

Programmanr. 6  
10-06-2022

Jongens, 400m wisselslag

Junioren 3 en 4  
Resultaten

Punten: FINA 2021

rang	naam		vereniging			tijd	RT	FINA para
1.	Bram Loots		Team Noord-Holland (SG)	200700197		<b>4:49.94</b>	+0,67	594
	50m: 28.91	28.91	150m: 1:40.34	37.32	250m: 3:00.39	44.33	350m: 4:19.39	33.57
	100m: 1:03.02	34.11	200m: 2:16.06	35.72	300m: 3:45.82	45.43	400m: 4:49.94	30.55
2.	Daan Sonneveld		WVZ	200601085		<b>4:51.41</b>	+0,70	585
	50m: 29.44	29.44	150m: 1:42.21	36.33	250m: 2:59.98	42.17	350m: 4:19.37	36.08
	100m: 1:05.88	36.44	200m: 2:17.81	35.60	300m: 3:43.29	43.31	400m: 4:51.41	32.04
3.	Tiede Groener		De Dinkel	200700155		<b>4:51.72</b>	+0,76	584
	50m: 28.67	28.67	150m: 1:41.13	37.49	250m: 2:59.90	41.63	350m: 4:19.70	35.81
	100m: 1:03.64	34.97	200m: 2:18.27	37.14	300m: 3:43.89	43.99	400m: 4:51.72	32.02
4.	Jip Bakker		Orca	200600287		<b>5:00.90</b>	+0,68	532
	50m: 31.17	31.17	150m: 1:49.96	40.39	250m: 3:11.26	41.62	350m: 4:29.26	34.64
	100m: 1:09.57	38.40	200m: 2:29.64	39.68	300m: 3:54.62	43.36	400m: 5:00.90	31.64
5.	Tieme Wiersma		DZ&PC	200701031		<b>5:01.88</b>	+0,72	527
	50m: 30.59	30.59	150m: 1:48.17	38.62	250m: 3:07.53	42.34	350m: 4:27.77	35.65
	100m: 1:09.55	38.96	200m: 2:25.19	37.02	300m: 3:52.12	44.59	400m: 5:01.88	34.11
6.	Lars Bulman		Blue Marlins (SG)	200600125		<b>5:02.90</b>	+0,67	521
	50m: 29.78	29.78	150m: 1:45.01	39.87	250m: 3:09.78	43.68	350m: 4:29.03	35.15
	100m: 1:05.14	35.36	200m: 2:26.10	41.09	300m: 3:53.88	44.10	400m: 5:02.90	33.87
7.	Elias Soens		Blue Marlins (SG)	200604327		<b>5:03.50</b>	+0,72	518
	50m: 30.44	30.44	150m: 1:47.77	40.74	250m: 3:09.78	41.26	350m: 4:28.38	36.32
	100m: 1:07.03	36.59	200m: 2:28.52	40.75	300m: 3:52.06	42.28	400m: 5:03.50	35.12
8.	Laurens Kalle		De Schotejil	200600161		<b>5:07.15</b>	+0,71	500
	50m: 30.01	30.01	150m: 1:47.46	41.28	250m: 3:13.65	45.75	350m: 4:34.39	35.34
	100m: 1:06.18	36.17	200m: 2:27.90	40.44	300m: 3:59.05	45.40	400m: 5:07.15	32.76
9.	Bjorn Rijkaart		WVZ	200601337		<b>5:09.97</b>	+0,72	486
	50m: 29.51	29.51	150m: 1:44.34	40.04	250m: 3:08.37	46.08	350m: 4:32.99	37.96
	100m: 1:04.30	34.79	200m: 2:22.29	37.95	300m: 3:55.03	46.66	400m: 5:09.97	36.98
10.	Feico de Jonge		Team Noord-Holland (SG)	200600047		<b>5:10.47</b>	+0,69	484
