

Programmanr. 14
17-12-2021 - 8:48

Heren, 400m vrije slag

Senioren Open
Resultaten Voorronde

rang	naam	vereniging	intijd	tijd	RT
Senioren Open					
1.	Lucas Peters	Nextline Swimming	4:03.72	200301325	3:57.43 A +0,70
	50m: 27.69	27.69 150m: 1:28.15	30.49	250m: 2:28.73	30.25 350m: 3:28.88
	100m: 57.66	29.97 200m: 1:58.48	30.33	300m: 2:59.03	30.30 400m: 3:57.43
2.	Merlin Belmon	ZPC AMERSFOORT	4:15.60	200403191	4:06.75 A +0,73
	50m: 27.30	27.30 150m: 1:29.76	31.56	250m: 2:33.55	31.47 350m: 3:36.55
	100m: 58.20	30.90 200m: 2:02.08	32.32	300m: 3:05.16	31.61 400m: 4:06.75
3.	Yanieck Weijland	Blue Marlins (SG)	4:12.27	200500329	4:09.60 A +0,74
	50m: 27.83	27.83 150m: 1:30.30	31.91	250m: 2:35.42	32.38 350m: 3:39.60
	100m: 58.39	30.56 200m: 2:03.04	32.74	300m: 3:07.35	31.93 400m: 4:09.60
4.	Tiago Fonseca Gomes	PSV	4:23.00	200703587	4:09.63 A +0,58
	50m: 28.54	28.54 150m: 1:32.13	31.90	250m: 2:36.74	31.52 350m: 3:39.88
	100m: 1:00.23	31.69 200m: 2:05.22	33.09	300m: 3:08.95	32.21 400m: 4:09.63
5.	Efe Öngören	Blue Marlins (SG)	4:18.59	200504459	4:09.98 A +0,66
	50m: 27.77	27.77 150m: 1:31.57	32.30	250m: 2:35.66	31.99 350m: 3:39.39
	100m: 59.27	31.50 200m: 2:03.67	32.10	300m: 3:07.37	31.71 400m: 4:09.98
6.	Sven Klink	SWOL 1894	4:15.09	200500349	4:11.06 A +0,74
	50m: 28.22	28.22 150m: 1:30.88	31.68	250m: 2:35.74	32.47 350m: 3:40.44
	100m: 59.20	30.98 200m: 2:03.27	32.39	300m: 3:08.42	32.68 400m: 4:11.06
7.	Bas Takken	De Dolfijn	4:03.63	199901643	4:11.41 A +0,75 912
	50m: 28.47	28.47 150m: 1:32.78	32.72	250m: 2:37.51	32.01 350m: 3:41.46
	100m: 1:00.06	31.59 200m: 2:05.50	32.72	300m: 3:09.57	32.06 400m: 4:11.41
8.	Émile Fouzaï	Blue Marlins (SG)	4:17.62	200500263	4:11.71 A +0,77
	50m: 28.16	28.16 150m: 1:31.48	31.91	250m: 2:36.84	32.82 350m: 3:41.48
	100m: 59.57	31.41 200m: 2:04.02	32.54	300m: 3:09.26	32.42 400m: 4:11.71
9.	David Groenewegen	PSV	4:16.49	200400469	4:13.58 B +0,79
	50m: 28.81	28.81 150m: 1:31.53	31.60	250m: 2:36.14	32.31 350m: 3:41.67
	100m: 59.93	31.12 200m: 2:03.83	32.30	300m: 3:09.09	32.95 400m: 4:13.58
10.	Thijn Damen	PSV	4:22.22	200300973	4:16.55 B +0,74
	50m: 29.10	29.10 150m: 1:35.25	33.56	250m: 2:40.94	32.09 350m: 3:45.60
	100m: 1:01.69	32.59 200m: 2:08.85	33.60	300m: 3:13.49	32.55 400m: 4:16.55
11.	Bram Loots	KZC	4:57.15	200700197	4:18.65 B +0,66
	50m: 28.26	28.26 150m: 1:32.40	32.52	250m: 2:39.35	33.39 350m: 3:46.08
	100m: 59.88	31.62 200m: 2:05.96	33.56	300m: 3:13.24	33.89 400m: 4:18.65
12.	Koen Vissers	PSV	4:23.13	200401429	4:23.41 B +0,77
	50m: 29.02	29.02 150m: 1:34.82	33.66	250m: 2:43.43	34.44 350m: 3:51.52
	100m: 1:01.16	32.14 200m: 2:08.99	34.17	300m: 3:17.69	34.26 400m: 4:23.41
13.	Justin Steenkamp	PSV	4:42.42	200404133	4:26.55 B +0,59
	50m: 29.16	29.16 150m: 1:35.68	33.54	250m: 2:43.93	34.17 350m: 3:53.39
	100m: 1:02.14	32.98 200m: 2:09.76	34.08	300m: 3:18.94	35.01 400m: 4:26.55
14.	Jip Bakker	Orca	4:23.47	200600287	4:27.47 B +0,65
	50m: 29.56	29.56 150m: 1:37.15	34.53	250m: 2:45.95	34.66 350m: 3:55.00
	100m: 1:02.62	33.06 200m: 2:11.29	34.14	300m: 3:20.32	34.37 400m: 4:27.47
15.	Rogier Dorsman	ZZ&PC De Devel	4:28.64	199900211	4:35.17 B +0,65 969
	50m: 30.05	30.05 150m: 1:38.79	34.97	250m: 2:49.47	35.74 350m: 4:00.88
	100m: 1:03.82	33.77 200m: 2:13.73	34.94	300m: 3:24.68	35.21 400m: 4:35.17
16.	Tijn Hilders	De Dolfijn	5:24.13	200700027	4:36.04 B +0,78
	50m: 29.47	29.47 150m: 1:38.45	35.73	250m: 2:50.16	35.53 350m: 4:02.81
	100m: 1:02.72	33.25 200m: 2:14.63	36.18	300m: 3:26.51	36.35 400m: 4:36.04
17.	Lukasz Latuszek	PSV	NT	200304997	4:38.19 R +0,63
	50m: 30.87	30.87 150m: 1:40.36	35.03	250m: 2:52.03	35.85 350m: 4:03.41
	100m: 1:05.33	34.46 200m: 2:16.18	35.82	300m: 3:28.26	36.23 400m: 4:38.19
18.	Thijs van Hofweegen	ZPC AMERSFOORT	5:18.03	199605253	5:14.99 R +0,90 919
	50m: 33.36	33.36 150m: 1:52.13	40.34	250m: 3:13.36	40.87 350m: 4:35.83
	100m: 1:11.79	38.43 200m: 2:32.49	40.36	300m: 3:54.54	41.18 400m: 5:14.99

