

Programmanr. 36  
 23-06-2024 - 10:12

Meisjes, 400m vrije slag

 Junioren 3 en 4  
 Resultaten

Punten: FINA 2024

rang	naam		vereniging					tijd	RT	FINA
1.	Bregje Dekkers		PSV			200900746		<b>4:33.66</b>	+0,75	636
	50m: 32.17	32.17	150m: 1:41.69	35.14	250m: 2:51.75	34.80	350m: 4:00.72	34.03		34.03
	100m: 1:06.55	34.38	200m: 2:16.95	35.26	300m: 3:26.69	34.94	400m: 4:33.66	32.94		32.94
2.	Juliëtte Woltjes		VZC			200900774		<b>4:33.81</b>	+0,82	635
	50m: 32.28	32.28	150m: 1:42.18	35.46	250m: 2:52.28	35.03	350m: 4:01.58	34.20		34.20
	100m: 1:06.72	34.44	200m: 2:17.25	35.07	300m: 3:27.38	35.10	400m: 4:33.81	32.23		32.23
3.	Fenna Westerneng		DZ&PC			200900070		<b>4:38.43</b>	+0,77	604
	50m: 30.87	30.87	150m: 1:40.85	35.26	250m: 2:51.73	35.11	350m: 4:03.54	35.70		35.70
	100m: 1:05.59	34.72	200m: 2:16.62	35.77	300m: 3:27.84	36.11	400m: 4:38.43	34.89		34.89
4.	Fenne Metten		ZPC AMERSFOORT			201000102		<b>4:38.56</b>	+0,65	603
	50m: 31.64	31.64	150m: 1:42.24	35.40	250m: 2:53.78	35.69	350m: 4:04.92	35.25		35.25
	100m: 1:06.84	35.20	200m: 2:18.09	35.85	300m: 3:29.67	35.89	400m: 4:38.56	33.64		33.64
5.	Fay Boxum		DZ&PC			200900060		<b>4:39.26</b>	+0,79	598
	50m: 31.17	31.17	150m: 1:42.19	35.94	250m: 2:53.49	35.54	350m: 4:04.61	35.50		35.50
	100m: 1:06.25	35.08	200m: 2:17.95	35.76	300m: 3:29.11	35.62	400m: 4:39.26	34.65		34.65
6.	Jasmine Vaartjes		Blue Marlins			200903658		<b>4:40.79</b>	+0,73	589
	50m: 31.79	31.79	150m: 1:42.53	35.62	250m: 2:54.40	35.81	350m: 4:06.16	35.64		35.64
	100m: 1:06.91	35.12	200m: 2:18.59	36.06	300m: 3:30.52	36.12	400m: 4:40.79	34.63		34.63
7.	Luus Gielens		PSV			200900138		<b>4:42.12</b>	+0,86	580
	50m: 32.16	32.16	150m: 1:42.66	35.12	250m: 2:54.15	35.38	350m: 4:06.24	36.04		36.04
	100m: 1:07.54	35.38	200m: 2:18.77	36.11	300m: 3:30.20	36.05	400m: 4:42.12	35.88		35.88
8.	Madeleine Bertram		De Dolfijn			200900516		<b>4:45.65</b>	+0,65	559
	50m: 32.17	32.17	150m: 1:43.67	36.28	250m: 2:56.03	36.40	350m: 4:09.83	36.45		36.45
	100m: 1:07.39	35.22	200m: 2:19.63	35.96	300m: 3:33.38	37.35	400m: 4:45.65	35.82		35.82
9.	Suuz Griekspoor		Noordwijkerhout			200901204		<b>4:46.05</b>	+0,72	557
	50m: 31.05	31.05	150m: 1:42.57	36.39	250m: 2:55.75	36.27	350m: 4:09.64	36.55		36.55
