

Programmanr. 46  
12-06-2022

Jongens, 400m vrije slag

Junioren 3 en 4  
Resultaten

Punten: FINA 2021

rang	naam		vereniging					tijd	RT	FINA para	
1.	Tiago Fonseca Gomes		PSV		200703587			<b>4:05.11</b>	+0,60	723	
	50m:	27.60	150m:	1:30.15	31.45	250m:	2:32.35	30.83	350m:	3:34.89	30.83
	100m:	58.70	200m:	2:01.52	31.37	300m:	3:04.06	31.71	400m:	4:05.11	30.22
2.	Bram Loots		Team Noord-Holland (SG)		200700197			<b>4:12.73</b>	+0,66	660	
	50m:	28.90	150m:	1:32.91	32.48	250m:	2:37.89	32.64	350m:	3:42.63	32.33
	100m:	1:00.43	200m:	2:05.25	32.34	300m:	3:10.30	32.41	400m:	4:12.73	30.10
3.	Tenzing Geutjes		ZPC AMERSFOORT		200600441			<b>4:18.17</b>	+0,75	619	
	50m:	29.43	150m:	1:35.55	33.33	250m:	2:41.18	32.19	350m:	3:46.45	32.07
	100m:	1:02.22	200m:	2:08.99	33.44	300m:	3:14.38	33.20	400m:	4:18.17	31.72
4.	Tieme Wiersma		DZ&PC		200701031			<b>4:19.18</b>	+0,73	612	
	50m:	28.27	150m:	1:33.43	32.99	250m:	2:40.32	33.51	350m:	3:47.38	33.29
	100m:	1:00.44	200m:	2:06.81	33.38	300m:	3:14.09	33.77	400m:	4:19.18	31.80
5.	Olivier Wilbers		ZPC Hoogeveen		200600181			<b>4:20.52</b>	+0,76	602	
	50m:	29.59	150m:	1:34.30	32.67	250m:	2:41.22	33.68	350m:	3:48.08	33.34
	100m:	1:01.63	200m:	2:07.54	33.24	300m:	3:14.74	33.52	400m:	4:20.52	32.44
6.	Lucas van Rooij		PSV		200603943			<b>4:24.07</b>	+0,73	578	
	50m:	29.85	150m:	1:36.06	33.43	250m:	2:43.94	33.67	350m:	3:51.28	33.20
	100m:	1:02.63	200m:	2:10.27	34.21	300m:	3:18.08	34.14	400m:	4:24.07	32.79
7.	Jip Bakker		Orca		200600287			<b>4:27.93</b>	+0,70	554	
	50m:	29.58	150m:	1:36.64	34.16	250m:	2:46.02	34.76	350m:	3:54.96	34.20
	100m:	1:02.48	200m:	2:11.26	34.62	300m:	3:20.76	34.74	400m:	4:27.93	32.97
8.	Marnix Rietveld		ZV Haerlem		200700939			<b>4:33.08</b>	+0,74	523	
	50m:	30.64	150m:	1:40.80	35.67	250m:	2:50.28	34.60	350m:	3:59.56	34.28
	100m:	1:05.13	200m:	2:15.68	34.88	300m:	3:25.28	35.00	400m:	4:33.08	33.52
9.	Tijn Hilders		De Dolfijn		200700027			<b>4:34.82</b>	+0,75	513	
	50m:	31.26	150m:	1:41.56	35.63	250m:	2:52.04	35.01	350m:	4:02.10	34.93
	100m:	1:05.93	200m:	2:17.03	35.47	300m:	3:27.17	35.13	400m:	4:34.82	32.72
10.	Finn Rust		Nextline Swimming		200700469			<b>4:37.49</b>	+0,68	498	
	50m:	29.53	150m:	1:38.77	34.86	250m:	2:51.52	36.60	350m:	4:04.52	36.39
	100m:	1:03.91	200m:	2:14.92	36.15	300m:	3:28.13	36.61	400m:	4:37.49	32.97
11.	Björn Mulder		Zoetermeer		200601517			<b>4:37.68</b>	+0,73	497	
	50m:	30.67	150m:	1:39.90	35.09	250m:	2:50.85	35.47	350m:	4:02.31	35.84
	100m:	1:04.81	200m:	2:15.38	35.48	300m:	3:26.47	35.62	400m:	4:37.68	35.37
12.	Bram Wammes		Deltasteur		200700201			<b>4:38.31</b>	+0,76	494	
	50m:	30.58	150m:	1:41.38	36.01	250m:	2:53.39	35.45	350m:	4:04.76	35.04
	100m:	1:05.37	200m:	2:17.94	36.56	300m:	3:29.72	36.33	400m:	4:38.31	33.55
13.	Bas Blanker		SCOM/De Zeehond'73 (SG)		200601497			<b>4:38.37</b>	+0,77	494	
	50m:	30.93	150m:	1:41.16	35.78	250m:	2:53.61	36.11	350m:	4:05.86	36.04
	100m:	1:05.38	200m:	2:17.50	36.34	300m:	3:29.82	36.21	400m:	4:38.37	32.51
14.	Storm Boxum		SWOL 1894		200700421			<b>4:39.35</b>	+0,72	488	
	50m:	30.79	150m:	1:41.72	35.66	250m:	2:53.20	35.47	350m:	4:04.53	35.63
	100m:	1:06.06	200m:	2:17.73	36.01	300m:	3:28.90	35.70	400m:	4:39.35	34.82
15.	Jere Wiersma		DZ&PC		200701037			<b>4:39.70</b>	+0,78	487	
	50m:	31.06	150m:	1:42.21	35.88	250m:	2:53.50	35.45	350m:	4:04.65	35.56
	100m:	1:06.33	200m:	2:18.05	35.84	300m:	3:29.09	35.59	400m:	4:39.70	35.05
16.	Denzel Barthen		WVZ		200700147			<b>4:39.92</b>	+0,75	485	
	50m:	31.38	150m:	1:43.35	36.22	250m:	2:55.96	35.93	350m:	4:08.34	35.41
	100m:	1:07.13	200m:	2:20.03	36.68	300m:	3:32.93	36.97	400m:	4:39.92	31.58
17.	Boele Böhm		Blue Marlins (SG)		200700739			<b>4:41.63</b>	+0,76	477	
	50m:	31.64	150m:	1:42.76	35.81	250m:	2:55.73	36.25	350m:	4:08.63	35.72
	100m:	1:06.95	200m:	2:19.48	36.72	300m:	3:32.91	37.18	400m:	4:41.63	33.00
18.	Tim Zuurman		ZPC Hoogeveen		200700131			<b>4:42.05</b>	+0,81	475	
	50m:	31.80	150m:	1:43.20	35.95	250m:	2:56.08	36.50	350m:	4:08.10	35.78
	100m:	1:07.25	200m:	2:19.58	36.38	300m:	3:32.32	36.24	400m:	4:42.05	33.95
19.	Feico de Jonge		Team Noord-Holland (SG)		200600047			<b>4:42.08</b>	+0,70	474	
	50m:	30.94	150m:	1:42.60	36.52	250m:	2:56.16	36.78	350m:	4:09.19	36.50
	100m:	1:06.08	200m:	2:19.38	36.78	300m:	3:32.69	36.53	400m:	4:42.08	32.89

