

Programmanr. 18
11-06-2022

Meisjes, 400m vrije slag

Junioren 3 en 4
Resultaten

Punten: FINA 2021

rang	naam		vereniging				tijd	RT	FINA para
1.	Nynke Boerefijn		ZPC AMERSFOORT	200700114			4:33.04	+0,88	649
	50m: 30.38	30.38	150m: 1:37.77	34.27	250m: 2:48.38	35.30	350m: 3:59.25		35.21
	100m: 1:03.50	33.12	200m: 2:13.08	35.31	300m: 3:24.04	35.66	400m: 4:33.04		33.79
2.	Angelina Rolman		De Dolfijn	200701972			4:33.35	+0,72	647
	50m: 30.25	30.25	150m: 1:39.48	34.72	250m: 2:50.04	35.47	350m: 4:00.03		35.05
	100m: 1:04.76	34.51	200m: 2:14.57	35.09	300m: 3:24.98	34.94	400m: 4:33.35		33.32
3.	Charlotte Leijnse		Blue Marlins (SG)	200802948			4:38.12	+0,77	614
	50m: 30.82	30.82	150m: 1:40.66	35.59	250m: 2:52.48	35.96	350m: 4:03.80		35.54
	100m: 1:05.07	34.25	200m: 2:16.52	35.86	300m: 3:28.26	35.78	400m: 4:38.12		34.32
4.	Eefje Irvine		De Dolfijn	200700164			4:43.57	+0,71	579
	50m: 32.99	32.99	150m: 1:44.91	35.84	250m: 2:56.88	35.92	350m: 4:08.48		35.36
	100m: 1:09.07	36.08	200m: 2:20.96	36.05	300m: 3:33.12	36.24	400m: 4:43.57		35.09
5.	Maaïke Ooms		ZPC AMERSFOORT	200801580			4:47.53	+0,77	556
	50m: 32.35	32.35	150m: 1:45.50	37.08	250m: 2:59.70	36.87	350m: 4:13.14		36.29
	100m: 1:08.42	36.07	200m: 2:22.83	37.33	300m: 3:36.85	37.15	400m: 4:47.53		34.39
6.	Dana Fahmi		De Dolfijn	200804546			4:47.65	+0,69	555
	50m: 32.55	32.55	150m: 1:44.89	36.54	250m: 2:58.18	36.45	350m: 4:11.93		36.86
	100m: 1:08.35	35.80	200m: 2:21.73	36.84	300m: 3:35.07	36.89	400m: 4:47.65		35.72
7.	Jade van der Schrier		AZC	200800692			4:51.07	+0,74	536
	50m: 32.20	32.20	150m: 1:45.55	37.16	250m: 3:00.26	37.16	350m: 4:14.95		37.18
	100m: 1:08.39	36.19	200m: 2:23.10	37.55	300m: 3:37.77	37.51	400m: 4:51.07		36.12
8.	Rafaela Mulders		De Reuring	200701398			4:51.78	+0,73	532
	50m: 32.29	32.29	150m: 1:46.51	37.54	250m: 3:02.65	38.17	350m: 4:16.56		35.94
	100m: 1:08.97	36.68	200m: 2:24.48	37.97	300m: 3:40.62	37.97	400m: 4:51.78		35.22
9.	Nova Nijziel		PSV	200804416			4:52.16	+0,70	530
	50m: 32.36	32.36	150m: 1:46.10	37.05	250m: 3:01.29	37.54	350m: 4:15.53		36.85
	100m: 1:09.05	36.69	200m: 2:23.75	37.65	300m: 3:38.68	37.39	400m: 4:52.16		36.63