	100m: 1:06.18	35.13	200m: 2:19.48	36.91	300m: 3:33.09	37.34	400m: 4:46.05	36.41		36.41
10.	Nina Tetteroo		De Columbiaan			201000048		<b>4:47.83</b>	+0,71	546
	50m: 32.84	32.84	150m: 1:44.74	36.19	250m: 2:57.69	36.60	350m: 4:11.52	36.95		36.95
	100m: 1:08.55	35.71	200m: 2:21.09	36.35	300m: 3:34.57	36.88	400m: 4:47.83	36.31		36.31
11.	Elin Brinkhof		De Dolfijn			200900078		<b>4:48.79</b>	+0,79	541
	50m: 32.24	32.24	150m: 1:44.49	36.45	250m: 2:58.27	36.71	350m: 4:12.77	37.30		37.30
	100m: 1:08.04	35.80	200m: 2:21.56	37.07	300m: 3:35.47	37.20	400m: 4:48.79	36.02		36.02
12.	Nina van der Schrier		AZC			201000444		<b>4:49.71</b>	+0,80	536
	50m: 31.93	31.93	150m: 1:44.30	36.63	250m: 2:58.09	37.00	350m: 4:13.03	37.22		37.22
	100m: 1:07.67	35.74	200m: 2:21.09	36.79	300m: 3:35.81	37.72	400m: 4:49.71	36.68		36.68
13.	Kinley Cole		PSV			200903696		<b>4:52.39</b>	+0,68	521
	50m: 32.86	32.86	150m: 1:47.24	37.59	250m: 3:03.03	37.45	350m: 4:18.17	36.95		36.95
	100m: 1:09.65	36.79	200m: 2:25.58	38.34	300m: 3:41.22	38.19	400m: 4:52.39	34.22		34.22
14.	Djelaysa Buunk		Z&PC De Zeeuwse Kust			200900536		<b>4:52.63</b>	+0,76	520
	50m: 32.62	32.62	150m: 1:46.18	37.26	250m: 3:00.87	37.80	350m: 4:16.25	37.36		37.36
	100m: 1:08.92	36.30	200m: 2:23.07	36.89	300m: 3:38.89	38.02	400m: 4:52.63	36.38		36.38
15.	Simone Faber		Deltasteur			200900710		<b>4:54.15</b>	+0,74	512
	50m: 32.60	32.60	150m: 1:48.36	38.27	250m: 3:05.19	38.47	350m: 4:20.34	37.50		37.50
	100m: 1:10.09	37.49	200m: 2:26.72	38.36	300m: 3:42.84	37.65	400m: 4:54.15	33.81		33.81
16.	Amber Kunst		DAW			200900680		<b>4:54.45</b>	+0,54	510
	50m: 32.62	32.62	150m: 1:46.75	37.42	250m: 3:02.25	37.19	350m: 4:17.88	37.28		37.28
	100m: 1:09.33	36.71	200m: 2:25.06	38.31	300m: 3:40.60	38.35	400m: 4:54.45	36.57		36.57
17.	Chiara Lammertink		ZPC AMERSFOORT			200902200		<b>4:54.76</b>	+0,80	509
	50m: 31.73	31.73	150m: 1:44.16	37.19	250m: 3:01.76	39.04	350m: 4:19.19	39.13		39.13
	100m: 1:06.97	35.24	200m: 2:22.72	38.56	300m: 3:40.06	38.30	400m: 4:54.76	35.57		35.57
18.	Mijke Ouderkerken		Blue Marlins			200901254		<b>4:55.21</b>	+0,74	506
	50m: 32.63	32.63	150m: 1:46.62	37.40	250m: 3:02.58	37.61	350m: 4:18.63	37.10		37.10
	100m: 1:09.22	36.59	200m: 2:24.97	38.35	300m: 3:41.53	38.95	400m: 4:55.21	36.58		36.58

