

Programmanr. 14  
17-12-2021 - 17:42

Heren, 400m vrije slag

Senioren Open  
Resultaten Finale

rang	naam	vereniging	intijd	tijd	RT			
<b>Paralympisch</b>								
1.	Rogier Dorsman	ZZ&PC De Devel	4:35.17	199900211	S11	<b>4:33.23</b>	+0,65	990
	50m: 29.68	29.68 150m: 1:37.99	35.06	250m: 2:48.47	35.39	350m: 3:59.07	35.15	
	100m: 1:02.93	33.25 200m: 2:13.08	35.09	300m: 3:23.92	35.45	400m: 4:33.23	34.16	
2.	Thijs van Hofweegen	ZPC AMERSFOORT	5:14.99	199605253	S6	<b>5:15.98</b>	+0,92	911
	50m: 33.87	33.87 150m: 1:52.67	40.39	250m: 3:14.49	41.37	350m: 4:36.98	41.71	
	100m: 1:12.28	38.41 200m: 2:33.12	40.45	300m: 3:55.27	40.78	400m: 5:15.98	39.00	
<b>Senioren Open</b>								
<b>Finale A</b>								
1.	Lucas Peters	Nextline Swimming	3:57.43	200301325		<b>3:54.68</b>	+0,72	
	50m: 27.66	27.66 150m: 1:26.92	29.75	250m: 2:26.76	29.91	350m: 3:26.28	29.89	
	100m: 57.17	29.51 200m: 1:56.85	29.93	300m: 2:56.39	29.63	400m: 3:54.68	28.40	
2.	Merlin Belmon	ZPC AMERSFOORT	4:06.75	200403191		<b>4:06.08</b>	+0,74	
	50m: 28.23	28.23 150m: 1:28.66	30.23	250m: 2:31.36	31.40	350m: 3:35.46	32.04	
	100m: 58.43	30.20 200m: 1:59.96	31.30	300m: 3:03.42	32.06	400m: 4:06.08	30.62	
3.	Efe Öngören	Blue Marlins (SG)	4:09.98	200504459		<b>4:07.53</b>	+0,63	
	50m: 27.88	27.88 150m: 1:31.29	31.86	250m: 2:33.88	31.18	350m: 3:36.60	31.13	
	100m: 59.43	31.55 200m: 2:02.70	31.41	300m: 3:05.47	31.59	400m: 4:07.53	30.93	
4.	Yanieck Weijland	Blue Marlins (SG)	4:09.60	200500329		<b>4:08.35</b>	+0,74	
	50m: 28.00	28.00 150m: 1:30.19	31.32	250m: 2:33.75	31.76	350m: 3:37.23	31.58	
	100m: 58.87	30.87 200m: 2:01.99	31.80	300m: 3:05.65	31.90	400m: 4:08.35	31.12	
5.	Sven Klink	SWOL 1894	4:11.06	200500349		<b>4:09.55</b>	+0,74	
	50m: 27.97	27.97 150m: 1:30.00	31.36	250m: 2:34.35	32.27	350m: 3:39.15	32.25	
	100m: 58.64	30.67 200m: 2:02.08	32.08	300m: 3:06.90	32.55	400m: 4:09.55	30.40	
6.	Émile Fouzaï	Blue Marlins (SG)	4:11.71	200500263		<b>4:10.02</b>	+0,76	
	50m: 27.80	27.80 150m: 1:30.94	31.76	250m: 2:35.49	32.26	350m: 3:39.77	31.97	
	100m: 59.18	31.38 200m: 2:03.23	32.29	300m: 3:07.80	32.31	400m: 4:10.02	30.25	
7.	Tiago Fonseca Gomes	PSV	4:09.63	200703587		<b>4:10.96</b>	+0,63	
	50m: 28.46	28.46 150m: 1:31.20	31.38	250m: 2:35.86	32.47	350m: 3:40.48	32.20	
	100m: 59.82	31.36 200m: 2:03.39	32.19	300m: 3:08.28	32.42	400m: 4:10.96	30.48	
8.	Bas Takken	De Dolfijn	4:11.41	199901643	S10	<b>4:13.92</b>	+0,73	885
	50m: 28.94	28.94 150m: 1:31.74	31.30	250m: 2:35.84	31.82	350m: 3:42.20	33.40	
	100m: 1:00.44	31.50 200m: 2:04.02	32.28	300m: 3:08.80	32.96	400m: 4:13.92	31.72	
<b>Finale B</b>								
9.	David Groenewegen	PSV	4:13.58	200400469		<b>4:12.86</b>	+0,76	
	50m: 28.62	28.62 150m: 1:30.88	31.15	250m: 2:34.67	31.97	350m: 3:41.00	33.08	
	100m: 59.73	31.11 200m: 2:02.70	31.82	300m: 3:07.92	33.25	400m: 4:12.86	31.86	
10.	Thijn Damen	PSV	4:16.55	200300973		<b>4:16.56</b>	+0,73	
	50m: 29.04	29.04 150m: 1:33.84	32.58	250m: 2:39.64	32.57	350m: 3:45.51	32.87	
	100m: 1:01.26	32.22 200m: 2:07.07	33.23	300m: 3:12.64	33.00	400m: 4:16.56	31.05	
11.	Bram Loots	KZC	4:18.65	200700197		<b>4:16.80</b>	+0,64	
	50m: 28.47	28.47 150m: 1:32.43	32.44	250m: 2:38.36	32.71	350m: 3:44.62	33.12	
	100m: 59.99	31.52 200m: 2:05.65	33.22	300m: 3:11.50	33.14	400m: 4:16.80	32.18	
12.	Koen Vissers	PSV	4:23.41	200401429		<b>4:19.80</b>	+0,76	
	50m: 29.32	29.32 150m: 1:34.55	32.97	250m: 2:41.68	33.49	350m: 3:48.57	32.85	
	100m: 1:01.58	32.26 200m: 2:08.19	33.64	300m: 3:15.72	34.04	400m: 4:19.80	31.23	
13.	Jip Bakker	Orca	4:27.47	200600287		<b>4:24.99</b>	+0,64	
	50m: 29.64	29.64 150m: 1:35.92	33.76	250m: 2:44.33	34.19	350m: 3:52.60	34.09	
	100m: 1:02.16	32.52 200m: 2:10.14	34.22	300m: 3:18.51	34.18	400m: 4:24.99	32.39	
14.	Justin Steenkamp	PSV	4:26.55	200404133		<b>4:31.10</b>	+0,61	
	50m: 29.40	29.40 150m: 1:37.15	34.67	250m: 2:46.86	34.71	350m: 3:57.22	34.57	
	100m: 1:02.48	33.08 200m: 2:12.15	35.00	300m: 3:22.65	35.79	400m: 4:31.10	33.88	
15.	Tijn Hilders	De Dolfijn	4:36.04	200700027		<b>4:35.57</b> *	+0,73	
	50m: 29.85	29.85 150m: 1:38.54	35.02	250m: 2:49.93	35.82	350m: 4:01.60	35.43	
	100m: 1:03.52	33.67 200m: 2:14.11	35.57	300m: 3:26.17	36.24	400m: 4:35.57	33.97	
16.	Lukasz Latuszek	PSV	4:38.19	200304997		<b>4:42.13</b>	+0,64	
	50m: 30.60	30.60 150m: 1:39.68	35.00	250m: 2:52.89	36.47	350m: 4:06.41	36.71	
	100m: 1:04.68	34.08 200m: 2:16.42	36.74	300m: 3:29.70	36.81	400m: 4:42.13	35.72	