Programmanr. 46, Jongens, 400m vrije slag, Junioren 3 en 4

rang	naam		vereniging					tijd	RT	FINA para		
20.	Lars Servaas		PSV			200600377		<b>4:42.24</b>	+0,73	474		
	50m:	31.29	31.29	150m:	1:41.49	35.59	250m:	2:53.68	36.02	350m:	4:06.25	36.79
	100m:	1:05.90	34.61	200m:	2:17.66	36.17	300m:	3:29.46	35.78	400m:	4:42.24	35.99
21.	Tim van Erven		ZPC AMERSFOORT			200700175		<b>4:42.75</b>	+0,78	471		
	50m:	31.27	31.27	150m:	1:41.60	35.64	250m:	2:54.52	36.43	350m:	4:08.01	36.56
	100m:	1:05.96	34.69	200m:	2:18.09	36.49	300m:	3:31.45	36.93	400m:	4:42.75	34.74
22.	Sem Belmon		PSV			200702099		<b>4:47.81</b>	+0,73	447		
	50m:	31.19	31.19	150m:	1:43.21	36.35	250m:	2:58.37	37.55	350m:	4:12.09	36.12
	100m:	1:06.86	35.67	200m:	2:20.82	37.61	300m:	3:35.97	37.60	400m:	4:47.81	35.72
23.	Lars ten Katen		Batavia Swim			200600959		<b>4:48.60</b>	+0,76	443		
	50m:	31.88	31.88	150m:	1:44.76	36.73	250m:	3:00.38	37.46	350m:	4:14.47	36.58
	100m:	1:08.03	36.15	200m:	2:22.92	38.16	300m:	3:37.89	37.51	400m:	4:48.60	34.13
24.	Collin van der Hoff		WVZ			200604357		<b>4:49.15</b>	+0,66	440		
	50m:	32.20	32.20	150m:	1:45.36	37.22	250m:	3:00.35	37.17	350m:	4:13.97	36.66
	100m:	1:08.14	35.94	200m:	2:23.18	37.82	300m:	3:37.31	36.96	400m:	4:49.15	35.18