10.	Robin Vermeulen		Blue Marlins (SG)	200700412			4:52.21	+0,77	529
	50m: 32.43	32.43	150m: 1:46.27	37.21	250m: 3:01.02	37.30	350m: 4:15.24		36.80
	100m: 1:09.06	36.63	200m: 2:23.72	37.45	300m: 3:38.44	37.42	400m: 4:52.21		36.97
11.	Eline van Rijn		DAW	200700918			4:54.31	+0,69	518
	50m: 32.42	32.42	150m: 1:46.26	37.52	250m: 3:02.05	37.73	350m: 4:17.94		37.45
	100m: 1:08.74	36.32	200m: 2:24.32	38.06	300m: 3:40.49	38.44	400m: 4:54.31		36.37
12.	Féline Sam		ZV 44	200700018			4:54.32	+0,75	518
	50m: 32.87	32.87	150m: 1:47.77	38.05	250m: 3:04.29	38.31	350m: 4:19.44		37.13
	100m: 1:09.72	36.85	200m: 2:25.98	38.21	300m: 3:42.31	38.02	400m: 4:54.32		34.88
13.	Imre Bouwland		ZPC Hoogeveen	200700388			4:54.70	+0,78	516
	50m: 32.49	32.49	150m: 1:45.78	36.95	250m: 3:01.04	37.87	350m: 4:17.81		38.69
	100m: 1:08.83	36.34	200m: 2:23.17	37.39	300m: 3:39.12	38.08	400m: 4:54.70		36.89
14.	Noa Ottens		VZC	200702256			4:54.73	+0,80	516
	50m: 31.88	31.88	150m: 1:47.23	38.10	250m: 3:02.57	37.60	350m: 4:17.89		37.65
	100m: 1:09.13	37.25	200m: 2:24.97	37.74	300m: 3:40.24	37.67	400m: 4:54.73		36.84
15.	Barbara Broekhuis		De Dinkel	200700880			4:54.85	+0,85	515
	50m: 32.17	32.17	150m: 1:45.22	37.16	250m: 3:01.41	38.02	350m: 4:17.68		38.17
	100m: 1:08.06	35.89	200m: 2:23.39	38.17	300m: 3:39.51	38.10	400m: 4:54.85		37.17
16.	Ananda van der Wiel		WVZ	200701562			4:55.32	+0,64	513
	50m: 32.16	32.16	150m: 1:45.66	36.94	250m: 3:01.06	38.04	350m: 4:18.47		38.29
	100m: 1:08.72	36.56	200m: 2:23.02	37.36	300m: 3:40.18	39.12	400m: 4:55.32		36.85
17.	Leyona Lichtendonk		Dedemsvaart-AC	200700010			4:56.03	+0,73	509
	50m: 33.18	33.18	150m: 1:46.93	37.34	250m: 3:02.34	37.66	350m: 4:19.15		38.50
	100m: 1:09.59	36.41	200m: 2:24.68	37.75	300m: 3:40.65	38.31	400m: 4:56.03		36.88
18.	Charlotte Woltjes		VZC	200700110			4:56.45	+0,84	507
	50m: 31.63	31.63	150m: 1:47.36	38.32	250m: 3:03.14	37.83	350m: 4:19.81		38.55
	100m: 1:09.04	37.41	200m: 2:25.31	37.95	300m: 3:41.26	38.12	400m: 4:56.45		36.64
19.	Julia Agricola		DZ&PC	200800266			4:57.00	+0,79	504
	50m: 33.44	33.44	150m: 1:48.43	37.83	250m: 3:04.94	38.32	350m: 4:20.35		37.43
	100m: 1:10.60	37.16	200m: 2:26.62	38.19	300m: 3:42.92	37.98	400m: 4:57.00		36.65

