

Programmanr. 30  
26-2-2022 - 18:10

Heren, 400m vrije slag

Senioren Open  
Resultaten Finale

Punten: FINA 2021

rang	naam		vereniging					tijd	RT	FINA para		
1.	Efe Öngören		Blue Marlins (SG)	200504459				<b>4:04.12</b>	+0,64	732		
	50m:	27.54	27.54	150m:	1:29.04	30.96	250m:	2:31.63	31.21	350m:	3:34.17	31.10
	100m:	58.08	30.54	200m:	2:00.42	31.38	300m:	3:03.07	31.44	400m:	4:04.12	29.95
2.	Bart Sommeling		De Dolfijn	199800765				<b>4:05.87</b>	+0,74	717		
	50m:	27.44	27.44	150m:	1:29.32	31.29	250m:	2:31.92	31.43	350m:	3:35.24	31.65
	100m:	58.03	30.59	200m:	2:00.49	31.17	300m:	3:03.59	31.67	400m:	4:05.87	30.63
3.	Émile Fouzaï		Blue Marlins (SG)	200500263				<b>4:11.05</b>	+0,75	673		
	50m:	27.97	27.97	150m:	1:30.75	31.67	250m:	2:34.78	32.11	350m:	3:39.51	32.45
	100m:	59.08	31.11	200m:	2:02.67	31.92	300m:	3:07.06	32.28	400m:	4:11.05	31.54
4.	Jorian Tanis		Feijenoord Albion Zwemclub	199900327				<b>4:14.73</b>	+0,79	644		
	50m:	28.82	28.82	150m:	1:32.57	32.22	250m:	2:38.45	32.71	350m:	3:43.81	32.25
	100m:	1:00.35	31.53	200m:	2:05.74	33.17	300m:	3:11.56	33.11	400m:	4:14.73	30.92
5.	Bram Loots		KZC	200700197				<b>4:16.74</b>	+0,65	629		
	50m:	28.66	28.66	150m:	1:33.27	32.81	250m:	2:39.40	33.14	350m:	3:45.04	32.58
	100m:	1:00.46	31.80	200m:	2:06.26	32.99	300m:	3:12.46	33.06	400m:	4:16.74	31.70
6.	Maximilian Lopes Cardozo		WZK Zwemmen	200300665				<b>4:25.14</b>	+0,63	571		
	50m:	29.53	29.53	150m:	1:35.79	33.56	250m:	2:43.43	34.16	350m:	3:52.11	34.37
	100m:	1:02.23	32.70	200m:	2:09.27	33.48	300m:	3:17.74	34.31	400m:	4:25.14	33.03
7.	Giovanni Phillipson		ZV De Zaan	200801099				<b>4:40.07</b>	+0,79	485		
	50m:	29.57	29.57	150m:	1:39.56	36.10	250m:	2:52.84	36.57	350m:	4:05.47	36.55
	100m:	1:03.46	33.89	200m:	2:16.27	36.71	300m:	3:28.92	36.08	400m:	4:40.07	34.60
8.	Rens Noordover		KZC	200800237				<b>4:50.55</b>	+0,73	434		
	50m:	32.14	32.14	150m:	1:45.36	37.56	250m:	3:00.10	37.83	350m:	4:15.22	37.94
	100m:	1:07.80	35.66	200m:	2:22.27	36.91	300m:	3:37.28	37.18	400m:	4:50.55	35.33
BM	Thijs van Hofweegen		ZPC AMERSFOORT	199605253			S6					

fouten? mail naar NKinschrijvinge@knzb.nl