

Amsterdam Swim Meet
Amsterdam, 24- - 26-2-2022

Programmanr. 30
26-2-2022 - 10:39

Heren, 400m vrije slag

Senioren Open
Resultaten Voorronde

Punten: FINA 2021

rang	naam		vereniging						tijd	RT	FINA para	
1.	Efe Öngören		Blue Marlins (SG)	200504459					4:05.36	+0,66	Q 721	
	50m:	28.01	28.01	150m:	1:30.55	31.53	250m:	2:32.44	30.61	350m:	3:34.60	30.58
	100m:	59.02	31.01	200m:	2:01.83	31.28	300m:	3:04.02	31.58	400m:	4:05.36	30.76
2.	Bart Sommeling		De Dolfijn	199800765					4:08.59	+0,74	Q 693	
	50m:	27.88	27.88	150m:	1:30.80	31.64	250m:	2:34.22	31.51	350m:	3:37.83	31.68
	100m:	59.16	31.28	200m:	2:02.71	31.91	300m:	3:06.15	31.93	400m:	4:08.59	30.76
3.	Tim Hoogerwerf		De Dolfijn	200005587					4:10.72	+0,74	Q 676	
	50m:	28.14	28.14	150m:	1:30.81	31.68	250m:	2:35.16	32.23	350m:	3:40.66	33.05
	100m:	59.13	30.99	200m:	2:02.93	32.12	300m:	3:07.61	32.45	400m:	4:10.72	30.06
4.	Émile Fouzaï		Blue Marlins (SG)	200500263					4:11.73	+0,77	Q 668	
	50m:	28.67	28.67	150m:	1:32.89	31.97	250m:	2:36.64	31.57	350m:	3:40.15	31.83
	100m:	1:00.92	32.25	200m:	2:05.07	32.18	300m:	3:08.32	31.68	400m:	4:11.73	31.58
5.	Bram Loots		KZC	200700197					4:20.06	+0,63	Q 605	
	50m:	28.45	28.45	150m:	1:33.16	32.94	250m:	2:40.01	33.81	350m:	3:47.13	33.22
	100m:	1:00.22	31.77	200m:	2:06.20	33.04	300m:	3:13.91	33.90	400m:	4:20.06	32.93
6.	Jorian Tanis		Feijenoord Albion Zwemclub	199900327					4:20.50	+0,78	Q 602	
	50m:	29.12	29.12	150m:	1:33.67	32.98	250m:	2:40.78	33.46	350m:	3:47.92	32.97
	100m:	1:00.69	31.57	200m:	2:07.32	33.65	300m:	3:14.95	34.17	400m:	4:20.50	32.58
7.	Daan Sonneveld		WVZ	200601085					4:25.21	+0,70	Q 571	
	50m:	28.59	28.59	150m:	1:34.62	33.60	250m:	2:43.34	34.90	350m:	3:53.54	35.28
	100m:	1:01.02	32.43	200m:	2:08.44	33.82	300m:	3:18.26	34.92	400m:	4:25.21	31.67
8.	Rens Stijf		ZPC AMERSFOORT	200501419					4:25.55	+0,65	Q 569	
	50m:	29.62	29.62	150m:	1:35.91	33.54	250m:	2:43.76	33.79	350m:	3:52.81	34.17
	100m:	1:02.37	32.75	200m:	2:09.97	34.06	300m:	3:18.64	34.88	400m:	4:25.55	32.74
9.	Maximilian Lopes Cardozo		WZK Zwemmen	200300665					4:29.05	+0,65	R 547	
	50m:	28.36	28.36	150m:	1:34.41	33.91	250m:	2:44.32	35.40	350m:	3:55.25	35.33
	100m:	1:00.50	32.14	200m:	2:08.92	34.51	300m:	3:19.92	35.60	400m:	4:29.05	33.80
10.	Jeffrey Camphens		DWT	199503113					4:36.61	+0,71	R 503	
	50m:	31.61	31.61	150m:	1:41.76	35.40	250m:	2:52.47	35.49	350m:	4:02.54	34.93
	100m:	1:06.36	34.75	200m:	2:16.98	35.22	300m:	3:27.61	35.14	400m:	4:36.61	34.07
11.	Rogier Dorsman		ZZ&PC De Devel	199900211			S11		4:42.29	+0,68	473 897	
	50m:	30.66	30.66	150m:	1:40.94	35.63	250m:	2:52.94	35.76	350m:	4:07.21	37.65
	100m:	1:05.31	34.65	200m:	2:17.18	36.24	300m:	3:29.56	36.62	400m:	4:42.29	35.08
12.	Giovanni Phillipson		ZV De Zaan	200801099					4:43.93	+0,84	465	
	50m:	29.52	29.52	150m:	1:41.31	37.30	250m:	2:55.02	36.95	350m:	4:08.89	36.63
	100m:	1:04.01	34.49	200m:	2:18.07	36.76	300m:	3:32.26	37.24	400m:	4:43.93	35.04
13.	Tim van Erven		ZPC AMERSFOORT	200700175					4:47.41	+0,86	448	
	50m:	32.03	32.03	150m:	1:43.53	36.47	250m:	2:57.86	37.08	350m:	4:12.32	37.23
	100m:	1:07.06	35.03	200m:	2:20.78	37.25	300m:	3:35.09	37.23	400m:	4:47.41	35.09
14.	Rens Noordover		KZC	200800237					4:52.65	+0,74	425	
	50m:	31.87	31.87	150m:	1:45.35	37.13	250m:	3:00.58	37.32	350m:	4:16.11	37.99
	100m:	1:08.22	36.35	200m:	2:23.26	37.91	300m:	3:38.12	37.54	400m:	4:52.65	36.54
15.	Thijs van Hofweegen		ZPC AMERSFOORT	199605253			S6		5:32.61	+0,88	289 781	
	50m:	34.07	34.07	150m:	1:55.71	41.99	250m:	3:22.16	43.81	350m:	4:50.15	44.32
	100m:	1:13.72	39.65	200m:	2:38.35	42.64	300m:	4:05.83	43.67	400m:	5:32.61	42.46

fouten? mail naar NKinschrijvinge@knzb.nl