

Programmanr. 1
16-12-2021 - 8:30

Dames, 400m wisselslag

Senioren Open
Resultaten Voorronde

rang	naam	vereniging	intijd	tijd	RT	
1.	Lotte Hosper	Blue Marlins (SG)	4:53.37	200201414	4:51.90 Q +0,77	
	50m: 30.08	30.08 150m: 1:40.48	36.73 250m: 2:59.27	42.77	350m: 4:18.09	34.74
	100m: 1:03.75	33.67 200m: 2:16.50	36.02 300m: 3:43.35	44.08	400m: 4:51.90	33.81
2.	Femke Spiering	VZC	4:58.13	200204514	5:09.54 Q +0,82	
	50m: 31.71	31.71 150m: 1:48.31	40.48 250m: 3:13.89	45.50	350m: 4:34.53	34.90
	100m: 1:07.83	36.12 200m: 2:28.39	40.08 300m: 3:59.63	45.74	400m: 5:09.54	35.01
3.	Djanilla Brink	De Dolfijn	5:17.94	200600988	5:09.91 Q +0,80	
	50m: 33.19	33.19 150m: 1:53.21	41.41 250m: 3:16.26	42.89	350m: 4:35.43	35.15
	100m: 1:11.80	38.61 200m: 2:33.37	40.16 300m: 4:00.28	44.02	400m: 5:09.91	34.48
4.	Megan Jonkman	Blue Marlins (SG)	5:08.89	200600508	5:12.08 Q +0,77	
	50m: 32.79	32.79 150m: 1:50.73	41.11 250m: 3:15.43	44.38	350m: 4:36.78	35.42
	100m: 1:09.62	36.83 200m: 2:31.05	40.32 300m: 4:01.36	45.93	400m: 5:12.08	35.30
5.	Evy Rozeboom	DAW	5:33.80	200601338	5:13.84 Q +0,78	
	50m: 32.00	32.00 150m: 1:53.14	43.76 250m: 3:19.53	45.98	350m: 4:40.32	34.88
	100m: 1:09.38	37.38 200m: 2:33.55	40.41 300m: 4:05.44	45.91	400m: 5:13.84	33.52
6.	Kirsten Verhalle	VZC	5:07.27	200400210	5:15.71 Q +0,79	
	50m: 31.82	31.82 150m: 1:49.57	41.21 250m: 3:15.79	46.55	350m: 4:39.64	37.39
	100m: 1:08.36	36.54 200m: 2:29.24	39.67 300m: 4:02.25	46.46	400m: 5:15.71	36.07
7.	Sophia van Droffelaar	ZVVS	5:24.37	200500330	5:21.85 Q +0,74	
	50m: 33.26	33.26 150m: 1:55.47	43.22 250m: 3:22.61	45.22	350m: 4:46.56	38.07
	100m: 1:12.25	38.99 200m: 2:37.39	41.92 300m: 4:08.49	45.88	400m: 5:21.85	35.29
8.	Mare Schallenberg	ACZ	NT	200600078	5:23.89 Q +0,76	
	50m: 34.34	34.34 150m: 1:57.52	42.40 250m: 3:24.53	44.81	350m: 4:48.41	38.41
	100m: 1:15.12	40.78 200m: 2:39.72	42.20 300m: 4:10.00	45.47	400m: 5:23.89	35.48
9.	Fay Boxum	SWOL 1894	5:46.62	200900060	5:28.39 Q +0,86	
	50m: 34.79	34.79 150m: 1:57.64	41.34 250m: 3:24.65	45.81	350m: 4:51.11	38.77
	100m: 1:16.30	41.51 200m: 2:38.84	41.20 300m: 4:12.34	47.69	400m: 5:28.39	37.28
10.	Livia Groenewegen	PSV	6:05.32	200700244	5:45.15 Q +0,83	
	50m: 37.99	37.99 150m: 2:06.24	41.96 250m: 3:37.05	49.93	350m: 5:06.48	39.60
	100m: 1:24.28	46.29 200m: 2:47.12	40.88 300m: 4:26.88	49.83	400m: 5:45.15	38.67