

Programmanr. 2
16-12-2021 - 17:42

Heren, 400m wisselslag

Senioren Open
Resultaten Finale

rang	naam	vereniging	intijd	tijd	RT	
Finale A						
1.	Thomas Jansen	WVZ	4:26.27	200100143	4:26.13 +0,75	
	50m: 27.80	27.80	150m: 1:33.94	34.03	250m: 2:45.51	37.98
	100m: 59.91	32.11	200m: 2:07.53	33.59	300m: 3:23.85	38.34
					350m: 3:55.53	31.68
					400m: 4:26.13	30.60
2.	David Groenewegen	PSV	4:35.85	200400469	4:37.19 +0,75	
	50m: 29.37	29.37	150m: 1:38.68	36.22	250m: 2:53.16	39.36
	100m: 1:02.46	33.09	200m: 2:13.80	35.12	300m: 3:32.95	39.79
					350m: 4:05.57	32.62
					400m: 4:37.19	31.62
3.	Lars Verhalle	PSV	4:44.08	200200019	4:38.14 +0,77	
	50m: 29.02	29.02	150m: 1:40.05	36.94	250m: 2:55.21	39.27
	100m: 1:03.11	34.09	200m: 2:15.94	35.89	300m: 3:35.13	39.92
					350m: 4:06.95	31.82
					400m: 4:38.14	31.19
4.	Cas Verstegen	HZPC	4:44.19	200500891	4:44.07 +0,76	
	50m: 29.57	29.57	150m: 1:43.60	38.61	250m: 2:59.17	37.56
	100m: 1:04.99	35.42	200m: 2:21.61	38.01	300m: 3:37.82	38.65
					350m: 4:11.40	33.58
					400m: 4:44.07	32.67
5.	Abel te Riele	WVZ	4:44.18	200402317	4:44.94 +0,72	
	50m: 29.48	29.48	150m: 1:42.58	37.72	250m: 2:59.07	39.54
	100m: 1:04.86	35.38	200m: 2:19.53	36.95	300m: 3:39.67	40.60
					350m: 4:13.56	33.89
					400m: 4:44.94	31.38
6.	Bram Loots	KZC	5:02.65	200700197	5:01.49 +0,66	
	50m: 30.63	30.63	150m: 1:45.77	38.69	250m: 3:08.77	45.82
	100m: 1:07.08	36.45	200m: 2:22.95	37.18	300m: 3:55.83	47.06
					350m: 4:29.19	33.36
					400m: 5:01.49	32.30
7.	Jip Bakker	Orca	5:10.12	200600287	5:03.31 +0,64	
	50m: 31.89	31.89	150m: 1:50.16	39.75	250m: 3:12.03	43.01
	100m: 1:10.41	38.52	200m: 2:29.02	38.86	300m: 3:55.80	43.77
					350m: 4:31.00	35.20
					400m: 5:03.31	32.31