	50m: 31.70	31.70	150m: 1:48.25	38.78	250m: 3:12.00	45.78	350m: 4:35.52	36.69
	100m: 1:09.47	37.77	200m: 2:26.22	37.97	300m: 3:58.83	46.83	400m: 5:10.47	34.95
11.	Lucas van Rooij		PSV	200603943		<b>5:11.05</b>	+0,72	481
	50m: 30.53	30.53	150m: 1:50.41	43.22	250m: 3:17.26	45.21	350m: 4:38.15	34.97
	100m: 1:07.19	36.66	200m: 2:32.05	41.64	300m: 4:03.18	45.92	400m: 5:11.05	32.90
12.	Joshua Agussalim		Niemo Barracuda	200600153		<b>5:13.88</b>	+0,64	468
	50m: 28.98	28.98	150m: 1:48.99	44.51	250m: 3:14.12	40.98	350m: 4:37.10	39.33
	100m: 1:04.48	35.50	200m: 2:33.14	44.15	300m: 3:57.77	43.65	400m: 5:13.88	36.78
13.	Storm Boxum		SWOL 1894	200700421		<b>5:14.64</b>	+0,74	465
	50m: 32.64	32.64	150m: 1:55.63	43.28	250m: 3:18.30	41.41	350m: 4:39.43	37.05
	100m: 1:12.35	39.71	200m: 2:36.89	41.26	300m: 4:02.38	44.08	400m: 5:14.64	35.21
14.	Bas Blanker		SCOM/De Zeehond'73 (SG)	200601497		<b>5:15.33</b>	+0,77	462
	50m: 31.23	31.23	150m: 1:50.76	42.41	250m: 3:19.19	46.29	350m: 4:41.83	36.36
	100m: 1:08.35	37.12	200m: 2:32.90	42.14	300m: 4:05.47	46.28	400m: 5:15.33	33.50
15.	Lars Servaas		PSV	200600377		<b>5:16.00</b>	+0,69	459
	50m: 32.41	32.41	150m: 1:53.49	41.69	250m: 3:18.34	44.21	350m: 4:40.26	37.32
	100m: 1:11.80	39.39	200m: 2:34.13	40.64	300m: 4:02.94	44.60	400m: 5:16.00	35.74
16.	Tim Zuurman		ZPC Hoogeveen	200700131		<b>5:16.25</b>	+0,82	458
	50m: 34.29	34.29	150m: 1:55.91	40.47	250m: 3:20.75	45.26	350m: 4:42.21	34.89
	100m: 1:15.44	41.15	200m: 2:35.49	39.58	300m: 4:07.32	46.57	400m: 5:16.25	34.04
17.	Roan van der Weide		WIDEX GZC DONK	200601629		<b>5:16.29</b>	+0,83	458
	50m: 32.28	32.28	150m: 1:55.65	44.25	250m: 3:18.61	41.20	350m: 4:39.72	37.65
	100m: 1:11.40	39.12	200m: 2:37.41	41.76	300m: 4:02.07	43.46	400m: 5:16.29	36.57
18.	Thom de Hoog		SCOM/De Zeehond'73 (SG)	200600019		<b>5:17.00</b>	+0,75	455
	50m: 29.34	29.34	150m: 1:39.41	35.44	250m: 3:04.60	48.00	350m: 4:35.97	40.50
	100m: 1:03.97	34.63	200m: 2:16.60	37.19	300m: 3:55.47	50.87	400m: 5:17.00	41.03
19.	Jisse Lousma		WVZ	200701493		<b>5:18.34</b>	+0,65	449
	50m: 31.48	31.48	150m: 1:50.85	40.28	250m: 3:20.57	50.72	350m: 4:44.75	35.72
	100m: 1:10.57	39.09	200m: 2:29.85	39.00	300m: 4:09.03	48.46	400m: 5:18.34	33.59

