	150m: 2:08.17 46.61	250m: 3:42.83 50.39	350m: 5:16.97	43.23
	100m: 1:21.56 45.14	200m: 2:52.44 44.27	300m: 4:33.74 50.91	400m: 5:59.01	42.04
46.	Nout de Roo	Blue Marlins	201103345	5:59.91 +0,73	305
	50m: 35.45 35.45	150m: 2:09.49 48.71	250m: 3:45.60 48.09	350m: 5:21.32	42.10
	100m: 1:20.78 45.33	200m: 2:57.51 48.02	300m: 4:39.22 53.62	400m: 5:59.91	38.59
47.	Sander de Bruin	ZZ&PC De Devel	201100617	6:03.39 +0,75	297
	50m: 34.92 34.92	150m: 2:06.91 46.74	250m: 3:45.40 51.64	350m: 5:21.07	41.81
	100m: 1:20.17 45.25	200m: 2:53.76 46.85	300m: 4:39.26 53.86	400m: 6:03.39	42.32
48.	Orlando Carlo Caffaggi	Blue Marlins	201203059	6:12.86 +0,71	275
	50m: 39.18 39.18	150m: 2:17.26 48.64	250m: 3:57.87 54.95	350m: 5:32.84	41.81
	100m: 1:28.62 49.44	200m: 3:02.92 45.66	300m: 4:51.03 53.16	400m: 6:12.86	40.02
49.	Thijs Hoogveen	ZPC Woerden	201100503	6:14.38 +0,81	271
	50m: 37.74 37.74	150m: 2:18.09 48.09	250m: 3:57.78 53.19	350m: 5:34.31	42.46
	100m: 1:30.00 52.26	200m: 3:04.59 46.50	300m: 4:51.85 54.07	400m: 6:14.38	40.07
DIS	Yanniek Jager	Batavia Swim	201100315		
	SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.				