Programmanr. 18, Meisjes, 400m vrije slag, Junioren 3 en 4

rang	naam		vereniging				tijd	RT	FINA para
20.	Mint van Wees		De Dolfijn		200801328		4:59.25	+0,83	493
	50m:	32.71	32.71	150m:	1:47.83	38.30	250m:	3:04.52	38.16
	100m:	1:09.53	36.82	200m:	2:26.36	38.53	300m:	3:43.74	39.22
							350m:	4:21.78	38.04
							400m:	4:59.25	37.47
21.	Inger van Oord		ZV Haerlem		200703912		4:59.92	+0,75	490
	50m:	34.28	34.28	150m:	1:49.86	38.02	250m:	3:06.58	38.30
	100m:	1:11.84	37.56	200m:	2:28.28	38.42	300m:	3:45.65	39.07
							350m:	4:23.03	37.38
							400m:	4:59.92	36.89
22.	Lieke Duijnkerke		ZPC De Zeeuwse Kust		200700468		5:00.11	+0,71	489
	50m:	34.27	34.27	150m:	1:49.65	38.14	250m:	3:06.09	38.13
	100m:	1:11.51	37.24	200m:	2:27.96	38.31	300m:	3:44.73	38.64
							350m:	4:23.71	38.98
							400m:	5:00.11	36.40
23.	Sofie Vos		ZPC Hoogeveen		200800804		5:01.96	+0,83	480
	50m:	33.53	33.53	150m:	1:49.24	38.09	250m:	3:06.63	38.73
	100m:	1:11.15	37.62	200m:	2:27.90	38.66	300m:	3:45.70	39.07
							350m:	4:24.51	38.81
							400m:	5:01.96	37.45
24.	Vera van der Meer		VZC		200701508		5:02.16	+0,90	479
	50m:	33.50	33.50	150m:	1:50.74	39.13	250m:	3:09.10	39.10
	100m:	1:11.61	38.11	200m:	2:30.00	39.26	300m:	3:47.83	38.73
							350m:	4:26.32	38.49
							400m:	5:02.16	35.84
25.	Nynke van der Zee		Orca		200700604		5:02.59	+0,71	477
	50m:	32.19	32.19	150m:	1:48.63	39.27	250m:	3:07.41	38.98
	100m:	1:09.36	37.17	200m:	2:28.43	39.80	300m:	3:47.09	39.68
							350m:	4:25.86	38.77
							400m:	5:02.59	36.73
26.	Julie van Nispen		Nuenen		200800290		5:02.87	+0,91	475
	50m:	32.61	32.61	150m:	1:49.24	39.33	250m:	3:07.66	38.71
	100m:	1:09.91	37.30	200m:	2:28.95	39.71	300m:	3:47.47	39.81
							350m:	4:26.07	38.60
							400m:	5:02.87	36.80
27.	Norah Dillen		PSV		200804512		5:03.84	+0,76	471
	50m:	34.48	34.48	150m:	1:51.66	39.27	250m:	3:10.32	39.48
	100m:	1:12.39	37.91	200m:	2:30.84	39.18	300m:	3:49.57	39.25
							350m:	4:28.68	39.11
							400m:	5:03.84	35.16
28.	Benthe Martens		ZPC AMERSFOORT		200700310		5:07.01	+0,77	456
	50m:	35.45	35.45	150m:	1:53.39	39.66	250m:	3:13.60	39.83
	100m:	1:13.73	38.28	200m:	2:33.77	40.38	300m:	3:53.12	39.52
							350m:	4:31.72	38.60
							400m:	5:07.01	35.29
29.	Veerle Hildebrand		PSV		200801830		5:09.61	+0,97	445
	50m:	35.25	35.25	150m:	1:53.66	39.67	250m:	3:14.23	38.81
	100m:	1:13.99	38.74	200m:	2:35.42	41.76	300m:	3:53.02	38.79
							350m:	4:31.98	38.96
							400m:	5:09.61	37.63
30.	Jasmijn Sterken		ZPC Hoogeveen		200701196		5:09.80	+0,82	444
	50m:	32.00	32.00	150m:	1:48.23	39.33	250m:	3:09.64	40.82
	100m:	1:08.90	36.90	200m:	2:28.82	40.59	300m:	3:50.47	40.83
							350m:	4:31.32	40.85
							400m:	5:09.80	38.48
31.	Isa Jansen		SBC2000		200701176		5:12.23	+0,78	434
	50m:	34.41	34.41	150m:	1:52.96	39.87	250m:	3:14.07	40.65
	100m:	1:13.09	38.68	200m:	2:33.42	40.46	300m:	3:53.55	39.48
							350m:	4:33.74	40.19
							400m:	5:12.23	38.49
32.	Pascalie Smal		DAW		200802958		5:14.28	+0,66	425
	50m:	34.03	34.03	150m:	1:51.95	39.57	250m:	3:13.12	40.81
	100m:	1:12.38	38.35	200m:	2:32.31	40.36	300m:	3:54.47	41.35
							350m:	4:34.81	40.34
							400m:	5:14.28	39.47
AFGEM	Esmée Mulder		SWOL 1894		200800038				