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rang	naam		vereniging			tijd	RT	FINA para
20.	Boele Böhm		Blue Marlins (SG)		200700739	<b>5:18.93</b>	+0,71	446
	50m:	32.66	150m:	1:52.98	40.76	250m:	3:20.55	47.82
	100m:	1:12.22	200m:	2:32.73	39.75	300m:	4:09.11	48.56
		32.66				350m:	4:44.82	35.71
		39.56				400m:	5:18.93	34.11
21.	Storm Tolsma		Zignea		200600277	<b>5:19.04</b>	+0,74	446
	50m:	32.01	150m:	1:55.01	43.16	250m:	3:19.44	42.20
	100m:	1:11.85	200m:	2:37.24	42.23	300m:	4:03.93	44.49
		32.01				350m:	4:42.37	38.44
		39.84				400m:	5:19.04	36.67
22.	Benjamin van Helsdingen		ZZ&PC De Devel		200601097	<b>5:19.45</b>	+0,63	444
	50m:	31.19	150m:	1:48.91	41.46	250m:	3:16.97	47.18
	100m:	1:07.45	200m:	2:29.79	40.88	300m:	4:04.37	47.40
		31.19				350m:	4:42.98	38.61
		36.26				400m:	5:19.45	36.47
23.	Nándor Szabó		De Dolfijn		200700475	<b>5:19.83</b>	+0,76	443
	50m:	30.52	150m:	1:49.21	42.14	250m:	3:16.46	45.62
	100m:	1:07.07	200m:	2:30.84	41.63	300m:	4:04.53	48.07
		30.52				350m:	4:43.26	38.73
		36.55				400m:	5:19.83	36.57
24.	Marnix Rietveld		ZV Haerlem		200700939	<b>5:21.05</b>	+0,75	438
	50m:	31.65	150m:	1:53.88	43.89	250m:	3:23.04	47.66
	100m:	1:09.99	200m:	2:35.38	41.50	300m:	4:11.22	48.18
		31.65				350m:	4:47.43	36.21
		38.34				400m:	5:21.05	33.62
25.	Niek Vreeling		OZ&PC		200604211	<b>5:21.74</b>	+0,75	435
	50m:	35.15	150m:	1:57.37	39.28	250m:	3:23.83	47.37
	100m:	1:18.09	200m:	2:36.46	39.09	300m:	4:10.92	47.09
		35.15				350m:	4:47.83	36.91
		42.94				400m:	5:21.74	33.91
26.	Tim van Erven		ZPC AMERSFOORT		200700175	<b>5:23.27</b>	+0,81	429
	50m:	33.08	150m:	1:53.98	41.56	250m:	3:21.74	47.46
	100m:	1:12.42	200m:	2:34.28	40.30	300m:	4:10.68	48.94
		33.08				350m:	4:47.76	37.08
		39.34				400m:	5:23.27	35.51
27.	Milco Matla		PSV		200600555	<b>5:25.94</b>	+0,76	418
	50m:	30.40	150m:	1:50.99	44.03	250m:	3:20.64	47.25
	100m:	1:06.96	200m:	2:33.39	42.40	300m:	4:10.08	49.44
		30.40				350m:	4:48.23	38.15
		36.56				400m:	5:25.94	37.71
28.	Lars ten Katen		Batavia Swim		200600959	<b>5:34.48</b>	+0,75	387
	50m:	33.38	150m:	1:56.46	40.04	250m:	3:26.96	50.93
	100m:	1:16.42	200m:	2:36.03	39.57	300m:	4:18.83	51.87
		33.38				350m:	4:56.84	38.01
		43.04				400m:	5:34.48	37.64
DIS	Tijn Hilders		De Dolfijn		200700027		+0,77	
	<i>RH - Het eindpunt niet in rugligging aangerakt.</i>							
DIS	Tiago Fonseca Gomes		PSV		200703587		+0,61	
	<i>RH - Het eindpunt niet in rugligging aangerakt.</i>							
DIS	Thierry Zulver		ZV Vlaardingen-Schiedam		200700023			
	<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>							
DIS	Olivier Wilbers		ZPC Hoogeveen		200600181		+0,75	
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>							
AFGEM	Mies de Wit		De Ward		200700315			
AFGEM	Ruben van Deenen		ZPCH		200603757			
AFGEM	Imme Bousema		ZPC AMERSFOORT		200601873			
AFGEM	Björn Mulder		Zoetermeer		200601517			