Paralympisch

1.	Rogier Dorsman	ZZ&PC De Devel	4:28.64	199900211	4:35.17 B +0,65 969
	50m: 30.05	30.05 150m: 1:38.79	34.97	250m: 2:49.47	35.74 350m: 4:00.88
	100m: 1:03.82	33.77 200m: 2:13.73	34.94	300m: 3:24.68	35.21 400m: 4:35.17

Programmanr. 14, Heren, 400m vrije slag, Voorronde, Paralympisch

rang	naam	vereniging	intijd			tijd	RT	
2.	Thijs van Hofweegen	ZPC AMERSFOORT	5:18.03	199605253	S6	5:14.99 R	+0,90	919
	50m: 33.36	33.36	150m: 1:52.13	40.34	250m: 3:13.36	40.87	350m: 4:35.83	41.29
	100m: 1:11.79	38.43	200m: 2:32.49	40.36	300m: 3:54.54	41.18	400m: 5:14.99	39.16
3.	Bas Takken	De Dolfijn	4:03.63	199901643	S10	4:11.41 A	+0,75	912
	50m: 28.47	28.47	150m: 1:32.78	32.72	250m: 2:37.51	32.01	350m: 3:41.46	31.89
	100m: 1:00.06	31.59	200m: 2:05.50	32.72	300m: 3:09.57	32.06	400m: 4:11.41	29.95