

Event 23
25-10-2025 - 18:32

Men, 400m Medley

Open
Results Final

Points: AQUA 2025

rang	naam	vereniging	intijd	tijd	RT	wa para
1.	Thomas Jansen	Team NL - WVZ	4:13.37	200100143	4:07.41 EK	+0,74 854
	50m: 26.80	26.80 150m: 1:29.40	31.43	250m: 2:35.08	34.75 350m: 3:39.36	28.82
	100m: 57.97	31.17 200m: 2:00.33	30.93	300m: 3:10.54	35.46 400m: 4:07.41	28.05
2.	Tom Dean	University Of Stirling	4:20.01	756314	4:13.15	+0,68 798
	50m: 26.92	26.92 150m: 1:30.89	32.34	250m: 2:38.56	35.82 350m: 3:44.63	29.73
	100m: 58.55	31.63 200m: 2:02.74	31.85	300m: 3:14.90	36.34 400m: 4:13.15	28.52
3.	Sven Klink	SWOL 1894	4:24.00	200500349	4:19.88	+0,75 737
	50m: 27.51	27.51 150m: 1:33.68	34.08	250m: 2:43.17	36.69 350m: 3:50.39	30.24
	100m: 59.60	32.09 200m: 2:06.48	32.80	300m: 3:20.15	36.98 400m: 4:19.88	29.49
4.	Youri Voet	ZPC AMERSFOORT	4:32.04	200502269	4:29.34	+0,71 662
	50m: 28.25	28.25 150m: 1:36.32	35.48	250m: 2:49.87	38.94 350m: 4:00.31	31.08
	100m: 1:00.84	32.59 200m: 2:10.93	34.61	300m: 3:29.23	39.36 400m: 4:29.34	29.03
5.	Wouter Zijlstra	HZ&PC Heerenveen	4:32.11	200401545	4:32.68	+0,60 638
	50m: 28.04	28.04 150m: 1:36.44	35.50	250m: 2:50.40	39.40 350m: 4:01.66	31.02
	100m: 1:00.94	32.90 200m: 2:11.00	34.56	300m: 3:30.64	40.24 400m: 4:32.68	31.02
6.	Arthur Vermaut	Leuven Aquatics	4:38.62	LAQUA/11595/06	4:37.40	+0,52 606
	50m: 28.90	28.90 150m: 1:37.31	36.57	250m: 2:53.72	38.75 350m: 4:05.35	32.18
	100m: 1:00.74	31.84 200m: 2:14.97	37.66	300m: 3:33.17	39.45 400m: 4:37.40	32.05
7.	Jesse van der Meij	De Dolfijn	4:48.68	200600841	4:46.05 *	+0,78 553
	50m: 30.61	30.61 150m: 1:44.91	37.36	250m: 3:02.06	39.56 350m: 4:15.13	33.67
	100m: 1:07.55	36.94 200m: 2:22.50	37.59	300m: 3:41.46	39.40 400m: 4:46.05	30.92
8.	Ruben de Vries	Hellas-Glana	4:49.80	200600497	4:46.71	+0,70 549
	50m: 29.54	29.54 150m: 1:44.27	39.15	250m: 3:01.87	39.21 350m: 4:14.98	32.89
	100m: 1:05.12	35.58 200m: 2:22.66	38.39	300m: 3:42.09	40.22 400m: 4:46.71	31.73