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rang	naam		vereniging				tijd	RT	FINA		
19.	Daphne Dijsselhof		Dedemsvaart-AC		200901690		<b>4:56.93</b>	+0,82	498		
	50m:	32.31	150m:	1:48.53	38.77	250m:	3:06.38	39.05	350m:	4:22.66	37.64
	100m:	1:09.76	200m:	2:27.33	38.80	300m:	3:45.02	38.64	400m:	4:56.93	34.27
20.	Dante van Meene		DAW		200900678		<b>4:58.07</b>	+0,82	492		
	50m:	32.93	150m:	1:48.07	38.06	250m:	3:05.03	38.14	350m:	4:21.57	37.96
	100m:	1:10.01	200m:	2:26.89	38.82	300m:	3:43.61	38.58	400m:	4:58.07	36.50
21.	Wieke Dekker		De Dolfijn		201002020		<b>4:58.34</b>	+0,74	491		
	50m:	33.21	150m:	1:48.88	38.72	250m:	3:06.37	38.95	350m:	4:22.95	38.07
	100m:	1:10.16	200m:	2:27.42	38.54	300m:	3:44.88	38.51	400m:	4:58.34	35.39
22.	Erin de Jong		GZC DONK		201000024		<b>5:00.33</b>	+0,97	481		
	50m:	33.27	150m:	1:48.59	38.38	250m:	3:05.73	38.52	350m:	4:23.33	38.56
	100m:	1:10.21	200m:	2:27.21	38.62	300m:	3:44.77	39.04	400m:	5:00.33	37.00
23.	Ilse Jongepier		Thor		201000006		<b>5:00.45</b>	+0,82	480		
	50m:	34.05	150m:	1:50.72	38.91	250m:	3:08.90	39.12	350m:	4:25.57	37.61
	100m:	1:11.81	200m:	2:29.78	39.06	300m:	3:47.96	39.06	400m:	5:00.45	34.88
24.	Flo Streep		DAW		200900676		<b>5:00.67</b>	+0,73	479		
	50m:	33.17	150m:	1:49.62	38.69	250m:	3:07.68	39.47	350m:	4:25.85	39.02
	100m:	1:10.93	200m:	2:28.21	38.59	300m:	3:46.83	39.15	400m:	5:00.67	34.82
25.	Ece Öngören		Blue Marlins		200903862		<b>5:01.35</b>	+0,70	476		
	50m:	34.35	150m:	1:50.13	38.15	250m:	3:07.18	38.75	350m:	4:24.03	38.02
	100m:	1:11.98	200m:	2:28.43	38.30	300m:	3:46.01	38.83	400m:	5:01.35	37.32
26.	Elin Baars		DWK		201000138		<b>5:01.47</b>	+0,72	475		
	50m:	33.93	150m:	1:49.32	38.43	250m:	3:06.30	38.98	350m:	4:23.60	39.04
	100m:	1:10.89	200m:	2:27.32	38.00	300m:	3:44.56	38.26	400m:	5:01.47	37.87
27.	Mandy Berndsen		VZC		201001138		<b>5:04.12</b>	+0,87	463		
	50m:	33.14	150m:	1:48.80	38.38	250m:	3:06.64	39.01	350m:	4:25.41	39.06
	100m:	1:10.42	200m:	2:27.63	38.83	300m:	3:46.35	39.71	400m:	5:04.12	38.71
28.	Charlotte Landman		ESCA Zwemmen		200901290		<b>5:04.14</b>	+0,72	463		
	50m:	33.63	150m:	1:50.72	39.06	250m:	3:09.90	39.32	350m:	4:27.79	38.48
	100m:	1:11.66	200m:	2:30.58	39.86	300m:	3:49.31	39.41	400m:	5:04.14	36.35
29.	Anna Strang van Hees		De Duinkickers		200902566		<b>5:07.07</b>		450		
	50m:	34.43	150m:	1:50.82	38.66	250m:	3:10.26	39.68	350m:	4:28.87	39.07
	100m:	1:12.16	200m:	2:30.58	39.76	300m:	3:49.80	39.54	400m:	5:07.07	38.20
30.	Myla Klaassen		Aqua-Novio'94		200900110		<b>5:22.19</b>	+0,62	389		
	50m:	34.93	150m:	1:54.25	39.82	250m:	3:17.61	41.37	350m:	4:41.20	41.53
	100m:	1:14.43	200m:	2:36.24	41.99	300m:	3:59.67	42.06	400m:	5:22.19	40.99
AFGEM	Anna Sotti		Wahoo Swimming		201003894						