

Programmanr. 29
26-2-2022 - 18:04

Dames, 400m vrije slag

Senioren Open
Resultaten Finale

Punten: FINA 2021

rang	naam		vereniging					tijd	RT	FINA para		
1.	Silke Holkenborg		HPC - VZC			200100292		4:14.68	+0,66	800		
	50m:	28.84	28.84	150m:	1:32.00	31.86	250m:	2:37.05	32.38	350m:	3:42.64	32.64
	100m:	1:00.14	31.30	200m:	2:04.67	32.67	300m:	3:10.00	32.95	400m:	4:14.68	32.04
2.	Serena Stel		De Dolfijn			199801528		4:18.69	+0,72	763		
	50m:	29.51	29.51	150m:	1:33.87	32.55	250m:	2:40.14	33.19	350m:	3:46.38	32.87
	100m:	1:01.32	31.81	200m:	2:06.95	33.08	300m:	3:13.51	33.37	400m:	4:18.69	32.31
3.	Tamara Grove		De Dolfijn			199601266		4:37.91	+0,73	615		
	50m:	30.97	30.97	150m:	1:40.78	35.25	250m:	2:51.72	35.37	350m:	4:03.11	35.51
	100m:	1:05.53	34.56	200m:	2:16.35	35.57	300m:	3:27.60	35.88	400m:	4:37.91	34.80
4.	Eefje Irvine		De Dolfijn			200700164		4:40.00	+0,62	602		
	50m:	31.87	31.87	150m:	1:42.11	35.48	250m:	2:53.98	35.87	350m:	4:05.62	35.24
	100m:	1:06.63	34.76	200m:	2:18.11	36.00	300m:	3:30.38	36.40	400m:	4:40.00	34.38
5.	Leyla Oversluizen		Feijenoord Albion Zwemclub			200602730		4:46.88	+0,78	559		
	50m:	32.16	32.16	150m:	1:44.12	36.30	250m:	2:58.16	37.28	350m:	4:11.79	36.91
	100m:	1:07.82	35.66	200m:	2:20.88	36.76	300m:	3:34.88	36.72	400m:	4:46.88	35.09
6.	Myra Smulders 100m *		Blue Marlins (SG)			199904308		4:54.75	+0,69	516		
	50m:	32.25	32.25	150m:	1:46.53	37.76	250m:	3:03.14	38.32	350m:	4:18.60	37.57
	100m:	1:08.77	36.52	200m:	2:24.82	38.29	300m:	3:41.03	37.89	400m:	4:54.75	36.15
7.	Pascalie Smal		DAW			200802958		5:25.73	+0,64	382		
	50m:	34.61	34.61	150m:	1:56.05	41.79	250m:	3:21.31	43.11	350m:	4:45.29	41.75
	100m:	1:14.26	39.65	200m:	2:38.20	42.15	300m:	4:03.54	42.23	400m:	5:25.73	40.44
8.	Dante van Meene		DAW			200900678		5:33.52	+0,86	356		
	50m:	36.84	36.84	150m:	2:01.40	43.21	250m:	3:27.53	43.32	350m:	4:54.05	43.25
	100m:	1:18.19	41.35	200m:	2:44.21	42.81	300m:	4:10.80	43.27	400m:	5:33.52	39.47
BM	Bette Peetoom		DAW			200801808						

fouten? mail naar NKinschrijvinge@knzb.nl